



## Trustees' Annual Report for the period

	Period start date				Period end date		
From	01	04	2022	To	31	03	2023

### Section A Reference and administration details

Charity name His Bread

Other names charity is known by

Registered charity number (if any) 1110604

Charity's principal address 48 Haylands Way

Bedford

Postcode

MK41 9BU

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rupert Gordon Bankart			
2	Graham Noel Popland			
3	Brian Burke			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				

#### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

## Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

## Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	His Bread is a registered charity governed by a Trust Deed adopted on 19th June 2005 and registered with the Charity Commission on 27th July 2005.
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Any new trustees would be appointed by existing trustees by mutual agreement.

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

The charities main objects as set out in the Trust Deed are:

- 1) To advance the Christian faith in accordance with the statement of beliefs appearing in the schedule hereto in Bedford and in such parts of the United Kingdom or the world as the trustees from time to time think fit and to fulfil such other purposes which are exclusively charitable according to the law of England and Wales and connected with the charitable work of the trust.
- 2) To relieve persons who are in conditions of need or hardship or who are sick and to relieve the distress caused thereby in said location and in such other parts of the United Kingdom or the world as the trustees may from time to time, think fit.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The trustees have regard to the guidance issued by the Charity Commission on public benefit and the following are the main activities that have been undertaken.

- Support of fleeing people in Myanmar with food
- Bible study group meeting mainly at our house
- David's Tent attendance to advance gospel and to be equipped
- Money gift to Uganda – Kampala
- Support of persecuted Christian – support for flight ticket out of Oman after being imprisoned.
- Leprosy mission donation
- Meetings and outings (prayer walks and fellow hip meals)
- Support of Medical Team at New Wine conference
- Natural Supernatural conference in Watford – equipping of the saints.
- Conference Revival is Now in Bedford
- Heaven in Health care conference in Graves end – attended with two medical students.
- Donation to rebuild a house destroyed through storm in Romania.
- Support of refugees, widows and orphans (Iraq, Ukraine)
- Books, teaching material and music given out over the year.
- Provision for Ukraine (bedsheets for a hospital)
- Our outreach events in Bedford, Bletchley and Wolverton have continued, with additional events in Kettering, Reading and Buckingham, playing music and giving away CD's, DVD's and tracts and presenting the gospel.
- We continue to support West View Academy, a girl's school in Kenya.
- Ongoing support for a number for local churches including upgrading of equipment.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

Like last year HIS Bread has supported the caring of young people with anxiety. Social and practical skills have been imparted.

Support of Refugees from Iraq who struggle with illness and costs for VISAs.

Support of a family from Ukraine who lived with a member of our fellowship.

We have supported the medical team at the New Wine conference in Peterborough with a donation.

We have had several training/ conference trips to David's tent and Natural Supernatural in Watford. Those events were a great way to network with other nations and for workers to be equipped and restored.

Monies given to Uganda, India, Myanmar, Ukraine, Turkey and the Leprosy mission which supports people living in poverty overseas.

Local group meetings to support folk who are isolated and need community. Also, with creative activities. The Zoom subscription is still useful.

Supply of books and music

Enabled school in Kenya to purchase a minibus.

Sound Equipment upgrade for Bunyan Rd Christian Fellowship

## Section E

## Financial review

**Brief statement of the charity's policy on reserves:**

The reserves of the charity will continue to be used to fund the outreach events and provide financial support for people in need and such Christian or charitable organisations as the trustees see fit.

**Details of any funds materially in deficit**

None

**Further financial review details (Optional information)**

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

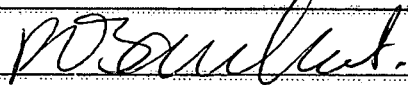

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date

	
Dr RUPERT G. Bankton	GRAHAM N. POLAND
TRUSTEE	TRUSTEE

01/01/2024



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
His Bread

No (if any)  
1110604

CC16a

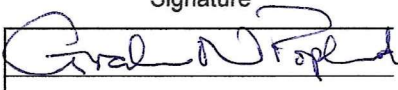
## Receipts and payments accounts

For the period from	Period start date 01/04/2022	To	Period end date 31/03/2023
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations Received	83,320	-	-	83,320	58,256
Gift Aid	13,538	-	-	13,538	20,432
Fundraising Events	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>96,858</b>	<b>-</b>	<b>-</b>	<b>96,858</b>	<b>78,688</b>
<b>A2 Asset and investment sales, (see table).</b>					
Loan repayments received	1,180	-	-	1,180	2,320
	-	-	-	-	-
<b>Sub total</b>	<b>1,180</b>	<b>-</b>	<b>-</b>	<b>1,180</b>	<b>2,320</b>
<b>Total receipts</b>	<b>98,038</b>	<b>-</b>	<b>-</b>	<b>98,038</b>	<b>81,008</b>
<b>A3 Payments</b>					
General Purchases	2,017	-	-	2,017	4,688
Fuel and Oil (MOTOR)	1,328	-	-	1,328	1,355
U.K. Entertainment	350	-	-	350	368
Subsistence	1,001	-	-	1,001	751
Conferences	4,658	-	-	4,658	5,317
Hosting Fees and IT Consumables	449	-	-	449	219
Repairs and Renewals	12,811	-	-	12,811	8,658
Donations	78,695	-	-	78,695	50,399
Audit and Accountancy	100	-	-	100	100
<b>Sub total</b>	<b>101,409</b>	<b>-</b>	<b>-</b>	<b>101,409</b>	<b>71,855</b>
<b>A4 Asset and investment purchases. (see table)</b>					
Loans made	-	-	-	-	3,500
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>3,500</b>
<b>Total payments</b>	<b>101,409</b>	<b>-</b>	<b>-</b>	<b>101,409</b>	<b>75,355</b>
<b>Net of receipts/(payments)</b>	<b>- 3,371</b>	<b>-</b>	<b>-</b>	<b>- 3,371</b>	<b>5,653</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>23,456</b>	<b>-</b>	<b>-</b>	<b>23,456</b>	<b>17,803</b>
<b>Cash funds this year end</b>	<b>20,085</b>	<b>-</b>	<b>-</b>	<b>20,085</b>	<b>23,456</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Account	20,085	-	-
			-	-
		-	-	-
	<b>Total cash funds</b>	20,085	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			GRAHAM POLAND	01-01-2024





Section A

Independent Examiner's Report

Report to the trustees/ members of	His Bread		
On accounts for the year ended	31 March 2023	Charity no (if any)	1110604
Set out on pages	1 - 2		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:  Date: 09 November 2023

Name: Nana Opoku Barfi

Relevant professional  
qualification(s) or body  
(if any):

1. Fellow - Certified Public Accountants Association (FCPA)
2. Member – Association of Independent Charity Examiners (MCIE)

Address:

16 Butlers Grove  
Great Linford, Milton Keynes  
MK14 5DT



Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.