

Charity Begins at Home

Report and Unaudited Financial Statements

For the year ended 31 December 2023

Charity number: 1111079

Charity Begins at HomeUnaudited Financial Statements
For the year ended 31 December 2023

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Charity Begins at Home

Company information

Charity Number: 1111079

Registered Address:

Unit 22 Exhibition House
Addison Bridge Place
Kensington W14 8XP

Members of the management committee who served as Trustees during the year to 31st December 2022.

Nadeem Ahmed
Subrinah Rana

Accountant/Examiner

Delta Accountancy Ltd
6 Homer Street
Marylebone
London
W1H 4NT

Bankers

Metro Bank
Unit 8
Hayes Bridge Retail Park
Southall
UB4 0RH

President

To be appointed

Approved by order of the Board of Trustees

Muhammad Saleem Awan (Chairman)

.....MS.....

Charity Begins at Home

Annual Report

For the Year Ended 31 December 2023

Introduction

The Trustees present their report alongside the charity's financial statements for the year ended 31 December 2023. This report is prepared by the Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) as applicable to charities under FRS 102 (effective 1 January 2015).

Objectives and Activities

Charity Begins at Home is committed to delivering food, clothing, essential supplies, and care to those in need while maintaining their dignity and self-respect. Our mission, rooted in compassion and community, has been carried out every Friday and Wednesday on the streets of London.

Our Core Projects

1. Friday Food Distribution since 2016

- Operating every Friday from 5 PM to 7 PM, this project serves over 200 guests weekly.
- Guests are provided with high-quality food items in quantities sufficient to last them 24 hours, ensuring both nourishment and dignity.
- This service has been uninterrupted since the charity's inception.

2. Wednesday Food Run Project

- Partnering with Flemings Mayfair Hotel since 2020, we distribute 50 hot meals weekly to London's homeless population.
- The project underscores our commitment to quality and respect for those we serve.

3. Mobile & Smart Food Banks

- This initiative supports needy families by delivering essential items directly to their doorsteps, particularly during challenging times like the pandemic.
- By offering prepaid supermarket gift cards, we ensure recipients can shop with dignity, bypassing logistical hurdles often associated with traditional food banks.

4. Corporate Volunteering

- Our corporate volunteering program continues to grow, attracting partnerships with major organizations such as the Kering Group (Gucci), AND Digital, Siemens, IPSOS, and Element.
- This program highlights our vision of fostering a shared and caring culture, driving social change by engaging professionals and corporations.

Achievements and Performance

In 2023, Charity Begins at Home made significant strides in supporting individuals and families in need:

- 12,000 Guests Served through the Friday Food Distribution program.
- 4,000 Guests Supported: Via the Wednesday Food Run initiative.
- 2,000 Volunteers Engaged: Strengthening community participation.
- 25,000 Hot Meals Provided: To those in need across our various projects.
- Continued assistance to countless needy families through innovative and direct support methods.

Structure, Governance, and Management

Charity Begins at Home operates under a dated 6 August 2005 Declaration of Trust. The volunteer-led organisation spans multiple regions, including London, Essex, Bedford, Manchester, and Birmingham.

A dedicated Chairman, supported by a team of volunteers, oversees operations to ensure efficient and impactful management.

Chairman's Report

Year Ended 31 December 2023

The year 2023 presented significant challenges, from the residual effects of the pandemic to the surging cost of living driven by energy price increases. These factors contributed to a rise in homelessness, increasing demand for our services.

Despite these challenges, we successfully distributed over 50,000 hot meals, food items, and essentials, all delivered with our signature hospitality. This achievement is a testament to our volunteers' dedication and our supporters' generosity.

Key highlights of 2023 include:

- Corporate Partnerships: Strengthened collaborations with prestigious organisations, enabling greater volunteer engagement.
- Resource Optimisation: Raised substantial funds to enhance service delivery, demonstrating the power of a volunteer-based model.
- Expanded Impact: Reached more needy individuals and families through innovative projects like the Smart Food Bank.

Looking ahead, we focus on empowering the less fortunate through employment opportunities, training, and continued support. Together, we can envision a brighter future without one being left behind.

With gratitude and hope,

Muhammad Saleem Awan

Chairman CBAH

Independent examiner's report on the accounts

Section A Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Charity Begins at Home

**On accounts for the year
ended**

31/12/2023

**Charity no
(if any)**

1111079

Set out on pages

(5 – 12)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 12 / 2023**.

**Responsibilities and basis of
report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report on my examination of the Trust's accounts carried out under section 145 of the 2011 Act. In carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's
statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination, which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

FS

Date:

15/01/2025

Name:

Faisal Sultan

**Relevant professional
qualification(s) or body (if
any):**

CPAA

Address:

Delta Accountancy Ltd

6 Homer Street, Marylebone

London, W1H 4NT

Charity Begins at Home		Charity No	1111079		
Annual accounts for the period					
Period start date	01/01/2023	To	Period end date	31/12/2023	

Section A Statement of financial activities

Recommended categories by activity	Guidance Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total funds £	Prior year funds £
Income (Note 3)						
Income and endowments from:						
Donations and legacies		72,366	-	-	72,366	56,306
Charitable activities		-	-	-	-	-
Other trading activities		-	-	-	-	-
Investments		-	-	-	-	-
Separate material item of income		-	-	-	-	-
Other		-	-	-	-	-
Total	3	72,366	-	-	72,366	56,306
Expenditure (Notes 6)						
Expenditure on:						
Raising funds		-	-	-	-	-
Charitable activities		70,014	-	-	70,014	36,400
Separate material expense item		-	-	-	-	-
Other		-	-	-	-	-
Total	4	70,014	-	-	70,014	36,400
Net income/(expenditure) before tax for the reporting period		2,352	-	-	2,352	- 19,906
Tax payable		-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)		2,352	-	-	2,352	- 19,906
Net gains/(losses) on investments		-	-	-	-	-
Net income/(expenditure)		2,352	-	-	2,352	- 19,906
Extraordinary items		-	-	-	-	-
Transfers between funds		-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use		-	-	-	-	-
Other gains/(losses)		-	-	-	-	-
Net movement in funds		2,352	-	-	2,352	- 19,906
Reconciliation of funds:						
Total funds brought forward		-	-	-	-	-
Total funds carried forward		2,352	-	-	2,352	- 19,906

Section B Balance sheet 31 December 2022

	Guidance Note				
	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
	£ F01	£ F02	£ F03	£ F04	£ F05
Fixed assets					
Intangible assets	-	-	-	-	-
Tangible assets	-	-	-	-	-
Heritage assets	-	-	-	-	-
Investments	-	-	-	-	-
Total fixed assets	-	-	-	-	-
Current assets					
Stocks	-	-	-	-	-
Debtors	-	-	-	-	-
Investments	-	-	-	-	-
Cash at bank and in hand	50,813	-	-	50,813	42,932
Total current assets	50,813	-	-	50,813	42,932
Creditors: amounts falling due within one year	-	-	-	-	-
Net current assets/(liabilities)	50,813	-	-	50,813	42,932
Total assets less current liabilities	50,813	-	-	50,813	42,932
Creditors: amounts falling due after one year	-	-	-	-	-
Provisions for liabilities	-	-	-	-	-
Total net assets or liabilities	50,813	-	-	50,813	42,932
Funds of the Charity					
Endowment funds	-			-	-
Restricted income funds		-		-	-
Unrestricted funds			-	-	-
Revaluation reserve				-	
Fair value reserve					
Total funds	50,813	-	-	50,813	42,932

Signed By:

Print Name

Date of approval

Subrinah

15/01/2025

Rana

Henrik

Muehle

15/01/2025

Charity Begins at Home

Notes to the unaudited financial statements for the year ended 31 December 2023

Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015); Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland ' and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value.

The financial statements are prepared in pounds sterling which is the functional currency of the charity. Monetary amounts in these statements are rounded to the nearest £.

Preparation of the accounts on a going concern basis

At the time of approving the accounts the Trustees have considered that there are no material uncertainties about the charity's ability to continue. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Grants are recognised in the Statement of Financial Activities in the year to which they relate. Generally, grants have conditions attached that create a service requirement that must be met by the Charity and accordingly are included as incoming resources from charitable activities.

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.

Resources expended are allocated to the particular activity where the cost including staff salaries relates directly to that activity.

Depreciation is provided at rates calculated to write off the cost of each asset either over its expected useful life which is estimated to be at 5 years (3 years in respect of computers) or over the period covered by the grant. receivable which may be three years or less.

Unrestricted funds are other incoming resources receivable without specified purpose, budgetary conditions or contracts and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the grantor.

Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Charity Begins at Home

Notes to the Unaudited financial statements for the year ended 31 December 2023

Net incoming resources for the year

2023

£

This is stated after crediting and charging

Bank deposit interest received

Depreciation

-

Impairment of Assets

-

Accountancy and independent Examination

350

Trustees expenses

-

Incoming resources

Charitable Activities

-

Grants

-

Donations

72,366

Other

-

Investments

-

Charity Begins at Home

Notes to the unaudited financial statements for the year ended 31 December 2023

Expenditure	2023	
	£	
Expenditure on charitable activities		
Premises	-	
Repairs	-	
General Administration	70,014	
Depreciation	-	
	<u>£2,352</u>	<u> </u>

5. No Trustee received any remuneration during the year or in the previous year

Trustees are not reimbursed for travelling costs.

6. Tangible fixed assets Cost

	£	
Brought forward	-	
Additions	-	
Disposal of Assets	-	
Impairment of Assets	-	
Carried forward	-	
Depreciation	-	
Brought forward	-	
Charge for the year	-	
Adjustment for disposals	-	
Carried forward	-	
	£	
Net book value		
At 31st December 2020	£ -	

7. Debtors

	2023	
	£	
Amounts falling due within one year		
Contract income receivable	-	
Accrued Income	-	
Prepayments	-	
	£ -	

8. Creditors: amounts falling due within one year

	2023	
	£	
Income received in advance	-	
Accruals	-	
	<u>£ -</u>	<u> </u>

Charity Begins at Home

Notes to the financial statements for the year ended 31 December 2023

9. Reserves

	Unrestricted £
Brought forward at 1st January 2020	-
Transfer between reserves	-
Surplus (deficit) of income over expenditure	-
Carried forward at 31 December 2021	£2,352

The reserves at the year-end are
represented by:

	Unrestricted £
Fixed assets	-
Debtors and Prepayments	-
Bank and cash	£50,813
	£50,813
Creditors	-
	£50,813

Charity Begins at Home
Detailed Statement of Financial Activities for
the Year ended 31 December 2021

	2020 £
INCOME AND ENDOWMENTS	
Donations and Grants	£72,366
	<hr/>
	£72,366
Rental Income	
Hall Rents Received	-
Deposit Account Interest	-
	-
Other Income	-
Total income	£69,664
EXPENDITURE	
Charitable Activities	
Advertising	-
Entertaining	-
	-
Support Costs	
Rates and Water	-
Light and Heat	-
Telephone and Broadband	-
Insurance	-
Postage and Stationery	-
Voluntary staff	-
Food expense	-
Motor running expense	-
Cleaning	-
Sundries	-
	<hr/>
	£69,664
Property Maintenance	
Repairs and Renewals	-
	<hr/>
	-
Accountancy and Legal fees	350
Other Professional fees	-
	350
Other Expenditure	
Depreciation	-
Impairment of Assets	-
	-
Total Expenditure	£70,014
	<hr/>
Net Income/(Expenditure)	£2,352

