

A circular photograph showing the back of two women embracing. The woman on the right has long dark hair and is wearing a red top. The woman on the left has blonde hair and is wearing a light-colored top with sunglasses perched on her head. The background is a warm, orange-toned outdoor setting.

Trustees' Report and Financial Statements

for the year ended 31 December 2022

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REFERENCE AND ADMINISTRATIVE INFORMATION

Presidents

The Rt Hon Sir Mark Waller
Lady Waller OBE

Trustees

R B Waller KC, Chairman
G C R Booth, FCA, Treasurer
Dr N I Broughton
D Colbourne (appointed 10 June 2022)
M C Cole-Fontayn
W P de Laszlo
M Durden-Smith
Dr M S Fazel
J B N Hay
C P S Lytle
J D G Murray
K A Tait
P G Waller
I G Weatherby

Board Advisers

Professor David Clark
Lord Crisp KCB
Lord Layard
Dr Denise Meyer
Dr Suzanna Rose
Sir Anthony Seldon
Professor R L Shafran
Professor Sir Simon Wessely

Patrons

Alexander Armstrong
Gordon Black CBE
Louise Black
The Hon. Mrs de Laszlo
Neil Durden-Smith OBE
Nigel Gray
Professor Steven Hollon
Ian McIntosh
Mary Nightingale
Susan Shenkman
Phoebe Waller-Bridge
Anthony West
Michael Whitfeld

Independent auditors

Critchleys Audit LLP, Beaver House,
23-38 Hythe Bridge Street, Oxford, OX1 2EP

Investment advisors

J.M. Finn & Co., 25 Copthall Avenue, London,
EC2R 7AH

Bankers

CAF Bank Limited, 25 Kings Hill Avenue, Kings
Hill, West Malling, Kent ME19 4TA

Registered office

First Floor, 23 Kingfisher Court, Newbury,
Berkshire, RG14 5SJ

Company registered number

5447902

Charity registered number

1109984

INTRODUCTION FROM THE CHAIRMAN AND CEO

2022 was an important year of development for the Trust as we grew our income, charitable activity and impact 25 years after we were founded, following the tragic loss of Charlie to suicide.

It was also a year in which the longer-term impact of the coronavirus pandemic on some children and their families and on the education system in general became increasingly clear. Children were, in the main, delighted to go back to school in 2022. However, teachers and support staff in schools reported high levels of stress and those children who were more vulnerable to mental health problems prior to the pandemic continued to fare less well than their peers on returning to school.

The NHS digital study¹ highlighted some very concerning increases in probable mental disorders amongst 17 – 19 year olds, rising from one in six in 2021 to one in four in 2022.

This was set in the context of global climate change, war and significant increases in the cost of living. Children and young people were inevitably affected by this with many displaying signs of stress, worry and anxiety as a result.

The Charlie Waller Trust's work to improve the mental health and wellbeing of children, young people and their parents, teachers and employers needs to speak directly to these challenges and maintain a position of hope and optimism.

A highlight of our work in 2022 was to run the first ever parent/carer peer support course, in partnership with the Charlie Waller Institute and The Cellar Trust. The concept of parents and carers with lived experience being a part of local mental health services came from members of the PLACE Network, a national network of parent/carer peer support groups that the Trust hosts and facilitates.

The Trustees are committed to expanding our work to ensure that parents and carers of children with a mental health problem get support at the right time and in a way that meets their needs. Training parents and carers with lived experience is an important first step in gaining recognition that parent and carer peer support workers should be part of children and young people's mental health services in each local area.

We are so grateful to all our funders and supporters for enabling us to increase our income in 2022. This will ensure that we can continue to make a positive impact in 2023 and beyond.



Richard Waller KC
Chair



Clare Stafford
CEO

1. 'Mental Health of Children and Young People in England, 2022 - wave 3 follow up to the 2017 survey' NHS Digital, November 2022



TRUSTEES' REPORT

The Trustees (who are also the directors of the charity for the purposes of the Companies Act) are pleased to present their statutory report together with the audited financial statements of The Charlie Waller Trust ('the Trust') for the year ended 31 December 2022.

The report has been prepared in accordance with Part 8 of the Charities Act 2011 and it is also the report of the directors for the purposes of the Companies Act 2006. The financial statements have been prepared in accordance with the accounting policies set out on pages 31 to 33 and comply with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), effective from accounting periods commencing 1 January 2019 or later.

OBJECTIVES AND ACTIVITIES

What we do

The Charlie Waller Trust was set up by the Waller family in 1997 after Charlie tragically took his own life at the young age of 28. We provide mental health training, resources and consultancy with a focus on children and young people. Our expert trainers give parents, carers, teachers and employers the skills and confidence to spot signs of mental ill health and support young people to seek help. We work in schools, colleges, universities and workplaces throughout the UK. All our work is evidence-based and most of it is offered free of charge. 'Charlie Waller Workplace' is distinct from our other areas of charitable activity as it is a paid for, commercial offer that provides expert training and consultancy to recognise and address mental health issues in individuals, in teams and in organisations.

Charlie's story sits at the heart of the charity and we strive to ensure young people's voices are heard throughout our work.

How we work

We are:

Positive: We focus on increasing wellbeing, early intervention and the importance of offering hope.

Proven: Our consultancy, training and resources (printed and digital publications) are all evidence-based.

Practical: We give people workable strategies and tools to care for their mental health and support others.

Purposeful: Our work is targeted on where we can have the most impact.

Our overarching mission is to educate young people – and those with responsibility for them, notably parents and carers, teachers, college and university staff, and employers – about their mental health and wellbeing.

We aim to improve their understanding of mental health, to give them the knowledge and skills to support themselves and look out for those around them, and to give them greater confidence in talking openly about the subject.

By enabling more open and better-informed conversations, we aim to further reduce the stigma that still surrounds mental health. Our focus is on supporting all young people, throughout their journey from primary school age to the early years of their working lives, and on understanding the crucial role that parents, carers and families play in this. We also recognise that some children and young people have increased vulnerability to mental health problems for reasons of social and economic disadvantage, sexuality, race or disability.

In 2022 the Trust focused on parent and carer peer support and made significant strides in developing the role of parent/carer peer support as part of local mental health provision, in particular giving parents and carers the training and support they need to be credible, respected and effective in their role. Our vision is that:

- Every parent and carer with a child or young person with mental health issues gets the support they need, when they need it.
- Parents, carers, professionals and commissioners create needs-led support that is fully funded and part of the overall local offer.

We continued to deliver training to schools, colleges, universities and workplaces both in person and digitally and furthered our impact by partnering with other charities, delivering commissioned projects and placing the lived experience voice at the heart of our work.

The Charities Act requires the Trustees, in exercising their powers or duties, to have due regard to the public benefit guidance published by the Charity Commission. The Trustees are mindful of this obligation and refer to the guidance when reviewing the Trust's aims and objectives and in planning future activities. In particular, they have considered how planned activities will contribute to the aims and objectives, as described in this report.

The Trustees, supported by the CEO and wider team, decided to focus more of the Trust's charitable activity in the area of parent and carer peer support in 2022. This was in response to there being some key gaps in how parents and carers are able to access support, and increased feelings of isolation, hopelessness and distress when they try to support a child with mental health problems. Additional strain has been put on families and communities as a result of the increased cost of living, the legacy of the pandemic and the fact that specialist services are under extreme pressure of demand. Placing lived experience and co-production at the heart of this work, the Trust made significant progress in parent and carer peer support in 2022, and has ambitious plans for 2023 onwards.

The objectives of the Trust are as follows:

- Raising awareness and providing information on depression and related mental health problems.
- Equipping young people to look after their mental wellbeing.
- Helping people to recognise the signs of depression and related mental health problems in themselves and others so they know when to seek help.
- Ensuring expert and evidence-based help is available when people need it.

We do this by:

- Delivering talks, education and training in schools, helping staff, pupils and parents learn how to stay mentally well.
- Working in partnership with universities and colleges, helping them identify what they do well in relation to student mental health and how they can improve.
- Providing education and training to nurses and allied healthcare professionals in identifying and supporting those with mental health problems.
- Supporting research and teaching via the Chair in Evidence-based Psychological Treatments at the Charlie Waller Institute at the University of Reading.
- Supporting parents and carers who have a child experiencing mental health problems, with parents and carers co-producing everything as equals.
- Offering employers practical, evidence-based consultancy, training and support in mental health through Charlie Waller Workplace.

Our values

We work in a way which is:

- **Warm:** Positive personal connections are central to mental health.
- **Empowering:** We support people to fulfil their potential.
- **Collaborative:** Partnership and cooperation are at the core of our work.
- **Compassionate:** We recognise vulnerability in ourselves and others.
- **Open:** We believe in being honest about the way we work and in communicating well.

Strategic enablers:

- Applying the benefits of adopting new technology to our charitable delivery, fundraising and operational running.
- Building the capacity needed to do our work, creating a culture of positive wellbeing and mental health and harnessing the talents of all our staff and volunteers.
- Increasing our income by diversifying our revenue streams and methods of fundraising.
- Placing lived experience (individuals, parents and carers) at the heart of our work.
- Ensuring our work reaches a diverse audience whose mental health may be impacted by their environment or life experiences.
- Recording, analysing and evaluating the impact of our work to ensure it continues to meet the needs of our different audiences.
- Cultivating new and existing partnerships with public, private and charitable sector organisations and influencing policy where that meets our objectives.
- Maximising the effectiveness of our communications, PR, marketing and dissemination of our publications and information.
- Ensuring the governance of the charity continues to be carried out to a very high standard.
- Putting the voice of young people at the centre of our work through our youth ambassador programme and similar initiatives.

SUMMARY OF IMPACT

The Trust offers high quality, evidence-based training, advice and resources to schools, colleges, universities and workplaces. We support children and young people by ensuring that parents, carers, families and those around a child or young person such as teachers, support workers, lecturers and other professionals can be confident and responsive to meet emotional and mental health needs.

Our work is bespoke, responsive and flexible to meet need and the voices of young people and their parents and carers are at the heart of what we do.

The following summary of our impact highlights what we achieved in 2022.

COMMUNICATIONS

37,860
PUBLICATIONS
SENT OUT

17,342
NEWSLETTERS
SENT OUT

126,300
USERS VISITED OUR WEBSITE
29,364
DOWNLOADS
386,577
PAGE VIEWS
13,822
VIDEO VIEWS

SCHOOLS PROGRAMME

8,114
PEOPLE
ATTENDED
OUR OPEN
ACCESS
WEBINARS

94%
SAID THEY
INCREASED
THEIR
KNOWLEDGE
OF THE
TOPIC AFTER
ATTENDING
OUR
WEBINARS

WE DELIVERED
320
SESSIONS TO
20,456
ATTENDEES

126,300
USERS VISITED
OUR WEBSITE

1,054
PEOPLE
ATTENDED
OUR
WORKSHOPS
FOR PARENTS
AND CARERS
OF CHILDREN
AND YOUNG
PEOPLE WITH
AN EATING
DISORDER

PARENT/CARER PEER SUPPORT PROGRAMME

70

PARENT SUPPORT
GROUPS IN OUR PLACE
NETWORK

COLLEGES AND UNIVERSITIES PROGRAMME

68

SESSIONS TO
2,948
ATTENDEES

106

COLLEGES
HAVE BEGUN
USING 'C-MET'
(MENTAL
HEALTH SELF-
EVALUATION
FORM)

13,140

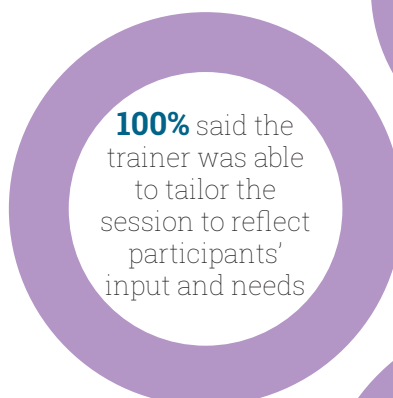
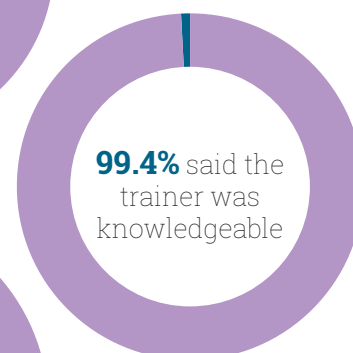
VISITS TO OUR
HE AND FE
E-LEARNING
PORTALS

WORKPLACE PROGRAMME

101

SESSIONS
DELIVERED TO
2,416
PEOPLE

Evaluation of our training is consistently excellent across a range of measures. A snapshot from **171** attendees we have worked with in 2022:



The training has been such a vital tool in my recovery, without me even knowing it! It gave my mum tools to help me when I needed it.

Young person

ACHIEVEMENTS AND PERFORMANCE

Raising awareness of depression and other common mental health problems

Totals sent out in 2022:

Publications – 37,860

Books – 1,275

The reach we achieved with our range of digital and hard copy publications increased in 2022 (from 24,606 publications in 2021 to 37,860 in 2022, and 888 books in 2021 to 1,275 in 2022) and received an excellent response from our beneficiaries and contributed to our overall impact.

In 2022 the Trust reviewed and added to the publications and resources we offer to support children and young people and those around them to look after their mental health and wellbeing. The Trustees are grateful for the funding from supporters that allows us to continue to offer this and our training in educational settings free of charge. This is crucial to making our offer accessible to everyone.

We updated the incredibly popular **Wellbeing Action Plan** for children, with an additional version for young people. Since their release in April we have sent out a combined total of **16,039**.



The Wellbeing Action Plan is my go-to resource when working with almost any student. It is an effective way to encourage students to take an active part in looking after their own wellbeing, whilst signposting them to further resources.

Assistant Pastoral Manager

We added a bespoke **College Wellbeing Library** to our website in partnership with the Association of Colleges.

We refreshed our **Schools Mental Health Policy template**



and updated the **Asking for help** booklet to include a version for young people and another for adults, with specific signposting for each.



In 2022 we published **Talking about Suicide – A Guide for University Staff** in response to increasing concerns about suicide amongst the student population.



Talking about Suicide: A guide for University staff. Very clear to understand and a useful engagement tool at a university staff event last month. We signposted to further training ... giving brief advice while handing them out.

Book Club

The Charlie Waller Mental Health Book Club for schools and other youth settings received generous funding support from the Foyle Foundation and in 2022 we sent out **1,275** books to teachers and support staff.



I work with many children from service families. This group of young people have specific needs and support required. These books are a great resource.

We are a teaching school so they will be available to our student teachers to borrow. This will mean the books will reach a wider audience than our permanent school staff.

Social media highlights

Our reach on social media increased well during 2022. We now have over 7,200 followers on Twitter, over 4,300 on Facebook, 2,859 on Instagram (which is a 37% increase during the year) and 1,560 on LinkedIn (a 30% increase). We also have a following on our YouTube and Tiktok channels.

Successful content genres for the year were **think pieces** (such as our post on watching the controversial show Love Island as a parent to teenagers), **core brand messaging** (posts about Charlie Waller and the family always perform well and engage our longstanding supporters) and **timely mental health advice** (sharing tips and guidance particularly around awareness days).

Top performing posts

facebook



Instagram



Actions taken from this post
- 113 profile visits

Impressions - 6,941

LinkedIn

You know us as the Charlie Waller Trust, but who was Charlie Waller? Charlie was a...

Posted by Sabita Burke

8/26/2022

| | |
|-------------|---------------|
| Post type | Image |
| Audience | All followers |
| Impressions | 8,456 |
| Clicks | 270 |
| Reactions | 159 |
| Comments | 8 |
| Repost | 4 |

Website

Our website continues to attract a steadily increasing number of visitors, averaging at around **10,500** per month. Our resource pages remain the most popular, with a total of **29,364** downloads across the year (this is a **41%** increase from 2021).

Media coverage

The Trust featured in a range of broadcast coverage throughout 2022, including a **BBC Radio Berkshire** interview with our CEO, Clare Stafford. We were featured in **CYP Now** - a national magazine and website for professionals working with children and young people and had an editorial within our local **Newbury Weekly News** supporting our fundraising.

The **Fleckstock festival** gave us a lot of national coverage including **The Times** and the **Daily Mirror**. There were also mentions in numerous local and regional titles across the UK, including **St Helen's Star**, **Powys County Times** and the **Reading Chronicle**, alongside a TV appearance on **Sky Max** as the event was aired.

Charlie Waller newsletter

Our own newsletter now reaches nearly **19,000** people with information about the work of the Trust, our impact and key mental health topics such as sleep, eco-anxiety, and children, war and mental health.



SCHOOLS

In 2022 the Trust delivered talks, training and advice to infant, primary and secondary schools, paying particular attention to the needs of pupils, teachers and parents in the first full academic year back at school following the pandemic. Our CEO, Clare Stafford, was active as the Vice-chair of the Children and Young People's Mental Health Coalition with policymakers proactive in seeking members' views on a range of policy areas relating to children and young people's mental health. We delivered training for school senior mental health leads in partnership with the Charlie Waller Institute and continued to support training and research with mental health support teams.

He was amazing and made us all feel very comfortable with hard topics. He also made it very inclusive. I would recommend his sessions to anyone else who is interested in a career with children.

We continued to offer schools expert advice, guidance and training to help them take a whole schools approach to mental health and wellbeing.

It is a whole school approach that has been positive for children, parents and staff alike. Each and every school should have a [CWT trainer] and be linked to the brilliant work that Charlie Waller do to keep the important issue of mental health at the forefront of our minds.

Primary school head

In 2022 we delivered **320** sessions to **20,456** teachers, parents and pupils and continued our live, open access webinars, which attracted over **8,000** attendees.

I just wanted to express my thanks to you for the clear and expertly delivered session tonight on the Development of the Teen Brain. The way in which you conveyed the key points while bringing in your participants' questions was both skilled and innovative. I have been following other speakers on this topic over a number of months and I haven't met anyone as expert as you in alerting us to the helpful things we can do. I will use these skills to support my grandchildren now, having retired as a pastoral deputy. I wish I had had this understanding twenty years ago!

Partnership highlights

Colleagues at the Centre for Mental Health and The Cellar Trust collaborated with us to form a partnership to develop our parent peer support proposals.



We partnered in the CoRay Project based at the University of Oxford, which worked with young people, researchers and clinicians to develop evidence-informed advice for dealing with difficult thoughts and feelings young people told us they most wanted support with. The Charlie Waller Trust developed lessons and resources to promote and disseminate the advice effectively.

We entered an innovative partnership with the Anna Freud Centre and the National Children's Bureau to develop and pilot new emotional health training that is designed to reach the wider children's workforce of over seven million people, in much the same way as safeguarding training reaches all members of the children's workforce.

PARENT/CARER PEER SUPPORT

A flagship development for the Trust in 2022 was our work to support parents and carers who have a child struggling with mental health issues. Central to this work is that parents and carers coproduce everything as equals, working alongside professionals, clinicians, CWT staff and our partners. The model the Trust endorses is parent/carer led, professionally supported.

The PLACE Network for individuals and organisations who run and set up groups for parents of children with mental health issues continued to grow, with over **70** projects across the country being members of the PLACE Network in 2022.

In 2022 we developed and gained support for the concept of parents/carers being part of the workforce; their role might include:

- Provide 1-1 peer support via telephone, messenger or Facebook
- Coordinate parent/carer support groups (face to face and digital)
- Help families navigate CYPMH (Children and Young People's Mental Health) and community services and systems
- Co-facilitate parent/carer training sessions alongside CYPMH professionals

You don't know the system or who to turn to. You speak to professionals and you don't understand their language. The professionals know the academic side but they don't feel the total exhaustion and emotion looking after your amazing children. Finding a parent peer support group is worth its weight in gold. They understand your emotions and how to navigate your way through the system, who you need to speak to and what to ask for. They also give you that bit of hope that things can get better, when you are rock bottom. 'Life savers'.

We delivered the first national Parent Peer Support training course in partnership with the Charlie Waller Institute and The Cellar Trust. **18** parents and carers successfully completed the first course and went on to work as Parent/Carer Peer Support workers in their local area. The concept of parents and carers with lived experience being a part of local mental health services came from members of the PLACE Network, a national network of parent/carer peer support groups that the Trust hosts.

Thank you so much for creating this course. It is so helpful to me to bring professionalism to what I do. It helps other professionals to connect with me as they see me as equal, not 'just a mum'.

We delivered **1,054** New Maudsley Carers Skills workshops, providing essential peer support for a loved one with an eating disorder.

When I joined, I immediately felt I had found a safe place, filled with people who understood everything I said. The four-session course gave me the confidence to speak to (daughter) and support her gently towards some kind of recovery plan. Before joining the group, I felt very alone, isolated and hopeless. Through attending the course I have learnt so much and been able to use what I've learned to support both my daughters. The regular carer support group meetings pop up every few weeks and are like a lifeline. Jenny has given us hope in a situation where it is very easy to lose all hope.

We continue to build the evidence base for parent peer support and in 2020 published and disseminated an evaluation of the Rollercoaster support group model (<https://charliewaller.org/parent-carer-peer-support/rollercoaster-evaluation-briefing-paper/>), which found that parent peer support was effective. We have partnered with the Centre for Mental Health to evaluate our training course. We amplify the voice of parents and carers locally and nationally.



COLLEGES AND UNIVERSITIES

In 2022 we delivered **68** sessions of training to **2,948** attendees. In recognition that many universities are working towards the student mental health charter, we published 'How to CREATE a university mental health strategy that works'.



Easy to work with from initial approach to session delivery. Expert knowledge. Ethical cause.... Well delivered session with a good mix of relevant presentation and group work.

I feel that I have increased my knowledge base, and feel much more confident in my approach, also reassured that I am doing the right thing!

Trainer was excellent, she had the whole group engaged and everyone came out feeling well informed after. She was very friendly and made everyone feel at ease. She also dealt with the situations discreetly and professionally.

By the end of 2022 we had recruited a diverse group of **nine** student ambassadors who will offer guidance, direction and recommendations relating to the Trust's decisions, policies, programmes and projects in universities, schools and colleges, to ensure that they remain aligned and accessible to the student voice, experience, and needs.

Our blended offer of training, advice and resources includes '[Keeping Mental Health in Mind](#)', our e-learning package for non-specialist staff in universities and colleges, which reached over 10,000 individual users in 2022.

Our [Students Against Depression](#) (SAD) website had **67,556** users in 2022 and received around **185,900** page views.

Partnership highlights

We continue to collaborate with the [Association of Colleges](#) in reaching the FE sector and produced a new digital self-evaluation toolkit, 'C-MET', to help colleges measure and track progress in their whole college approach to mental health.

We continued to partner with [Nightline](#) to deliver 'suicide calls' training to enable student volunteers to respond effectively and safely to students in suicidal distress. Nightlines run in **31 universities** covering a student population of **1.4 million**.

WORKPLACE

In 2022 the Trustees agreed to rebranding our offer to businesses as 'Charlie Waller Workplace'.



We are developing a distinct offer for workplace wellbeing using the expertise of our team. Our approach is based on the view that mental health at work is a collective responsibility: leaders set the tone, managers support their teams, and all individuals are mindful of how they keep themselves well and access support when they need it.

Thank you so much for delivering some really impactful training for Fujitsu people managers over the past few weeks. We saw really high participation and received some great feedback from across the Europe region. Really appreciate how quickly you were able to put this training together for us, and how easy you are to work with.

In 2022, we delivered **108** sessions to over **2,500** delegates and brought in income of over **£77,000**. The team worked with companies ranging from small start-ups to global multinationals and led sessions with exec teams, front line managers, HR and staff teams.

It gives you tools to help you rethink your own wellbeing and to be a real leader to your team in difficult times, both individual as well as being part of a team.

Fantastic trainer, great training, great materials. For the first time in a very long time online training was interesting and engaging to the point where I chose not to multitask in the background and fully pay attention and put my focus on the training. Thank you for great session and a lot of knowledge!

Young people at work

Complimenting our paid-for workplace training and consultancy, we also developed a project to respond to the specific experience of young people at work in partnership with Women in Theatre.

We have offered mental health training and advice to **One million mentors**, a community based mentoring service that aims to improve the career chances of young people, as well as providing tailored support on a bi-annual basis for new graduates at **Centrica**.

We are an active member of the **Council for Work and Health** and co-chair the mental health group. We have presented at a range of conferences including the Health and Wellbeing at Work event and The National Health and Wellbeing Conference as well as membership only sessions for the **Chartered Institute of Public Relations**, the **Society of Occupational Medicine** and the **Berkshire Community Foundation Trust**.



CHARLIE WALLER INSTITUTE, UNIVERSITY OF READING



The Charlie Waller Institute was launched in January 2008 as a collaboration between the University of Reading, Berkshire Healthcare Foundation Trust (BHFT) and The Charlie Waller Trust. Under the leadership of its former Directors (Professor Roz Shafran, Professor Shirley Reynolds) and with the support of funding from The Charlie Waller Trust and BHFT, the Institute has grown rapidly in size and strength. Today, more than 50 staff support the Institute in its activities. Its workshops and courses are led by nationally and internationally recognised clinical academics whose expertise helps improve clinicians' skills.

The Charlie Waller Institute is committed to training practitioners in psychological approaches that have been shown to work, combining rigorous research and high-quality teaching. This means clinicians and patients can benefit from the most effective evidence-

based psychological treatments for conditions such as depression, post-traumatic stress disorder and obsessive-compulsive disorder. Its aims are to:

- Deliver a range of training courses to clinicians, both within and outside the IAPT programme (Improving Access to Psychological Therapies, now NHS Talking Therapies);
- Evaluate the effectiveness of the training to ensure that it improves clinicians' knowledge and skills, and outcomes for patients;
- Undertake research that adds to the evidence base on effective psychological interventions.

In 2022 the Trustees renewed their five-year £250,000 gifting agreement with the University of Reading in relation to the Chair in Evidence-based Psychological Treatments, Professor Stella Chan, and the Charlie Waller Institute. This ensures our annual support of £50,000 for the period 2023-2027.

Research highlights include a universal intervention being tested with children in transition from primary to secondary school called 'Resilience Rucksacks'. The Charlie Waller Institute continues its programme of teaching and training, accepting **150** new students in the 2022/3 academic year across a range of clinical training and qualifications.

We have also benefited from joint delivery of training with the Charlie Waller Institute for Senior Mental Health Leads in schools and colleges and in piloting the new Parent Carer Peer Support training programme.

We aim to inspire clinicians to widen their knowledge and make a real difference in patients' lives.

Charlie Waller Institute

FUNDRAISING PERFORMANCE AND APPROACH

We depend on public support to deliver our vital work in support of young people's mental health and wellbeing. The generosity of individuals, trusts and foundations, companies and other organisations allows us to continue to provide our training, parent and carer peer support and other activities.

The performance of our core fundraising channels was strong in 2022, with each of our main income streams exceeding budget. We have invested in our fundraising operation as we look to diversify our income sources and build a more robust and sustainable fundraising mix. We are pleased to report significant income growth in 2022, with income just short of £2 million, well beyond the budgeted £1.455 million.

A number of activities contributed significantly to these results, including events such as the Cambridge Half Marathon, Boo's Ball and Flackstock; partnerships with Boden and Kepler Cheuvreux; The Big Give Christmas appeal and the Friends of Charlie Waller regular giving scheme; statutory funding from Health Education England; and a number of substantial grants from trusts and foundation partners.

We have a professional and committed fundraising team, and a culture of support for our fundraising activities right across the organisation. We have invested in training and development for the team, and recruited new faces, bringing experience and fresh thinking.

We undertake fundraising activity with our supporters through our own organised events, individual challenge events, corporate partnerships, appeals and other activities in line with the Fundraising Code of Practice set by the Fundraising Regulator. We have updated our privacy policy (which is available on our website) to reflect how we obtain and use individuals' data, and to reassure that we will uphold individual contact preferences and not share this information with any third parties. No complaints about our fundraising activity were received in the year.

VOLUNTEERS

In 2022 we were well supported by volunteers, and benefitted from the hard work of **56** volunteers who assisted with fundraising events and activities, sending out mental health resources, office tasks, copywriting, communications and PR.

OTHER GRANTS AND CHARITABLE ACTIVITIES IN 2022

The Charlie Waller Trust is not a grant-making charity. However, we occasionally make grants for specific projects or activities that fit with our own charitable objectives.

In 2022 we made a small grant in the form of the Ted Fort Scholarship for primary care nurses.

Other activities of the Trust included a small amount of training for GP trainers, trainees, practising GPs and nurses. In total we delivered **28** sessions reaching **258** attendees.

We continued being a partner for academic studies including the **Emerging Minds network and iCATS** (implementing child anxiety treatments in primary schools) at the University of Oxford and the **SORTS** (Self-harm Training in Schools) study at the University of Cambridge.

PLANS FOR THE FUTURE

The Trustees have set plans for expanding the Trust's crucial role in children and young people's mental health and wellbeing in 2023, paying particular regard to supporting parents and carers.

Our plans for 2023-2024 focus on key areas where we can achieve the most impact. We aim to work in partnership where this best meets our objectives. Our plans include:

- **Parent peer support** – becoming the leading charity for parent carer peer support by expanding the PLACE Network, delivering two further Parent Carer Peer Support (PCPS) training courses to equip those with lived experience to become parent carer peer support workers in children's mental health services. We also aim to extend the PCPS course to meet the needs of parents and carers looking after a child with an eating disorder and children who are non-neurotypical. We will continue to make the case for a national roll-out of PCPS workers.
- **Increasing our reach and impact** in schools, colleges and universities by delivering training, talks and advice supported by our publications and a new series of open access webinars. A focus on particular geographic areas and targeting social and economic deprivation will underpin this.
- **A refresh of our e-learning for university staff** – to provide evidence-based e-learning for university staff to equip them to effectively support student mental health and wellbeing.
- **Diversity and inclusion** – implementing plans to increase our reach and tailor our training and resources to ensure they reach a diverse audience, in particular those who may have increased vulnerability to mental health problems for reasons of social and economic disadvantage, sexuality, race or disability.
- **Charlie Waller Workplace Mental Health** – marketing our commercial offer to businesses alongside charitable activity to focus on the needs of young people in the workforce, parents and the topic of suicide.
- Developing and disseminating creative and academic projects that reflect the voice of those with lived experience, including the Co-Ray project and short film, '**A Love Letter to Depression**'.
- **Chair in evidence-based psychological treatments** and Charlie Waller Institute at the University of Reading, continuing our support for a further 5 years to train clinicians, deliver education and carry out research.

FINANCIAL REVIEW

Statement of financial activities

The Trustees are pleased to report a strong performance for 2022 for both income and charitable spend. Total Income and Endowments increased by 39.4% to £1,971,388 (2021: £1,413,842). Total Expenditure was £2,120,841 (2021: £1,617,553), an increase of 31.11% from the previous year.

Net expenditure for the year was £149,453 (2021: expenditure £203,711) whilst net losses on investment assets were £101,483 (2021: gains £79,793). This resulted in an adverse net movement in funds of £250,936 (2021: adverse £123,918).

At the year-end the Trust held unrestricted funds of £1,906,360 (2021: £2,155,612) and restricted funds of £31,650 (2021: £33,334).

Details of income are given in notes 2, 3 and 4 to the financial statements. The expenditure on raising funds and on the charitable activities performed in furtherance of the Trust's charitable objectives is set out in notes 5 and 6.

Reserves policy

The level of reserves is reviewed annually by the Trustees. In setting an appropriate level of reserves, the Trustees take into account the Trust's existing financial commitments and activities, future plans and the economic climate.

Income from fundraising grew significantly in 2022, with each of the main fundraising channels seeing substantial growth, which has enabled the Trust to increase its charitable expenditure. The Trustees are mindful that income may not remain at the present level which would impact on the Trust's ability to maintain its charitable expenditure without prudent reserves. Trends are monitored closely, and the Trust's charitable operations are flexible enough to enable expenditure to be reduced in response to a downturn in income.

Against this background and the ever-increasing need for the Trust's services, the Trustees believe it is important to be able to maintain the current level of expenditure over at least the next two years.

The Trust's reserves policy therefore aims for a level of unrestricted reserves sufficient to achieve this goal, which is equivalent to between nine and twelve months annual expenditure. This level of reserves provides sufficient flexibility to cover any temporary shortfall in income and would allow the charity time to respond to unforeseen adverse circumstances, whilst planning longer term remedial measures. The Trust's unrestricted reserves of £1.9m (at the end of December 2022) represent approximately nine months of forecast annual expenditure, in line with this policy.

Funds are held in cash deposits and listed investments with the capacity to grow in value over the long term.

In 2022, the Trustees committed to a further five-year gifting agreement with the University of Reading (Chair in Evidence-based Psychological Treatments and the Charlie Waller Institute). In accordance with FRS102 the full gift of £250,000 was taken in the 2022 accounts but will be disbursed at £50,000 per annum for the five years to 2027. The Trustees have designated £442,220 in respect of unfunded projects in the business plan and budget for 2023, which provides for increased charitable expenditure of approximately £2.4 million.

Further details of the designations are given in note 15.

Investment policy and performance

JM Finn & Co. manage the Trust's investment portfolio in accordance with the investment policy agreed by the Trustees. The policy is to seek a combined return from income and capital growth, adopting a medium risk profile with no specific minimum of low-risk investments. The policy is reviewed annually by the Trustees and adjusted, where necessary, to ensure that it remains appropriate to the Trust's objectives, tolerances for the acceptance of risk and market conditions.

The total value of the Trust's portfolio as at 31 December 2022 was £1,206,494; 34% in UK equities and funds, 21% in UK bonds and 45% in overseas bonds, equities and alternatives.

Investment losses for the year were £101,483 and income withdrawals totalled £18,368. The total return for the year was -9.00% (benchmark: -8.10%).

Risk Management

The Trustees have a duty to identify and review the risks to which the Trust is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Trust maintains a risk register which is reviewed by the Board annually as part of its Risk Management Policy.

The Trustees have identified the following key risks:

- Insufficient income to deliver the Trust's charitable objectives, particularly in the light of economic downturn and inflationary pressures.
- Failure to deliver projects and charitable activities, and demonstrate impact.

To mitigate these risks the Trust:

- Has a fundraising strategy and plan to continue to diversify its sources of income in 2023 and beyond.
- Has extended capacity in the central office team, including a senior leadership role overseeing charitable activity.
- Has developed impact and evaluation measures including both quantitative and qualitative indicators.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution

The Trust is a company, limited by guarantee, as defined by the Companies Act 2006. It was registered as a company on 10 May 2005.

It is the successor to The Charlie Waller Memorial Trust (registered Charity number 1065936, which was established by a Trust deed dated 20 October 1997. On 11 September 2005 all the activities, assets and liabilities of the unincorporated Charity were transferred by Deed to this incorporated Charity. The former unincorporated Charity then ceased activities and was removed from the Register of Charities.

The Charity's objects are:

- To protect and preserve public health and in particular (but without prejudice to the generality of the foregoing):
 - To educate the public (particularly young people) on the importance of maintaining and improving their mental health; and
 - To ensure that sufferers of depression, anxiety and any other form of mental ill-health receive treatment for their illness
- To educate the public in relation to depression, anxiety and any other form of mental ill-health to lessen the stigma associated with them; and
- Such other charitable purposes as the Trustees shall in their absolute discretion think fit.

Method of appointment or election of Trustees

Trustees are appointed by the members of the company or by the Trustees, in accordance with the Articles of Association.

Policies adopted for the induction and training of Trustees

New Trustees are provided with key governing documents such as the Articles of Association as well as the Trustees' Report and Financial Statements, Trust policies and an overview

of our charitable activities and impact. They are also provided with relevant guidance from the Charity Commission on their role and responsibilities as a Trustee.

Organisational structure and decision making

The business of The Charlie Waller Trust is managed by the Trustees. Trustees' meetings are held as often as is necessary to run the Trust properly. Normally at least four full meetings are held each year.

In addition, the Trustees are supported by the Patrons of the Trust.

The Trust also has Board Advisers consisting of people with specific experience and/or national profile in their field who are willing and able to provide occasional advice and guidance to the Board of Trustees.

Key management personnel

The Trustees, together with the staff listed below, comprise the key management of the Trust in charge of directing and controlling, running and operating the Trust on a day to day basis. None of the Trustees are remunerated for their services to the Trust. The remuneration of the CEO is determined with reference to performance and appraisal by the Chair and Treasurer in consultation with the Board of Trustees.

Clare Stafford is the Chief Executive Officer of the Trust and is responsible to the Trustees for overall executive management including the charitable activities of the Trust.

The Head of Fundraising, Nick Appleby, leads all the Trust's fundraising activities with support from office staff and individuals and committees who volunteer for the Trust.

Kay Boyden was appointed as Programmes Director in October 2022 to oversee the effective delivery of our charitable activity and Rebecca Miles was appointed Head of Communications in September 2022.

TRUSTEES' RESPONSIBILITIES STATEMENT

The Trustees (who are also the directors of The Charlie Waller Trust for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the United Kingdom and Republic of Ireland (FRS 102);

- Make judgments and accounting estimates that are reasonable and prudent;
- State whether applicable United Kingdom Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

DISCLOSURE OF INFORMATION TO AUDITORS

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- So far as that Trustee is aware, there is no relevant information of which the charitable company's auditors are unaware, and that the Trustee has taken all steps that ought to have been taken as a Trustee in order to be aware of any information needed by the charitable company's auditors in connection with preparing their report and to establish that the company's auditors are aware of that information.

Auditors

The Trustees have appointed Critchleys Audit LLP as the company's new external auditor following a review of its audit function. They confirm that the outgoing auditor, Villars Hayward LLP, lodged its resignation letter (effective from 18 January 2023), and that there are no reasons or other matters connected with their ceasing to hold office that should be brought to the attention of the company's members or creditors.

This report was approved by the Trustees on 23 May 2023 and signed on their behalf by:



.....
Richard Waller KC, Chairman
Trustee

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE CHARLIE WALLER TRUST

Opinion

We have audited the financial statements of The Charlie Waller Trust ('the charitable company') for the year ended 31 December 2022 which comprise the statement of financial activities, balance sheet, statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 December 2022 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least 12 months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report, including the trustees' report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report and the strategic report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report and the strategic report included within the trustees' report have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 require us to report to you if, in our opinion:

- adequate and proper accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement [set out on page 23, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable to the charity through discussions with directors/trustees and other management, and from our commercial knowledge and experience
- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the charity, including Companies Act 2006, Charities Act 2011, taxation legislation, data protection, anti-bribery, employment, environmental and health and safety legislation;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We assessed the susceptibility of the charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud;
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations; and

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures to identify any unusual or unexpected relationships;
- tested journal entries to identify unusual transactions;
- assessed whether judgements and assumptions made in determining the accounting estimates set out in Note 3 were indicative of potential bias;
- investigated the rationale behind significant or unusual transactions; and

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reading the minutes of meetings of those charged with governance;
- enquiring of management as to actual and potential litigation and claims;

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities.

This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Katherine Wilkes (Senior Statutory Auditor)

For and on behalf of Critchleys Audit LLP, Chartered Accountants, Statutory Auditor

Beaver House

23-38 Hythe Bridge Street

Oxford

OX1 2EP

Date: **15 June 2023**

THE CHARLIE WALLER TRUST
(A company limited by guarantee)
Statement of Financial Activities
Including the income and expenditure account
Year Ended 2022

| | | 2022 | 2021 | | |
|---|-------|--------------------|------------------|-------------|-------------|
| | | Unrestricted Funds | Restricted Funds | Total Funds | Total Funds |
| | Notes | £ | £ | £ | £ |
| Income and endowments from: | | | | | |
| Donations and legacies | 2 | 1,240,226 | 74,000 | 1,314,226 | 1,097,170 |
| Charitable activities | 3 | 76,863 | 166,906 | 243,769 | 55,455 |
| Other trading activities | | 391,108 | - | 391,108 | 240,862 |
| Investments | 4 | 22,285 | - | 22,285 | 20,355 |
| TOTAL INCOME | | 1,730,482 | 240,906 | 1,971,388 | 1,413,842 |
| Expenditure on: | | | | | |
| Raising funds | 5 | 389,020 | - | 389,020 | 299,105 |
| Charitable activities | 6 | 1,489,231 | 242,590 | 1,731,821 | 1,318,448 |
| TOTAL EXPENDITURE | | 1,878,251 | 242,590 | 2,120,841 | 1,617,553 |
| NET (EXPENDITURE) / INCOME BEFORE INVESTMENT (LOSSES) / GAINS | | (147,769) | (1,684) | (149,453) | (203,711) |
| (Losses) / Gains on investment assets | 10 | (101,483) | - | (101,483) | 79,793 |
| NET (EXPENDITURE) / INCOME | | (249,252) | (1,684) | (250,936) | (123,918) |
| TRANSFERS BETWEEN FUNDS | | - | - | - | - |
| OTHER RECOGNISED GAINS / (LOSSES) | | - | - | - | - |
| | | (249,252) | (1,684) | (250,936) | (123,918) |
| RECONCILIATION OF FUNDS | | | | | |
| Total funds brought forward | | 2,155,612 | 33,334 | 2,188,946 | 2,312,864 |
| Total funds carried forward | | 1,906,360 | 31,650 | 1,938,010 | 2,188,946 |

The notes on pages 31 to 41 form part of these financial activities

THE CHARLIE WALLER TRUST
(A company limited by guarantee)

Balance Sheet
at 31 December 2022

| | Notes | 31 Dec 2022 £ | 31 Dec 2021 £ |
|--|-------|------------------|------------------|
| Fixed Assets: | | | |
| Tangible assets | 9 | 11,610 | 27,662 |
| Investments | 10 | 1,206,494 | 1,059,973 |
| Total Fixed Assets | | 1,218,104 | 1,087,635 |
| Current Assets: | | | |
| Debtors | 11 | 364,127 | 134,193 |
| Cash at bank and in hand | | 1,044,729 | 1,198,251 |
| Total Current Assets | | 1,408,856 | 1,332,444 |
| Liabilities: | | | |
| Creditors: amounts falling due within one year | 12 | (488,950) | (231,133) |
| Net Current Assets | | 919,906 | 1,101,311 |
| Total Assets less Current Liabilities | | 2,138,010 | 2,188,946 |
| Liabilities: | | | |
| Creditors: amounts falling due in more than one year | 13 | (200,000) | - |
| Total Net Assets | | 1,938,010 | 2,188,946 |
| The Funds of the Charity | | | |
| Restricted funds | 15 | | |
| Statutory contracts | | 4,650 | - |
| Restricted funding | | 27,000 | 33,334 |
| | | 31,650 | 33,334 |
| Unrestricted funds | 15 | 1,906,360 | 2,155,612 |
| Total Charity Funds | | 1,938,010 | 2,188,946 |

The financial statements were approved by the Board of Trustees on 23 May 2023 and were signed on behalf by:



Richard Waller KC, Chairman

Company registered number: 5447902

The notes on pages 31 to 41 form part of these financial activities

THE CHARLIE WALLER TRUST
(A company limited by guarantee)

Statement of Cash Flows
For the year ended 31 December 2022

| | Notes | 2022.00 £ | 2021 £ |
|---|-------|------------------|------------------|
| Net cash provided by operating activities | 14 | 75,121 | (186,852) |
| Cash flows from investing activities: | | | |
| Plus dividends, interest and rents from investments | | 22,285 | 20,355 |
| Less purchase of property, plant and equipment | | (2,924) | (11,341) |
| Plus proceeds from the sale of investments | | 363,892 | 357,638 |
| Less purchase of investments | | (605,180) | (352,134) |
| Less cash held by investment manager for reinvestment | | (6,716) | - |
| Net cash provided by investing activities | | (228,643) | 14,518 |
| Change in cash and cash equivalents in the reporting period | | (153,522) | (172,334) |
| Cash and cash equivalents at the beginning of the reporting period | | 1,198,251 | 1,370,585 |
| Cash and cash equivalents at the end of the reporting period | | 1,044,729 | 1,198,251 |

The notes on pages 31 to 41 form part of these financial activities

Notes

1. Accounting Policies

The Charlie Waller Trust is a charitable company limited by guarantee which is incorporated in England and Wales. The registered office is First Floor, 23 Kingfisher Court, Newbury, Berkshire, RG14 5SJ

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are laid out below.

Basis of preparation

These financial statements have been prepared for the year ended 31 December 2022.

The financial statements have been prepared under the historical cost convention or transaction value unless otherwise stated in the relevant accounting policy note.

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS102.

The financial statements are presented in sterling and are rounded to the nearest pound.

Critical accounting estimates and areas of judgement

No significant accounting estimates or judgements were required or made by the Trustees in the presentation of the financial statements.

Assessment of going concern

The Trustees have assessed whether the use of the going concern assumption is appropriate in preparing these financial statements. The Trustees have made the assessment in respect to a period of one year from the date of approval of these financial statements.

The Trustees of the charity have concluded that there are no uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The Trustees are of the opinion that the charity will have sufficient resources to meet its liabilities as they fall due.

Income recognition

Income is recognised in the period in which the charity has entitlement to the income, the amount of income can be measured reliably and it is probable that the income will be received.

Income from investments comprises income earned on the charity's listed investments and interest on cash deposits. Dividends are recognised once the dividend has been declared and the amount has been received. Interest on funds held on deposit is included when received and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, and any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Donations and event income are recognised in the period in which the charity has entitlement to the income, the amount of income can be measured reliably and it is probable that the income will be received.

Income tax recoverable in relation to donations received under Gift Aid is recognised at the time of the donation.

Notes

Expenditure recognition

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Support costs are allocated to activity costs on the basis of a reasonable estimate of the time spent supporting the activities.

All resources expended are inclusive of irrecoverable VAT.

Fund accounting

Unrestricted funds represent general funds available for use at the discretion of the Trustees in furtherance of the general objectives of the Trust. Restricted funds can only be used for particular restricted purposes within the objectives of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Investments

Listed investments are a form of basic financial instrument and are initially recognised at their transactional value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price.

The charity does not acquire put options, derivatives or other complex financial instruments.

Realised gains (or losses) on investment assets are calculated as the difference between disposal proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value at that date. Realised and unrealised investment gains (or losses) are combined in the statement of financial activities and are credited (or debited) in the year in which they arise.

Debtors

Debtors are recognised at their settlement amount, less any provision for non-recoverability. Prepayments are valued at the amount prepaid. They have been discounted at the present value of the future cash receipt where such discounting is material.

Cash at bank and in hand

Cash at bank and in hand represents such amounts and instruments that are available on demand or have a maturity of less than three months from the date of acquisition. Deposits for more than three months but less than one year have been disclosed as short term deposits. Cash placed on deposit for more than one year is disclosed as a fixed asset investment.

Creditors and provisions

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount the charity anticipates it will pay to settle the debt. They have been discounted to the present value of the future cash payment where such discounting is material.

Operating leases

Payments in respect of operating leases are charged to the SOFA on a straight line basis over the term of the lease.

Notes

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fixed Assets

Fixed assets (excluding investments) are stated at cost less accumulated depreciation. Depreciation is provided at the rate of 25% on a straight line basis.

Notes

| | 2022 | | | 2021 |
|--|-----------------------|---------------------|----------------|----------------|
| | Unrestricted Funds | Restricted Funds | Total Funds | Total Funds |
| | £ | £ | £ | £ |
| 2. INCOME AND ENDOWMENTS FROM: | | | | |
| Donations and legacies | | | | |
| Individual & Community Fundraising | 385,215 | - | 385,215 | 264,238 |
| Individual Giving | 206,059 | - | 206,059 | 176,079 |
| Donations received from other trusts and foundations | 338,965 | 74,000 | 412,965 | 323,539 |
| Donations received from training activities | 76,062 | - | 76,062 | 115,438 |
| Corporate Giving | 159,340 | - | 159,340 | 146,972 |
| Tax recoverable (Gift Aid) | 72,921 | - | 72,921 | 69,149 |
| Donations received for resources | 1,664 | - | 1,664 | 1,755 |
| | 1,240,226 | 74,000 | 1,314,226 | 1,097,170 |
| 3. INCOME AND ENDOWMENTS FROM: | | | | |
| Charitable activities | | | | |
| Other contracts | - | 166,906 | 166,906 | 21,831 |
| Workplace training | 76,863 | - | 76,863 | 33,624 |
| | 76,863 | 166,906 | 243,769 | 55,455 |
| 4. INCOME AND ENDOWMENTS FROM: | | | | |
| Investments | | | | |
| Listed investments | 18,368 | - | 18,368 | 20,213 |
| Cash investments | 3,917 | - | 3,917 | 142 |
| | 22,285 | - | 22,285 | 20,355 |
| 5. EXPENDITURE ON RAISING FUNDS | | | | |
| Direct costs of fundraising | 289,509 | - | 289,509 | 188,952 |
| Support and office expenses | 99,511 | - | 99,511 | 110,153 |
| | 389,020 | - | 389,020 | 299,105 |

Notes

| | 2022 | | | 2021 |
|---|-----------------------|---------------------|----------------|----------------|
| | Unrestricted Funds | Restricted Funds | Total Funds | Total Funds |
| 6. EXPENDITURE ON CHARITABLE ACTIVITIES | £ | £ | £ | £ |
| Schools & Families Programme | 370,577 | 21,000 | 391,577 | 381,016 |
| Colleges & Universities Programme | 109,071 | 33,334 | 142,405 | 226,148 |
| Workplace Programme | 170,477 | - | 170,477 | 190,390 |
| Primary Care Mental Health Education Programme | 41,002 | - | 41,002 | 32,859 |
| Resources & Materials | 199,207 | 8,000 | 207,207 | 159,179 |
| Support and governance costs (see note below) | 249,114 | - | 249,114 | 287,616 |
| Grants paid to Institutions (see note below) | 18,000 | 18,000 | 36,000 | 20,080 |
| Other Contracts | 81,783 | 162,256 | 244,039 | 21,160 |
| Sponsorship of the CWI Chair | 250,000 | - | 250,000 | - |
| | 1,489,231 | 242,590 | 1,731,821 | 1,318,448 |
| Support and governance costs | | | | |
| Programme direction | 66,484 | - | 66,484 | 63,510 |
| Digital strategy project | - | - | - | 37,128 |
| Financial inc. insurance | 22,191 | - | 22,191 | 16,945 |
| Staff inc. training | 106,372 | - | 106,372 | 113,884 |
| Information technology inc. communications | 16,973 | - | 16,973 | 22,278 |
| Office expenses | 29,661 | - | 29,661 | 15,147 |
| Audit and other professional fees | 7,130 | - | 7,130 | 18,698 |
| Trustees expenses | 303 | - | 303 | 27 |
| | 249,115 | - | 249,115 | 287,616 |
| Grants paid to Institutions | | | | |
| Nightline - Suicide Calls Project | - | - | - | 5,000 |
| CWI - C.Gilbey scholarship - Postgraduate Diploma | - | - | - | 15,080 |
| Bernard Sunley - Parent Carer Peer Support Worker grant | 18,000 | 18,000 | 36,000 | - |
| | 18,000 | 18,000 | 36,000 | 20,080 |

Notes

7. NET (EXPENDITURE) / INCOME

| | 2022 | 2021 |
|--|--------------|---------------|
| | £ | £ |
| This is stated after charging: | | |
| Depreciation of tangible fixed assets: | | |
| - owned by the company | 6,565 | 6,621 |
| Auditor's remuneration | 9,720 | 8,100 |
| Auditor's other fees | (2,600) | 690 |
| | <u>6,685</u> | <u>15,411</u> |

8. STAFF NUMBERS

The average monthly number of employees during the year was as follows;

| | No. | No. |
|-----------------------|------------|------------|
| Charitable activities | 7 | 6 |
| Administrative | 4 | 3 |
| Fundraising | 5 | 4 |
| | <u>16</u> | <u>13</u> |

STAFF COSTS AND THE REMUNERATION OF KEY MANAGEMENT PERSONNEL

| | £ | £ |
|---|----------------|----------------|
| Staff - Salaries, wages and pension contributions | 396,922 | 279,804 |
| CEO - Salaries, wages and pension contributions | 74,150 | 71,243 |
| Staff - Employers National Insurance costs | 30,928 | 23,966 |
| CEO - Employers National Insurance costs | 8,955 | 8,145 |
| | <u>510,955</u> | <u>483,158</u> |

The number of employees whose annual remuneration was more than £60,000 is as follows:

| | | |
|--------------------|---|---|
| £70,001 to £80,000 | 1 | 1 |
|--------------------|---|---|

Notes

9. TANGIBLE FIXED ASSETS

Equipment, Fixtures and fittings
£

Cost

| | |
|---------------------|----------|
| At 1 January 2022 | 53,638 |
| Additions | 2,924 |
| (Disposals) | (31,173) |
| At 31 December 2022 | 25,389 |

Depreciation

| | |
|------------------------|----------|
| At 1 January 2022 | 25,976 |
| Charge for the year | 6,565 |
| Eliminated on disposal | (18,762) |
| At 31 December 2022 | 13,779 |

Net book value

| | |
|---------------------|----------------------|
| At 31 December 2022 | <u><u>11,610</u></u> |
| At 31 December 2021 | <u><u>27,662</u></u> |

Notes

10. FIXED ASSET INVESTMENTS

| | 2022 | 2021 |
|---|------------------|------------------|
| | £ | £ |
| Market value of listed investments portfolio at 1 January 2022 | 1,059,973 | 985,685 |
| Additions at cost | 605,180 | 352,134 |
| Sales proceeds | (363,892) | (357,639) |
| Net gain/(loss) on revaluation | (144,968) | 64,464 |
| Profit/(loss) on sales | 43,485 | 15,329 |
| Cash held by investment manager for reinvestment | 6,716 | - |
| Market value of listed investments portfolio at 31 December 2022 | 1,206,494 | 1,059,973 |
| Analysed as follows: | | |
| Fixed Interest - UK bonds | 253,312 | - |
| Fixed Interest - Overseas bonds | - | 166,860 |
| Equities & funds - UK | 408,553 | 370,675 |
| Equities & funds - Europe | 47,882 | 67,138 |
| Equities & funds - Overseas | 33,075 | 37,870 |
| Equities & funds - Global themed | 147,537 | 229,537 |
| Equities & funds - Emerging markets | 21,072 | 28,735 |
| Alternatives | 288,347 | 159,158 |
| Cash and cash equivalents | 6,716 | - |
| | 1,206,494 | 1,059,973 |
| Historical cost | 968,355 | 683,582 |

11. DEBTORS

| | £ | £ |
|--------------------------------|----------------|----------------|
| Trade debtors | 291,629 | 58,841 |
| Prepayments and accrued income | 64,548 | 72,226 |
| Other debtors | 7,950 | 3,125 |
| | 364,127 | 134,193 |

12. CREDITORS

Amounts falling due within one year

| | | |
|-----------------|----------------|----------------|
| Trade creditors | 100,472 | 75,360 |
| Accruals | 128,767 | 139,724 |
| Deferred income | 257,710 | 14,049 |
| Other creditors | 2,000 | 2,000 |
| | 488,950 | 231,133 |

Notes

| CREDITORS CONT. | 2022 | 2021 |
|---|----------------|---------------|
| | £ | £ |
| Deferred Income | | |
| Deferred income at 1 January 2022 | 14,049 | 12,671 |
| Incoming resources deferred during the year | 257,710 | 8,129 |
| Amounts released from previous years | (14,049) | (6,751) |
| Deferred income at 31 December 2022 | <u>257,710</u> | <u>14,049</u> |

Deferred income relates to fundraising events held after 31st December 2022 and contracts relating to future periods.

13. CREDITORS

Amounts falling due after more than one year

| | | |
|--------------------------------|----------------|----------|
| Funding committed not yet paid | <u>200,000</u> | <u>-</u> |
|--------------------------------|----------------|----------|

14. Reconciliation of net income to net cash flow from operating activities

| | | |
|---|---------------|------------------|
| Net (expenditure) / income for the reporting period (as per the SOFA) | (250,936) | (123,918) |
| Add back depreciation charges | 6,565 | 6,621 |
| Add back loss on disposal | 12,411 | - |
| Deduct interest income shown in investing activities | (22,285) | (20,355) |
| Add back / deduct gains / losses on investments | 101,483 | (79,793) |
| (Increase) / Decrease in debtors | (229,934) | (31,064) |
| Increase / (Decrease) in creditors falling due within one year | 257,817 | 61,657 |
| Increase / (Decrease) in creditors falling due in more than one year | 200,000 | - |
| Net cash provided by/(used in) operating activities | <u>75,121</u> | <u>(186,852)</u> |

Notes

| 15. THE FUNDS OF THE CHARITY | Brought Forward | Income | Expenditure | Gains/ (Losses) | Transfers | Carried Forward |
|---|------------------------|---------------|--------------------|------------------------|------------------|------------------------|
| | £ | £ | £ | £ | £ | £ |
| Unrestricted funds - 2022 | | | | | | |
| Designations | | | | | | |
| Charlie Waller Institute Chair fund (2028 - 2032) | 250,000 | - | (250,000) | - | 250,000 | 250,000 |
| Boys in Mind / Girls Mind Too Project | 42,046 | 9,253 | (51,299) | - | - | - |
| Parent/Carer Peer Support | 141,155 | - | (103,079) | - | 88,427 | 126,503 |
| Newham Community College Project | 24,193 | - | - | - | (24,193) | - |
| elearning development | 23,000 | - | (30,000) | - | 24,500 | 17,500 |
| Student participation videos | 13,000 | - | - | - | - | 13,000 |
| Schools book club | 15,000 | - | (4,102) | - | (10,898) | - |
| Ted Fort Bursary | 3,000 | - | (3,630) | - | 630 | - |
| Website, CRM & elearning development | 15,000 | - | - | - | - | 15,000 |
| Students against depression website development | - | 5,000 | - | - | - | 5,000 |
| YPinWP Videos (Women and Theatre) | - | 11,380 | (10,391) | - | 4,011 | 5,000 |
| Student Ambassadors | - | - | - | - | 25,000 | 25,000 |
| Parent Carer Peer Support Workers | - | 34,500 | - | - | - | 34,500 |
| Other unfunded expenditure in budget and business plan | 322,175 | - | - | - | (121,458) | 200,717 |
| | 848,569 | 60,133 | (452,501) | - | 236,019 | 692,220 |
| General funds | 1,307,043 | 1,670,350 | (1,425,750) | (101,483) | (236,019) | 1,214,141 |
| | 2,155,612 | 1,730,483 | (1,878,251) | (101,483) | - | 1,906,361 |
| Restricted funds - 2022 | | | | | | |
| Other contracts | - | 166,906 | (162,256) | - | - | 4,650 |
| Restricted grants - Resilience Rucksacks Project with CWI | - | 6,000 | (6,000) | - | - | - |
| Restricted grant - The Band Trust | 33,334 | - | (33,334) | - | - | - |
| Restricted grant - Bernard Sunley Foundation | - | 25,000 | (18,000) | - | - | 7,000 |
| Restricted grant - Clare McKeown Charitable Trust | - | 10,000 | (10,000) | - | - | - |
| Restricted grant - The Cutlers Company | - | 2,000 | - | - | - | 2,000 |
| Restricted grant - David Family Foundation | - | 5,000 | (5,000) | - | - | - |
| Restricted grant - The Freshfield Foundation | - | 24,000 | (8,000) | - | - | 16,000 |
| Restricted grant - Gallagher Community Fund | - | 2,000 | - | - | - | 2,000 |
| | 33,334 | 240,906 | (242,590) | - | - | 31,650 |
| | 2,188,946 | 1,971,389 | (2,120,841) | (101,483) | - | 1,938,010 |
| Unrestricted funds - 2021 | | | | | | |
| Designations | | | | | | |
| Charlie Waller Institute Chair fund (2023 - 2028) | 250,000 | - | - | - | - | 250,000 |
| CWI C.Gilbey scholarship Postgrad Dip | 9,400 | - | (9,400) | - | - | - |
| Nightline, Suicide Calls Project Grant 2020-2021 | 5,000 | - | (5,000) | - | - | - |
| Implementation of Digital Strategy Implementation | 62,055 | - | (62,055) | - | - | - |
| Boys in Mind / Girls Mind Too Project | 70,000 | 21,281 | (54,755) | - | 5,520 | 42,046 |
| Parent/Carer Peer Support | 68,580 | - | (63,616) | - | 136,191 | 141,155 |
| Teen Brain workshop | 8,360 | - | (5,550) | - | (2,810) | - |
| Newham Community College Project | 40,000 | - | (15,807) | - | - | 24,193 |
| Increase academic partnerships | 25,000 | - | - | - | (25,000) | - |
| Digital mental health assessment/evaluation toolkit | 23,000 | - | (23,000) | - | - | - |
| elearning development | 23,000 | - | - | - | - | 23,000 |
| Student participation videos | - | - | - | - | 13,000 | 13,000 |
| Schools book club | - | - | - | - | 15,000 | 15,000 |
| Ted Fort Bursary | - | - | - | - | 3,000 | 3,000 |
| Website, CRM & elearning development | - | - | - | - | 15,000 | 15,000 |
| Other unfunded expenditure in budget and business plan | 268,894 | - | - | - | 53,281 | 322,175 |
| | 853,289 | 21,281 | (239,183) | - | 213,182 | 848,569 |

Notes

| | Brought Forward | Income | Expenditure | Gains/ (Losses) | Transfers | Carried Forward |
|-------------------------------------|-----------------|-----------|-------------|-----------------|-----------|-----------------|
| | £ | £ | £ | £ | £ | £ |
| Designations cont. | | | | | | |
| General funds | 1,392,908 | 1,355,730 | (1,307,451) | 79,793 | (213,937) | 1,307,043 |
| | 2,246,197 | 1,377,011 | (1,546,634) | 79,793 | (755) | 2,155,612 |
| Restricted funds - 2021 | | | | | | |
| Other contracts | - | 21,831 | (21,160) | - | (671) | - |
| Restricted grant - Foyle Foundation | - | 15,000 | (16,426) | - | 1,426 | - |
| Restricted grant - The Band Trust | 66,667 | - | (33,333) | - | - | 33,334 |
| | 66,667 | 36,831 | (70,919) | - | 755 | 33,334 |
| | 2,312,864 | 1,413,842 | (1,617,553) | 79,793 | - | 2,188,946 |

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

| | 2022 | | | 2021 | | |
|-------------------------------------|--------------------|------------------|-------------|--------------------|------------------|-------------|
| | Unrestricted Funds | Restricted Funds | Total Funds | Unrestricted Funds | Restricted Funds | Total Funds |
| | £ | £ | £ | £ | £ | £ |
| Tangible fixed assets | 11,610 | - | 11,610 | 27,662 | - | 27,662 |
| Fixed asset investments | 1,206,494 | - | 1,206,494 | 1,059,973 | - | 1,059,973 |
| Current assets | 1,377,206 | 31,650 | 1,408,856 | 1,299,110 | 33,334 | 1,332,444 |
| Creditors due within one year | (488,950) | - | (488,950) | (231,133) | - | (231,133) |
| Creditors due in more than one year | (200,000) | - | (200,000) | - | - | - |
| | 1,906,360 | 31,650 | 1,938,010 | 2,155,612 | 33,334 | 2,188,946 |

17. CONTROLLING PARTY

The charity as a company limited by guarantee is controlled by the guarantors.

18. RELATED PARTY TRANSACTIONS

During the year, no Trustee received any remuneration (2021 - £nil). During the year, no Trustee received any benefits in kind (2021 - £nil). One Trustee received reimbursement of expenses amounting to £303 in the current year for travel expenses (2021 - One Trustee - £27). In addition, the Trustees took out Trustee indemnity Insurance at a cost of £6,597 (2021 - £5,614).

During the year, unconditional donations totalling £647 (2021 - £613) were received from the trustees.

19. CAPITAL COMMITMENTS

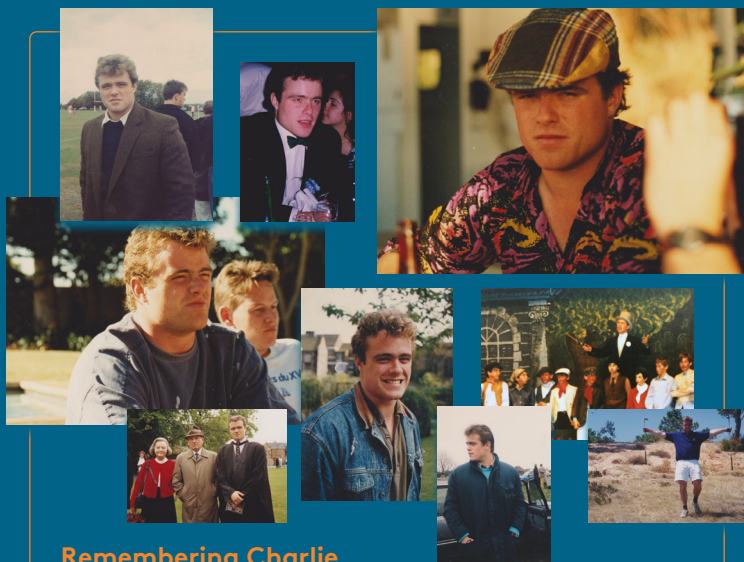
At 31 December 2022, the charity had financial commitments of £Nil (2021: £Nil).

20. OTHER FINANCIAL COMMITMENTS

At 31 December 2022 the Trust had total future minimum lease payments under non-cancellable operating leases expiring as set out below:

| | 2022 | 2021 |
|-----------------------------|---------|--------|
| | £ | £ |
| Land & Buildings | | |
| Payable within one year | 28,800 | 10,214 |
| Payable two to five years | 134,400 | - |

Payments made under land and buildings operating leases in the year amounted to £10,214 (2021: £13,618)



Remembering Charlie

Charlie Waller was a strong, funny, popular, good-looking and kind young man, with a close and loving family. To the outside world, he had everything to live for. Yet in 1997, at the age of 28, Charlie took his own life. He was suffering from depression.

In response to this tragedy, his family founded the Charlie Waller Trust, to open up the conversation around depression, and to ensure that young people are able to understand and look after their mental health and to spot the signs in others.

Charlie sits at the heart of our story, our vision and our purpose.

THANK YOU

We rely on the generosity, energy, skills and commitment of our supporters, donors and volunteers in order to continue our work.

We are enormously grateful for any donation, large or small, and would like to thank all the individuals, trusts, companies, schools, colleges, universities and other organisations whose support enables us to move closer to our vision.

Our vision is of a world where people understand and talk openly about depression, where young people know how to maintain wellbeing, and where the most appropriate treatment is available to everyone who needs it.

GET IN TOUCH

hello@charliewaller.org
01635 869754

FIND OUT MORE

charliewaller.org

FOLLOW US



The Charlie Waller Trust

First Floor • 23 Kingfisher Court • Newbury • Berkshire • RG14 5SJ

Registered Charity No. 1109984