

REGISTERED COMPANY NUMBER: 05283848 (England and Wales)
REGISTERED CHARITY NUMBER: 1109863

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2025
for
SAHIL PROJECT

SKS Justa & Co Ltd
Justa House
206-208 Holbrook Lane
Coventry
CV6 4DD

SAHIL PROJECT

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SAHIL PROJECT

Report of the Trustees for the Year Ended 31 March 2025

The Trustees, who are also Directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Trustee's responsibilities statement

The following statement is made with a view to distinguishing for members the respective responsibilities of the Trustees and the Accountants in relation to the financial statements.

The Trustees are required to prepare accounts for each financial year which give a true and fair view of the state of affairs of the project and of the surplus/deficit of the project for that period. In preparing those accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.


25/11/25
Iqbal Kaur Rihal
Trustee

SAHIL PROJECT

Report of the Trustees
for the Year Ended 31 March 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
05283848 (England and Wales)

Registered Charity number
1109863

Registered office
449 FOLESHILL ROAD
FOLESHILL COVENTRY
WEST MIDLANDS
CV6 5AQ

Trustees
Aravinda Rao Parnandi
Dr Usha Jetty
Iqbal Kaur Rihal
Resham Kaur
Zahoor Bargir

Company Secretary
Rani Harjit Saund

Independent Examiner
SKS Justa & Co Ltd
Justa House
206-208 Holbrook Lane
Coventry
CV6 4DD

Approved by order of the board of trustees on and signed on its behalf by:

I. Rihal.

..... 25/11/25
Iqbal Kaur Rihal - Trustee

Independent Examiner's Report to the Trustees of
SAHIL PROJECT

Independent examiner's report to the trustees of SAHIL PROJECT ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mandeep Singh Sahota, FCCA, FFA

SKS Justa & Co Ltd
Justa House
206-208 Holbrook Lane
Coventry
CV6 4DD

Date: 25/11/25

SAHIL PROJECT

Statement of Financial Activities for the Year Ended 31 March 2025

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	<u>4,460</u>	<u>402,435</u>	<u>406,895</u>	<u>266,269</u>
EXPENDITURE ON					
Charitable activities	3				
Expenditure on charitable activities		<u>116,588</u>	<u>234,611</u>	<u>351,199</u>	<u>233,408</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	12	<u>(112,128)</u> <u>154,556</u>	<u>167,824</u> <u>(154,556)</u>	<u>55,696</u> <u>-</u>	<u>32,861</u> <u>-</u>
Net movement in funds		<u>42,428</u>	<u>13,268</u>	<u>55,696</u>	<u>32,861</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>(31,365)</u>	<u>105,882</u>	<u>74,517</u>	<u>41,656</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>11,063</u></u>	<u><u>119,150</u></u>	<u><u>130,213</u></u>	<u><u>74,517</u></u>

The notes form part of these financial statements

SAHIL PROJECT

Balance Sheet
31 March 2025

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	9	11,064	-	11,064	10,842
CURRENT ASSETS					
Debtors	10	-	30,280	30,280	24,580
Cash at bank		-	94,517	94,517	39,147
		-	124,797	124,797	63,727
CREDITORS					
Amounts falling due within one year	11	-	(5,648)	(5,648)	(52)
NET CURRENT ASSETS		-	119,149	119,149	63,675
TOTAL ASSETS LESS CURRENT LIABILITIES		11,064	119,149	130,213	74,517
NET ASSETS		11,064	119,149	130,213	74,517
FUNDS	12				
Unrestricted funds				11,064	10,790
Restricted funds				119,149	63,727
TOTAL FUNDS				130,213	74,517

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.


The notes form part of these financial statements

SAHIL PROJECT

Balance Sheet - continued
31 March 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on
and were signed on its behalf by:


.....
Iqbal Kaur Rihal - Trustee

The notes form part of these financial statements

SAHIL PROJECT

Notes to the Financial Statements for the Year Ended 31 March 2025

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

SAHIL PROJECT

Notes to the Financial Statements - continued for the Year Ended 31 March 2025

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Coventry Warwickshire Mind Partnership	98,320	98,320
Donations	4,460	3,859
Coventry City Council	5,700	3,499
Hire of room	-	305
National Lottery Community Funds	106,260	71,420
NHS ICB MHI Fund	116,240	54,060
Nun & Bed Council WCC	5,000	15,781
NHS Cov & Warwick partnership	-	13,000
Rethink	16,542	6,025
Voluntary action	1,500	-
Heart of England Cifc Medium	51,137	-
Coventry Foleshill	1,736	-
	<u>406,895</u>	<u>266,269</u>

3. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 4) £	Totals £
Expenditure on charitable activities	<u>308,911</u>	<u>42,288</u>	<u>351,199</u>

4. SUPPORT COSTS

	Management £	Other £	Totals £
Expenditure on charitable activities	<u>42,108</u>	<u>180</u>	<u>42,288</u>

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation - owned assets	<u>1,838</u>	<u>1,913</u>

SAHIL PROJECT

Notes to the Financial Statements - continued for the Year Ended 31 March 2025

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

7. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2025	2024
Employees	<u>9</u>	<u>9</u>

No employees received emoluments in excess of £60,000.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	<u>4,164</u>	<u>262,105</u>	<u>266,269</u>
EXPENDITURE ON			
Charitable activities			
Expenditure on charitable activities	<u>82,397</u>	<u>151,011</u>	<u>233,408</u>
NET INCOME/(EXPENDITURE)	(78,233)	111,094	32,861
Transfers between funds	<u>67,036</u>	<u>(67,036)</u>	<u>-</u>
Net movement in funds	(11,197)	44,058	32,861
RECONCILIATION OF FUNDS			
Total funds brought forward	21,987	19,669	41,656
TOTAL FUNDS CARRIED FORWARD	<u><u>10,790</u></u>	<u><u>63,727</u></u>	<u><u>74,517</u></u>

SAHIL PROJECT

Notes to the Financial Statements - continued for the Year Ended 31 March 2025

9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 April 2024	64,001
Additions	2,060
	<hr/>
At 31 March 2025	66,061
DEPRECIATION	
At 1 April 2024	53,159
Charge for year	1,838
	<hr/>
At 31 March 2025	54,997
NET BOOK VALUE	
At 31 March 2025	11,064
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At 31 March 2024	10,842
	<hr/>

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	5,700	-
Other debtors	24,580	24,580
	<hr/>	<hr/>
	30,280	24,580
	<hr/>	<hr/>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade creditors	1,100	-
Social security and other taxes	93	(1,898)
Pension control account	500	234
Other creditors	1,820	-
Accrued expenses	2,135	1,716
	<hr/>	<hr/>
	5,648	52
	<hr/>	<hr/>

SAHIL PROJECT

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

12. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
	(31,365)	(112,127)	154,556	11,064
Restricted funds				
Restricted	105,882	167,823	(154,556)	119,149
TOTAL FUNDS	<u>74,517</u>	<u>55,696</u>	<u>-</u>	<u>130,213</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
	4,460	(116,587)	(112,127)
Restricted funds			
Restricted	402,435	(234,612)	167,823
TOTAL FUNDS	<u>406,895</u>	<u>(351,199)</u>	<u>55,696</u>

SAHIL PROJECT

Notes to the Financial Statements - continued for the Year Ended 31 March 2025

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
	21,987	(78,233)	67,036	10,790
Restricted funds				
Restricted	19,669	111,094	(67,036)	63,727
TOTAL FUNDS	<u>41,656</u>	<u>32,861</u>	<u>-</u>	<u>74,517</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
	4,164	(82,397)	(78,233)
Restricted funds			
Restricted	262,105	(151,011)	111,094
TOTAL FUNDS	<u>266,269</u>	<u>(233,408)</u>	<u>32,861</u>

SAHIL PROJECT

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.