



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	01	2022		Day 31	Month 12	Year 2022

Section A Reference and administration details

Charity name The Rooprai Spinal Trust

Other names charity is known by R.S.T.

Registered charity number (if any) 1111092

Charity's principal address Manufactory House,

Bell Lane,

Hertford, Herts,

Postcode

SG14 1BP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sharon Hart			
2	Michael Cook			
3	Kevin Wackett			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Trust Deed

How the charity is constituted
(eg. trust, association, company)

Trust

Trustee selection methods
(eg. appointed by, elected by)

Trustees are appointed/re-appointed annually, at the AGM.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

TO PROVIDE HELP AND SUPPORT TO INDIVIDUALS AFFECTED BY SPINAL CORD INJURY. II) TO PROVIDE HELP AND SUPPORT TO FAMILY MEMBERS OF INDIVIDUALS AFFECTED BY SPINAL CORD INJURY. III) AT THE TRUSTEES' DISCRETION, TO PROVIDE FINANCIAL SUPPORT TO ENABLE INDIVIDUALS WITH SPINAL CORD INJURY ACCESS TO SPECIALIST PHYSIOTHERAPY. IV) AT THE TRUSTEES' DISCRETION, TO PROVIDE FINANCIAL SUPPORT TO OTHER RECOGNISED CHARITIES WHO STRIVE TO REVERSE PARALYSIS CAUSED BY SPINAL CORD INJURY.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

We enable individuals with spinal cord injury to have access to specialist physiotherapy.

We provide physio/rehabilitation equipment for people with SCI.

We offer financial support to the Nicholls Spinal Injury Foundation.

In planning the activities for the year, trustees reviewed the guidance at their Trustee meetings.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

2022 was a year that allowed us to get back to where we were pre-Covid in terms of events we hold/are involved in. It also meant we could resume our physio scholarship programme to the level it was pre-Covid.

The demand for our services has grown considerably since Covid. A full fundraising diary in 2022 has meant we can plan ahead for 2023 with a view to expanding both the number of individuals we help and our fundraising avenues. We're also exploring the possibility of more joint funding projects with other charities.

Section E Financial review

Brief statement of the charity's policy on reserves

At 31st December 2022 our cash funds were £108,994
– all of which were unrestricted funds.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Sharon Hart

Position (eg Secretary, Chair, etc)

Trustee

Date

23.10.2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

The Rooprai Spinal Trust

1111092

Receipts and payments accounts

CC16a

For the period
from

01.01.2022

To


31.12.2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Voluntary receipts	112,891	-	-	112,891	-
Other receipts	2,780	-	-	2,780	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	115,671	-	-	115,671	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	115,671	-	-	115,671	-
A3 Payments					
Costs of charitable activities	69,457	-	-	69,457	-
Costs of generating voluntary receipts	44,906	-	-	44,906	-
Other payments	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	114,363	-	-	114,363	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	114,363	-	-	114,363	-
Net of receipts/(payments)	1,308	-	-	1,308	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	107,686	-	-	107,686	-
Cash funds this year end	108,994	-	-	108,994	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		108,994	-	-
		-	-	-
		-	-	-
	Total cash funds	108,994	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets				
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use				
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities				
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Sharon Hart	23.10.23



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
THE ROOPRAI SPINAL TRUST

On accounts for the year
ended

31st December 2022

Charity no
(if any)

1111092

Set out on pages

1 & 2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2022.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below *~~) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

23.10.23

Name:

Mark Estwick

Relevant professional
qualification(s) or body
(if any):

FCCA

Address:

16 Challis Close, Foxton, Cambridgeshire, CB22 6AE

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.