

Relationships Derby

England & Wales · Charity number 1110768

Details

Other names RELATE DERBY AND SOUTHERN DERBYSHIRE

Status Registered

Legal form Charitable company

Company number [04980776](#)

Registered 2005-08-08

Register [View on the Charity Commission register](#)

Contact

Address 3 Wentworth House
Vernon Gate
Derby
DE1 1UR

Phone 01332 349177

Email ceo@relationshipsderby.org.uk

Website www.relationshipsderby.org.uk

Activities

Objects: 1. TO EDUCATE THE PUBLIC CONCERNING THE BENEFITS OF SECURE COUPLE RELATIONSHIPS, MARRIAGE AND FAMILY LIFE IN ORDER TO IMPROVE THE EMOTIONAL, SEXUAL AND SPIRITUAL WELL-BEING OF INDIVIDUALS WHICH IS DERIVED FROM COMMITTED RELATIONSHIPS;2 TO SEEK TO ENHANCE, THE GOOD HEALTH, BOTH MENTAL AND PHYSICAL, OF ADULTS AND CHILDREN BY:2.1 INCREASING PUBLIC AWARENESS OF THE BENEFIT OF COMMITTED COUPLE RELATIONSHIPS, MARRIAGE, AND FAMILY LIFE; AND2.2 WORKING TO PREVENT POVERTY, HARDSHIP AND DISTRESS CAUSED BY THEBREAKDOWN OF SUCH RELATIONSHIPS;3 TO PROVIDE COUNSELLING, ADVICE, EDUCATION, GUIDANCE AND RELIEF TO ADULTS AND/OR CHILDREN IN RELATION TO ANY ASPECT OF CONTEMPORARY LIFE OR WORK WHICH:3.1 MAY PREJUDICE THEIR PHYSICAL OR MENTAL WELL BEING; OR3.2 INFLUENCE, EITHER DIRECTLY OR INDIRECTLY, THEIR PRESENT OR FUTURE FAMILY OR COUPLE RELATIONSHIP;4 TO RELIEVE THOSE IN NEED BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE; AND5 TO PROMOTE RESEARCH INTO ALL OF THE ABOVE OBJECTS AND TO MAKE THE RESULTS AVAILABLE TO THE PUBLIC.

Activities: Couple, family, sexual and young peoples counselling

Classification

- **How:** Provides Services
- **What:** Other Charitable Purposes
- **Who:** Children/young People, The General Public/mankind

Geography

- **Area of benefit:** DERBY AND SOUTHERN DERBYSHIRE.
- Derby City
- Derbyshire
- Staffordshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£333,327	£317,655	-	-
2024-03-31	£252,860	£329,488	-	-
2023-03-31	£297,111	£355,655	-	-
2022-03-31	£328,356	£388,156	-	-
2021-03-31	£512,998	£464,034	£732,905	26

Trustees

Name	Role	Appointed
Melanie King	Chair	2025-01-02
Eleanor Haworth		2022-12-14
Helen Christine MacDonald		2025-02-11
Stephen Michael Bradder		2022-12-14

Accounts

Charity number: 1110768
Company number: 04980776
(England and Wales)

Relationships Derby

Report of the Trustees and Unaudited Financial Statements

For the year ended 31 March 2025

Relationships Derby
Contents Page
For the year ended 31 March 2025

Report of the Trustees	1 to 5
Independent Examiner's Report to the Trustees	6
Statement of Financial Activities	7
Statement of Financial Position	8
Notes to the Financial Statements	9 to 13
Detailed Statement of Financial Activities	14 to 15

Relationships Derby
Report of the Trustees
For the year ended 31 March 2025

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements for the charitable company for the year ended 31 March 2025. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2019).

Chair's report

The Trustees, who are also directors for the purposes of company law, present their report and the financial statements for the charitable company for the year ended 31 March 2025. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2019).

Chair's Report

We are an established local provider of counselling, information, and support to individuals, couples, children and families, regardless of age, ethnicity, cultural background, sexual orientation, gender, or disability. As an independent Federated Charity we have worked closely with Relate National to deliver our mutual vision until their assets and contracts were acquired (for financial reasons) by Family Action, a national charity in December 2024. As a separate Federated charity, amongst others in the Federation group, the decision was taken to remain separate from 'Relate at Family Action,' the new organisation, for financial and other reasons. A group of previous Relate Federation centres formed a consortium under the new name of 'Relationships England and Wales' and our Derby & South Derbyshire centre joined this group for marketing and other shared services going forward. Obviously this major change to the national picture affected all of the federated centres, national contracts and the branding of the organisation nationally and locally during the last quarter of the financial year.

During this financial year we set an aspirational budget, to reduce the losses from the previous year and progress in strengthening our income plan with a slight surplus forecast. Our reserves were assessed and alongside a reduction in expenses, natural wastage of contracted counsellors and some rental income we felt able to achieve this.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's Objectives and aims are to:

- Educate the public concerning the benefits of secure couple relationships, marriage, and family life to improve the emotional, sexual and spiritual well-being of individuals which is derived from committed relationships.
- Provide counselling, advice, education, guidance, and relief to adults and/or children in relation to any aspects of contemporary life or work which may prejudice their physical or mental well-being or influence, either directly or indirectly, their present or future family or couple relationships.
- Seek to enhance the good health, both mental and physical, of adults and children by increasing public awareness of the benefit of committed couple relationships, marriage, family life and working to prevent poverty, hardship and distress caused by the breakdown of such relationships.
- Advance citizenship and community development.
- Relieve those in need by reason of youth, age, ill-health, disability, financial hardship, or other disadvantages.
- Promote research into all the above objectives and to make the results available to the public.

Statement on public benefit

We have referred to the guidance contained in the Charity Commissions general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Volunteers

We remain incredibly grateful to our staff and volunteers, not just for the exceptional skills, qualifications, and experience that they bring, but also for their continued commitment to Relate's work. We particularly wish to thank our entire team for their support, positivity, and commitment as we have returned to providing face-to-face counselling, giving the clients the choice of how they receive their counselling.

Relationships Derby
Report of the Trustees Continued
For the year ended 31 March 2025

ACHIEVEMENTS AND PERFORMANCE

Significant activities

During 2024/25 our priorities focused on recovery to pre-pandemic operating levels and developing our services, our priorities included:

- Continuing to improve our recruitment and retention of staff in order to deliver our services in a cost effective way.
- Improve our marketing to ensure our counselling capacity is matched by demand for services by local people
- Developing and training existing and new counsellors to assist with recruitment and development of the service
- Reviewing our operating processes and procedures to increase the utilisation of our existing counselling capacity and assets
- Increasing our non-client related income through the lease of unused accommodation, room rental and through securing grants and donations where possible

The qualifications and experience to provide counselling for some of the specialist services that the organisation provides means that we continually need to review our approach. We are now providing opportunities for qualified counsellors to work with us while they further enhance their skills and qualifications to the level required so that they can work in these specialist services including same sex couples and psychosexual therapy.

We continued to provide counselling for IAPT (Improving Access to Psychological Therapies) with clients able to access remote counselling. Commissioners are currently retendering this service, and our current contract finished in June 2025.

Relationship counselling remains a core service offered to clients with the Centre offering appointments between 9am and 9pm, Monday to Friday, 9am to 5pm on Fridays. We continue to provide the choice of remote counselling but there remains a greater demand for Face-to-face counselling. We endeavor to be flexible to meet the varying needs of our clients. All clients have an assessment appointment and are offered on-going counselling if they wish to continue. Waiting times are monitored and every effort is made to keep these as low as possible. The service still covers Derby City, Southern Derbyshire, and East Staffordshire.

We reviewed the approach to children's work and agreed that it remains a valuable part of our service, and we continue to deliver children and young people's counselling through self-pay or under direct contracts with local schools and commissioners. We have maintained contracts with 3 schools.

We continue to work collaboratively with independent 'Relationships England & Wales Centers' via regular briefings and meetings, including partnership work on marketing and voluntary sector collaboration. WE also maintain contact with the new Relate at Family Action in the hope that there will be opportunities to support national contracts in the future.

FINANCIAL REVIEW

Significant events

The Trustees were mindful of the level of reserves however reduced costs enabled us to reduce losses and the rental income supported this objective.

We continue to strengthen our marketing, communications, and PR, including a new website which then needed to be re-branded following the Relate National changes and our new branding as Relationships Derby.

Total incoming resources increased in the year from £252,859 to £333,327. Resources expended decreased in the year from £329,486 to £317,655. The net deficit was changed to a surplus of £15,672. In excess of our budgeted plan.

The charity had funds carried forward at 31 March 2025 of £553,605 of which £Nil are restricted funds. Readily available cash has increased from £119,140 to £140,641 (including debtors) during the year.

Relationships Derby
Report of the Trustees Continued
For the year ended 31 March 2025

Reserves

Reserves policy funds are set aside for restricted reserves donated for a specific purpose, project by project, and if the sums provided for prove insufficient appropriate transfers will be made from Reserves policy funds are set aside for restricted reserves donated for a specific purpose, project by project, and if the sums provided for prove insufficient appropriate transfers will be made from unrestricted funds.

Free reserves are required to cover:

(a) The risk of redundancies, using statutory redundancy rates for the calculations.

(b) A small sum for urgent replacement or hire of capital equipment.

(c) Building up a year's reserve to cover rent and service charge should it be necessary to vacate the premises and find an alternative tenancy.

(d) The need to provide funding from our reserves to cover the costs of continuing to trade for 2 months should we be unable to continue in business.

(e) to enable the continuation of much needed services.

The trustees estimate that taking all the above into account free reserves of around £71,000 are needed. At 31 March 2025 liquid reserves amounted to £140,641 and are over the required level. In the current funding climate, the trustees feel we should hold reserves at or above the required level to secure the operation of the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 1 December 2003. The company was established under a Memorandum of Association which establishes the objects and powers of the charitable company and is governed under its Articles of Association.

Relationships Derby
Report of the Trustees Continued
For the year ended 31 March 2025

Recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and under the company's articles are known as Members of the Executive Committee. Under the requirements of the Memorandum and Articles of Association the members of the Executive Committee are elected to serve for one year renewable annually without limit.

Members have been appointed to the Board to reflect a range of skills and expertise and where possible the Board will endeavour to retain/develop these skills. In the event of skills being lost due to retirement or resignation individuals may be approached to offer themselves for election.

The Centre is now member of the Relationships England and Wales and is guided in its provision of services via agreed codes of conduct and professional obligations.

The Board regularly assesses compliance with the Charity Commission Good Governance Code and agrees to a set of actions to strengthen our governance. We review and revise our Risk Management register and approach, every six months.

Organisational structure

Relationships Derby and Southern Derbyshire has a current Executive Committee of four members who meet seven or eight times a year and are responsible for the strategic direction. These meetings continued throughout the year. Responsibility for the day-to-day provision of services is delegated to the Managing Director.

The Managing Director represents the local Centre on several forums including suicide prevention, children and adults' mental health forums and Relate Nation/Relationships England and Wales Management meetings.

.

Induction and training of new trustees

Trustees to meet the team and Trustees, to visit the Centre and to understand the workings of the organisation. New members are recruited via a formal external process, then invited to attend an initial meeting, and are provided with an induction pack before making the decision to join the Board.

Pay Policy for senior staff

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2023

Total key management personnel remuneration was £86,666. For the year ended 31 March 2024 total cost was £70,696

REFERENCE AND ADMINISTRATIVE INFORMATION

Name of Charity	Relationships Derby
Charity registration number	1110768
Company registration number	04980776
Principal address	3 Wentworth House Vernon Gate Derby England DE1 1UR

Relationships Derby
Report of the Trustees Continued
For the year ended 31 March 2025

Trustees

The trustees and officers serving during the year and since the year end were as follows:

Mrs L D Prescott
(Resigned: 22 January 2025)
Ms E Haworth
Mr S M Bradder
Mr R C Baker
(Resigned: 31 March 2025)
Mrs M King
Ms V L Mackintosh
(Resigned: 26 November 2024)
Mr J D Morris
(Resigned: 24 September 2024)
Ms H C McDonald
(Appointed: 11 February 2025)

Independent examiners

Hatocan Accountancy Services
131 Burley Lane
Quarndon
Derby
DE22 5JS

Approved by the Board of Trustees and signed on its behalf by

MELANIE KING

04 December 2025

.....
Mrs M King

Relationships Derby
Independent Examiners Report to the Trustees
For the year ended 31 March 2025

I report to the trustees on my examination of the accounts of the charitable company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity Trustees, who are also directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiners statement

Since the Charitable company's gross income exceeded £250,000, your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination by virtue of my membership of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Hatocan Accountancy Services
131 Burley Lane
Quarndon
Derby
DE22 5JS

04 December 2025

Relationships Derby
Statement of Financial Activities (including Income and Expenditure Account)
For the year ended 31 March 2025

	Notes	Unrestricted funds £	2024 £
Income and endowments from:			
Donations and legacies	2	6,176	67
Charitable activities			
Schools		20,997	24,331
TMHD - IAPT		143,563	81,312
Other contract income		128,453	125,573
Charitable activities		4,957	-
Other trading activities			
Fund raising events		75	86
Room hire		29,103	21,489
Investments			
Bank interest receivable		3	-
Total		333,327	252,858
Expenditure on:			
Charitable activities			
Other contract income		(317,655)	(329,486)
Total		(317,655)	(329,486)
Other recognised gains/losses			
Gains/(losses) on revaluation of fixed assets		129,046	-
Net movement in funds		144,718	(76,628)
Reconciliation of funds			
Total funds brought forward		537,933	614,560
Total funds carried forward		682,651	537,932

Relationships Derby
Statement of Financial Position
As at 31 March 2025

	Notes	2025 £	2024 £
Fixed assets			
Tangible assets	7	550,045	430,725
		550,045	430,725
Current assets			
Debtors	8	34,819	42,420
Cash at bank and in hand		105,822	76,720
		140,641	119,140
Creditors: amounts falling due within one year	9	(8,035)	(11,933)
Net current assets		132,606	107,207
Total assets less current liabilities		682,651	537,932
Net assets		682,651	537,932
The funds of the charity			
Unrestricted income funds	10	682,651	537,932
Total funds		682,651	537,932

For the year ended 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the Board and signed on its behalf by:

MELANIE KING

Mrs M King
Trustee

04 December 2025

Relationships Derby
Notes to the Financial Statements
For the year ended 31 March 2025

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Relationships Derby meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Statement of cash flows

The Trustees have taken advantage of the exemption in SORP FRS 102 from including a cash flow statement in the financial statements on the grounds that the charitable company is small.

Funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Designated funds represent monies set aside by the trustees to cover unexpected cash flow deficits, or unexpected unavoidable costs in order to be able to discharge the Charity's objectives effectively.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Incoming resources

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income received by way of grants is recognised in full when there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity had unconditional entitlement.

In the case of contracts with customers, income is deferred to distribute the revenue over the life of the contract.

Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and appointment of costs

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Relationships Derby
Notes to the Financial Statements Continued
For the year ended 31 March 2025

Tangible fixed assets

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

The Freehold property has been independently valued at 31st March 2025.

Land and Buildings	2% Per annum on cost
Fixtures and Fittings	25% per annum on cost

Debtors

Short term debtors are measured at transaction price less an impairment.

Pensions

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Creditors

Short term creditors are measured at transaction price.

Change of name

On the 2nd June 2025 Relate derby and souther derbyshire changed the company name to Relationships Derby Ltd

2. Income from donations and legacies

	2025 £	2024 £
Unrestricted funds		
Donations received	6,176	67
	<u>6,176</u>	<u>67</u>

3. Other resources expended

Related Party Disclosure

The Charity engaged in the following related party transactions during the year:

£10,751 was paid to Relate South Yorkshire for their services

£3,839 was paid to Family Action for their services

£1,447 was paid to Relate Contracts Team for their services

4. Staff costs and emoluments

the average number of employees, including key management personnell was 12 (2024: 16)

Relationships Derby
Notes to the Financial Statements Continued
For the year ended 31 March 2025

6. Comparative for the Statement of Financial Activities

The comparative year values on the Statement of Financial Activities are for unrestricted funds.

7. Tangible fixed assets

Cost or valuation	Land and Buildings	Fixtures and Fittings	Total
	£	£	£
At 01 April 2024	484,171	15,094	499,265
Revaluations	129,046	-	129,046
At 31 March 2025	613,217	15,094	628,311
Depreciation			
At 01 April 2024	53,534	15,005	68,539
Charge for year	9,683	44	9,727
At 31 March 2025	63,217	15,049	78,266
Net book values			
At 31 March 2025	550,000	45	550,045
At 31 March 2024	430,637	89	430,726

The charitable company had an independent valuation, which provided a valuation of £550,000. The valuation was undertaken by Salloway Property Consultants Limited.

8. Debtors

	2025	2024
	£	£
Amounts due within one year:		
Trade debtors	4,025	29,825
Prepayments and accrued income	30,794	12,595
	34,819	42,420

9. Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	1,969	2,543
Other creditors	914	4,270
Accruals and deferred income	5,152	5,120
	8,035	11,933

Relationships Derby
Notes to the Financial Statements Continued
For the year ended 31 March 2025

10. Movement in funds

Unrestricted Funds

	Balance at 01/04/2024 £	Incoming resources £	Outgoing resources £	Gains and losses £	Balance at 31/03/2025 £
<i>General</i>					
Unrestricted funds	537,933	333,327	(317,655)	129,046	682,651
	537,933	333,327	(317,655)	129,046	682,651

Unrestricted Funds - Previous year

	Balance at 01/04/2023 £	Incoming resources £	Outgoing resources £	Gains and losses £	Balance at 31/03/2024 £
<i>General</i>					
Unrestricted funds	614,560	252,858	(329,486)	-	537,932
	614,560	252,858	(329,486)	-	537,932

Purpose of unrestricted Funds

Unrestricted funds

Reserves policy Funds are set aside for restricted reserves donated for a specific purpose, project by project and if the sums provided for prove insufficient appropriate transfers will be made from unrestricted funds.

11. Analysis of net assets between funds

	Tangible fixed assets £	Net current assets / (liabilities) £	Net Assets £
Unrestricted funds			
<i>General</i>			
Unrestricted funds	550,045	132,606	682,651
	550,045	132,606	682,651

Relationships Derby
Notes to the Financial Statements Continued
For the year ended 31 March 2025

Previous year

	Tangible fixed assets	Net current assets / (liabilities)	Net Assets
	£	£	£
Unrestricted funds			
<i>General</i>			
Unrestricted funds	430,725	107,207	537,932
	430,725	107,207	537,932

Relationships Derby
Detailed Statement of Financial Activities
For the year ended 31 March 2025

	2025 £	2024 £
INCOME AND ENDOWMENT		
Donations and legacies		
Donations	6,176	67
	6,176	67
Charitable activities		
Schools (Schools)	20,997	24,331
Contract Work (Tmhd - Iapt)	143,563	81,312
Contract Work (Other Contract Income)	14,960	7,915
Income From Charitable Activities (Other Contract Income)	113,493	117,658
Grants (Charitable Activities)	4,957	-
	297,970	231,216
Other trading activities		
Social Lotteries	75	86
Income From Room Hire	29,103	11,664
Room Hire	-	9,825
	29,178	21,575
Investments		
Bank Interest Receivable	3	-
	3	-
Total incoming resources	333,327	252,858
EXPENDITURE		
Charitable activities		
Staff Costs - Wages & Salaries (Other Contract Income)	(64,653)	(47,286)
Staff Costs - Social Security Costs (Other Contract Income)	(1,831)	(45,095)
Staff Costs - Pension Contributions (Other Contract Income)	(749)	(609)
Accountancy And Legal Fees (Other Contract Income)	(19,394)	(20,836)
Advertising (Other Contract Income)	(182)	(3,222)
Cleaning, Security And Repairs (Other Contract Income)	(5,569)	(7,358)
Computer Expenses (Other Contract Income)	(3,378)	(3,832)
Freehold Property (Other Contract Income)	(9,683)	(9,683)
Insurance (Other Contract Income)	(3,667)	(3,192)
Light And Heat (Other Contract Income)	(8,462)	(6,499)
Management And Admin Costs (Other Contract Income)	(131,212)	(118,385)
Office Equipment (Other Contract Income)	(1,607)	(1,560)
Operational Support (Other Contract Income)	(10,237)	(14,951)
Pensions (Other Contract Income)	(2,239)	(2,896)
Plant And Machinery (Other Contract Income)	(45)	-
Postage And Stationery (Other Contract Income)	(521)	(805)
Professional Fees (Other Contract Income)	(4,353)	(7,520)
Rates And Water (Other Contract Income)	(6,592)	(6,186)

Relationships Derby
Detailed Statement of Financial Activities Continued
For the year ended 31 March 2025

Recruitment Fees (Other Contract Income)	(226)	(1,306)
Room Hire (Other Contract Income)	-	(54)
Social Security (Other Contract Income)	(8,086)	(6,561)
Sub-Contracted Counselling (Other Contract Income)	(20,435)	(7,875)
Sundries (Other Contract Income)	(2,883)	(4,030)
Supervision And Moderation Costs (Other Contract Income)	(1,840)	(1,545)
Telephone (Other Contract Income)	(2,880)	(5,397)
Training (Other Contract Income)	(90)	(1,803)
Website Costs (Other Contract Income)	(5,841)	-
	(316,655)	(328,486)
SUPPORT COSTS		
Auditors' remuneration		
Auditors' Remuneration (Other Contract Income)	(1,000)	(1,000)
	(1,000)	(1,000)
Total resources expended	(317,655)	(329,486)
NET INCOME BEFORE GAINS AND LOSSES		
Other recognised gains and losses		
Gains/(Loss) On Revaluation Of Tangible Fixed Assets For Charity'S Own Use	129,046	-
	129,046	-
Net income before gains and losses	129,046	-
Net Income	144,718	(76,628)

Signed By

MELANIE KING

Date Signed 2025-12-08 12:45:11

Printed Name MELANIE KING

Name of signatory Melanie King

Accounts

Charity number: 1110768
Company number: 04980776
(England and Wales)

Relate Derby And Southern Derbyshire
Report of the Trustees and Unaudited Financial Statements
For the year ended 31 March 2024

Relate Derby And Southern Derbyshire
Contents Page
For the year ended 31 March 2024

Report of the Trustees	1 to 6
Independent Examiner's Report to the Trustees	7
Statement of Financial Activities	8
Statement of Financial Position	9
Notes to the Financial Statements	10 to 16
Detailed Statement of Financial Activities	17 to 18

Relate Derby And Southern Derbyshire
Report of the Trustees
For the year ended 31 March 2024

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements for the charitable company for the year ended 31 March 2024. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2019).

Chair's report

We are an important local provider of counselling services providing, counselling, information, and support to individuals, couples, children, and families regardless of age, ethnicity, cultural background, sexual orientation, gender, or disability. As an independent Federated Charity we work closely with National Relate in our mutual vision where healthy relationships are actively promoted as the heart of a thriving society.

In 2023/24 we reluctantly had to set a further deficit budget, although this had reduced from the previous year. This reduction reflected success in reducing our underlying deficit and progress in strengthening our recovery plan. Our reserves enabled us to do this, and we saw no alternative, however as a Board we were conscious that we needed to invest to ensure delivery of the plan and included the cost of an additional management post to support that. In addition, our Living with Autism contract finished as commissioners decided on a new model of provision for people with autism. This created an additional cost pressure. 2023/24 saw the full year impact of the pay uplift we agreed in September 2022, and we felt this would help in addressing our recruitment and retention issues. We had also assessed our physical estate and reorganised our space utilisation to lease the top floor of our building to gain additional income.

During this year we experienced a number of non-recurrent pressures, these were exceptional items which had not been accounted for in our budget, they do not affect our recurrent underlying deficit, but impact our reserves. Although we improved our recruitment of new counsellors we continued to experience problems with the retention of staff. This meant we were unable to deliver the volume of activity and thus the income expected in our plans, this together with our non-recurrent pressures mean we have to post a significant in year deficit. The cost-of-living crisis continued to impact our operating costs and offset the benefit of the savings we delivered through efficiency and cost control.

In 2023 we saw a further change to the senior leadership team with Shona Ramshall joining us in October 2023 as Charity Services Manager, to increase our management capacity, sadly we were unable to recruit before that date and despite our best efforts we have been unable to recruit to our clinical supervisor role which meant our Managing Director was working single handedly for a further year. We are hugely grateful for the energy and commitment she shows in leading the organisation in these challenging times.

In October 2023 we were able to hold a further Centre Day, although held on a Saturday attendance was excellent, and it was a great opportunity for our staff and new Board members to get to know each other and to discuss the challenges facing the organisation and our plans for the next few years.

We were pleased to appoint four new Trustees in July 2023 who have brought additional skills and experience to the Board. Our Trustees are voluntary roles, and we were lucky to benefit from their experience and expertise.

The year also saw the retirement of Keith Molyneux in July 2023, Keith was a Trustee for eight years and was a knowledgeable, hardworking, and exceptionally committed Trustee. He was also Treasurer and provided tremendous support to the management team and other Board members.

At the time of writing our national body Relate has reluctantly decided to go into administration. As a Federated centre we are an independent charity and business and whilst this creates additional pressures, we are working in partnership with 23 other Federated centres to ensure our operational services are unaffected.

Relate Derby And Southern Derbyshire
Report of the Trustees Continued
For the year ended 31 March 2024

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the charity are to:

- Educate the public concerning the benefits of secure couple relationships, marriage and family life in order to improve the emotional, sexual and spiritual well-being of individuals which is derived from committed relationship.
- Provide counselling, advice, education, guidance and relief to adults and/or children in relation to any aspects of contemporary life or work which may prejudice their physical or mental well-being or influence, either directly or indirectly, their present or future family or couple relationships.
- Seek to enhance the good health, both mental and physical, of adults and children by increasing public awareness of the benefit of committed couple relationships, marriage, family life and working to prevent poverty, hardship and distress caused by the breakdown of such relationships.
- Advance citizenship and community development.
- Relieve those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantages.
- Promote research into all of the above objectives and to make the results available to the public.

Statement on public benefit

The trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PB2)'.

Volunteers

We remain incredibly grateful to our staff and volunteers, not just for the exceptional skills, qualifications, and experience that they bring, but also for their continued commitment to Relate's work. We particularly wish to thank our entire team for their support, positivity, and commitment as we have returned to providing face-to-face counselling, giving the clients the choice of how they receive their counselling.

Relate Derby And Southern Derbyshire
Report of the Trustees Continued
For the year ended 31 March 2024

ACHIEVEMENTS AND PERFORMANCE

Significant activities

During 2023/24 our priorities focused on recovery to pre-pandemic operating levels and developing our services, our priorities included:

- Continuing to improve our recruitment and retention of staff.
- Strengthening our management capacity to ensure delivery of the recovery plan
- Improve our marketing to ensure our planned increase in counselling capacity is matched by demand for services by local people
- Developing and training existing and new counsellors to assist with recruitment
- Reviewing our operating processes and procedures to increase the utilisation of our existing counselling capacity
- Increasing our non-client related income through the lease of freed accommodation, room rental and through securing grants and donations

The qualifications and experience to provide counselling for some of the specialist services that Relate provides means that we have had to review our approach. We are now providing opportunities for qualified counsellors to work with us while they further enhance their skills and qualifications to the level required so that they can work in these specialist services.

Following our discussions at the Centre Day we agreed a new forward plan for the next three years in June 2024.

The principal areas of charitable activity are relationship counselling for couples and individuals including same sex couples; psychosexual therapy.

We continued to provide counselling for IAPT (Improving Access to Psychological Therapies) with clients able to access remote counselling. Commissioners are currently retendering this service, and our current contract finishes in June 2025.

Relationship counselling remains a core service offered to clients with the Centre offering appointments between 9am and 9pm, Monday to Friday, 9am to 5pm on Fridays. We continue to provide the choice of remote counselling but there is greater demand for Face-to-face counselling. This helps us meet the varying needs of our clients and offers flexibility. All clients have an assessment appointment and receive on-going counselling if they wish to continue. Waiting times are monitored and every effort is made to keep these as low as possible within the restraints that limited resources impose. The service still covers Derby City, Southern Derbyshire, and East Staffordshire.

We reviewed the approach to children's work and agreed that it remains a valuable part of our service, and we continue to deliver children and young people's counselling through self-pay or under direct contracts with local schools and commissioners. We have contracts with 3 schools.

Additional training was provided to the administration team on safeguarding, and customer service with all staff completing mandatory data security training

We continue to work collaboratively with Relate National and other independent Relate Centers via regular briefings and meetings.

This was another year of positive collaboration, including partnership work around adult and children's mental health, suicide prevention and voluntary sector collaboration.

This coming year will be another challenge. We were able to agree a budget with a small surplus although despite our best efforts this is proving to be another challenging year, and we are not confident this will be achieved.

Relate Derby And Southern Derbyshire
Report of the Trustees Continued
For the year ended 31 March 2024

FINANCIAL REVIEW

Significant events

This was another particularly challenging year with the end of the Living with Autism contract reducing our secure income. We had no alternative but to set a deficit budget, which our level of reserves still allowed us to do. However, despite our best efforts we experienced some high-cost non-recurrent pressures. Whilst our operating costs exceeded the planned deficit. Income from our remaining contracts and self-pay services continued to reduce due to vacancies in our workforce and our continued inability to increase our available counselling hours.

Our financial management and controls are continuing to improve. We have also improved our financial reporting and continue to develop improved information for the Board to inform decision making. We have continued to reduce our overheads, despite the inflationary pressures, particularly for energy.

We continue to strengthen our marketing, communications, and PR, our approach and understanding has been strengthened by one of our new Trustees who has been hugely helpful in identifying our priorities and approach.

Total incoming resources decreased further in the year from £297,111 to £252,859. Resources expended decreased in the year from £355,655 to £328,987. The net deficit of £76,628 compared to a deficit of £58,544 the previous year. Within this deficit there was non-recurrent expenditure of £33,254 on exceptional items. These will not be repeated in 2024/25 and therefore the underlying recurrent deficit had marginally improved in the year but remained £11,200 worse than our budgeted plan.

The charity had funds carried forward at 31 March 2024 of £537,932 of which £Nil are restricted funds. Readily available cash has decreased to £107,207 from £174,106 during the year.

Despite our best efforts we are currently forecasting a further deficit in 2024/25, with our recovery plan not delivered at the pace required, The trustees recognise the risks and challenges we face in the current environment and the need to address our underlying pressures that include:

- 1) Falling revenues including the potential loss of a further contract
- 2) Continuing problems with the retention of staff counselling hours
- 3) Multiyear deficits impacting our cash and reserves
- 4) Inability to increase grant income

The trustees are considering options to reduce costs by working in partnership with other centres or potentially releasing resources from our capital asset to improve our cash and reserved position and strengthen our recovery plan delivery.

Reserves

Reserves policy funds are set aside for restricted reserves donated for a specific purpose, project by project, and if the sums provided for prove insufficient appropriate transfers will be made from unrestricted funds.

Free reserves are required to cover:

- (A) The risk of redundancies, using statutory redundancy rates for the calculations.
- (B) A small sum for urgent replacement or hire of capital equipment.
- (C) Building up a year's reserve to cover rent and service charge should it be necessary to vacate the premises and find an alternative tenancy.
- (D) The need to provide funding from our reserves to cover the costs of continuing to trade for 2 months should we be unable to continue in business.
- (E) to enable the continuation of much needed services.

The trustees estimate that taking all the above into account free reserves of around £71,000 are needed. At 31 March 2024 liquid reserves amounted to £107,207 and are over the required level. In the current funding climate, the trustees feel we can only hold reserves at the required level.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 1 December 2003. The company was established under a Memorandum of Association which establishes the objects and powers of the charitable company and is governed under its Articles of Association.

Relate Derby And Southern Derbyshire
Report of the Trustees Continued
For the year ended 31 March 2024

Recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and under the company's articles are known as Members of the Executive Committee. Under the requirements of the Memorandum and Articles of Association the members of the Executive Committee are elected to serve for one year renewable annually without limit.

Members have been appointed to the Board to reflect a range of skills and expertise and where possible the Board will endeavour to retain/develop these skills. In the event of skills being lost due to retirement or resignation individuals may be approached to offer themselves for election.

The Centre is a member of the Relate Federation and is guided in its provision of services via agreed national service specifications.

The Board regularly assesses compliance with the Charity Commission Good Governance Code and agrees to a set of actions to strengthen our governance. We review and revise our Risk Management register and approach, every six months.

Organisational structure

Relate Derby and Southern Derbyshire has an Executive Committee of seven members who meet seven or eight times a year and are responsible for the strategic direction. These meetings continued throughout the year. Responsibility for the day-to-day provision of services is delegated to the Managing Director. We did not immediately replace the Operations Manager role while we assessed the additional management requirements. A Charity Services Manager role was subsequently established in the 2023/24 budget, and an appointment was made in October 2023.

The Managing Director represents the local Centre on several forums including suicide prevention, children and adults' mental health forums and Relate Centre Management meetings.

Induction and training of new trustees

Trustees are given the opportunity to meet the Managing Director and other staff/Trustees, to visit the Centre and have the opportunity to understand the workings of Relate Derby and Southern Derbyshire as well as Relate nationally. New members are recruited via a formal external process, then invited to attend an initial meeting, and are provided with an induction pack before making the decision to join the Board.

Pay policy for senior staff

Trustees Remuneration And Benefits

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023

Trustee Expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023

Total key management personnel remuneration was £70,696. for the year ended 31 March 2023 total cost was £60,067

REFERENCE AND ADMINISTRATIVE INFORMATION

Name of Charity	Relate Derby And Southern Derbyshire
Charity registration number	1110768
Company registration number	04980776
Principal address	3 Wentworth House Vernon Gate Derby England DE1 1UR

Relate Derby And Southern Derbyshire
Report of the Trustees Continued
For the year ended 31 March 2024

Trustees

The trustees and officers serving during the year and since the year end were as follows:

Mr K W Molyneux
(Resigned: 31 July 2023)
Mrs L D Prescott
Ms S Sandhu
(Resigned: 17 April 2023)
Ms E Haworth
Mr S M Bradder
Ms R C Baker
(Appointed: 26 June 2023)
Mrs M King
(Appointed: 26 July 2023)
Ms V L Mackintosh
(Appointed: 28 June 2023)
Mr J D Morris
(Appointed: 28 June 2023)

Independent examiners

Hatocan Accountancy Services
131 Burley Lane
Quarndon
Derby
DE22 5JS

Approved by the Board of Trustees and signed on its behalf by

LAMORNA D PRESCOTT

.....
Mrs L D Prescott

26 November 2024

Relate Derby And Southern Derbyshire
Independent Examiners Report to the Trustees
For the year ended 31 March 2024

I report to the trustees on my examination of the accounts of the charitable company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity Trustees, who are also directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiners statement

Since the Charitable company's gross income exceeded £250,000, your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination by virtue of my membership of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Hatocan Accountancy Services

131 Burley Lane
Quarndon
Derby
DE22 5JS

10 December 2024

Relate Derby And Southern Derbyshire
Statement of Financial Activities (including Income and Expenditure Account)
For the year ended 31 March 2024

	Notes	Unrestricted funds £	2023 £
Income and endowments from:			
Donations and legacies	2	69	-
Charitable activities			
Schools		24,331	40,424
TMHD - IAPT		81,312	85,240
Other contract income		125,573	97,172
LWWA		-	63,887
Charitable activities		-	2,000
Other trading activities	3	21,575	8,387
Investments	4	-	1
Total		252,860	297,111
Expenditure on:			
Raising funds	5	(54)	-
Charitable activities	6/7	(329,434)	(355,655)
Total		(329,488)	(355,655)
Net expenditure		(76,628)	(58,544)
Reconciliation of funds			
Total funds brought forward		614,560	673,105
Total funds carried forward		537,932	614,561

Relate Derby And Southern Derbyshire
Statement of Financial Position
As at 31 March 2024

	Notes	2024 £	2023 £
Fixed assets			
Tangible assets	14	430,725	440,455
		430,725	440,455
Current assets			
Debtors	15	42,420	45,421
Cash at bank and in hand		76,720	137,132
		119,140	182,553
Creditors: amounts falling due within one year	16	(11,933)	(8,447)
Net current assets		107,207	174,106
Total assets less current liabilities		537,932	614,561
Net assets		537,932	614,561
The funds of the charity			
Unrestricted income funds	17	537,932	614,561
Total funds		537,932	614,561

For the year ended 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the Board and signed on its behalf by:

LAMORNA D PRESCOTT

Mrs L D Prescott
Trustee

26 November 2024

Relate Derby And Southern Derbyshire
Notes to the Financial Statements
For the year ended 31 March 2024

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Relate Derby And Southern Derbyshire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Statement of cash flows

The Trustees have taken advantage of the exemption in SORP FRS 102 from including a cash flow statement in the financial statements on the grounds that the charitable company is small.

Funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Designated funds represent monies set aside by the trustees to cover unexpected cash flow deficits, or unexpected unavoidable costs in order to be able to discharge the Charity's objectives effectively.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Incoming resources

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income received by way of grants is recognised in full when there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity had unconditional entitlement.

In the case of contracts with customers, income is deferred to distribute the revenue over the life of the contract.

Turnover is the amount derived from the provision of goods/services, and stated after trade discounts, other sales taxes and net of VAT

.

Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and appointment of costs

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Relate Derby And Southern Derbyshire
Notes to the Financial Statements Continued
For the year ended 31 March 2024

Tangible fixed assets

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Land and Buildings	2% Per annum on cost
Fixtures and Fittings	25% per annum on cost

Debtors

Short term debtors are measured at transaction price less an impairment.

Pensions

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Creditors

Short term creditors are measured at transaction price.

2. Income from donations and legacies

	2024 £	2023 £
Unrestricted funds		
Donations received	69	-
	<u>69</u>	<u>-</u>

3. Income earned from other activities

	2024 £	2023 £
Unrestricted funds		
Social lotteries	86	188
Room hire	21,489	8,199
	<u>21,575</u>	<u>8,387</u>

4. Investment income

	2024 £	2023 £
Bank interest receivable	-	1
	<u>-</u>	<u>1</u>

Relate Derby And Southern Derbyshire
Notes to the Financial Statements Continued
For the year ended 31 March 2024

5. Expenditure on other trading activities

	2024 £	2023 £
Unrestricted funds		
Room hire	54	-
	<u>54</u>	<u>-</u>

6. Costs of charitable activities by fund type

	2024 £	2023 £
Unrestricted funds		
Charitable activities	93,531	105,496
Support costs	235,903	250,159
	<u>329,434</u>	<u>355,655</u>

7. Costs of charitable activities by activity type

	Activities undertaken directly £	Support costs £	2024 £	2023 £
Support costs				
Other contract income	-	235,903	235,903	250,159
Charitable activities	93,531	-	93,531	105,496
	<u>93,531</u>	<u>235,903</u>	<u>329,434</u>	<u>355,655</u>

8. Other resources expended

Related Party Disclosure

The Charity engaged in the following related party transactions during the year:

£14,950 was paid to Relate South Yorkshire for their services.

£2,128 was paid to the Relate Contracts Team for their services.

Relate Derby And Southern Derbyshire
Notes to the Financial Statements Continued
For the year ended 31 March 2024

9. Analysis of support costs

	2024	2023
	£	£
Other contract income		
Management		
Management	118,341	118,640
Staff costs - social security costs	6,561	6,553
Staff costs - pension contributions	2,356	2,302
Rates and water (Unrestricted funds)	6,186	6,571
Insurance (Unrestricted funds)	3,192	4,473
Light and heat (Unrestricted funds)	6,499	3,086
Telephone (Unrestricted funds)	5,397	9,907
Postage and stationery (Unrestricted funds)	805	1,171
Sundries (Unrestricted funds)	4,030	4,791
Training (Unrestricted funds)	1,803	809
Cleaning, security, repairs (Unrestricted funds)	7,358	21,191
Office equipment (Unrestricted funds)	1,560	2,288
Publicity and PR (Unrestricted funds)	-	110
Professional fees (Unrestricted funds)	7,520	3,958
Recruitment fees (Unrestricted funds)	1,306	1,930
Consultancy fees (Unrestricted funds)	-	684
Accountancy and legal fees (Unrestricted funds)	20,836	18,750
Computer expenses (Unrestricted funds)	3,832	5,252
Operational support (Unrestricted funds)	14,951	16,655
Freehold property (Unrestricted funds)	9,683	9,683
Plant and machinery (Unrestricted funds)	45	45
Supervision and moderation costs (Unrestricted funds)	1,545	1,208
HMRC Interest (Unrestricted funds)	-	69
Sub-contracted counselling (Unrestricted funds)	7,875	833

Relate Derby And Southern Derbyshire
Notes to the Financial Statements Continued
For the year ended 31 March 2024

Management

Advertsing (Unrestricted funds)	3,222	8,700
	<u>234,903</u>	<u>249,659</u>

Auditors' remuneration

Auditors' remuneration	1,000	500
	<u>235,903</u>	<u>250,159</u>

10. Net income/(expenditure) for the year

This is stated after charging/(crediting):

	2024	2023
	£	£
Staff pension contributions	3,505	3,475
	<u>3,505</u>	<u>3,475</u>

11. Staff costs and emoluments

Total staff costs for the year ended 31 March 2024 were:

	2024	2023
	£	£
Salaries and wages	207,560	220,899
Social security costs	9,722	8,616
Pension costs	3,505	3,475
	<u>220,787</u>	<u>232,990</u>

Average number of employees, during the year was 16: (2023: 15)

no employees received employee benefits excluding employer pension costs of more than £60,000

	2024	2023
General	16	16
	<u>16</u>	<u>16</u>

13. Comparative for the Statement of Financial Activities

The comparative year values on the Statement of Financial Activites are for unrestricted funds.

Relate Derby And Southern Derbyshire
Notes to the Financial Statements Continued
For the year ended 31 March 2024

14. Tangible fixed assets

Cost or valuation	Land and Buildings	Fixtures and Fittings	Total
	£	£	£
At 01 April 2023	484,171	15,094	499,265
At 31 March 2024	484,171	15,094	499,265
Depreciation			
At 01 April 2023	43,850	14,960	58,810
Charge for year	9,684	46	9,730
At 31 March 2024	53,534	15,006	68,540
Net book values			
At 31 March 2024	430,637	88	430,725
At 31 March 2023	440,321	134	440,455

15. Debtors

	2024	2023
	£	£
Amounts due within one year:		
Trade debtors	29,825	32,398
Prepayments and accrued income	12,595	13,023
	42,420	45,421

16. Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	2,543	2,473
Other creditors	4,270	1,632
Accruals and deferred income	5,120	4,342
	11,933	8,447

17. Movement in funds

Unrestricted Funds

	Balance at 01/04/2023	Incoming resources	Outgoing resources	Balance at 31/03/2024
	£	£	£	£
<i>General</i>				
Unrestricted funds	614,560	252,860	(329,488)	537,932
	614,560	252,860	(329,488)	537,932

Relate Derby And Southern Derbyshire
Notes to the Financial Statements Continued
For the year ended 31 March 2024

Unrestricted Funds - Previous year

	Balance at 01/04/2022 £	Incoming resources £	Outgoing resources £	Balance at 31/03/2023 £
<i>General</i>				
Unrestricted funds	673,105	297,111	(355,655)	614,561
	673,105	297,111	(355,655)	614,561

Purpose of unrestricted Funds

Unrestricted funds

Reserves policy Funds are set aside for restricted reserves donated for a specific purpose, project by project and if the sums provided for prove insufficient appropriate transfers will be made from unrestricted funds.

18. Analysis of net assets between funds

	Tangible fixed assets £	Net current assets / (liabilities) £	Net Assets £
Unrestricted funds			
<i>General</i>			
Unrestricted funds	430,725	107,207	537,932
	430,725	107,207	537,932

Previous year

	Tangible fixed assets £	Net current assets / (liabilities) £	Net Assets £
Unrestricted funds			
<i>General</i>			
Unrestricted funds	440,455	174,106	614,561
	440,455	174,106	614,561

Relate Derby And Southern Derbyshire
Detailed Statement of Financial Activities
For the year ended 31 March 2024

	2024 £	2023 £
INCOME AND ENDOWMENT		
Donations and legacies		
Donations	69	-
	69	-
Charitable activities		
Schools (Schools)	24,331	40,424
Contract Work (Tmhd - Iapt)	81,312	85,240
Contract Work (Other Contract Income)	125,573	97,172
Contract Work (Lwwa)	-	63,887
Grants (Charitable Activities)	-	2,000
	231,216	288,723
Other trading activities		
Social Lotteries	86	188
Income From Room Hire	11,664	-
Room Hire	9,825	8,199
	21,575	8,387
Investments		
Bank Interest Receivable	-	1
	-	1
Total incoming resources	252,860	297,111
EXPENDITURE		
Other trading activities		
Cost Of Room Hire	(54)	-
	(54)	-
Charitable activities		
Staff Costs - Wages & Salaries (Charitable Activities)	(89,220)	(102,258)
Staff Costs - Social Security Costs (Charitable Activities)	(3,162)	(2,064)
Staff Costs - Pension Contributions (Charitable Activities)	(1,149)	(1,174)
	(93,531)	(105,496)
SUPPORT COSTS		
Management		
Management (Other Contract Income)	(118,341)	(118,640)
Staff Costs - Social Security Costs (Other Contract Income)	(6,561)	(6,553)
Staff Costs - Pension Contributions (Other Contract Income)	(2,356)	(2,302)
Rates And Water (Unrestricted Funds) (Other Contract Income)	(6,186)	(6,571)
Insurance (Unrestricted Funds) (Other Contract Income)	(3,192)	(4,473)
Light And Heat (Unrestricted Funds) (Other Contract Income)	(6,499)	(3,086)

Relate Derby And Southern Derbyshire
Detailed Statement of Financial Activities Continued
For the year ended 31 March 2024

Telephone (Unrestricted Funds) (Other Contract Income)	(5,397)	(9,907)
Postage And Stationery (Unrestricted Funds) (Other Contract Income)	(805)	(1,171)
Sundries (Unrestricted Funds) (Other Contract Income)	(4,030)	(4,791)
Training (Unrestricted Funds) (Other Contract Income)	(1,803)	(809)
Cleaning,Security,Repairs (Unrestricted Funds) (Other Contract Income)	(7,358)	(21,191)
Office Equipment (Unrestricted Funds) (Other Contract Income)	(1,560)	(2,288)
Publicity And Pr (Unrestricted Funds) (Other Contract Income)	-	(110)
Professional Fees (Unrestricted Funds) (Other Contract Income)	(7,520)	(3,958)
Recruitment Fees (Unrestricted Funds) (Other Contract Income)	(1,306)	(1,930)
Consultancy Fees (Unrestricted Funds) (Other Contract Income)	-	(684)
Accountancy And Legal Fees (Unrestricted Funds) (Other Contract Income)	(20,836)	(18,750)
Computer Expenses (Unrestricted Funds) (Other Contract Income)	(3,832)	(5,252)
Operational Support (Unrestricted Funds) (Other Contract Income)	(14,951)	(16,655)
Freehold Property (Unrestricted Funds) (Other Contract Income)	(9,683)	(9,683)
Plant And Machinery (Unrestricted Funds) (Other Contract Income)	(45)	(45)
Supervision And Moderation Costs (Unrestricted Funds) (Other Contract Income)	(1,545)	(1,208)
Hmrc Interest (Unrestricted Funds) (Other Contract Income)	-	(69)
Sub-Contracted Counselling (Unrestricted Funds) (Other Contract Income)	(7,875)	(833)
Advertsing (Unrestricted Funds) (Other Contract Income)	(3,222)	(8,700)
	(234,903)	(249,659)
Auditors' remuneration		
Auditors' Remuneration (Other Contract Income)	(1,000)	(500)
	(1,000)	(500)
Total resources expended	(329,488)	(355,655)
Net Expenditure	(76,628)	(58,544)

Signed By

LAMORNA D PRESCOTT

Date Signed 2024-12-11 08:46:25

Printed Name Lamorna D Prescott

Name of signatory Lamorna Prescott

Accounts

Charity number: 1110768
Company number: 04980776
(England and Wales)

Relate Derby And Southern Derbyshire
Report of the Trustees and Unaudited Financial Statements
For the year ended 31 March 2023

Relate Derby And Southern Derbyshire
Contents Page
For the year ended 31 March 2023

Report of the Trustees	1 to 6
Independent Examiner's Report to the Trustees	7
Statement of Financial Activities	8
Statement of Financial Position	9
Notes to the Financial Statements	10 to 16
Detailed Statement of Financial Activities	17 to 18

Relate Derby And Southern Derbyshire

Report of the Trustees

For the year ended 31 March 2023

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements for the charitable company for the year ended 31 March 2023. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2019).

Chair's report

We are an important local provider of counselling services providing, counselling, information, and support to individuals, couples, children, and families across a regardless of age, ethnicity, cultural background, sexual orientation, gender, or disability. As a Federated Charity we work closely with National Relate in our mutual vision where healthy relationships are actively promoted as the heart of a thriving society.

In 2022/23 we very reluctantly set a further year of deficit budget. Our reserves enabled us to do this, and we saw no alternative, in the light of the cessation of some of the non-recurrent support and contracts, and our continued difficulty in retaining and recruiting staff. We were able to deliver an improved outcome versus our plan, but we still have to post a significant in year deficit. In reality the impact of the pandemic has had a longer, deeper, and more complex impact on our services and the environment in which we operate than we had envisaged. This year has proved to be as challenging. Despite our best efforts our retention difficulties remained which, despite the recruitment of new staff, has undermined our efforts to rebuild our capacity and availability for new clients. We are not alone in this with evidence that many small counselling non-for-profit organisations have been struggling to recover to their former level of operations and financial health post pandemic and are being further impacted by the cost-of-living crisis.

In 2022 we saw further changes to the senior leadership team which impacted the pace of change at which we could develop, but were delighted to appoint Lisa Stevenson as our new Managing Director in March 2022. In May 2022 we saw the retirement of our senior clinical supervisor, Peter Saddington who had worked with us for many years and his experience and support has been sorely missed. Despite our best efforts we have been unable to recruit to this important role as yet.

In June 2022 we were able to hold our first Centre Day for several years, it was great to get together and reconnect after so long working remotely.

This year also saw the resignation of Olwyn Mills who had been a very active and committed Trustee and we were pleased to appoint two new Trustees in December 2022. Our Trustees are voluntary roles, and we were lucky to benefit from their experience and expertise.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the charity are to:

- Educate the public concerning the benefits of secure couple relationships, marriage and family life in order to improve the emotional, sexual and spiritual well-being of individuals which is derived from committed relationship.
- Provide counselling, advice, education, guidance and relief to adults and/or children in relation to any aspects of contemporary life or work which may prejudice their physical or mental well-being or influence, either directly or indirectly, their present or future family or couple relationships.
- Seek to enhance the good health, both mental and physical, of adults and children by increasing public awareness of the benefit of committed couple relationships, marriage, family life and working to prevent poverty, hardship and distress caused by the breakdown of such relationships.
- Advance citizenship and community development.
- Relieve those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantages.
- Promote research into all of the above objectives and to make the results available to the public.

Statement on public benefit

We have referred to the guidance contained in the Charity Commissions general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Relate Derby And Southern Derbyshire
Report of the Trustees Continued
For the year ended 31 March 2023

Volunteers

We remain incredibly grateful to our staff and volunteers, not just for the exceptional skills, qualifications, and experience that they bring, but also for their continued commitment to Relate's work. We particularly wish to thank our entire team for their support, positivity, and commitment as we have returned to providing face-to-face counselling, giving the clients the choice of how they receive their counselling.

Relate Derby And Southern Derbyshire
Report of the Trustees Continued
For the year ended 31 March 2023

ACHIEVEMENTS AND PERFORMANCE

Significant activities

Throughout 2022/23 our priorities focused on recovery to pre-pandemic operating levels and developing our services, our priorities included:

- Rebuilding our workforce and reviewing our reward package for our staff to improve the retention and recruitment of staff
- Improving access to our services by reducing waiting times and providing both remote and face-to-face counselling
- Improving our financial reporting, and assuring resilience of our financial support
- Improving our financial management and reducing our aged debtors
- Continued development and progress with recruitment of counsellors, including trainees
- Reducing our overheads by improving the utilization of our physical estate
- Ensuring we continued to operate and improve whilst covering the clinical supervisor and management structure vacancies.

Staff returned to providing face to face services in the spring of 2022. We took a decision to continue to offer online counselling services as these have proved popular with some of our clients and ensure that our services are accessible to all.

The recruitment of suitably skilled and qualified counsellors remained a challenge throughout the year, following our review and implementation of a new reward package in September 2022 we saw a small improvement in recruitment.

Following the end of the pandemic we saw a reduction in support from agencies and this together with the impact of the cost-of-living crisis on our self-pay clients has meant we have been unable to return to pre-pandemic levels activity.

The qualifications and experience to provide counselling across the range of services Relate provide means that we have had to review our approach and are now looking to provide opportunities for qualified counsellors to work with us while they further enhance their skills and qualifications to the level required to work in our services.

We reduced the overheads costs by approximately £21k per annum although the overall savings were reduced due to inflationary pressures especially in energy. We reviewed our progress against our priorities in January 2022 and set our priorities for 2023/24. We will develop a new strategy in 2024.

The principal areas of charitable activity are relationship counselling for couples and individuals including same sex couples; family counselling; psychosexual therapy.

We continued to provide counselling for IAPT (Improving Access to Psychological Therapies) with clients able to access remote counselling.

Our Living Well with Autism work, funded by Derbyshire County Council, continued to provide a valuable service to people with an Autism Spectrum Condition and their families and our specialist staff were able to provide counselling at various locations across Derbyshire. This contract finished at the end of March 2023 as a new model of service was introduced.

Relationship counselling remains a core service offered to clients with the Centre offering appointments between 9am and 9pm, Monday to Friday, 9am to 5pm on Fridays. Face to face counselling was reinstated in April 2022 and demand for this service has continued with fewer clients choosing remote counselling. The evening and weekend appointments help us meet the varying needs of our clients and offer flexibility. All clients have an assessment appointment and receive on-going counselling if they wish to continue. Waiting times are monitored and every effort is made to keep these as low as possible within the restraints that limited resources impose. The service still covers Derby City, Southern Derbyshire, and East Staffordshire.

We reviewed the approach to children's work and agreed that it remains a valuable part of our service and we continue to deliver children and young people's counselling through self-pay or under direct contracts with local schools and commissioners. We have contracts with 3 schools.

Additional training was provided to the administration team on safeguarding, and customer service with all staff completing mandatory data security training

We continue to work collaboratively with Relate National and other independent Relate Centres via regular briefings and meetings.

This was another year of positive collaboration, including partnership work around autism, adult and children's mental health, suicide prevention and voluntary sector collaboration.

This coming year will be another challenge. We were able to agree a reduced deficit budget of -£16.5k but in the first half of

Relate Derby And Southern Derbyshire

Report of the Trustees Continued

For the year ended 31 March 2023

the year some large unforeseen non-recurrent issues and continuing problems with recruitment and retention mean this is unlikely to be achieved.

FINANCIAL REVIEW

Significant events

This was another particularly challenging year with the end of some contracts reducing our income. We had no alternative but to set a deficit budget, which our level of reserves allowed us to do. We performed better than planned, this was despite a shortfall in our management capacity and some non-recurrent expenditure to prepare our top floor for rental in 2023/24. Income from our remaining contracts and self-pay services continued to reduce due to vacancies in our workforce and our continued inability to recruit. In addition, we have seen a slowing down of demand for self-pay services reflecting the cost-of-living crisis.

Our financial management and controls are continuing to improve. We have also improved our financial reporting and continue to develop improved information for the Board to inform decision making. We reduced our aged debtors significantly improving the cash position and this has been maintained in 2023/24. We also reduced our overheads by over £21,000 full year effect despite inflationary pressures, particularly for energy.

With the increased volume of remote counselling, and reduced activity we will lease the top floor of our building in 2023/24 to further reduce our overhead costs.

We have also been working to strengthen our marketing, communications, and PR, with a professional company and have reviewed our website and will continue to update and develop the content. There remains a considerable opportunity to further improve our marketing and communications.

Total incoming resources decreased in the year from £328,356 to £297,111. Resources expended decreased in the year from £388,156 to 355,655 giving a net deficit of £58,455 compared to a deficit of £59,800 the previous year. The charity had funds carried forward at 31 March 2023 of £614,561 of which £Nil are restricted funds and £614,561 are unrestricted funds. Readily available cash has increased from £105,750 to £137,132 during the year.

Reserves

Reserves policy funds are set aside for restricted reserves donated for a specific purpose, project by project, and if the sums provided for prove insufficient appropriate transfers will be made from unrestricted funds.

Free reserves are required to cover:

(a) The risk of redundancies, using statutory redundancy rates for the calculations; (b) A small sum for urgent replacement or hire of capital equipment.

(c) Building up a year's reserve to cover rent and service charge should it be necessary to vacate the premises and find an alternative tenancy.

(d) The need to provide funding from our reserves to cover the costs of continuing to trade for 2 months should we be unable to continue in business.

(e) To enable the continuation of much needed services such as family counselling and others to those in need.

The trustees estimate that taking all of the above into account free reserves of around £71,000 are needed. At 31 March 2023 liquid reserves amounted to £137,132 and are over the required level. In the current funding climate, the trustees feel we can only hold reserves at the required level.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 1 December 2003. The company was established under a Memorandum of Association which establishes the objects and powers of the charitable company and is governed under its Articles of Association.

Relate Derby And Southern Derbyshire

Report of the Trustees Continued

For the year ended 31 March 2023

Recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and under the company's articles are known as Members of the Executive Committee. Under the requirements of the Memorandum and Articles of Association the members of the Executive Committee are elected to serve for one year renewable annually without limit.

Members have been appointed to the Board to reflect a range of skills and expertise and where possible the Board will endeavour to retain/develop these skills. In the event of skills being lost due to retirement or resignation individuals may be approached to offer themselves for election.

The Centre is a member of the Relate Federation and is guided in its provision of services via agreed national service specifications.

The Board regularly assesses compliance with the Charity Commission Good Governance Code and agrees a set of actions to strengthen our governance. We review and revise our Risk Management register and approach, every six months.

Organisational structure

Relate Derby and Southern Derbyshire has an Executive Committee of seven members who meet seven or eight times a year and are responsible for the strategic direction. These meetings continued throughout the year. Responsibility for the day-to-day provision of services is delegated to the Managing Director. Following the resignation of the Chief Executive in February 2022, we reviewed our structure and appointed a Managing Director in March 2022. The new role of Managing Director was established as it was felt that this more accurately reflects the role required in the organisation. We did not immediately replace the Operations Manager role while we assessed the additional management requirements. A Charity Services Manager role was subsequently established, and an appointment was made in October 2023.

The Managing Director represents the local Centre on a number of forums including suicide prevention, autism partnership board, children and adults' mental health forums and Relate Centre Management meetings.

Induction and training of new trustees

Trustees are given the opportunity to meet the Managing Director and other staff/Trustees, to visit the Centre and have the opportunity to understand the workings of Relate Derby and Southern Derbyshire as well as Relate nationally. New members are recruited via a formal external process, then invited to attend an initial meeting, and are provided with an induction pack before making the decision to join the Board.

REFERENCE AND ADMINISTRATIVE INFORMATION

Name of Charity	Relate Derby And Southern Derbyshire
Charity registration number	1110768
Company registration number	04980776
Principal address	3 Wentworth House Vernon Gate Derby England DE1 1UR

Trustees

The trustees and officers serving during the year and since the year end were as follows:

Mr K W Molyneux
Mrs L D Prescott
Ms S Sandhu
Mrs O Mills
(Resigned: 01 September 2022)
Ms E Haworth
(Appointed: 14 December 2022)
Mr S M Bradder
(Appointed: 14 December 2022)

Relate Derby And Southern Derbyshire
Report of the Trustees Continued
For the year ended 31 March 2023

Independent examiners

Hatocan Accountancy Services
131 Burley Lane
Quarndon
Derby
DE22 5JS

Approved by the Board of Trustees and signed on its behalf by

..... 12 December 2023
Mrs L D Prescott

Relate Derby And Southern Derbyshire
Statement of Financial Activities (including Income and Expenditure Account)
For the year ended 31 March 2023

	Notes	Unrestricted funds £	2022 £
Income and endowments from:			
Donations and legacies	2	92,582	81,528
Charitable activities			
Schools		40,424	50,750
TMHD - IAPT		85,240	96,794
Other contract income		4,590	10,399
LWWA		63,887	70,310
Charitable activities		2,000	13,273
Other trading activities	3	8,387	5,299
Investments	4	1	3
Total		297,111	328,356
Expenditure on:			
Raising funds	5	(355,655)	(377,044)
Other expenditure		-	(11,112)
Total		(355,655)	(388,156)
Net expenditure		(58,544)	(59,800)
Reconciliation of funds			
Total funds brought forward		673,105	732,905
Total funds carried forward		614,561	673,105

Relate Derby And Southern Derbyshire
Statement of Financial Position
As at 31 March 2023

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	12	440,455	450,004
		440,455	450,004
Current assets			
Debtors	13	45,421	131,470
Cash at bank and in hand		137,132	105,750
		182,553	237,220
Creditors: amounts falling due within one year	14	(8,447)	(14,119)
Net current assets		174,106	223,101
Total assets less current liabilities		614,561	673,105
Net assets		614,561	673,105
The funds of the charity			
Unrestricted income funds	15	614,561	673,105
Total funds		614,561	673,105

For the year ended 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the Board and signed on its behalf by:

Mrs L D Prescott
Trustee

12 December 2023

Relate Derby And Southern Derbyshire
Notes to the Financial Statements
For the year ended 31 March 2023

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Relate Derby And Southern Derbyshire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Statement of cash flows

The Trustees have taken advantage of the exemption in SORP FRS 102 from including a cash flow statement in the financial statements on the grounds that the charitable company is small.

Funds

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Designated funds represent monies set aside by the trustees to cover unexpected cash flow deficits, or unexpected unavoidable costs in order to be able to discharge the Charity's objectives effectively.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Incoming resources

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income received by way of grants is recognised in full when there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity had unconditional entitlement.

In the case of contracts with customers, income is deferred to distribute the revenue over the life of the contract.

Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and appointment of costs

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Relate Derby And Southern Derbyshire
Notes to the Financial Statements Continued
For the year ended 31 March 2023

Land and Buildings
Fixtures and Fittings

2% Per annum on cost
25% per annum on cost

Debtors

Short term debtors are measured at transaction price less an impairment.

Pensions

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Creditors

Short term creditors are measured at transaction price.

2. Income from donations and legacies

	2023 £	2022 £
Unrestricted funds		
Donations received	-	190
Legacies received	92,582	81,338
	92,582	81,528

3. Income earned from other activities

	2023 £	2022 £
Unrestricted funds		
Social lotteries	188	233
Room hire	8,199	5,066
	8,387	5,299

4. Investment income

	2023 £	2022 £
Unrestricted funds		
Bank interest receivable	1	3
	1	3

Relate Derby And Southern Derbyshire
Notes to the Financial Statements Continued
For the year ended 31 March 2023

5. Expenditure on generating donations and legacies

	2023	2022
	£	£
Unrestricted funds		
Donations	105,496	135,378
Support costs	250,159	241,666
	355,655	377,044

6. Other resources expended

Related Party Disclosures

The Charity engaged in the following related party transactions during the year:

£4,641 was paid to the Relate Contracts Team for their services.

£16,673 was paid to Relate South Yorkshire for their services.

7. Analysis of support costs

	2023	2022
	£	£
Management	249,659	235,826
Governance costs	500	5,840
	250,159	241,666

8. Net income/(expenditure) for the year

This is stated after charging/(crediting):

	2023	2022
	£	£
Staff pension contributions	1,174	2,542

Relate Derby And Southern Derbyshire
Notes to the Financial Statements Continued
For the year ended 31 March 2023

9. Staff costs and emoluments

Total staff costs for the year ended 31 March 2023 were:

	2023	2022
	£	£
Salaries and wages	220,899	247,887
Social security costs	8,616	12,513
Pension costs	3,475	4,364
	<u>232,990</u>	<u>264,764</u>

Total key management personnel remuneration was £42,813 for the year.

	2023	2022
General	16	25
	<u>16</u>	<u>25</u>

No employees received emoluments in excess of £60,000.

10. Trustee remuneration and related party transactions

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

11. Comparative for the Statement of Financial Activities

The comparative year values on the Statement of Financial Activities are for unrestricted funds.

Relate Derby And Southern Derbyshire
Notes to the Financial Statements Continued
For the year ended 31 March 2023

12. Tangible fixed assets

Cost or valuation	Land and Buildings £	Fixtures and Fittings £	Total £
At 01 April 2022	484,171	14,915	499,086
Additions	-	178	178
At 31 March 2023	484,171	15,093	499,264
Depreciation			
At 01 April 2022	34,167	14,915	49,082
Charge for year	9,683	44	9,727
At 31 March 2023	43,850	14,959	58,809
Net book values			
At 31 March 2023	440,321	134	440,455
At 31 March 2022	450,004	-	450,004

13. Debtors

	2023 £	2022 £
Amounts due within one year:		
Trade debtors	32,398	126,685
Prepayments and accrued income	13,023	4,785
	45,421	131,470

14. Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	2,473	4,741
Other creditors	1,632	1,938
Accruals and deferred income	4,342	7,440
	8,447	14,119

Relate Derby And Southern Derbyshire
Notes to the Financial Statements Continued
For the year ended 31 March 2023

15. Movement in funds

Unrestricted Funds

	Balance at 01/04/2022 £	Incoming resources £	Outgoing resources £	Balance at 31/03/2023 £
<i>General</i>				
Unrestricted funds	673,105	297,111	(355,655)	614,561
	673,105	297,111	(355,655)	614,561

Unrestricted Funds - Previous year

	Balance at 01/04/2021 £	Incoming resources £	Outgoing resources £	Balance at 31/03/2022 £
<i>General</i>				
Unrestricted funds	732,905	328,356	(388,156)	673,105
	732,905	328,356	(388,156)	673,105

Purpose of unrestricted Funds

Unrestricted funds

Reserves policy Funds are set aside for restricted reserves donated for a specific purpose, project by project and if the sums provided for prove insufficient appropriate transfers will be made from unrestricted funds.

16. Analysis of net assets between funds

	Tangible fixed assets £	Net current assets / (liabilities) £	Net Assets £
Unrestricted funds			
<i>General</i>			
Unrestricted funds	440,455	174,106	614,561
	440,455	174,106	614,561

Relate Derby And Southern Derbyshire
Notes to the Financial Statements Continued
For the year ended 31 March 2023

Previous year

	Tangible fixed assets	Net current assets / (liabilities)	Net Assets
	£	£	£
Unrestricted funds			
<i>General</i>			
Unrestricted funds	450,004	223,101	673,105
	450,004	223,101	673,105

Relate Derby And Southern Derbyshire
Notes to the Financial Statements Continued
For the year ended 31 March 2023

	2023 £	2022 £
INCOME AND ENDOWMENT		
Donations and legacies		
Donations	-	190
Client Contributions And Sales	92,582	81,338
	92,582	81,528
Charitable activities		
Schools (Schools)	40,424	50,750
Contract Work (Tmhd - Iapt)	85,240	96,794
Contract Work (Other Contract Income)	4,590	10,399
Contract Work (Lwwa)	63,887	70,310
Grants (Charitable Activities)	2,000	13,273
	196,141	241,526
Other trading activities		
Social Lotteries	188	233
Room Hire	8,199	5,066
	8,387	5,299
Investments		
Bank Interest Receivable	1	3
	1	3
Total incoming resources	297,111	328,356
EXPENDITURE		
Raising donations and legacies		
Wages	(102,258)	(125,548)
Social Security	(2,064)	(7,288)
Pensions	(1,174)	(2,542)
	(105,496)	(135,378)
Other		
Bad Debts	-	(11,112)
	-	(11,112)
SUPPORT COSTS		
Management		
Management And Admin Costs	(118,640)	(122,339)
Social Security	(6,553)	(5,225)
Pensions	(2,302)	(1,822)
Rates And Water	(6,571)	(6,127)
Insurance	(4,473)	(3,559)
Light And Heat	(3,086)	(2,307)
Telephone	(9,907)	(10,087)
Postage And Stationery	(1,171)	(1,589)
Sundries	(4,791)	(4,715)
Training	(809)	(103)
Cleaning, Security, Repairs	(21,191)	(8,662)
Office Equipment	(2,288)	(2,627)
Publicity And Pr	(110)	(670)

Relate Derby And Southern Derbyshire
Detailed Statement of Financial Activities
For the year ended 31 March 2023

Professional Fees	(3,958)	(1,331)
Recruitment Fees	(1,930)	(481)
Consultancy Fees	(684)	-
Accountancy And Legal Fees	(18,750)	(14,459)
Computer Expenses	(5,252)	(8,495)
Operational Support	(16,655)	(18,284)
Freehold Property	(9,683)	(9,683)
Plant And Machinery	(45)	-
Supervision And Moderation Costs	(1,208)	-
Hmrc Interest	(69)	-
Sub-Contracted Counselling	(833)	-
Advertising	(8,700)	(13,261)
	(249,659)	(235,826)
Governance costs		
Auditors' Remuneration	(500)	(5,840)
	(500)	(5,840)
Total resources expended	(355,655)	(388,156)
Net Expenditure	(58,544)	(59,800)

Accounts

**Report of the Trustees and
Financial Statements for the Year Ended 31 March 2022
for
RELATE DERBY AND SOUTHERN DERBYSHIRE**

Haines Watts
Chartered Accountants & Statutory Auditor
10 Stadium Business Court
Millennium Way
Pride Park
Derby
DE24 8HP

RELATE DERBY AND SOUTHERN DERBYSHIRE

Contents of the Financial Statements FOR THE YEAR ENDED 31 MARCH 2022

	Page
Report of the Trustees	1 to 5
Report of the Independent Auditors	6 to 8
Statement of Financial Activities	9
Statement of Financial Position	10
Notes to the Financial Statements	11 to 16
Detailed Statement of Financial Activities	17 to 18

RELATE DERBY AND SOUTHERN DERBYSHIRE

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Chair's Introduction

We are an important local provider of Relate services providing, counselling, information, and support to individuals, couples and families of all backgrounds and sexualities. As a Federated Charity we work closely with National Relate in our mutual vision where healthy relationships are actively promoted as the heart of a thriving society.

Following our success in navigating the first year of the pandemic, we had a plan to stabilise and strengthen our services and return to a new normal in spring 2021. In reality the impact of Covid had a longer, deeper, and more complex impact than we had envisaged. This year proved to be a particularly challenging year both financially and, in our ability, to deliver our plans to re-establish our services post Covid. We saw further changes to the senior leadership team which impacted the pace of change, at which we could develop.

On 2021/22 we saw the retirement and resignation of some long serving counselling staff, they will be sorely missed, and we would like to wish them well and thank them for their exemplary contribution over many years to the services we provide for local people and the reputation we continue to maintain.

This year also saw the resignation of three of our Trustees and I would like to put on record our thanks to them. Our Trustees are voluntary roles, and we were lucky to benefit from their experience and expertise.

Objectives and activities

Objectives and aims

The objectives of the charity are to:

- Educate the public concerning the benefits of secure couple relationships, marriage and family life in order to improve the emotional, sexual and spiritual well-being of individuals which is derived from committed relationship.
- Provide counselling, advice, education, guidance and relief to adults and/or children in relation to any aspects of contemporary life or work which may prejudice their physical or mental well-being or influence, either directly or indirectly, their present or future family or couple relationships.
- Seek to enhance the good health, both mental and physical, of adults and children by increasing public awareness of the benefit of committed couple relationships, marriage, family life and working to prevent poverty, hardship and distress caused by the breakdown of such relationships.
- Advance citizenship and community development.
- Relieve those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantages.
- Promote research into all of the above objectives and to make the results available to the public.

Public benefit

We have referred to the guidance contained in the Charity Commissions general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular the trustees consider how planned activities will contribute to the aims and objectives they have set.

Volunteers and staff

We remain incredibly grateful to our staff and volunteers, not just for the exceptional skills, qualifications and experience that they bring, but also for their continued commitment to Relate's work. We particularly wish to thank our entire team for their support, positivity and commitment as the Covid-19 pandemic has impacted all aspects of our work.

RELATE DERBY AND SOUTHERN DERBYSHIRE

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2022

Achievement and performance

Charitable activities

Throughout 2021/22 our approach to managing through the various lockdowns remained in place with the priorities of:

- Maintaining services for clients, support the most vulnerable, and manage risk
- Keep the charity running so that we were available for the people who need us
- Treating our staff fairly
- Working with our commissioners to meet any urgent need
- Being honest and transparent in our communications

We did not furlough our staff during 2021/22 as we wished to remain fully available to the public, service users and commissioners. This impacted negatively on our finances as we saw the end of a short-term contract and were unable to re-establish our service volumes due to our failure to recruit counsellors.

The recruitment of suitably skilled and qualified counsellors remained a challenge throughout the year, and we committed to review how we can become an attractive and competitive employer. We engaged the support of HR specialists to work with us to develop and implement a revised recruitment approach and reward package during 2022/23.

The qualifications and experience to provide counselling across the range of services Relate provide means that we have had to review our approach and are now looking to provide opportunities for qualified counsellors to work with us while they further enhance their skills and qualifications to work across our range of services.

The Board reviewed the progress against our strategic objectives in January 2022 with the priority to increase our self-pay services and to offer face to face counselling at the earliest opportunity, however, having engaged with our clients and staff there is a clear desire for us to provide clients the choice of virtual or face to face sessions and for staff to work their hours flexibly from home where this matches the demands of the clients. We will review this as we progress through next year. We reinstated face-to-face counselling in April 2022.

We will begin the process to review our strategy and immediate priorities in January 2023.

The principal areas of charitable activity are relationship counselling for couples and individuals including same sex couples; family counselling; psychosexual therapy; telephone helpline and children and young people's counselling (called "Safe Speak"). This is counselling for young people aged 5 to 18 years. Additionally, we offer commercial contract counselling to local companies including the Toyota Motor Manufacturing Company, and nationally via employee benevolent funds which enable us to offer free counselling to employees and their family members. This enabled us to work with employees and their families from banking, accountancy, grocers, including the large supermarkets, the civil service and the Royal Air Force and Army.

We continued to provide counselling for IAPT (Improving Access to Psychological Therapies) with clients able to access remote counselling.

Our Living Well with Autism work, funded by Derbyshire County Council, continued to provide a valuable service to people with an Autism Spectrum Condition and their families and our specialist staff were able to provide counselling at various locations across Derbyshire. Demand has increased and we are a member of the Autism Partnership Board which facilitates our collaboration with local partners and the Commissioners agreed to expand the service to better meet needs. Our Living well with Autism awareness courses were paused in March, 2021 and resumed in October 2021, and continue to run remotely every month.

Relationship counselling remains a core service offered to clients with the centre offering remote appointments between 9am and 9pm, Monday to Friday, 9am to 5pm on Fridays and also Saturday mornings. Face to face counselling was reinstated in April 2022. The evening and weekend appointments help us meet the varying needs of our clients and offer flexibility. All clients have an assessment appointment and receive on-going counselling if they wish to continue. Waiting times are monitored and every effort is made to keep these as low as possible within the restraints that limited resources impose. The service still covers Southern Derbyshire and East Staffordshire.

We were also a sub-contractor for the Relate National Hub pilot service commissioned nationally which offered support to NHS staff locally which continued through 2021/22.

We reviewed the approach to children's work and agreed that it remains a valuable part of our service and we continue to deliver children and young people's counselling through self-pay or under direct contracts with local schools and commissioners. We also have contracts with six schools, equivalent to seven days of counselling.

Additional training was provided to the administration team on safeguarding, and customer service with all staff completing mandatory data security training.

We continue to work collaboratively with Relate National and other independent Relate Centres via regular briefings and meetings.

RELATE DERBY AND SOUTHERN DERBYSHIRE

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2022

This was another year of positive collaboration, including partnership work around autism, adult and children's mental health, suicide prevention and voluntary sector collaboration.

This coming year will be another challenge. Demand for our services will stay high but medium and long-term planning will be difficult due to the longer-term effect of the pandemic, and the impact of the cost-of-living crisis on our finances. Our main goal will be to remain sustainable so that we are here for our clients. We will seek to be responsive and flexible, and continue to network with local partners, and commissioners to seek new funding opportunities which will be key to our ongoing success.

Financial review

Principal funding sources

This was another particularly challenging year with the end of some contracts reducing our income. We set a deficit plan recognising the surplus that had been achieved in the previous year. Regrettably, we performed worse than plan this was particularly impacted by the reduction in income from our remaining contracts and self-pay services due to lack of counsellor capacity. Demand for our services remains high and as we attract and develop new staff, we believe will achieve financial sustainability.

Our financial management and controls are continuing to refine and improve. We have also improved our financial reporting and continue to develop improved information for the Board to inform decision making at the Board.

With the increased volume of remote counselling, we will also seek to ensure we utilise our office space efficiently and increase our income from room hire with suitable partners where appropriate.

We have also been working to strengthen our marketing, communications, and PR, with a professional company and have reviewed our website and will continue to update and develop the content. There remains a considerable opportunity to further improve our marketing and communications.

Total incoming resources decreased in the year from £512,998 to £328,356. Resources expended decreased in the year from £464,034 to £388,156 giving a net deficit of £59,800 compared to an income of £48,964 for the previous year. The charity had funds carried forward at 31 March 2022 of £673,105 of which £Nil are restricted funds and £673,105 are unrestricted funds. Readily available cash has decreased from £222,610 to £105,750 during the year.

Reserves policy Funds are set aside for restricted reserves donated for a specific purpose, project by project and if the sums provided prove insufficient appropriate transfers will be made from unrestricted funds.

Free reserves are required to cover:

- (a) The risk of redundancies, using statutory redundancy rates for the calculations;
- (b) A small sum for urgent replacement or hire of capital equipment;
- (c) The need to provide funding from our reserves to cover the costs of continuing to trade for at least three months should we be unable to continue in business.
- (d) to enable the continuation of much needed services such as family counselling and others to those in need.

The trustees estimate that taking all of the above into account free reserves of around £180,000 are needed. On 31 March 2022 liquid reserves amounted to £223,101 and is over the required level. In the current funding climate, the trustees feel it is prudent to hold reserves in excess of the required level.

Structure, governance and management

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 1 December 2003. The company was established under a Memorandum of Association which establishes the objects and powers of the charitable company and is governed under its Articles of Association.

RELATE DERBY AND SOUTHERN DERBYSHIRE

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2022

Structure, governance and management

Recruitment and appointment of new trustees

The trustees of the charity are also the directors for the purposes of company law and under the company's articles are known as Members of the Executive Committee. Under the requirements of the Memorandum and Articles of Association the members of the Executive Committee are elected to serve for one year renewable annually without limit.

Members have been appointed to the Board in an effort to reflect a range of skills and expertise and where possible the Board will endeavour to retain/develop these skills. In the event of particular skills being lost due to retirement or resignation individuals may be approached to offer themselves for election.

The Centre is a member of the Relate Federation and is guided in its provision of services via agreed national service specifications.

The Board regularly assess compliance with the Charity Commission Good Governance Code, and agree a set of actions to strengthen our governance. As part of this work, we agreed a new Scheme of Delegation and revised our Risk Management register and approach. This is reviewed and reassessed every 6 months.

Organisational structure

Relate Derby and Southern Derbyshire has an Executive Committee of seven members who meet seven or eight times a year and are responsible for the strategic direction. These meetings continued through the year remotely. Responsibility for the day-to-day provision of services is delegated to the Chief Executive Officer, however during the 2020 we established a Covid Subgroup with the CEO, Chair and Treasurer which was given delegated authority by the Board to take urgent decisions to ensure we could respond quickly to the issues arising from the pandemic. This group continued to fulfil this role in 2021/22. We deferred the recruitment of a permanent Chief Executive feeling that continuity of the leadership was critical with the challenges of the pandemic however, a permanent Chief Executive was appointed commencing with us at the end of March 2021. Due to personal circumstances, she resigned in February 2022 and a new role of Managing Director was established as it was felt that this more accurately reflects the role required in the organisation. We are currently reassessing the capacity in the management team to reflect our challenges and operational requirements.

The Managing Director represents the local centre on a number of forums including suicide prevention, autism partnership board, children and adults' mental health forums and Relate Centre Management meetings.

Induction and training of new trustees

Trustees are given the opportunity to meet the Chief Executive Officer and other staff/Trustees, to visit the centre and have the opportunity to understand the workings of Relate Derby and Southern Derbyshire as well as Relate nationally. New members are recruited via formal external process, then invited to attend an initial meeting and are provided with an induction pack before making the decision to join the Board.

Reference and administrative details

Registered Company number

04980776 (England and Wales)

Registered Charity number

1110768

Registered office

3 Wentworth House
Vernon Gate
Derby
DE1 1UR

Trustees

Miss S Hernandez (resigned 31.7.21)

Ms T Kirman (resigned 4.1.22)

Mrs O Mills (resigned 1.9.22)

Mr K W Molyneux

Mrs L D Prescott

Mrs R Redfern (resigned 15.12.21)

Ms S Sandhu

Mrs E Haworth (appointed 25.10.22)

RELATE DERBY AND SOUTHERN DERBYSHIRE

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2022

Reference and administrative details

Auditors

Haines Watts
Chartered Accountants & Statutory Auditor
10 Stadium Business Court
Millennium Way
Pride Park
Derby
DE24 8HP

Principal Bankers

Barclays Bank
22-26 St Peters St
Derby
DE1 1SH

Statement of trustees' responsibilities

The trustees (who are also the directors of Relate Derby And Southern Derbyshire for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on and signed on its behalf by:

.....
Mrs L D Prescott - Trustee

Report of the Independent Auditors to the Members of Relate Derby And Southern Derbyshire

Opinion

We have audited the financial statements of Relate Derby And Southern Derbyshire (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Statement of Financial Position and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Report of the Independent Auditors to the Members of Relate Derby And Southern Derbyshire

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiring of management of any known or suspected instances of fraud, as well as considering management's assessment of the susceptibility of the financial statements to fraud.
- Performing substantive testing over a selection of journal entries made in the period, to address the risk of fraud due to management override of controls. With a focus on entries made by unusual team members or entries made at unusual times or on unusual dates.
- We also communicated relevant identified laws and regulations and potential fraud risks to all engagement team members, and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.
- Reviewing the financial statement disclosures and testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements. Specifically checking compliance with Charity Commission as well as employment and taxation laws and regulations.
- Performing analytical procedures to identify any unusual or unexpected relationships that may indicate an increased risk of material misstatement as a result of fraud, or management override.
- Assessing accounting estimates which have a material impact of the year end accounts, to determine if there is indication of management bias.

Our audit did not identify any key audit matters relating to the detection of irregularities including fraud. However, despite the audit being planned and conducted in accordance with ISAs (UK) there remains an unavoidable risk that material misstatements in the financial statements may not be detected owing to inherent limitations of the audit, and that by their very nature, any such instances of fraud or irregularity likely involve collusion, forgery, intentional misrepresentations, or the override of internal controls.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**Report of the Independent Auditors to the Members of
Relate Derby And Southern Derbyshire**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

James Liptrott (Senior Statutory Auditor)
for and on behalf of Haines Watts
Chartered Accountants & Statutory Auditor
10 Stadium Business Court
Millennium Way
Pride Park
Derby
DE24 8HP

Date:

RELATE DERBY AND SOUTHERN DERBYSHIRE

Statement of Financial Activities FOR THE YEAR ENDED 31 MARCH 2022

		2022 Unrestricted funds £	2021 Total funds £
Income and endowments from	Notes		
Donations and legacies		81,528	95,141
Charitable activities			
Schools		50,750	61,312
TMHD - IAPT		96,794	110,410
Southern Derbyshire		-	130,858
Grants		13,273	23,149
Other contract income		10,399	8,875
LWWA		70,310	81,760
Other trading activities	3	5,299	1,127
Investment income	4	3	366
Total		328,356	512,998
Expenditure on			
Raising funds	5	382,316	459,734
Other		5,840	4,300
Total		388,156	464,034
NET INCOME/(EXPENDITURE)		(59,800)	48,964
Reconciliation of funds			
Total funds brought forward		732,905	683,941
Total funds carried forward		673,105	732,905

The notes form part of these financial statements

RELATE DERBY AND SOUTHERN DERBYSHIRE

Statement of Financial Position 31 MARCH 2022

		2022 Unrestricted funds £	2021 Total funds £
Fixed assets	Notes		
Tangible assets	10	450,004	459,688
Current assets			
Debtors	11	131,470	104,047
Cash at bank		105,750	222,610
		237,220	326,657
Creditors			
Amounts falling due within one year	12	(14,119)	(53,440)
Net current assets		223,101	273,217
Total assets less current liabilities		673,105	732,905
NET ASSETS		673,105	732,905
Funds	13		
Unrestricted funds		673,105	732,905
Total funds		673,105	732,905

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
Mrs L D Prescott - Trustee

RELATE DERBY AND SOUTHERN DERBYSHIRE

Notes to the Financial Statements FOR THE YEAR ENDED 31 MARCH 2022

1. STATUTORY INFORMATION

Relate Derby and Southern Derbyshire is a charitable company, limited by guarantee, registered in England and Wales. The company's registered number, charitable number and registered office address can be found on the General Information page.

The presentational currency of the financial statements is the Pound Sterling (£).

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared on a going concern basis. The Directors have reviewed and considered relevant information, including the annual budget and future cash flows in making their assessment. Based on these assessments, given the measures that could be undertaken to mitigate the current adverse conditions, and the current resources available, the Directors have concluded that they can continue to adopt the going concern basis in preparing the annual report and accounts.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Voluntary income received by way of grants is recognised in full when there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity had unconditional entitlement.

In the case of contracts with customers, income is deferred to distribute the revenue over the life of the contract.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Fixtures and fittings	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds represent monies set aside by the trustees to cover unexpected cash flow deficits, or unexpected unavoidable costs in order to be able to discharge the Charity's objectives effectively.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

RELATE DERBY AND SOUTHERN DERBYSHIRE

Notes to the Financial Statements - continued FOR THE YEAR ENDED 31 MARCH 2022

2. ACCOUNTING POLICIES - continued

Fund accounting

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Debtors

Short term debtors are measured at transaction price less an impairment.

Creditors

Short term creditors are measured at transaction price.

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Social lotteries	233	192
Room hire	5,066	935
	<u>5,299</u>	<u>1,127</u>

4. INVESTMENT INCOME

	2022	2021
	£	£
Investment income	3	366
	<u>3</u>	<u>366</u>

5. RAISING FUNDS

Raising donations and legacies

	2022	2021
	£	£
Staff costs	135,378	174,449
Support costs	235,826	285,285
	<u>371,204</u>	<u>459,734</u>

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Auditors' remuneration	5,840	4,300
Depreciation - owned assets	9,684	9,683
	<u>15,524</u>	<u>13,983</u>

RELATE DERBY AND SOUTHERN DERBYSHIRE

Notes to the Financial Statements - continued FOR THE YEAR ENDED 31 MARCH 2022

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

8. STAFF COSTS

	2022 £	2021 £
Wages and salaries	247,887	302,522
Social security costs	12,513	9,259
Other pension costs	4,364	3,216
	<u>264,764</u>	<u>314,997</u>

Total key management personnel remuneration was £78,169 for the year.

The average monthly number of employees during the year was as follows:

	2022 25	2021 26
General	<u>25</u>	<u>26</u>

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
Income and endowments from	
Donations and legacies	95,141
Charitable activities	
Schools	61,312
TMHD - IAPT	110,410
Southern Derbyshire	130,858
Grants	23,149
Other contract income	8,875
LWWA	81,760
Other trading activities	1,127
Investment income	366
Total	<u>512,998</u>
Expenditure on	
Raising funds	459,734
Other	4,300
Total	<u>464,034</u>
NET INCOME	48,964
Reconciliation of funds	
Total funds brought forward	683,941

RELATE DERBY AND SOUTHERN DERBYSHIRE

Notes to the Financial Statements - continued FOR THE YEAR ENDED 31 MARCH 2022

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

Unrestricted
funds
£

Total funds carried forward	732,905
-----------------------------	---------

10. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Totals £
Cost			
At 1 April 2021 and 31 March 2022	484,171	14,915	499,086
Depreciation			
At 1 April 2021	24,483	14,915	39,398
Charge for year	9,684	-	9,684
At 31 March 2022	34,167	14,915	49,082
Net book value			
At 31 March 2022	450,004	-	450,004
At 31 March 2021	459,688	-	459,688

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	126,685	104,047
Prepayments and accrued income	4,785	-
	131,470	104,047

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	4,741	2,491
Social security and other taxes	-	2,056
Other creditors	1,938	48,893
Accruals and deferred income	7,440	-
	14,119	53,440

13. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	732,905	(59,800)	673,105
TOTAL FUNDS	732,905	(59,800)	673,105

RELATE DERBY AND SOUTHERN DERBYSHIRE

Notes to the Financial Statements - continued FOR THE YEAR ENDED 31 MARCH 2022

13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	328,356	(388,156)	(59,800)
TOTAL FUNDS	<u>328,356</u>	<u>(388,156)</u>	<u>(59,800)</u>

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	683,941	48,964	732,905
TOTAL FUNDS	<u>683,941</u>	<u>48,964</u>	<u>732,905</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	512,998	(464,034)	48,964
TOTAL FUNDS	<u>512,998</u>	<u>(464,034)</u>	<u>48,964</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	683,941	(10,836)	673,105
TOTAL FUNDS	<u>683,941</u>	<u>(10,836)</u>	<u>673,105</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	841,354	(852,190)	(10,836)
TOTAL FUNDS	<u>841,354</u>	<u>(852,190)</u>	<u>(10,836)</u>

RELATE DERBY AND SOUTHERN DERBYSHIRE

Notes to the Financial Statements - continued FOR THE YEAR ENDED 31 MARCH 2022

14. RELATED PARTY DISCLOSURES

The Charity engaged in the following related party transactions during the year:

£52 was paid to Relate Birmingham for their services.

£8,136 was paid to the Relate Contracts Team for their services.

£18,396 was paid to Relate South Yorkshire for their services.

RELATE DERBY AND SOUTHERN DERBYSHIRE

Detailed Statement of Financial Activities FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
Income and endowments		
Donations and legacies		
Client contributions and sales	81,338	90,374
Donations	190	4,767
	81,528	95,141
Other trading activities		
Social lotteries	233	192
Room hire	5,066	935
	5,299	1,127
Investment income		
Investment income	3	366
Charitable activities		
Schools	50,750	61,312
Contract work	177,503	331,903
Grants	13,273	23,149
	241,526	416,364
Total incoming resources	328,356	512,998
Expenditure		
Raising donations and legacies		
Wages	125,548	164,029
Social security	7,288	8,620
Pensions	2,542	1,800
	135,378	174,449
Other trading activities		
Bad debts	11,112	-
Support costs		
Management		
Management and admin costs	122,339	138,493
Social security	5,225	639
Pensions	1,822	1,416
Rates and water	6,127	6,034
Insurance	3,559	3,263
Light and heat	2,307	2,230
Telephone	10,087	12,594
Postage and stationery	1,589	1,555
Advertising	13,261	-
Sundries	4,714	4,506
Travel costs	-	302
Training	103	375
Cleaning, security, repairs	8,662	3,959
Office equipment	2,627	2,321
Publicity and PR	670	690
Carried forward	183,092	178,377

This page does not form part of the statutory financial statements

RELATE DERBY AND SOUTHERN DERBYSHIRE

Detailed Statement of Financial Activities FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
Management		
Brought forward	183,092	178,377
Recruitment fees	481	3,352
Consultancy fees	1,331	812
Accountancy and legal fees	14,459	13,867
Computer expenses	8,495	10,659
Operational support	18,284	68,535
Depreciation of tangible and heritage assets	9,684	9,683
	235,826	285,285
Governance costs		
Auditors' remuneration	5,840	4,300
	388,156	464,034
Total resources expended	388,156	464,034
Net (expenditure)/income	(59,800)	48,964

Accounts

REGISTERED COMPANY NUMBER: 04980776 (England and Wales)
REGISTERED CHARITY NUMBER: 1110768

**Report of the Trustees and
Financial Statements for the Year Ended 31 March 2021
for
RELATE DERBY AND SOUTHERN DERBYSHIRE**

Haines Watts
Chartered Accountants & Statutory Auditor
10 Stadium Business Court
Millennium Way
Pride Park
Derby
DE24 8HP

RELATE DERBY AND SOUTHERN DERBYSHIRE

Contents of the Financial Statements FOR THE YEAR ENDED 31 MARCH 2021

	Page
Report of the Trustees	1 to 6
Report of the Independent Auditors	7 to 9
Statement of Financial Activities	10
Statement of Financial Position	11
Statement of Cash Flows	12
Notes to the Statement of Cash Flows	13
Notes to the Financial Statements	14 to 19
Detailed Statement of Financial Activities	20 to 21

RELATE DERBY AND SOUTHERN DERBYSHIRE

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Objectives and activities

Objectives and aims

The objectives of the charity are to:

- Educate the public concerning the benefits of secure couple relationships, marriage and family life in order to improve the emotional, sexual and spiritual well-being of individuals which is derived from committed relationship.
- Provide counselling, advice, education, guidance and relief to adults and/or children in relation to any aspects of contemporary life or work which may prejudice their physical or mental well-being or influence, either directly or indirectly, their present or future family or couple relationships.
- Seek to enhance the good health, both mental and physical, of adults and children by increasing public awareness of the benefit of committed couple relationships, marriage, family life and working to prevent poverty, hardship and distress caused by the breakdown of such relationships.
- Advance citizenship and community development.
- Relieve those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantages.
- Promote research into all of the above objectives and to make the results available to the public.

Public benefit

We have referred to the guidance contained in the Charity Commissions general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular the trustees consider how planned activities will contribute to the aims and objectives they have set.

Volunteers and staff

We remain incredibly grateful to our staff and volunteers, not just for the exceptional skills, qualifications and experience that they bring, but also for their continued commitment to Relate's work. We particularly wish to thank our entire team for their support, positivity and commitment as the Covid-19 pandemic has impacted all aspects of our work.

RELATE DERBY AND SOUTHERN DERBYSHIRE

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2021

Achievement and performance

Charitable activities

The Board reviewed the progress against our strategic objectives in January 2020 with the priority to increase our self-pay and children's counselling and maintain and expand the range of contracts for counselling with local commissioners and partners.

We had planned to continue the work to explore a potential merger with Relate Chesterfield and North Derbyshire and whilst discussions were advanced and positive, when the impact of the pandemic became known we decided to halt the discussions, to enable the appropriate focus on the immediate challenge.

The Covid pandemic began to have an impact in March 2020 leading to the national lockdown on 23rd March 2020 and fundamentally changed our plans for the year. However, our management and staff responded quickly and flexibly to the challenge enabling us to respond more quickly than other statutory and voluntary partners and we were able to continue to support clients albeit remotely and the whole system throughout 20/21.

Our priorities and approach to meeting the challenge of the pandemic were:

- Maintain service for clients, support the most vulnerable, and manage risk
- Keep the charity running so that we were available for the for people who need us
- Treat our staff fairly
- Work with our commissioners to meet any urgent need
- Be honest and transparent in our communications

At the time of lockdown, we were in the fortunate position of having laptops and mobile phones available for everyone who needed them; a cloud-based system for our administration systems, counsellors trained and experienced in phone and video counselling and a whole staff team that worked quickly and flexibly through the change. We used unfilled time for training and familiarisation of the new ways of working. We chose not to furlough any staff, working to ensure as far as possible that we remained fully available to the public, service users and commissioners. During the year we surveyed staff and found that staff felt supported and felt largely positive about the move to remote counselling and working.

The main areas of charitable activity are relationship counselling for couples and individuals including same sex couples; family counselling; psychosexual therapy; telephone helpline and children and young people's counselling (called "Safe Speak"). This is counselling for young people aged 5 to 18 years. Additionally, we offer commercial contract counselling to local companies including the Toyota Motor Manufacturing Company, and nationally via employee benevolent funds which enable us to offer free counselling to employees and their family members. This enabled us to work with employees and their families from banking, accountancy, grocers, including the large supermarkets, the civil service and the Royal Air Force and Army.

When the national lockdown was announced we remained open to counselling for IAPT (Improving Access to Psychological Therapies) with clients able to access remote counselling.

Our Living Well with Autism work, funded by Derbyshire County Council, continued to provide a valuable service to people with an Autism Spectrum Condition and their families and our specialist staff were able to provide counselling at various locations across Derbyshire. Demand has increased and we are a member of the Autism Partnership Board which facilitates our collaboration with local partners and the Commissioners agreed to expand the service to better meet needs. Our Living well with Autism awareness courses were paused in March, and resumed in October, and continue to run remotely every month.

Relationship counselling remains a core service offered to clients with the centre offering remote appointments between 9am and 9pm, Monday to Friday, 9am to 5pm on Fridays and also Saturday mornings. The evening and weekend appointments help us meet the varying needs of our clients and offer flexibility. All clients have an assessment appointment and receive on-going counselling if they wish to continue. Waiting times are monitored and every effort is made to keep these as low as possible within the restraints that limited resources impose. The service still covers Southern Derbyshire and East Staffordshire.

We have a small waiting list of clients who wish to have face to face counselling and we will provide this option as soon as it is safe to do so, although following the success of remote counselling we are keen to keep both options available to increase the accessibility of our services.

We were also a sub-contractor for the Relate National Hub pilot service commissioned nationally which offered support to NHS staff locally.

We reviewed the approach to children's work and agreed that it remains a valuable part of our service and we continue to deliver children and young people's counselling through self-pay or under direct contracts with local schools and commissioners.

RELATE DERBY AND SOUTHERN DERBYSHIRE

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2021

We have contracts with eight schools, equivalent to seven days of counselling. Some schools have opted to defer their contracts and others have continued to pay for and use their counsellor. We were flexible with schools and did not hold them to the normal notice period given the exceptional circumstances and challenges that schools faced, as we were able to use spare counsellor capacity for the other work.

We reacted to the Covid crisis by liaising with commissioners about local need which resulted in our Targeted Intervention Community Triage (TICT) contract to provide support for children and young people's mental health. We provided a triage service for referrals and counselling by web and phone to children and young people, with support to families if needed. Continuing to work closely with Relate Chesterfield and North Derbyshire they are seeing children and young people in the north of the county.

Additional training was provided to the administration team on safeguarding, and customer service with all staff completing mandatory data security training.

Recruitment of suitably skilled and qualified counsellors remains a challenge and we are currently reviewing how we can ensure we are an attractive and competitive employer.

We continue to work collaboratively with Relate National and other independent Relate Centres via regular briefings and meetings, including of ARCT and ARCCO

This was another year of positive collaboration, including partnership work around autism, adult and children's mental health, suicide prevention and voluntary sector collaboration.

This coming year will be another challenge. Demand for our services will stay high but medium- and long-term strategy planning will be difficult due to the ongoing uncertainty and widescale economic impact of the pandemic. Our main goal will be to remain sustainable so that we are here for our clients. We will seek to be responsive and flexible, and continue to network with local partners, and commissioners to seek new funding opportunities which will be key to our ongoing success.

RELATE DERBY AND SOUTHERN DERBYSHIRE

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2021

Financial review

Principal funding sources

This was a very challenging but successful year for Relate as we achieved a surplus of £49K which considering the disruption caused by Covid is an excellent result. This could not have been achieved without the commitment, hard work and flexibility of our management team and staff.

This leaves the charity in a very strong financial position.

Our financial management and controls have significantly improved in the last two years, and we are continuing to refine and embed these. We have also improved our financial reporting and are developing comprehensive KPIs to provide greater assurance and management information to inform decision making at the Board.

We continue to strive to diversify our income streams to ensure the continuity of services and over the last year we have been successful in this with income being derived from clients, local authority, NHS Trust and CCG contracts for services, contracts with schools, room hire and charitable donations.

With the increased volume of remote counselling, we will also seek to ensure we utilise our office space efficiently and increase our income from room hire with suitable partners where appropriate.

We have also been working to strengthen our marketing, communications, and PR, and whilst we have made good progress, there is still a considerable opportunity to further improve our marketing and we are engaging a professional company to support us across the specialist areas as we believe this will be more effective.

Total incoming resources decreased in the year from £524,836 to £512,998. Resources expended decreased in the year from £799,805 to £464,034 giving a net income of £48,964 compared to a deficit of £274,969 for the previous year. The charity had funds carried forward at 31 March 2021 of £732,905 of which £Nil are restricted funds and £732,905 are unrestricted funds. Readily available cash has increased from £152,937 to £222,610 during the year.

Reserves policy Funds are set aside for restricted reserves donated for a specific purpose, project by project and if the sums provided prove insufficient appropriate transfers will be made from unrestricted funds.

Free reserves are required to cover:

(a) The risk of redundancies, using statutory redundancy rates for the calculations; (b) A small sum for urgent replacement or hire of capital equipment;

(c) Building up a year's reserve to cover rent and service charge should it be necessary to vacate the premises and or current shop premises and find an alternative tenancy.

(d) The need to provide funding from our reserves to cover the costs of continuing to trade for at least three months should we be unable to continue in business.

(e) to enable the continuation of much needed services such as family counselling and others to those in need.

The trustees estimate that taking all of the above into account free reserves of around £180,000 are needed. At 31 March 2021 liquid reserves amounted to £273,217 and is over the required level. In the current funding climate, the trustees feel it is prudent to hold reserves in excess of the required level.

Structure, governance and management

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 1 December 2003. The company was established under a Memorandum of Association which establishes the objects and powers of the charitable company and is governed under its Articles of Association.

RELATE DERBY AND SOUTHERN DERBYSHIRE

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management

Recruitment and appointment of new trustees

The trustees of the charity are also the directors for the purposes of company law and under the company's articles are known as Members of the Executive Committee. Under the requirements of the Memorandum and Articles of Association the members of the Executive Committee are elected to serve for one year renewable annually without limit.

Members have been appointed to the Board in an effort to reflect a range of skills and expertise and where possible the Board will endeavour to retain/develop these skills. In the event of particular skills being lost due to retirement or resignation individuals may be approached to offer themselves for election.

The Centre is a member of the Relate Federation and is guided in its provision of services via agreed national service specifications.

During the previous year the Board assessed compliance with the Charity Commission Good Governance Code, and agreed a set of actions to strengthen our governance. As part of this work, we agreed a new Scheme of Delegation and revised our Risk Management register and approach.

Organisational structure

Relate Derby and Southern Derbyshire has an Executive Committee of seven members who meet seven or eight times a year and are responsible for the strategic direction. These meetings continued through the year remotely. Responsibility for the day-to-day provision of services is delegated to the Chief Executive Officer, however during the year we established a Covid Sub Group with the CEO, Chair and Treasurer which was given delegated authority by the Board to take urgent decisions to ensure we could respond quickly to the issues arising from the pandemic. We deferred the recruitment of a permanent Chief Executive feeling that continuity of the leadership was critical with the challenges of the pandemic. A permanent Chief Executive was appointed commencing with us at the end of March 2021.

The Chief Executive Officer represents the local centre on a number of forums including suicide prevention, autism partnership board, children and adults' mental health fora and Relate Centre Management meetings.

Induction and training of new trustees

Trustees are given the opportunity to meet the Chief Executive Officer and other staff/Trustees, to visit the centre and have the opportunity to understand the workings of Relate Derby and Southern Derbyshire as well as Relate nationally. New members are recruited via formal external process, then invited to attend an initial meeting and are provided with an induction pack before making the decision to join the Board.

Reference and administrative details

Registered Company number

04980776 (England and Wales)

Registered Charity number

1110768

Registered office

3 Wentworth House
Vernon Gate
Derby
DE1 1UR

Trustees

Miss S Hernandez
Ms T Kirman
Mrs O Mills
Mr K W Molyneux
Mrs L D Prescott
Mrs R Redfern
Ms S Sandhu
Mr J W A Watkin (resigned 29.5.20)

Auditors

Haines Watts
Chartered Accountants & Statutory Auditor
10 Stadium Business Court
Millennium Way
Pride Park
Derby
DE24 8HP

RELATE DERBY AND SOUTHERN DERBYSHIRE

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2021

Reference and administrative details

Principal Bankers

Barclays Bank
22-26 St Peters St
Derby
DE1 1SH

Statement of trustees' responsibilities

The trustees (who are also the directors of Relate Derby and Southern Derbyshire for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

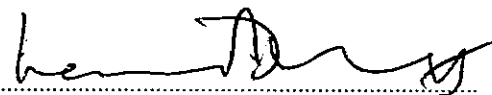
- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Auditors

The auditors, Haines Watts, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 24th November 2021 and signed on its behalf by:



Mrs L D Prescott - Trustee

Report of the Independent Auditors to the Members of Relate Derby and Southern Derbyshire

Opinion

We have audited the financial statements of Relate Derby and Southern Derbyshire (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

However, not all future events or conditions can be predicted. The COVID-19 viral pandemic is one of the most significant economic events for the UK with unprecedented levels of uncertainty of outcomes. It is therefore difficult to evaluate all of the potential implications on the company's trade, customers, suppliers and wider economy.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Report of the Independent Auditors to the Members of Relate Derby and Southern Derbyshire

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiring of management of any known or suspected instances of fraud, as well as considering management's assessment of the susceptibility of the financial statements to fraud.
- Performing substantive testing over a selection of journal entries made in the period, to address the risk of fraud due to management override of controls. With a focus on entries made by unusual team members or entries made at unusual times or on unusual dates.
- We also communicated relevant identified laws and regulations and potential fraud risks to all engagement team members, and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.
- Reviewing the financial statement disclosures and testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements. Specifically checking compliance with Charity Commission as well as employment and taxation laws and regulations.
- Performing analytical procedures to identify any unusual or unexpected relationships that may indicate an increased risk of material misstatement as a result of fraud, or management override.
- Assessing accounting estimates which have a material impact of the year end accounts, to determine if there is indication of management bias.

Our audit did not identify any key audit matters relating to the detection of irregularities including fraud. However, despite the audit being planned and conducted in accordance with ISAs (UK) there remains an unavoidable risk that material misstatements in the financial statements may not be detected owing to inherent limitations of the audit, and that by their very nature, any such instances of fraud or irregularity likely involve collusion, forgery, intentional misrepresentations, or the override of internal controls.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**Report of the Independent Auditors to the Members of
Relate Derby and Southern Derbyshire**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

James Liptrott (Senior Statutory Auditor)
for and on behalf of Haines Watts
Chartered Accountants & Statutory Auditor
10 Stadium Business Court
Millennium Way
Pride Park
Derby
DE24 8HP

Date:

RELATE DERBY AND SOUTHERN DERBYSHIRE

Statement of Financial Activities FOR THE YEAR ENDED 31 MARCH 2021

		2021 Unrestricted funds £	2020 Total funds £
Income and endowments from	Notes		
Donations and legacies	3	95,141	141,826
Charitable activities	6		
Erewash CCG		-	10,687
Schools		61,312	55,271
TMHD - IAPT		110,410	121,510
Southern Derbyshire		130,858	149,922
N Derbys & Hardwick CCG's		-	34,223
Grants		23,149	-
Other contract income		8,875	-
LWWA		81,760	-
Other trading activities	4	1,127	9,776
Investment income	5	366	1,621
Total		512,998	524,836
Expenditure on			
Raising funds	7	459,734	793,205
Other		4,300	6,600
Total		464,034	799,805
NET INCOME/(EXPENDITURE)		48,964	(274,969)
Reconciliation of funds			
Total funds brought forward		683,941	958,910
Total funds carried forward		732,905	683,941

The notes form part of these financial statements

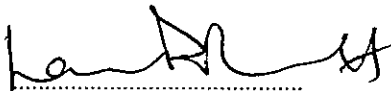
RELATE DERBY AND SOUTHERN DERBYSHIRE

Statement of Financial Position 31 MARCH 2021

		2021 Unrestricted funds £	2020 Total funds £
Fixed assets	Notes		
Tangible assets	13	459,688	469,371
Current assets			
Debtors	14	104,047	115,645
Cash at bank		222,610	152,937
		<u>326,657</u>	<u>268,582</u>
Creditors			
Amounts falling due within one year	15	(53,440)	(54,012)
Net current assets		<u>273,217</u>	<u>214,570</u>
Total assets less current liabilities		<u>732,905</u>	<u>683,941</u>
NET ASSETS		<u>732,905</u>	<u>683,941</u>
Funds	16		
Unrestricted funds		732,905	683,941
Total funds		<u>732,905</u>	<u>683,941</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 24th March 2021 and were signed on its behalf by:


Mrs L D Prescott - Trustee

The notes form part of these financial statements

RELATE DERBY AND SOUTHERN DERBYSHIRE

Statement of Cash Flows FOR THE YEAR ENDED 31 MARCH 2021

	Notes	2021 £	2020 £
Cash flows from operating activities			
Cash generated from operations	1	69,673	(175,299)
Net cash provided by/(used in) operating activities		<u>69,673</u>	<u>(175,299)</u>
Change in cash and cash equivalents in the reporting period		<u>69,673</u>	<u>(175,299)</u>
Cash and cash equivalents at the beginning of the reporting period		152,937	328,236
Cash and cash equivalents at the end of the reporting period		<u>222,610</u>	<u>152,937</u>

The notes form part of these financial statements

RELATE DERBY AND SOUTHERN DERBYSHIRE

Notes to the Statement of Cash Flows FOR THE YEAR ENDED 31 MARCH 2021

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES		
	2021 £	2020 £
Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)	48,964	(274,969)
Adjustments for:		
Depreciation charges	9,683	7,400
Decrease in debtors	11,598	90,761
(Decrease)/increase in creditors	(572)	1,509
Net cash provided by/(used in) operations	<u>69,673</u>	<u>(175,299)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS			
	At 1.4.20 £	Cash flow £	At 31.3.21 £
Net cash			
Cash at bank	<u>152,937</u>	<u>69,673</u>	<u>222,610</u>
	<u>152,937</u>	<u>69,673</u>	<u>222,610</u>
Total	<u>152,937</u>	<u>69,673</u>	<u>222,610</u>

The notes form part of these financial statements

RELATE DERBY AND SOUTHERN DERBYSHIRE

Notes to the Financial Statements FOR THE YEAR ENDED 31 MARCH 2021

1. STATUTORY INFORMATION

Relate Derby and Southern Derbyshire is a charitable company, limited by guarantee, registered in England and Wales. The company's registered number, charitable number and registered office address can be found on the General Information page.

The presentational currency of the financial statements is the Pound Sterling (£).

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared on a going concern basis. The Directors have reviewed and considered relevant information, including the annual budget and future cash flows in making their assessment. In particular, in response to the COVID-19 pandemic, the Directors have tested their cash flow analysis to take into account the impact on their business of possible scenarios brought on by the impact of COVID-19, alongside the measures that they can take to mitigate the impact. Based on these assessments, given the measures that could be undertaken to mitigate the current adverse conditions, and the current resources available, the Directors have concluded that they can continue to adopt the going concern basis in preparing the annual report and accounts.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Voluntary income received by way of grants is recognised in full when there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity had unconditional entitlement.

In the case of contracts with customers, income is deferred to distribute the revenue over the life of the contract.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Fixtures and fittings	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds represent monies set aside by the trustees to cover unexpected cash flow deficits, or unexpected unavoidable costs in order to be able to discharge the Charity's objectives effectively.

RELATE DERBY AND SOUTHERN DERBYSHIRE

Notes to the Financial Statements - continued FOR THE YEAR ENDED 31 MARCH 2021

2. ACCOUNTING POLICIES - continued

Fund accounting

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Debtors

Short term debtors are measured at transaction price less an impairment.

Creditors

Short term creditors are measured at transaction price.

3. DONATIONS AND LEGACIES

	2021 £	2020 £
Client contributions and sales	90,374	139,679
Donations	4,767	2,147
	<u>95,141</u>	<u>141,826</u>

4. OTHER TRADING ACTIVITIES

	2021 £	2020 £
Shop income	-	2,117
Social lotteries	192	276
Room hire	935	7,383
	<u>1,127</u>	<u>9,776</u>

5. INVESTMENT INCOME

	2021 £	2020 £
Investment income	366	1,621

6. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2021 £	2020 £
Contract work	Erewash CCG	-	10,687
Schools	Schools	61,312	55,271
Contract work	TMHD - IAPT	110,410	121,510
Contract work	Southern Derbyshire	130,858	149,922
Contract work	N Derbys & Hardwick CCG's	-	34,223
Grants	Grants	23,149	-
Contract work	Other contract income	8,875	-
Contract work	LWWA	81,760	-
		<u>416,364</u>	<u>371,613</u>

Grants of £23,149 (2020: £NIL) were received in 2021 relation to support for the Covid-19 pandemic.

RELATE DERBY AND SOUTHERN DERBYSHIRE

Notes to the Financial Statements - continued FOR THE YEAR ENDED 31 MARCH 2021

7. RAISING FUNDS

Raising donations and legacies

	2021	2020
	£	£
Staff costs	174,449	442,140
Support costs	285,285	348,309
	<u>459,734</u>	<u>790,449</u>

Other trading activities

	2021	2020
	£	£
Support costs	-	2,756
	<u>-</u>	<u>2,756</u>
Aggregate amounts	<u>459,734</u>	<u>793,205</u>

8. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Raising donations and legacies	285,285	-	285,285
Other resources expended	-	4,300	4,300
	<u>285,285</u>	<u>4,300</u>	<u>289,585</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Auditors' remuneration	4,300	6,600
Depreciation - owned assets	9,683	7,400
	<u>13,983</u>	<u>14,000</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

11. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	302,522	537,210
Social security costs	9,259	26,926
Other pension costs	3,216	9,529
	<u>314,997</u>	<u>573,665</u>

The average monthly number of employees during the year was as follows:

	2021	2020
General	<u>26</u>	<u>36</u>

RELATE DERBY AND SOUTHERN DERBYSHIRE

Notes to the Financial Statements - continued FOR THE YEAR ENDED 31 MARCH 2021

11. STAFF COSTS - continued

No employees received emoluments in excess of £60,000.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
Income and endowments from	
Donations and legacies	141,826
Charitable activities	
Erewash CCG	10,687
Schools	55,271
TMHD - IAPT	121,510
Southern Derbyshire	149,922
N Derbys & Hardwick CCG's	34,223
Other trading activities	9,776
Investment income	1,621
Total	524,836
Expenditure on	
Raising funds	793,205
Other	6,600
Total	799,805
NET INCOME/(EXPENDITURE)	(274,969)
Reconciliation of funds	
Total funds brought forward	958,910
Total funds carried forward	<u>683,941</u>

13. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Totals £
Cost			
At 1 April 2020 and 31 March 2021	<u>484,171</u>	<u>14,915</u>	<u>499,086</u>
Depreciation			
At 1 April 2020	14,800	14,915	29,715
Charge for year	9,683	-	9,683
At 31 March 2021	<u>24,483</u>	<u>14,915</u>	<u>39,398</u>
Net book value			
At 31 March 2021	<u>459,688</u>	-	<u>459,688</u>
At 31 March 2020	<u>469,371</u>	-	<u>469,371</u>

RELATE DERBY AND SOUTHERN DERBYSHIRE

Notes to the Financial Statements - continued FOR THE YEAR ENDED 31 MARCH 2021

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade debtors	<u>104,047</u>	<u>115,645</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	2,491	8,601
Social security and other taxes	2,056	2,760
Other creditors	<u>48,893</u>	<u>42,651</u>
	<u>53,440</u>	<u>54,012</u>

16. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	At 31.3.21
	£	£	£
Unrestricted funds			
General fund	683,941	48,964	732,905
TOTAL FUNDS	<u>683,941</u>	<u>48,964</u>	<u>732,905</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	512,998	(464,034)	48,964
TOTAL FUNDS	<u>512,998</u>	<u>(464,034)</u>	<u>48,964</u>

Comparatives for movement in funds

	At 1.4.19	Net movement in funds	At 31.3.20
	£	£	£
Unrestricted funds			
General fund	958,910	(274,969)	683,941
TOTAL FUNDS	<u>958,910</u>	<u>(274,969)</u>	<u>683,941</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	524,836	(799,805)	(274,969)
TOTAL FUNDS	<u>524,836</u>	<u>(799,805)</u>	<u>(274,969)</u>

RELATE DERBY AND SOUTHERN DERBYSHIRE

Notes to the Financial Statements - continued FOR THE YEAR ENDED 31 MARCH 2021

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	958,910	(226,005)	732,905
TOTAL FUNDS	<u>958,910</u>	<u>(226,005)</u>	<u>732,905</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,037,834	(1,263,839)	(226,005)
TOTAL FUNDS	<u>1,037,834</u>	<u>(1,263,839)</u>	<u>(226,005)</u>

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

18. FUNDS

Income in advance

Income in advance of £NIL (2020: £5,896) has been recognised in other creditors.

RELATE DERBY AND SOUTHERN DERBYSHIRE

Detailed Statement of Financial Activities FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
Income and endowments		
Donations and legacies		
Client contributions and sales	90,374	139,679
Donations	4,767	2,147
	<u>95,141</u>	<u>141,826</u>
Other trading activities		
Shop income	-	2,117
Social lotteries	192	276
Room hire	935	7,383
	<u>1,127</u>	<u>9,776</u>
Investment income		
Investment income	366	1,621
Charitable activities		
Schools	61,312	55,271
Contract work	331,903	316,342
Grants	23,149	-
	<u>416,364</u>	<u>371,613</u>
Total incoming resources	512,998	524,836
Expenditure		
Raising donations and legacies		
Wages	164,029	414,043
Social security	8,620	20,753
Pensions	1,800	7,344
	<u>174,449</u>	<u>442,140</u>
Support costs		
Management		
Management and admin costs	138,493	123,167
Social security	639	6,173
Pensions	1,416	2,185
Rates and water	6,034	5,855
Insurance	3,263	5,852
Light and heat	2,230	9,698
Telephone	12,594	15,431
Postage and stationery	1,555	7,154
Sundries	4,506	7,272
Travel costs	302	3,945
Training	375	771
Cleaning, security, repairs	3,959	11,146
Office equipment	2,321	737
Room hire	-	12,340
Publicity and PR	690	240
Charity shop expenditure	-	2,756
Carried forward	<u>178,377</u>	<u>214,722</u>

This page does not form part of the statutory financial statements

RELATE DERBY AND SOUTHERN DERBYSHIRE

Detailed Statement of Financial Activities FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
Management		
Brought forward		
Recruitment fees	178,377	214,722
Consultancy fees	3,352	10,990
Healthcare expenses	812	19,308
Accountancy and legal fees	-	835
Computer expenses	13,867	13,293
Agency staff	10,659	4,572
Operational support	-	12,838
Freehold property	68,535	67,107
	9,683	7,400
	<u>285,285</u>	<u>351,065</u>
Governance costs		
Auditors' remuneration	4,300	6,600
Total resources expended	<u>464,034</u>	<u>799,805</u>
Net income/(expenditure)	<u>48,964</u>	<u>(274,969)</u>

This page does not form part of the statutory financial statements