



## Annual Report 2020 - 2021

30 Years of Service in  
Local Communities







# Contents

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Chair's Review	4
This is Us	6 - 7
Transforming Lives	8 - 11
Our Services	12 - 13
Our Impact	14 - 16
Funding Thanks	17
CEO Review	18
Our Future	19
Treasurers Report	20 - 23

"I feel continuously strengthened and valued in a way where sexual abuse doesn't become the defining subject."

Survivor of Sexual Assault



# Chair's Review

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"This year, the Board will be working with our CEO to ensure Birchall not only assists those who have suffered sexual trauma but also advocates for a society free of sexual abuse and violence."

Our counsellors and clients adapted to working virtually so successfully that the number of people who received counselling increased from 329 in the previous year to 368. The lessons learned have led to an ongoing flexible approach to service delivery.

The impact of the pandemic not only affected Birchall as an organisation but also as individuals, leading to many re-evaluating their priorities. As a result, some of our staff and counsellors decided to pursue different options, including our CEO Karen Greenhow who had given many years of valued service to Birchall.

We were delighted to be able to appoint Vanessa Dixon as CEO and her experience and skills have already had a positive impact on the organisation. Since her appointment Vanessa has worked with the Board of Trustees to develop a strategic plan and ensure the charity has a sound financial footing.

In the latter part of the year the Board adopted the Small Charities Governance Assessment framework to ensure we were acting in line with best practice. This highlighted some areas requiring attention which have been acted on and the Board will

integrate key points into our ongoing governance monitoring.

Finally,

Thank you to all those who have worked for Birchall during this difficult year and contributed to "service as normal" while managing their own pandemic related challenges. To those who have taken new paths, our best wishes. A special thanks to Jan Athorn who took additional responsibility to maintain services in the period when we were without a CEO.

Gratitude to our funders and supporters who have recognised the value of our work and provided the financial backing to ensure our services are available to all who require them.

Lastly, a personal thank you to my fellow board members who have committed so much time and effort to ensure Birchall has emerged from the past year stronger and fitter for the future.



Dr. Elizabeth Taylor







# This is us

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Sexual abuse and rape inflict deep trauma - the effects of which can last a lifetime if left untreated. Birchall understand complex trauma, we have specialist training on how the body and brain responds when someone feels like they're under significant threat. We understand the impact that sexual violence has on everyone who experiences it, be that as a one-off incident or years of grooming and abuse.

We offer advice and information, practical support to deal with things such as; flashbacks, sleep patterns, improving mental wellbeing. In the longer-term we offer counselling and play therapy where we start to really help people recover from their trauma and to put their emotional and psychological safety as a key priority.

## Sharing our Vision

Here at Birchall we believe that we should be able to live in a society that is free of sexual abuse, rape, exploitation and sexualised violence.

## On a Mission

We empower people affected by these issues to recover from trauma so they can lead safe and fulfilling lives. As soon as someone contacts us, we ensure they know they have been heard and believed and that we can support them in their next steps, whatever they are.

## Delivering Outcomes

Trauma effects an individual's physiology, emotions, impulse control, self-image and their ability to think, learn, concentrate and form relationships. People can suffer from a range of complex feelings, including anger, shame and guilt and exhibit challenging behaviour.

By working with our specialist team, people can build their self-awareness, develop healthy coping strategies and improve their physical and mental health. They learn to trust others and form relationships that are healthy and fulfilling. They can manage their symptoms of anxiety and are able to cope with life on a day-to-day basis. They often find creative ways to express their thoughts and feelings rather than more harmful coping strategies.





## Taking a Trauma Informed Approach



At Birchall, we work in a trauma informed way, which means we realise the widespread impact of trauma and understand potential paths for recovery.

Seeking to actively resist retraumatisation, we recognise the signs and symptoms of trauma in those accessing our services, in their families and in others involved in the systems.

We respond by fully integrating knowledge about trauma into our policies, procedures and practices.

We offer support, ideas and techniques around stabilisation and grounding, allowing people the space to become ready for that deeper work, ensuring they are not overwhelmed and can use

their counselling time to the best effect.

With young children in therapy, we use play, art and sand therapy. These activities enable them to communicate without using words and helps them to process their experience

Our services allow people to work on a deeper level and address the trauma they have experienced.

# Transforming Lives

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## Ida's Story

I received weekly counselling from the Birchall Trust for some considerable time. It's with the help of Birchall and other specialised professionals, that I am alive today. The understanding I have gained of trauma during my own recovery has given me a voice to raise awareness of the importance of specialised help in treatment of sexual trauma.

Sexual abuse is a unique type of crime because it attacks us at the most vulnerable core of our being, our sexuality. Unlike many other types of crime, it's often perpetrated by people who we admire, trust and even love. It also uniquely isn't often characterised by brutal force but by careful psychological manipulation that leaves victims not only confused but also often feeling responsible for being victimised in the most callous way.

It's a crime that thrives on silence, for as long as a victim feels responsible, they won't expose the perpetrator. Asking for help is an act of direct defiance against the abuser, and any victim who takes that step deserves to be heard by a professional who is trained to understand what courage this has taken.

My first experience with a counsellor, who didn't understand this very specific type of trauma, was catastrophic. Due to successful manipulation I was confused about the events, and as a result, my counsellor recommended me a book for 'women who ignore nice men and try to make bad boys change

their ways instead.' In reality, my partner had repeatedly raped me for two years.

After it had taken me so much courage to speak up, this reaction was devastating. In my head, a person of authority, a trained professional, used the same words as my rapist. It had, indeed, been all my fault.

I then decided to never speak out again.

However, my experiences didn't leave me alone and by the time I reached out for help again, I was amidst suicidal depression. Throughout my time with the Birchall Trust, my counsellors worked at my pace. Gently, carefully, layers of manipulation were removed and finally the only thing left was the devastating truth.

Then, and only then, the long road to healing could begin. I could rightly accredit my counsellors at the Birchall Trust for countless things but the most crucial thing they did was hear me. With their tireless help I understand past events as the crimes that they were, and can now say the following: It was not my fault.



## Jenny's Story

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Jenny, aged 18 Jenny was referred for support after allegations of sexual assault towards her by her dad and the subsequent breakdown of their relationship.

Jenny also had a miscarriage and was struggling at home, particularly with her relationship with her mum. Jenny had been self-harming for several years as a way of coping with her feelings. In her sessions Jenny was able to talk through her feelings about her dad and decided that she didn't want any further contact.

Jenny did some artwork in her sessions to reflect and process her feelings around her miscarriage.

Through this she was able to discover new outlets for her strong emotions which she was able to use in everyday life: meaning that she no longer relied on self-harm as a method of coping.

Her artwork also helped her confidence grow and helped her nurture her own identity; which enabled her to: cope with strong feelings, stop self-harming, build a positive relationship with her mum and apply for a job and a place at college.









## Sammy's Story

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Sammy, aged 13, Sammy was referred to us following a disclosure of sexual assault by his Great Uncle. His case was being investigated by the police and his Uncle had been placed under bail conditions, therefore initially his counsellor worked with him on a Pre-trial basis.

When Sammy came along for his initial assessment, he was very quiet and nervous. His counsellor reassured him that they would work at his pace and in a way that felt comfortable for him. They began to slowly get to know each other by exploring the things that Sammy liked to do, such as playing computer games, football and building things. They also played 'snap' which Sammy loved.

They explored the notion of safety and Sammy was encouraged to create a 'safe place', where he felt he could be himself and relax. He drew a small imaginary bedroom in his parents' flat and told his counsellor he would like to live with them.

He began to explore his thoughts and feelings about school and his struggle to develop and maintain friendships and tendency to get into fights with his peers, often resulting in exclusion from school. Sammy told his counsellor that he didn't know how to talk about his feelings but knew how to 'be angry'.

It was at this point that Sammy disclosed that he had a particularly difficult relationship with his Grandad and would like it to improve. In time Sammy disclosed that his Grandad had been verbally, emotionally, and physically abusive towards him over a number of years.

Social Services agreed that Sammy could stay with his parents at their one-bedroom flat in the short term and after a formal assessment the family were subsequently allocated a house in Barrow so Sammy could have his own bedroom. Sammy told his counsellor that he loved living with his parents and had never felt as safe.

They spent time developing coping mechanisms which helped him regulate his feelings and deal with his anger, which sometimes resulted in self-harm. He had also had thoughts about killing himself after his assault. He was encouraged to share this with his Mum who reassured him that he could always talk to her or his Dad. In his counselling

sessions he explored how he could approach his parents and decided that he would use a code word if he was feeling unsafe or worried.

Sammy was considering finishing counselling, but his family were concerned as they'd learned that his Uncle was due to be released from prison. Sammy became extremely anxious so in his counselling sessions he worked on how to manage any difficult feelings, focusing on his ability to keep himself safe and to continue communicating to his parents.

Sammy's counselling finished in March 2021. His family felt Sammy had matured, his relationships had improved and that he was much happier. They were all very proud of him. They felt that continuing to receive telephone support during lockdown had acted as a 'safety net' helping Sammy to stabilise, to regulate his feelings and develop coping strategies, particularly throughout his Grandad's illness and when his Uncle was released from prison.

# Our Services

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## Adult Counselling

“All in all, it has been a fantastic year. Looking back, nothing makes me prouder than the transformative work we complete with our clients - supporting them to lead a safe and fulfilling life remains at the heart of everything we do.”

2020 was an unprecedented year for Birchall, counselling was completely halted and we reverted to working digitally, closing our 4 buildings overnight. This was a plunge into the unknown for our service yet the staff team, counsellors and play therapists completely rose up to meet the challenge head on.

Training was sought to ensure we were providing a safe digital service. Paperwork was re-drafted and processes were changed to ensure we could still operate ethically whilst working home from home. We sorted our infrastructure and set up daily team buzz sessions. Further training to support grief and loss was completed to ensure we could deal with issues that the pandemic brought for so many.

Over the year, digital counselling became a new norm and settled into a constructive way of working for many of the adults who successfully completed their counselling. Looking back at the feedback we receive from clients, Birchall was still able to work its' magic and live up to its standards as an excellent counselling support service.

Jan Athorn  
Head of Services



12





## Children and Young People Counselling

"It is important that parents and carers are offered a space to understand and learn about the impact of the abuse their child has experienced and how this affects their child's emotional, social and physical wellbeing."

Birchall continues to be recognised and valued by clients, parents and carers, and professionals. Support for parents and carers is immensely valuable and we have now formally introduced parent consultation sessions and parent collaborative work to our Children & Young People service.

Maintaining the therapeutic relationship with Counsellors throughout this pandemic year has been vital for children and young people. Throughout what has been an extraordinary lived experience - with changes to schooling, family and social life - the one constant has remained their therapy sessions and contact with their Counsellor.

This year, we have worked much more closely with external agencies involved with our clients and their families.

This has proved extremely beneficial to the holistic and shared 'Team around the Family' support offered to our young clients, enabling them to achieve their best outcome within our service and beyond.

As CYP Lead, I continue to be in awe of the wonderful Counsellors and Therapists working with the children and young people in the service. Their dedication, commitment and enthusiasm for working with children and young people, including writing reports, attending meetings and communicating with parents/carers and professionals, is what makes The Birchall Trust such a unique and holistic service for our young clients.

Kim E Robinson, CYP Lead

*Kim E Robinson*



# Our Impact

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During the pandemic we reorganised, retrained and invested in technology to ensure we continued to deliver services to **517** adults and **75** children and young people.

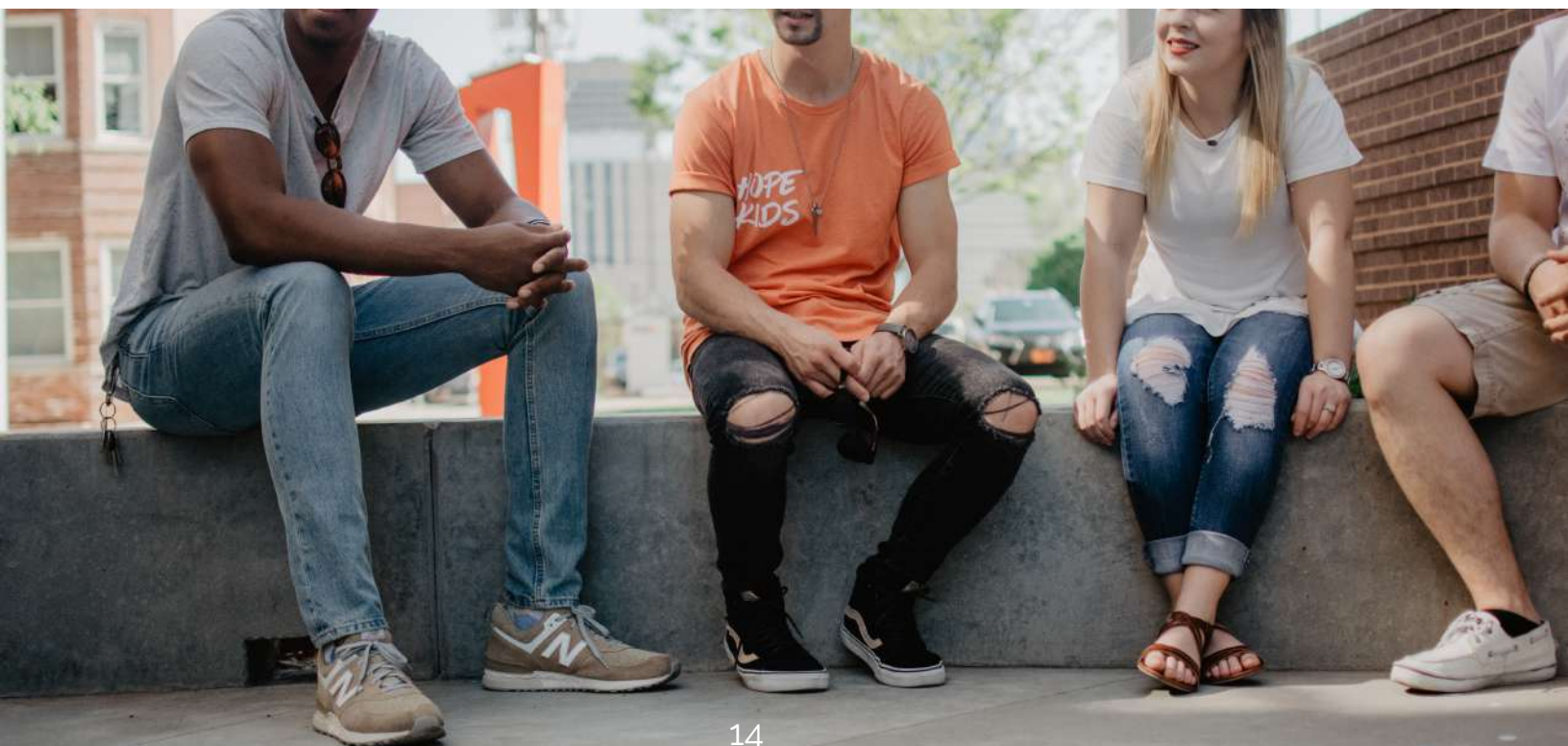


85% of our adult clients  
define as female  
13% define as male.  
1% identify as transgender  
1% identify as non binary



75% of our CYP define as  
female  
23% define as male  
1% define as transgender  
and 1% are gender fluid

As a service that is proud to hold male accreditation; we encourage males to come forward and engage as research suggests males are less likely to report sexual violence.





4,806

Counselling sessions were completed

10-40

Counselling sessions were received by clients

22%

Received additional sessions for complex issues

A total of 399 females aged 18 or over contacted the service and received support, such as advice and signposting, or entered the service for counselling.

254 women received 3213 sessions of counselling over the year, which is an average of around 12 sessions per client.

A total of 71 males aged 18 or over contacted the service and received support, such as advice and signposting, or entered the service for counselling.

37 men received 483 sessions of counselling in the year, which is an average of around 13 sessions per client.

Males made up 13% of the adult clients that engaged in counselling.

Males made up 15% of the adult clients that received advise and signposting.

"The Birchall Trust has a knack of hearing the silence, always challenging and developing me in an atmosphere of warmth and acceptance"



82%

Experienced  
reduced PTSD  
symptoms



74%

Experienced  
reduced anxiety

88%

Reported their  
ability to cope with  
everyday life had  
improved



91%

of clients reported  
their health and  
wellbeing improved

80%

Experienced  
reduced depression

“Counselling was different to what I had expected and I had ‘breakthroughs’ when I least expected it. The Birchall Trust is a well organised, excellent and essential service”

Male, Age 67



# Funding Thanks

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As for many charities the last year posed many challenges for the Birchall Trust in securing its financial future.

We were fortunate to receive some extra funding and support from a number of our existing funders including Children in Need, Lloyds Bank Foundation and Cumbria Community Foundation. We also received emergency grants from the Ministry of Justice



Grants enabled us to provide extra administrative support and supervisions for our counselling team, extra time for our freelance fundraiser, trial our service one evening a week and purchase essential PPE to enable us to safely return to our premises.



Lloyds Bank Foundation also provided extra resources which helped strengthened our delivery. Our senior staff team were provided with 1-1 coaching and our fundraiser was given the opportunity to work with the Foundation for Social Improvement (FSI). Their support was invaluable in helping us compile a Funding Strategy and develop an Evaluation Framework and Theory of Change.



Over the last year we have continued to work with a volunteer from the Royal Statistical Society as part of a joint programme with the National Lottery. This has made a big difference in our ability to accurately report our outcomes, helping us complete yearly evaluations and strengthening our funding applications.



We are particularly grateful to have received ongoing support from local funders, the Frieda Scott Trust, the Francis Scott Trust, Cumbria Community Foundation and the Sir John Fisher Foundation. Their support has been vital in helping us move forward and secure larger grants for the next three years from national funders, Children in Need and the Henry Smith Charity.



Despite the limitations posed by national lockdowns our supporters were innovative in their fundraising. A variety of activities took place including online raffles, sponsored walks, Facebook birthday fundraisers and a client being sponsored to grow a moustache during Movember! We are very grateful to all those who have raised funds for us including two student groups from Lancaster University, Ludus Dance and Amnesty International.



Local businesses continue to support us in a variety of ways including local Co-op stores in Morecambe, BAE 'Give As You Earn Scheme' and the Waterworks Studio who donated selection boxes to our Children and Young People's services at Christmas.



# CEO Review

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The year saw the whole world come to a standstill due to the pandemic – here at Birchall we knew we wouldn't have that option. The amazing team pulled together, put things in place and swiftly moved over into a new world of online services.

Many were reluctant and thought it couldn't work, and in some cases unfortunately it didn't. but for many others that continued to link with our services, it genuinely saved their lives during a very difficult time.

I joined this amazing team in December 2020 – the team were tired and frazzled, it had been a difficult time for everyone, both inside and outside of work, but the passion and dedication of the team shone through right from the start.

What has also been amazing is their trust in me as a new CEO with different ideas and ways of working. Developing a new strategy and taking them on a period of change could have pushed them over the edge but they all embraced it, rolled up their sleeves and announced loudly that they were ready.

We are now in our 30th year as a charity, and sadly, there remains a need for our services. In fact, we are seeing demand increasing.

We have worked hard to future-proof our services and to raise awareness of the impact rape and sexual abuse has on those using our services.

Going forwards, we have an even stronger team and vision. We have reviewed the services we offer and expanded those to be more holistic, involving our service users, stakeholder and funders. We are about to launch our new volunteer programme – Birchall Ambassadors and are looking forward to working in partnership with our community.

I would like to thank the staff team, especially Jan Athorn (who stepped up as the interim CEO in a very uncertain time), the Board of Trustees, our funders, volunteers and the local community for their continued belief and support.

Vanessa Dixon





# Our Future

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“The future of The Birchall Trust will be one in which we meet the needs of growing numbers of children and adults in Cumbria and Lancashire who have been subjected to sexual violence, rape, sexual abuse, trafficking, online abuse, and exploitation regardless of gender identity sexuality, ethnicity, culture, or religion.”

To provide high quality trauma informed services to survivors of sexual abuse, rape, and sexualised violence in an accessible way

To develop and enhance our services to meet new and emerging needs with the involvement of our clients

To build a strong profile and to use our experience and expertise to be a positive influence to reduce sexual abuse violence and build better services for those affected by it

To be a strong, sustainable and effective independent organisation



# Statement of Financial Activities

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The Birchall Trust has ended the financial year April 2020-March 2021 with a healthy financial balance of £316,306 (2020: £275,182). The funds are made up of an unrestricted balance £183,325 and a restricted balance £132,981.

The restricted funds of £132,981 will be used towards delivering our services in the next financial year 2021/2022.

The unrestricted funds of £183,325 provide the charity with the security of a 'Reserves Policy'. The reserves policy is calculated to accommodate a 6 month 'wind-down' period, should the charity fail to secure funding support in the future. It also provides a small amount of funding to be spent at the

discretion of the Trustees in furtherance of the charity's objectives (see annual accounts for details).

*In the same way as previous years, I have analysed the end of year accounts using the three key ratio's. Fundraising and administration costs to total expenditure (FACE, up 3%), Administration costs to total expenditure (ACE, up 1%) and fundraising costs to total expenditure (FCE, up 2%).*

This year we have made major changes to our organisational structure and staffing. As can be seen in the key ratios these have driven increases in both administration and fundraising costs. These changes have been made to improve our productivity and to ensure that we continue to deliver our service to the highest quality standards.

## How we have spent our funds

The Covid pandemic has driven our operating costs up. We have needed to invest significant amounts in specialist cleaning equipment to ensure the safety of our staff and clients visiting our facilities along with laptop computers to enable staff to work from home. However, even though we have had these additional costs we have still been able to increase spend on charitable activities by £17,797 a 7% increase on the previous year.

The pandemic has also had a major impact on the availability of funding. We will need to keep a sharp focus on our fundraising activities to ensure we can maintain our current service levels.

We are extremely grateful for the support we have received from donations and grant making organisations, whose support has enabled our charity to carry on delivering this vital service in south

Cumbria and north Lancashire.

I would like to thank all of the Birchall Trust team for all their hard work and dedication, which has enabled us to continue to support our clients through these extremely challenging times.

Simon Hanson  
Treasurer







# Treasurers Report

For the Year Ended 31 March 2021

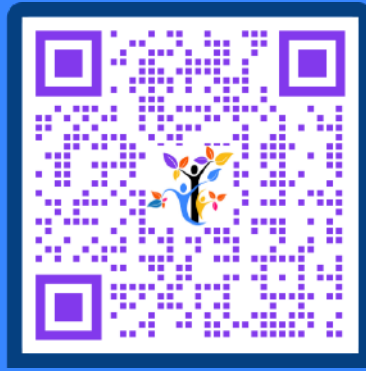
	Unrestricted Funds £	Restricted Funds £	2021 Total Funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM Charitable activities				
Counselling, advice & Support	7,640	402,968	410,608	329,451
Other Trading activities	2	1	3	216
Investment income	122	-	122	912
<b>Total</b>	<b>7764</b>	<b>402,969</b>	<b>410,733</b>	<b>330,579</b>
EXPENDITURE ON Charitable activities				
Counselling, advice & support	(478)	370,087	369,609	333,319
<b>NET INCOME/(EXPENDITURE)</b>	<b>8,242</b>	<b>32,882</b>	<b>41,124</b>	<b>(2,740)</b>
RECONCILIATION OF FUNDS				
Total funds brought forward	175,083	100,099	275,182	277,922
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>183,325</b>	<b>132,981</b>	<b>316,306</b>	<b>275,182</b>



# Balance Sheet

31 March 2021

	Unrestricted Funds £	Restricted Funds £	2021 Total Funds £	2020 Total funds £
<b>CURRENT ASSETS</b>				
Cash in bank and in hand	183,325	132,981	316,306	275,182
<b>NET CURRENT ASSETS</b>	183,325	132,981	316,306	275,182
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	183,325	132,981	316,306	275,182
<b>NET ASSETS</b>	183,325	132,981	316,306	275,182
<b>FUNDS</b>				
Unrestricted funds			183,325	175,083
Restricted funds			132,981	100,099
<b>TOTAL FUNDS</b>			<b>316,306</b>	<b>275,182</b>



Tel: 01229 820828 · Email: [enquiries@birchalltrust.org.uk](mailto:enquiries@birchalltrust.org.uk)

60 Hartington St, Barrow-in-Furness LA14 5SR

36 Northumberland Street, Morecambe LA4 4AY

Registered Charity No: 1109637 · Company Number: 5424196

Other than where specifically noted, all written content has been anonymised to ensure the safety of our service users. The images used in this document do not relate to anyone mentioned.



**REGISTERED COMPANY NUMBER: 05424196 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1109637**

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021**  
**FOR**  
**THE BIRCHALL TRUST**

Taylor, Robertson & Willett Ltd  
95 King Street  
Lancaster  
Lancashire  
LA1 1RH

**THE BIRCHALL TRUST**

**CONTENTS OF THE FINANCIAL STATEMENTS**  
**for the Year Ended 31 March 2021**

	<b>Page</b>
<b>Report of the Trustees</b>	1 to 2
<b>Independent Examiner's Report</b>	3
<b>Statement of Financial Activities</b>	4
<b>Balance Sheet</b>	5
<b>Notes to the Financial Statements</b>	6 to 14
<b>Detailed Statement of Financial Activities</b>	15 to 16



## **THE BIRCHALL TRUST**

### **REPORT OF THE TRUSTEES** **for the Year Ended 31 March 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **FINANCIAL REVIEW**

##### **Reserves policy**

At the end of the financial year the combined funds of the charity totalled £316,306 (2020: £275,182). This figure may appear substantial, however it will deplete rapidly if the charity fails to secure future funding.

The funds carried forward into the next financial year are made up of an unrestricted balance of £183,325 and a restricted balance of £132,981.

The unrestricted funds of £183,325 provide the charity with the security of a 'Reserves Policy'. The reserves policy is calculated to accommodate a 6 month 'wind-down' period, should the charity fail to secure funding support in the future. It also provides a small amount of funding to be spent at the discretion of the Trustees in furtherance of the charity's objectives:

- Reserves Policy (6 month wind-down)	
o Staff / Redundancies	£70,572
o Counselling services	£33,000
o Rent, services, Property conversion & Removals	£20,390
o Fundraising (Cont.)	£11,000
o Governance, Communication, Travel & Expense	£10,250
	<b>£145,212</b>
 - Trustees discretionary funds	 <b>£38,113</b>

The restricted funds of £132,981 have been granted by the charity's funders for specific reportable activities with respect to delivering services in the next financial year.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

05424196 (England and Wales)

##### **Registered Charity number**

1109637

##### **Registered office**

60 Hartington Street  
Barrow In Furness  
Cumbria  
LA14 5SR

##### **Trustees**

S P Hanson  
Dr S F Weare  
ME Taylor - Chair  
J Brown (appointed 15.4.20)

**THE BIRCHALL TRUST**

**REPORT OF THE TRUSTEES**  
**for the Year Ended 31 March 2021**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Company Secretary**

Dr S F Weare

**Independent Examiner**

Taylor, Robertson & Willett Ltd

95 King Street

Lancaster

Lancashire

LA1 1RH

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

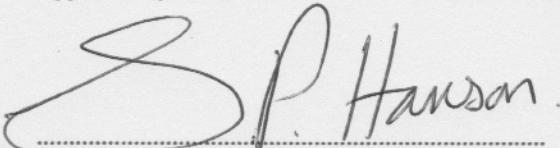
The trustees (who are also the directors of The Birchall Trust for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 11<sup>th</sup> August '21 and signed on its behalf by:



S P Hanson - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
THE BIRCHALL TRUST**

**Independent examiner's report to the trustees of The Birchall Trust ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Chartered Association of Certified Accountants which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

 FCCA

Mr Stephen Paul Slater  
Chartered Association of Certified Accountants  
Taylor, Robertson & Willett Ltd  
95 King Street  
Lancaster  
Lancashire  
LA1 1RH

22 July 2021



**THE BIRCHALL TRUST****STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Year Ended 31 March 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
<b>Charitable activities</b>	4				
Counselling, advice & support		7,640	402,968	410,608	329,451
Other trading activities	2	2	1	3	216
Investment income	3	122	-	122	912
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total</b>		7,764	402,969	410,733	330,579
 <b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Counselling, advice & support		(478)	370,087	369,609	333,319
		<hr/>	<hr/>	<hr/>	<hr/>
<b>NET INCOME/(EXPENDITURE)</b>		8,242	32,882	41,124	(2,740)
 <b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		175,083	100,099	275,182	277,922
		<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS CARRIED FORWARD</b>		183,325	132,981	316,306	275,182
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

The notes form part of these financial statements

**THE BIRCHALL TRUST**

**BALANCE SHEET**

**31 March 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank and in hand		183,325	132,981	316,306	275,182
<b>NET CURRENT ASSETS</b>		<u>183,325</u>	<u>132,981</u>	<u>316,306</u>	<u>275,182</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		183,325	132,981	316,306	275,182
<b>NET ASSETS</b>		<u>183,325</u>	<u>132,981</u>	<u>316,306</u>	<u>275,182</u>
<b>FUNDS</b>	9				
Unrestricted funds				183,325	175,083
Restricted funds				132,981	100,099
<b>TOTAL FUNDS</b>				<u>316,306</u>	<u>275,182</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

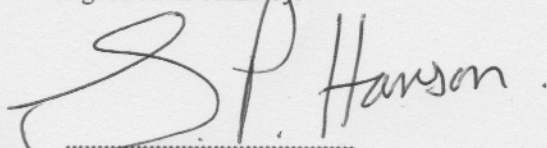
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11<sup>th</sup> August '21 and were signed on its behalf by:

  
S P Hanson - Trustee

The notes form part of these financial statements

## **THE BIRCHALL TRUST**

### **NOTES TO THE FINANCIAL STATEMENTS** **for the Year Ended 31 March 2021**

#### **1. ACCOUNTING POLICIES**

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Fixed assets are stated at cost less accumulated depreciation. The costs of additions below £1,250 are not capitalised. Depreciation is provided in full in the year of purchase.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### **2. OTHER TRADING ACTIVITIES**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Rent & services	<b>3</b>	<b>216</b>
	<hr/>	<hr/>



**THE BIRCHALL TRUST****NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31 March 2021****3. INVESTMENT INCOME**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Bank interest	<b>122</b>	<b>912</b>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Donations	<b>7,640</b>	<b>9,252</b>
Training income	<b>-</b>	<b>750</b>
Grants	<b>402,968</b>	<b>319,449</b>
	<b>410,608</b>	<b>329,451</b>

Grants received, included in the above, are as follows:

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Ministry of Justice - Rape Support Fund	<b>-</b>	<b>21,000</b>
Francis C Scott Trust	<b>20,000</b>	<b>20,000</b>
BBC Children In Need	<b>32,818</b>	<b>31,870</b>
The National Lottery Community Fund	<b>82,000</b>	<b>82,000</b>
Sir John Fisher Foundation	<b>35,000</b>	<b>20,000</b>
Lloyds Bank Foundation	<b>24,500</b>	<b>23,792</b>
LPCC Trust House	<b>12,120</b>	<b>-</b>
Freida Scott Charitable Trust	<b>20,000</b>	<b>11,673</b>
Lancashire Police & Crime Commissioner	<b>-</b>	<b>7,070</b>
Garfield Weston Foundation	<b>20,000</b>	<b>-</b>
CPCC SafetyNet	<b>44,408</b>	<b>55,717</b>
Charles Hayward Trust	<b>7,000</b>	<b>-</b>
Walney Extension Community Fund	<b>-</b>	<b>30,000</b>
Cumbria Victims Charitable Trust	<b>-</b>	<b>1,500</b>
Banks Lyon	<b>5,000</b>	<b>-</b>
Innovation Suicide Prevention Funding NHS England/BAE	<b>-</b>	<b>4,702</b>
The Dowager Countess Eleanor Peel Trust	<b>-</b>	<b>5,000</b>
Kendal Town Council	<b>2,250</b>	<b>750</b>
Co-op Local Community Fund	<b>2,186</b>	<b>4,375</b>
BAE	<b>1,500</b>	<b>-</b>
PDS Medical	<b>1,500</b>	<b>-</b>
The Survivors Trust	<b>2,400</b>	<b>-</b>
SLDC Creditors	<b>1,000</b>	<b>-</b>
CPCC Covid Fund	<b>13,119</b>	<b>-</b>
CPCC Covid Emergency	<b>7,566</b>	<b>-</b>
LPCC Covid Fund	<b>13,359</b>	<b>-</b>
Cumbria CF - Covid Emergency	<b>8,351</b>	<b>-</b>
Cumbria CF - Covid	<b>2,943</b>	<b>-</b>
Cumbria CF - Core Funding	<b>5,000</b>	<b>-</b>
SN Guest	<b>855</b>	<b>-</b>
Lloyds Bank Foundation - Emergency Grant	<b>11,446</b>	<b>-</b>
Carried forward	<b>376,321</b>	<b>319,449</b>

## THE BIRCHALL TRUST

### NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 March 2021

#### 4. INCOME FROM CHARITABLE ACTIVITIES - continued

	2021	2020
	£	£
Brought forward	376,321	319,449
The Pilgrim Trust	20,000	-
LPCC Covid Emergency	3,381	-
BBC Children in Need - Covid	3,266	-
	<u>402,968</u>	<u>319,449</u>

#### 5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

##### Trustees' expenses

Trustees received £114.30 (2020: £192.60) in total for stationery and travel expenses. The maximum received by one Trustee was £114.30 (2020: £192.60).

#### 6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
	6	5
Support staff	<u>6</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

#### 7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
<b>Charitable activities</b>			
Counselling, advice & support	10,002	319,449	329,451
Other trading activities	215	1	216
Investment income	912	-	912
	<u>11,129</u>	<u>319,450</u>	<u>330,579</u>
<b>Total</b>	11,129	319,450	330,579
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Counselling, advice & support	1,620	331,699	333,319
	<u>9,509</u>	<u>(12,249)</u>	<u>(2,740)</u>
<b>NET INCOME/(EXPENDITURE)</b>	9,509	(12,249)	(2,740)

**THE BIRCHALL TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31 March 2021**

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	165,575	112,347	277,922
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>175,084</u>	<u>100,098</u>	<u>275,182</u>

**8. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £
<b>COST</b>	
At 1 April 2020 and 31 March 2021	<u>13,256</u>
<b>DEPRECIATION</b>	
At 1 April 2020 and 31 March 2021	<u>13,256</u>
<b>NET BOOK VALUE</b>	
At 31 March 2021	<u>-</u>
At 31 March 2020	<u>-</u>



**THE BIRCHALL TRUST****NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31 March 2021****9. MOVEMENT IN FUNDS**

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
<b>Unrestricted funds</b>			
General fund	175,083	8,242	183,325
<b>Restricted funds</b>			
BBC Children In Need	-	111	111
Francis C Scott Trust	20,000	-	20,000
Sir John Fisher Foundation	20,000	15,000	35,000
Protective Behaviours	3,637	-	3,637
LPCC Trust House	-	3,030	3,030
Freida Scott Charitable Trust	11,673	8,327	20,000
Estate of Dorcas Gay	4,860	-	4,860
Garfield Weston Foundation	-	4,212	4,212
Charles Hayward Trust	-	7,000	7,000
CPCC SafetyNet	25,837	(14,927)	10,910
Cumbria Victims Charitable Trust	1,400	-	1,400
Duchy of Lancaster	727	(727)	-
Innovation Suicide Prevention Funding NHS England/BAE	1,840	-	1,840
The Dowager Countess Eleanor Peel Trust	5,000	(4,235)	765
Kendal Town Council	750	(750)	-
Co-op Local Community Fund	4,375	(1,615)	2,760
BAE	-	1,500	1,500
BBC Children in Need - Covid	-	201	201
PDS Medical	-	1,500	1,500
The Survivors Trust	-	2,400	2,400
SLDC Creditors	-	1,000	1,000
SN Guest	-	855	855
The Pilgrim Trust	-	10,000	10,000
	<hr/>	<hr/>	<hr/>
	100,099	32,882	132,981
<b>TOTAL FUNDS</b>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
	275,182	41,124	316,306

## THE BIRCHALL TRUST

### NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 March 2021

#### 9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	7,764	478	8,242
<b>Restricted funds</b>			
BBC Children In Need	32,818	(32,707)	111
Francis C Scott Trust	20,000	(20,000)	-
Sir John Fisher Foundation	35,000	(20,000)	15,000
Lloyds Bank Foundation	24,500	(24,500)	-
LPCC Trust House	12,120	(9,090)	3,030
The National Lottery Community Fund	82,000	(82,000)	-
Freida Scott Charitable Trust	20,000	(11,673)	8,327
Garfield Weston Foundation	20,000	(15,788)	4,212
Charles Hayward Trust	7,000	-	7,000
CPCC SafetyNet	44,408	(59,335)	(14,927)
Banks Lyon	5,000	(5,000)	-
Duchy of Lancaster	-	(727)	(727)
The Dowager Countess Eleanor Peel Trust	-	(4,235)	(4,235)
Kendal Town Council	2,250	(3,000)	(750)
Co-op Local Community Fund	2,187	(3,802)	(1,615)
BAE	1,500	-	1,500
BBC Children in Need - Covid	3,266	(3,065)	201
Cumbria CF - Core Funding	5,000	(5,000)	-
Cumbria CF - Covid	2,943	(2,943)	-
Cumbria CF - Covid Emergency	8,351	(8,351)	-
CPCC Covid Fund	13,119	(13,119)	-
CPCC Covid Emergency	7,566	(7,566)	-
LPCC Covid Emergency	3,381	(3,381)	-
LPCC Covid Fund	13,359	(13,359)	-
PDS Medical	1,500	-	1,500
The Survivors Trust	2,400	-	2,400
SLDC Creditors	1,000	-	1,000
SN Guest	855	-	855
The Pilgrim Trust	20,000	(10,000)	10,000
Lloyds Bank Foundation - Emergency Grant	11,446	(11,446)	-
	<hr/> 402,969	<hr/> (370,087)	<hr/> 32,882
<b>TOTAL FUNDS</b>	<hr/> 410,733	<hr/> (369,609)	<hr/> 41,124

**THE BIRCHALL TRUST****NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31 March 2021****9. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1/4/19 £	Net movement in funds £	Transfers between funds £	At 31/3/20 £
<b>Unrestricted funds</b>				
General fund	165,575	9,508	-	175,083
<b>Restricted funds</b>				
Francis C Scott Trust	20,000	-	-	20,000
Sir John Fisher Foundation	-	20,000	-	20,000
Protective Behaviours	4,707	(1,070)	-	3,637
Residential	840	-	(840)	-
Lloyds Bank Foundation	5,252	(5,252)	-	-
The National Lottery Community Fund	35,000	(35,000)	-	-
The Hadfield Trust	2,560	(2,560)	-	-
Freida Scott Charitable Trust	-	11,673	-	11,673
Comic Relief	1,837	(1,837)	-	-
Estate of Dorcas Gay	5,059	(199)	-	4,860
Garfield Weston Foundation	1,384	(1,384)	-	-
Charles Hayward Trust	3,787	(3,787)	-	-
CPCC SafetyNet	25,955	(118)	-	25,837
Cumbria Victims Charitable Trust	466	934	-	1,400
Banks Lyon	4,500	(4,500)	-	-
Duchy of Lancaster	1,000	(273)	-	727
Innovation Suicide Prevention Funding NHS England/BAE	-	1,000	840	1,840
The Dowager Countess Eleanor Peel Trust	-	5,000	-	5,000
Kendal Town Council	-	750	-	750
Co-op Local Community Fund	-	4,375	-	4,375
	<hr/> 112,347	<hr/> (12,248)	<hr/> -	<hr/> 100,099
<b>TOTAL FUNDS</b>	<hr/> <hr/> 277,922	<hr/> <hr/> (2,740)	<hr/> <hr/> -	<hr/> <hr/> 275,182



## **THE BIRCHALL TRUST**

### **NOTES TO THE FINANCIAL STATEMENTS - continued** **for the Year Ended 31 March 2021**

#### **9. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	11,129	(1,621)	9,508
<b>Restricted funds</b>			
BBC Children In Need	31,870	(31,870)	-
Francis C Scott Trust	20,000	(20,000)	-
Ministry of Justice - Rape Support Fund	21,000	(21,000)	-
Sir John Fisher Foundation	20,000	-	20,000
Protective Behaviours	-	(1,070)	(1,070)
Lloyds Bank Foundation	23,792	(29,044)	(5,252)
LPCC Trust House	7,070	(7,070)	-
The National Lottery Community Fund	82,000	(117,000)	(35,000)
The Hadfield Trust	-	(2,560)	(2,560)
Freida Scott Charitable Trust	11,673	-	11,673
Comic Relief	-	(1,837)	(1,837)
Estate of Dorcas Gay	-	(199)	(199)
Garfield Weston Foundation	-	(1,384)	(1,384)
Charles Hayward Trust	-	(3,787)	(3,787)
CPCC SafetyNet	55,718	(55,836)	(118)
Cumbria Victims Charitable Trust	1,500	(566)	934
Walney Extension Community Fund	30,000	(30,000)	-
Banks Lyon	-	(4,500)	(4,500)
Duchy of Lancaster	-	(273)	(273)
Innovation Suicide Prevention Funding NHS England/BAE	4,702	(3,702)	1,000
The Dowager Countess Eleanor Peel Trust	5,000	-	5,000
Kendal Town Council	750	-	750
Co-op Local Community Fund	4,375	-	4,375
	<hr/> 319,450	<hr/> (331,698)	<hr/> (12,248)
<b>TOTAL FUNDS</b>	<hr/> <hr/> 330,579	<hr/> <hr/> (333,319)	<hr/> <hr/> (2,740)

**THE BIRCHALL TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31 March 2021**

**10. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

**THE BIRCHALL TRUST****DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Year Ended 31 March 2021**

	2021 £	2020 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Other trading activities</b>		
Rent & services	3	216
<b>Investment income</b>		
Bank interest	122	912
<b>Charitable activities</b>		
Donations	7,640	9,252
Training income	-	750
Grants	402,968	319,449
	<hr/>	<hr/>
	410,608	329,451
<b>Total incoming resources</b>	<hr/>	<hr/>
	410,733	330,579
 <b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Staff costs for client support	88,958	74,994
Rent & services - counselling rooms	27,260	21,535
Counselling equipment	337	391
Refurbish counselling rooms	4,170	3,032
Travelling	1,716	4,850
Counsellors	149,893	151,146
Clinical supervision	6,459	4,315
Training	4,980	5,713
	<hr/>	<hr/>
	283,773	265,976
 <b>Support costs</b>		
<b>Management</b>		
Wages	31,255	26,495
Pensions	2,480	2,708
Rent & services	1,867	1,048
Insurance	1,861	1,691
Telephone	2,874	2,823
Postage and stationery	744	2,991
Covid safety costs	5,051	-
Sundries	2,640	5,487
Professional fees for service development	24,783	18,289
Bank charges	248	254
IT & website	10,342	3,362
	<hr/>	<hr/>
	84,145	65,148

This page does not form part of the statutory financial statements

**THE BIRCHALL TRUST**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Year Ended 31 March 2021**

	2021 £	2020 £
<b>Management</b>		
<b>Governance costs</b>		
Travel & meetings	71	575
Accountancy fees	1,620	1,620
	<hr/>	<hr/>
	1,691	2,195
	<hr/>	<hr/>
Total resources expended	369,609	333,319
	<hr/>	<hr/>
Net income/(expenditure)	41,124	(2,740)
	<hr/> <hr/>	<hr/> <hr/>

This page does not form part of the statutory financial statements



**REGISTERED COMPANY NUMBER: 05424196 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1109637**

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021**  
**FOR**  
**THE BIRCHALL TRUST**

Taylor, Robertson & Willett Ltd  
95 King Street  
Lancaster  
Lancashire  
LA1 1RH

**THE BIRCHALL TRUST**

**CONTENTS OF THE FINANCIAL STATEMENTS**  
**for the Year Ended 31 March 2021**

	<b>Page</b>
<b>Report of the Trustees</b>	1 to 2
<b>Independent Examiner's Report</b>	3
<b>Statement of Financial Activities</b>	4
<b>Balance Sheet</b>	5
<b>Notes to the Financial Statements</b>	6 to 14
<b>Detailed Statement of Financial Activities</b>	15 to 16

## **THE BIRCHALL TRUST**

### **REPORT OF THE TRUSTEES** **for the Year Ended 31 March 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **FINANCIAL REVIEW**

##### **Reserves policy**

At the end of the financial year the combined funds of the charity totalled £316,306 (2020: £275,182). This figure may appear substantial, however it will deplete rapidly if the charity fails to secure future funding.

The funds carried forward into the next financial year are made up of an unrestricted balance of £183,325 and a restricted balance of £132,981.

The unrestricted funds of £183,325 provide the charity with the security of a 'Reserves Policy'. The reserves policy is calculated to accommodate a 6 month 'wind-down' period, should the charity fail to secure funding support in the future. It also provides a small amount of funding to be spent at the discretion of the Trustees in furtherance of the charity's objectives:

- Reserves Policy (6 month wind-down)	
o Staff / Redundancies	£70,572
o Counselling services	£33,000
o Rent, services, Property conversion & Removals	£20,390
o Fundraising (Cont.)	£11,000
o Governance, Communication, Travel & Expense	£10,250
	<b>£145,212</b>
 - Trustees discretionary funds	 <b>£38,113</b>

The restricted funds of £132,981 have been granted by the charity's funders for specific reportable activities with respect to delivering services in the next financial year.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

05424196 (England and Wales)

##### **Registered Charity number**

1109637

##### **Registered office**

60 Hartington Street  
Barrow In Furness  
Cumbria  
LA14 5SR

##### **Trustees**

S P Hanson  
Dr S F Weare  
ME Taylor - Chair  
J Brown (appointed 15.4.20)

**THE BIRCHALL TRUST**

**REPORT OF THE TRUSTEES**  
**for the Year Ended 31 March 2021**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Company Secretary**

Dr S F Weare

**Independent Examiner**

Taylor, Robertson & Willett Ltd

95 King Street

Lancaster

Lancashire

LA1 1RH

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

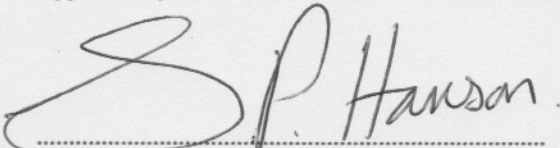
The trustees (who are also the directors of The Birchall Trust for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 11<sup>th</sup> August '21 and signed on its behalf by:

  
S P Hanson - Trustee



**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
THE BIRCHALL TRUST**

**Independent examiner's report to the trustees of The Birchall Trust ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Chartered Association of Certified Accountants which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

 FCCA

Mr Stephen Paul Slater  
Chartered Association of Certified Accountants  
Taylor, Robertson & Willett Ltd  
95 King Street  
Lancaster  
Lancashire  
LA1 1RH

22 July 2021

**THE BIRCHALL TRUST****STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Year Ended 31 March 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
<b>Charitable activities</b>	4				
Counselling, advice & support		7,640	402,968	410,608	329,451
Other trading activities	2	2	1	3	216
Investment income	3	122	-	122	912
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total</b>		7,764	402,969	410,733	330,579
 <b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Counselling, advice & support		(478)	370,087	369,609	333,319
		<hr/>	<hr/>	<hr/>	<hr/>
<b>NET INCOME/(EXPENDITURE)</b>		8,242	32,882	41,124	(2,740)
 <b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		175,083	100,099	275,182	277,922
		<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS CARRIED FORWARD</b>		183,325	132,981	316,306	275,182
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

The notes form part of these financial statements

**THE BIRCHALL TRUST**

**BALANCE SHEET**

**31 March 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank and in hand		183,325	132,981	316,306	275,182
<b>NET CURRENT ASSETS</b>		<u>183,325</u>	<u>132,981</u>	<u>316,306</u>	<u>275,182</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		183,325	132,981	316,306	275,182
<b>NET ASSETS</b>		<u>183,325</u>	<u>132,981</u>	<u>316,306</u>	<u>275,182</u>
<b>FUNDS</b>	9				
Unrestricted funds				183,325	175,083
Restricted funds				132,981	100,099
<b>TOTAL FUNDS</b>				<u>316,306</u>	<u>275,182</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

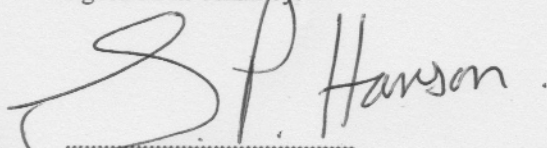
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11<sup>th</sup> August '21 and were signed on its behalf by:

  
S P Hanson - Trustee

The notes form part of these financial statements

## **THE BIRCHALL TRUST**

### **NOTES TO THE FINANCIAL STATEMENTS** **for the Year Ended 31 March 2021**

#### **1. ACCOUNTING POLICIES**

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Fixed assets are stated at cost less accumulated depreciation. The costs of additions below £1,250 are not capitalised. Depreciation is provided in full in the year of purchase.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### **2. OTHER TRADING ACTIVITIES**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Rent & services	<b>3</b>	<b>216</b>
	<hr/>	<hr/>



## **THE BIRCHALL TRUST**

### **NOTES TO THE FINANCIAL STATEMENTS - continued** **for the Year Ended 31 March 2021**

#### **3. INVESTMENT INCOME**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Bank interest	<b>122</b>	<b>912</b>

#### **4. INCOME FROM CHARITABLE ACTIVITIES**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Donations	<b>7,640</b>	<b>9,252</b>
Training income	<b>-</b>	<b>750</b>
Grants	<b>402,968</b>	<b>319,449</b>
	<b>410,608</b>	<b>329,451</b>

Grants received, included in the above, are as follows:

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Ministry of Justice - Rape Support Fund	<b>-</b>	<b>21,000</b>
Francis C Scott Trust	<b>20,000</b>	<b>20,000</b>
BBC Children In Need	<b>32,818</b>	<b>31,870</b>
The National Lottery Community Fund	<b>82,000</b>	<b>82,000</b>
Sir John Fisher Foundation	<b>35,000</b>	<b>20,000</b>
Lloyds Bank Foundation	<b>24,500</b>	<b>23,792</b>
LPCC Trust House	<b>12,120</b>	<b>-</b>
Freida Scott Charitable Trust	<b>20,000</b>	<b>11,673</b>
Lancashire Police & Crime Commissioner	<b>-</b>	<b>7,070</b>
Garfield Weston Foundation	<b>20,000</b>	<b>-</b>
CPCC SafetyNet	<b>44,408</b>	<b>55,717</b>
Charles Hayward Trust	<b>7,000</b>	<b>-</b>
Walney Extension Community Fund	<b>-</b>	<b>30,000</b>
Cumbria Victims Charitable Trust	<b>-</b>	<b>1,500</b>
Banks Lyon	<b>5,000</b>	<b>-</b>
Innovation Suicide Prevention Funding NHS England/BAE	<b>-</b>	<b>4,702</b>
The Dowager Countess Eleanor Peel Trust	<b>-</b>	<b>5,000</b>
Kendal Town Council	<b>2,250</b>	<b>750</b>
Co-op Local Community Fund	<b>2,186</b>	<b>4,375</b>
BAE	<b>1,500</b>	<b>-</b>
PDS Medical	<b>1,500</b>	<b>-</b>
The Survivors Trust	<b>2,400</b>	<b>-</b>
SLDC Creditors	<b>1,000</b>	<b>-</b>
CPCC Covid Fund	<b>13,119</b>	<b>-</b>
CPCC Covid Emergency	<b>7,566</b>	<b>-</b>
LPCC Covid Fund	<b>13,359</b>	<b>-</b>
Cumbria CF - Covid Emergency	<b>8,351</b>	<b>-</b>
Cumbria CF - Covid	<b>2,943</b>	<b>-</b>
Cumbria CF - Core Funding	<b>5,000</b>	<b>-</b>
SN Guest	<b>855</b>	<b>-</b>
Lloyds Bank Foundation - Emergency Grant	<b>11,446</b>	<b>-</b>
Carried forward	<b>376,321</b>	<b>319,449</b>

## **THE BIRCHALL TRUST**

### **NOTES TO THE FINANCIAL STATEMENTS - continued** **for the Year Ended 31 March 2021**

#### **4. INCOME FROM CHARITABLE ACTIVITIES - continued**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Brought forward	<b>376,321</b>	319,449
The Pilgrim Trust	<b>20,000</b>	-
LPCC Covid Emergency	<b>3,381</b>	-
BBC Children in Need - Covid	<b>3,266</b>	-
	<b>402,968</b>	319,449

#### **5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

##### **Trustees' expenses**

Trustees received £114.30 (2020: £192.60) in total for stationery and travel expenses. The maximum received by one Trustee was £114.30 (2020: £192.60).

#### **6. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	<b>2021</b>	<b>2020</b>
	<b>6</b>	<b>5</b>
Support staff		

No employees received emoluments in excess of £60,000.

#### **7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
<b>Charitable activities</b>			
Counselling, advice & support	10,002	319,449	329,451
Other trading activities	215	1	216
Investment income	912	-	912
<b>Total</b>	<b>11,129</b>	<b>319,450</b>	<b>330,579</b>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Counselling, advice & support	1,620	331,699	333,319
<b>NET INCOME/(EXPENDITURE)</b>	<b>9,509</b>	<b>(12,249)</b>	<b>(2,740)</b>

**THE BIRCHALL TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31 March 2021**

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	165,575	112,347	277,922
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>175,084</u>	<u>100,098</u>	<u>275,182</u>

**8. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £
<b>COST</b>	
At 1 April 2020 and 31 March 2021	<u>13,256</u>
<b>DEPRECIATION</b>	
At 1 April 2020 and 31 March 2021	<u>13,256</u>
<b>NET BOOK VALUE</b>	
At 31 March 2021	<u>-</u>
At 31 March 2020	<u>-</u>

**THE BIRCHALL TRUST****NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31 March 2021****9. MOVEMENT IN FUNDS**

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
<b>Unrestricted funds</b>			
General fund	175,083	8,242	183,325
<b>Restricted funds</b>			
BBC Children In Need	-	111	111
Francis C Scott Trust	20,000	-	20,000
Sir John Fisher Foundation	20,000	15,000	35,000
Protective Behaviours	3,637	-	3,637
LPCC Trust House	-	3,030	3,030
Freida Scott Charitable Trust	11,673	8,327	20,000
Estate of Dorcas Gay	4,860	-	4,860
Garfield Weston Foundation	-	4,212	4,212
Charles Hayward Trust	-	7,000	7,000
CPCC SafetyNet	25,837	(14,927)	10,910
Cumbria Victims Charitable Trust	1,400	-	1,400
Duchy of Lancaster	727	(727)	-
Innovation Suicide Prevention Funding NHS England/BAE	1,840	-	1,840
The Dowager Countess Eleanor Peel Trust	5,000	(4,235)	765
Kendal Town Council	750	(750)	-
Co-op Local Community Fund	4,375	(1,615)	2,760
BAE	-	1,500	1,500
BBC Children in Need - Covid	-	201	201
PDS Medical	-	1,500	1,500
The Survivors Trust	-	2,400	2,400
SLDC Creditors	-	1,000	1,000
SN Guest	-	855	855
The Pilgrim Trust	-	10,000	10,000
	<hr/>	<hr/>	<hr/>
	100,099	32,882	132,981
<b>TOTAL FUNDS</b>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
	275,182	41,124	316,306

## **THE BIRCHALL TRUST**

### **NOTES TO THE FINANCIAL STATEMENTS - continued** **for the Year Ended 31 March 2021**

#### **9. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	7,764	478	8,242
<b>Restricted funds</b>			
BBC Children In Need	32,818	(32,707)	111
Francis C Scott Trust	20,000	(20,000)	-
Sir John Fisher Foundation	35,000	(20,000)	15,000
Lloyds Bank Foundation	24,500	(24,500)	-
LPCC Trust House	12,120	(9,090)	3,030
The National Lottery Community Fund	82,000	(82,000)	-
Freida Scott Charitable Trust	20,000	(11,673)	8,327
Garfield Weston Foundation	20,000	(15,788)	4,212
Charles Hayward Trust	7,000	-	7,000
CPCC SafetyNet	44,408	(59,335)	(14,927)
Banks Lyon	5,000	(5,000)	-
Duchy of Lancaster	-	(727)	(727)
The Dowager Countess Eleanor Peel Trust	-	(4,235)	(4,235)
Kendal Town Council	2,250	(3,000)	(750)
Co-op Local Community Fund	2,187	(3,802)	(1,615)
BAE	1,500	-	1,500
BBC Children in Need - Covid	3,266	(3,065)	201
Cumbria CF - Core Funding	5,000	(5,000)	-
Cumbria CF - Covid	2,943	(2,943)	-
Cumbria CF - Covid Emergency	8,351	(8,351)	-
CPCC Covid Fund	13,119	(13,119)	-
CPCC Covid Emergency	7,566	(7,566)	-
LPCC Covid Emergency	3,381	(3,381)	-
LPCC Covid Fund	13,359	(13,359)	-
PDS Medical	1,500	-	1,500
The Survivors Trust	2,400	-	2,400
SLDC Creditors	1,000	-	1,000
SN Guest	855	-	855
The Pilgrim Trust	20,000	(10,000)	10,000
Lloyds Bank Foundation - Emergency Grant	11,446	(11,446)	-
	<hr/> 402,969	<hr/> (370,087)	<hr/> 32,882
<b>TOTAL FUNDS</b>	<hr/> <b>410,733</b> <hr/>	<hr/> <b>(369,609)</b> <hr/>	<hr/> <b>41,124</b> <hr/>



**THE BIRCHALL TRUST****NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31 March 2021****9. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1/4/19 £	Net movement in funds £	Transfers between funds £	At 31/3/20 £
<b>Unrestricted funds</b>				
General fund	165,575	9,508	-	175,083
<b>Restricted funds</b>				
Francis C Scott Trust	20,000	-	-	20,000
Sir John Fisher Foundation	-	20,000	-	20,000
Protective Behaviours	4,707	(1,070)	-	3,637
Residential	840	-	(840)	-
Lloyds Bank Foundation	5,252	(5,252)	-	-
The National Lottery Community Fund	35,000	(35,000)	-	-
The Hadfield Trust	2,560	(2,560)	-	-
Freida Scott Charitable Trust	-	11,673	-	11,673
Comic Relief	1,837	(1,837)	-	-
Estate of Dorcas Gay	5,059	(199)	-	4,860
Garfield Weston Foundation	1,384	(1,384)	-	-
Charles Hayward Trust	3,787	(3,787)	-	-
CPCC SafetyNet	25,955	(118)	-	25,837
Cumbria Victims Charitable Trust	466	934	-	1,400
Banks Lyon	4,500	(4,500)	-	-
Duchy of Lancaster	1,000	(273)	-	727
Innovation Suicide Prevention Funding NHS England/BAE	-	1,000	840	1,840
The Dowager Countess Eleanor Peel Trust	-	5,000	-	5,000
Kendal Town Council	-	750	-	750
Co-op Local Community Fund	-	4,375	-	4,375
	<hr/> 112,347	<hr/> (12,248)	<hr/> -	<hr/> 100,099
<b>TOTAL FUNDS</b>	<hr/> <hr/> 277,922	<hr/> <hr/> (2,740)	<hr/> <hr/> -	<hr/> <hr/> 275,182

## **THE BIRCHALL TRUST**

### **NOTES TO THE FINANCIAL STATEMENTS - continued** **for the Year Ended 31 March 2021**

#### **9. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	11,129	(1,621)	9,508
<b>Restricted funds</b>			
BBC Children In Need	31,870	(31,870)	-
Francis C Scott Trust	20,000	(20,000)	-
Ministry of Justice - Rape Support Fund	21,000	(21,000)	-
Sir John Fisher Foundation	20,000	-	20,000
Protective Behaviours	-	(1,070)	(1,070)
Lloyds Bank Foundation	23,792	(29,044)	(5,252)
LPCC Trust House	7,070	(7,070)	-
The National Lottery Community Fund	82,000	(117,000)	(35,000)
The Hadfield Trust	-	(2,560)	(2,560)
Freida Scott Charitable Trust	11,673	-	11,673
Comic Relief	-	(1,837)	(1,837)
Estate of Dorcas Gay	-	(199)	(199)
Garfield Weston Foundation	-	(1,384)	(1,384)
Charles Hayward Trust	-	(3,787)	(3,787)
CPCC SafetyNet	55,718	(55,836)	(118)
Cumbria Victims Charitable Trust	1,500	(566)	934
Walney Extension Community Fund	30,000	(30,000)	-
Banks Lyon	-	(4,500)	(4,500)
Duchy of Lancaster	-	(273)	(273)
Innovation Suicide Prevention Funding NHS England/BAE	4,702	(3,702)	1,000
The Dowager Countess Eleanor Peel Trust	5,000	-	5,000
Kendal Town Council	750	-	750
Co-op Local Community Fund	4,375	-	4,375
	<hr/> 319,450	<hr/> (331,698)	<hr/> (12,248)
<b>TOTAL FUNDS</b>	<hr/> <hr/> 330,579	<hr/> <hr/> (333,319)	<hr/> <hr/> (2,740)

**THE BIRCHALL TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31 March 2021**

**10. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

**THE BIRCHALL TRUST****DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Year Ended 31 March 2021**

	2021 £	2020 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Other trading activities</b>		
Rent & services	3	216
<b>Investment income</b>		
Bank interest	122	912
<b>Charitable activities</b>		
Donations	7,640	9,252
Training income	-	750
Grants	402,968	319,449
	<hr/> 410,608	<hr/> 329,451
<b>Total incoming resources</b>	<b>410,733</b>	<b>330,579</b>
 <b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Staff costs for client support	88,958	74,994
Rent & services - counselling rooms	27,260	21,535
Counselling equipment	337	391
Refurbish counselling rooms	4,170	3,032
Travelling	1,716	4,850
Counsellors	149,893	151,146
Clinical supervision	6,459	4,315
Training	4,980	5,713
	<hr/> 283,773	<hr/> 265,976
<b>Support costs</b>		
<b>Management</b>		
Wages	31,255	26,495
Pensions	2,480	2,708
Rent & services	1,867	1,048
Insurance	1,861	1,691
Telephone	2,874	2,823
Postage and stationery	744	2,991
Covid safety costs	5,051	-
Sundries	2,640	5,487
Professional fees for service development	24,783	18,289
Bank charges	248	254
IT & website	10,342	3,362
	<hr/> 84,145	<hr/> 65,148

This page does not form part of the statutory financial statements

**THE BIRCHALL TRUST**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Year Ended 31 March 2021**

	2021 £	2020 £
<b>Management</b>		
<b>Governance costs</b>		
Travel & meetings	71	575
Accountancy fees	1,620	1,620
	<hr/>	<hr/>
	1,691	2,195
	<hr/>	<hr/>
Total resources expended	369,609	333,319
	<hr/>	<hr/>
Net income/(expenditure)	41,124	(2,740)
	<hr/> <hr/>	<hr/> <hr/>

This page does not form part of the statutory financial statements