

Company registration number: 05418543

Charity registration number: 1111235



GOOD FOOD MATTERS

GROWING A HEALTHY COMMUNITY

ANNUAL REPORTS AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025





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Charity information

Company registration number: 05418543

Charity registration number: 1111235

Address: GOOD FOOD MATTERS
THE COMMUNITY FOOD
LEARNING CENTRE
Mickleham Way
New Addington
Croydon
CR0 0PN

Directors and Charity Trustees: Carole Short (Chair)
Christopher Mills(Treasurer)
Alexandra Kent

Accountants: MTP Accountancy Services Ltd
180 Foley Lane
Purley, Surry, CR8 3NF

Bankers: Lloyds Bank
125 Balham High Street
Balham
SW12 9AT





Structure Governance and Management

Good Food Matters is a charitable company limited by guarantee, governed by the Memorandum and Articles, incorporated on 8 April 2005, and registered as Good Food Matters under registration number 1111235 and company number 05418543.

Liability of Members

The charitable company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1. Trustees are directors for the purposes of the Companies Act and Trustees for the purposes of the Charities Act. They are also the members.

Appointment of Directors (who are also Trustees)

Under the requirements of the Memorandum and Articles of Association members of the Trustee Board are elected to serve from their appointment until the next AGM. At each annual general meeting one-third of the Directors or the nearest multiple of three must retire from office. They can offer themselves for re-election at the next Annual General Meeting.

The Memorandum & Articles of Association allow continuing trustees to appoint additional trustees.

Trustee Recruitment, Induction and Training

Good Food Matters (GFM) have an open recruitment process.

Those who apply are asked to complete an application form. Once received, the Chair will have an informal chat then invite them to meet some of the Board and the CEO to assess suitability. If agreed, they will then be appointed to the Board subject to references and checks according to our Memorandum and Articles of Association.

Candidates are asked to consider and declare any existing or potential conflicts of interest (including with related parties). As GFM works with children, young people, and vulnerable people a DBS (Disclosure and Barring) check will be required for those who meet these groups. In the light of the checks and declarations being satisfactory, the proposed Trustees will go forward for appointment.

All relevant parties such as funders, the charity's accountants are notified of the new appointments. There is no formal training programme for newly appointed trustees.

Board Meetings

The Board has a quarterly meeting format with additional meetings where necessary. Further support to the management team is provided in writing and through meetings with the Chair.

The challenge for the staff and Board is to keep the Centre up and running in accordance with GFM's aims and objectives. Our priority in the New Year will be to develop a strategy and business plan to ensure sustainability.

Responsibilities of the Board

The Trustees (who are also the Directors) are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each fiscal year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of-affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP
- Make judgments and estimates that are reasonable and produce.

- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

As far as the Trustees are aware:

- There is no relevant financial information of which the charitable company's Independent Examiner is unaware.
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the Independent Examiner is aware of that information.



Objectives

Our charitable objects are to:

- **Advance the education of the public about cooking and growing healthy food.**
- **Support disadvantaged young people and their families to build healthier lifestyles**, focusing on those facing lack of achievement at school, exclusion in care, leaving care, young careers, young homeless, young people with learning disabilities/autism, young ex-offenders, or children at risk of anti-social behaviour,

teenage mums, young refugees and all those involved in teaching or providing nutrition to any of these groups in the UK.

- **Encourage the development of healthier lifestyles through the provision of practical training, education,** info to be aware and support on nutrition, health, and well-being to ensure said people develop more positive attitudes to health and are equipped to make more informed health and dietary choices leading to an improvement in their quality of life.

Good Food For All

Our mission is simple - provide the space, knowledge, and support to help our community



grow, cook, and enjoy nutritious food.



CHAIRS REPORT

I cannot express enough gratitude to the staff, volunteers, and supporters who have contributed to the success of Good Food Matters over the past year.

Under Amanda's leadership, the charity has found a more secure footing, paving the way for exciting projects ahead, such as our work with refugees, our LCP funded Elders Cooking Club, and our participation in the prestigious RHS Chelsea Flower Show. These initiatives highlight the dynamic, meaningful work we are committed to delivering in our community.

A heartfelt thank you goes out to our exceptional team for their unwavering dedication and resilience:

- **Angela**, our Community Kitchen Manager, who effortlessly connects with volunteers and learners while managing the complexities of multiple programs. Her positivity and commitment ensure not only the smooth running of our operations but also that everyone enjoys a delicious, healthy meal.
- **Ernesto**, whose tireless efforts keep the garden thriving and the site running smoothly, enabling our projects to flourish.

We are equally indebted to our incredible volunteers, who are the backbone of our work. Special thanks go to **Colin**, who manages corporate events with skill, and **Donna**, who brings enthusiasm and support to our summer programs. To all our volunteers: your contributions make everything we do possible.

Despite the challenges, the charity has continued to serve the local community with responsiveness, compassion, and agility. This year has truly underscored what a vital resource Good Food Matters is—not just for our immediate community, but for the wider borough during these times of extraordinary need.

Looking to the future, we acknowledge the continued challenges, including the impact of Croydon Council's financial pressures and increased competition for funding nationally. Nonetheless, we remain optimistic, confident in the strength of our team and supporters to navigate these difficulties.

Finally, I would like to extend my thanks to my fellow trustees for their steadfast support, which has been instrumental in guiding the charity through another successful year.

CAROLE SHORT, CHAIR

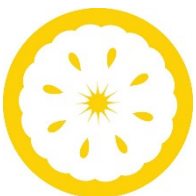


Managing Director's Annual Report

It is with immense pride and gratitude that I reflect on another remarkable year at Good Food Matters. The positive energy within our organisation is truly inspiring, and I am deeply thankful for our dedicated team. Special recognition goes to Angela and Ernesto, whose unwavering commitment forms the backbone of our charity. I am equally appreciative of our core volunteers and trustees, whose passion and support make leading this organisation such a privilege.

Programme Highlights

- **Youth Empowerment:** Thanks to Reedham Children's Charity, we entered our second year of creating a safe, welcoming space for young people in New Addington and Croydon. This funding enabled us to employ a youth worker, launch after-school cooking programmes, expand work experience opportunities, and enhance our youth holiday camps. Our goal is for every young person who visits Good Food Matters to feel safe, inspired, and equipped with essential life skills—from growing food and cooking from scratch to making informed nutritional choices and exploring new career pathways.
- **Bright Box Partnership:** Our collaboration with Voices of Hope Charity through the Bright Box programme was a standout success. Working with five local schools, we delivered over 22,000 meal kits—each containing ingredients for a family of five—to more than 150 families. Over 36 weeks, families learned 36+ recipes, broadening their culinary horizons and building lifelong food skills. The positive impact of this project continues, and we are eager to secure further funding to sustain and expand this initiative.
- **Inclusive Learning:** In partnership with Croydon Mencap and supported by NHS Innovations, we delivered a food skills programme for adults with learning disabilities. Twelve participants completed a term of cooking, culminating in a celebratory three-course meal for parents and carers. The joy and confidence gained by our learners were truly inspiring, and we look forward to future projects that build on this success.



- **Community Fridays:** With support from the Co-op Community Fund and Neveah Trust, our Friday programmes flourished. These include the Menshed project for socially isolated men, the Warm Safe Space initiative, and our Community Food Growers group. Each Friday, participants come together to learn, share a meal, and support one another—fostering wellbeing and a sense of belonging.
- **Celebrating Culture and Nature:** As part of Croydon’s City of Culture year, we hosted a diverse range of creative events—mushroom foraging workshops, garden design sessions, and culinary masterclasses—highlighting the powerful connections between food, culture, and nature. Collaborations with local artists and organisations brought fresh energy and creativity to our community.

Partnerships and Looking Ahead

Our “Stronger Together” partnerships—with the Family Centre, Pathfinders, Centre for Change, and The Pop In—have been instrumental in responding to the needs of New Addington and Fieldway. I am grateful for these collaborations and the positive impact they bring.

As we approach our 20th anniversary, I am reminded of the journey since joining Good Food Matters in 2015. The progress we have made is a testament to the resilience and creativity of our team and community. Looking forward our focus remains on growing our youth safe space project, supporting those in food poverty, enhancing our food-growing skills, and prioritising environmental sustainability. Together, we will continue to nurture both people and the planet for future generations.

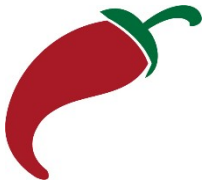
Acknowledgements

A heartfelt thank you to Colin, our outstanding corporate volunteering liaison, whose efforts have strengthened our relationships with companies committed to Corporate Social Responsibility, such as SPRING, PPF, HarbourVest, and Community Fibre. These partnerships provide vital support and resources, enabling us to maintain and improve our facilities for all.

Thank you to everyone—staff, volunteers, trustees, partners, and supporters—who make Good Food Matters a beacon of hope and opportunity in our community.

Amanda McGrath

Managing Director, Good Food Matters



OUR IMPACT

YOUTH WORK

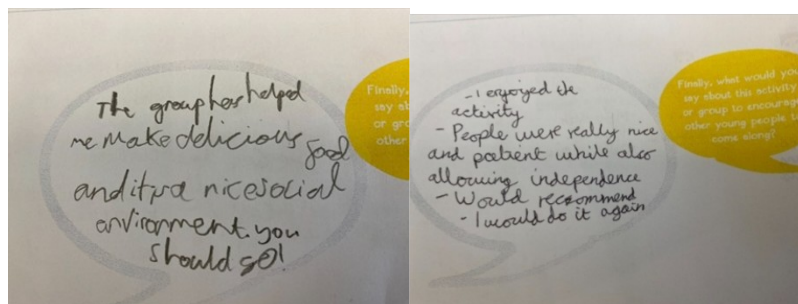
Thanks to Reedham Children's Charity, we entered our second year of creating a safe, welcoming space for young people in New Addington and Croydon. This funding enabled us to employ a youth worker, launch after-school cooking programmes, expand work experience opportunities, and enhance our youth holiday camps.

The GOOD FOOD MATTERS SAFE SPACE PROJECT continues to provide a safe, inclusive, and enriching environment for children and young people aged 8-18, including those with special educational needs (SEN). This initiative, funded by Reedham, aims to:

- Establish and sustain a Youth Hub in South Croydon (New Addington and Fieldway with broader reach)
- Develop tailored programmes for Key Stage 2 and 3 students
- Enhance GFM's organisational capacity to deliver consistent, year-round support
- Develop a work experience offer

GFM delivered a wide array of programmes throughout the year aligned with both educational and wellbeing outcomes:

- Youth Cooking Club- weekly free cooking club
- Christmas Easter and Summer HAF holiday programs focused on 8 -17yrs **reaching over 100 young people**
- Refugee Family and Youth Support
- Weekly Youth Group for young refugees, in partnership with the displaced children's team
- Brite Box reaching 150 families and **over 20,000 meals**
- 40+ youth work experience sessions



Bright Box Partnership: Our collaboration with Voices of Hope Charity through the Bright Box programme was a standout success. Working with five local schools, we delivered over 22,000 meal kits—each containing ingredients for a family of five—to more than 150 families. Over 36 weeks, families learned 36+ recipes, broadening their culinary horizons and building lifelong food skills. The positive impact of this project continues, and we are eager to secure further funding to sustain and expand this initiative.



Free Classes for you and your support workers!



If you are an adult with a learning disability, a support worker or family member, and would like to know more information about our new cooking, craft and walking groups - we would love to see you at one of our information and enrolment events at Our Space, 50 High Street Croydon CR0 1YB.

Pop into either
Tuesday Feb 20th
10-12pm
or
Thursday Feb 29th
12pm - 2pm

In Partnership with Good Food Matters and Lifestyle Health and Education CIC. Funded by the NHS

Tell us if you are coming info@croydonmencap.org.uk 020 8684 5890



Community Fridays: With support from the Co-op Community Fund and Neveah Trust, our Friday programmes flourished. These include the Menshed project for socially isolated men, the Warm Safe Space

initiative, and our Community Food Growers group. Each Friday, participants come together to learn, share a meal, and support one another—fostering wellbeing and a sense of belonging.

GOOD FOOD MATTERS AND CROYDON - CITY OF CULTURE AND COMMUNITY

Celebrating Culture and Nature: As part of Croydon's City of Culture year, we co created a diverse range of creative event that we wanted to bring fun and fresh events to our Croydon community that would help them reengage with nature and enjoy our wonderful green spaces through mushroom foraging workshops, growing and garden design sessions and mindfully be creative through culinary masterclasses—highlighting the powerful connections between food, culture, and nature. Collaborations with local creative organisations brought fresh energy and creativity to our community through NATURE VIBES with Ubuntu Arts.



Local Community Partnership

Our stronger together partnership is in its 2nd year and we continue to work well collaboratively – linking and cross referring and supporting New Addington & Fieldway residents as a multi-dimensional level – New Addington continues to be a beacon of excellence in joint local working and we are very happy to be part of this thread of linked support.



DISPLACED PEOPLE AND FAMILIES



The Choose Love funding has enabled Good Food Matters (GFM) to deliver face-to-face cooking sessions under the “We Cook Together” (WCT) initiative. Central to this work is our Croydon-based kitchen and garden, which serves as a hub for community engagement, skill building, and support

We emphasize regular communal cooking sessions and social activities, as well as skill-building opportunities such as food hygiene and allergen training. These empower participants to explore potential work avenues.

Activities and Achievements Cooking Sessions

- Monthly sessions for Croydon College ESOL Youth Provision
- UASC Youth Class: 20 students registered, with 16–18 attending each session)
- Highlights: First session included homemade soda bread and spiced lentil soup, supporting both cooking and English language learning. Chicken dishes were especially popular.

Events and Activities GFM catered for 75 participants at this event for churches and agencies serving asylum seekers and refugees in Croydon. Some displaced people still attend activities and events at GFM such as men’s cooking group, community growing sessions and attend HAF holiday camps either at GFM or at partner organisation Knowledge and Practice in West Thornton

MENSHED The CCG awarded us continuation funding for our MH work as the only MENSHER in Croydon, offering weekly sessions in the community and a safe space for me to meet, be active and enjoy outside space and a warm meal and conversation.

- Community food growing – sponsored by the COOP and Croydon Rotary Jubilee
- FRIDAY VOLUNTEERING

- 2 community allotments created and run by the community – these include a local Home Educated group who run STEM sessions via this amazing resource and a local group who are managing their long-term health conditions through gardening cooking and other therapeutic activities.

- Knowledge and Practice – BL funded healthy cooking sessions.



Corporate and Community Volunteering

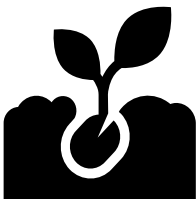
Driving Impact Together

Our heartfelt thanks go to all the companies and individuals who have generously contributed their time and expertise to support our mission. Your efforts have made a significant difference in the lives of local people ,children and families we serve.

Key Statistics: Volunteer Contribution (April 2024 – March 2025)

Corporate Volunteering Impact

- individual volunteers
- total volunteer hours



We estimate we grew around 4000 kilos of food that was used across all our programs and the rest was



distributed across Food Stop, Food Banks and those in need

Community Volunteering Impact

- community volunteers
- total volunteer hours



Brite Box – 36 sessions = 15 volunteers and over 1620 hours supporting 150 families and 20000 + meals



Corporate Volunteers Making a Difference

From improving our facilities to fundraising and engaging in hands-on tasks, these corporate partners have driven real change:

Colin stats



Volunteer Testimonials

COMMUNITY PARTNERS

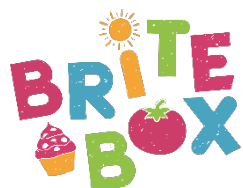
We continue to work closely at a micro level in New Addington with the Family Centre, Play Place, Salvation Army, NARA, Centre for Change, RENA and of course Pathfinders but more broadly pan Croydon and further with CVA, BME Forum, Croydon Diabetes, Knowledge and Practice, Reaching Higher, Mencap, CALAT, BlueTouch, Refugee Day Centre, Migrant Help, Faith Groups such as The Salvation Army and Voices for Hope, schools and Colleges.

FUNDERS AND PARTNERS— our sincere thanks to you all

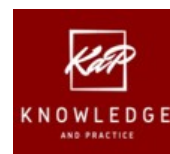


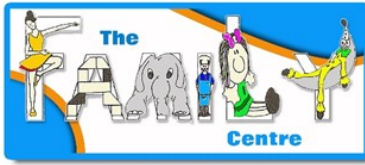
CROYDON ROTARY JUBILEE

CROYDON ROTARY CLUB



Making it possible





ASBO

London Borough of Culture is a Mayor of London initiative.

MAYOR OF LONDON

Presented by:

CROYDON
www.croydon.gov.uk



Supported using public funding by
ARTS COUNCIL ENGLAND



"It was a pleasure to work with the team from Edelman. They put in a great shift as well as being excellent company. We look forward to seeing them return to the site at some future

point."

— Colin Gordon, HandsOn London

TOTAL

total volunteer hours contrib

+ volunteers engaged

COMMUNITY PARTNERS

We continue to work closely at a micro level in New Addington with the Family Centre, Play Place, Salvation Army, NARA, Centre for Change, RENA and of course Pathfinders but more broadly pan Croydon and further with CVA, BME Forum, Croydon Diabetes, Knowledge and Practice, Reaching Higher, Mencap, CALAT, BlueTouch, Refugee Day Centre, Migrant Help, Faith Groups such as The Salvation Army and Voices for Hope, schools and Colleges.

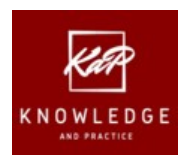
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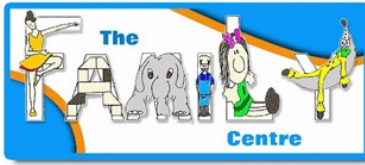
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CROYDON ROTARY JUBILEE

CROYDON ROTARY CLUB





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Supported using public funding by
**ARTS COUNCIL
ENGLAND**



CHOOSE LOVE



Celebration of life

Ben - Atur Eliyahtsoor Aharon - Fredrick Melville Saltus

We are honoured to have been friends and colleagues of Ben—a man who was truly one of a kind. It is difficult to capture the essence of someone as remarkable, but one thing is certain: Ben lived his life with a vigour and passion that inspired everyone lucky enough to know him. Ben was wise—a rare souls who had a deep understanding of the world and how it works his wisdom was not confined to books or lectures it shaped the way he lived: traveling the world and immersing himself in diverse cultures.

Ben made a significant impact here on the farm as he would call it, he founded our Menshed and oversaw the plot of land that the Black fathers group tended.

Some memories really stand out for us here,

- *Turning up at the Croydon Whitgift centre on a cold December and sharing his pumpkin soup with everyone*
- *the shed he built from salvaged wooden doors—a true testament to his creativity, resourcefulness, and knack for turning the ordinary into something extraordinary.*
- *The best BBQ plantains and the joyous chaos he brought to the kitchen whenever he cooked*

Ben's energy was infectious you could not help but be swept up in his enthusiasm. He had a natural gift for public speaking - He made our good food matters family feel seen, heard, and understood

Ben loved food—His passion for vegan eating was not only about faith and compassion but also about creativity. He had a way of turning simple ingredients into works of art, showing us that plant-based living could be exciting, vibrant, and full of flavour. And he did not just stop at food—he loved growing plants, nurturing life from seed to bloom.

Ben was kind. He had a way of making everyone feel welcome, of making you feel like you mattered. He listened deeply and cared genuinely. He brought joy, laughter, and warmth to our shared meals and he reminded us that the best things in life are not things at all—they are the people we share it with.

So as we honour Ben's incredible life, let us carry forward his legacy, embrace his love of adventure, his passion for food, his stubborn belief in the things that matter most, and his ability to bring a world of perspective and kindness to every moment.

Ben, we will miss you, but we will carry you with in the meals we share, the plants we grow and the farmland itself where your memorial tree grows.

Rest in peace, from all your friends and colleagues at Good Food Matters

RISK AND MANAGEMENT

The Board monitors risk regularly to ensure that action is taken, or systems are in place to manage identified areas of risk. GFM continues to review its procedures and policies to ensure that they are consistent with best practices.

The charity focuses on the following major areas of risk:

Future Funding: financial sustainability is the most significant risk, and much management and trustee time is devoted to developing a pipeline of future funding.

Financial Control: Management produce regular and detailed financial statements.

Fire Risk: We have a fire alarm system; a fire system contacts in place to check alarms and extinguishers bi-annually in line with guidance and a Fire Risk Assessment that is reviewed annually or sooner as required.

Health and Safety: The premises have the required standard of level of hygiene needed to sustain the current usage of the premises. Health and Safety is on each Board agenda to ensure that all aspects are considered (including work in the garden and with machinery). Our Health and Safety policy including COSHH is reviewed annually.

Disclosure and Barring Checks: volunteers, staff and those trustees who are in contact with service users are subject to periodic enhanced DBS checks. We use UCheck system and have system checks in place.

Staff and Volunteer Training: All staff and volunteers are professionally trained, and a new appraisal system is in place. Staff are all first aid and MH first aid trained. New policies for Modern Slavery and Menopause were approved by the board.

Safeguarding: Proper procedures and controls are in place to be able to identify and action instances of alleged or suspected abuse that comes to the attention of Good Food Matters. A key element of the procedures of the on-going annual training of all Trustees, Staff, and Volunteers in the Safeguarding and Protection of Young People.

COVID/infection control and Hygiene safety is a priority and Good Food Matters manage a Covid safe working practice partly due to our strong food hygiene and outdoor hygiene management.

The Board of Trustees regularly review reserves the reserves policy. The fixed assets are written off over the period of the Lease, over 10 years on the land at Mickleham Way.

Financial Review

to add

Declaration

The Directors (who are also Trustees) declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Directors and Trustees



ADD CHRIS SIG

Name: CAROLE SHORT

CHRIS MILLS

Position: CHAIR

TREASURER

Date:

Independent examiner's report on the accounts

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Signed:

Date: 21/12/2022

Shri Poran

FCCA, FAIA

MTP Accountancy Services Ltd

180 Foxley Lane, Purley, CR8 3NF

Statement of Financial Activities

	Unrestricted Funds	Restricted Income Funds	Total Funds	Prior Year
Incoming Resources (Note 2)	£	£	£	£
Donations and legacies	16,253		16,253	4367
Grants	-	127,004	127,004	92,097
Fee Income	-			
Other Income	7,840	-	7,840	6650
Total	24,093	127,004	151,097	103,114
Resources Expended (Note 3)				
Expenditure on:				
Charitable activities	22,245	124,173	146,418	114,072
Total	22,245	124,173	146,418	114,072

Net Income/(Expenditure) before Investment gains/(losses)	1,848	2,831	4,679	-10957
Net income/(expenditure)	1,848	2,831	4,679	-10,957
Net movement in funds	1,848	2,831	4,679	-10,957
Reconciliation of funds:				
Total Funds Brought Forward	-17,366.00	13,197.00	30,563.00	19,606.00
Total Funds Carried Forward	-15,518.00	10,366.00	25,884.00	30,563.00

The net outgoing resources for the year arise from the Company's continuing operation.

No separate Statement of Total Recognised Gains and Losses has been presented as all such gains and losses have been dealt with in the Statement of Financial Activities.

Movements in funds are disclosed in Note 8 to the Financial Statements.

Balance Sheet on 31 March 2024

Fixed Assets	Unrestricted Funds	Restricted Income Funds	Total this Year	Total last Year
	£	£	£	£
Tangible Assets (Note6)	33,175	-	33,175	33,175
Current Assets				
Cash at Bank		-	-	-
Creditors: amounts due within one year (Note7)	7,291	-	7,291	2612
Net Current Assets/(Liabilities)	-7,291	-	-7,291	-2,612

Total Assets Less Liabilities	25,884	-	25,884	30,563
Total net assets or liabilities	25,884		25,884	30,563
Funds of the Charity				
Restricted Income Funds (note 2)	-	-10,366	-10,366	-10,366
Unrestricted Funds	-15,518	-	-15,518	-15,518
Total Funds	-	-	-25,884	-25,884

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024. No members have required the company to obtain an audit of its accounts for the year in question under Section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to and subject to the small company regime.

Approved by the Board on and signed on its behalf by



Chair:

Trustee:.....

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

1.1 BASIS OF PREPARATION OF ACCOUNTS

The financial statements are prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities, Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities

(FRSSE) (effective January 2015) and with the requirements of the Charities act 2011 and the Companies Act 2006.

1.2 FUND ACCOUNTING

Unrestricted Funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Restricted Funds are subject to restrictions on their expenditure imposed by the donor or through the terms of a grant.

1.3 INCOME

Income is recognised in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to categories of income. Voluntary Income by way of donations and grants are included in the statement of financial activities on a receivable basis when evidence exists to confirm the certainty of receipt.

1.4 EXPENDITURE

Expenditure is included on an accruals basis and includes VAT because the charity is not registered for VAT. It also includes depreciation on the tangible assets of the charity. Resources expended are recognised in the period in which they are incurred. They are allocated to the activity where the costs relate directly to that activity. Governance costs comprise costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to statutory audit and legal fees.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025 (Cont'd)

1.6 TANGIBLE FIXED ASSETS

1.7 TRANSFERS BETWEEN FUNDS

1.8 RESERVES

2. Analysis of income

Grants:

Other Trading Activities:

TOTAL	24,093	127,004		150,967	111,167
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3. Analysis of expenditure

25

Expenditure on charitable activities	Analysis	d funds		d income funds	year
		£		£	
	Building - other project costs		-		2,380
	Volunteer expenses	-	365	365	-
	Insurance	-	5,202	5202	3,070
	Staff costs	-	73,708	73708	59,026
	Staff Training	149	-	149	-
	Service charge	145	-	145	109
	Tutor fees/sessional worker	-	9,238	9,238	1,094
	Bank charges	847	-	847	1,654
	Sundry	8913	2228	11,141	-
	Light & heat	4,918	1,229	6,147	14,635
	Water rates	2500	-	2,500	1,249
	Telephone	1198	299	1,199	1,635
	Cleaning	543	-	543	-
	Repairs and renewals	1408	-	1,408	504
	Grocery and other direct costs	-	26,347	26,347	9,055
	Advertising and marketing	-	50	50	197
	IT, software and maintenance	-	1512	1,512	357
	Pensions	-	1,235	1,235	2,811
	Donation	180	-	180	
	Professional fees	1,329	-	1,329	1,470
	Travel	115	2,760	2,875	1,103
	Total expenditure on raising funds	22,245	124,173	146,120	114,072

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025 (Cont'd)

4. Governance Costs

This Year

Last Year

	£	£
Independent examiner's fees	840	684

5: Staff Costs

	<i>This Year</i>	<i>Last Year</i>
	£	£
Salaries and Wages	73,708	59,135
Pension Costs (defined contribution scheme)	1,235	2,811
Total staff costs	61,946	56,716

The monthly average number of employees during the year was 3 (2024: 3). No employee received remuneration amounting to more than £60,000 in either year.

No Trustee received any remuneration during the year (2025: Nil) and no Trustee received reimbursed expenses (2025: Nil).

6. Tangible fixed assets

6.1 Cost or valuation

	Leasehold premises	Ground improvement costs	Greenhouses	Kitchen	Furniture fixtures and fittings	Equipment	Total
	£	£	£	£	£	£	£
At the beginning of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279
Additions	-	-	-	-	-	-	-
Revaluations	33,175	-	-	-	-	-	-
Disposals	-	-	-	-	-	-	-
At end of the year	441,660	87,416	31,952	24,820	3,000	9,606	598,454

6.2 Depreciation and impairments

Basis	SL	SL	SL	SL	SL	SL	
Rate	10%	10%	10%	10%	10%	10%	
At beginning of the year	408,485	86,163	31,950	24,451	3,000	9,192	563,241
Disposals	-	-	-	-	-	-	-
Depreciation	-	1,253	2	369	-	414	2,038
Impairment	-	-	-	-	-	-	-
At end of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279

6.3 Net book value

Net book value at the beginning of the year	-	1,253	2	369	-	414	2,038
Net book value at the end of the year	33,175	-	-	-	-	-	33,175

7. Creditors and Accruals

		Amounts Falling due within one year	
		This Year	Last Year
		£	£
Creditors (<1 year)			
Trade Creditors		1,719	1,772
Bank overdraft		4,732	
Accruals & Deferred Income		840	840
	Total	<u>7,291</u>	<u>2,612</u>

8. Taxation

Good Food Matters is a registered charity and as such its income and gains falling within Sections 471 to 489 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its chargeable objectives.



GOOD FOOD MATTERS