

WESTMERIA COUNSELLING SERVICES

England & Wales · Charity number 1111486

Details

Other names WCS

Status Registered

Legal form Charitable company

Company number [05422550](#)

Registered 2005-09-28

Register [View on the Charity Commission register](#)

Contact

Address The Surgery
Otford Close
Bromley Park
Bickley
Kent
BR1 2JQ

Phone 07747035830

Email enquiries@westmeriacounselling.co.uk

Website www.westmeriacounselling.co.uk

Activities

Objects: TO PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF PERSONS WITHIN THE UK BY THE PROVISION OF A LOW COST COUNSELLING SERVICE FOR THOSE IN NEED OF SUPPORT AND WHO COULD NOT OTHERWISE ACCESS SUCH SERVICES.

Activities: Low cost counselling services to the local community

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- **Area of benefit:** UNITED KINGDOM
- Bromley

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£468,715	£437,792	-	-
2024-04-30	£364,658	£358,590	-	-
2023-04-30	£292,682	£281,832	-	-
2022-04-30	£255,741	£260,766	-	-
2021-04-30	£301,468	£242,115	-	-

Trustees

Name	Role	Appointed
Gemma Micallef		2020-06-02
Joanne Brown		2017-11-27
Natalie Price		2019-05-21
TIMOTHY PEPPIATT		

WESTMERIA COUNSELLING SERVICES

England & Wales - Charity number 1111486

Accounts

REGISTERED COMPANY NUMBER: 05422550 (England and Wales)
REGISTERED CHARITY NUMBER: 1111486

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2025
FOR
WESTMERIA COUNSELLING SERVICES**

Sargeant Partnership Limited
Chartered Accountants
5 White Oak Square
London Road
Swanley
Kent
BR8 7AG

WESTMERIA COUNSELLING SERVICES

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WESTMERIA COUNSELLING SERVICES (REGISTERED NUMBER: 05422550)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 April 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Westmeria Counselling aim to preserve and protect the physical and mental health of persons within the UK by the provision of a low cost counselling service for those in crisis and/or in need of support and who could not otherwise access such services.

WESTMERIA COUNSELLING SERVICES (REGISTERED NUMBER: 05422550)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2025

ACHIEVEMENTS AND PERFORMANCE

Our biggest achievement in this year is the acquisition of our premises in Bromley. This is in addition to the Bromley Park location and will offer the space for our counselling college plus 6 further purpose built counselling rooms and offices too. In time this will see a huge increase in the number of counsellors working both voluntarily and privately and therefore many more clients being seen by Westmeria. This will be up and running for counselling from June and the college started after Easter.

We have noticed a continued increase in the amount of referrals in this period. There is a constant stream of referrals in both the voluntary and private side of the charity. Demand for counselling is continuing to grow. We had a total of 658 referrals, 482 from donation and Corporate - an increase of 22% and an additional 176 private referrals, which is up by 27% on last year. Our private route is very popular for people who can afford it and don't want to wait any longer than they have to have another option. This is still very much low cost in comparison with the rest of the market. The total amount of donations from Westmeria non-private clients in this period was higher due to the increased capacity offered.

The donations from clients totalled an amazing £67,000 which is a huge increase of over £23,000 from last year. More people were accessing counselling services during this financial year. The increase is largely due to the blended approach we offer now and that we have doubled the offering of sessions. This will steadily increase once the new offices are filled too. The cost of living is still having a huge impact on clients and their donations reflect this.

The private side is still doing tremendously well as we used our private offering to fill the rooms with newly qualified counsellors alongside the other qualified counsellors still working there. This has contributed £52,200 which is much higher than last year by £12,525.

So, overall our donations and private work donations amount to £124,200. This is set to increase with full capacity going forward.

All counselling rooms continue to be used from 8:45am to 9:00pm Monday to Friday and 9:00am to 2pm on a Saturday. The counselling staff over this period included an average of 52 counsellors - and this is set to increase. All these counsellors are working and donating for Westmeria (note that not all see clients, some counsellors are tutors or supervisors) This is helped because we have been able to occupy more space and increase our offering and the blended approach gives us more capacity.

As in previous years we have been fortunate to keep on students when they become qualified and therefore our average of qualified staff and trainees is still really high. This continues to compare favourably with other counselling organisations which can have significantly more trainee counsellors working for them which highlights the belief in the Westmeria vision and the health of the organisation.

These staff provide on average:

150 sessions per week at Westmeria and remotely (including the PCT funded work)

100 sessions per week at Westmeria and remotely for Private funded work.

THE COUNSELLING COLLEGE

We are proud to say that our pass rate for the year remains at 100% with all people completing the course passing, this compares very favourably with other colleges. This year saw us having a waiting list of people for our courses and all the courses full to capacity We now offer 6 days a week. This year the college turned over £183,500 - an increase of £13,500 from last year and, after costs has contributed an enormous £91,180 to the charity - up once more from last year by nearly 15%. Having the new property has been a real asset to the college and the space can be used more freely than before. We can run all of our CPD from here at no extra cost to us.

WESTMERIA COUNSELLING SERVICES (REGISTERED NUMBER: 05422550)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2025

FINANCIAL REVIEW

Financial position

The financial stability of the charity of the past year has again been possible due to the generosity of donations and the fundraising efforts of the committee. Whilst still offering our fundraising events we are now moving towards the bulk of our finances to come from the college. Our fundraising efforts have slowed down this year and I believe this is down to the cost of living. We are set to concentrate more on the college to make up this shortfall.

We still have a have a contract for the Bromley Healthcare staff counselling which has increased to offer to whoever needs it. We also have smaller contracts with drama colleges and other individuals for supervision.

The private counselling scheme is still working really well and brought in an additional £57,200 this year. Our set fee donations continue to do well and we have increased our rooms and amount of counselling sessions we offer and brought an amazing total of £67,000.

The Westmeria Counselling College is still proving to be a profitable growth area. This year the college has contributed about £91,180 as all courses are full once more and we have added another Level 4 which will boost our income still further.

Our reserves have reduced as, as stated in our Reserves Policy, we have used £160,000 for a deposit on our new building. However, we are still in line to maintain the service for a realistic 4 months. Our reserve account will now be used for the maintenance of the service and with a view to reducing the mortgage on the new building.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The organisation is a charitable company limited by guarantee, number 5422550 and registered as a charity, number 1111486. The company established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Recruitment and appointment of the management committee

There are three directors of the company. For the purposes of the charity law the Directors and Trustees are known as the Management Committee. It is to be noted that the Trustees will remain in post unless they decide to retire from their duties. In this case, as statute dictates, the existing Trustees can appoint new Trustees. However, at least 75% of the Management Committee should be in agreement. CEO will check out commitment with Trustees yearly before the AGM.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05422550 (England and Wales)

Registered Charity number

1111486

WESTMERIA COUNSELLING SERVICES (REGISTERED NUMBER: 05422550)

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2025**

Registered office

Bromley Park Medical Centre
6 Daly Drive
Bromley Park
Bickley
Kent
BR1 2JQ

Trustees

Trustees and Directors

Ms S J Doughty - Director, CEO
Ms A J Baker - Director
Mr T Peppiatt - Trustee
Mrs J B Britton - Trustee (Company Secretary and Director)
Mrs J Brown - Trustee
Mrs G Micallef - Trustee
Mrs N Price - Trustee

Company Secretary

Mrs J B Britton

Independent Examiner

Gary Sargeant FCA
Sargeant Partnership Limited
Chartered Accountants
5 White Oak Square
London Road
Swanley
Kent
BR8 7AG

Bankers

Nat West Bank PLC
Beckenham Branch
41 High Street
Beckenham, Kent BR3 4YN

Approved by order of the board of trustees on 5 November 2025 and signed on its behalf by:

Mrs J B Britton - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WESTMERIA COUNSELLING SERVICES

Independent examiner's report to the trustees of Westmeria Counselling Services ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 April 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WESTMERIA COUNSELLING SERVICES

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gary Sargeant FCA

Sargeant Partnership Limited
Chartered Accountants
5 White Oak Square
London Road
Swanley
Kent
BR8 7AG

11 November 2025

WESTMERIA COUNSELLING SERVICES

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 APRIL 2025

	Notes	2025 Unrestricted funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		145,309	127,513
Charitable activities			
General		320,397	233,193
Investment income	2	<u>3,009</u>	<u>3,952</u>
Total		<u>468,715</u>	<u>364,658</u>
EXPENDITURE ON			
Raising funds	3	5,432	-
Charitable activities			
General		431,255	357,343
Other		<u>1,105</u>	<u>1,247</u>
Total		<u>437,792</u>	<u>358,590</u>
NET INCOME		30,923	6,068
RECONCILIATION OF FUNDS			
Total funds brought forward		343,182	337,114
TOTAL FUNDS CARRIED FORWARD		<u>374,105</u>	<u>343,182</u>

The notes form part of these financial statements

WESTMERIA COUNSELLING SERVICES (REGISTERED NUMBER: 05422550)**BALANCE SHEET
30 APRIL 2025**

	Notes	2025 Unrestricted funds £	2024 Total funds £
FIXED ASSETS			
Tangible assets	8	544,334	3,953
CURRENT ASSETS			
Debtors	9	4,149	7,330
Cash at bank		<u>194,255</u>	<u>340,456</u>
		198,404	347,786
CREDITORS			
Amounts falling due within one year	10	(16,639)	(8,557)
NET CURRENT ASSETS		<u>181,765</u>	<u>339,229</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		726,099	343,182
CREDITORS			
Amounts falling due after more than one year	11	(351,994)	-
NET ASSETS FUNDS		<u>374,105</u>	<u>343,182</u>
Unrestricted funds	13	<u>374,105</u>	<u>343,182</u>
TOTAL FUNDS		<u>374,105</u>	<u>343,182</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 April 2025 in accordance with Section 476 of the Companies Act 2006.

The notes form part of these financial statements

WESTMERIA COUNSELLING SERVICES (REGISTERED NUMBER: 05422550)

BALANCE SHEET - continued
30 APRIL 2025

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 5 November 2025 and were signed on its behalf by:

J B Britton - Trustee

The notes form part of these financial statements

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2025

2. INVESTMENT INCOME

	2025	2024
	£	£
Interest Income	<u>3,009</u>	<u>3,952</u>

3. RAISING FUNDS

Raising donations and legacies

	2025	2024
	£	£
Support costs	<u>5,432</u>	<u>-</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation - owned assets	<u>1,105</u>	<u>1,246</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 April 2025 nor for the year ended 30 April 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 April 2025 nor for the year ended 30 April 2024.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2025	2024
Administrative	<u>4</u>	<u>3</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2025	2024
£60,001 - £70,000	<u>1</u>	<u>1</u>

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2025

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	127,513
Charitable activities	
General	233,193
Investment income	<u>3,952</u>
Total	<u>364,658</u>
EXPENDITURE ON	
Charitable activities	
General	357,343
Other	<u>1,247</u>
Total	<u>358,590</u>
NET INCOME	6,068
RECONCILIATION OF FUNDS	
Total funds brought forward	337,114
TOTAL FUNDS CARRIED FORWARD	<u>343,182</u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2025**

8. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
COST					
At 1 May 2024	-	12,576	-	10,291	22,867
Additions	<u>538,678</u>	<u>-</u>	<u>2,808</u>	<u>-</u>	<u>541,486</u>
At 30 April 2025	<u>538,678</u>	<u>12,576</u>	<u>2,808</u>	<u>10,291</u>	<u>564,353</u>
DEPRECIATION					
At 1 May 2024	-	11,722	-	7,192	18,914
Charge for year	<u>-</u>	<u>213</u>	<u>117</u>	<u>775</u>	<u>1,105</u>
At 30 April 2025	<u>-</u>	<u>11,935</u>	<u>117</u>	<u>7,967</u>	<u>20,019</u>
NET BOOK VALUE					
At 30 April 2025	<u>538,678</u>	<u>641</u>	<u>2,691</u>	<u>2,324</u>	<u>544,334</u>
At 30 April 2024	<u>-</u>	<u>854</u>	<u>-</u>	<u>3,099</u>	<u>3,953</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	2,103	3,410
Prepayments and accrued income	<u>2,046</u>	<u>3,920</u>
	<u>4,149</u>	<u>7,330</u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2025**

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Other loans (see note 12)	5,745	-
Trade creditors	4,056	4,272
Social security and other taxes	5,067	2,560
Other creditors	421	405
Accruals and deferred income	1,350	1,320
	<u>16,639</u>	<u>8,557</u>

11. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2025	2024
	£	£
Bank loans (see note 12)	<u>351,994</u>	<u>-</u>

12. LOANS

An analysis of the maturity of loans is given below:

	2025	2024
	£	£
Amounts falling due within one year on demand:		
Other loans	<u>5,745</u>	<u>-</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>22,980</u>	<u>-</u>
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more 5 yr by instal	329,014	-

13. MOVEMENT IN FUNDS

	At 1/5/24	Net movement in funds	At 30/4/25
	£	£	£
Unrestricted funds			
General fund	327,935	31,205	359,140
Big Lottery Funding	9,812	(282)	9,530
Santander Foundation	2,915	-	2,915
London Community Foundation	2,520	-	2,520
	<u>343,182</u>	<u>30,923</u>	<u>374,105</u>
TOTAL FUNDS	<u>343,182</u>	<u>30,923</u>	<u>374,105</u>

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2025

13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	468,715	(437,510)	31,205
Big Lottery Funding	-	(282)	(282)
	<u>468,715</u>	<u>(437,792)</u>	<u>30,923</u>
TOTAL FUNDS	<u>468,715</u>	<u>(437,792)</u>	<u>30,923</u>

Comparatives for movement in funds

	At 1/5/23 £	Net movement in funds £	At 30/4/24 £
Unrestricted funds			
General fund	321,833	6,373	328,206
Big Lottery Funding	10,116	(305)	9,811
Santander Foundation	2,915	-	2,915
London Community Foundation	2,250	-	2,250
	<u>337,114</u>	<u>6,068</u>	<u>343,182</u>
TOTAL FUNDS	<u>337,114</u>	<u>6,068</u>	<u>343,182</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	364,658	(358,285)	6,373
Big Lottery Funding	-	(305)	(305)
	<u>364,658</u>	<u>(358,590)</u>	<u>6,068</u>
TOTAL FUNDS	<u>364,658</u>	<u>(358,590)</u>	<u>6,068</u>

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2025

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/5/23 £	Net movement in funds £	At 30/4/25 £
Unrestricted funds			
General fund	321,833	37,578	359,411
Big Lottery Funding	10,116	(587)	9,529
Santander Foundation	2,915	-	2,915
London Community Foundation	<u>2,250</u>	<u>-</u>	<u>2,250</u>
	<u>337,114</u>	<u>36,991</u>	<u>374,105</u>
TOTAL FUNDS	<u>337,114</u>	<u>36,991</u>	<u>374,105</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	833,373	(795,795)	37,578
Big Lottery Funding	<u>-</u>	<u>(587)</u>	<u>(587)</u>
	<u>833,373</u>	<u>(796,382)</u>	<u>36,991</u>
TOTAL FUNDS	<u>833,373</u>	<u>(796,382)</u>	<u>36,991</u>

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 April 2025.

WESTMERIA COUNSELLING SERVICES

England & Wales - Charity number 1111486

Accounts

REGISTERED COMPANY NUMBER: 05422550 (England and Wales)
REGISTERED CHARITY NUMBER: 1111486

**REPORT OF THE TRUSTEES AND
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FOR THE YEAR ENDED 30 APRIL 2024
FOR
WESTMERIA COUNSELLING SERVICES**

Sargeant Partnership LLP
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WESTMERIA COUNSELLING SERVICES

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WESTMERIA COUNSELLING SERVICES (REGISTERED NUMBER: 05422550)

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 April 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Westmeria Counselling aim to preserve and protect the physical and mental health of persons within the UK by the provision of a low cost counselling service for those in crisis and/or in need of support and who could not otherwise access such services.

WESTMERIA COUNSELLING SERVICES (REGISTERED NUMBER: 05422550)

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2024**

ACHIEVEMENT AND PERFORMANCE

We are still offering a blended approach of delivery of service which has given us more scope to take on more clients and also to fit in around our counsellors needs too. We have noticed a continued increase in the amount of referrals in this period. There is a constant stream of referrals in both the voluntary and private side of the charity.

Demand for counselling is continuing to grow after the pandemic. We had a total of 540 referrals, 390 from donation and Corporate - an increase of 24% and an additional 150 private referrals, which is down on last year, with the possible reason that clients are having more sessions on that side. Our private route is very popular for people who can afford it and don't want to wait any longer than they have to have another option. This is still very much low cost in comparison with the rest of the market. The total amount of donations from Westmeria non-private clients in this period was higher due to the increased capacity offered. However the donations average is still on the lower side and this is due to the cost of living increase with people offering less. The donations from clients totalled an amazing £44,000 which is a huge increase of over £16,000 from last year. More people were accessing counselling services during this financial year. The increase is largely due to having taken on more counsellors and the new rooms working to capacity, along with the policy for charging for missed sessions and for assessments. Also still the amount of people who have been suffering the after effects of Covid and the anxiety/low mood surrounding is prevalent, along with the increase of anxiety from the cost of living increase. We have nearly doubled the amount of sessions we can offer due to the online addition, whereby our counsellors offer two face to face appointments and the other 2 they volunteer are remote- therefore using the rooms to capacity and doubling the offering. This clearly reflects in the amount of donations received.

The private side is still doing tremendously well as we used our private offering to fill the rooms with newly qualified counsellors alongside the other qualified counsellors still working there. This has contributed £44,675 which is slightly less than last year by £1,600 but still high.

So, overall our donations and private work donations amount to £86,675. This is set to increase with full capacity going forward.

All counselling rooms continue to be used from 8:45am to 9:00pm Monday to Friday and 9:00am to 2pm on a Saturday. The counselling staff over this period included an average of 44 counsellors - an increase to the previous year of 38 and has increased at the end of this year to a staggering 52. All these counsellors are working and donating for Westmeria (note that not all see clients, some counsellors are tutors or supervisors) This is helped because we have been able to occupy more space and increase our offering and the blended approach gives us more capacity.

As in previous years we have been fortunate to keep on students when they become qualified and therefore our average of qualified staff and trainees is still really high. This continues to compare favourably with other counselling organisations which can have significantly more trainee counsellors working for them which highlights the belief in the Westmeria vision and the health of the organisation. Some places will remain ring-fenced for students as we wish to continue to offer placements to our own students on the diploma course. This has been managed, to some degree, by allowing some counsellors who have been qualified for some time to focus on private work.

These staff provide on average:

166 sessions per week at Westmeria and remotely (including the PCT funded work) Up by 32%

100 sessions per week at Westmeria and remotely for Private funded work. Up by 18%

THE COUNSELLING COLLEGE

WESTMERIA COUNSELLING SERVICES (REGISTERED NUMBER: 05422550)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2024

We are proud to say that our pass rate for the year remains at 100% this compares very favourably with other colleges. We are continuing to network with other schools with a view to using them to source some of the higher level qualifications that are the most profitable. This year the school turned over £170,000 - an increase of £30,000 from last year and, after costs has contributed an enormous £78,800 to the charity - up once more from last year by nearly £9,000. This can be explained by all the courses being completely full once more as our reputation is growing and us taking on extra tutors add the numbers on lower levels and extending our course offering to include another L4 diploma. By September 2024 we will be full 5 days per week. This also spurs us on to find a property to house our college for security in the future.

FINANCIAL REVIEW

Financial position

The financial stability of the charity of the past year has again been possible due to the generosity of donations and the fundraising efforts of the committee. Whilst still offering our fundraising events we are now moving towards the bulk of our finances to come from the college. Our fundraising efforts have slowed down this year and I believe this is down to the cost of living.

However, it has seen us raise circa £11,000, down by £21,000 from last year, but which is still an amazing achievement. We are lucky to have secured ourselves as charity of the year for PW running club, and shared charity of the year with Sidcup Golf Club, which will be of incredible benefit to us and raises awareness of our services in the community. We held our anniversary ball which was a huge achievement celebrating 20 years. That said we were also able to secure lottery funding of £18,600, which is an accolade to the work we do and recognised by the Big Lottery.

We still have a contract for the Bromley Healthcare staff counselling which has increased to offer to whoever needs it. We are still providing counselling and supervision to Rose Bruford Drama College.

The private counselling scheme is still working really well and brought in an additional £44,675 this year. Our set fee donations continue to do well and we have increased our rooms and amount of counselling sessions we offer and brought an amazing total of £44,000.

The Westmeria College is still proving to be a profitable growth area. This year the college has contributed about £78,800 as all courses are full once more and we have added another Level 4 which will boost our income still further.

Our reserves are still in line to maintain the service for the 6 months and it is still very much our plan to be able to invest in our own property for the service at some point in the future and setting aside a big deposit for this purpose. Having looked around we recognise that a bigger deposit is necessary to secure the size of property that we would need to house the whole business. With the college expanding our courses this may well need extra, secured, space to continue in the future.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The organisation is a charitable company limited by guarantee, number 5422550 and registered as a charity, number 1111486. The company established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

WESTMERIA COUNSELLING SERVICES (REGISTERED NUMBER: 05422550)

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of the management committee

There are three directors of the company. For the purposes of the charity law the Directors and Trustees are known as the Management Committee. It is to be noted that the Trustees will remain in post unless they decide to retire from their duties. In this case, as statute dictates, the existing Trustees can appoint new Trustees. However, at least 75% of the Management Committee should be in agreement. CEO will check out commitment with Trustees yearly before the AGM.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05422550 (England and Wales)

Registered Charity number

1111486

Registered office

Bromley Park Medical Centre
6 Daly Drive
Bromley Park
Bickley
Kent
BR1 2JQ

Trustees

Trustees and Directors

Ms S J Doughty - Director, CEO

Ms A J Baker - Director

Mr T Peppiatt - Trustee

Mrs J B Britton - Trustee (Company Secretary and Director)

Mrs J Brown - Trustee

Mrs G Micallef - Trustee

Mrs S Peskett - Trustee

Mrs N Price - Trustee

Company Secretary

Mrs J B Britton

Independent Examiner

Gary Sargeant FCA

Sargeant Partnership LLP

Chartered Accountants

5 White Oak Square

London Road

Swanley

Kent

BR8 7AG

WESTMERIA COUNSELLING SERVICES (REGISTERED NUMBER: 05422550)

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2024**

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

Nat West Bank PLC

Beckenham Branch

41 High Street

Beckenham, Kent BR3 4YN

Approved by order of the board of trustees on^{13/11/2024} and signed on its behalf by:

Jackie Britton

.....
Mrs J B Britton - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WESTMERIA COUNSELLING SERVICES

Independent examiner's report to the trustees of Westmeria Counselling Services ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 April 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WESTMERIA COUNSELLING SERVICES

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Gary Sargeant FCA

Sargeant Partnership LLP
Chartered Accountants
5 White Oak Square
London Road
Swanley
Kent
BR8 7AG

Date:13/11/2024.....

WESTMERIA COUNSELLING SERVICES

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 APRIL 2024

	Notes	2024 Unrestricted funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		127,513	94,193
Charitable activities			
General		233,193	197,050
Investment income	2	3,952	1,439
Total		<u>364,658</u>	<u>292,682</u>
EXPENDITURE ON			
Raising funds	3	-	250
Charitable activities			
General		357,343	280,376
Other		1,247	1,206
Total		<u>358,590</u>	<u>281,832</u>
NET INCOME		6,068	10,850
RECONCILIATION OF FUNDS			
Total funds brought forward		337,114	326,264
TOTAL FUNDS CARRIED FORWARD		<u><u>343,182</u></u>	<u><u>337,114</u></u>

The notes form part of these financial statements

WESTMERIA COUNSELLING SERVICES (REGISTERED NUMBER: 05422550)

**BALANCE SHEET
30 APRIL 2024**

		2024 Unrestricted funds £	2023 Total funds £
FIXED ASSETS	Notes		
Tangible assets	8	3,953	4,337
CURRENT ASSETS			
Debtors	9	7,330	5,420
Cash at bank		340,456	336,228
		<u>347,786</u>	<u>341,648</u>
CREDITORS			
Amounts falling due within one year	10	(8,557)	(8,871)
		<u>339,229</u>	<u>332,777</u>
NET CURRENT ASSETS			
		<u>343,182</u>	<u>337,114</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>343,182</u>	<u>337,114</u>
NET ASSETS			
		<u>343,182</u>	<u>337,114</u>
FUNDS	11		
Unrestricted funds		<u>343,182</u>	<u>337,114</u>
TOTAL FUNDS		<u>343,182</u>	<u>337,114</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 April 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

WESTMERIA COUNSELLING SERVICES (REGISTERED NUMBER: 05422550)

BALANCE SHEET - continued
30 APRIL 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13/11/2024..... and were signed on its behalf by:

Jackie Britton

.....
J B Britton - Trustee

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2024

2. INVESTMENT INCOME

	2024	2023
	£	£
Interest Income	<u>3,952</u>	<u>1,439</u>

3. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Support costs	<u>-</u>	<u>250</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	<u>1,246</u>	<u>1,206</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 April 2024 nor for the year ended 30 April 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 April 2024 nor for the year ended 30 April 2023.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2024	2023
Administrative	<u>3</u>	<u>3</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2024	2023
£60,001 - £70,000	<u>1</u>	<u>-</u>

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2024

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	94,193
Charitable activities	
General	197,050
Investment income	1,439
Total	<u>292,682</u>
EXPENDITURE ON	
Raising funds	250
Charitable activities	
General	280,376
Other	1,206
Total	<u>281,832</u>
NET INCOME	10,850
RECONCILIATION OF FUNDS	
Total funds brought forward	326,264
TOTAL FUNDS CARRIED FORWARD	<u><u>337,114</u></u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2024**

8. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 May 2023	12,576	9,429	22,005
Additions	-	862	862
	<u>12,576</u>	<u>10,291</u>	<u>22,867</u>
At 30 April 2024	12,576	10,291	22,867
DEPRECIATION			
At 1 May 2023	11,437	6,231	17,668
Charge for year	285	961	1,246
	<u>11,722</u>	<u>7,192</u>	<u>18,914</u>
At 30 April 2024	11,722	7,192	18,914
NET BOOK VALUE			
At 30 April 2024	<u>854</u>	<u>3,099</u>	<u>3,953</u>
At 30 April 2023	<u>1,139</u>	<u>3,198</u>	<u>4,337</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	3,410	2,860
Prepayments and accrued income	3,920	2,560
	<u>7,330</u>	<u>5,420</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	4,272	2,532
Social security and other taxes	2,560	2,340
Other creditors	405	374
Accruals and deferred income	1,320	3,625
	<u>8,557</u>	<u>8,871</u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2024**

11. MOVEMENT IN FUNDS

	At 1/5/23 £	Net movement in funds £	At 30/4/24 £
Unrestricted funds			
General fund	321,833	6,373	328,206
Big Lottery Funding	10,116	(305)	9,811
Santander Foundation	2,915	-	2,915
London Community Foundation	2,250	-	2,250
	<u>337,114</u>	<u>6,068</u>	<u>343,182</u>
TOTAL FUNDS	<u><u>337,114</u></u>	<u><u>6,068</u></u>	<u><u>343,182</u></u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	364,658	(358,285)	6,373
Big Lottery Funding	-	(305)	(305)
	<u>364,658</u>	<u>(358,590)</u>	<u>6,068</u>
TOTAL FUNDS	<u><u>364,658</u></u>	<u><u>(358,590)</u></u>	<u><u>6,068</u></u>

Comparatives for movement in funds

	At 1/5/22 £	Net movement in funds £	At 30/4/23 £
Unrestricted funds			
General fund	310,792	11,041	321,833
Big Lottery Funding	10,307	(191)	10,116
Santander Foundation	2,915	-	2,915
London Community Foundation	2,250	-	2,250
	<u>326,264</u>	<u>10,850</u>	<u>337,114</u>
TOTAL FUNDS	<u><u>326,264</u></u>	<u><u>10,850</u></u>	<u><u>337,114</u></u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2024**

11. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	292,682	(281,641)	11,041
Big Lottery Funding	-	(191)	(191)
	<u>292,682</u>	<u>(281,832)</u>	<u>10,850</u>
TOTAL FUNDS	<u>292,682</u>	<u>(281,832)</u>	<u>10,850</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/5/22 £	Net movement in funds £	At 30/4/24 £
Unrestricted funds			
General fund	310,792	17,414	328,206
Big Lottery Funding	10,307	(496)	9,811
Santander Foundation	2,915	-	2,915
London Community Foundation	2,250	-	2,250
	<u>326,264</u>	<u>16,918</u>	<u>343,182</u>
TOTAL FUNDS	<u>326,264</u>	<u>16,918</u>	<u>343,182</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	657,340	(639,926)	17,414
Big Lottery Funding	-	(496)	(496)
	<u>657,340</u>	<u>(640,422)</u>	<u>16,918</u>
TOTAL FUNDS	<u>657,340</u>	<u>(640,422)</u>	<u>16,918</u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2024**

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 April 2024.

WESTMERIA COUNSELLING SERVICES

England & Wales - Charity number 1111486

Accounts

REGISTERED COMPANY NUMBER: 05422550 (England and Wales)
REGISTERED CHARITY NUMBER: 1111486

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2023
FOR
WESTMERIA COUNSELLING SERVICES**

Sargeant Partnership LLP
Chartered Accountants
5 White Oak Square
London Road
Swanley
Kent
BR8 7AG

WESTMERIA COUNSELLING SERVICES

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WESTMERIA COUNSELLING SERVICES

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 April 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Westmeria Counselling aim to preserve and protect the physical and mental health of persons within the UK by the provision of a low cost counselling service for those in crisis and/or in need of support and who could not otherwise access such services.

WESTMERIA COUNSELLING SERVICES

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2023

ACHIEVEMENT AND PERFORMANCE

We are still offering a blended approach of delivery of service which has given us more scope to take on more clients and also to fit in around our counsellors needs too. We have noticed a continued increase in the amount of referrals in this period.

Demand for counselling is continuing to grow after the pandemic. We had a total of 511 referrals, up 9%. 315 from donation and Corporate and an additional 196 private referrals. Our private side is continuing to grow with the amount of referrals as people don't want to wait any longer than they have to. The total amount of donations from Westmeria non-private clients in this period was slightly lower and this is due to the cost of living increase and people reducing their donations and offering less. The donations were approximately £27,750 with supervision and donations for counselling at our corporate totalling over £41,000, down from last year. More people were accessing counselling services by the end of this financial year. The increase is largely due to having taken on more counsellors and the new room working to capacity, along with the policy for charging for missed sessions and for assessments and the amount of people who have been suffering the after effects of Covid and the anxiety/low mood surrounding this. And now, adding to the increase of anxiety from the cost of living increase.

The private side is also doing tremendously well as we used our private offering to fill the rooms with newly qualified counsellors. This has contributed £46,287 - which is up by almost £4,000.

So, overall our donations and private work donations amount to £87,462 which is yet again an increase on last year, of £2,758.

All counselling rooms continue to be used from 8:45am to 9:00pm Monday to Friday and 9:00am to 2:15pm on a Saturday.

The counselling staff over this period included an average of 38 counsellors - an increase to the previous year of 35 and we are constantly taking on and replacing our placement recruits. All these counsellors are working and donating for Westmeria (note that not all see clients, some counsellors are tutors or supervisors) This is helped because we have been able to occupy more space and increase our offering and the blended approach gives us more capacity.

As in previous years we have been fortunate to keep on students when they become qualified and therefore our average of qualified staff and trainees is still really high. This continues to compare favourably with other counselling organisations which can have significantly more trainee counsellors working for them which highlights the belief in the Westmeria vision and the health of the organisation. Some places will remain ring-fenced for students as we wish to continue to offer placements to our own students on the diploma course. This has been managed, to some degree, by allowing some counsellors who have been qualified for some time to focus on private work.

These staff provide on average:

125 sessions per week at Westmeria and remotely (including the PCT funded work)

85 sessions per week at Westmeria and remotely for Private funded work

The Counselling College

Our pass rate for the year remains at 100% this compares very favourably with other colleges. We are continuing to network with other schools with a view to using them to source some of the higher level qualifications that are the most profitable. This year the school turned over £140,000 and, after costs has contributed an enormous £70,000 to the charity - up from last year. This can be explained by all the courses being completely full once more as our reputation is growing and us taking on extra tutors add the numbers on lower levels and extending our course offering to include another L4 diploma.

WESTMERIA COUNSELLING SERVICES

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2023

FINANCIAL REVIEW

Financial position

The financial stability of the charity of the past year has again been possible due to the generosity of donations and the fundraising efforts of the committee. Whilst still offering our fundraising events we are now moving towards the bulk of our finances to come from the college and. Our fundraising efforts have increased hugely and seen us raise circa £32,000, which has been an amazing achievement. We were able to put on more events this year and plan for our 20th anniversary ball too.

We still have a have a contract for the Bromley Healthcare staff counselling which has increased to offer to whoever needs it. We are still providing counselling and supervision to Rose Bruford Drama College.

The private counselling scheme is still working really well and brought in an additional £46,287 this year. Our set fee donations continue to do well and we have increased our rooms and amount of counselling sessions we offer and brought in £27,745.

The Westmeria College is still proving to be a profitable growth area. This year the college has contributed about £70,000 as all courses are full once more and we have added another Level 4 which will boost our income still further.

Our reserves are still in line to maintain the service for the 6 months and our plan is still to be able to invest in our own property for the service at some point in the future and setting aside a big deposit for this purpose. Having looked around we recognise that a bigger deposit is necessary to secure the size of property that we would need to house the whole business. With the college expanding our courses this may well need extra, secured, space to continue in the future.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The organisation is a charitable company limited by guarantee, number 5422550 and registered as a charity, number 1111486. The company established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Recruitment and appointment of the management committee

There are three directors of the company. For the purposes of the charity law the Directors and Trustees are known as the Management Committee. It is to be noted that the Trustees will remain in post unless they decide to retire from their duties. In this case, as statute dictates, the existing Trustees can appoint new Trustees. However, at least 75% of the Management Committee should be in agreement. CEO will check out commitment with Trustees yearly before the AGM.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05422550 (England and Wales)

Registered Charity number

1111486

WESTMERIA COUNSELLING SERVICES

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2023**

Registered office

Bromley Park Medical Centre
6 Daly Drive
Bromley Park
Bickley
Kent
BR1 2JQ

Trustees

Trustees and Directors

Ms S J Doughty - Director, CEO
Ms A J Baker - Director
Mr T Peppiatt - Trustee
Mrs J B Britton - Trustee (Company Secretary and Director)
Mrs J Brown - Trustee
Mrs G Micallef - Trustee
Mrs S Peskett - Trustee
Mrs N Price - Trustee

Company Secretary

Mrs J B Britton

Independent Examiner

Gary Sargeant FCA
Sargeant Partnership LLP
Chartered Accountants
5 White Oak Square
London Road
Swanley
Kent
BR8 7AG

Bankers

Nat West Bank PLC
Beckenham Branch
41 High Street
Beckenham, Kent BR3 4YN

Approved by order of the board of trustees on ^{26/08/2023} and signed on its behalf by:

Jackie Britton

.....
Mrs J B Britton - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WESTMERIA COUNSELLING SERVICES

Independent examiner's report to the trustees of Westmeria Counselling Services ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 April 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WESTMERIA COUNSELLING SERVICES

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

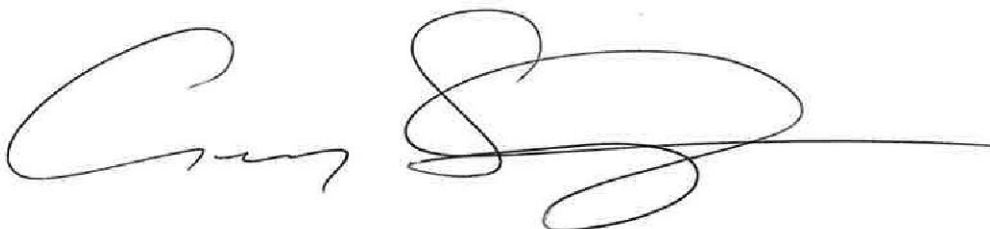
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gary Sargeant FCA

Sargeant Partnership LLP
Chartered Accountants
5 White Oak Square
London Road
Swanley
Kent
BR8 7AG



Date:29/8/2023.....

WESTMERIA COUNSELLING SERVICES

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 APRIL 2023

	Notes	2023 Unrestricted funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		94,193	113,644
Charitable activities			
General		197,050	142,054
Investment income	2	1,439	43
Total		<u>292,682</u>	<u>255,741</u>
EXPENDITURE ON			
Raising funds	3	250	1,150
Charitable activities			
General		280,376	258,147
Other		1,206	1,469
Total		<u>281,832</u>	<u>260,766</u>
NET INCOME/(EXPENDITURE)		10,850	(5,025)
RECONCILIATION OF FUNDS			
Total funds brought forward		326,264	331,289
TOTAL FUNDS CARRIED FORWARD		<u><u>337,114</u></u>	<u><u>326,264</u></u>

The notes form part of these financial statements

WESTMERIA COUNSELLING SERVICES

BALANCE SHEET 30 APRIL 2023

	Notes	2023 Unrestricted funds £	2022 Total funds £
FIXED ASSETS			
Tangible assets	8	4,337	4,584
CURRENT ASSETS			
Debtors	9	5,420	3,130
Cash at bank		336,228	327,011
		<u>341,648</u>	<u>330,141</u>
CREDITORS			
Amounts falling due within one year	10	(8,871)	(8,461)
		<u>332,777</u>	<u>321,680</u>
NET CURRENT ASSETS			
TOTAL ASSETS LESS CURRENT LIABILITIES		337,114	326,264
		<u>337,114</u>	<u>326,264</u>
NET ASSETS			
FUNDS	11		
Unrestricted funds		337,114	326,264
		<u>337,114</u>	<u>326,264</u>
TOTAL FUNDS		<u>337,114</u>	<u>326,264</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 April 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

WESTMERIA COUNSELLING SERVICES

BALANCE SHEET - continued
30 APRIL 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 26/08/2023 and were signed on its behalf by:

Jackie Britton

.....
J B Britton - Trustee

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2023

2. INVESTMENT INCOME

	2023	2022
	£	£
Interest Income	1,439	43

3. RAISING FUNDS

Raising donations and legacies

	2023	2022
	£	£
Support costs	250	1,150

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	1,206	1,469

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 April 2023 nor for the year ended 30 April 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 April 2023 nor for the year ended 30 April 2022.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Administrative	3	3

No employees received emoluments in excess of £60,000.

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2023**

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	113,644
Charitable activities	
General	142,054
Investment income	43
Total	<u>255,741</u>
EXPENDITURE ON	
Raising funds	1,150
Charitable activities	
General	258,147
Other	1,469
Total	<u>260,766</u>
NET INCOME/(EXPENDITURE)	(5,025)
RECONCILIATION OF FUNDS	
Total funds brought forward	331,289
TOTAL FUNDS CARRIED FORWARD	<u><u>326,264</u></u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2023**

8. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 May 2022	12,576	8,470	21,046
Additions	-	959	959
	<u>12,576</u>	<u>9,429</u>	<u>22,005</u>
At 30 April 2023	12,576	9,429	22,005
DEPRECIATION			
At 1 May 2022	11,058	5,404	16,462
Charge for year	379	827	1,206
	<u>11,437</u>	<u>6,231</u>	<u>17,668</u>
At 30 April 2023	11,437	6,231	17,668
NET BOOK VALUE			
At 30 April 2023	<u>1,139</u>	<u>3,198</u>	<u>4,337</u>
At 30 April 2022	<u>1,518</u>	<u>3,066</u>	<u>4,584</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	2,860	1,550
Prepayments and accrued income	2,560	1,580
	<u>5,420</u>	<u>3,130</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	2,532	3,182
Social security and other taxes	2,340	1,456
Other creditors	374	386
Accruals and deferred income	3,625	3,437
	<u>8,871</u>	<u>8,461</u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2023**

11. MOVEMENT IN FUNDS

	At 1/5/22 £	Net movement in funds £	At 30/4/23 £
Unrestricted funds			
General fund	310,792	11,041	321,833
Big Lottery Funding	10,307	(191)	10,116
Santander Foundation	2,915	-	2,915
London Community Foundation	2,250	-	2,250
	<u>326,264</u>	<u>10,850</u>	<u>337,114</u>
TOTAL FUNDS	<u>326,264</u>	<u>10,850</u>	<u>337,114</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	292,682	(281,641)	11,041
Big Lottery Funding	-	(191)	(191)
	<u>292,682</u>	<u>(281,832)</u>	<u>10,850</u>
TOTAL FUNDS	<u>292,682</u>	<u>(281,832)</u>	<u>10,850</u>

Comparatives for movement in funds

	At 1/5/21 £	Net movement in funds £	At 30/4/22 £
Unrestricted funds			
General fund	315,309	(4,771)	310,538
Big Lottery Funding	10,815	(254)	10,561
Santander Foundation	2,915	-	2,915
London Community Foundation	2,250	-	2,250
	<u>331,289</u>	<u>(5,025)</u>	<u>326,264</u>
TOTAL FUNDS	<u>331,289</u>	<u>(5,025)</u>	<u>326,264</u>

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2023

11. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	255,741	(260,512)	(4,771)
Big Lottery Funding	-	(254)	(254)
	<u>255,741</u>	<u>(260,766)</u>	<u>(5,025)</u>
TOTAL FUNDS	<u>255,741</u>	<u>(260,766)</u>	<u>(5,025)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/5/21 £	Net movement in funds £	At 30/4/23 £
Unrestricted funds			
General fund	315,309	6,270	321,579
Big Lottery Funding	10,815	(445)	10,370
Santander Foundation	2,915	-	2,915
London Community Foundation	2,250	-	2,250
	<u>331,289</u>	<u>5,825</u>	<u>337,114</u>
TOTAL FUNDS	<u>331,289</u>	<u>5,825</u>	<u>337,114</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	548,423	(542,153)	6,270
Big Lottery Funding	-	(445)	(445)
	<u>548,423</u>	<u>(542,598)</u>	<u>5,825</u>
TOTAL FUNDS	<u>548,423</u>	<u>(542,598)</u>	<u>5,825</u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2023**

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 April 2023.

WESTMERIA COUNSELLING SERVICES

England & Wales - Charity number 1111486

Accounts

REGISTERED COMPANY NUMBER: 05422550 (England and Wales)
REGISTERED CHARITY NUMBER: 1111486

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2022
FOR
WESTMERIA COUNSELLING SERVICES**

Sargeant Partnership LLP
Chartered Accountants
5 White Oak Square
London Road
Swanley
Kent
BR8 7AG

WESTMERIA COUNSELLING SERVICES

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2022

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Independent Examiner's Report	5 to 6
Statement of Financial Activities	7
Balance Sheet	8 to 9
Notes to the Financial Statements	10 to 16

WESTMERIA COUNSELLING SERVICES

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 April 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Westmeria Counselling aim to preserve and protect the physical and mental health of persons within the UK by the provision of a low cost counselling service for those in crisis and/or in need of support and who could not otherwise access such services.

WESTMERIA COUNSELLING SERVICES

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

ACHIEVEMENT AND PERFORMANCE

This has proved another difficult year following Covid19. Whilst we are still offering a blended approach of delivery of service - both face to face and remotely to safeguard both our clients and staff, sessions are predominantly now in person. We have noticed a continued increase in the amount of referrals in this period.

Demand for counselling is continuing to grow after the pandemic. We had a total of 468 referrals, 279 from donation and PCT and an additional 189 private referrals. Our private side has grown with the amount of referrals as people don't want to wait any longer than they have to. The total amount of donations from Westmeria non-private clients in this period was £42,367 This is up hugely from last year by £20,782. More people were accessing counselling services by the end of this financial year. The increase is largely due to having taken on more counsellors and the new room working to capacity, along with the policy for charging for missed sessions and for assessments and the amount of people who have been suffering the after effects of Covid and the anxiety/low mood surrounding this.

The private side is also doing tremendously well as we filled our private offering to fill the rooms with newly qualified counsellors. This has contributed £42,337- which is up by £21,794.

So, overall our donations and private work donations amount to £84,704 which is an increase of £23,174 on last year.

All counselling rooms continue to be used from 8:45am to 9:00pm Monday to Friday and 9:00am to 2:15pm on a Saturday.

The counselling staff over this period included an average of 35 counsellors - an increase to the previous year of 30 and 11 new placement recruits will mean a total of 41 counsellors are working and donating for Westmeria (note that not all see clients, some counsellors are tutors or supervisors) This is because we have been able to occupy more space and increase our offering.

On average about 4/5 of counselling staff are qualified and 1/5 trainees. This is slightly up on the previous year. This high rate is largely because of students qualifying and wishing to stay on. This continues to compare favourably with other counselling organisations which can have significantly more trainee counsellors working for them which highlights the belief in the Westmeria vision and the health of the organisation. Going forward some places will remain ring-fenced for students as we wish to continue to offer placements to our own students on the diploma course. This has been managed, to some degree, by allowing some counsellors who have been qualified for some time to focus on private work.

These staff provide on average:

100 sessions per week at Westmeria (including the PCT funded work) - set to increase to 122 when all new recruits in place

75 sessions per week at Westmeria and remotely for Private funded work - set to increase to 90 once all space filled.

The Counselling College

Our pass rate for the year remains at 100% this compares very favourably with other colleges. We are continuing to network with other schools with a view to using them to source some of the higher level qualifications that are the most profitable. This year the school turned over £112,000 and, after costs has contributed £55,780 to the charity - up slightly from last year. This can be explained by all the courses being completely full once more as our reputation is growing.

WESTMERIA COUNSELLING SERVICES

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

FINANCIAL REVIEW

Financial position

The financial stability of the charity of the past year has again been possible due to the generosity of donations and the fundraising efforts of the committee. Whilst still offering our fundraising events we are now moving towards the bulk of our finances to come from the college and. Our fundraising efforts have seen us raise circa £8,398, which was up by over £1,000 from last year. This is still proving difficult due to Covid.

We still have a have a contract for the Bromley Healthcare staff counselling which has increased to offer to whoever needs it. We are still providing counselling and supervision to Rose Bruford Drama College.

The private counselling scheme is still working really well and brought in an additional £21,794 this year. Our set fee donations continue to do well and we have increased our rooms and amount of counselling sessions we offer and brought in 35,180.

The Westmeria College is still proving to be a profitable growth area. This year the college has contributed about £55,780 as all courses are full once more.

Our reserves are still in line to maintain the service for the 6 months and our plan is still to be able to invest in our own property for the service at some point in the future and setting aside a big deposit for this purpose. Having looked around we recognise that a bigger deposit is necessary to secure the size of property that we would need to house the whole business.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The organisation is a charitable company limited by guarantee, number 5422550 and registered as a charity, number 1111486. The company established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Recruitment and appointment of the management committee

There are three directors of the company. For the purposes of the charity law the Directors and Trustees are known as the Management Committee. It is to be noted that the Trustees will remain in post unless they decide to retire from their duties. In this case, as statute dictates, the existing Trustees can appoint new Trustees. However, at least 75% of the Management Committee should be in agreement. CEO will check out commitment with Trustees yearly before the AGM.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05422550 (England and Wales)

Registered Charity number

1111486

WESTMERIA COUNSELLING SERVICES

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

Registered office

Bromley Park Medical Centre
6 Daly Drive
Bromley Park
Bickley
Kent
BR1 2JQ

Trustees

Trustees and Directors

Ms S J Doughty - Director, CEO

Ms A J Baker - Director

Mr T Peppiatt - Trustee

Mrs J B Britton - Trustee (Company Secretary and Director - appointed 08.09.2020)

Mrs J Brown - Trustee

Mrs G Micallef - Trustee - appointed 02.06.2020

Mrs S Peskett - Trustee

Mrs N Price - Trustee

Company Secretary

Mrs J B Britton

Independent Examiner

Gary Sargeant FCA

Institute of Chartered Accountants in England and Wales

Sargeant Partnership LLP

Chartered Accountants

5 White Oak Square

London Road

Swanley

Kent

BR8 7AG

Bankers

Nat West Bank PLC

Beckenham Branch

41 High Street

Beckenham, Kent BR3 4YN

Approved by order of the board of trustees on 29 November 2022 and signed on its behalf by:

Mrs J B Britton - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WESTMERIA COUNSELLING SERVICES

Independent examiner's report to the trustees of Westmeria Counselling Services ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 April 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WESTMERIA COUNSELLING SERVICES

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gary Sargeant FCA
Institute of Chartered Accountants in England and Wales
Sargeant Partnership LLP
Chartered Accountants
5 White Oak Square
London Road
Swanley
Kent
BR8 7AG

29 November 2022

WESTMERIA COUNSELLING SERVICES

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 APRIL 2022

	Notes	2022 Unrestricted funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		113,644	77,087
Charitable activities			
General		142,054	224,323
Investment income	2	43	58
Total		<u>255,741</u>	<u>301,468</u>
EXPENDITURE ON			
Raising funds	3	1,150	-
Charitable activities			
General		258,147	240,342
Other		1,469	1,773
Total		<u>260,766</u>	<u>242,115</u>
NET INCOME/(EXPENDITURE)		(5,025)	59,353
RECONCILIATION OF FUNDS			
Total funds brought forward		331,289	271,936
TOTAL FUNDS CARRIED FORWARD		<u><u>326,264</u></u>	<u><u>331,289</u></u>

The notes form part of these financial statements

WESTMERIA COUNSELLING SERVICES

BALANCE SHEET 30 APRIL 2022

	Notes	2022 Unrestricted funds £	2021 Total funds £
FIXED ASSETS			
Tangible assets	8	4,584	5,334
CURRENT ASSETS			
Debtors	9	3,130	13,310
Cash at bank		327,011	320,445
		<u>330,141</u>	<u>333,755</u>
CREDITORS			
Amounts falling due within one year	10	(8,461)	(7,800)
		<u>321,680</u>	<u>325,955</u>
NET CURRENT ASSETS			
		<u>326,264</u>	<u>331,289</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>326,264</u>	<u>331,289</u>
NET ASSETS		<u>326,264</u>	<u>331,289</u>
FUNDS	11		
Unrestricted funds		<u>326,264</u>	<u>331,289</u>
TOTAL FUNDS		<u>326,264</u>	<u>331,289</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 April 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

WESTMERIA COUNSELLING SERVICES

BALANCE SHEET - continued **30 APRIL 2022**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 29 November 2022 and were signed on its behalf by:

J B Britton - Trustee

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2022

2. INVESTMENT INCOME

	2022	2021
	£	£
Interest Income	43	58

3. RAISING FUNDS

Raising donations and legacies

	2022	2021
	£	£
Support costs	1,150	-

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	1,469	1,773

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 April 2022 nor for the year ended 30 April 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 April 2022 nor for the year ended 30 April 2021.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Administrative	3	3

No employees received emoluments in excess of £60,000.

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2022

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	77,087
Charitable activities	
General	224,323
Investment income	58
Total	<u>301,468</u>
EXPENDITURE ON	
Charitable activities	
General	240,342
Other	1,773
Total	<u>242,115</u>
NET INCOME	59,353
RECONCILIATION OF FUNDS	
Total funds brought forward	271,936
TOTAL FUNDS CARRIED FORWARD	<u><u>331,289</u></u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2022**

8. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 May 2021	12,576	7,751	20,327
Additions	-	719	719
	<u>12,576</u>	<u>8,470</u>	<u>21,046</u>
At 30 April 2022	12,576	8,470	21,046
DEPRECIATION			
At 1 May 2021	10,552	4,441	14,993
Charge for year	506	963	1,469
	<u>11,058</u>	<u>5,404</u>	<u>16,462</u>
At 30 April 2022	11,058	5,404	16,462
NET BOOK VALUE			
At 30 April 2022	<u>1,518</u>	<u>3,066</u>	<u>4,584</u>
At 30 April 2021	<u>2,024</u>	<u>3,310</u>	<u>5,334</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	1,550	9,930
Prepayments and accrued income	1,580	3,380
	<u>3,130</u>	<u>13,310</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	3,182	3,070
Social security and other taxes	1,456	1,156
Other creditors	386	224
Accruals and deferred income	3,437	3,350
	<u>8,461</u>	<u>7,800</u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2022**

11. MOVEMENT IN FUNDS

	At 1/5/21 £	Net movement in funds £	At 30/4/22 £
Unrestricted funds			
General fund	315,309	(4,771)	310,538
Big Lottery Funding	10,815	(254)	10,561
Santander Foundation	2,915	-	2,915
London Community Foundation	2,250	-	2,250
	<u>331,289</u>	<u>(5,025)</u>	<u>326,264</u>
TOTAL FUNDS	<u>331,289</u>	<u>(5,025)</u>	<u>326,264</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	255,741	(260,512)	(4,771)
Big Lottery Funding	-	(254)	(254)
	<u>255,741</u>	<u>(260,766)</u>	<u>(5,025)</u>
TOTAL FUNDS	<u>255,741</u>	<u>(260,766)</u>	<u>(5,025)</u>

Comparatives for movement in funds

	At 1/5/20 £	Net movement in funds £	At 30/4/21 £
Unrestricted funds			
General fund	255,617	59,692	315,309
Big Lottery Funding	11,154	(339)	10,815
Santander Foundation	2,915	-	2,915
London Community Foundation	2,250	-	2,250
	<u>271,936</u>	<u>59,353</u>	<u>331,289</u>
TOTAL FUNDS	<u>271,936</u>	<u>59,353</u>	<u>331,289</u>

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2022

11. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	301,468	(241,776)	59,692
Big Lottery Funding	-	(339)	(339)
	<u>301,468</u>	<u>(242,115)</u>	<u>59,353</u>
TOTAL FUNDS	<u>301,468</u>	<u>(242,115)</u>	<u>59,353</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/5/20 £	Net movement in funds £	At 30/4/22 £
Unrestricted funds			
General fund	255,617	54,921	310,538
Big Lottery Funding	11,154	(593)	10,561
Santander Foundation	2,915	-	2,915
London Community Foundation	2,250	-	2,250
	<u>271,936</u>	<u>54,328</u>	<u>326,264</u>
TOTAL FUNDS	<u>271,936</u>	<u>54,328</u>	<u>326,264</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	557,209	(502,288)	54,921
Big Lottery Funding	-	(593)	(593)
	<u>557,209</u>	<u>(502,881)</u>	<u>54,328</u>
TOTAL FUNDS	<u>557,209</u>	<u>(502,881)</u>	<u>54,328</u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2022**

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 April 2022.

WESTMERIA COUNSELLING SERVICES

England & Wales - Charity number 1111486

Accounts

REGISTERED COMPANY NUMBER: 05422550 (England and Wales)
REGISTERED CHARITY NUMBER: 1111486

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2021
FOR
WESTMERIA COUNSELLING SERVICES**

Sargeant Partnership LLP
Chartered Accountants
5 White Oak Square
London Road
Swanley
Kent
BR8 7AG

WESTMERIA COUNSELLING SERVICES

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2021

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WESTMERIA COUNSELLING SERVICES

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 April 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Westmeria Counselling aim to preserve and protect the physical and mental health of persons within the UK by the provision of a low cost counselling service for those in crisis and/or in need of support and who could not otherwise access such services.

WESTMERIA COUNSELLING SERVICES

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2021

ACHIEVEMENT AND PERFORMANCE

This has proved another difficult year due to Covid19. We are offering a blended approach of delivery of service - both face to face and remotely to safeguard both our clients and staff. We have noticed a steady increase in the amount of referrals in this period. We had some time out of the office when Covid was at its highest but our referrals are up.

Statistics from this year show an all time high in the amount of referrals received. We had a total of 533 referrals, 388 from donation and PCT and an additional 145 private referrals. The donation side is up hugely from 239 last year and the private referrals are down from 185 - this is due largely to some of our qualified staff leaving from the private side of things. We are now increasing our private counsellors now to be able to accommodate more private sessions as the demand is increasing for the next year.

The total amount of donations from Westmeria non-private clients in this period was £21,585. This is up from last year by £3,262 despite the slow start of donations due to Covid. More people were accessing counselling services by the end of this financial year. The increase is largely due to having taken on more counsellors and the new room working to capacity, along with the policy for charging for missed sessions and for assessments too.

The private side, whilst still doing well and building towards the end of this financial year was slightly lower as some of our counsellors had left and we hadn't replaced them on the private side as we were waiting for people to qualify from our courses. However, this has still contributed £20,543 - which is down by £5,266 but this will change going forward as we have employed more counsellors to undertake this work.

However, overall our donations and private work donations amount to £44,864 which is an increase of £1,079 on last year.

All counselling rooms continue to be used from 8:45am to 9:00pm Monday to Friday and 9:00am to 2:15pm on a Saturday.

The counselling staff over this period included an average of 30 counsellors - a big increase to the previous year of 22.5. This is because we have been able to occupy more space and increase our offering.

On average about 2/3 of counselling staff are qualified and 1/3 trainees. This is consistent with the previous year. This high rate is largely because of students qualifying and wishing to stay on. This continues to compare favourably with other counselling organisations which can have significantly more trainee counsellors working for them which highlights the belief in the Westmeria vision and the health of the organisation. Going forward some places will remain ring-fenced for students as we wish to continue to offer placements to our own students on the diploma course. This has been managed, to some degree, by allowing some counsellors who have been qualified for some time to focus on private work. Our student offering will be increased in the coming year due to the extra space that we have and the clinical manager in post to be able to manage this.

These staff provide on average:

" 75 sessions per week at Westmeria (including the PCT funded work)

" 40 sessions per week at Westmeria and remotely for IAPT funded work.

" 60 sessions per week at Westmeria and remotely for Private funded work

The Counselling College

Our pass rate for the year remains at 100% this compares very favourably with other colleges. We are continuing to network with other schools with a view to using them to source some of the higher level qualifications that are the most profitable. This year the school turned over £105,000 and, after costs has contributed £55,555 to the charity - up by £32,305 from last year. This can be explained by all the courses being completely full.

WESTMERIA COUNSELLING SERVICES

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2021

FINANCIAL REVIEW

Financial position

The financial stability of the charity of the past year has been possible due to the generosity of donations and the fundraising efforts of the committee. Whilst still offering our fundraising events we are now moving towards the bulk of our finances to come from the college and the increase in IAPT hours. Our fundraising efforts have seen us raise circa £15,000 this year.

We still have a have a contract for the Bromley Healthcare staff counselling. We have lost the contract the provide counselling in Apex and are providing counselling and supervision to Rose Bruford Drama College.

The private counselling scheme is still working really well and brought in an additional £20,543 this year. Our set fee donations continue to do well and we have increased our rooms and amount of counselling sessions we offer and brought in £24,321

The Westmeria College is still proving to be a profitable growth area. This year the college has contributed about £55,555 which is more than double last year.

Our reserves are still in line to maintain the service for the 6 months and our plan is still to be able to invest in our own property for the service at some point in the future and setting aside a big deposit for this purpose.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The organisation is a charitable company limited by guarantee, number 5422550 and registered as a charity, number 1111486. The company established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Recruitment and appointment of the management committee

There are three directors of the company. For the purposes of the charity law the Directors and Trustees are known as the Management Committee. It is to be noted that the Trustees will remain in post unless they decide to retire from their duties. In this case, as statute dictates, the existing Trustees can appoint new Trustees. However, at least 75% of the Management Committee should be in agreement. CEO will check out commitment with Trustees yearly before the AGM.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05422550 (England and Wales)

Registered Charity number

1111486

WESTMERIA COUNSELLING SERVICES

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2021

Registered office

Bromley Park Medical Centre
6 Daly Drive
Bromley Park
Bickley
Kent
BR1 2JQ

Trustees

Trustees and Directors

Ms S J Doughty - Director, CEO

Ms A J Baker - Director

Mr T Peppiatt - Trustee

Mrs J B Britton - Trustee (Company Secretary and Director - appointed 08.09.2020)

Ms K Carpenter-Ryan - Company Secretary and Director - resigned 08.09.2020

Mrs J Brown - Trustee

Mrs G Micallef - Trustee - appointed 02.06.2020

Mrs S Peskett - Trustee

Mrs N Price - Trustee

Company Secretary

Mrs J B Britton

Independent Examiner

Gary Sargeant FCA

Institute of Chartered Accountants in England and Wales

Sargeant Partnership LLP

Chartered Accountants

5 White Oak Square

London Road

Swanley

Kent

BR8 7AG

Bankers

Nat West Bank PLC

Beckenham Branch

41 High Street

Beckenham, Kent BR3 4YN

Approved by order of the board of trustees on 25 January 2022 and signed on its behalf by:

Mrs J B Britton - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WESTMERIA COUNSELLING SERVICES

Independent examiner's report to the trustees of Westmeria Counselling Services ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 April 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WESTMERIA COUNSELLING SERVICES

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gary Sargeant FCA
Institute of Chartered Accountants in England and Wales
Sargeant Partnership LLP
Chartered Accountants
5 White Oak Square
London Road
Swanley
Kent
BR8 7AG

25 January 2022

WESTMERIA COUNSELLING SERVICES

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 APRIL 2021

	Notes	2021 Unrestricted funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		77,087	71,071
Charitable activities			
General		224,323	171,465
Investment income	2	58	434
Total		<u>301,468</u>	<u>242,970</u>
EXPENDITURE ON			
Charitable activities			
General		240,342	211,738
Other		1,773	1,734
Total		<u>242,115</u>	<u>213,472</u>
NET INCOME		<u>59,353</u>	<u>29,498</u>
RECONCILIATION OF FUNDS			
Total funds brought forward		271,936	242,438
TOTAL FUNDS CARRIED FORWARD		<u><u>331,289</u></u>	<u><u>271,936</u></u>

The notes form part of these financial statements

WESTMERIA COUNSELLING SERVICES

BALANCE SHEET 30 APRIL 2021

	Notes	2021 Unrestricted funds £	2020 Total funds £
FIXED ASSETS			
Tangible assets	7	5,334	7,015
CURRENT ASSETS			
Debtors	8	13,310	20,340
Cash at bank		320,445	256,650
		<u>333,755</u>	<u>276,990</u>
CREDITORS			
Amounts falling due within one year	9	(7,800)	(12,069)
		<u>325,955</u>	<u>264,921</u>
NET CURRENT ASSETS			
		<u>325,955</u>	<u>264,921</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>331,289</u>	<u>271,936</u>
NET ASSETS		<u>331,289</u>	<u>271,936</u>
FUNDS	10		
Unrestricted funds		<u>331,289</u>	<u>271,936</u>
TOTAL FUNDS		<u>331,289</u>	<u>271,936</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 April 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

WESTMERIA COUNSELLING SERVICES

BALANCE SHEET - continued 30 APRIL 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25 January 2022 and were signed on its behalf by:

J B Britton - Trustee

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2021

2. INVESTMENT INCOME

	2021	2020
	£	£
Interest Income	58	434

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	1,773	1,734

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 April 2021 nor for the year ended 30 April 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 April 2021 nor for the year ended 30 April 2020.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
Administrative	3	3

No employees received emoluments in excess of £60,000.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	71,071
Charitable activities General	171,465
Investment income	434
Total	<u>242,970</u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2021**

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £
EXPENDITURE ON	
Charitable activities	
General	211,738
Other	1,734
Total	<u>213,472</u>
NET INCOME	<u>29,498</u>
RECONCILIATION OF FUNDS	
Total funds brought forward	242,438
TOTAL FUNDS CARRIED FORWARD	<u><u>271,936</u></u>

7. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 May 2020	12,576	7,659	20,235
Additions	-	92	92
	<u>12,576</u>	<u>7,751</u>	<u>20,327</u>
At 30 April 2021	12,576	7,751	20,327
DEPRECIATION			
At 1 May 2020	9,878	3,342	13,220
Charge for year	674	1,099	1,773
	<u>10,552</u>	<u>4,441</u>	<u>14,993</u>
At 30 April 2021	10,552	4,441	14,993
NET BOOK VALUE			
At 30 April 2021	<u>2,024</u>	<u>3,310</u>	<u>5,334</u>
At 30 April 2020	<u>2,698</u>	<u>4,317</u>	<u>7,015</u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2021**

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade debtors	9,930	10,400
Prepayments and accrued income	3,380	9,940
	<u>13,310</u>	<u>20,340</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	3,070	7,789
Social security and other taxes	1,156	1,047
Other creditors	224	523
Accruals and deferred income	3,350	2,710
	<u>7,800</u>	<u>12,069</u>

10. MOVEMENT IN FUNDS

	At 1/5/20	Net movement in funds	At 30/4/21
	£	£	£
Unrestricted funds			
General fund	255,617	59,692	315,309
Big Lottery Funding	11,154	(339)	10,815
Santander Foundation	2,915	-	2,915
London Community Foundation	2,250	-	2,250
	<u>271,936</u>	<u>59,353</u>	<u>331,289</u>
TOTAL FUNDS	<u>271,936</u>	<u>59,353</u>	<u>331,289</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	301,468	(241,776)	59,692
Big Lottery Funding	-	(339)	(339)
	<u>301,468</u>	<u>(242,115)</u>	<u>59,353</u>
TOTAL FUNDS	<u>301,468</u>	<u>(242,115)</u>	<u>59,353</u>

WESTMERIA COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2021**

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/5/19 £	Net movement in funds £	At 30/4/20 £
Unrestricted funds			
General fund	225,667	29,950	255,617
Big Lottery Funding	11,606	(452)	11,154
Santander Foundation	2,915	-	2,915
London Community Foundation	2,250	-	2,250
	<u>242,438</u>	<u>29,498</u>	<u>271,936</u>
TOTAL FUNDS	<u><u>242,438</u></u>	<u><u>29,498</u></u>	<u><u>271,936</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	242,970	(213,020)	29,950
Big Lottery Funding	-	(452)	(452)
	<u>242,970</u>	<u>(213,472)</u>	<u>29,498</u>
TOTAL FUNDS	<u><u>242,970</u></u>	<u><u>(213,472)</u></u>	<u><u>29,498</u></u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/5/19 £	Net movement in funds £	At 30/4/21 £
Unrestricted funds			
General fund	225,667	89,642	315,309
Big Lottery Funding	11,606	(791)	10,815
Santander Foundation	2,915	-	2,915
London Community Foundation	2,250	-	2,250
	<u>242,438</u>	<u>88,851</u>	<u>331,289</u>
TOTAL FUNDS	<u><u>242,438</u></u>	<u><u>88,851</u></u>	<u><u>331,289</u></u>

WESTMERIA COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2021

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	544,438	(454,796)	89,642
Big Lottery Funding	-	(791)	(791)
	<u>544,438</u>	<u>(455,587)</u>	<u>88,851</u>
TOTAL FUNDS	<u>544,438</u>	<u>(455,587)</u>	<u>88,851</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 April 2021.