

CHARITY BEGINS AT HOME

England & Wales · Charity number 1111079

Details

Other names	LUQMAN INSTITUTE OF EDUCATION AND DEVELOPMENT
Status	Registered
Legal form	Other
Registered	2005-08-30
Register	View on the Charity Commission register

Contact

Address	Unit 21 Exhibition House Addison Bridge Place London W14 8XP
Phone	07771 610151
Email	info@charitybeginsathome.org
Website	www.charitybeginsathome.org

Activities

Objects: TO ADVANCE THE EDUCATION OF THE PUBLIC IN PARTICULAR BUT NOT EXCLUSIVELY BY DISSEMINATING TRUE AND COMPREHENSIVE KNOWLEDGE AND UNDERSTANDING OF ISLAM AMONGST THE MUSLIM COMMUNITY.

Activities: Execution of charitable projects only in the United Kingdom. Working closely with homeless, needy, and vulnerable people and families in the UK and supporting them with food, clothing, financial and social support. Providing assistance to those in need in the UK without compromising their dignity and pride since Charity Begins at Home

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- **Area of benefit:** NOT DEFINED. IN PRACTICE NATIONAL AND OVERSEAS.
- Bedford
- Birmingham City
- Essex
- Manchester City
- Nottinghamshire
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£77,963	£37,969	-	-
2023-12-31	£72,366	£70,014	-	-
2022-12-31	£56,306	£36,395	-	-
2021-12-31	£19,973	£23,146	-	-
2020-12-31	£36,278	£10,084	-	-

Trustees

Name	Role	Appointed
HENRIK MUEHLE		2023-10-23
HIND GHAZI		2024-03-01
MUHAMMAD SALEEM AWAN		2024-02-27
SUBRINAH RANA		2020-01-05

CHARITY BEGINS AT HOME

England & Wales - Charity number 1111079

Accounts

Charity Begins at Home

Report and Unaudited Financial Statements

For the year ended 31 December 2023

Charity number: 1111079

Charity Begins at HomeUnaudited Financial Statements
For the year ended 31 December 2023

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Charity Begins at Home

Company information

Charity Number: 1111079

Registered Address:

Unit 22 Exhibition House
Addison Bridge Place
Kensington W14 8XP

Members of the management committee who served as Trustees during the year to 31st December 2022.

Nadeem Ahmed
Subrinah Rana

Accountant/Examiner

Delta Accountancy Ltd
6 Homer Street
Marylebone
London
W1H 4NT

Bankers

Metro Bank
Unit 8
Hayes Bridge Retail Park
Southall
UB4 0RH

President

To be appointed

Approved by order of the Board of Trustees

Muhammad Saleem Awan (Chairman)

.....MS.....

Charity Begins at Home

Annual Report

For the Year Ended 31 December 2023

Introduction

The Trustees present their report alongside the charity's financial statements for the year ended 31 December 2023. This report is prepared by the Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) as applicable to charities under FRS 102 (effective 1 January 2015).

Objectives and Activities

Charity Begins at Home is committed to delivering food, clothing, essential supplies, and care to those in need while maintaining their dignity and self-respect. Our mission, rooted in compassion and community, has been carried out every Friday and Wednesday on the streets of London.

Our Core Projects

1. Friday Food Distribution since 2016

- Operating every Friday from 5 PM to 7 PM, this project serves over 200 guests weekly.
- Guests are provided with high-quality food items in quantities sufficient to last them 24 hours, ensuring both nourishment and dignity.
- This service has been uninterrupted since the charity's inception.

2. Wednesday Food Run Project

- Partnering with Flemings Mayfair Hotel since 2020, we distribute 50 hot meals weekly to London's homeless population.
- The project underscores our commitment to quality and respect for those we serve.

3. Mobile & Smart Food Banks

- This initiative supports needy families by delivering essential items directly to their doorsteps, particularly during challenging times like the pandemic.
- By offering prepaid supermarket gift cards, we ensure recipients can shop with dignity, bypassing logistical hurdles often associated with traditional food banks.

4. Corporate Volunteering

- Our corporate volunteering program continues to grow, attracting partnerships with major organizations such as the Kering Group (Gucci), AND Digital, Siemens, IPSOS, and Element.
- This program highlights our vision of fostering a shared and caring culture, driving social change by engaging professionals and corporations.

Achievements and Performance

In 2023, Charity Begins at Home made significant strides in supporting individuals and families in need:

- 12,000 Guests Served through the Friday Food Distribution program.
- 4,000 Guests Supported: Via the Wednesday Food Run initiative.
- 2,000 Volunteers Engaged: Strengthening community participation.
- 25,000 Hot Meals Provided: To those in need across our various projects.
- Continued assistance to countless needy families through innovative and direct support methods.

Structure, Governance, and Management

Charity Begins at Home operates under a dated 6 August 2005 Declaration of Trust. The volunteer-led organisation spans multiple regions, including London, Essex, Bedford, Manchester, and Birmingham.

A dedicated Chairman, supported by a team of volunteers, oversees operations to ensure efficient and impactful management.

Chairman's Report

Year Ended 31 December 2023

The year 2023 presented significant challenges, from the residual effects of the pandemic to the surging cost of living driven by energy price increases. These factors contributed to a rise in homelessness, increasing demand for our services.

Despite these challenges, we successfully distributed over 50,000 hot meals, food items, and essentials, all delivered with our signature hospitality. This achievement is a testament to our volunteers' dedication and our supporters' generosity.

Key highlights of 2023 include:

- **Corporate Partnerships:** Strengthened collaborations with prestigious organisations, enabling greater volunteer engagement.
- **Resource Optimisation:** Raised substantial funds to enhance service delivery, demonstrating the power of a volunteer-based model.
- **Expanded Impact:** Reached more needy individuals and families through innovative projects like the Smart Food Bank.

Looking ahead, we focus on empowering the less fortunate through employment opportunities, training, and continued support. Together, we can envision a brighter future without one being left behind.

With gratitude and hope,

Muhammad Saleem Awan

Chairman CBAH

Independent examiner's report on the accounts

Section A Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Charity Begins at Home

**On accounts for the year
ended**

31/12/2023

**Charity no
(if any)**

1111079

Set out on pages

(5 – 12)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 12 / 2023**.

**Responsibilities and basis of
report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report on my examination of the Trust's accounts carried out under section 145 of the 2011 Act. In carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's
statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination, which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

FS

Date:

15/01/2025

Name:

Faisal Sultan

**Relevant professional
qualification(s) or body (if
any):**

CPAA

Address:

Delta Accountancy Ltd
6 Homer Street, Marylebone

London, W1H 4NT

Charity Begins at Home		Charity No	1111079	
Annual accounts for the period				
Period start date	01/01/2023	To	Period end date	31/12/2023

Section A Statement of financial activities

Recommended categories by activity	Guidance Note	Unrestricted	Restricted	Endowment	Total funds	Prior year funds
		funds	income	funds	funds	funds
		£	£	£	£	£
Income (Note 3)						
Income and endowments from:						
Donations and legacies		72,366	-	-	72,366	56,306
Charitable activities		-	-	-	-	-
Other trading activities		-	-	-	-	-
Investments		-	-	-	-	-
Separate material item of income		-	-	-	-	-
Other		-	-	-	-	-
Total	3	72,366	-	-	72,366	56,306
Expenditure (Notes 6)						
Expenditure on:						
Raising funds		-	-	-	-	-
Charitable activities		70,014	-	-	70,014	36,400
Separate material expense item		-	-	-	-	-
Other		-	-	-	-	-
Total	4	70,014	-	-	70,014	36,400
Net income/(expenditure) before tax for the reporting period		2,352	-	-	2,352	19,906
Tax payable		-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)		2,352	-	-	2,352	19,906
Net gains/(losses) on investments		-	-	-	-	-
Net income/(expenditure)		2,352	-	-	2,352	19,906
Extraordinary items		-	-	-	-	-
Transfers between funds		-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use		-	-	-	-	-
Other gains/(losses)		-	-	-	-	-
Net movement in funds		2,352	-	-	2,352	19,906
Reconciliation of funds:						
Total funds brought forward		-	-	-	-	-
Total funds carried forward		2,352	-	-	2,352	19,906

Section B	Balance sheet 31 December 2022
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	Guidance Note	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£	£	£	£	£
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets		-	-	-	-	-
Tangible assets		-	-	-	-	-
Heritage assets		-	-	-	-	-
Investments		-	-	-	-	-
Total fixed assets		-	-	-	-	-
Current assets						
Stocks		-	-	-	-	-
Debtors		-	-	-	-	-
Investments		-	-	-	-	-
Cash at bank and in hand		50,813	-	-	50,813	42,932
Total current assets		50,813	-	-	50,813	42,932
Creditors: amounts falling due within one year		-	-	-	-	-
Net current assets/(liabilities)		50,813	-	-	50,813	42,932
Total assets less current liabilities		50,813	-	-	50,813	42,932
Creditors: amounts falling due after one year		-	-	-	-	-
Provisions for liabilities		-	-	-	-	-
Total net assets or liabilities		50,813	-	-	50,813	42,932
Funds of the Charity						
Endowment funds		-			-	-
Restricted income funds			-		-	-
Unrestricted funds				-	-	-
Revaluation reserve					-	
Fair value reserve						
Total funds		50,813	-	-	50,813	42,932

Signed By:

Print Name

Date of approval

Subrinah

15/01/2025

Rana

Henrik

Muehle

15/01/2025

Charity Begins at Home

Notes to the unaudited financial statements for the year ended 31 December 2023

Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015); Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland ' and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value.

The financial statements are prepared in pounds sterling which is the functional currency of the charity. Monetary amounts in these statements are rounded to the nearest £.

Preparation of the accounts on a going concern basis

At the time of approving the accounts the Trustees have considered that there are no material uncertainties about the charity's ability to continue. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Grants are recognised in the Statement of Financial Activities in the year to which they relate. Generally, grants have conditions attached that create a service requirement that must be met by the Charity and accordingly are included as incoming resources from charitable activities.

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.

Resources expended are allocated to the particular activity where the cost including staff salaries relates directly to that activity.

Depreciation is provided at rates calculated to write off the cost of each asset either over its expected useful life which is estimated to be at 5 years (3 years in respect of computers) or over the period covered by the grant. receivable which may be three years or less.

Unrestricted funds are other incoming resources receivable without specified purpose, budgetary conditions or contracts and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the grantor.

Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Charity Begins at Home

Notes to the Unaudited financial statements for the year ended 31 December 2023

Net incoming resources for the year	2023
	£
This is stated after crediting and charging	
Bank deposit interest received	
Depreciation	-
Impairment of Assets	-
Accountancy and independent Examination	350
Trustees expenses	-
Incoming resources	
Charitable Activities	-
Grants	-
Donations	72,366
Other	-
Investments	-

Charity Begins at Home

Notes to the unaudited financial statements for the year ended 31 December 2023

Expenditure	2023	
	£	
Expenditure on charitable activities		
Premises	-	
Repairs	-	
General Administration	70,014	
Depreciation	-	
	<u>£2,352</u>	<u> </u>

5. No Trustee received any remuneration during the year or in the previous year

Trustees are not reimbursed for travelling costs.

6. Tangible fixed assets Cost

	£
Brought forward	-
Additions	-
Disposal of Assets	-
Impairment of Assets	-
Carried forward	-
Depreciation	-
Brought forward	-
Charge for the year	-
Adjustment for disposals	-
Carried forward	-
	£
Net book value	
At 31st December 2020	£ -

7. Debtors

	2023
	£
Amounts falling due within one year	
Contract income receivable	-
Accrued Income	-
Prepayments	-
	£ -

8. Creditors: amounts falling due within one year

	2023
	£
Income received in advance	-
Accruals	-
	<u>£ -</u>

Charity Begins at Home

Notes to the financial statements for the year ended 31 December 2023

9. Reserves

	Unrestricted £
Brought forward at 1st January 2020	-
Transfer between reserves	-
Surplus (deficit) of income over expenditure	-
Carried forward at 31 December 2021	£2,352

The reserves at the year-end are
represented by:

	Unrestricted £
Fixed assets	-
Debtors and Prepayments	-
Bank and cash	£50,813
	£50,813
Creditors	-
	£50,813

Charity Begins at Home
Detailed Statement of Financial Activities for
the Year ended 31 December 2021

	2020 £
INCOME AND ENDOWMENTS	
Donations and Grants	£72,366
	<hr/>
	£72,366
Rental Income	
Hall Rents Received	-
Deposit Account Interest	-
	-
Other Income	-
Total income	£69,664
EXPENDITURE	
Charitable Activities	
Advertising	-
Entertaining	-
	-
Support Costs	
Rates and Water	-
Light and Heat	-
Telephone and Broadband	-
Insurance	-
Postage and Stationery	-
Voluntary staff	-
Food expense	-
Motor running expense	-
Cleaning	-
Sundries	-
	<hr/>
	£69,664
Property Maintenance	
Repairs and Renewals	-
	<hr/>
	-
Accountancy and Legal fees	350
Other Professional fees	-
	<hr/>
	350
Other Expenditure	
Depreciation	-
Impairment of Assets	-
	-
Total Expenditure	£70,014
	<hr/>
Net Income/(Expenditure)	£2,352

CHARITY BEGINS AT HOME

England & Wales - Charity number 1111079

Accounts

Charity Begins at Home

Report and Unaudited Financial Statements

For the year ended 31 December 2022

Charity number: 1111079

Charity Begins at HomeUnaudited Financial Statements
For the year ended 31 December 2022

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Charity Begins at Home

Company information

Charity Number: 1111079

Registered Address:

52 Drayton Close
Hounslow
Middlesex
TW4 5EL

Members of the management committee who served as Trustees during the year to 31st December 2022.
Nadeem Ahmed
Subrinah Rana

Accountant/Examiner

Delta Accountancy Ltd
6 Homer Street
Marylebone
London
W1H 4NT

Bankers

Metro Bank
Unit 8
Hayes Bridge Retail Park
Southall
UB4 0RH

President

To be appointed

Approved by order of the Board of trustees , And signed on the behalf by:

Henrik Muehle 15/12/2023

Subrinah Rana 15/12/2023

Charity Begins At Home

Report of the Trustees

For the Year Ended 31 December 2022

The Trustees present their report with the charity's financial statements for the year ended 31 December 2022. The Trustees have adopted the provisions of the Accounting and Reporting by The Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)

OBJECTIVES AND ACTIVITIES

The governing document of our Charity is rooted in providing food, clothes, life necessities and much-needed care and welfare support. As a charity, we consider it an opportunity to look after people in need, keeping their dignity intact.

We provide all the items on Friday and Wednesday on the streets of London for those in need.

Friday Food Distribution

Our weekly food distribution, an uninterrupted service since our inception, operates from 5 pm to 7 pm every Friday. Volunteers extend this aid to over 200 guests, focusing on treating them with the utmost respect. We offer a range of high-quality food items, empowering our guests to choose according to their preferences. This approach ensures efficient use of resources and heightens guest satisfaction. We provide enough food to every guest so they can easily survive for the next 24 hours.

Wednesday Food Run Project

Every Wednesday, our Charity partner, Flemmings Mayfair Hotel, provides us 50 hot meals donated by Fleming Mayfair Hotel to the streets of London. This unique partnership prioritizes top-notch food quality, reflecting our commitment to the well-being of London's homeless population. This project has been run successfully since 2020.

Mobile Food BANK

Through this project, we've reached families in need directly at their doorsteps, providing essential items during challenging times, especially amid the pandemic.

Smart Food Bank

Our innovative approach includes supermarket prepaid gift cards, preserving the pride and dignity of families receiving aid while bypassing traditional logistical challenges.

Corporate volunteering

Our corporate volunteering programmed is unique here, attracting corporations to send their staff to volunteer with us. This Year, we attracted many big companies, including Kering Group (Gucci), who partnered to send their staff to volunteer with us. We also drew AND Digital, Siemens, IPSOS, Element, We have a vision that sharing and caring is the only formula that can change our social fabric, where each of us will be looked after by others, and it's happening now as big companies and professionals are coming forward to participate.

ACHIEVEMENT AND PERFORMANCE

We served people in need on the streets of London and families at their doorsteps throughout the Year.

e served over 12000 guests through our Friday Food Distribution and another 4000 guests through our Wednesday food run projects.

- We also helped countless families in need.
- Every Friday and Wednesday throughout this Year.
- More than 2000 individuals volunteered with us.
- We provided 25000 hot meals.

STRUCTURE, GOVERNANCE, AND MANAGEMENT

Controlled by its constituent documents, Charity Begins at Home operates under a Declaration of Trust dated August 6, 2005. Our operations span London, Essex, Bedford, Manchester, and Birmingham. An appointed chairman leads a team of dedicated volunteers overseeing the Charity's management.

Charity Begins At Home Chairman's Report Year Ended 31 December 2022.

The past Year posed significant challenges for the charity sector, Especially post-pandemic and also due to the massive increase in energy prices, which ultimately affected the cost of living for all of us. The number of homeless people increased, so it was a challenge for us to improve our charitable activities.

Over 50,000 hot meals, food and various essentials were distributed with our signature hospitality to those in need. Additionally, we raised substantial funds, enabling us to make a significant impact despite being a volunteer-based organization.

My heartfelt gratitude goes to our outstanding volunteers and trustees for their unwavering support. By improving our resources, we aim to improve the quality of our services. We have expanded our reach and impact through collaborations with prestigious organizations and corporate volunteering sessions. We aim to empower the less fortunate through employment opportunities, training, and support. Let us envision a brighter year where we continue to make a meaningful difference together.

Muhammad Saleem Awan

Chairman

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Charity Begins at Home

**On accounts for the year
ended**

31/12/2022

**Charity no
(if any)**

1111079

Set out on pages

(5 – 12)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 12 / 2022**.

**Responsibilities and basis of
report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed:

Date:

15/12/2023

Name:

Faisal Sultan

**Relevant professional
qualification(s) or body (if
any):**

CPAA

Address:

Delta Accountancy Ltd

6 Homer Street, Marylebone

London, W1H 4NT

Charity Begins at Home		Charity No	1111079	
Annual accounts for the period				
Period start date	01/01/2022	To	Period end date	31/12/2022

Section A Statement of financial activities

Recommended categories by activity	Guidance	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
Income (Note 3)						
Income and endowments from:						
Donations and legacies		56,306	-	-	56,306	19,973
Charitable activities		-	-	-	-	-
Other trading activities		-	-	-	-	-
Investments		-	-	-	-	-
Separate material item of income		-	-	-	-	-
Other		-	-	-	-	-
Total	3	56,306	-	-	56,306	19,973
Expenditure (Notes 6)						
Expenditure on:						
Raising funds		-	-	-	-	-
Charitable activities		36,400	-	-	36,400	23,146
Separate material expense item		-	-	-	-	-
Other		-	-	-	-	-
Total	4	36,400	-	-	36,400	23,146
Net income/(expenditure) before tax for the reporting period		19,906	-	-	19,906	- 3,173
Tax payable		-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)		19,906	-	-	19,906	- 3,173
Net gains/(losses) on investments		-	-	-	-	-
Net income/(expenditure)		19,906	-	-	19,906	- 3,173
Extraordinary items		-	-	-	-	-
Transfers between funds		-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use		-	-	-	-	-
Other gains/(losses)		-	-	-	-	-
Net movement in funds		19,906	-	-	19,906	- 3,173
Reconciliation of funds:						
Total funds brought forward		-	-	-	-	-
Total funds carried forward		19,906	-	-	19,906	- 3,173

Section B	Balance sheet 31 December 2022
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	Guidance Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets						
Intangible assets		-	-	-	-	-
Tangible assets		-	-	-	-	-
Heritage assets		-	-	-	-	-
Investments		-	-	-	-	-
Total fixed assets		-	-	-	-	-
Current assets						
Stocks		-	-	-	-	-
Debtors		-	-	-	-	-
Investments		-	-	-	-	-
Cash at bank and in hand		42,932	-	-	42,932	3,021 ²
Total current assets		42,932	-	-	42,932	3,021 ²
Creditors: amounts falling due within one year		-	-	-	-	-
Net current assets/(liabilities)		42,932	-	-	42,932	23,021
Total assets less current liabilities		42,932	-	-	42,932	3,021 ²
Creditors: amounts falling due after one year		-	-	-	-	-
Provisions for liabilities		-	-	-	-	-
Total net assets or liabilities		42,932	-	-	42,932	3,021 ²
Funds of the Charity						
Endowment funds		-			-	-
Restricted income funds			-		-	-
Unrestricted funds				-	-	-
Revaluation reserve					-	
Fair value reserve						
Total funds		42,932	-	-	42,932	3,021 ²

Signed By:

Print Name

Date of approval

Subrinah

15/12/2023

Rana

Henrik

Muehle

15/12/2023

Charity Begins at Home

Notes to the Unaudited financial statements for the year ended 31 December 2022

Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015); Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland ' and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value.

The financial statements are prepared in pounds sterling which is the functional currency of the charity. Monetary amounts in these statements are rounded to the nearest £.

Preparation of the accounts on a going concern basis

At the time of approving the accounts the Trustees have considered that there are no material uncertainties about the charity's ability to continue. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Grants are recognised in the Statement of Financial Activities in the year to which they relate. Generally, grants have conditions attached that create a service requirement that must be met by the Charity and accordingly are included as incoming resources from charitable activities.

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.

Resources expended are allocated to the particular activity where the cost including staff salaries relates directly to that activity.

Depreciation is provided at rates calculated to write off the cost of each asset either over its expected useful life which is estimated to be at 5 years (3 years in respect of computers) or over the period covered by the grant. receivable which may be three years or less.

Unrestricted funds are other incoming resources receivable without specified purpose, budgetary conditions or contracts and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the grantor.

Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Charity Begins at Home

Notes to the Unaudited financial statements for the year ended 31 December 2022

Net incoming resources for the year

2022

£

This is stated after crediting and charging

Bank deposit interest received

Depreciation

-

Impairment of Assets

-

Accountancy and independent Examination

350

Trustees expenses

-

Incoming resources

Charitable Activities

-

Grants

-

Donations

56,306

Other

-

Investments

-

§

Charity Begins at Home

Notes to the unaudited financial statements for the year ended 31 December 2022

Expenditure	2021	
	£	
Expenditure on charitable activities		
Premises	-	
Repairs	-	
General Administration	36.400	
Depreciation	-	
	<u>£19,906</u>	<u> </u>

5. No Trustee received any remuneration during the year or in the previous year

Trustees are not reimbursed for travelling costs.

6. Tangible fixed assets Cost

	£	
Brought forward	-	
Additions	-	
Disposal of Assets	-	
Impairment of Assets	-	
Carried forward	-	
Depreciation	-	
Brought forward	-	
Charge for the year	-	
Adjustment for disposals	-	
Carried forward	-	
	£	
Net book value		
At 31st December 2020	£ -	

7. Debtors

	2022	
	£	

Amounts falling due within one year		
Contract income receivable	-	
Accrued Income	-	
Prepayments	-	
	£ -	

8. Creditors: amounts falling due within one year

	2022	
	£	
Income received in advance	-	
Accruals	-	
	<u>£ -</u>	<u> </u>

Charity Begins at Home

Notes to the financial statements for the year ended 31 December 2022

9. Reserves

	Unrestricted £
Brought forward at 1st January 2020	-
Transfer between reserves	-
Surplus (deficit) of income over expenditure	-
Carried forward at 31 December 2021	£19,906

The reserves at the year-end are
represented by:

	Unrestricted £
Fixed assets	-
Debtors and Prepayments	-
Bank and cash	42,932
	£42,932
Creditors	-
	£42,932

Charity Begins at Home
Detailed Statement of Financial Activities for
the Year ended 31 December 2021

	2020 £
INCOME AND ENDOWMENTS	
Donations and Grants	56,306
	<hr/>
	56,306
Rental Income	
Hall Rents Received	-
Deposit Account Interest	-
	-
Other Income	-
Total income	36,050
EXPENDITURE	
Charitable Activities	
Advertising	-
Entertaining	-
	-
Support Costs	
Rates and Water	-
Light and Heat	-
Telephone and Broadband	-
Insurance	-
Postage and Stationery	-
Voluntary staff	-
Food expense	-
Motor running expense	-
Cleaning	-
Sundries	-
	<hr/>
	36,050
Property Maintenance	
Repairs and Renewals	-
	<hr/>
	-
Accountancy and Legal fees	350
Other Professional fees	-
	<hr/>
	350
Other Expenditure	
Depreciation	-
Impairment of Assets	-
	-
Total Expenditure	36,400
	<hr/>
Net Income/(Expenditure)	£19,906

CHARITY BEGINS AT HOME

England & Wales - Charity number 1111079

Accounts

Charity Begins at Home

Report and Unaudited Financial Statements

For the year ended 31 December 2020

Charity number: 1111079

Charity Begins at Home

Unaudited Financial Statements
For the year ended 31 December 2020

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Charity Begins at Home

Company information

Charity Number: 1111079

Registered Address:

1st Floor
10a Station Road
Hayes
Middlesex
UB3 4DA

Members of the management committee who served as Trustees during the year to 31st December 2020.

Nadeem Ahmed
Subrinah Rana

Accountant/Examiner

Delta Accountancy Ltd
6 Homer Street
Marylebone
London
W1H 4NT


Bankers

Metro Bank
Unit 8
Hayes Bridge Retail Park
Southall
UB4 0RH

President

To be appointed

Approved by order of the Board of trustees And signed on the behalf by:

Nadeem Ahmed  28/11/2021

Subrinah Rana  28/11/2021

**Charity Begins At Home
Report of the Trustees
For the Year Ended 1 October 2020**

The Trustees present their report with the charity's financial statements for the year ended 31 December 2020. The Trustees have adopted the provisions of the Accounting and Reporting by The Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)

OBJECTIVES AND ACTIVITIES

In its governing document, the charity's objectives are to provide food and hospitality to impoverished individuals living in the central London area by running a weekly food bank every Friday and distributing pre-cooked meals directly to the street every Wednesday. All these activities are carried out to address poverty in society. We also help people in need in the Essex, Bedford, Birmingham and Manchester regions through our supporters and volunteers as part of our commitment.

Friday Food Distribution

Charity Begins at Home's (CBAH) weekly food distribution runs every Friday since the charity's inception without a break. We run this session from 5 pm to 7 pm, with the help of volunteers to over 200 guests (homeless and needy). The unique objective of CBAH is to treat the guests who depend on the food provided with utmost dignity and respect. Volunteers trained in the approach to ensure total commitment to this goal. Rather than serving a single meal option that may not suit all guests' tastes, a range of high-quality food items is provided, and guests may choose the things they prefer. This includes bottled water, yoghurts, fruit, vegetables, sandwiches, ready meals and warm meals, as well as coffee and snacks when available. This approach means less food is wasted, and guests have higher levels of satisfaction.

Charity Biker Project

Every Wednesday, we run our Charity Bike Project; we were providing more than 50 hot meals donated by Fleming Mayfair Hotel through our volunteer bikers on the streets of London for those in need. This high-quality food is the best food delivered by any charity in the UK. This unique partnership allows London's homeless to taste and enjoy the highest food quality, reflecting CBAHs commitment to guests' wellbeing.

Mobile Food BANK

Through this project, we have provided food and other life-essential items to the families in need at their doorsteps without compromising their pride. We served hundreds of families, especially during the most challenging times in the pandemic.

Smart Food Bank

This is one of the unique projects that any charity has introduced supermarket prepaid gift cards. When we hand out a gift card to a family, they can go and do their little shopping, and no one knows who has provided them with this card; hence we keep their pride and dignity at the highest level. It's the future of Food Banks where we have been operating bypassing, staffing, logistics, warehousing, collection and delivery, transport to make it a direct tool to deliver to families in need.

ACHIEVEMENT AND PERFORMANCE

Charitable Activities

The importance of CBAHs services during the pandemic has been indisputable, as London's impoverished population has grown due to economic challenges. The food bank has played a vital role in sustaining the guests' nutrition and other coats where possible.

CBAH helped provide a sense of comfort and community during these challenging times for the vulnerable people and motivated and empowered the volunteers to look after these people in need as responsible British citizens.

Through CBAHs unique hospitable approach, participating volunteers and guests continue to enjoy frequent friendly interactions. This environment provides an occasion for participants to socialize and interact, despite the quick and efficient throughput of guests, allowing the project to touch the lives of hundreds of guests every week.

FINANCIAL REVIEW

The Charity's revenue for the year was £36,278 compared to last year when we collected only £9,885. This significant change happened thanks to the strong support of one of our corporate donors, who made a substantial donation. We also found numerous new supporters of our Charity who generously made decent donations. These new funds helped the Charity improve and enhance our services, and we are also planning to extend our services and strengthen our donor base, which will allow us to be a more efficient organisation.

Charity Begins At Home Report of the Trustees For the Year Ended October 1 2020

The Trustees continuing aim is to retain sufficient cash funds within Charity's bank account to provide adequate working capital to sustain day-to-day operations, provide funding for the continuation of food distributions and Food Banks (Mobile and Smart). Furthermore, ensure that CBAH can extend its services with new offerings. These form the general reserves of the Charity. As of January 1, 2020, Charity's cash reserves were below a couple of thousand pounds, including all the restricted funds.

Governance and Management

Charity Begins at Home is subject to an August 6, 2005, Declaration of Trust. It is a standard charity serving in London, Essex, Bedford, Manchester and Birmingham areas. The charity is controlled by its governing documents that constitute the charity. An appointed president heads a team of dedicated volunteers who oversee the overall management and control of the charity.

**Charity Begins at Home Chairman's Report
Year Ended 1st October 2020.**

Last year was very challenging for the whole charity sector, where charities were struggling to operate, and most of them decided to stop working. WE, as a charity, not only continued our services but also encouraged other charities to resume their operations. It was challenging to continue our operations to care for vulnerable and needy people on the streets of London and families in difficulty in their homes.

It was terrific as the luck favors the brave we continued our operations, and as a result, we found so many new and more amazing volunteers who are the backbone of this charity to progress. We helped hundreds of vulnerable (Homeless) and needy people and families and distributed over 30,000 hot meals with the same amount of water, drinks, juices, yoghurts, bread, fruits, snacks, sandwiches, crisps, clothes, sleeping bags, tents, socks, undergarments, jackets, hygiene packs with love and warm hospitality.

We have also raised decent funds for our much-needed operations. Although our charity is a volunteer-based organisation with no paid staff, even then, we helped thousands of people in need and made a difference in their lives with our commitment, hard work, dedication, and outstanding skills.

I want to thank all of my exceptional and talented volunteers who have worked hard and achieved excellence in our service to the community. I must thank the trustees for their continued support over this past traumatic year. Since we are in a much better position, we aim to improve the level and quality of our customers' services.

We helped many of them to bring them out by providing jobs and work. We also conducted corporate volunteering sessions where many prestigious organisations like the Home Office, International Trade Department and private companies and organisations came forward and worked with us. They appreciated the experiences of working with us and received tremendous feedback from them.

We worked hard with our phenomenal team, and we are very confident that we will serve our community better in the next year and bring many of those less fortunate (homeless) back on their feet by providing them with jobs, work, and training. Let us hope 2021/2022 is a better year for us all, and we continue to make a difference as we always say that; together, we are making a difference and we will continue to make a difference.

Muhammad Saleem Awan

Chairman

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Charity Begins at Home

On accounts for the year
ended

31/12/2020

Charity no
(if any)

1111079

Set out on pages

(5 – 12)

I report to the trustees on my examination of the accounts of the above charity (“the Trust”) for the year ended **31 / 12 / 2020**.

Responsibilities and basis of
report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (“the Act”).

I report in respect of my examination of the Trust’s accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's
statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:



Date: 28/11/2021

Name:

Faisal Sultan

Relevant professional
qualification(s) or body (if
any):

CPAA

Address:

Delta Accountancy Ltd
6 Homer Street, Marylebone
London, W1H 4NT

Charity Begins at Home				Charity No	1111079
Annual accounts for the period					
Period start date	01/01/2020	To	Period end date	31/12/2020	

Section A Statement of financial activities

Recommended categories by activity	Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies		36,278	-	-	36,278	-
Charitable activities		-	-	-	-	-
Other trading activities		-	-	-	-	-
Investments		-	-	-	-	-
Separate material item of income		-	-	-	-	-
Other		-	-	-	-	-
Total	3	36,278	-	-	36,278	-
Resources expended (Note 4)						
Expenditure on:						
Raising funds		-	-	-	-	-
Charitable activities		10,084	-	-	10,084	-
Separate material item of expense		-	-	-	-	-
Other		-	-	-	-	-
Total	4	10,084	-	-	10,084	-
Net income/(expenditure) before investment gains/(losses)						
		26,194	-	-	26,194	-
Net gains/(losses) on investments		-	-	-	-	-
Net income/(expenditure)		26,194	-	-	26,194	-
Extraordinary items		-	-	-	-	-
Transfers between funds		-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use		-	-	-	-	-
Other gains/(losses)		-	-	-	-	-
Net movement in funds		26,194	-	-	26,194	-
Reconciliation of funds:						
Total funds brought forward		-	-	-	-	-
Total funds carried forward		26,194	-	-	26,194	-

Charity Begins at Home

Balance sheet 31 December 2020

	Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£	£	£	£	£
Fixed assets						
Intangible assets		-	-	-	-	-
Tangible assets		-	-	-	-	-
Heritage assets		-	-	-	-	-
Investments		-	-	-	-	-
<i>Total fixed assets</i>		-	-	-	-	-
Current assets						
Stocks		-	-	-	-	-
Debtors		-	-	-	-	-
Investments		-	-	-	-	-
Cash at bank and in hand		26,194	-	-	26,194	-
<i>Total current assets</i>		26,194	-	-	26,194	-
Creditors: amounts falling due within one year		-	-	-	-	-
<i>Net current assets/(liabilities)</i>		26,194	-	-	26,194	-
<i>Total assets less current liabilities</i>		26,194	-	-	26,194	-
Creditors: amounts falling due after one year		-	-	-	-	-
Provisions for liabilities		-	-	-	-	-
<i>Total net assets or liabilities</i>		26,194	-	-	26,194	-
Funds of the Charity						
Endowment funds		-	-	-	-	-
Restricted income funds		-	-	-	-	-
Unrestricted funds		26,194	-	-	26,194	-
Revaluation reserve		-	-	-	-	-
<i>Total funds</i>		26,194	-	-	26,194	-

Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015); Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland ' and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value.

The financial statements are prepared in pounds sterling which is the functional currency of the charity. Monetary amounts in these statements are rounded to the nearest £.

Preparation of the accounts on a going concern basis

At the time of approving the accounts the Trustees have considered that there are no material uncertainties about the charity's ability to continue. Thus, the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Grants are recognised in the Statement of Financial Activities in the year to which they relate. Generally, grants have conditions attached that create a service requirement that must be met by the Charity and accordingly are included as incoming resources from charitable activities.

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.

Resources expended are allocated to the particular activity where the cost including staff salaries relates directly to that activity.

Depreciation is provided at rates calculated to write off the cost of each asset either over its expected useful life which is estimated to be at 5 years (3 years in respect of computers) or over the period covered by the grant receivable which may be three years or less.

Unrestricted funds are other incoming resources receivable without specified purpose, budgetary conditions or contracts and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the grantor.

Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Charity Begins at Home

Notes to the Unaudited financial statements for the year ended 31 December 2020

Net incoming resources for the year

	2020
	£
This is stated after crediting and charging	
Bank deposit interest received	
Depreciation	-
Impairment of Assets	-
Accountancy and independent Examination	350
Trustees expenses	-
Incoming resources	
Charitable Activities	-
Grants	-
Donations	36278
Other	-
Investments	-

Charity Begins at Home

Notes to the unaudited financial statements for the year ended 31 December 2020

Expenditure	2020	
	£	
Expenditure on charitable activities		
Premises	-	
Repairs	-	
General Administration	10,084	
Depreciation	-	
	<u>£10,278</u>	<u> </u>

5. No Trustee received any remuneration during the year or in the previous year
Trustees are not reimbursed for travelling costs.

6. Tangible fixed assets Cost

	£	
Brought forward	-	
Additions	-	
Disposal of Assets	-	
Impairment of Assets	-	
Carried forward	-	
Depreciation	-	
Brought forward	-	
Charge for the year	-	
Adjustment for disposals	-	
Carried forward	-	
	£	
Net book value		
At 31st December 2020	£ -	

7. Debtors

	2020	
	£	
Amounts falling due within one year		
Contract income receivable	-	
Accrued Income	-	
Prepayments	-	
	£ -	

8. Creditors: amounts falling due within one year

	2020	
	£	
Income received in advance	-	
Accruals	-	
	<u>£ -</u>	<u> </u>