

Charity Begins at Home

Report and Unaudited Financial Statements

For the year ended 31 December 2020

Charity number: 1111079

Charity Begins at Home

Unaudited Financial Statements
For the year ended 31 December 2020

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Charity Begins at Home

Company information

Charity Number: 1111079

Registered Address:

1st Floor
10a Station Road
Hayes
Middlesex
UB3 4DA

Members of the management committee who served as Trustees during the year to 31st December 2020.
Nadeem Ahmed
Subrinah Rana

Accountant/Examiner

Delta Accountancy Ltd
6 Homer Street
Marylebone
London
W1H 4NT


Bankers

Metro Bank
Unit 8
Hayes Bridge Retail Park
Southall
UB4 0RH

President

To be appointed

Approved by order of the Board of trustees And signed on the behalf by:

Nadeem Ahmed  28/11/2021

Subrinah Rana  28/11/2021

Charity Begins At Home
Report of the Trustees
For the Year Ended 1 October 2020

The Trustees present their report with the charity's financial statements for the year ended 31 December 2020. The Trustees have adopted the provisions of the Accounting and Reporting by The Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)

OBJECTIVES AND ACTIVITIES

In its governing document, the charity's objectives are to provide food and hospitality to impoverished individuals living in the central London area by running a weekly food bank every Friday and distributing pre-cooked meals directly to the street every Wednesday. All these activities are carried out to address poverty in society. We also help people in need in the Essex, Bedford, Birmingham and Manchester regions through our supporters and volunteers as part of our commitment.

Friday Food Distribution

Charity Begins at Home's (CBAH) weekly food distribution runs every Friday since the charity's inception without a break. We run this session from 5 pm to 7 pm, with the help of volunteers to over 200 guests (homeless and needy). The unique objective of CBAH is to treat the guests who depend on the food provided with utmost dignity and respect. Volunteers trained in the approach to ensure total commitment to this goal. Rather than serving a single meal option that may not suit all guests' tastes, a range of high-quality food items is provided, and guests may choose the things they prefer. This includes bottled water, yoghurts, fruit, vegetables, sandwiches, ready meals and warm meals, as well as coffee and snacks when available. This approach means less food is wasted, and guests have higher levels of satisfaction.

Charity Biker Project

Every Wednesday, we run our Charity Bike Project; we were providing more than 50 hot meals donated by Fleming Mayfair Hotel through our volunteer bikers on the streets of London for those in need. This high-quality food is the best food delivered by any charity in the UK. This unique partnership allows London's homeless to taste and enjoy the highest food quality, reflecting CBAH's commitment to guests' wellbeing.

Mobile Food BANK

Through this project, we have provided food and other life-essential items to the families in need at their doorsteps without compromising their pride. We served hundreds of families, especially during the most challenging times in the pandemic.

Smart Food Bank

This is one of the unique projects that any charity has introduced supermarket prepaid gift cards. When we hand out a gift card to a family, they can go and do their little shopping, and no one knows who has provided them with this card; hence we keep their pride and dignity at the highest level. It's the future of Food Banks where we have been operating bypassing, staffing, logistics, warehousing, collection and delivery, transport to make it a direct tool to deliver to families in need.

ACHIEVEMENT AND PERFORMANCE

Charitable Activities

The importance of CBAHs services during the pandemic has been indisputable, as London's impoverished population has grown due to economic challenges. The food bank has played a vital role in sustaining the guests' nutrition and other coats where possible.

CBAH helped provide a sense of comfort and community during these challenging times for the vulnerable people and motivated and empowered the volunteers to look after these people in need as responsible British citizens.

Through CBAHs unique hospitable approach, participating volunteers and guests continue to enjoy frequent friendly interactions. This environment provides an occasion for participants to socialize and interact, despite the quick and efficient throughput of guests, allowing the project to touch the lives of hundreds of guests every week.

FINANCIAL REVIEW

The Charity's revenue for the year was £36,278 compared to last year when we collected only £9,885. This significant change happened thanks to the strong support of one of our corporate donors, who made a substantial donation. We also found numerous new supporters of our Charity who generously made decent donations. These new funds helped the Charity improve and enhance our services, and we are also planning to extend our services and strengthen our donor base, which will allow us to be a more efficient organisation.

Charity Begins At Home

Report of the Trustees

For the Year Ended October 1 2020

The Trustees continuing aim is to retain sufficient cash funds within Charity's bank account to provide adequate working capital to sustain day-to-day operations, provide funding for the continuation of food distributions and Food Banks (Mobile and Smart). Furthermore, ensure that CBAH can extend its services with new offerings. These form the general reserves of the Charity. As of January 1, 2020, Charity's cash reserves were below a couple of thousand pounds, including all the restricted funds.

Governance and Management

Charity Begins at Home is subject to an August 6, 2005, Declaration of Trust. It is a standard charity serving in London, Essex, Bedford, Manchester and Birmingham areas. The charity is controlled by its governing documents that constitute the charity. An appointed president heads a team of dedicated volunteers who oversee the overall management and control of the charity.

**Charity Begins at Home Chairman's Report
Year Ended 1st October 2020.**

Last year was very challenging for the whole charity sector, where charities were struggling to operate, and most of them decided to stop working. WE, as a charity, not only continued our services but also encouraged other charities to resume their operations. It was challenging to continue our operations to care for vulnerable and needy people on the streets of London and families in difficulty in their homes.

It was terrific as the luck favors the brave we continued our operations, and as a result, we found so many new and more amazing volunteers who are the backbone of this charity to progress. We helped hundreds of vulnerable (Homeless) and needy people and families and distributed over 30,000 hot meals with the same amount of water, drinks, juices, yoghurts, bread, fruits, snacks, sandwiches, crisps, clothes, sleeping bags, tents, socks, undergarments, jackets, hygiene packs with love and warm hospitality.

We have also raised decent funds for our much-needed operations. Although our charity is a volunteer-based organisation with no paid staff, even then, we helped thousands of people in need and made a difference in their lives with our commitment, hard work, dedication, and outstanding skills.

I want to thank all of my exceptional and talented volunteers who have worked hard and achieved excellence in our service to the community. I must thank the trustees for their continued support over this past traumatic year. Since we are in a much better position, we aim to improve the level and quality of our customers' services.

We helped many of them to bring them out by providing jobs and work. We also conducted corporate volunteering sessions where many prestigious organisations like the Home Office, International Trade Department and private companies and organisations came forward and worked with us. They appreciated the experiences of working with us and received tremendous feedback from them.

We worked hard with our phenomenal team, and we are very confident that we will serve our community better in the next year and bring many of those less fortunate (homeless) back on their feet by providing them with jobs, work, and training. Let us hope 2021/2022 is a better year for us all, and we continue to make a difference as we always say that; together, we are making a difference and we will continue to make a difference.

Muhammad Saleem Awan

Chairman

Independent examiner's report on the accounts

Section A Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Charity Begins at Home

**On accounts for the year
ended**

31/12/2020

**Charity no
(if any)**

1111079

Set out on pages

(5 – 12)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 12 / 2020**.

**Responsibilities and basis of
report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's
statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:



Date: 28/11/2021

Name:

Faisal Sultan

**Relevant professional
qualification(s) or body (if
any):**

CPAA

Address:

Delta Accountancy Ltd
6 Homer Street, Marylebone
London, W1H 4NT

				Charity Begins at Home		Charity No	1111079	
				Annual accounts for the period				
		Period start date		01/01/2020	To	Period end date	31/12/2020	
Section A Statement of financial activities								
Recommended categories by activity			Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
				£	£	£	£	£
Incoming resources (Note 3)								
Income and endowments from:								
Donations and legacies				36,278	-	-	36,278	-
Charitable activities				-	-	-	-	-
Other trading activities				-	-	-	-	-
Investments				-	-		-	-
Separate material item of income				-	-	-	-	-
Other				-	-	-	-	-
Total			3	36,278	-	-	36,278	-
Resources expended (Note 4)								
Expenditure on:								
Raising funds				-	-	-	-	-
Charitable activities				10,084	-	-	10,084	-
Separate material item of expense				-	-	-	-	-
Other				-	-	-	-	-
Total			4	10,084	-	-	10,084	-
Net income/(expenditure) before investment gains/(losses)				26,194	-	-	26,194	-
Net gains/(losses) on investments				-	-	-	-	-
Net income/(expenditure)				26,194	-	-	26,194	-
Extraordinary items				-	-	-	-	-
Transfers between funds				-	-	-	-	-
Other recognised gains/(losses):								
Gains and losses on revaluation of fixed assets for the charity's own use				-	-	-	-	-
Other gains/(losses)				-	-	-	-	-
Net movement in funds				26,194	-	-	26,194	-
Reconciliation of funds:								
Total funds brought forward				-	-	-	-	-
Total funds carried forward				26,194	-	-	26,194	-

Charity Begins at Home

Balance sheet 31 December 2020

	Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£	£	£	£	£
Fixed assets						
Intangible assets		-	-	-	-	-
Tangible assets		-	-	-	-	-
Heritage assets		-	-	-	-	-
Investments		-	-	-	-	-
Total fixed assets		-	-	-	-	-
Current assets						
Stocks		-	-	-	-	-
Debtors		-	-	-	-	-
Investments		-	-	-	-	-
Cash at bank and in hand		26,194	-	-	26,194	-
Total current assets		26,194	-	-	26,194	-
Creditors: amounts falling due within one year		-	-	-	-	-
Net current assets/(liabilities)		26,194	-	-	26,194	-
Total assets less current liabilities		26,194	-	-	26,194	-
Creditors: amounts falling due after one year		-	-	-	-	-
Provisions for liabilities		-	-	-	-	-
Total net assets or liabilities		26,194	-	-	26,194	-
Funds of the Charity						
Endowment funds		-	-	-	-	-
Restricted income funds		-	-	-	-	-
Unrestricted funds		26,194	-	-	26,194	-
Revaluation reserve		-	-	-	-	-
Total funds		26,194	-	-	26,194	-

Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015); Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland ' and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value.

The financial statements are prepared in pounds sterling which is the functional currency of the charity. Monetary amounts in these statements are rounded to the nearest £.

Preparation of the accounts on a going concern basis

At the time of approving the accounts the Trustees have considered that there are no material uncertainties about the charity's ability to continue. Thus, the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Grants are recognised in the Statement of Financial Activities in the year to which they relate. Generally, grants have conditions attached that create a service requirement that must be met by the Charity and accordingly are included as incoming resources from charitable activities.

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.

Resources expended are allocated to the particular activity where the cost including staff salaries relates directly to that activity.

Depreciation is provided at rates calculated to write off the cost of each asset either over its expected useful life which is estimated to be at 5 years (3 years in respect of computers) or over the period covered by the grant receivable which may be three years or less.

Unrestricted funds are other incoming resources receivable without specified purpose, budgetary conditions or contracts and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the grantor.

Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

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Notes to the Unaudited financial statements for the year ended 31 December 2020

Net incoming resources for the year

2020

£

This is stated after crediting and charging

Bank deposit interest received

Depreciation

Impairment of Assets

Accountancy and independent Examination

Trustees expenses

-

-

350

-

Incoming resources

Charitable Activities

Grants

Donations

Other

Investments

-

-

36278

-

-

Charity Begins at Home

Notes to the unaudited financial statements for the year ended 31 December 2020

Expenditure	2020	
	£	
Expenditure on charitable activities		
Premises	-	
Repairs	-	
General Administration	10,084	
Depreciation	-	
	<u>£10,278</u>	<u> </u>

5. No Trustee received any remuneration during the year or in the previous year
Trustees are not reimbursed for travelling costs.

6.Tangible fixed assets Cost	£
Brought forward	-
Additions	-
Disposal of Assets	-
Impairment of Assets	-
Carried forward	-
Depreciation	-
Brought forward	-
Charge for the year	-
Adjustment for disposals	-
Carried forward	-
	£
Net book value	
At 31st December 2020	£ -

7. Debtors	2020
	£
Amounts falling due within one year	
Contract income receivable	-
Accrued Income	-
Prepayments	-
	£ -

8. Creditors: amounts falling due within one year	2020
	£
Income received in advance	-
Accruals	-
	<u>£ -</u>