

Adroddiad CCB - 2021 - 2022
AGM Report - 2021 - 2022
Thursday 6th October 2022

HOME START

Ceredigion

30 Years of Home-Start Ceredigion

Llawr Cyntaf /1st Floor

37 Stryd Fawr /High Street

**Llanbedr Pont Steffan/Lampeter - SA48
7AW**

Tel/Ffôn: (01570) 218546

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Home START

Support and friendship
for families



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Aelodau Ymddiriedolwyr / Trustees Members

Annwen Bell	Cadeirydd/Chair
Jan Young	Trysorydd/Treasurer
Mary Davies Trustee	Ymddiriedolwr/ Trustee
Miriam Menhennett	Ymddiriedolwr/ Trustee
Jane Thomas	Ymddiriedolwr/Trustee
Amanda Coulson	Ymddiriedolwr/Trustee

Aelodau Staff/ Staff Members

Sharon Morris	Rheolwr y Cynllun/Scheme Manager
Angela Morgan	Trefnydd y Cynllun/Scheme Organiser
Avril Gartland Worker	Swyddog Gwirfoddolwyr/Volunteer Officer Gweithiwr Cymorth Rhieni Ifanc/Young Parent Support
Cally Mason-George	Gweinyddwr y Cynllun/Scheme Administrator
Lena Brown Da	Gweithiwr Cymorth Dechrau Da/Support Worker Dechrau Da
Val Morris	Project Worker/Gweithwr Prosiect

2022
Neges wrth Cadeirydd yr
Ymddiriedolwyr
A message from the Chair of Trustees

After many months of applying for grants Home-Start is now financially secure after receiving Grants from Families First, Henry Smith, Lloyds TSB and The Lottery. This time last year we were finding our way back from Covid restrictions and a way forward to supporting and seeing our families. I would like to thank the Team for all their hard work in reassuring families that the Team was at hand for support, and they started supporting families with outdoor 'meet, walk and talk' sessions and eventually going back to home visiting and play groups, the families were all very happy with this as it would also help them find a new 'normal'.

I would like to thank Sharon and her team of staff who have worked so hard in challenging circumstances. A huge thank you goes to each and every volunteer who has given their time in the last year. Home-Start Ceredigion would be nothing without our volunteers. Thanks also goes to all the members of the management committee for their dedication and support. I thank those who financially enable the scheme to support so many families and young children. And finally thank you to our parents and children who make what we do feel so worthwhile.

Going forward it is with regret that due to work pressures I have had to resign as Chair but would like to wish the scheme every success in the future.

Annwen
Chairperson

Scheme Manager Report 2022

Over the years there have been many changes in how the service is structured, funded, monitored, and evaluated, however, the one constant throughout remains the core business of providing one to one volunteer support to families, in their own homes – this unique service has stood the test of time and proved a lasting endurance as relevant today as it was in 1992 when the scheme started. My journey started with Home-Start in 1995 as a volunteer and I have enjoyed my journey and the opportunities it has given, and I am proud that I have been a manager since 2002. We reached a milestone in 2022 with us

celebrating 30 years of service to our community and we celebrated with families, funders and volunteers at the 'Moody Calf'.

As a scheme we have also suffered a great loss with the passing of one of its co-founders Mr Cen Llwyd. We will miss his wisdom and humour and the fact that he was always available if the scheme hit a hurdle. Diolch Cen.

We are very grateful to all our funders, big and small. We are lucky to be supported by a variety of grant-giving organisations as well as individual donors.

As with all small charities a sustainable income stream is vital to allow us to continue providing our much-needed services. Like many others, one of our biggest challenges in the current climate is securing the income we need to continue our vital work as we are a self-funding scheme. Our success in securing grants has enabled us to develop a strong staff team approach and consolidated our previous experience, skills and professional practice in working with families and young children to deliver a high-quality service and build on our reputation.

Scheme Support

415 families supported, equating to 93% of referrals

1,537 individuals supported, comprised of...

823 children and 714 parents/carers

19,681 hours of support provided by the project, of which...

7,180 hours were provided by volunteers

39 families supported by the new perinatal service

8 locations provided group support

54 volunteers provided support to families

23 volunteers obtained employment/education opportunities as a result of their volunteering

192 care packs delivered to families during the pandemic

Regular consultation with our families has shown us that they would like face to face contact and groups to resume but would also like us to continue to receive online support as they feel they share a role in developing productive ways with us that will help them find their feet after Covid and give them the confidence to lower their isolation and loneliness which will lead them to give their children more opportunities and feel part of a community again.

Families and volunteers remain at the heart of everything we do and we are continually recruiting volunteers to increase the numbers of families supported.

My first Year as Treasurer has been a learning curve and I have enjoyed the challenge and between myself and Sharon the books are balanced every month.

- Lottery 5 year funding
- Henry Smith 3 year funding
- Lloyds TSB 2 year funding
- Families First 2 year funding
- Community foundation 2 year
- Cavo 1 year
- Home-Start UK 1 year
- Garfield Weston 1 year

Sharon

Reserves are constantly reviewed along with holding a reasonable amount in Contingency Fund.

The general fund has been used to finance any other services and costs that are not covered by restricted grants i.e. staff salary, re numeration according to NJC pay scales as agreed by MC in March 2022.

Jan Young
Treasurer

Treasurer's report 2020/2021



Detailed statement of financial
Activities.

HOME-START CEREDIGION		
DETAILED STATEMENT OF FINANCIAL ACTIVITIES		
For The Year Ended 31 MARCH 2022		
	31.3.22 £	31.3.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	3,110	1,000
Grants	144,237	251,300
Management fees	6,950	1,200
	<u>154,297</u>	<u>253,500</u>
Other trading activities		
Fundraising	5,695	2,101
Investment income		
Deposit account interest	3	13
	<u>159,995</u>	<u>255,614</u>
Total incoming resources		
EXPENDITURE		
Charitable activities		
Wages	109,180	123,318
Rent	8,811	6,811
Insurance	960	885
Volunteer and scheme expenses (inc travel)	8,182	3,373
Training & courses	553	(175)
Support groups	8,007	5,847
Vouchers	-	3,425
Caerphilly share of grant	15,109	30,187
	<u>150,802</u>	<u>175,671</u>
Support costs		
Management		
Office expenses	14,834	8,698
Tig Fee	3,170	3,389
Consultancy	6,050	1,925
	<u>24,054</u>	<u>14,012</u>
Governance costs		
Accountancy and legal fees	1,560	1,500
	<u>176,416</u>	<u>191,183</u>
Total resources expended		
Net (expenditure)/income	<u>(16,421)</u>	<u>64,431</u>

M oody Calf Celebration Day 30 Years of H ome-Start Ceredigion

Home-Start Ceredigion has celebrated its 30th year of supporting families this year.

To celebrate 30 years of support in Ceredigion our team of volunteers and families from across the county came together for a party in The Moody Calf in Llwynycelyn, Aberaeron. We had 148 in attendance who thoroughly enjoyed their time to play with their children, to socialise and eat some lovely food and cake.



A message from one of our mums we received following the day, "Thank you so much for today, Myself and Theo want to thank everyone involved in making today happen, it was really good and Theo thoroughly enjoyed himself. It's just what we needed after a rough week".

Our local MP Ben Lake was in attendance with Rachel from National Lottery Community Fund to help us celebrate.



Home-Start Ceredigion manager of 20 years, Sharon Morris said, "The Scheme has weathered many a challenge to sustain funding over the years but like any storm you rely on your crew to get you through it." The scheme would like to thank all involved throughout the years and recognise the recent loss of one of our organisations co-founders Cen Llwyd who was our Anchor. We would also like to thank one of our families who made us some special crochet gifts for our celebration which we will all treasure.

Scheme support for the last three years

415 families supported, equating to **93%** of referrals

1,537 individuals supported, comprised of...

823 children and **714** parents/carers

19,681 hours of support provided by the project, of which...

7,180 hours were provided by volunteers

39 families supported by the new perinatal service

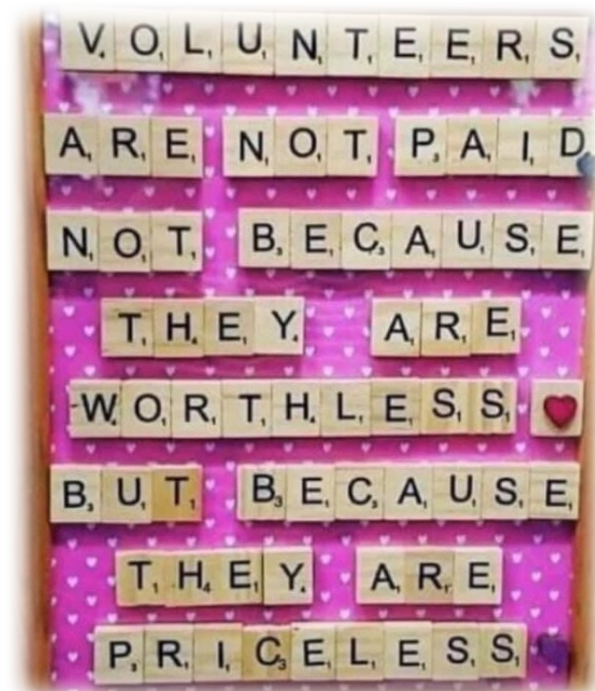
8 locations provided group support

54 volunteers provided support to families

23 volunteers obtained employment/education opportunities as a result of their volunteering

192 care packs delivered to families during the pandemic

Our Wonderful Volunteers



"Don't ever
question the
value of
volunteers.
Noah's Ark was
built by
volunteers; the
Titanic was
built by
professionals."

DAVE GYNN

Words used to describe our volunteers by our families:

Supportive

Kind

Pro-active

Encouraging
Reliable
Good Listener
Non-judgemental
Friendly

Caring
Open-minded
Like a second mum
Lovely
Amazing

Helpful
Positive
Cheerful
Chatty
Funny

Families supported by our Volunteers have achieved:

- Attending pre-school group
- Getting out of the house
- Encouraged me to return to my teaching role
- Able to talk about my issues and not bottle things up
- Positive parenting
- Selling items on social media while decluttering
- Help with food parcels
- Feeling less lonely
- Ideas on activities and outings to do with my child
- Confidence to get a job
- Tackling behaviour
- Someone to listen to
- Help to work out finances
- Confidence to chat to help reduce my anxiety
- To help me talk about things that are stressing me out

Family quotes:

“My volunteer is a lovely lady. I am so grateful for all of her help over the last few years. I will miss her lots”

“I look forward to Tuesdays to see my volunteer”

“Amanda is always available to support my children with their homework and play activities with them”

“Avril is one of the best support workers I have ever met, anyone would be lucky to have her as a support worker”

“Felicity is absolutely fantastic; she is an angel”

Volunteer Recruitment and Training

Gwirfoddolwr Newydd 2022/ Newly trained volunteers 2022

Croeso i'n gwirfoddolwyr a gafodd eu hyfforddi'n ddigidol ar TEAMS 2022.
Welcome to our newly digitally trained on TEAMS volunteers of 2022.



Julie
Barros



Ems
Baker



Liberty
Furnstone



Imogen
Philip



Daniel
Crowle

Volunteer Promotion Days

Avril has been busy promoting Home-Start to recruit and train volunteers in locations such as Cellan Hall, Aberystwyth Job Centre and Cardigan just to name a few.



Service provision

Since September 2021, face-to-face support has gradually been reintroduced (initially via outdoor walks), with all families having received a review visit as soon as was practicable. Many families are still uncertain and afraid of Covid-19 and remain nervous about social interaction, including with Home-Start staff and volunteers (HS Ceredigion has taken the lead from families in letting them decide, for instance, whether they would prefer meetings to take place outside). Moving forward, the main challenges faced by families, as identified by staff and volunteers, are mental health issues, overcoming feelings of isolation, rebuilding confidence in social situations, domestic abuse, poverty, and uncertainty over the future, all of which have been greatly exacerbated by the pandemic and its associated restrictions. This tallies closely with the results of a survey of supported families that asked them what their key concerns were as we move out of the pandemic:

- the impact of the pandemic on my own/partner's mental health – 88%
- lack of available play/social activities opportunities for my children – 73%
- the impact of the pandemic on my own/partner's confidence in mixing with other families – 70%
- the impact of the pandemic on my child(ren)'s mental health – 66%
- anxiety about returning to using public services, e.g., public transport, leisure facilities, etc. – 62%
- health concerns over future waves of Covid-19 – 56%
- finances / debts – 56%
- not being able to access available activities and opportunities for my child(ren) because of cost – 53%
- the impact of the pandemic on my child(ren)'s education – 51%
- not being able to access available activities and opportunities for my child(ren) because of transport difficulties – 45%
- the impact of the pandemic on the development of my child(ren)'s ability to play and mix with other children – 44%

Staff emphasised the difficulties they have faced in ascertaining the presence of mental health issues, safeguarding issues and domestic abuse through remote support mechanisms and the importance of returning to face-to-face support to enable such situations to be identified and addressed. One member of staff pointed

Supported Families Comments

out that “a lot of babies were born during Covid, and we are now seeing these children aged 12 months plus, not knowing how to interact with their peers”. Given that the gradual reintroduction of face-to-face services only started four months before the project ended, it is too early to determine their effectiveness in addressing these post-pandemic needs. However, given the proven track record of Home-Start’s services in improving families’ mental health, confidence and well-being, and in providing opportunities for children, there are solid reasons for believing that the range of support provided by HS Ceredigion will help to address all of these issues.

“You have been a massive help, if it wasn’t for you, I don’t know what I would have done. You always listened to me and never judged me. I told you things I wouldn’t tell my family. Thank you for all your support.”

“Home-Start groups really helped my son socialise and come out of

himself but since Covid he has gone back into his shell and shies away from adults and children. Please bring the group back so that he can socialise again before he has to attend school.”

“Attending Home-Start groups has kept me sane! Having just a couple of hours each week to chat to other mums whilst the children play was heaven! During lockdown we as a family have missed attending Home-Start groups immensely and can’t wait for them to return.”

Mums supported by HS Ceredigion’s pre-pandemic group support service, commenting in the summer of 2021.

A message from a mum supported by Home-Start Ceredigion prior to the Covid-19 pandemic, commenting in May 2021.

“Before attending the Home-Start group I felt so lonely. Just me and my baby at home. I plucked up the courage to attend the group and the dark cloud over my head started to disappear. I felt so welcomed and to have a chat and a cuppa with the other mums was something I looked forward to every week!”.

Christmas Events 2021

Christmas gifts donated by
Salvation Army, 52 Lives and
~~Christmas~~



Christmas Party / Parti





We held many Christmas parties in 2021, one for each of our groups. The families and children thoroughly enjoyed coming together after such a tough previous year of not being able to meet up due to COVID-19. Above are some of the many pictures we took at these parties.

Cynhaliom lawer o bartïon Nadolig yn 2021, un ar gyfer pob un o'n grwpiau. Roedd y teuluoedd a'r plant wrth eu bodd yn dod at ei gilydd ar ôl blwyddyn mor anodd o'r blaen lle nad oeddent yn gallu cyfarfod oherwydd COVID-19. Uchod mae rhai o'r lluniau hyn a gynnwyd gennym yn y partiön hyn.

Christmas Raffle

Raffl Nadolig

Dyma enillwyr ein raffl Nadolig a werthwyd gennym ar Noson Siopa Nadolig Llambled ar 25ain o Dachwedd. Da iawn a Diolch i phawb a gyfrannodd ar y noson.



These are the winners of our Christmas raffle we sold at late night shopping in Lampeter on the 25th November. Well done and Thank you all who contributed on the night.

Working with other agencies

DONATED SHOES / RHODDION ESGIDIAU



Buom yn
Russell &
Mae'r rh
Start fwy
o'r 41,500
ar draws
Dywedod
ymfalchïo
meithrin a
Home-Start
yn y modd hwn a chael effaith mor gadarnhaol ar
ddechrau'r flwyddyn newydd hon. ."

We were fortunate enough to receive donations of shoes from Russell and Bromley to help our Families and their children.

The donation means families supported by Home-Start can enjoy new shoes for their children for free. All 41,500 pairs of shoes have been distributed to 91 Home-Starts across all four nations of the UK.

A spokesperson from Russell & Bromley, said: "We pride ourselves in the charity relationships we endeavour to nurture and are delighted that we are able to help Home-Start families in this way and make such a positive impact at the start of this new year."

Coedwig Gymunedol Long Wood Community Woodland



We have been ever so fortunate to Long Wood Community again for receiving logs to keep our families warm through these cold Winter months. Long Wood is a 300 acre site of mixed woodland just North of Lampeter in Ceredigion. The woods are owned and managed by the local community For the people .

Rydym wedi bod mor ffodus i Gymuned Long Wood eto am dderbyn boncyffion i gadw ein teuluoedd yn gynnes trwy fisoedd oer y Gaeaf.

Mae Long Wood yn 300 safle erw o goetir cymysg ychydig i'r Gogledd o Lampeter yng Ngheredigion. Mae'r goedwig yn eiddo ac a reolir gan y gymuned leol ar gyfer y bobl.

Prosiect Barod i'r Ysgol School Ready Project

Shared Recipes

Here are some examples of a recipes we have made. We filmed ourselves making these recipes and shared them on Home-Start Ceredigion's Facebook page.

Dyma rai engreiffitiau o ryseitiau rydyn ni wedi'u gwneud. Fe wnaethom ffilmio ein hunain yn gwneud y rseitiau hyn a'u rhannu ar



Here are a few pictures of our families partaking in our School Ready project, run by our 'Dechrau Da' School Worker Lena. Lena has been busy creating educational packs for the school ready project for our of pre-school age.

Dyma ychydig o luniau o'n teuluoedd yn cymryd rhan yn Prosiect Barod i'r Ysgol, yn cael ei redeg gan ein Gweithiwr Ysgol 'Dechrau Da' Lena. Mae Lena yn brysur yn creu pecynnau addysgol i'r Prosiect Barod am ysgol i'n plant o oedran cyn-ysgol.

COOKING WITH HOME-START CEREDIGION



Mars Bar Crispy Cakes

Ingredients:

100g butter
4 mars bars
150g Rice Crispies
1½ tbsp Golden Syrup
400g Milk Chocolate



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Man chwarae tu allan

Os hoffech chi archebu sesiwn chwarae am ddim yng nghefn
ein swyddfeydd yn Lanbedr Pont Steffan, cysylltwch a ni
yma ar ein tudalen Facebook.

Lluniau i ddilyn.

Outdoor Play/Chwarae

Outdoor Play area

If you would like to book a free play session at the
offices in Lampeter, please message us here on
Facebook.
Pictures to follow.





Hoffen rhoi ddiolch i pawb sydd wedi cyfrannu i ni dros y flwyddyn diwethaf:

We would like to thank everybody for their kind donations over the past year.

- ❖ Salvation Army
- ❖ Big Lottery Fund
- ❖ CAVO
- ❖ Henry Smith Charity
- ❖ Lloyds TSB
- ❖ Home-Start UK
- ❖ Families First
- ❖ Garfield and Weston
- ❖ Longwood Woodland project
- ❖ Sainsburys
- ❖ CO-OP
- ❖ Ceredigion Association of Voluntary Organisations
- ❖ Children in Need
- ❖ Home-Start UK
- ❖ Lampeter Town Council
- ❖ Wales Covid Resilience Fund

- ❖ Betty Lawes Foundation
- ❖ Community Foundation Wales

REGISTERED COMPANY NUMBER: 05441452 (England and Wales)
REGISTERED CHARITY NUMBER: 1110771

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
HOME-START CEREDIGION

LHP ACCOUNTANTS
1 NORTH ROAD
ABERAERON
Ceredigion
SA46 0JD

HOME-START CEREDIGION

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HOME-START CEREDIGION

REPORT OF THE TRUSTEES For The Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

FINANCIAL REVIEW

Reserves policy

Based on a realistic assessment of the reserves needed the trustees consider that the appropriate level of free reserves is 20% of annual expenditure. This is based on the following considerations :-

- a) the need to provide for potential redundancy expenses in case of a disruption to funding
- b) to provide for any shortfall in funds generated to cover the costs of running the scheme
- c) to protect against unforeseen events

The trustees consider that at present a contingency reserve of £20,000 is required.

Monies held in the unrestricted account fund is constantly reviewed and used to support any shortfall in essential staff costs. There is also a sum held for contingency costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05441452 (England and Wales)

Registered Charity number

1110771

Registered office

1st Floor
37 High Street
Lampeter
Ceredigion
SA48 7AW

Trustees

J THOMAS Chair
C LLWYD (resigned 19.6.2022)
M E DAVIES
M MENHENNETT
J YOUNG
A BELL (appointed 18.11.2022)
F SMART (appointed 27.7.2023)

Company Secretary

S MORRIS

Independent Examiner

LHP ACCOUNTANTS
1 NORTH ROAD
ABERAERON
Ceredigion
SA46 0JD

Approved by order of the board of trustees on 18/09/23 and signed on its behalf by:

J THOMAS - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
HOME-START CEREDIGION**

Independent examiner's report to the trustees of HOME-START CEREDIGION ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the ****ERROR - relevant professional body must be completed****, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

LHP

DALE HATFIELD

LHP ACCOUNTANTS
1 NORTH ROAD
ABERAERON
Ceredigion
SA46 0JD

Date: 18/9/2023

HOME-START CEREDIGION

STATEMENT OF FINANCIAL ACTIVITIES For The Year Ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		22,149	231,795	253,944	154,297
Other trading activities	2	-	-	-	5,695
Investment income	3	144	-	144	3
Total		<u>22,293</u>	<u>231,795</u>	<u>254,088</u>	<u>159,995</u>
EXPENDITURE ON					
Charitable activities					
Family Support		328	253,418	253,746	177,916
Other		-	1,598	1,598	(1,500)
Total		<u>328</u>	<u>255,016</u>	<u>255,344</u>	<u>176,416</u>
NET INCOME/(EXPENDITURE)		21,965	(23,221)	(1,256)	(16,421)
RECONCILIATION OF FUNDS					
Total funds brought forward		67,652	76,890	144,542	160,963
TOTAL FUNDS CARRIED FORWARD		<u>89,617</u>	<u>53,669</u>	<u>143,286</u>	<u>144,542</u>

The notes form part of these financial statements

HOME-START CEREDIGION

BALANCE SHEET
31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
CURRENT ASSETS					
Cash at bank		89,617	68,388	158,005	149,744
CREDITORS					
Amounts falling due within one year	9	-	(14,719)	(14,719)	(5,202)
NET CURRENT ASSETS		<u>89,617</u>	<u>53,669</u>	<u>143,286</u>	<u>144,542</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>89,617</u>	<u>53,669</u>	<u>143,286</u>	<u>144,542</u>
NET ASSETS		<u>89,617</u>	<u>53,669</u>	<u>143,286</u>	<u>144,542</u>
FUNDS	11				
Unrestricted funds				89,617	67,652
Restricted funds				<u>53,669</u>	<u>76,890</u>
TOTAL FUNDS				<u>143,286</u>	<u>144,542</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 18.9.2023 and were signed on its behalf by:


J THOMAS - Trustee

NOTES TO THE FINANCIAL STATEMENTS
For The Year Ended 31 March 2023

1. ACCOUNTING POLICIES**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 33% on cost
Computer equipment	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising	-	5,695
	<u> </u>	<u> </u>

3. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	144	3
	<u> </u>	<u> </u>

HOME-START CEREDIGION

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Other operating leases	<u>12,811</u>	<u>8,811</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023 8	2022 6
Family Support	<u>8</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	10,061	144,236	154,297
Other trading activities	5,695	-	5,695
Investment income	<u>3</u>	<u>-</u>	<u>3</u>
Total	<u>15,759</u>	<u>144,236</u>	<u>159,995</u>
EXPENDITURE ON			
Charitable activities			
Family Support	-	177,916	177,916
Other	<u>-</u>	<u>(1,500)</u>	<u>(1,500)</u>
Total	<u>-</u>	<u>176,416</u>	<u>176,416</u>
NET INCOME/(EXPENDITURE)	15,759	(32,180)	(16,421)
Transfers between funds	<u>206</u>	<u>(206)</u>	<u>-</u>
Net movement in funds	15,965	(32,386)	(16,421)
RECONCILIATION OF FUNDS			
Total funds brought forward	51,687	109,276	160,963
TOTAL FUNDS CARRIED FORWARD	<u>67,652</u>	<u>76,890</u>	<u>144,542</u>

HOME-START CEREDIGION

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2022 and 31 March 2023	910	2,935	3,845
DEPRECIATION			
At 1 April 2022 and 31 March 2023	910	2,935	3,845
NET BOOK VALUE			
At 31 March 2023	-	-	-
At 31 March 2022	-	-	-

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Bank loans and overdrafts (see note 10)	-	2,204
Accrued expenses	14,719	2,998
	14,719	5,202

10. LOANS

An analysis of the maturity of loans is given below:

	2023 £	2022 £
Amounts falling due within one year on demand:		
Bank overdrafts	-	2,204

11. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	67,652	21,965	89,617
Restricted funds			
Big Lottery Fund	-	4,032	4,032
Lloyds TSB	23,397	(6,257)	17,140
Ceredigion Association of Voluntary Organisations	8,945	(8,945)	-
Garfield Weston Foundation	13,075	(13,075)	-
Families First	(2,751)	6,638	3,887
Home-Start UK	17,530	(5,875)	11,655
Community Foundation Wales	2,792	(797)	1,995
Henry Smith Charity	13,902	(1,499)	12,403
J & H Rausing	-	2,557	2,557
	76,890	(23,221)	53,669
TOTAL FUNDS	144,542	(1,256)	143,286

HOME-START CEREDIGION

NOTES TO THE FINANCIAL STATEMENTS - continued For The Year Ended 31 March 2023

11. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	22,293	(328)	21,965
Restricted funds			
Big Lottery Fund	99,999	(95,967)	4,032
Lloyds TSB	27,251	(33,508)	(6,257)
Ceredigion Association of Voluntary Organisations	-	(8,945)	(8,945)
Garfield Weston Foundation	-	(13,075)	(13,075)
Families First	58,094	(51,456)	6,638
Home-Start UK	3,249	(9,124)	(5,875)
Community Foundation Wales	5,001	(5,798)	(797)
Henry Smith Charity	34,951	(36,450)	(1,499)
J & H Rausing	3,250	(693)	2,557
	<u>231,795</u>	<u>(255,016)</u>	<u>(23,221)</u>
TOTAL FUNDS	<u>254,088</u>	<u>(255,344)</u>	<u>(1,256)</u>

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	51,687	15,759	206	67,652
Restricted funds				
Big Lottery Fund	75,388	(75,388)	-	-
Lloyds TSB	-	23,397	-	23,397
Ceredigion Association of Voluntary Organisations	-	8,945	-	8,945
Garfield Weston Foundation	15,040	(1,965)	-	13,075
Families First	3,480	(6,231)	-	(2,751)
Home-Start UK	11,188	6,342	-	17,530
Children in Need	1,590	(1,590)	-	-
Lampeter Town Council	8	-	(8)	-
Wales Covid Resilience Fund	198	-	(198)	-
Betty Lawes Foundation	2,384	(2,384)	-	-
Community Foundation Wales	-	2,792	-	2,792
Henry Smith Charity	-	13,902	-	13,902
	<u>109,276</u>	<u>(32,180)</u>	<u>(206)</u>	<u>76,890</u>
TOTAL FUNDS	<u>160,963</u>	<u>(16,421)</u>	<u>-</u>	<u>144,542</u>

HOME-START CEREDIGION

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

11. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	15,759	-	15,759
Restricted funds			
Big Lottery Fund	46,128	(121,516)	(75,388)
Lloyds TSB	25,000	(1,603)	23,397
Ceredigion Association of Voluntary Organisations	11,449	(2,504)	8,945
Garfield Weston Foundation	(1)	(1,964)	(1,965)
Families First	29,000	(35,231)	(6,231)
Home-Start UK	10,460	(4,118)	6,342
Children in Need	-	(1,590)	(1,590)
Betty Lawes Foundation	-	(2,384)	(2,384)
Community Foundation Wales	5,000	(2,208)	2,792
Henry Smith Charity	17,200	(3,298)	13,902
	<u>144,236</u>	<u>(176,416)</u>	<u>(32,180)</u>
TOTAL FUNDS	<u>159,995</u>	<u>(176,416)</u>	<u>(16,421)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	51,687	37,724	206	89,617
Restricted funds				
Big Lottery Fund	75,388	(71,356)	-	4,032
Lloyds TSB	-	17,140	-	17,140
Garfield Weston Foundation	15,040	(15,040)	-	-
Families First	3,480	407	-	3,887
Home-Start UK	11,188	467	-	11,655
Children in Need	1,590	(1,590)	-	-
Lampeter Town Council	8	-	(8)	-
WAles Covid Resilience Fund	198	-	(198)	-
Betty Lawes Foundation	2,384	(2,384)	-	-
Community Foundation Wales	-	1,995	-	1,995
Henry Smith Charity	-	12,403	-	12,403
J & H Rausing	-	2,557	-	2,557
	<u>109,276</u>	<u>(55,401)</u>	<u>(206)</u>	<u>53,669</u>
TOTAL FUNDS	<u>160,963</u>	<u>(17,677)</u>	<u>-</u>	<u>143,286</u>

HOME-START CEREDIGION

NOTES TO THE FINANCIAL STATEMENTS - continued For The Year Ended 31 March 2023

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	38,052	(328)	37,724
Restricted funds			
Big Lottery Fund	146,127	(217,483)	(71,356)
Lloyds TSB	52,251	(35,111)	17,140
Ceredigion Association of Voluntary Organisations	11,449	(11,449)	-
Garfield Weston Foundation	(1)	(15,039)	(15,040)
Families First	87,094	(86,687)	407
Home-Start UK	13,709	(13,242)	467
Children in Need	-	(1,590)	(1,590)
Betty Lawes Foundation	-	(2,384)	(2,384)
Community Foundation Wales	10,001	(8,006)	1,995
Henry Smith Charity	52,151	(39,748)	12,403
J & H Rausing	3,250	(693)	2,557
	<u>376,031</u>	<u>(431,432)</u>	<u>(55,401)</u>
TOTAL FUNDS	<u>414,083</u>	<u>(431,760)</u>	<u>(17,677)</u>

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

HOME-START CEREDIGION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31 March 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	7,300	3,110
Grants	231,794	144,237
Management fees	14,850	6,950
	<u>253,944</u>	<u>154,297</u>
Other trading activities		
Fundraising	-	5,695
Investment income		
Deposit account interest	144	3
	<u>254,088</u>	<u>159,995</u>
Total incoming resources		
EXPENDITURE		
Charitable activities		
Wages	155,047	109,180
Rent	12,811	8,811
Travel expenses	8,038	-
Insurance	899	960
Volunteer and scheme expenses (inc travel)	2,862	8,182
Training & courses	3,865	553
Support groups	18,553	8,007
Family hygiene & food poverty	6,606	-
Funded Capital expenditure	24,532	-
Caerphilly share of grant	-	15,109
	<u>233,213</u>	<u>150,802</u>
Support costs		
Management		
Office expenses	14,403	14,834
Tig Fee	2,880	3,170
Consultancy	3,250	6,050
	<u>20,533</u>	<u>24,054</u>
Finance		
Bank charges	98	-
Governance costs		
Accountancy and legal fees	1,500	1,560
	<u>255,344</u>	<u>176,416</u>
Total resources expended		
Net expenditure	<u>(1,256)</u>	<u>(16,421)</u>

REGISTERED COMPANY NUMBER: 05441452 (England and Wales)
REGISTERED CHARITY NUMBER: 1110771

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
HOME-START CEREDIGION

LHP ACCOUNTANTS
1 NORTH ROAD
ABERAERON
Ceredigion
SA46 0JD

HOME-START CEREDIGION

CONTENTS OF THE FINANCIAL STATEMENTS For The Year Ended 31 March 2023

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Report of the Trustees	1
Independent Examiner's Report	2
Statement of Financial Activities	3
Balance Sheet	4
Notes to the Financial Statements	5 to 10
Detailed Statement of Financial Activities	11

HOME-START CEREDIGION

REPORT OF THE TRUSTEES For The Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

FINANCIAL REVIEW

Reserves policy

Based on a realistic assessment of the reserves needed the trustees consider that the appropriate level of free reserves is 20% of annual expenditure. This is based on the following considerations :-

- a) the need to provide for potential redundancy expenses in case of a disruption to funding
- b) to provide for any shortfall in funds generated to cover the costs of running the scheme
- c) to protect against unforeseen events

The trustees consider that at present a contingency reserve of £20,000 is required.

Monies held in the unrestricted account fund is constantly reviewed and used to support any shortfall in essential staff costs. There is also a sum held for contingency costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05441452 (England and Wales)

Registered Charity number

1110771

Registered office

1st Floor
37 High Street
Lampeter
Ceredigion
SA48 7AW

Trustees

J THOMAS Chair
C LLWYD (resigned 19.6.2022)
M E DAVIES
M MENHENNETT
J YOUNG
A BELL (appointed 18.11.2022)
F SMART (appointed 27.7.2023)

Company Secretary

S MORRIS

Independent Examiner

LHP ACCOUNTANTS
1 NORTH ROAD
ABERAERON
Ceredigion
SA46 0JD

Approved by order of the board of trustees on 18/09/23 and signed on its behalf by:

J THOMAS - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
HOME-START CEREDIGION**

Independent examiner's report to the trustees of HOME-START CEREDIGION ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the ****ERROR - relevant professional body must be completed****, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

LHP

DALE HATFIELD

LHP ACCOUNTANTS
1 NORTH ROAD
ABERAERON
Ceredigion
SA46 0JD

Date: 18/9/2023

HOME-START CEREDIGION

STATEMENT OF FINANCIAL ACTIVITIES For The Year Ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		22,149	231,795	253,944	154,297
Other trading activities	2	-	-	-	5,695
Investment income	3	144	-	144	3
Total		<u>22,293</u>	<u>231,795</u>	<u>254,088</u>	<u>159,995</u>
EXPENDITURE ON					
Charitable activities					
Family Support		328	253,418	253,746	177,916
Other		-	1,598	1,598	(1,500)
Total		<u>328</u>	<u>255,016</u>	<u>255,344</u>	<u>176,416</u>
NET INCOME/(EXPENDITURE)		21,965	(23,221)	(1,256)	(16,421)
RECONCILIATION OF FUNDS					
Total funds brought forward		67,652	76,890	144,542	160,963
TOTAL FUNDS CARRIED FORWARD		<u>89,617</u>	<u>53,669</u>	<u>143,286</u>	<u>144,542</u>

The notes form part of these financial statements

HOME-START CEREDIGION

BALANCE SHEET
31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
CURRENT ASSETS					
Cash at bank		89,617	68,388	158,005	149,744
CREDITORS					
Amounts falling due within one year	9	-	(14,719)	(14,719)	(5,202)
NET CURRENT ASSETS		<u>89,617</u>	<u>53,669</u>	<u>143,286</u>	<u>144,542</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>89,617</u>	<u>53,669</u>	<u>143,286</u>	<u>144,542</u>
NET ASSETS		<u>89,617</u>	<u>53,669</u>	<u>143,286</u>	<u>144,542</u>
FUNDS	11				
Unrestricted funds				89,617	67,652
Restricted funds				<u>53,669</u>	<u>76,890</u>
TOTAL FUNDS				<u>143,286</u>	<u>144,542</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 18.9.2023 and were signed on its behalf by:


J THOMAS - Trustee

HOME-START CEREDIGION

NOTES TO THE FINANCIAL STATEMENTS For The Year Ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 33% on cost
Computer equipment	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising	-	5,695
	<u> </u>	<u> </u>

3. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	144	3
	<u> </u>	<u> </u>

HOME-START CEREDIGION

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Other operating leases	<u>12,811</u>	<u>8,811</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023 8	2022 6
Family Support	<u>8</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	10,061	144,236	154,297
Other trading activities	5,695	-	5,695
Investment income	<u>3</u>	<u>-</u>	<u>3</u>
Total	<u>15,759</u>	<u>144,236</u>	<u>159,995</u>
EXPENDITURE ON			
Charitable activities			
Family Support	-	177,916	177,916
Other	<u>-</u>	<u>(1,500)</u>	<u>(1,500)</u>
Total	<u>-</u>	<u>176,416</u>	<u>176,416</u>
NET INCOME/(EXPENDITURE)	15,759	(32,180)	(16,421)
Transfers between funds	<u>206</u>	<u>(206)</u>	<u>-</u>
Net movement in funds	15,965	(32,386)	(16,421)
RECONCILIATION OF FUNDS			
Total funds brought forward	51,687	109,276	160,963
TOTAL FUNDS CARRIED FORWARD	<u>67,652</u>	<u>76,890</u>	<u>144,542</u>

HOME-START CEREDIGION

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2022 and 31 March 2023	910	2,935	3,845
DEPRECIATION			
At 1 April 2022 and 31 March 2023	910	2,935	3,845
NET BOOK VALUE			
At 31 March 2023	-	-	-
At 31 March 2022	-	-	-

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Bank loans and overdrafts (see note 10)	-	2,204
Accrued expenses	14,719	2,998
	14,719	5,202

10. LOANS

An analysis of the maturity of loans is given below:

	2023 £	2022 £
Amounts falling due within one year on demand:		
Bank overdrafts	-	2,204

11. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	67,652	21,965	89,617
Restricted funds			
Big Lottery Fund	-	4,032	4,032
Lloyds TSB	23,397	(6,257)	17,140
Ceredigion Association of Voluntary Organisations	8,945	(8,945)	-
Garfield Weston Foundation	13,075	(13,075)	-
Families First	(2,751)	6,638	3,887
Home-Start UK	17,530	(5,875)	11,655
Community Foundation Wales	2,792	(797)	1,995
Henry Smith Charity	13,902	(1,499)	12,403
J & H Rausing	-	2,557	2,557
	76,890	(23,221)	53,669
TOTAL FUNDS	144,542	(1,256)	143,286

HOME-START CEREDIGION

NOTES TO THE FINANCIAL STATEMENTS - continued For The Year Ended 31 March 2023

11. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	22,293	(328)	21,965
Restricted funds			
Big Lottery Fund	99,999	(95,967)	4,032
Lloyds TSB	27,251	(33,508)	(6,257)
Ceredigion Association of Voluntary Organisations	-	(8,945)	(8,945)
Garfield Weston Foundation	-	(13,075)	(13,075)
Families First	58,094	(51,456)	6,638
Home-Start UK	3,249	(9,124)	(5,875)
Community Foundation Wales	5,001	(5,798)	(797)
Henry Smith Charity	34,951	(36,450)	(1,499)
J & H Rausing	3,250	(693)	2,557
	<u>231,795</u>	<u>(255,016)</u>	<u>(23,221)</u>
TOTAL FUNDS	<u>254,088</u>	<u>(255,344)</u>	<u>(1,256)</u>

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	51,687	15,759	206	67,652
Restricted funds				
Big Lottery Fund	75,388	(75,388)	-	-
Lloyds TSB	-	23,397	-	23,397
Ceredigion Association of Voluntary Organisations	-	8,945	-	8,945
Garfield Weston Foundation	15,040	(1,965)	-	13,075
Families First	3,480	(6,231)	-	(2,751)
Home-Start UK	11,188	6,342	-	17,530
Children in Need	1,590	(1,590)	-	-
Lampeter Town Council	8	-	(8)	-
Wales Covid Resilience Fund	198	-	(198)	-
Betty Lawes Foundation	2,384	(2,384)	-	-
Community Foundation Wales	-	2,792	-	2,792
Henry Smith Charity	-	13,902	-	13,902
	<u>109,276</u>	<u>(32,180)</u>	<u>(206)</u>	<u>76,890</u>
TOTAL FUNDS	<u>160,963</u>	<u>(16,421)</u>	<u>-</u>	<u>144,542</u>

HOME-START CEREDIGION

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

11. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	15,759	-	15,759
Restricted funds			
Big Lottery Fund	46,128	(121,516)	(75,388)
Lloyds TSB	25,000	(1,603)	23,397
Ceredigion Association of Voluntary Organisations	11,449	(2,504)	8,945
Garfield Weston Foundation	(1)	(1,964)	(1,965)
Families First	29,000	(35,231)	(6,231)
Home-Start UK	10,460	(4,118)	6,342
Children in Need	-	(1,590)	(1,590)
Betty Lawes Foundation	-	(2,384)	(2,384)
Community Foundation Wales	5,000	(2,208)	2,792
Henry Smith Charity	17,200	(3,298)	13,902
	<u>144,236</u>	<u>(176,416)</u>	<u>(32,180)</u>
TOTAL FUNDS	<u>159,995</u>	<u>(176,416)</u>	<u>(16,421)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	51,687	37,724	206	89,617
Restricted funds				
Big Lottery Fund	75,388	(71,356)	-	4,032
Lloyds TSB	-	17,140	-	17,140
Garfield Weston Foundation	15,040	(15,040)	-	-
Families First	3,480	407	-	3,887
Home-Start UK	11,188	467	-	11,655
Children in Need	1,590	(1,590)	-	-
Lampeter Town Council	8	-	(8)	-
Wales Covid Resilience Fund	198	-	(198)	-
Betty Lawes Foundation	2,384	(2,384)	-	-
Community Foundation Wales	-	1,995	-	1,995
Henry Smith Charity	-	12,403	-	12,403
J & H Rausing	-	2,557	-	2,557
	<u>109,276</u>	<u>(55,401)</u>	<u>(206)</u>	<u>53,669</u>
TOTAL FUNDS	<u>160,963</u>	<u>(17,677)</u>	<u>-</u>	<u>143,286</u>

HOME-START CEREDIGION

NOTES TO THE FINANCIAL STATEMENTS - continued For The Year Ended 31 March 2023

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	38,052	(328)	37,724
Restricted funds			
Big Lottery Fund	146,127	(217,483)	(71,356)
Lloyds TSB	52,251	(35,111)	17,140
Ceredigion Association of Voluntary Organisations	11,449	(11,449)	-
Garfield Weston Foundation	(1)	(15,039)	(15,040)
Families First	87,094	(86,687)	407
Home-Start UK	13,709	(13,242)	467
Children in Need	-	(1,590)	(1,590)
Betty Lawes Foundation	-	(2,384)	(2,384)
Community Foundation Wales	10,001	(8,006)	1,995
Henry Smith Charity	52,151	(39,748)	12,403
J & H Rausing	3,250	(693)	2,557
	<u>376,031</u>	<u>(431,432)</u>	<u>(55,401)</u>
TOTAL FUNDS	<u>414,083</u>	<u>(431,760)</u>	<u>(17,677)</u>

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

HOME-START CEREDIGION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31 March 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	7,300	3,110
Grants	231,794	144,237
Management fees	14,850	6,950
	<u>253,944</u>	<u>154,297</u>
Other trading activities		
Fundraising	-	5,695
Investment income		
Deposit account interest	144	3
	<u>254,088</u>	<u>159,995</u>
Total incoming resources		
EXPENDITURE		
Charitable activities		
Wages	155,047	109,180
Rent	12,811	8,811
Travel expenses	8,038	-
Insurance	899	960
Volunteer and scheme expenses (inc travel)	2,862	8,182
Training & courses	3,865	553
Support groups	18,553	8,007
Family hygiene & food poverty	6,606	-
Funded Capital expenditure	24,532	-
Caerphilly share of grant	-	15,109
	<u>233,213</u>	<u>150,802</u>
Support costs		
Management		
Office expenses	14,403	14,834
Tig Fee	2,880	3,170
Consultancy	3,250	6,050
	<u>20,533</u>	<u>24,054</u>
Finance		
Bank charges	98	-
Governance costs		
Accountancy and legal fees	1,500	1,560
	<u>255,344</u>	<u>176,416</u>
Total resources expended		
Net expenditure	<u>(1,256)</u>	<u>(16,421)</u>

