

Adroddiad CCB - 2023 - 2024
AGM Report - 2023 - 2024

Dydd Mawrth 3 Medi 2024
Tuesday 3 September 2024

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Aelodau Ymddiriedolwyr / Trustees Members

Trustees

Jane Thomas	Cadeirydd/Chair
Jan Young	Trysorydd/Treasurer
Mary Davies	Ymddiriedolwr/ Trustee
Miriam Menhennett	Ymddiriedolwr/ Trustee
Annwen Bell	GDPR Ymddiriedolwr/Trustee
Felicity Smart	Safeguarding Ymddiriedolwr/Trustee

Aelodau Staff/ Staff Members

Sharon Morris	Rheolwr y Cynllun/Scheme Manager
Angela Morgan	Trefnydd y Cynllun/Scheme Organiser
Cally Mason-George	Gweinyddwr y Cynllun/Scheme Administrator
Avril Gartland	Swyddog Gwirfoddolwyr/Volunteer Officer Gweithiwr Cymorth Rhieni Ifanc/Young Parent Support Worker
Lena Brown	Gweithiwr Grwp a Dechrau Da/Group and School Ready Worker
Val Morris	Gweithiwr Grwp / Group Worker
Ellen O'Donnell	Gweithiwr Teuluoedd a Gweithiwr Grwp / Family Support Worker and Group Worker

2023 - 2024

Neges wrth Cadeirydd yr Ymddiriedolwyr

A message from the Chair of Trustees

I am enjoying my time as Chair and family volunteer to Home-Start. We are now into our third year of our 5 year Lottery Grant and all our other funders, and it is again a testament to the commitment and hard work that the charity is still a strength in the community it serves, although this year we are finding that there are less grants available to apply for as we don't fit the criteria, thus said we are still looking and applying for grants to keep the scheme afloat.

Our dedicated team of volunteers and support workers have devoted time and commitment to visit families at home for 2-3 hours each week, for as long as it takes for them to overcome their difficulties.

Home-Start Ceredigion continues to thrive despite the current challenging circumstances for all voluntary organisations. Thanks to our generous funders and our excellent staff and volunteers, who unstintingly support families across the County, we are able to offer real friendship and practical help to parents and children who find themselves in difficulties.

I would like to take this opportunity to thank all our staff and volunteers without whom Home-Start Ceredigion would not function so efficiently. No challenge seems to be too great for them. Their dedication and enthusiasm makes us what we are.

Home-Start Ceredigion are proud to be a part of a strong partnership across agencies who are all focused on providing a package of support individually tailored to the needs of each family referred.

Jane Thomas
Chairperson

Scheme Manager Report 2023-24

Over the years there have been many changes in how the service is structured, funded, monitored, and evaluated, however, the one constant throughout remains the core business of providing one to one volunteer support to families, in their own homes – this unique service has stood the test of time and proved a lasting endurance as relevant today as it was in 1992 when the scheme started. My journey started with Home-Start in 1995 as a volunteer and I have enjoyed my journey and the opportunities it has given, and I am proud that I have been a manager since 2002. Our scheme has faced many ups and downs, and it is a constant struggle to meet funders criteria to be able to apply and the year ahead is going to be challenge but I believe in what we do and who we do it for and am grateful for a very supportive management and team.

As always a huge thank you to all our funders, big and small. We are lucky to be supported by a variety of grant-giving organisations as well as individual donors.

As with all small charities a sustainable income stream is vital to allow us to continue providing our much-needed services. Like many others, one of our biggest challenges in the current climate is securing the income we need to continue our vital work as we are a self-funding scheme. Our success in securing grants has enabled us to develop a strong staff team approach and consolidated our previous experience, skills and professional practice in working with families and young children to deliver a high-quality service and build on our reputation.

Scheme Support

342 families supported

1,163 individuals supported comprised of...

625 children and 538 parents/carers

3,495 hours of support provided by the project, of which...

762 hours were provided by volunteers

16 locations provided group support

306 families attended group support sessions

61 families received home-visiting support

28 families received School Ready support

42 families received Fast Response support

32 volunteers provided support to families

Families and volunteers remain at the heart of everything we do, and we are continually recruiting volunteers to increase the numbers of families supported.

Our volunteers including trustees and staff, give time, commitment, skills and experience to help support families with young children. We are extremely proud of the work we do and celebrate our success in bringing together parents who support parents in their own homes with young children. Home-Start Ceredigion has been a firm deeply rooted fixture throughout this community with local people supporting local families.

'If you change the way you look at things, the things you look at change'

Sharon

Treasurer's report 2023-24

Year 3 of my role as Treasurer of Home-Start Ceredigion. I will continue with the challenge of treasurer with Sharon's guidance and support to make sure the books are balanced every month.

At a time of financial uncertainty Home-Start Ceredigion has been very fortunate to have survived another year from various grants and we thank our funders for their support. As a management team we are grateful to Sharon for her work in securing ongoing funding, and the Team for working so hard sometimes under difficult pressures.

Feedback from our families keeps us motivated and proves that we are needed in the community, and this is why we keep going.

Funds enable Home-Start to continue to support families throughout the county and it is always humbling to get feedback from them.

Our Accounts prepared by Dale from LHP have been completed and will be passed at the AGM and sent to Companies House and Charity Commission to be signed off.

I will end by saying I am looking forward to year 4 as my role as Treasurer

Jan Young

**Detailed statement of financial Activities.
For The Year Ending 31st March 2024**

Home-Start Ceredigion

Detailed Statement of Financial Activities for the Year Ended 31 March 2024

	Total 2024 £	Total 2023 £
<i>Donations and legacies</i>		
Donations and legacies	2,353	7,300
Grants, including capital grants	216,224	231,794
Management fees	10,220	14,850
	<u>228,797</u>	<u>253,944</u>
<i>Investment income</i>		
Interest on cash deposits	440	144
	<u>440</u>	<u>144</u>
<i>Charitable activities</i>		
Wages	(164,318)	(155,048)
Rent	(12,810)	(12,810)
Travel expenses	(9,459)	(8,038)
Insurance	(1,061)	(899)
Volunteer and scheme expenses (inc travel)	(1,352)	(2,861)
Training & courses	(927)	(3,865)
Support groups	(8,094)	(18,555)
Family hygiene & food poverty	(13,824)	(31,137)
Office expenses	(10,258)	(14,404)
Tig Fee	(2,500)	(2,880)
Consultancy	(2,250)	(3,250)
	<u>(226,853)</u>	<u>(253,747)</u>
<i>Other expenditure</i>		
Accountancy and legal fees	(1,800)	(1,500)
Bank charges	(193)	(98)
	<u>(1,993)</u>	<u>(1,598)</u>

SCHEME SUPPORT FIGURES FOR 2023-2024

342 families supported

1,163 individuals supported comprised of...

625 children and 538 parents/carers

3,495 hours of support provided by the project, of which...

762 hours were provided by volunteers

16 locations provided group support

306 families attended group support sessions

61 families received home-visiting support

28 families received School Ready support

42 families received Fast Response support

32 volunteers provided support to families

Service Provision

Home-Start Ceredigion provides a suite of support services to families with young children in Ceredigion, as follows:

- **Group support** – with groups initially supported by a Group Support Worker, aided by volunteers, but encouraged and supported over time to become independent peer support groups.
- **School Ready support** – a staff-led programme that helps pre-school children to develop their language, numeracy, hygiene and social skills in preparation for starting school.
- **Home-visiting** – a service that matches families with home-visiting befriending volunteers. Home-visiting remains an essential element of the scheme's suite of support services. This is particularly the case for families who do not feel sufficiently confident to attend groups, are too rurally isolated to regularly attend a group, or who simply feel that group support is not appropriate for their situation. In several instances, families that initially accessed Home-Start through attending groups have subsequently accepted additional home-visiting support.
- **Fast Response** – a staff-led support service that provides immediate support to families in urgent need.
- **Other scheme services** – including telephone and online support, and provision of food and hygiene parcels to families in need.

Families supported by our Volunteers have achieved:

- *Attending pre-school group*
- *Getting out of the house*
- *Encouraged me to return to my teaching role*
- *Able to talk about my issues and not bottle things up*
- *Positive parenting*
- *Selling items on social media while decluttering*
- *Help with food parcels*
- *Feeling less lonely*
- *Ideas on activities and outings to do with my child*
- *Confidence to get a job*
- *Tackling behaviour*
- *Someone to listen to*
- *Help to work out finances*
- *Confidence to chat to help reduce my anxiety*
- *To help me talk about things that are stressing me out*

Family quotes:

“My son and I are very grateful for the service provided, his eating is really coming along now and his confidence to interact with others is improving”

“Home-Start go above and beyond for families; we are very lucky to have them in our lives”

“The difference having a volunteer has made to our family is huge, the days don’t seem so dark now, she is like a ray of sunshine every week”

“The Slow Cooker food project has been incredibly helpful, not only for providing the food but also giving recipe inspiration and introducing my son to new food”

Hoffen rhoi ddiolch i pawb sydd wedi cyfrannu i ni dros y flwyddyn diwethaf:
We would like to thank everybody for the Grants and kind donations over the past year.

Big Lottery Fund
Henry Smith Charity
Lloyds TSB
Families First
Community Foundation Wales
National Grid
Moondance
J & H Rausing
CCC Food Poverty
Home-Start UK-Mum's Group
Sainsburys Lampeter
Premier Lampeter
BT Open Reach
Dunbia Llanybydder
52 Lives
Lampeter Food Bank
Community Food project Lampeter
EJ Metals Recycling Lampeter

Premier Lampeter

Er Dy Les Di

Aimi & Gazz Edwards

Black Lion Royal Hotel, Lampeter

Aberystwyth University

Neuadd Jiwibili Llangeitho jubilee Hall

Aberystwyth Salvation Army

Tesco Superstore Aberystwyth

Tesco Stores Cardigan

Banc Bwyd Newcastle Emlyn

Diolch
Thank You

Company registration number: 05441452

Charity registration number: 1110771

Home-Start Ceredigion

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2024

LHP (Aberaeron)
1 North Road
Aberaeron
Ceredigion
SA46 0JD

Home-Start Ceredigion

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Home-Start Ceredigion

Reference and Administrative Details

Chairman	Jane Thomas
Secretary	Sharon Morris
Charity Registration Number	1110771
Company Registration Number	05441452
Registered Office	The charity is incorporated in England and Wales. 1st Floor 37 High Street Lampeter Ceredigion SA48 7AW
Independent Examiner	LHP (Aberaeron) 1 North Road Aberaeron Ceredigion SA46 0JD
Accountants	LHP (Aberaeron) Chartered Certified Accountants 1 North Road Aberaeron Ceredigion SA46 0JD

Home-Start Ceredigion

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2024.

Objectives and activities

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Financial review

Policy on reserves

Based on a realistic assessment of the reserves needed the trustees consider that the appropriate level of free reserves is 20% of annual expenditure. This is based on the following considerations :-

- a) the need to provide for potential redundancy expenses in case of a disruption to funding
- b) to provide for any shortfall in funds generated to cover the costs of running the scheme
- c) to protect against unforeseen events

The trustees consider that at present a contingency reserve of £20,000 is required.

Monies held in the unrestricted account fund is constantly reviewed and used to support any shortfall in essential staff costs. There is also a sum held for contingency costs.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Annwen Bell
	Janet Young
	Mrs Mary Eileen Davies
	Felicity Smart (appointed 27 July 2023)
	Miriam Menhennett

Chairman:	Jane Thomas
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Secretary:	Sharon Morris
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Structure, governance and management

Nature of governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Home-Start Ceredigion

Trustees' Report

Statement of trustees' responsibilities

The trustees (who are also the directors of Home-Start Ceredigion for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

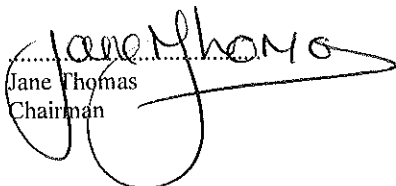
The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 31/7/2024 and signed on its behalf by:


Jane Thomas
Chairman

Home-Start Ceredigion

Independent Examiner's Report to the trustees of Home-Start Ceredigion ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Home-Start Ceredigion as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Dale Hatfield
ACA

1 North Road
Aberaeron
Ceredigion
SA46 0JD

Date: 4/7/2024

Home-Start Ceredigion

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	3	13,073	215,724	228,797
Investment income	4	440	-	440
Total income		<u>13,513</u>	<u>215,724</u>	<u>229,237</u>
Expenditure on:				
Charitable activities	5	-	(226,853)	(226,853)
Other expenditure		-	(1,993)	(1,993)
Total expenditure		<u>-</u>	<u>(228,846)</u>	<u>(228,846)</u>
Net income/(expenditure)		<u>13,513</u>	<u>(13,122)</u>	<u>391</u>
Net movement in funds		13,513	(13,122)	391
Reconciliation of funds				
Total funds brought forward		89,617	53,669	143,286
Total funds carried forward	13	<u>103,130</u>	<u>40,547</u>	<u>143,677</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	3	22,150	231,794	253,944
Investment income	4	144	-	144
Total income		<u>22,294</u>	<u>231,794</u>	<u>254,088</u>
Expenditure on:				
Charitable activities	5	(328)	(253,419)	(253,747)
Other expenditure		-	(1,598)	(1,598)
Total expenditure		<u>(328)</u>	<u>(255,017)</u>	<u>(255,345)</u>
Net income/(expenditure)		<u>21,966</u>	<u>(23,223)</u>	<u>(1,257)</u>
Net movement in funds		21,966	(23,223)	(1,257)
Reconciliation of funds				
Total funds brought forward		67,652	76,890	144,542
Total funds carried forward	13	<u>89,618</u>	<u>53,667</u>	<u>143,285</u>

The notes on pages 8 to 15 form an integral part of these financial statements.

Home-Start Ceredigion

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2023 is shown in note 13.

Home-Start Ceredigion

(Registration number: 05441452)
Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Current assets			
Cash at bank and in hand	11	152,256	158,004
Creditors: Amounts falling due within one year	12	<u>(8,579)</u>	<u>(14,719)</u>
Net assets		<u>143,677</u>	<u>143,285</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		40,547	53,667
Unrestricted income funds			
Unrestricted funds		<u>103,130</u>	<u>89,618</u>
Total funds	13	<u>143,677</u>	<u>143,285</u>

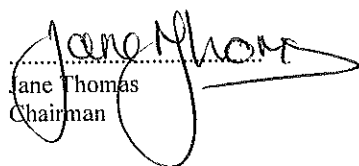
For the financial year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 5 to 15 were approved by the trustees, and authorised for issue on
and signed on their behalf by:


Jane Thomas
Chairman

The notes on pages 8 to 15 form an integral part of these financial statements.

Home-Start Ceredigion

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

1st Floor
37 High Street
Lampeter
Ceredigion
SA48 7AW

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Home-Start Ceredigion meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Home-Start Ceredigion

Notes to the Financial Statements for the Year Ended 31 March 2024

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Depreciation and amortisation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Asset class	Depreciation method and rate
Fixtures and fittings	33% on cost
Computer equipment	33% on cost

Home-Start Ceredigion

Notes to the Financial Statements for the Year Ended 31 March 2024

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

Recognition and measurement

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the charity intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the charity transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the charity, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

Home-Start Ceredigion

Notes to the Financial Statements for the Year Ended 31 March 2024

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2024 £
Donations and legacies;			
Donations	2,353	-	2,353
Grants, including capital grants;			
Grants	500	215,724	216,224
Management fees	10,220	-	10,220
	<u>13,073</u>	<u>215,724</u>	<u>228,797</u>
	Unrestricted funds General £	Restricted funds £	Total 2023 £
Donations and legacies;			
Donations	7,300	-	7,300
Grants, including capital grants;			
Grants	-	231,794	231,794
Management fees	14,850	-	14,850
	<u>22,150</u>	<u>231,794</u>	<u>253,944</u>

4 Investment income

	Unrestricted funds General £	Total funds £
Interest receivable and similar income;		
Interest receivable on bank deposits	440	440
Total for 2024	<u>440</u>	<u>440</u>
Total for 2023	<u>144</u>	<u>144</u>

Home-Start Ceredigion

Notes to the Financial Statements for the Year Ended 31 March 2024

5 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total funds £
Wages		-	164,318	164,318
Rent		-	12,810	12,810
Travel expenses		-	9,459	9,459
Insurance		-	1,061	1,061
Volunteer and scheme expenses (inc travel)		-	1,352	1,352
Training & courses		-	927	927
Support groups		-	8,094	8,094
Family hygiene & food poverty		-	13,824	13,824
Office expenses		-	10,258	10,258
Tig Fee		-	2,500	2,500
Consultancy		-	2,250	2,250
Total for 2024		-	226,853	226,853
Total for 2023		328	253,419	253,747

**Total
expenditure
£**

In addition to the expenditure analysed above, there are also governance costs of £1,800 (2023 - £1,500) which relate directly to charitable activities. See note 6 for further details.

6 Analysis of governance and support costs

	Restricted funds £	Total funds £
Governance costs		
Accountancy and legal fees	1,800	1,800
Bank charges	193	193
Total for 2024	1,993	1,993
Total for 2023	1,598	1,598

Home-Start Ceredigion

Notes to the Financial Statements for the Year Ended 31 March 2024

7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

8 Staff costs

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2024 No	2023 No
Family Support	<u>7</u>	<u>8</u>

No employee received emoluments of more than £60,000 during the year.

9 Independent examiner's remuneration

	2024 £	2023 £
Other fees to examiners		
Examination-related assurance services	840	840
All other services	<u>960</u>	<u>660</u>
	<u>1,800</u>	<u>1,500</u>

Home-Start Ceredigion

Notes to the Financial Statements for the Year Ended 31 March 2024

10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

11 Cash and cash equivalents

	2024 £	2023 £
Cash at bank	<u>152,256</u>	<u>158,004</u>

12 Creditors: amounts falling due within one year

	2024 £	2023 £
Accruals	<u>8,579</u>	<u>14,719</u>

13 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
General	<u>89,617</u>	<u>13,513</u>	<u>-</u>	<u>103,130</u>
Restricted funds				
Big Lottery Fund	4,032	100,000	(103,602)	430
Lloyds TSB	17,140	-	(17,140)	-
Families First	3,887	45,000	(48,887)	-
Home-Start UK	11,655	-	(2,500)	9,155
Community Foundation Wales	1,995	5,000	(6,995)	-
Henry Smith Charity	12,403	36,050	(30,719)	17,734
J&H Rausing	2,557	-	(2,557)	-
CCC Food Poverty	-	7,174	(1,632)	5,542
Home-Start Mums Group	-	2,500	(2,500)	-
Moondance	-	10,000	(2,314)	7,686
National Grid	-	10,000	(10,000)	-
Restricted funds	<u>53,669</u>	<u>215,724</u>	<u>(228,846)</u>	<u>40,547</u>
Total funds	<u>143,286</u>	<u>229,237</u>	<u>(228,846)</u>	<u>143,677</u>

Home-Start Ceredigion

Notes to the Financial Statements for the Year Ended 31 March 2024

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
General	67,652	22,294	(328)	89,618
Restricted funds				
Big Lottery Fund	-	100,000	(95,968)	4,032
Lloyds TSB	23,397	27,250	(33,508)	17,139
CAVO	8,945	-	(8,945)	-
Garfield Weston Foundation	13,075	-	(13,075)	-
Families First	(2,751)	58,094	(51,456)	3,887
Home-Start UK	17,530	3,250	(9,125)	11,655
Community Foundation Wales	2,792	5,000	(5,797)	1,995
Henry Smith Charity	13,902	34,950	(36,450)	12,402
J&H Rausing	-	3,250	(693)	2,557
Restricted funds	76,890	231,794	(255,017)	53,667
Total funds	144,542	254,088	(255,345)	143,285

14 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2024 £
Current assets	103,131	49,125	152,256
Current liabilities	-	(8,579)	(8,579)
Total net assets	103,131	40,546	143,677
	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2023 £
Current assets	89,617	68,387	158,004
Current liabilities	-	(14,719)	(14,719)
Total net assets	89,617	53,668	143,285

15 Related party transactions

There were no related party transactions in the year.

Home-Start Ceredigion

Statement of Financial Activities by fund for the Year Ended 31 March 2024

Unrestricted Funds

	Total Unrestricted Funds 2024 £	Total Unrestricted Funds 2023 £
Income and Endowments from:		
Donations and legacies	13,073	22,150
Investment income	440	144
Total income	13,513	22,294
Expenditure on:		
Charitable activities	-	(328)
Total expenditure	-	(328)
Net income	13,513	21,966
Net movement in funds	13,513	21,966
Reconciliation of funds		
Total funds brought forward	89,617	67,652
Total funds carried forward	103,130	89,618

Home-Start Ceredigion

Statement of Financial Activities by fund for the Year Ended 31 March 2024

Restricted Funds

	Total Restricted Funds 2024 £	Total Restricted Funds 2023 £
Income and Endowments from:		
Donations and legacies	<u>215,724</u>	<u>231,794</u>
Total income	<u>215,724</u>	<u>231,794</u>
Expenditure on:		
Charitable activities	(226,853)	(253,419)
Other expenditure	(193)	(98)
Governance costs	<u>(1,800)</u>	<u>(1,500)</u>
Total expenditure	<u>(228,846)</u>	<u>(255,017)</u>
Net expenditure	<u>(13,122)</u>	<u>(23,223)</u>
Net movement in funds	(13,122)	(23,223)
Reconciliation of funds		
Total funds brought forward	<u>53,669</u>	<u>76,890</u>
Total funds carried forward	<u>40,547</u>	<u>53,667</u>

Home-Start Ceredigion

Detailed Statement of Financial Activities for the Year Ended 31 March 2024

	Total 2024 £	Total 2023 £
Income and Endowments from:		
Donations and legacies (analysed below)	228,797	253,944
Investment income (analysed below)	<u>440</u>	<u>144</u>
Total income	<u>229,237</u>	<u>254,088</u>
Expenditure on:		
Charitable activities (analysed below)	(226,853)	(253,747)
Other expenditure (analysed below)	<u>(1,993)</u>	<u>(1,598)</u>
Total expenditure	<u>(228,846)</u>	<u>(255,345)</u>
Net income/(expenditure)	<u>391</u>	<u>(1,257)</u>
Net movement in funds	391	(1,257)
Reconciliation of funds		
Total funds brought forward	<u>143,286</u>	<u>144,542</u>
Total funds carried forward	<u><u>143,677</u></u>	<u><u>143,285</u></u>

This page does not form part of the statutory financial statements.

Home-Start Ceredigion

Detailed Statement of Financial Activities for the Year Ended 31 March 2024

	Total 2024 £	Total 2023 £
<i>Donations and legacies</i>		
Donations and legacies	2,353	7,300
Grants, including capital grants	216,224	231,794
Management fees	10,220	14,850
	<u>228,797</u>	<u>253,944</u>
<i>Investment income</i>		
Interest on cash deposits	440	144
	<u>440</u>	<u>144</u>
<i>Charitable activities</i>		
Wages	(164,318)	(155,048)
Rent	(12,810)	(12,810)
Travel expenses	(9,459)	(8,038)
Insurance	(1,061)	(899)
Volunteer and scheme expenses (inc travel)	(1,352)	(2,861)
Training & courses	(927)	(3,865)
Support groups	(8,094)	(18,555)
Family hygiene & food poverty	(13,824)	(31,137)
Office expenses	(10,258)	(14,404)
Tig Fee	(2,500)	(2,880)
Consultancy	(2,250)	(3,250)
	<u>(226,853)</u>	<u>(253,747)</u>
<i>Other expenditure</i>		
Accountancy and legal fees	(1,800)	(1,500)
Bank charges	(193)	(98)
	<u>(1,993)</u>	<u>(1,598)</u>

This page does not form part of the statutory financial statements.

Adroddiad CCB - 2023 - 2024
AGM Report - 2023 - 2024

Dydd Mawrth 3 Medi 2024
Tuesday 3 September 2024

Llawr Cyntaf /1st Floor
37 Stryd Fawr /High Street
Llanbedr Pont Steffan/Lampeter - SA48 7AW
Tel/Ffôn: (01570) 218546
Email/Ebost: homestartaberaeron@gmail.com



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Aelodau Ymddiriedolwyr / Trustees Members

Trustees

Jane Thomas	Cadeirydd/Chair
Jan Young	Trysorydd/Treasurer
Mary Davies	Ymddiriedolwr/ Trustee
Miriam Menhennett	Ymddiriedolwr/ Trustee
Annwen Bell	GDPR Ymddiriedolwr/Trustee
Felicity Smart	Safeguarding Ymddiriedolwr/Trustee

Aelodau Staff/ Staff Members

Sharon Morris	Rheolwr y Cynllun/Scheme Manager
Angela Morgan	Trefnydd y Cynllun/Scheme Organiser
Cally Mason-George	Gweinyddwr y Cynllun/Scheme Administrator
Avril Gartland	Swyddog Gwirfoddolwyr/Volunteer Officer Gweithiwr Cymorth Rhieni Ifanc/Young Parent Support Worker
Lena Brown	Gweithiwr Grwp a Dechrau Da/Group and School Ready Worker
Val Morris	Gweithiwr Grwp / Group Worker
Ellen O'Donnell	Gweithiwr Teuluoedd a Gweithiwr Grwp / Family Support Worker and Group Worker

2023 - 2024

Neges wrth Cadeirydd yr Ymddiriedolwyr

A message from the Chair of Trustees

I am enjoying my time as Chair and family volunteer to Home-Start. We are now into our third year of our 5 year Lottery Grant and all our other funders, and it is again a testament to the commitment and hard work that the charity is still a strength in the community it serves, although this year we are finding that there are less grants available to apply for as we don't fit the criteria, thus said we are still looking and applying for grants to keep the scheme afloat.

Our dedicated team of volunteers and support workers have devoted time and commitment to visit families at home for 2-3 hours each week, for as long as it takes for them to overcome their difficulties.

Home-Start Ceredigion continues to thrive despite the current challenging circumstances for all voluntary organisations. Thanks to our generous funders and our excellent staff and volunteers, who unstintingly support families across the County, we are able to offer real friendship and practical help to parents and children who find themselves in difficulties.

I would like to take this opportunity to thank all our staff and volunteers without whom Home-Start Ceredigion would not function so efficiently. No challenge seems to be too great for them. Their dedication and enthusiasm makes us what we are.

Home-Start Ceredigion are proud to be a part of a strong partnership across agencies who are all focused on providing a package of support individually tailored to the needs of each family referred.

Jane Thomas
Chairperson

Scheme Manager Report 2023-24

Over the years there have been many changes in how the service is structured, funded, monitored, and evaluated, however, the one constant throughout remains the core business of providing one to one volunteer support to families, in their own homes – this unique service has stood the test of time and proved a lasting endurance as relevant today as it was in 1992 when the scheme started. My journey started with Home-Start in 1995 as a volunteer and I have enjoyed my journey and the opportunities it has given, and I am proud that I have been a manager since 2002. Our scheme has faced many ups and downs, and it is a constant struggle to meet funders criteria to be able to apply and the year ahead is going to be challenge but I believe in what we do and who we do it for and am grateful for a very supportive management and team.

As always a huge thank you to all our funders, big and small. We are lucky to be supported by a variety of grant-giving organisations as well as individual donors.

As with all small charities a sustainable income stream is vital to allow us to continue providing our much-needed services. Like many others, one of our biggest challenges in the current climate is securing the income we need to continue our vital work as we are a self-funding scheme. Our success in securing grants has enabled us to develop a strong staff team approach and consolidated our previous experience, skills and professional practice in working with families and young children to deliver a high-quality service and build on our reputation.

Scheme Support

342 families supported

1,163 individuals supported comprised of...

625 children and 538 parents/carers

3,495 hours of support provided by the project, of which...

762 hours were provided by volunteers

16 locations provided group support

306 families attended group support sessions

61 families received home-visiting support

28 families received School Ready support

42 families received Fast Response support

32 volunteers provided support to families

Families and volunteers remain at the heart of everything we do, and we are continually recruiting volunteers to increase the numbers of families supported.

Our volunteers including trustees and staff, give time, commitment, skills and experience to help support families with young children. We are extremely proud of the work we do and celebrate our success in bringing together parents who support parents in their own homes with young children. Home-Start Ceredigion has been a firm deeply rooted fixture throughout this community with local people supporting local families.

'If you change the way you look at things, the things you look at change'

Sharon

Treasurer's report 2023-24

Year 3 of my role as Treasurer of Home-Start Ceredigion. I will continue with the challenge of treasurer with Sharon's guidance and support to make sure the books are balanced every month.

At a time of financial uncertainty Home-Start Ceredigion has been very fortunate to have survived another year from various grants and we thank our funders for their support. As a management team we are grateful to Sharon for her work in securing ongoing funding, and the Team for working so hard sometimes under difficult pressures.

Feedback from our families keeps us motivated and proves that we are needed in the community, and this is why we keep going.

Funds enable Home-Start to continue to support families throughout the county and it is always humbling to get feedback from them.

Our Accounts prepared by Dale from LHP have been completed and will be passed at the AGM and sent to Companies House and Charity Commission to be signed off.

I will end by saying I am looking forward to year 4 as my role as Treasurer

Jan Young

**Detailed statement of financial Activities.
For The Year Ending 31st March 2024**

Home-Start Ceredigion

Detailed Statement of Financial Activities for the Year Ended 31 March 2024

	Total 2024 £	Total 2023 £
<i>Donations and legacies</i>		
Donations and legacies	2,353	7,300
Grants, including capital grants	216,224	231,794
Management fees	10,220	14,850
	<u>228,797</u>	<u>253,944</u>
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Training & courses	(927)	(3,865)
Support groups	(8,094)	(18,555)
Family hygiene & food poverty	(13,824)	(31,137)
Office expenses	(10,258)	(14,404)
Tig Fee	(2,500)	(2,880)
Consultancy	(2,250)	(3,250)
	<u>(226,853)</u>	<u>(253,747)</u>
<i>Other expenditure</i>		
Accountancy and legal fees	(1,800)	(1,500)
Bank charges	(193)	(98)
	<u>(1,993)</u>	<u>(1,598)</u>

SCHEME SUPPORT FIGURES FOR 2023-2024

342 families supported

1,163 individuals supported comprised of...

625 children and 538 parents/carers

3,495 hours of support provided by the project, of which...

762 hours were provided by volunteers

16 locations provided group support

306 families attended group support sessions

61 families received home-visiting support

28 families received School Ready support

42 families received Fast Response support

32 volunteers provided support to families

Service Provision

Home-Start Ceredigion provides a suite of support services to families with young children in Ceredigion, as follows:

- **Group support** – with groups initially supported by a Group Support Worker, aided by volunteers, but encouraged and supported over time to become independent peer support groups.
- **School Ready support** – a staff-led programme that helps pre-school children to develop their language, numeracy, hygiene and social skills in preparation for starting school.
- **Home-visiting** – a service that matches families with home-visiting befriending volunteers. Home-visiting remains an essential element of the scheme's suite of support services. This is particularly the case for families who do not feel sufficiently confident to attend groups, are too rurally isolated to regularly attend a group, or who simply feel that group support is not appropriate for their situation. In several instances, families that initially accessed Home-Start through attending groups have subsequently accepted additional home-visiting support.
- **Fast Response** – a staff-led support service that provides immediate support to families in urgent need.
- **Other scheme services** – including telephone and online support, and provision of food and hygiene parcels to families in need.

Families supported by our Volunteers have achieved:

- *Attending pre-school group*
- *Getting out of the house*
- *Encouraged me to return to my teaching role*
- *Able to talk about my issues and not bottle things up*
- *Positive parenting*
- *Selling items on social media while decluttering*
- *Help with food parcels*
- *Feeling less lonely*
- *Ideas on activities and outings to do with my child*
- *Confidence to get a job*
- *Tackling behaviour*
- *Someone to listen to*
- *Help to work out finances*
- *Confidence to chat to help reduce my anxiety*
- *To help me talk about things that are stressing me out*

Family quotes:

“My son and I are very grateful for the service provided, his eating is really coming along now and his confidence to interact with others is improving”

“Home-Start go above and beyond for families; we are very lucky to have them in our lives”

“The difference having a volunteer has made to our family is huge, the days don’t seem so dark now, she is like a ray of sunshine every week”

“The Slow Cooker food project has been incredibly helpful, not only for providing the food but also giving recipe inspiration and introducing my son to new food”

Hoffen rhoi ddiolch i pawb sydd wedi cyfrannu i ni dros y flwyddyn diwethaf:
We would like to thank everybody for the Grants and kind donations over the past year.

Big Lottery Fund
Henry Smith Charity
Lloyds TSB
Families First
Community Foundation Wales
National Grid
Moondance
J & H Rausing
CCC Food Poverty
Home-Start UK-Mum's Group
Sainsburys Lampeter
Premier Lampeter
BT Open Reach
Dunbia Llanybydder
52 Lives
Lampeter Food Bank
Community Food project Lampeter
EJ Metals Recycling Lampeter

Premier Lampeter

Er Dy Les Di

Aimi & Gazz Edwards

Black Lion Royal Hotel, Lampeter

Aberystwyth University

Neuadd Jiwibili Llangeitho jubilee Hall

Aberystwyth Salvation Army

Tesco Superstore Aberystwyth

Tesco Stores Cardigan

Banc Bwyd Newcastle Emlyn

Diolch
Thank You