

GOOD FOOD MATTERS

England & Wales · Charity number 1111235

Details

Status Registered

Legal form Charitable company

Company number [05418543](#)

Registered 2005-09-08

Register [View on the Charity Commission register](#)

Contact

Address 42 Mickleham Way
New Addington
Croydon
CR0 0PN

Phone 07715905033

Email amanda@goodfoodmatters.org.uk

Website www.goodfoodmatters.org.uk

Activities

Objects: 3. THE CHARITY'S OBJECTS (THE OBJECTS) ARE:-(A) TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF COOKING AND GROWING HEALTHY FOOD. (B) TO DEVELOP THE CAPACITY AND SKILLS OF DISADVANTAGED PEOPLE SO THAT THEY CAN DEVELOP HEALTHIER LIFESTYLES IN PARTICULAR THOSE FACING LACK OF ACHIEVEMENT AT SCHOOL, EXCLUSION, IN CARE, CARING FOR RELATIVES, EX-OFFENDERS OR THOSE AT RISK FROM ANTISOCIAL BEHAVIOUR AS WELL AS DISADVANTAGED CHILDREN GOING THROUGH TRANSITION AND THOSE INVOLVED IN TEACHING OR PROVIDING NUTRITION TO SAID PEOPLE, IN THE UNITED KINGDOM. (C) TO PROTECT AND PRESERVE GOOD HEALTH BY ENCOURAGING THE DEVELOPMENT OF HEALTHIER LIFESTYLES THROUGH THE PROVISION OF PRACTICAL TRAINING, EDUCATION, INFORMATION AND SUPPORT ON NUTRITION, HEALTH AND WELL-BEING TO ENSURE SAID PEOPLE DEVELOP MORE POSITIVE ATTITUDES TO HEALTH AND EQUIPPING THEM TO MAKE MORE INFORMED HEALTH AND DIETARY CHOICES LEADING TO AN IMPROVEMENT IN THEIR QUALITY OF LIFE.

Activities: Support disadvantaged young people to build healthier lifestyles, focusing on those facing lack of achievement at school, exclusion, in care, caring for relatives, ex-offenders or those at risk from antisocial behaviour, those going through transition, & those involved in teaching or providing nutrition to youth in the UK. Our key message is that good food does matter!

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Environment/conservation/heritage
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** GREATER LONDON IN PARTICULAR CROYDON
- Croydon

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£151,097	£146,418	-	-
2024-03-31	£103,115	£114,072	-	-
2023-03-31	£111,167	£165,593	-	-
2022-03-31	£76,745	£128,436	-	-
2021-03-31	£76,490	£121,603	-	-

Trustees

Name	Role	Appointed
CAROLE SHORT	Chair	
Alexandra Kent		2021-05-04
Chris Mills		2015-01-10

Accounts

Company registration number: 05418543

Charity registration number: 1111235



GOOD FOOD MATTERS

GROWING A HEALTHY COMMUNITY

ANNUAL REPORTS AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025





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Charity information

Company registration number: 05418543

Charity registration number: 1111235

Address: GOOD FOOD MATTERS
THE COMMUNITY FOOD
LEARNING CENTRE
Mickleham Way
New Addington
Croydon
CR0 0PN

Directors and Charity Trustees: Carole Short (Chair)
Christopher Mills(Treasurer)
Alexandra Kent

Accountants: MTP Accountancy Services Ltd
180 Foley Lane
Purley, Surry, CR8 3NF

Bankers: Lloyds Bank
125 Balham High Street
Balham
SW12 9AT





Structure Governance and Management

Good Food Matters is a charitable company limited by guarantee, governed by the Memorandum and Articles, incorporated on 8 April 2005, and registered as Good Food Matters under registration number 1111235 and company number 05418543.

Liability of Members

The charitable company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1. Trustees are directors for the purposes of the Companies Act and Trustees for the purposes of the Charities Act. They are also the members.

Appointment of Directors (who are also Trustees)

Under the requirements of the Memorandum and Articles of Association members of the Trustee Board are elected to serve from their appointment until the next AGM. At each annual general meeting one-third of the Directors or the nearest multiple of three must retire from office. They can offer themselves for re-election at the next Annual General Meeting.

The Memorandum & Articles of Association allow continuing trustees to appoint additional trustees.

Trustee Recruitment, Induction and Training

Good Food Matters (GFM) have an open recruitment process.

Those who apply are asked to complete an application form. Once received, the Chair will have an informal chat then invite them to meet some of the Board and the CEO to assess suitability. If agreed, they will then be appointed to the Board subject to references and checks according to our Memorandum and Articles of Association.

Candidates are asked to consider and declare any existing or potential conflicts of interest (including with related parties). As GFM works with children, young people, and vulnerable people a DBS (Disclosure and Barring) check will be required for those who meet these groups. In the light of the checks and declarations being satisfactory, the proposed Trustees will go forward for appointment.

All relevant parties such as funders, the charity's accountants are notified of the new appointments. There is no formal training programme for newly appointed trustees.

Board Meetings

The Board has a quarterly meeting format with additional meetings where necessary. Further support to the management team is provided in writing and through meetings with the Chair.

The challenge for the staff and Board is to keep the Centre up and running in accordance with GFM's aims and objectives. Our priority in the New Year will be to develop a strategy and business plan to ensure sustainability.

Responsibilities of the Board

The Trustees (who are also the Directors) are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each fiscal year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of-affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP
- Make judgments and estimates that are reasonable and produce.

- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

As far as the Trustees are aware:

- There is no relevant financial information of which the charitable company's Independent Examiner is unaware.
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the Independent Examiner is aware of that information.



Objectives

Our charitable objects are to:

- **Advance the education of the public about cooking and growing healthy food.**
- **Support disadvantaged young people and their families to build healthier lifestyles**, focusing on those facing lack of achievement at school, exclusion in care, leaving care, young careers, young homeless, young people with learning disabilities/autism, young ex-offenders, or children at risk of anti-social behaviour,

teenage mums, young refugees and all those involved in teaching or providing nutrition to any of these groups in the UK.

- **Encourage the development of healthier lifestyles through the provision of practical training, education,** info to be aware and support on nutrition, health, and well-being to ensure said people develop more positive attitudes to health and are equipped to make more informed health and dietary choices leading to an improvement in their quality of life.

Good Food For All

Our mission is simple - provide the space, knowledge, and support to help our community



grow, cook, and enjoy nutritious food.



CHAIRS REPORT

I cannot express enough gratitude to the staff, volunteers, and supporters who have contributed to the success of Good Food Matters over the past year.

Under Amanda's leadership, the charity has found a more secure footing, paving the way for exciting projects ahead, such as our work with refugees, our LCP funded Elders Cooking Club, and our participation in the prestigious RHS Chelsea Flower Show. These initiatives highlight the dynamic, meaningful work we are committed to delivering in our community.

A heartfelt thank you goes out to our exceptional team for their unwavering dedication and resilience:

- **Angela**, our Community Kitchen Manager, who effortlessly connects with volunteers and learners while managing the complexities of multiple programs. Her positivity and commitment ensure not only the smooth running of our operations but also that everyone enjoys a delicious, healthy meal.
- **Ernesto**, whose tireless efforts keep the garden thriving and the site running smoothly, enabling our projects to flourish.

We are equally indebted to our incredible volunteers, who are the backbone of our work. Special thanks go to **Colin**, who manages corporate events with skill, and **Donna**, who brings enthusiasm and support to our summer programs. To all our volunteers: your contributions make everything we do possible.

Despite the challenges, the charity has continued to serve the local community with responsiveness, compassion, and agility. This year has truly underscored what a vital resource Good Food Matters is—not just for our immediate community, but for the wider borough during these times of extraordinary need.

Looking to the future, we acknowledge the continued challenges, including the impact of Croydon Council's financial pressures and increased competition for funding nationally. Nonetheless, we remain optimistic, confident in the strength of our team and supporters to navigate these difficulties.

Finally, I would like to extend my thanks to my fellow trustees for their steadfast support, which has been instrumental in guiding the charity through another successful year.

CAROLE SHORT, CHAIR

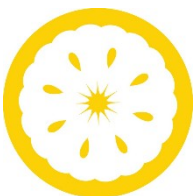


Managing Director's Annual Report

It is with immense pride and gratitude that I reflect on another remarkable year at Good Food Matters. The positive energy within our organisation is truly inspiring, and I am deeply thankful for our dedicated team. Special recognition goes to Angela and Ernesto, whose unwavering commitment forms the backbone of our charity. I am equally appreciative of our core volunteers and trustees, whose passion and support make leading this organisation such a privilege.

Programme Highlights

- **Youth Empowerment:** Thanks to Reedham Children's Charity, we entered our second year of creating a safe, welcoming space for young people in New Addington and Croydon. This funding enabled us to employ a youth worker, launch after-school cooking programmes, expand work experience opportunities, and enhance our youth holiday camps. Our goal is for every young person who visits Good Food Matters to feel safe, inspired, and equipped with essential life skills—from growing food and cooking from scratch to making informed nutritional choices and exploring new career pathways.
- **Bright Box Partnership:** Our collaboration with Voices of Hope Charity through the Bright Box programme was a standout success. Working with five local schools, we delivered over 22,000 meal kits—each containing ingredients for a family of five—to more than 150 families. Over 36 weeks, families learned 36+ recipes, broadening their culinary horizons and building lifelong food skills. The positive impact of this project continues, and we are eager to secure further funding to sustain and expand this initiative.
- **Inclusive Learning:** In partnership with Croydon Mencap and supported by NHS Innovations, we delivered a food skills programme for adults with learning disabilities. Twelve participants completed a term of cooking, culminating in a celebratory three-course meal for parents and carers. The joy and confidence gained by our learners were truly inspiring, and we look forward to future projects that build on this success.



- **Community Fridays:** With support from the Co-op Community Fund and Neveah Trust, our Friday programmes flourished. These include the Menshed project for socially isolated men, the Warm Safe Space initiative, and our Community Food Growers group. Each Friday, participants come together to learn, share a meal, and support one another—fostering wellbeing and a sense of belonging.
- **Celebrating Culture and Nature:** As part of Croydon’s City of Culture year, we hosted a diverse range of creative events—mushroom foraging workshops, garden design sessions, and culinary masterclasses—highlighting the powerful connections between food, culture, and nature. Collaborations with local artists and organisations brought fresh energy and creativity to our community.

Partnerships and Looking Ahead

Our “Stronger Together” partnerships—with the Family Centre, Pathfinders, Centre for Change, and The Pop In—have been instrumental in responding to the needs of New Addington and Fieldway. I am grateful for these collaborations and the positive impact they bring.

As we approach our 20th anniversary, I am reminded of the journey since joining Good Food Matters in 2015. The progress we have made is a testament to the resilience and creativity of our team and community. Looking forward our focus remains on growing our youth safe space project, supporting those in food poverty, enhancing our food-growing skills, and prioritising environmental sustainability. Together, we will continue to nurture both people and the planet for future generations.

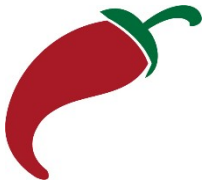
Acknowledgements

A heartfelt thank you to Colin, our outstanding corporate volunteering liaison, whose efforts have strengthened our relationships with companies committed to Corporate Social Responsibility, such as SPRING, PPF, HarbourVest, and Community Fibre. These partnerships provide vital support and resources, enabling us to maintain and improve our facilities for all.

Thank you to everyone—staff, volunteers, trustees, partners, and supporters—who make Good Food Matters a beacon of hope and opportunity in our community.

Amanda McGrath

Managing Director, Good Food Matters



OUR IMPACT

YOUTH WORK

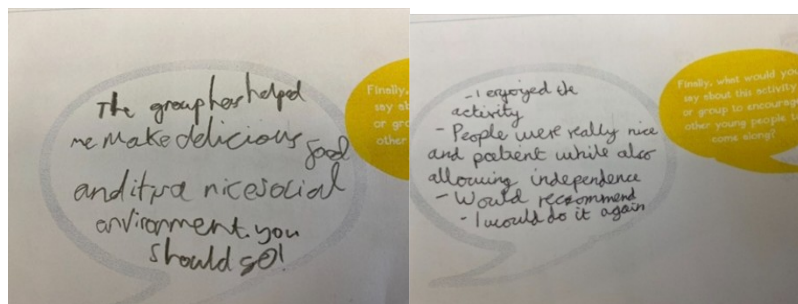
Thanks to Reedham Children's Charity, we entered our second year of creating a safe, welcoming space for young people in New Addington and Croydon. This funding enabled us to employ a youth worker, launch after-school cooking programmes, expand work experience opportunities, and enhance our youth holiday camps.

The GOOD FOOD MATTERS SAFE SPACE PROJECT continues to provide a safe, inclusive, and enriching environment for children and young people aged 8-18, including those with special educational needs (SEN). This initiative, funded by Reedham, aims to:

- Establish and sustain a Youth Hub in South Croydon (New Addington and Fieldway with broader reach)
- Develop tailored programmes for Key Stage 2 and 3 students
- Enhance GFM's organisational capacity to deliver consistent, year-round support
- Develop a work experience offer

GFM delivered a wide array of programmes throughout the year aligned with both educational and wellbeing outcomes:

- Youth Cooking Club- weekly free cooking club
- Christmas Easter and Summer HAF holiday programs focused on 8 -17yrs **reaching over 100 young people**
- Refugee Family and Youth Support
- Weekly Youth Group for young refugees, in partnership with the displaced children's team
- Brite Box reaching 150 families and **over 20,000 meals**
- 40+ youth work experience sessions



Bright Box Partnership: Our collaboration with Voices of Hope Charity through the Bright Box programme was a standout success. Working with five local schools, we delivered over 22,000 meal kits—each containing ingredients for a family of five—to more than 150 families. Over 36 weeks, families learned 36+ recipes, broadening their culinary horizons and building lifelong food skills. The positive impact of this project continues, and we are eager to secure further funding to sustain and expand this initiative.



Free Classes for you and your support workers!



If you are an adult with a learning disability, a support worker or family member, and would like to know more information about our new cooking, craft and walking groups - we would love to see you at one of our information and enrolment events at Our Space, 50 High Street Croydon CR0 1YB.

Pop into either
Tuesday Feb 20th
10-12pm
or
Thursday Feb 29th
12pm - 2pm

In Partnership with Good Food Matters and Lifestyle Health and Education CIC. Funded by the NHS

Tell us if you are coming info@croydonmencap.org.uk 020 8684 5890



Community Fridays: With support from the Co-op Community Fund and Neveah Trust, our Friday programmes flourished. These include the Menshed project for socially isolated men, the Warm Safe Space

initiative, and our Community Food Growers group. Each Friday, participants come together to learn, share a meal, and support one another—fostering wellbeing and a sense of belonging.

GOOD FOOD MATTERS AND CROYDON - CITY OF CULTURE AND COMMUNITY

Celebrating Culture and Nature: As part of Croydon's City of Culture year, we co created a diverse range of creative event that we wanted to bring fun and fresh events to our Croydon community that would help them reengage with nature and enjoy our wonderful green spaces through mushroom foraging workshops, growing and garden design sessions and mindfully be creative through culinary masterclasses—highlighting the powerful connections between food, culture, and nature. Collaborations with local creative organisations brought fresh energy and creativity to our community through NATURE VIBES with Ubuntu Arts.



Local Community Partnership

Our stronger together partnership is in its 2nd year and we continue to work well collaboratively – linking and cross referring and supporting New Addington & Fieldway residents as a multi-dimensional level – New Addington continues to be a beacon of excellence in joint local working and we are very happy to be part of this thread of linked support.



DISPLACED PEOPLE AND FAMILIES



The Choose Love funding has enabled Good Food Matters (GFM) to deliver face-to-face cooking sessions under the “We Cook Together” (WCT) initiative. Central to this work is our Croydon-based kitchen and garden, which serves as a hub for community engagement, skill building, and support

We emphasize regular communal cooking sessions and social activities, as well as skill-building opportunities such as food hygiene and allergen training. These empower participants to explore potential work avenues.

Activities and Achievements Cooking Sessions

- Monthly sessions for Croydon College ESOL Youth Provision
- UASC Youth Class: 20 students registered, with 16–18 attending each session)
- Highlights: First session included homemade soda bread and spiced lentil soup, supporting both cooking and English language learning. Chicken dishes were especially popular.

Events and Activities GFM catered for 75 participants at this event for churches and agencies serving asylum seekers and refugees in Croydon. Some displaced people still attend activities and events at GFM such as men’s cooking group, community growing sessions and attend HAF holiday camps either at GFM or at partner organisation Knowledge and Practice in West Thornton

MENSHED The CCG awarded us continuation funding for our MH work as the only MENSHER in Croydon, offering weekly sessions in the community and a safe space for me to meet, be active and enjoy outside space and a warm meal and conversation.

- Community food growing – sponsored by the COOP and Croydon Rotary Jubilee
- FRIDAY VOLUNTEERING

- 2 community allotments created and run by the community – these include a local Home Educated group who run STEM sessions via this amazing resource and a local group who are managing their long-term health conditions through gardening cooking and other therapeutic activities.

- Knowledge and Practice – BL funded healthy cooking sessions.



Corporate and Community Volunteering

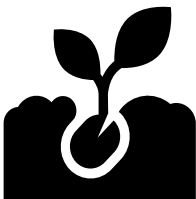
Driving Impact Together

Our heartfelt thanks go to all the companies and individuals who have generously contributed their time and expertise to support our mission. Your efforts have made a significant difference in the lives of local people ,children and families we serve.

Key Statistics: Volunteer Contribution (April 2024 – March 2025)

Corporate Volunteering Impact

- individual volunteers
- total volunteer hours



We estimate we grew around 4000 kilos of food that was used across all our programs and the rest was



distributed across Food Stop, Food Banks and those in need

Community Volunteering Impact

- community volunteers
- total volunteer hours



Brite Box – 36 sessions = 15 volunteers and over 1620 hours supporting 150 families and 20000 + meals



Corporate Volunteers Making a Difference

From improving our facilities to fundraising and engaging in hands-on tasks, these corporate partners have driven real change:

Colin stats



Volunteer Testimonials

COMMUNITY PARTNERS

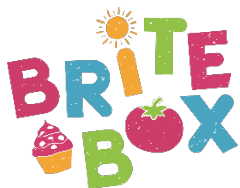
We continue to work closely at a micro level in New Addington with the Family Centre, Play Place, Salvation Army, NARA, Centre for Change, RENA and of course Pathfinders but more broadly pan Croydon and further with CVA, BME Forum, Croydon Diabetes, Knowledge and Practice, Reaching Higher, Mencap, CALAT, BlueTouch, Refugee Day Centre, Migrant Help, Faith Groups such as The Salvation Army and Voices for Hope, schools and Colleges.

FUNDERS AND PARTNERS— our sincere thanks to you all



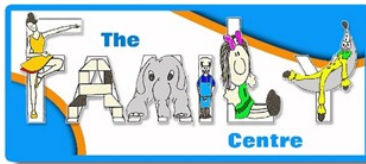
CROYDON ROTARY JUBILEE

CROYDON ROTARY CLUB



Making it possible





ASBO

London Borough of Culture is a Mayor of London initiative.

MAYOR OF LONDON

Presented by:

CROYDON
www.croydon.gov.uk



Supported using public funding by
ARTS COUNCIL ENGLAND



"It was a pleasure to work with the team from Edelman. They put in a great shift as well as being excellent company. We look forward to seeing them return to the site at some future

point."

— Colin Gordon, HandsOn London

TOTAL

total volunteer hours contrib

+ volunteers engaged

COMMUNITY PARTNERS

We continue to work closely at a micro level in New Addington with the Family Centre, Play Place, Salvation Army, NARA, Centre for Change, RENA and of course Pathfinders but more broadly pan Croydon and further with CVA, BME Forum, Croydon Diabetes, Knowledge and Practice, Reaching Higher, Mencap, CALAT, BlueTouch, Refugee Day Centre, Migrant Help, Faith Groups such as The Salvation Army and Voices for Hope, schools and Colleges.

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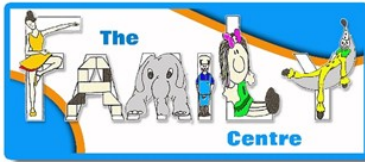
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CROYDON ROTARY JUBILEE

CROYDON ROTARY CLUB





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MAYOR OF LONDON

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Supported using public funding by
**ARTS COUNCIL
ENGLAND**



CHOOSE LOVE



Celebration of life

Ben - Atur Eliyahtsoor Aharon - Fredrick Melville Saltus

We are honoured to have been friends and colleagues of Ben—a man who was truly one of a kind. It is difficult to capture the essence of someone as remarkable, but one thing is certain: Ben lived his life with a vigour and passion that inspired everyone lucky enough to know him. Ben was wise—a rare souls who had a deep understanding of the world and how it works his wisdom was not confined to books or lectures it shaped the way he lived: traveling the world and immersing himself in diverse cultures.

Ben made a significant impact here on the farm as he would call it, he founded our Menshed and oversaw the plot of land that the Black fathers group tended.

Some memories really stand out for us here,

- *Turning up at the Croydon Whitgift centre on a cold December and sharing his pumpkin soup with everyone*
- *the shed he built from salvaged wooden doors—a true testament to his creativity, resourcefulness, and knack for turning the ordinary into something extraordinary.*
- *The best BBQ plantains and the joyous chaos he brought to the kitchen whenever he cooked*

Ben's energy was infectious you could not help but be swept up in his enthusiasm. He had a natural gift for public speaking - He made our good food matters family feel seen, heard, and understood

Ben loved food—His passion for vegan eating was not only about faith and compassion but also about creativity. He had a way of turning simple ingredients into works of art, showing us that plant-based living could be exciting, vibrant, and full of flavour. And he did not just stop at food—he loved growing plants, nurturing life from seed to bloom.

Ben was kind. He had a way of making everyone feel welcome, of making you feel like you mattered. He listened deeply and cared genuinely. He brought joy, laughter, and warmth to our shared meals and he reminded us that the best things in life are not things at all—they are the people we share it with.

So as we honour Ben's incredible life, let us carry forward his legacy, embrace his love of adventure, his passion for food, his stubborn belief in the things that matter most, and his ability to bring a world of perspective and kindness to every moment.

Ben, we will miss you, but we will carry you with in the meals we share, the plants we grow and the farmland itself where your memorial tree grows.

Rest in peace, from all your friends and colleagues at Good Food Matters

RISK AND MANAGEMENT

The Board monitors risk regularly to ensure that action is taken, or systems are in place to manage identified areas of risk. GFM continues to review its procedures and policies to ensure that they are consistent with best practices.

The charity focuses on the following major areas of risk:

Future Funding: financial sustainability is the most significant risk, and much management and trustee time is devoted to developing a pipeline of future funding.

Financial Control: Management produce regular and detailed financial statements.

Fire Risk: We have a fire alarm system; a fire system contacts in place to check alarms and extinguishers bi-annually in line with guidance and a Fire Risk Assessment that is reviewed annually or sooner as required.

Health and Safety: The premises have the required standard of level of hygiene needed to sustain the current usage of the premises. Health and Safety is on each Board agenda to ensure that all aspects are considered (including work in the garden and with machinery). Our Health and Safety policy including COSHH is reviewed annually.

Disclosure and Barring Checks: volunteers, staff and those trustees who are in contact with service users are subject to periodic enhanced DBS checks. We use UCheck system and have system checks in place.

Staff and Volunteer Training: All staff and volunteers are professionally trained, and a new appraisal system is in place. Staff are all first aid and MH first aid trained. New policies for Modern Slavery and Menopause were approved by the board.

Safeguarding: Proper procedures and controls are in place to be able to identify and action instances of alleged or suspected abuse that comes to the attention of Good Food Matters. A key element of the procedures of the on-going annual training of all Trustees, Staff, and Volunteers in the Safeguarding and Protection of Young People.

COVID/infection control and Hygiene safety is a priority and Good Food Matters manage a Covid safe working practice partly due to our strong food hygiene and outdoor hygiene management.

The Board of Trustees regularly review reserves the reserves policy. The fixed assets are written off over the period of the Lease, over 10 years on the land at Mickleham Way.

Financial Review

to add

Declaration

The Directors (who are also Trustees) declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Directors and Trustees



ADD CHRIS SIG

Name: CAROLE SHORT

CHRIS MILLS

Position: CHAIR

TREASURER

Date:

Independent examiner's report on the accounts

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Signed:

Date: 21/12/2022

Shri Poran

FCCA, FAIA

MTP Accountancy Services Ltd

180 Foxley Lane, Purley, CR8 3NF

Statement of Financial Activities

	Unrestricted Funds	Restricted Income Funds	Total Funds	Prior Year
Incoming Resources (Note 2)	£	£	£	£
Donations and legacies	16,253		16,253	4367
Grants	-	127,004	127,004	92,097
Fee Income	-			
Other Income	7,840	-	7,840	6650
Total	24,093	127,004	151,097	103,114
Resources Expended (Note 3)				
Expenditure on:				
Charitable activities	22,245	124,173	146,418	114,072
Total	22,245	124,173	146,418	114,072

Net Income/(Expenditure) before Investment gains/(losses)	1,848	2,831	4,679	-10957
Net income/(expenditure)	1,848	2,831	4,679	-10,957
Net movement in funds	1,848	2,831	4,679	-10,957
Reconciliation of funds:				
Total Funds Brought Forward	-17,366.00	13,197.00	30,563.00	19,606.00
Total Funds Carried Forward	-15,518.00	10,366.00	25,884.00	30,563.00

The net outgoing resources for the year arise from the Company's continuing operation.

No separate Statement of Total Recognised Gains and Losses has been presented as all such gains and losses have been dealt with in the Statement of Financial Activities.

Movements in funds are disclosed in Note 8 to the Financial Statements.

Balance Sheet on 31 March 2024

Fixed Assets	Unrestricted Funds	Restricted Income Funds	Total this Year	Total last Year
	£	£	£	£
Tangible Assets (Note6)	33,175	-	33,175	33,175
Current Assets				
Cash at Bank		-	-	-
Creditors: amounts due within one year (Note7)	7,291	-	7,291	2612
Net Current Assets/(Liabilities)	-7,291	-	-7,291	-2,612

Total Assets Less Liabilities	25,884	-	25,884	30,563
Total net assets or liabilities	25,884		25,884	30,563
Funds of the Charity				
Restricted Income Funds (note 2)	-	-10,366	-10,366	-10,366
Unrestricted Funds	-15,518	-	-15,518	-15,518
Total Funds	-	-	-25,884	-25,884

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024. No members have required the company to obtain an audit of its accounts for the year in question under Section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to and subject to the small company regime.

Approved by the Board on and signed on its behalf by



Chair:

Trustee:.....

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

1.1 BASIS OF PREPARATION OF ACCOUNTS

The financial statements are prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities, Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities

(FRSSE) (effective January 2015) and with the requirements of the Charities act 2011 and the Companies Act 2006.

1.2 FUND ACCOUNTING

Unrestricted Funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Restricted Funds are subject to restrictions on their expenditure imposed by the donor or through the terms of a grant.

1.3 INCOME

Income is recognised in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to categories of income. Voluntary Income by way of donations and grants are included in the statement of financial activities on a receivable basis when evidence exists to confirm the certainty of receipt.

1.4 EXPENDITURE

Expenditure is included on an accruals basis and includes VAT because the charity is not registered for VAT. It also includes depreciation on the tangible assets of the charity. Resources expended are recognised in the period in which they are incurred. They are allocated to the activity where the costs relate directly to that activity. Governance costs comprise costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to statutory audit and legal fees.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025 (Cont'd)

1.6 TANGIBLE FIXED ASSETS

1.7 TRANSFERS BETWEEN FUNDS

1.8 RESERVES

2. Analysis of income

Grants:

Other Trading Activities:

TOTAL	24,093	127,004		150,967	111,167
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3. Analysis of expenditure

25

Expenditure on charitable activities	Analysis	d funds		d income funds	year
		£		£	
	Building - other project costs		-		2,380
	Volunteer expenses	-	365	365	-
	Insurance	-	5,202	5202	3,070
	Staff costs	-	73,708	73708	59,026
	Staff Training	149	-	149	-
	Service charge	145	-	145	109
	Tutor fees/sessional worker	-	9,238	9,238	1,094
	Bank charges	847	-	847	1,654
	Sundry	8913	2228	11,141	-
	Light & heat	4,918	1,229	6,147	14,635
	Water rates	2500	-	2,500	1,249
	Telephone	1198	299	1,199	1,635
	Cleaning	543	-	543	-
	Repairs and renewals	1408	-	1,408	504
	Grocery and other direct costs	-	26,347	26,347	9,055
	Advertising and marketing	-	50	50	197
	IT, software and maintenance	-	1512	1,512	357
	Pensions	-	1,235	1,235	2,811
	Donation	180	-	180	
	Professional fees	1,329	-	1,329	1,470
	Travel	115	2,760	2,875	1,103
	Total expenditure on raising funds	22,245	124,173	146,120	114,072

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025 (Cont'd)

4. Governance Costs

This Year

Last Year

	£	£
Independent examiner's fees	840	684

5: Staff Costs

	<i>This Year</i>	<i>Last Year</i>
	£	£
Salaries and Wages	73,708	59,135
Pension Costs (defined contribution scheme)	1,235	2,811
Total staff costs	61,946	56,716

The monthly average number of employees during the year was 3 (2024: 3). No employee received remuneration amounting to more than £60,000 in either year.

No Trustee received any remuneration during the year (2025: Nil) and no Trustee received reimbursed expenses (2025: Nil).

6. Tangible fixed assets

6.1 Cost or valuation

	Leasehold premises	Ground improvement costs	Greenhouses	Kitchen	Furniture fixtures and fittings	Equipment	Total
	£	£	£	£	£	£	£
At the beginning of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279
Additions	-	-	-	-	-	-	-
Revaluations	33,175	-	-	-	-	-	-
Disposals	-	-	-	-	-	-	-
At end of the year	441,660	87,416	31,952	24,820	3,000	9,606	598,454

6.2 Depreciation and impairments

Basis	SL	SL	SL	SL	SL	SL	
Rate	10%	10%	10%	10%	10%	10%	
At beginning of the year	408,485	86,163	31,950	24,451	3,000	9,192	563,241
Disposals	-	-	-	-	-	-	-
Depreciation	-	1,253	2	369	-	414	2,038
Impairment	-	-	-	-	-	-	-
At end of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279

6.3 Net book value

Net book value at the beginning of the year	-	1,253	2	369	-	414	2,038
Net book value at the end of the year	33,175	-	-	-	-	-	33,175

7. Creditors and Accruals

		Amounts Falling due within one year	
		This Year	Last Year
		£	£
Creditors (<1 year)			
Trade Creditors		1,719	1,772
Bank overdraft		4,732	
Accruals & Deferred Income		840	840
	Total	<u>7,291</u>	<u>2,612</u>

8. Taxation

Good Food Matters is a registered charity and as such its income and gains falling within Sections 471 to 489 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its chargeable objectives.



GOOD FOOD MATTERS

Accounts

Company registration number: 05418543

Charity registration number: 1111235



GOOD FOOD MATTERS

GR^{OW}ING A HEALTHY COMMUNITY

ANNUAL REPORTS AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024





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Charity Information

Report of Trustees

IMPACT

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Statement of Financial Activities

Balance Sheet

Notes to the Accounts



Charity information

Company registration number:

Charity registration number:

1111235

Address:

GOOD FOOD MATTERS
THE COMMUNITY FOOD
LEARNING CENTRE
Mickleham Way
New Addington
Croydon
CRO OPN

Directors and Charity Trustees:

Carole Short (Chair)
Christopher Mills (Treasurer)
Alexandra Kent

Accountants:

Tax Return Adviser Ltd
Nower End, Nower Road
Dorking, Surrey RH4 3BX

Bankers:

Lloyds Bank
125 Balham High Street
Balham
SW12 9AT





Structure Governance and Management

Good Food Matters is a charitable company limited by guarantee, governed by the Memorandum and Articles, incorporated on 8 April 2005, and registered as Good Food Matters under registration number 1111235 and company number 05418543.

Liability of Members

The charitable company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1. Trustees are directors for the purposes of the Companies Act and Trustees for the purposes of the Charities Act. They are also the members.

Appointment of Directors (who are also Trustees)

Under the requirements of the Memorandum and Articles of Association members of the Trustee Board are elected to serve from their appointment until the next AGM. At each annual general meeting one-third of the Directors or the nearest multiple of three must retire from office. They can offer themselves for re-election at the next Annual General Meeting.

The Memorandum & Articles of Association allow continuing trustees to appoint additional trustees.

Trustee Recruitment, Induction and Training

Good Food Matters (GFM) have an open recruitment process.

Those who apply are asked to complete an application form. Once received, the Chair will have an informal chat then invite them to meet some of the Board and the CEO to assess suitability. If agreed, they will then be appointed to the Board

subject to references and checks according to our Memorandum and Articles of Association.

Candidates are asked to consider and declare any existing or potential conflicts of interest (including with related parties). As GFM works with children, young people, and vulnerable people a DBS (Disclosure and Barring) check will be required for those who meet these groups. In the light of the checks and declarations being satisfactory, the proposed Trustees will go forward for appointment.

All relevant parties such as funders, the charity's accountants are notified of the new appointments. There is no formal training programme for newly appointed trustees.

Board Meetings

The Board has a quarterly meeting format with additional meetings where necessary. Further support to the management team is provided in writing and through meetings with the Chair.

The challenge for the staff and Board is to keep the Centre up and running in accordance with GFM's aims and objectives. Our priority in the New Year will be to develop a strategy and business plan to ensure sustainability.

Responsibilities of the Board

The Trustees (who are also the Directors) are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each fiscal year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP
- Make judgments and estimates that are reasonable and produce.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

As far as the Trustees are aware:

- There is no relevant financial information of which the charitable company's Independent Examiner is unaware.
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the Independent Examiner is aware of that information.



Objectives

Our charitable objects are to:

- Advance the education of the public about cooking and growing healthy food.
- Support disadvantaged young people and their families to build healthier lifestyles, focusing on those facing lack of achievement at school, exclusion in care, leaving care, young careers, young homeless, young people with learning disabilities/autism, young ex-offenders, or children at risk of anti-social behaviour, teenage mums, young refugees and all those involved in teaching or providing nutrition to any of these groups in the UK.
- Encourage the development of healthier lifestyles through the provision of practical training, education, info to be aware and support on nutrition, health, and well-being to ensure said people develop more positive attitudes to health and are equipped to make more informed health and dietary choices leading to an improvement in their quality of life.

Good Food for All

Our mission is simple – provide the space, knowledge, and support to help our community grow, cook, and enjoy nutritious food.





CHAIRS REPORT

I cannot express enough gratitude to the staff, volunteers, and supporters who have contributed to the success of Good Food Matters over the past year.

Under Amanda's leadership, the charity has found a more secure footing, paving the way for exciting projects ahead, such as our work with refugees, our LCP funded Elders Cooking Club, and our participation in the prestigious RHS Chelsea Flower Show. These initiatives highlight the dynamic, meaningful work we are committed to delivering in our community.

A heartfelt thank you goes out to our exceptional team for their unwavering dedication and resilience:

- Angela, our Community Kitchen Manager, who effortlessly connects with volunteers and learners while managing the complexities of multiple programs. Her positivity and commitment ensure not only the smooth running of our operations but also that everyone enjoys a delicious, healthy meal.
- Ben and Ian who are our driving force behind our MENSHER and suicide prevention program, whose energy and passion make them fantastic ambassadors for Good Food Matters.
- Ernesto, whose tireless efforts keep the garden thriving and the site running smoothly, enabling our projects to flourish.

We are equally indebted to our incredible volunteers, who are the backbone of our work. Special thanks go to Colin, who manages corporate events with skill, and Donna, who brings enthusiasm and support to our summer programs. To all our volunteers: your contributions make everything we do possible.

Despite the challenges, the charity has continued to serve the local community with responsiveness, compassion, and agility. This year has truly underscored what a vital resource Good Food Matters is—not just for our immediate community, but for the wider borough during these times of extraordinary need.

Looking to the future, we acknowledge the continued challenges, including the impact of Croydon Council's financial pressures and increased competition for funding nationally. Nonetheless, we remain optimistic, confident in the strength of our team and supporters to navigate these difficulties.

Finally, I would like to extend my thanks to my fellow trustees for their steadfast support, which has been instrumental in guiding the charity through another successful year.

CAROLE SHORT, CHAIR



DIRECTORS REPORT

As I write this, there is an incredibly positive atmosphere, and I am filled with gratitude for our amazing team. I want to especially thank Angela, Ben Elliott Asur, Ernesto whose dedication and hard work are the backbone of Good Food Matters. I am also deeply appreciative of our core volunteers and trustees, who make leading this charity such a privilege.



A special mention goes to Colin, who continues to excel as our corporate volunteering liaison. His efforts have strengthened our connections with incredible companies that prioritize Corporate Social Responsibility (CSR). These relationships, demonstrated by repeat bookings, provide both unrestricted funds and essential support for maintaining our grounds. I am especially grateful for our partnerships with SPRING, a local property company, and COMMUNITY FIBRE, whose monthly volunteering initiatives are a testament to their community focus. Thank you all for your invaluable contributions.

Our MENSSED program has seen fantastic growth this year, bolstered by continuation funding from the CCG. Special thanks to Ben and Ian in making this such a warm, welcoming, and creative safe space. The result is a thriving, member-led group that exemplifies resilience and community spirit. Another highlight was a pilot program supporting newly arrived asylum-seeking families, funded by Reedham Children's Trust. This initiative has laid the groundwork for a stronger collaboration with Reedham Charity, and we are thrilled that our refugee work has garnered recognition from CHOOSE LOVE charity, enabling us to develop a more focused provision for those in need.

One of the year's most exciting moments was our garden project in collaboration with award-winning designer Jane Porter and the CHOOSE LOVE charity, sponsored by PROJECT GIVING BACK. This partnership earned a prestigious Silver Gilt medal at the RHS Chelsea Flower Show and became the centrepiece of Croydon's City of Culture program. The project celebrated food and nature as central to all shared cultures, leaving a legacy through a beautiful, permanent garden of sanctuary here in New Addington.

Thanks to Reedham Children's Trust and the formation of the Croydon Youth Consortium, we have established a New Addington Youth Hub at Good Food Matters. With funding to employ a Youth Development Officer for three years, David Gboyega we aim to co-develop a creative, high-quality program that enriches the lives of our most disadvantaged young people.

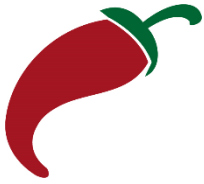
The spirit of collaboration among local organizations in New Addington remains strong, exemplified by the "Stronger Together" partnership. This collective effort allows us to respond swiftly and effectively to local needs. However, as Croydon Council continues to face financial challenges, we will increasingly seek support and funding from outside the borough, focusing on partnerships that align with our core themes.

Our commitment to environmental sustainability is unwavering. Through diligent efforts led by the MENSHER team, we have implemented a rain-harvesting system and reduced our energy consumption. Across all operations, we prioritize soil health, composting, recycling, and resource efficiency to minimize our environmental impact.

Despite rising costs in utilities, transport, and staples, we stay determined to stay prudent, build resilience, and develop sustainable solutions to secure our future.

Amanda McGrath
Good Food Matters





Impact Statement (April 2023 – March 2024)

Good Food Matters (GFM) has made significant strides in supporting our community through a wide range of programs and initiatives focused on food education, mental health, youth development, cultural celebration, and social inclusion. Over this period, we have continued to grow as a vital community hub, enriching lives and creating opportunities for individuals from all walks of life.

Key Highlights

Launch of Our Youth Hub

This year marked the exciting launch of our Youth Hub, made possible through funding from Reedham Children's Charity. This initiative has also enabled us to appoint a dedicated Youth Development Officer, who will lead the development and delivery of a robust program of youth services.

At the heart of this initiative is our commitment to ensuring that children's voices shape every aspect of the service. By fostering a supportive and inclusive environment, we aim to empower young people to grow, develop, and achieve their fullest potential. Through this program, GFM is fully aligned with the principles of *Every Child Matters*, delivering a high-quality service that addresses their physical, emotional, and social development needs.

Programmatic Achievements

Mental Health Support – MENSHERD

As the only MENSHERD in Croydon, GFM offers a vital weekly program for men to connect, be active, and enjoy the outdoors in a safe and welcoming environment. Supported by funding from the Croydon Clinical Commissioning Group (CCG), the sessions focus on promoting mental health and wellbeing through gardening, cooking, shared meals, and meaningful conversation.

Holiday Activities and Food (HAF)

Since 2016, we have delivered free, targeted holiday camps for young people. This year, our Easter and Summer camps reached over 60 children and young people, providing them with enriching experiences, healthy meals, and opportunities to gain experience and grow.

Community Food Growing

We continued to champion sustainable food practices through initiatives sponsored by the Co-op and Croydon Rotary Jubilee. Achievements included:

- Establishing two community allotments, managed by local groups. These spaces serve as therapeutic environments where participants, including home-educated children and individuals managing long-term health conditions, engage in gardening, cooking, and STEM activities.
- Collaborating with CALAT to run accredited food growing and cooking courses for SEN adults.

Cooking and Healthy Eating Programs

- Delivered elder cooking sessions at Croydon Alms Houses, enabling residents to improve their cooking skills and nutrition while fostering social connections.
- Conducted cooking workshops in partnership with the Salvation Army, focusing on affordable, healthy meals.
- Organized BL-funded healthy cooking sessions, empowering community members with practical knowledge to make healthier food choices.

Youth Education and STEM Initiatives

Our Home Education STEM program used our community allotments to teach children science, technology, engineering, and math concepts in a firsthand and engaging way. These sessions provide a unique blend of learning and sustainability, inspiring young minds through nature and creativity.

Refugee and Cultural Contributions

Refugee Support – Choose Love

Through our partnership with Choose Love, we provided vital support for refugees and asylum seekers, offering safe spaces, food, and community-building opportunities. This work highlights our commitment to support those in most need.



Corporate and Community Volunteering: Driving Impact Together

Our heartfelt thanks go to all the companies and individuals who have generously contributed their time and ability to support our mission. Your efforts have made a significant difference in the lives of children and families we serve.

Key Statistics: Volunteer Contribution (April 2023 – March 2024)

Corporate Volunteering Impact

- 553 individual volunteers
- 3,311 total volunteer hours

Community Volunteering Impact

- 67 community volunteers
- 5,040 total volunteer hours

Corporate Volunteers Making a Difference

From improving our facilities to fundraising and engaging in firsthand tasks, these corporate partners have driven real change:

- Edelman: Supported the berry enclosure project.
- NBCU: Prepared materials for the *Choose Love Garden* at RHS Chelsea Flower Show.
- Wells Fargo: Painted the Adobe wall of the *Choose Love Garden* after its reconstruction.
- Community Fibre: Combined skilled site tasks with fundraising, including the *Three Peaks Challenge*.
- SPRING: Monthly CSR projects with a whole-company approach.

Volunteer Testimonials

"It was a pleasure to work with the team from Edelman. They put in a great shift as well as being excellent company. We look forward to seeing them return to the site at some future point."

— Colin Gordon, HandsOn London

TOTAL

- 8,351 total volunteer hours contributed
- 620+ volunteers engaged



COMMUNITY PARTNERS



We continue to work closely at a micro level in New Addington with the Family Centre, Play Place, Salvation Army, NARA, Centre for Change, RENA and of course Pathfinders but more broadly pan Croydon and further with CVA, BME Forum, Croydon Diabetes, Knowledge and Practice, Reaching Higher, Mencap, CALAT BlueTouch consultancy, Refugee Day Centre, Migrant Help, Faith Groups, schools and Colleges.

FUNDERS – our sincere thanks to

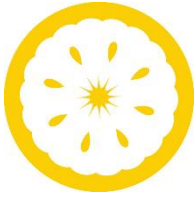


SUPPORTED BY
MAYOR OF LONDON



CROYDON ROTARY JUBILEE

CROYDON ROTARY CLUB



RISK AND MANAGEMENT

The Board monitors risk regularly to ensure that action is taken, or systems are in place to manage named areas of risk. GFM continues to review its procedures and policies to ensure that they are consistent with best practices.

The charity focuses on the following major areas of risk:

Future Funding: financial sustainability is the most significant risk, and much management and trustee time is devoted to developing a pipeline of future funding.

Financial Control: Management produce regular and detailed financial statements.

Fire Risk: We have a fire alarm system; a fire system contacts in place to check alarms and extinguishers bi-annually in line with guidance and a Fire Risk Assessment that is reviewed annually or sooner as needed.

Health and Safety: The premises have the required standard of level of hygiene needed to sustain the current usage of the premises. Health and Safety is on each Board agenda to ensure that all aspects are considered (including work in the garden and with machinery). Our Health and Safety policy including COSHH is reviewed annually.

Disclosure and Barring Checks: volunteers, staff and those trustees who are in contact with service users are subject to periodic enhanced DBS checks.

Staff and Volunteer Training: All staff and volunteers are professionally trained, and a new appraisal system is in place. Staff are all first aid and MH first aid trained. New policies for Modern Slavery and Menopause were approved by the board.

Safeguarding: Proper procedures and controls are in place to be able to find and action instances of alleged or suspected abuse that comes to the attention of Good Food Matters. A key element of the procedures of the on-going annual training of all Trustees, Staff, and Volunteers in the Safeguarding and Protection of Young People.

COVID safety is a priority and Good Food Matters manage a Covid safe working practice partly due to our strong food hygiene and outdoor hygiene management.

The Board of Trustees regularly review the reserves policy. The fixed assets are written off over the period of the Lease, over 10 years on the land at Mickleham Way.

Financial Review The financial statements have been presented in a format to comply with both company and charity law. The income for the year ended 31 March 2024 was £103,115 compared to the previous year of £111,167. Total expenditure after depreciation of fixed assets was £114,072 (2023: £165,593) leaving a deficit of £10,957 (2023: (£54,425)).

Declaration

The Directors (who are also Trustees) declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Directors and Trustees



Name: CAROLE SHORT

Position: CHAIR

Date:



CHRIS MILLS

TREASURER

Independent examiner's report on the accounts

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Signed: *S H Freedman*

Date: 30/11/2024

Simone H Freedman

Chartered Tax Adviser

Tax Return Adviser Limited

Nower End, Nower Road, Dorking, Surrey RH4 3BX

Statement of Financial Activities

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Incoming resources (Note 2)				
Income and endowments from:				
Donations and legacies	4,367	-	4,367	29
Grants	-	92,097	92,097	32,334
Fee income	-	-	-	-
Other income	6,650	-	6,650	78,804
Total	11,018	92,097	103,115	111,167
Resources expended (Note 3)				
Expenditure on:				
Charitable activities	4,034	110,038	114,072	165,593
Total	4,034	110,038	114,072	165,593
Net income/(expenditure) before investment gains/(losses)	6,984	- 17,941	- 10,957	- 54,425
Net income/(expenditure)	6,984	- 17,941	- 10,957	- 54,425
Net movement in funds	6,984	- 17,941	- 10,957	- 54,425
Reconciliation of funds:				
Total funds brought forward	- 24,350	4,744	- 19,606	34,819
Total funds carried forward	- 17,366	- 13,197	- 30,563	- 19,606

The net outgoing resources for the year arise from the Company's continuing operation.

No separate Statement of Total Recognised Gains and Losses has been presented as all such gains and losses have been dealt with in the Statement of Financial Activities.

Movements in funds are disclosed in Note 8 to the Financial Statements.

Balance Sheet on 31 March 2024

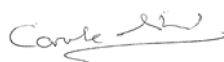
	Unrestricted funds £	Restricted income funds £	Total this year £	Total last year £
Fixed assets				
Tangible assets (Note 6)	33,175	-	33,175	2,038
Current assets				
Cash at bank and in hand		-	-	-
Creditors: amounts falling due within one year (Note 7)	2,612	-	2,612	21,644
Net current assets/(liabilities)	- 2,612	-	- 2,612	- 21,644
Total assets less current liabilities	30,563	-	30,563	- 19,606
Total net assets or liabilities	30,563	-	30,563	- 19,606
Funds of the Charity				
Restricted income funds (Note 2)	-	13,197	- 13,197	4,744
Unrestricted funds	- 17,366	-	- 17,366	- 24,350
Total funds	- 17,366	- 13,197	- 30,563	- 19,606

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024. No members have required the company to obtain an audit of its accounts for the year in question under Section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to and subject to the small company regime.

Approved by the Board on

and signed on its behalf by

Chair: CAROLE SHORT...



Trustee: CHRIS MILLS



NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

1.1 BASIS OF PREPARATION OF ACCOUNTS

The financial statements are prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities, Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015) and with the requirements of the Charities act 2011 and the Companies Act 2006.

1.2 FUND ACCOUNTING

Unrestricted Funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Restricted Funds are subject to restrictions on their expenditure imposed by the donor or through the terms of a grant.

1.3 INCOME

Income is recognised in the Statement of Financial Activities when the charity is entitled to the income, and the amount can be quantified with reasonable accuracy. The following specific policies are applied to categories of income. Voluntary Income by way of donations and grants are included in the statement of financial activities on a receivable basis when evidence exists to confirm the certainty of receipt.

1.4 EXPENDITURE

Expenditure is included on an accruals basis and includes VAT because the charity is not registered for VAT. It also includes depreciation on the tangible assets of the charity. Resources expended are recognised in the period in which they are incurred. They are allocated to the activity where the costs relate directly to that activity. Governance costs comprise costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to statutory audit and legal fees.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 (Cont'd)

1.6 TANGIBLE FIXED ASSETS

All fixed assets are depreciated over the 10-year lease of the land on a straight-line basis. The rate of depreciation is calculated to write off the cost less estimated residual value of each asset over its expected useful life.

1.7 TRANSFERS BETWEEN FUNDS

Trustees have the authority to transfer amounts out of the unrestricted fund into the restricted fund when required.

1.8 RESERVES

The charity's accounting policy is to develop an operating surplus to maintain three months running costs in unrestricted reserves.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 (Cont'd)

2. Analysis of income

		Unrestricted funds	Restricted income funds	Total funds £	Prior year £
Analysis					
Donations:	Donations	4,367	-	4,367	29
	Total	4,367	-	4,367	29
Grants:	Croydon Council		92,097	92,097	32,334
	London learning consortium			-	10,422
	Croydon voluntary action			-	21,037
	Reedhams childrens trust			-	15,440
	Other			-	12,850
	NHS South West London			-	-
	Total	-	92,097	92,097	92,083
Other trading activities:	Interest income	-	-	-	-
	Dividend income	-	-	-	-
	Rental and leasing income	6,620	-	6,620	19,055
	Other	30	-	30	-
	Total	6,650	-	6,650	19,055
Income from investments:		-	-	-	-
		-	-	-	-
		-	-	-	-
	Total	-	-	-	-
Separate material item of income:	Conversion of endowment funds into income	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-
	Other	-	-	-	-
	Total	-	-	-	-
TOTAL		11,018	92,097	103,115	111,167

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 (Cont'd)

3. Analysis of expenditure

		Unrestricted funds	Restricted income funds	Total funds £	Prior year £
Analysis					
Expenditure on charitable activities	Building - other project costs	-	-	-	-
	Grants made	2,380	-	2,380	-
	Volunteer expenses	-	-	-	-
	Insurance	-	3,070	3,070	2,963
	Staff costs	-	59,026	59,026	54,338
	Service charge	-	109	109	125
	Tutor fees/sessional worker	-	1,094	1,094	13,021
	Bank charges	1,654	-	1,654	1,933
	Sundry	-	-	-	96
	Depreciation	-	2,038	2,038	56,527
	Light & heat	-	14,635	14,635	7,472
	Water rates	-	1,249	1,249	3,679
	Telephone	-	1,635	1,635	2,389
	Cleaning	-	-	-	355
	Repairs and renewals	-	504	504	743
	Grocery and other direct costs	-	9,055	9,055	2,063
	Building repairs and renewals	-	11,685	11,685	14,571
	Advertising and marketing	-	197	197	83
	IT, software and maintenance	-	357	357	158
	Stationery	-	-	-	-
	Pensions	-	2,811	2,811	2,253
	Professional fees	-	1,470	1,470	684
	Travel	-	1,103	1,103	2,140
	Total expenditure on raising funds	4,034	110,038	114,072	165,593

4. Governance costs

	This year £	Last year £
Independent examiner's fees	840	684

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 (Cont'd)

5. Staff costs

	This year	Last year
	£	£
Salaries and wages	59,135	54,463
Pension costs (defined contribution scheme)	2,811	2,253
Total staff costs	61,946	56,716

The monthly average number of employees during the year was 3 (2023: 3). No employee received remuneration amounting to more than £60,000 in either year.

No Trustee received any remuneration during the year (2023: Nil) and no Trustee received reimbursed expenses (2023: Nil).

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 (Cont'd)

6. Tangible fixed assets

6.1 Cost or valuation

	Leasehold premises	Ground improvement costs	Greenhouses	Kitchen	Furniture fixtures and fittings	Equipment	Total
	£	£	£	£	£	£	£
At the beginning of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279
Additions	-	-	-	-	-	-	-
Revaluations	33,175	-	-	-	-	-	-
Disposals	-	-	-	-	-	-	-
At end of the year	441,660	87,416	31,952	24,820	3,000	9,606	598,454

6.2 Depreciation and impairments

Basis	SL	SL	SL	SL	SL	SL	
Rate	10%	10%	10%	10%	10%	10%	
At beginning of the year	408,485	86,163	31,950	24,451	3,000	9,192	563,241
Disposals	-	-	-	-	-	-	-
Depreciation	-	1,253	2	369	-	414	2,038
Impairment	-	-	-	-	-	-	-
At end of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279

6.3 Net book value

Net book value at the beginning of the year	-	1,253	2	369	-	414	2,038
Net book value at the end of the year	33,175	-	-	-	-	-	33,175

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH
2024 (Cont'd)

7. Creditors and accruals

	Amounts falling due within one year	
	This year	Last year
	£	£
Bank loans and overdrafts	-	-
Trade creditors	1,772	2,461
Payments received on account for contracts or performance-related grants	-	-
Accruals and deferred income	840	19,182
Taxation and social security	-	-
Other creditors	-	-
Total	2,612	21,643

8. Taxation

Good Food Matters is a registered charity and as such its income and gains falling within Sections 471 to 489 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its chargeable objectives.



GOOD FOOD MATTERS

Accounts

Company registration number: 05418543

Charity registration number: 1111235



GOOD FOOD MATTERS

GROWING A HEALTHY COMMUNITY

**ANNUAL REPORTS AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023**





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Charity information

Company registration number:	05418543
Charity registration number:	1111235
Address:	GOOD FOOD MATTERS THE COMMUNITY FOOD LEARNING CENTRE Mickleham Way New Addington Croydon CR0 0PN
Directors and Charity Trustees: (Chair)	Carole Short Folake Segun V Chair Christopher Mills Alexandra Kent
Accountants:	Tax Return Adviser Ltd Nower End, Nower Road Dorking, Surrey RH4 3BX
Bankers:	Lloyds Bank 125 Balham High Street Balham SW12 9AT





Structure Governance and Management

Good Food Matters is a charitable company limited by guarantee, governed by the Memorandum and Articles, incorporated on 8 April 2005, and registered as Good Food Matters under registration number 1111235 and company number 05418543.

Liability of Members

The charitable company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1. Trustees are directors for the purposes of the Companies Act and Trustees for the purposes of the Charities Act. They are also the members.

Appointment of Directors (who are also Trustees)

Under the requirements of the Memorandum and Articles of Association members of the Trustee Board are elected to serve from their appointment until the next AGM. At each annual general meeting one-third of the Directors or the nearest multiple of three must retire from office. They can offer themselves for re-election at the next Annual General Meeting.

The Memorandum & Articles of Association allow continuing trustees to appoint additional trustees.

Trustee Recruitment, Induction and Training

Good Food Matters (GFM) have an open recruitment process.

Those who apply are asked to complete an application form. Once received, the Chair will have an informal chat then invite

them to meet some of the Board and the CEO to access suitability. If agreed, they will then be appointed to the Board subject to references and checks according to our Memorandum and Articles of Association.

Candidates are asked to consider and declare any existing or potential conflicts of interest (including with related parties). As GFM works with children, young people, and vulnerable people a DBS (Disclosure and Barring) check will be required for those who meet these groups. In the light of the checks and declarations being satisfactory, the proposed Trustees will go forward for appointment.

All relevant parties such as funders, the charity's accountants are notified of the new appointments. There is no formal training programme for newly appointed trustees.

Board Meetings

The Board has a quarterly meeting format with additional meetings where necessary. Further support to the management team is provided in writing and through meetings with the Chair.

The challenge for the staff and Board is to keep the Centre up and running in accordance with GFM's aims and objectives. Our priority in the New Year will be to develop a strategy and business plan to ensure sustainability.

Responsibilities of the Board

The Trustees (who are also the Directors) are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each fiscal year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of-

affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP
- Make judgments and estimates that are reasonable and produce.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

As far as the Trustees are aware:

- There is no relevant financial information of which the charitable company's Independent Examiner is unaware.
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant

information and to establish that the Independent Examiner is aware of that information.



Objectives

Our charitable objects are to:

- Advance the education of the public about cooking and growing healthy food.
- Support disadvantaged young people and their families to build healthier lifestyles, focusing on those facing lack of achievement at school, exclusion in care, leaving care, young careers, young homeless, young people with learning disabilities/autism, young ex-offenders, or children at risk of anti-social behaviour, teenage mums, young refugees and all those involved in teaching or providing nutrition to any of these groups in the UK.
- Encourage the development of healthier lifestyles through the provision of practical training, education, info to be aware and support on nutrition, health, and well-being to ensure said people develop more positive attitudes to health and are equipped to make more informed health and dietary choices leading to an improvement in their quality of life.

Good Food For All

Our mission is simple - provide the space, knowledge, and support to help our community grow, cook, and enjoy nutritious food.



CHAIRS REPORT

I cannot thank the staff and volunteers enough who have supported Good Food Matters during the past year.

This year under Amandas direction the Charity is on a more secure footing and there are some exciting projects ahead such as the refugee work, elders cooking club and RHS Chelsea Flower show.

I want to record my thanks to the team for their continue support and sheer determination , Angela our Community Kitchen Manager who keeps connected with all our volunteers and learners , whilst managing the complexities of running multiple programs, always being positive and ensuring a wonderful healthy meal is available , Ben who is such a force of nature leading our MENSSED program, and being such a great ambassador for GFM and Ernesto who as always works exceptionally hard in the garden keeping everything growing and managing the site.

We could not do it without our amazing volunteers such as Colin who manages the corporate events and Donna who supports the summer programs and many more!

Somehow the charity, with its supporters, managed to keep turning, and we are proud that they served the local community, responding to need swiftly and with compassion.

It has highlighted what a great asset Good Food Matters is to the local community and indeed the whole borough in these times of extreme need.

We look ahead to the coming year recognising that times continue to be incredibly challenging locally with the impact of Croydon Council's financial pressures but also nationally as we all compete for funding to keep going.

Thanks also to my fellow trustees, for their continued support.
CAROLE SHORT, CHAIR



DIRECTORS REPORT

Hello again,

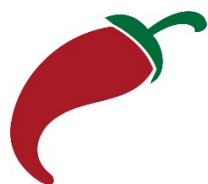
There is an incredibly positive feel as I write this, firstly I am so grateful for my amazing staff team Angela, Ben Elliott Asur and Ernesto who we could not do without and the core volunteers and trustees who make running Good Food Matters such a privilege. Colin as always is amazing as our liaison for Corporate Volunteering and manages our amazing connections to incredible companies with amazing CSR focus which is demonstrated in our repeat bookings. This generates both unrestricted funds and much needed support on site managing the grounds. We have strong connections now with local property company SPRING and monthly volunteering and support from the very community focused COMMUNITY FIBRE. Thank you all.

Our MENSHERD received continuation funding through the CCG, and we are seeing a thriving member led group develop. We were delighted to run a pilot program supporting newly arrived asylum-seeking families and funded through Reedham Children's Trust and we look forward to working more closely with Reedham Charity and are excited that our Refugee work has been recognised by CHOOSE LOVE charity and we are developing a more focused provision. Most exciting of all is a Chelsea flower show garden in development with the award-winning Jane Porter and the incredible CHOOSE LOVE charity and sponsored by PROJECT GIVING BACK which will enhance our program for Croydon Borough of culture that we are planning as food and nature are at the heart of all our shared culture and create a beautiful permanent garden of sanctuary here in New Addington.

The local organisations in New Addington work so well together. In a hyper competitive 3rd sector New Addington is an Oasis of harmony where we just all get on with it but can pick up the phone to share or ask for help agilely responding to local need. Croydon Council continues to face financial challenges so we will we continue to look out of borough for funding, support and partnership working across our themes of work. Our core costs, utilities, transport, and staples continue to rise so we will remain prudent, build resilience, and look forwards.

Amanda McGrath - GOOD FOOD

MATTERS



Activities, Achievements and Performance

- **ESF FIELD TO FORK** ESF community cooking and gardening program as completed as reported before This was one of our most challenging contracts to deliver because of the impact of COVID, challenges with recruitment, retention and general ill health or wellbeing of participants and challenges around onerous evidence criteria.

MENSHED

- The CCG awarded us continuation funding for our MH work as the only MENSHER in Croydon, offering weekly sessions in the community and a safe space for me to meet, be active and enjoy outside space and a warm meal and conversation.

Young Londoners Program

- We worked across three schools Castle Hill, Gilbert Scott, John Wood and one home education area plus running school holiday provision also – reaching over 300 Croydon children offering diversionary nature based, food growing and nature-based activities.

HAF

We have run FREE targeted summer camps at GFM since 2016 this year we ran a Easter and Summer reaching over 60 young people.

Additional programs included:-

- Community food growing – sponsored by the COOP and Croydon Rotary Jubilee
- REFUGEE PILOT FUNDED BY REEDHAM CHILDRENS CHARITY
- CROYDON ALMS HOUSES -ELDER COOKING SESSIONS
- FRIDAY VOLUNTEERING



- 2 community allotments created and run by the community – these include a local Home Educated group who run STEM sessions via this amazing resource and a local group who are managing their long-term health conditions through gardening cooking and other therapeutic activities.
- Knowledge and Practice – BL funded healthy cooking sessions.
- Cookery Workshops for Salvation Army
- STEM – Home Education program
- Health and Wellbeing board -our MD is co-chair of this steering board that leads on related health matters.

SHARED COMMUNITY RESOURCE

Our amazing partners also utilise our amazing centre ensuring maximum usage of the building and grounds these include: -

- CALAT – who run weekly SEN adult cooking and food growing accredited courses.
- SALVATION ARMY – OASIS elders' group
- BLACK FATHERS SUPPORT GROUP
- Knowledge and Practice – Educational support, HAF Summer Camps and young MasterChef sessions
- GoWild – nature-based activities

CORPORATE VOLUNTEERING

Our sincere thanks go to all these companies who have volunteered in the garden or kitchen this year. We are very appreciative of the time and effort donated which equated to **393 individual volunteers** and over **2300 volunteer hours** – we could not grow without this help and support and the organisations that make this happen Hands on London, Business Volunteers and Volunteering matters.

THANK YOU TO: -

Accenture

Community Fibre

Spring

NatWest

Coutts

Simba Sleep

NBCU

Lexis Nexis

St James Facilities

ANNUAL REPORTS AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

Frontiers

Dentsu

Jupiter AM

Moorhouse Consultancy

TSG Consumers

KPMG

Close Brothers

Amazon

Just Group

Goldman Sachs

Allianz

Serco

Edelman



COMMUNITY PARTNERS

We continue to work closely at a micro level in New Addington with the Family centre, play place, Salvation Army, NARA, Centre for Change and of course Pathfinders but more broadly pan Croydon and further with CVA, BME Forum, Croydon Diabetes, Knowledge, and Practice, ASBO media, BlueTouch consultancy.



ASBO



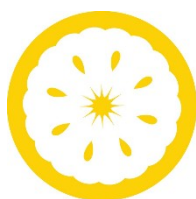
FUNDERS

SUPPORTED BY

MAYOR OF LONDON



- CROYDON ROTARY JUBILEE
- CROYDON ROTARY CLUB



RISK AND MANAGEMENT

The Board monitors risk regularly to ensure that action is taken, or systems are in place to manage identified areas of risk. GFM continues to review its procedures and policies to ensure that they are consistent with best practices.

The charity focuses on the following major areas of risk:

Future Funding: financial sustainability is the most significant risk, and much management and trustee time is devoted to developing a pipeline of future funding.

Financial Control: Management produce regular and detailed financial statements.

Fire Risk: We have a fire alarm system; a fire system contacts in place to check alarms and extinguishers bi-annually in line with guidance and a Fire Risk Assessment that is reviewed annually or sooner as required.

Health and Safety: The premises have the required standard of level of hygiene needed to sustain the current usage of the premises. Health and Safety is on each Board agenda to ensure that all aspects are considered (including work in the garden and with machinery). Our Health and Safety policy including COSHH is reviewed annually.

Disclosure and Barring Checks: volunteers, staff and those trustees who are in contact with service users are subject to periodic enhanced DBS checks.

Staff and Volunteer Training: All staff and volunteers are professionally trained, and a new appraisal system is in place. Staff are all first aid and MH first aid trained. New policies for Modern Slavery and Menopause were approved by the board.

Safeguarding: Proper procedures and controls are in place to be able to identify and action instances of alleged or suspected abuse that comes to the attention of Good Food Matters. A key element of the procedures of the on-going annual training of all Trustees, Staff, and Volunteers in the Safeguarding and Protection of Young People.

COVID safety is a priority and Good Food Matters manage a Covid safe working practice partly due to our strong food hygiene and outdoor hygiene management.

The Board of Trustees regularly review reserves The reserves policy. The fixed assets are written off over the period of the Lease, over 10 years on the land at Mickleham Way.

Financial Review The financial statements have been presented in a format to comply with both company and charity law. The income for the year ended 31 March 2023 was £111,167 compared to the previous year of £76,475. Total expenditure after depreciation of fixed assets was £165,593

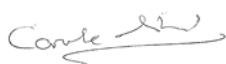
(2022: £128,436) leaving a deficit of £54,425 (2022: (£51.960)).

Declaration

The Directors (who are also Trustees) declare that they have approved the Trustees' report above.

Signed on behalf of t

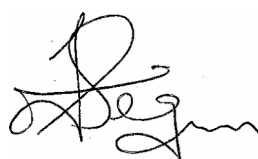
he charity's Directors and Trustees



Name: CAROLE SHORT

Position: CHAIR

Date:



FOLAKE SEGUN

VICE CHAIR

Independent examiner's report on the accounts

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
 - the accounts did not accord with the accounting records;
- or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Signed: S H Freedman

Date:

Simone H Freedman
Chartered Tax Adviser
Tax Return Adviser Limited
Nower End, Nower Road, Dorking, Surrey RH4 3BX

Statement of Financial Activities

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Incoming resources (Note 2)				
Income and endowments from:				
Donations and legacies	29	-	29	2,021
Grants	-	32,334	32,334	43,756
Fee income	-	-	-	-
Other income	78,804	-	78,804	30,699
Total	78,833	32,334	111,167	76,476
Resources expended (Note 3)				
Expenditure on:				
Charitable activities	56,527	109,066	165,593	128,436
Total	56,527	109,066	165,593	128,436
Net income/(expenditure) before investment gains/(losses)	22,306	- 76,732	- 54,425	- 51,960
Net income/(expenditure)	22,306	- 76,732	- 54,425	- 51,960
Net movement in funds	22,306	- 76,732	- 54,425	- 51,960
Reconciliation of funds:				
Total funds brought forward	- 46,656	81,476	34,820	86,780
Total funds carried forward	- 24,350	4,744	- 19,605	34,820

The net outgoing resources for the year arise from the Company's continuing operation.

No separate Statement of Total Recognised Gains and Losses has been presented as all such gains and losses have been dealt with in the Statement of Financial Activities.

Movements in funds are disclosed in Note 8 to the Financial Statements.

Balance Sheet on 31 March 2023

	Unrestricted funds £	Restricted income funds £	Total this year £	Total last year £
Fixed assets				
Tangible assets (Note 6)	2,038	-	2,038	58,565
Current assets				
Cash at bank and in hand		-	-	-
Creditors: amounts falling due within one year (Note 7)	21,643	-	21,643	23,746
<i>Net current assets/(liabilities)</i>	- 21,643	-	- 21,643	- 23,746
<i>Total assets less current liabilities</i>	- 19,605	-	- 19,605	34,820
 <i>Total net assets or liabilities</i>	 - 19,605	 -	 - 19,605	 34,820
 Funds of the Charity				
Restricted income funds (Note 2)		4,744	4,744	81,476
Unrestricted funds	- 24,350	-	- 24,350	- 46,656
 <i>Total funds</i>	 - 24,350	 4,744	 - 19,605	 34,820

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021. No members have required the company to obtain an audit of its accounts for the year in question, under Section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies' subject the small company's regime.

Approved by the Board on



Chair:

and signed on its behalf by:



Trustee:

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

1.1 BASIS OF PREPARATION OF ACCOUNTS

The financial statements are prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities, Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015) and with the requirements of the Charities act 2011 and the Companies Act 2006.

1.2 FUND ACCOUNTING

Unrestricted Funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Restricted Funds are subject to restrictions on their expenditure imposed by the donor or through the terms of a grant.

1.3 INCOME

Income is recognised in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to categories of income. Voluntary Income by way of donations and grants are included in the statement of financial activities on a receivable basis when evidence exists to confirm the certainty of receipt.

1.4 EXPENDITURE

Expenditure is included on an accruals basis and includes VAT because the charity is not registered for VAT. It also includes depreciation on the tangible assets of the charity. Resources expended are recognised in the period in which they are incurred. They are allocated to the activity where the costs relate directly to that activity. Governance costs comprise costs involving the public accountability of the charity and its

compliance with regulation and good practice. These costs include costs related to statutory audit and legal fees.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 (Cont'd)

1.6 TANGIBLE FIXED ASSETS

All fixed assets are depreciated over the 10-year lease of the land on a straight-line basis. The rate of depreciation is calculated to write off the cost less estimated residual value of each asset over its expected useful life.

1.7 TRANSFERS BETWEEN FUNDS

Trustees have the authority to transfer amounts out of the unrestricted fund into the restricted fund when required.

1.8 RESERVES

The charity's accounting policy is to develop an operating surplus to maintain three months running costs in unrestricted reserves.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 (Cont'd)

2. Analysis of income

		Unrestricted funds	Restricted income funds	Total funds £	Prior year £
Analysis					
Donations:	Donations	29	-	29	2,021
	Total	29	-	29	2,021
Grants:	Croydon Council	-	32,334	32,334	43,756
	London learning consortium	10,422	-	10,422	2,706
	Croydon voluntary action	21,037	-	21,037	-
	Reedhams childrens trust	15,440	-	15,440	-
	Other	12,850	-	12,850	2,000
	NHS South West London	-	-	-	10,000
	Total	59,749	32,334	92,083	58,462
Other trading activities:	Interest income	-	-	-	-
	Dividend income	-	-	-	-
	Rental and leasing income	19,055	-	19,055	1,997
	Other	-	-	-	13,996
	Total	19,055	-	19,055	15,993
Income from investments:		-	-	-	-
		-	-	-	-
		-	-	-	-
	Total	-	-	-	-
Separate material item of income:	Conversion of endowment funds into income	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-
	Other	-	-	-	-
	Total	-	-	-	-
TOTAL		78,833	32,334	111,167	76,476

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 (Cont'd)

3. Analysis of expenditure

		Unrestricted funds	Restricted income funds	Total funds £	Prior year £
Analysis					
Expenditure on charitable activities	Building - other project costs	-	-	-	-
	Grants made	-	-	-	-
	Volunteer expenses	-	-	-	-
	Insurance	-	2,963	2,963	2,901
	Staff costs	-	54,338	54,338	49,140
	Service charge	-	125	125	-
	Tutor fees/sessional worker	-	13,021	13,021	2,933
	Bank charges	-	1,933	1,933	1,169
	Sundry	-	96	96	-
	Depreciation	56,527	-	56,527	56,527
	Light & heat	-	7,472	7,472	3,861
	Water rates	-	3,679	3,679	1,027
	Telephone	-	2,389	2,389	2,176
	Cleaning	-	355	355	1,203
	Repairs and renewals	-	743	743	1,854
	Grocery costs	-	2,063	2,063	828
	Building repairs and renewals	-	14,571	14,571	-
	Advertising and marketing	-	83	83	-
	IT, software and maintenance	-	158	158	229
	Stationery	-	-	-	-
	Pensions	-	2,253	2,253	2,036
	Professional fees	-	684	684	797
	Travel	-	2,139	2,139	1,754
	Total expenditure on raising funds	56,527	109,066	165,593	128,435

Expenditure includes depreciation on fixed assets.

4. Governance costs

	This year £	Last year £
Independent examiner's fees	684	636

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 (Cont'd)

5. Staff costs

	This year £	Last year £
Salaries and wages	54,463	49,140
Pension costs (defined contribution scheme)	2,253	2,036
Total staff costs	56,716	51,176

The monthly average number of employees during the year was 3 (2022: 3). No employee received remuneration amounting to more than £60,000 in either year.

No Trustee received any remuneration during the year (2022: Nil) and no Trustee received reimbursed expenses (2022: Nil).

**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR
ENDED 31 MARCH 2023 (Cont'd)**

6. Tangible fixed assets

6.1 Cost or valuation

	Leasehold premises	Ground improvement costs	Greenhouses	Kitchen	Furniture fixtures and fittings	Equipment	Total
	£	£	£	£	£	£	£
At the beginning of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279
Additions	-	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-	-
Disposals	-	-	-	-	-	-	-
At end of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279

6.2 Depreciation and impairments

	Basis	SL	SL	SL	SL	SL	SL
	Rate	10%	10%	10%	10%	10%	10%
At beginning of the year		367,637	77,421	28,755	21,969	2,700	8,232
Disposals		-	-	-	-	-	-
Depreciation		40,848	8,742	3,195	2,482	300	960
Impairment		-	-	-	-	-	-
At end of the year		408,485	86,163	31,950	24,451	3,000	9,192

6.3 Net book value

Net book value at the beginning of the year	81,697	18,737	6,392	5,333	600	2,334	58,565
Net book value at the end of the year	-	1,253	2	369	-	414	2,038

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023 (Cont'd)

7. Creditors and accruals

	Amounts falling due within one year	
	This year £	Last year £
Bank loans and overdrafts	-	-
Trade creditors	2,461	2,956
Payments received on account for contracts or performance-related grants	-	-
Accruals and deferred income	19,182	20,789
Taxation and social security	-	-
Other creditors	-	-
Total	21,643	23,745

8. Taxation

Good Food Matters is a registered charity and as such its income and gains falling within Sections 471 to 489 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its charitable objectives.



GOOD FOOD MATTERS

ANNUAL REPORTS AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

Accounts

Company registration number: 05418543

Charity registration number: 1111235



GOOD FOOD MATTERS

GR^{OW}ING A HEALTHY COMMUNITY

ANNUAL REPORTS AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022





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Charity information

Company registration number: 05418543

Charity registration number: 1111235

Address: Evelyn House
Mickleham Way
New Addington
Croydon
CRO OPN

Directors and Charity Trustees: Carole Short (Chair)
Folake Segun (Vice Chair)
Christopher Mills
Anita Jolly
Alexandra Kent

Accountants: Tax Return Adviser Ltd
Nower End, Nower Road
Dorking, Surrey RH4 3BX

Bankers: Lloyds Bank
125 Balham High Street
Balham
SW12 9AT



GOOD FOOD MATTERS ARE A LONDON LIVING WAGE EMPLOYER



Structure Governance and Management

Good Food Matters is a charitable company limited by guarantee, governed by the Memorandum and Articles, incorporated on 8 April 2005 and registered as Good Food Matters under registration number 1111235 and company number 05418543.

Liability of Members

The charitable company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1. Trustees are directors for the purposes of the Companies Act and Trustees for the purposes of the Charities Act. They are also the members.

Appointment of Directors (who are also Trustees)

Under the requirements of the Memorandum and Articles of Association members of the Trustee Board are elected to serve from their appointment until the next AGM. At each annual general meeting one-third of the Directors or the nearest multiple of three must retire from office. They can offer themselves for re-election at the next Annual General Meeting.

The Memorandum & Articles of Association allow continuing trustees to appoint additional trustees.

Trustee Recruitment, Induction and Training

Good Food Matters (GFM) have an open recruitment process.

Those who apply are asked to complete an application form. Once received, the Chair will have an informal chat then invite them to meet some of the Board and the CEO to assess suitability. If agreed they will then be appointed to the Board

subject to references and checks according to our Memorandum and Articles of Association.

Candidates are asked to consider and declare any existing or potential conflicts of interest (including with related parties). As GFM works with children, young people, and vulnerable people a DBS (Disclosure and Barring) check will be required for those who come in contact with these groups. In the light of the checks and declarations being satisfactory, the proposed Trustees will go forward for appointment.

All relevant parties such as funders, the charity's accountants are notified of the new appointments. There is no formal training programme for newly appointed trustees.

Board Meetings

The Board has a quarterly meeting format with additional meetings where necessary. Further support to the management team is provided in writing and through meetings with the Chair.

The challenge for the staff and Board is to keep the Centre up and running in accordance with GFM's aims and objectives. Our priority in the New Year will be to develop a strategy and business plan to ensure sustainability.

Responsibilities of the Board

The Trustees (who are also the Directors) are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgments and estimates that are reasonable and produce
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- There is no relevant financial information of which the charitable company's Independent Examiner is unaware.
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the Independent Examiner is aware of that information.



Objectives

Our charitable objects are to:

- Advance the education of the public about cooking and growing healthy food.
- Support disadvantaged young people and their families to build healthier lifestyles, focusing on those facing lack of achievement at school, exclusion in care, leaving care, young careers, young homeless, young people with learning disabilities/autism, young ex-offenders or children at risk of anti-social behaviour, teenage mums, young refugees and all those involved in teaching or providing nutrition to any of these groups in the UK.
- Encourage the development of healthier lifestyles through the provision of practical training, education, info to be aware and support on nutrition, health and well-being to ensure said people develop more positive attitudes to health and are equipped to make more informed health and dietary choices leading to an improvement in their quality of life.

Good Food For All

Our mission is simple – provide the space, knowledge, and support to help our community grow, cook and enjoy nutritious food.



CHAIRS REPORT

I cannot thank the staff and volunteers enough who have supported Good Food Matters during the past year.

Amanda has faced some difficult situations with funding during the past few months and without her sheer determination the organisation would have been in great difficulty. I want to record my thanks to her for her loyalty and amazing ability to resolve difficult issues. She continues to lead the team steering a course through troubled waters whilst delivering the Young Londoners schools outreach program and very ably supported by Angela our Community Kitchen Manager who keeps connected with all our volunteers and learners, whilst managing the complex ESF program and Ernesto who as always works exceptionally hard in the garden keeping everything growing and managing the site. We could not do it without our amazing volunteers such as Colin who manages the corporate events and Donna who supports the summer programs and many more!

Somehow the charity, with its supporters, managed to keep turning, and we are proud that they served the local community, responding to need swiftly and with compassion. It has highlighted what a great asset Good Food Matters is to the local community and indeed the whole borough in these times of extreme need. We look ahead to the coming year recognising that times continue to be very challenging locally with the impact of Croydon Council's financial pressures but also nationally as we all compete for funding to keep going.

Thanks also to my fellow trustees, for their continued support.

CAROLE SHORT, CHAIR



DIRECTORS REPORT

Hello again,

I feel proud this year that we survived as many charities sadly did not. The repercussions of COVID, recession and other major changes continue to impact the economy and the third sector and here in New Addington survival matters.

I am so grateful for my amazing staff team Angela and Ernesto who we couldn't do without and the core volunteers and trustees who make running the charity though a challenge such a privilege. Colin as always is amazing as our liaison for Corporate Volunteering and has developed some amazing connections which is demonstrated in our repeat bookings. This generates both unrestricted funds and much needed support on site managing the grounds. This is an area we are keen to develop more in the future.

Our MENSHER this year received funding through the CCG and we were able to recruit a new member to the team, albeit 1 day per week but we welcomed Ben Elliott Asur into the Good Food Matters core staff team and he brings much wisdom and is very strong in his community outreach work.

The local organisations in New Addington work so well together. In a hyper competitive 3rd sector New Addington is an Oasis of harmony where we just all get on with it but can pick up the phone to share or ask for help agilely responding to local need.

Croydon's continuing financial challenges, we continue to look out of borough for funding, support and partnership working across our themes of work

HEALTH WELLBEING ENVIRONMENT COMMUNITY

Amanda McGrath – GOOD FOOD MATTERS





Activities, Achievements and Performance

ESF

We ran 6 FIELD TO FORK ESF community cooking and gardening COURSES
This was one of our most challenging contracts to deliver because of the impact of COVID and challenges around onerous evidence criteria.

MENSHED

The CCG awarded us continuation funding for our MH work as the only MENSHERD in Croydon, offering weekly sessions in the community and a safe space for me to meet, be active and enjoy outside space and a warm meal and conversation.

Young Londoners Program

This program continues to develop positively for the young people involved after a very slow start. We worked in three schools and one home education area plus running school holiday provision also – reaching over 115 Croydon children offering diversionary nature based, food growing and nature-based activities.

HAF

We have run FREE targeted summer camps at GFM since 2016 this year we ran at Easter, summer and Christmas with a October half term fun day also.



Community food growing – sponsored by Croydon Rotary Jubilee



- 2 community allotments created and run by the community – these include a local Home Educated group who run STEM sessions via this amazing resource and a local group who are managing their long term health conditions through gardening cooking and other therapeutic activities.
- COVID conversations – funding to offer safe space to meet and discuss COVID and vaccine questions including hesitancy.
- Knowledge and Practice – BL funded healthy cooking sessions
- Cookery Work shops for Salvation Army
- STEM – Home Education program
- BME forum
- Health and Wellbeing board -our MD is co-chair of this steering board that leads on related health matters
- Community Action – offering Groundworks Community actions through volunteering on site

SHARED COMMUNITY RESOURCE

Our amazing partners also utilise our amazing centre ensuring maximum usage of the building and grounds these include:-

- CALAT – who run weekly SEN adult cooking and food growing accredited courses
- SALVATION ARMY – OASIS elders’ group
- BLACK FATHERS SUPPORT GROUP
- Knowledge and Practice – Educational support, HAF Summer Camps and young MasterChef sessions
- GoWild – nature-based activities

Corporate Volunteering

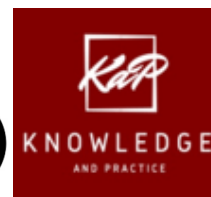


COMMUNITY PARTNERS

We continue to work closely at a micro level in New Addington with the Family centre, play place, Salvation Army, NARA, Centre for Change and of course Pathfinders but more broadly pan Croydon and further with CVA, BME Forum, Croydon Diabetes, Knowledge and Practice, ASBO media, BlueTouch consultancy



ASBO



FUNDERS

SUPPORTED BY

MAYOR OF LONDON

- CROYDON ROTARY JUBILEE
- CROYDON ROTARY CLUB



CROYDON
www.croydon.gov.uk





CORPORATE PARTNERS AND DONORS

A huge thank you to all that help support us in 2021 to 2022

Lexis Nexis

Business Volunteers

Frontiers

Discovery

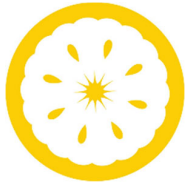
Trinity school

Accenture

VOLUNTEER HOURS

- 450 CORPORATE
HOURS
- 1600
COMMUNITY
VOLS





RISK AND MANAGEMENT

The Board monitors risk regularly to ensure that action is taken or systems are in place to manage identified areas of risk. GFM continues to review its procedures and policies to ensure that they are consistent with best practices.

The charity focuses on the following major areas of risk:

Future Funding: financial sustainability is the most significant risk and much management and trustee time is devoted to developing a pipeline of future funding.

Financial Control: Management are asked to produce regular and detailed financial statements.

Fire Risk: We have a fire alarm system, a fire system contact in place to check alarms and extinguishers bi-annually in line with guidance and a Fire Risk Assessment that's reviewed annually or sooner as required.

Health and Safety: The premises have the required standard of level of hygiene needed to sustain the current usage of the premises. Health and Safety is on each Board agenda to ensure that all aspects are considered (including work in the garden and with machinery). Our Health and Safety policy including COSHH is reviewed annually.

Disclosure and Barring Checks: volunteers, staff and those trustees who are in contact with service users are subject to periodic enhanced DBS checks.

Staff and Volunteer Training: All staff and volunteers are properly trained, and a new appraisal system is in place. Staff are all first aid and MH first aid trained. New policies for Modern Slavery and Menopause were approved by the board.

Safeguarding: Proper procedures and controls are in place to be able to identify and action instances of alleged or suspected abuse that comes to the attention of Good Food Matters. A key element of the procedures of the on-going annual training of all Trustees, Staff, and Volunteers in the Safeguarding and Protection of Young People.

COVID safety is a priority and Good Food Matters manage a Covid safe working practice partly due to our strong food hygiene and outdoor hygiene management.

Reserves The reserves policy is reviewed regularly by the Board of Trustees. The fixed assets are written off over the period of the Lease, over 10 years on the land at Mickleham Way.

Financial Review The financial statements have been presented in a format to comply with both company and charity law. The income for the year ended 31 March 2022 was £76,475 compared to the previous year of £76,490. Total expenditure after depreciation of fixed assets was £128,436 (2021: £121,603) leaving a deficit of £51,960 (2020: (£45,113)).

Declaration

The Directors (who are also Trustees) declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Directors and Trustees



Name: CAROLE SHORT

Position: CHAIR

Date:



FOLAKE SEGUN

VICE CHAIR

Independent examiner's report on the accounts

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Signed: *S H Freedman*

Date:

Simone H Freedman
Chartered Tax Adviser
Tax Return Adviser Limited
Nower End, Nower Road, Dorking, Surrey RH4 3BX

Statement of Financial Activities

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Incoming resources (Note 2)				
Income and endowments from:				
Donations and legacies	2,021	-	2,021	3,141
Grants	-	43,756	43,756	42,760
Fee income	-	-	-	-
Other income	30,699	-	30,699	30,589
Total	32,720	43,756	76,475	76,490
Resources expended (Note 3)				
Expenditure on:				
Charitable activities	56,528	71,908	128,436	121,603
Total	56,528	71,908	128,436	121,603
Net income/(expenditure) before investment gains/(losses)	- 23,808	- 28,152	- 51,960	- 45,113
Net income/(expenditure)	- 23,808	- 28,152	- 51,960	- 45,113
Net movement in funds	- 23,808	- 28,152	- 51,960	- 45,113
Reconciliation of funds:				
Total funds brought forward	- 22,848	109,628	86,780	131,893
Total funds carried forward	- 46,656	81,476	34,820	86,780

The net outgoing resources for the year arise from the Company's continuing operation.

No separate Statement of Total Recognised Gains and Losses has been presented as all such gains and losses have been dealt with in the Statement of Financial Activities.

Movements in funds are disclosed in Note 8 to the Financial Statements.

Balance Sheet on 31 March 2021

	Unrestricted funds £	Restricted income funds £	Total this year £	Total last year £
Fixed assets				
Tangible assets (Note 6)	58,565	-	58,565	115,093
Current assets				
Cash at bank and in hand		-	-	-
Creditors: amounts falling due within one year (Note 7)	23,746	-	23,746	28,313
<i>Net current assets/(liabilities)</i>	- 23,746	-	- 23,746	- 28,313
Total assets less current liabilities	<u>34,820</u>	<u>-</u>	<u>34,820</u>	<u>86,780</u>
Total net assets or liabilities	34,820		34,820	86,780
Funds of the Charity				
Restricted income funds (Note 2)		81,476	81,476	109,628
Unrestricted funds	- 46,656		- 46,656	- 22,848
Total funds	- 46,656	81,476	34,820	86,780

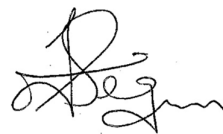
The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021. No members have required the company to obtain an audit of its accounts for the year in question, under Section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies' subject the small company's regime.

Approved by the Board on



Chair:

and signed on its behalf by:



Trustee:

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

1.1 BASIS OF PREPARATION OF ACCOUNTS

The financial statements are prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities, Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015) and with the requirements of the Charities act 2011 and the Companies Act 2006.

1.2 FUND ACCOUNTING

Unrestricted Funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Restricted Funds are subject to restrictions on their expenditure imposed by the donor or through the terms of a grant.

1.3 INCOME

Income is recognised in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to categories of income. Voluntary Income by way of donations and grants are included in the statement of financial activities on a receivable basis when evidence exists to confirm the certainty of receipt.

1.4 EXPENDITURE

Expenditure is included on an accruals basis and includes VAT because the charity is not registered for VAT. It also includes depreciation on the tangible assets of the charity. Resources expended are recognised in the period in which they are incurred. They are allocated to the activity where the costs relate directly to that activity. Governance costs comprise costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to statutory audit and legal fees.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021 (Cont'd)

1.6 TANGIBLE FIXED ASSETS

All fixed assets are depreciated over the 10-year lease of the land on a straight-line basis. The rate of depreciation is calculated to write off the cost less estimated residual value of each asset over its expected useful life.

1.7 TRANSFERS BETWEEN FUNDS

Trustees have the authority to transfer amounts out of the unrestricted fund into the restricted fund when required.

1.8 RESERVES

The charity's accounting policy is to develop an operating surplus to maintain three months running costs in unrestricted reserves.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021
(Cont'd)

2. Analysis of income

		Unrestricted funds	Restricted income funds	Total funds £	Prior year £
Analysis					
Donations:	Donations	2,021	-	2,021	3,141
	Total	2,021	-	2,021	3,141
Grants:	Croydon Council	-	43,756	43,756	42,760
	London learning consortium	2,706	-	2,706	5,898
	Other	2,000	-	2,000	1,000
	NHS South West London	10,000	-	10,000	1,783
	Total	14,706	43,756	58,461	51,441
		-	-	-	-
		-	-	-	-
		-	-	-	-
	Other	-	-	-	-
	Total	-	-	-	-
Other trading activities:	Interest income	-	-	-	-
	Dividend income	-	-	-	-
	Rental and leasing income	1,997	-	1,997	4,133
	Other	13,996	-	13,996	17,775
	Total	15,993	-	15,993	21,908
Income from investments:		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
	Total	-	-	-	-
Separate material item of income:	Conversion of endowment funds into income	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-
	Other	-	-	-	-
	Total	-	-	-	-
TOTAL		32,720	43,756	76,475	76,490

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021 (Cont'd)

3. Analysis of expenditure

		Unrestricted funds	Restricted income funds	Total funds £	Prior year £
Expenditure on charitable activities	Analysis				
	Building - other project costs	-	-	-	-
	Grants made	-	-	-	-
	Volunteer expenses	-	-	-	-
	Insurance	-	2,901	2,901	2,130
	Staff costs	-	49,140	49,140	45,032
	Administration salary	-	-	-	-
	Tutor fees/sessional worker	-	2,933	2,933	2,584
	Bank charges	-	1,169	1,169	1,515
	Sundry	-	-	-	109
	Depreciation	56,528	-	56,528	56,528
	Light & heat	-	3,861	3,861	2,965
	Water rates	-	1,027	1,027	-
	Telephone	-	2,176	2,176	2,201
	Cleaning	-	1,203	1,203	153
	Repairs and renewals	-	1,854	1,854	1,088
	Grocery costs	-	828	828	2,855
	Kitchen repairs and renewals	-	-	-	229
	Garden repairs and renewals	-	-	-	570
	IT, software and maintenance	-	229	229	160
	Stationery	-	-	-	362
	Pensions	-	2,036	2,036	2,117
	Professional fees	-	797	797	658
	Travel	-	1,754	1,754	347
	Total expenditure on raising funds	56,528	71,908	128,436	121,603

4. Governance costs

	This year £	Last year £
Independent examiner's fees	636	618

5. Staff costs

	This year £	Last year £
Salaries and wages	49,140	45,032
Pension costs (defined contribution scheme)	2,036	2,117
Total staff costs	51,175	47,149

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021 (Cont'd)

The monthly average number of employees during the year was 3 (2021: 3). No employee received remuneration amounting to more than £60,000 in either year.

No Trustee received any remuneration during the year (2021: Nil) and no Trustee received reimbursed expenses (2021: Nil).

6. Tangible fixed assets

6.1 Cost or valuation

	Leasehold premises	Ground improvement costs	Greenhouses	Kitchen	Furniture fixtures and fittings	Equipment	Total
	£	£	£	£	£	£	£
At the beginning of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279
Additions	-	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-	-
Disposals	-	-	-	-	-	-	-
At end of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279

6.2 Depreciation and impairments

Basis	SL	SL	SL	SL	SL	SL	
Rate	10%	10%	10%	10%	10%	10%	
At beginning of the year	326,788	68,679	25,560	19,487	2,400	7,272	450,186
Disposals	-	-	-	-	-	-	-
Depreciation	40,849	8,742	3,195	2,482	300	960	56,528
Impairment	-	-	-	-	-	-	-
At end of the year	367,637	77,421	28,755	21,969	2,700	8,232	506,714

6.3 Net book value

Net book value at the beginning of the year	81,697	18,737	6,392	5,333	600	2,334	115,093
Net book value at the end of the year	40,848	9,995	3,197	2,851	300	1,374	58,565

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021
(Cont'd)

7. Creditors and accruals

	Amounts falling due within one year	
	This year	Last year
	£	£
Accruals for grants payable	20,153	25,044
Bank loans and overdrafts	-	-
Trade creditors	2,956	2,754
Payments received on account for contracts or performance-related grants	-	-
Accruals and deferred income	636	515
Taxation and social security	-	-
Other creditors	-	-
Total	23,746	28,313

8. Movement in funds

Fund names	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
	£	£	£	£	£	£
Restricted funds	90,682	43,756	71,908	-	-	62,530
Unrestricted funds	3,902	32,720	56,528	-	-	19,906
Total Funds	94,584	76,475	128,436	-	-	42,624

9. Taxation

Good Food Matters is a registered charity and as such its income and gains falling within Sections 471 to 489 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its chargeable objectives.



Accounts

Company registration number: 05418543

Charity registration number: 1111235



GOOD FOOD MATTERS

GR^{OW}ING A HEALTHY COMMUNITY

ANNUAL REPORTS AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021



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Charity information

Company registration number: 05418543

Charity registration number: 1111235

Address: Evelyn House
Mickleham Way
New Addington
Croydon
CR0 0PN

Directors and Charity Trustees: Carole Short (Chair)
Folake Segun (Vice Chair)
Christopher Mills
Anita Jolly
Alexandra Kent

Accountants: Tax Return Adviser Ltd
Nower End, Nower Road
Dorking, Surrey RH4 3BX

Bankers: Lloyds Bank
125 Balham High Street
Balham
SW12 9AT



GOOD FOOD MATTERS ARE A LONDON LIVING WAGE EMPLOYER

Structure Governance and Management

Good Food Matters is a charitable company limited by guarantee, governed by the Memorandum and Articles, incorporated on 8 April 2005, and registered as Good Food Matters under registration number 1111235 and company number 05418543.

Liability of Members

The charitable company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1. Trustees are directors for the purposes of the Companies Act and Trustees for the purposes of the Charities Act. They are also the members.

Appointment of Directors (who are also Trustees)

Under the requirements of the Memorandum and Articles of Association members of the Trustee Board are elected to serve from their appointment until the next AGM. At each annual general meeting one-third of the Directors or the nearest multiple of three must retire from office. They can offer themselves for re-election at the next Annual General Meeting.

The Memorandum & Articles of Association allow continuing trustees to appoint additional trustees.

Trustee Recruitment, Induction and Training

Good Food Matters (GFM) have an open recruitment process.

Those who apply are asked to complete an application form. Once received, the Chair will have an informal chat then invite them to meet some of the Board and the CEO to assess suitability. If agreed they will then be appointed to the Board subject to references and checks according to our Memorandum and Articles of Association.

Candidates are asked to consider and declare any existing or potential conflicts of interest (including with related parties). As GFM works with children, young people, and vulnerable people a DBS (Disclosure and Barring) check will be required for those who meet these groups. In the light of the checks and declarations being satisfactory, the proposed Trustees will go forward for appointment.

All relevant parties such as funders, the charity's accountants are notified of the new appointments. There is no formal training programme for newly appointed trustees.

Board Meetings

The Board has a quarterly meeting format with additional meetings where necessary. Further support to the management team is provided in writing and through meetings with the Chair.

The challenge for the staff and Board is to keep the Centre up and running in accordance with GFM's aims and objectives. Our priority in the New Year will be to develop a strategy and business plan to ensure sustainability.

Responsibilities of the Board

The Trustees (who are also the Directors) are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the situation of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgments and estimates that are reasonable and produce
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

As far as the Trustees are aware:

- There is no relevant financial information of which the charitable company's Independent Examiner is unaware.
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the Independent Examiner is aware of that information.

Objectives

Our charitable objects are to:

- Advance the education of the public about cooking and growing healthy food.
- Support disadvantaged young people and their families to build healthier lifestyles, focusing on those facing lack of achievement at school, exclusion in care, leaving care, young careers, young homeless, young people with learning disabilities/autism, young ex-offenders, or children at risk of anti-social behaviour, teenage mums, young refugees and all those involved in teaching or providing nutrition to any of these groups in the UK.
- Encourage the development of healthier lifestyles through the provision of practical training, education, info to be aware and support on nutrition, health, and well-being to ensure said people develop more positive attitudes to health and are equipped to make more informed health and dietary choices leading to an improvement in their quality of life.

Good Food for All

Our mission is simple – provide the space, knowledge, and support to help our community grow, cook, and enjoy nutritious food.

CHAIRS REPORT

I cannot thank the staff and volunteers enough who have supported Good Food Matters during the past year when the world stopped and paused.

Amanda has done an amazing job leading the team, supported by Angela who was terrific at staying connected with all our volunteers, and Ernesto who worked extremely hard in the garden keeping everything growing. We could not do it without our amazing volunteers such as Colin who manages the corporate events and days, Carole M who helps with admin, Donna who supports the summer programs and many more!

Somehow the charity, with its supporters, managed to keep turning, and we are proud that they served the local community, responding to need swiftly and with compassion. It has highlighted what a great asset Good Food Matters is to the local community and indeed the whole borough.

We also were grateful for the furlough scheme, again thanks to Amanda who managed to make sense of it all and did all the form filling, digging out of information, which was necessary. We look forward to the coming year, although recognise that times are likely to be challenging not only locally with the impact of Croydon Council's financial pressures but also nationally as we all compete for funding to keep going.

Thanks also to my fellow trustees, for their continued support.

CAROLE SHORT, CHAIR

DIRECTORS REPORT

HELLO everyone

I feel like many that we , just, survived this year.

Staff and volunteers were affected by COVID in so

many ways, home schooling, furloughed, then leaping back into action as restrictions lifted whilst trying to keep things going. I am so grateful for my amazing staff team and core volunteers and trustees who make running the charity such a joy.

The local organisations in New Addington work so well together. In a hyper competitive 3rd sector New Addington is an Oasis of harmony where we just all get on with it but can pick up the phone to share or ask for help many of the planned activities did not happen and so many new things did - just responding to local need.

Looking forward, with Croydon's current financial challenges unlikely to improve we need to be more outward looking across our themes of work

HEALTH AND WELLBEING, ENVIROMENT, COMMUNITY. Here is to a future that is better for all.

Amanda McGrath – GOOD FOOD MATTERS



Activities, Achievements and Performance

HOLIDAY CAMP

Good Food Matters have been running summer holiday programs since 2016 - teaching food growing skills, cooking, arts, and nature based crafts.

SUMMER FUN on YLP funded summer provision in Croydon. Our 5th year of free School Holiday activities - helping to alleviate food insecurity and make holiday's fun over 40 sessions.

COOKING COURSES

Running ESF funded field to fork courses and online provision for Croydon. Over 90% of people who attend our courses feel more confident to cook from scratch and better able to eat healthy

GARDENING COURSES

We just managed to fit in a ESF funded window box gardening course which meant that during lock down people could still enjoy growing .

We reopened community growing volunteering as soon as we could, and this year grew and distributed a record amount of produce for GOOD FOOD MATTERS over 1000 kilos of fresh produce.

MEALS

Through out lock down Good Food Matters have prepared and distributed over 5000 meals across the community to those in need. Including hostels, food banks, the Food Stop and Nightwatch. At Christmas 2020 we cooked over 120 meals that were distributed in New Addington by The Family Centre



Katsumi one of our amazing volunteers preparing meals.

CORPORATE PARTNERS AND DONORS

A huge thank you to all that help support us in 2020 to 2021



Our sincere thanks to

Croydon Rotary Jubilee
Croydon Rotary Club
Polly Tyler
Volunteering Matters
Benifacto
Hands on London
Discovery Channel
Hirst Publishing
Willis Towers Watson
Lexis Nexis

RISK AND MANAGEMENT

The Board monitors risk regularly to ensure that action is taken, or systems are in place to manage identified areas of risk. GFM continues to review its procedures and policies to ensure that they are consistent with best practices.

The charity focuses on the following major areas of risk:

Future Funding: financial sustainability is the most significant risk, and much management and trustee time is devoted to developing a pipeline of future funding.

Financial Control: Management are asked to produce regular and detailed financial statements.

Fire Risk: We have a fire alarm system; a fire system contacts in place to check alarms and extinguishers bi-annually in line with guidance and a Fire Risk Assessment that is reviewed annually or sooner as required.

Health and Safety: The premises have the required standard of level of hygiene needed to sustain the current usage of the premises. Health and Safety is on each Board agenda to ensure that all aspects are considered (including work in the garden and with machinery). Our Health and Safety policy including COSHH is reviewed annually.

Disclosure and Barring Checks: volunteers, staff and those trustees who are in contact with service users are subject to periodic enhanced DBS checks.

Staff and Volunteer Training: All staff and volunteers are appropriately trained, and a new appraisal system is in place. Staff are all first aid and MH first aid trained

Safeguarding: Proper procedures and controls are in place to be able to identify and action instances of alleged or suspected abuse that comes to the attention of Good Food Matters. A key element of the procedures of the on-going annual training of all Trustees, Staff, and Volunteers in the Safeguarding and Protection of Young People.

COVID safety is a priority and Good Food Matters were able to develop a Covid safe working practice by March 2020 partly due to our strong food hygiene and outdoor hygiene management.

Financial Review

The financial statements have been presented in a format to comply with both company and charity law. The income for the year ended 31 March 2021 was £76,490 compared to the previous year of £52,529. Total expenditure after depreciation of fixed assets was £121,603 (2020: £147,203) leaving a deficit of £45,113 (2020: (£94,674)).

Reserves

The reserves policy is reviewed regularly by the Board of Trustees. The fixed assets are written off over the period of the Lease, over 10 years on the land at Mickleham Way.

Declaration

The Directors (who are also Trustees) declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Directors and Trustees



Name: CAROLE SHORT

Position: CHAIR

Date:



FOLAKE SEGUN

VICE CHAIR

Independent examiner's report on the accounts

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Signed: Simone Freedman

Date: 13/12/2021

Simone H Freedman
Chartered Tax Adviser
Tax Return Adviser Limited
Nower End
Nower Road
Dorking
Surrey
RH4 3BX

Statement of Financial Activities

	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
Incoming resources (Note 2)				
Income and endowments from:				
Donations and legacies	3,141	-	3,141	23,068
Grants	-	42,760	42,760	29,452
Fee income	-	-	-	-
Other income	30,589	-	30,589	9
Total	33,730	42,760	76,490	52,529
Resources expended (Note 3)				
Expenditure on:				
Charitable activities	56,528	65,075	121,603	147,203
Total	56,528	65,075	121,603	147,203
Net income/(expenditure) before investment gains/(losses)	- 22,798	- 22,315	- 45,113	- 94,674
Net income/(expenditure)	- 22,798	- 22,315	- 45,113	- 94,674
Net movement in funds	- 22,798	- 22,315	- 45,113	- 94,674
Reconciliation of funds:				
Total funds brought forward	- 50	131,943	131,893	226,567
Total funds carried forward	- 22,848	109,628	86,780	131,893

The net outgoing resources for the year arise from the Company's continuing operation.

No separate Statement of Total Recognised Gains and Losses has been presented as all such gains and losses have been dealt with in the Statement of Financial Activities.

Movements in funds are disclosed in Note 8 to the Financial Statements.

Balance Sheet on 31 March 2021

	Unrestricted funds £	Restricted income funds £	Total this year £	Total last year £
Fixed assets				
Tangible assets (Note 6)	115,093	-	115,093	171,621
Current assets				
Cash at bank and in hand		-	-	-
Creditors: amounts falling due within one year (Note 7)	28,313	-	28,313	39,728
<i>Net current assets/(liabilities)</i>	- 28,313	-	- 28,313	- 39,728
Total assets less current liabilities	86,780	-	86,780	131,893
Total net assets or liabilities	86,780		86,780	131,893
Funds of the Charity				
Restricted income funds (Note 2)		109,628	109,628	131,943
Unrestricted funds	- 22,848		- 22,848	50
Total funds	- 22,848	109,628	86,780	131,993

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021. No members have required the company to obtain an audit of its accounts for the year in question, under Section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies' subject the small company's regime.

Approved by the Board on



Chair:

and signed on its behalf by:



Trustee:

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

1.1 BASIS OF PREPARATION OF ACCOUNTS

The financial statements are prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities, Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015) and with the requirements of the Charities act 2011 and the Companies Act 2006.

1.2 FUND ACCOUNTING

Unrestricted Funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Restricted Funds are subject to restrictions on their expenditure imposed by the donor or through the terms of a grant.

1.3 INCOME

Income is recognised in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to categories of income. Voluntary Income by way of donations and grants are included in the statement of financial activities on a receivable basis when evidence exists to confirm the certainty of receipt.

1.4 EXPENDITURE

Expenditure is included on an accruals basis and includes VAT because the charity is not registered for VAT. It also includes depreciation on the tangible assets of the charity. Resources expended are recognised in the period in which they are incurred. They are allocated to the activity where the costs relate directly to that activity. Governance costs comprise costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to statutory audit and legal fees.

1.5 LIABILITIES

Liabilities are recognised when the entity has an obligation to transfer economic benefits because of past transactions or events.

1.6 TANGIBLE FIXED ASSETS

All fixed assets are depreciated over the 10-year lease of the land on a straight-line basis. The rate of depreciation is calculated to write *off* the cost less estimated residual value of each asset over its expected useful life.

1.7 TRANSFERS BETWEEN FUNDS

Trustees have the authority to transfer amounts out of the unrestricted fund into the restricted fund when required.

1.8 RESERVES

The charity's accounting policy is to develop an operating surplus to maintain three months running costs in unrestricted reserves.

2. Analysis of income

		Unrestricted funds	Restricted income funds	Total funds £	Prior year £
Donations:	Donations	3,141	-	3,141	23,068
	Total	3,141	-	3,141	23,068
Grants:	Croydon Council	-	42,760	42,760	29,452
	London learning consortium	5,898	-	5,898	-
	The National Hearst UK	1,000	-	1,000	-
	Other	1,783	-	1,783	9
	Total	8,681	42,760	51,441	29,461
		-	-	-	-
		-	-	-	-
		-	-	-	-
Other		-	-	-	-
Total		-	-	-	-
Other trading activities:	Interest income	-	-	-	602
	Dividend income	-	-	-	-
	Rental and leasing income	4,133	-	4,133	-
	Other	17,775	-	17,775	9
	Total	21,908	-	21,908	611

3. Analysis of expenditure

		Unrestricted funds	Restricted income funds	Total funds £	Prior year £
Analysis					
Expenditure on charitable activities	Building - other project costs	-	-	-	-
	Grants made	-	-	-	5,000
	Volunteer expenses	-	-	-	-
	Insurance	-	2,130	2,130	3,225
	Staff costs	-	45,032	45,032	35,345
	Administration salary	-	-	-	15,750
	Tutor fees/sessional worker	-	2,584	2,584	3,967
	Bank charges	-	1,515	1,515	576
	Sundry	-	-	-	2,767
	Depreciation	56,528	-	56,528	56,528
	Light & heat	-	2,965	2,965	5,845
	Water rates	-	-	-	999
	Telephone	-	2,201	2,201	1,981
	Cleaning	-	153	153	2,332
	Repairs and renewals	-	1,088	1,088	508
	Grocery costs	-	2,855	2,855	4,674
	Kitchen repairs and renewals	-	229	229	973
	Garden repairs and renewals	-	570	570	1,679
	IT, software and maintenance	-	160	160	-
	Stationery	-	362	362	508
	Pensions	-	2,117	2,117	2,631
	Professional fees	-	658	658	1,787
	Travel	-	347	347	128
	Sundry expenses	-	109	109	-
	Total expenditure on raising funds	56,528	65,075	121,603	147,203

Expenditure includes depreciation on fixed assets.

4. Governance costs

	This year £	Last year £
Independent examiner's fees	618	500

5. Staff costs

	This year £	Last year £
Salaries and wages	45,032	51,095
Pension costs (defined contribution scheme)	2,117	2,631
Total staff costs	47,149	53,726

The monthly average number of employees during the year was 3 (2020: 3). No employee received remuneration amounting to more than £60,000 in either year.

No Trustee received any remuneration during the year (2020: Nil) and no Trustee received reimbursed expenses (2020: Nil).

6. Tangible fixed assets

6.1 Cost or valuation

	Leasehold premises	Ground improvement costs	Greenhouses	Kitchen	Furniture fixtures and fittings	Equipment	Total
	£	£	£	£	£	£	£
At the beginning of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279
Additions	-	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-	-
Disposals	-	-	-	-	-	-	-
At end of the year	408,485	87,416	31,952	24,820	3,000	9,606	565,279

6.2 Depreciation and impairments

Basis	SL	SL	SL	SL	SL	SL	
Rate	10%	10%	10%	10%	10%	10%	
At beginning of the year	285,939	59,937	22,365	17,005	2,100	6,312	393,658
Disposals	-	-	-	-	-	-	-
Depreciation	40,849	8,742	3,195	2,482	300	960	56,528
Impairment	-	-	-	-	-	-	-
At end of the year	326,788	68,679	25,560	19,487	2,400	7,272	450,186

6.3 Net book value

Net book value at the beginning of the year	122,546	27,479	9,587	7,815	900	3,294	171,621
Net book value at the end of the year	81,697	18,737	6,392	5,333	600	2,334	115,093

7. Creditors and accruals

	Amounts falling due within one year	
	This year £	Last year £
Accruals for grants payable	25,044	37,690
Bank loans and overdrafts	-	-
Trade creditors	2,754	1,538
Payments received on account for contracts or performance-related grants	-	-
Accruals and deferred income	515	500
Taxation and social security	-	-
Other creditors	-	-
Total	28,313	39,728

8. Movement in funds

Fund names	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Restricted funds	112,997	42,760	65,075	-	-	90,682
Unrestricted funds	18,896	33,730	56,528	-	-	3,902
Total Funds	131,893	76,490	121,603	-	-	86,780

9. Taxation

Good Food Matters is a registered charity and as such its income and gains falling within Sections 471 to 489 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its chargeable objectives.



GOOD FOOD MATTERS