

# NYABINGI

England & Wales · Charity number 1111343

## Details

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**Other names** NYABINGI EMPOWERMENT PROJECT

**Status** Registered

**Legal form** Other

**Registered** 2005-09-16

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Bury Park Community Resource Centre  
161-161B Dunstable Road  
Luton  
LU1 1BW

**Phone** 07952113709

**Email** [NYABINGIWELLBEING@OUTLOOK.COM](mailto:NYABINGIWELLBEING@OUTLOOK.COM)

## Activities

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**Objects:** 1. TO ENHANCE THE DEVELOPMENT AND EDUCATION OF PEOPLE WHO HAVE SUFFERED OR SUFFERING FROM MENTAL ILLNESS IN THE LUTON COMMUNITY, THROUGH THE PROVISION OF FACILITIES AND ACTIVITIES O ENABLE THEM TO RAISE THEIR CONFIDENCE AND SELF ESTEEM, DEVELOP POSITIVE RELATIONSHIPS, IMPROVE INTER-PERSONAL AND SOCIAL SKILLS AND BENEFIT FROM ACCESS TO A WIDER RANGE OF ACTIVITIES AND EXPERIENCES WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE, EDUCATION AND WELL-BEING.2. TO PROMOTE ANY OTHER CHARITABLE PURPOSE IN FURTHERANCE OF THE OBJECTS AS THE TRUSTEES FROM TIME TO TIME DETERMINE.

**Activities:** The Learning for Wellbeing project forms the basis for all our projects that build on personal and collective capacity and provide work placement opportunities for Nyabingi members, volunteers, university and college students. Activities includes counselling, therapeutic music sessions, gardening, learning courses, health awareness and living, cook and eat, women's group and community transport.

## Classification

- **How:** Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Amateur Sport, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups

## Geography

- **Area of benefit:** LUTON
- Luton

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£2,728	£1,554	-	-
2024-03-31	£5,788	£4,583	-	-
2023-03-31	£2,865	£3,369	-	-
2022-03-31	£3,490	£3,997	-	-
2021-03-31	£13,245	£7,830	-	-

## Trustees

Name	Role	Appointed
<b>Latoya Wilson</b>	Chair	2018-11-12
ASHA LETTMAN		
JOSEPHINE HOLNESS		2018-11-12
LORNA APPAVOO		2018-11-21
Masline Zivengwa		2016-05-25
THELMA PHILLIPS		2018-11-12
YOLANDE MARTINDALE		2018-11-12