

# THE CARDIAC EXERCISE CLUB

England & Wales · Charity number 1111416

## Details

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**Status** Registered

**Legal form** Other

**Registered** 2005-09-22

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 6 Durnsford Road  
London  
SW19 8HQ

**Phone** 07881846866

**Email** [judhajit.basu@btinternet.com](mailto:judhajit.basu@btinternet.com)

**Website** [www.cxc.org.uk](http://www.cxc.org.uk)

## Activities

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**Objects:** THE RELIEF OF SICKNESS AND THE PRESERVATION AND PROTECTION OF GOOD HEALTH, WITHIN THE GREATER LONDON AREA, AMONG PERSONS RECOVERING FROM CORONARY HEART DISEASE AND/OR HEART SURGERY BY THE PROVISION OF SUPERVISED REMEDIAL AND THERAPEUTIC EXERCISE FACILITIES AND THE PROVISION OF ADVICE AND SUPPORT TO SUFFERERS AND THEIR FAMILIES.

**Activities:** The Cardiac Exercise Club provides supervised exercise facilities to BACPR standards for anybody who has or has had circulatory problems(CHD, heart bypass, stroke or carotid artery surgery etc),COPD, or diabetes and wishes to extend the benefits of their treatment. The aims are to prevent a return to hospital and improve the health and ongoing quality of life of our members..

## Classification

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- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Elderly/old People, People With Disabilities

## Geography

- **Area of benefit:** GREATER LONDON AREA
- Merton
- Wandsworth

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£17,856	£16,166	-	-
2024-04-05	£11,580	£15,063	-	-
2023-04-05	£13,119	£14,920	-	-
2022-04-05	£13,363	£13,929	-	-
2021-04-05	£11,905	£9,140	-	-

## Trustees

Name	Role	Appointed
<b>FIONA SWINFEN-GREEN</b>	Chair	
Cheryl Kennedy		2020-11-04
Graham McLatchie		2016-05-25
JUDHAJIT BASU		2014-01-22
Lionel Blackman		2025-07-16
Rabindra Sabapathy		2018-05-09