

THE LINDSAY LEG CLUB FOUNDATION

England & Wales · Charity number 1111259

Details

Status	Registered
Legal form	Charitable company
Company number	05360413
Registered	2005-09-12
Register	View on the Charity Commission register

Contact

Address	Po Box No 243 Port Talbot Wales SA13 9FP
Phone	07855616354
Email	info@legclub.org
Website	www.legclub.org

Activities

Objects: PROTECTING AND PRESERVING HEALTH AMONGST THOSE EXPERIENCING OR AT RISK OF EXPERIENCING LEG ULCERS AND/OR ASSOCIATED CONDITIONS, IN PARTICULAR BY:(1) DISSEMINATING AND FACILITATING THE IMPLEMENTATION OF THE LINDSAY LEG CLUB MODEL;(2) ADVISING ON AND PROMOTING THE PROVISION AND USE OF MODERN EQUIPMENT, SERVICES AND FACILITIES AIMED AT DIAGNOSING, PREVENTING AND TREATING LEG ULCERS AND/OR ASSOCIATED CONDITIONS; AND (3) ADVANCING EDUCATION IN AND INCREASING THE UNDERSTANDING AND AWARENESS OF LEG ULCERS AND ASSOCIATED CONDITIONS AND HOW THEY CAN BE DIAGNOSED, PREVENTED AND TREATED.

Activities: Our Mission: Healthy Legs for LifeMain Objective: The facilitating and managing the co-ordinated growth of Leg Clubs throughout England, Wales and Scotland. Systematic demographic, clinical and financial audit is a key feature of Leg Club practice.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Elderly/old People, The General Public/mankind

Geography

- **Area of benefit:** NATIONAL
- Australia
- Finland
- Germany
- Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£80,477	£94,157	-	-
2024-03-31	£107,618	£104,888	-	-
2023-03-31	£120,276	£90,007	-	-
2022-03-31	£95,917	£68,551	-	-
2021-03-31	£113,508	£63,146	-	-

Trustees

Name	Role	Appointed
Michael Hoskins	Chair	2019-03-04
Anthony Kerr		2024-01-18
Barbara Harpham		2026-03-18
CAROL MCINTRE		2018-07-20
David Michael John Dawson		2026-03-26
ELLIE LINDSAY OBE		
Gavin Dummett		2026-05-27
Jemell Geraghty		2021-03-16
NEIL MCINTYRE		2018-03-05
Paul Ralph Richard Goodman		2023-11-01
William David McWilliam CBE		2026-05-26

THE LINDSAY LEG CLUB FOUNDATION

England & Wales - Charity number 1111259

Accounts

Charity Registration No. 1111259

Company Registration No. 05360413 (England and Wales)

THE LINDSAY LEG CLUB FOUNDATION
(a company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

THE LINDSAY LEG CLUB FOUNDATION

LEGAL AND ADMINISTRATIVE INFORMATION

Directors Trustees	M Hoskins (Chairman) E Lindsay C McIntyre N McIntyre J Geraghty A O Kerr P R P Goodman A Schofield M G Farrington D A Hutchinson
Charity number	1111259
Company number	05360413
Registered office	18 Langton Place Bury St Edmunds IP33 1NE
Independent examiner	Robin Jackson Churchgate Accountants Ltd 18 Langton Place Bury St Edmunds IP33 1NE
Bankers	CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling ME19 4JQ
Solicitors	Ellisons Legal LLP 146 King's Road Bury St Edmunds

THE LINDSAY LEG CLUB FOUNDATION

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THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

The directors present their report and accounts for the year ended 31 March 2025.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)"

Objectives and activities

The charitable objects are:

Protecting and preserving health amongst those experiencing or at risk of experiencing leg ulcers and/or associated conditions, in particular by:

- (1) Disseminating and facilitating the implementation of the Lindsay Leg Club model;
- (2) Advising on and promoting the provision and use of modern equipment, services and facilities aimed at diagnosing, preventing and treating leg ulcers and or/associated conditions; and
- (3) Advising education in and increasing the understanding and awareness of leg ulcers and associated conditions and how they can be diagnosed, prevented and treated.

Public benefit

In reviewing the year, the trustees have taken into account the Charity Commission's guidance on public benefit and the two principles that:

- There must be an identifiable benefit or benefits, and
- The benefit must be to the public or a section of the public.

They have also considered the specific guidance on charities for the advancement of education and health.

It is their belief that, given the objects of the Charity and its record of activities over the year, the Lindsay Leg Club Foundation provides identifiable benefits which are open to all who experience or are at risk of experiencing leg ulcers and/or associated conditions; and also is promoting better understanding of leg ulcer care amongst relevant health professionals.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

Achievements and Performance

In last year's report I referred to the impact that the after-effects of COVID were having on the re-opening of Leg Clubs given that we are a Community based service dedicated to supporting older people in the Community. We have been more impacted than most charities given our strong community focus and the age profile of our members. Nevertheless, it is encouraging to report that during the year a number of Leg Clubs have re-opened and interest from NHS providers is increasing again as our community based, self-help and holistic approach is completely in line with if not ahead of Government healthcare policy.

As always we need to prove our relevance and efficacy to the NHS and face the never-ending challenge of demonstrating that we deliver real value for money. On the one hand we continue to see interest in opening new Leg Clubs, on the other the existing Leg Club estate is always under pressure to justify their existence in spite of the cost-effective information we have generated and published. It is positive to report however that as the months go by we are now getting ever more interest to open new Leg Clubs and that the model remains as relevant as ever.

Our Founder and Life President Ellie Lindsay continues to represent the Foundation at the highest levels of Government where the Leg Club model is well profiled and regarded. The challenge remains to get the model more widely adopted at grass roots level where there are always competing challenges for resource within the NHS. The growth of the model within each specific area depends upon strong local champions and where we have these the model is thriving and growing.

We firmly believe the Leg Club model is the epitome of what modern healthcare is aiming to be by providing effective, holistic, quality care that encourages and enables successful self-management of a long-term condition that will improve wellbeing and quality of life and mitigates against hospital admissions.

We are among only a few nurse-led clinics that are held outside a medical setting, which puts us in the company of organisations who do such important work as family planning, drug/needle exchange centres and homeless centres. Like them we are intrinsically led by a social model of care, devoted to the well being of our members, with our clinics taking place deep within the heart of the communities that we serve.

The social approach of Leg Clubs act as a catalyst to create a sense of community, re-socialising people who have become isolated through illness and providing opportunities for them to play significant voluntary roles within their communities. Many of our members have commented on their reluctance to visit a medical centre for treatment, while they have found that attending a clinic in a social setting has given them a sense of purpose. Countless members confirmed that mixing with fellow members experiencing treatment in a social setting has helped overcome the stigma associated with their leg ulcers. This network of mutual support and friendship has provided a strong sense of motivation for the clinical teams, members, and their loved ones.

Much of the day-to-day work to support Leg Clubs is driven by the Leg Club Industry Partners (LCIP). Industry continues to provide the majority of our funding and are committed to support the Leg Clubs in spite of the commercial challenges they face, a clear sign of their commitment to support best possible standards of care within the NHS. The Board again thank the LCIP for their financial support, as well as their heartfelt drive and enthusiasm for the Model.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

In addition to the support of Industry, the Leg Clubs could not exist without all the amazing volunteers and the work they do to run their clubs, the many other funders who help support us, and the dedication of our committed NHS nursing teams who so actively promote the model. As a Board we are consistently amazed by their motivation and commitment, for which we unreservedly express our gratitude. Volunteers are at the heart of what we do, enabling the model to thrive. Volunteering delivers well documented benefits not only to the beneficiaries but to the volunteers themselves.

As ever, our driving force and inspiration remains Ellie Lindsay OBE, Life President and Founder. Her passion and commitment is the reason why so many people give their time to support the Foundation. Ellie serves on the board of The Medical Technology Group, a non-profit collective of patient groups, research charities, and medical device manufacturers that advises Govt on healthcare policy.

Ellie plays an active role within the All-Party Parliamentary Group on Vascular and Venous Disease, which allows MPs, Peers, clinicians, patients, and industry representatives to discuss related issues. Through her role, Ellie champions collaboration between diverse stakeholders and advocates for equitable access to innovative medical technologies. Her leadership has contributed to initiatives aimed at improving patient outcomes and shaping health policy at both national and local levels.

Board Information

A number of Board changes took place through the year.

Tomas Morel and Kristina Stiles resigned as Trustees to focus on their own careers. In appointing new Trustees we take care to ensure they bring a diverse range of skills and experiences. In this regard I am delighted to announce the following appointments that were made during the year:

Anthony Kerr: Anthony was appointed 18 January 2024 and has been involved in woundcare for many years, having managed various healthcare titles at the Mark Allen publishing and events group, and now more recently setting up his own Clinical research organisation.

Alison Scofield: Alison is a registered nurse specialising in tissue viability with more than 20 years of experience in the NHS. She has contributed to the development and support of health and social care services, aiming to improve patient outcomes.

In previous reports I mentioned that Ellie was stepping back from her day to day role in running and liaising with individual Leg Clubs, and I am delighted to report that Maria Poole, a clinical specialist with a specific background in wound management has taken over this role and is doing an excellent job working with individual Leg Clubs to help ensure the smooth running of their operations and ensure that we continue to collect vital evidence data.

Lynn Bullock has been a constant to the Board, the Leg Clubs, and personal support Ellie herself since 2005. Lynn announced her retirement as Leg Club Administrator in March. Her presence has been integral to our charity's growth, she has regularly attended events and exhibitions, and been a constant support to both myself and the Board. Lynn's dedication, hard work, and loyalty have been vital for our achievements, and the Club community has flourished because of her efforts. Although her daily presence will be greatly missed, Lynn's impact will endure as she takes on the role of Leg Club Ambassador and will continue to

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

support Ellie as her Conference organiser. A new Leg Club Administrator, Tara King, has been appointed effective June 2025 and we welcome her to her new role.

Third Party Partnerships

Leg Club Industry Partners (LCIP)

The LCIP have again continued to support the Foundation with unfailing commitment and financial support. The Foundation Charity would again like to acknowledge and thank our LCIP advocates without which we could not exist. In conjunction with the LCIP this year we are spearheading a campaign that highlights the systemic deficiencies in vascular care and advocates for immediate government intervention. The lack of central funding for diagnostic equipment, the strained NHS, and geographical disparities in access to essential tools such as Handheld Doppler and ABPI machines have created a postcode lottery for individuals requiring lower limb assessments. Our primary goal as a group is to raise awareness among Members of Parliament and NHS decision makers regarding these shortcomings. Through our collaborative efforts, we are significantly increasing awareness within NHS circles, government and the public.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

Annual Leg Club Conference

The Annual Leg Club Conference, which is run independently of the Foundation but in support of it, took place for the second time this year at Worcestershire County Cricket Club in September. Once again, this unique mix of workshops and plenary sessions, featuring renowned UK and International speakers, coupled with the fantastic gala dinner, made the conference a great success with excellent delegate feedback. We were honoured with senior Department of Health representation and plans are well advanced for the 2025 event.

Highlights of the Year

Leg Clubs offer a welcoming space where members and volunteers alike find support, encouragement and friendship. The following showcases the vibrant community spirit that define the movement, from community involvement through interactive learning and exercise classes for overall physical and mental well-being:

Island Leg Club in Portland was honoured to be chosen as the Mayor's Charity of the Year for their outstanding Leg Club and community spirit

Brecon Leg Club moved to new premises and is particularly known to offer a supportive learning environment for multidisciplinary teams which includes medical students. Brecon highlights the excellent opportunity for healthcare professionals, whether student or established practitioners, to improve their understanding of complex wounds.

Guildford Leg Club is always extremely proactive and have introduced seated exercise classes, which occur bi-weekly (Otago seated exercises), to improve leg strength and reduce the risk of falls.

Nailsea Leg Club celebrated Easter with some lovely Easter biscuits, novel table decorations and of course, some beautifully decorated bonnets. The club's brilliant team of volunteers pulled out all the stops to make it a fun event. One of the volunteers decorated the bonnets and produced some beautiful Easter cards for members to take home, organised a tombola which included fundraising on behalf of the Foundation and there was a party atmosphere throughout.

The Best Foot Forward Leg Club in Poole held their annual charity walk along the Jurassic Coast on March 15th, involving friends, family, the Adams Practice Surgery, and a member's dog. Celebrating their 10th anniversary, the event aimed to raise funds for new equipment and support for the Club and the Leg Club Foundation. As in other Leg Clubs, The Leg Club team has successfully implemented an armchair exercise session which has received widespread acclaim and enthusiasm from both members and volunteers.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

Financial Review

The Foundation remains in a strong financial position due to the continued backing from LCIP members, charitable donations, and various fund-raising activities. Our accounts are audited independently by Churchgates Accountants, Bury St Edmunds and can be viewed on the Charity Commission website:

<https://register-of-charities.charitycommission.gov.uk/charity-search/-/charity-details/4014745/accounts-and-annual-returns>

Total income down by £22k to £80k. Costs were £94k compared to £100k for 2023/2024 and therefore we have been able to carry forward £188k into 2026.

The current account balance together with the savings account balance at 31 March 2025 stood at a healthy £153,956 of which £14,733 is in a number of restricted funds.

Reserves Policy

The Charity does not hold significant reserves which can be invested. Any income not required for immediate needs is put on deposit to maximise interest and drawn upon as required. The Charity had unrestricted general reserves of £173,095 at 31 March 2025 which equates to over six months operational costs. The Charity aims to hold four months costs in reserves.

Investment powers and policy

The Charity does not hold significant surplus assets which can be invested. In the event of there being any funds to invest, availability of funds together with risk-free investment are the key criteria for investment.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management

Legal Status and Governing Document

The Charity is incorporated as a company limited by guarantee, company number 05360413, on 10 February 2005 (as amended by special resolution dated 25 August 2005), and was registered with the Charity Commission on 12 September 2005, under charity number 1111259. The governing documents of the Charity are the Memorandum and Articles of Association.

The directors who served during the year were:

M Hoskins (Chairman)
E Lindsay
J Smith (resigned 04 October 2024)
S Williams (resigned 03 December 2024)
C McIntyre
N McIntyre
J Geraghty
T Morel (resigned 26 November 2024)
K Stiles (resigned 23 October 2024)
H Tickner (resigned 16 June 2025)
P R P Goodman
A O Kerr
E S Clews (resigned 15 July 2025)
Mrs A Schofield (appointed 27 November 2024)
M G Farrington (appointed 28 July 2025)
D A Hutchinson (appointed 18 August 2025)

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

Appointment and induction of trustees

The Board of trustees are elected at the AGM and subject to one third of the Board submitting to re-election at each subsequent AGM. Trustees have defined responsibilities and most service on specific committees or groups alongside the main Board.

Trustees are asked to submit a resume of their interests and abilities in support of their election, and on commencing their appointment will be supported through induction to help them become fully effective.

Organisational structure

Members of the Trustee Board, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 5.

The Trustee Board consists of a maximum of 14 who meet on a quarterly basis and they are responsible for the strategic direction of the Charity. A quorum at a meeting of the trustees is three trustees.

Members of the Charity each guarantee to contribute an amount not exceeding £1 to the assets of the Charity in the event of a winding up.

Risk management

Trustees are at all times aware of the financial state of the Charity. The Charity has two forms of insurance:

- (1) Employers' Liability Insurance (£5 million) which covers public liability, products liability, personal accident, money and legal expenses, and
- (2) Trustees Indemnity Insurance

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the Charity. These procedures are periodically reviewed to ensure that they still meet the needs of the Charity.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

Independent examiner

Mr R Jackson of Churchgate Accountants Limited offers himself for appointment as independent examiner to the charity.

This report is prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The Trustees' annual report was approved by the Board of Directors.


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Mr M Hoskins

Chairman

Dated: 26.11.2025

THE LINDSAY LEG CLUB FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
<u>Income from:</u>					
Donations and legacies	3	17,597	600	18,197	23,902
Charitable activities	4	55,000	-	55,000	65,000
Other trading activities		3,822	-	3,822	10,586
Investments	6	3,458	-	3,458	2,930
Total income		79,877	600	80,477	102,418
<u>Expenditure on:</u>					
Raising funds		-	-	-	-
Charitable activities		88,927	5,230	94,157	99,688
Total	7	88,927	5,230	94,157	99,688
Net income/(expenditure)		(9,050)	(4,630)	(13,680)	2,730
Transfers between funds		-	-	-	-
Net movement in funds		(9,050)	(4,630)	(13,680)	2,730
Total funds brought forward		182,145	19,363	201,508	198,778
Total funds carried forward	13	173,095	14,733	187,828	201,508

THE LINDSAY LEG CLUB FOUNDATION
BALANCE SHEET
AS AT 31 MARCH 2025

		2025	2024
	Notes		
Current assets			
Debtors	11	40,000	35,000
Prepayment		1,080	-
Cash at bank and in hand		153,956	178,608
		<u>195,036</u>	<u>213,608</u>
Creditors: amounts falling due within one year	12	(7,208)	(12,100)
Net Assets		<u>187,828</u>	<u>201,508</u>
Financed by:			
The funds of the charity			
Restricted funds		14,733	19,363
Unrestricted funds	13		
- general reserves		173,095	182,145
		<u>187,828</u>	<u>201,508</u>

For the year ended 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 of the Companies Act 2006.

The trustees / directors have acknowledged their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the special provisions applicable to companies subject to small companies' regime.

The financial statements were approved by the board of directors and authorised for issue on 26.11.2025 and signed on its behalf by:


 Mr M Hoskins
 Chairman

Company Registration No. 05360413

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Company information

The Lindsay Leg Club Foundation is a company limited by guarantee not having a share capital. In the event of a winding up of the company every member agrees to contribute such amount as may be required (not exceeding £1) to the Charity's assets if it should be wound up while he or she is a member or within one year after he or she ceases to be a member, for payment of the Charity's debts and liabilities contracted before he or she ceases to be a member, and of the costs charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts have not included a statement of cash flows per Update Bulletin 1 of charities SORP (FRS102) as The Lindsay Leg Club Foundation is not a large charity.

The accounts are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the directors in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies (continued)

1.4 Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. All income is shown gross.

Revenue grants are recognised in the Statement of Financial Activities in the year to which the relevant expenditure relates.

Income is deferred when performance related grants are received in advance of the performance of events to which they relate.

Donations and Investment income are credited to the SOFA when receivable.

1.5 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- Support costs are those costs incurred in the management and administration of the charitable activities. Support costs are allocated to activities based on their proportion of man hours.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalent

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Derecognition of financial liabilities

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies (continued)

1.10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgments, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3	Donations	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
	Voluntary income	17,597	600	18,197	5,902
	Grants of a general nature	-	-	-	18,000
		<u>17,597</u>	<u>600</u>	<u>18,197</u>	<u>23,902</u>
	Income from charitable activities	Unrestricted funds	Restricted funds	Total 2025	Total 2024
4	Grants	55,000	-	55,000	65,000
		<u>55,000</u>	<u>-</u>	<u>55,000</u>	<u>65,000</u>
	Income from other trading activities	Unrestricted funds	Restricted funds	Total 2025	Total 2024
5	Merchandise	-	-	-	-
	Conference	3,822	-	3,822	10,586
		<u>3,822</u>	<u>-</u>	<u>3,822</u>	<u>10,586</u>

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

6	Investment income	Unrestricted funds	Restricted funds	Total 2024	Total 2023
		£	£	£	£
	Interest – bank	3,458	-	3,458	2,930
		<u>3,458</u>	<u>-</u>	<u>3,458</u>	<u>2,930</u>

In the year ended 31 March 2024 £1,800 of all income received related to restricted fund income.

In the year ended 31 March 2024 £100,618 of all income received related to unrestricted fund income.

7	Expenditure on charitable activities	Unrestricted funds	Restricted funds	Total 2025	Total 2024
		£	£	£	£
	Leg Clubs	-	-	-	890
	Conference	6,944	-	6,944	11,823
	Grant projects	-	5,230	5,230	6,647
	Website, social media and computer costs	6,116	-	6,116	1,830
	Printing	-	-	-	3,906
	Exhibitions	4,749	-	4,749	4,004
	Design costs	2,940	-	2,940	5,117
	Support costs (note 8)	56,991	-	56,991	51,649
	Governance costs	11,187	-	11,187	13,822
		<u>88,927</u>	<u>5,230</u>	<u>94,157</u>	<u>99,688</u>

8	Support costs	Support Costs	Governance Costs	Total 2025	Total 2024
		£	£	£	£
	Independent examiner	-	2,208	2,208	2,100
	Trustees expenses	-	2,647	2,647	5,983
	Consultants fees	44,122	4,902	49,024	45,737
	Travel expenses	10,127	1,125	11,252	9,112
	Office expenses	1,994	222	2,216	1,522
	Other costs	59	7	66	180
	Subscriptions	235	26	261	288
	Trustee insurance	454	50	504	549
		<u>56,991</u>	<u>11,187</u>	<u>68,178</u>	<u>65,471</u>

In the year ended 31 March 2024 £7,537 of all expenditure related to restricted fund expenditure.

In the year ended 31 March 2024 £92,151 of all expenditure related to unrestricted fund expenditure.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

9 Operating (deficit)

	2025	2024
Operating (deficit) for the year is stated after charging/(crediting):		
Fees payable for the independent examination of the company's annual accounts.	2,208	2,100
	<u>2,208</u>	<u>2,100</u>

10 Directors

During the year E Lindsay received payments of £30,000 (2024: £30,000) as a consultant to the charity. The charity has received permission from the Charity Commission to make payments to her.

No other trustee received payment during the year other than reimbursed expenses of £2,378 (2024: £2,532) which were paid to 10 trustees (2024: 8 trustee).

The trustees did not receive any remuneration during the year.

11 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Prepayments and accrued income	<u>41,080</u>	<u>35,000</u>

12 Creditors: amounts falling due within one year

	2025 £	2024 £
Other creditors	7,208	12,100
	<u>7,208</u>	<u>12,100</u>

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

13 Charitable funds – movements – current year

Restricted funds

The income funds of the charity include restricted funds comprising the following unexpected balances of donations and grants held on the trust for specific purposes:

	Balance at 1 April 2024	Incoming resources	Resources expended	Transfers	Balance at 31 March 2025
	£	£	£	£	£
Grant – Urgo Foundation	1,375	-	(1,375)	-	-
Grant – Scholarship fund	5,503	600	(2,855)	-	3,248
Leg Club Sponsorship	660	-	-	-	660
Leg Clubs	292	-	-	-	292
Dissemination	1,000	-	(1,000)	-	-
Expansion project	4,177	-	-	-	4,177
Data training + collection	4,400	-	-	-	4,400
WUWHS	1,956	-	-	-	1,956
	<u>19,363</u>	<u>600</u>	<u>(5,230)</u>	<u>-</u>	<u>14,733</u>
Unrestricted funds					
Designated funds	-	-	-	-	-
General reserves	182,145	79,877	(88,927)	-	173,095
	<u>201,508</u>	<u>80,477</u>	<u>(94,157)</u>	<u>-</u>	<u>187,828</u>

Designated reserve: A designated reserve is no longer required as the conference is no longer organised by The Lindsay Leg Club Foundation.

General reserve: General reserves represent the free funds of the charity which are not designated for a particular purpose.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Charitable funds – movements – prior year

Restricted funds

The income funds of the charity include restricted funds comprising the following unexpected balances of donations and grants held on the trust for specific purposes:

	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	Balance at 31 March 2024
	£	£	£	£	£
Grant – Urgo Foundation	1,375	-	-	-	1,375
Grant – Scholarship fund	6,823	1,800	(3,120)	-	5,503
Leg Club Sponsorship	660	-	-	-	660
Leg Clubs	1,182	-	(890)	-	292
Dissemination	1,000	-	-	-	1,000
Leaflets	810	-	(810)	-	-
Expansion project	6,894	-	(2,717)	-	4,177
Data training	4,400	-	-	-	4,400
WUWHS	1,956	-	-	-	1,956
	25,100	1,800	(7,537)	-	19,363
Unrestricted funds					
Designated funds	-	-	-	-	-
General reserves	173,678	100,618	(92,151)	-	182,145
	198,778	102,418	(99,688)	-	201,508

14 Transfer between funds

No transfers were made in the year ended 31 March 2025 (2024: £nil).

THE LINDSAY LEG CLUB FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS OF THE LINDSAY LEG CLUB FOUNDATION

Independent Examiner's Report to the Trustees of the Lindsay Leg Club foundation

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Respective responsibilities of trustees and examiner

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

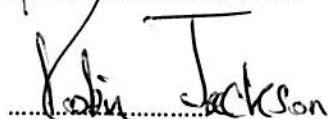
Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

Basis of independent examiner's statement

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Robin Jackson

Churchgate Accountants Limited
18 Langton Place
Bury St Edmunds
IP33 1NE

THE LINDSAY LEG CLUB FOUNDATION

England & Wales - Charity number 1111259

Accounts

Charity Registration No. 1111259

Company Registration No. 05360413 (England and Wales)

THE LINDSAY LEG CLUB FOUNDATION
(a company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

THE LINDSAY LEG CLUB FOUNDATION

LEGAL AND ADMINISTRATIVE INFORMATION

Directors Trustees	M Hoskins (Chairman) E Lindsay J Smith S Williams C McIntyre N McIntyre J Geraghty T Morel K Stiles H Tickner E S Clews A O Kerr P R P Goodman
Charity number	1111259
Company number	05360413
Registered office	18 Langton Place Bury St Edmunds IP33 1NE
Independent examiner	Robin Jackson Churchgate Accountants Ltd 18 Langton Place Bury St Edmunds IP33 1NE
Bankers	CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling ME19 4JQ
Solicitors	Gross & Co. 83/84 Guildhall Street Bury St Edmunds

THE LINDSAY LEG CLUB FOUNDATION

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Trustees’ Annual Report	1 – 7
Independent examiner’s report	8
Statement of financial activities	9
Balance sheet	10
Notes to the accounts	12 – 17

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

The directors present their report and accounts for the year ended 31 March 2024.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)"

Objectives and activities

The charitable objects are:

Protecting and preserving health amongst those experiencing or at risk of experiencing leg ulcers and/or associated conditions, in particular by:

- (1) Disseminating and facilitating the implementation of the Lindsay Leg Club model;
- (2) Advising on and promoting the provision and use of modern equipment, services and facilities aimed at diagnosing, preventing and treating leg ulcers and or/associated conditions; and
- (3) Advising education in and increasing the understanding and awareness of leg ulcers and associated conditions and how they can be diagnosed, prevented and treated.

Public benefit

In reviewing the year, the trustees have taken into account the Charity Commission's guidance on public benefit and the two principles that:

- There must be an identifiable benefit or benefits, and
- The benefit must be to the public or a section of the public.

They have also considered the specific guidance on charities for the advancement of education and health.

It is their belief that, given the objects of the Charity and its record of activities over the year, the Lindsay Leg Club Foundation provides identifiable benefits which are open to all who experience or are at risk of experiencing leg ulcers and/or associated conditions; and also is promoting better understanding of leg ulcer care amongst relevant health professionals.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Achievements and Performance

2023 was a year of recovery for the Foundation as Leg Clubs started to re-open and projects that had been delayed by COVID finally began to happen. However, although we saw some new Leg Club openings these were unfortunately balanced out by closures as some Clubs lacked support from the NHS to recover from COVID in spite of the needs of members.

In spite of the challenges we face to continue to get the model more widely accepted throughout the NHS we firmly believe the Leg Club model is the epitome of what modern healthcare is aiming to be by providing effective, holistic, quality care that encourages and enables successful self-management of a long-term condition that will improve wellbeing and quality of life and mitigates against hospital admissions.

We are among only a few nurse-led clinics that are held outside a medical setting, which puts us in the company of organisations who do such important work as family planning, drug/needle exchange centres and homeless centres. Like them we are intrinsically led by a social model of care, devoted to the well-being of our members, with our clinics taking place deep within the heart of the communities that we serve.

The social approach of Leg Clubs act as a catalyst to create a sense of community, re-socialising people who have become isolated through illness and providing opportunities for them to play significant voluntary roles within their communities. Many of our members have commented on their reluctance to visit a medical centre for treatment, while they have found that attending a clinic in a social setting has given them a sense of purpose. Countless members confirmed that mixing with fellow members experiencing treatment in a social setting has helped overcome the stigma associated with their leg ulcers. This network of mutual support and friendship has provided a strong sense of motivation for the clinical teams, members, and their loved ones.

Much of the day-to-day work to support Leg Clubs is driven by the Leg Club Industry Partners (LCIP). Industry continues to provide the majority of our funding and are committed to support the Leg Clubs in spite of the commercial challenges they face, a clear sign of their commitment to support best possible standards of care within the NHS. The Board again thank the LCIP for their financial support, as well as their heartfelt drive and enthusiasm for the Model.

In addition to the support of Industry, the Leg Clubs could not exist without all the amazing volunteers and the work they do to run their clubs, the many other funders who help support us, and the dedication of our committed NHS nursing teams who so actively promote the model. As a Board we are consistently amazed by their motivation and commitment, for which we unreservedly express our gratitude.

As ever, our driving force and inspiration remains Ellie Lindsay OBE, Life President and Founder. Her passion and commitment is the reason why so many people give their time to support the Foundation.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Board Information

A number of Board changes took place through the year, and we were also delighted to announce a new Patron.

Roland Renyi has been involved with the Leg Club Foundation since 2010, first as Trustee, then as Vice Chair and finally as its Chair between 2014 and 2017. The Board is delighted that he agreed to become a patron during the year.

We also welcomed three new Trustees; Paul Goodman, Tomas Morel and Kristina Stiles. These appointments build on the broad representation of skills, backgrounds and experiences that we have on our board, to help steer the charity towards its ambitious goals:

Paul Goodman : For many years Paul has been a long-term supporter of the Lindsay Leg Club model. He has held senior Management positions within both Wound Management and Mobility Industry.

Tomas Morel: Tomas is an accomplished healthcare public affairs and communications consultant with over a decade's experience working both in the UK and abroad.

Kristina Stiles: Kristina is a nurse with a background in burns and plastic surgery nursing and is an internationally recognised speaker. She is an advocate for the patient's voice, is a recipient of the "Outstanding Patient Care" and "Innovation in Care" awards and is also a proud Ambassador of the Children's Burns Trust.

In my last report I mentioned that Ellie was intending to step back from her role of managing the UK Leg Clubs to concentrate more on strategic work and international growth. We advised that we were appointing two consultants on a part time basis, to support and grow the movement within the UK. Although appointments were made, they were not ultimately successful and we are looking again how we can best manage the Leg Clubs in the UK given how difficult it has been to find the right candidates who have the time and flexibility to undertake the required roles.

Third Party Partnerships

Leg Club Industry Partners (LCIP)

The LCIP have again continued to support the Foundation throughout 2023 with unfailing commitment and donations. The LCIP provided invaluable support in the planning and preparation of our parliamentary reception on 26th April (see Highlights below) which met their stated goal of lobbying to improve patient care, improve the patient experience and stop the current postcode dependant variations in care.

The Foundation Charity would like to acknowledge and thank again our LCIP advocates.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Annual Leg Club Conference

The Annual Leg Club Conference was back in force this year after a two-year postponement due to COVID, and this time took place at Worcestershire County Cricket Club. We were all thrilled and motivated to be once again involved in such a wonderful, unique conference. This was an extra special conference as it was a chance to celebrate the belated Silver Jubilee (1995-2020) of the Leg Club model. Once again, this unique mix workshops and plenary sessions, couple with our fantastic gala dinner, made the conference a great success with fantastic delegate feedback, and plans are already now well advanced for the 2024 event.

Third Party Relationships

The focus of the psychosocial Leg Club model is to strive for collaboration between charitable organisations working to benefit patients and families. In October, Ellie was invited to actively participate in the British Lymphoedema Society conference this year. The topic Ellie Lindsay presented was on "Eliminating barriers in lower limb care through shared goals!"

Highlights of the Year

The multi-award-winning Best Foot Forward Leg Club in Poole, Dorset, held a party for the Kings Coronation, where volunteers dressed up as Hula girls, and provided a fantastic occasion for the Leg Club members and all involved within the Club community. As one volunteer has said 'If we get one smile from the Leg Club members when we appear in our hula outfits then it's been worth it, and our day is made!'

The Leg Club Favourites Recipe book conceived, created and funded by our Life Patron Ellie Lindsay has been a great success. All monies received from the sale of the book were 100% donated to the Leg Club Foundation and so directly support the work of Leg Clubs. As a result, in March of this year Ellie wrote a cheque to the Foundation for £15,000 which was most gratefully received.

Volunteering and self-reliance are at the heart of what we do, to which end we have an annual volunteer award. This year it was won by three members from Devizes Leg Club. As a result, all three were invited to attend the Annual Leg Club Gala Dinner and Conference. This is the second time that the volunteers of the Devizes Leg Club have received this award, which is only presented to one Leg Club each year, with nominations welcomed from all Leg Clubs internationally. The award was presented by our outstanding Leg Club ambassador Trudie Clark.

Our International Social Media Committee helps promote, show case, and bring to a wider audience the work of the Foundation and its Leg Club communities with an eclectic mix of news, and Podcast episodes. We now have 73 Podcasts available to listen to covering a wide range of topics from Clinical, Leg Clubs, being a Trustee and subjects such as music, art, and cycling which highlight the benefits these pastimes have on your mental health and wellbeing. The Leg Club Linked- In, X (Twitter) and Facebook channels continue to grow with a record number of followers. Our well-received Podcasts can be found on our Leg Club YouTube channel or via our website.

In April of this year Ellie hosted a Parliamentary reception to raise awareness among MPs of the hidden misery caused by chronic wounds, leg ulcers and related lower limb conditions entitled 'Shining a light on a hidden problem.' It was attended by MPs, third sector organisations involved with long term conditions, leaders in the wound care community and industry partners. Following this event, two important reports were published in major nursing journals 'Enough is enough...ensuring equity of access to wound care' and

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

'Transforming lower limb care by addressing the postcode lottery'. Both are rallying cries for the healthcare community to address the hidden epidemic of lower limb and wound care in the UK. They underscore the real urgency of creating a more equitable and effective landscape for patients grappling with these conditions. We are particularly grateful to MP Derek Thomas for his unstinting support for our cause and for his ongoing commitment in trying to make other MPs more aware of the issues associated with the lower limb.

After considerable research and analysis of our own database we have published a paper in the Journal of Wound Care on the significance and impact of the Well Leg regime on our members. This project, lasting over a year, was led by fellow trustee Dr Neil McIntyre along with colleagues from the UK and Australia, and analysed information on more than 17,000 members within our UK network and 266,000 recorded visits. It has significant implications as an assessment tool within the fields of leg health and wound management, and demonstrates real effectiveness when legs are continuously monitored after a leg ulcer has healed, as they are in our network of Leg Clubs.

Financial Review

In spite of our concerns related to the impact of COVID on fund raising, The Foundation remains in a strong financial position due to the continued backing from LCIP members, charitable donations, and various fund-raising activities. Our accounts are Independent Examiners by Churchgates Accountants, Bury St Edmunds and can be viewed on the Charity Commission website:

<https://register-of-charities.charitycommission.gov.uk/charity-search/-/charity-details/4014745/accounts-and-annual-returns>

Total income down by £17k to £102k. Costs were £100k compared to £90k for 2022/2023 and therefore we have been able to carry forward £201k into 2025.

The current account balance together with the savings account balance at 31 March 2024 stood at a healthy £178,608 of which £19,363 is in a number of restricted funds.

Reserves Policy

The Charity does not hold significant reserves which can be invested. Any income not required for immediate needs is put on deposit to maximise interest and drawn upon as required. The Charity had unrestricted general reserves of £181,945 at 31 March 2024 which equates to over six months operational costs. The Charity aims to hold four months costs in reserves.

Investment powers and policy

The Charity does not hold significant surplus assets which can be invested. In the event of there being any funds to invest, availability of funds together with risk-free investment are the key criteria for investment.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Structure, governance and management

Legal Status and Governing Document

The Charity is incorporated as a company limited by guarantee, company number 05360413, on 10 February 2005 (as amended by special resolution dated 25 August 2005), and was registered with the Charity Commission on 12 September 2005, under charity number 1111259. The governing documents of the Charity are the Memorandum and Articles of Association.

The directors who served during the year were:

M Hoskins (Chairman)
E Lindsay
J Smith
S Williams
C McIntyre
N McIntyre
J Geraghty
T Morel
K Stiles
H Tickner
P R P Goodman (appointed 1 November 2023)
A O Kerr (appointed 18 January 2024)
E S Clews (appointed 11 March 2024)

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Appointment and induction of trustees

The Board of trustees are elected at the AGM and subject to one third of the Board submitting to re-election at each subsequent AGM. Trustees have defined responsibilities and most service on specific committees or groups alongside the main Board.

Trustees are asked to submit a resume of their interests and abilities in support of their election, and on commencing their appointment will be supported through induction to help them become fully effective.

Organisational structure

Members of the Trustee Board, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 5.

The Trustee Board consists of a maximum of 14 who meet on a quarterly basis and they are responsible for the strategic direction of the Charity. A quorum at a meeting of the trustees is three trustees.

Members of the Charity each guarantee to contribute an amount not exceeding £1 to the assets of the Charity in the event of a winding up.

Risk management

Trustees are at all times aware of the financial state of the Charity. The Charity has two forms of insurance:

- (1) Employers' Liability Insurance (£5 million) which covers public liability, products liability, personal accident, money and legal expenses, and
- (2) Trustees Indemnity Insurance

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the Charity. These procedures are periodically reviewed to ensure that they still meet the needs of the Charity.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Independent examiner

Mr R Jackson of Churchgate Accountants Limited offers himself for appointment as independent examiner to the charity.

This report is prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The Trustees' annual report was approved by the Board of Directors.


.....
Mr M Hoskins

Chairman

Dated: 09/12/2024

THE LINDSAY LEG CLUB FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS OF THE LINDSAY LEG CLUB FOUNDATION

Independent Examiner's Report to the Trustees of the Lindsay Leg Club foundation

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Respective responsibilities of trustees and examiner

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

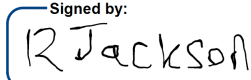
Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

Basis of independent examiner's statement

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed by:

A7D445F6768B4B8...

Robin Jackson

Churchgate Accountants Limited
18 Langton Place
Bury St Edmunds
IP33 1NE

THE LINDSAY LEG CLUB FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
<u>Income from:</u>					
Donations and legacies	3	22,102	1,800	23,902	27,658
Charitable activities	4	65,000	-	65,000	85,000
Other trading activities		10,586	-	10,586	6,650
Investments	6	2,930	-	2,930	968
Total income		100,618	1,800	102,418	120,276
<u>Expenditure on:</u>					
Raising funds		-	-	-	-
Charitable activities		92,151	7,537	99,688	90,007
Total	7	92,151	7,537	99,688	90,007
Net income/(expenditure)		8,467	(5,737)	2,730	30,269
Transfers between funds		-	-	-	-
Net movement in funds		8,467	(5,737)	2,730	30,269
Total funds brought forward		173,678	25,100	198,778	168,509
Total funds carried forward	13	182,145	19,363	201,508	198,778

THE LINDSAY LEG CLUB FOUNDATION
BALANCE SHEET
AS AT 31 MARCH 2024

		2024	2023
	Notes		
Current assets			
Debtors	11	35,000	40,000
Cash at bank and in hand		<u>178,608</u>	<u>160,698</u>
		213,608	200,698
Creditors: amounts falling due within one year	12	(12,100)	(1,920)
Net Assets		<u>201,508</u>	<u>198,778</u>
Financed by:			
The funds of the charity			
Restricted funds		19,363	25,100
Unrestricted funds	13		
- general reserves		182,145	173,678
		<u>201,508</u>	<u>198,778</u>

For the year ended 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 of the Companies Act 2006.

The trustees / directors have acknowledged their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the special provisions applicable to companies subject to small companies' regime.

The financial statements were approved by the board of directors and authorised for issue on 9 DECEMBER 2024 and signed on its behalf by:



 Mr M Hopkins
 Chairman

Company Registration No. 05360413

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Company information

The Lindsay Leg Club Foundation is a company limited by guarantee not having a share capital. In the event of a winding up of the company every member agrees to contribute such amount as may be required (not exceeding £1) to the Charity's assets if it should be wound up while he or she is a member or within one year after he or she ceases to be a member, for payment of the Charity's debts and liabilities contracted before he or she ceases to be a member, and of the costs charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts have not included a statement of cash flows per Update Bulletin 1 of charities SORP (FRS102) as The Lindsay Leg Club Foundation is not a large charity.

The accounts are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the directors in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies (continued)

1.4 Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. All income is shown gross.

Revenue grants are recognised in the Statement of Financial Activities in the year to which the relevant expenditure relates.

Income is deferred when performance related grants are received in advance of the performance of events to which they relate.

Donations and Investment income are credited to the SOFA when receivable.

1.5 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- Support costs are those costs incurred in the management and administration of the charitable activities. Support costs are allocated to activities based on their proportion of man hours.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalent

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Derecognition of financial liabilities

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies (continued)

1.10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgments, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3	Donations	Unrestricted funds	Restricted funds	Total 2024	Total 2023
		£	£	£	£
	Voluntary income	4,102	1,800	5,902	8,771
	Legacy income	-	-	-	100
	Grants of a general nature	18,000	-	18,000	18,787
		<u>22,102</u>	<u>1,800</u>	<u>23,902</u>	<u>27,658</u>

4	Income from charitable activities	Unrestricted funds	Restricted funds	Total 2024	Total 2023
		£	£	£	£
	Grants	65,000	-	65,000	85,000
		<u>65,000</u>	<u>-</u>	<u>65,000</u>	<u>85,000</u>

5	Income from other trading activities	Unrestricted funds	Restricted funds	Total 2024	Total 2023
		£	£	£	£
	Merchandise	-	-	-	-
	Conference	10,586	-	10,586	6,650
		<u>10,586</u>	<u>-</u>	<u>10,586</u>	<u>6,650</u>

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

6	Investment income	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
	Interest – bank	2,930	-	2,930	968
		<u>2,930</u>	<u>-</u>	<u>2,930</u>	<u>968</u>

In the year ended 31 March 2023 £1,200 of all income received related to restricted fund income.

In the year ended 31 March 2023 £119,076 of all income received related to unrestricted fund income.

7	Expenditure on charitable activities	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
	Leg Clubs	-	890	890	3,864
	Conference	11,823	-	11,823	6,750
	Grant projects	-	6,647	6,647	6,384
	Website and computer costs	1,830	-	1,830	3,393
	Printing	3,906	-	3,906	8,912
	Exhibitions	4,004	-	4,004	2,149
	Design costs	5,117	-	5,117	1,980
	Support costs (note 8)	51,649	-	51,649	44,246
	Governance costs	13,822	-	13,822	12,329
		<u>92,151</u>	<u>7,537</u>	<u>99,688</u>	<u>90,007</u>

8	Support costs	Support Costs £	Governance Costs £	Total 2024 £	Total 2023 £
	Independent examiner	-	2,100	2,100	1,920
	Trustees expenses	-	5,983	5,983	5,493
	Consultants fees	41,163	4,574	45,737	41,735
	Travel expenses	8,201	911	9,112	5,129
	Office expenses	1,370	152	1,522	1,182
	Other costs	162	18	180	72
	Subscriptions	259	29	288	556
	Trustee insurance	494	55	549	488
		<u>51,649</u>	<u>13,822</u>	<u>65,471</u>	<u>56,575</u>

In the year ended 31 March 2023 £10,248 of all expenditure related to restricted fund expenditure.

In the year ended 31 March 2023 £79,759 of all expenditure related to unrestricted fund expenditure.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

9	Operating (deficit)	2024	2023
	Operating (deficit) for the year is stated after charging/(crediting):		
	Fees payable for the independent examination of the company's annual	2,100	1,920
		<u>2,100</u>	<u>1,920</u>
10	Directors		
	During the year E Lindsay received payments of £30,000 (2023: £30,000) as a consultant to the charity. The charity has received permission from the Charity Commission to make payments to her.		
	No other trustee received payment during the year other than reimbursed expenses of £2,532 (2023: £2,336) which were paid to 8 trustees (2023: 1 trustee).		
	The trustees did not receive any remuneration during the year.		
11	Debtors	2024	2023
	Amounts falling due within one year:	£	£
	Prepayments and accrued income	<u>35,000</u>	<u>40,000</u>
12	Creditors: amounts falling due within one year	2024	2023
		£	£
	Other creditors	12,100	1,920
		<u>12,100</u>	<u>1,920</u>

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

13 Charitable funds – movements – current year

Restricted funds

The income funds of the charity include restricted funds comprising the following unexpected balances of donations and grants held on the trust for specific purposes:

	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	Balance at 31 March 2024
	£	£	£	£	£
Grant – Urgo Foundation	1,375	-	-	-	1,375
Grant – Scholarship fund	6,823	1,800	(3,120)	-	5,503
Leg Club Sponsorship	660	-	-	-	660
Leg Clubs	1,182	-	(890)	-	292
Dissemination	1,000	-	-	-	1,000
Leaflets	810	-	(810)	-	-
Expansion project	6,894	-	(2,717)	-	4,177
Data training + collection	4,400	-	-	-	4,400
WUWHS	1,956	-	-	-	1,956
	<u>25,100</u>	<u>1,800</u>	<u>(7,537)</u>	<u>-</u>	<u>19,363</u>
Unrestricted funds					
Designated funds	-	-	-	-	-
General reserves	173,678	100,618	(92,151)	-	182,145
	<u>198,778</u>	<u>102,418</u>	<u>(99,688)</u>	<u>-</u>	<u>201,508</u>

Designated reserve: A designated reserve is no longer required as the conference is no longer organised by The Lindsay Leg Club Foundation.

General reserve: General reserves represent the free funds of the charity which are not designated for a particular purpose.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Charitable funds – movements – prior year

Restricted funds

The income funds of the charity include restricted funds comprising the following unexpected balances of donations and grants held on the trust for specific purposes:

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Grant – Urgo Foundation	1,375	-	-	-	1,375
Grant – Scholarship fund	5,623	1,200	-	-	6,823
Leg Club Sponsorship	660	-	-	-	660
Leg Clubs	5,046	-	(3,864)	-	1,182
Dissemination	1,000	-	-	-	1,000
Leaflets	810	-	-	-	810
Learning zone	-	-	-	-	-
Specialised equipment	2,229	-	(2,229)	-	-
Expansion project	11,049	-	(4,155)	-	6,894
Data training	4,400	-	-	-	4,400
WUWHS	1,956	-	-	-	1,956
	34,148	1,200	(10,248)	-	25,100
Unrestricted funds					
Designated funds	-	-	-	-	-
General reserves	134,361	119,076	(79,759)	-	173,678
	168,509	120,276	(90,007)	-	198,778

14 Transfer between funds

No transfers were made in the year ended 31 March 2024 (2023: £nil).

THE LINDSAY LEG CLUB FOUNDATION

England & Wales - Charity number 1111259

Accounts

Charity Registration No. 1111259

Company Registration No. 05360413 (England and Wales)

THE LINDSAY LEG CLUB FOUNDATION
(a company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

THE LINDSAY LEG CLUB FOUNDATION

LEGAL AND ADMINISTRATIVE INFORMATION

Directors Trustees

M Hoskins (Chairman)
E Lindsay
J Smith
S Williams
C McIntyre
N McIntyre
J Geraghty
T Morel
K Stiles
H Tickner

Secretary

C McIntyre

Charity number

1111259

Company number

05360413

Registered office

18 Langton Place
Bury St Edmunds
IP33 1NE

Independent examiner

Robin Jackson
Churchgate Accountants Ltd
18 Langton Place
Bury St Edmunds
IP33 1NE

Bankers

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Malling
ME19 4JQ

Solicitors

Gross & Co.
83/84 Guildhall Street
Bury St Edmunds

THE LINDSAY LEG CLUB FOUNDATION

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THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

The directors present their report and accounts for the year ended 31 March 2023.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)"

Objectives and activities

The charitable objects are:

Protecting and preserving health amongst those experiencing or at risk of experiencing leg ulcers and/or associated conditions, in particular by:

- (1) Disseminating and facilitating the implementation of the Lindsay Leg Club model;
- (2) Advising on and promoting the provision and use of modern equipment, services and facilities aimed at diagnosing, preventing and treating leg ulcers and or/associated conditions; and
- (3) Advising education in and increasing the understanding and awareness of leg ulcers and associated conditions and how they can be diagnosed, prevented and treated.

Public benefit

In reviewing the year, the trustees have taken into account the Charity Commission's guidance on public benefit and the two principles that:

- There must be an identifiable benefit or benefits, and
- The benefit must be to the public or a section of the public.

They have also considered the specific guidance on charities for the advancement of education and health.

It is their belief that, given the objects of the Charity and its record of activities over the year, the Lindsay Leg Club Foundation provides identifiable benefits which are open to all who experience or are at risk of experiencing leg ulcers and/or associated conditions; and also is promoting better understanding of leg ulcer care amongst relevant health professionals.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

Achievements and Performance

2022 was a relatively quiet year for the Foundation as we continued to be affected by the overhang of COVID. As an essentially a Community based organisation we had been significantly affected by nervousness around social gatherings. A number of planned projects have had to be delayed or cancelled, and lack of NHS staff continues to be a major constraint on growth.

In spite of these challenges we ended the year in a strong financial position and 2023 has started with a flurry of activity with regard to new Leg Club openings and enquiries which gives us confidence for the years ahead.

Most clubs were able to operate at least in part during the year, others were able to re-open fully. Over the last 12 months we have not been notified of any new Leg Club closures, however it has also been hard to get interest to establish new Leg Clubs. Nevertheless we were able to open a new Leg Club in the Leeds area with a third planned to open during H1 2023 (at the time of writing now open).

We returned to face to face Board meetings in 2022, with the agreed intention to have 4 formal meetings a year. Remote video conferencing no longer forms part of our plans as it is not a good forum for interaction and discussion and will only be used moving forward in exceptional circumstances.

Much of the day to day work to support Leg Clubs is driven by the Leg Club Industry Partners (LCIP). Industry continues to provide the majority of our funding and are committed to support the Leg Clubs in spite of the commercial challenges they face, a clear sign of their commitment to support best possible standards of care within the NHS. The Board again thank the LCIP for their financial support, without which the Foundation could not continue to exist, as well as their heartfelt drive and enthusiasm for the Model.

A number of Trustees retired during the year and I would like to thank them for their ongoing support and dedication. There are currently 10 Trustees on the Board which is felt to be appropriate for an organisation of our size. It is a criteria of being a Trustee that Board members commit to attending a minimum of 3 out of the planned 4 Board meetings a year. This does restrict our ability to attract persons in paid employment but is essential for us to operate effectively as a Board.

As ever, our driving force and inspiration remains Ellie Lindsay OBE, Life President and Founder. Her passion and commitment is the reason why so many people their time to support the Foundation. Last year Ellie was awarded the prestigious Lifetime Achievement Award at the WUWHS. Ellie continues to gather awards, advises Government via the MTB and speaks regularly at International meetings. In 2022 her work was further recognised with an Honorary Professorship at the College of Phlebology for her work in Social Epidemiology.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

Board Information

A number of Board changes took place through the year. We are very grateful to Trudie Clark (n.Young), a long term Leg Club supporter who has retired from the Board but continues to actively support the Model. Mo Girach also retired for health reasons and we are very grateful for his support and advice.

We were delighted to welcome Dr Jemell Geraghty to the Board, a widely published clinical practitioner and long time Leg Club advocate, as well as Heidi Tickner, a LCIP member and qualified TVN, to the Board.

In March of this year (2023) we regretfully learned of the death of our long standing Patron, Baroness Masham at the age of 87. Baroness Masham was a long term Leg Club advocate at the highest level. Previously a renowned Paralympian, more recently the longest serving female member of the House of Lords, and a great campaigner for the disabled. We are so grateful for everything she did for us.

Ellie has talked for a number of years now about stepping down from her role of managing the UK Leg Clubs to concentrate more on strategic work and international growth. During the year options were presented to the Board and it has been resolved that two consultants will be appointed, each on a part time basis, to support and grow the movement within the UK. Recruitment for these posts started early 2023 and the successful candidates are expected to be in place by end 2023.

Third Party Partnerships

Leg Club Industry Partners (LCIP)

The LCIP have continued to support the Foundation throughout 2022 with unfailing commitment and donations. These donations have facilitated Leg Club nurses to support members and the public to access health and wellbeing information through leaflets and videos so they can maintain their self-care. The Foundation Charity would like to acknowledge and thank again our LCIP advocates.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

Annual Leg Club Conference

The Leg Club Conference had again to be postponed, as our usual venue (Worcester Rugby Club) went into administration just days before the Conference was due to start. Unfortunately, therefore we've not been able to run the Conference for a third year running also taking into account the 2 years of COVID disruptions. However, Ellie has found a new venue still in Worcester at Worcestershire County Cricket Club. The Conference will be held on Wednesday 27 and Thursday 28 September 2023 where we look forward to finally celebrating our belated Silver Jubilee Dinner (1995-2020). An impressive line-up of Speakers has again been arranged and there is again huge delegate interest.

Financial Review

In spite of our concerns related to the impact of COVID on fund raising, The Foundation remains in a strong financial position due to the continued backing from LCIP members, charitable donations, and various fund-raising activities. Our accounts are Independent Examiners by Churchgate's Accountants, Bury St Edmunds and can be viewed on the Charity Commission website:

<https://register-of-charities.charitycommission.gov.uk/charity-search/-/charity-details/4014745/accounts-and-annual-returns>

Total income was £120k, up on the £95k recorded in 2022. Costs were £90k compared to £68k for 2021/2022 and therefore we have been able to carry forward £198k into 2024.

The current account balance together with the savings account balance at 31 March 2023 stood at a healthy £160,698 of which £25,100 is in a number of restricted funds.

Reserves Policy

The Charity does not hold significant reserves which can be invested. Any income not required for immediate needs is put on deposit to maximise interest and drawn upon as required. The Charity had unrestricted general reserves of £173,678 at 31 March 2023 which equates to over six months operational costs. The Charity aims to hold four months costs in reserves.

Investment powers and policy

The Charity does not hold significant surplus assets which can be invested. In the event of there being any funds to invest, availability of funds together with risk-free investment are the key criteria for investment.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

Structure, governance and management

Legal Status and Governing Document

The Charity is incorporated as a company limited by guarantee, company number 05360413, on 10 February 2005 (as amended by special resolution dated 25 August 2005), and was registered with the Charity Commission on 12 September 2005, under charity number 1111259. The governing documents of the Charity are the Memorandum and Articles of Association.

The directors who served during the year were:

M Hoskins (Chairman)

E Lindsay

C Brooke (resigned 27 July 2023)

J Smith

S Williams

T Young (resigned 29 December 2022)

C McIntyre

N McIntyre

M Girach (resigned 14 January 2023)

J Geraghty

T Morel (appointed 1 September 2023)

K Stiles (appointed 8 September 2023)

H Tickner (appointed 25 January 2023)

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

Appointment and induction of trustees

The Board of trustees are elected at the AGM and subject to one third of the Board submitting to re-election at each subsequent AGM. Trustees have defined responsibilities and most service on specific committees or groups alongside the main Board.

Trustees are asked to submit a resume of their interests and abilities in support of their election, and on commencing their appointment will be supported through induction to help them become fully effective.

Organisational structure

Members of the Trustee Board, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 5.

The Trustee Board consists of a maximum of 14 who meet on a quarterly basis and they are responsible for the strategic direction of the Charity. A quorum at a meeting of the trustees is three trustees.

Members of the Charity each guarantee to contribute an amount not exceeding £1 to the assets of the Charity in the event of a winding up.

Risk management

Trustees are at all times aware of the financial state of the Charity. The Charity has two forms of insurance:

- (1) Employers' Liability Insurance (£5 million) which covers public liability, products liability, personal accident, money and legal expenses, and
- (2) Trustees Indemnity Insurance

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the Charity. These procedures are periodically reviewed to ensure that they still meet the needs of the Charity.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

Independent examiner

Mr R Jackson of Churchgate Accountants Limited offers himself for appointment as independent examiner to the charity.

This report is prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The Trustees' annual report was approved by the Board of Directors.


.....
Mr M Hoskins

Chairman

Dated: 15/11/2023

THE LINDSAY LEG CLUB FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS OF THE LINDSAY LEG CLUB FOUNDATION

Independent Examiner's Report to the Trustees of the Lindsay Leg Club foundation

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Respective responsibilities of trustees and examiner

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

Basis of independent examiner's statement

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Robin Jackson

Churchgate Accountants Limited
18 Langton Place
Bury St Edmunds
IP33 1NE

THE LINDSAY LEG CLUB FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
<u>Income from:</u>					
Donations and legacies	3	26,458	1,200	27,658	15,897
Charitable activities	4	85,000	-	85,000	80,000
Other trading activities		6,650	-	6,650	-
Investments	6	968	-	968	20
Total income		119,076	1,200	120,276	95,917
<u>Expenditure on:</u>					
Raising funds		-	-	-	-
Charitable activities		79,759	10,248	90,007	68,551
Total	7	79,759	10,248	90,007	68,551
Net income/(expenditure)		39,317	(9,048)	30,269	27,366
Transfers between funds		-	-	-	-
Net movement in funds		39,317	(9,048)	30,269	27,366
Total funds brought forward		134,361	34,148	168,509	141,143
Total funds carried forward	13	173,678	25,100	198,778	168,509

THE LINDSAY LEG CLUB FOUNDATION
BALANCE SHEET
AS AT 31 MARCH 2023

		2023	2022
	Notes		
Current assets			
Debtors	11	40,000	20,000
Cash at bank and in hand		<u>160,698</u>	<u>155,279</u>
		200,698	175,279
Creditors: amounts falling due within one year	12	(1,920)	(6,770)
		<u></u>	<u></u>
Net Assets		<u>198,778</u>	<u>168,509</u>
Financed by:			
The funds of the charity			
Restricted funds		25,100	34,148
Unrestricted funds	13		
- general reserves		173,678	134,361
		<u></u>	<u></u>
		198,778	168,509

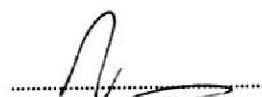
For the year ended 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 of the Companies Act 2006.

The trustees / directors have acknowledged their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the special provisions applicable to companies subject to small companies' regime.

The financial statements were approved by the board of directors and authorised for issue on 15/11/2023 and signed on its behalf by:


 Mr. M. Hopkins
 Chairman

Company Registration No. 05360413

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Company information

The Lindsay Leg Club Foundation is a company limited by guarantee not having a share capital. In the event of a winding up of the company every member agrees to contribute such amount as may be required (not exceeding £1) to the Charity's assets if it should be wound up while he or she is a member or within one year after he or she ceases to be a member, for payment of the Charity's debts and liabilities contracted before he or she ceases to be a member, and of the costs charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts have not included a statement of cash flows per Update Bulletin 1 of charities SORP (FRS102) as The Lindsay Leg Club Foundation is not a large charity.

The accounts are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the directors in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies (continued)

1.4 Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. All income is shown gross.

Revenue grants are recognised in the Statement of Financial Activities in the year to which the relevant expenditure relates.

Income is deferred when performance related grants are received in advance of the performance of events to which they relate.

Donations and Investment income are credited to the SOFA when receivable.

1.5 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- Support costs are those costs incurred in the management and administration of the charitable activities. Support costs are allocated to activities based on their proportion of man hours.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalent

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Derecognition of financial liabilities

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies (continued)

1.10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgments, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3	Donations	Unrestricted	Restricted	Total	Total
		funds	funds	2023	2022
		£	£	£	£
	Voluntary income	7,571	1,200	8,771	15,897
	Legacy income	100	-	100	-
	Grants of a general nature	18,787	-	18,787	-
		<u>26,458</u>	<u>1,200</u>	<u>27,658</u>	<u>15,897</u>

4	Income from charitable activities	Unrestricted	Restricted	Total	Total
		funds	funds	2023	2022
		£	£	£	£
	Grants	85,000	-	85,000	80,000
		<u>85,000</u>	<u>-</u>	<u>85,000</u>	<u>80,000</u>

5	Income from other trading activities	Unrestricted	Restricted	Total	Total
		funds	funds	2023	2022
		£	£	£	£
	Merchandise	-	-	-	-
	Conference	6,650	-	6,650	-
		<u>6,650</u>	<u>-</u>	<u>6,650</u>	<u>-</u>

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

6	Investment income	Unrestricted funds	Restricted funds	Total 2023	Total 2022
		£	£	£	£
	Interest – bank	968	-	968	20
		<u>968</u>	<u>-</u>	<u>968</u>	<u>20</u>

In the year ended 31 March 2022 £1,629 of all income received related to restricted fund income.

In the year ended 31 March 2022 £94,288 of all income received related to unrestricted fund income.

7	Expenditure on charitable activities	Unrestricted funds	Restricted funds	Total 2023	Total 2022
		£	£	£	£
	Leg Clubs	-	3,864	3,864	3,900
	Conference	6,750	-	6,750	-
	Grant projects	-	6,384	6,384	3,467
	Website and computer costs	3,393	-	3,393	5,834
	Printing	8,912	-	8,912	570
	Exhibitions	2,149	-	2,149	148
	Design costs	1,980	-	1,980	5,053
	Support costs (note 8)	44,246	-	44,246	42,133
	Governance costs	12,329	-	12,329	7,446
		<u>79,759</u>	<u>10,248</u>	<u>90,007</u>	<u>68,551</u>

8	Support costs	Support Costs	Governance Costs	Total 2023	Total 2022
		£	£	£	£
	Independent examiner	-	1,920	1,920	1,770
	Trustees expenses	-	5,493	5,493	994
	Consultants fees	37,562	4,173	41,735	43,518
	Travel expenses	4,616	513	5,129	1,485
	Office expenses	1,064	118	1,182	1,301
	Other costs	65	7	72	101
	Subscriptions	500	56	556	226
	Trustee insurance	439	49	488	184
		<u>44,246</u>	<u>12,329</u>	<u>56,575</u>	<u>49,579</u>

In the year ended 31 March 2022 £4,814 of all expenditure related to restricted fund expenditure.

In the year ended 31 March 2022 £63,737 of all expenditure related to unrestricted fund expenditure.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

9 Operating (deficit)	2023	2022
Operating (deficit) for the year is stated after charging/(crediting):		
Fees payable for the independent examination of the company's annual	1,920	1,770
	<u>1,770</u>	<u>1,770</u>
10 Directors		
During the year E Lindsay received payments of £30,000 (2022: £30,000) as a consultant to the charity. The charity has received permission from the Charity Commission to make payments to her.		
No other trustee received payment during the year other than reimbursed expenses of £2,336 (2022: £156) which were paid to 1 trustee (2022: 1 trustee).		
The trustees did not receive any remuneration during the year.		
11 Debtors	2023	2022
Amounts falling due within one year:	£	£
Prepayments and accrued income	<u>40,000</u>	<u>20,000</u>
12 Creditors: amounts falling due within one year	2023	2022
	£	£
Other creditors	1,920	6,770
	<u>1,920</u>	<u>6,770</u>

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

13 Charitable funds – movements – current year

Restricted funds

The income funds of the charity include restricted funds comprising the following unexpected balances of donations and grants held on the trust for specific purposes:

	Balance at 1 April 2022	Incoming resources	Resources expended	Transfers	Balance at 31 March 2023
	£	£	£	£	£
Grant – Urgo Foundation	1,375	-	-	-	1,375
Grant – Scholarship fund	5,623	1,200	-	-	6,823
Leg Club Sponsorship	660	-	-	-	660
Leg Clubs	5,046	-	(3,864)	-	1,182
Dissemination	1,000	-	-	-	1,000
Leaflets	810	-	-	-	810
Learning zone	-	-	-	-	-
Specialised equipment	2,229	-	(2,229)	-	-
Expansion project	11,049	-	(4,155)	-	6,894
Data training + collection	4,400	-	-	-	4,400
WUWHS	1,956	-	-	-	1,956
	<u>34,148</u>	<u>1,200</u>	<u>(10,248)</u>	<u>-</u>	<u>25,100</u>
Unrestricted funds					
Designated funds	-	-	-	-	-
General reserves	134,361	119,076	(79,759)	-	173,678
	<u>168,509</u>	<u>120,276</u>	<u>(90,007)</u>	<u>-</u>	<u>198,778</u>

Designated reserve: A designated reserve is no longer required as the conference is no longer organised by The Lindsay Leg Club Foundation.

General reserve: General reserves represent the free funds of the charity which are not designated for a particular purpose.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Charitable funds – movements – prior year

Restricted funds

The income funds of the charity include restricted funds comprising the following unexpected balances of donations and grants held on the trust for specific purposes:

	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	Balance at 31 March 2022
	£	£	£	£	£
Grant – Urgo Foundation	1,375	-	-	-	1,375
Grant – Scholarship fund	4,732	1,400	(509)	-	5,623
Leg Club Sponsorship	660	-	-	-	660
Leg Clubs	6,393	-	(1,347)	-	5,046
Dissemination	1,000	-	-	-	1,000
Leaflets	810	-	-	-	810
Learning zone	-	-	-	-	-
Specialised equipment	4,553	-	(2,324)	-	2,229
Expansion project	10,910	229	(90)	-	11,049
Data training	4,400	-	-	-	4,400
WUWHS	2,500	-	(544)	-	1,956
	37,333	1,629	(4,814)	-	34,148
Unrestricted funds					
Designated funds	-	-	-	-	-
General reserves	103,810	94,288	(63,737)	-	134,361
	141,143	95,917	(68,551)	-	168,509

14 Transfer between funds

No transfers were made in the year ended 31 March 2023 (2022: £nil).

THE LINDSAY LEG CLUB FOUNDATION

England & Wales - Charity number 1111259

Accounts

Charity Registration No. 1111259

Company Registration No. 05360413 (England and Wales)

THE LINDSAY LEG CLUB FOUNDATION
(a company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

THE LINDSAY LEG CLUB FOUNDATION

LEGAL AND ADMINISTRATIVE INFORMATION

Directors Trustees	M Hoskins (Chairman) E Lindsay C Brooke J Smith S Williams T Young C McIntyre N McIntyre M Girach J Geraghty
Secretary	C McIntyre
Charity number	1111259
Company number	05360413
Registered office	18 Langton Place Bury St Edmunds IP33 1NE
Independent examiner	Robin Jackson Churchgate Accountants Ltd 18 Langton Place Bury St Edmunds IP33 1NE
Bankers	CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling ME19 4JQ
Solicitors	Gross & Co. 83/84 Guildhall Street Bury St Edmunds

THE LINDSAY LEG CLUB FOUNDATION

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Statement of financial activities	10
Balance sheet	11
Notes to the accounts	12 – 18

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

The directors present their report and accounts for the year ended 31 March 2022.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)"

Objectives and activities

The charitable objects are:

Protecting and preserving health amongst those experiencing or at risk of experiencing leg ulcers and/or associated conditions, in particular by:

- (1) Disseminating and facilitating the implementation of the Lindsay Leg Club model;
- (2) Advising on and promoting the provision and use of modern equipment, services and facilities aimed at diagnosing, preventing and treating leg ulcers and or/associated conditions; and
- (3) Advising education in and increasing the understanding and awareness of leg ulcers and associated conditions and how they can be diagnosed, prevented and treated.

Public benefit

In reviewing the year, the trustees have taken into account the Charity Commission's guidance on public benefit and the two principles that:

- There must be an identifiable benefit or benefits, and
- The benefit must be to the public or a section of the public.

They have also considered the specific guidance on charities for the advancement of education and health.

It is their belief that, given the objects of the Charity and its record of activities over the year, the Lindsay Leg Club Foundation provides identifiable benefits which are open to all who experience or are at risk of experiencing leg ulcers and/or associated conditions; and also is promoting better understanding of leg ulcer care amongst relevant health professionals.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

Achievements and Performance

The Lindsay Leg Club Foundation has now been established for 17 years but much remains the same as last year with the ongoing impact of COVID 19. Whilst we are over the worst of it from an infection perspective the effects live on as our members are likely to be amongst the most vulnerable. Because we are essentially a community based organisation we continue to be impacted by nervousness around social gatherings.

In spite of the impact of COVID 19, most clubs have re-opened, albeit some on a part-time basis. Others plan to re-open shortly. Over the last 12 months we have not been notified of any new leg club closures, however it has also been hard to get interest to establish new leg clubs. Resources have always been rationed within the NHS, the nursing shortage is particularly acute now, and until this gets better we are likely to continue to struggle to achieve new openings. In spite of the challenges, we have 39 clubs operational at the moment and our plan to open 60 Leg Clubs remains, although we have put the date for this milestone back to 2027.

We have implemented remote working through 2021 but were finally able to have our first face to face meeting in April 2022. Looking forward we will have a hybrid model with a planned 2-3 physical meetings per year interspersed with video calls.

A number of Trustees retired during the year, and I would like to thank them again for their ongoing support and dedication. We have decided not to replace those that have left because it was deemed the Board was becoming too large for an organisation of our size. Since April of this year, we have operated with a slimmed down Board of 10 Trustees supported by Lynn Bullock, with the intention to increase transparency and speed decision making.

As ever, I extend my heartfelt gratitude to Leg Club Industry Partners (LCIP) and donors who give unstintingly of both their time and their money. In spite of the commercial challenges they face, all of our donors in 2020 remained donors in 2021, and I am delighted to say that recently 2 new companies have agreed to support and donate to the Foundation through 2022. Without their support, the Foundation could not continue to exist.

Our driving force and inspiration remains Ellie Lindsay OBE, Life President and Founder, her altruistic passion and commitment is the reason why so many people give freely of their time to support the Foundation. In March it was announced that Ellie had been Awarded the prestigious Lifetime Achievement Award at the WUWHS IN Abu Dhabi. This is a worldwide award only given to a very few, and all the Trustees are honoured to be associated with her.

Impact of COVID 19

The Lindsay Leg Club model is a face-to-face service where social relationships are formed. The Covid-19 pandemic and subsequent social distancing regulations had a major impact on the ability of Leg Clubs to operate effectively through 2021. Many Leg Clubs were suspended and so for some people the news of restrictions finally being relaxed in early 2022 was met with mixed feelings and concerns about volunteering and socialising.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

Impact of COVID 19

Regardless of age, many people have been worried about the virus for a long time, so it's hard to switch off that feeling overnight. Easing of restrictions has allowed us to get back to delivering treatment and care within the Leg Clubs, which is fantastic. However, getting back out and reintegrating into the community also brings challenges too and it can take time to readjust.

To rebuild confidence, mental wellbeing, and physical health, the clinical teams provided outstanding support to their volunteers and members. They provided reassurance and encouraged their volunteers and members to reintegrate back into their local Leg Club and begin socialising again.

To complement NHS provider policies, revised 'Tips' was produced on how Leg Clubs can reopen safely, with appropriate NHS and Government website links provided <https://www.legclub.org/easy-reading-tips-and-guidance>

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

Board Information

As previously mentioned, a number of Board changes took place through the year. We are very grateful to Demelza Spencer-Veal, David Hibbert and Rob Yates who served 3 year terms and retired in March/April. We are especially grateful to our GP Board Member and long-time Treasurer Rob Bawden who has known and worked with Ellie for many years, and who also retired from the Board.

During the year Gary Bain, Principal of The Wound Guy, Australia has joined our team of Patrons. Gary has been a clinician and educator in the field of chronic wound management for the over 30 years and has offered to share his knowledge, expertise, and time to assist the work of the Leg Club community.

Third Party Partnerships

Leg Club Industry Partners (LCIP)

The LCIP have continued to support the Foundation throughout 2021 with unfailing commitment and donations. These donations have facilitated Leg Club nurses to support members and the public to access health and wellbeing information through leaflets and videos so they can maintain their self-care. The Foundation Charity would like to acknowledge and thank again our LCIP advocates.

VENOUS LYMPHATICS WORLD INTERNATIONAL NETWORK (vWIN) FOUNDATION

We continue to work with the vWIN Foundation, a not-for-profit organisation. The president of the vWIN Foundation, Professor Sergio Giansini, and his board members have created a global faculty of key opinion leaders from phlebology, vascular and lymphology societies encouraging an interactive exchange of expert opinions and live questions from delegates via an educational online platform.

Annual Leg Club Conference

A highlight of the educational year, the rescheduled 2021 annual conference was once again cancelled due to COVID restrictions. However, everything has been re-scheduled for September 28th & 29th 2022 with an outstanding Agenda, along with the belated Silver Jubilee Dinner (1995-2020).. We are so looking forward to being involved in this again alongside Ellie, it is an invaluable networking forum both for established and aspiring clinical professionals, and is needed now more than ever information source

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

Business Plan and Financial Review

Our Business Plan has been updated in the light of COVID 19 but retains the ambitious target to reach 60 Leg Clubs by the end of 2027.

In spite of our concerns related to the impact of COVID on fund raising, The Foundation remains in a strong financial position due to the continued backing from LCIP members, charitable donations, and various fund-raising activities. We are in a robust financial situation moving forward, meaning that we will be able to fully support Leg Clubs as they re-open and continue with our research work to prove the benefits of the model. The accounts were Independently examined by Churchgate's Accountants, Bury St Edmunds and can be viewed on the Charity Commission website <https://register-of-charities.charitycommission.gov.uk/charity-search/-/charity-details/4014745/accounts-and-annual-returns>

The current account balance together with the savings account balance at March 2022 stood at a healthy £155,279 of which £34,148 is in a number of restricted funds.

Whilst the balance is healthy, we are entering a period of enormous economic uncertainty. The 2021 Leg Club Conference, historically a strong additional income donated by Ellie, has been cancelled due to COVID-19, and in common with other Charities other fundraising activities have been curtailed. However, we have partly offset this reduced income by strong cost control and holding regular Trustee meetings via Video Conference which has dramatically reduced expenditure. Above all, we are grateful to the ongoing support from the LCIP which sustains us financially and continues even in these difficult times, and we extend our deepest thanks to our industry partners.

Reserves Policy

The Charity does not hold significant reserves which can be invested. Any income not required for immediate needs is put on deposit to maximise interest and drawn upon as required. The Charity had unrestricted general reserves of £134,361 at 31 March 2022 which equates to over six months operational costs. The Charity aims to hold four months costs in reserves.

Investment powers and policy

The Charity does not hold significant surplus assets which can be invested. In the event of there being any funds to invest, availability of funds together with risk-free investment are the key criteria for investment.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

Structure, governance and management

Legal Status and Governing Document

The Charity is incorporated as a company limited by guarantee, company number 05360413, on 10 February 2005 (as amended by special resolution dated 25 August 2005), and was registered with the Charity Commission on 12 September 2005, under charity number 1111259. The governing documents of the Charity are the Memorandum and Articles of Association.

The directors who served during the year were:

M Hoskins (Chairman)
E Lindsay
Dr R Bawden (resigned 4 January 2022)
C Brooke
J Smith
D Spencer-Veale (resigned 5 April 2022)
S Williams
T Young
D Hibbitt (resigned 20 March 2022)
C McIntyre
N McIntyre
R Yates (resigned 24 February 2022)
M Girach
J Geraghty

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

Appointment and induction of trustees

The Board of trustees are elected at the AGM and subject to one third of the Board submitting to re-election at each subsequent AGM. Trustees have defined responsibilities and most service on specific committees or groups alongside the main Board.

Trustees are asked to submit a resume of their interests and abilities in support of their election, and on commencing their appointment will be supported through induction to help them become fully effective.

Organisational structure

Members of the Trustee Board, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 6.

The Trustee Board consists of a maximum of 14 who meet on a quarterly basis and they are responsible for the strategic direction of the Charity. A quorum at a meeting of the trustees is three trustees.

Members of the Charity each guarantee to contribute an amount not exceeding £1 to the assets of the Charity in the event of a winding up.

Risk management

Trustees are at all times aware of the financial state of the Charity. The Charity has two forms of insurance:

- (1) Employers' Liability Insurance (£5 million) which covers public liability, products liability, personal accident, money and legal expenses, and
- (2) Trustees Indemnity Insurance

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the Charity. These procedures are periodically reviewed to ensure that they still meet the needs of the Charity.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

Independent examiner

Mr R Jackson of Churchgate Accountants Limited offers himself for appointment as independent examiner to the charity.

This report is prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The Trustees' annual report was approved by the Board of Directors.

Mike Hoskins

.....
Mr M Hoskins

Chairman

Dated: 21.11.2022
.....

THE LINDSAY LEG CLUB FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS OF THE LINDSAY LEG CLUB FOUNDATION

Independent Examiner's Report to the Trustees of the Lindsay Leg Club foundation

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Respective responsibilities of trustees and examiner

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

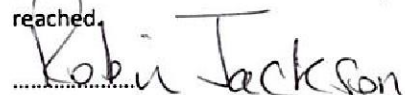
Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

Basis of independent examiner's statement

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Robin Jackson

Churchgate Accountants Limited
18 Langton Place
Bury St Edmunds
IP33 1NE

22 November 2022

THE LINDSAY LEG CLUB FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
<u>Income from:</u>					
Donations and legacies	3	14,268	1,629	15,897	43,468
Charitable activities	4	80,000	-	80,000	70,000
Other trading activities		-	-	-	-
Investments	6	20	-	20	40
Total income		94,288	1,629	95,917	113,508
<u>Expenditure on:</u>					
Raising funds		-	-	-	2,670
Charitable activities		63,737	4,814	68,551	60,476
Total	7	63,737	4,814	68,551	63,146
Net income/(expenditure)		30,551	(3,185)	27,366	50,362
Transfers between funds		-	-	-	-
Net movement in funds		30,551	(3,185)	27,366	50,362
Total funds brought forward		103,810	37,333	141,143	90,781
Total funds carried forward	13	134,361	34,148	168,509	141,143

THE LINDSAY LEG CLUB FOUNDATION
BALANCE SHEET
AS AT 31 MARCH 2022

		2022	2021
	Notes		
Current assets			
Debtors	11	20,000	10,000
Cash at bank and in hand		<u>155,279</u>	<u>132,823</u>
		175,279	142,823
Creditors: amounts falling due within one year	12	(6,770)	(1,680)
Net Assets		<u>168,509</u>	<u>141,143</u>
Financed by:			
The funds of the charity			
Restricted funds		34,148	37,333
Unrestricted funds	13		
- general reserves		134,361	103,810
		<u>168,509</u>	<u>141,143</u>

For the year ended 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 of the Companies Act 2006.

The trustees / directors have acknowledged their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the special provisions applicable to companies subject to small companies' regime.

The financial statements were approved by the board of directors and authorised for issue on 21.11.2022 and signed on its behalf by:

Mike Hoskins

Mr M Hoskins
Chairman

Company Registration No. 05360413

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Company information

The Lindsay Leg Club Foundation is a company limited by guarantee not having a share capital. In the event of a winding up of the company every member agrees to contribute such amount as may be required (not exceeding £1) to the Charity's assets if it should be wound up while he or she is a member or within one year after he or she ceases to be a member, for payment of the Charity's debts and liabilities contracted before he or she ceases to be a member, and of the costs charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts have not included a statement of cash flows per Update Bulletin 1 of charities SORP (FRS102) as The Lindsay Leg Club Foundation is not a large charity.

The accounts are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the directors in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies (continued)

1.4 Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. All income is shown gross.

Revenue grants are recognised in the Statement of Financial Activities in the year to which the relevant expenditure relates.

Income is deferred when performance related grants are received in advance of the performance of events to which they relate.

Donations and Investment income are credited to the SOFA when receivable.

1.5 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- Support costs are those costs incurred in the management and administration of the charitable activities. Support costs are allocated to activities based on their proportion of man hours.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalent

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Derecognition of financial liabilities

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies (continued)

1.10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgments, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3	Donations	Unrestricted funds	Restricted funds	Total 2022	Total 2021
		£	£	£	£
	Voluntary income	14,268	1,629	15,897	43,468
	Grants of a general nature	-	-	-	-
		<u>14,268</u>	<u>1,629</u>	<u>15,897</u>	<u>43,468</u>

4	Income from charitable activities	Unrestricted funds	Restricted funds	Total 2022	Total 2021
		£	£	£	£
	Grants	80,000	-	80,000	70,000
		<u>80,000</u>	<u>-</u>	<u>80,000</u>	<u>70,000</u>

5	Income from other trading activities	Unrestricted funds	Restricted funds	Total 2022	Total 2021
		£	£	£	£
	Merchandise	-	-	-	-
	Conference	-	-	-	-
		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

6	Investment Income	Unrestricted funds	Restricted funds	Total 2022	Total 2021
		£	£	£	£
	Interest – bank	20	-	20	40
		20	-	20	40

In the year ended 31 March 2021 £12,650 of all income received related to restricted fund income.

In the year ended 31 March 2021 £100,858 of all income received related to unrestricted fund income.

7	Expenditure on charitable activities	Unrestricted funds	Restricted funds	Total 2022	Total 2021
		£	£	£	£
	Leg Clubs	2,553	1,347	3,900	2,127
	Conference	-	-	-	-
	Grant projects	-	3,467	3,467	790
	Website and computer costs	5,834	-	5,834	3,556
	Printing	570	-	570	770
	Exhibitions	148	-	148	-
	Nurse audit	-	-	-	-
	World Union of Wound Healing	-	-	-	-
	Design costs	5,053	-	5,053	6,850
	Support costs (note 8)	42,133	-	42,133	39,799
	Governance costs	7,446	-	7,446	6,584
		63,737	4,814	68,551	60,476

8	Support costs	Support Costs	Governance Costs	Total 2022	Total 2021
		£	£	£	£
	Independent examiner	-	1,770	1,770	1,770
	Legal & professional	-	-	-	-
	Trustees expenses	-	994	994	392
	Consultants fees	39,166	4,352	43,518	42,037
	Travel expenses	1,336	149	1,485	357
	Office expenses	1,171	130	1,301	810
	Other costs	91	10	101	69
	Subscriptions	203	23	226	431
	Trustee insurance	166	18	184	517
		42,133	7,446	49,579	46,383

In the year ended 31 March 2021 £2,917 of all expenditure related to restricted fund expenditure.

In the year ended 31 March 2021 £60,229 of all expenditure related to unrestricted fund expenditure.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

9 Operating (deficit)	2022	2021
Operating (deficit) for the year is stated after charging/(crediting):		
Fees payable for the independent examination of the company's annual	1,770	1,770
	<u>1,770</u>	<u>1,770</u>
10 Directors		
During the year E Lindsay received payments of £30,000 (2021: £30,000) as a consultant to the charity. The charity has received permission from the Charity Commission to make payments to her.		
No other trustee received payment during the year other than reimbursed expenses of £ 156 (2021: £435) which were paid to 1 trustee (2021: 3 trustees).		
The trustees did not receive any remuneration during the year.		
11 Debtors	2022	2021
Amounts falling due within one year:	£	£
Prepayments and accrued income	<u>20,000</u>	<u>10,000</u>
12 Creditors: amounts falling due within one year	2022	2021
	£	£
Other creditors	6,770	1,680
	<u>6,770</u>	<u>1,680</u>

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

13 Charitable funds – movements – current year

Restricted funds

The income funds of the charity include restricted funds comprising the following unexpected balances of donations and grants held on the trust for specific purposes:

	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	Balance at 31 March 2022
	£	£	£	£	£
Grant – Urgo Foundation	1,375	-	-	-	1,375
Grant – Scholarship fund	4,732	1,400	(509)	-	5,623
Leg Club Sponsorship	660	-	-	-	660
Leg Clubs	6,393	-	(1,347)	-	5,046
Dissemination	1,000	-	-	-	1,000
Leaflets	810	-	-	-	810
Learning zone	-	-	-	-	-
Specialised equipment	4,553	-	(2,324)	-	2,229
Expansion project	10,910	229	(90)	-	11,049
Data training + collection	4,400	-	-	-	4,400
WUWHS	2,500	-	(544)	-	1,956
	<u>37,333</u>	<u>1,629</u>	<u>(4,814)</u>	<u>-</u>	<u>34,148</u>
Unrestricted funds					
Designated funds	-	-	-	-	-
General reserves	103,810	94,288	(63,737)	-	134,361
	<u>141,143</u>	<u>95,917</u>	<u>(68,551)</u>	<u>-</u>	<u>168,509</u>

Designated reserve: A designated reserve is no longer required as the conference is no longer organised by The Lindsay Leg Club Foundation.

General reserve: General reserves represent the free funds of the charity which are not designated for a particular purpose.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Charitable funds – movements – prior year

Restricted funds

The income funds of the charity include restricted funds comprising the following unexpected balances of donations and grants held on the trust for specific purposes:

	Balance at 1 April 2020	Incoming resources	Resources expended	Transfers	Balance at 31 March 2021
	£	£	£	£	£
Grant – Urgo Foundation	1,375	-	-	-	1,375
Grant – Scholarship fund	3,332	1,400	-	-	4,732
Leg Club Sponsorship	660	-	-	-	660
Leg Clubs	5,770	2,750	(2,127)	-	6,393
Dissemination	1,000	-	-	-	1,000
Leaflets	-	1,000	(190)	-	810
Learning zone	-	-	-	-	-
Specialised equipment	4,553	-	-	-	4,553
Expansion project	6,410	4,500	-	-	10,910
Data training	1,000	3,000	(600)	1,000	4,400
WUWHS	2,500	-	-	-	2,500
	<u>26,600</u>	<u>12,650</u>	<u>(2,917)</u>	<u>1,000</u>	<u>37,333</u>
Unrestricted funds					
Designated funds	-	-	-	-	-
General reserves	64,181	100,858	(60,229)	(1,000)	103,810
	<u>90,781</u>	<u>113,508</u>	<u>(63,146)</u>	<u>-</u>	<u>141,143</u>

14 Transfer between funds

In the year ended 31 March 2021 the charity transferred income and costs between General Reserves and Restricted Funds during the year to reflect general reserves funding of part of the projects. No transfers were made in the year ended 31 March 2022.

THE LINDSAY LEG CLUB FOUNDATION

England & Wales - Charity number 1111259

Accounts

Charity Registration No. 1111259

Company Registration No. 05360413 (England and Wales)

THE LINDSAY LEG CLUB FOUNDATION
(a company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

THE LINDSAY LEG CLUB FOUNDATION

LEGAL AND ADMINISTRATIVE INFORMATION

Directors/Trustees

M Hoskins (Chairman)
E Lindsay
Dr R Bawden
C Brookes
J Smith
D Spencer-Veale
S Williams
T Young
E Grogan (resigned 16 March 2021)
D Hibbitt
C McIntyre
N McIntyre
R Yates
M Girach (appointed 9 September 2020)
J Geraghty (appointed 16 March 2021)
J S A Tyndale-Biscoe (resigned 24 August 2020)

Secretary

C McIntyre

Charity number

1111259

Company number

05360413

Registered office

18 Langton Place
Bury St Edmunds
IP33 1NE

Independent examiner

Robin Jackson
Churchgate Accountants Ltd
18 Langton Place
Bury St Edmunds
IP33 1NE

Bankers

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Malling
ME19 4JQ

Solicitors

Gross & Co.
83/84 Guildhall Street
Bury St Edmunds

THE LINDSAY LEG CLUB FOUNDATION

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Statement of financial activities	10
Balance sheet	11
Notes to the accounts	12 – 18

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

The directors present their report and accounts for the year ended 31 March 2021.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)"

Objectives and activities

The charitable objects are:

Protecting and preserving health amongst those experiencing or at risk of experiencing leg ulcers and/or associated conditions, in particular by:

- (1) Disseminating and facilitating the implementation of the Lindsay Leg Club model;
- (2) Advising on and promoting the provision and use of modern equipment, services and facilities aimed at diagnosing, preventing and treating leg ulcers and or/associated conditions; and
- (3) Advising education in and increasing the understanding and awareness of leg ulcers and associated conditions and how they can be diagnosed, prevented and treated.

Public benefit

In reviewing the year, the trustees have taken into account the Charity Commission's guidance on public benefit and the two principles that:

- There must be an identifiable benefit or benefits, and
- The benefit must be to the public or a section of the public.

They have also considered the specific guidance on charities for the advancement of education and health.

It is their belief that, given the objects of the Charity and its record of activities over the year, the Lindsay Leg Club Foundation provides identifiable benefits which are open to all who experience or are at risk of experiencing leg ulcers and/or associated conditions; and also is promoting better understanding of leg ulcer care amongst relevant health professionals.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

Achievements and Performance

This year marks the 16th year of the Lindsay Leg Club Foundation, a true *annus horribilis* for so many charities, that has been scarred throughout by the impact of COVID 19. The virus has prevented many Leg Clubs from opening as normal through the year, and the pandemic has been an excuse for some NHS organisations to close down their Leg Clubs citing pressure on services. It is with great sadness therefore that we've had to announce that Worcester and Southend Leg Clubs, some of our largest and most established Clubs have been obliged to close their doors by their local NHS organisations which has been devastating to the local community and done without consultation with members. In addition, Northwich may possibly close due to lack of volunteers.

Nevertheless, in spite of these setbacks, I am pleased to say that at this moment some of the Leg Clubs are still operational, albeit only partially due to COVID restrictions, and we expect most Clubs to fully re-open as the vaccination programme rolls out and as life returns to normal hopefully from midyear. As normal life does resume, we anticipate that there will be an increased burden of chronic wounds as well as elevated mental health issues, and in this context the holistic care model that we champion remains will be more relevant than ever.

Along with many other institutions, we've had to adapt as a board of trustees to remote working through the year, and I'd like to thank all my fellow Trustees for their participation in these meetings. Looking forward we plan to adopt a hybrid model whereby we will still retain remote working to reduce costs and maximise attendance but interspersed with face-to-face meetings which remain critical for vitality and teamwork. I am grateful to my fellow Trustees, Leg Club Industry Partners (LCIP) and donors who have given unstintingly of both their time and their money, and of course to our members who love and support their Leg Clubs in ever greater numbers around the world. Our driving force and inspiration remains Ellie Lindsay OBE, Life President and Founder, and her altruistic passion and commitment is the reason why so many people give freely of their time to support the Foundation.

Impact of COVID 19

Due to the pandemic many Leg Clubs were suspended owing to Government regulations imposed on public venues, whilst for those which remained operational the teams had to change one of the four core elements of the model their non-appointment/drop in policy adhering to NHS directives during the Covid-19 crisis. With commitment and positivity, the clinical teams introduced a cultural change within the Leg Club network as various teams radically adapted operational care delivery, alongside digital technology and telecommunications such as access to smart phones and internet communication. This provided the motivated teams with a new smarter, innovative way towards remote consultations for their members requiring wound management delivery.

Many Leg Club members with both clinical and family encouragement became digitally minded enabling members to actively participate in a virtual supported shared care pathway.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

Life President (Ellie Lindsay's) Report

Our Life President Ellie Lindsay has been as busy as ever this year, below is a summary of the main National and International events that Ellie (self-funded) has attended to promote the Leg Club model:

The Leg Club Cookbook has been a great success and well received internationally. Ellie has extremely kindly donated all monies received from the sale of the cookbooks to the Leg Club Foundation (CRN 1111259).

Ellie also networks extensively and amongst the highlights was involved with the following:

All Party Parliamentary Group Vascular and Venous Disease (APPGVV) as patient representative and channelling of patient feedback in regard to the lower limb to MPs, patient group leaders, expert clinicians and senior charity officers.

Highlight Activities and Board Events

A relational database within the Leg Club Network: an audit published in the International Wound Journal (IWJ), Nov 2020

The growing prevalence of venous leg ulcers in an ageing population presents challenges for wound care and management. The Lindsay Leg Club model is an alternative approach to the management of leg health that can improve patient outcomes. This article reports on an audit of a relational database located within the Leg Club Network, containing records of more than 17 000 patients (known as members) who attended a Leg Club in a 5-year period (2014-2019). Overall, over 266 000-member leg assessments and treatments were entered into the database. The average nurse-member attendance time was 28 min, with a skill mix of 23% senior nurses, 70% qualified and associate nurses, and 7% nurses in supervisory roles. Healing rates averaged 62% after 12 weeks. Recurrence rates were 20% after 12 weeks. Annual clinical and volunteer hours averaged 821 and 800 h, respectively. Staffing costs were £28 per wound treatment or leg assessment with a typical duration of 27 min; 71% of members were aged 70 to 94 years old, which indicates the need for a service that caters to the specific requirements of this age group.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

Board Information

A number of Board changes took place during the year. We are very grateful to Liz Grogan who served a 3 year term and retired in March. Mr H Hussein (known as Mo Girach) who has held a number of senior positions within the NHS, recently as a CEO, joined in September.

Our Foundation Patron Jacqui Fletcher was named in HM The Queen's Birthday Honours List for 2020. Jacqui received the Officers of the Order of the British Empire (OBE) for services to Wound Care Management.

Partnerships and New 3rd Party Agreements

Leg Club Industry Partners (LCIP)

There has never been a time since the introduction of the Leg Club Foundation charity when we as a Board of Trustees have collectively been more aware of the value of our Leg Club Foundation charity donors and the ongoing need for funds to enable our work to continue. The LCIP have continued to support the Foundation throughout 2020 with unfailing commitment and donations. These donations have facilitated Leg Club nurses to support members and the public to access health and wellbeing information through leaflets and videos so they can maintain their self-care. The Foundation Charity would like to acknowledge and thank again our LCIP advocates.

New partnership formed with the SDMA

Following extensive board meetings and consultations between the Foundation and the leading wound care trade association a corporate health-care partnership was considered mutually beneficial. Hence a partnership with the Surgical Dressing Manufacturer's Association (SDMA) was formed in July 2020. This collaborative partnership brings together viewpoints from both the wound care third sector and industry to form an aligned voice to influence policy and decision makers to ensure individuals receive the highest quality wound care and education.

New partnership with AD INTEGRUM Vascular & Wound Care

In March 2021 the Lindsay Leg Club Foundation (LLCF) formed an innovative partnership agreement with AD INTEGRUM Vascular & Wound Care. The purpose of this collaborative working partnership is to promote the fact that the two organisations are working together to achieve the same goal; to provide wound care and a better quality of life for individuals with lower limb conditions and leg ulcers.

NHS Shared Business Services (NHS SBS)

NHS SBS has engaged with the Lindsay Leg Club Foundation regarding the renewal of the Advanced Wound Care Products and Services framework agreement. The objective of the framework is to satisfy customers' clinical, and procurement needs by consolidating SBS's current wound care frameworks.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

VENOUS LYMPHATICS WORLD INTERNATIONAL NETWORK (vWIN) FOUNDATION

Over the summer months, the vWIN Foundation, a not-for-profit organisation, embarked on a global educational humanitarian initiative and invited the Leg network to participate in the webinars. The president of the vWIN Foundation, Professor Sergio Giancesini, and his board members created a stellar global faculty of key opinion leaders from phlebology, vascular and lymphology societies for a course of 12 educational online events, encouraging an interactive exchange of expert opinions and live questions from delegates via an educational online platform. All proceeds from the webinars registration and personal donations received were donated to World Food Day held on 16 October 2020 to support food projects worldwide.

The International Patient & Carer Advocacy Panel (IPCAP)

The International Patient & Carer Advocacy Panel (IPCAP) for wound care is an initiative supported by the World Union of Wound Healing Societies (WUWHS) and The Lindsay Leg Club Foundation, a member of the Sister Societies of the WUWHS. As part of the Congress Scientific Program public information leaflets were created by the chair of the committee Ellie Lindsay OBE and a panel of international volunteer experts hailing from both within and outside the wound care arena. They devoted a considerable part of their careers trying to understand, chart and promote the patient experience. For links to the leaflets please visit www.leg.org/the-patient-advocacy-panel-information

Business Plan and Financial Review

Our Business Plan includes an ambitious target to reach 60 Leg Clubs and 20,000 members by the end of 2022: the COVID crisis will inevitably impact on this growth plan but we would still hope to have in excess of 50 clubs in operation by this time.

The Foundation remains in a strong financial position due to the continued backing from LCIP members and various fund-raising activities. The accounts were Independently examined by Churchgate's Accountants, Bury St Edmunds and can be viewed on the Charity Commission website.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

The current account balance together with the savings account balance at March 2021 stood at a healthy £132,823, of which £37,333 is in a number of restricted funds.

Whilst the balance is healthy, we are entering a period of enormous economic uncertainty. The 2021 Leg Club Conference, historically a strong additional income donated by Ellie, has been cancelled due to COVID-19, and in common with other Charities other fundraising activities have been curtailed. However, we have partly offset this reduced income by strong cost control and holding regular Trustee meetings via Video Conference which has dramatically reduced expenditure. Above all, we are grateful to the ongoing support from the LCIP which sustains us financially and continues even in these difficult times, and we extend our deepest thanks to our industry partners.

Reserves Policy

The Charity does not hold significant reserves which can be invested. Any income not required for immediate needs is put on deposit to maximise interest and drawn upon as required. The Charity had unrestricted general reserves of £103,810 at 31 March 2021 which equates to over six months operational costs. The Charity aims to hold four months costs in reserves.

Investment powers and policy

The Charity does not hold significant surplus assets which can be invested. In the event of there being any funds to invest, availability of funds together with risk-free investment are the key criteria for investment.

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management

Legal Status and Governing Document

The Charity is incorporated as a company limited by guarantee, company number 05360413, on 10 February 2005 (as amended by special resolution dated 25 August 2005), and was registered with the Charity Commission on 12 September 2005, under charity number 1111259. The governing documents of the Charity are the Memorandum and Articles of Association.

The directors who served during the year were:

M Hoskins (Chairman)
E Lindsay
Dr R Bawden
C Brookes
J Smith
D Spencer-Veale
S Williams
T Young
E Grogan (resigned 16 March 2021)
D Hibbitt
C McIntyre
N McIntyre
R Yates
M Girach (appointed 9 September 2020)
J Geraghty (appointed 16 March 2021)
J S A Tyndale-Biscoe (resigned 24 August 2020)

THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

Appointment and induction of trustees

The Board of trustees are elected at the AGM and subject to one third of the Board submitting to re-election at each subsequent AGM. Trustees have defined responsibilities and most service on specific committees or groups alongside the main Board.

Trustees are asked to submit a resume of their interests and abilities in support of their election, and on commencing their appointment will be supported through induction to help them become fully effective.

Organisational structure

Members of the Trustee Board, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 6.

The Trustee Board consists of a maximum of 14 who meet on a quarterly basis and they are responsible for the strategic direction of the Charity. A quorum at a meeting of the trustees is three trustees.

Members of the Charity each guarantee to contribute an amount not exceeding £1 to the assets of the Charity in the event of a winding up.

Risk management

Trustees are at all times aware of the financial state of the Charity. The Charity has two forms of insurance:

- (1) Employers' Liability Insurance (£5 million) which covers public liability, products liability, personal accident, money and legal expenses, and
- (2) Trustees Indemnity Insurance

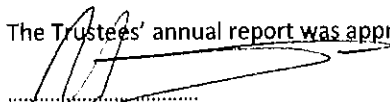
Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the Charity. These procedures are periodically reviewed to ensure that they still meet the needs of the Charity.

Independent examiner

Mr R Jackson of Churchgate Accountants Limited offers himself for appointment as independent examiner to the charity.

This report is prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The Trustees' annual report was approved by the Board of Directors.


.....
Mr M Hoskins
Chairman
Dated: 04.10.21

THE LINDSAY LEG CLUB FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS OF THE LINDSAY LEG CLUB FOUNDATION

Independent Examiner's Report to the Trustees of the Lindsay Leg Club foundation

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Respective responsibilities of trustees and examiner

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

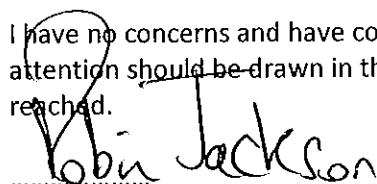
Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

Basis of independent examiner's statement

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


.....

Robin Jackson

Churchgate Accountants Limited
18 Langton Place
Bury St Edmunds
IP33 1NE

12th OCTOBER 2021

THE LINDSAY LEG CLUB FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2021

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
<u>Income from:</u>				
Donations and legacies	30,818	12,650	43,468	40,651
Charitable activities	70,000	-	70,000	70,000
Other trading activities	-	-	-	307
Investments	40	-	40	108
Total Income	100,858	12,650	113,508	111,066
<u>Expenditure on:</u>				
Raising funds	2,670	-	2,670	930
Charitable activities	57,559	2,917	60,476	97,815
Total	60,229	2,917	63,146	98,745
Net income/(expenditure)	40,629	9,733	50,362	12,321
Transfers between funds	(1,000)	1,000	-	-
Net movement in funds	39,629	10,733	50,362	12,321
Total funds brought forward	64,181	26,600	90,781	78,460
Total funds carried forward	103,810	37,333	141,143	90,781

THE LINDSAY LEG CLUB FOUNDATION
BALANCE SHEET
AS AT 31 MARCH 2021

		2021	2020
	Notes		
Current assets			
Debtors	11	10,000	-
Cash at bank and in hand		132,823	94,021
		<u>142,823</u>	<u>94,021</u>
Creditors: amounts falling due within one year	12	(1,680)	(3,240)
Net Assets		<u>141,143</u>	<u>90,781</u>
Financed by:			
The funds of the charity			
Restricted funds		37,333	26,600
Unrestricted funds	13		
- general reserves		103,810	64,181
		<u>141,143</u>	<u>90,781</u>

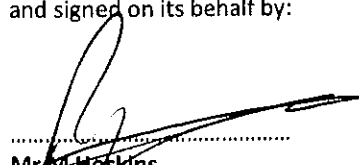
For the year ended 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 of the Companies Act 2006.

The trustees / directors have acknowledged their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the special provisions applicable to companies subject to small companies' regime.

The financial statements were approved by the board of directors and authorised for issue on 04.10.21... and signed on its behalf by:


 Mr. M. Hoskins
 Chairman

Company Registration No. 05360413

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Company information

The Lindsay Leg Club Foundation is a company limited by guarantee not having a share capital. In the event of a winding up of the company every member agrees to contribute such amount as may be required (not exceeding £1) to the Charity's assets if it should be wound up while he or she is a member or within one year after he or she ceases to be a member, for payment of the Charity's debts and liabilities contracted before he or she ceases to be a member, and of the costs charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts have not included a statement of cash flows per Update Bulletin 1 of charities SORP (FRS102) as The Lindsay Leg Club Foundation is not a large charity.

The accounts are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the directors in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies (continued)

1.4 Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. All income is shown gross.

Revenue grants are recognised in the Statement of Financial Activities in the year to which the relevant expenditure relates.

Income is deferred when performance related grants are received in advance of the performance of events to which they relate.

Donations and Investment income are credited to the SOFA when receivable.

1.5 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- Support costs are those costs incurred in the management and administration of the charitable activities. Support costs are allocated to activities based on their proportion of man hours.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalent

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Derecognition of financial liabilities

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies (continued)

1.10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgments, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3	Donations	Unrestricted funds	Restricted funds	Total 2021	Total 2020
		£	£	£	£
	Voluntary income	30,818	12,650	43,468	40,651
	Grants of a general nature	-	-	-	-
		<u>30,818</u>	<u>12,650</u>	<u>43,468</u>	<u>40,651</u>

4	Income from charitable activities	Unrestricted funds	Restricted funds	Total 2021	Total 2020
		£	£	£	£
	Grants	70,000	-	70,000	70,000
		<u>70,000</u>	<u>-</u>	<u>70,000</u>	<u>70,000</u>

5	Income from other trading activities	Unrestricted funds	Restricted funds	Total 2021	Total 2019
		£	£	£	£
	Merchandise	-	-	-	-
	Conference	-	-	-	307
		<u>-</u>	<u>-</u>	<u>-</u>	<u>307</u>

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

6	Investment Income	Unrestricted funds	Restricted funds	Total 2021	Total 2020
		£	£	£	£
	Interest – bank	40	-	40	108
		40	-	40	108

In the year ended 31 March 2020 £18,911 of all income received related to restricted fund income.

In the year ended 31 March 2020 £92,155 of all income received related to unrestricted fund income.

7	Expenditure on charitable activities	Unrestricted funds	Restricted funds	Total 2021	Total 2020
		£	£	£	£
	Leg Clubs	-	2,127	2,127	1,993
	Conference	-	-	-	1,870
	Grant projects	-	790	790	7,687
	Website and computer costs	3,556	-	3,556	4,533
	Printing	770	-	770	6,739
	Exhibitions	-	-	-	2,554
	Nurse audit	-	-	-	3,965
	World Union of Wound Healing	-	-	-	6,825
	Design costs	6,850	-	6,850	-
	Support costs (note 8)	39,799	-	39,799	51,995
	Governance costs	6,584	-	6,584	9,654
		57,559	2,917	60,476	97,815

8	Support costs	Support Costs	Governance Costs	Total 2021	Total 2020
		£	£	£	£
	Independent examiner	-	1,770	1,770	1,680
	Legal & professional	-	-	-	-
	Trustees expenses	-	392	392	2,196
	Consultants fees	37,834	4,203	42,037	49,073
	Travel expenses	321	36	357	5,804
	Office expenses	729	81	810	2,067
	Other costs	62	7	69	60
	Subscriptions	388	43	431	252
	Trustee insurance	465	52	517	517
		39,799	6,584	46,383	61,649

In the year ended 31 March 2020 £9,680 of all expenditure related to restricted fund expenditure.

In the year ended 31 March 2020 £89,605 of all expenditure related to unrestricted fund expenditure.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

9	Operating (deficit)	2021	2020
	Operating (deficit) for the year is stated after charging/(crediting):		
	Fees payable for the independent examination of the company's annual	1,770	1,680
		<u>1,770</u>	<u>1,680</u>
10	Directors		
	During the year E Lindsay received payments of £30,000 (2020: £33,000) as a consultant to the charity. The charity has received permission from the Charity Commission to make payments to her.		
	No other trustee received payment during the year other than reimbursed expenses of £ 435 (2020: £1,811) which were paid to 3 trustees (2020: 5 trustees).		
	The trustees did not receive any remuneration during the year.		
11	Debtors	2020	2019
	Amounts falling due within one year:	£	£
	Prepayments and accrued income	<u>10,000</u>	<u>-</u>
12	Creditors: amounts falling due within one year	2021	2020
		£	£
	Other creditors	1,680	3,240
		<u>1,680</u>	<u>3,240</u>

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

13 Charitable funds – movements – current year

Restricted funds

The income funds of the charity include restricted funds comprising the following unexpected balances of donations and grants held on the trust for specific purposes:

	Balance at 1 April 2020	Incoming resources	Resources expended	Transfers	Balance at 31 March 2021
	£	£	£	£	£
Grant – Urgo Foundation	1,375	-	-	-	1,375
Grant – Scholarship fund	3,332	1,400	-	-	4,732
Leg Club Sponsorship	660	-	-	-	660
Leg Clubs	5,770	2,750	(2,127)	-	6,393
Dissemination	1,000	-	-	-	1,000
Leaflets	-	1,000	(190)	-	810
Learning zone	-	-	-	-	-
Specialised equipment	4,553	-	-	-	4,553
Expansion project	6,410	4,500	-	-	10,910
Data training + collection	1,000	3,000	(600)	1,000	4,400
WUWHS	2,500	-	-	-	2,500
	26,600	12,650	(2,917)	1,000	37,333
Unrestricted funds					
Designated funds	-	-	-	-	-
General reserves	64,181	100,858	(60,229)	(1,000)	103,810
	90,781	113,508	(63,146)	-	141,143

Designated reserve: A designated reserve is no longer required as the conference is no longer organised by The Lindsay Leg Club Foundation.

General reserve: General reserves represent the free funds of the charity which are not designated for a particular purpose.

THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Charitable funds – movements – prior year

Restricted funds

The income funds of the charity include restricted funds comprising the following unexpected balances of donations and grants held on the trust for specific purposes:

	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2020 £
Grant – Urgo Foundation	1,375	-	-	-	1,375
Grant – Scholarship fund	3,284	1,600	(2,550)	998	3,332
Leg Club Sponsorship	-	1,000	(340)	-	660
Leg Clubs	1,715	5,188	(1,993)	860	5,770
Dissemination	1,000	-	-	-	1,000
Leaflets	236	-	-	(236)	-
Learning zone	-	-	-	-	-
Specialised equipment	-	5,473	(920)	-	4,553
Expansion project	7,780	1,150	(3,877)	1,357	6,410
Data training	-	2,000	-	(1,000)	1,000
Conference	-	2,500	-	-	2,500
	15,390	18,911	(9,680)	1,979	26,600
Unrestricted funds					
Designated funds	-	-	-	-	-
General reserves	63,070	92,155	(89,065)	(1,979)	64,181
	78,460	111,066	(98,745)	-	90,781

14 Transfer between funds

The charity has transferred income and costs between General Reserves and Restricted Funds during the year to reflect general reserves funding of part of the projects.