

Charity registration number 1111115 (England and Wales)

Company registration number 05416061

**INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM
DISORDERS**

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Professor Eric Hollander	
	Professor Susanne Walitza	
	Professor Umberto Albert	
	Dr Julius Burkauskas	
	Professor Ilenia Pampaloni	
	Professor Humberto Nicolini	
	Professor Dan Stein	
	Professor Vlasios Brakoulis	(Appointed 25 September 2024)
	Professor Leonardo Fontenelle	(Appointed 25 September 2024)
	Dr Luca Pellegrini	(Appointed 25 September 2024)
Secretary	Professor Naomi Fineberg	
Charity number (England and Wales)	1111115	
Company number	05416061	
Registered office	Suite 5 315 Regents Park Road London N3 1DP	
Independent examiner	SSMB Accountants Limited Suite 5 315 Regents Park Road London N3 1DP	

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

CONTENTS

	Page
Trustee's report	1 - 3
Independent examiner's report	5
Statement of financial activities	6
Balance sheet	7
Notes to the financial statements	8 - 13

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees who are also directors present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Objectives and activities

The charity's principal activity is to relieve and rehabilitate those suffering from Obsessive Compulsive Disorder (OCD) and OCD Spectrum Disorder (OCDSD) and to advance the education of the public. In particular, but not exclusively by increasing awareness of OCD and OCDSD in order to improve diagnosis and treatment of the disorder.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Significant activities and achievements against objectives

The charity has organised a number of well attended events during the year which further its primary objective of educating the public and increasing awareness in order to improve the diagnosis and treatment of OCD and OCDSD.

ICOCS-OCRN 2024 NEW YORK MEETING

This event showcased advances in OCD and OCDSD treatments, presented by leading experts. It supported ICOCS's goal of disseminating cutting-edge research and best practices to improve individual health outcomes. By fostering discussion among professionals, it contributed to the ICOCS's aims of facilitating collaboration and increasing public health awareness. The meeting was attended by 81 virtual and around 30 in person attendees.

ECNP-OCRN-ICOCS TRAINING MASTERCLASS

This intensive 5-day Training Masterclass provided early career professionals with in-depth knowledge on OCD/OCSDs, covering neurobiology, diagnosis, interventions, and more. It supported the ICOCS's objectives of fostering education and professional development, while promoting international knowledge exchange and clinical collaboration. 228 individuals participated in the meeting (In-person attendance: 39 (22 attendees + 11 international faculty + 6 local faculty), Webinar attendance: 189 (169 participants + 20 faculty)

ECNP-OCRN-ICOCS 20TH ANNUAL SCIENTIFIC MEETING

This hybrid meeting explored novel topics such as immunological mechanisms and treatment resistance in OCD. It embodied the ICOCS's commitment to innovative research, international collaboration, and global dissemination of scientific findings to enhance clinical practice. The meeting had 54 registered attendees, including 39 attending in person.

ICOCS MEETING AT THE ACNP

This hybrid session focused on early OCD risk identification and collaborative funding efforts. It aligned with the ICOCS's objectives to influence policy, support research innovation, and promote dialogue with stakeholders on global service provision and resource allocation for OCD. The meeting was well-received by the 15 in person attendees and featured a hybrid format with engaging discussions on potential network projects and grant funding.

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

MEMBERSHIP

The charity receives subscription income from both individual and corporate members. The success of the events run in the year to 31 March 2025 has led to an increase in the awareness of the charity which has resulted in an upsurge in members who benefit from the events run by the charity and contribute to the charity's primary objectives.

In the year to 31 March 2025 the charity had 53 individual members which is an increase of 22 from the 31 members of the charity in the previous year.

The charity also has two corporate members and secured a long term (three year) membership agreement for a new corporate member in the year.

Financial review

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between one and two year's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees are aware that the charity's reserves are currently in excess of the level of funds required under the reserve policy. As a result, they are currently undergoing a review of upcoming charitable activities in order to make use of this excess in line with its charitable objectives.

Structure, governance and management

The charity is a company limited by guarantee.

In addition to an Annual General Meeting, the board meets regularly throughout the year in order to discuss charity's status. In the year ended 31 March 2025 the board met seven times and minutes were taken at all meetings.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Professor Eric Hollander

Professor Susanne Walitza

Professor Umberto Albert

Dr Julius Burkauskas

Professor S Chamberlain

(Resigned 25 September 2024)

Dr D Mpavaenda

(Resigned 25 September 2024)

Professor Ilenia Pampaloni

Dr A Sampaio

(Resigned 25 September 2024)

Professor Humberto Nicolini

Professor Dan Stein

Professor Vlasios Brakoulis

(Appointed 25 September 2024)

Professor Leonardo Fontenelle

(Appointed 25 September 2024)

Dr Luca Pellegrini

(Appointed 25 September 2024)

Recruitment and appointment of trustees

The board receives nominations for new Trustees from the members. The nominations are taken to the Annual General Meeting where they are elected by a majority vote of the members of the charity.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

The trustee's report was approved by the Board of Trustees.


.....
Professor Eric Hollander

Trustee

Date: 
.....

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

STATEMENT OF TRUSTEE'S RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2025

The trustees, who are also the directors of International College of Obsessive Compulsive Spectrum Disorders for the purpose of company law, are responsible for preparing the Trustee's Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

I report to the trustees on my examination of the financial statements of International College of Obsessive Compulsive Spectrum Disorders (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006;
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



M Simon FCA, FCCA

Suite 5

315 Regents Park Road

London

N3 1DP

Date: 13th October 2025

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Income from:			
Donations and legacies	2	14,550	8,692
Charitable activities	3	48,988	-
Total income		63,538	8,692
Expenditure on:			
Charitable activities	4	34,605	7,223
Total expenditure		34,605	7,223
Net income and movement in funds		28,933	1,469
Reconciliation of funds:			
Fund balances at 1 April 2024		91,629	90,160
Fund balances at 31 March 2025		120,562	91,629

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Current assets					
Debtors	10	-		2,851	
Cash at bank and in hand		130,644		91,417	
		<u>130,644</u>		<u>94,268</u>	
Creditors: amounts falling due within one year	11	(10,082)		(2,639)	
		<u>(10,082)</u>		<u>(2,639)</u>	
Net current assets			120,562		91,629
			<u>120,562</u>		<u>91,629</u>
The funds of the charity					
Unrestricted funds	13		120,562		91,629
			<u>120,562</u>		<u>91,629</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on

 10/10/25

Professor Eric Hollander

Trustee

Company registration number 05416061 (England and Wales)

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

International College of Obsessive Compulsive Spectrum Disorder is a private company limited by guarantee incorporated in England and Wales. The registered office is Suite 5, 315 Regents Park Road, London, N3 1DP.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Foreign exchange

Transactions in currencies other than pounds sterling are recorded at the rates of exchange prevailing at the dates of the transactions. At each reporting end date, monetary assets and liabilities that are denominated in foreign currencies are retranslated at the rates prevailing on the reporting end date. Gains and losses arising on translation in the period are included in profit or loss.

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

2 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Corporate grants - to support workshops	-	4,176
Members' subscriptions	2,995	2,380
Other	11,555	2,136
	<u>14,550</u>	<u>8,692</u>

3 Income from charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Conferences and training		
Corporate sponsorship	43,341	-
Conference income	4,805	-
Speaking income	842	-
	<u>48,988</u>	<u>-</u>

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

4 Expenditure on charitable activities

	Conference and training costs 2025 £	Conference and training costs 2024 £
Direct costs		
Conference and training costs	23,548	-
Study and membership administration	-	2,938
Herman Westenberg prize award	-	133
Conference website costs	952	-
	<u>24,500</u>	<u>3,071</u>
Share of support and governance costs (see note 5)		
Governance	10,105	4,152
	<u>34,605</u>	<u>7,223</u>
Analysis by fund		
Unrestricted funds	<u>34,605</u>	<u>7,223</u>

5 Support costs allocated to activities

	2025 £	2024 £
Governance costs	<u>10,105</u>	<u>4,152</u>
Analysed between:		
Conference and training costs	<u>10,105</u>	<u>4,152</u>
Governance costs comprise:	2025 £	2024 £
Accountancy	2,160	1,830
Bank charges	444	237
Sundry	1,677	16
Administration costs	2,109	-
Computer and website costs	85	-
Conference and board meeting costs	3,630	2,069
	<u>10,105</u>	<u>4,152</u>

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

6	Net movement in funds	2025	2024
		£	£

The net movement in funds is stated after charging/(crediting):

Fees payable for the independent examination of the charity's financial statements

720

-

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

2025	2024
Number	Number

Total

-

-

There were no employees whose annual remuneration was more than £60,000.

9 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

10 Debtors

Amounts falling due within one year:

2025	2024
£	£

Other debtors

-

2,851

11 Creditors: amounts falling due within one year

Notes	2025	2024
	£	£

Deferred income

12

7,922

-

Accruals

2,160

2,639

10,082

2,639

INTERNATIONAL COLLEGE OF OBSESSIVE COMPULSIVE SPECTRUM DISORDERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

12 Deferred income

	2025 £	2024 £
Other deferred income	7,922	-

Deferred income is included in the financial statements as follows:

	2025 £	2024 £
Deferred income is included within:		
Current liabilities	7,922	-
Movements in the year:		
Deferred income at 1 April 2024	-	-
Resources deferred in the year	7,922	-
Deferred income at 31 March 2025	7,922	-

13 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
General funds	91,629	63,538	(34,605)	120,562
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
General funds	90,160	8,692	(7,223)	91,629

14 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).