

COMMUNICARE COUNSELLING SERVICE

England & Wales · Charity number 1109521

Details

Other names CCS

Status Registered

Legal form Other

Registered 2005-05-18

Register [View on the Charity Commission register](#)

Contact

Address Christ Church
Redford Way
Uxbridge
UB8 1SZ

Phone 01895256056

Email ccsenquiry@btinternet.com

Website www.communicarecounsellingservice.co.uk

Activities

Objects: 1. TO RELIEVE THE MENTAL AND PHYSICAL SICKNESS AND DISTRESS OF PERSONS IN NEED IN PARTICULAR BUT NOT LIMITED TO THE FOREGOING BY THE PROVISION OF A COUNSELLING AND SUPPORT SERVICE;2. TO ADVANCE THE EDUCATION AND DEVELOPMENT OF TRAINEE COUNSELLORS COMPLETING RECOGNISED COURSES BY OFFERING TRAINING PLACEMENTS.

Activities: The objective is to provide those seeking help with a competent and caring service offering counselling and psychotherapy on an individual, couple or group basis. Our aim is to offer those receiving counsel an opportunity to explore, discover and clarify ways of living more resourcefully and towards greater well being.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** UXBRIDGE, LONDON BOROUGH OF HILLINGDON
- Hillingdon

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£118,902	£130,575	-	-
2024-08-31	£140,070	£141,643	-	-
2023-08-31	£159,084	£152,332	-	-
2022-08-31	£151,963	£148,294	-	-
2021-08-31	£135,582	£146,378	-	-

Trustees

Name	Role	Appointed
ANN SONIA MALKIN	Chair	
BRIAN WILLIAM VAN MOERE		
Julie Dawn Harvey		2019-11-20
PATIENCE PORTIA PARKER		2019-05-22
ROSEMARY EVE VAN MOERE		
Rev Wilbert Runyararo Sayimani		2025-05-14
WYON STANSFELD		

Accounts

Charity Registration no 1109521

COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2025

COMMUNICARE COUNSELLING SERVICE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mr B W Moere
Mrs R E Moere
Ms A S Malkin
Mr W Stansfeld
Mrs P P Parker
Mrs J D Harvey
Rev W Sayimani (Appointed 14 May 2025)

Charity no.

1109521

Charity correspondent

Mr B W Moere
Christ Church
Redford Way
Uxbridge
Middlesex UB8 1SZ

Independent examiner

Mr F Harling
Harling & Kirk Accountants Limited
4 Bowden Lane
High Wycombe
Buckinghamshire
HP11 1DL

Bankers

HSBC
28 High Street
Uxbridge
Middlesex
UB8 1JN

COMMUNICARE COUNSELLING SERVICE

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COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT FOR THE YEAR ENDED 31 AUGUST 2025

The trustees present their report and accounts for the year ended 31 August 2025.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Communicare Counselling Service ("CCS") was registered as an unincorporated charity on 18 May 2005. Previously it was part of Christ Church, Uxbridge. The charity's governing document is a Declaration of Trust made on 12 May 2005.

Trustees

The trustees who served during the year, were:

Mr B W Moere
Mrs R E Moere
Ms A S Malkin
Mr W Stansfeld
Mrs P P Parker
Mrs J D Harvey
Rev W Sayimani (appointed 14 May 2025)

The Declaration of Trust provides that there shall be at least six trustees. Up to four are appointed by the congregation of Christ Church, Uxbridge, the minister of which would normally be one of these. Up to four other trustees may be appointed with a professional or general interest in advancing the objects of the charity. Apart from the first trustees every trustee must be appointed for a term of three years by a resolution of the trustees. The trustees must hold at least two ordinary meetings a year.

Related parties

The trustees of the charity are considered to be related parties of the charity. None of the trustees received remuneration or reimbursement of expenses, except for one of the trustees (Mrs J D Harvey) who is also a counsellor for the charity and is paid for her counselling services accordingly. Payments are approved by the other non-conflicted Trustees as necessary, with payments made at the same rate as what is paid to other counsellors used by the charity.

Risk factors

The trustees have reviewed the risks that the charity faces. The main risk is that there is not sufficient income to cover expenditure. Since expenditure is related almost entirely to counselling sessions, which clients pay for, this is considered a low risk. Risk will be reviewed on an annual basis.

COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

OBJECTIVES AND ACTIVITIES

The objective of the charity is to provide those seeking help with a competent and caring service offering counselling and psychotherapy on an individual, couple or group basis. Its aim is to offer those receiving counsel an opportunity to explore, discover and clarify ways of living more resourcefully and towards greater well-being.

We have considered the Charity Commission's guidance on public benefit when reviewing our objectives and current, and future, activities.

The main activities of the charity are to respond to requests for counselling, to assess the need of those contacting the charity and to consider whether we are the most appropriate resource for them and can accommodate their needs. In addition, we provide student placements with supervision. Our services are available to all members of the public and are inclusive of all genders, sexual and LGBTQIA orientation, ethnicity and disabilities. Our student placements provide supervised training to develop the skills required to provide the counsellors of the future.

ACHIEVEMENTS AND PERFORMANCE

During the past year we have responded to 108 (2024: 117) new contacts resulting in 77 (2024: 93) new clients being seen. Our 21 (2024: 20) self-employed part-time counsellors have counselled for around 3,415 hours (2024: 3,942). There were 2 student placement in the year (2024: 3) and a number of training days have been held. As at the year-end the charity had 344 (2024: 323) current active clients.

Like many organisations, the day-to-day activities of the charity were impacted by the Covid-19 global pandemic which resulted in various lockdown restrictions and social distancing measures from March 2020. The charity at the time had to adapt accordingly, including introducing working from home and holding sessions remotely via telephone calls. This hybrid working model has continued throughout the financial year, although with restrictions lifted previously the charity has been able to offer more face-to-face appointments where counsellors have been able to.

The Trustees are satisfied that the charity is in a strong financial position and the services of the charity continue to be more important than ever to the community.

FINANCIAL REVIEW

Details of the financial performance for the year are set out on pages 5 to 13.

The main source of funding for CCS is from donations by people who attend sessions with the counsellors. During this year £87,658 (2024: £99,021) was received.

After expenses and a small amount of investment income there is a deficit of income over expenditure for the year of £11,673 (2024: £1,573). After this is deducted from the opening fund balance of £93,872 an amount of £82,199 has been carried forward to be used in furtherance of the charity's objectives.

COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

FINANCIAL REVIEW *continued*

Reserve Policy

It is the charity's policy to hold an amount equivalent to approximately six months of the total resources expended in reserve, to meet any fluctuations in receipts and payments that may arise. The charity currently holds approximately seven months of the total resources expended. The trustees continue to consider how best to utilise these additional reserves to meet its charitable objectives and have continued to increase the amount of support given via its assisted places scheme.

PLANS FOR FUTURE YEARS

The charity aims to continue its counselling activities and to provide supervision and support to students and training where appropriate.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

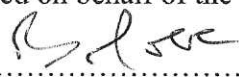
The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with the rules of the trust, applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP published in October 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board of trustees


.....

B. W. Moere (Trustee)

Date: 19.2.2026
.....

COMMUNICARE COUNSELLING SERVICE**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF COMMUNICARE COUNSELLING SERVICE**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 August 2025, which are set out on pages 5 to 13.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Frank Harling ACCA
Harling & Kirk Accountants Limited**

...27/02/2026.

4 Bowden Lane
High Wycombe
Buckinghamshire
HP11 1DL

COMMUNICARE COUNSELLING SERVICE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 AUGUST 2025

	Notes	Total Funds 2025 £	Total Funds 2024 £
INCOME FROM:			
Incoming resources from generated funds			
Donations and legacies	2	2,470	10,400
Investment income	3	2,554	1,459
Incoming resources from charitable activities	4	113,878	128,211
TOTAL INCOME		118,902	140,070
EXPENDITURE ON:			
Charitable activities	5	130,575	141,643
TOTAL RESOURCES EXPENDED		130,575	141,643
NET MOVEMENT IN FUNDS		(11,673)	(1,573)
FUND BALANCE AT 1 SEPTEMBER 24		93,872	95,445
FUND BALANCE AT 31 AUGUST 25	11	82,199	93,872

COMMUNICARE COUNSELLING SERVICE

BALANCE SHEET AS AT 31 AUGUST 2025

	Notes	2025 £	2024 £
FIXED ASSETS			
Tangible assets	7	100	-
CURRENT ASSETS			
Debtors	8	1,617	1,385
Cash at bank and in hand		81,682	93,687
		<u>83,299</u>	<u>95,072</u>
CREDITORS: Amounts falling due within one year	9	<u>(1,200)</u>	<u>(1,200)</u>
NET CURRENT ASSETS		<u>82,099</u>	<u>93,872</u>
NET ASSETS		<u>82,199</u>	<u>93,872</u>
INCOME FUNDS			
Unrestricted funds	11	82,199	93,872
		<u>82,199</u>	<u>93,872</u>

The accounts were approved by the trustees on 18-1-2026

Signed on behalf of the trustees:



B. W. Moere (Trustee)

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 AUGUST 2025

1. ACCOUNTING POLICIES

Charity information

Communicare Counselling Service (“CCS”) is an unincorporated charity which was registered on 18 May 2005. The Charity’s registration number is 1109521.

1.1 **Accounting convention**

The accounts have been prepared in accordance with the Charity’s governing document, the Charities Act 2011 and “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)” (published in October 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The accounts are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on a going concern basis under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 **Going Concern**

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The trustees are satisfied that the charity is well placed to see through the current tough operational and economic environment.

1.3 **Incoming resources**

Voluntary income includes donations, gifts and grants and is included in the Statement of Financial Activities (“SOFA”) for the year when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Investment income is recognised on a receivable basis.

Income resources from charitable activities represent amounts receivable from donations for counselling sessions and other related income.

COMMUNICARE COUNSELLING SERVICE**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2025**

1.4 Resources expended

All expenditure is accounted for on an accruals basis as a liability is incurred.

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services to its beneficiaries and those costs necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and other expenditure not directly related to the charitable activities.

1.5 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Computer Equipment	1/3 of Cost
Furniture, Fixtures and Fittings	1/3 of Cost

1.6 Unrestricted funds

Unrestricted funds are general funds which are available for use at the discretion of the trustees in the furtherance of the objectives of the charity and have not been designated for any other purpose.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown with borrowings in current liabilities.

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

2. DONATIONS AND LEGACIES

	2025 £	2024 £
Grants and donations received	2,470	10,400
	<u> </u>	<u> </u>

3. INVESTMENT INCOME

	2025 £	2024 £
Interest receivable	2,554	1,459
	<u> </u>	<u> </u>

4. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	2025 £	2024 £
Counselling session donations and other related income	113,878	128,211
	<u> </u>	<u> </u>

COMMUNICARE COUNSELLING SERVICE**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2025****5. RESOURCES EXPENDED**

	2025 £	2024 £
Charitable activities		
Counselling session expenses and other related costs	108,642	118,630
Support costs	20,237	21,333
	<u>128,879</u>	<u>139,963</u>
Governance costs	1,696	1,680
	<u>130,575</u>	<u>141,643</u>

Support costs consist of administration and sundry expenses of £9,090 (2024: £10,548), employment costs of £10,030 (2024: £9,833), and insurance costs of £1,117 (2024: £952). Governance costs are made up of fees payable to the Independent Examiner of £1,200 (2024: £1,200) and £496 relating to payroll services (2024: £480) undertaken by the previous Independent Examiner.

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

6. EMPLOYEES

	2025 Number	2024 Number
Number of employees:		
The average monthly number of employees during the year was:	3	3
Employment costs	£	£
Wages and salaries	16,318	15,998
	<u> </u>	<u> </u>

There were no employees whose annual emoluments were £60,000 and above.

7. TANGIBLE FIXED ASSETS

	Fixtures Fittings & Equipment £
COST	
Balance at 31.08.24	2,232
Additions	150
	<u> </u>
Balance at 31.08.25	2,382
	<u> </u>
DEPRECIATION	
Balance at 31.08.24	2,232
Charge for the year	50
	<u> </u>
Balance at 31.08.25	2,282
	<u> </u>
NET BOOK VALUE	
At 31.08.25	100
	<u> </u>
At 31.08.24	-
	<u> </u>

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2025

8.	DEBTORS	2025	2024
		£	£
	Prepayments and accrued income	1,617	1,385
		=====	=====
9.	CREDITORS : Amounts falling due within one year	2025	2024
		£	£
	Accruals and other creditors	1,200	1,200
		=====	=====

10. RELATED PARTIES

Trustees

None of the trustees, or any person connected with them, received any remuneration or reimbursement of expenses during the year, except one trustee who is also a counsellor of the charity.

The trustee in question was already a counsellor of the charity at the time she was appointed as a trustee in November 2019. Payments of £3,884 (2024: £9,210) were made during the year to this trustee for counselling services provided. These payments were approved by the other non-conflicted trustees as necessary, and payments were made strictly in line with the rates paid to other counsellors.

Controlling party

The charity is controlled by the trustees.

COMMUNICARE COUNSELLING SERVICE**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2025****11. MOVEMENTS IN FUNDS**

	At 31.08.24 £	Incoming resources £	Resources expended £	At 31.08.25 £
Unrestricted funds	93,872	118,902	(130,575)	82,199
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

All funds are unrestricted. Unrestricted funds are general funds, which are available for use at the discretion of the trustees in the furtherance of the objectives of the charity and have not been designated for any other purpose.

COMMUNICARE COUNSELLING SERVICE**MANAGEMENT INFORMATION****FOR THE YEAR ENDED 31 AUGUST 2025**

The following schedules do not form part of the published Trustees' Report and Accounts. They are for the trustees' information only and are not prepared in full compliance with the accounting policies shown in note 1 to the accounts.

COMMUNICARE COUNSELLING SERVICE**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 AUGUST 2025**

		2025	2024
	£	£	£
INCOMING RESOURCES			
Session donations received	87,658		99,021
Grant from Christ Church	-		10,000
Supervision charge	1,510		1,620
Room charges	24,450		27,255
Private room hire	240		135
Training income	20		20
Bank interest	2,554		1,459
Medaille	-		160
Other donations	2,470		400
TOTAL INCOMING RESOURCES		118,902	140,070
RESOURCES EXPENDED			
Charitable activities			
Sessions paid	93,411		103,131
Did not show (missed sessions & late refunds)	721		687
Supervision	6,187		6,267
Telephone intakes	2,035		2,380
Employment costs	6,288		6,165
	108,642		118,630

COMMUNICARE COUNSELLING SERVICE

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 AUGUST 2025**

	2025	2024
	£	£
Support costs		
Administration	5,534	5,907
Printing, postage & stationery	85	1,792
Employment costs	10,030	9,833
Telephone charges	2,251	1,908
Insurance	1,117	952
Subscriptions	268	260
Computer costs	182	113
Training costs	450	313
Sundry expenses	-	45
Bank charges	61	62
Client refunds/inv	36	148
DBS Checks	117	-
Donation	56	-
Depreciation	50	-
	<u>20,237</u>	<u>21,333</u>
Governance costs		
Accountancy	<u>1,696</u>	<u>1,680</u>
	<u>1,696</u>	<u>1,680</u>
TOTAL RESOURCES EXPENDED	(130,575)	(141,643)
NET MOVEMENT IN FUNDS	(11,673)	(1,573)
FUND BALANCE AT 31 AUGUST 2024	93,872	95,445
FUND BALANCE AT 31 AUGUST 2025	82,199	93,872

Accounts

Charity Registration no 1109521

COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2024

COMMUNICARE COUNSELLING SERVICE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mr B W Moere
Mrs R E Moere
Ms A S Malkin
Mr W Stansfeld
Mrs P P Parker
Mrs J D Harvey

Charity no.

1109521

Charity correspondent

Mr B W Moere
Christ Church
Redford Way
Uxbridge
Middlesex UB8 1SZ

Independent examiner

Ward Williams
Bay Lodge
36 Harefield Road
Uxbridge
Middlesex UB8 1PH

Bankers

HSBC
High Street
Uxbridge
Middlesex

COMMUNICARE COUNSELLING SERVICE

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COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT FOR THE YEAR ENDED 31 AUGUST 2024

The trustees present their report and accounts for the year ended 31 August 2024.

STRUCTURE, GOVERNANCE AND MANAGEMENT

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Risk factors

The trustees have reviewed the risks that the charity faces. The main risk is that there is not sufficient income to cover expenditure. Since expenditure is related almost entirely to counselling sessions, which clients pay for, this is considered a low risk. Risk will be reviewed on an annual basis.

COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2024

OBJECTIVES AND ACTIVITIES

The objective of the charity is to provide those seeking help with a competent and caring service offering counselling and psychotherapy on an individual, couple or group basis. Its aim is to offer those receiving counsel an opportunity to explore, discover and clarify ways of living more resourcefully and towards greater well-being.

We have considered the Charity Commission's guidance on public benefit when reviewing our objectives and current, and future, activities.

The main activities of the charity are to respond to requests for counselling, to assess the need of those contacting the charity and to consider whether we are the most appropriate resource for them and can accommodate their needs. In addition, we provide student placements with supervision. Our services are available to all members of the public and are inclusive of all genders, sexual and LGBTQIA orientation, ethnicity and disabilities. Our student placements provide supervised training to develop the skills required to provide the counsellors of the future.

ACHIEVEMENTS AND PERFORMANCE

During the past year we have responded to 117 (2023: 134) new contacts resulting in 93 (2023: 91) new clients being seen. Our 20 (2023: 20) self-employed part-time counsellors have counselled for around 3,942 hours (2023: 4,636). There were 3 student placement in the year (2023: 2) and a number of training days have been held. As at the year-end the charity had 323 (2023: 302) current active clients.

Like many organisations, the day-to-day activities of the charity were impacted by the Covid-19 global pandemic which resulted in various lockdown restrictions and social distancing measures from March 2020. The charity at the time had to adapt accordingly, including introducing working from home and holding sessions remotely via telephone calls. This hybrid working model has continued throughout the financial year, although with restrictions lifted previously the charity has been able to offer more face-to-face appointments where counsellors have been able to.

The Trustees are satisfied that the charity is in a strong financial position and the services of the charity continue to be more important than ever to the community.

FINANCIAL REVIEW

Details of the financial performance for the year are set out on pages 5 to 13.

The main source of funding for CCS is from donations by people who attend sessions with the counsellors. During this year £99,021 (2023: £112,766) was received. The trustees would like to express their gratitude to Christ Church who provided a grant for £10,000 (2023: £10,000).

After expenses and a small amount of investment income there is a deficit of income over expenditure for the year of £1,573 (2023: £6,752 surplus). After this is deducted from the opening fund balance of £95,445 an amount of £93,872 has been carried forward to be used in furtherance of the charity's objectives.

COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2024

FINANCIAL REVIEW continued

Reserve Policy

It is the charity's policy to hold an amount equivalent to approximately six months of the total resources expended in reserve, to meet any fluctuations in receipts and payments that may arise. The charity currently holds approximately seven months of the total resources expended. The trustees continue to consider how best to utilise these additional reserves to meet its charitable objectives, and have continued to increase the amount of support given via its assisted places scheme.

PLANS FOR FUTURE YEARS

The charity aims to continue its counselling activities and to provide supervision and support to students and training where appropriate.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

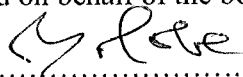
The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with the rules of the trust, applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board of trustees



.....
B. W. Moere (Trustee)

Date: 21 - 4 - 2025

COMMUNICARE COUNSELLING SERVICE**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF COMMUNICARE COUNSELLING SERVICE**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 August 2024, which are set out on pages 5 to 13.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Frank Harling ACCA
Ward Williams**

22/04/2025

Bay Lodge
36 Harefield Road
Uxbridge, Middlesex
UB8 1PH

COMMUNICARE COUNSELLING SERVICE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 AUGUST 2024

	Notes	Total Funds 2024 £	Total Funds 2023 £
INCOME FROM:			
Incoming resources from generated funds			
Donations and legacies	2	10,400	10,000
Investment income	3	1,459	1,480
Incoming resources from charitable activities	4	128,211	147,604
		<u> </u>	<u> </u>
TOTAL INCOME		140,070	159,084
		<u> </u>	<u> </u>
EXPENDITURE ON:			
Charitable activities	5	141,643	152,332
		<u> </u>	<u> </u>
TOTAL RESOURCES EXPENDED		141,643	153,332
		<u> </u>	<u> </u>
NET MOVEMENT IN FUNDS		(1,573)	6,752
FUND BALANCE AT 1 SEPTEMBER 23		95,445	88,693
		<u> </u>	<u> </u>
FUND BALANCE AT 31 AUGUST 24	11	93,872	95,445
		<u> </u>	<u> </u>

COMMUNICARE COUNSELLING SERVICE

BALANCE SHEET AS AT 31 AUGUST 2024

	Notes	2024 £	2023 £
FIXED ASSETS			
Tangible assets	7	-	-
CURRENT ASSETS			
Debtors	8	1,385	1,262
Cash at bank and in hand		93,687	95,323
		<u>95,072</u>	<u>96,585</u>
CREDITORS: Amounts falling due within one year	9	<u>(1,200)</u>	<u>(1,140)</u>
NET CURRENT ASSETS		<u>93,872</u>	<u>95,445</u>
NET ASSETS		<u>93,872</u>	<u>95,445</u>
INCOME FUNDS			
Unrestricted funds	11	93,872	95,445
		<u>93,872</u>	<u>95,445</u>

The accounts were approved by the trustees on 21-4-25

Signed on behalf of the trustees:



B. W. Moore (Trustee)

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 AUGUST 2024

1. ACCOUNTING POLICIES

Charity information

Communicare Counselling Service ("CCS") is an unincorporated charity which was registered on 18 May 2005. The Charity's registration number is 1109521.

1.1 **Accounting convention**

The accounts have been prepared in accordance with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (published in October 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The accounts are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on a going concern basis under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 **Going Concern**

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The trustees are satisfied that the charity is well placed to see through the current tough operational and economic environment.

1.3 **Incoming resources**

Voluntary income includes donations, gifts and grants and is included in the Statement of Financial Activities ("SOFA") for the year when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Investment income is recognised on a receivable basis.

Income resources from charitable activities represent amounts receivable from donations for counselling sessions and other related income.

COMMUNICARE COUNSELLING SERVICE**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2024**

1.4 Resources expended

All expenditure is accounted for on an accruals basis as a liability is incurred.

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services to its beneficiaries and those costs necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and other expenditure not directly related to the charitable activities.

1.5 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Computer Equipment	1/3 of Cost
Furniture, Fixtures and Fittings	1/3 of Cost

1.6 Unrestricted funds

Unrestricted funds are general funds which are available for use at the discretion of the trustees in the furtherance of the objectives of the charity and have not been designated for any other purpose.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown with borrowings in current liabilities.

COMMUNICARE COUNSELLING SERVICE

**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2024**

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Grants received	10,000	10,000
	<u> </u>	<u> </u>

3. INVESTMENT INCOME

	2024	2023
	£	£
Interest receivable	1,459	1,480
	<u> </u>	<u> </u>

4. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	2024	2023
	£	£
Counselling session donations and other related income	128,211	147,604
	<u> </u>	<u> </u>

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2024

5. RESOURCES EXPENDED

	2024 £	2023 £
Charitable activities		
Counselling session expenses and other related costs	118,630	133,493
Support costs	21,333	17,195
	139,963	150,688
Governance costs	1,680	1,644
	141,643	152,332

Support costs consist of administration and sundry expenses of £10,548 (2023: £6,188), employment costs of £9,833 (2023: £9,833), and insurance costs of £952 (2023: £1,174). Governance costs are made up of fees payable to the Independent Examiner of £1,680 (2023: £1,644), £480 of which relates to payroll services (2023: £504).

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2024

6. EMPLOYEES

	2024 Number	2023 Number
Number of employees:		
The average monthly number of employees during the year was:	3	3
Employment costs	£	£
Wages and salaries	15,998	15,998

There were no employees whose annual emoluments were £60,000 and above.

7. TANGIBLE FIXED ASSETS

	Fixtures Fittings & Equipment £
COST	
Balance at 31.08.23	2,232
Additions	-
Balance at 31.08.24	2,232
DEPRECIATION	
Balance at 31.08.23	2,232
Charge for the year	-
Balance at 31.08.24	2,232
NET BOOK VALUE	
At 31.08.24	-
At 31.08.23	-

COMMUNICARE COUNSELLING SERVICE**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2024**

8.	DEBTORS	2024 £	2023 £
	Prepayments and accrued income	1,385 =====	1,262 =====
9.	CREDITORS : Amounts falling due within one year	2024 £	2023 £
	Accruals and other creditors	1,200 =====	1,140 =====

10. RELATED PARTIES**Trustees**

None of the trustees, or any person connected with them, received any remuneration or reimbursement of expenses during the year, except one trustee who is also a counsellor of the charity.

The trustee in question was already a counsellor of the charity at the time she was appointed as a trustee in November 2019. Payments of £9,210 (2023: £8,689) were made during the year to this trustee for counselling services provided. These payments were approved by the other non-conflicted trustees as necessary, and payments were made strictly in line with the rates paid to other counsellors.

Controlling party

The charity is controlled by the trustees.

COMMUNICARE COUNSELLING SERVICE

**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2024**

11. MOVEMENTS IN FUNDS

	At 31.08.23 £	Incoming resources £	Resources expended £	At 31.08.24 £
Unrestricted funds	95,445	140,070	141,643	93,872
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

All funds are unrestricted. Unrestricted funds are general funds, which are available for use at the discretion of the trustees in the furtherance of the objectives of the charity and have not been designated for any other purpose.

COMMUNICARE COUNSELLING SERVICE**MANAGEMENT INFORMATION****FOR THE YEAR ENDED 31 AUGUST 2024**

The following schedules do not form part of the published Trustees' Report and Accounts. They are for the trustees' information only and are not prepared in full compliance with the accounting policies shown in note 1 to the accounts.

COMMUNICARE COUNSELLING SERVICE**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 AUGUST 2024**

	2024	2023
	£	£
INCOMING RESOURCES		
Session donations received	99,021	112,766
Grant from Christ Church	10,000	10,000
Supervision charge	1,620	1,650
Room charges	27,255	31,763
Private room hire	135	165
Eden Care	-	496
Training income	20	175
Bank interest	1,459	1,480
Medaille	160	589
Other donations	400	-
	<u> </u>	<u> </u>
TOTAL INCOMING RESOURCES	140,070	159,084
		<u> </u>
RESOURCES EXPENDED		
Charitable activities	103,131	117,103
Sessions paid	687	1,071
Did not show (missed sessions & late refunds)	6,267	7,013
Supervision	2,380	2,141
Telephone intakes	6,165	6,165
Employment costs	<u> </u>	<u> </u>
	118,630	133,493
	<u> </u>	<u> </u>

COMMUNICARE COUNSELLING SERVICE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 AUGUST 2024

	2024	2023
	£	£
Support costs		
Administration	5,907	3,980
Printing, postage & stationery	1,792	60
Advertising	-	234
Employment costs	9,833	9,833
Telephone charges	1,908	754
Insurance	952	1,174
Subscriptions	260	250
Computer costs	113	96
Training costs	313	500
Sundry expenses	45	113
Bank charges	62	60
Client refunds/inv	148	141
	<u>21,333</u>	<u>17,195</u>
Governance costs		
Accountancy	1,680	1,644
	<u>1,680</u>	<u>1,644</u>
TOTAL RESOURCES EXPENDED	(141,643)	(152,332)
NET MOVEMENT IN FUNDS	(1,573)	6,752
FUND BALANCE AT 31 AUGUST 2023	95,445	88,693
FUND BALANCE AT 31 AUGUST 2024	93,872	95,445

Accounts

COMMUNICARE COUNSELLING SERVICE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mr B W Moere
Mrs R E Moere
Ms A S Malkin
Mr W Stansfeld
Mrs P P Parker
Mrs J D Harvey

Charity no.

1109521

Charity correspondent

Mr B W Moere
Christ Church
Redford Way
Uxbridge
Middlesex UB8 1SZ

Independent examiner

Ward Williams
Bay Lodge
36 Harefield Road
Uxbridge
Middlesex UB8 1PH

Bankers

HSBC
High Street
Uxbridge
Middlesex

COMMUNICARE COUNSELLING SERVICE

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Independent examiner's Report	4
Statement of financial activities	5
Balance sheet	6
Notes to the accounts	7 - 13

COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT FOR THE YEAR ENDED 31 AUGUST 2023

The trustees present their report and accounts for the year ended 31 August 2023.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Communicare Counselling Service ("CCS") was registered as an unincorporated charity on 18 May 2005. Previously it was part of Christ Church, Uxbridge. The charity's governing document is a Declaration of Trust made on 12 May 2005.

Trustees

The trustees who served during the year, were:

Mr B W Moere
Dr D A L Hope (resigned on 7 April 2023)
Mrs R E Moere
Ms A S Malkin
Mr W Stansfeld
Mrs P P Parker
Mrs J D Harvey

The Declaration of Trust provides that there shall be at least six trustees. Up to four are appointed by the congregation of Christ Church, Uxbridge, the minister of which would normally be one of these. Up to four other trustees may be appointed with a professional or general interest in advancing the objects of the charity. Apart from the first trustees every trustee must be appointed for a term of three years by a resolution of the trustees. The trustees must hold at least two ordinary meetings a year.

Related parties

The trustees of the charity are considered to be related parties of the charity. None of the trustees received remuneration or reimbursement of expenses, except for one of the trustees (Mrs J D Harvey) who is also a counsellor for the charity and is paid for her counselling services accordingly. Payments are approved by the other non-conflicted Trustees as necessary, with payments made at the same rate as what is paid to other counsellors used by the charity.

Risk factors

The trustees have reviewed the risks that the charity faces. The main risk is that there is not sufficient income to cover expenditure. Since expenditure is related almost entirely to counselling sessions, which clients pay for, this is considered a low risk. Risk will be reviewed on an annual basis.

COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2023

OBJECTIVES AND ACTIVITIES

The objective of the charity is to provide those seeking help with a **competent and caring service** offering counselling and psychotherapy on an individual, couple or **group basis**. **Its aim** is to offer those receiving counsel an opportunity to explore, discover and **clarify ways of living** more resourcefully and towards greater well-being.

We have considered the Charity Commission's guidance on public benefit **when reviewing** our objectives and current, and future, activities.

The main activities of the charity are to respond to requests for counselling, **to assess the need** of those contacting the charity and to consider whether we are the most appropriate **resource** for them and can accommodate their needs. In addition, we provide student placements **with supervision**. Our services are available to all members of the public and are inclusive of **all genders, sexual and LGBTQIA** orientation, ethnicity and disabilities. Our student placements **provide supervised** training to develop the skills required to provide the counsellors of the future.

ACHIEVEMENTS AND PERFORMANCE

During the past year we have responded to 134 (2022: 203) new contacts resulting in **91** (2022: 146) new clients being seen. Our 20 (2022: 20) self-employed part-time **counsellors** have counselled for around 4,636 hours (2022: 4,503). There were 2 student placements **in the year** (2022: 1) and a number of training days have been held. As at the year-end the **charity had** 302 (2022: 330) current active clients.

Like many organisations, the day-to-day activities of the charity were impacted by **the Covid-19** global pandemic which resulted in various lockdown restrictions and social distancing **measures** from March 2020. The charity has had to adapt accordingly, including introducing working from home and holding sessions remotely via telephone calls. This hybrid working model has **continued** throughout the financial year, although with restrictions lifted in the previous year the **charity has** been able to offer more face-to-face appointments where counsellors have been able to.

The Trustees are **satisfied** that the charity is in a strong financial position and the services of **the** charity continue to be more important than ever to the community.

FINANCIAL REVIEW

Details of the financial performance for the year are set out on pages 5 to 13.

The main source of **funding** for CCS is from donations by people who attend sessions with the counsellors. During **this year** £112,766 (2022: £103,416) was received. The trustees would like to express their gratitude to Christ Church who provided a grant for £10,000 (2022: £15,000).

After expenses and a small **amount** of investment income there is a surplus of income over expenditure for the year of £6,752 (2022: £3,669). After this is added to the opening fund balance of £88,693 an amount of **£95,445** has been carried forward to be used in furtherance of the charity's objectives.

COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2023

FINANCIAL REVIEW *continued*

Reserve Policy

It is the charity's policy to hold an amount equivalent to approximately ~~six months~~ of the total resources expended in reserve, to meet any fluctuations in receipts and ~~payments that may arise~~. The charity currently holds approximately seven months of the total resources expended. The trustees continue to consider how best to utilise these additional reserves to ~~meet its charitable~~ objectives, and have continued to increase the amount of support given ~~via its assisted places~~ scheme.

PLANS FOR FUTURE YEARS

The charity aims to continue its counselling activities and to provide ~~supervision and support~~ to students and training where appropriate.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

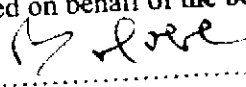
The trustees are responsible for preparing the Trustees' Report and the ~~financial statements in~~ accordance with the rules of the trust, applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to ~~prepare financial~~ statements for each financial year which give a true and fair view of the ~~state of affairs of the~~ charity and of the incoming resources and application of resources of the charity ~~for that period~~. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any ~~departures~~ disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with ~~reasonable~~ accuracy at any time the financial position of the charity and enable them to ensure ~~that the~~ financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for ~~safeguarding~~ the assets of the charity and hence for taking reasonable steps for the prevention and ~~detection of~~ fraud and other irregularities.

Signed on behalf of the board of trustees


B. W. Moore (Trustee)

Date: 20.2.2024

COMMUNICARE COUNSELLING SERVICE**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF COMMUNICARE COUNSELLING SERVICE**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 August 2023, which are set out on pages 5 to 13.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

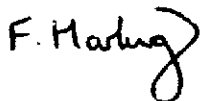
I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Frank Harling ACCA
Ward Williams**

23/02/2024

Bay Lodge
36 Harefield Road
Uxbridge, Middlesex
UB8 1PH

COMMUNICARE COUNSELLING SERVICE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 AUGUST 2023

	Notes	Total Funds 2023 £	Total Funds 2022 £
INCOME FROM:			
Incoming resources from generated funds			
Donations and legacies	2	10,000	15,000
Investment income	3	1,480	54
Incoming resources from charitable activities	4	147,604	136,909
		<u> </u>	<u> </u>
TOTAL INCOME		159,084	151,963
		<u> </u>	<u> </u>
EXPENDITURE ON:			
Charitable activities	5	152,332	148,294
		<u> </u>	<u> </u>
TOTAL RESOURCES EXPENDED		152,332	148,294
		<u> </u>	<u> </u>
NET MOVEMENT IN FUNDS		6,752	3,669
FUND BALANCE AT 1 SEPTEMBER 22		88,693	85,024
		<u> </u>	<u> </u>
FUND BALANCE AT 31 AUGUST 23	11	95,445	88,693
		<u> </u>	<u> </u>

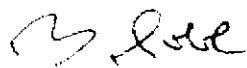
COMMUNICARE COUNSELLING SERVICE

BALANCE SHEET AS AT 31 AUGUST 2023

	Notes	2023 £	2022 £
FIXED ASSETS			
Tangible assets	7	-	-
CURRENT ASSETS			
Debtors	8	1,262	1,074
Cash at bank and in hand		95,323	89,091
		<u>96,585</u>	<u>90,165</u>
CREDITORS: Amounts falling due within one year	9	<u>(1,140)</u>	<u>(1,472)</u>
NET CURRENT ASSETS		<u>95,445</u>	<u>88,693</u>
NET ASSETS		<u>95,445</u>	<u>88,693</u>
INCOME FUNDS			
Unrestricted funds	11	95,445	88,693
		<u>95,445</u>	<u>88,693</u>

The accounts were approved by the trustees on 19th February 2024

Signed on behalf of the trustees:



 B. W. Moore (Trustee)

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 AUGUST 2023

1. ACCOUNTING POLICIES

Charity information

Communicare Counselling Service ("CCS") is an unincorporated charity which was registered on 18 May 2005. The Charity's registration number is 1109521.

1.1 Accounting convention

The accounts have been prepared in accordance with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (published in October 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The accounts are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on a going concern basis under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going Concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The trustees are satisfied that the charity is well placed to see through the current tough operational and economic environment.

1.3 Incoming resources

Voluntary income includes donations, gifts and grants and is included in the Statement of Financial Activities ("SOFA") for the year when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Investment income is recognised on a receivable basis.

Income resources from charitable activities represent amounts receivable from donations for counselling sessions and other related income.

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2023

1.4 Resources expended

All expenditure is accounted for on an accruals basis as a liability is incurred.

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services to its beneficiaries and those costs necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and other expenditure not directly related to the charitable activities.

1.5 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Computer Equipment	1/3 of Cost
Furniture, Fixtures and Fittings	1/3 of Cost

1.6 Unrestricted funds

Unrestricted funds are general funds which are available for use at the discretion of the trustees in the furtherance of the objectives of the charity and have not been designated for any other purpose.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown with borrowings in current liabilities.

COMMUNICARE COUNSELLING SERVICE**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2023****2. DONATIONS AND LEGACIES**

	2023	2022
	£	£
Grants received	10,000	15,000
	<u> </u>	<u> </u>

3. INVESTMENT INCOME

	2023	2022
	£	£
Interest receivable	1,480	54
	<u> </u>	<u> </u>

4. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	2023	2022
	£	£
Counselling session donations and other related income	147,604	136,909
	<u> </u>	<u> </u>

COMMUNICARE COUNSELLING SERVICE**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2023****5. RESOURCES EXPENDED**

	2023	2022
	£	£
Charitable activities		
Counselling session expenses and other related costs	133,493	129,976
Support costs	17,195	17,208
	150,688	147,184
Governance costs	1,644	1,110
	152,332	148,294

Support costs consist of administration and sundry expenses of £6,188 (2022: £6,507), employment costs of £9,833 (2022: £9,442), and insurance costs of £1,174 (2022: £1,259). Governance costs are made up of fees payable to the Independent Examiner of £1,644 (2022: £1,110); £504 of which relates to payroll services (2022: £nil).

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2023

6. EMPLOYEES

	2023 Number	2022 Number
Number of employees:		
The average monthly number of employees during the year was:	3	3
Employment costs	£	£
Wages and salaries	15,998	15,362

There were no employees whose annual emoluments were £60,000 and above.

7. TANGIBLE FIXED ASSETS

	Fixtures Fittings & Equipment £
COST	
Balance at 31.08.22	2,232
Additions	-
Balance at 31.08.23	2,232
DEPRECIATION	
Balance at 31.08.22	2,232
Charge for the year	-
Balance at 31.08.23	2,232
NET BOOK VALUE	
At 31.08.23	-
At 31.08.22	-

COMMUNICARE COUNSELLING SERVICE

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**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2023**

8.	DEBTORS	2023	2022
		£	£
	Prepayments and accrued income	1,262	1,074
		<u> </u>	<u> </u>
9.	CREDITORS : Amounts falling due within one year	2023	2022
		£	£
	Accruals and other creditors	1,140	1,472
		<u> </u>	<u> </u>

10. RELATED PARTIES**Trustees**

None of the trustees, or any person connected with them, received any remuneration or reimbursement of expenses during the year, except one trustee who is also a counsellor of the charity.

The trustee in question was already a counsellor of the charity at the time she was appointed as a trustee in November 2019. Payments of £8,689 (2022: £8,875) were made during the year to this trustee for counselling services provided. These payments were approved by the other non-conflicted trustees as necessary, and payments were made strictly in line with the rates paid to other counsellors.

Controlling party

The charity is controlled by the trustees.

COMMUNICARE COUNSELLING SERVICE**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2023****11. MOVEMENTS IN FUNDS**

	At 31.08.22 £	Incoming resources £	Resources expended £	At 31.08.23 £
Unrestricted funds	88,693	159,084	152,332	95,445

All funds are unrestricted. Unrestricted funds are general funds, which are available for use at the discretion of the trustees in the furtherance of the objectives of the charity and have not been designated for any other purpose.



Charity Registration no 1109521

**COMMUNICARE COUNSELLING SERVICE
TRUSTEES' REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2023**

Accounts

**COMMUNICARE COUNSELLING SERVICE
TRUSTEES' REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2022**

COMMUNICARE COUNSELLING SERVICE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mr B W Moere
Dr D A L Hope
Mrs R E Moere
Ms A S Malkin
Mr W Stansfeld
Mrs P P Parker
Mrs J D Harvey

Charity no.

1109521

Charity correspondent

Mr B W Moere
Christ Church
Redford Way
Uxbridge
Middlesex UB8 1SZ

Independent examiner

Ward Williams
Bay Lodge
36 Harefield Road
Uxbridge
Middlesex UB8 1PH

Bankers

HSBC
High Street
Uxbridge
Middlesex

COMMUNICARE COUNSELLING SERVICE

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Independent examiner's Report	4
Statement of financial activities	5
Balance sheet	6
Notes to the accounts	7 – 13

COMMUNICARE COUNSELLING SERVICE

1

TRUSTEES' REPORT FOR THE YEAR ENDED 31 AUGUST 2022

The trustees present their report and accounts for the year ended 31 August 2022.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Communicare Counselling Service ("CCS") was registered as an unincorporated charity on 18 May 2005. Previously it was part of Christ Church, Uxbridge. The charity's governing document is a Declaration of Trust made on 12 May 2005.

Trustees

The trustees who served during the year, were:

Mr B W Moere
Dr D A L Hope
Mrs R E Moere
Ms A S Malkin
Mr W Stansfeld
Mrs P P Parker
Mrs J D Harvey
Dr L U A Bain (Resigned on 1 March 2022)

The Declaration of Trust provides that there shall be at least six trustees. Up to four are appointed by the congregation of Christ Church, Uxbridge, the minister of which would normally be one of these. Up to four other trustees may be appointed with a professional or general interest in advancing the objects of the charity. Apart from the first trustees every trustee must be appointed for a term of three years by a resolution of the trustees. The trustees must hold at least two ordinary meetings a year.

Related parties

The trustees of the charity are considered to be related parties of the charity. None of the trustees received remuneration or reimbursement of expenses, except for one of the trustees (Mrs J D Harvey) who is also a counsellor for the charity and is paid for her counselling services accordingly. Payments are approved by the other non-conflicted Trustees as necessary, with payments made at the same rate as what is paid to other counsellors used by the charity.

Risk factors

The trustees have reviewed the risks that the charity faces. The main risk is that there is not sufficient income to cover expenditure. Since expenditure is related almost entirely to counselling sessions, which clients pay for, this is considered a low risk. Risk will be reviewed on an annual basis.

COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

OBJECTIVES AND ACTIVITIES

The objective of the charity is to provide those seeking help with a competent and caring service offering counselling and psychotherapy on an individual, couple or group basis. Its aim is to offer those receiving counsel an opportunity to explore, discover and clarify ways of living more resourcefully and towards greater well-being.

We have considered the Charity Commission's guidance on public benefit when reviewing our objectives and current, and future, activities.

The main activities of the charity are to respond to requests for counselling, to assess the need of those contacting the charity and to consider whether we are the most appropriate resource for them and can accommodate their needs. In addition, we provide student placements with supervision. Our services are available to all members of the public and are inclusive of all genders, sexual and LGBTQIA orientation, ethnicity and disabilities. Our student placements provide supervised training to develop the skills required to provide the counsellors of the future.

ACHIEVEMENTS AND PERFORMANCE

During the past year we have responded to 203 (2021: 183) new contacts resulting in 146 (2021:118) new clients being seen. Our 20 (2021: 20) self-employed part-time counsellors have counselled for around 4,503 hours (2021: 4,197). There was 1 student placement in the year (2021: none) and a number of training days have been held. As at the year-end the charity had 330 (2021: 287) current active clients.

Like many organisations, the day-to-day activities of the charity were impacted by the Covid-19 global pandemic which resulted in various lockdown restrictions and social distancing measures from March 2020. The charity has had to adapt accordingly, including introducing working from home and holding sessions remotely via telephone calls. This hybrid working model has continued throughout the financial year, although with restrictions lifted the charity has been able to offer more face-to-face appointments where counsellors have been able to.

The Trustees are satisfied that the charity is in a strong financial position and the services of the charity continue to be more important than ever to the community.

FINANCIAL REVIEW

Details of the financial performance for the year are set out on pages 5 to 13.

The main source of funding for CCS is from donations by people who attend sessions with the counsellors. During this year £103,416 (2021: £86,480) was received. The trustees would like to express their gratitude to Christ Church who provided a grant for £15,000 (2021: £15,110).

After expenses and a small amount of investment income there is a surplus of income over expenditure for the year of £3,669 (2021: £10,796 deficit) After this is added to the opening fund balance of £85,024 an amount of £88,693 has been carried forward to be used in furtherance of the charity's objectives.

COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

FINANCIAL REVIEW continued

Reserve Policy

It is the charity's policy to hold an amount equivalent to approximately six months of the total resources expended in reserve, to meet any fluctuations in receipts and payments that may arise. The charity currently holds approximately seven months of the total resources expended. The trustees continue to consider how best to utilise these additional reserves to meet its charitable objectives, and have continued to increase the amount of support given via its assisted places scheme.

PLANS FOR FUTURE YEARS

The charity aims to continue its counselling activities and to provide supervision and support to students and training where appropriate.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

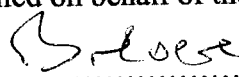
The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with the rules of the trust, applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board of trustees


.....

B. W. Moere (Trustee)

Date: 16/2/2023

COMMUNICARE COUNSELLING SERVICE**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF COMMUNICARE COUNSELLING SERVICE**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 August 2022, which are set out on pages 5 to 13.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Frank Harling ACCA
Ward Williams**

20/02/2023

Bay Lodge
36 Harefield Road
Uxbridge, Middlesex
UB8 1PH

COMMUNICARE COUNSELLING SERVICE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 AUGUST 2022

	Notes	Total Funds 2022 £	Total Funds 2021 £
INCOME FROM:			
Incoming resources from generated funds			
Donations and legacies	2	15,000	15,830
Investment income	3	54	130
Incoming resources from charitable activities	4	136,909	119,622
		<u> </u>	<u> </u>
TOTAL INCOME		151,963	135,582
		<u> </u>	<u> </u>
EXPENDITURE ON:			
Charitable activities	5	148,294	146,378
		<u> </u>	<u> </u>
TOTAL RESOURCES EXPENDED		148,294	146,378
		<u> </u>	<u> </u>
NET MOVEMENT IN FUNDS		3,669	(10,796)
FUND BALANCE AT 1 SEPTEMBER 21		85,024	95,820
		<u> </u>	<u> </u>
FUND BALANCE AT 31 AUGUST 22	11	88,693	85,024
		<u> </u>	<u> </u>

COMMUNICARE COUNSELLING SERVICE

BALANCE SHEET AS AT 31 AUGUST 2022

	Notes	2022 £	2021 £
FIXED ASSETS			
Tangible assets	7	-	-
CURRENT ASSETS			
Debtors	8	1,074	1,078
Cash at bank and in hand		89,091	85,026
		<u>90,165</u>	<u>86,104</u>
CREDITORS: Amounts falling due within one year	9	<u>(1,472)</u>	<u>(1,080)</u>
NET CURRENT ASSETS		<u>88,693</u>	<u>85,024</u>
NET ASSETS		<u>88,693</u>	<u>85,024</u>
INCOME FUNDS			
Unrestricted funds	11	<u>88,693</u>	<u>85,024</u>
		<u>88,693</u>	<u>85,024</u>

The accounts were approved by the trustees on 15 / 2 / 2023

Signed on behalf of the trustees:



B. W. Moere (Trustee)

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 AUGUST 2022

1. ACCOUNTING POLICIES

Charity information

Communicare Counselling Service ("CCS") is an unincorporated charity which was registered on 18 May 2005. The Charity's registration number is 1109521.

1.1 Accounting convention

The accounts have been prepared in accordance with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (published in October 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The accounts are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on a going concern basis under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going Concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The trustees have considered the impact of the Covid-19 global pandemic on the charity and are satisfied that the charity is well placed to see through the current tough operational and economic environment, with the charity continuing to offer its services while complying with social distancing requirements.

1.3 Incoming resources

Voluntary income includes donations, gifts and grants and is included in the Statement of Financial Activities ("SOFA") for the year when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Investment income is recognised on a receivable basis.

Income resources from charitable activities represent amounts receivable from donations for counselling sessions and other related income.

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

1.4 Resources expended

All expenditure is accounted for on an accruals basis as a liability is incurred.

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services to its beneficiaries and those costs necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and other expenditure not directly related to the charitable activities.

1.5 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Computer Equipment	1/3 of Cost
Furniture, Fixtures and Fittings	1/3 of Cost

1.6 Unrestricted funds

Unrestricted funds are general funds which are available for use at the discretion of the trustees in the furtherance of the objectives of the charity and have not been designated for any other purpose.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown with borrowings in current liabilities.

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

2. DONATIONS AND LEGACIES

	2022 £	2021 £
Grants received	15,000	15,110
Other donations	-	720
	<u>15,000</u>	<u>15,830</u>

3. INVESTMENT INCOME

	2022 £	2021 £
Interest receivable	54	130
	<u>54</u>	<u>130</u>

4. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	2022 £	2021 £
Counselling session donations and other related income	136,909	119,622
	<u>136,909</u>	<u>119,622</u>

COMMUNICARE COUNSELLING SERVICE**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2022****5. RESOURCES EXPENDED**

	2022	2021
	£	£
Charitable activities		
Counselling session expenses and other related costs	129,976	128,374
Support costs	17,208	16,924
	147,184	145,298
Governance costs	1,110	1,080
	148,294	146,378

Support costs consist of administration and sundry expenses of £6,507 (2021: £6,417), employment costs of £9,442 (2021: £9,296), and insurance costs of £1,259 (2021: £1,211). Governance costs are made up of fees payable to the Independent Examiner of £1,110 (2021: £1,080).

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

6. EMPLOYEES

Number of employees:

The average monthly number of employees during the year was:

Employment costs

Wages and salaries

2022 Number	2021 Number
3	3
£	£
15,362	15,124

There were no employees whose annual emoluments were £60,000 and above.

7. TANGIBLE FIXED ASSETS

Fixtures Fittings & Equipment £

COST

Balance at 31.08.21

Additions

Balance at 31.08.22

DEPRECIATION

Balance at 31.08.21

Charge for the year

Balance at 31.08.22

NET BOOK VALUE

At 31.08.22

At 31.08.21

2,232

-

2,232

2,232

-

2,232

-

-

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

8.	DEBTORS	2022	2021
		£	£
	Prepayments and accrued income	1,074	1,078
		<u> </u>	<u> </u>
9.	CREDITORS : Amounts falling due within one year	2022	2021
		£	£
	Accruals and other creditors	1,472	1,080
		<u> </u>	<u> </u>

10. RELATED PARTIES

Trustees

None of the trustees, or any person connected with them, received any remuneration or reimbursement of expenses during the year, except one trustee who is also a counsellor of the charity.

The trustee in question was already a counsellor of the charity at the time she was appointed as a trustee in November 2019. Payments of £8,875 (2021: £8,479) were made during the year to this trustee for counselling services provided. These payments were approved by the other non-conflicted trustees as necessary, and payments were made strictly in line with the rates paid to other counsellors.

Controlling party

The charity is controlled by the trustees.

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

11. MOVEMENTS IN FUNDS

	At 31.08.21 £	Incoming resources £	Resources expended £	At 31.08.22 £
Unrestricted funds	85,024	151,963	148,294	88,693
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

All funds are unrestricted. Unrestricted funds are general funds, which are available for use at the discretion of the trustees in the furtherance of the objectives of the charity and have not been designated for any other purpose.

COMMUNICARE COUNSELLING SERVICE**MANAGEMENT INFORMATION****FOR THE YEAR ENDED 31 AUGUST 2022**

The following schedules do not form part of the published Trustees' Report and Accounts. They are for the trustees' information only and are not prepared in full compliance with the accounting policies shown in note 1 to the accounts.

COMMUNICARE COUNSELLING SERVICE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 AUGUST 2022

		2022	2021
	£	£	£
INCOMING RESOURCES			
Session donations received	103,416		86,480
Grant from Christ Church	15,000		15,110
Supervision charge	1,600		1,670
Room charges	30,818		30,975
Other donations	-		720
Eden Care	410		270
Training income	410		32
Bank interest	54		130
Medaille	255		195
TOTAL INCOMING RESOURCES		151,963	135,582
RESOURCES EXPENDED			
Charitable activities			
Sessions paid	113,584		113,271
Did not show (missed sessions & late refunds)	1,091		952
Supervision	6,450		5,600
Telephone intakes	2,931		2,723
Employment costs	5,920		5,828
	129,976		128,374

COMMUNICARE COUNSELLING SERVICE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 AUGUST 2022

	2022	2021
	£	£
Support costs		
Administration	3,650	2,970
Printing, postage & stationery	8	92
Advertising	984	1,101
Employment costs	9,442	9,296
Telephone charges	465	678
Insurance	1,259	1,211
Subscriptions	480	160
Computer costs	8	37
Training costs	600	500
Sundry expenses	272	100
Bank charges	40	-
Client refunds/inv	-	609
Depreciation	-	170
	<u>17,208</u>	<u>16,924</u>
Governance costs		
Accountancy	<u>1,110</u>	<u>1,080</u>
	<u>1,110</u>	<u>1,080</u>
TOTAL RESOURCES EXPENDED	(148,294)	(146,378)
NET MOVEMENT IN FUNDS	3,669	(10,796)
FUND BALANCE AT 31 AUGUST 2021	85,024	95,820
FUND BALANCE AT 31 AUGUST 2022	88,693	85,024

Accounts

Charity Registration no 1109521

**COMMUNICARE COUNSELLING SERVICE
TRUSTEES' REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2021**

COMMUNICARE COUNSELLING SERVICE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr B W Moere Dr D A L Hope Mrs R E Moere Ms A S Malkin Mr W Stansfeld Mrs P P Parker Mrs J D Harvey Dr L U A Bain
Charity no.	1109521
Charity correspondent	Mr B W Moere Christ Church Redford Way Uxbridge Middlesex UB8 1SZ
Independent examiner	Ward Williams Bay Lodge 36 Harefield Road Uxbridge Middlesex UB8 1PH
Bankers	HSBC High Street Uxbridge Middlesex

COMMUNICARE COUNSELLING SERVICE

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COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT FOR THE YEAR ENDED 31 AUGUST 2021

The trustees present their report and accounts for the year ended 31 August 2021.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Communicare Counselling Service ("CCS") was registered as an unincorporated charity on 18 May 2005. Previously it was part of Christ Church, Uxbridge. The charity's governing document is a Declaration of Trust made on 12 May 2005.

Trustees

The trustees who served during the year, were:

Mr B W Moere
Dr D A L Hope
Mrs R E Moere
Ms A S Malkin
Mr W Stansfeld
Mrs P P Parker
Mrs J D Harvey
Dr L U A Bain

The Declaration of Trust provides that there shall be at least six trustees. Up to four are appointed by the congregation of Christ Church, Uxbridge, the minister of which would normally be one of these. Up to four other trustees may be appointed with a professional or general interest in advancing the objects of the charity. Apart from the first trustees every trustee must be appointed for a term of three years by a resolution of the trustees. The trustees must hold at least two ordinary meetings a year.

Related parties

The trustees of the charity are considered to be related parties of the charity. None of the trustees received remuneration or reimbursement of expenses, except for one of the trustees (Mrs J D Harvey) who is also a counsellor for the charity and is paid for her counselling services accordingly. Payments are approved by the other non-conflicted Trustees as necessary, with payments made at the same rate as what is paid to other counsellors used by the charity.

Two of the trustees were also trustees of Christ Church, Uxbridge until 1 March 2021. The charity receives a grant each year from the Church, who also provides some administration services on the charity's behalf, which they then recharge.

Risk factors

The trustees have reviewed the risks that the charity faces. The main risk is that there is not sufficient income to cover expenditure. Since expenditure is related almost entirely to counselling sessions, which clients pay for, this is considered a low risk. Risk will be reviewed on an annual basis.

COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

OBJECTIVES AND ACTIVITIES

The objective of the charity is to provide those seeking help with a competent and caring service offering counselling and psychotherapy on an individual, couple or group basis. Its aim is to offer those receiving counsel an opportunity to explore, discover and clarify ways of living more resourcefully and towards greater well-being.

We have considered the Charity Commission's guidance on public benefit when reviewing our objectives and current, and future, activities.

The main activities of the charity are to respond to requests for counselling, to assess the need of those contacting the charity and to consider whether we are the most appropriate resource for them and can accommodate their needs. In addition we provide student placements with supervision. Our services are available to all members of the public and are inclusive of all genders, sexual orientation, ethnicity and disabilities. Our student placements provide supervised training to develop the skills required to provide the counsellors of the future.

ACHIEVEMENTS AND PERFORMANCE

During the past year we have responded to 183 (2020: 241) new contacts resulting in 118 (2020: 133) new clients being seen. Our 20 (2020: 20) self-employed part-time counsellors have counselled for around 4,197 hours (2020: 4,226). There were no student placements in the year (in 2020 2 placements enjoyed the benefits of supervision provided by the service) and a number of training days have been held. As at the year-end the charity had 287 (2020: 238) current active clients.

Like many organisations, the day to day activities of the charity were impacted by the Covid-19 global pandemic which resulted in various lockdown restrictions and social distancing measures from March 2020. The charity has had to adapt accordingly, including introducing working from home and holding sessions remotely via telephone calls. Although this has had some impact on the income of the charity, the Trustees are satisfied that the charity is in a strong financial position to overcome the current tough restrictions and economic environment, with the services of the charity continuing to be more important than ever to the community.

FINANCIAL REVIEW

Details of the financial performance for the year are set out on pages 5 to 13.

The main source of funding for CCS is from donations by people who attend sessions with the counsellors. During this year £86,480 (2020: £83,814) was received. The trustees would like to express their gratitude to Christ Church who provided a grant for £15,110 (2020: £15,000).

After expenses and a small amount of investment income there is a deficit of income over expenditure for the year of £10,796 (2020: £5,428) After this is deducted from the opening fund balance of £95,820 an amount of £85,024 has been carried forward to be used in furtherance of the charity's objectives.

COMMUNICARE COUNSELLING SERVICE

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

FINANCIAL REVIEW continued

Reserve Policy

It is the charity's policy to hold an amount equivalent to approximately six months of the total resources expended in reserve, to meet any fluctuations in receipts and payments that may arise. The charity currently holds approximately seven months of the total resources expended. The trustees continue to consider how best to utilise these additional reserves to meet its charitable objectives, and have continued to increase the amount of support given via its assisted places scheme.

PLANS FOR FUTURE YEARS

The charity aims to continue its counselling activities and to provide supervision and support to students and training where appropriate.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with the rules of the trust, applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board of trustees

B. W. Moere (Trustee)

Date: 25 January 2022

COMMUNICARE COUNSELLING SERVICE**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF COMMUNICARE COUNSELLING SERVICE**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 August 2021, which are set out on pages 5 to 13.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Frank Harling ACCA
Ward Williams

9 February 2022

Bay Lodge
36 Harefield Road
Uxbridge, Middlesex
UB8 1PH

COMMUNICARE COUNSELLING SERVICE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 AUGUST 2021

	Notes	Total Funds 2021 £	Total Funds 2020 £
INCOME FROM:			
Incoming resources from generated funds			
Donations and legacies	2	15,830	15,420
Investment income	3	130	397
Incoming resources from charitable activities	4	119,622	114,292
		—	—
TOTAL INCOME		135,582	130,109
		—	—
EXPENDITURE ON:			
Charitable activities	5	146,378	135,537
		—	—
TOTAL RESOURCES EXPENDED		146,378	135,537
		—	—
NET MOVEMENT IN FUNDS		(10,796)	(5,428)
FUND BALANCE AT 1 SEPTEMBER 2020		95,820	101,248
		—	—
FUND BALANCE AT 31 AUGUST 2021	11	85,024	95,820
		=====	=====

COMMUNICARE COUNSELLING SERVICE

BALANCE SHEET AS AT 31 AUGUST 2021

	Notes		2021 £	2020 £
FIXED ASSETS				
Tangible assets	7		-	170
CURRENT ASSETS				
Debtors	8	1,078		1,115
Cash at bank and in hand		85,026		95,725
		<u>86,104</u>		<u>96,840</u>
CREDITORS: Amounts falling due within one year	9	(1,080)		(1,190)
NET CURRENT ASSETS			<u>85,024</u>	<u>95,650</u>
NET ASSETS			<u>85,024</u>	<u>95,820</u>
			<u><u>85,024</u></u>	<u><u>95,820</u></u>
INCOME FUNDS				
Unrestricted funds	11		<u>85,024</u>	<u>95,820</u>
			<u>85,024</u>	<u>95,820</u>
			<u><u>85,024</u></u>	<u><u>95,820</u></u>

The accounts were approved by the trustees on 25 January 2022

Signed on behalf of the trustees:

B. W. Moere (Trustee)

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 AUGUST 2021

1. ACCOUNTING POLICIES

Charity information

Communicare Counselling Service (“CCS”) is an unincorporated charity which was registered on 18 May 2005. The Charity’s registration number is 1109521.

1.1 **Accounting convention**

The accounts have been prepared in accordance with the Charity’s governing document, the Charities Act 2011 and “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)” (published in October 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The accounts are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on a going concern basis under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 **Going Concern**

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The trustees have considered the impact of the Covid-19 global pandemic on the charity and are satisfied that the charity is well placed to see through the current tough operational and economic environment, with the charity continuing to offer its services while complying with lockdown restrictions and social distancing requirements.

1.3 **Incoming resources**

Voluntary income includes donations, gifts and grants and is included in the Statement of Financial Activities (“SOFA”) for the year when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Investment income is recognised on a receivable basis.

Income resources from charitable activities represent amounts receivable from donations for counselling sessions and other related income.

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

1.4 **Resources expended**

All expenditure is accounted for on an accruals basis as a liability is incurred.

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services to its beneficiaries and those costs necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and other expenditure not directly related to the charitable activities.

1.5 **Tangible fixed assets and depreciation**

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Computer Equipment	1/3 of Cost
Furniture, Fixtures and Fittings	1/3 of Cost

1.6 **Unrestricted funds**

Unrestricted funds are general funds which are available for use at the discretion of the trustees in the furtherance of the objectives of the charity and have not been designated for any other purpose.

1.7 **Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown with borrowings in current liabilities.

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

2. DONATIONS AND LEGACIES

	2021 £	2020 £
Grants received	15,110	15,000
Other donations	720	420
	<u>15,830</u>	<u>15,420</u>

3. INVESTMENT INCOME

	2021 £	2020 £
Interest receivable	130	397
	<u>130</u>	<u>397</u>

4. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	2021 £	2020 £
Counselling session donations and other related income	119,622	114,292
	<u>119,622</u>	<u>114,292</u>

COMMUNICARE COUNSELLING SERVICE**NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2021****5. RESOURCES EXPENDED**

	2021	2020
	£	£
Charitable activities		
Counselling session expenses and other related costs	128,374	116,094
Support costs	16,924	18,363
	145,298	134,457
Governance costs	1,080	1,080
	146,378	135,537

Support costs consist of administration and sundry expenses of £6,417 (2020: £7,705), employment costs of £9,296 (2020: £9,465), and insurance costs of £1,211 (2020: £1,193). Governance costs are made up of fees payable to the Independent Examiner of £1,080 (2020: £1,080).

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 AUGUST 2021

6. EMPLOYEES

	2021 Number	2020 Number
Number of employees:		
The average monthly number of employees during the year was:	3	3
Employment costs	£	£
Wages and salaries	15,124	15,110
	<u> </u>	<u> </u>

There were no employees whose annual emoluments were £60,000 and above.

7. TANGIBLE FIXED ASSETS

	Fixtures Fittings & Equipment £
COST	
Balance at 31.08.20	2,232
Additions	-
	<u> </u>
Balance at 31.08.21	2,232
	<u> </u>
DEPRECIATION	
Balance at 31.08.20	2,062
Charge for the year	170
	<u> </u>
Balance at 31.08.21	2,232
	<u> </u>
NET BOOK VALUE	
At 31.08.21	-
	<u> </u>
At 31.08.20	170
	<u> </u>

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

8.	DEBTORS	2021	2020
		£	£
	Prepayments and accrued income	1,078	1,115
		<u> </u>	<u> </u>
9.	CREDITORS : Amounts falling due within one year	2021	2020
		£	£
	Accruals and other creditors	1,080	1,190
		<u> </u>	<u> </u>

10. RELATED PARTIES

Trustees

None of the trustees, or any person connected with them, received any remuneration or reimbursement of expenses during the year, except one trustee who is also a counsellor of the charity.

The trustee in question was already a counsellor of the charity at the time she was appointed as a trustee in November 2019. Payments of £8,479 (2020: £7,459) were made during the year to this trustee for counselling services provided. These payments were approved by the other non-conflicted trustees as necessary, and payments were made strictly in line with the rates paid to other counsellors.

Two of the trustees were also trustees of Christ Church, Uxbridge until 1 March 2021. The charity received a grant from the Church for the year totalling £15,110 (2020: £15,000). Christ Church offset this grant against payments it made for administration services on the charity's behalf totalling £15,124 (2020: £15,110). As at the year-end the charity owed Christ Church, Uxbridge £nil (2020: £110) which is included within creditors accordingly.

Controlling party

The charity is controlled by the trustees.

COMMUNICARE COUNSELLING SERVICE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

11. MOVEMENTS IN FUNDS

	At 31.08.20 £	Incoming resources £	Resources expended £	At 31.08.21 £
Unrestricted funds	95,820	135,582	146,378	85,024
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

All funds are unrestricted. Unrestricted funds are general funds, which are available for use at the discretion of the trustees in the furtherance of the objectives of the charity and have not been designated for any other purpose.

COMMUNICARE COUNSELLING SERVICE**MANAGEMENT INFORMATION****FOR THE YEAR ENDED 31 AUGUST 2021**

The following schedules do not form part of the published Trustees' Report and Accounts. They are for the trustees' information only and are not prepared in full compliance with the accounting policies shown in note 1 to the accounts.

COMMUNICARE COUNSELLING SERVICE**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 AUGUST 2021**

		2021	2020
	£	£	£
INCOMING RESOURCES			
Session donations received	86,480		83,814
Grant from Christ Church	15,110		15,000
Supervision charge	1,670		1,660
Private client charge	-		548
Room charges	30,975		28,080
Other donations	720		420
Eden Care	270		-
Training income	32		20
Bank interest	130		397
Medaille	195		170
TOTAL INCOMING RESOURCES		135,582	130,109
RESOURCES EXPENDED			
Charitable activities			
Sessions paid	113,271		100,671
Did not show (missed sessions & late refunds)	952		2,594
Supervision	5,600		5,377
Telephone intakes	2,723		1,807
Employment costs	5,828		5,645
	128,374		116,094

COMMUNICARE COUNSELLING SERVICE

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 AUGUST 2021**

		2021	2020
	£	£	£
Support costs			
Administration	2,970		3,728
Printing, postage & stationery	92		195
Advertising	1,101		1,028
Employment costs	9,296		9,465
Telephone charges	678		1,004
Insurance	1,211		1,193
Subscriptions	160		240
Computer costs	37		7
Training costs	500		770
Sundry expenses	100		403
Client refunds/inv	609		160
Depreciation	170		170
	<u>16,924</u>		<u>18,363</u>
Governance costs			
Accountancy	1,080		1,080
	<u>1,080</u>		<u>1,080</u>
TOTAL RESOURCES EXPENDED		(146,378)	(135,537)
NET MOVEMENT IN FUNDS		(10,796)	(5,428)
FUND BALANCE AT 31 AUGUST 2020		95,820	101,248
FUND BALANCE AT 31 AUGUST 2021		85,024	95,820