GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

England & Wales · Charity number 1110453

Details

Other names	GELLIDEG FOUNDATION GROUP
Status	Registered
Legal form	Charitable company
Company number	04681301
Registered	2005-07-14
Register	View on the Charity Commission register

Contact

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Activities

Objects: THE OBJECTS OF THE CHARITY ARE:-(A) TO PROMOTE THE BENEFIT OF THE INHABITANTS OF THE AREA OF BENEFIT WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR POLITICAL, RELIGIOUS OR OTHER OPINIONS, BY ASSOCIATING TOGETHER THE SAID INHABITANTS AND THE LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE EDUCATION AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION AND LEISURE-TIME OCCUPATION WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE FOR THE SAID INHABITANTS;(B) TO ESTABLISH, OR SECURE THE ESTABLISHMENT OF A COMMUNITY CENTRE (HEREINAFTER CALLED “THE CENTRE”) AND TO MAINTAIN AND MANAGE THE SAME (WHETHER ALONE OR IN COOPERATION WITH ANY LOCAL AUTHORITY OR OTHER PERSON OR BODY) IN FURTHERANCE OF THE OBJECTS; AND (C) TO PROMOTE SUCH OTHER CHARITABLE PURPOSES AS MAY FROM TIME TO TIME BE DETERMINED.AND IT SHALL BE NOTED THAT THE CHARITY SHALL BE NON-PARTY IN POLITICS AND NON-SECTARIAN IN RELIGION.

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Activities: To provide education, training and community activities within the borough of Merthyr Tydfil

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Amateur Sport, Environment/conservation/heritage, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, The General Public/mankind

Geography

- **Area of benefit:** GELLIDEG ESTATE, MERTHYR TYDFIL, THE WIDER BOROUGH OF MERTHYR TYDFIL GENERALLY AND THE SURROUNDING DISTRICTS.
- Merthyr Tydfil

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£312,577	£435,377	-	-
2024-03-31	£408,760	£496,577	-	-
2023-03-31	£479,701	£462,798	-	-
2022-03-31	£341,811	£442,129	-	-
2021-03-31	£558,887	£350,567	£3,845,771	13

Trustees

Name	Role	Appointed
Anne-Marie Howe		
Glyn Culliford		2025-04-01
Kirsten Postle		2025-04-01
MARIA OWEN		
Sharon Northall		

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GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

England & Wales - Charity number 1110453

Accounts

REGISTERED COMPANY NUMBER: 04681301 (England and Wales)
REGISTERED CHARITY NUMBER: 1110453

Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 31 March 2025

for

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

James de Frias
Chartered Accountants
Llanover House
Llanover Road
Pontypridd
Rhondda Cynon Taff
CF37 4DY

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

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GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Report of the Trustees for the Year Ended 31 March 2025

Chairwoman's Report for the Year Ended 31 March 2025

The Cost-of-Living Crisis has really begun to bite this year. We have felt the effects with a reduction in income, and an increase in expenses, and an increased demand on services. Community members have told us they are struggling, and we have responded by increasing the numbers of people we support and the methods we use to achieve this.

As ever, at GFG, we are responsive and innovative, looking for ways to make sure we are there for the community whilst ensuring the charity is sustainable. With advice from the Postcode Lottery, we have reviewed our income strategy and adapted this to maximise the potential of income generation from the Wellbeing Centre.

We have also invested time in our volunteers. This year we are exceptionally proud to have been funded by the Welsh Council for Voluntary Action to strengthen our volunteering practice. We have focussed a considerable amount of time on volunteering policies and practice and have expanded our volunteer base to 35 adult and 12 youth volunteers.

The ethos of the Gellideg Foundation Group is for everyone in the community to thrive. We are in an area of deprivation, where universally people are in poor health and on low incomes. Community engagement is the most important first step towards making life changes. Throughout the year we hold community events, suggested and run by local people, for the enjoyment of all. We thread healthy food choices into all these activities. Community events help bind the community together and are a proven engagement tool for introducing community members to other activities and support.

This year we have:

i) delivered a new programme providing carers' respite to unpaid carers of all ages across the borough.

ii) co-produced a wellbeing programme with stakeholders from all sectors that will turn the tide on poor health outcomes. The strategy for change will be begin next year

iii) committed time to listening to families to better understand their issues and how we can further strengthen our family support work.

All our weekly activities continue and in response to community requests, we have also started new ones, including afternoon teas, baby yoga, baby box and book club. All our activities work together holistically to:

- Enable early years development and bolster family support
- Provide assistance during the cost-of-living crisis
- Deliver wellbeing activities that promote physical and mental health
- Be a hub for community activity
- Inspire and champion young people

We are exceptionally grateful to all our funders. Thank you to the Garfield Weston Foundation for your generous unrestricted funding; this is exceptionally useful as it funds salaries and covers the costs of overheads. Without you, and all our funders, we would not be able to make all this positive change happen. Your support really does change lives.

With best wishes to all,

Maria Owen, Chair of Trustees

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Report of the Trustees for the Year Ended 31 March 2025

OBJECTIVES AND ACTIVITIES

Objectives and Activities

The Gellideg Foundation Group (GFG) is a community organisation based on a social housing estate in Merthyr Tydfil, deeply rooted in the community and responsive to local need. This area ranks amongst the lowest 10% in Wales. Our community development is grounded in the lived experience, and we have strong ties to the most disenfranchised in the community. We work in partnership with agencies across all sectors.

Our ambition is to make a lasting change to local people's lives and break the cycle of intergenerational ill health and poor wellbeing.

Our aim is to empower residents living on the estate and across Merthyr Tydfil to be able to achieve their potential. Our role is to provide opportunities and services that make people feel better and we do this by connecting people together, and helping them to be more active, learn new things, be creative and give through volunteering.

Summary of the charity's activities and achievements in relation to the objects

1. Providing support through the cost-of-living crisis

We have seen how the Cost-of-Living Crisis is having a disproportionately adverse effect on families and individuals who were already having to manage their budgets tightly. With the rise in cost of basic necessities; utilities, transport and food, people are telling us there is absolutely no money available for leisure and social activities and they feel down, isolated and without hope. This year we have received funding from The Community Foundation Wales Cost of Living Fund to support volunteer led community activities in the centre on a weekly basis. We were also funded by MTCBC Multiply and the National Grid Community Matters Fund to provide open session warm spaces, with food and drink provided. These community sessions are free and provide a relaxed, comfortable space where people can have fun, make friends, socialize and make connections. These community activities support mental wellbeing across the ages, prevent isolation, and enable friendships and peer support groups to flourish. During these community activities, GFG staff are on hand to directly support anyone in need.

6 volunteers and GFG staff supported. 411 community members with wrap around support, enabling access to subsidized food, emergency food, SIM cards, fuel vouchers, referrals for grants and support and access to Warm spaces. Partners who attended Warm space to provide advice included Dwyr Cymru, National Energy Action, CTMUHB Bowel Cancer department and the Stroke Association.

With support from the National Grid Community Matters Fund we also gave advice on tariff switching and energy saving hacks. This included how to insulate the home cheaply and making draft excluders. We upskilled our staff by studying for the Energy Awareness 6281-01 (Level 3 Award). We also conducted a feasibility study on fitting solar panels to the Centre and the energy savings to be achieved from installing an air source heat pump and are inverter. With thanks to Feeding Britain, we were able to distribute 187 bag of coal substitute (olive kernels) to households in fuel poverty using solid fuel stoves.

We find that people in crisis often leave it to the last minute to ask for help. We work in partnership with CAB and Social Services who refer individuals to us for emergency food support We provided emergency food and weekly food to 180 households a week, 48 weeks of the year.

The Merthyr Tydfil Community Pantry

We continue to expand the membership of the community pantry. The pantry is another excellent means to develop relationships with people who come to us in crisis from which we can provide longer term support. With funding from The Arnold Clark Community Fund, Neighbourly Sainsbury's Fund, Merthyr Tydfil Country Borough Council's Food Poverty Grant and Voluntary Action Merthyr Tydfil's Food Partnership grants we were able to:

1. Open the pantry twice a week for 48 weeks of the years
2. Each month the number of individual households receiving support from the pantry was 180 households, representing 540 people.
3. Each pantry offers free fruit and vegetables, free bakery products, and free period products. For £ 3.50 pantry members can also choose products marked as hearts (3) and diamonds (6). The value of each pantry shopping bag, including groceries, fridge items, toiletries, cleaning products, period products and fruit and veg is circa £ 35, representing a weekly saving of £ 31.50
4. Provide emergency bags to people as requested by partner agencies - social services and CAB. Approximately 82 bags were provided

The Community Pantry Questionnaire

Of 55 respondents in a recent pantry survey, 48 were female and 7 were male. Of the 55 respondents, 22 are on disability benefits. The largest cohort is women aged 20 - 45 this age group has larger size families and are on a mix of benefits.

What impact would it have on you if you could not access the pantry ?
I will gonna be hungry
Social impact and I would spend more in the supermarket
Spend more money on shopping that I don't have.
This helps us through the week
wouldn't be able to eat as money is very tight

We also received support from the Access Foundation to upgrade our IT facilities throughout the Centre, for the use of staff, partners and residents. We were able to support people who are digitally disadvantaged to use the laptops to access information and become more familiar with IT. We introduced technology into existing activities to demonstrate its value and fun. We also listened to people's experience of IT and computers and which digital interventions would help them in their lives. For many this meant having an email address for every day activities, understanding how to operate excel spreadsheets for budgeting and using a lap top in warm spaces to access the internet. In total we were able to support 125 people.

2. Delivering wellbeing activities that promote physical and mental health

At the Centre people discuss their lives and the problems they are facing. A common thread in our community is poor health and low healthy life expectancy. Poor mental and physical health is a huge challenge for the people we support. By their mid-fifities, the majority of men and women are facing chronic and life limiting health conditions that impact on their quality of life. Residents are asking for support that will help improve their wellbeing over a sustained period of time.
With support from the RCT Together, Dementia Prevention Programme, Community Foundation Wales Nourish the Nation Fund, MTCBC Play Schemes, Fit and Fed and the Regional Integrated Fund for Dementia, we delivered services that aimed to improve wellbeing as a means of tackling ill health and deprivation, across the generations.
We aim to:
- Overcome loneliness and isolation
- Increase levels of physical activity
- Create healthy eating habits to increase health life expectancy.

Food and nutrition:
This year a highlight of our food and nutrition programme was the summer play scheme focussing on preventing holiday hunger With funding from Community Foundation Wales, Nourish the Nation, we were able to deliver a summer play scheme, at no cost to parents and carers, for children in an area of acute deprivation. The programme was a great success and provide lots of valuable learning to build on next year. 190 children benefited and 5 volunteers assisted.
This grant enabled us to deliver a play scheme two days a week over the 6-week school summer holiday period; from July 22nd to Sept 2nd. These days started at 10am and finished at 3pm for children aged 5 to 10 years. For children aged 10 to 15 we held late afternoon and evening sessions and whole days out.
We appointed a Food Officer for the duration of the scheme to prepare breakfast, lunch and snacks. We introduced new healthier foods, with lots of fruit and vegetables and adapted the menu in response to the children's feedback. We also had play workers and youth workers and volunteers who helped deliver the play sessions. We themed each week: Olympics, Celebrations, Games, Environmental, Art, and Adventures.
The older children played games in the Centre and at nearby locations, we used the minibus to take them on short trips. The older children prepared their own food as part of their activities, developing their cooking skills.
We advertised the play scheme to families living on the three estates around the Centre - Gellideg, Twyncarmel and Trefechan. A notable percentage of the young people who attended have a disability. We did not charge for the any of the activities.
The project was a very positive experience for the children that took part and the families they come from. We asked the parents and carers of the 5 to 10 year olds for feedback on the summer programme - they reported that the children attending found the playscheme either good fun or very good fun. Children enjoyed playing with their friends, making new friends and having the chance to try new games and activities. They liked den building and the Olympics themed events. We had devised a menu from the Public Health Pipyn cookery book of recipes - breakfasts and lunches that are healthy, nutritious and packed with fresh ingredients. At first many children were reluctant to try these new meals. We listened to their feedback and found a middle ground - lots of fruit, jacket potatoes with varied toppings, fresh soups and sandwiches. The feedback became more positive over the weeks and at the end the children had tried different flavours, foods and textures and had developed new tastes and preferences. The parents and carers welcomed the playscheme - because it was free and fully accessible, it was of a high quality with skilled playworkers, and because the children were eating quality food. It reduced the pressure on the family budget, and incidences of holiday hunger. Another positive impact of the project was that it was accessible to children with disabilities. We welcomed children with ADHD, autism and learning disabilities and their parents and carers were particularly pleased that we were able to adapt the provision to successfully ensure their inclusion. The older children benefited from the project because we were able to include food in their youth programme, eating the same meals as the younger children and cooking themselves snacks and healthy meals. They really enjoyed cooking and want this to be a permanent feature of their youth programme.
"Holiday programmes are good - especially if they are free - as money is so tight at the momentIt's amazing as GFG provides food too. Everyone puts up their holidays on social media and everyone seems to be having a good time. It puts a lot of pressure on the family to keep up".

Keeping Active:
During the week we run a series of physical activity classes for adults aimed at varying abilities and delivered at different times of the day and evening. We are responsive to requests and need, trialling and dropping some activities and keeping others which are very popular.
Tea dance - a weekly two-hour dance for older people, with an average attendance of 30. A very popular activity, led by a volunteer tutor.
Booty shakers - a twice weekly anaerobic exercise class led by a volunteer. Addictive and very popular.

Gardening group - a weekly group that helps maintain the landscaping around the Centre. Weather dependent, this is working as a drop-in activity. The youth environmental group also weeds and maintains the planting and carries out weekly litter picks. With support from Keep Wales Tidy.
Yoga - a 1.5 hour class delivered weekly for 10 weeks, at the Wellbeing Centre, free to participants aged 50 plus who are unfamiliar with this form of exercise. 30 attendees.
Pilates - a 1.5 hour class delivered weekly for 10 weeks, at the Wellbeing Centre, free to participants aged 50 plus who are unfamiliar with this form of exercise. 30 attendees

Improving mental health
We deliver activities directly and with partners that are responsive to community requests. Adferriad provide mental health and substance misuse recovery services from the Centre daily. We deliver group activities which overcome loneliness and isolation. Adult Learning Wales deliver a weekly Art Group to promote mindfulness and wellbeing.

Supporting people with dementia and their carers.
This year we started a new package of support for Carers. Funded by Carers Trust and the Welsh Government, the Amser grant scheme enabled GFG to respond to community feedback and:
- Run weekly trips to local attractions and places of interest for a minimum of 27 weeks.
- Hold an Afternoon Tea for carers and those they care for the last Friday of each month between September 2024 and March 2025
- Take carers with or without the ones they care for, to the Millennium Centre in Cardiff to see a world-class musical (minimum of 5 different shows).

All these short breaks are completely free. We provided transport for the day trips, and the Millennium Centre visits from the Gellideg Wellbeing Centre in the GFG minibus.

These activities provide a shift in focus for unpaid carers, and those they care for, to improve their quality of life.
Each week, between September 2024 and March 2025, we took unpaid carers with or without the people they are caring for, on an excursion which enhances wellbeing and strengthens relationships and friendships. We visited Pughs Garden Centre, Brecon town centre, Raglan Castle, Caerphilly Castle, Tintern Abbey, Hay on Wye, Cardiff Bay and Margam Park Christmas lights.
The last Friday of every month we host a free Afternoon Tea for carers, with or without those they are caring for. This is a very successful activity which attracts a large number of carers. We prepare an Afternoon Tea with sandwiches, fruit, cakes and scones served seated at table. The cakes are made fresh by volunteers. We introduced more entertainment in response to feedback - so that the Afternoon was not only about social eating, but also about team games and singing. Similarly the table quizzes are a team event where people can bond and make friends.
We have a partnership with the Millennium Centre in Cardiff and are able to access subsidized tickets, including wheelchair spaces, to see fabulous shows. Between September and March we saw: An Inspector Calls, James Martin, Ghost the musical, Grease and Wicked.
64 adult carers and 4 young carers participated in the project.
We continued our highly popular Monday Connects group for people living with dementia and their carers and families;
- Providing activities for people living with dementia to help overcome isolation, improve mental wellbeing, and bring joy to their lives.
- Providing opportunities for carers and family members of people living with dementia to meet each other for peer support.
- Responding to requests for carers to be able to meet and share advice.
- Providing transport to people living with dementia and their carers who cannot access stimulating, social activities and who are at a greater risk of isolation and further deterioration.
- Providing joint services for carers and people living with dementia so that each can receive support and be in in close proximity when doing so.

The group has grown to 25 attendees and continues to expand. We receive referrals from the Memory clinic staff who also attend sessions.

3. Being a hub for community activity

We are a community organisation, rooted in the locality and responsive to local people's requests and needs. We wish to see the Centre full of life and community activity, a place where people feel welcome and at home. Feedback from consultations repeatedly evidence the desire for community events and activities that bring all generations together. In response to this feedback;

A) We celebrated National Play Day on Wednesday August 7th with a day of fun and food for the whole family. The Centre was bursting with activities including a magician, circus skills tutors, games and bouncy castle, and we provided jacket potatoes with toppings, fruit cocktails and drinks. 143 attendees.

B) We celebrated 6 community Afternoon Teas with 50 attendees at each.

C) Running up to Christmas we held chocolate log workshops, wreath making classes, festive food workshops, discos, parties and a hugely popular Santa's grotto, where he entertained 225 children!

D) In partnership with Bannau Brycheiniog, Brecon Beacons National Park, who provided a coach for transport, the whole of the play group, parents and children enjoyed a summer trip to Libinus National Park Visitor Centre.

E) Two volunteers run the monthly Repair Cafe with an average of 5 repairs each session.

4. Inspiring and supporting young people

We operate a universal, inclusive, open access youth service which is focussed on listening to the voices of young people living on the housing estates of Gellideg, Trefechan and Tywncarmel. We provide opportunities for young people aged 11-25 that support their social, emotional, cultural physical and educational development. We deliver support to those who need it most, operating 48 weeks of the year, with targeted, street based, centre based, and open access youth. 265 young people regularly attended weekly youth this year, which is an increase of 58 young people. With thanks to MTCBC, Voluntary Action Merthyr Tydfil, Valleys Kids and the South Wales Police, Youth Trust fund. Here is a summary of the youth programme we delivered:

Ages and numbers of children supported

	Female	Male	Total
8-10 Years	50	37	87
11-13 Years	47	40	87
14-16 Years	42	19	61
17-19 Years	14	9	23
20+	2	5	7
			265

We operate a weekly timetable across the year as follows:
Mondays 5:30pm - 8:15pm - Street based Trefechan & Twyncarmel
Tuesdays 4:30pm - 6:00pm - 8-10-year-olds Wellbeing Centre based
Wednesdays & Thursdays 5:30pm - 8:15pm - Aged 11+ Wellbeing Centre Based

In addition, we run highly subsidized/free activities to extend horizons, focussing on young people who would otherwise not have the opportunity to leave their estates during the holidays. In partnership with the Wales Millennium Centre, a minibus of young people saw The Wizard of Oz, Hairspray, Grease, Wicked and Beauty & the Beast. We took trips to West Midland Safari Park and Aberavon Beach Day, stayed on residentials at Little Bryn Gwyn and at Bryn Bach Park, took part in Rugby @ Cardiff Stadium, visited Area 51 Soft Play, Verigo and the Principality Stadium. We went ice skating, rock climbing, skateboarding, paddleboarding, swimming, golfing and played a lot of tag archery.
Workshops held included:
- STAR Programme (6-to-8-week course): Included topics such as respectful relationships, domestic abuse, gender stereotyping, sexual consent, sexting, pornography, sexual exploitation, and perception. The programme was tailored for both 11-to-13-year-olds and students aged 14+.
- Fearless - covering Knife Crime, Anis social behaviour and county lines
- Recovery 4 All - Gambling & Gaming
- Barod - Drug Awareness
- DJ Skills

Youth Training included:

Phoenix Firefighter Project - 33 young people completed recognised accreditations including their Principles and Practice of Fire-fighting, Bronze & Silver YYA awards
First Aid - 12 young people also completed their first aid training in partnership with Tydfil Training and St. John Ambulance Cymru
Equality & Diversity Project
Environmental Projects
14 young people achieved their Level 1 in the S.T.A.R Prevention programme.

Key impact /outcomes of all these interventions

While offering a service that is consistent, child friendly and safe we have noticed some significant changes to many of our young members. Weekly group activities help strengthen interaction with others, build relationships, learn new skills, and help the young people feel safe, which in turn contributes to them overcoming anxiety and feelings of loneliness.

Young people have a role within the club where they give input and have a level of control which provides a sense of belonging and increases self-worth.

Through the year the young people have shown great improvements in their ability to connect with others, form positive relationships with new friends, become more resilient in situations, as well as developing the ability to manage conflict. Our continued work with these young people has enabled us to identify and target those who need the most support and we are pleased to see improvements in confidence levels especially for those who have stepped out of their comfort zones and have pushed themselves to attend overnight residentials alone which would not have been achievable for them at the beginning of the year.

During youth club sessions or outings, we saw how the children mix well and are chatty and friendly, happy, stress free, playful and lively. Many of these observations of children and young people reveal significant progress this year, we noticed instances of children interacting positively in small and large groups, with their new and existing friends, and making positive comments about activities they enjoyed taking part in, particularly sessions where sessional tutors delivering specific themes i.e. graffiti, ceramics and mosaic workshops.
Trips and new experiences are a good way to overcome loneliness, especially when there was no financial cost on the young person's family.

Case Study for the youth programme
This case study is from one of our projects working with the local Fire Station.
Due to a breakup in the family, John's behaviour was becoming concerning and he had taken part in some anti-social behaviour on the estate. He had exhibited some challenging behaviour in the home and his mother was finding it difficult to control him, she spoke to the youth team about her concerns and we suggested taking part in the summer programme to help him focus on something constructive. Usually a happy young man, he had very low self-esteem and lacked confidence and was beginning to get involved in more anti-social behaviour on the estate. He reluctantly signed up to the programme and we were extremely pleased to see how he benefited over the summer. We directed him towards the firestation project where he participated in a hands-on fire training course. He turned up on time every day, he learnt many new skills, interacted with young people he didn't know, worked as part of a team and took part in a wide variety of challenges such as working with real fire service equipment, using specially adapted fire engines, climbing ladders, and taking part in staged rescue scenarios. There was a mixture of personalities in the group, but this seemed to strengthen the group dynamics and overall worked well in this instance. Talking to the youth worker present he stated that he was proud of himself for getting involved and enjoyed taking part in real fire service scenarios and working with the fire team to problem solve some of the thinking challenges.
As a youth worker I was pleased to notice how his resilience to situations and how he managed his self-control improved through the sessions. He continued to engage with the youth team in the youth club setting and took part in football and sports - which kept him from hanging around the street. He continues to work on his behaviour especially controlling his frustration at home. We will continue to support him and encourage him to get involved in more projects.

5. Supporting early years development and providing family support

In our play group we are engaging the most disadvantaged families. 50% of the children have language delay and 25% are the first child of a single parent. Many of the children come to playgroup having never eaten fruit, sat down for a meal, played with age-appropriate toys or other children. Care givers are stressed and isolated and live in low-income households, often in split family units, characterized by poor health, low educational attainment, poor parenting and debt. Indicators for early years development in our area are poor - including weaning practice, speech development, attachment and toilet training. By creating a community environment where caregivers feel welcomed, we can support these caregivers to access advice, support and information. These parents and carers all report being adversely effected by the cost of living crisis. In a recent questionnaire, over 90% said they were cutting back on food for themselves and not heating the house, in order to save on bills.
With support from the Moondance Foundation we were able to start Baby Box, providing carers free baby items such as nappies, shampoo, creams and period products when they attend play and parenting activities. We were able to support these care givers through a period of austerity; by relieving their stress and helping strengthen the carer - child relationship.
52 carers and 46 children attend play group, which runs 45 weeks of the year for 4 hours. This is a place where we provide information on grants, partner agency support and other advice and signposting. We lend toys, identify families eligible for Healthy Start Vouchers and refer families to partner agencies and the Flying Start nursery. This year we referred five families who had not been on holiday to the Holiday Charity for a respite break. As a result:
- 50 Caregivers feel less stressed and more supported
- 47 Caregivers are better able to cope
- 46 Babies and young children from low-income families are happier and healthier.
42 parents and carers received items from Baby Box on a minimum of 15 occasions.
45 parents / carers received well come bags on starting a new early years' development class
Our partners include the Meithrin who deliver Baby Yoga for 2hrs x 38 weeks and the Health Visitors who run baby massage classes for an hour x 38 weeks as well as Play, stay and weigh weekly for 3 hours at the Centre. The Henry Team from Public Health, running family and early years course from the Centre, fed back:
"It's very clear to see that you have such wonderful relationships with the families in Gellideg and it's lovely to know how open they can be with you and so willing to receive support when it's offered by a friendly face".
Parent and carers reported:
This is the only play group I would go to
I like the people here, they always make me feel at home. I'm more confident now.

My child is so much calmer now after I've learnt about baby massage
I've learnt how to bond with my child

Participation, engagement and inclusion.
In the last 12 months, 1112 people have benefitted from our activities.
We are open to everyone living in Merthyr Tydfil, with a focus on engaging people who are on very low incomes, who are in poor health, and people who are older or younger. We do this by advertising widely and by word of mouth and by actively seeking to remove the barriers to participation: by providing a pickup service, charging minimally, being welcoming and encouraging, and promoting a culture that celebrates diversity and difference whilst sustaining community cohesion.

Volunteering
At GFG we focus on facilitating, enabling and empowering rather than on delivering projects as the end goal. Ultimately, our role is to empower community members to achieve their potential. An important route to empowerment is through volunteering. Volunteering follows a model of cascading empowerment as community members develop and run their own groups, once established, fuelled by their own enthusiasm and commitment to the group's theme or activity.
With thanks to WCVA Volunteering grant, having dedicated staff to support the volunteering practice in GFG has been a game changer. We have introduced a new safeguarding policy, volunteer induction and training programme and volunteer support and rewards process. As a result, we have more volunteers, from a wider pool of community members, and the retention of these volunteers has been excellent. This grant has enabled our organisation to shine a spotlight on the role that volunteers play in GFG and to consult and co-produce in conjunction with them a better volunteering process.
We have recruited a wider pool of volunteers from across the borough of Merthyr Tydfil because of our increased advertising and raised profile (posters, appearances at fairs, articles in newsletters, awards etc), These volunteers have a variety of skills and experiences to offer. Previously the majority of our volunteers were very local and we had an over representation of volunteers with poor mental and physical health. Our volunteer pool is now more diverse. We have 35 adult and 12 youth volunteers who support a wide cross section of activities on a weekly basis.
One of our biggest successes has been creating a new partnership with Merthyr College. This was a first for GFG in the history of the organisation. We have developed links with the students who come to the Centre weekly to take part in environmental volunteering and work experience in the early years
programme, in dementia care and business support.

Volunteering Case Study
Nicky relocated to our area with her partner, she knew no one here and was very isolated. Within a week her partner was arrested for breaching his bail conditions and moving out of area, he was placed in Park prison and sentenced to eight months.
VAMT's volunteer coordinator suggested that GFG would be a good setting for Nicky to come and volunteer. She wanted to make local connections and was struggling with mental health issues and wanted to occupy her time. She had left an abusive relationship to be with the new partner who had been incarcerated.
Nicky came here wanting to volunteer in the pantry. She committed to a Tuesday morning and this soon became a Friday afternoon as well. She volunteered for the eight months while her partner was in prison and for a few weeks after his release, until they moved to another area.
As we got to know her and as she confided in us, she shared that she was struggling with her mental health, had fled an abusive relationship previously and was worried that she would be found. We supported her to get counselling and were at the end of the phone when she needed to speak to someone.
When she was volunteering in the pantry, Nicky felt calm, focused and balanced. She took the membership fee from pantry members, chatted to them while they waited for their turn in the pantry, and helped restock the pantry during quieter moments.
At first, Nicky was nervous about coming to the volunteers' celebration meal. She was reluctant until the last minute when, with encouragement and support, she felt able to join in. She had a fantastic time with the other volunteers. She built up a friendship with another volunteer in the pantry and would meet outside their volunteering.
Nicky said that volunteering was a lifeline for her during a particularly difficult and stressful time of her life. It gave her a purpose and a focus, she was able to be a regular person interacting with others, it normalized her life, and helped her to become more relaxed and resilient. We could see the change in her. At the start of a volunteering session she would arrive tearful and shaky. After a cup of tea, she was ready to talk to others, and by the end of the morning she was totally at ease in the pantry.
When her partner was released from prison, Nicky felt much stronger and ready to face their future together. She had the confidence to start again in a new environment and credited volunteering with helping her to make this change.

Fundraising activities

We are very aware that the funding climate is exceptionally difficult at a time when costs are increasing. We are determined to ensure the GFG is sustainable for the future and have put in place some measures to diversify our income away from such a high dependency on grants. The funding climate has changed; ten years ago we were likely to have the support of five or six large funders who funded us across two or three years, today the portfolio of funders is considerably different. Statutory funding has greatly reduced, and larger grants from Trusts and Foundations are rarer. Today we apply to a greater number of funders for smaller sums of money, often for one year's funding. To date we have been successful in providing continuity of service delivery to residents and job security to employees, avoiding damaging stop-start delivery. We are tightly managing our finances as the cost-of-living increases and changes to employment costs are making running the same services more expensive. Our income is split between grants from Trusts, Foundations and statutory bodies, a SLA for youth work from MTCBC, and income from renting rooms and from activities costs, in this order. It is becoming increasingly more competitive to access grants and we have adapted to this environment by applying for more and smaller grants. The workload for applying, monitoring and recording grants has increased. We are very grateful to The Garfield Weston Foundation and to the Post Code Lottery for funding us with unrestricted grants. Core costs are our greatest expenses and the most difficult to find funding for. The Wellbeing Centre generates income when we rent out its facilities to partner agencies. We prioritize agencies who are also delivering services to the community. This year we have developed a venue hire strategy for the Wellbeing Centre, reviewing the local market to compare rates, and assist with advertising. We generate some unrestricted income from user fees on activities, but these are capped as they are highly subsidized. All our fundraising is achieved in-house. We review our income and expenditure every two months to track progress and monitor cash flow. This is a keenly competitive environment for charities and we are seeking income from a range of sources to help achieve sustainability.

FINANCIAL REVIEW

Reserves policy

We are working towards holding 12 months expenditure in reserve, which we anticipate to amount to £435,377 based on 2025 expenditure figures.

At present, the charity has £134,865 (2024: £205,026) of unrestricted funds, however, as £17,283 is tied up in Fixed assets held, there remains £117,582 of unrestricted net assets, this is therefore not adequate to meet the current reserves policy of £435,377.

Staffing levels - We employed 10 members of staff to the end of March 2025 (10 members of staff as at the 31st March 2024).

FUTURE PLANS

This year four members of staff attended the Co-Production NEST awareness and self-assessment training and delivered 14 engagement activities with 193 young people (8-16), single adults in low income households, families in low income households, parents/carers of children aged 5 and under, partner agencies, GFG staff members, older adults 60 plus, carers, people being cared for, and people living with dementia.

Actions for 2024-2025 include:

Increasing accessibility and inclusivity and continuing to use co-production techniques.
We are successful in accessing adults, between the ages of 25 and 64 via Face Book. We have 2450 followers, 82% of these are women and 18% men. 30 % are aged 35-44 and 20 % are aged 25-34 and 20% are aged 45-54 years. Via Face Book we are capturing a lot of women who translate into visitors and users of the Centre. We will review our marketing strategy to increase the range of our communication methods. Our communications will be more accessible to older people, people not on social media, and will be written in plain English, and Welsh. We will review how we communicate with men aged 20 - 55 years. The majority of these are working. We aim to open the Centre on weekends when working people are more able to participate in activities. Young people have told us our marketing could be more 'flashy and inspiring' to attract young people and stand out from the crowd. We will continue to use co-production techniques, active listening and participatory dialogue to strengthen and expand connection across society.

Improving physical health and mental wellbeing in a way that is fun and engaging.
The Wellbeing Centre is full of activity, it is a place where local people find friendship, purpose, support and community connections. On average, 400 different individuals come to the centre weekly, to overcome loneliness, seek advice, engage in social activity and find support. These are people who often do not engage in any other activities beyond the Wellbeing Centre. By their mid-fifties, the majority of men and women are facing chronic and life limiting health conditions that impact on their quality of life and prevent them from living full and pain free, lives. Residents are asking for support that will specifically help improve their wellbeing in a way that is achievable. Poor health can be reversed, but there are multiple barriers preventing this for our community.
Poor health is often a consequence of poverty - eating a less nutritious but cheaper diet, living with the constant stress of making ends meet, using alcohol/nicotine as self-medication, having multiple negative experiences leading to poor mental health. The area has above average rates of diabetes, anxiety, hypertension and depression. We have applied for funding and plan to address this key area in 2024-2025 by starting a programme of support that specifically addresses physical and mental wellbeing.

Family support
This year GFG staff were trained in co-production dialogue and open conversation techniques. In March we carried out a series of co-production conversations with 193 stakeholders connected to families of children under the age of 10. Findings pointed to a need to provide effective early support to children and families at risk of experiencing poor life outcomes. We already engage parents in their child's early years development, but families are asking that we provide holistic family support. We will drill down further with partners and families to develop a future programme of work that seeks to stop the cycle of intergenerational ACES.

Play work with 3-5 year olds
Community members have also fed back that we do not provide any play activities for 3-5-year-olds. Our early years work is up to age 3 years, holiday clubs are for 5-10 years and the youth service is for 8 - 25-year-olds. Next year we will train relevant staff in Play work practice Level 2 and register the Centre will the Care Inspectorate Wales for holiday club and After school clubs to bridge this gap.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document
The charity is controlled by its governing document, signed and adopted 29th August 2012, whereby the Articles of Association constitute a company, limited by guarantee, as defined by the Companies Act 2006.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Full membership of the Gellideg Foundation Group is open to anyone over 18 who lives within the area of benefit - the Gellideg estate, Merthyr Tydfil.
Anyone who is a full member of the Gellideg Foundation Group may put themselves forward to be a trustee. Once in every calendar year a General Meeting is held - it is well publicised within Gellideg within a minimum of 21 days notice of the event. Full members of the GFG, present at the meeting, elect the organisations' honorary officers by way of a secret ballot. Information is provided to those interested in taking up office as trustee setting out the scope, responsibilities and duties of the post.

Names of any person or body entitled to appoint a trustee

Full members of the GFG elect the Foundation's Officers - the Chair, Secretary and Treasurer as well as General Trustees by a process of first past the post elections.

Induction and training of new trustees

Each trustee is guided through an induction programme that familiarises the trustee with the GFG policies, values and processes. The induction includes an overview of the organisation's aims and objectives, policies, values and ways of working, constitution, staff organogram and volunteer structure, financial processes, budgets and accounting procedures, programmes and projects, funding arrangements, key stakeholders, partners and boards we belong to, monitoring and evaluation systems, forecast of key events. The induction includes on the job training, one to ones and the reading of relevant documents.

Organisational structure

The GFG's Management Committee consists of its trustees who are also the company directors. The Management Committee is the GFG's strategic decision-making body and governing board. It is responsible for ensuring its operations adhere to the GFG's constitution, aims and objectives and charitable law. Members are local people who are committed to community development. We have recruited two new committee members who are shadowing the board until full membership in April 2025. This will take the Trustees Board Membership up to 5 people. The management committee meets a minimum of once every six weeks to hear the report of the Co-Directors. The Finance Manger presents the accounts to the Committee twice a year. The Trustees delegate the management of GFG to two Co-Directors, Helen Buhaenko and Colette Watkins who have over thirty years of experience in the Third Sector, managing, leading and instigating change. GFG was founded 26 years ago by these members of staff and the organisation has a wealth of experience and community development knowledge. Our Trustees are all local, 9 out of 10 of our staff live locally.
At GFG we are very connected to the local community and wider community of Merthyr Tydfil. We know what people want and will use. Our ethos is to welcome everyone to the Centre where there will always be a role for them to play. We are a community group, we are friendly and accessible. Noone comes here unless they want to. We know that community members like to engage through social activity. Many lack confidence and the initial welcome is crucial in determining whether someone will stay.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Wider network

At GFG we have created a web of relationships with groups, agencies, fellow community organisations, skilled professionals, statutory officers, advisors, funders and above all, community members, that is an organic hub of referrals, recommendations, links, connections, experience, opportunities, time, enthusiasm, ideas, resources and knowledge. These networks allow for meaningful engagement and progression. Many of our staff members were previously volunteers, many of our volunteers were previously participants. To maximise the range and specialism of services that are available at the Centre, some services are delivered directly by GFG staff, and others are delivered by partner organisations. Partnerships also enable us to participate in systems change, advocacy and influencing work.

GFG is a member of the CTM UHB Community Leader's Forum, Voluntary Action Merthyr Tydfil's (VAMT), Health and Wellbeing forum, Children's Young People and Families forum and Third Sector Leader's Forum, and the Merthyr Tydfil Carer's Partnership and the food security group.

Partners have assisted us in finding volunteers, accessing funds, sourcing subsidized or free surplus food and sharing expertise include Fare Share Cymru, Fare Share Go, In Kind direct, His Church, Feeding Britain, Hope Church and the Hygiene Bank.

Partners who deliver services from the Centre include Adferiad; providing mental health support, CAB; holding a drop-in advice clinic, Homestart, MTCBC Parenting Team, MTCBC Social Services, Baby Yoga, Henry from Public Health, MTCBC language and play speech support, Lucy Faithful Foundation, Ward Councillors and PCSOs surgeries, Pipyn Cwm Taf Morgannwg family cooking, CTMUHB Health visitors and baby massage, Cruse and Adult Learning Wales.

We receive referrals from the GP Support Officers from the Merthyr Tydfil GP primary health care clusters, Social Services, Citizens Advice Bureau, Memory Clinic, Kier Hardie Health Park, Job Centre Merthyr Tydfil, British Red Cross emergency support. This year have developed a new partnership with Merthyr College who refer youth volunteers to the Centre.

We have excellent links with Keep Wales Tidy who provide support, resources and guidance on environmental volunteering. This year they have provided multiple starter packs and equipment to develop our food garden project.

Our local Voluntary Action (VAMT) is a connector and through them we are continually introduced to new agencies and providers. Every week we are asked by partner agencies if they can attend community sessions in order to consult with people, share information or meet new people. These include, Welsh Water, Energy Advice, Bowel Cancer department, Stroke Association. These partnerships become reciprocal as new agencies refer their clients and residents to us and we ensure that local people have access to advice and support from them.

Other partners include People Plus, MIND, Age Connects Morgannwg, The Alzheimer's Society and Cancer Aid. We have received donations and support from EE, the local ward Councillors and Gerald Jones MP.

Youth partners include; Fearless, Safer Merthyr Tydfil, Merthyr Tydfil Borough Wide Youth Forum, Valley's Kids - Little Bryn Gwyn, the local PCSOs, Barod, Skateboard Academy, Recovery 4 All, Merthyr Tydfil Youth Service, Cardiff Millenium Centre, Cardiff Rugby Community Foundation Wales.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The GFG operates a performance management system to support and supervise staff. The Staff handbook sets our all the organisational policies and procedures regarding HR and organisational operations. GFG receives pro bono HR support from Roots HR consultancy and advice from Merthyr Valleys Home HR department. We receive support from Welsh Council for Voluntary Action (WCVA) and VAMT to ensure our procedures and policies are up to date. This is particularly the case regarding safeguarding - WCVA safeguarding team have assisted us with redrafting our entire safeguarding policy. We are also able to access free staff and organisational training from MTCBC. Our youth team operates under an SLA from MTCBC Families and young people division and all the youth work training, support and guidance is aligned to ETS Cymru and EWC, the Education Workforce Council. Our insurers, Thomas Carroll, provide free advice via Markel who have reviewed all our health and safety procedures. Consequently, we have reviewed our accident and incidents policy this year, and all procedures are up to date and compliant. We receive support in Welsh language from translators attached to Soar Chapel in town and WCVA. We are supported by Cwm Taf Morgannwg's Executive Director of Public Health, and the University of South Wales to develop our monitoring systems. This year staff and volunteers have been trained in fire safety, food hygiene, safeguarding and manual handling, Legionnaire's testing, youth training, energy awareness and accident reporting. We have risk assessments for each activity.

We operate Sage 50 to manage our finances. All grants, income streams and expenditure are individually recorded and logged. Financial forecasts, actuals, income and expenditure documents are produced for scrutiny at trustee meetings. We have separate roles for different accounting practices to ensure transparency, accountability and mitigate against fraud. Our accountant scrutinizes and prepares our accounts annually. From time-to-time funders, such as WCVA and MTCBC have audited our accounts. There have never been any issues or concerns, but we always adapt and revise our systems according to the advice given to strengthen and improve procedures.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
04681301 (England and Wales)

Registered Charity number
1110453

Registered office
Canol-Y-Bryn
The Wellbeing Centre
Heol Tai Mawr
Merthyr Tydfil
CF48 1ND

Trustees
Miss A Howe Law Student
Mrs S Northall Civil Servant
Mrs M J Owen Director

Independent Examiner
Darren Bowden FCA
James de Frias
Chartered Accountants
Llanover House
Llanover Road
Pontypridd
Rhondda Cynon Taff
CF37 4DY

Bankers
Lloyds Bank Plc
Merthyr Branch
69 High Street
MERTHYR TYDFIL
CF47 8UH

REFERENCE AND ADMINISTRATIVE DETAILS

Solicitors
Geldards
Dumfries House
Dumfries Place
Cardiff
CF10 3ZF

Key and senior staff
Helen Buhaenko and Colette Watkins - Co-Chief Executives
Amanda Caudle - Finance Manager
Michelle Roberts - Youth Programme Manager

Approved by order of the board of trustees on 19/11/25 and signed on its behalf by:

S M Northall

Mrs S Northall - Trustee

Independent Examiner's Report to the Trustees of Gellideg Foundation Community Association

Independent examiner's report to the trustees of Gellideg Foundation Community Association ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Darren Bowden FCA
The Institute of Chartered Accountants in England and Wales

James de Frias
Chartered Accountants
Llanover House
Llanover Road
Pontypridd
Rhondda Cynon Taff
CF37 4DY

Date: 19/11/25

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Statement of Financial Activities for the Year Ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	**18,871**	**232,289**	**251,160**	317,543
Other trading activities	3	**56,843**	**-**	**56,843**	91,217
Investment income	4	**4,574**	**-**	**4,574**	-
Total		**80,288**	**232,289**	**312,577**	408,760
EXPENDITURE ON					
Charitable activities	5				
General		**148,529**	**286,848**	**435,377**	496,577
NET INCOME/(EXPENDITURE)		**(68,241)**	**(54,559)**	**(122,800)**	(87,817)
Transfers between funds	14	**(1,920)**	**1,920**	**-**	-
Net movement in funds		**(70,161)**	**(52,639)**	**(122,800)**	(87,817)
RECONCILIATION OF FUNDS					
Total funds brought forward		**205,026**	**1,253,603**	**1,458,629**	1,546,446
TOTAL FUNDS CARRIED FORWARD		**134,865**	**1,200,964**	**1,335,829**	1,458,629

The notes form part of these financial statements

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Statement of Financial Position
31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
FIXED ASSETS					
Tangible assets	11	**17,283**	**916,523**	**933,806**	959,674
CURRENT ASSETS					
Debtors	12	**25,489**	**45,705**	**71,194**	59,182
Cash at bank		**108,830**	**238,736**	**347,566**	459,412
		134,319	**284,441**	**418,760**	518,594
CREDITORS					
Amounts falling due within one year	13	**(16,737)**	**-**	**(16,737)**	(19,639)
NET CURRENT ASSETS		**117,582**	**284,441**	**402,023**	498,955
TOTAL ASSETS LESS CURRENT LIABILITIES		**134,865**	**1,200,964**	**1,335,829**	1,458,629
NET ASSETS		**134,865**	**1,200,964**	**1,335,829**	1,458,629
FUNDS	14				
Unrestricted funds				**134,865**	205,026
Restricted funds				**1,200,964**	1,253,603
TOTAL FUNDS				**1,335,829**	1,458,629

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

.....
M J Owen - Trustee

The notes form part of these financial statements

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Statement of Cash Flows for the Year Ended 31 March 2025

	Notes	31.3.25 £	31.3.24 £
Cash flows from operating activities			
Cash generated from operations	1	(116,420)	(31,556)
Net cash used in operating activities		(116,420)	(31,556)
Cash flows from investing activities			
Interest received		4,574	-
Net cash provided by investing activities		4,574	-
Change in cash and cash equivalents in the reporting period		(111,846)	(31,556)
Cash and cash equivalents at the beginning of the reporting period		459,412	490,968
Cash and cash equivalents at the end of the reporting period		347,566	459,412

The notes form part of these financial statements

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Notes to the Statement of Cash Flows for the Year Ended 31 March 2025

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.25 £	31.3.24 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(122,800)	(87,817)
Adjustments for:		
Depreciation charges	25,869	30,481
Interest received	(4,574)	-
(Increase)/decrease in debtors	(12,012)	16,915
(Decrease)/increase in creditors	(2,903)	8,865
Net cash used in operations	(116,420)	(31,556)

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24 £	Cash flow £	At 31.3.25 £
Net cash			
Cash at bank	459,412	(111,846)	347,566
	459,412	(111,846)	347,566
Total	459,412	(111,846)	347,566

The notes form part of these financial statements

Notes to the Financial Statements for the Year Ended 31 March 2025

1. ACCOUNTING POLICIES

Organisational status
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The organisation is an incorporated charity, registered at both Companies House and at the Charity commission. The trustees are set out on page 1 and they form a board of trustees (and directors) which is the executive body of the charity, the aims and objectives and rules for governance are set out in the charities constitution.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	-	2% on cost
Plant and machinery	-	25% on cost

Assets under construction are not subject to depreciation, until the asset is completed and then falls under the standard Freehold depreciation policy of 2% on cost per annum.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Trade debtors
Trade debtors are measured at cost and include grants receivable.

2. DONATIONS AND LEGACIES

	31.3.25	31.3.24
	£	£
Donations	850	-
Grants	250,310	317,543
	251,160	317,543

continued...

2. DONATIONS AND LEGACIES - continued

Grants received, included in the above, are as follows:

		31.3.25 £	31.3.24 £
Feeding Britain	Community Food Fund	-	1,800
Arnold Clark	The Arnold Clark Community Fund	2,500	-
Merthyr Tydfil CBC	MTCBC Youth Legacy Fund	82,185	80,574
Merthyr Valley Homes	Wellbeing	-	20,000
Merthyr Valley Homes		10,000	10,000
The Moondance Foundation	Cost of Living Crisis Fund	-	6,000
Ffos Y Fran	Small Grants Scheme	1,000	-
The Access Foundation		-	5,300
South Wales Police Youth Trust Fund		-	6,000
Postcode Community Trust		25,000	25,000
BBC Children in Need	(Mc Donalds)	-	2,500
Voluntary Action Merthyr Tydfil	Loneliness and Isolation	-	700
Voluntary Action Merthyr Tydfil	Feeding Britain	-	1,428
Voluntary Action Merthyr Tydfil	Youth Led Grant	1,288	1,020
Voluntary Action Merthyr Tydfil	Food Partnership Grant	504	11,000
Merthyr Tydfil Housing Assoc	Fit and Fed	2,652	3,397
MTCBC, WG and WLGA	Shared Prosperity Fund, Food Poverty	5,000	5,000
Merthyr Tydfil County Borough Council	Food Poverty Grant (extra Revenue)	-	5,148
Merthyr Tydfil County Borough Council	Food Poverty Capital	-	9,730
Merthyr Tydfil County Borough Council	Food Poverty Capital (Extra)	-	9,665
Merthyr Tydfil County Borough Council	Community Focused Schools - Community provision play festival funding 2024	-	1,500
Merthyr Tydfil County Borough Council	Multiply	-	8,500
Merthyr Tydfil County Borough Council	UK SPF Social Economy Capital Grant	-	9,754
Merthyr Tydfil County Borough Council	Open Access Play Funding	3,218	-
Playworks	SETS Capital Grant	-	-
Merthyr Tydfil County Borough Council	Cozy Corner	10,000	-
Merthyr Tydfil County Borough Council	Summer of Fun	-	-
Merthyr Tydfil County Borough Council	Equality and Diversity Project	2,000	2,193
Merthyr Tydfil County Borough Council	Cost of Living Crisis Support	-	-
Merthyr Tydfil County Borough Council	School Holiday Play Provision 2023		3,500
Merthyr Valley Homes	Food Prosperity Fund	-	-
Principality Building Society's	Future generation Fund		10,000
Sainsbury's	Neighbourly Sainsbury's Helping Everyone Eat Better	1,500	
National Grid	Community Matters Fund	5,000	
Summer Play fest, National Play Day		1,000	
Rhondda Cynon Taff County Borough Council	RCT Together Community Dementia Prevention Programme	8,000	
Regional Integrated Fund	Co-Production Incentive Grant	5,000	
Marks and Spencer	Gifting Grants	-	
Edward Gostling Foundation		-	
Welsh Church Act		13,705	
Garfield Weston Foundation		50,000	-
Lidl	Neighbourly Lidl Main grant	5,000	-
T K Maxx		-	500
Valleys Kids	Regional Integrated Fund	-	26,500
Valleys Kids	Regional Integrated Fund (Extra funding)	-	9,220
Valleys Kids	Youth Residential	-	500
WCVA Volunteering Wales	Main Grant Scheme	-	25,000

continued...

2. DONATIONS AND LEGACIES - continued

Community Foundation Wales	Cost of Living Fund	-	15,000
Community Foundation Wales	Nourish the Nation	10,000	
	Amser Programme and Carers		
Welsh Government	Trust Wales	10,758	
Coalfields Regeneration Trust	Community Grants		1,742
Youth Cymru	Inspire Grant		800
		250,310	317,543

Donations Received

Welsh Water	200
Hays Travel	550
United Reform Church	100
	850

3. OTHER TRADING ACTIVITIES

	31.3.25	31.3.24
	£	£
Other income	56,843	91,217

4. INVESTMENT INCOME

	31.3.25	31.3.24
	£	£
Deposit account interest	4,574	-

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
General	428,425	6,952	435,377

6. SUPPORT COSTS

	Finance	Governance costs	Totals
	£	£	£
General	36	6,916	6,952

7. NET INCOME/(EXPENDITURE)

	31.3.25	31.3.24
	£	£
Depreciation - owned assets	25,869	30,481

continued...

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

9. STAFF COSTS

	31.3.25	31.3.24
	£	£
Gross Wages	233,599	230,676
Social Security	21,215	20,415
	254,814	251,091

The average monthly number of employees during the year was 10 (2024: 10).

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	32,999	284,544	317,543
Other trading activities	91,217	-	91,217
Total	124,216	284,544	408,760
EXPENDITURE ON			
Charitable activities			
General	168,309	328,268	496,577
NET INCOME/(EXPENDITURE)	(44,093)	(43,724)	(87,817)
RECONCILIATION OF FUNDS			
Total funds brought forward	249,119	1,297,327	1,546,446
TOTAL FUNDS CARRIED FORWARD	205,026	1,253,603	1,458,629

continued...

11. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and machinery £	Totals £
COST OR VALUATION			
At 1 April 2024 and 31 March 2025	**972,000**	**71,164**	**1,043,164**
DEPRECIATION			
At 1 April 2024	**38,600**	**44,890**	**83,490**
Charge for year	**19,300**	**6,568**	**25,868**
At 31 March 2025	**57,900**	**51,458**	**109,358**
NET BOOK VALUE			
At 31 March 2025	**914,100**	**19,706**	**933,806**
At 31 March 2024	933,400	26,274	959,674

Cost or valuation at 31 March 2025 is represented by:

	Freehold property £	Plant and machinery £	Totals £
Valuation in 2022	**3,255,427**	**59,648**	**3,315,075**
Valuation in 2023	**(2,283,427)**	**11,516**	**(2,271,911)**
	972,000	**71,164**	**1,043,164**

If Freehold Property had not been revalued it would have been included at the following historical cost:

	31.3.25 £	31.3.24 £
Cost	**3,255,427**	3,255,427
Aggregate depreciation	**67,518**	67,518

Freehold Property was valued on an open market basis on 11 July 2023 by Apex Surveyors Limited.

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25 £	31.3.24 £
Trade debtors	**71,194**	59,182

continued...

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Trade creditors	6,817	9,899
Accrued expenses	9,920	9,740
	16,737	19,639

14. MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	Transfers between funds	At 31.3.25
	£	£	£	£
Unrestricted funds				
General fund	205,026	(68,241)	(1,920)	134,865
Restricted funds				
Wellbeing Centre	1,146,559	(19,300)	-	1,127,259
Community Foundation Wales	-	5,000	-	5,000
Community Foundation Wales	10,476	(7,476)	-	3,000
The Moondance Foundation	4,940	(4,940)	-	-
Postcode Community Trust	25,000	-	-	25,000
MTCBC Capital food poverty	11,722	(11,722)	-	-
South Wales Police	6,000	(6,000)	-	-
The Access Foundation	5,300	(5,300)	-	-
Valleys Kids	500	(500)	-	-
WCVA Volunteering Wales	25,000	(25,000)	-	-
Coalfields Regeneration Trust Community Grants Wales	1,742	(1,742)	-	-
MTCBC Multiply	7,000	(7,000)	-	-
VAMT Food Partnership Grant	9,364	(9,364)	-	-
Garfield Weston Foundation	-	25,000	-	25,000
RCTCBC - Community Dementia Prevention Programme	-	2,000	-	2,000
Welsh Church Act	-	11,785	1,920	13,705
	1,253,603	(54,559)	1,920	1,200,964
TOTAL FUNDS	1,458,629	(122,800)	-	1,335,829

continued...

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	80,288	(148,529)	(68,241)
Restricted funds			
Wellbeing Centre	-	(19,300)	(19,300)
Community Foundation Wales	5,000	-	5,000
Community Foundation Wales	4,999	(12,475)	(7,476)
The Moondance Foundation	-	(4,940)	(4,940)
MTCBC Youth	82,185	(82,185)	-
Postcode Community Trust	25,000	(25,000)	-
MTCBC Capital food poverty	5,000	(16,722)	(11,722)
Ffos Y Fran Grant	1,000	(1,000)	-
National Grid - Community Matter Funds	5,000	(5,000)	-
Sainsburys - Helping Everyone Eat	1,500	(1,500)	-
MTCBC Equality and Diversity Project	2,000	(2,000)	-
South Wales Police	-	(6,000)	(6,000)
The Access Foundation	-	(5,300)	(5,300)
Valleys Kids	-	(500)	(500)
WCVA Volunteering Wales	-	(25,000)	(25,000)
Coalfields Regeneration Trust Community Grants Wales	(1,742)	-	(1,742)
MTCBC Multiply	-	(7,000)	(7,000)
VAMT Food Partnership Grant	504	(9,868)	(9,364)
VAMT Youth Led Grant	1,288	(1,288)	-
Coalfields - Commuity Grant	1,742	(1,742)	-
Garfield Weston Foundation	50,000	(25,000)	25,000
Lidl Main Grant	5,000	(5,000)	-
MTCBC Fit and Fed	2,132	(2,132)	-
MTCBC Cozy Corner	5,000	(5,000)	-
MTCBC Open Access Play Funding Summer	3,218	(3,218)	-
Playworks - Holiday Project - National Play Day	1,000	(1,000)	-
RCTCBC - Community Dementia Prevention Programme	8,000	(6,000)	2,000
Welsh Government - Amser Programme and Carers Trust Wales	10,758	(10,758)	-
Welsh Church Act	13,705	(1,920)	11,785
	232,289	(286,848)	(54,559)
TOTAL FUNDS	312,577	(435,377)	(122,800)

continued...

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	249,119	(44,093)	205,026
Restricted funds			
The National Lottery Community Fund	95,299	(95,299)	-
Wellbeing Centre	1,165,859	(19,300)	1,146,559
BBC Children in Need	24,400	(24,400)	-
Community Foundation Wales	-	10,476	10,476
The Moondance Foundation	-	4,940	4,940
Postcode Community Trust	-	25,000	25,000
MTCBC Capital food poverty	1,250	10,472	11,722
The Julia & Hans Rausing Trust	10,519	(10,519)	-
South Wales Police	-	6,000	6,000
The Access Foundation	-	5,300	5,300
Valleys Kids	-	500	500
WCVA Volunteering Wales	-	25,000	25,000
Coalfields Regeneration Trust Community Grants Wales	-	1,742	1,742
MTCBC Multiply	-	7,000	7,000
VAMT Food Partnership Grant	-	9,364	9,364
	1,297,327	(43,724)	1,253,603
TOTAL FUNDS	1,546,446	(87,817)	1,458,629

continued...

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	124,216	(168,309)	(44,093)
Restricted funds			
The National Lottery Community Fund	-	(95,299)	(95,299)
Youth	800	(800)	-
Wellbeing Centre	-	(19,300)	(19,300)
BBC Children in Need	-	(24,400)	(24,400)
Community Foundation Wales	15,000	(4,524)	10,476
The Moondance Foundation	6,001	(1,061)	4,940
MTCBC Youth	84,074	(84,074)	-
Merthyr Tydfil Housing Association - Fit and Fed Grant	3,397	(3,397)	-
Postcode Community Trust	25,000	-	25,000
MTCBC Capital food poverty	39,297	(28,825)	10,472
Feeding Britain	1,800	(1,800)	-
MTCBC Equality & Diversity Project	2,193	(2,193)	-
The Julia & Hans Rausing Trust	-	(10,519)	(10,519)
MTCBC Community Focused Schools	1,500	(1,500)	-
Principality Building Society	10,000	(10,000)	-
South Wales Police	6,000	-	6,000
The Access Foundation	5,300	-	5,300
Valleys Kids	36,220	(35,720)	500
WCVA Volunteering Wales	25,000	-	25,000
Coalfields Regeneration Trust Community Grants Wales	1,742	-	1,742
MTCBC Multiply	8,500	(1,500)	7,000
VAMT Food Partnership Grant	11,000	(1,636)	9,364
VAMT Loneliness and Isolation	700	(700)	-
VAMT Youth Led Grant	1,020	(1,020)	-
	284,544	(328,268)	(43,724)
TOTAL FUNDS	408,760	(496,577)	(87,817)

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Detailed Statement of Financial Activities for the Year Ended 31 March 2025

	31.3.25 £	31.3.24 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	850	-
Grants	250,310	317,543
	251,160	317,543
Other trading activities		
Other income	56,843	91,217
Investment income		
Deposit account interest	4,574	-
Total incoming resources	312,577	408,760
EXPENDITURE		
Charitable activities		
Wages	233,599	230,677
Social security	21,215	20,415
Preschool Wages	-	32,586
Preschool Wages (Recharged)	-	(32,586)
Equipment hire	872	4,919
Rent, rates and water	2,942	3,861
Insurance	10,232	11,892
Light and heat	5,930	8,139
Telephone	2,113	2,057
Postage and stationery	421	521
Travel and subsistence	6,246	3,270
Computer IT costs	4,170	5,671
Activities	41,944	81,039
Repairs and maintenance	35,447	54,273
Pensions	28,119	22,944
Consumables	9,306	8,749
Freehold property Depreciation	19,300	19,300
Plant & machinery depreciation	6,569	11,181
	428,425	488,908
Support costs		
Finance		
Bank charges	36	503
Governance costs		
Accountancy fees	5,118	4,740
Legal fees	1,798	2,426
	6,916	7,166
Total resources expended	435,377	496,577
Net expenditure	(122,800)	(87,817)

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

England & Wales - Charity number 1110453

Accounts

REGISTERED COMPANY NUMBER: 04681301 (England and Wales)
REGISTERED CHARITY NUMBER: 1110453

Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 31 March 2024

for

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

James de Frias
Chartered Accountants
Llanover House
Llanover Road
Pontypridd
Rhondda Cynon Taff
CF37 4DY

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

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GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Report of the Trustees for the Year Ended 31 March 2024

Chairwoman's Report for the Year Ended 31 March 2024

I am very proud to announce that The Gellideg Foundation Group won "Youth Provision of the year" in the Merthyr Tydfil County Borough Council Academy of Success 2021-2022 & 2022-2023. Winning this award is an amazing honour and recognises the commitment and hard work of the staff and young people. Well done everyone !

This year we have continued to expand our services whilst deepening the quality and impact of our work. It is with some relief that after so many hectic years of delivery, through the pandemic and moving into the new Centre, we are able to take stock and consolidate. We are grateful to the Postcode Community Trust and Merthyr Valleys Homes for unrestricted funding which enables us to be responsive to community need and deliver the support and services people request. It was also a great pleasure to host The National Lottery Community Fund's UK and Wales committees, as well as their Senior Management Team and Young People's Panel to showcase our work as a grant holder. Without our funders we would not be able to operate, and we do not take them for granted.

Thank you to all our supporters, who enable us to focus on these community priorities:
- Providing support through the cost-of-living crisis
- Delivering wellbeing activities that promote physical and mental health
- Being a hub for community activity
- Inspiring and supporting young people
- Supporting early years development

We continue to expand our partnerships with other organisations to deliver holistic support to the community. This year we have started new relationships with the Repair café, Adult Learning Wales, delivering Art classes and British Sign Language courses, and with the Brecon Beacons National Park Authority. We also partnered with Valleys Kids, New Horizons, Forget Me Not Chorus and the Memory Clinic at Kier Hardie Health Park to deliver a new programme of support for people with dementia and their carers.

It was the end of an era as we waved a fond farewell to Toddlers at Coed-y-Dderwen whose staff now work for Little Inspirations to deliver the Flying Start nursery provision. We look forward to a long and successful partnership with them. All these changes and developments can now be seen in greater detail on our bilingual website which we launched earlier in the year on www.gellideg.net.

With best wishes to all,
Maria Owen, Chair of Trustees

OBJECTIVES AND ACTIVITIES

Objectives and Activities

The Gellideg Foundation Group (GFG) is a community organisation based on a social housing estate in Merthyr Tydfil, deeply rooted in the community and responsive to local need. This area ranks amongst the lowest 10% in Wales. Our community development is grounded in the lived experience, and we have strong ties to the most disenfranchised in the community. We work in partnership with agencies across all sectors.

Our ambition is to make a lasting change to local people's lives and break the cycle of intergenerational ill health and poor wellbeing.

Our aim is to empower residents living on the estate and across Merthyr Tydfil to be able to achieve their potential. Our role is to provide opportunities and services that make people feel better and we do this by connecting people together, and helping them to be more active, learn new things, be creative and give through volunteering.

We are open to everyone living in Merthyr Tydfil, with a focus on engaging people who are on very low incomes, who are in poor health, and people who are older or younger. We do this by advertising widely and by word of mouth and by actively seeking to remove the barriers to participation: by providing a pickup service, charging minimally, being welcoming and encouraging, and promoting a culture that celebrates diversity and difference whilst sustaining community cohesion.

Summary of the charity's activities and achievements in relation to the objects

1. Providing support through the cost-of-living crisis

We received funding from The National Lottery Community Fund to support vulnerable and low-income households through the crisis. This major grant has enabled us to deliver wrap around support to families; enabling access to subsidized food, emergency food, SIM cards, fuel vouchers, referrals for grants and support and access to Warm spaces. We were also able to use our minibus to collect vulnerable and isolated people from across the borough and bring them to the Centre.
We expanded the membership of the community pantry. We provided emergency food and weekly food to 170 households a week, 48 weeks of the year.

We opened the Centre throughout the week as a warm space.

We linked the warm space with access to information on grants and financial assistance providing wrap around support.

We delivered community activities to combat loneliness and to engender wellbeing particularly among isolated and low-income residents, and people in poor health.

We appointed a minibus driver to pick up residents with no access to transport from across the borough so that they are able to access the Centre and participate in activities.

We put dignity and respect at the heart of what we do. The warm space and pantry are for people who are struggling, but everyone who comes here feels at ease and welcomed. We have received feedback such as "This is the first time someone has treated me like an equal" and "You listen, that means so much".

We are responsive to local need. Community members told us they did not want to just come to the centre to be warm, they wanted to interact with others, and feel good. The Community Bingo session has developed out of warm space - every week over 35 people play bingo together - led by a volunteer caller. Music bingo developed out of warm space too, with the idea of playing music and making a game of it. These two groups have become established activities in the centre, led by volunteers.

With funding from the National Lottery Community Fund, Feeding Britain, The Julia and Hans Rausing Trust - Food bank Fund, Principality Building Society's Future Generations' Fund, Merthyr Tydfil Country Borough Council's Food Poverty Grant and Voluntary Action Merthyr Tydfil's Food Partnership Grant we were able to:

1. Provide a pantry bag (worth £ 35) to 128 households a week (representing 384 people), 48 weeks of the years over 18 months. Each month the number of individual households receiving support from the pantry was 170 households.

2. Provide non-members bags of groceries and toiletries, cleaning products, period products and fruit and veg to 35 households each month

3. Provide emergency bags to people as requested by partner agencies - social services and CAB. Approximately 100 bags were provided

4. Give utility tokens, and Sim cards, apply successfully for holiday breaks, refer to CAB services, apply for grants, apply for Healthy start vouchers, provide coal from Feeding Britain - to over 457 people.

5. Hold a warm space in the Centre throughout the project, accessed by over 400 people.

6. Pick up 55 highly vulnerable residents weekly to attend activities.

7. Take 190 community members to shows in partnership with the Millennium Centre in Cardiff.

Food Pantry
We run a food pantry twice a week, Tuesdays and Fridays, providing free fruit and vegetables, period products and bread. For £ 3.50 pantry members can also choose four hearts and six diamonds from the selection of groceries, toiletries and fridge items. Anyone living in Merthyr Tydfil can be a member of the pantry, we have over 170 members and a waiting list. We receive food from Fare share and Warburtons, Lidl and Fare Share Go and products from In Kind. We are also a member of the Hygiene Bank. The pantry is a vital support for families and individuals on low incomes.

The Food Pantry Case Study

B lives in privately rented accommodation, which was affordable for her until the breakdown of her relationship. Now she is a lone parent and finding it difficult to pay the rent, utilities and food while bringing up her daughter. Her partner is not contributing financially, and she found herself in financial hardship virtually overnight. She had very little experience of managing household bills and no knowledge of any support services/agency who could help or advise her on how to better manage her finances. B comes weekly to pantry to support herself and her child. Having access to free bread, pastry items and fruit and veg alongside good quality food items and toiletries provides her with food security. She said that since joining the pantry her mental health has improved due to lessening strain on her financial resources. She says that the toiletry items and cleaning products have been a great help. Being able to have quality items at affordable prices has been amazing, for example she would usually buy the cheapest washing power she could find, but these cheaper versions aggravate her daughter's eczema. B also looks forward to sitting and have a coffee with other pantry members, where they talk openly in a safe space about their struggles. By talking to others in a similar situation, B has said that she has gained tips and tricks on how to save money on her energy bills alongside her food shopping. She saves between £18 to £25 per week dependant on what items are available in the pantry. The pantry is a stop gap until B's daughter goes to school and she can increase her hours at work. She says for the moment, the Pantry is a lifeline.

The Minibus

This year we started our minibus pickup service for isolated members of the community in Merthyr Tydfil; is a fabulous success. Residents who have no vehicle and are unable to access public transport are picked up from their homes across the borough to take part in community activities. Three times a week we collect residents and bring them to activities at the Centre, for many this is the only time they see anyone all week. We also take isolated and low income residents on trips, especially to the Millennium Centre in Cardiff, because each month this partner organization provides free tickets for community members for shows.

2. Delivering wellbeing activities that promote physical and mental health

Poor health is one of the key factors undermining the wellbeing of our community. With support from the Community Foundation Wales Cost of Living Fund, MTCBC Multiply, MTCBC Play Schemes, Fit and Fed and the Regional Integrated Fund for Dementia, we delivered services that aimed to improve wellbeing as a means of tackling ill health and deprivation.

We aim to:
- Overcome loneliness and isolation

- Increase levels of physical activity

- Create healthy eating habits to increase health life expectancy.

Food and nutrition:

We were able to provide healthy meals to the community during the summer holidays, October and February half terms. Staff and volunteers cooked 20 community meals for 491 children and their parents to prevent holiday hunger as part of the holiday play programmes.

This year we partnered with Pipyn to deliver after school family cooking sessions to parents and their primary school children. They delivered 5-week cooking courses to parents, carers, and children, across the year, to approx. 120 participants.

The youth team include food and cooking into their evening youth project. Between 20 and 30 young people attend youth each evening. The team have found that as important as teaching cooking skills is exposing young people to different food options, growing their palates, and helping them to overcome the fear of unknown flavours and dishes.

Keeping Active:

During the week we run a series of activities for different levels and abilities at varying times of the day and evening. We are responsive to requests and need, trialling and dropping some activities and keeping others which are very popular. Ballroom dancing did not have much take up, walking group is seasonal.

Tea dance - a weekly two-hour dance for older people, with an average attendance of 30. A very popular activity, led by a volunteer tutor.

Booty shakers - a twice weekly anaerobic exercise class led by a volunteer. Addictive and very popular.

Walking group - a weekly group that walks together from the centre along the Taff trail for exercise and companionship.

Gardening group - a weekly group that helps maintain the landscaping around the Centre. Weather dependent, this is working as a drop-in activity. The youth environmental group also weeds and maintains the planting and carries out weekly litter picks. With support from Keep Wales Tidy.

Yoga - we have started weekly sessions for the over 50s as a gentler form of exercise.

Improving mental health

We deliver activities directly and with partners that are responsive to community requests. Adferriad provide mental health and substance misuse recovery services from the Centre daily. We deliver group activities which overcome loneliness and isolation and we have partnered with Home Start who deliver a weekly crafting group and Adult Learning Wales, who deliver an Art Group, to promote mindfulness and wellbeing.

Supporting people with dementia and their carers.

This year we developed a joint programme of support with Valleys Kids and New Horizons, funded by the Regional Integrated fund for dementia. We provide support to people living with dementia and their carers and families;

- Providing activities for people living with dementia to help overcome isolation, improve mental wellbeing, and bring joy to their lives.

- Providing opportunities for carers and family members of people living with dementia to meet each other for peer support.

- Responding to requests for carers to be able to meet and share advice.

- Providing transport to people living with dementia and their carers who cannot access stimulating, social activities and who are at a greater risk of isolation and further deterioration.

- Providing joint services for carers and people living with dementia so that each can receive support and be in in close proximity when doing so.

We delivered 4 hours of community-based dementia activities based on reminiscence, cognitive stimulation and peer support weekly from September, including a dementia choir and an activities group. We also enabled people living with dementia and their carers to participate fully in community activities such as dance, art and gardening. 20 people attended activities group weekly and 35 people attend choir. We receive referrals from the Memory clinic staff who also attend sessions New Horizons provided seven monthly support sessions for carers covering; anxiety, resilience, stress management, relaxation, emotional wellbeing and grief and loss.

Dementia Case study

Terry is 85, been diagnosed with vascular dementia a year ago, but has had it for 10 years. Has a wife, Alice, is his carer, she is in her eighties. Terry is a very quiet, dignified gentleman, since his diagnosis he has become quite anxious. He doesn't recognise his wife today but recognises her in the wedding photos. The minibus service was a Godsend for the pair - it enabled them to be able to access the group. The group is led by the participants, it is relaxed and fun. There are a number of facilitators and volunteers who are able to support the carers and people with dementia so that everyone has individual attention when needed.

The group doesn't like anything rigid - they want to meet, chat, have tea and cakes, and be given options for activities. This could be singing, a quiz, games, cooking or creativity. The group likes to lead the direction of the session. When everyone is relaxed, the carers can form a separate group and discuss issues amongst themselves.

Terry has become used to the routine of going to the Monday group. He waits for the minibus to come and pick them up. Getting up and ready and dressed on Monday morning is less difficult for Alice because Terry wants to get up and go to group.

Alice has learned better coping mechanisms; not to contradict him or argue - but to step away and return to the situation afresh.

Now Terry is coming out of himself more; he used to just sit and smile. Now he is interacting with others and telling us more about his life. At the beginning he didn't talk and didn't join in with activities. Now he joins in with the quizzes and singing, and is a fully integrated part of the group.

3. Being a hub for community activity

We are a community organisation, rooted in the locality and responsive to local people's requests and needs. We wish to see the Centre full of life and community activity, a place where people feel welcome and at home. Feedback from consultations repeatedly evidence the desire for community events and activities that bring all generations together. In response to this feedback;

A) During the school holidays we ran a family holiday programme, for the under 10s, to prevent holiday hunger and offer play and fun activities to young children. This programme is in addition to the youth programme and is supported by Merthyr Tydfil CBC. 491 people took part in a month of activities.

B) In partnership with WMC and run a community trip to the theatre every 6 weeks for low-income households who are not able to afford cultural activities.

C) We ran Afternoon Tea, with 66 attendees and Soup and a Roll with 39 attendees, over 4 months. Multiply funding, enabled us to integrate numerical learning into these activities.

D) Running up to Christmas we held wreath making classes, festive food workshops, discos, parties, a community meal and a hugely popular Santa's grotto, where he entertained 175 children! Supported by the VAMT Loneliness and Isolation prevention grant, we ran a Christmas trip to Cantref farm for the 65 members of toddlers.

E) We celebrated National Play Day with a community play extravaganza, held a community Halloween disco and a pre-school party and marked Remembrance Day.

4. Inspiring and supporting young people to thrive, achieve wellbeing, create and have adventures

We operate a universal, inclusive, open access youth service which is focussed on listening to the voices of young people living on the housing estates of Gellideg, Trefechan and Tywncarmel. We provide opportunities for young people aged 11-25 that support their social, emotional, cultural physical and educational development. We deliver support to those who need it most, operating 48 weeks of the year, with targeted, street based, centre based, and open access youth. 207 young people regularly attended weekly youth this year. We are so proud to have won Youth Provision of the Year 2023! We are:

- Youth led

- Collaborative

- Safe

- High quality

- Inclusive

Thrive

Trying new opportunities, becoming resilient and independent, learning new skills, gaining qualifications, volunteering, growing aspirations.
We have 8 young people who attend our youth forum, with 5 of them holding key positions. These young people have also participated in the Merthyr Tydfil Boroughwide Youth forum meetings and have continued to be actively involved in GFG youth projects, such as the young voices initiative with South Wales police, environmental projects in the community and the planning of local community and fundraising events.

2 of our Youth Forum members also attended the youth consultation on the use of Cyfarthfa Park @ the Rehouse and voiced their opinions on the matter.

Youth meetings discuss upcoming projects and delivery such as planning the King's coronation party for the younger youth, art project ideas, sport and fitness idea, e.g. YOyththe Cardiff Football Stadium Tour Experience, trips/outings and residentials.

11 young people attended the Academy of Success awards and represented the provision, receiving winner for Provision of the year and best innovative project of the year as well as runner up for Community Project of the year.

15 have completed their Bronze Youth Achievement

6 young people have accessed help with CV writing and job searches.

1 young person is completing her Level 2 Food Hygiene and has been volunteering within the organisation helping support the afternoon tea sessions

One young person has secured an office job.

10 young people have carried out volunteering duties which have included volunteering/mentoring in our 8-10-year-old sessions, supporting staff to plan and deliver sessions, organise cinema nights as well as support weekly afternoon tea sessions - they are working towards their Silver youth achievement awards.

We continue to support 7 young people with learning difficulties through engagement in weekly activities allowing them the flexibility to engage, learn and develop in a safe and stimulating environment, while having the opportunity to discover and develop their own aptitudes

Wellbeing

Modelling healthy lifestyles, improving physical activity and nutrition, emotional and mental wellbeing

We deliver street and center based workshops, discussing issues of concern to young people -mental health, employment, human trafficking, equality and diversity, budgeting, addictions including alcohol and gaming, healthy relationship workshops with SMT, drug awareness workshops with Barod, continued work with local PCSO's, body image and healthy lifestyles where we continue to incorporate healthy cooking/eating into our delivery.

Weekly sports activities are delivered either indoors or outdoors in all three areas. Including football, rugby, rounders, walking group, dance sessions, obstacle courses and circuits. Indoor sports include virtual fitness, table tennis, pool, dodgeball and karate, boules, dodgeball, walks and games in the local park. The Fit & Fed programme also enabled us to focus on more sporting activities, while providing nutritional food/snacks for those involved. Our sports lending library is still available to members offering free sports and games equipment to young people aged 8+.

15 young people took part in the Phoenix firefighting project a very physical and intense week of working with real fire service equipment, using specially adapted fire engines, climbing ladders, and taking part in staged rescue scenarios, all of which require a level of fitness and commitment.

Create

Exploring ideas and ways to express yourself through digital, fine and plastic arts, dance, music and drama.

3 Trips to Cyfarthfa museum where our young people learnt about the industrial era from the amazing exhibition. Young people were able to explore the paintings with the tutor Chris Parry, historian, and also work on their own art piece.

11 young people got to experience the performance of Heathers at Cardiff Millenium Centre. An on-stage performance which dealt with issues faced by young people today.

Wednesday wellbeing sessions continue to take place with activities including handmade items such as cushions, tote bags, scented stress bags, soap and candles. We also encourage work with various materials such as beads, resin, wood and recycled materials such as cardboard and plastics, e.g. the ceramic sessions with Erica Ceramics, a local tutor who has worked with our young people to make professional looking ceramic pieces and clock, making. We also held Graffiti workshops with a grafitti artist.The aim of the sessions is to provide a safe place to discuss issues around youth mental health and wellbeing and offers the opportunity to make something hands on while they are there.

Adventures

20 young people to Dolygear paddleboarding and raft building as well as gorge walking.

A residential to Lundy Island enabled participants to spend 4 days walking and exploring the amazing island. This was a very intense outdoor experience where young people had to overcome personal challenges and increase their individual fitness.

10 young people took part in a day visit at BBC Studio's in Cardiff, visiting one of the largest BBC newsrooms they got to experience the daily life of news broadcasting and learnt about the cutting-edge technology including augmented reality, virtual reality and robotic cameras, TV galleries and other broadcast facilities. This was a unique opportunity for them to see this as a job option in the future.

Fit & Fed day at Aberavon beach where they swam in the ocean, played beach games, took part in surfing and also swam in the local pool.

Myths & Legends creative writing at Cardiff Museum. A new creative project enabling our young people to learn about and explore local and national myths and legend. Our young people were involved in writing stories and given the opportunity to get as creative as possible working towards recording a podcast that will help others to become enthused by our history - bringing the past more closely into the now. It was a fun experience full of creating and capturing the stories of Wales with young people.

5. Supporting early years development

We are committed to supporting expectant mothers, parents and carers on their journey from pregnancy, birth, new born, child development to school ready, parenting and mentoring others. We run three play groups and one music and movement session weekly as well as supporting parents to attend parenting classes. We engage and support mothers and families into activities, advocate for wellbeing and accompany the family on a journey of change. We host Henry under 5s nutrition course, midwife drop.in, parenting courses and baby massage. All of these groups are well attended.

We are aware that many families have not been able to go on a holiday together. We are a referral agency for the Holiday Charity and this year three families from pre-school went on a caravan holiday to the sea side with their children for the first time.

Little Inspirations Pre-school:

From September 2023, Little Inspirations started delivering Flying Start provision from the nursery at the Wellbeing Centre. The group is independent from the GFG, and rents the nursery space, however we are developing a close working relationship.

Participation, engagement and inclusion.

In the last 12 months, 980 people have benefitted from our activities.

An average of 550 people come to the Centre each week to attend groups, visit the pantry and ask for information or support. Including the youth team, we support over 750 people a week, people who are low incomes and or in poor health.

Volunteering

We would not be able to deliver the services we do without the help of our amazing volunteers. Volunteers comes to us through referral or personal request - they are vital to the running of the organisation and they influence the culture of the group. They provide feedback and suggestions on how to run the pantry, how to engage people, and new ideas. The majority of our volunteers have complex lives, including chronic physical and mental health conditions, a history of abuse, or recent discharge from hospital or secure units. Their in-put is first hand and grounding. We have a volunteer driver who helps run the minibus pick ups, a Polish volunteer provides Food hygiene advice and support, another volunteer bakes cakes for the Afternoon Tea, many volunteers run the pantry. Our volunteer base is expanding; currently we have 20 regular volunteers.

What we have learned

Community members have complicated lives and all ages have experienced trauma. Ill health manifests in the mid-fifties when many people start to develop chronic health conditions. An holistic approach to community support continues to be highly effective. Community members feedback that they feel more comfortable engaging with specialist support in a community setting. We partner with a large number of agencies across all sectors to help make the connection between services and the people who most need them. The Warm space, pantry and financial support clinics have proved an exceptionally effective means of responding to people's needs and supporting them to make further connections with others. These interventions are also very empowering - community members are closely involved in delivering and running warm space activities and these will continue into the future.

Activities with children and young people bring grandparents and parents together and create intergenerational events.

Providing food brings people together and creates a welcoming atmosphere.

Art and crafts activities appeal to all age groups and genders.

Music is a unifier.

People are more resilient when they have friends and community to share their concerns.

We could not deliver our services without volunteers but volunteers require a lot of support.

Fundraising activities

All our fundraising is done in house by the Co-director.

The Centre generates unrestricted income for the charity as we rent the space to new partners. This year we continue to invest in the building, for example, repairing access control, improving the Fire doors, installing signage and a new disabled parking bay, painting the building and increasing storage.

FINANCIAL REVIEW

Reserves policy

We are working towards holding 12 months expenditure in reserve, which we anticipate to amount to £496,577 based on 2024 expenditure figures.

At present, the charity has £205,026 (2023: £249,119) of unrestricted funds, however, as £23,851 is tied up in Fixed assets held, there remains £181,175 of unrestricted net assets, this is therefore not adequate to meet the current reserves policy of £496,577.

Staffing levels - We employed 10 members of staff to the end of March 2024 (10 members of staff as at the 31st March 2023).

FUTURE PLANS

Our aim for next year is to consult widely with all stakeholders to reassess our direction and strategy. We will listen to community members to determine the key priorities for support, and where and how we can make the greatest impact.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Full membership of the Gellideg Foundation Group is open to anyone over 18 who lives within the area of benefit - the Gellideg estate, Merthyr Tydfil.
Anyone who is a full member of the Gellideg Foundation Group may put themselves forward to be a trustee. Once in every calendar year a General Meeting is held - it is well publicised within Gellideg within a minimum of 21 days notice of the event. Full members of the GFG, present at the meeting, elect the organisations' honorary officers by way of a secret ballot. Information is provided to those interested in taking up office as trustee setting out the scope, responsibilities and duties of the post.

Names of any person or body entitled to appoint a trustee
Full members of the GFG elect the Foundation's Officers - the Chair, Secretary and Treasurer as well as General Trustees by a process of first past the post elections.

Induction and training of new trustees

Each trustee is guided through an induction programme that familiarises the trustee with the GFG policies, values and processes. The induction includes an overview of the organisation's aims and objectives, policies, values and ways of working, constitution, staff organogram and volunteer structure, financial processes, budgets and accounting procedures, programmes and projects, funding arrangements, key stakeholders, partners and boards we belong to, monitoring and evaluation systems, forecast of key events. The induction includes on the job training, one to ones and the reading of relevant documents.

Organisational structure

The GFG's Management Committee consists of its trustees. The management committee meets a minimum of once every six weeks to hear the report of the Co-Directors. The Finance Manger presents the accounts to the Committee twice a year. The Management Committee is the GFG's strategic decision-making body and governing board. It oversees the strategic direction of the organisation and is responsible for ensuring its operations adhere to the GFG's constitution, aims and objectives and charitable law. Lloyds Foundation are assisting the GFG with recruiting new Trustees.

As a requirement of funding, GFG has been audited by several funders and consistently been found to operate sound financial practice.

Wider network

We are an established charity, embedded both in local partnerships and with close working relationship with national partners. We benefit from community knowledge and being informed by the advice of specialist partners. Having operated for 25 years we also have a wealth of lived experience to draw on. We have expertise in partnership working, collaboration, sharing resources and information.

We are a member of a number of local forums, including the Merthyr Tydfil County Borough Council (MTCBC) food security group, the Health and Wellbeing group and the Children and Young People partnership. Voluntary Action Merthyr Tydfil (VAMT) and MTCBC continue to be strong and practical partners across many departments of their organisations.

Partners have assisted us in finding volunteers, (VAMT and The British Red Cross), accessing funds, (Merthyr Valleys Homes) and in sourcing subsidized or free surplus food (Fare Share Cymru, Fare Share Go, In Kind direct, His Church and Feeding Britain).

During this period we have been supported by Lloyds Foundation and their Enhance programme. The Enhance programme has given us access to HR advice from Roots, marketing and website advice and training from Promo Cymru and IT and property advice from the Ethical Property Foundation.

Partners who have already started delivering from the centre include Communities 4 Work; holding job clubs and training sessions in the centre twice weekly, Adferiad; providing mental health support every week, CAB; holding a drop-in advice clinic weekly. We are developing a strong link with Cwm Taff Morgannwg University Health Board; we have already held a number of consultation sessions with senior strategists and are developing proposals for innovative work together.

We continue to have strong links with Small Woods and Groundwork who provide support, resources and guidance on environmental volunteering.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
04681301 (England and Wales)

Registered Charity number
1110453

Registered office
Canol-Y-Bryn
The Wellbeing Centre
Heol Tai Mawr
Merthyr Tydfil
CF48 1ND

Trustees
Miss A Howe Law Student
Mrs S Northall Civil Servant
Mrs M J Owen Director

Independent Examiner
Darren Bowden FCA
James de Frias
Chartered Accountants
Llanover House
Llanover Road
Pontypridd
Rhondda Cynon Taff
CF37 4DY

Bankers
Lloyds Bank Plc
Merthyr Branch
69 High Street
MERTHYR TYDFIL
CF47 8UH

Solicitors
Geldards
Dumfries House
Dumfries Place
Cardiff
CF10 3ZF

Key and senior staff
Colette Watkins and Helen Buhaenko - Managers of the Gellideg Foundation Group.
Amanda Jenkins - Finance Manager
Michelle Roberts - Youth Programme Manager

Approved by order of the board of trustees on 25.9.24 and signed on its behalf by:

S Northall

Mrs S Northall - Trustee

Independent Examiner's Report to the Trustees of Gellideg Foundation Community Association

Independent examiner's report to the trustees of Gellideg Foundation Community Association ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Darren Bowden FCA
The Institute of Chartered Accountants in England and Wales

James de Frias
Chartered Accountants
Llanover House
Llanover Road
Pontypridd
Rhondda Cynon Taff
CF37 4DY

Date: 25/9/24

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Statement of Financial Activities for the Year Ended 31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	**31.3.24 Total funds £**	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	**32,999**	**284,544**	**317,543**	408,143
Other trading activities	3	**91,217**	**-**	**91,217**	71,558
Total		**124,216**	**284,544**	**408,760**	479,701
EXPENDITURE ON					
Charitable activities	4				
General		**168,309**	**328,268**	**496,577**	462,798
NET INCOME/(EXPENDITURE)		**(44,093)**	**(43,724)**	**(87,817)**	16,903
Other recognised gains/(losses)					
Gains/(losses) on revaluation of fixed assets		**-**	**-**	**-**	(2,215,909)
Net movement in funds		**(44,093)**	**(43,724)**	**(87,817)**	(2,199,006)
RECONCILIATION OF FUNDS					
Total funds brought forward		**249,119**	**1,297,327**	**1,546,446**	3,745,452
TOTAL FUNDS CARRIED FORWARD		**205,026**	**1,253,603**	**1,458,629**	1,546,446

The notes form part of these financial statements

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Statement of Financial Position
31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
FIXED ASSETS					
Tangible assets	10	**23,851**	**935,823**	**959,674**	990,155
CURRENT ASSETS					
Debtors	11	**12,775**	**46,407**	**59,182**	76,097
Cash at bank		**188,039**	**271,373**	**459,412**	490,968
		200,814	**317,780**	**518,594**	567,065
CREDITORS					
Amounts falling due within one year	12	**(19,639)**	**-**	**(19,639)**	(10,774)
NET CURRENT ASSETS		**181,175**	**317,780**	**498,955**	556,291
TOTAL ASSETS LESS CURRENT LIABILITIES		**205,026**	**1,253,603**	**1,458,629**	1,546,446
NET ASSETS		**205,026**	**1,253,603**	**1,458,629**	1,546,446
FUNDS	13				
Unrestricted funds				**205,026**	249,119
Restricted funds				**1,253,603**	1,297,327
TOTAL FUNDS				**1,458,629**	1,546,446

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

.....
M J Owen - Trustee

The notes form part of these financial statements

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Statement of Cash Flows for the Year Ended 31 March 2024

	Notes	31.3.24 £	31.3.23 £
Cash flows from operating activities			
Cash generated from operations	1	**(31,556)**	59,349
Net cash (used in)/provided by operating activities		**(31,556)**	59,349
Cash flows from investing activities			
Purchase of tangible fixed assets		**-**	(46,710)
Sale of intangible fixed assets		**-**	(8,100)
Sale of tangible fixed assets		**-**	8,100
Net cash provided by/(used in) investing activities		**-**	(46,710)
Change in cash and cash equivalents in the reporting period		**(31,556)**	12,639
Cash and cash equivalents at the beginning of the reporting period		**490,968**	478,329
Cash and cash equivalents at the end of the reporting period		**459,412**	490,968

The notes form part of these financial statements

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Notes to the Statement of Cash Flows for the Year Ended 31 March 2024

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.24 £	31.3.23 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	**(87,817)**	16,903
Adjustments for:		
Depreciation charges	**30,481**	33,401
Loss on disposal of fixed assets	**-**	8,100
Decrease/(increase) in debtors	**16,915**	(871)
Increase in creditors	**8,865**	1,816
Net cash (used in)/provided by operations	**(31,556)**	59,349

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.23 £	Cash flow £	**At 31.3.24 £**
Net cash			
Cash at bank	**490,968**	**(31,556)**	**459,412**
	490,968	**(31,556)**	**459,412**
Total	**490,968**	**(31,556)**	**459,412**

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Organisational status
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, as modified by the revaluation of certain assets.

The organisation is an incorporated charity, registered at both Companies House and at the Charity commission. The trustees are set out on page 1 and they form a board of trustees (and directors) which is the executive body of the charity, the aims and objectives and rules for governance are set out in the charities constitution.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	-	2% on cost
Plant and machinery	-	25% on cost

Assets under construction are not subject to depreciation, until the asset is completed and then falls under the standard Freehold depreciation policy of 2% on cost per annum.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Trade debtors
Trade debtors are measured at cost and include grants receivable.

continued...

2. DONATIONS AND LEGACIES

	31.3.24	31.3.23
	£	£
Donations	-	20,000
Grants	317,543	388,143
	317,543	408,143

continued...

2. DONATIONS AND LEGACIES - continued

Grants received, included in the above, are as follows:

		31.3.24 £	31.3.23 £
Aldi	Emergency Winter Food Bank Fund	-	1,000
Feeding Britain	Community Food Fund	**1,800**	3,500
Future Valleys Construction Merthyr	Communities Initiative Funding	-	900
Merthyr Tydfil CBC	Youth Services	**80,574**	78,994
Merthyr Valley Homes	Wellbeing	**20,000**	20,000
Merthyr Valley Homes		**10,000**	-
The Moondance Foundation	Cost of Living Crisis Fund	**6,000**	12,750
Ffos Y Fran	Large Grants Scheme	-	23,200
The Access Foundation		**5,300**	-
South Wales Police Youth Trust Fund		**6,000**	-
Voluntary Action Merthyr Tydfil	Wellbeing for Staff	-	-
Postcode Community Trust		**25,000**	25,000
BBC Children in Need	(Mc Donalds)	**2,500**	-
RDP		-	-
The National Lottery Community Fund	Awards for all	-	-
Voluntary Action Merthyr Tydfil	Integrating Care Fund for Dementia	-	15,000
Voluntary Action Merthyr Tydfil	Loneliness and Isolation	**700**	1,401
Voluntary Action Merthyr Tydfil	Feeding Britain	-	1,428
Voluntary Action Merthyr Tydfil	Youth Led Grant	**1,020**	-
Voluntary Action Merthyr Tydfil	Food Partnership Grant	**11,000**	-
Merthyr Tydfil Housing Assoc	Fit and Fed	**3,397**	3,307
Merthyr Tydfil County Borough Council	Food Poverty Grant	**5,000**	-
Merthyr Tydfil County Borough Council	Food Poverty Grant (extra Revenue)	**5,148**	-
Merthyr Tydfil County Borough Council	Food Poverty Capital	**9,730**	
Merthyr Tydfil County Borough Council	Food Poverty Capital (Extra)	**9,665**	
Merthyr Tydfil County Borough Council	Community Focused Schools - Community provision play festival funding 2024	**1,500**	-
Merthyr Tydfil County Borough Council	Multiply	**8,500**	-
Merthyr Tydfil County Borough Council	UK SPF Social Economy Capital Grant	**9,754**	-
Merthyr Tydfil County Borough Council	Revenue Food Poverty Grant	-	-
Merthyr Tydfil County Borough Council	SETS Capital Grant	-	-
Merthyr Tydfil County Borough Council	Youth Winter Wellbeing	-	-
Merthyr Tydfil County Borough Council	Playfest	-	807
Merthyr Tydfil County Borough Council	Summer of Fun	-	9,500
Merthyr Tydfil County Borough Council	Equality and Diversity Project	**2,193**	1,800
Merthyr Tydfil County Borough Council	Cost of Living Crisis Support	-	5,818
Merthyr Tydfil County Borough Council	School Holiday Play Provision 2023	**3,500**	3,000
Merthyr Valley Homes	Food Prosperity Fund	-	3,000
Principality Building Society's	Future generation Fund	**10,000**	-
Sainsbury's	Helping Everyone Eat better Community Grant Fund	-	500
Tesco Community Grant		-	1,500
National Grid Electricity Distribution	Community Matters Fund	-	10,000
The Julia and Hans Rausing Trust	The Foodbank Fund	-	11,590
Gwendoline & Margaret Davies Charity		-	9,800
The National Lottery Community Fund	Cost of Living support	-	99,875
Monmouthshire Building Society Charitable Foundation	Monmouthshire Building Society Charitable Foundation	-	1,820
Marks and Spencer	Gifting Grants	-	1,000
Edward Gostling Foundation		-	10,000

continued...

2. DONATIONS AND LEGACIES - continued

BBC Children in Need	Cost of Living Support	-	500
Garfield Weston Foundation		-	25,000
Lloyds Bank Foundation	Cost of living uplift	-	2,250
T K Maxx		**500**	-
Valleys Kids	Regional Integrated Fund	**26,500**	-
Valleys Kids	Regional Integrated Fund (Extra funding)	**9,220**	-
Valleys Kids	Youth Residential	**500**	-
WCVA Volunteering Wales	Main Grant Scheme	**25,000**	-
Community Foundation Wales	Cost of Living Fund	**15,000**	-
Welsh Government	Household Support Grant	-	3,903
Coalfields Regeneration Trust	Community Grants	**1,742**	-
Youth Cymru	Inspire Grant	**800**	-
		317,543	388,143

3. OTHER TRADING ACTIVITIES

	31.3.24	31.3.23
	£	£
Other income	**91,217**	71,558

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 5)	Totals
	£	£	£
General	**488,908**	**7,669**	**496,577**

5. SUPPORT COSTS

	Finance	Governance costs	Totals
	£	£	£
General	**503**	**7,166**	**7,669**

6. NET INCOME/(EXPENDITURE)

	31.3.24	31.3.23
	£	£
Depreciation - owned assets	**30,481**	33,401

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

continued...

8. STAFF COSTS

	31.3.24	31.3.23
	£	£
Gross Wages	**230,676**	219,176
Social Security	**20,415**	18,822
	251,091	237,998

The average monthly number of employees during the year was 10 (2023: 15).

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	78,749	329,394	408,143
Other trading activities	71,558	-	71,558
Total	150,307	329,394	479,701
EXPENDITURE ON			
Charitable activities			
General	166,077	296,721	462,798
NET INCOME/(EXPENDITURE)	(15,770)	32,673	16,903
Other recognised gains/(losses)			
Gains/(losses) on revaluation of fixed assets	-	(2,215,909)	(2,215,909)
Net movement in funds	(15,770)	(2,183,236)	(2,199,006)
RECONCILIATION OF FUNDS			
Total funds brought forward	264,889	3,480,563	3,745,452
TOTAL FUNDS CARRIED FORWARD	249,119	1,297,327	1,546,446

10. TANGIBLE FIXED ASSETS

	Freehold property	Plant and machinery	Totals
	£	£	£
COST OR VALUATION			
At 1 April 2023 and 31 March 2024	**972,000**	**71,164**	**1,043,164**
DEPRECIATION			
At 1 April 2023	**19,300**	**33,709**	**53,009**
Charge for year	**19,300**	**11,181**	**30,481**
At 31 March 2024	**38,600**	**44,890**	**83,490**
NET BOOK VALUE			
At 31 March 2024	**933,400**	**26,274**	**959,674**
At 31 March 2023	952,700	37,455	990,155

continued...

10. TANGIBLE FIXED ASSETS - continued

Cost or valuation at 31 March 2024 is represented by:

	Freehold property	Plant and machinery	Totals
	£	£	£
Valuation in 2022	**3,255,427**	**59,648**	**3,315,075**
Valuation in 2023	**(2,283,427)**	**11,516**	**(2,271,911)**
	972,000	**71,164**	**1,043,164**

If Freehold Property had not been revalued it would have been included at the following historical cost:

	31.3.24	31.3.23
	£	£
Cost	**3,255,427**	3,255,427
Aggregate depreciation	**67,518**	67,518

Freehold Property was valued on an open market basis on 11 July 2023 by Apex Surveyors Limited.

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade debtors	**59,182**	76,097

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade creditors	**9,899**	6,193
Accrued expenses	**9,740**	4,581
	19,639	10,774

continued...

13. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	**249,119**	**(44,093)**	**205,026**
Restricted funds			
The National Lottery Community Fund	**95,299**	**(95,299)**	**-**
Wellbeing Centre	**1,165,859**	**(19,300)**	**1,146,559**
BBC Children in Need	**24,400**	**(24,400)**	**-**
Community Foundation Wales	**-**	**10,476**	**10,476**
The Moondance Foundation	**-**	**4,940**	**4,940**
Postcode Community Trust	**-**	**25,000**	**25,000**
MTCBC Capital food poverty	**1,250**	**10,472**	**11,722**
The Julia & Hans Rausing Trust	**10,519**	**(10,519)**	**-**
South Wales Police	**-**	**6,000**	**6,000**
The Access Foundation	**-**	**5,300**	**5,300**
Valleys Kids	**-**	**500**	**500**
WCVA Volunteering Wales	**-**	**25,000**	**25,000**
Coalfields Regeneration Trust Community Grants Wales	**-**	**1,742**	**1,742**
MTCBC Multiply	**-**	**7,000**	**7,000**
VAMT Food Partnership Grant	**-**	**9,364**	**9,364**
	1,297,327	**(43,724)**	**1,253,603**
TOTAL FUNDS	**1,546,446**	**(87,817)**	**1,458,629**

continued...

13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	**124,216**	**(168,309)**	**(44,093)**
Restricted funds			
The National Lottery Community Fund	**-**	**(95,299)**	**(95,299)**
Youth	**800**	**(800)**	**-**
Wellbeing Centre	**-**	**(19,300)**	**(19,300)**
BBC Children in Need	**-**	**(24,400)**	**(24,400)**
Community Foundation Wales	**15,000**	**(4,524)**	**10,476**
The Moondance Foundation	**6,001**	**(1,061)**	**4,940**
MTCBC Youth	**84,074**	**(84,074)**	**-**
Merthyr Tydfil Housing Association - Fit and Fed Grant	**3,397**	**(3,397)**	**-**
Postcode Community Trust	**25,000**	**-**	**25,000**
MTCBC Capital food poverty	**39,297**	**(28,825)**	**10,472**
Feeding Britain	**1,800**	**(1,800)**	**-**
MTCBC Equality & Diversity Project	**2,193**	**(2,193)**	**-**
The Julia & Hans Rausing Trust	**-**	**(10,519)**	**(10,519)**
MTCBC Community Focused Schools	**1,500**	**(1,500)**	**-**
Principality Building Society	**10,000**	**(10,000)**	**-**
South Wales Police	**6,000**	**-**	**6,000**
The Access Foundation	**5,300**	**-**	**5,300**
Valleys Kids	**36,220**	**(35,720)**	**500**
WCVA Volunteering Wales	**25,000**	**-**	**25,000**
Coalfields Regeneration Trust Community Grants Wales	**1,742**	**-**	**1,742**
MTCBC Multiply	**8,500**	**(1,500)**	**7,000**
VAMT Food Partnership Grant	**11,000**	**(1,636)**	**9,364**
VAMT Loneliness and Isolation	**700**	**(700)**	**-**
VAMT Youth Led Grant	**1,020**	**(1,020)**	**-**
	284,544	**(328,268)**	**(43,724)**
TOTAL FUNDS	**408,760**	**(496,577)**	**(87,817)**

continued...

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	264,889	(15,770)	249,119
Restricted funds			
The National Lottery Community Fund	-	95,299	95,299
Wellbeing Centre	3,409,167	(2,243,308)	1,165,859
BBC Children in Need	48,300	(23,900)	24,400
Awards for All	10,000	(10,000)	-
The Clothworkers' Foundation	8,096	(8,096)	-
MTCBC Capital food poverty	-	1,250	1,250
Ffos Y Fran Grant	5,000	(5,000)	-
The Julia & Hans Rausing Trust	-	10,519	10,519
	3,480,563	(2,183,236)	1,297,327
TOTAL FUNDS	3,745,452	(2,199,006)	1,546,446

continued...

13. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	150,307	(166,077)	-	(15,770)
Restricted funds				
The National Lottery Community Fund	99,875	(4,576)	-	95,299
Wellbeing Centre	1	(27,400)	(2,215,909)	(2,243,308)
Tesco Community Grant	1,500	(1,500)	-	-
BBC Children in Need	-	(23,900)	-	(23,900)
MTCBC Youth Services	78,994	(78,994)	-	-
VAMT (Dementia)	17,829	(17,829)	-	-
Awards for All	-	(10,000)	-	(10,000)
The Moondance Foundation	12,750	(12,750)	-	-
The Clothworkers' Foundation	-	(8,096)	-	(8,096)
MTCBC Play Provision	807	(807)	-	-
Postcode Community Trust	25,000	(25,000)	-	-
MTCBC Capital food poverty	24,625	(23,375)	-	1,250
Ffos Y Fran Grant	23,200	(28,200)	-	(5,000)
Aldi	1,000	(1,000)	-	-
Feeding Britain	3,500	(3,500)	-	-
Future Valleys Construction Merthyr	900	(900)	-	-
Gwendoline & Margaret Davies Charity	9,800	(9,800)	-	-
MTCBC Equality & Diversity Project	1,800	(1,800)	-	-
Monmouthshire Building Society Charitable Foundation	1,820	(1,820)	-	-
National Grid - Community Matter Funds	10,000	(10,000)	-	-
Sainsburys - Helping Everyone Eat	500	(500)	-	-
The Julia & Hans Rausing Trust	11,590	(1,071)	-	10,519
Welsh Government - Household Support Grant	3,903	(3,903)	-	-
	329,394	(296,721)	(2,215,909)	(2,183,236)
TOTAL FUNDS	479,701	(462,798)	(2,215,909)	(2,199,006)

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Detailed Statement of Financial Activities for the Year Ended 31 March 2024

	31.3.24 £	31.3.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	-	20,000
Grants	**317,543**	388,143
	317,543	408,143
Other trading activities		
Other income	**91,217**	71,558
Total incoming resources	**408,760**	479,701
EXPENDITURE		
Charitable activities		
Wages	**230,677**	219,176
Social security	**20,415**	18,822
Preschool Wages	**32,586**	66,819
Preschool Wages (Recharged)	**(32,586)**	(66,819)
Equipment hire	**4,919**	962
Rent, rates and water	**3,861**	754
Insurance	**11,892**	7,528
Light and heat	**8,139**	5,167
Telephone	**2,057**	2,640
Postage and stationery	**521**	4,841
Travel and subsistence	**3,270**	7,967
Computer IT costs	**5,671**	11,714
Activities	**81,039**	58,189
Repairs and maintenance	**54,273**	49,349
Pensions	**22,944**	23,277
Consumables	**8,749**	6,300
Freehold property Depreciation	**19,300**	19,300
Plant & machinery depreciation	**11,181**	14,101
Loss on sale of intangible fixed assets	**-**	8,100
	488,908	458,187
Support costs		
Finance		
Bank charges	**503**	30
Governance costs		
Accountancy fees	**4,740**	4,581
Legal fees	**2,426**	-
	7,166	4,581
Total resources expended	**496,577**	462,798
Net (expenditure)/income	**(87,817)**	16,903

This page does not form part of the statutory financial statements

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

England & Wales - Charity number 1110453

Accounts

REGISTERED COMPANY NUMBER: 04681301 (England and Wales)
REGISTERED CHARITY NUMBER: 1110453

Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 31 March 2023

for

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

James de Frias
Chartered Accountants
Llanover House
Llanover Road
Pontypridd
Rhondda Cynon Taff
CF37 4DY

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

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GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Report of the Trustees for the Year Ended 31 March 2023

Chairwoman's Report for the Year Ended 31 March 2023

This year marks our first full year in the Wellbeing Centre and coincidentally also marks the 25th anniversary of the Gellideg Foundation Group. How fitting, as one of our primary aims was to establish a community centre for the benefit of the people of Gellideg and the borough of Merthyr Tydfil.

All those years ago a group of mothers on Gellideg estate met at a parenting class in the Family Centre. They all had young children around 2-3 years old and were worried that their future looked less than promising. The estate was run down and neglected, there was nothing for young people to do, unemployment was high, and the general mood was glum. The mothers wanted to do something positive, for the children and for the estate. The course tutor rang a local group, Groundwork, and a development officer came along to work with the mothers to turn ideas and motivation into action. In that Family Centre, Paula Vaughan named the group, The Gellideg Foundation Group. Paula was one of our first trustees. She has sadly passed away now and we miss her every day. Also present at that first meeting was Tracey Passmore, who joined the GFG as a member of staff later and is a fabulous Engagement Officer. Helen Buhaenko was the development officer who called the first meeting and Colette Watkins was the mother who became our first paid member of staff. I was there too and became a Trustee.

None of us realised at the time that the group would achieve so much. Our formula is to remain true to our values; be grounded in the community and aim high, respond to local need whilst challenging assumptions, champion the community and hold others and ourselves to account. Twenty-five years on and so much has changed for the better while socio-economic challenges remain. We are so proud of The Wellbeing Centre, a fabulous and inspiring space which demonstrates the value wider society places on this community. In this first year we have started to bed into the centre whilst responding to the immediate challenges facing the community. Our priorities have been to:

- Provide support through the cost-of-living crisis
- Deliver wellbeing activities that promote physical and mental health
- Be a hub for community activity
- Inspire and support young people to broaden their horizons and learn new skills
- Support early years development
- Expand our partnership base

We have achieved all of this and more and have thoroughly enjoyed welcoming new community members and partners to the Centre. Twenty-five years after that first meeting in the Family Centre we have realised our ambition to open a Centre that belongs to the community for the good of the community. Now we look forward to the next twenty-five years!

Hold on to your hats!

Maria Owen, Chair of Trustees

Report of the Trustees for the Year Ended 31 March 2023

OBJECTIVES AND ACTIVITIES

Objectives and Activities

The Gellideg Foundation Group (GFG) is a community organisation based on a social housing estate in Merthyr Tydfil, deeply rooted in the community and responsive to local need. This area ranks amongst the lowest 10% in Wales. We believe that social justice occurs when change happens at a personal, social and structural level. We strive to achieve this change through advocacy and service provision. Our community development is grounded in the lived experience, and we have strong ties to the most disenfranchised in the community. We work in partnership with agencies across all sectors.

We focus on engaging people who are on very low incomes, who are in poor health, and people who are older or younger. We support people with learning difficulties and people with dementia. Our aim is to empower residents living on the estate and across Merthyr Tydfil to be able to achieve their potential. Our role is to provide opportunities and services that make people feel better and we do this by connecting people together, and helping them to be more active, learn new things, be creative and give through volunteering.

Summary of the charity's activities and achievements in relation to the objects

OBJECTIVES AND ACTIVITIES

1. Providing support through the cost-of-living crisis

February 2022 Russia invaded Ukraine and the consequences of this brutal and unprovoked attack did not take long to reach Merthyr Tydfil. The cost-of-living crisis, exacerbated by the consequences of Covid and Brexit translated into increased costs of fuel and food. Over the year family budgets became over stretched. The price of every day essential necessities rose to such an extent it outstripped people's ability to pay for them. The income/expenditure disparity was masked by a couple of factors. Strategies to cope included using savings made during the pandemic, borrowing from family members and avoiding heating homes. None of these strategies was sustainable in the long term. Community members became worried about the approaching cold weather and how they are going to pay for their gas and electric. Even with the recently announced Energy Price Guarantee, utility bills risked plunging community members into further fuel poverty and risk of fuel crisis. Community members told us they would be cutting down on the quality and quantity of the food they buy and the amount of heating they use in the house. The worry translated into poor mental health.

We received funding from The National Lottery Community Fund to support vulnerable and low-income households through the crisis.

Extending the Community Pantry to new members

We operate a Community Pantry twice a week, 48 weeks of the year. It is open all-day Tuesday and Friday afternoons. Over the year the demand for membership has grown, but our ability to add new members is constrained by the amount of food and products we can source. We are grateful to The Julia and Hans Rausing Trust - Food bank Fund, Voluntary Action Merthyr Tydfil Feeding Britain Grant, Aldi - Emergency Winter Food Bank Fund, Sainsbury's Helping Everyone Eat Better Community Grant Fund 2022-23,Tesco Community grant and the Moondance Foundation for supporting us to source additional food and products to support an increased membership. By the end of the year over 165 households were members of the weekly pantry. We have been able to increase the range of products available in the pantry and the number of free items.

We have developed our own pantry model, we charge £ 3.50 membership for 4 hearts and 6 diamonds. The concept being that members choose their own produce much like a usual shop experience, enabling customers to access subsidised food whilst expressing their own preferences. Membership is open to all but there is clear focus on providing healthy, fresh food to household who have suffered a loss in income or are experiencing hardship. We have a rolling reserve list and as members' circumstances improve they come off the pantry to make way for new households. This is a self-selecting and deselecting process that works well. The bread and fruit and vegetables are free, as are the period products. We regularly conduct questionnaires to have feedback about the pantry model - members appreciate the range of goods and the value for money. The fruit and vegetables are very popular, as are the toiletries and cleaning products. We access food from Warburtons and Fare Share, Fare Share Go, Neighbourly, the Samworth Brothers and His Church. We access products from In Kind and this year have started a new partnership with the Hygiene Bank in Aberdare.

Membership is open to anyone living in Merthyr Tydfil who is not a member of another pantry model. Membership is per household so one member is often supporting children and other adults. Partner agencies ring us for emergency bags for their clients when the Food bank is not open. We provide this service free and the demand is growing. This year we have provided over 160 emergency bags.

We also hold a non-members pantry once a month for anyone to attend. The fruit and vegetables and period products are free and a bag of groceries is on offer for £ 2. People on the waiting list make use of this offer until a space comes free. On average, a further 35 households come to the non-members pantry.

Providing access to financial support and practical advice for low-income community members

The Wellbeing Centre has become a hub and drop-in point for community members. People come to the centre to attend classes, see partners and join in community events. We are keen to promote an inclusive atmosphere and are well placed to provide direct support and signposting for residents. We received funding from the National Grid Electricity Distribution, Community Matters Fund to support low-income households in Merthyr Tydfil over the winter to alleviate the pressure of fuel poverty and debt and to help sustain a level of wellbeing. We distributed coal, donated via Feeding Britain, to over 450 households in Merthyr Tydfil.
We provided direct front line support to 345 low-income individuals to help them access energy discount schemes and grants. We referred individuals to CAB and Fuel Bank for fuel vouchers, distributed mobile phone SIM cards from O2 and Vodafone, referred individuals to the Buttle Trust, the Discretionary Assistance Fund, BBC Children in Need, The British Red Cross, and The Family Holiday Charity. We helped parents access Healthy Vouchers and baby bank equipment and in partnership with Dwr Cymru held benefit days in the centre to help households reduce their water bills.
The centre has free public WiFi and a public computer.

Opening a Warm Space
We have a passivhaus Wellbeing Centre which is fully insulated and costs little to keep warm. To alleviate the increased costs of living, we made the Centre available every day from 10 to 5 for anyone to come and sit in a warm space and have a free hot drink, read a paper, or join a community activity. We found that these were most accessible when we ran community activities such as arts and crafts, films and games activities. Linking the warm space with grant and financial support and the pantry provided excellent wrap around support. As the winter months receded, we have continued the community activities such as music bingo and arts and crafts because of popular demand. Over 80 people came weekly to the warm space.

2. Delivering wellbeing activities that promote physical and mental health
Our aim is to improve wellbeing as a means of tackling ill health and deprivation.
Poor health is one of the key factors undermining the wellbeing of our community. During a series of facilitated workshops with staff from Cwm Taf Morgannwg Health Board, we identified our aims as being:
- To help the community improve understanding of how to achieve and maintain good health.
- To increase people's aspirations around healthy life expectancy.
- To help people to practise healthy lifestyle options.
This year we continue to focus on providing accessible opportunities and services that help people feel good and we do this by connecting people together, helping them to be active, learn new things, be creative and give through volunteering. We also focus on food, eating together, learning how to cook nutritionally, and enjoying food as a social event and a means to a healthier lifestyle.

Food and nutrition:
With support from Feeding Britain and the MVH Food Prosperity Fund, we were able to provide healthy meals to the community during the summer holidays, October and February half terms. Staff and volunteers cooked 16 community meals for 480 children and their parents to prevent holiday hunger as part of the holiday play programmes.
Weekly from April to July we hosted a subsidised luncheon club for anyone who wants to enjoy good food and company. For £3.50, thirty isolated people come together for a two-course meal and some fun. Staff and volunteers also hosted a four course community Christmas lunch for over 50 vulnerable residents, complete with brass band and bingo.
After school we deliver family cooking sessions to parents and their primary school children. We teach cooking life skills, how to cook healthy homemade take away food like pizzas, kebabs and stir frys and cooking on a budget. Parents, carers, and children enjoy these sessions where they can experiment with new tastes and textures at no cost. We delivered the 5-week cooking courses to July, and from September these were delivered by the Public Health team.
We incorporate pantry food items into menus so that the recipes can be cooked at home highly cost effectively. Underpinning these activities is an emphasis on good nutrition - we have a weight management class where residents drop by to share weight loss tips and have a weigh in.
The youth team include food and cooking into their evening youth project. Between 20 and 30 young people attend youth each evening. The team have found that as important as teaching cooking skills is exposing young people to different food options, growing their palates, and helping them to overcome the fear of unknown flavours and dishes.

Keeping Active:
During the week we run a series of activities for different levels and abilities at varying times of the day and evening. We are responsive to requests and need, trialling and dropping some activities and keeping others which are very popular.
Tea dance - a weekly two-hour dance for older people, with an average attendance of 30 A very popular activity, led by a volunteer tutor.
Booty shakers - a weekly anaerobic exercise class that has been expanded to twice weekly (morning and evening) due to demand. Led by a volunteer.

Gentle exercise - sessions for older people and those in poor health or recovering from illness. Held for 6 weeks with intervals. This year we worked successfully with Artis, who delivered gentle exercise, music, movement, and dance. We continued to deliver these sessions in house after the collaboration.
Walking group - a weekly group that walks together from the centre along the Taff trail for exercise and companionship.
Environmental group - a weekly group that helps maintain the landscaping around the Centre. Weather dependent, we are trailing this as a drop-in activity. The youth environmental group also weeds and maintains the planting and carries out weekly litter picks.

Improving mental health
We deliver activities directly and with partners that are responsive to community requests. These activities enable people to come together in a group activity to overcome loneliness and isolation and to focus on an activity that promotes mindfulness and mental wellbeing.
Arts and Crafts - a weekly crafting group delivered by Home Start
Community bingo - an extremely popular community bingo group that has expanded to over 40 members. Volunteers run the show.
Music bingo - an off shoot of bingo with music. Very popular and proving an easy way to make new friends and meet new people.
Wellbeing group - we started a weekly coffee morning and wellbeing group in response to requests. It quickly became apparent that people living with dementia and their carers were attending the group. We have partnered with Platform and Effro for support, advice and training.
Dementia support - We consulted with people with dementia and their carers who told us there is a need for activities for people living with dementia to help overcome isolation, improve mental wellbeing, and bring joy to their lives. In September all staff at GFG received training from Effro, who delivered weekly activity classes for people with dementia, whilst training and mentoring GFG in how to continue these classes in the future. From January, Effro and Platform delivered activity classes and separate peer support sessions for carers of people living with dementia, again, cascading their knowledge to GFG. We are now in a strong position to continue to deliver dementia friendly activities, specializing in encouraging people with dementia to engage their memories and thinking skills, using the principles of reminiscence therapy and CST (cognitive stimulation therapies).
Volunteering: We cannot run all these services without the help of our dedicated volunteers. Over 25 people give their time regularly, from the local area and from British Red Cross.
Community members are referred to us from partners, GPs, statutory support services, care homes, schools, voluntary sector organisations and umbrella bodies. We actively advertised for participants across social media, poster and leaflets, through schools and partners, letter drops and by word of mouth. We proactively target people on low incomes, in poor mental and physical health and with learning difficulties.
All our wellbeing support is free of charge or at a highly subsidized rate (£1) and open to anyone in the borough to access.

3. Being a hub for community activity
We are a community organisation, rooted in the locality and responsive to local people's requests and needs. We wish to see the Centre full of life and community activity, a place where people feel welcome and at home. Feedback from consultations repeatedly evidence the desire for community events and activities that bring all generations together. Consultations have also evidenced a need for children's holiday play activities for the under 10s. In response to this feedback, during the holidays we have run a family holiday programme to prevent holiday hunger and offer play and fun activities to young children. This programme is in addition to the youth programme and is supported by Merthyr Tydfil CBC.
In the Summer holidays 725 people took part in a month of activities. A weekly programme consisted of two mornings of Melody Movers play for 0-4 year olds, three days of play for 7 to 11 year olds, three community meals and a community trip. Tutors specialising in musicals, dance, football, illustrating, screen painting, circus skills, crafts, environmental activities and drama were appointed to introduce young people to new and exciting play. We worked in partnership with the Wales Millennium Centre to deliver the play scheme; the Centre also provided subsidized tickets for community members to visit the theatre for the first time, to see the Lion King, Les Mis and Singing in the Rain. Over the year we have continued to work in partnership with WMC and run a community trip to the theatre every 6 weeks for low-income households who are not able to afford cultural activities.
During the summer we offered highly subsidised community bus trips to Raglan Castle, Symonds Yat, Barry Island, Swansea Beach and Tenby.
In the half terms and Easter holidays we partnered with La La Productions to run play days for under 11s and their families. La La Productions actors held themed play and drama activities while GFG prepared holiday community lunches. Feedback from the sessions was very positive.
This year we continued to hold a series of community events supported by local volunteers. Supported by the VAMT Loneliness and Isolation prevention grant, we held a community Halloween discos and parties and a pre-school party. We marked Remembrance Day with an exhibition in the foyer and holding a minute's silence. Running up to Christmas we held wreath making classes, festive food workshops, discos, parties, a community meal and festive decoration classes.

4. Inspiring and supporting young people to broaden their horizons and learn new skills

Our team of youth workers hold youth clubs across three estates, four nights a week. The junior club is for 8 - 11's and the older club is for ages 11 to 25 years. Young people either meet in youth clubs in their areas in Trefechan and Twyncarmel or come to the Wellbeing Centre by bus. Youth provides opportunities for social and emotional development which is led by young people. All of our youth members are living in low-income households and experience child poverty. The purpose of the youth programme is to provide young people with opportunities they would not otherwise have had the chance to experience, and through these adventures, to develop new skills. The programme is supported by MTCBC and BBC CIN.

Over 284 disadvantaged young people are members of the youth programme.

This year the team have delivered a wide range of sessions focussing on culture, education, participation, health & wellbeing and environment, together with a number of youth led activities including community events. Running alongside these we have delivered the Fit & Fed programme and continue to offer a variety of physical activities within our programme of delivery.

Levels of participation have been consistent, with new members joining the club and engaging in regular activities. We have continued to provide a robust programme of activities which has received positive feedback from those who have taken part.

Activities have been inclusive for all and have been tailored to the needs and wants of our young members. We continue to work with young people focusing on supporting mental health and wellbeing issues.

We continued to operate informal and formal training, where young people were given the opportunity to engage in our accreditation programme through youth achievement awards, allowing them the flexibility to learn and develop in informal settings, have fun and discover their own aptitudes helping them to be life ready and to have the social, emotional and skills capacity to enter employment or higher education. To date we have exceeded our current accreditation targets with 58 young people achieving accredited learning opportunities - 15 completed their Bronze YYA. 9 completed their Silver Youth Achievement and 34 achieving their Level 1 Principles and practice of Fire Fighting.

Over the past 12months, we have tailored workshops around issues that are relevant to young people, and which have encouraged group discussion and enabled young people to express their views and opinions. Sessions included various activities and opportunities for either one to one work or group sessions. Throughout the year these have been carried out during youth club sessions, street-based work and one to one or small group sessions.

Aim of the workshops are to;

- Discuss issues of concern to young people - this year has been around mental health, vaping, pressure in school and peer pressure
- Increased knowledge and understanding - understanding feelings, emotions and anxiety as a result of the pandemic and everyday issues relating to school/life pressures
- Encourage young people to voice their concerns or issues - so we can incorporate these within our deliver plan. This year we have worked on 'Be Internet Citizens' worked with local PCSO's on projects around speeding on the estate, increase of vaping amongst small children as well as work around substance misuse.
- Use skills learnt or developed to become more confident and resilient - We have used opportunities such as residentials in Call of the Wild and sailing with Challenge Wales to develop life skills and to improve resilience in certain situations while as the same time building on confidence and self-esteem.

Multi-agency work has been integral in making the service we provide a success and we continue to work with partners including MTCBC Youth Service, Youth Cymru, Drug Aid, Cwm Taff Health Authority, Millennium Centre Wales, Cardiff City Stadium, Challenge Wales, South Wales Fire and Rescue, Wales and West, SMT, MVH, Merthyr Housing Association/Fit & Fed, small woods to name a few.

Work with South Wales police for the young voice's initiative has worked well and will continue past this reporting period. The project takes into account young person's views, opinions and perspective on some of the local issues they feel are relevant to them and their peers i.e. vaping amongst younger children, speeding in areas occupied by young children and stop and search awareness workshops for youth - we are pleased to report that there has already been improvements made on these areas identified by our young members

Trips, outings and residentials have been an added bonus. They have been extremely beneficial for our young members mental health and wellbeing. Trips have included Call of the wild, beach days, Ice skating, performances at the Millennium Centre, Oakwood Theme park, Vertigo trampoline park, Cardiff City Football Stadium as well as a 5 day sailing with Challenge Wales.

Enabling our young volunteers to be involved in community celebrations also work well, embedding a positive image of the young people who attend our service. Youth have been involved in organising fun activities for National Playday, the Queen's Jubilee, community cinema showings, and cake bakes to support our warm spaces. All activities have been youth led and supported by our young volunteers - these events have continued to support the positive image of young people in the community, while reinforcing new opportunities enabling them to develop lifelong skills including growing in confidence, developing teamwork skills, improving communication skills, cooking, personal safety etc.

15 young people with learning difficulties have been supported through engagement in weekly activities allowing them the flexibility to engage, learn and develop in a safe and stimulating environment, while having the opportunity to discover and develop their own aptitudes.

To end the year, we held a celebratory evening to recognise the work carried out by our young people for achieving their accreditations, the 500 mile walking challenge as well as the numerous volunteering work they have undertaken. The evening was a huge success with the High Sheriff of Mid Glamorgan Mrs Maria Thomas and Councillor Geraint Thomas distributing certificates/awards. Over 65 young people received awards with some receiving more than one due to their involvement in various projects.
1 Certificate = 39 young people
2 Certificates = 18 young people
3 Certificates = 7 young people
4 Certificates = 1 young person
The success of the evening sparked a news wave of interest among young people expressing the desire to participate in more projects and activities, such as signing up the Phoenix fire fighter project, challenge Wales sailing experience as well as volunteering opportunities.

5. Supporting early years development
We are committed to supporting expectant mothers, parents and carers on their journey from pregnancy, birth, new born, child development to school ready, parenting and mentoring others. We run three play groups and one music and movement session weekly as well as supporting parents to attend parenting classes. We engage and support mothers and families into activities, advocate for wellbeing and accompany the family on a journey of change. We host a dads' group and Mind Mums' Mental Health Matters courses. We also host the Henry under 5s nutrition course, the midwife and baby massage. All of these groups are well attended.
In addition, at the end of each term we take the toddler group on a coaches for a fun trip. This year we went to Cantref farm to feed the lambs and play on the outdoor equipment. We are aware that many families have not been able to go on a holiday together. We are a referral agency for the Holiday Charity and this year four families from pre-school went on a caravan holiday to the sea side with their children for the first time.

Toddlers at Coed-y-Dderwen Pre-school:
Toddlers at Coed-y-Dderwen started delivering from the nursery at the Wellbeing Centre in September 2022. The group is independent from the GFG, employing staff in its own right to deliver pre-school provision for families on low incomes in the ward. However, the majority of the trustees are staff from the GFG and as well as providing governance support, we also give operational support on an almost daily basis. We offer the opportunity for up to twenty four 2 ½ to 3 ½ year olds to receive early years provision daily in term time to ease their transition to nursery school and support their early years development.

PARTICIPATION, ENGAGEMENT AND INCLUSION
In the last 12 months, over 1140 people have benefitted from our activities.
An average of 600 people come to the Centre each week to attend groups, visit the pantry and ask for information or support. Including the youth team, we support over 800 people a week, people who are low incomes and or in poor health. We measure impact by recording who is attending groups and by keeping in touch through informal chats we can assess whether the interventions are increasing wellbeing.

FUNDRAISING ACTIVITIES
All our fundraising is done in house by the Co-director.
We continue to invest in the centre and adapt it for use as we bed in. The rotunda is an excellent space - flexible, welcoming and magnificent. We have invested in further facilities for the room, including a camera for virtual meetings. The Centre generates unrestricted income for the charity as we rent the space to new partners. This year we continue to invest in completing work on the building, for example, a survey of the roof and remedial works required, further BT infrastructure and increased telecom lines installed and replaced internal fire doors replaced. Touchstone Energy services have supported us with accessing a cost-effective energy supplier. We have been supported by Ffos-y-Fran Community Fund - Large Grants Scheme, the Gwendoline and Margaret Davies Charity, Future Valleys Construction Merthyr - Communities Initiatives Funding and Monmouthshire Building Society Charitable Foundation to purchase equipment for the centre, including a minibus, handryers, furniture and tables and chairs.
We are grateful to Bradgate bakery / Samworth brothers charity challenge 2022 for supporting the GFG and presenting their award to Anne Marie Howe, trustee, for GFG's work.

Report of the Trustees
for the Year Ended 31 March 2023

FINANCIAL REVIEW

Reserves policy

We are working towards holding 6 months expenditure in reserve, which we anticipate to amount to £210,650 based on 2023 expenditure figures.

At present, the charity has £249,119 (2022: £264,889) of unrestricted funds, however, as £35,032 is tied up in Fixed assets held, there remains £214,087 of unrestricted net assets, this is therefore adequate to meet the current reserves policy of £210,650.

During the year the Wellbeing centre was revalued by Apex Surveyors Ltd of Aberdare for £950,000, the accounts show a revaluation adjustment from costs incurred in building to today's market value of £2,215,909.

This valuation is shown on the face of the SOFA on page 11 as well as in Note 14 Movement of Funds, as the Wellbeing Centre restricted fund has now reduced from £3,409,167 in 2022 to £1,165,859 in 2023. These restricted funds relate to the new build and are effectively tied up in the building alone.

Staffing levels - We employed 10 members of staff to the end of March 2023 (12 members of staff as at the 31st March 2022).

FUTURE PLANS

Our aim for next year is to continue to bed into the Centre, expanding our partnership base and completing work on the building. We aim for the Centre to be full of people from Merthyr Tydfil, taking part in and devising activities that are improving their health and wellbeing for the long term and that these activities and participants are tracked and monitored so that impact can be assessed.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Full membership of the Gellideg Foundation Group is open to anyone over 18 who lives within the area of benefit - the Gellideg estate, Merthyr Tydfil.
Anyone who is a full member of the Gellideg Foundation Group may put themselves forward to be a trustee. Once in every calendar year a General Meeting is held - it is well publicised within Gellideg within a minimum of 21 days notice of the event. Full members of the GFG, present at the meeting, elect the organisations' honorary officers by way of a secret ballot. Information is provided to those interested in taking up office as trustee setting out the scope, responsibilities and duties of the post.

Names of any person or body entitled to appoint a trustee
Full members of the GFG elect the Foundation's Officers - the Chair, Secretary and Treasurer as well as General Trustees by a process of first past the post elections.

Induction and training of new trustees

Each trustee is guided through an induction programme that familiarises the trustee with the GFG policies, values and processes. The induction includes an overview of the organisation's aims and objectives, policies, values and ways of working, constitution, staff organogram and volunteer structure, financial processes, budgets and accounting procedures, programmes and projects, funding arrangements, key stakeholders, partners and boards we belong to, monitoring and evaluation systems, forecast of key events. The induction includes on the job training, one to ones and the reading of relevant documents.

Organisational structure

The GFG's Management Committee consists of its trustees. The management committee meets a minimum of once every six weeks to hear the report of the Co-Directors. The Finance Manger presents the accounts to the Committee twice a year. The Management Committee is the GFG's strategic decision-making body and governing board. It oversees the strategic direction of the organisation and is responsible for ensuring its operations adhere to the GFG's constitution, aims and objectives and charitable law. Lloyds Foundation are assisting the GFG with recruiting new Trustees.

As a requirement of funding, GFG has been audited by several funders and consistently been found to operate sound financial practice.

Wider network

We are an established charity, embedded both in local partnerships and with close working relationship with national partners. We benefit from community knowledge and being informed by the advice of specialist partners. Having operated for 25 years we also have a wealth of lived experience to draw on. We have expertise in partnership working, collaboration, sharing resources and information.

We are a member of a number of local forums, including the Merthyr Tydfil County Borough Council (MTCBC) food security group, the Health and Wellbeing group and the Children and Young People partnership. Voluntary Action Merthyr Tydfil (VAMT) and MTCBC continue to be strong and practical partners across many departments of their organisations.

Partners have assisted us in finding volunteers, (VAMT and The British Red Cross), accessing funds, (Merthyr Valleys Homes) and in sourcing subsidized or free surplus food (Fare Share Cymru, Fare Share Go, In Kind direct, His Church and Feeding Britain).

During this period we have been supported by Lloyds Foundation and their Enhance programme. The Enhance programme has given us access to HR advice from Roots, marketing and website advice and training from Promo Cymru and IT and property advice from the Ethical Property Foundation.

Partners who have already started delivering from the centre include Communities 4 Work; holding job clubs and training sessions in the centre twice weekly, Adferiad; providing mental health support every week, CAB; holding a drop-in advice clinic weekly. We are developing a strong link with Cwm Taff Morgannwg University Health Board; we have already held a number of consultation sessions with senior strategists and are developing proposals for innovative work together.

We continue to have strong links with Small Woods and Groundwork who provide support, resources and guidance on environmental volunteering.

Report of the Trustees
for the Year Ended 31 March 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
04681301 (England and Wales)

Registered Charity number
1110453

Registered office
Canol-Y-Bryn
The Wellbeing Centre
Heol Tai Mawr
Merthyr Tydfil
CF48 1ND

Trustees
Miss A Howe Law Student
Mrs S Northall Civil Servant
Mrs M J Owen Director

Independent Examiner
Darren Bowden FCA
James de Frias
Chartered Accountants
Llanover House
Llanover Road
Pontypridd
Rhondda Cynon Taff
CF37 4DY

Bankers
Lloyds Bank Plc
Merthyr Branch
69 High Street
MERTHYR TYDFIL
CF47 8UH

Solicitors
Geldards
Dumfries House
Dumfries Place
Cardiff
CF10 3ZF

Key and senior staff
Colette Watkins and Helen Buhaenko - Managers of the Gellideg Foundation Group.
Amanda Jenkins - Finance Manager
Michelle Roberts - Youth Programme Manager

Approved by order of the board of trustees on 23/11/2023 and signed on its behalf by:

S Northall

Mrs S Northall - Trustee

Independent Examiner's Report to the Trustees of Gellideg Foundation Community Association

Independent examiner's report to the trustees of Gellideg Foundation Community Association ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

D R Bowden

Darren Bowden FCA
The Institute of Chartered Accountants in England and Wales

James de Frias
Chartered Accountants
Llanover House
Llanover Road
Pontypridd
Rhondda Cynon Taff
CF37 4DY

Date: 24/11/2023

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Statement of Financial Activities for the Year Ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	**78,749**	**329,394**	**408,143**	310,229
Other trading activities	3	**71,558**	**-**	**71,558**	31,582
Total		**150,307**	**329,394**	**479,701**	341,811
EXPENDITURE ON					
Raising funds	4	**-**	**-**	**-**	13,912
Charitable activities	5				
General		**166,077**	**296,721**	**462,798**	428,217
Total		**166,077**	**296,721**	**462,798**	442,129
NET INCOME/(EXPENDITURE)		**(15,770)**	**32,673**	**16,903**	(100,318)
Other recognised gains/(losses)					
Gains/(losses) on revaluation of fixed assets		**-**	**(2,215,909)**	**(2,215,909)**	-
Net movement in funds		**(15,770)**	**(2,183,236)**	**(2,199,006)**	(100,318)
RECONCILIATION OF FUNDS					
Total funds brought forward		**264,889**	**3,480,563**	**3,745,452**	3,845,770
TOTAL FUNDS CARRIED FORWARD		**249,119**	**1,297,327**	**1,546,446**	3,745,452

The notes form part of these financial statements

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Statement of Financial Position
31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	**31.3.23 Total funds £**	31.3.22 Total funds £
FIXED ASSETS					
Tangible assets	11	**35,032**	**955,123**	**990,155**	3,200,855
CURRENT ASSETS					
Debtors	12	**30,897**	**45,200**	**76,097**	75,226
Cash at bank		**193,964**	**297,004**	**490,968**	478,329
		224,861	**342,204**	**567,065**	553,555
CREDITORS					
Amounts falling due within one year	13	**(10,774)**	-	**(10,774)**	(8,958)
NET CURRENT ASSETS		**214,087**	**342,204**	**556,291**	544,597
TOTAL ASSETS LESS CURRENT LIABILITIES		**249,119**	**1,297,327**	**1,546,446**	3,745,452
NET ASSETS		**249,119**	**1,297,327**	**1,546,446**	3,745,452
FUNDS	14				
Unrestricted funds				**249,119**	264,889
Restricted funds				**1,297,327**	3,480,563
TOTAL FUNDS				**1,546,446**	3,745,452

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..23/11/2023.. and were signed on its behalf by:

.....
M J Owen - Trustee

The notes form part of these financial statements

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Statement of Cash Flows for the Year Ended 31 March 2023

	Notes	31.3.23 £	31.3.22 £
Cash flows from operating activities			
Cash generated from operations	1	**59,349**	7,403
Net cash provided by operating activities		**59,349**	7,403
Cash flows from investing activities			
Purchase of tangible fixed assets		**(46,710)**	(117,011)
Sale of intangible fixed assets		**(8,100)**	-
Sale of tangible fixed assets		**8,100**	-
Net cash used in investing activities		**(46,710)**	(117,011)
Change in cash and cash equivalents in the reporting period		**12,639**	(109,608)
Cash and cash equivalents at the beginning of the reporting period		**478,329**	587,937
Cash and cash equivalents at the end of the reporting period		**490,968**	478,329

The notes form part of these financial statements

Notes to the Statement of Cash Flows for the Year Ended 31 March 2023

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.23 £	31.3.22 £
Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)	**16,903**	(100,318)
Adjustments for:		
Depreciation charges	**33,401**	69,850
Loss on disposal of fixed assets	**8,100**	-
(Increase)/decrease in debtors	**(871)**	47,804
Increase/(decrease) in creditors	**1,816**	(9,933)
Net cash provided by operations	**59,349**	7,403

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
Net cash			
Cash at bank	**478,329**	**12,639**	**490,968**
	478,329	**12,639**	**490,968**
Total	**478,329**	**12,639**	**490,968**

The notes form part of these financial statements

Notes to the Financial Statements for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES

Organisational status
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, as modified by the revaluation of certain assets.

The organisation is an incorporated charity, registered at both Companies House and at the Charity commission. The trustees are set out on page 1 and they form a board of trustees (and directors) which is the executive body of the charity, the aims and objectives and rules for governance are set out in the charities constitution.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Short leasehold	- 2% on cost
Plant and machinery	- 25% on cost

Assets under construction are not subject to depreciation, until the asset is completed and then falls under the standard Freehold depreciation policy of 2% on cost per annum.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Trade debtors
Trade debtors are measured at cost and include grants receivable.

continued...

2. DONATIONS AND LEGACIES

	31.3.23	31.3.22
	£	£
Donations	**20,000**	130
Grants	**388,143**	310,099
	408,143	310,229

Donations in the year total £20,000 from Samworth Brothers Ltd, Charity Challenge.

Grants received, included in the above, are as follows:

		31.3.23	31.3.22
		£	£
Aldi	Emergency Winter Food Bank Fund	**1,000**	-
Feeding Britain	Community Food Fund	**3,500**	-
Future Valleys Construction Merthyr	Communities Initiative Funding	**900**	-
Merthyr Tydfil CBC	Youth Services	**78,994**	75,000
Merthyr Valley Homes	Wellbeing	**20,000**	45,000
Merthyr Valley Homes	IT Support	-	7,680
The Moondance Foundation	Moondance Covid-19 Relief Fund	**12,750**	8,400
Ffos Y Fran	Large Grants Scheme	**23,200**	500
Ffos Y Fran 2		-	5,000
South Wales Police and Crime Commissioner's victim Fund	Wellbeing Sessions	-	2,206
Voluntary Action Merthyr Tydfil	Wellbeing for Staff	-	1,494
Postcode Community Trust		**25,000**	19,674
BBC Children in Need	Money Heros Programme	-	1,000
RDP		-	21,735
The National Lottery Community Fund	Awards for all	-	10,000
Voluntary Action Merthyr Tydfil	Integrating Care Fund for Dementia	**15,000**	9,500
Voluntary Action Merthyr Tydfil	Loneliness and Isolation	**1,401**	2,344
Voluntary Action Merthyr Tydfil	Feeding Britain	**1,428**	-
Voluntary Action Merthyr Tydfil	Winter Pressures	-	1,882
Merthyr Tydfil Housing Assoc	Fit and Fed	**3,307**	375
Merthyr Tydfil County Borough Council	Capital Food Poverty	-	6,475
Merthyr Tydfil County Borough Council	Intergenerational Outdoor Project	-	500
Merthyr Tydfil County Borough Council	Match Winter Pressures	-	2,470
Merthyr Tydfil County Borough Council	Play Provision	-	5,000
Merthyr Tydfil County Borough Council	Revenue Food Poverty Grant	-	3,000
Merthyr Tydfil County Borough Council	SETS Capital Grant	-	21,422
Merthyr Tydfil County Borough Council	Youth Winter Wellbeing	-	4,500
Merthyr Tydfil County Borough Council	Playfest	**807**	-
Merthyr Tydfil County Borough Council	Summer of Fun	**9,500**	-
Merthyr Tydfil County Borough Council	Equality and Diversity Project	**1,800**	-
Merthyr Tydfil County Borough Council	Cost of Living Crisis Support	**5,818**	-
Merthyr Tydfil County Borough Council	School Holiday Play Provision 2023	**3,000**	-
Merthyr Valley Homes	Food Prosperity Fund	**3,000**	-
Sainsbury's	Helping Everyone Eat better Community Grant Fund	**500**	-
Tesco Community Grant		**1,500**	-
National Grid Electricity Distribution	Community Matters Fund	**10,000**	-
The Julia and Hans Rausing Trust	The Foodbank Fund	**11,590**	-
Gwendoline & Margaret Davies Charity		**9,800**	-
The National Lottery Community Fund	Cost of Living support	**99,875**	-
Monmouthshire Building Society Charitable Foundation	Monmouthshire Building Society Charitable Foundation	**1,820**	
Marks and Spencer	Gifting Grants	**1,000**	-

continued...

2. DONATIONS AND LEGACIES - continued

Edward Gostling Foundation		**10,000**	-
BBC Children in Need	Cost of Living Support	**500**	-
Garfield Weston Foundation		**25,000**	-
Lloyds Bank Foundation	Cost of living uplift	**2,250**	25,000
T K Maxx		-	500
Kick Start		-	1,000
Welsh Government	Food Poverty Grant	-	14,400
Welsh Government	Household goods	-	2,042
Welsh Government	Household Support Grant	**3,903**	-
Western Power Distribution	Community Matters	-	10,000
Youth Cymru		-	2,000
		388,143	310,099

3. OTHER TRADING ACTIVITIES

	31.3.23	31.3.22
	£	£
Other income	**71,558**	31,582

4. RAISING FUNDS

Other trading activities

	31.3.23	31.3.22
	£	£
Purchases	-	13,912

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
General	**458,187**	**4,611**	**462,798**

6. SUPPORT COSTS

Governance costs	**2023**	**2022**
Audit fees	-	8,958

7. NET INCOME/(EXPENDITURE)

	31.3.23	**31.3.22**
	£	**£**
Depreciation - owned assets	**33,401**	69,850

continued...

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

9. STAFF COSTS

	31.3.23	31.3.22
	£	£
Gross Wages	**219,176**	197,366
Social Security	**18,822**	14,780
	237,998	212,146

The average monthly number of employees during the year was 15 (2022: 14).

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	61,631	248,598	310,229
Other trading activities	31,582	-	31,582
Total	93,213	248,598	341,811
EXPENDITURE ON			
Raising funds	5,698	8,214	13,912
Charitable activities			
General	144,698	283,519	428,217
Total	150,396	291,733	442,129
NET INCOME/(EXPENDITURE)	(57,183)	(43,135)	(100,318)
RECONCILIATION OF FUNDS			
Total funds brought forward	322,073	3,523,697	3,845,770
TOTAL FUNDS CARRIED FORWARD	264,890	3,480,562	3,745,452

continued...

11. TANGIBLE FIXED ASSETS

	Freehold property £	Short leasehold £	Plant and machinery £	Totals £
COST OR VALUATION				
At 1 April 2022	**3,255,427**	**10,000**	**59,648**	**3,325,075**
Additions	**-**	**-**	**46,710**	**46,710**
Disposals	**-**	**(10,000)**	**(35,194)**	**(45,194)**
Revaluations	**(2,283,427)**	**-**	**-**	**(2,283,427)**
At 31 March 2023	**972,000**	**-**	**71,164**	**1,043,164**
DEPRECIATION				
At 1 April 2022	**67,518**	**1,900**	**54,802**	**124,220**
Charge for year	**19,300**	**-**	**14,101**	**33,401**
Eliminated on disposal	**-**	**(1,900)**	**(35,194)**	**(37,094)**
Revaluation adjustments	**(67,518)**	**-**	**-**	**(67,518)**
At 31 March 2023	**19,300**	**-**	**33,709**	**53,009**
NET BOOK VALUE				
At 31 March 2023	**952,700**	**-**	**37,455**	**990,155**
At 31 March 2022	3,187,909	8,100	4,846	3,200,855

Cost or valuation at 31 March 2023 is represented by:

	Freehold property £	**Plant and machinery £**	**Totals £**
Valuation in 2022	**3,255,427**	**59,648**	**3,315,075**
Valuation in 2023	**(2,283,427)**	**11,516**	**(2,271,911)**
	972,000	**71,164**	**1,043,164**

If Freehold Property had not been revalued it would have been included at the following historical cost:

	31.3.23 £	31.3.22 £
Cost	**3,255,427**	-
Aggregate depreciation	**67,518**	-

Freehold Property was valued on an open market basis on 11 July 2023 by Apex Surveyors Limited.

continued...

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade debtors	76,097	75,226

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade creditors	6,193	-
Accrued expenses	4,581	8,958
	10,774	8,958

14. MOVEMENT IN FUNDS

	At 1.4.22	Net movement in funds	At 31.3.23
	£	£	£
Unrestricted funds			
General fund	264,889	(15,770)	249,119
Restricted funds			
The National Lottery Community Fund	-	95,299	95,299
Wellbeing Centre	3,409,167	(2,243,308)	1,165,859
BBC Children in Need	48,300	(23,900)	24,400
Awards for All	10,000	(10,000)	-
The Clothworkers' Foundation	8,096	(8,096)	-
MTCBC Capital food poverty	-	1,250	1,250
Ffos Y Fran Grant	5,000	(5,000)	-
The Julia & Hans Rausing Trust	-	10,519	10,519
	3,480,563	(2,183,236)	1,297,327
TOTAL FUNDS	3,745,452	(2,199,006)	1,546,446

continued...

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	**150,307**	**(166,077)**	**-**	**(15,770)**
Restricted funds				
The National Lottery Community Fund	**99,875**	**(4,576)**	**-**	**95,299**
Wellbeing Centre	**1**	**(27,400)**	**(2,215,909)**	**(2,243,308)**
Tesco Community Grant	**1,500**	**(1,500)**	**-**	**-**
BBC Children in Need	**-**	**(23,900)**	**-**	**(23,900)**
MTCBC Youth Services	**78,994**	**(78,994)**	**-**	**-**
VAMT (Dementia)	**17,829**	**(17,829)**	**-**	**-**
Awards for All	**-**	**(10,000)**	**-**	**(10,000)**
Moondance Foundation	**12,750**	**(12,750)**	**-**	**-**
The Clothworkers' Foundation	**-**	**(8,096)**	**-**	**(8,096)**
MTCBC Play Provision	**807**	**(807)**	**-**	**-**
Postcode Community Trust	**25,000**	**(25,000)**	**-**	**-**
MTCBC Capital food poverty	**24,625**	**(23,375)**	**-**	**1,250**
Ffos Y Fran Grant	**23,200**	**(28,200)**	**-**	**(5,000)**
Aldi	**1,000**	**(1,000)**	**-**	**-**
Feeding Britain	**3,500**	**(3,500)**	**-**	**-**
Future Valleys Construction Merthyr	**900**	**(900)**	**-**	**-**
Gwendoline & Margaret Davies Charity	**9,800**	**(9,800)**	**-**	**-**
MTCBC Equality & Diversity Project	**1,800**	**(1,800)**	**-**	**-**
Monmouthshire Building Society Charitable Foundation	**1,820**	**(1,820)**	**-**	**-**
National Grid - Community Matter Funds	**10,000**	**(10,000)**	**-**	**-**
Sainsburys - Helping Everyone Eat	**500**	**(500)**	**-**	**-**
The Julia & Hans Rausing Trust	**11,590**	**(1,071)**	**-**	**10,519**
Welsh Government - Household Support Grant	**3,903**	**(3,903)**	**-**	**-**
	329,394	**(296,721)**	**(2,215,909)**	**(2,183,236)**
TOTAL FUNDS	**479,701**	**(462,798)**	**(2,215,909)**	**(2,199,006)**

continued...

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	322,073	(57,184)	264,889
Restricted funds			
Wellbeing Centre	3,375,501	33,666	3,409,167
BBC Children in Need	67,035	(18,735)	48,300
Awards for All	8,214	1,786	10,000
Merthyr Youth Service	1,222	(1,222)	-
WCVA Recovery	43,629	(43,629)	-
Climate Action Boost	20,000	(20,000)	-
The Clothworkers' Foundation	8,096	-	8,096
Ffos Y Fran Grant	-	5,000	5,000
	3,523,697	(43,134)	3,480,563
TOTAL FUNDS	3,845,770	(100,318)	3,745,452

continued...

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	92,713	(149,897)	(57,184)
T K Maxx - Community Fund Foundation	500	(500)	-
	93,213	(150,397)	(57,184)
Restricted funds			
Merthyr Valleys Homes	10,000	(10,000)	-
Wellbeing Centre	-	33,666	33,666
BBC Children in Need	1,000	(19,735)	(18,735)
MTCBC Youth Services	75,000	(75,000)	-
VAMT (Dementia)	15,220	(15,220)	-
Crime Commissioner's Victims Fund	2,206	(2,206)	-
Awards for All	10,000	(8,214)	1,786
Merthyr Youth Service	-	(1,222)	(1,222)
Moondance Foundation	8,400	(8,400)	-
RDP	21,735	(21,735)	-
WCVA Recovery	(1)	(43,628)	(43,629)
Climate Action Boost	-	(20,000)	(20,000)
MTCBC Youth	4,500	(4,500)	-
Merthy Tydfil Housing Association - Fit and Fed Grant	375	(375)	-
MTCBC Play Provision	5,000	(5,000)	-
Postcode Community Trust	19,674	(19,674)	-
Merthyr Valleys Home IT Support	7,680	(7,680)	-
Welsh Government Food and Poverty grant	16,442	(16,442)	-
SETS Capital Grant MTCBC	21,422	(21,422)	-
MTCBC Capital food poverty	9,475	(9,475)	-
Western Power Distribution	10,000	(10,000)	-
Ffos Y Fran Grant	5,500	(500)	5,000
Youth Cymru	2,000	(2,000)	-
MTCBC Match Winter Pressures	2,970	(2,970)	-
	248,598	(291,732)	(43,134)
TOTAL FUNDS	341,811	(442,129)	(100,318)

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Detailed Statement of Financial Activities for the Year Ended 31 March 2023

	31.3.23 £	31.3.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	**20,000**	130
Grants	**388,143**	310,099
	408,143	310,229
Other trading activities		
Other income	**71,558**	31,582
Total incoming resources	**479,701**	341,811
EXPENDITURE		
Other trading activities		
Consumables	**-**	13,912
Charitable activities		
Wages	**219,176**	197,365
Social security	**18,822**	14,780
Preschool Wages	**66,819**	66,835
Preschool Wages (Recharged)	**(66,819)**	(66,835)
Equipment hire	**962**	12,287
Rent, rates and water	**754**	290
Insurance	**7,528**	6,882
Light and heat	**5,167**	1,790
Telephone	**2,640**	2,197
Postage and stationery	**4,841**	6,892
Sundries	**-**	2,243
Travel and subsistence	**7,967**	6,226
Computer IT costs	**11,714**	5,927
Activities	**58,189**	47,809
Repairs and maintenance	**49,349**	7,127
Management fees	**-**	11,377
Pensions	**23,277**	17,506
Consumables	**6,300**	-
Freehold property Depreciation	**19,300**	64,969
Leasehold depreciation	**-**	200
Plant & machinery depreciation	**14,101**	4,680
Loss on sale of intangible fixed assets	**8,100**	-
	458,187	410,547
Support costs		
Finance		
Bank charges	**30**	30
Governance costs		
Auditors' remuneration	**-**	8,958
Accountancy fees	**4,581**	882
Carried forward	**4,581**	9,840

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Detailed Statement of Financial Activities for the Year Ended 31 March 2023

	31.3.23 £	31.3.22 £
Governance costs		
Brought forward	**4,581**	9,840
Legal fees	-	7,800
	4,581	17,640
Total resources expended	**462,798**	442,129
Net income/(expenditure)	**16,903**	(100,318)

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

England & Wales - Charity number 1110453

Accounts

REGISTERED COMPANY NUMBER: 04681301 (England and Wales)
REGISTERED CHARITY NUMBER: 1110453

Report of the Trustees and

Financial Statements

for the Year Ended 31 March 2022

for

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

James de Frias Limited
Chartered Accountants
Statutory Auditors
Llanover House
Llanover Road
Pontypridd
Rhondda Cynon Taff
CF37 4DY

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

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GELLIDEG FOUNDATION COMMUNITY ASSOCIATION (REGISTERED NUMBER: 04681301)

Report of the Trustees for the Year Ended 31 March 2022

Chairwoman's Report for the Year Ended 31 March 2022

In this year the Gellideg Foundation Group became the proud owner of the first passivhaus Community Centre in Wales. We are now based in this wonderful building delivering wellbeing support to low-income residents across the borough of Merthyr Tydfil. What an enormous achievement after a tumultuous journey that started in 2016. Thank you so much to the 21 funders who have supported us with advice and finances. Thank you to our architects, Architype, who have accompanied us and without whom we would not have seen this project to completion. Well done to our tenacious staff who have delivered vital support services throughout the pandemic whilst completing this complicated project. Well done to everyone who has helped us to achieve this momentous milestone. We are excited for the future and look forward to supporting the residents of Merthyr Tydfil as we emerge from the devastating effects of Covid 19 to face our next challenge.

What a difference a year makes. In April 2021, we found ourselves in lockdown. A skeleton staff operated from the offices at Heol Parc-y-Lan, and we converted St Luke's hall into a depot for sorting of the weekly bag deliveries. We continued to cook meals from the Merthyr Valleys Homes kitchens and distribute these daily across the borough. Staff provided welfare and practical support to vulnerable residents, receiving referrals from statutory agencies and partners to help isolated people in the community. Restrictions were not lifted until August 2021 and not fully until March 2022.

In September we moved into our new Wellbeing Centre, where we opened our pantry and started delivering much needed wellbeing support to residents who were exhausted by the pandemic. It took a huge amount of effort behind the scenes to achieve this transition.

Not least because in April we temporarily moved from Heol Parc-y-lan and St Lukes to enable these buildings to be demolished to make way for new social housing on the estate. We took up temporary residence in Merthyr Valleys Homes office and made a second move into the Wellbeing centre in autumn. Moreover, in July, the contractor of the Wellbeing Centre, WRW, went into administration. Building control and passivhaus certification had already been achieved by this date, but the snagging and defects were not complete. The administrators agreed that we were to complete the snagging and defects ourselves, which we duly did.

In March 2022, Covid 19 restrictions were fully lifted across Wales. We were able to deliver sessions without being limited by maximum numbers and opened our doors to everyone. We are developing new partnerships, consulting widely with community members and delivering a wide variety of services and support to effect change.
The Wellbeing Centre is a unique resource in Merthyr Tydfil, it is an inspirational, welcoming space that supports people to make more positive life choices. Moving into this facility after Covid provides a huge opportunity and we are looking forward to the future. Our aim is to work with others to make a lasting change to people's lives and break the cycle of intergenerational ill health and poor wellbeing. Join us please on this journey, as our motto states "The future is yours to create".

Maria Owen, Chair of Trustees

Report of the Trustees
for the Year Ended 31 March 2022

OBJECTIVES AND ACTIVITIES

Objectives and Activities

The Gellideg Foundation Group (GFG) is a community organisation based on a social housing estate in Merthyr Tydfil, deeply rooted in the community and responsive to local need. This area ranks amongst the lowest 10% in Wales. The GFG was founded in 1998 when mothers came together to do something for local young people. Over the years we have grown into an established and highly respected charity operating across Merthyr Tydfil. We believe that social justice occurs when change happens at a personal, social and structural level. We strive to achieve this change through advocacy and service provision. Our community development is grounded in the lived experience, and we have strong ties to the most disenfranchised in the community. We have 14 staff, 25 plus volunteers, and work in partnership with agencies across all sectors.

We focus on engaging people who are on very low incomes, who are in poor health, and people who are older or younger. We support people with learning difficulties and people with dementia. Our aim is to empower residents living on the estate and across Merthyr Tydfil to be able to achieve their potential. Our role is to provide opportunities and services that make people feel better and we do this by connecting people together, and helping them to be more active, learn new things, be creative and give through volunteering.

Summary of the charity's activities and achievements in relation to the objects

Summary of the year

April: We relinquished our 25-year lease on St Luke's and moved from the offices in Heol Parc-y-Lan and the sorting depot at St Luke's, to take up temporary residence in Merthyr Valleys Homes (MVH) HQ, Canol-y-Bryn. Our moving enabled the demolition of our premises within the timescale set by the Welsh Government's grant to MVH to start work on developing 12 new affordable homes on the site of St Luke's and our former offices. At the same time we migrated our entire IT system to a cloud based Microsoft 365. The majority of our possessions were put in temporary storage. The move did not disrupt any of our delivery.

April - July: We delivered freshly cooked meals daily to residents across the borough, delivered weekly care bags to households across Merthyr Tydfil and provided services to prevent loneliness and isolation to vulnerable residents. Delivered a virtual and detached youth programme.

July: WRW contractors fell into administration, and GFG took possession of the Wellbeing Centre. Started work on snagging and defects.

August: As Covid restrictions began to ease, we consulted widely with residents on the next steps for support. August was the last month we delivered freshly cooked meals daily to residents across the borough. We transitioned support of vulnerable residents into our wellbeing support service. We trialled residents collecting care bags from our temporary home at Canol-y-Bryn, rather than delivering to the door, as per the previous 18 months. We continued to deliver services preventing loneliness and isolation and delivered the daily youth programme.

September: We started moving from MVH into the Wellbeing Centre. Work on snagging and defects continued. The new Merthyr Tydfil Community Pantry was opened from the Centre and we started delivering youth services from the premises.

October - March: At the beginning of this period Covid restrictions were still in place. We operated to a maximum number of participants per room and followed Welsh Government guidance on delivering community services safely within a community setting. By the end of the year all Covid restrictions had been lifted. We concentrated on completing the centre by working on snagging, defects and maintenance. We consulted widely and developed new partnerships with agencies and partners from across Wales, we began directly delivering a range of wellbeing services to support residents emerging from the pandemic and provided a base for partners to deliver their services to the borough.

1. The Wellbeing Centre

We operate from our brand new, passivhaus, purpose-built Wellbeing Centre in the heart of the estate. It is fully accessible, has multiple function rooms, is an inspiring and beautiful, fully community owned building. The Centre is a unique resource in Merthyr Tydfil, it is an inspirational, welcoming space that supports people to make more positive life choices. Moving into this facility after Covid provides a huge opportunity to maximise on our community links and expertise.

We are now able to realize our ambition to make a lasting change to local people's lives and break the cycle of intergenerational ill health and poor wellbeing.

This year has been a tumultuous period which has culminated in GFG taking possession of the Centre and operating a wide programme of Wellbeing activities from here.

From January to July 2021 WRW continued to work on the Centre, investigating the water ingress. This was during the pandemic and operations were curtailed, although fortunately, work did continue. May 13th, 2021, Building Control signed off the Centre as being fit for occupation. They were satisfied that the water ingress had been resolved and that the centre was built to an acceptable standard. Passivhaus certification followed, making the Wellbeing Centre the first passivhaus community centre in Wales.
There were still a number of snagging and defects to complete in the centre before handover, and while WRW were working on these, the company fell into administration July 12th, 2021. We took legal advice and contacted the administrators. We were able to take occupation of the building and negotiated with the administrators to use the retention money to complete the snagging and defects.
We started operating from the Centre in September 2022. We opened the pantry immediately and started a series of services from the Centre, working in partnership with others as well as delivering directly ourselves. The Centre is complete and belongs to the GFG.
It has been a long journey, completing the Centre and moving in. We started thinking about a Centre in 2013, design work started in 2015, construction in January 2017 and we occupied the building in July 2021.
We have always been committed to our work at GFG and we were determined to make a success of the Centre despite the various complexities and hurdles. This year we accessed capital grants to upgrade the physical environment around the centre and improved the path from the carpark to Lansbury Road. We are committed to ensuring that the kick about is maintained as a play area for young people on the estate and we sourced finances to upgrade this facility for the benefit of young people.

2. Care bags delivered to the door
Our funders made it possible to deliver free care bags each week, from April to the end of July, to vulnerable households across the borough, particularly to areas where there was no community support, for example Gurnos and Galon Uchaf. Requests for support came from self-referrals or referrals from partner organisations. It was a self-regulating mechanism that worked - when households no longer needed to be on the pantry list (for example, if they found work, were out of isolation, had enough food for that week etc) they informed us so that there was space for another family.

From the beginning of April 2021 to the end of July 2021 we made 2609 doorstep deliveries to vulnerable, isolated households, experiencing food insecurity. Each delivery included a bag of fruit and veg, a bag of toiletries and a bag of groceries. The care bag was for anyone in hardship or without support. We specifically focused on families on free school meals and with children with complex needs, carers, older people and people with dementia. We supported anyone who was shielding or self-isolating and without support.

During this period the bags were all free. Each household had delivered to their doorstep 10kg of produce, including groceries, fresh fruit and vegetables and toiletry products. We sourced food from Fareshare, supermarket donations and In Kind. Any household with three or more children received an extra large supply of provisions.

April - 607 deliveries
May - 644 deliveries
June - 758 deliveries
July - 600 deliveries
August - 400 bags collected from Canol-y-Bryn

A typical weekly timetable looked like this:

Monday - volunteers and staff pick up Fare Share food from Dowlais and Cardiff and return it to St Luke's in cars and a van. Volunteers and staff unpack food and bag it ready for distribution. Food donations are picked up from Fare Share Go and Neighbourly supermarkets such as Lidl, Aldi, Asda and Waitrose. Toiletry bags are prepared. Fruit and veg received.

Tuesday - Approx. 60 household's bags in the Gellideg area are delivered by volunteer drivers using their own vehicles or the Volunteer Coordinator. Drivers arrive in shifts to take bags, some have vans and stock up with 20 or 30 bags. Others have cars and make a delivery to 6 houses. Preparation of bags for Wednesday's deliveries.

Wednesday -Approx. 60 household's bags delivered by volunteer drivers to Twyncarmel, Ynysfach, George Town, Penydarren and Gurnos. Large weekly food donation collected from Morrisons Abergavenny. Toiletries arrive weekly from In Kind Direct.

Thursday - Merthyr Housing Association or the Volunteer Coordinator pick up food from Fare share Cardiff and deliver to St Luke's. Bags packed and prepared for tomorrow.
Friday - Fruit and Veg picked up from supplier in Trago Mills. Volunteer drivers distribute bags to approx. 60 households in Pant, Trefechan, Dowlais, Galon Uchaf, Pentrebach and Troedyrhiw.

3. Merthyr Tydfil Community Pantry
In September we launched the new Merthyr Tydfil Community Food Pantry from the Wellbeing Centre.

The concept being that members choose their own produce much like a usual shop experience, enabling customers to access subsidized food whilst expressing their own preferences.
Membership is open to all but there is clear focus on providing healthy, fresh food to household who have suffered a loss in income or are experiencing hardship. We have a rolling reserve list and as members' circumstances improve they come off the pantry to make way for new households. This is a self-selecting and deselecting process that works well. We secured funding from the Moondance Foundation and the Welsh Government to transition from an emergency response situation to a pantry model. With these funds we purchased shelving, fridges and freezers and increased our storage capacity.
We only charge to members for the pantry items which are a mixture of tinned, frozen, and ambient items that we receive from Fare share. The pantry is also socked with toiletries and cleaning products from In Kind. All fruit, vegetables, bread and sanitary products are given for free.
We operate a pantry twice a week for 48 weeks of the year. We have 120 members with approx 80 of these coming every week. We have developed our own pantry model, we charge £ 3.50 membership for 4 hearts and 9 diamonds. We have conducted three questionnaires to get feedback about the pantry model - members appreciate the range of goods and the value for money. The fruit and vegetables are very popular, as are the toiletries and cleaning products. Membership is open to anyone living in Merthyr Tydfil who is not a member of another pantry model. Membership is per household so one member is often supporting children and other adults. If a member does not attend three pantries in succession, they lose their membership and we open the place to another. Membership tends to be self-selecting. We also hold a non-members' pantry once a month for anyone to attend. The fruit and vegetables and sanitary products are free, and a bag of groceries is on offer for £ 2. People on the waiting list make use of this offer until a space comes free. We access food from Warburtons and Fare Share, Fare Share go, Neighbourly, the Samworth Brothers and His Church. We access products from In Kind.

95% of residents receiving bags said that they were: a big help, life saver, provided essentials which were hard to get (because family was shielding / sudden drop in income / reduced income because of furlough/ bills had increased and there was less money for food/ family breakup). "The children are always excited to see what is in the bag. I didn't know they love fruit." "Thank you I am convalescing after coming out of hospital and this is such a help".

The pantry is supported by volunteers who help sort the deliveries, pack the shelve, take stock and serve customers. The British Red Cross and Voluntary Action Merthyr Tydfil help direct volunteers to us and local residents also come directly to the centre to offer their services.

4. Meals' service
At the start of the pandemic in March 2020 we repurposed our café to be a volunteer hub from where we cooked meals every day and delivered them to anyone in need across the borough. Referrals poured in from social services and concerned neighbours and family members who lived far away and were unable to support. At the peak of the pandemic, we were delivering 120 meals daily. In total we delivered meals every day, five days a week for 16 months. Throughout this period, we consulted closely with the meals' recipients; the feedback was that a cohort of isolated, mostly elderly and very frail people wanted the meals' service to continue. As well as the nutritious meals, they valued the daily visits from the drivers and the chance for a chat with the only person they might see that day.

By April 2021 we were regularly supporting twenty highly vulnerable residents daily. These people were mostly elderly and frail. On one occasion a volunteer helper found an elderly man had fallen out of bed and had to call an ambulance. On several occasions, the meals service supported elderly residents on their discharge from hospital. It was clear that our support would be most valuable helping residents to re-find their resilience as the pandemic restrictions lifted, and to help them become active members of society again.

"Cheers me up to see someone" "Without you I'd forget to eat". "So nice to have someone who cares".

We increased our wellbeing and independence support. By July 2021, when we finished the meals service, the number of daily meals recipients was down to 12. We found all these people alternative meal providers so that they would not be without a cooked meal delivered to the door. We also ensured that they were still part of our wellbeing programme.

5. Wellbeing and welfare
Our aim is to improve wellbeing as a means of tackling ill health and deprivation.
In April 2021 older residents and residents with compromised immunity kept to their houses to protect themselves from infection from Covid 19. Some of these residents became isolated and lonely, as well as needing assistance in accessing food and toiletries. We adapted a wellbeing programme to support their needs.

We used I Pads and Zoom and Teams to connect digitally with highly excluded vulnerable people. This involved one to one mentorship and guidance on the doorstep to help digitally excluded older people to be able to engage with others using IT. We introduced a one-to-one support service helping digitally excluded older people to access and use Zoom. We delivered virtual wellbeing classes to 15 formally excluded, isolated residents, as well as a virtual book club, virtual exercise classes and virtual quizzes.

We delivered prescriptions and posted letters. We also implemented the WG pilot project to encourage households to self-isolate when they tested positive by delivering their groceries and supplies to their doorstep, to help them stay in isolation. We wrapped wellbeing support around the meals, including doorstep talks, signposting to agencies and assistance with coming home after a hospital stay. We introduced a one-to-one support service helping digitally excluded older people to access and use Zoom. We deliver virtual wellbeing classes to 15 formally excluded, isolated residents, including a virtual book club, virtual exercise classes and virtual quizzes.

The needs of the people we work with are deep rooted - the pandemic exposed them. Residents asked for support in achieving mental and physical wellbeing, having the tools and skills to live sustainably and participating in community services and activities. The Engagement officer supported older and frail residents to leave the house and walk up and down the path, leave the garden and eventually go on a bus. It was our aim to help people become independent again.

Community members were referred to us from partners, GPs, statutory support services, care homes, schools, voluntary sector organisations and umbrella bodies. We actively advertised for participants across social media, poster and leaflets, through schools and partners, letter drops and by word of mouth. We proactively target people on low incomes, in poor mental and physical health and with learning difficulties.

In September we opened the Wellbeing Centre to the public. All our wellbeing support is free of charge or at a highly subsidized rate (£1) and open to anyone in the borough to access. We immediately started delivering classes and activities to improve mental and physical wellbeing:

Combatting food poverty: Every week we host a subsidized luncheon club for anyone who wants to enjoy good food and company. For £3.50 isolated people come together for a two-course meal and some fun. After school we deliver family cooking sessions to parents and their primary school children. We teach cooking life skills, how to cook healthy homemade take away food like pizzas, kebabs and stir fry's and cooking on a budget. We incorporate pantry food items into these menus so that the recipes can be cooked at home highly cost effectively. We run the pantry twice weekly and distribute emergency food bags.

Keeping Active: During the week we run a gentle exercise sessions for older people and those in poor health or recovering from illness. We also have a weekly tea dance and walking group, and twice weekly Booty Shakers dance class, as well as an environmental group, open to all. Underpinning these activities is an emphasis on good nutrition - we have a weight management class where residents drop by to share weight loss tips and have a weigh in.

Being creative: We hold wellbeing craft classes, support a book club and hold seasonal community activities that everyone helps to prepare. This year we held our Halloween event in the forecourt of the building and over 450 people organised and attended the games, displays and dancing; a hugely successful communal event to celebrate outdoors the easing of Co vid.

Volunteering: We cannot run all these services without the help of our dedicated volunteers. Over 25 people give their time regularly , from the local area and from British Red Cross.

6. Youth Programme

Our team of youth workers hold youth clubs across three estates, four nights a week. The junior club is for 8 - 12s and the older club is for ages 13 to 25 years. Young people either meet in youth clubs in their areas in Trefechan and Twyncarmel or come to the Wellbeing Centre by bus. Youth provides opportunities for social and emotional development which is led by young people.

Currently areas of interest include photography, cooking, issue work around drugs and mental health, trips off the estate, residential's and sports.

Over 200 disadvantaged young people are members of the youth programme. The youth team engaged with these individuals 2082 times over the year. With restrictions continuing at the start of the year, engagement continued via online sessions, street based and outreach work as well as in small group activities. Staff used these forms of engagement as an opportunity to consult with young people. When restrictions gradually lifted, young people's ideas were planned into the next stage of delivery; projects requested were trips and outings, walking group, environmental projects, and residentials. All of our youth members are living in low-income households and experience child poverty. Trips have included Ice skating at Swansea winter wonderland, Dolygear (paddleboarding and raft building), visits to Vertigo trampoline park, and day sailing with Challenge Wales. Our residential to the Centre for Alternative Technology in North Wales was extremely beneficial to participants - many had never been to North Wales before.

Young people have been concerned about their mental and physical health. We worked with Barod to deliver sessions around drug usage and we distributed emergency hygiene packs and supported young people to return to normal routines following the pandemic. 3 boys made self-referrals for 1-1 support with Barod and continue to meet for weekly sessions. Discussion groups have focused on understanding feelings, emotions and anxiety as a result of COVID and encouraging young people to voice their concerns or issues. We have used opportunities such as residentials to develop life skills and to improve resilience while as the same time building on confidence and self-esteem. We have focused discussion on strengthening wellbeing through increasing fitness levels, eating healthier, understanding nutritional needs, positive thinking, healthy relationships and maximising the 5 ways of wellbeing.

Our sports lending library has been well utilised throughout the year and has enabled us to offer free sports and games equipment to young people aged 8+. The aim of the lending library has been to encourage physical activity and to give children the opportunity to try something new. With restrictions gradually lifting this equipment is now used for regular youth sessions but can also be borrowed by members should they wish to.

Champions for equality sessions have continued throughout the year, with weekly sessions being consistent amongst the group. The sessions have involved work around empowerment, body image, stereotypes, women in history, LGBTQ, confidence and self esteem building. As a result, young people they have developed an understanding of some of the inequalities faced by girls and women in their communities and in the wider world and the progression of women's rights. Although the project has come to an end with our partner organisation Plan UK, the girls are eager to keep the group going. They plan to continue their campaign and support all girls by offering a safe space where girls (and boys) can come and feel comfortable to discuss issues that concern them. This group will be youth led and holistic to anyone who wants to get involved, with the aim to think about challenging the stereotypes girls are faced with in today's society and to understand the importance of being heard and being part of decision-making processes.

The girls attended a celebratory event at Radisson Blu Hotel where they were recognized for their hard work throughout the year as well as their contribution to the project as a whole. 2 of our girls got up on stage and made a speech giving an insight into what they had learnt from their involvement in the project and explained the next steps they will be taking to put their campaign in place.

Art sessions - throughout the year we have included various arts and craft sessions around Remembrance Day, Chinese New Year, Valentine crafts, Mother's day, Red nose day etc. As part of the Women Making History month we worked with Wellbeing Merthyr and a local comic book club to create a comic page inspired by the story of 3 amazing women from Merthyr's past, working with the comic book artist to use techniques on how to bring the story to life in comic form.

Group sessions i.e. Well-being Wednesdays continue to run - these sessions are put together from ideas given by the young people and activities are incorporated into our plan. This year we have done woodwork projects including young people making a wooden stool, designed and made by themselves. Other crafts have included using resin to make keyrings, making our own soap, clay modelling etc.
17 young people took part in the Phoenix Project with Merthyr Fire Service. The course is accredited by Agored Cymru and they will be receiving their Level 1 in Youth & Community Fire Skills certificate. The sessions are perfect for building various skills which can be used in later life and employment.
Sailing with Challenge Wales - 8 young people joined Adventure Wales for a day sail at Cardiff bay. Again, skills developed include grow in confidence, developing teamwork skills, improving communication skills and help reach their potential. We are now working with Challenge Wales to look at providing a 5-day sailing residential.
In total 17young people achieved their Level 1 in Youth & Community Fire Fighting Skills this year with more than 35 working on their youth achievements - 13 are close to completing their Bronze

6 young people are still completing their booklets for Silver Youth Achievement.
8 young people have been supported to access further learning, each have continued their education in college
6 have been supported with employment opportunities (2 in retail, 1 in bar work, 1 hairdressing, 1 in a care home and 1 as a teaching assistant)
To date 39 young people have carried out volunteering duties for various occasions i.e. delivering activity packs, supporting staff to plan and deliver sessions, organizing and running community events.
36 x young people volunteered their time to take part in sponsored walks to raise money for Cancer Research.
12 x young people took part in litter picking and planting within their community.
13 x young people helped put together and deliver Christmas activity packs for younger members.

Around 18 young people with learning difficulties continue to be supported throughout the year, through online sessions, the distribution of activity packs, access to the sports lending library as well as through group sessions

7. Financial support, referrals and grants

People are falling into debt and fuel poverty because of raised cost of living expenses, UC reductions and ill health preventing employment. We know this as people come to us for support. Accessing the available help is difficult, it is time consuming, convoluted and requires a level of literacy and access to a computer that the very people who need the support do not have. We are a referral agency for the Buttle Trust, the Discretionary Assistance Fund, BBC Children in Need, The British Red Cross, and The Family Holiday Charity. We help parents access Healthy Vouchers and baby bank equipment and we make referrals for food bank deliveries and fuel vouchers. The centre has free public WIFI and a public computer for job searches.

8. Early Years
We are developing an ever-expanding programme of support for expectant mothers accompanying them on their path from pregnancy, birth, new born, child development to school ready, parenting and mentoring others. We run three play groups and one music and movement session weekly as well as supporting parents to attend parenting classes. We engage and support mothers and families into activities, advocate for wellbeing and accompany the family on a journey of change. We host a dads' group and Mind Mums' Mental Health Matters courses. We also host the Henry under 5s nutrition course, the midwife and baby massage.

9. Toddlers at Coed-y-Dderwen Pre-school
Toddlers at Coed-y-Dderwen is an independently constituted body from the GFG, employing staff in its own right to deliver pre-school provision for families on low incomes in the ward. However, the majority of the trustees are staff from the GFG and as well as providing governance support, we also give operational support on an almost daily basis. Twenty five 2 ½ to 3 ½ year old receive nursery school provision daily in term time to ease their transition to school and support their early years development. Our Flying Start pre-school has operated from the local school this year as we continue the process of registering the unit for delivery. They are due to start delivering from the Centre in September 2022.

10. Social Enterprises
The Environmental Task Force was Tuped to Merthyr Valleys Homes in September. The team continues to clear houses and gardens and now work directly for the housing association who have taken their grass cutting contract in house. We wish them all the very best and are immensely proud of their successful career journey.

Participation, engagement and inclusion.
In the last 12 months, over 1100 people have benefitted from our activities.
As the pandemic restrictions eased, we opened the Centre in September 2021. By the end of the year we had an average of 600 people come to the Centre each week to attend groups, visit the pantry and ask for information or support. Including the youth team, we support over 800 people a week, people who are low incomes and or in poor health. We measure impact by recording who is attending groups and by keeping in touch through informal chats we can assess whether the interventions are increasing wellbeing.

Fundraising activities
This year we have continued to actively fundraise to meet the needs of the community. We have successfully applied for and received 30 grants.

All our fundraising is done in house by the Co-director.

FINANCIAL REVIEW
Reserves policy
Staffing levels - We employed 14 to the end of March 2022 (13 members of staff as at the 31st March 2021).

Debtors - Debtors include £48,300 Children in Need, £24,456 of Pre School recharge monies and other smaller grants totalling £2,470.

Depreciation - Total depreciation in the year amounts to £69,849 (2021: £5,881), this up substantially on last years depreciation, due to the building now being finished and depreciated over 50 years.

Reserves policy
We are working towards holding 12 months expenditure in reserve, which we anticipate to amount to £350,000 based on 2022 expenditure figures.

At present, the charity has £264,889 of unrestricted funds, this is therefore inadequate to meet the current reserves policy of £350,000. Hence a shortfall of unrestricted reserves at present of £85,111.

The trustees have authorised that any surplus of the unrestricted reserves can be used for any unrealized match funding for the Centre and for future fixture and fittings requirements for the Centre.

Restricted funds of £3,409,167 relate to the new build and are effectively tied up in the project alone.

FUTURE PLANS

It is our intention to complete the snagging and defects on the Centre. Outstanding works include: remedial works to the roof, adequate ventilation along the nursery walls, repair of non-functioning items (push pads, access control, a CCTV camera), re-tuning of ventilation systems, thermostats, key locking system, decorating and storage.

We will continue to reach out to new partners and strengthen existing partnerships to fill the centre with wellbeing activities that improve the life chances of low-income households in the borough.

We will actively consult with residents across the borough to ensure we are led by the voices of a wide range of community members. Our planning and delivery will be responsive to local need.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Full membership of the Gellideg Foundation Group is open to anyone over 18 who lives within the area of benefit - the Gellideg estate, Merthyr Tydfil.

Anyone who is a full member of the Gellideg Foundation Group may put themselves forward to be a trustee. Once in every calendar year a General Meeting is held - it is well publicised within Gellideg within a minimum of 21 days notice of the event. Full members of the GFG, present at the meeting, elect the organisations' honorary officers by way of a secret ballot. Information is provided to those interested in taking up office as trustee setting out the scope, responsibilities and duties of the post.

Names of any person or body entitled to appoint a trustee

Full members of the GFG elect the Foundation's Officers - the Chair, Secretary and Treasurer as well as General Trustees by a process of first past the post elections.

Induction and training of new trustees

Each trustee is guided through an induction programme that familiarises the trustee with the GFG policies, values and processes. The induction includes an overview of the organisation's aims and objectives, policies, values and ways of working, constitution, staff organogram and volunteer structure, financial processes, budgets and accounting procedures, programmes and projects, funding arrangements, key stakeholders, partners and boards we belong to, monitoring and evaluation systems, forecast of key events. The induction includes on the job training, one to ones and the reading of relevant documents.

Organisational structure

The GFG's Management Committee consists of its trustees. The management committee meets a minimum of once every six weeks to hear the report of the Co-Directors. The Finance Manger presents the accounts to the Committee twice a year. The Management Committee is the GFG's strategic decision-making body and governing board. It oversees the strategic direction of the organisation and is responsible for ensuring its operations adhere to the GFG's constitution, aims and objectives and charitable law. Lloyds Foundation are assisting the GFG with recruiting new Trustees.

As a requirement of funding, GFG has been audited by several funders and consistently been found to operate sound financial practice.

Wider network

We are an established charity, embedded both in local partnerships and with close working relationship with national partners. We benefit from community knowledge and being informed by the advice of specialist partners. Having operated for 24 years we also have a wealth of lived experience to draw on. We have expertise in partnership working, collaboration, sharing resources and information.

We are a member of a number of local forums, including the Merthyr Tydfil County Borough Council (MTCBC) food security group, the Health and Wellbeing group and the Children and Young People partnership. Voluntary Action Merthyr Tydfil (VAMT) and MTCBC continue to be strong and practical partners across many departments of their organisations.

Partners have assisted us in finding volunteers, (VAMT and The British Red Cross), accessing funds, (Merthyr Valleys Homes) and in sourcing subsidized or free surplus food (Fare Share Cymru, Fare Share Go, In Kind direct, His Church and Feeding Britain). We featured in Fare Share's magazine, Food is bringing people together at the Gellideg Foundation in Merthyr Tydfil - FareShare

During this period we have been supported by Lloyds Foundation and their Enhance programme. The Enhance programme has given us access to HR advice from Roots, marketing and website advice and training from Promo Cymru and IT and property advice from the Ethical Property Foundation.

Partners who have already started delivering from the centre include Communities 4 Work; holding job clubs and training sessions in the centre twice weekly, Adferiad; providing mental health support every week, CAB; holding a drop-in advice clinic weekly. We are developing a strong link with Cwm Taff Morgannwg University Health Board; we have already held a number of consultation sessions with senior strategists and are developing proposals for innovative work together.

We continue to have strong links with Small Woods and Groundwork who provide support, resources and guidance on environmental volunteering.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04681301 (England and Wales)

Registered Charity number
1110453

Registered office
The Wellbeing Centre Canol-Y-Bryn
Heol Tai Mawr
Merthyr Tydfil
CF48 1ND

Trustees
Miss A Howe Law Student
Mrs S Northall Civil Servant
Mrs M J Owen Director

Auditors
FCA
James de Frias Limited
Chartered Accountants
Statutory Auditors
Llanover House
Llanover Road
Pontypridd
Rhondda Cynon Taff
CF37 4DY

Bankers
Lloyds Bank Plc
Merthyr Branch
69 High Street
MERTHYR TYDFIL
CF47 8UH

Solicitors
Geldards
Dumfries House
Dumfries Place
Cardiff
CF10 3ZF

Key and senior staff
Colette Watkins and Helen Buhaenko - Managers of the Gellideg Foundation Group.
Amanda Jenkins - Finance Manager
Michelle Roberts - Youth Programme Manager

STATEMENT OF TRUSTEES' RESPONSIBILITIES
The trustees (who are also the directors of Gellideg Foundation Community Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued
In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS
The auditors, James de Frias Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on ..... and signed on its behalf by:



.....
Mrs S Northall - Trustee

Report of the Independent Auditors to the Trustees of Gellideg Foundation Community Association

Opinion
We have audited the financial statements of Gellideg Foundation Community Association (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:
- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion
We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern
In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information
The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception
We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:
- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees
As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Report of the Independent Auditors to the Trustees of Gellideg Foundation Community Association

Our responsibilities for the audit of the financial statements
We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: Enquiries of the Board of Trustees as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; review the performance of analytical review to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the Company's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report
This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

James de Frias Limited
Chartered Accountants
Statutory Auditors
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Llanover House
Llanover Road
Pontypridd
Rhondda Cynon Taff
CF37 4DY

Date: .....

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Statement of Financial Activities for the Year Ended 31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	**61,631**	**248,598**	**310,229**	534,095
Other trading activities	3	**31,582**	**-**	**31,582**	24,792
Total		**93,213**	**248,598**	**341,811**	558,887
EXPENDITURE ON					
Raising funds	4	**5,698**	**8,214**	**13,912**	32,566
Charitable activities	5				
General		**144,698**	**283,519**	**428,217**	318,002
Total		**150,396**	**291,733**	**442,129**	350,568
NET INCOME/(EXPENDITURE)		**(57,183)**	**(43,135)**	**(100,318)**	208,319
RECONCILIATION OF FUNDS					
Total funds brought forward		**322,073**	**3,523,697**	**3,845,770**	3,637,451
TOTAL FUNDS CARRIED FORWARD		**264,890**	**3,480,562**	**3,745,452**	3,845,770

The notes form part of these financial statements

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION (REGISTERED NUMBER: 04681301)

Statement of Financial Position
31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
FIXED ASSETS					
Tangible assets	11	-	**3,200,855**	**3,200,855**	3,153,694
CURRENT ASSETS					
Debtors	12	**26,926**	**48,300**	**75,226**	123,030
Cash at bank		**246,921**	**231,408**	**478,329**	587,937
		273,847	**279,708**	**553,555**	710,967
CREDITORS					
Amounts falling due within one year	13	**(8,958)**	-	**(8,958)**	(18,891)
NET CURRENT ASSETS		**264,889**	**279,708**	**544,597**	692,076
TOTAL ASSETS LESS CURRENT LIABILITIES		**264,889**	**3,480,563**	**3,745,452**	3,845,770
NET ASSETS		**264,889**	**3,480,563**	**3,745,452**	3,845,770
FUNDS	14				
Unrestricted funds				**264,889**	322,073
Restricted funds				**3,480,563**	3,523,697
TOTAL FUNDS				**3,745,452**	3,845,770

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

.....
M J Owen - Trustee

The notes form part of these financial statements

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Statement of Cash Flows for the Year Ended 31 March 2022

	Notes	31.3.22 £	31.3.21 £
Cash flows from operating activities			
Cash generated from operations	1	**7,403**	232,730
Net cash provided by operating activities		**7,403**	232,730
Cash flows from investing activities			
Purchase of tangible fixed assets		**(117,011)**	(27,008)
Sale of tangible fixed assets		**-**	37,000
Net cash (used in)/provided by investing activities		**(117,011)**	9,992
Change in cash and cash equivalents in the reporting period		**(109,608)**	242,722
Cash and cash equivalents at the beginning of the reporting period		**587,937**	345,215
Cash and cash equivalents at the end of the reporting period		**478,329**	587,937

The notes form part of these financial statements

Notes to the Statement of Cash Flows for the Year Ended 31 March 2022

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.22 £	31.3.21 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	**(100,318)**	208,319
Adjustments for:		
Depreciation charges	69,850	5,880
Profit on disposal of fixed assets	-	(7,950)
Decrease in debtors	47,804	22,976
(Decrease)/increase in creditors	(9,933)	3,505
Net cash provided by operations	7,403	232,730

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.21 £	Cash flow £	At 31.3.22 £
Net cash			
Cash at bank	**587,937**	**(109,608)**	**478,329**
	587,937	**(109,608)**	**478,329**
Total	**587,937**	**(109,608)**	**478,329**

The notes form part of these financial statements

Notes to the Financial Statements for the Year Ended 31 March 2022

1. ACCOUNTING POLICIES

Organisational status
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The organisation is an incorporated charity, registered at both Companies House and at the Charity commission. The trustees are set out on page 1 and they form a board of trustees (and directors) which is the executive body of the charity, the aims and objectives and rules for governance are set out in the charities constitution.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Short leasehold	- 2% on cost
Plant and machinery	- 25% on cost

Assets under construction are not subject to depreciation, until the asset is completed and then falls under the standard Freehold depreciation policy of 2% on cost per annum.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Trade debtors
Trade debtors are measured at cost and include grants receivable.

continued...

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

2. DONATIONS AND LEGACIES

	31.3.22	31.3.21
	£	£
Donations	130	860
Grants	310,099	533,235
	310,229	534,095

continued...

2. DONATIONS AND LEGACIES - continued

Grants received, included in the above, are as follows:

		31.3.22 £	31.3.21 £
Merthyr Tydfil CBC	Youth Legacy Fund SLA	75,000	77,500
Voluntary Action Merthyr Tydfil	ICF Transformation Programme	-	5,000
Wales Council for Voluntary Action	Third Sector Resilience	-	15,000
Wales Council for Voluntary Action	VSEF small grants	-	59,399
Merthyr Valley Homes	Green spaces SLA	-	34,299
Merthyr Valley Homes	Holiday Hunger	-	4,125
Merthyr Valley Homes	Wellbeing	5,000	20,000
Merthyr Valley Homes	Covid-19 Grants	-	5,000
Merthyr Valley Homes	IT Support	7,680	-
Community Foundation Wales	Community Foundation Wales Covid grant	-	5,000
Voluntary Action Merthyr Tydfil	Voluntary Action Services emergency food	-	3,000
The Moondance Foundation	Moondance Covid-19 Relief Fund	8,400	10,000
Merthyr Tydfil County Borough Council	Welsh Government Rural Communities - Leader 2014-2020	-	29,037
RDP		21,735	-
Ffos Y Fran		500	-
Ffos Y Fran 2		5,000	-
South Wales Police and Crime Commissioner's Victims Fund	Wellbeing Sessions	2,206	-
The National Lottery Community Fund	People and Places top up fund	-	39,556
The National Lottery Community Fund	Awards for all	10,000	10,000
The National Lottery Community Fund	Climate Action Boost	-	20,000
Voluntary Action Merthyr Tydfil	Comic Relief Intergenerational project	-	1,000
Voluntary Action Merthyr Tydfil	Third Sector small capital grant	-	700
Voluntary Action Merthyr Tydfil	Self Isolation Support	-	5,000
Voluntary Action Merthyr Tydfil	Welsh Government Equipment for volunteering	-	10,000
Voluntary Action Merthyr Tydfil	Coronavirus Recovery Grant	-	8,200
Voluntary Action Merthyr Tydfil	ICF Winter Protection Grant	-	10,640
Voluntary Action Merthyr Tydfil	Welsh Government Volunteering Grant	-	2,136
Voluntary Action Merthyr Tydfil	Integrating Care Fund for Dementia	9,500	-
Voluntary Action Merthyr Tydfil	Loneliness and Isolation	2,344	-
Voluntary Action Merthyr Tydfil	Wellbeing for Staff	1,494	-
Voluntary Action Merthyr Tydfil	Winter Pressures	1,882	-
Merthyr Tydfil Housing Assoc	Fit and Fed	375	-
Merthyr Tydfil County Borough Council	Playwork Capital Grant	-	1,350
Merthyr Tydfil County Borough Council	Capital Food Poverty	6,475	-
Merthyr Tydfil County Borough Council	Intergenerational Outdoor Project	500	-
Merthyr Tydfil County Borough Council	Match Winter Pressures	2,470	-
Merthyr Tydfil County Borough Council	Play Provision	5,000	-
Merthyr Tydfil County Borough Council	Revenue Food Poverty Grant	3,000	-
Merthyr Tydfil County Borough Council	SETS Capital Grant	21,422	-
Merthyr Tydfil County Borough Council	Youth Winter Wellbeing	4,500	-
Wales Council for Voluntary Action	VSRF Small Grants VSEF 024568	-	65,240
Rotary Club of Merthyr Tydfil			

continued...

2. DONATIONS AND LEGACIES - continued

Merthyr Tydfil County Borough Council	Street Games	-	900
Merthyr Tydfil County Borough Council	Street Games	-	500
Merthyr Tydfil County Borough Council	Covid-19 Rates Rebate	-	28,000
The Edward Gostling Foundation	The Edward Gostling Foundation	-	10,000
Groundwork Tesco Bags of Help	Covid-9 Community Fund	-	500
Martin Lewis	Martin Lewis Coronavirus Charity Fund	-	5,253
Postcode Community Trust		19,674	-
BBC Children in Need	BBC CIN Top up	-	5,000
BBC Children in Need	Money Heroes Programme	1,000	-
Merthyr Tydfil Housing Association	Fit and Fed Programme	-	800
Clothworkers' Foundation	Capital Grant	-	9,700
Neighbourly Community Fund	Neighbourly Community Fund Grant	-	400
Lloyds Bank Foundation	Lloyds foundation Covid Recovery grant	25,000	25,000
T K Maxx		500	-
Kick Start		1,000	-
Merthyr Valley Homes		40,000	-
Welsh Government	Food Poverty Grant	14,400	-
Welsh Government	Household goods	2,042	-
Western Power Distribution	Community Matters	10,000	6,000
Youth Cymru		2,000	-
		310,099	533,235

3. OTHER TRADING ACTIVITIES

	31.3.22	31.3.21
	£	£
Other income	**31,582**	24,792

4. RAISING FUNDS

Other trading activities

	31.3.22	31.3.21
	£	£
Purchases	**13,912**	40,516
Loss on sale of assets	**-**	(7,950)
	13,912	32,566

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
General	**410,547**	**17,670**	**428,217**

continued...

6. SUPPORT COSTS

Governance costs	2022	2021
Audit fees	**8,958**	8,190

7. NET INCOME/(EXPENDITURE)

	31.3.22	31.3.21
	£	£
Depreciation - owned assets	**69,850**	5,881

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

9. STAFF COSTS

	31.3.22	31.3.21
	£	£
Gross Wages	**197,366**	182,923
Social Security	**14,780**	12,667
	212,146	195,590

The average monthly number of employees during the year was 14 (2021: 13).

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	117,088	417,007	534,095
Other trading activities	24,792	-	24,792
Total	141,880	417,007	558,887
EXPENDITURE ON			
Raising funds	(7,950)	40,516	32,566
Charitable activities			
General	8,304	309,698	318,002
Total	354	350,214	350,568
NET INCOME	141,526	66,793	208,319
RECONCILIATION OF FUNDS			
Total funds brought forward	180,548	3,456,903	3,637,451

continued...

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	322,074	3,523,696	3,845,770

11. TANGIBLE FIXED ASSETS

	Freehold property £	Short leasehold £	Asset under Construction £	Plant and machinery £	Totals £
COST					
At 1 April 2021	**22,000**	**10,000**	**3,116,416**	**59,648**	**3,208,064**
Additions	**-**	**-**	**117,011**	**-**	**117,011**
Transfer to ownership	**3,233,427**	**-**	**(3,233,427)**	**-**	**-**
At 31 March 2022	**3,255,427**	**10,000**	**-**	**59,648**	**3,325,075**
DEPRECIATION					
At 1 April 2021	**2,549**	**1,700**	**-**	**50,121**	**54,370**
Charge for year	**64,969**	**200**	**-**	**4,681**	**69,850**
At 31 March 2022	**67,518**	**1,900**	**-**	**54,802**	**124,220**
NET BOOK VALUE					
At 31 March 2022	**3,187,909**	**8,100**	**-**	**4,846**	**3,200,855**
At 31 March 2021	19,451	8,300	3,116,416	9,527	3,153,694

The charity has now completed the building of its "Wellbeing Centre" and all costs amounting to £3,233,427 have been transferred from Assets under Construction to Freehold Property.

The property will now be depreciated at 2% per annum, in line with the accounting policy on Freehold Property.

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22 £	31.3.21 £
Trade debtors	**75,226**	123,030

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22 £	31.3.21 £
Trade creditors	**-**	10,311
Accrued expenses	**8,958**	8,580
	8,958	18,891

continued...

14. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	**322,073**	**(57,184)**	**264,889**
Restricted funds			
Wellbeing Centre	**3,375,501**	**33,666**	**3,409,167**
BBC Children in Need	**67,035**	**(18,735)**	**48,300**
Awards for All	**8,214**	**1,786**	**10,000**
Merthyr Youth Service	**1,222**	**(1,222)**	**-**
WCVA Recovery	**43,629**	**(43,629)**	**-**
Climate Action Boost	**20,000**	**(20,000)**	**-**
The Clothworkers' Foundation	**8,096**	**-**	**8,096**
Ffos Y Fran Grant	**-**	**5,000**	**5,000**
	3,523,697	**(43,134)**	**3,480,563**
TOTAL FUNDS	**3,845,770**	**(100,318)**	**3,745,452**

continued...

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	92,713	(149,897)	(57,184)
T K Maxx - Community Fund Foundation	500	(500)	-
	93,213	(150,397)	(57,184)
Restricted funds			
MVH Communal	10,000	(10,000)	-
Wellbeing Centre	-	33,666	33,666
BBC Children in Need	1,000	(19,735)	(18,735)
MTCBC Legacy Fund	75,000	(75,000)	-
VAMT (Dementia)	15,220	(15,220)	-
Crime Commissioner's Victims Fund	2,206	(2,206)	-
Awards for All	10,000	(8,214)	1,786
Merthyr Youth Service	-	(1,222)	(1,222)
Moondance Foundation	8,400	(8,400)	-
RDP	21,735	(21,735)	-
WCVA Recovery	(1)	(43,628)	(43,629)
Climate Action Boost	-	(20,000)	(20,000)
MTCBC Youth	4,500	(4,500)	-
Merthy Tydfil Housing Association - Fit and Fed Grant	375	(375)	-
MTCBC Play Provision	5,000	(5,000)	-
Postcode Community Trust	19,674	(19,674)	-
Merthyr Valleys Home IT Support	7,680	(7,680)	-
Welsh Government Food and Poverty grant	16,442	(16,442)	-
SETS Capital Grant MTCBC	21,422	(21,422)	-
MTCBC Capital food poverty	9,475	(9,475)	-
Western Power Distribution	10,000	(10,000)	-
Ffos Y Fran Grant	5,500	(500)	5,000
Youth Cymru	2,000	(2,000)	-
MTCBC Match Winter Pressures	2,970	(2,970)	-
	248,598	(291,732)	(43,134)
TOTAL FUNDS	341,811	(442,129)	(100,318)

continued...

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	180,548	141,525	322,073
Restricted funds			
Toddlers @ Coed-Y-Dderwen	1,105	(1,105)	-
The National Lottery Community Fund	4,806	(4,806)	-
Wellbeing Centre	3,375,501	-	3,375,501
BBC Children in Need	71,300	(4,265)	67,035
Crime Commissioner's Victims Fund	663	(663)	-
Awards for All	-	8,214	8,214
Merthyr Youth Service	3,082	(1,860)	1,222
ICF Third Sector - Covid-19	446	(446)	-
WCVA Recovery	-	43,629	43,629
Climate Action Boost	-	20,000	20,000
The Clothworkers' Foundation	-	8,096	8,096
	3,456,903	66,794	3,523,697
TOTAL FUNDS	3,637,451	208,319	3,845,770

continued...

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	141,880	(355)	141,525
Restricted funds			
Toddlers @ Coed-Y-Dderwen	-	(1,105)	(1,105)
The National Lottery Community Fund	-	(4,806)	(4,806)
BBC Children in Need	5,000	(9,265)	(4,265)
MTCBC Legacy Fund	77,500	(77,500)	-
VAMT (Dementia)	3,000	(3,000)	-
Crime Commissioner's Victims Fund	-	(663)	(663)
Awards for All	10,000	(1,786)	8,214
ICF Small Grant Scheme	700	(700)	-
Merthyr Youth Service	-	(1,860)	(1,860)
ICF Third Sector - Covid-19	-	(446)	(446)
National Lottery Community Fund	39,556	(39,556)	-
VAMT ICT Transformation Programme	5,000	(5,000)	-
WCVA Third Sector Resilience	15,000	(15,000)	-
WVCA VSEF	59,399	(59,399)	-
Community Foundation Wales	5,000	(5,000)	-
Moondance Foundation	10,000	(10,000)	-
Awards for All	1,000	(1,000)	-
RDP	29,037	(29,037)	-
Youth Street Games	500	(500)	-
WCVA Recovery	65,240	(21,611)	43,629
VAMT Self Isolation	5,000	(5,000)	-
Lloyds Bank Foundation	24,999	(24,999)	-
Climate Action Boost	20,000	-	20,000
VAMT Winter Protection	10,640	(10,640)	-
VAMT Recovery and Equipment	20,336	(20,336)	-
The Clothworkers' Foundation	9,700	(1,604)	8,096
Neighbourly Community Fund	400	(400)	-
	417,007	(350,213)	66,794
TOTAL FUNDS	558,887	(350,568)	208,319

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	180,548	84,341	264,889
Restricted funds			
Toddlers @ Coed-Y-Dderwen	1,105	(1,105)	-
The National Lottery Community Fund	4,806	(4,806)	-
Wellbeing Centre	3,375,501	33,666	3,409,167
BBC Children in Need	71,300	(23,000)	48,300
Crime Commissioner's Victims Fund	663	(663)	-
Awards for All	-	10,000	10,000
Merthyr Youth Service	3,082	(3,082)	-
ICF Third Sector - Covid-19	446	(446)	-
The Clothworkers' Foundation	-	8,096	8,096
Ffos Y Fran Grant	-	5,000	5,000
	3,456,903	23,660	3,480,563
TOTAL FUNDS	3,637,451	108,001	3,745,452

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	234,593	(150,252)	84,341
T K Maxx - Community Fund Foundation	500	(500)	-
	235,093	(150,752)	84,341
Restricted funds			
Toddlers @ Coed-Y-Dderwen	-	(1,105)	(1,105)
MVH Communal	10,000	(10,000)	-
The National Lottery Community Fund	-	(4,806)	(4,806)
Wellbeing Centre	-	33,666	33,666
BBC Children in Need	6,000	(29,000)	(23,000)
MTCBC Legacy Fund	152,500	(152,500)	-
VAMT (Dementia)	18,220	(18,220)	-
Crime Commissioner's Victims Fund	2,206	(2,869)	(663)
Awards for All	20,000	(10,000)	10,000
ICF Small Grant Scheme	700	(700)	-
Merthyr Youth Service	-	(3,082)	(3,082)
ICF Third Sector - Covid-19	-	(446)	(446)
National Lottery Community Fund	39,556	(39,556)	-
VAMT ICT Transformation Programme	5,000	(5,000)	-
WCVA Third Sector Resilience	15,000	(15,000)	-
WVCA VSEF	59,399	(59,399)	-
Community Foundation Wales	5,000	(5,000)	-
Moondance Foundation	18,400	(18,400)	-
Awards for All	1,000	(1,000)	-
RDP	50,772	(50,772)	-
Youth Street Games	500	(500)	-
WCVA Recovery	65,239	(65,239)	-
VAMT Self Isolation	5,000	(5,000)	-
Lloyds Bank Foundation	24,999	(24,999)	-
Climate Action Boost	20,000	(20,000)	-
VAMT Winter Protection	10,640	(10,640)	-
VAMT Recovery and Equipment	20,336	(20,336)	-
The Clothworkers' Foundation	9,700	(1,604)	8,096
Neighbourly Community Fund	400	(400)	-
MTCBC Youth	4,500	(4,500)	-
Merthy Tydfil Housing Association - Fit and Fed Grant	375	(375)	-
MTCBC Play Provision	5,000	(5,000)	-
Postcode Community Trust	19,674	(19,674)	-
Merthyr Valleys Home IT Support	7,680	(7,680)	-
Welsh Government Food and Poverty grant	16,442	(16,442)	-
SETS Capital Grant MTCBC	21,422	(21,422)	-
MTCBC Capital food poverty	9,475	(9,475)	-
Western Power Distribution	10,000	(10,000)	-
Ffos Y Fran Grant	5,500	(500)	5,000
Youth Cymru	2,000	(2,000)	-
MTCBC Match Winter Pressures	2,970	(2,970)	-
	665,605	(641,945)	23,660
TOTAL FUNDS	900,698	(792,697)	108,001

continued...

15. RELATED PARTY DISCLOSURES

Staffing costs are being paid by the CIC during the year.

Any profits made in the "Environment Taskforce CIC" , are transferred back to Gellideg via management charges.

During the year, total paid by Gellideg to the CIC for management costs amounted to £11,377.

In the previous year an amount of £9,642 was received by Gellideg from the CIC.

As at the year end £Nil (2021: £3,825) remained outstanding.

The trustees of Gellideg are also the directors of the CIC (Community Interest Company), which is a not for profit organisation, with all its surpluses being transferred back to Gellideg at the end of the financial year.

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

England & Wales - Charity number 1110453

Accounts

REGISTERED COMPANY NUMBER: 04681301 (England and Wales)
REGISTERED CHARITY NUMBER: 1110453

Report of the Trustees and

Financial Statements

for the Year Ended 31 March 2021

for

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

James de Frias Limited
Chartered Accountants
Statutory Auditors
Llanover House
Llanover Road
Pontypridd
Mid Glamorgan
CF37 4DY

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

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GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Report of the Trustees for the Year Ended 31 March 2021

When Boris Johnson announced on 23rd March 2020 that we all had to stay at home, we stopped all our Gellideg Foundation Group group meetings - tea dance and luncheon club, youth programmes and toddler groups, wellbeing groups and nursery. But just as one chapter closed so another opened; we are always here to help the community.

Suddenly all the people who used to come to our wellbeing classes were being asked to shield. Neighbours who used to help neighbours needed to stay at home to protect themselves and to protect others. Families were separated and unable to support each other. People were also finding their jobs cut at short notice and incomes slashed. People needed access to food and meals, to have welfare support, phone calls to prevent isolation, prescriptions collected and letters posted.

We stepped in and repurposed all our services. But we couldn't do this alone - so many people stepped forward to help each other. The statistics are staggering - over 80 adults volunteered 33625 hours over the year.

We advertised on Face book and by word of mouth for help and people gave their time willingly. Volunteers came through Voluntary Action Merthyr Tydfil and through The British Red Cross and from partners like Merthyr Housing Association. And people just turned up and asked if they could help - you were amazing!

Cyfarthfa catering stopped making lunches in the Merthyr Valleys Homes canteen and we started supplying hot meals daily to vulnerable people across the borough. Starting in Cyfarthfa ward, expanding to Abercanaid and Vaynor we were soon supplying meals to residents across the whole borough, every day. Finding vulnerable people, taking referrals for support, preparing large amounts of quality meals daily from scratch and delivering it to residents' doors takes some resources! None of this could be achieved without the incredible and selfless help of the amazing volunteers who gave their time day in and day out to help others. Today, from Monday to Friday, every day volunteers deliver meals to residents across the borough. This year the kitchen has produced and delivered a phenomenal 10,706 meals.

As well as meals we started distributing grocery, toiletry and fruit and vegetable bags weekly to households across the borough. Food is collected from Cardiff, sorted and packaged and delivered to residents' doors. Three days a week volunteers spend all day organizing and sorting the pantry, making sure that households who are under pressure are able to access nutritious food and quality hygiene items. Over the year our amazing staff and volunteers have made 6180 doorstep deliveries across the borough. Each delivery is a minimum of 10kg of produce. We delivered for 11 of the 7 months, taking a rest in September. For seven of those eleven months the bags were entirely free. And for four months they cost just £ 3.

51 young people from Gellideg, Twyncarmal and Trefechan also volunteered their time over the pandemic to help others. As well as writing letters to older isolated residents, they made and delivered activity packs to people living on their own and prepared Christmas hampers to bring some cheer. Young artists also painted a fabulous canvas of individual key workers and donated it to Green Hill Manor Care Home to bring some colour to the lives of residents there. The youth team continued delivering throughout the lock downs, on-line sessions, craft packs delivered, wellbeing calls made and a sports lending library created. They even made two films.

Thank you to everyone who has helped! We have been inundated with letters of gratitude and we want to pass on our huge thanks to all you amazing people who together make Merthyr really special.

Above all, thank you to our amazing staff. We are a small tight team, and this year was exceptional. No one stopped helping and supporting others. We received 37 grants to deliver support around the clock and we were the first port of call when agencies were looking for front line help. Exhausting, exhilarating and essential. It was a tough year, but we played our part.

Maria Owen, Chair of Trustees

OBJECTIVES AND ACTIVITIES

Objectives and Activities

The aim of our charity is to support people who are disadvantaged, on low incomes, or in poor health, to achieve wellbeing. We operate in an area of deprivation where there were few resources before the pandemic struck. Now there are less. Our usual activities have been suspended (dementia support, older age wellbeing activities, early years education, nursery, vocational volunteering etc.), and we have totally realigned all staff and projects so we can provide support during the pandemic.

Our role has been to ensure the most vulnerable have regular basic provisions and that no one is lonely or isolated. We have also continued to support the youth of the three estates; Gellideg, Trefechan and Twyncarmel so that young people are not unduly negatively impacted by the locks downs and isolation being imposed on them.

We are providing care bags of food and hygiene products to families and individuals who are struggling. We are also delivering freshly cooked meals to the door of people who need it. We deliver wellbeing support in the form of telephone calls, doorstep visits and on-line group activities. And we have become a distribution point for food bank vouchers, fuel tokens, referrals for support and process grant applications for essential items. Need is a fluctuating situation for many. Covid can strike, affecting work patterns and income, placing households in a precarious position.

Funding is being used to purchase ingredients and food preparation items, packaging materials, groceries, fruit, vegetables and toiletries, staff time, volunteer expenses, Time Banking credits, vehicle costs, youth activities, IT equipment, PPE and uniform.

We closed the office at the end of March 2020 and all 12 staff work remotely. We deliver meals from MVH kitchen and we organise the care bag delivery from St Luke's.

We responded to this emergency situation because this is what we are for, however, we know that life changing work is long term and intensive; we are about supporting a journey of change. It is our intention to build on the connections we have forged with residents and develop long term relationships of trust. The needs of the people we work with are deep rooted - the pandemic exposed them. Residents are asking for support in achieving mental and physical wellbeing, having the tools and skills to live sustainably and participate in community services and activities.

We have sought funding from many generous funders, including from businesses, personal donations, statutory sources, partners, trusts and foundations. All have been incredibly generous and swift and have streamlined their grant making and reporting processes to be appropriate to the fast moving times. We are incredibly grateful to them all.

1. Care bags

In total we made 6180 doorstep deliveries of essential food and toiletry items to vulnerable and isolated households, and households experiencing food insecurity.

From the beginning of April 2020 to the end of August we delivered weekly emergency care bags to vulnerable households in Merthyr Tydfil. Initially we concentrated our services in Trefechan, Twyncarmel, Castle Park, George Town, Ynysfach, Gellideg, Pentrebach, Abercanaid and Troedyrhiw. Responding to need and partner and resident referrals we expanded our provision across the borough to include Gurnos, Galon Uchaf, and Dowlais. These are areas which include some of the LSOAs which are the 10% most deprived in Wales.

Over five months we made 3318 doorstep deliveries to 200 different households, each delivery including a bag of fruit and veg, a bag of toiletries and a bag of groceries. The care bag was for anyone in hardship or without support. We specifically focused on families on free school meals and with children with complex needs, carers, older people and people with dementia. We supported anyone who was shielding or self isolating and without support.

We stopped delivering bags to people who finished shielding on August 17th. For the last two weeks of August we focused on delivering bags to families on free school meals. In September we paused for a month to consult and catch our breath.

During this period the bags were all free. Here is the weekly list of number doorstep deliveries made between April and August, totalling 3318 deliveries of multiple bags.

W/c April 6th, 13th, 20th, 27th: 42, 95, 110, 138 households
W/c May 4th, 11th, 18th, 25th: 130, 181, 190, 194 households
W/c June 1st, 8th, 15th, 22nd, 29th: 188, 189, 191, 194, 192 households
W/c July 6th, 13th, 20th, 27th : 194, 188, 189, 176, households
W/c Aug 3rd, 10th, 17th, 24th: 168, 169, 100, 100 households

In September we took stock of supplies, provided emergency food and clothing items, distributed food bank and fuel vouchers, and advertised for members of staff and new volunteers. We also established the new Community Food Pantry, developing its procedures, risk assessments, and membership criteria.

In October we recruited the Volunteer Coordinator and more volunteers and launched the Merthyr Tydfil Community Food Pantry. The concept of a pantry is for members to choose their own produce much like a usual shop experience, enabling customers to access subsidized food whilst expressing their own preferences. Membership is open to all but there is clear focus on providing healthy, fresh food to household who have suffered a loss in income or are experiencing hardship. We have a rolling reserve list and as members' circumstances improve they come off the pantry to make way for new households. This is a self-selecting and deselecting process that works well.

However after a brief easing of restrictions in the summer months, the Welsh Government implemented a firebreak on October 19th and a general tightening of movement and commerce to restrict the spread of Covid-19 amongst the population. Merthyr Tydfil was experiencing extremely high levels of infection and in November mass testing was introduced in the borough to reduce the rate of transmission. Under these conditions it was not possible to open a pantry for members to come to us, and we decided to continue delivering bags to the door. The Volunteer coordinator oversees a mobile community pantry that visits vulnerable households and brings FareShare food to isolated community members to help sustain a healthy diet.

January to March 2021 Wales was at Alert Level 4 where a maximum of 4 people from 2 households living locally can meet outdoors and all but essential shops were closed. In addition, Gellideg in Cyfarthfa ward experienced a spike in infections in March with the 4th highest level of cases in the UK. Localised testing took place and in addition to space, face and hands messaging everyone was advised to be particularly vigilant. During this time frame the general vaccination programme started with over 80s having their first vaccination in January/February and over 50s receiving theirs by the end of March.

From October to January we made 1490 doorstep deliveries across the borough. Each delivery weighed a minimum of 15kg and included toiletries such as sanitary products, sanitiser, soap and shower gel, as well as fruit and vegetables, bread and UHT milk. The cost to each member was £ 3.50

In February we received funding to make the bags entirely free to all recipients. For the last two months of the year we made a further 1372 doorstep deliveries.

In total we made 6180 doorstep deliveries of essential food and toiletry items to vulnerable and isolated households, and households experiencing food insecurity.

All year we have operated from St Luke's Church on Gellideg estate. A usual timetable is:

Monday - volunteers and staff pick up Fare Share food from Dowlais and Cardiff and return it to St Luke's in cars and a van. Volunteers and staff unpack food and bag it ready for distribution. Food donations are picked up from Fare Share Go and Neighbourly supermarkets such as Lidl, Aldi, Asda and Waitrose. Toiletry bags are prepared. Fruit and veg delivered.
Tuesday - Approx. 60 household's bags in the Gellideg area are delivered by volunteer drivers using their own vehicles or the Volunteer Coordinator. Drivers arrive in shifts to take bags, some have vans and stock up with 20 or 30 bags. Others have cars and make a delivery to 6 houses. Preparation of bags for Wednesday's deliveries.
Wednesday -Approx. 60 household's bags delivered by volunteer drivers to Twyncarmel, Ynysfach, George Town, Penydarren and Gurnos. Large weekly food donation collected from Morrisons Abergavenny. Toiletries arrive weekly from In Kind Direct.
Thursday - Merthyr Housing Association or the Volunteer Coordinator pick up food from Fare share Cardiff and deliver to St Luke's. Bags packed and prepared for tomorrow.
Friday - Fruit and Veg picked up from supplier in Trago Mills. Volunteer drivers distribute bags to approx. 60 households in Pant, Trefechan, Dowlais, Galon Uchaf, Pentrebach and Troedyrhiw.
Each delivery is large - each household has a bag of toiletries, a bag of fruit and veg and a bag of groceries. And any household with three or more children received an extra large supply of provisions.

2. Meals' service

With the start of the pandemic we repurposed our café to be a volunteer hub from where we cooked meals every day and delivered them to anyone in need across the borough. Referrals poured in from social services and concerned neighbours and family members who lived far away and were unable to support.
We started on 9th April preparing 13 meals for vulnerable older people. By the end of the month we were up to 60 meals a week, delivered every day Monday to Friday. By the end of May we were up to 100 meals a day being delivered across the borough. We maintained this rate in June, July and August until the end of shielding. During this period we cooked and delivered 7905 two course meals. Meals were delivered by teams of volunteers who travelled across the borough. Volunteers also helped our staff prepare the large volume of food. We already had the expertise and experience to cater safely for all diets and allergy types. Meals were delivered between 12.30 and 1.30 and followed a two-week timetable.

In September we closed the kitchen for a week to catch our breath. We consulted with our meals' recipients to determine the next course of action. The feedback was that a cohort of isolated, mostly elderly and very frail people wanted the meals' service to continue. As well as the nutritious meals, they valued the daily visits from the drivers and the chance for a chat with the only persons they might see that day. A week later we launched the Eat Well For Less Service providing a two course meal delivered to the door at a subsidised rate of £4. However there were many mitigating circumstances where a household would not pay for meals, e.g. if they were self-isolating and without pay, if they could not afford to, if they were under financial stress because of Covid.

For the period September to March 2021, we cooked and delivered a further 2801 meals. During this financial year the kitchen cooked and the volunteers and staff delivered a staggering 10,706 meals.

A typical menu was sausage stretch, beef bourguignon, soup/roll/crumble, chicken curry and rice, cottage pie and veg, jacket cheese and beans, fish and chips, curry and rice, chicken pie, lasagne, or faggots. A dessert might be jam sponge and custard, fresh fruit salad, apple pie and cream, scones with jam and cream.

People were referred to us for a variety of reasons:
Was working as a carer but have lost her job and has been put on Universal Credit with a significant decrease in income, granddaughter drops off shopping but not regularly, no family, has no support, ex-husband does a bit of shopping now and then, struggling with a number of health issues, just had new hip, suffers with nerves and underactive thyroid, no family near, little family support, universal credit mix up and no money until it's sorted, has no help at all, finding it a bit of a struggle, no family near, benefit delays and low income, son does some shopping for them but works 12hr night shifts, usually have support but this is very limited at the moment due to family members shielding, son does shopping but is struggling due to ill health, sickness and low income, shielding, carers come only occasionally, lives with son whose on the autistic spectrum, son lives in Manchester so no support, niece has husband who is shielding so tries to get a bit of shopping but can't do much, recently separated from partner, struggling financially , neighbour concerned rang councillor, very vulnerable, son been doing shopping but had to self-isolate, victims of bank theft - massive impact on income, not entitled to Universal Credit, self-isolating while waiting for an operation, struggling financially due to furloughed, self-employed- low income, increased food bills and not received child support from children's father, bills have taken most of her money and is awaiting benefits, elderly son unable to help, very little mobility, daughter been caring for her but is now going back to work, job loss and benefit delay, husband has been furloughed so income has been cut, caring for blind daughter, shielding, granddaughter usually supports but shielding also, in ill health and relying on neighbours who are also ill to help with shopping, daughter shops but is lone parent of 3 children and finds it difficult.

Feedback from Eat well for less service
Having the meals have help me a lot, they have been a life line, when carers couldn't come to bring food having a hot meal every day has made a big difference, I'm actually eating meals, enjoyed the nicely cooked meals, the meals took the stress out of wondering what to cook, meals being delivered whilst self-isolating were extremely helpful, the food was varied and always nicely presented, I shall miss you, I spend most of my days indoors due to health issues, thanks for everything you all done, I cannot cook myself due to health, I really enjoyed the meals and especially the doorstep chat with the driver.

During the year 12 volunteers have given their time daily to prepare meals or deliver to the door. As cooked meals are not being delivered to all areas of the borough by other partner organizations, we also delivered meals as required to Gurnos and Galon Uchaf. Over the Christmas holiday period we provided frozen meals to residents to tide them over.

Meals are necessary for people who are too ill or too frail to cook. Food boxes and care bags provide food staples that require cooking skills to create a meal and often do not include fresh produce. The prepared meals prevent hunger and malnutrition in a highly vulnerable group of people. We are also able to make links between the youth programme and the meals programme - by sending pictures and letters of encouragement between the generations and this solidarity supports positive mental health.

3. Wellbeing and welfare

It is our purpose at the GFG to support everyone in Merthyr Tydfil to achieve their potential and achieve wellbeing. This aim could not have been more apposite during the pandemic.
As soon as we closed the offices we set up mobile phone lines and a face book page and kept lines of communication open to ward Councillors, agencies and residents. Requests for help and support came pouring in.
Working in partnership with other local groups, we identified our geographical area of focus and supported people in it. When it became clear that there were gaps in provision in Gurnos and Galon Uchaf and other areas of the borough we stepped in there too.
We made weekly welfare calls to 50 isolated and vulnerable residents. Older people who are isolated request this welfare call to promote their mental wellbeing and reduce feelings of isolation. We pass on useful information and other advice lines, telephone shopping numbers and check prescriptions are being delivered. For 11 of these residents we made regular prescription pickups.
We distributed baby food, nappies, baby and toddler clothing to 17 parents who found themselves unable to access these. Many thanks to the Jesus cares organization for supplying children's clothing and supplies.

We referred 71 residents for fuel vouchers to Citizen's Advice Bureau. We administered 82 Food Bank vouchers and made 25 emergency food drops from our own supplies. Once identified as being food insecure, households were invited to join our care bag and pantry membership.
We distributed 300 of Stephens and George's children's reading packs.
Working in partnership with MTCBC statutory services and social support workers, we identified vulnerable families in need of emergency aid. We wrapped around support by assisting with weekly food drops and applying for emergency grants to provide bedding, clothes, and essential household goods such as washing machines, cookers, bedroom furniture and tables and chairs. To assist this process we registered as a referral agency for BBC CIN Essentials, the Vicar's Fund, The Red Cross Hardship Fund and The Family Holiday Association. We made 9 successful applications for funds for essential goods and holidays from these schemes.
The youth team ring 80 young people weekly to check in that they are keeping active, keeping connected and keeping up with school. The children are from vulnerable families and the youth team are keeping an eye on the family circumstances to help ensure young people are safe. The youth team also provides the family with food vouchers and emergency care bags and access to other advice agencies. The impact of the welfare calls is to support the physical, emotional and mental wellbeing of venerable families, with a focus on older and younger people.
The youth team also developed a number of innovative intergenerational projects that brought isolated older and younger people together. At the start of the pandemic young people started a pen pal letter writing project with older residents to ease isolation and improve mental health. Letters were exchanged culminating in VE Day May 8th 2020 marking the 75th anniversary of the end of WW2. Residents old and young decorated the estate and older residents shared their war time stories.
At Christmas the youth of Gellideg, Trefechan and Twyncarmel excelled themselves. They wrapped 160 hampers with festive paper, helped fill the hampers with goodies, and added Christmas cards with poems written by themselves. These hampers were distributed to vulnerable households across the borough.
Young people also devised activity packs for older and isolated people who were going to spend Christmas alone. Using the budget available, they sourced items that would help mindfulness and bring distraction and pleasure - such as jigsaws and colouring books. Residents from across the borough were asked to nominate people to receive packs. 44 people were nominated, and the young people delivered them the surprise gifts just days before Christmas.
To thank the volunteers for all their work during the pandemic, young people from the photography club took photos of winter scenes and made cards for the volunteers who have delivered care bags and meals each week. Over 100 were sent.
Once shielding was lifted in August 2020 we started to focus our wellbeing support on the most vulnerable isolated elderly who continued to receive meals on a daily basis. We supported these residents as they came back and for from hospital and on two occasions were on hand to call an ambulance for medical assistance. For these most vulnerable residents, the social interaction on a daily basis, the chats and exchange of news, was an event to look forward to and a means of connecting with others and the wider world.
When lock down measures eased, we wrapped around the Eat Well For Less Meals Service a supported package of care to help community members become more active in their daily lives.
We supported residents on accompanied walks, trips on the bus, and supported trips to community centres. We helped over 50 people to become more independent, to find ways of accessing their food, walking on a regular basis, and connecting again with others. We offered virtual exercise classes and piloted supporting digitally excluded residents to become familiar with IT. We held Zoom chats, tried a virtual book club and virtual bingo, but in the older age group the virtual classes were no substitute for seeing people in person, albeit from the pavement or in the front garden, keeping a distance.

4. Youth

The youth team support young people aged 8 - 10 and 11 - 25 in the areas of Gellideg, Trefechan and Twyncarmel. These are areas of very high social deprivation, and we are the only youth provision in the area. We are funded by a Service Level Agreement from MTCBC, and this year we received 9 additional grants to supplement the core grant. Weekly we reach 136 young people.
We supported 202 young people, aged 11-25 (95 males and 107 females), and we engaged with 90, 8-10-year-olds, (58 girls and 32 boys). We operate 45 weeks of the year.
Despite restrictions with COVID-19, engagement continued via small group activities; telephone wellbeing calls, online virtual activities and weekly competitions, face to face small group sessions (when restrictions permitted it), walking groups and the sports lending library.
Staff used telephone calls as an opportunity to consult with young people about activities that they would benefit from them whether via online sessions
We held weekly competitions ranging from arts and crafts ideas to physical challenges.
Wellbeing workshops: targeting body image, keeping healthy in lockdown, using the internet safely, positive thinking, were all workshops suggested by young people involved in online sessions.
Our sports lending library enabled us to offer free sports and games equipment to young people to encourage physical activity and to increase motivation and fitness levels. This took place at least 3 times a week (once in each area) and allowed over 70 members to borrow items.
10 x Online Nature Sessions - distributing resource packs to participants relating to nature activities around Bee's, Butterflies and Bird Watching. These sessions encouraged online research and some outdoor fun young people could do on their own or with family members.

20 Coding sessions - Weekly sessions run on digital coding. 10 young people have taken part in over 20 sessions and have developed the skills and understanding of basics of coding.
10 x Champions for equality sessions - young girls eager to become champions for equality within their community have been taking part in weekly online session and face to face sessions. As a result, they have developed an understanding of some of the inequalities faced by girls and women in their communities and in the wider world. The project is ongoing in partnership with Plan UK and has enabled the girls to think about challenging the stereotypes girls are faced with in today's society. It also helps them to understand the importance of being heard and being part of decision-making processes.
Art sessions - this quarter we have included virtual arts and craft sessions around Chinese New Year, World book day (distributing 15 free books to young people) valentine crafts, mother's days, red nose day t shirt designs
Social clubs - bringing young people together via Zoom sessions in virtual social clubs i.e. Harry Potter theme night, Friends evening, various quizzes.
Activity packs and weekly quiz competitions - to promote wellbeing including drawing, creative writing etc.
Thanks to match funding from Fit & Fed and Street games we also distributed 50 sports bags supplied with various equipment to encourage fitness i.e. skipping ropes, juggling balls, ankle skip, catch and throw game etc
When restrictions allowed it, we also set up (on the request of young people) a walking group which focused on encouraging young people to increase their walking and work towards achieving a 500-mile goal.
Although our youth forum has been different this year, we still maintained 4 representatives who hold key roles on Gellideg youth forum and have continued to be actively involved in projects, whether online or face to face. They have attended all meetings and have been actively involved in projects such as film making, camera club exhibition and helping putting together and delivering packs to other young members.
We held 6 meetings throughout the year, 1 virtually and 5 face to face each providing an opportunity to discuss upcoming projects and delivery. Main topics of discussion included making a video on COVID and its impact on the community, expanding the sports lending library, organising a beach trip to lift everyone's spirits.
3 young people took leadership roles in organising a photo exhibition to showcase photos they had taken and documented the impact of COVID in Merthyr. The 3 girls planned and prepared the photo exhibition evening, inviting guests to come and view their chosen pieces - they ensured COVID safety measures were in planned the whole evening, from advertising, to setting up - the event was a big success.
They have also began helping run the sports lending library - coming in weekly to distribute sports and games equipment to members aged 8+. They oversee the signing in and out of equipment, help staff clean equipment and distribute membership forms to new members.
Our main focus was to try and keep young people engaged at some level, whether it be through online creative sessions, filming projects, walking club or other physical challenges.
Questionnaire feedback and verbal feedback from the young people showed that the programme delivery was effective and enjoyable throughout the year.
To date 30 young people have carried out volunteering duties for various occasions i.e. delivering activity packs, supporting staff to plan and deliver sessions, upkeep of the community/estates.
When restrictions allowed, opportunities offered included:
Volunteering in the community - 12 x young people took part in litter picking and planting within their community. Volunteering their time to keep the community clean of litter and to plant various bulbs in communal areas.
1 x young person volunteered her time to paint a piece for our 'UP' tree. A lengthy art project which was displayed at our community fields as a focal point of the project.
12 x young people volunteered their time to paint a canvas which was then donated to Greenfield Care Home - the canvas represented key workers and was put together as a collective piece which was displayed as a thank you to all those involved in keeping us safe.
5 x young people helped deliver activity packs to children and other youth members
Around 18 young people with learning difficulties continue to be supported throughout the year, through wellbeing calls, online sessions, the distribution of activity packs, access to the sports lending library as well as through small group sessions when restrictions allowed it.

5) Toddlers at Coed-y-Dderwen Pre-school

Toddlers at Coed-y-Dderwen is an independently constituted body from the GFG, employing staff in its own right to deliver pre-school provision for families on low incomes in the ward. However, the majority of the trustees are staff from the GFG and as well as providing governance support, we also give operational support on an almost daily basis. Twenty five 2 ½ to 3 ½ year olds receive nursery school provision daily in term time to ease their transition to school and support their early years development. The delivery of the Flying Stat nursery was disrupted this year because of Covid 19 restrictions. As the nursery is based at the local primary school until the Wellbeing centre is completed, the nursery followed the opening and shut down schedule of the school. Nursery staff stayed in contact with parents and provided action packs and telephone advice during lockdown periods.

6) Social Enterprises

At the start of the pandemic, we closed Cyfarthfa Catering's café in Merthyr Valleys Homes head office, . All year Ty Brychan staff have been focussing on cooking meals to be distributed cross the borough to vulnerable families.

The Environmental Task Force was furloughed until the end of September. Once the members of staff were vaccinated and robust protocols were in place, the team resumed activities. The team cleared houses and gardens for Merthyr Valleys Homes. We are registered with the Safe Contractor scheme and provide an excellent service, with all profits returned to the charity to support social projects.

7) Climate Action

Covid-19 is having a profound effect on our charity - the services we deliver, how we organise ourselves and how we interact with the community. We are seizing this opportunity to become more environmentally focused in how we deliver and operate. We have a duty as a charity and in line with our values of 'supporting disadvantaged people to achieve their potential' to reduce our carbon footprint and operate sustainably. One of our roles as a community organisation is to be a role model in the community - we know that if we model behaviour in our ways of working others will follow.
We received a Climate Action grant from The Community Fund to introduce new ways of organisational working in terms of running a paperless office, recycling effectively and reducing consumption. We received support from Renew Wales and Sustainable Communities Wales as well as Architype architects to improve our environmental practice.

8) Community participation, engagement and inclusion.

In the last 12 months, over 1500 people have benefitted from our activities. Volunteers contributed over 4000 hours this year to volunteering in activities which helped individuals and families through the pandemic.

Need and feed back
Many households found themselves in difficulty very quickly during lockdown. Residents had their income slashed when industries shut down (pubs, night clubs, hotels, entertainment providers). Households with children home-schooling found their bills go up as the children ate more at home. Support networks began to collapse as carers and neighbours who keep an eye on vulnerable residents and family members became ill themselves. People shielding or with family members who were shielding found that they could not go out easily. Shopping became hazardous because of the threat of transmission of the virus, and because there were long queues exacerbating the risk of becoming infected. Families who usually shopped around for bargains could no longer look for the cheapest products to make their income stretch. Being told to self-isolate, many workers found their hours cut with no recourse to supplementing the drop in income. Elderly, isolated people in poor mental and physical health and low income households with children are most at risk of food poverty.

9) Feedback

In August 2020 we sent questionnaires to 300 households in receipt of direct support, equating to over 800 people.
The feedback was that - 100% of responses (210 questionnaires to date) are overwhelmingly satisfied with the care bag service. The largest responses were - it's been a life saver, a huge help, meant the family could eat healthily. For families on free school meals, they found their bills went up when they were locked down - utility bill consumption went up and the care bags enabled these lower income families to have enough food for the children to eat while they were all at home. Having food delivered to the door also meant that access to the shop issues were eliminated, especially important for households shielding and /or for single parent households with many children.

We provided fresh fruit and vegetables and the feedback also mentioned that the range and choice was wide and surprising - a lot of families noted how much their children like fruit, to their surprise. The bags gave people the chance to try new produce and expand their range of foodstuffs. We also provided toiletries and cleaning products to encourage handwashing and hygiene practices to prevent the spread of the virus. These were all very well received.
Older residents living alone and without support have written explaining their gratitude and thanks for this support - which we extend to our funders. The volunteers arriving daily were their only contact with other people and provided structure to the day and the chance to see another face. Older people felt that someone cared about them and that they were not forgotten. The meals were a life saver for those who could not leave their homes and had no one to shop for them.

Fundraising activities
This year we have undertaken a colossal funding raising drive to meet the needs of the pandemic. We have successfully applied for and received 37 grants.

All our fundraising is done in house by the Manager.

FINANCIAL REVIEW

Reserves policy

Staffing levels - We employed 13 to the end of March 2021 (15 members of staff as at the 31st March 2020).

Debtors - Debtors include £25,000 of new build and landscaping monies, along with £48,300 Children in Need, £30,385 of Pre School recharge monies and other smaller grants totalling £19,345.

The new build debtors of £25,000 (2020: £25,000), although these are not income grants, they are restricted grants for the purpose of the new build.

Depreciation - Total depreciation in the year amounts to £5,881 (2020: £3,457) and although not a cash movement, it has still helped to reduce this year's surplus.

Reserves policy

We are working towards holding 12 months expenditure in reserve, which we anticipate to amount to £315,000 based on 2021 expenditure figures.

At present, the charity has £322,075 of unrestricted funds, however, £97,591 of these are tied up in fixed assets, leaving only £224,484 of cash and available reserves, this is therefore inadequate to meet the current reserves policy of £315,000. Hence a shortfall of unrestricted reserves at present of £90,516.

The trustees have authorised that any surplus of the unrestricted reserves can be used for any unrealized match funding for the Centre and for future fixture and fittings requirements for the Centre.

Restricted funds of £3,516,532 relate to the new build and are effectively tied up in the project alone.

FUTURE PLANS

We aim to continue to support the people of Merthyr Tydfil as best we can during the pandemic, responding to need whilst ensuring the safety of staff and volunteers.

In addition, we are waiting for the findings of WRW's monitoring of the water ingress in the Wellbeing Centre - once Building control are satisfied that the water ingress has been solved we will be able to achieve practical completion and move into the Wellbeing Centre.
In the meantime, Merthyr Valleys Hoes have requested that we vacate St Luke's and Heol Parc-y-lan by the end of April 2021 in order for them to demolish these premises within the timescale of a grant from Welsh Government. Although we have under 6 weeks to move premises, the trustees have agreed so that the residential development can progress on the estate for the benefit of all residents. GFG will operate temporarily from the MVH building, Calon Las as of May 2021.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Full membership of the Gellideg Foundation Group is open to anyone over 18 who lives within the area of benefit - the Gellideg estate, Merthyr Tydfil.
Anyone who is a full member of the Gellideg Foundation Group may put themselves forward to be a trustee.
Once in every calendar year a General Meeting is held - it is well publicised within Gellideg within a minimum of 21 days notice of the event. Full members of the GFG, present at the meeting, elect the organisations' honorary officers by way of a secret ballot. Information is provided to those interested in taking up office as trustee setting out the scope, responsibilities and duties of the post.
Names of any person or body entitled to appoint a trustee:
Full members of the GFG elect the Foundation's Officers - the Chair, Secretary and Treasurer as well as General
Trustees by a process of first past the post elections.
Induction and training of new trustees
Each trustee is guided through an induction programme that familiarises the trustee with the GFG policies, values and processes. The induction includes an overview of the organisation's aims and objectives, policies, values and ways of working, constitution, staff organogram and volunteer structure, financial processes, budgets and accounting procedures, programmes and projects, funding arrangements, key stakeholders, partners and boards we belong to, monitoring and evaluation systems, forecast of key events.
The induction includes on the job training, one to ones and the reading of relevant documents.
Organisational structure The GFG's Management Committee consists of its trustees. The management committee meets a minimum of once every six weeks to hear the report of the Manager. The Finance Manger presents the accounts to the Committee twice a year. The Management Committee is the GFG's strategic decision making body and governing board. It oversees the strategic direction of the organisation, and is responsible for ensuring its operations adhere to the GFG's constitution, aims and objectives and charitable law.
Lloyds Foundation are assisting the GFG with recruiting new Trustees, a process that will begin in the next financial year.

As a requirement of funding, GFG has been audited by several funders and consistently been found to operate sound financial practice.

Wider network

We have been able to respond so quickly and comprehensively to the pandemic because of the strong partnerships we already had and the new partnerships that have been created during the crisis.
We are an established charity in Merthyr Tydfil with experience and expertise in partnership working, collaboration, sharing resources and information. We were aware from the outset that there was potential for overlap and duplication of support from among the various delivery providers operating in Merthyr Tydfil. We joined the MTCBC Covid emergency response group and as an active member, suggested defining geographical areas of delivery and sharing resources through referrals to avoid duplication.

Partners of the Third Sector /MTCBC Covid response steering group include local Councillors, Voluntary Action Merthyr Tydfil, housing associations including Merthyr Housing Association, Merthyr Valleys Homes, community groups such as Twyn Community Action, Stevens and George and Hope Church, Food Bank, CAB, and Cwm Taf Morgannwg.

Partners have referred residents to us for assistance as we have referred requests for support to others. We were able to respond to local Authority and statutory requests to deliver meals to older residents, and we took referrals from the Prince Charles Hospital, Councillors and Social Services to provide support to Gurnos and Galon Uchaf. Community members are referred to us from partners, GPs, statutory support services, care homes, schools, voluntary sector organisations and umbrella bodies. We actively advertise for participants across social media, poster and leaflets, through schools and partners, letter drops and by word of mouth. We proactively target people on low incomes, in poor mental and physical health and with learning difficulties. We will continue to support local people and adapt to the circumstances that we find ourselves in, helping others to be safe and resilient.

Partners have assisted us in finding volunteers, in particular VAMT and The British Red Cross. Merthyr Valleys Homes have also been very supportive in giving us use of their kitchen which we have re-purposed into a community canteen.
Partners who have assisted us in sourcing subsidized or free surplus food include: Fare Share Cymru, Fare Share Go, Tesco Abergavenny, Waitrose Abergavenny, Asda Merthyr Tydfil, Morrisons Abergavenny, In Kind direct

During this period we have been supported by Lloyds Foundation and their Enhance programme. The Enhance programme has given us access to Business management advice from Abi Tweed and access to professional support in buildings management and HR.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
04681301 (England and Wales)

Registered Charity number
1110453

Registered office
The Wellbeing Centre Canol-Y-Bryn
Heol Tai Mawr
Merthyr Tydfil
CF48 1ND

Trustees
Miss A Howe Law Student
Mrs S Northall Civil Servant
Mrs M J Owen Director

Auditors
FCA
James de Frias Limited
Chartered Accountants
Statutory Auditors
Llanover House
Llanover Road
Pontypridd
Mid Glamorgan
CF37 4DY

Bankers
Lloyds Bank Plc
Merthyr Branch
69 High Street
MERTHYR TYDFIL
CF47 8UH

Solicitors
Geldards
Dumfries House
Dumfries Place
Cardiff
CF10 3ZF

Key and senior staff
Colette Watkins and Helen Buhaenko - Managers of the Gellideg Foundation Group.
Amanda Jenkins - Finance Manager
Michelle Roberts - Youth Programme Manager

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Gellideg Foundation Community Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, James de Frias Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 17/12/21 and signed on its behalf by:

S Northall

Mrs S Northall - Trustee

Report of the Independent Auditors to the Trustees of Gellideg Foundation Community Association

Opinion
We have audited the financial statements of Gellideg Foundation Community Association (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:
- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion
We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern
In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information
The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception
We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:
- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees
As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Report of the Independent Auditors to the Trustees of Gellideg Foundation Community Association

Our responsibilities for the audit of the financial statements
We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Discussions with and enquiries of Trustees and those charged with governance were held with a view to identifying those laws and regulations that could be expected to have a material impact on the financial statements. During the engagement team briefing, the outcomes of these discussions and enquiries were shared with the team, as well as consideration as to where and how fraud may occur in the entity.

The following laws and regulations were identified as being of significance to the entity:
- Those laws and regulations considered to have a direct effect on the financial statements include UK financial reporting standards, the Companies Act 2006, Charities Act 2011, Tax and Pensions legislation.
- Those laws and regulations for which non-compliance may be fundamental to the operating aspects of the business and therefore may have a material effect on the financial statements include licencing laws, health and safety legislation.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: Enquiries of Trustees as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; review the performance of analytical review to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the Company's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report
This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

James de Frias Limited
Chartered Accountants
Statutory Auditors
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Llanover House
Llanover Road
Pontypridd
Mid Glamorgan
CF37 4DY

Date: .....

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Statement of Financial Activities for the Year Ended 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	**117,088**	**417,007**	**534,095**	240,290
Other trading activities	3	**24,792**	**-**	**24,792**	21,440
Total		**141,880**	**417,007**	**558,887**	261,730
EXPENDITURE ON					
Raising funds	4	**(7,950)**	**40,516**	32,566	(23,067)
Charitable activities	5				
General		**8,303**	**309,698**	**318,001**	278,539
Total		**353**	**350,214**	350,567	255,472
NET INCOME		**141,527**	**66,793**	208,320	6,258
RECONCILIATION OF FUNDS					
Total funds brought forward		**180,548**	**3,456,903**	**3,637,451**	3,631,193
TOTAL FUNDS CARRIED FORWARD		**322,075**	**3,523,696**	**3,845,771**	3,637,451

The notes form part of these financial statements

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Statement of Financial Position
31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
FIXED ASSETS					
Tangible assets	11	**97,591**	**3,056,103**	**3,153,694**	3,161,616
CURRENT ASSETS					
Debtors	12	**55,030**	**68,000**	**123,030**	**146,006**
Cash at bank		**188,342**	**399,595**	**587,937**	**345,215**
		243,372	**467,595**	**710,967**	491,221
CREDITORS					
Amounts falling due within one year	13	**(18,889)**	**(1)**	**(18,890)**	(15,386)
NET CURRENT ASSETS		**224,483**	**467,594**	**692,077**	475,835
TOTAL ASSETS LESS CURRENT LIABILITIES		**322,074**	**3,523,697**	**3,845,771**	3,637,451
NET ASSETS		**322,074**	**3,523,697**	**3,845,771**	3,637,451
FUNDS	14				
Unrestricted funds				**322,074**	180,548
Restricted funds				**3,523,697**	3,456,903
TOTAL FUNDS				**3,845,771**	3,637,451

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

.....
M J Owen - Trustee

The notes form part of these financial statements

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Statement of Cash Flows for the Year Ended 31 March 2021

	Notes	31.3.21 £	31.3.20 £
Cash flows from operating activities			
Cash generated from operations	1	**232,730**	(70,318)
Net cash provided by/(used in) operating activities		**232,730**	(70,318)
Cash flows from investing activities			
Purchase of tangible fixed assets		**(27,008)**	(50,996)
Sale of tangible fixed assets		**37,000**	95,471
Net cash provided by investing activities		**9,992**	44,475
Change in cash and cash equivalents in the reporting period		**242,722**	(25,843)
Cash and cash equivalents at the beginning of the reporting period		**345,215**	371,058
Cash and cash equivalents at the end of the reporting period		**587,937**	345,215

The notes form part of these financial statements

Notes to the Statement of Cash Flows for the Year Ended 31 March 2021

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.21 £	31.3.20 £
Net income for the reporting period (as per the Statement of Financial Activities)	**208,320**	6,258
Adjustments for:		
Depreciation charges	**5,881**	3,457
Profit on disposal of fixed assets	**(7,950)**	(34,571)
Decrease/(increase) in debtors	**22,976**	(51,647)
Increase in creditors	**3,503**	6,185
Net cash provided by/(used in) operations	**232,730**	(70,318)

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.20 £	Cash flow £	**At 31.3.21 £**
Net cash			
Cash at bank	**345,215**	**242,722**	**587,937**
	345,215	**242,722**	**587,937**
Total	**345,215**	**242,722**	**587,937**

The notes form part of these financial statements

Notes to the Financial Statements for the Year Ended 31 March 2021

1. ACCOUNTING POLICIES

Organisational status
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The organisation is an incorporated charity, registered at both Companies House and at the Charity commission. The trustees are set out on page 1 and they form a board of trustees (and directors) which is the executive body of the charity, the aims and objectives and rules for governance are set out in the charities constitution.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Short leasehold	- 2% on cost
Plant and machinery	- 25% on cost

Assets under construction are not subject to depreciation, until the asset is completed and then falls under the standard Freehold depreciation policy of 2% on cost per annum.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Trade debtors
Trade debtors are measured at cost and include grants receivable.

continued...

2. DONATIONS AND LEGACIES

	31.3.21	31.3.20
	£	£
Donations	860	-
Grants	533,235	240,290
	534,095	240,290

continued...

2. DONATIONS AND LEGACIES - continued

Grants received, included in the above, are as follows:

		31.3.21 £	31.3.20 £
Merthyr Tydfil CBC	Youth Legacy Fund SLA	77,500	75,000
Voluntary Action Merthyr Tydfil	ICF Transformation Programme	5,000	-
Wales Council for Voluntary Action	Third Sector Resilience	15,000	-
Voluntary Action Merthyr Tydfil	ICF Community Capacity (Dementia)	-	7,000
Wales Council for Voluntary Action	VSEF small grants	59,399	-
Merthyr Valley Homes	Green spaces SLA	34,299	34,330
Merthyr Valley Homes	Wellbeing Nutrition	-	3,296
Merthyr Valley Homes	Holiday Hunger	4,125	-
Merthyr Valley Homes	Wellbeing	20,000	-
Merthyr Valley Homes	Covid-19 Grants	5,000	-
Community Foundation Wales	Community Foundation Wales Covid grant	5,000	-
National Lottery Awards for All Wales	Awards for All - Community Events	-	9,650
Interlink RCT ICF Medium Grant Scheme	Youth Mental Health	-	10,000
Biffa	Wellbeing Centre	-	980
Neighbourly Community Fund	Community Food	-	400
Voluntary Action Merthyr Tydfil	Voluntary Action Services emergency food	3,000	-
The Moondance Foundation	Moondance Covid-19 Relief Fund	10,000	-
Merthyr Tydfil County Borough Council	Welsh Government Rural Communities - Leader 2014-2020	29,037	-
ICF Third Sector Grant Scheme	ICF Third Sector Grant Scheme to support Covid 19	-	446
The Lord Barnby Foundation	Older Age Support	-	2,000
South Wales Police and Crime Commissioner's Victims Fund	Wellbeing Sessions	-	10,000
Community Foundation Wales	The Children and Young People's Fund	-	3,960
ICF Third Sector small grant scheme	ICF Small Grant Scheme	-	2,715
ICF Third Sector micro grant scheme	ICF Micro Grant Scheme	-	488
The National Lottery Community Fund	People and Places top up fund	39,556	-
The National Lottery Community Fund	Awards for all	10,000	-
The National Lottery Community Fund	Climate Action Boost	20,000	-
Voluntary Action Merthyr Tydfil	Comic Relief Intergenerational project	1,000	-
Voluntary Action Merthyr Tydfil	Third Sector small capital grant	700	-
Voluntary Action Merthyr Tydfil	Self Isolation Support	5,000	-
Voluntary Action Merthyr Tydfil	Welsh Government Equipment for volunteering	10,000	-
Voluntary Action Merthyr Tydfil	Coronavirus Recovery Grant	8,200	-
Voluntary Action Merthyr Tydfil	ICF Winter Protection Grant	10,640	-
Voluntary Action Merthyr Tydfil	Welsh Government Volunteering Grant	2,136	-
Merthyr Tydfil County Borough Council	Playwork Capital Grant	1,350	-
Merthyr Tydfil County Borough Council	Youth Homelessness	-	3,082
Merthyr Tydfil County Borough Council	Youth Holiday Hunger	-	1,512
Wales Council for Voluntary Action	VSRF Small Grants VSEF 024568	65,240	-
VAMT Volunteering Wales	Youth Grant	-	2,631
Rotary Club of Merthyr Tydfil		-	600
Merthyr Tydfil County Borough Council	Street Games	900	900

continued...

2. DONATIONS AND LEGACIES - continued

Merthyr Tydfil County Borough Council	Street Games	500	-
Merthyr Tydfil County Borough Council	Covid-19 Rates Rebate	28,000	-
The Edward Gostling Foundation	The Edward Gostling Foundation	10,000	-
Groundwork Tesco Bags of Help	Covid-9 Community Fund	500	-
Martin Lewis	Martin Lewis Coronavirus Charity Fund	5,253	-
BBC Children in Need	BBC CIN Top up	5,000	-
Merthyr Tydfil Housing Association	Fit and Fed Programme	800	-
Clothworkers' Foundation	Capital Grant	9,700	-
Neighbourly Community Fund	Neighbourly Community Fund Grant	400	-
Lloyds Bank Foundation	Lloyds foundation Covid Recovery grant	25,000	-
Western Power	Western Power Grant	6,000	-
		533,235	240,290

3. OTHER TRADING ACTIVITIES

	31.3.21 £	31.3.20 £
Other income	**24,792**	**21,440**

4. RAISING FUNDS

During the year, the charity sold a property "The Action Centre" for the sum of £37,000.
The charity made a profit on the sale of this property of £7,950.

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
General	**305,544**	**12,457**	**318,001**

6. SUPPORT COSTS

Governance costs	**2021**	**2020**
Audit fees	**8,190**	**8,190**

7. NET INCOME/(EXPENDITURE)

	31.3.21 £	31.3.20 £
Depreciation - owned assets	**5,881**	**3,457**

continued...

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

9. STAFF COSTS

	31.3.21	31.3.20
	£	£
Gross Wages	182,923	149,554
Social Security	12,667	9,827
	195,590	159,381

The average monthly number of employees during the year was 13 (2020: 15).

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	6,189	234,101	240,290
Other trading activities	20,335	1,105	21,440
Total	26,524	235,206	261,730
EXPENDITURE ON			
Raising funds	(23,313)	246	(23,067)
Charitable activities			
General	118,828	159,711	278,539
Total	95,515	159,957	255,472
NET INCOME/(EXPENDITURE)	(68,991)	75,249	6,258
RECONCILIATION OF FUNDS			
Total funds brought forward	249,540	3,381,653	3,631,193
TOTAL FUNDS CARRIED FORWARD	180,549	3,456,902	3,637,451

continued...

11. TANGIBLE FIXED ASSETS

	Freehold property £	Short leasehold £	Asset under Construction £	Plant and machinery £	Totals £
COST					
At 1 April 2020	**57,000**	**10,000**	**3,099,101**	**49,955**	**3,216,056**
Additions	**-**	**-**	**17,315**	**9,693**	**27,008**
Disposals	**(35,000)**	**-**	**-**	**-**	**(35,000)**
At 31 March 2021	**22,000**	**10,000**	**3,116,416**	**59,648**	**3,208,064**
DEPRECIATION					
At 1 April 2020	**7,499**	**1,500**	**-**	**45,441**	**54,440**
Charge for year	**1,000**	**200**	**-**	**4,680**	**5,880**
Eliminated on disposal	**(5,950)**	**-**	**-**	**-**	**(5,950)**
At 31 March 2021	**2,549**	**1,700**	**-**	**50,121**	**54,370**
NET BOOK VALUE					
At 31 March 2021	**19,451**	**8,300**	**3,116,416**	**9,527**	**3,153,694**
At 31 March 2020	49,501	8,500	3,099,101	4,514	3,161,616

The charity is currently building its own "Wellbeing Centre", at a total cost of £3,697,530.

As at the 31st March 2021, costs have been incurred to date of £3,116,416 and these costs are shown on the balance sheet as "Asset under Construction", a further amount of £150,000 was incurred in fees in 2016 and £189,000 in fees in 2015, these fees were written off as expenditure as they were incurred.

It is expected that the project will be completed by Winter 2021, at a total cost of £3,697,530, broken down as follows:

31/03/2015	£189,000 Fees Written off in 2015 Accounts
31/03/2016	£150,000 Fees Written off in 2016 Accounts
31/03/2017	£1,427,826 Building costs incurred in 2017
31/03/2018	£803,268 Building costs incurred in 2018
31/03/2019	£817,011 Building costs incurred in 2019
31/03/2020	£50,996 Building costs incurred in 2020
31/03/2021	£17,315 Building costs incurred in 2021
31/03/2022	£242,114 To be incurred in 2022 accounts.
Total(s)	£3,697,530

The charity have secured funding for the total of £3,697,530, with the balance of £25,000 is due to be received in the year to 31st March 2022, but has been included within these 2021 accounts as debtors.

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Trade debtors	**123,030**	**146,006**

Included within "Trade Debtors" is an amount of £25,000, which relates to grants receivable for the new build / "Assets under Construction".

continued...

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21	31.3.20
	£	£
Trade creditors	10,310	7,196
Accrued expenses	8,580	8,190
	18,890	15,386

14. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	At 31.3.21
	£	£	£
Unrestricted funds			
General fund	180,548	141,526	322,074
Restricted funds			
Toddlers @ Coed-Y-Dderwen	1,105	(1,105)	-
The National Lottery Community Fund	4,806	(4,806)	-
Wellbeing Centre	3,375,501	-	3,375,501
BBC Children in Need	71,300	(4,265)	67,035
Crime Commissioner's Victims Fund	663	(663)	-
Awards for All	-	8,214	8,214
Merthyr Youth Service	3,082	(1,860)	1,222
ICF Third Sector - Covid-19	446	(446)	-
WCVA Recovery	-	43,629	43,629
Climate Action Boost	-	20,000	20,000
The Clothworkers' Foundation	-	8,096	8,096
	3,456,903	66,794	3,523,697
TOTAL FUNDS	3,637,451	208,320	3,845,771

continued...

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	**141,880**	**(354)**	**141,526**
Restricted funds			
Toddlers @ Coed-Y-Dderwen	**-**	**(1,105)**	**(1,105)**
The National Lottery Community Fund	**-**	**(4,806)**	**(4,806)**
BBC Children in Need	**5,000**	**(9,265)**	**(4,265)**
MTCBC Legacy Fund	**77,500**	**(77,500)**	**-**
VAMT (Dementia)	**3,000**	**(3,000)**	**-**
Crime Commissioner's Victims Fund	**-**	**(663)**	**(663)**
Awards for All	**10,000**	**(1,786)**	**8,214**
ICF Small Grant Scheme	**700**	**(700)**	**-**
Merthyr Youth Service	**-**	**(1,860)**	**(1,860)**
ICF Third Sector - Covid-19	**-**	**(446)**	**(446)**
People and Places	**39,556**	**(39,556)**	**-**
Transformation	**5,000**	**(5,000)**	**-**
3rd Sector	**15,000**	**(15,000)**	**-**
WVCA VSEF	**59,399**	**(59,399)**	**-**
Com Found Wales	**5,000**	**(5,000)**	**-**
Moon Dance	**10,000**	**(10,000)**	**-**
Awards for All	**1,000**	**(1,000)**	**-**
RDP	**29,037**	**(29,037)**	**-**
Youth Street Games	**500**	**(500)**	**-**
WCVA Recovery	**65,240**	**(21,611)**	**43,629**
VAMT Self Isolation	**5,000**	**(5,000)**	**-**
Lloyds Bank Foundation	**24,999**	**(24,999)**	**-**
Climate Action Boost	**20,000**	**-**	**20,000**
VAMT Winter Protection	**10,640**	**(10,640)**	**-**
VAMT Recovery and Equipment	**20,336**	**(20,336)**	**-**
The Clothworkers' Foundation	**9,700**	**(1,604)**	**8,096**
Neighbourly Community Fund	**400**	**(400)**	**-**
	417,007	**(350,213)**	**66,794**
TOTAL FUNDS	**558,887**	**(350,567)**	**208,320**

continued...

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	249,540	(68,992)	180,548
Restricted funds			
Toddlers @ Coed-Y-Dderwen	-	1,105	1,105
The National Lottery Community Fund	-	4,806	4,806
Youth	552	(552)	-
Wellbeing Centre	3,375,501	-	3,375,501
BBC Children in Need	-	71,300	71,300
VAMT (Dementia)	5,600	(5,600)	-
Crime Commissioner's Victims Fund	-	663	663
Merthyr Youth Service	-	3,082	3,082
ICF Third Sector - Covid-19	-	446	446
	3,381,653	75,250	3,456,903
TOTAL FUNDS	3,631,193	6,258	3,637,451

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	26,524	(95,516)	(68,992)
Restricted funds			
Toddlers @ Coed-Y-Dderwen	1,105	-	1,105
MVH Communal	34,330	(34,330)	-
The National Lottery Community Fund	9,650	(4,844)	4,806
Youth	2,631	(3,183)	(552)
BBC Children in Need	71,300	-	71,300
MTCBC Legacy Fund	74,999	(74,999)	-
VAMT (Dementia)	7,000	(12,600)	(5,600)
Crime Commissioner's Victims Fund	10,000	(9,337)	663
Interlink RCT ICF	10,000	(10,000)	-
Community Foundation Wales	3,960	(3,960)	-
Rotary Club of Merthyr Tydfil	600	(600)	-
Lord Barnby Foundation	2,000	(2,000)	-
ICF Micro Grant	488	(488)	-
ICF Small Grant Scheme	2,715	(2,715)	-
Youth Sports Programme	900	(900)	-
Merthyr Youth Service	3,082	-	3,082
ICF Third Sector - Covid-19	446	-	446
	235,206	(159,956)	75,250
TOTAL FUNDS	261,730	(255,472)	6,258

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	249,540	72,534	322,074
Restricted funds			
Youth	552	(552)	-
Wellbeing Centre	3,375,501	-	3,375,501
BBC Children in Need	-	67,035	67,035
VAMT (Dementia)	5,600	(5,600)	-
Awards for All	-	8,214	8,214
Merthyr Youth Service	-	1,222	1,222
WCVA Recovery	-	43,629	43,629
Climate Action Boost	-	20,000	20,000
The Clothworkers' Foundation	-	8,096	8,096
	3,381,653	142,044	3,523,697
TOTAL FUNDS	3,631,193	214,578	3,845,771

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	168,404	(95,870)	72,534
Restricted funds			
Toddlers @ Coed-Y-Dderwen	1,105	(1,105)	-
MVH Communal	34,330	(34,330)	-
The National Lottery Community Fund	9,650	(9,650)	-
Youth	2,631	(3,183)	(552)
BBC Children in Need	76,300	(9,265)	67,035
MTCBC Legacy Fund	152,499	(152,499)	-
VAMT (Dementia)	10,000	(15,600)	(5,600)
Crime Commissioner's Victims Fund	10,000	(10,000)	-
Awards for All	10,000	(1,786)	8,214
Interlink RCT ICF	10,000	(10,000)	-
Community Foundation Wales	3,960	(3,960)	-
Rotary Club of Merthyr Tydfil	600	(600)	-
Lord Barnby Foundation	2,000	(2,000)	-
ICF Micro Grant	488	(488)	-
ICF Small Grant Scheme	3,415	(3,415)	-
Youth Sports Programme	900	(900)	-
Merthyr Youth Service	3,082	(1,860)	1,222
ICF Third Sector - Covid-19	446	(446)	-
People and Places	39,556	(39,556)	-
Transformation	5,000	(5,000)	-
3rd Sector	15,000	(15,000)	-
WVCA VSEF	59,399	(59,399)	-
Com Found Wales	5,000	(5,000)	-
Moon Dance	10,000	(10,000)	-
Awards for All	1,000	(1,000)	-
RDP	29,037	(29,037)	-
Youth Street Games	500	(500)	-
WCVA Recovery	65,240	(21,611)	43,629
VAMT Self Isolation	5,000	(5,000)	-
Lloyds Bank Foundation	24,999	(24,999)	-
Climate Action Boost	20,000	-	20,000
VAMT Winter Protection	10,640	(10,640)	-
VAMT Recovery and Equipment	20,336	(20,336)	-
The Clothworkers' Foundation	9,700	(1,604)	8,096
Neighbourly Community Fund	400	(400)	-
	652,213	(510,169)	142,044
TOTAL FUNDS	820,617	(606,039)	214,578

continued...

15. RELATED PARTY DISCLOSURES

Staffing costs are being paid by the CIC during the year.

Any profits made in the "Environment Taskforce CIC" , are transferred back to Gellideg via management charges.

During the year, total paid by Gellideg from the CIC of £9,642 (2020: £48,000).

As at the year end £3,825 (2020: £13,467) remained outstanding.

The trustees of Gellideg are also the directors of the CIC (Community Interest Company), which is a not for profit organisation, with all its surpluses being transferred back to Gellideg at the end of the financial year.

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	860	-
Grants	533,235	240,290
	534,095	240,290
Other trading activities		
Other income	24,792	21,440
Total incoming resources	558,887	261,730
EXPENDITURE		
Other trading activities		
Consumables	40,516	11,504
Loss on sale of tangible fixed assets	(7,950)	(34,571)
	32,566	(23,067)
Charitable activities		
Wages	182,923	149,553
Social security	12,667	9,827
Preschool Wages	55,328	62,120
Preschool Wages (Recharged)	(55,328)	(62,120)
Equipment hire	2,278	-
Rent, rates and water	2,597	2,934
Insurance	6,402	6,973
Light and heat	3,468	11,433
Telephone	5,389	3,461
Postage and stationery	1,499	1,038
Sundries	2,756	1,940
Travel and subsistence	13,492	6,734
Computer IT costs	6,023	2,974
Activities	56,830	16,064
Repairs and maintenance	2,429	1,232
Management fees	-	48,001
Pensions	910	3,768
Freehold property Depreciation	1,000	1,000
Leasehold depreciation	200	200
Plant & machinery depreciation	4,681	2,257
	305,544	269,389
Support costs		
Finance		
Bank charges	109	30
Governance costs		
Auditors' remuneration	8,190	8,190
Accountancy fees	540	-
Legal fees	3,618	930
	12,348	9,120

GELLIDEG FOUNDATION COMMUNITY ASSOCIATION

Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
Total resources expended	**350,567**	255,472
Net income	**208,320**	6,258