

G-Force Annual Report

Period - April 2020 to March 2021

By Mark Ashcroft – Chair of the Board of Trustees

It will be no surprise that the main factor that impacted all our work during this time was the pandemic.

Overnight we saw all our projects based in local Schools, the Doctors Surgery, the G-Force Centre, the Church on the Brow, the various Sheltered Schemes and the Community Café come to a halt.

This included the numerous Art and Art therapy classes, Skiing lessons, Football training, the Youth Club, Zumba classes, coffee mornings, numerous environmental projects, School assemblies, the THT funded 'Talentmatch+' project, the Oldfield Brow Partnership, community Fun days and community trips as well as a whole range of planned youth activities including canoeing sessions, bike rides and other outdoor activities.

The whole organisation G-Force closed, with every member of the staff staying at home.

But, within a week to 10 days it became obvious that there were many emerging needs and G-Force again were perfectly placed to help address these and, by doing so, help bolster the cohesiveness of our community through this incredibly difficult time.

The needs fell into 5 basic areas:-

- Food poverty
- Loneliness & isolation
- The impact on Mental Health
- Reduction in general Physical fitness
- Lack of social interaction

To make matters harder, the pandemic also brought new 'in house' issues we had to deal with as an organisation. They were:-

- Finding the resources to address the newly emerging needs
- The added financial insecurity brought about by the inability to fulfil funded contracts and subsequent loss of previously secure funding
- The lack of capacity within the Board to support the Mgmt Team.
- The enforced closure of the café and the reduced income that followed
- Finding the fund core costs such as Staff wages

Added to this, at our AGM in Jan 2021, we also had to deal with a serious issue based within the Board of Trustees that had the potential of bringing G-Force to an end completely. I am happy to report that this issue was brought to a head in Autumn 2021 and resolved completely by the members voting in a new Board.

Despite all the challenges G-Force had to face, we found that with 10 days of complete closure we found ourselves back up and running with all the core staff removed from furlough and fully employed again delivering a host of modified services aimed at addressing 'needs' brought about by the pandemic.

This service evolved very quickly over the initial months and resulted in G-Force engaging with a whole host of new volunteers, funders and like-minded organisations who worked together to provide a host of emotional and practical support to literally 100's and 100's of older people, clinically vulnerable people, families and children.

Distribution of over 1400 Easter Eggs to over 800 households

This was our first project and it allowed us to make our first connection with people. It made us realise just how fearful and anxious people were feeling. By giving them an Easter egg, it gave us the opportunity to say that they were not alone, that we cared, and we were there to help if needed.



The distribution of Food Hampers

At its peak we were distributing on average 80 hampers a week to hundreds of families and individuals. We also had to source the food ourselves via a mixture of donations and by purchasing it ourselves. To make this happen we engaged numerous volunteers all of whom gave their time and effort generously. Many local religious groups, voluntary organisations and individuals also gave financially to help.

We work closely with many support groups and statutory agencies to make sure those in most need get the help



they need. Food poverty is not a simple thing though. Most families feed their kids to the detriment of everything else but if the gas bill or rent isn't paid all this does is lay a foundation of problems for the future. We found that our food hampers (which are full of fresh food and vegetables) allowed people (who are struggling to make ends



meet) to use their limited fiscal resources in a better way and this helped them until their circumstances get better. We also gave food hampers to the local Police as they often come into contact with families in great need.



The distribution of food meals to the old and those having to isolate

This work started almost immediately after the start of the



lockdown in March. We were approached by our friends at the Altrincham Muslim Association and asked for contacts of people who would benefit. The project developed to the point where, at its height, we were producing and distributing over 130 hot meals a week for those severely affected by the pandemic. This service did reduce in number but even so by March 2021 we were still distributing 40+ meals a week to the elderly and those most vulnerable.



The 'Hidden Talent' Project

This project (designed to help unemployed Young People & adults increase their employability) was severely impacted at the start of the pandemic but it has resumed although on a much smaller scale.

Free lunches for children during school holidays

This project started in Easter and since then we have distributed nearly 2000 free packed lunches and over 1000 care packs to children &



Young People. This is extremely well received and a very important service making sure children and



Young People get the opportunity to get a healthy lunch. We service will continue and further develop into the future.

The sunflower project

The idea behind this project was to engage people in a positive activity that connected them to nature and to something they could take extra pleasure in as the sunflowers grew and bloomed over the coming weeks and months. Packs of 100 sunflower seeds, pots and compost went to over 140 households.

The Daffodil Project

This project was built on the back of the sunflower projects success and was distributed in the depths of the winter covid peak when there was a real sense of foreboding and concern about what the



future held. The idea was that by planting these bulbs we together had something to look forward to and, by doing so believed and invested in a brighter future. The idea was not lost of those who engaged in the project and over 4000 bulbs were distributed to over 160 families.



Painting portraits of NHS workers

As a thank you to the NHS and critical workers we painted pictures of them in their PPE. This was very well received and has had some good local press. We also had a mural added to the wall at the side of the café of Winston Churchill to celebrate VE Day in May 2020.



Flowers for funerals

We helped a few families who had suffered the loss of a close one by providing flower displays for funerals free of charge

The distribution of Christmas toys to families and gifts for older and vulnerable people



This year the toys and clothes donated were severely reduced but, through careful planning, we still managed to help over 80 struggling families with toys and clothing for their children.



The Christmas gingerbread activities



The five local Schools we work with wanted this project to continue regardless of the pandemic as it was felt to be a 'little bit of normal' for the pupils. So, we packaged the gingerbread men into packs for each class and sent them into the schools for them to do themselves. 1500 pupils in 5 local Schools enjoyed the activity.



The Oldfield Brow Partnership

The Partnership was put on hold at the start of the pandemic but started up again virtually in Feb 2021. It was massively important to get this up and running again as so much strategic work was needed to help the communities recover and become more resilient.

G-Force Community Café

Up until closedown the G-Force cafes turnover had jumped by nearly 20%, to the point where we had to register for VAT. We have though had to subsequently withdrawn our VAT registration as the annual turnover has been massively affected by being closed.



All the Café staff were fully furloughed from 20th March 2020 to the 1st September 2020, at which time we reopened. As the restrictions ebbed and flowed the staff moved from full furlough to partial furlough as we manage the business. The café closed again in Jan 2021 reopening again in May 2021.

During lockdown we took advantage of the closure to refit the café, at a cost of just over £10k. This was needed as the café was starting to look tired. It also showed our community that we believed in the future and were investing in it too. I am also pleased to report that a new 'ten year' lease for the café was agreed with Irwell Valley Homes in June 2020.

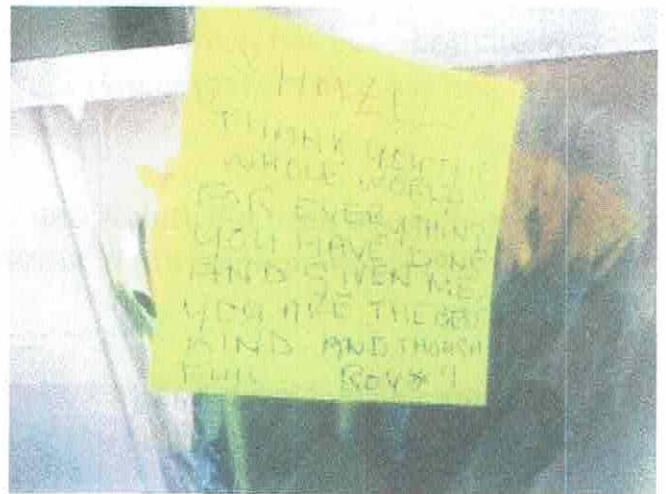
When closed the café was used for storing and sorting food parcels as well as a collection point for food parcels and children's lunches

Our thanks go to Lydia and her staff in the café for the great job they do. It has been a very demanding for them with the pressure of having to create a 'covid secure' environment within the café for staff and customers. Throughout this period they have all acted with a high level of professionalism and commitment and we have appreciated that.



Mental Health support

All our projects only succeed because are based around supporting people 'in the round'. The food hampers and hot meals only feed the body but the interaction between G-Force volunteers and staff and the recipients is just as important. The tears that have been shed on doorsteps by people sharing their fears and loneliness is staggering. Sometimes we are the only people they saw from one week to the next and this has allowed us the privilege to be able to offer other support.



Like the lady who was self-harming and under great emotional turmoil. We were able to offer practical help in tidying and decorating her home as well as matching her up with a G-Force 'friend' who she talks to weekly. She helped her sort out many aspects of her life bringing the order and stability she needed for better mental health. Her self-harming has now stopped.

The G-Force Centre

The centre still is a wonderful resource for us and is used well. The Food Bank have now leased the main room for the next 5 years and they moved in in Jan 2021. We are looking forward to working with them even more closely.

The roof at the centre is leaking more and more and will need reroofing as a matter of urgency to secure the buildings future.

The G-Force minibuses

We have 'sorned' the larger minibus and just use the smaller of the two. This is to reduce costs until both are needed again. We are unsure as to when the minibus will be brought back into operation.

The Free Laptops and Ipads Project

We have received funding to distribute free ipads to lonely and isolated older people and giving them access to contact their families and friends.

Funding report

I am pleased to report that thankfully many funders stepped up to 'the mark' by offering funding that wasn't ringfenced, allowing us the flexibility to follow need. Our sincere thanks go to all those funders who had the belief and the foresight to allow us to do this. Without your help we just could not have done what we have. We also had many individuals see what we were doing and send us donation too. Their help was invaluable and helped secure the future of G-Force during this difficult time.

Overall, considering the incredible change we have faced, we believe G-Force have changed and adapted and had a real impact supporting those most in need within our community.

We have found ourselves helping families for whom the pandemic has had catastrophic affect, some of whom had never needed to ask for help before. It has been both heart breaking to hear some of the stories and rewarding to know that G-Force has helped so much.

The future continues to be challenging and full of uncertainty but even so, we feel G-Force is perfectly placed to continue to have a positive impact in the communities we serve and to help those most in need.

As Chair I would like to thank the mgnt Team of Paul, Tina and Hazel for their amazing work and resilience during this time as well as the staff at the café for their hard work too.

My thanks also go to the numerous volunteers who have helped us over the years and especially those who, over the weeks and months since the start of the pandemic, have enabled us to do so much more.

Finally, I must also thank the Statutory Agencies, Housing Associations, local Schools, charitable and funding bodies, local businesses and other voluntary and community groups and those that have made private and corporate donations too.

We should also mention our close work with our local Councillors from whom, and to whom, referrals for help are often made. Without you we just could not have done what we have, and we will be forever grateful.

Mark Ashcroft – Chair of G-Force

Minutes of the G-Force Annual General Meeting

Held on 31st Jan 2020 at 7pm at the G-Force Cafe and on Zoom

Trustees Present

Mark Ashcroft, Jackie Marsh, Wendy Ashcroft, David Macdonald-Higgins & Barbara Taylor

Mgmt Team present

Hazel Berrisford, Paul Huxley & Tina Huxley

Members Present

Ann Hunter – Hilda Baker – Grant McKenzie – Elizabeth MacDonald-Higgins – Ian Taylor - Natalie Huxley - David Huxley – Amy Huxley – Julian Newgrosh – Val Quirk – Jez Quirk – Shaun Ennis

Apologies

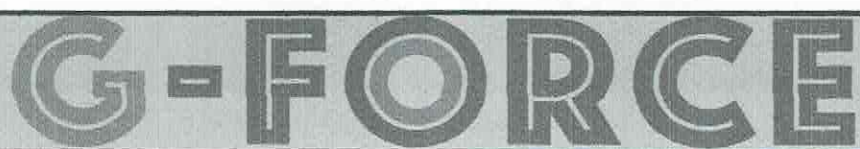
Leslie Thacker – Helen Jackson – Adrian Morris – Lyndsey Morris – Julie Keyworth – Kerry Hindle - Amanda Findley – Tracey Riley – Racheal Ashcroft

Item	Meeting started at 7pm	Action Required
1.	Welcome & Apologies The Chair Mark Ashcroft welcomed everyone to the meeting and thanked those for attending either in person or via Zoom	
2.	Minutes of the last SGM dated 9th Sept 2021 The minutes were received and accepted by all at the meeting as a true and accurate record	
3.	Annual Report for the period 1st April 2020 to 31st March 2021 The report was presented by Paul Huxley & Mark Ashcroft, then welcomed and accepted by the meeting.	
4.	Matters arising The meeting decided to move the next AGM to May-June time.	
5.	Accounts for Approval The accounts were presented by the Treasurer David MacDonald-Higgins who stated the accounts have been prepared by an independent external Accountant. David suggested that the financial position of G-Force is reasonably healthy. David answered questions and then recommended them to the meeting for approval. The meeting unanimously accepted the accounts as a true and accurate record of the fiscal dealings of G-Force.	
6.	Election/appointment of the Board, Chair, Secretary & Treasurer It was proposed by Ian Taylor that, as the Board had only been in position since the SGM in September, that it be reappointed for another year. This was seconded by Ann Hunter There were no objections, and the proposal was accepted unanimously by all the members at the meeting.	
7.	Any other business Julian suggested we check out the minibus issues ref the Clean Air Zone starting in May 2022 as we may be entitled to an exemption due to the work we do.	
8.	Closing the meeting and date of next meeting The Chair thanked those in attendance for giving their time & closed the meeting at 7.35pm He informed the meeting that the date and place of the next meeting is yet to be decided	

M.P. Ashcroft
J.A. Marsh

ASHCROFT M.P
J.A. MARSH

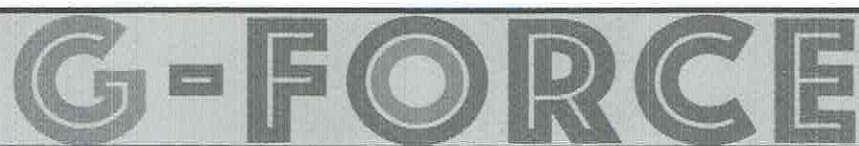
Chair of G. Force
secretary



REPORT AND ACCOUNTS

FOR THE PERIOD ENDED 31 MARCH 2021

REGISTERED CHARITY: 1110767



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FOR THE PERIOD ENDED 31 MARCH 2021

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Independent External Examiners Report

for the year ending 31st March 2021

In accordance with the request of G-Force Charity; to examine its Reports and Accounts (without the undertaking of an Audit) for the year ended 31st March 2021

Based in the information given, invoices and receipts provided, overviews of projects and explanations received I have pleasure in recommending the Reports & Accounts setting out the dealings of G-Force Registered Charity: 1110767, as a true and accurate record

Signed

Hilton Jones Limited

Chartered Certified Accountants

Hollinwood Business Centre
Albert Street
Oldham
Lancashire
OL8 3QL



STATEMENT OF FINANCIAL ACTIVITIES

For the period ended 31 March 2021

	Year ended 31 March 2021	Year ended 31 March 2020
Income and Expenditure		
Incoming Resources		
Cafe Trading Income	21455	100386
Alt Baptist Church	2000	
Alt & Hale Muslim Assoc	4250	
Broadheath Comm Assoc	500	
BOSS		2664
Outside Catering Income	1600	
Compensation	5000	
Income from Primary Schools	3185	3870
IVH	1850	
Donations & Misc Income	34423	15933
Friends of Watling Park		685
Hidden Talent Project	15944	8438
Hits Radio	875	
Forever Manchester	5000	
THT Holiday Hunger	2000	7440
SMCA	30000	32526
minibus income		1187
Maverick Stars	5400	
Sale Mayoral fund	1500	
TalentMatch		8835
Job Retention Scheme Grants	27754	
THT Social Investment Fund	9892	11292
Tesco		1000
TMBC	10000	
TMBC VSC	7000	2000
Trafford Food Bank Rent	2625	
Oglesby Trust	9250	
Virgin Foundation		250
Zochonis Trust	7500	7000
Total Incoming Resources	209,003	203,506

G-FORCE

STATEMENT OF FINANCIAL ACTIVITIES

	Year ended 31 March 2021	Year ended 31 March 2020
Resources Expended		
BOSS environmental expenses		588
Cafe food & drink	8091	39261
Cafe Licences	271	531
Cafe maintenance	68	299
Café Refit	11045	
Cafe stationary & advertising costs	111	181
Cafe Telephone and broadband	611	787
Cafe Utility Bills	3920	7952
Café bins		789
Café Sundry		80
Café Rent and Rates		367
Café - Capital Equipment purchased		2607
Hits Radio exp	525	
Hot meals project	2115	
Forever MCR Food Program	4917	
G-Force Centre Cleaning	73	5
G-Force Centre legal costs		244
G-Force Centre repairs above £500	1417	33
G-Force Centre repairs below £501	335	681
G-Force Centre Tel & Broadband	300	
G-Force Centre TV Licence	158	155
G-Force Centre Utilities	2148	1446
G-Force Centre Volunteer costs		
Motor Depn		
cost of activities	5219	9480
Liability Insurance	1932	2227
Licence & Membership Fees	119	40
Legal Costs	300	520
Minibus insurance	1147	2058
Mens Shed		60
Minibus Road Tax & Repairs	361	2254
Postage, printing & stationary	1112	845
Publicity		
Pension payments	5780	5973
Wages & Nat Ins	139816	127286
Staff Expenses		93
Talentmatch YP support costs	300	910
Telephone, mobile & Ipads	2282	1253
TMBC VSC exp	231	
Travel	2399	3690
Website, computer & internet, zoom	629	
Volunteers Expenses	327	205
misc		1012
VAT liability	2827	
Total of Resources Expended	200883	213,912



STATEMENT OF FINANCIAL ACTIVITIES - continued
For the period ended 31 March 2021

	Year ended 31 March 2021	Year ended 31 March 2020
Total Resources brought forward from 1st April	206,827	217,233
Net movement in Resources for the year	8,120	- 10,406
Net movement an Assets	-	
Funds at 31 March	<u>214,947</u>	<u>206,827</u>

All activities are classed as continuing.
Movements on reserves and all recognised gains and losses are shown above.

G-FORCE

BALANCE SHEET As at 31 March 2021

Notes	31-Mar-21 Total	31-Mar-20 Total
Fixed Assets		
B/fwd book value of Tangible assets	201,287	201,287
Additions		
	<u>201,287</u>	<u>201,287</u>
*G-Force Family Centre		
Current Assets		
Prepayments (Rates in café)	-	
Cash at bank as year end	13,660	5,540
	<u>13,660</u>	<u>5,540</u>
Creditors		
<u>Amounts falling due within one year</u>		
Accruals		
PAYE	-	-
	<u>-</u>	<u>-</u>
Net Assets	<u>214,947</u>	<u>206,827</u>
Funds		
Unrestricted funds	211,017	203,045
Restricted funds	3,930	3,782
	<u>214,947</u>	<u>206,827</u>

98.17%
1.83%

Approved by the trustees on

 Trustee Treasurer Date 31/01/2022

The notes on pages 5 and 6 form part of these accounts

G-FORCE

NOTES TO THE ACCOUNTS

As at 31 March 2021

1 FIXED ASSETS

	<u>FIXTURES & FITTINGS</u>	<u>BUILDING</u>	<u>MOTOR</u>	<u>TOTAL</u>
COST				
At 1 April 2020	8801	200000	28297	37098
Additions				
Disposals				
At 31 March 2021	<u>8801</u>	<u>200000</u>	<u>28297</u>	<u>37098</u>

DEPRECIATION

At 1 April 2020	8508	0	27303	35811
Depn this year	0	0	0	0
At 31 March 2021	<u>8508</u>	<u>0</u>	<u>27303</u>	<u>35811</u>

NET BOOK VALUE

At 31 March 2020	<u>293</u>	<u>200000</u>	<u>994</u>	<u>1287</u>
At 31 March 2021	<u>293</u>	<u>200000</u>	<u>994</u>	<u>201287</u>



NOTES TO THE ACCOUNTS - Continued
As at 31 March 2021

**2 CREDITORS: AMOUNTS FALLING
DUE WITHIN ONE YEAR**

	2021	2020
	£	£
Accrued expenses	0	0
PAYE	0	0
	<u>0</u>	<u>0</u>

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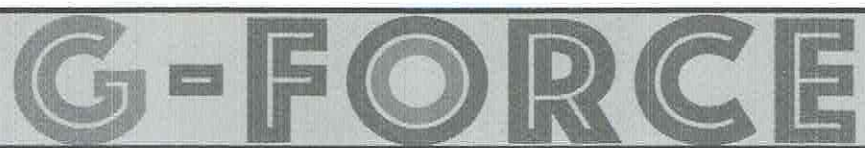
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1 FIXED ASSETS

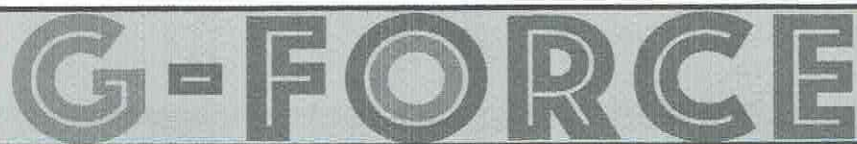
	<u>FIXTURES & FITTINGS</u>	<u>BUILDING</u>	<u>MOTOR</u>	<u>TOTAL</u>
COST				
At 1 April 2020	8801	200000	28297	37098
Additions				
Disposals				
At 31 March 2021	<u>8801</u>	<u>200000</u>	<u>28297</u>	<u>37098</u>

DEPRECIATION

At 1 April 2020	8508	0	27303	35811
Depn this year	0	0	0	0
At 31 March 2021	<u>8508</u>	<u>0</u>	<u>27303</u>	<u>35811</u>

NET BOOK VALUE

At 31 March 2020	<u>293</u>	<u>200000</u>	<u>994</u>	<u>1287</u>
At 31 March 2021	<u>293</u>	<u>200000</u>	<u>994</u>	<u>201287</u>



NOTES TO THE ACCOUNTS - Continued
As at 31 March 2021

**2 CREDITORS: AMOUNTS FALLING
DUE WITHIN ONE YEAR**

	2021	2020
	£	£
Accrued expenses	0	0
PAYE	0	0
	<u>0</u>	<u>0</u>