

HEATHROW SCHOOL OF GYMNASTICS & DANCE LTD

England & Wales · Charity number 1110574

Details

Status Registered

Legal form Charitable company

Company number [05365687](#)

Registered 2005-07-26

Register [View on the Charity Commission register](#)

Contact

Address Heathrow Gymnastic Club
Green Lane
Hounslow
TW4 6DH

Phone 02089779772

Email info@heathrowgymnastics.org.uk

Website www.heathrowgymnastics.org.uk

Activities

Objects: A. TO ACQUIRE, HOLD, MANAGE, MAINTAIN AND ADMINISTER THE ASSETS AND LIABILITIES OF THE SCHOOL BEING THE REGISTERED CHARITY NO.1003591.B. TO ADVANCE FOR THE BENEFIT OF THE PUBLIC THE EDUCATION OF YOUNG PERSONS WITHIN THE LONDON BOROUGH OF HOUNSLOW AND THE NEIGHBOURHOOD (HEREINAFTER CALLED "THE AREA OF BENEFIT") BY ENSURING THAT DUE ATTENTION IS GIVEN TO THE PHYSICAL EDUCATION OF SUCH PERSONS AS WELL AS TO THE DEVELOPMENT AND OCCUPATION OF THEIR MINDS AND WITH A VIEW TO FURTHERING THIS OBJECT TO ENCOURAGE AND PROMOTE AND TO JOIN WITH OTHER PERSONS AND ORGANISATIONS IN ENCOURAGING AND PROMOTING IN THE AREA OF BENEFIT THE SPORT OF GYMNASTICS AND THE PRACTICE OF SUCH SPORT BY PERSONS OF ALL AGES INCLUDING PERSONS UNDER DISABILITY WHETHER MENTAL OR PHYSICAL AND TO PROVIDE OR ASSIST IN THE ORGANIZATION AND PROVISION OF FACILITIES AND TO ENCOURAGE SUCH PERSONS TO PARTICIPATE IN GYMNASTICS IN ITS WIDEST SENSE INCLUDING DANCE.C. TO PROVIDE OR ASSIST IN THE ORGANIZATION OR PROVISION OF FACILITIES FOR PHYSICAL RECREATION IN THE INTERESTS OF SOCIAL WELFARE IN ANY PART OF THE AREA OF BENEFIT WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE FOR SUCH PERSONS AND WHO BY REASON OF THEIR YOUTH AND ABILITY AND SOCIAL AND ECONOMIC CIRCUMSTANCES HAVE NEED OF SUCH FACILITIES.D. TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION AND LEISURE TIME OCCUPATION WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF THE PUBLIC AT LARGE.

Activities: The significant activities of the Club are coaching and competitions.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space
- **What:** Education/training, Amateur Sport
- **Who:** Children/young People

Geography

- **Area of benefit:** LONDON BOROUGH OF HOUNSLOW AND THE NEIGHBOURHOOD.
- Hounslow

Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-28	£1,638,953	£1,549,168	£1,073,047	58
2024-02-29	£1,503,028	£1,417,334	£983,262	55
2023-02-28	£1,407,468	£1,303,720	£897,568	55
2022-02-28	£1,253,455	£1,175,317	£793,820	47
2021-02-28	£850,747	£1,079,606	£715,682	46

Trustees

Name	Role	Appointed
Dr TIMOTHY JOHN ANTISS		
Mihaela Zdrali		2015-04-20
Paul Richard Gibbons		2016-11-23

HEATHROW SCHOOL OF GYMNASTICS & DANCE LTD

England & Wales - Charity number 1110574

Accounts

Registered company number :05365687 (England and Wales)
Registered charity number: 1110574

Report and Accounts
Financial statements for the year ended
28 February 2025
for
Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Report and accounts
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**Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee**

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2025

The trustees (and the directors of the charity for the purposes of company law), present their report with the financial statements of the charity for the year ended 28 February 2025.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Name	Heathrow School of Gymnastics & Dance Limited
Registered Company number	05365687 (England and Wales)
Registered Charity number	1110574
Principal address and registered office	Green Lane Hounslow Middlesex TW4 6DH
Trustees	T J Anstiss Mihaela Zdrali Paul Gibbons
Company Secretary	Mihaela Zdrali
Directors	V Walduck - Chief Executive Officer & Head coach Paul Gibbons Mihaela Zdrali T J Anstiss
Independent Examiner	Mohan Kripalani (Penningtons Accountants Limited) 2 Crosslands Avenue London England W5 3QH
Bankers	Lloyds TSB Bank Plc 73-75 High Street Staines Middlesex TW18 4PP
Solicitors	Ashfords LLP, Tower Wharf, Cheese Ln, Bristol BS2 0JJ

Heathrow School of Gymnastics & Dance Limited

Company Limited by Guarantee

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the company law.

Heathrow School of Gymnastics & Dance Limited was incorporated on 15 February 2005 and was registered as a charity on 26 July 2005. The company is managed on behalf of the members by a Board of Trustees. The day to day administration is under the control of the Chief Executive.

The company operates under the name of Heathrow Gymnastics Club, hereinafter referred to as the Club.

Recruitment and appointment of new trustees

The directors of the company under the company's Articles are known as members of the Board of Trustees. The Board of Trustees seeks to ensure that the interests of the gymnasts and the development of the Club are appropriately reflected through the skills and diversity of the Management Committee. Individuals who exhibits a close active interest in the daily running and activities of the Club and have appropriate skills are invited to join the Management Committee.

Induction and training of new trustees

Newly appointed trustees are familiar with the operations of the Club. Additionally new trustees are encouraged to attend a series of training sessions to familiarise them with the charity and the structure of British Gymnastics. These sessions are conducted by the Programme Director, the Director of Administration and Coaching Director of the charity and cover the following areas:

- The obligations of the Management committee members.
- The operational framework of the charity.
- The resources and current financial position as set out in the latest published accounts.
- The future plans and objectives.

The Charity Commission's guide 'Responsibilities of Charity Trustees' is also issued to new trustees on appointment.

Organisational structure

The management committee meets at regular intervals with the Programme Director, the Director of Coaching and the Director of Administration. Between them, they are responsible for all operational matters, including the financing and management of gymnastic activities. The Programme Director is responsible to the Trustees.

Wider network

The Club has developed a strong relationship with Hounslow Council, the British Gymnastics and a good network of users. This together with the commitment of the coaching staff has ensured that the Club continues to achieve the annual objectives set by the Management Committee.

Related parties

No trustee or other person related to the charity had any personal interest in any contract. There were no related party transactions during the year that are not shown elsewhere in the accounts.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The Management Committee regularly reviews risk management with input from the Director of Coaching and Director of Administration.

The Trustees are in touch with the CEO monthly and immediately if necessary.

**Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee**

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2025

OBJECTIVES, ACTIVITIES AND PUBLIC BENEFIT

The Trustees have had regard to the Charity Commission's guidance on public benefit in carrying out the charity's objectives.

Objectives and aims

To offer the community of the London Borough of Hounslow and wider, the opportunity for young people to take part in the sport of gymnastics. To enhance their physical and mental health and a range of skills that will benefit them now and in later life. Welcoming all abilities to participate in a unique sport that develops strength, coordination, courage, communication, concentration and team work skills.

The club continues to provide a high level of service to its members from passionate, educated and caring coaches that strive to allow each gymnast to thrive. The Trustees remain committed to ensuring the Club aims are met and involve themselves in the service we provide and how we can improve further. Following a small expansion of members exceeding 1200, we will need to ensure that the quality of coaching is kept and whether this increase is manageable. We continue to reinvest any club surplus funds back into facility upgrades, new equipment and tools to help our gymnasts improve, be safe and for our coaches to be inventive in their lessons. The Club invested in new toilets for each gym. The club continues to have very good competitive results regionally, nationally and internationally across 4 disciplines.

Significant activities

The significant activities of the Club are coaching and competitions.

Volunteers

The Management Committee and a pool of volunteers carry out number of activities relating to catering and fund raising.

Heathrow School of Gymnastics & Dance Limited

Company Limited by Guarantee

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2025

Strategic Report

The following sections for achievements and performance and financial review form the strategic report of the charity.

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

The club is running at capacity and is now focused on improving and maintaining the highest quality of provision in every aspect. The clubs membership has now returned to approx 1,100 and we do not plan to increase this. The Club has had to carefully monitor income and expenditure with increasing costs. The Clubs administrative team have also made improvements on Safeguarding and record keeping.

The Club's success is measured by membership numbers, reduction in gymnast turnover, competitive success, the feedback of satisfied parents and the clubs waiting list.

Fundraising activities

Donations and grants are more difficult to gain with strict criteria that need to be fulfilled. Replacement of equipment is rarely funded.

Internal and external factors

The Club has developed a strong relationship with Hounslow Council, the British Gymnastics and a good network of users. This together with the commitment of the coaching staff has ensured that the Club continues to achieve the annual objectives set by the Management Committee.

FINANCIAL REVIEW

Results for the period

Unrestricted Funds

In the year, the overall net income / (net deficit) of the charity amounted to £89,785 [2024-£85,694].

Heathrow School of Gymnastics & Dance Limited

Company Limited by Guarantee

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2025

Reserves policy

In line with Charity Commission requirements, the Board of Trustees recognise the need to maintain reserves to ensure that the company meets statutory and contractual obligations. Provision is made to ensure sufficient funds for the following contingencies:

Staff redundancies

Sickness cover

Uninsured losses (e.g. excesses on professional indemnity and employment claims)

Flood

Fire

The Board of Trustees also recognise the need for sufficient funds to replace existing and invest in new gymnastic equipment to ensure the continued operation and development of gymnastic programmes. The trustees are of the opinion that a reserve of £400,000 is sufficient towards any contingencies that may arise in future.

Principal funding sources

The principal funding sources for the Club were generated from training fees, hire of the gymnasium and PlayGym.

FUTURE DEVELOPMENTS

The Club will continue to strengthen coaching resources and will continue to grow our community activities for the benefit of Hounslow and the surrounding areas.

The club will also be upgrading its lighting to LED which would provide reduced costs and eco friendly environmental care. Solar panels are being considered for the future.

Statement of Trustees' and Directors' Responsibilities

The Board of trustees including the directors are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the trustees and directors to prepare accounts for each financial year. Under that law the trustees have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees and directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the trustees and directors are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees and directors are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The directors and trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website.

STATEMENT AS TO DISCLOSURE OF INFORMATION TO THE INDEPENDENT EXAMINER

- there is no relevant audit information of which the charitable company's independent examiners are unaware; and
- the trustees and directors have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the charitable company's independent examiners are aware of that information.

The trustees' and directors' annual report and the strategic report were approved on 9th October 2025.
and signed on behalf of the board of trustees by:

ON BEHALF OF THE BOARD:

.....
Ms Mihaela Zdrali
Director/Trustee

Heathrow School of Gymnastics & Dance Limited
Independent Examiner's Report

Independent Examiner's Report to the Trustees of
Heathrow School of Gymnastics & Dance Limited

I report to the trustees on my examination of the financial statements of Heathrow School of Gymnastics & Dance Limited for the year ended 28 February 2025.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. ('the 2006 Act).

I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of the body listed in section 145 in the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe;

- 1) the accounting records were not kept in accordance with section 130 of the Charities Act; or
- 2) the financial statements do not accord with those records; or
- 3) the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirements that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4) the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mohan Kripalani
Penningtons Accountants Limited
Chartered Accountants

2 Crosslands Avenue
London
England
W5 3QH

9 October 2025

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Statement of Financial Activities
(Including Income and Expenditure Account)
for the year ended 28 February 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 £	2024 £
INCOMING RESOURCES					
Incoming resources from generated funds					
Grant Income	2	-	-	-	500
Activities for generating funds	3	178,315	-	178,315	144,429
Investment income	4	20,427	-	20,427	14,212
Incoming resources from charitable activities					
Provision of gymnastic facilities	5	1,440,211	-	1,440,211	1,343,887
Total incoming resources		1,638,953	-	1,638,953	1,503,028
RESOURCES EXPENDED					
Costs of generating funds					
Fundraising trading: cost of goods sold and other costs	6	116,512	-	116,512	117,114
Charitable activities					
Provision of gymnastic facilities	7	1,371,693	-	1,371,693	1,238,159
Governance costs	9	60,963	-	60,963	62,061
Interest payable	12	-	-	-	-
Total resources expended		1,549,168	-	1,549,168	1,417,334
NET INCOMING / (OUTGOING) RESOURCES		89,785	-	89,785	85,694
RECONCILIATION OF FUNDS					
Total funds brought forward		603,527	379,735	983,262	897,568
TOTAL FUNDS CARRIED FORWARD		693,312	379,735	1,073,047	983,262

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Balance Sheet
as at 28 February 2025

	Notes	Unrestricted Funds	Restricted Funds	2025 Total Funds £ £	2024 Total Funds £ £
Fixed assets					
Tangible assets	13	199,152	79,735	278,887	237,824
Current assets					
Stocks	14	28,678	-	28,678	19,193
Debtors	15	55	-	55	824
Cash at bank and in hand		574,356	300,000	874,356	822,385
		<u>603,089</u>	<u>300,000</u>	<u>903,089</u>	<u>842,402</u>
Creditors: amounts falling due within one year	16	(108,929)	-	(108,929)	(96,964)
Net current assets		<u>494,160</u>	<u>300,000</u>	<u>794,160</u>	<u>745,438</u>
NET ASSETS		<u>693,312</u>	<u>379,735</u>	<u>1,073,047</u>	<u>983,262</u>
FUNDS					
Unrestricted funds	19			693,312	603,527
Restricted funds				379,735	379,735
Total funds				<u>1,073,047</u>	<u>983,262</u>

The financial statements are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies.

Members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

These financial statements were approved by the members of the committee on the TBA and are signed on their behalf by:

09/10/2025
Mihaela Zdrali
Director/Trustee

09/10/2025
V Walduck - Chief Executive Officer & Head coach
Director

Company Registration number: 05365687 (England and Wales)

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Cash Flow Statement
for the year ended 28 February 2025

	2025	2024
	£	£
Operating activities		
Profit for the financial year	89,785	85,694
Adjustments for:		
Depreciation	79,826	62,977
Increase in stocks	(9,485)	(1,817)
Decrease in debtors	769	14,297
Increase in creditors	11,965	6,949
	<u>172,860</u>	<u>168,100</u>
Cash generated by operating activities	<u>172,860</u>	<u>168,100</u>
Investing activities		
Payments to acquire tangible fixed assets	<u>(120,889)</u>	<u>(35,580)</u>
Cash generated by investing activities	<u>(120,889)</u>	<u>(35,580)</u>
Net cash generated	51,971	132,520
Cash at bank and in hand less overdrafts at 1 March	<u>822,385</u>	<u>689,865</u>
Cash at bank and in hand less overdrafts at 28 February	<u><u>874,356</u></u>	<u><u>822,385</u></u>
Cash and cash equivalents comprise:		
Cash at bank and in hand	<u><u>874,356</u></u>	<u><u>822,385</u></u>
	-	-

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2025

1 Accounting policies

Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

Basis of preparation

The financial statements have been prepared on the historical cost basis with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

No amounts are included for the contribution of general volunteers.

Income from grants for the supply of services is recognised with the delivery of the required service. These are classified as restricted funds as there is a contractual requirement for it to be spent on a particular purpose and returned if unspent.

Income from gymnastics and dance contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is accounted for on an accruals basis, inclusive of VAT, and has been classified under headings that aggregate all cost related to the category.

Expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

Other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2025

Volunteer time

A significant contribution is made by volunteers throughout the year and the value of these donated services is not reflected in the accounts.

Allocation and apportionment of costs

The trustees have allocated the support costs on a direct basis which they deem to be most accurate.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Equipment costing £500 or less is not capitalised but is expensed in the year of purchase.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Long Leasehold	Over the term of the lease
Fixtures & Equipments	10% on cost
Gymnasium equipment	25% on cost
Motor vehicle	25% on cost

Stocks

Stock is valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for a particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing and hire purchase commitments

Rentals paid under operating leases are charged to income on a straight line basis over the lease term.

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Investments

Investments are measured at fair values less any accumulated impairment losses.

Going Concern

There are no material uncertainties about the charity's ability to continue.

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2025

2 Grant Income	2025	2024
	£	£
Donations	-	500
	-	500
3 Activities for generating funds	2025	2024
	£	£
Hire of club	6,079	12,014
Clothing	46,086	48,088
Competitions, Displays and courses	120,247	81,037
Vending machine	4,456	3,290
Miscellaneous	1,447	-
	178,315	144,429
4 Investment income	2025	2024
	£	£
Deposit account interest	20,427	14,212
	20,427	14,212
5 Incoming resources from Charitable Activities	2025	2024
	£	£
Training Fees		
Activity		
Provision of Gymnastic facilities	1,440,211	1,343,887
	1,440,211	1,343,887
6 Fundraising Trading: Cost of goods sold and other costs	2025	2024
	£	£
Clothing and chalk	44,528	61,616
Competitions and displays	39,467	20,894
Vending machine	12,122	12,992
Photographs and DVDs	-	94
Support costs (note 8)	19,069	19,494
Gifts	1,326	2,024
	116,512	117,114

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2025

7 Charitable activities costs	Direct costs	Support costs (see note 8)	Totals
	£	£	£
Provision of gymnastic facilities	<u>1,009,383</u>	<u>362,310</u>	<u>1,371,693</u>

8 Support costs	Management	Information Technology	Human Resources	Totals
	£	£	£	£
Fundraising trading : cost of goods sold and other costs	13,179	949	4,941	19,069
Provision of gymnastic facilities	<u>250,399</u>	<u>18,023</u>	<u>93,888</u>	<u>362,310</u>
	<u>263,578</u>	<u>18,972</u>	<u>98,829</u>	<u>381,379</u>

Activity	Basis of allocation
Management	Staff Time
Information technology	Staff Time
Human resources	Staff Time

Support costs, included in the above, are as follows:

		2025	2024
	Fundraising trading : cost of goods sold and other costs £	Provision of gymnastic facilities £	Total activities £
		Total activities £	Total activities £
Rent, rates & water	1,152	21,881	22,836
Insurance	485	9,221	9,269
Light and heat	1,898	36,062	37,960
Telephone	158	3,011	3,169
Printing, postage and stationery	333	6,319	6,652
Other support cost	5,162	98,070	103,232
Depreciation and loss on disposal	3,991	75,835	79,826
Computer costs	949	18,023	18,972
Reception & administrative wages	4,339	82,446	86,785
Reception & administrative social security	484	9,193	9,677
Reception and administrator pension cost	112	2,130	2,242
Reception and administrator fees	6	119	125
	<u>19,069</u>	<u>362,310</u>	<u>381,379</u>
		<u>381,379</u>	<u>389,907</u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2025

9 Governance costs	2025	2024
	£	£
Accountancy & book keeping fees	4,813	4,850
Management and admin fees	51,150	46,402
Legal fees	2,380	8,259
Fines	70	-
Independent Examiner's fees	2,550	2,550
	60,963	62,061

10 Net incoming / (outgoing) resources for the year	2025	2024
	£	£
Net resources are stated after charging:		
Independent Examiner's fees	2,550	2,550
Depreciation - owned assets	79,826	62,977

11 Wages and salaries

The average number of employees, calculated on the basis of full time equivalents was:

	2025	2024
	Number	Number
Coaches	56	54
Administration	2	2
	58	56

	2025	2024
	£	£
Staff costs		
Wages and salaries	782,751	671,063
Social Security	52,572	40,670
	835,323	711,733

No employee was paid more than £65,000 in the year.

12 Trustees' remuneration and expenses

None of the trustees were paid remuneration or expenses during the year ended 28 February 2025 (2024: £nil).

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2025

13 Tangible fixed assets

	Leasehold Land and buildings £	Plant and machinery etc £	Gymnasium equipment £	Motor vehicles £	Total £
Cost					
At 1 March 2024	976,867	415,792	207,578	57,966	1,658,203
Additions	91,599	4,896	24,394	-	120,889
Disposals	-	-	(3,950)	-	(3,950)
At 28 February 2025	<u>1,068,466</u>	<u>420,688</u>	<u>228,022</u>	<u>57,966</u>	<u>1,775,142</u>
Depreciation					
At 1 March 2024	894,262	292,177	175,974	57,966	1,420,379
Charge for the year	31,599	28,286	19,941	-	79,826
On disposals	-	-	(3,950)	-	(3,950)
At 28 February 2025	<u>925,861</u>	<u>320,463</u>	<u>191,965</u>	<u>57,966</u>	<u>1,496,255</u>
Net book value					
At 28 February 2025	<u>142,605</u>	<u>100,225</u>	<u>36,057</u>	<u>-</u>	<u>278,887</u>
At 29 February 2024	<u>82,605</u>	<u>123,615</u>	<u>31,604</u>	<u>-</u>	<u>237,824</u>

It is the company policy to write off Gymnasium Equipment which are more than 8 years old.

14 Stocks	2025	2024
	£	£
Stocks	28,678	19,193
	<u>28,678</u>	<u>19,193</u>
15 Debtors	2025	2024
	£	£
Other debtors	55	824
	<u>55</u>	<u>824</u>
16 Creditors: amounts falling due within one year	2025	2024
	£	£
Trade creditors	19,560	16,705
Other taxes and social security costs	11,765	12,046
Other creditors	51,688	47,506
Accrued Expenses	25,916	20,707
	<u>108,929</u>	<u>96,964</u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2025

17 Other financial commitments **2025** **2024**
£ £

At the year end the company had annual commitments under non-cancellable operating leases as set out below:

Operating leases which expire: in over five years	19,750	19,750
--	--------	--------

18 Related parties

A total amount of £259,750 [2024 - £209,498] were paid to the related parties for the year ended 28 February 2025. The payments were made to the directors and their family members for provision of gym coaching, travel accomodation and management of gym. These transactions are considered to be of arm's length basis.

19 Movement in funds

	At 1/3/24 £	Net movement in funds £	At 28/2/25 £
Unrestricted funds			
General fund	603,527	89,785	693,312
Restricted funds			
Restricted	379,735	-	379,735
Total Funds	983,262	89,785	1,073,047

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in Funds £
Unrestricted funds			
General fund	1,638,953	(1,549,168)	89,785
Total Funds	1,638,953	(1,549,168)	89,785

20 Cash at bank

Cash at bank at the year end of £874,356 includes a contingency and roof replacement fund of £300,000 which is not available to use on a day to day basis and therefore should not be looked at as working capital for the company.

**Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Summarised Statement of Financial Activities
for the year ended 28 February 2025**

	2025	2024
	£	£
Incoming Resources	1,638,953	1,503,028
Resources Expended	(1,549,168)	(1,417,334)
Gross profit	<u>89,785</u>	<u>85,694</u>
Profit before tax	<u><u>89,785</u></u>	<u><u>85,694</u></u>

**Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Detailed Statement of Financial Activities
for the year ended 28 February 2025**

	2025	2024
	£	£
Incoming Resources		
Donations	-	500
Hire of club	6,079	12,014
Clothing	46,086	48,088
Comps. Displays, Courses and BG Insurance	120,247	81,037
Vending machine	4,456	3,290
Miscellaneous	1,447	-
Deposit account interest	20,427	14,212
Training fees	1,440,211	1,343,887
	<u>1,638,953</u>	<u>1,503,028</u>
Resources Expended		
Fundraising training:cost of goods sold and other costs		
Clothing and chalk	44,528	61,616
Competitions and displays	39,467	20,894
Photographs and DVDs	-	94
Vending machine	12,122	12,992
Gifts	1,326	2,024
	<u>97,443</u>	<u>97,620</u>
Charitable activities		
Coaching fees	172,812	169,729
Coaching wages and salaries	695,966	590,675
Coaching wages social security	42,895	31,665
Coaching Pension cost	9,607	7,256
Staff training and welfare	21,923	15,355
Travel and accommodation	66,180	53,066
	<u>1,009,383</u>	<u>867,746</u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Detailed Statement of Financial Activities
for the year ended 28 February 2025

	2025	2024
	£	£
Administrative expenses		
Support Cost		
Rent and rates	23,033	22,836
Light, heat and water	37,960	85,446
Cleaning	14,823	13,423
Telephone and fax	3,169	3,000
Printing, postage & stationery	6,652	6,743
Subscriptions	170	159
Bank charges	13,136	10,391
Insurance	9,706	9,269
Equipment expensed and hire	14,771	8,075
Repairs and maintenance	43,064	47,425
Motor Expenses	3,353	3,314
Donations	-	125
Entertaining	11,218	5,100
Catering	2,697	3,536
Depreciation	79,826	62,977
Reception and admin fees	125	4,005
	<u>263,703</u>	<u>285,824</u>
Information technology		
Computer costs	18,972	12,591
	<u>18,972</u>	<u>12,591</u>
Human resources		
Administrative wages	88,314	83,446
Administrative social security	9,677	9,005
Administrative Pension cost	2,242	2,099
SMP Recovered	(1,529)	(3,058)
	<u>98,704</u>	<u>91,492</u>
Governance costs		
Accountancy & book keeping fees	4,813	4,850
Independent Examiner's fees	2,550	2,550
Fines	70	-
Management and admin fees	51,150	46,402
Other legal and professional	2,380	8,259
	<u>60,963</u>	<u>62,061</u>
	<u>1,549,168</u>	<u>1,417,334</u>

HEATHROW SCHOOL OF GYMNASTICS & DANCE LTD

England & Wales - Charity number 1110574

Accounts

Registered company number :05365687 (England and Wales)
Registered charity number: 1110574

Report and Accounts
Financial statements for the year ended
28 February 2023
for
Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Report and accounts
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**Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee**

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2023

The trustees (and the directors of the charity for the purposes of company law), present their report with the financial statements of the charity for the year ended 28 February 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Name	Heathrow School of Gymnastics & Dance Limited
Registered Company number	05365687 (England and Wales)
Registered Charity number	1110574
Principal address and registered office	Green Lane Hounslow Middlesex TW4 6DH
Trustees	T J Anstiss Mihaela Zdrali Paul Gibbons
Company Secretary	Mihaela Zdrali
Directors	V Walduck - Chief Executive Officer & Head coach Paul Gibbons Mihaela Zdrali T J Anstiss
Independent Examiner	Mohan Kripalani (Pennyngtons Accountants Limited) 86 Ormond Drive Hampton Middlesex TW12 2TN
Bankers	Lloyds TSB Bank Plc 73-75 High Street Staines Middlesex TW18 4PP
Solicitors	Ashfords LLP, Tower Wharf, Cheese Ln, Bristol BS2 0JJ

Heathrow School of Gymnastics & Dance Limited

Company Limited by Guarantee

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the company law.

Heathrow School of Gymnastics & Dance Limited was incorporated on 15 February 2005 and was registered as a charity on 26 July 2005. The company is managed on behalf of the members by a Board of Trustees. The day to day administration is under the control of the Chief Executive.

The company operates under the name of Heathrow Gymnastics Club, hereinafter referred to as the Club.

Recruitment and appointment of new trustees

The directors of the company under the company's Articles are known as members of the Board of Trustees. The Board of Trustees seeks to ensure that the interests of the gymnasts and the development of the Club are appropriately reflected through the skills and diversity of the Management Committee. Individuals who exhibits a close active interest in the daily running and activities of the Club and have appropriate skills are invited to join the Management Committee.

Induction and training of new trustees

Newly appointed trustees are familiar with the operations of the Club. Additionally new trustees are encouraged to attend a series of training sessions to familiarise them with the charity and the structure of British Gymnastics.

These sessions are conducted by the Programme Director, the Director of Administration and Coaching Director of the charity and cover the following areas:

- The obligations of the Management committee members.
- The operational framework of the charity.
- The resources and current financial position as set out in the latest published accounts.
- The future plans and objectives.

The Charity Commission's guide 'Responsibilities of Charity Trustees' is also issued to new trustees on appointment.

Organisational structure

The management committee meets at regular intervals with the Programme Director, the Director of Coaching and the Director of Administration. Between them, they are responsible for all operational matters, including the financing and management of gymnastic activities. The Programme Director is responsible to the Trustees.

Wider network

The Club has developed a strong relationship with Hounslow Council, the British Gymnastics and a good network of users. This together with the commitment of the coaching staff has ensured that the Club continues to achieve the annual objectives set by the Management Committee.

Related parties

No trustee or other person related to the charity had any personal interest in any contract. There were no related party transactions during the year that are not shown elsewhere in the accounts.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The Management Committee regularly reviews risk management with input from the Director of Coaching and Director of Administration.

The Trustees are in touch with the CEO monthly and immediately if necessary.

**Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee**

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2023

OBJECTIVES, ACTIVITIES AND PUBLIC BENEFIT

The Trustees have had regard to the Charity Commission's guidance on public benefit in carrying out the charity's objectives.

Objectives and aims

To advance for the benefit of the public, the education of young persons within the London Borough of Hounslow and the neighbourhood by ensuring that due attention is given to the physical education of such persons as well as the development and occupations of their minds and with a view to furthering this objective to encourage, promote and to join with other persons and organisations in encouraging and promoting in the area of benefit, the sport of gymnastics and the practice of such sport by the persons of all ages. This includes persons under disability whether mental or physical and to provide or assist in the organisation and the provision of facilities and to encourage such persons to participate in gymnastics in its widest sense including dance.

The club continues to provide excellent gymnastic services but does not plan to increase in size. The trustees believe that the Club are running at capacity and more children participating reduces the quality of the service. The trustees acknowledge that they could provide more classes and the waiting list could support this. However they feel other clubs that have expanded beyond 1200 member base, may lose the personal touch between coaches and children. The Club also has over 200 children that compete and this requires more intense use of the facilities and training time.

The Trustees continue to achieve the Clubs aims by good control and Senior management staff with passionate coaches. The Club is running at capacity and the objectives are to continue our high standards and economic viability. The trustees relies on the careful leadership and trust in the Club's Senior Management.

Significant activities

The significant activities of the Club are coaching and competitions.

Volunteers

The Management Committee and a pool of volunteers carry out number of activities relating to catering and fund raising.

Heathrow School of Gymnastics & Dance Limited

Company Limited by Guarantee

**TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)
Year Ended 28 February 2023**

Strategic Report

The following sections for achievements and performance and financial review form the strategic report of the charity

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

The club is running at capacity and is now focused on improving and maintaining the highest quality of provision in every aspect. The clubs membership has now returned to approx 1,100 and we do not plan to increase this. The Club has had to carefully monitor income and expenditure with increasing costs. The Clubs administrative team have also made improvements on Safeguarding and record keeping.

The Club's success is measured by membership numbers, reduction in gymnast turnover, competitive success, the feedback of satisfied parents and the clubs waiting list.

Fundraising activities

Donations and grants are more difficult to gain with strict criteria that need to be fulfilled. Replacement of equipment is rarely funded.

Internal and external factors

The Club has developed a strong relationship with Hounslow Council, the British Gymnastics and a good network of users. This together with the commitment of the coaching staff has ensured that the Club continues to achieve the annual objectives set by the Management Committee.

FINANCIAL REVIEW

Results for the period

Unrestricted Funds

In the year, the overall net income / (net deficit) of the charity amounted to £103,749 [2022 -£78,138].

Heathrow School of Gymnastics & Dance Limited

Company Limited by Guarantee

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2023

Reserves policy

In line with Charity Commission requirements, the Board of Trustees recognise the need to maintain reserves to ensure that the company meets statutory and contractual obligations. Provision is made to ensure sufficient funds for the following contingencies:

Staff redundancies

Sickness cover

Uninsured losses (e.g. excesses on professional indemnity and employment claims)

Flood

Fire

The Board of Trustees also recognise the need for sufficient funds to replace existing and invest in new gymnastic equipment to ensure the continued operation and development of gymnastic programmes. The trustees are of the opinion that a reserve of £400,000 is sufficient towards any contingencies that may arise in future.

Principal funding sources

The principal funding sources for the Club were generated from training fees, hire of the gymnasium and PlayGym.

FUTURE DEVELOPMENTS

The Club will continue to strengthen coaching resources and will continue to grow our community activities for the benefit of Hounslow and the surrounding areas.

The club will also be upgrading its lighting to LED which would provide reduced costs and eco friendly environmental care. Solar panels are being considered for the future.

Statement of Trustees' and Directors' Responsibilities

The Board of trustees including the directors are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the trustees and directors to prepare accounts for each financial year. Under that law the trustees have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees and directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the trustees and directors are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees and directors are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The directors and trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website

STATEMENT AS TO DISCLOSURE OF INFORMATION TO THE INDEPENDENT EXAMINER

- there is no relevant audit information of which the charitable company's independent examiners are unaware;
- the trustees and directors have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the charitable company's independent examiners are aware of that information.

The trustees' and directors' annual report and the strategic report were approved on TBA and signed on behalf of the board of trustees by:

ON BEHALF OF THE BOARD:

.....
Ms Mihaela Zdrali
Director/Trustee

Heathrow School of Gymnastics & Dance Limited
Independent Examiner's Report

Independent Examiner's Report to the Trustees of
Heathrow School of Gymnastics & Dance Limited

I report to the trustees on my examination of the financial statements of Heathrow School of Gymnastics & Dance Limited for the year ended 28 February 2023

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. ('the 2006 Act).

I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of the body listed in section 145 in the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe;

- 1) the accounting records were not kept in accordance with section 130 of the Charities Act; or
- 2) the financial statements do not accord with those records; or
- 3) the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirements that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4) the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mohan Kripalani
Penningtons Accountants Limited
Chartered Accountants

86 Ormond Drive
Hampton
Middlesex
TW12 2TN

11 October 2023

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Statement of Financial Activities
(Including Income and Expenditure Account)
for the year ended 28 February 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 £	2022 £
INCOMING RESOURCES					
Incoming resources from generated funds					
Grant Income	2	-	-	-	84,998
Activities for generating funds	3	135,769	-	135,769	121,027
Investment income	4	5,478	-	5,478	2,311
Incoming resources from charitable activities					
Provision of gymnastic facilities	5	1,266,221	-	1,266,221	1,045,119
Total incoming resources		1,407,468	-	1,407,468	1,253,455
RESOURCES EXPENDED					
Costs of generating funds					
Fundraising trading: cost of goods sold and other costs	6	86,402	-	86,402	59,903
Charitable activities					
Provision of gymnastic facilities	7	1,146,135	-	1,146,135	1,041,314
Governance costs	9	71,183	-	71,183	74,100
Interest payable	12	-	-	-	-
Total resources expended		1,303,720	-	1,303,720	1,175,317
NET INCOMING / (OUTGOING) RESOURCES		103,748	-	103,748	78,138
RECONCILIATION OF FUNDS					
Total funds brought forward		414,085	379,735	793,820	715,682
TOTAL FUNDS CARRIED FORWARD		517,833	379,735	897,568	793,820

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Balance Sheet
as at 28 February 2023

	Notes	Unrestricted Funds	Restricted Funds	2023 Total Funds £ £	2022 Total Funds £ £
Fixed assets					
Tangible assets	13	185,486	79,735	265,221	257,138
Current assets					
Stocks	14	17,376	-	17,376	19,389
Debtors	15	15,121	-	15,121	18,433
Cash at bank and in hand		389,865	300,000	689,865	575,943
		<u>422,362</u>	<u>300,000</u>	<u>722,362</u>	<u>613,765</u>
Creditors: amounts falling due within one year	16	(90,015)	-	(90,015)	(77,083)
Net current assets		<u>332,347</u>	<u>300,000</u>	<u>632,347</u>	<u>536,682</u>
NET ASSETS		<u><u>517,833</u></u>	<u><u>379,735</u></u>	<u><u>897,568</u></u>	<u><u>793,820</u></u>
FUNDS					
Unrestricted funds	19			517,833	414,085
Restricted funds				379,735	379,735
Total funds				<u><u>897,568</u></u>	<u><u>793,820</u></u>

The financial statements are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies.

Members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

These financial statements were approved by the members of the committee on the TBA and are signed on their behalf by:

TBA
Mihaela Zdrali
Director/Trustee

V Walduck - Chief Executive Officer & Head coach
Director

Company Registration number: 05365687 (England and Wales)

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Cash Flow Statement
for the year ended 28 February 2023

	2023	2022
	£	£
Operating activities		
Profit for the financial year	103,748	78,138
Adjustments for:		
Depreciation	93,414	104,343
Decrease in stocks	2,013	5,844
Decrease in debtors	3,312	8,507
Increase in creditors	12,932	1,116
	<u>215,419</u>	<u>197,948</u>
Cash generated by operating activities	<u>215,419</u>	<u>197,948</u>
Investing activities		
Payments to acquire tangible fixed assets	<u>(101,497)</u>	<u>(12,395)</u>
Cash generated by investing activities	<u>(101,497)</u>	<u>(12,395)</u>
Net cash generated	113,922	185,553
Cash at bank and in hand less overdrafts at 1 March	<u>575,943</u>	<u>390,390</u>
Cash at bank and in hand less overdrafts at 28 February	<u><u>689,865</u></u>	<u><u>575,943</u></u>
Cash and cash equivalents comprise:		
Cash at bank and in hand	<u><u>689,865</u></u>	<u><u>575,943</u></u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2023

1 Accounting policies

Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

Basis of preparation

The financial statements have been prepared on the historical cost basis with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

No amounts are included for the contribution of general volunteers.

Income from grants for the supply of services is recognised with the delivery of the required service. These are classified as restricted funds as there is a contractual requirement for it to be spent on a particular purpose and returned if unspent.

Income from gymnastics and dance contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is accounted for on an accruals basis, inclusive of VAT, and has been classified under headings that aggregate all cost related to the category.

Expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

Other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Volunteer time

A significant contribution is made by volunteers throughout the year and the value of these donated services is not reflected in the accounts

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2023

Allocation and apportionment of costs

The trustees have allocated the support costs on a direct basis which they deem to be most accurate.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Equipment costing £500 or less is not capitalised but is expensed in the year of purchase.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Long Leasehold	Over the term of the lease
Fixtures & Equipments	10% on cost
Gymnasium equipment	25% on cost
Motor vehicle	25% on cost

Stocks

Stock is valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for a particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing and hire purchase commitments

Rentals paid under operating leases are charged to income on a straight line basis over the lease term.

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Investments

Investments are measured at fair values less any accumulated impairment losses.

Going Concern

There are no material uncertainties about the charity's ability to continue.

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2023

2 Grant Income		2023	2022
		£	£
Grants		-	84,998
		-	84,998
3 Activities for generating funds		2023	2022
		£	£
Hire of club		26,498	33,819
Clothing		41,270	67,570
Competitions, Displays and courses		59,650	14,954
Vending machine		8,351	4,684
BG Insurance		-	-
		135,769	121,027
4 Investment income		2023	2022
		£	£
Deposit account interest		5,478	2,311
		5,478	2,311
5 Incoming resources from Charitable Activities		2023	2022
		£	£
	Activity		
Training Fees	Provision of Gymnastic facilities	1,266,221	1,045,119
Transport and international travel	Provision of Gymnastic facilities	0	0
		1,266,221	1,045,119
6 Fundraising Trading: Cost of goods sold and other costs		2023	2022
		£	£
Clothing and chalk		46,802	36,881
Competitions and displays		6,441	427
Vending machine		12,983	5,855
Photographs and DVDs		261	40
Support costs (note 8)		17,898	16,700
Gifts		2,017	-
		86,402	59,903

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2023

7 Charitable activities costs	Direct costs	Support costs (see note 8)	Totals
	£	£	£
Provision of gymnastic facilities	<u>806,074</u>	<u>340,061</u>	<u>1,146,135</u>

8 Support costs	Management	Information Technology	Human Resources	Totals
	£	£	£	£
Fundraising trading : cost of goods sold and other costs	12,974	374	4,550	17,898
Provision of gymnastic facilities	<u>246,509</u>	<u>7,107</u>	<u>86,445</u>	<u>340,061</u>
	<u>259,483</u>	<u>7,481</u>	<u>90,995</u>	<u>357,959</u>

Activity	Basis of allocation
Management	Staff Time
Information technology	Staff Time
Human resources	Staff Time

Support costs, included in the above, are as follows:

		2023	2022
	Fundraising trading : cost of goods sold and other costs £	Provision of gymnastic facilities £	Total activities £
		£	£
Rent, rates & water	1,330	25,277	26,607
Insurance	408	7,750	8,158
Light and heat	1,797	34,146	35,943
Telephone	99	1,873	1,972
Printing, postage and stationery	486	9,243	9,729
Other support cost	4,183	79,478	83,661
Depreciation and loss on disposal	4,671	88,742	93,413
Computer costs	374	7,107	7,481
Reception & administrative wages	3,766	71,556	75,322
Reception & administrative social security	340	6,456	6,796
Reception and administrator pension cost	92	1,742	1,834
Reception and administrator fees	352	6,691	7,043
	<u>17,898</u>	<u>340,061</u>	<u>357,959</u>
			<u>334,018</u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2023

9 Governance costs	2023	2022
	£	£
Accountancy & book keeping fees	4,900	4,875
Management and admin fees	49,875	62,250
Legal fees	14,008	4,581
Independent Examiner's fees	2,400	2,394
	<u>71,183</u>	<u>74,100</u>

10 Net incoming / (outgoing) resources for the year	2023	2022
	£	£
Net resources are stated after charging:		
Independent Examiner's fees	2,400	2,394
Depreciation - owned assets	93,414	104,343
	<u><u> </u></u>	<u><u> </u></u>

11 Wages and salaries

The average number of employees, calculated on the basis of full time equivalents was:

	2023	2022
	Number	Number
Coaches	53	39
Administration	2	1
	<u>55.0</u>	<u>40.0</u>

	2023	2022
	£	£
Staff costs		
Wages and salaries	627,189	548,873
Social Security	37,664	30,384
	<u>664,853</u>	<u>579,257</u>

No employee was paid more than £60,000 in the year

12 Trustees' remuneration and expenses

None of the trustees were paid remuneration or expenses during the year ended 28 February 2023 (2022: £nil).

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2023

13 Tangible fixed assets

	Leasehold Land and buildings £	Plant and machinery etc £	Gymnasium equipment £	Motor vehicles £	Total £
Cost					
At 1 March 2022	976,867	324,558	198,014	57,966	1,557,405
Additions	-	80,861	20,636	-	101,497
At 28 February 2023	<u>976,867</u>	<u>405,419</u>	<u>218,650</u>	<u>57,966</u>	<u>1,658,902</u>
Depreciation					
At 1 March 2022	853,718	230,066	176,631	39,852	1,300,267
Charge for the year	22,292	32,914	23,716	14,492	93,414
At 28 February 2023	<u>876,010</u>	<u>262,980</u>	<u>200,347</u>	<u>54,344</u>	<u>1,393,681</u>
Net book value					
At 28 February 2023	<u>100,857</u>	<u>142,439</u>	<u>18,303</u>	<u>3,622</u>	<u>265,221</u>
At 28 February 2022	<u>123,149</u>	<u>94,492</u>	<u>21,383</u>	<u>18,114</u>	<u>257,138</u>

It is the company policy to write off Gymnasium Equipment which are more than 8 years old.

14 Stocks	2023 £	2022 £
Stocks	17,376	19,389
	<u>17,376</u>	<u>19,389</u>

15 Debtors	2023 £	2022 £
Other debtors	15,121	13,870
Prepayments	-	4,563
	<u>15,121</u>	<u>18,433</u>

16 Creditors: amounts falling due within one year	2023 £	2022 £
Trade creditors	19,701	15,227
Other taxes and social security costs	10,327	5,408
Other creditors	45,547	35,229
Accrued Expenses	14,440	21,219
	<u>90,015</u>	<u>77,083</u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2023

17 Other financial commitments **2023** **2022**
£ £

At the year end the company had annual commitments under non-cancellable operating leases as set out below:

Operating leases which expire: in over five years	19,750	19,750
--	--------	--------

18 Related parties

A total amount of £202,698 [2022 - £217,900] were paid to the related parties for the year ended 28 February 2023. The payments were made to the directors and their family members for provision of gym coaching, travel accomodation and management of gym. These transactions are considered to be of arm's length basis.

19 Movement in funds

	At 1/3/22 £	Net movement in funds £	At 28/2/23 £
Unrestricted funds			
General fund	414,085	103,748	517,833
Restricted funds			
Restricted	379,735	-	379,735
Total Funds	793,820	103,748	897,568

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in Funds £
Unrestricted funds			
General fund	1,407,468	(1,303,720)	103,748
Total Funds	1,407,468	(1,303,720)	103,748

20 Cash at bank

Cash at bank at the year end of £689,866 includes a contingency and roof replacement fund of £300,000 which is not available to use on a day to day basis and therefore should not be looked at as working capital for the company.

**Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Summarised Statement of Financial Activities
for the year ended 28 February 2023**

	2023	2022
	£	£
INCOMING RESOURCES	1,407,468	1,253,455
RESOURCES EXPENDED	(1,303,720)	(1,175,317)
Gross profit	<u>103,748</u>	<u>78,138</u>
Profit before tax	<u><u>103,748</u></u>	<u><u>78,138</u></u>

**Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Detailed Statement of Financial Activities
for the year ended 28 February 2023**

	2023	2022
	£	£
INCOMING RESOURCES		
Grants	-	84,998
Hire of club	26,498	33,819
Clothing	41,270	67,570
Comps. Displays, Courses and BG Insurance	59,650	14,954
Vending machine	8,351	4,684
Deposit account interest	5,478	2,311
Training fees	1,266,221	1,045,119
	<u>1,407,468</u>	<u>1,253,455</u>
RESOURCES EXPENDED		
Fundraising training:cost of goods sold and other costs		
Clothing and chalk	46,802	36,881
Competitions and displays	6,441	427
Photographs and DVDs	261	40
Vending machine	12,983	5,855
Gifts	2,017	-
	<u>68,504</u>	<u>43,203</u>
Charitable activities		
Coaching fees	164,424	168,944
Coaching wages and salaries	551,867	484,594
Coaching wages social security	29,362	23,953
Coaching Pension cost	5,768	5,522
Staff training and welfare	17,199	15,108
Travel and accommodation	37,454	25,875
	<u>806,074</u>	<u>723,996</u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Detailed Statement of Financial Activities
for the year ended 28 February 2023

	2023	2022
	£	£
Administrative expenses		
Support Cost		
Rent and rates	26,607	21,309
Light, heat and water	35,943	33,302
Cleaning	13,835	12,703
Telephone and fax	1,972	2,239
Printing, postage & stationery	9,729	11,622
Subscriptions	159	159
Bank charges	9,513	6,908
Insurance	8,158	7,014
Equipment expensed and hire	9,699	3,384
Repairs and maintenance	33,398	46,031
Motor Expenses	2,260	3,066
Donations	785	-
Entertaining	9,499	2,890
Catering	4,513	2,046
Depreciation	93,413	104,343
Reception and admin fees	7,043	900
	<u>266,526</u>	<u>257,916</u>
Information technology		
Computer costs	7,481	10,522
	<u>7,481</u>	<u>10,522</u>
Human resources		
Administrative wages	75,322	64,279
Administrative social security	8,302	6,431
Administrative Pension cost	1,834	1,421
SMP Recovered	(1,506)	(5,607)
	<u>83,952</u>	<u>65,580</u>
Governance costs		
Accountancy & book keeping fees	4,900	4,875
Independent Examiner's fees	2,400	2,394
Management and admin fees	49,875	62,250
Other legal and professional	14,008	4,581
	<u>71,183</u>	<u>74,100</u>
	<u>1,303,720</u>	<u>1,175,317</u>

HEATHROW SCHOOL OF GYMNASTICS & DANCE LTD

England & Wales - Charity number 1110574

Accounts

Registered company number :05365687 (England and Wales)
Registered charity number: 1110574

Report and Accounts
Financial statements for the year ended
28 February 2022
for
Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Report and accounts
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**Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee**

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2022

The trustees (and the directors of the charity for the purposes of company law), present their report with the financial statements of the charity for the year ended 28 February 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Name	Heathrow School of Gymnastics & Dance Limited
Registered Company number	05365687 (England and Wales)
Registered Charity number	1110574
Principal address and registered office	Green Lane Hounslow Middlesex TW4 6DH
Trustees	T J Anstiss Mihaela Zdrali Paul Gibbons
Company Secretary	Mihaela Zdrali
Directors	V Walduck - Chief Executive Officer & Head coach Paul Gibbons Mihaela Zdrali T J Anstiss
Independent Examiner	Mohan Kripalani (Pennyngtons Accountants Limited) 86 Ormond Drive Hampton Middlesex TW12 2TN
Bankers	Lloyds TSB Bank Plc 73-75 High Street Staines Middlesex TW18 4PP
Solicitors	Ashfords LLP, Tower Wharf, Cheese Ln, Bristol BS2 0JJ

Heathrow School of Gymnastics & Dance Limited

Company Limited by Guarantee

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the company law.

Heathrow School of Gymnastics & Dance Limited was incorporated on 15 February 2005 and was registered as a charity on 26 July 2005. The company is managed on behalf of the members by a Board of Trustees. The day to day administration is under the control of the Chief Executive.

The company operates under the name of Heathrow Gymnastics Club, hereinafter referred to as the Club.

Recruitment and appointment of new trustees

The directors of the company under the company's Articles are known as members of the Board of Trustees. The Board of Trustees seeks to ensure that the interests of the gymnasts and the development of the Club are appropriately reflected through the skills and diversity of the Management Committee. Individuals who exhibits a close active interest in the daily running and activities of the Club and have appropriate skills are invited to join the Management Committee.

Induction and training of new trustees

Newly appointed trustees are familiar with the operations of the Club. Additionally new trustees are encouraged to attend a series of training sessions to familiarise them with the charity and the structure of British Gymnastics.

These sessions are conducted by the Programme Director, the Director of Administration and Coaching Director of the charity and cover the following areas:

- The obligations of the Management committee members.
- The operational framework of the charity.
- The resources and current financial position as set out in the latest published accounts.
- The future plans and objectives.

The Charity Commission's guide 'Responsibilities of Charity Trustees' is also issued to new trustees on appointment.

Organisational structure

The management committee meets at regular intervals with the Programme Director, the Director of Coaching and the Director of Administration. Between them, they are responsible for all operational matters, including the financing and management of gymnastic activities. The Programme Director is responsible to the Trustees.

Wider network

The Club has developed a strong relationship with Hounslow Council, the British Gymnastics and a good network of users. This together with the commitment of the coaching staff has ensured that the Club continues to achieve the annual objectives set by the Management Committee.

Related parties

No trustee or other person related to the charity had any personal interest in any contract. There were no related party transactions during the year that are not shown elsewhere in the accounts.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The Management Committee regularly reviews risk management with input from the Director of Coaching and Director of Administration.

The Trustees are in touch with the CEO monthly and immediately if necessary.

**Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee**

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2022

OBJECTIVES, ACTIVITIES AND PUBLIC BENEFIT

The Trustees have had regard to the Charity Commission's guidance on public benefit in carrying out the charity's objectives.

Objectives and aims

To advance for the benefit of the public, the education of young persons within the London Borough of Hounslow and the neighbourhood by ensuring that due attention is given to the physical education of such persons as well as the development and occupations of their minds and with a view to furthering this objective to encourage, promote and to join with other persons and organisations in encouraging and promoting in the area of benefit, the sport of gymnastics and the practice of such sport by the persons of all ages. This includes persons under disability whether mental or physical and to provide or assist in the organisation and the provision of facilities and to encourage such persons to participate in gymnastics in its widest sense including dance.

The club continues to provide excellent gymnastic services but does not plan to increase in size. The trustees believe that the Club are running at capacity and more children participating reduces the quality of the service. The trustees acknowledge that they could provide more classes and the waiting list could support this. However they feel other clubs that have expanded beyond 1200 member base, may lose the personal touch between coaches and children. The Club also has over 200 children that compete and this requires more intense use of the facilities and training time.

The Trustees continue to achieve the Clubs aims by good control and Senior management staff with passionate coaches. The Club is running at capacity and the objectives are to continue our high standards and economic viability. The trustees relies on the careful leadership and trust in the Club's Senior Management.

Significant activities

The significant activities of the Club are coaching and competitions.

Volunteers

The Management Committee and a pool of volunteers carry out number of activities relating to catering and fund raising.

Heathrow School of Gymnastics & Dance Limited

Company Limited by Guarantee

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT) Year Ended 28 February 2022

Strategic Report

The following sections for achievements and performance and financial review form the strategic report of the charity

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

The Club had a challenging year with Covid lock downs at the beginning and constant health issues for members and staff. The clubs membership has now returned to approx 1,100 and we do not plan to increase this. The Trustees and management continued to implement the recommendations of an independent review of the Clubs Welfare and Safeguarding policies. British Gymnastics gave the Club very good feedback and comments following an audit visit. The competitive programme of the Club has developed with National participation in 6 gymnastic disciplines. The Club has had to carefully monitor income and expenditure with increasing costs. Staffing challenges have meant additional pressures on all coaches to continue the Clubs timetable. The Clubs administrative team have also made improvements on Safeguarding and record keeping.

Fundraising activities

Donations and grants are more difficult to gain with strict criteria that need to be fulfilled. Replacement of equipment is rarely funded.

Internal and external factors

The Club has developed a strong relationship with Hounslow Council, the British Gymnastics and a good network of users. This together with the commitment of the coaching staff has ensured that the Club continues to achieve the annual objectives set by the Management Committee.

FINANCIAL REVIEW

Results for the period

Unrestricted Funds

In the year, the overall net income / (net deficit) of the charity amounted to £ 78,138 [2021 -£228,859].

Heathrow School of Gymnastics & Dance Limited

Company Limited by Guarantee

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2022

Reserves policy

In line with Charity Commission requirements, the Board of Trustees recognise the need to maintain reserves to ensure that the company meets statutory and contractual obligations. Provision is made to ensure sufficient funds for the following contingencies:

Staff redundancies

Sickness cover

Uninsured losses (e.g. excesses on professional indemnity and employment claims)

Flood

Fire

The Board of Trustees also recognise the need for sufficient funds to replace existing and invest in new gymnastic equipment to ensure the continued operation and development of gymnastic programmes. The trustees are of the opinion that a reserve of £400,000 is sufficient towards any contingencies that may arise in future.

Principal funding sources

The principal funding sources for the Club were generated from training fees, hire of the gymnasium and PlayGym.

FUTURE DEVELOPMENTS

The Club will continue to strengthen coaching resources and will continue to grow our community activities for the benefit of Hounslow and the surrounding areas.

The club will also be upgrading its lighting to LED which would provide reduced costs and eco friendly environmental care. Solar panels are being considered for the future.

Statement of Trustees' and Directors' Responsibilities

The Board of trustees including the directors are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the trustees and directors to prepare accounts for each financial year. Under that law the trustees have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees and directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the trustees and directors are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees and directors are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The directors and trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website

STATEMENT AS TO DISCLOSURE OF INFORMATION TO THE INDEPENDENT EXAMINER

- there is no relevant audit information of which the charitable company's independent examiners are unaware;
- the trustees and directors have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the charitable company's independent examiners are aware of that information.

The trustees' and directors' annual report and the strategic report were approved on TBA and signed on behalf of the board of trustees by:

ON BEHALF OF THE BOARD:

.....
Ms Mihaela Zdrali
Director/Trustee

Heathrow School of Gymnastics & Dance Limited
Independent Examiner's Report

Independent Examiner's Report to the Trustees of
Heathrow School of Gymnastics & Dance Limited

I report to the trustees on my examination of the financial statements of Heathrow School of Gymnastics & Dance Limited for the year ended 28 February 2022

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. ('the 2006 Act).

I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of the body listed in section 145 in the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe;

- 1) the accounting records were not kept in accordance with section 130 of the Charities Act; or
- 2) the financial statements do not accord with those records; or
- 3) the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirements that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4) the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mohan Kripalani
Penningtons Accountants Limited
Chartered Accountants

86 Ormond Drive
Hampton
Middlesex
TW12 2TN

28 November 2022

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Statement of Financial Activities
(Including Income and Expenditure Account)
for the year ended 28 February 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 £	2021 £
INCOMING RESOURCES					
Incoming resources from generated funds					
Grant Income	2	84,998	-	84,998	273,964
Activities for generating funds	3	121,027	-	121,027	21,749
Investment income	4	2,311	-	2,311	3,068
Incoming resources from charitable activities					
Provision of gymnastic facilities	5	1,045,119	-	1,045,119	551,966
Total incoming resources		1,253,455	-	1,253,455	850,747
RESOURCES EXPENDED					
Costs of generating funds					
Fundraising trading: cost of goods sold and other costs	6	59,903	-	59,903	27,571
Charitable activities					
Provision of gymnastic facilities	7	1,041,314	-	1,041,314	956,412
Governance costs	9	74,100	-	74,100	95,623
Interest payable	12	-	-	-	-
Total resources expended		1,175,317	-	1,175,317	1,079,606
NET INCOMING / (OUTGOING) RESOURCES		78,138	-	78,138	(228,859)
RECONCILIATION OF FUNDS					
Total funds brought forward		335,947	379,735	715,682	944,541
TOTAL FUNDS CARRIED FORWARD		414,085	379,735	793,820	715,682

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Balance Sheet
as at 28 February 2022

	Notes	Unrestricted Funds	Restricted Funds	2022 Total Funds £ £	2021 Total Funds £ £
Fixed assets					
Tangible assets	13	177,403	79,735	257,138	349,086
Current assets					
Stocks	14	19,389	-	19,389	25,233
Debtors	15	18,433	-	18,433	26,940
Cash at bank and in hand		275,943	300,000	575,943	390,390
		<u>313,765</u>	<u>300,000</u>	<u>613,765</u>	<u>442,563</u>
Creditors: amounts falling due within one year	16	(77,083)	-	(77,083)	(75,967)
Net current assets		<u>236,682</u>	<u>300,000</u>	<u>536,682</u>	<u>366,596</u>
NET ASSETS		<u>414,085</u>	<u>379,735</u>	<u>793,820</u>	<u>715,682</u>
FUNDS					
Unrestricted funds	19			414,085	335,947
Restricted funds				379,735	379,735
Total funds				<u>793,820</u>	<u>715,682</u>

The financial statements are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies.

Members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

These financial statements were approved by the members of the committee on the 28 Nov 2022 and are signed on their behalf by:

28/11/2022
Mihaela Zdrali
Director/Trustee

V Walduck - Chief Executive Officer & Head coach
Director

Company Registration number: 05365687 (England and Wales)

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Cash Flow Statement
for the year ended 28 February 2022

	2022	2021
	£	£
Operating activities		
Profit for the financial year	78,138	(228,859)
Adjustments for:		
Depreciation	104,343	109,850
Decrease in stocks	5,844	3,632
Decrease/(increase) in debtors	8,507	(21,760)
Increase in creditors	1,116	36,443
	<u>197,948</u>	<u>(100,694)</u>
Cash generated by operating activities	<u>197,948</u>	<u>(100,694)</u>
Investing activities		
Payments to acquire tangible fixed assets	<u>(12,395)</u>	<u>(14,587)</u>
Cash generated by investing activities	<u>(12,395)</u>	<u>(14,587)</u>
Net cash generated	185,553	(115,281)
Cash at bank and in hand less overdrafts at 1 March	<u>390,390</u>	<u>505,671</u>
Cash at bank and in hand less overdrafts at 28 February	<u><u>575,943</u></u>	<u><u>390,390</u></u>
Cash and cash equivalents comprise:		
Cash at bank and in hand	<u>575,943</u>	<u>390,390</u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2022

1 Accounting policies

Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

Basis of preparation

The financial statements have been prepared on the historical cost basis with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

No amounts are included for the contribution of general volunteers.

Income from grants for the supply of services is recognised with the delivery of the required service. These are classified as restricted funds as there is a contractual requirement for it to be spent on a particular purpose and returned if unspent.

Income from gymnastics and dance contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is accounted for on an accruals basis, inclusive of VAT, and has been classified under headings that aggregate all cost related to the category.

Expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

Other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Volunteer time

A significant contribution is made by volunteers throughout the year and the value of these donated services is not reflected in the accounts

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2022

Allocation and apportionment of costs

The trustees have allocated the support costs on a direct basis which they deem to be most accurate.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Equipment costing £500 or less is not capitalised but is expensed in the year of purchase.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Long Leasehold	Over the term of the lease
Fixtures & Equipments	10% on cost
Gymnasium equipment	25% on cost
Motor vehicle	25% on cost

Stocks

Stock is valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for a particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing and hire purchase commitments

Rentals paid under operating leases are charged to income on a straight line basis over the lease term.

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Investments

Investments are measured at fair values less any accumulated impairment losses.

Going Concern

There are no material uncertainties about the charity's ability to continue.

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2022

2 Grant Income	2022	2021
	£	£
Grants	84,998	273,964
	84,998	273,964

During the year the following grants were received or due to be received for the period up to 28 February 2022;

HMRC JRS Grant	£52,389
Grant from London Borough of Hounslow	£32,609

3 Activities for generating funds	2022	2021
	£	£
Hire of club	33,819	7,010
Clothing	67,570	8,698
Competitions, Displays and courses	14,954	3,217
Vending machine	4,684	2,824
	121,027	21,749

4 Investment income	2022	2021
	£	£
Deposit account interest	2,311	3,068
	2,311	3,068

5 Incoming resources from Charitable Activities	2022	2021	
	£	£	
	Activity		
Training Fees	Provision of Gymnastic facilities	1,045,119	545,916
Transport and international travel	Provision of Gymnastic facilities	0	6,050
		1,045,119	551,966

6 Fundraising Trading: Cost of goods sold and other costs	2022	2021
	£	£
Clothing and chalk	36,881	1,641
Competitions and displays	427	7,355
Vending machine	5,855	2,170
Photographs and DVDs	40	73
Support costs (note 8)	16,700	16,332
	59,903	27,571

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2022

7 Charitable activities costs	Direct costs	Support costs (see note 8)	Totals
	£	£	£
Provision of gymnastic facilities	<u>723,996</u>	<u>317,318</u>	<u>1,041,314</u>

8 Support costs	Management	Information Technology	Human Resources	Totals
	£	£	£	£
Fundraising trading : cost of goods sold and other costs	12,850	526	3,324	16,700
Provision of gymnastic facilities	244,166	9,996	63,156	317,318
	<u>257,016</u>	<u>10,522</u>	<u>66,480</u>	<u>334,018</u>

Activity	Basis of allocation
Management	Staff Time
Information technology	Staff Time
Human resources	Staff Time

Support costs, included in the above, are as follows:

			2022	2021
	Fundraising trading : cost of goods sold and other costs	Provision of gymnastic facilities	Total activities	Total activities
	£	£	£	£
Rent, rates & water	1,065	20,244	21,309	13,383
Insurance	351	6,663	7,014	8,109
Light and heat	1,665	31,637	33,302	23,248
Telephone	112	2,127	2,239	2,435
Printing, postage and stationery	581	11,041	11,622	21,312
Other support cost	3,859	73,328	77,187	70,437
Depreciation and loss on disposal	5,217	99,126	104,343	109,850
Computer costs	526	9,996	10,522	13,566
Reception & administrative wages	3,214	61,065	64,279	58,143
Reception & administrative social security	(6)	(114)	(120)	1,823
Reception and administrator pension cost	71	1,350	1,421	1,364
Reception and administrator fees	45	855	900	3,005
	<u>16,700</u>	<u>317,318</u>	<u>334,018</u>	<u>326,675</u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2022

9 Governance costs	2022	2021
	£	£
Accountancy & book keeping fees	4,875	4,700
Management and admin fees	62,250	53,175
Legal fees	4,581	35,354
Independent Examiner's fees	2,394	2,394
	74,100	95,623

10 Net incoming / (outgoing) resources for the year	2022	2021
	£	£
Net resources are stated after charging:		
Independent Examiner's fees	2,394	2,394
Depreciation - owned assets	104,343	109,850

11 Wages and salaries

The average number of employees, calculated on the basis of full time equivalents was:

	2022	2021
	Number	Number
Coaches	39	39
Administration	1	1
	40.0	40.0

	2022	2021
	£	£
Staff costs		
Wages and salaries	548,873	521,075
Social Security	30,384	26,214
	579,257	547,289

No employee was paid more than £60,000 in the year

12 Trustees' remuneration and expenses

None of the trustees were paid remuneration or expenses during the year ended 28 February 2022 (2021: £nil).

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2022

13 Tangible fixed assets

	Leasehold Land and buildings	Plant and machinery etc	Gymnasium equipment	Motor vehicles	Total
	£	£	£	£	£
Cost					
At 1 March 2021	976,867	321,690	257,193	57,966	1,613,716
Additions	-	2,868	9,527	-	12,395
Disposals	-	-	(68,706)	-	(68,706)
At 28 February 2022	<u>976,867</u>	<u>324,558</u>	<u>198,014</u>	<u>57,966</u>	<u>1,557,405</u>
Depreciation					
At 1 March 2021	826,491	206,887	205,891	25,361	1,264,630
Charge for the year	27,227	23,179	39,446	14,491	104,343
On disposals	-	-	(68,706)	-	(68,706)
At 28 February 2022	<u>853,718</u>	<u>230,066</u>	<u>176,631</u>	<u>39,852</u>	<u>1,300,267</u>
Net book value					
At 28 February 2022	<u>123,149</u>	<u>94,492</u>	<u>21,383</u>	<u>18,114</u>	<u>257,138</u>
At 28 February 2021	<u>150,376</u>	<u>114,803</u>	<u>51,302</u>	<u>32,605</u>	<u>349,086</u>

It is the company policy to write off Gymnasium Equipment which are more than 8 years old.

14 Stocks	2022	2021
	£	£
Stocks	19,389	25,233
	<u>19,389</u>	<u>25,233</u>
15 Debtors	2022	2021
	£	£
Other debtors	13,870	26,940
Prepayments	4,563	-
	<u>18,433</u>	<u>26,940</u>
16 Creditors: amounts falling due within one year	2022	2021
	£	£
Trade creditors	15,227	15,262
Other taxes and social security costs	5,408	7,000
Other creditors	35,229	39,223
Accrued Expenses	21,219	14,482
	<u>77,083</u>	<u>75,967</u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2022

17 Other financial commitments **2022** **2021**
£ £

At the year end the company had annual commitments under non-cancellable operating leases as set out below:

Operating leases which expire:		
within one year	-	18,250
in over five years	19,750	-
	19,750	18,250
	19,750	18,250

18 Related parties

A total amount of £217,900 [2021 - £191,807] were paid to the related parties for the year ended 28 February 2022. The payments were made to the directors and their family members for provision of gym coaching, travel accomodation and management of gym. These transactions are considered to be of arm's length basis.

19 Movement in funds

	At 1.3.21 £	Net movement in funds £	At 28.2.22 £
Unrestricted funds			
General fund	335,947	78,138	414,085
Restricted funds			
Restricted	379,735	-	379,735
Total Funds	715,682	78,138	793,820
	715,682	78,138	793,820

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in Funds £
Unrestricted funds			
General fund	1,253,455	(1,175,317)	78,138
Total Funds	1,253,455	(1,175,317)	78,138
	1,253,455	(1,175,317)	78,138

20 Cash at bank

Cash at bank at the year end of £575,944 includes a contingency and roof replacement fund of £300,000 which is not available to use on a day to day basis and therefore should not be looked at as working capital for the company.

HEATHROW SCHOOL OF GYMNASTICS & DANCE LTD

England & Wales - Charity number 1110574

Accounts

Registered company number :05365687 (England and Wales)
Registered charity number: 1110574

Report and Accounts
Financial statements for the year ended
28 February 2021
for
Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Report and accounts
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**Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee**

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2021

The trustees (and the directors of the charity for the purposes of company law), present their report with the financial statements of the charity for the year ended 28 February 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Name	Heathrow School of Gymnastics & Dance Limited
Registered Company number	05365687 (England and Wales)
Registered Charity number	1110574
Principal address and registered office	Green Lane Hounslow Middlesex TW4 6DH
Trustees	T J Anstiss Mihaela Zdrali Paul Gibbons
Company Secretary	Mihaela Zdrali
Directors	V Walduck - Chief Executive Officer & Head coach Paul Gibbons Mihaela Zdrali T J Anstiss
Independent Examiner	Mohan Kripalani (Pennyngtons Accountants Limited) 86 Ormond Drive Hampton Middlesex TW12 2TN
Bankers	Lloyds TSB Bank Plc 73-75 High Street Staines Middlesex TW18 4PP
Solicitors	Ashfords LLP, Tower Wharf, Cheese Ln, Bristol BS2 0JJ

Heathrow School of Gymnastics & Dance Limited

Company Limited by Guarantee

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the company law.

Heathrow School of Gymnastics & Dance Limited was incorporated on 15 February 2005 and was registered as a charity on 26 July 2005. The company is managed on behalf of the members by a Board of Trustees. The day to day administration is under the control of the Chief Executive.

The company operates under the name of Heathrow Gymnastics Club, hereinafter referred to as the Club.

Recruitment and appointment of new trustees

The directors of the company under the company's Articles are known as members of the Board of Trustees. The Board of Trustees seeks to ensure that the interests of the gymnasts and the development of the Club are appropriately reflected through the skills and diversity of the Management Committee. Individuals who exhibits a close active interest in the daily running and activities of the Club and have appropriate skills are invited to join the Management Committee.

Induction and training of new trustees

Newly appointed trustees are familiar with the operations of the Club. Additionally new trustees are encouraged to attend a series of training sessions to familiarise them with the charity and the structure of British Gymnastics. These sessions are conducted by the Programme Director, the Director of Administration and Coaching Director of the charity and cover the following areas:

- The obligations of the Management committee members.
- The operational framework of the charity.
- The resources and current financial position as set out in the latest published accounts.
- The future plans and objectives.

The Charity Commission's guide 'Responsibilities of Charity Trustees' is also issued to new trustees on appointment.

Organisational structure

The management committee meets at regular intervals with the Programme Director, the Director of Coaching and the Director of Administration. Between them, they are responsible for all operational matters, including the financing and management of gymnastic activities. The Programme Director is responsible to the Trustees.

Wider network

The Club has developed a strong relationship with Hounslow Council, the British Gymnastics and a good network of users. This together with the commitment of the coaching staff has ensured that the Club continues to achieve the annual objectives set by the Management Committee.

Related parties

No trustee or other person related to the charity had any personal interest in any contract. There were no related party transactions during the year that are not shown elsewhere in the accounts.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The Management Committee regularly reviews risk management with input from the Director of Coaching and Director of Administration.

The Trustees are in touch with the CEO monthly and immediately if necessary.

**Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee**

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2021

OBJECTIVES, ACTIVITIES AND PUBLIC BENEFIT

The Trustees have had regard to the Charity Commission's guidance on public benefit in carrying out the charity's objectives.

Objectives and aims

To advance for the benefit of the public, the education of young persons within the London Borough of Hounslow and the neighbourhood by ensuring that due attention is given to the physical education of such persons as well as the development and occupations of their minds and with a view to furthering this objective to encourage, promote and to join with other persons and organisations in encouraging and promoting in the area of benefit, the sport of gymnastics and the practice of such sport by the persons of all ages. This includes persons under disability whether mental or physical and to provide or assist in the organisation and the provision of facilities and to encourage such persons to participate in gymnastics in its widest sense including dance.

The club continues to provide excellent gymnastic services but does not plan to increase in size. The trustees believe that the Club are running at capacity and more children participating reduces the quality of the service. The trustees acknowledge that they could provide more classes and the waiting list could support this. However they feel other clubs that have expanded beyond 1200 member base, may lose the personal touch between coaches and children. The Club also has over 200 children that compete and this requires more intense use of the facilities and training time.

The Trustees continue to achieve the Clubs aims by good control and Senior management staff with passionate coaches. The Club is running at capacity and the objectives are to continue our high standards and economic viability. The trustees relies on the careful leadership and trust in the Club's Senior Management.

Significant activities

The significant activities of the Club are coaching and competitions.

Volunteers

The Management Committee and a pool of volunteers carry out number of activities relating to catering and fund raising.

Heathrow School of Gymnastics & Dance Limited

Company Limited by Guarantee

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2021

Strategic Report

The following sections for achievements and performance and financial review form the strategic report of the charity

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

The Club had a challenging year with the Covid 19 pandemic and the repeated periods of lockdown (4 months, 1 month and a further 2 months). When permitted, from the second lockdown the Club ran many online activities during these periods which enabled us to retain members whilst generating limited income. Most of the Clubs members returned to classes after lockdown. The competitive programme of all gymnastic disciplines was severely curtailed or closed. Danusia Francis the Clubs Olympian had to wait until 2021 for the Games. The furlough scheme was significant in helping the Club retain its staff. Despite these disruptions, the Club invested in building infrastructure and decoration upgrades, and the Trustees and management implemented the recommendations of an independent review of the Clubs Welfare and Safeguarding policies and management. The Club used a significant part of its reserve fund to cover costs during periods of closure and re-establishment of classes.

Fundraising activities

Donations and grants are more difficult to gain with strict criteria that need to be fulfilled. Replacement of equipment is rarely funded.

Internal and external factors

The Club has developed a strong relationship with Hounslow Council, the British Gymnastics and a good network of users. This together with the commitment of the coaching staff has ensured that the Club continues to achieve the annual objectives set by the Management Committee.

FINANCIAL REVIEW

Results for the period

Unrestricted Funds

In the year, the overall net income / (net deficit) of the charity amounted to (£228,859) [2020 - £116,854]. The deficit is predominantly due to the additional spending in the year to improve the current facilities of the club.

Heathrow School of Gymnastics & Dance Limited

Company Limited by Guarantee

TRUSTEES' ANNUAL REPORT (INCLUDING THE DIRECTOR'S REPORT AND STRATEGIC REPORT)

Year Ended 28 February 2021

Reserves policy

In line with Charity Commission requirements, the Board of Trustees recognise the need to maintain reserves to ensure that the company meets statutory and contractual obligations. Provision is made to ensure sufficient funds for the following contingencies:

Staff redundancies

Sickness cover

Uninsured losses (e.g. excesses on professional indemnity and employment claims)

Flood

Fire

The Board of Trustees also recognise the need for sufficient funds to replace existing and invest in new gymnastic equipment to ensure the continued operation and development of gymnastic programmes. The trustees are of the opinion that a reserve of £300,000 is sufficient towards any contingencies that may arise in future.

Principal funding sources

The principal funding sources for the Club were generated from training fees, hire of the gymnasium and PlayGym.

FUTURE DEVELOPMENTS

The Club will continue to strengthen coaching resources and will continue to grow our community activities for the benefit of Hounslow and the surrounding areas.

The club will also be upgrading its lighting to LED which would provide reduced costs and eco friendly environmental care. Solar panels are being considered for the future.

Statement of Trustees' and Directors' Responsibilities

The Board of trustees including the directors are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the trustees and directors to prepare accounts for each financial year. Under that law the trustees have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees and directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the trustees and directors are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees and directors are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The directors and trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website

STATEMENT AS TO DISCLOSURE OF INFORMATION TO THE INDEPENDENT EXAMINER

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees and directors have taken all the steps that they ought to have taken to make themselves aware of relevant audit information and to establish that the charitable company's auditors are aware of that information

The trustees' and directors' annual report and the strategic report were approved on 24th December 2021 and signed on behalf of the board of trustees by:

ON BEHALF OF THE BOARD:

.....
Ms Mihaela Zdrali
Director/Trustee

Heathrow School of Gymnastics & Dance Limited
Independent Examiner's Report

Independent Examiner's Report to the Trustees of
Heathrow School of Gymnastics & Dance Limited

I report to the trustees on my examination of the financial statements of Heathrow School of Gymnastics & Dance Limited for the year ended 28 February 2021.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. ('the 2006 Act).

I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of the body listed in section 145 in the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe;

- 1) the accounting records were not kept in accordance with section 130 of the Charities Act; or
- 2) the financial statements do not accord with those records; or
- 3) the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirements that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4) the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mohan Kripalani
Penningtons Accountants Limited
Chartered Accountants

86 Ormond Drive
Hampton
Middlesex
TW12 2TN

24 December 2021

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Statement of Financial Activities
(Including Income and Expenditure Account)
for the year ended 28 February 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 £	2020 £
INCOMING RESOURCES					
Incoming resources from generated funds					
Grant Income	2	273,964	-	273,964	-
Activities for generating funds	3	21,749	-	21,749	102,001
Investment income	4	3,068	-	3,068	6,532
Incoming resources from charitable activities					
Provision of gymnastic facilities	5	551,966	-	551,966	1,075,778
Total incoming resources		850,747	-	850,747	1,184,311
RESOURCES EXPENDED					
Costs of generating funds					
Fundraising trading: cost of goods sold and other costs	6	27,571	-	27,571	80,173
Charitable activities					
Provision of gymnastic facilities	7	956,412	-	956,412	1,164,524
Governance costs	9	95,623	-	95,623	56,424
Interest payable	12	-	-	-	44
Total resources expended		1,079,606	-	1,079,606	1,301,165
NET INCOMING / (OUTGOING) RESOURCES		(228,859)	-	(228,859)	(116,854)
RECONCILIATION OF FUNDS					
Total funds brought forward		564,806	379,735	944,541	1,061,395
TOTAL FUNDS CARRIED FORWARD		335,947	379,735	715,682	944,541

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Balance Sheet
as at 28 February 2021

	Notes	Unrestricted Funds	Restricted Funds	2021 Total Funds £ £	2020 Total Funds £ £
Fixed assets					
Tangible assets	13	269,351	79,735	349,086	444,349
Current assets					
Stocks	14	25,233	-	25,233	28,865
Debtors	15	26,940	-	26,940	5,180
Cash at bank and in hand		90,390	300,000	390,390	505,671
		<u>142,563</u>	<u>300,000</u>	<u>442,563</u>	<u>539,716</u>
Creditors: amounts falling due within one year	16	(75,967)	-	(75,967)	(39,524)
Net current assets		<u>66,596</u>	<u>300,000</u>	<u>366,596</u>	<u>500,192</u>
NET ASSETS		<u>335,947</u>	<u>379,735</u>	<u>715,682</u>	<u>944,541</u>
FUNDS					
Unrestricted funds	19			335,947	564,806
Restricted funds				379,735	379,735
Total funds				<u>715,682</u>	<u>944,541</u>

The financial statements are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies.

These financial statements were approved by the members of the committee on the 28 December 2021 and are signed on their behalf by:

Mihaela Zdrali
Director/Trustee

V Walduck - Chief Executive Officer & Head coach
Director

Company Registration number: 05365687 (England and Wales)

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Cash Flow Statement
for the year ended 28 February 2021

	2021	2020
	£	£
Operating activities		
Profit for the financial year	(228,859)	(116,854)
Adjustments for:		
Depreciation	109,850	113,228
Interest Payable	-	44
Decrease/(increase) in stocks	3,632	(4,045)
(Increase)/decrease in debtors	(21,760)	12,137
Increase/(decrease) in creditors	36,443	(14,148)
	<u>(100,694)</u>	<u>(9,638)</u>
Cash generated by operating activities	<u>(100,694)</u>	<u>(9,638)</u>
Investing activities		
Interest paid	-	(44)
Payments to acquire tangible fixed assets	<u>(14,587)</u>	<u>(128,414)</u>
Cash generated by investing activities	<u>(14,587)</u>	<u>(128,458)</u>
Net cash generated	(115,281)	(138,096)
Cash at bank and in hand less overdrafts at 1 March	<u>505,671</u>	<u>643,767</u>
Cash at bank and in hand less overdrafts at 28 February	<u><u>390,390</u></u>	<u><u>505,671</u></u>
Cash and cash equivalents comprise:		
Cash at bank and in hand	<u><u>390,390</u></u>	<u><u>505,671</u></u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2021

1 Accounting policies

Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

Basis of preparation

The financial statements have been prepared on the historical cost basis with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

No amounts are included for the contribution of general volunteers.

Income from grants for the supply of services is recognised with the delivery of the required service. These are classified as restricted funds as there is a contractual requirement for it to be spent on a particular purpose and returned if unspent.

Income from gymnastics and dance contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is accounted for on an accruals basis, inclusive of VAT, and has been classified under headings that aggregate all cost related to the category.

Expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

Other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Volunteer time

A significant contribution is made by volunteers throughout the year and the value of these donated services is not reflected in the accounts

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2021

Allocation and apportionment of costs

The trustees have allocated the support costs on a direct basis which they deem to be most accurate.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Equipment costing £500 or less is not capitalised but is expensed in the year of purchase.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Long Leasehold	Over the term of the lease
Fixtures & Equipments	10% on cost
Gymnasium equipment	25% on cost
Motor vehicle	25% on cost

Stocks

Stock is valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for a particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing and hire purchase commitments

Rentals paid under operating leases are charged to income on a straight line basis over the lease term.

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Investments

Investments are measured at fair values less any accumulated impairment losses.

Going Concern

There are no material uncertainties about the charity's ability to continue.

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2021

2 Grant Income	2021	2020
	£	£
Grants	273,964	-
	273,964	-

During the year the following grants were received or due to be received for the period up to 28 February 2021;

Coronavirus Job Retention Scheme Grant	£255,367
Grant from London Borough of Hounslow	£18,214
Other small grants	£383

3 Activities for generating funds	2021	2020
	£	£
Hire of club	7,010	36,933
Clothing	8,698	25,339
Competitions, Displays and courses	3,217	19,171
Photographs & DVDs	-	5,727
Vending machine	2,824	14,831
	21,749	102,001

4 Investment income	2021	2020
	£	£
Deposit account interest	3,068	6,532
	3,068	6,532

5 Incoming resources from Charitable Activities	2021	2020
	£	£
	Activity	
Training Fees	545,916	1,054,629
Transport and international travel	6,050	21,149
	551,966	1,075,778

6 Fundraising Trading: Cost of goods sold and other costs	2021	2020
	£	£
Clothing and chalk	1,641	20,154
Competitions and displays	7,355	27,765
Vending machine	2,170	10,831
Photographs and DVDs	73	1,924
Support costs (note 8)	16,332	19,499
	27,571	80,173

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2021

7 Charitable activities costs	Direct costs	Support costs (see note 8)	Totals	
	£	£	£	
Provision of gymnastic facilities	<u>646,069</u>	<u>310,343</u>	<u>956,412</u>	
8 Support costs	Management	Information Technology	Human Resources	Totals
	£	£	£	£
Fundraising trading : cost of goods sold and other costs	12,438	678	3,216	16,332
Provision of gymnastic facilities	<u>236,336</u>	<u>12,888</u>	<u>61,119</u>	<u>310,343</u>
	<u>248,774</u>	<u>13,566</u>	<u>64,335</u>	<u>326,675</u>

Activity	Basis of allocation
Management	Staff Time
Information technology	Staff Time
Human resources	Staff Time

Support costs, included in the above, are as follows:

		2021	2020
	Fundraising trading : cost of goods sold and other costs	Provision of gymnastic facilities	Total activities
	£	£	£
Rent, rates & water	669	12,714	13,383
Insurance	405	7,704	8,109
Light and heat	1,162	22,086	23,248
Telephone	122	2,313	2,435
Printing, postage and stationery	1,066	20,246	21,312
Other support cost	3,522	66,915	70,437
Depreciation and loss on disposal	5,492	104,358	109,850
Computer costs	678	12,888	13,566
Reception & administrative wages	2,907	55,236	58,143
Reception & administrative social security	91	1,732	1,823
Reception and administrator pension cost	68	1,296	1,364
Reception and administrator fees	150	2,855	3,005
	<u>16,332</u>	<u>310,343</u>	<u>326,675</u>
			<u>390,036</u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2021

9 Governance costs	2021	2020
	£	£
Accountancy & book keeping fees	4,700	4,600
Management and admin fees	53,175	46,925
Legal fees	35,354	2,505
Independent Examiner's fees	2,394	2,394
	<u>95,623</u>	<u>56,424</u>

10 Net incoming / (outgoing) resources for the year	2021	2020
	£	£
Net resources are stated after charging:		
Independent Examiner's fees	2,394	2,394
Depreciation - owned assets	109,850	113,228
	<u> </u>	<u> </u>

11 Wages and salaries

The average number of employees, calculated on the basis of full time equivalents was:

	2021	2020
	Number	Number
Coaches	39.0	39.0
Administration	1.0	1.0
	<u>40.0</u>	<u>40.0</u>

	2021	2020
	£	£
Staff costs		
Wages and salaries	521,075	537,443
Social Security	26,214	30,278
	<u>547,289</u>	<u>567,721</u>

No employee was paid more than £60,000 in the year

11A Trustees' remuneration and expenses

None of the trustees were paid remuneration or expenses during the year ended 28 February 2021 (2020: £nil).

12 Interest payable	2021	2020
	£	£
Interest payable	-	44
	<u> </u>	<u> </u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2021

13 Tangible fixed assets

	Leasehold Land and buildings £	Plant and machinery etc £	Gymnasium equipment £	Motor vehicles £	Total £
Cost					
At 1 March 2020	976,867	314,067	259,414	57,966	1,608,314
Additions	-	7,623	6,964	-	14,587
Disposals	-	-	(9,185)	-	(9,185)
At 28 February 2021	<u>976,867</u>	<u>321,690</u>	<u>257,193</u>	<u>57,966</u>	<u>1,613,716</u>
Depreciation					
At 1 March 2020	793,234	181,850	178,012	10,869	1,163,965
Charge for the year	33,257	25,037	37,064	14,492	109,850
On disposals	-	-	(9,185)	-	(9,185)
At 28 February 2021	<u>826,491</u>	<u>206,887</u>	<u>205,891</u>	<u>25,361</u>	<u>1,264,630</u>
Net book value					
At 28 February 2021	<u>150,376</u>	<u>114,803</u>	<u>51,302</u>	<u>32,605</u>	<u>349,086</u>
At 29 February 2020	<u>183,633</u>	<u>132,217</u>	<u>81,402</u>	<u>47,097</u>	<u>444,349</u>

It is the company policy to write off Gymnasium Equipment which are more than 8 years old.

14 Stocks	2021	2020
	£	£
Stocks	25,233	28,865
	<u>25,233</u>	<u>28,865</u>
15 Debtors	2021	2020
	£	£
Other debtors	26,940	3,255
Prepayments	-	1,925
	<u>26,940</u>	<u>5,180</u>
16 Creditors: amounts falling due within one year	2021	2020
	£	£
Trade creditors	15,262	6,112
Other taxes and social security costs	7,000	8,168
Other creditors	39,223	3,593
Accrued Expenses	14,482	21,651
	<u>75,967</u>	<u>39,524</u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Notes to the Accounts
for the year ended 28 February 2021

17 Other financial commitments **2021** **2020**
£ £

At the year end the company had annual commitments under non-cancellable operating leases as set out below:

Operating leases which expire: in over five years	12,167	18,250
--	---------------	---------------

18 Related parties

A total amount of £191,807 [2020 - £175,850] were paid to the related parties for the year ended 28 February 2021. The payments were made to the directors and their family members for provision of gym coaching, travel accomodation and management of gym. These transactions are considered to be of arm's length basis.

19 Movement in funds

	At 1.3.20	Net movement in funds	At 29.2.21
	£	£	£
Unrestricted funds			
General fund	564,806	(228,859)	335,947
Restricted funds			
Restricted	379,735	-	379,735
Total Funds	944,541	(228,859)	715,682

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in Funds
	£	£	£
Unrestricted funds			
General fund	850,747	(1,079,606)	(228,859)
Restricted funds			
Restricted	-	-	-
Total Funds	850,747	(1,079,606)	(228,859)

20 Cash at bank

Cash at bank at the year end of £390,392 includes a contingency and roof replacement fund of £300,000 which is not available to use on a day to day basis and therefore should not be looked at as working capital for the company.

**Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Summarised Statement of Financial Activities
for the year ended 28 February 2021**

	2021	2020
	£	£
INCOMING RESOURCES	850,747	1,184,311
RESOURCES EXPENDED	(1,079,606)	(1,301,165)
Gross loss	<u>(228,859)</u>	<u>(116,854)</u>
Loss before tax	<u><u>(228,859)</u></u>	<u><u>(116,854)</u></u>

**Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Detailed Statement of Financial Activities
for the year ended 28 February 2021**

	2021	2020
	£	£
INCOMING RESOURCES		
Grants	273,964	-
Hire of club	7,010	36,933
Clothing	8,698	25,339
Comps. Displays, Courses and BG Insurance	3,217	19,171
Photographs & DVDs	-	5,727
Vending machine	2,824	14,831
Deposit account interest	3,068	6,532
Training fees	545,916	1,054,629
Transport and international travel	6,050	21,149
	<u>850,747</u>	<u>1,184,311</u>
RESOURCES EXPENDED		
Fundraising training:cost of goods sold and other costs		
Clothing and chalk	1,641	20,154
Competitions and displays	7,355	27,765
Photographs and DVDs	73	1,924
Vending machine	2,170	10,831
	<u>11,239</u>	<u>60,674</u>
Charitable activities		
Coaching fees	137,871	175,598
Coaching wages and salaries	462,932	500,215
Coaching wages social security	20,611	26,329
Coaching Pension cost	5,263	5,300
Casual Labour	-	2,000
Staff training and welfare	156	4,697
Travel and accommodation	19,236	79,848
	<u>646,069</u>	<u>793,987</u>

Heathrow School of Gymnastics & Dance Limited
Company Limited by Guarantee
Detailed Statement of Financial Activities
for the year ended 28 February 2021

	2021	2020
	£	£
Administrative expenses		
Support Cost		
Rent and rates	13,383	29,167
Light, heat and water	23,248	43,299
Cleaning	14,628	17,578
Telephone and fax	2,435	4,937
Printing, postage & stationery	21,312	9,591
Subscriptions	158	155
Bank charges	6,929	7,438
Insurance	8,109	7,727
Equipment expensed	5,370	15,555
Repairs and maintenance	42,030	53,367
Motor Expenses	559	2,454
Donations	-	1,500
Entertaining	(172)	10,524
Catering	935	5,116
Depreciation	109,850	113,228
(Profit) / Loss on disposal	-	(13,500)
Reception and admin fees	3,005	21,530
	<u>251,779</u>	<u>329,666</u>
Information technology	<u>13,566</u>	<u>18,287</u>
Human resources		
Administrative wages	58,143	37,228
Administrative social security	5,603	3,949
Administrative Pension cost	1,364	907
SMP Recovered	(3,780)	-
	<u>61,330</u>	<u>42,084</u>
Governance costs		
Accountancy & book keeping fees	4,700	4,600
Independent Examiner's fees	2,394	2,394
Management and admin fees	53,175	46,925
Other legal and professional	35,354	2,505
	<u>95,623</u>	<u>56,424</u>
Interest payable		
Interest payable	-	44
	<u>-</u>	<u>44</u>
	<u>1,079,606</u>	<u>1,301,166</u>