

Company registration number: 05418543

Charity registration number: 1111235



GOOD FOOD MATTERS

GR^{OW}ING A HEALTHY COMMUNITY

ANNUAL REPORTS AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021



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Charity information

Company registration number: 05418543

Charity registration number: 1111235

Address: Evelyn House
Mickleham Way
New Addington
Croydon
CR0 0PN

Directors and Charity Trustees: Carole Short (Chair)
Folake Segun (Vice Chair)
Christopher Mills
Anita Jolly
Alexandra Kent

Accountants: Tax Return Adviser Ltd
Nower End, Nower Road
Dorking, Surrey RH4 3BX

Bankers: Lloyds Bank
125 Balham High Street
Balham
SW12 9AT



GOOD FOOD MATTERS ARE A LONDON LIVING WAGE EMPLOYER

Structure Governance and Management

Good Food Matters is a charitable company limited by guarantee, governed by the Memorandum and Articles, incorporated on 8 April 2005, and registered as Good Food Matters under registration number 1111235 and company number 05418543.

Liability of Members

The charitable company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1. Trustees are directors for the purposes of the Companies Act and Trustees for the purposes of the Charities Act. They are also the members.

Appointment of Directors (who are also Trustees)

Under the requirements of the Memorandum and Articles of Association members of the Trustee Board are elected to serve from their appointment until the next AGM. At each annual general meeting one-third of the Directors or the nearest multiple of three must retire from office. They can offer themselves for re-election at the next Annual General Meeting.

The Memorandum & Articles of Association allow continuing trustees to appoint additional trustees.

Trustee Recruitment, Induction and Training

Good Food Matters (GFM) have an open recruitment process.

Those who apply are asked to complete an application form. Once received, the Chair will have an informal chat then invite them to meet some of the Board and the CEO to assess suitability. If agreed they will then be appointed to the Board subject to references and checks according to our Memorandum and Articles of Association.

Candidates are asked to consider and declare any existing or potential conflicts of interest (including with related parties). As GFM works with children, young people, and vulnerable people a DBS (Disclosure and Barring) check will be required for those who meet these groups. In the light of the checks and declarations being satisfactory, the proposed Trustees will go forward for appointment.

All relevant parties such as funders, the charity's accountants are notified of the new appointments. There is no formal training programme for newly appointed trustees.

Board Meetings

The Board has a quarterly meeting format with additional meetings where necessary. Further support to the management team is provided in writing and through meetings with the Chair.

The challenge for the staff and Board is to keep the Centre up and running in accordance with GFM's aims and objectives. Our priority in the New Year will be to develop a strategy and business plan to ensure sustainability.

Responsibilities of the Board

The Trustees (who are also the Directors) are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the situation of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgments and estimates that are reasonable and produce
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

As far as the Trustees are aware:

- There is no relevant financial information of which the charitable company's Independent Examiner is unaware.
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the Independent Examiner is aware of that information.

Objectives

Our charitable objects are to:

- Advance the education of the public about cooking and growing healthy food.
- Support disadvantaged young people and their families to build healthier lifestyles, focusing on those facing lack of achievement at school, exclusion in care, leaving care, young careers, young homeless, young people with learning disabilities/autism, young ex-offenders, or children at risk of anti-social behaviour, teenage mums, young refugees and all those involved in teaching or providing nutrition to any of these groups in the UK.
- Encourage the development of healthier lifestyles through the provision of practical training, education, info to be aware and support on nutrition, health, and well-being to ensure said people develop more positive attitudes to health and are equipped to make more informed health and dietary choices leading to an improvement in their quality of life.

Good Food for All

Our mission is simple – provide the space, knowledge, and support to help our community grow, cook, and enjoy nutritious food.

CHAIRS REPORT

I cannot thank the staff and volunteers enough who have supported Good Food Matters during the past year when the world stopped and paused.

Amanda has done an amazing job leading the team, supported by Angela who was terrific at staying connected with all our volunteers, and Ernesto who worked extremely hard in the garden keeping everything growing. We could not do it without our amazing volunteers such as Colin who manages the corporate events and days, Carole M who helps with admin, Donna who supports the summer programs and many more!

Somehow the charity, with its supporters, managed to keep turning, and we are proud that they served the local community, responding to need swiftly and with compassion. It has highlighted what a great asset Good Food Matters is to the local community and indeed the whole borough.

We also were grateful for the furlough scheme, again thanks to Amanda who managed to make sense of it all and did all the form filling, digging out of information, which was necessary. We look forward to the coming year, although recognise that times are likely to be challenging not only locally with the impact of Croydon Council's financial pressures but also nationally as we all compete for funding to keep going.

Thanks also to my fellow trustees, for their continued support.

CAROLE SHORT, CHAIR

DIRECTORS REPORT

HELLO everyone

I feel like many that we , just, survived this year.

Staff and volunteers were affected by COVID in so

many ways, home schooling, furloughed, then leaping back into action as restrictions lifted whilst trying to keep things going. I am so grateful for my amazing staff team and core volunteers and trustees who make running the charity such a joy.

The local organisations in New Addington work so well together. In a hyper competitive 3rd sector New Addington is an Oasis of harmony where we just all get on with it but can pick up the phone to share or ask for help many of the planned activities did not happen and so many new things did - just responding to local need.

Looking forward, with Croydon's current financial challenges unlikely to improve we need to be more outward looking across our themes of work

HEALTH AND WELLBEING, ENVIROMENT, COMMUNITY. Here is to a future that is better for all.

Amanda McGrath – GOOD FOOD MATTERS



Activities, Achievements and Performance

HOLIDAY CAMP

Good Food Matters have been running summer holiday programs since 2016 - teaching food growing skills, cooking, arts, and nature based crafts.

SUMMER FUN on YLP funded summer provision in Croydon. Our 5th year of free School Holiday activities - helping to alleviate food insecurity and make holiday's fun over 40 sessions.

COOKING COURSES

Running ESF funded field to fork courses and online provision for Croydon. Over 90% of people who attend our courses feel more confident to cook from scratch and better able to eat healthy

GARDENING COURSES

We just managed to fit in a ESF funded window box gardening course which meant that during lock down people could still enjoy growing .

We reopened community growing volunteering as soon as we could, and this year grew and distributed a record amount of produce for GOOD FOOD MATTERS over 1000 kilos of fresh produce.

MEALS

Through out lock down Good Food Matters have prepared and distributed over 5000 meals across the community to those in need. Including hostels, food banks, the Food Stop and Nightwatch. At Christmas 2020 we cooked over 120 meals that were distributed in New Addington by The Family Centre



Katsumi one of our amazing volunteers preparing meals.

CORPORATE PARTNERS AND DONORS

A huge thank you to all that help support us in 2020 to 2021



Our sincere thanks to

**Croydon Rotary Jubilee
Croydon Rotary Club
Polly Tyler
Volunteering Matters
Benifacto
Hands on London
Discovery Channel
Hirst Publishing
Willis Towers Watson
Lexis Nexis**

RISK AND MANAGEMENT

The Board monitors risk regularly to ensure that action is taken, or systems are in place to manage identified areas of risk. GFM continues to review its procedures and policies to ensure that they are consistent with best practices.

The charity focuses on the following major areas of risk:

Future Funding: financial sustainability is the most significant risk, and much management and trustee time is devoted to developing a pipeline of future funding.

Financial Control: Management are asked to produce regular and detailed financial statements.

Fire Risk: We have a fire alarm system; a fire system contacts in place to check alarms and extinguishers bi-annually in line with guidance and a Fire Risk Assessment that is reviewed annually or sooner as required.

Health and Safety: The premises have the required standard of level of hygiene needed to sustain the current usage of the premises. Health and Safety is on each Board agenda to ensure that all aspects are considered (including work in the garden and with machinery). Our Health and Safety policy including COSHH is reviewed annually.

Disclosure and Barring Checks: volunteers, staff and those trustees who are in contact with service users are subject to periodic enhanced DBS checks.

Staff and Volunteer Training: All staff and volunteers are appropriately trained, and a new appraisal system is in place. Staff are all first aid and MH first aid trained

Safeguarding: Proper procedures and controls are in place to be able to identify and action instances of alleged or suspected abuse that comes to the attention of Good Food Matters. A key element of the procedures of the on-going annual training of all Trustees, Staff, and Volunteers in the Safeguarding and Protection of Young People.

COVID safety is a priority and Good Food Matters were able to develop a Covid safe working practice by March 2020 partly due to our strong food hygiene and outdoor hygiene management.

Financial Review

The financial statements have been presented in a format to comply with both company and charity law. The income for the year ended 31 March 2021 was £76,490 compared to the previous year of £52,529. Total expenditure after depreciation of fixed assets was £121,603 (2020: £147,203) leaving a deficit of £45,113 (2020: (£94,674)).

Reserves

The reserves policy is reviewed regularly by the Board of Trustees. The fixed assets are written off over the period of the Lease, over 10 years on the land at Mickleham Way.

Declaration

The Directors (who are also Trustees) declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Directors and Trustees



Name: CAROLE SHORT

Position: CHAIR

Date:



FOLAKE SEGUN

VICE CHAIR

Independent examiner's report on the accounts

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Signed: Simone Freedman

Date: 13/12/2021

Simone H Freedman
Chartered Tax Adviser
Tax Return Adviser Limited
Nower End
Nower Road
Dorking
Surrey
RH4 3BX

Statement of Financial Activities

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Incoming resources (Note 2)				
Income and endowments from:				
Donations and legacies	3,141	-	3,141	23,068
Grants	-	42,760	42,760	29,452
Fee income	-	-	-	-
Other income	30,589	-	30,589	9
Total	33,730	42,760	76,490	52,529
Resources expended (Note 3)				
Expenditure on:				
Charitable activities	56,528	65,075	121,603	147,203
Total	56,528	65,075	121,603	147,203
Net income/(expenditure) before investment gains/(losses)	- 22,798	- 22,315	- 45,113	- 94,674
Net income/(expenditure)	- 22,798	- 22,315	- 45,113	- 94,674
Net movement in funds	- 22,798	- 22,315	- 45,113	- 94,674
Reconciliation of funds:				
Total funds brought forward	- 50	131,943	131,893	226,567
Total funds carried forward	- 22,848	109,628	86,780	131,893

The net outgoing resources for the year arise from the Company's continuing operation.

No separate Statement of Total Recognised Gains and Losses has been presented as all such gains and losses have been dealt with in the Statement of Financial Activities.

Movements in funds are disclosed in Note 8 to the Financial Statements.

Balance Sheet on 31 March 2021

	Unrestricted funds £	Restricted income funds £	Total this year £	Total last year £
Fixed assets				
Tangible assets (Note 6)	115,093	-	115,093	171,621
Current assets				
Cash at bank and in hand		-	-	-
Creditors: amounts falling due within one year (Note 7)	28,313	-	28,313	39,728
<i>Net current assets/(liabilities)</i>	- 28,313	-	- 28,313	- 39,728
Total assets less current liabilities	86,780	-	86,780	131,893
Total net assets or liabilities	86,780		86,780	131,893
Funds of the Charity				
Restricted income funds (Note 2)		109,628	109,628	131,943
Unrestricted funds	- 22,848		- 22,848	50
Total funds	- 22,848	109,628	86,780	131,993

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021. No members have required the company to obtain an audit of its accounts for the year in question, under Section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies' subject the small company's regime.

Approved by the Board on



Chair:

and signed on its behalf by:



Trustee:

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

1.1 BASIS OF PREPARATION OF ACCOUNTS

The financial statements are prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities, Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015) and with the requirements of the Charities act 2011 and the Companies Act 2006.

1.2 FUND ACCOUNTING

Unrestricted Funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Restricted Funds are subject to restrictions on their expenditure imposed by the donor or through the terms of a grant.

1.3 INCOME

Income is recognised in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to categories of income. Voluntary Income by way of donations and grants are included in the statement of financial activities on a receivable basis when evidence exists to confirm the certainty of receipt.

1.4 EXPENDITURE

Expenditure is included on an accruals basis and includes VAT because the charity is not registered for VAT. It also includes depreciation on the tangible assets of the charity. Resources expended are recognised in the period in which they are incurred. They are allocated to the activity where the costs relate directly to that activity. Governance costs comprise costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to statutory audit and legal fees.

1.5 LIABILITIES

Liabilities are recognised when the entity has an obligation to transfer economic benefits because of past transactions or events.

1.6 TANGIBLE FIXED ASSETS

All fixed assets are depreciated over the 10-year lease of the land on a straight-line basis. The rate of depreciation is calculated to write *off* the cost less estimated residual value of each asset over its expected useful life.

1.7 TRANSFERS BETWEEN FUNDS

Trustees have the authority to transfer amounts out of the unrestricted fund into the restricted fund when required.

1.8 RESERVES

The charity's accounting policy is to develop an operating surplus to maintain three months running costs in unrestricted reserves.

2. Analysis of income

		Unrestricted funds	Restricted income funds	Total funds £	Prior year £
Donations:	Donations	3,141	-	3,141	23,068
	Total	3,141	-	3,141	23,068
Grants:	Croydon Council	-	42,760	42,760	29,452
	London learning consortium	5,898	-	5,898	-
	The National Hearst UK	1,000	-	1,000	-
	Other	1,783	-	1,783	9
	Total	8,681	42,760	51,441	29,461
		-	-	-	-
		-	-	-	-
		-	-	-	-
Other		-	-	-	-
Total		-	-	-	-
Other trading activities:	Interest income	-	-	-	602
	Dividend income	-	-	-	-
	Rental and leasing income	4,133	-	4,133	-
	Other	17,775	-	17,775	9
	Total	21,908	-	21,908	611

3. Analysis of expenditure

		Unrestricted funds	Restricted income funds	Total funds £	Prior year £
Analysis					
Expenditure on charitable activities	Building - other project costs	-	-	-	-
	Grants made	-	-	-	5,000
	Volunteer expenses	-	-	-	-
	Insurance	-	2,130	2,130	3,225
	Staff costs	-	45,032	45,032	35,345
	Administration salary	-	-	-	15,750
	Tutor fees/sessional worker	-	2,584	2,584	3,967
	Bank charges	-	1,515	1,515	576
	Sundry	-	-	-	2,767
	Depreciation	56,528	-	56,528	56,528
	Light & heat	-	2,965	2,965	5,845
	Water rates	-	-	-	999
	Telephone	-	2,201	2,201	1,981
	Cleaning	-	153	153	2,332
	Repairs and renewals	-	1,088	1,088	508
	Grocery costs	-	2,855	2,855	4,674
	Kitchen repairs and renewals	-	229	229	973
	Garden repairs and renewals	-	570	570	1,679
	IT, software and maintenance	-	160	160	-
	Stationery	-	362	362	508
	Pensions	-	2,117	2,117	2,631
	Professional fees	-	658	658	1,787
	Travel	-	347	347	128
	Sundry expenses	-	109	109	-
	Total expenditure on raising funds	56,528	65,075	121,603	147,203

Expenditure includes depreciation on fixed assets.

4. Governance costs

	This year £	Last year £
Independent examiner's fees	618	500

5. Staff costs

	This year £	Last year £
Salaries and wages	45,032	51,095
Pension costs (defined contribution scheme)	2,117	2,631
Total staff costs	47,149	53,726

The monthly average number of employees during the year was 3 (2020: 3). No employee received remuneration amounting to more than £60,000 in either year.

No Trustee received any remuneration during the year (2020: Nil) and no Trustee received reimbursed expenses (2020: Nil).

6. Tangible fixed assets

6.1 Cost or valuation

	Leasehold premises	Ground improvement costs	Greenhouses	Kitchen	Furniture fixtures and fittings	Equipment	Total
	£	£	£	£	£	£	£
At the beginning of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279
Additions	-	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-	-
Disposals	-	-	-	-	-	-	-
At end of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279

6.2 Depreciation and impairments

Basis	SL	SL	SL	SL	SL	SL	
Rate	10%	10%	10%	10%	10%	10%	
At beginning of the year	285,939	59,937	22,365	17,005	2,100	6,312	393,658
Disposals	-	-	-	-	-	-	-
Depreciation	40,849	8,742	3,195	2,482	300	960	56,528
Impairment	-	-	-	-	-	-	-
At end of the year	326,788	68,679	25,560	19,487	2,400	7,272	450,186

6.3 Net book value

Net book value at the beginning of the year	122,546	27,479	9,587	7,815	900	3,294	171,621
Net book value at the end of the year	81,697	18,737	6,392	5,333	600	2,334	115,093

7. Creditors and accruals

	Amounts falling due within one year	
	This year £	Last year £
Accruals for grants payable	25,044	37,690
Bank loans and overdrafts	-	-
Trade creditors	2,754	1,538
Payments received on account for contracts or performance-related grants	-	-
Accruals and deferred income	515	500
Taxation and social security	-	-
Other creditors	-	-
Total	28,313	39,728

8. Movement in funds

Fund names	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Restricted funds	112,997	42,760	65,075	-	-	90,682
Unrestricted funds	18,896	33,730	56,528	-	-	3,902
Total Funds	131,893	76,490	121,603	-	-	86,780

9. Taxation

Good Food Matters is a registered charity and as such its income and gains falling within Sections 471 to 489 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its chargeable objectives.



GOOD FOOD MATTERS