

Company registration number: 05418543

Charity registration number: 1111235



GOOD FOOD MATTERS

GR^{OW}ING A HEALTHY COMMUNITY

ANNUAL REPORTS AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024





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Charity information

Company registration number:

Charity registration number:

1111235

Address:

GOOD FOOD MATTERS
THE COMMUNITY FOOD
LEARNING CENTRE
Mickleham Way
New Addington
Croydon
CRO OPN

Directors and Charity Trustees:

Carole Short (Chair)
Christopher Mills (Treasurer)
Alexandra Kent

Accountants:

Tax Return Adviser Ltd
Nower End, Nower Road
Dorking, Surrey RH4 3BX

Bankers:

Lloyds Bank
125 Balham High Street
Balham
SW12 9AT





Structure Governance and Management

Good Food Matters is a charitable company limited by guarantee, governed by the Memorandum and Articles, incorporated on 8 April 2005, and registered as Good Food Matters under registration number 1111235 and company number 05418543.

Liability of Members

The charitable company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1. Trustees are directors for the purposes of the Companies Act and Trustees for the purposes of the Charities Act. They are also the members.

Appointment of Directors (who are also Trustees)

Under the requirements of the Memorandum and Articles of Association members of the Trustee Board are elected to serve from their appointment until the next AGM. At each annual general meeting one-third of the Directors or the nearest multiple of three must retire from office. They can offer themselves for re-election at the next Annual General Meeting.

The Memorandum & Articles of Association allow continuing trustees to appoint additional trustees.

Trustee Recruitment, Induction and Training

Good Food Matters (GFM) have an open recruitment process.

Those who apply are asked to complete an application form. Once received, the Chair will have an informal chat then invite them to meet some of the Board and the CEO to assess suitability. If agreed, they will then be appointed to the Board

subject to references and checks according to our Memorandum and Articles of Association.

Candidates are asked to consider and declare any existing or potential conflicts of interest (including with related parties). As GFM works with children, young people, and vulnerable people a DBS (Disclosure and Barring) check will be required for those who meet these groups. In the light of the checks and declarations being satisfactory, the proposed Trustees will go forward for appointment.

All relevant parties such as funders, the charity's accountants are notified of the new appointments. There is no formal training programme for newly appointed trustees.

Board Meetings

The Board has a quarterly meeting format with additional meetings where necessary. Further support to the management team is provided in writing and through meetings with the Chair.

The challenge for the staff and Board is to keep the Centre up and running in accordance with GFM's aims and objectives. Our priority in the New Year will be to develop a strategy and business plan to ensure sustainability.

Responsibilities of the Board

The Trustees (who are also the Directors) are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each fiscal year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP
- Make judgments and estimates that are reasonable and produce.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

As far as the Trustees are aware:

- There is no relevant financial information of which the charitable company's Independent Examiner is unaware.
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the Independent Examiner is aware of that information.



Objectives

Our charitable objects are to:

- Advance the education of the public about cooking and growing healthy food.
- Support disadvantaged young people and their families to build healthier lifestyles, focusing on those facing lack of achievement at school, exclusion in care, leaving care, young careers, young homeless, young people with learning disabilities/autism, young ex-offenders, or children at risk of anti-social behaviour, teenage mums, young refugees and all those involved in teaching or providing nutrition to any of these groups in the UK.
- Encourage the development of healthier lifestyles through the provision of practical training, education, info to be aware and support on nutrition, health, and well-being to ensure said people develop more positive attitudes to health and are equipped to make more informed health and dietary choices leading to an improvement in their quality of life.

Good Food for All

Our mission is simple – provide the space, knowledge, and support to help our community grow, cook, and enjoy nutritious food.





CHAIRS REPORT

I cannot express enough gratitude to the staff, volunteers, and supporters who have contributed to the success of Good Food Matters over the past year.

Under Amanda's leadership, the charity has found a more secure footing, paving the way for exciting projects ahead, such as our work with refugees, our LCP funded Elders Cooking Club, and our participation in the prestigious RHS Chelsea Flower Show. These initiatives highlight the dynamic, meaningful work we are committed to delivering in our community.

A heartfelt thank you goes out to our exceptional team for their unwavering dedication and resilience:

- Angela, our Community Kitchen Manager, who effortlessly connects with volunteers and learners while managing the complexities of multiple programs. Her positivity and commitment ensure not only the smooth running of our operations but also that everyone enjoys a delicious, healthy meal.
- Ben and Ian who are our driving force behind our MENSSED and suicide prevention program, whose energy and passion make them fantastic ambassadors for Good Food Matters.
- Ernesto, whose tireless efforts keep the garden thriving and the site running smoothly, enabling our projects to flourish.

We are equally indebted to our incredible volunteers, who are the backbone of our work. Special thanks go to Colin, who manages corporate events with skill, and Donna, who brings enthusiasm and support to our summer programs. To all our volunteers: your contributions make everything we do possible.

Despite the challenges, the charity has continued to serve the local community with responsiveness, compassion, and agility. This year has truly underscored what a vital resource Good Food Matters is—not just for our immediate community, but for the wider borough during these times of extraordinary need.

Looking to the future, we acknowledge the continued challenges, including the impact of Croydon Council's financial pressures and increased competition for funding nationally. Nonetheless, we remain optimistic, confident in the strength of our team and supporters to navigate these difficulties.

Finally, I would like to extend my thanks to my fellow trustees for their steadfast support, which has been instrumental in guiding the charity through another successful year.

CAROLE SHORT, CHAIR



DIRECTORS REPORT

As I write this, there is an incredibly positive atmosphere, and I am filled with gratitude for our amazing team. I want to especially thank Angela, Ben Elliott Asur, Ernesto whose dedication and hard work are the backbone of Good Food Matters. I am also deeply appreciative of our core volunteers and trustees, who make leading this charity such a privilege.



A special mention goes to Colin, who continues to excel as our corporate volunteering liaison. His efforts have strengthened our connections with incredible companies that prioritize Corporate Social Responsibility (CSR). These relationships, demonstrated by repeat bookings, provide both unrestricted funds and essential support for maintaining our grounds. I am especially grateful for our partnerships with SPRING, a local property company, and COMMUNITY FIBRE, whose monthly volunteering initiatives are a testament to their community focus. Thank you all for your invaluable contributions.

Our MENSSED program has seen fantastic growth this year, bolstered by continuation funding from the CCG. Special thanks to Ben and Ian in making this such a warm, welcoming, and creative safe space. The result is a thriving, member-led group that exemplifies resilience and community spirit. Another highlight was a pilot program supporting newly arrived asylum-seeking families, funded by Reedham Children's Trust. This initiative has laid the groundwork for a stronger collaboration with Reedham Charity, and we are thrilled that our refugee work has garnered recognition from CHOOSE LOVE charity, enabling us to develop a more focused provision for those in need.

One of the year's most exciting moments was our garden project in collaboration with award-winning designer Jane Porter and the CHOOSE LOVE charity, sponsored by PROJECT GIVING BACK. This partnership earned a prestigious Silver Gilt medal at the RHS Chelsea Flower Show and became the centrepiece of Croydon's City of Culture program. The project celebrated food and nature as central to all shared cultures, leaving a legacy through a beautiful, permanent garden of sanctuary here in New Addington.

Thanks to Reedham Children's Trust and the formation of the Croydon Youth Consortium, we have established a New Addington Youth Hub at Good Food Matters. With funding to employ a Youth Development Officer for three years, David Gboyega we aim to co-develop a creative, high-quality program that enriches the lives of our most disadvantaged young people.

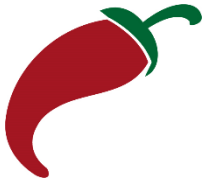
The spirit of collaboration among local organizations in New Addington remains strong, exemplified by the "Stronger Together" partnership. This collective effort allows us to respond swiftly and effectively to local needs. However, as Croydon Council continues to face financial challenges, we will increasingly seek support and funding from outside the borough, focusing on partnerships that align with our core themes.

Our commitment to environmental sustainability is unwavering. Through diligent efforts led by the MENSHER team, we have implemented a rain-harvesting system and reduced our energy consumption. Across all operations, we prioritize soil health, composting, recycling, and resource efficiency to minimize our environmental impact.

Despite rising costs in utilities, transport, and staples, we stay determined to stay prudent, build resilience, and develop sustainable solutions to secure our future.

Amanda McGrath
Good Food Matters





Impact Statement (April 2023 – March 2024)

Good Food Matters (GFM) has made significant strides in supporting our community through a wide range of programs and initiatives focused on food education, mental health, youth development, cultural celebration, and social inclusion. Over this period, we have continued to grow as a vital community hub, enriching lives and creating opportunities for individuals from all walks of life.

Key Highlights

Launch of Our Youth Hub

This year marked the exciting launch of our Youth Hub, made possible through funding from Reedham Children's Charity. This initiative has also enabled us to appoint a dedicated Youth Development Officer, who will lead the development and delivery of a robust program of youth services.

At the heart of this initiative is our commitment to ensuring that children's voices shape every aspect of the service. By fostering a supportive and inclusive environment, we aim to empower young people to grow, develop, and achieve their fullest potential. Through this program, GFM is fully aligned with the principles of *Every Child Matters*, delivering a high-quality service that addresses their physical, emotional, and social development needs.

Programmatic Achievements

Mental Health Support – MENSHERD

As the only MENSHERD in Croydon, GFM offers a vital weekly program for men to connect, be active, and enjoy the outdoors in a safe and welcoming environment. Supported by funding from the Croydon Clinical Commissioning Group (CCG), the sessions focus on promoting mental health and wellbeing through gardening, cooking, shared meals, and meaningful conversation.

Holiday Activities and Food (HAF)

Since 2016, we have delivered free, targeted holiday camps for young people. This year, our Easter and Summer camps reached over 60 children and young people, providing them with enriching experiences, healthy meals, and opportunities to gain experience and grow.

Community Food Growing

We continued to champion sustainable food practices through initiatives sponsored by the Co-op and Croydon Rotary Jubilee. Achievements included:

- Establishing two community allotments, managed by local groups. These spaces serve as therapeutic environments where participants, including home-educated children and individuals managing long-term health conditions, engage in gardening, cooking, and STEM activities.
- Collaborating with CALAT to run accredited food growing and cooking courses for SEN adults.

Cooking and Healthy Eating Programs

- Delivered elder cooking sessions at Croydon Alms Houses, enabling residents to improve their cooking skills and nutrition while fostering social connections.
- Conducted cooking workshops in partnership with the Salvation Army, focusing on affordable, healthy meals.
- Organized BL-funded healthy cooking sessions, empowering community members with practical knowledge to make healthier food choices.

Youth Education and STEM Initiatives

Our Home Education STEM program used our community allotments to teach children science, technology, engineering, and math concepts in a firsthand and engaging way. These sessions provide a unique blend of learning and sustainability, inspiring young minds through nature and creativity.

Refugee and Cultural Contributions

Refugee Support – Choose Love

Through our partnership with Choose Love, we provided vital support for refugees and asylum seekers, offering safe spaces, food, and community-building opportunities. This work highlights our commitment to support those in most need.



Corporate and Community Volunteering: Driving Impact Together

Our heartfelt thanks go to all the companies and individuals who have generously contributed their time and ability to support our mission. Your efforts have made a significant difference in the lives of children and families we serve.

Key Statistics: Volunteer Contribution (April 2023 – March 2024)

Corporate Volunteering Impact

- 553 individual volunteers
- 3,311 total volunteer hours

Community Volunteering Impact

- 67 community volunteers
- 5,040 total volunteer hours

Corporate Volunteers Making a Difference

From improving our facilities to fundraising and engaging in firsthand tasks, these corporate partners have driven real change:

- Edelman: Supported the berry enclosure project.
- NBCU: Prepared materials for the *Choose Love Garden* at RHS Chelsea Flower Show.
- Wells Fargo: Painted the Adobe wall of the *Choose Love Garden* after its reconstruction.
- Community Fibre: Combined skilled site tasks with fundraising, including the *Three Peaks Challenge*.
- SPRING: Monthly CSR projects with a whole-company approach.

Volunteer Testimonials

"It was a pleasure to work with the team from Edelman. They put in a great shift as well as being excellent company. We look forward to seeing them return to the site at some future point."

— Colin Gordon, HandsOn London

TOTAL

- 8,351 total volunteer hours contributed
- 620+ volunteers engaged



COMMUNITY PARTNERS



We continue to work closely at a micro level in New Addington with the Family Centre, Play Place, Salvation Army, NARA, Centre for Change, RENA and of course Pathfinders but more broadly pan Croydon and further with CVA, BME Forum, Croydon Diabetes, Knowledge and Practice, Reaching Higher, Mencap, CALAT BlueTouch consultancy, Refugee Day Centre, Migrant Help, Faith Groups, schools and Colleges.

FUNDERS – our sincere thanks to

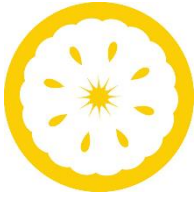


SUPPORTED BY
MAYOR OF LONDON



CROYDON ROTARY JUBILEE

CROYDON ROTARY CLUB



RISK AND MANAGEMENT

The Board monitors risk regularly to ensure that action is taken, or systems are in place to manage named areas of risk. GFM continues to review its procedures and policies to ensure that they are consistent with best practices.

The charity focuses on the following major areas of risk:

Future Funding: financial sustainability is the most significant risk, and much management and trustee time is devoted to developing a pipeline of future funding.

Financial Control: Management produce regular and detailed financial statements.

Fire Risk: We have a fire alarm system; a fire system contacts in place to check alarms and extinguishers bi-annually in line with guidance and a Fire Risk Assessment that is reviewed annually or sooner as needed.

Health and Safety: The premises have the required standard of level of hygiene needed to sustain the current usage of the premises. Health and Safety is on each Board agenda to ensure that all aspects are considered (including work in the garden and with machinery). Our Health and Safety policy including COSHH is reviewed annually.

Disclosure and Barring Checks: volunteers, staff and those trustees who are in contact with service users are subject to periodic enhanced DBS checks.

Staff and Volunteer Training: All staff and volunteers are professionally trained, and a new appraisal system is in place. Staff are all first aid and MH first aid trained. New policies for Modern Slavery and Menopause were approved by the board.

Safeguarding: Proper procedures and controls are in place to be able to find and action instances of alleged or suspected abuse that comes to the attention of Good Food Matters. A key element of the procedures of the on-going annual training of all Trustees, Staff, and Volunteers in the Safeguarding and Protection of Young People.

COVID safety is a priority and Good Food Matters manage a Covid safe working practice partly due to our strong food hygiene and outdoor hygiene management.

The Board of Trustees regularly review the reserves policy. The fixed assets are written off over the period of the Lease, over 10 years on the land at Mickleham Way.

Financial Review The financial statements have been presented in a format to comply with both company and charity law. The income for the year ended 31 March 2024 was £103,115 compared to the previous year of £111,167. Total expenditure after depreciation of fixed assets was £114,072 (2023: £165,593) leaving a deficit of £10,957 (2023: (£54,425)).

Declaration

The Directors (who are also Trustees) declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Directors and Trustees



Name: CAROLE SHORT

Position: CHAIR

Date:



CHRIS MILLS

TREASURER

Independent examiner's report on the accounts

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Signed: *S H Freedman*

Date: 30/11/2024

Simone H Freedman

Chartered Tax Adviser

Tax Return Adviser Limited

Nower End, Nower Road, Dorking, Surrey RH4 3BX

Statement of Financial Activities

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Incoming resources (Note 2)				
Income and endowments from:				
Donations and legacies	4,367	-	4,367	29
Grants	-	92,097	92,097	32,334
Fee income	-	-	-	-
Other income	6,650	-	6,650	78,804
Total	11,018	92,097	103,115	111,167
Resources expended (Note 3)				
Expenditure on:				
Charitable activities	4,034	110,038	114,072	165,593
Total	4,034	110,038	114,072	165,593
Net income/(expenditure) before investment gains/(losses)	6,984	- 17,941	- 10,957	- 54,425
Net income/(expenditure)	6,984	- 17,941	- 10,957	- 54,425
Net movement in funds	6,984	- 17,941	- 10,957	- 54,425
Reconciliation of funds:				
Total funds brought forward	- 24,350	4,744	- 19,606	34,819
Total funds carried forward	- 17,366	- 13,197	- 30,563	- 19,606

The net outgoing resources for the year arise from the Company's continuing operation.

No separate Statement of Total Recognised Gains and Losses has been presented as all such gains and losses have been dealt with in the Statement of Financial Activities.

Movements in funds are disclosed in Note 8 to the Financial Statements.

Balance Sheet on 31 March 2024

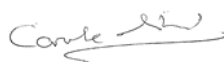
	Unrestricted funds £	Restricted income funds £	Total this year £	Total last year £
Fixed assets				
Tangible assets (Note 6)	33,175	-	33,175	2,038
Current assets				
Cash at bank and in hand		-	-	-
Creditors: amounts falling due within one year (Note 7)	2,612	-	2,612	21,644
Net current assets/(liabilities)	- 2,612	-	- 2,612	- 21,644
Total assets less current liabilities	30,563	-	30,563	- 19,606
Total net assets or liabilities	30,563	-	30,563	- 19,606
Funds of the Charity				
Restricted income funds (Note 2)	-	13,197	- 13,197	4,744
Unrestricted funds	- 17,366	-	- 17,366	- 24,350
Total funds	- 17,366	- 13,197	- 30,563	- 19,606

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024. No members have required the company to obtain an audit of its accounts for the year in question under Section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to and subject to the small company regime.

Approved by the Board on

and signed on its behalf by

Chair: CAROLE SHORT...



Trustee: CHRIS MILLS



NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

1.1 BASIS OF PREPARATION OF ACCOUNTS

The financial statements are prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities, Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015) and with the requirements of the Charities act 2011 and the Companies Act 2006.

1.2 FUND ACCOUNTING

Unrestricted Funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Restricted Funds are subject to restrictions on their expenditure imposed by the donor or through the terms of a grant.

1.3 INCOME

Income is recognised in the Statement of Financial Activities when the charity is entitled to the income, and the amount can be quantified with reasonable accuracy. The following specific policies are applied to categories of income. Voluntary Income by way of donations and grants are included in the statement of financial activities on a receivable basis when evidence exists to confirm the certainty of receipt.

1.4 EXPENDITURE

Expenditure is included on an accruals basis and includes VAT because the charity is not registered for VAT. It also includes depreciation on the tangible assets of the charity. Resources expended are recognised in the period in which they are incurred. They are allocated to the activity where the costs relate directly to that activity. Governance costs comprise costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to statutory audit and legal fees.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 (Cont'd)

1.6 TANGIBLE FIXED ASSETS

All fixed assets are depreciated over the 10-year lease of the land on a straight-line basis. The rate of depreciation is calculated to write off the cost less estimated residual value of each asset over its expected useful life.

1.7 TRANSFERS BETWEEN FUNDS

Trustees have the authority to transfer amounts out of the unrestricted fund into the restricted fund when required.

1.8 RESERVES

The charity's accounting policy is to develop an operating surplus to maintain three months running costs in unrestricted reserves.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 (Cont'd)

2. Analysis of income

		Unrestricted funds	Restricted income funds	Total funds £	Prior year £
Analysis					
Donations:	Donations	4,367	-	4,367	29
	Total	4,367	-	4,367	29
Grants:	Croydon Council		92,097	92,097	32,334
	London learning consortium			-	10,422
	Croydon voluntary action			-	21,037
	Reedhams childrens trust			-	15,440
	Other			-	12,850
	NHS South West London			-	-
	Total	-	92,097	92,097	92,083
Other trading activities:	Interest income	-	-	-	-
	Dividend income	-	-	-	-
	Rental and leasing income	6,620	-	6,620	19,055
	Other	30	-	30	-
	Total	6,650	-	6,650	19,055
Income from investments:		-	-	-	-
		-	-	-	-
		-	-	-	-
	Total	-	-	-	-
Separate material item of income:	Conversion of endowment funds into income	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-
	Other	-	-	-	-
	Total	-	-	-	-
TOTAL		11,018	92,097	103,115	111,167

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 (Cont'd)

3. Analysis of expenditure

		Unrestricted funds	Restricted income funds	Total funds £	Prior year £
Analysis					
Expenditure on charitable activities	Building - other project costs	-	-	-	-
	Grants made	2,380	-	2,380	-
	Volunteer expenses	-	-	-	-
	Insurance	-	3,070	3,070	2,963
	Staff costs	-	59,026	59,026	54,338
	Service charge	-	109	109	125
	Tutor fees/sessional worker	-	1,094	1,094	13,021
	Bank charges	1,654	-	1,654	1,933
	Sundry	-	-	-	96
	Depreciation	-	2,038	2,038	56,527
	Light & heat	-	14,635	14,635	7,472
	Water rates	-	1,249	1,249	3,679
	Telephone	-	1,635	1,635	2,389
	Cleaning	-	-	-	355
	Repairs and renewals	-	504	504	743
	Grocery and other direct costs	-	9,055	9,055	2,063
	Building repairs and renewals	-	11,685	11,685	14,571
	Advertising and marketing	-	197	197	83
	IT, software and maintenance	-	357	357	158
	Stationery	-	-	-	-
	Pensions	-	2,811	2,811	2,253
	Professional fees	-	1,470	1,470	684
	Travel	-	1,103	1,103	2,140
	Total expenditure on raising funds	4,034	110,038	114,072	165,593

4. Governance costs

	This year £	Last year £
Independent examiner's fees	840	684

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 (Cont'd)

5. Staff costs

	This year	Last year
	£	£
Salaries and wages	59,135	54,463
Pension costs (defined contribution scheme)	2,811	2,253
Total staff costs	61,946	56,716

The monthly average number of employees during the year was 3 (2023: 3). No employee received remuneration amounting to more than £60,000 in either year.

No Trustee received any remuneration during the year (2023: Nil) and no Trustee received reimbursed expenses (2023: Nil).

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 (Cont'd)

6. Tangible fixed assets

6.1 Cost or valuation

	Leasehold premises	Ground improvement costs	Greenhouses	Kitchen	Furniture fixtures and fittings	Equipment	Total
	£	£	£	£	£	£	£
At the beginning of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279
Additions	-	-	-	-	-	-	-
Revaluations	33,175	-	-	-	-	-	-
Disposals	-	-	-	-	-	-	-
At end of the year	441,660	87,416	31,952	24,820	3,000	9,606	598,454

6.2 Depreciation and impairments

Basis	SL	SL	SL	SL	SL	SL	
Rate	10%	10%	10%	10%	10%	10%	
At beginning of the year	408,485	86,163	31,950	24,451	3,000	9,192	563,241
Disposals	-	-	-	-	-	-	-
Depreciation	-	1,253	2	369	-	414	2,038
Impairment	-	-	-	-	-	-	-
At end of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279

6.3 Net book value

Net book value at the beginning of the year	-	1,253	2	369	-	414	2,038
Net book value at the end of the year	33,175	-	-	-	-	-	33,175

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH
2024 (Cont'd)

7. Creditors and accruals

	Amounts falling due within one year	
	This year	Last year
	£	£
Bank loans and overdrafts	-	-
Trade creditors	1,772	2,461
Payments received on account for contracts or performance-related grants	-	-
Accruals and deferred income	840	19,182
Taxation and social security	-	-
Other creditors	-	-
Total	2,612	21,643

8. Taxation

Good Food Matters is a registered charity and as such its income and gains falling within Sections 471 to 489 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its chargeable objectives.



GOOD FOOD MATTERS