

Charity Registration No. 1111259

Company Registration No. 05360413 (England and Wales)

THE LINDSAY LEG CLUB FOUNDATION
(a company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

THE LINDSAY LEG CLUB FOUNDATION

LEGAL AND ADMINISTRATIVE INFORMATION

Directors Trustees	M Hoskins (Chairman) E Lindsay C McIntyre N McIntyre J Geraghty A O Kerr P R P Goodman A Schofield M G Farrington D A Hutchinson
Charity number	1111259
Company number	05360413
Registered office	18 Langton Place Bury St Edmunds IP33 1NE
Independent examiner	Robin Jackson Churchgate Accountants Ltd 18 Langton Place Bury St Edmunds IP33 1NE
Bankers	CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling ME19 4JQ
Solicitors	Ellisons Legal LLP 146 King's Road Bury St Edmunds

THE LINDSAY LEG CLUB FOUNDATION

CONTENTS

	Page
Trustees' Annual Report	1 – 9
Statement of financial activities	10
Balance sheet	11
Notes to the accounts	12-18
Independent examiners report	19

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

The directors present their report and accounts for the year ended 31 March 2025.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)"

Objectives and activities

The charitable objects are:

Protecting and preserving health amongst those experiencing or at risk of experiencing leg ulcers and/or associated conditions, in particular by:

- (1) Disseminating and facilitating the implementation of the Lindsay Leg Club model;
- (2) Advising on and promoting the provision and use of modern equipment, services and facilities aimed at diagnosing, preventing and treating leg ulcers and or/associated conditions; and
- (3) Advising education in and increasing the understanding and awareness of leg ulcers and associated conditions and how they can be diagnosed, prevented and treated.

Public benefit

In reviewing the year, the trustees have taken into account the Charity Commission's guidance on public benefit and the two principles that:

- There must be an identifiable benefit or benefits, and
- The benefit must be to the public or a section of the public.

They have also considered the specific guidance on charities for the advancement of education and health.

It is their belief that, given the objects of the Charity and its record of activities over the year, the Lindsay Leg Club Foundation provides identifiable benefits which are open to all who experience or are at risk of experiencing leg ulcers and/or associated conditions; and also is promoting better understanding of leg ulcer care amongst relevant health professionals.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

Achievements and Performance

In last year's report I referred to the impact that the after-effects of COVID were having on the re-opening of Leg Clubs given that we are a Community based service dedicated to supporting older people in the Community. We have been more impacted than most charities given our strong community focus and the age profile of our members. Nevertheless, it is encouraging to report that during the year a number of Leg Clubs have re-opened and interest from NHS providers is increasing again as our community based, self-help and holistic approach is completely in line with if not ahead of Government healthcare policy.

As always we need to prove our relevance and efficacy to the NHS and face the never-ending challenge of demonstrating that we deliver real value for money. On the one hand we continue to see interest in opening new Leg Clubs, on the other the existing Leg Club estate is always under pressure to justify their existence in spite of the cost-effective information we have generated and published. It is positive to report however that as the months go by we are now getting ever more interest to open new Leg Clubs and that the model remains as relevant as ever.

Our Founder and Life President Ellie Lindsay continues to represent the Foundation at the highest levels of Government where the Leg Club model is well profiled and regarded. The challenge remains to get the model more widely adopted at grass roots level where there are always competing challenges for resource within the NHS. The growth of the model within each specific area depends upon strong local champions and where we have these the model is thriving and growing.

We firmly believe the Leg Club model is the epitome of what modern healthcare is aiming to be by providing effective, holistic, quality care that encourages and enables successful self-management of a long-term condition that will improve wellbeing and quality of life and mitigates against hospital admissions.

We are among only a few nurse-led clinics that are held outside a medical setting, which puts us in the company of organisations who do such important work as family planning, drug/needle exchange centres and homeless centres. Like them we are intrinsically led by a social model of care, devoted to the well being of our members, with our clinics taking place deep within the heart of the communities that we serve.

The social approach of Leg Clubs act as a catalyst to create a sense of community, re-socialising people who have become isolated through illness and providing opportunities for them to play significant voluntary roles within their communities. Many of our members have commented on their reluctance to visit a medical centre for treatment, while they have found that attending a clinic in a social setting has given them a sense of purpose. Countless members confirmed that mixing with fellow members experiencing treatment in a social setting has helped overcome the stigma associated with their leg ulcers. This network of mutual support and friendship has provided a strong sense of motivation for the clinical teams, members, and their loved ones.

Much of the day-to-day work to support Leg Clubs is driven by the Leg Club Industry Partners (LCIP). Industry continues to provide the majority of our funding and are committed to support the Leg Clubs in spite of the commercial challenges they face, a clear sign of their commitment to support best possible standards of care within the NHS. The Board again thank the LCIP for their financial support, as well as their heartfelt drive and enthusiasm for the Model.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

In addition to the support of Industry, the Leg Clubs could not exist without all the amazing volunteers and the work they do to run their clubs, the many other funders who help support us, and the dedication of our committed NHS nursing teams who so actively promote the model. As a Board we are consistently amazed by their motivation and commitment, for which we unreservedly express our gratitude. Volunteers are at the heart of what we do, enabling the model to thrive. Volunteering delivers well documented benefits not only to the beneficiaries but to the volunteers themselves.

As ever, our driving force and inspiration remains Ellie Lindsay OBE, Life President and Founder. Her passion and commitment is the reason why so many people give their time to support the Foundation. Ellie serves on the board of The Medical Technology Group, a non-profit collective of patient groups, research charities, and medical device manufacturers that advises Govt on healthcare policy.

Ellie plays an active role within the All-Party Parliamentary Group on Vascular and Venous Disease, which allows MPs, Peers, clinicians, patients, and industry representatives to discuss related issues. Through her role, Ellie champions collaboration between diverse stakeholders and advocates for equitable access to innovative medical technologies. Her leadership has contributed to initiatives aimed at improving patient outcomes and shaping health policy at both national and local levels.

Board Information

A number of Board changes took place through the year.

Tomas Morel and Kristina Stiles resigned as Trustees to focus on their own careers. In appointing new Trustees we take care to ensure they bring a diverse range of skills and experiences. In this regard I am delighted to announce the following appointments that were made during the year:

Anthony Kerr: Anthony was appointed 18 January 2024 and has been involved in woundcare for many years, having managed various healthcare titles at the Mark Allen publishing and events group, and now more recently setting up his own Clinical research organisation.

Alison Scofield: Alison is a registered nurse specialising in tissue viability with more than 20 years of experience in the NHS. She has contributed to the development and support of health and social care services, aiming to improve patient outcomes.

In previous reports I mentioned that Ellie was stepping back from her day to day role in running and liaising with individual Leg Clubs, and I am delighted to report that Maria Poole, a clinical specialist with a specific background in wound management has taken over this role and is doing an excellent job working with individual Leg Clubs to help ensure the smooth running of their operations and ensure that we continue to collect vital evidence data.

Lynn Bullock has been a constant to the Board, the Leg Clubs, and personal support Ellie herself since 2005. Lynn announced her retirement as Leg Club Administrator in March. Her presence has been integral to our charity's growth, she has regularly attended events and exhibitions, and been a constant support to both myself and the Board. Lynn's dedication, hard work, and loyalty have been vital for our achievements, and the Club community has flourished because of her efforts. Although her daily presence will be greatly missed, Lynn's impact will endure as she takes on the role of Leg Club Ambassador and will continue to

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

support Ellie as her Conference organiser. A new Leg Club Administrator, Tara King, has been appointed effective June 2025 and we welcome her to her new role.

Third Party Partnerships

Leg Club Industry Partners (LCIP)

The LCIP have again continued to support the Foundation with unfailing commitment and financial support. The Foundation Charity would again like to acknowledge and thank our LCIP advocates without which we could not exist. In conjunction with the LCIP this year we are spearheading a campaign that highlights the systemic deficiencies in vascular care and advocates for immediate government intervention. The lack of central funding for diagnostic equipment, the strained NHS, and geographical disparities in access to essential tools such as Handheld Doppler and ABPI machines have created a postcode lottery for individuals requiring lower limb assessments. Our primary goal as a group is to raise awareness among Members of Parliament and NHS decision makers regarding these shortcomings. Through our collaborative efforts, we are significantly increasing awareness within NHS circles, government and the public.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

Annual Leg Club Conference

The Annual Leg Club Conference, which is run independently of the Foundation but in support of it, took place for the second time this year at Worcestershire County Cricket Club in September. Once again, this unique mix of workshops and plenary sessions, featuring renowned UK and International speakers, coupled with the fantastic gala dinner, made the conference a great success with excellent delegate feedback. We were honoured with senior Department of Health representation and plans are well advanced for the 2025 event.

Highlights of the Year

Leg Clubs offer a welcoming space where members and volunteers alike find support, encouragement and friendship. The following showcases the vibrant community spirit that define the movement, from community involvement through interactive learning and exercise classes for overall physical and mental well-being:

Island Leg Club in Portland was honoured to be chosen as the Mayor's Charity of the Year for their outstanding Leg Club and community spirit

Brecon Leg Club moved to new premises and is particularly known to offer a supportive learning environment for multidisciplinary teams which includes medical students. Brecon highlights the excellent opportunity for healthcare professionals, whether student or established practitioners, to improve their understanding of complex wounds.

Guildford Leg Club is always extremely proactive and have introduced seated exercise classes, which occur bi-weekly (Otago seated exercises), to improve leg strength and reduce the risk of falls.

Nailsea Leg Club celebrated Easter with some lovely Easter biscuits, novel table decorations and of course, some beautifully decorated bonnets. The club's brilliant team of volunteers pulled out all the stops to make it a fun event. One of the volunteers decorated the bonnets and produced some beautiful Easter cards for members to take home, organised a tombola which included fundraising on behalf of the Foundation and there was a party atmosphere throughout.

The Best Foot Forward Leg Club in Poole held their annual charity walk along the Jurassic Coast on March 15th, involving friends, family, the Adams Practice Surgery, and a member's dog. Celebrating their 10th anniversary, the event aimed to raise funds for new equipment and support for the Club and the Leg Club Foundation. As in other Leg Clubs, The Leg Club team has successfully implemented an armchair exercise session which has received widespread acclaim and enthusiasm from both members and volunteers.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

Financial Review

The Foundation remains in a strong financial position due to the continued backing from LCIP members, charitable donations, and various fund-raising activities. Our accounts are audited independently by Churchgates Accountants, Bury St Edmunds and can be viewed on the Charity Commission website:

<https://register-of-charities.charitycommission.gov.uk/charity-search/-/charity-details/4014745/accounts-and-annual-returns>

Total income down by £22k to £80k. Costs were £94k compared to £100k for 2023/2024 and therefore we have been able to carry forward £188k into 2026.

The current account balance together with the savings account balance at 31 March 2025 stood at a healthy £153,956 of which £14,733 is in a number of restricted funds.

Reserves Policy

The Charity does not hold significant reserves which can be invested. Any income not required for immediate needs is put on deposit to maximise interest and drawn upon as required. The Charity had unrestricted general reserves of £173,095 at 31 March 2025 which equates to over six months operational costs. The Charity aims to hold four months costs in reserves.

Investment powers and policy

The Charity does not hold significant surplus assets which can be invested. In the event of there being any funds to invest, availability of funds together with risk-free investment are the key criteria for investment.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management

Legal Status and Governing Document

The Charity is incorporated as a company limited by guarantee, company number 05360413, on 10 February 2005 (as amended by special resolution dated 25 August 2005), and was registered with the Charity Commission on 12 September 2005, under charity number 1111259. The governing documents of the Charity are the Memorandum and Articles of Association.

The directors who served during the year were:

M Hoskins (Chairman)
E Lindsay
J Smith (resigned 04 October 2024)
S Williams (resigned 03 December 2024)
C McIntyre
N McIntyre
J Geraghty
T Morel (resigned 26 November 2024)
K Stiles (resigned 23 October 2024)
H Tickner (resigned 16 June 2025)
P R P Goodman
A O Kerr
E S Clews (resigned 15 July 2025)
Mrs A Schofield (appointed 27 November 2024)
M G Farrington (appointed 28 July 2025)
D A Hutchinson (appointed 18 August 2025)

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

Appointment and induction of trustees

The Board of trustees are elected at the AGM and subject to one third of the Board submitting to re-election at each subsequent AGM. Trustees have defined responsibilities and most service on specific committees or groups alongside the main Board.

Trustees are asked to submit a resume of their interests and abilities in support of their election, and on commencing their appointment will be supported through induction to help them become fully effective.

Organisational structure

Members of the Trustee Board, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 5.

The Trustee Board consists of a maximum of 14 who meet on a quarterly basis and they are responsible for the strategic direction of the Charity. A quorum at a meeting of the trustees is three trustees.

Members of the Charity each guarantee to contribute an amount not exceeding £1 to the assets of the Charity in the event of a winding up.

Risk management

Trustees are at all times aware of the financial state of the Charity. The Charity has two forms of insurance:

- (1) Employers' Liability Insurance (£5 million) which covers public liability, products liability, personal accident, money and legal expenses, and
- (2) Trustees Indemnity Insurance

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the Charity. These procedures are periodically reviewed to ensure that they still meet the needs of the Charity.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

Independent examiner

Mr R Jackson of Churchgate Accountants Limited offers himself for appointment as independent examiner to the charity.

This report is prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The Trustees' annual report was approved by the Board of Directors.



Mr M Hoskins

Chairman

Dated: 26.11.2025

THE LINDSAY LEG CLUB FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
<u>Income from:</u>					
Donations and legacies	3	17,597	600	18,197	23,902
Charitable activities	4	55,000	-	55,000	65,000
Other trading activities		3,822	-	3,822	10,586
Investments	6	3,458	-	3,458	2,930
Total income		79,877	600	80,477	102,418
<u>Expenditure on:</u>					
Raising funds		-	-	-	-
Charitable activities		88,927	5,230	94,157	99,688
Total	7	88,927	5,230	94,157	99,688
Net income/(expenditure)		(9,050)	(4,630)	(13,680)	2,730
Transfers between funds		-	-	-	-
Net movement in funds		(9,050)	(4,630)	(13,680)	2,730
Total funds brought forward		182,145	19,363	201,508	198,778
Total funds carried forward	13	173,095	14,733	187,828	201,508

THE LINDSAY LEG CLUB FOUNDATION
BALANCE SHEET
AS AT 31 MARCH 2025

		2025	2024
	Notes		
Current assets			
Debtors	11	40,000	35,000
Prepayment		1,080	-
Cash at bank and in hand		153,956	178,608
		<u>195,036</u>	<u>213,608</u>
Creditors: amounts falling due within one year	12	(7,208)	(12,100)
Net Assets		<u>187,828</u>	<u>201,508</u>
Financed by:			
The funds of the charity			
Restricted funds		14,733	19,363
Unrestricted funds	13		
- general reserves		173,095	182,145
		<u>187,828</u>	<u>201,508</u>


For the year ended 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 of the Companies Act 2006.

The trustees / directors have acknowledged their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the special provisions applicable to companies subject to small companies' regime.

The financial statements were approved by the board of directors and authorised for issue on 26.11.2025 and signed on its behalf by:


 Mr M Hoskins
 Chairman

Company Registration No. 05360413

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Company information

The Lindsay Leg Club Foundation is a company limited by guarantee not having a share capital. In the event of a winding up of the company every member agrees to contribute such amount as may be required (not exceeding £1) to the Charity's assets if it should be wound up while he or she is a member or within one year after he or she ceases to be a member, for payment of the Charity's debts and liabilities contracted before he or she ceases to be a member, and of the costs charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts have not included a statement of cash flows per Update Bulletin 1 of charities SORP (FRS102) as The Lindsay Leg Club Foundation is not a large charity.

The accounts are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the directors in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies (continued)

1.4 Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. All income is shown gross.

Revenue grants are recognised in the Statement of Financial Activities in the year to which the relevant expenditure relates.

Income is deferred when performance related grants are received in advance of the performance of events to which they relate.

Donations and Investment income are credited to the SOFA when receivable.

1.5 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- Support costs are those costs incurred in the management and administration of the charitable activities. Support costs are allocated to activities based on their proportion of man hours.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalent

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Derecognition of financial liabilities

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies (continued)

1.10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgments, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3	Donations	Unrestricted funds	Restricted funds	Total 2025	Total 2024
		£	£	£	£
	Voluntary income	17,597	600	18,197	5,902
	Grants of a general nature	-	-	-	18,000
		<u>17,597</u>	<u>600</u>	<u>18,197</u>	<u>23,902</u>
	Income from charitable activities	Unrestricted funds	Restricted funds	Total 2025	Total 2024
4	Grants	55,000	-	55,000	65,000
		<u>55,000</u>	<u>-</u>	<u>55,000</u>	<u>65,000</u>
	Income from other trading activities	Unrestricted funds	Restricted funds	Total 2025	Total 2024
5	Merchandise	-	-	-	-
	Conference	3,822	-	3,822	10,586
		<u>3,822</u>	<u>-</u>	<u>3,822</u>	<u>10,586</u>

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

6	Investment income	Unrestricted funds	Restricted funds	Total 2024	Total 2023
		£	£	£	£
	Interest – bank	3,458	-	3,458	2,930
		<u>3,458</u>	<u>-</u>	<u>3,458</u>	<u>2,930</u>

In the year ended 31 March 2024 £1,800 of all income received related to restricted fund income.

In the year ended 31 March 2024 £100,618 of all income received related to unrestricted fund income.

7	Expenditure on charitable activities	Unrestricted funds	Restricted funds	Total 2025	Total 2024
		£	£	£	£
	Leg Clubs	-	-	-	890
	Conference	6,944	-	6,944	11,823
	Grant projects	-	5,230	5,230	6,647
	Website, social media and computer costs	6,116	-	6,116	1,830
	Printing	-	-	-	3,906
	Exhibitions	4,749	-	4,749	4,004
	Design costs	2,940	-	2,940	5,117
	Support costs (note 8)	56,991	-	56,991	51,649
	Governance costs	11,187	-	11,187	13,822
		<u>88,927</u>	<u>5,230</u>	<u>94,157</u>	<u>99,688</u>

8	Support costs	Support Costs	Governance Costs	Total 2025	Total 2024
		£	£	£	£
	Independent examiner	-	2,208	2,208	2,100
	Trustees expenses	-	2,647	2,647	5,983
	Consultants fees	44,122	4,902	49,024	45,737
	Travel expenses	10,127	1,125	11,252	9,112
	Office expenses	1,994	222	2,216	1,522
	Other costs	59	7	66	180
	Subscriptions	235	26	261	288
	Trustee insurance	454	50	504	549
		<u>56,991</u>	<u>11,187</u>	<u>68,178</u>	<u>65,471</u>

In the year ended 31 March 2024 £7,537 of all expenditure related to restricted fund expenditure.

In the year ended 31 March 2024 £92,151 of all expenditure related to unrestricted fund expenditure.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

9	Operating (deficit)	2025	2024
	Operating (deficit) for the year is stated after charging/(crediting):		
	Fees payable for the independent examination of the company's annual accounts.	2,208	2,100
		<u>2,208</u>	<u>2,100</u>
10	Directors		
	During the year E Lindsay received payments of £30,000 (2024: £30,000) as a consultant to the charity. The charity has received permission from the Charity Commission to make payments to her.		
	No other trustee received payment during the year other than reimbursed expenses of £2,378 (2024: £2,532) which were paid to 10 trustees (2024: 8 trustee).		
	The trustees did not receive any remuneration during the year.		
11	Debtors	2025	2024
	Amounts falling due within one year:	£	£
	Prepayments and accrued income	<u>41,080</u>	<u>35,000</u>
12	Creditors: amounts falling due within one year	2025	2024
		£	£
	Other creditors	<u>7,208</u>	<u>12,100</u>
		<u>7,208</u>	<u>12,100</u>

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

13 Charitable funds – movements – current year

Restricted funds

The income funds of the charity include restricted funds comprising the following unexpected balances of donations and grants held on the trust for specific purposes:

	Balance at 1 April 2024	Incoming resources	Resources expended	Transfers	Balance at 31 March 2025
	£	£	£	£	£
Grant – Urgo Foundation	1,375	-	(1,375)	-	-
Grant – Scholarship fund	5,503	600	(2,855)	-	3,248
Leg Club Sponsorship	660	-	-	-	660
Leg Clubs	292	-	-	-	292
Dissemination	1,000	-	(1,000)	-	-
Expansion project	4,177	-	-	-	4,177
Data training + collection	4,400	-	-	-	4,400
WUWHS	1,956	-	-	-	1,956
	<u>19,363</u>	<u>600</u>	<u>(5,230)</u>	<u>-</u>	<u>14,733</u>
Unrestricted funds					
Designated funds	-	-	-	-	-
General reserves	182,145	79,877	(88,927)	-	173,095
	<u>201,508</u>	<u>80,477</u>	<u>(94,157)</u>	<u>-</u>	<u>187,828</u>

Designated reserve: A designated reserve is no longer required as the conference is no longer organised by The Lindsay Leg Club Foundation.

General reserve: General reserves represent the free funds of the charity which are not designated for a particular purpose.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Charitable funds – movements – prior year

Restricted funds

The income funds of the charity include restricted funds comprising the following unexpected balances of donations and grants held on the trust for specific purposes:

	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	Balance at 31 March 2024
	£	£	£	£	£
Grant – Urgo Foundation	1,375	-	-	-	1,375
Grant – Scholarship fund	6,823	1,800	(3,120)	-	5,503
Leg Club Sponsorship	660	-	-	-	660
Leg Clubs	1,182	-	(890)	-	292
Dissemination	1,000	-	-	-	1,000
Leaflets	810	-	(810)	-	-
Expansion project	6,894	-	(2,717)	-	4,177
Data training	4,400	-	-	-	4,400
WUWHS	1,956	-	-	-	1,956
	25,100	1,800	(7,537)	-	19,363
Unrestricted funds					
Designated funds	-	-	-	-	-
General reserves	173,678	100,618	(92,151)	-	182,145
	198,778	102,418	(99,688)	-	201,508

14 Transfer between funds

No transfers were made in the year ended 31 March 2025 (2024: £nil).

THE LINDSAY LEG CLUB FOUNDATION

INDEPENDENT EXAMINER'S REPORT

TO THE MEMBERS OF THE LINDSAY LEG CLUB FOUNDATION

Independent Examiner's Report to the Trustees of the Lindsay Leg Club foundation

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Respective responsibilities of trustees and examiner

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

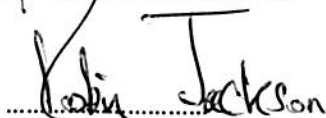
Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

Basis of independent examiner's statement

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Robin Jackson

Churchgate Accountants Limited
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IP33 1NE