

MOUTH CANCER FOUNDATION LIMITED

England & Wales · Charity number 1109298

Details

Other names MOUTH CANCER FOUNDATION

Status Registered

Legal form Charitable company

Company number [05154295](#)

Registered 2005-05-03

Register [View on the Charity Commission register](#)

Contact

Address 11 Laud Street
Croydon
Surrey
CR0 1SU

Phone 020 8940 5680

Email info@mouthcancerfoundation.org

Website www.mouthcancerfoundation.org

Activities

Objects: THE RELIEF OF SICKNESS AND THE PROMOTION AND PROTECTION OF GOOD HEALTH AMONG THOSE SUFFERING OR AT RISK OF MOUTH, THROAT AND OTHER HEAD & NECK CANCER BY THE COLLATION AND DISSEMINATION OF RELEVANT INFORMATION AMONG THE PUBLIC GENERALLY AND BY THE PROVISION OF SUPPORT TO PATIENTS, CARERS AND HEALTH PROFESSIONS.

Activities: Our activity is the relief of sickness and promotion of goodhealth among those suffering or at risk of mouth, throat and other head and neck cancer by the collation and dissemination of relevant information and support to patients, carers and health professionals. This includes increasing awareness of mouth cancers, support for research, education, advocacy, and service.

Classification

- **How:** Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£113,839	£124,577	-	-
2024-06-30	£160,936	£112,484	-	-
2023-06-30	£101,430	£99,094	-	-
2022-06-30	£59,961	£72,885	-	-
2021-06-30	£101,946	£105,978	-	-

Trustees

Name	Role	Appointed
Dr VINOD KUMAR JOSHI	Chair	
DR MAHENDRA GULABBHAI PATEL		
Dr GEETA PERKS		
Jocelyn Harding		2023-04-01
KRISHAN LEE JOSHI		2019-01-19
Mahesh Kumar		2019-01-19
Natalie Kolf		2019-01-19
Tripat Kaur Mahajan		2026-01-25

MOUTH CANCER FOUNDATION LIMITED

England & Wales - Charity number 1109298

Accounts



**Mouth Cancer
Foundation**

**MOUTH CANCER FOUNDATION
ANNUAL REPORT
2024-2025**

The Trustees/Directors present their report and the audited financial statements
for the year ended 30th June 2025.

FOUNDER'S FORWARD

The Mouth Cancer Foundation continues its work to save and improve the lives and support for head and neck cancer patients through the online support group, its website and telephone support service.

The charity remained active to increase awareness of mouth cancer with press activity, comments and patient stories for the media. The Mouth Cancer Foundation continues to operate a comprehensive social media plan, newsletter and regular news updates on its website. The charity provides articles about mouth cancer for the various dental magazines and case stories for the media. The charity also actively supports activities to raise awareness organised by supporters and the public throughout the year. The charity thanks those who have taken part in various initiatives to raise awareness and funds.

The charity held its 19th Mouth Cancer 10 KM Awareness Walk and Walk from Home. The walk gives mouth cancer survivors and carers an event that recognizes their disease, and also acts as a remembrance occasion for those who have lost a loved one. It also continues to be an important source of income and awareness raising for the charity. Our sponsors include: CC Med, Dental Focus, Irwin Mitchell and AS Saliva Orthana.

During 2024/25 the charity continued to have success with its Self check initiative which encourages everyone over the age of 16 years to screen and check themselves once a month for the signs and symptoms of mouth cancer. The charity provides the tools and information to do this.

The charity hosts 2 websites - www.mouthcancerfoundation.org and www.mouthcancerwalk.org. The main charity website and online support group are vital to the service provided. By June 2025, the site received over 60,000 users to the website. Of those 129,983 pages were viewed. The main website still receives a Google grant and ranks at the top of Google for mouth cancer and head/neck cancer related searches.

The charity continues to run a successful an online support group run by Charity Ambassadors, Jocelyn Harding and Karen Liesching-Schroder. There is a private Facebook group for patients and their families run by Patient Ambassador Karen Liesching Schroder. Online support group members have been very supportive through participation in media interviews, surveys and represented us at meetings. Countless have contributed through time spent helping others online. Volunteer members have graciously given their time to responding to requests received through the telephone helpline. The telephone helpline is manned by charity Ambassador Alison Lowe.

The charity also continues to produced a patient handbook, which has proved valuable to patients and taken part in a Back to Work Guide initiative.

The charity's 'Easy-to-Swallow' cookbook, for patients with swallowing difficulties is very popular and sells copies every month via Amazon.

Mouth Cancer Foundation
Mahesh Kumar - President

GOVERNANCE, STRUCTURE AND MANAGEMENT

Governance - Charitable Status

The Mouth Cancer Foundation is a registered charitable company limited by guarantee.

It became a registered company on 15th June 2004 (registered company No. 5154295), and a registered charitable company on 3rd May 2005 (registered charity No. 1109298). It abides by a Memorandum of Association and Articles of Association. There are eight company directors who are also known as the trustees in the Charity Commission documents.

Organisational Structure & Management

Trustees/Directors (2024-2025)

The trustees are as follows:

Dr Vinod K Joshi (Honorary President)

Mr Krishan Lee Joshi (President and Treasurer)
Dr Mahendra Gulabbhai Patel (Committee Advisor)
Dr Geeta Perks (Committee Advisor)
Mahesh Kumar
Jocelyn Harding
Natalie Kolf

All trustees are given information on their responsibilities shortly after each AGM. The trustees/directors are not paid any remuneration unless it is authorised by clause 5 of the Memorandum.

Mouth Cancer Foundation is a registered charity No. 1109298
Registered as a company limited by guarantee in England & Wales No. 5154295
Registered address: 2 Larchfield Close, Weybridge, Surrey, KT13 9DD
Head Office Number: +44 (0) 208 940 5680 Helpline Number: 01924 950 950
info@mouthcancerfoundation.org. www.mouthcancerfoundation.org

Appointment of Trustees/Directors

The method of appointing and recruiting new trustees/directors is laid down in the Articles of Association. This states that all Officers (Trustees/Directors) of the Committee shall each hold office for a period of three years commencing from the appropriate Annual General Meeting and shall retire from office at the end of their stated term of office and shall be eligible for re-election to further periods of office of three years. Once the Officers have been elected to the Committee, they will elect the President, Honorary Secretary and Honorary Treasurer. The President also acts as the Chief Executive.

OBJECTIVES AND ACTIVITIES

Objectives

The objective of the Mouth Cancer Foundation is the relief of sickness and the promotion and protection of good health among those suffering or at risk of Mouth, Throat and other Head & Neck Cancers by (a) the collation and dissemination of relevant information among the public generally and (b) by the provision of support to patients, carers and health professionals.

It will work towards bringing together the prevention, early detection of head and neck cancers, advocacy and support for mouth cancer patients and their carers under one identifiable charitable organisation that can serve as a rallying point for all those in the 'mouth cancer' community - people affected by mouth cancer, mouth cancer support groups, health care professionals, policy makers and other charities. Developing good relationships with independent head and neck cancer support groups and charities is a priority for the Charity.

Achievements and Performance

The Mouth Cancer Foundation continues to fulfill its main objective.

Website

The website and online support group has become a meeting point as well as a source of information. It has had the distinction of being selected as a valuable medical resource by the UK Web Archiving Consortium. By June 2025, the site received over 60,000 visits. It is highly ranked by the Google search engine for the words: 'mouth cancer' and 'HPV oral cancer'.

The online support group is a caring community of patients and carers who are willing to share their experiences with others.

Membership

There are 14 honorary founder members with voting rights. The honorary members volunteer their time and expertise on behalf of the charity. The support group members have helped in various ways: by contributing their 'stories' to the website, participation in the online support group, helping with the telephone support line and promoting local mouth cancer awareness activities and fundraising for the charity. We are very grateful to them for their support and encouragement.

Advocacy

Influencing mouth cancer policy is a priority for the Charity. We are members of the Cancer Campaigning Group (CCG), an influential coalition of national cancer-related charities and Cancer 52, a group of cancer charities representing the less common cancers, to co-ordinate and share our experiences in putting the lesser-known cancers on the political agenda.

Mouth Cancer Awareness

Members of the Mouth Cancer Foundation have participated in numerous social media opportunities, radio and television interviews and contributed articles for newspapers and dental and medical magazines throughout the year to increase awareness of mouth cancer. Members have also organized activities throughout the year to raise awareness while raising funds for the charity. Posters and leaflets were distributed to dental and medical practices and other health bodies in the UK. These posters and mouth cancer leaflets continue to be in great demand. The Mouth Cancer Foundation held the 17th Mouth Cancer 10KM Awareness Walk from Home. Over 500 participants took part. The charity continues to promote and work on Bite Back at Mouth Cancer, a brand-new initiative to encourage members of the public to check themselves regularly for signs of mouth cancer.

FINANCIAL REVIEW

Banking

The funds of the Mouth Cancer Foundation are kept in a bank account. It is kept for the running expenses of the organisation.

Fund Raising

Voluntary Income

In 2024/25, Mouth Cancer Foundation received voluntary income as follows:

- Donations & Fundraising - £72158
- Bereavement Donations - £ 6791

Activities for Generating Funds

In 2024/25 the Mouth Cancer Foundation generated funds as follows:

- Mouth Cancer 10 KM Awareness Walk Income - £31531
- Mouth Cancer 10 KM Awareness Walk Sponsorship - £3000
- Cookbook Income - £359
- Support Group Awards Sponsorship - £3000

PLANS FOR THE FUTURE

Annual General Meeting

On 6 March 2010, at the AGM, the trustees and voting membership amended the charity's Articles of Association to reflect the Companies Act 2006, which had become fully implemented in October 2009. Companies Act 2006 simplified the setting up and running of a company and abolished the obligation for private companies to hold an annual general meeting by allowing decisions to be made by written resolution. This has helped the charity overcome the difficulty of members not being able to attend an AGM while allowing decisions to be made by written resolution using 'authorised documents' instead.

Telephone Helpline

The Mouth Cancer Foundation provides the telephone support service that provides access to both professional advice and MCF volunteers comprising carers and survivors. The telephone-based support service launched in May 2008 for mouth cancer patients and carers and is now advertised on all our information materials.

Raising Awareness

We are playing a major role in the Mouth Cancer Awareness programme in the United Kingdom. The Mouth Cancer 10KM Awareness Walk is now established as an annual event. The 19th walk in 2024 had over 500 participants. Work continued on a new self-screening initiative for members of the public, the website was updated, a patient handbook and back to work guide for patients created, plus the charities existing leaflets and posters were redesigned, many being translated into different languages.

The charity's HPV, Know the Signs and general charity leaflets, wristbands and pin badges are used to support awareness events. Over 25,000 leaflets were given away in 2024 and 2025. The aim is to continue raising public awareness of all mouth cancers in innovative ways and work has begun on a new website. The charity aims to continue raising awareness of the need for early detection amongst dentists, and primary care physicians.

Mouth Cancer Support Group Network

The Mouth Cancer Foundation continues to work with support groups and linking them together for sharing of best practice and creating a stronger patient voice. The revamped website contains a national network of Head & Neck cancer patient support groups.

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info@mouthcancerfoundation.org. www.mouthcancerfoundation.org

Survivors Manual and Survivors Recipe Book

The charity continues to dispatch copies of Brenda Brady's 'Easy to Swallow' cookbook for patients who have swallowing difficulties as a consequence of their treatments, which is still very popular.

Research

The charity supports research into the support needs of head and neck cancer survivors and the potential that internet-based support services can have on their lives.

Centre of Excellence

The Mouth Cancer Foundation will continue to advocate a Centre of Excellence that is focused on optimal rehabilitation treatment for head and neck cancer patients.

REGISTERED COMPANY NUMBER: 05154295 (England and Wales)
REGISTERED CHARITY NUMBER: 1109298

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 30 June 2025
for
Mouth Cancer Foundation Limited

Mouth Cancer Foundation Limited

Report of the Trustees
for the Year Ended 30 June 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05154295 (England and Wales)

Registered Charity number

1109298

Registered office

Larchfield Loft
2 Larchfield Close
Weybridge
Surrey
KT139DD

Trustees

Mr Krishan Lee Joshi
Dr Vinod Joshi
Dr Mahendra Gulabbhai Patel
Dr Geeta Perks
Mahesh Kumar
Natalie Kolf
Phillip Lewis

Company Secretary

Mr Krishan Lee Joshi

Approved by order of the board of trustees on 18 March 2026 and signed on its behalf by:

Signed by:


D46E36CD685B44F...

Mr Krishan Lee Joshi - Trustee

Independent Examiner's Report to the Trustees of
Mouth Cancer Foundation Limited

Independent examiner's report to the trustees of Mouth Cancer Foundation Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Wetherby Accountants Ltd

18 March 2026

Mouth Cancer Foundation LimitedStatement of Financial Activities
for the Year Ended 30 June 2025

	Notes	Unrestricted fund £	Restricted fund £	30.6.25 Total funds £	30.6.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Other trading activities	2	113,839	-	113,839	157,083
EXPENDITURE ON					
Raising funds	3	124,577	-	124,577	108,631
NET INCOME/(EXPENDITURE)					
		(10,738)	-	(10,738)	48,452
RECONCILIATION OF FUNDS					
Total funds brought forward		188,120	10,000	198,120	149,668
TOTAL FUNDS CARRIED FORWARD					
		177,382	10,000	187,382	198,120

The notes form part of these financial statements

Mouth Cancer Foundation LimitedBalance Sheet30 June 2025

	Notes	Unrestricted fund £	Restricted fund £	30.6.25 Total funds £	30.6.24 Total funds £
CURRENT ASSETS					
Prepayments and accrued income		828	-	828	1,062
Cash at bank		181,520	10,000	191,520	209,364
		<u>182,348</u>	<u>10,000</u>	<u>192,348</u>	<u>210,426</u>
CREDITORS					
Amounts falling due within one year	6	(8)	-	(8)	(7,848)
		<u>182,340</u>	<u>10,000</u>	<u>192,340</u>	<u>202,578</u>
NET CURRENT ASSETS					
		<u>182,340</u>	<u>10,000</u>	<u>192,340</u>	<u>202,578</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>182,340</u>	<u>10,000</u>	<u>192,340</u>	<u>202,578</u>
ACCRUALS AND DEFERRED INCOME	7	(4,958)	-	(4,958)	(4,458)
		<u>177,382</u>	<u>10,000</u>	<u>187,382</u>	<u>198,120</u>
NET ASSETS					
		<u>177,382</u>	<u>10,000</u>	<u>187,382</u>	<u>198,120</u>
FUNDS					
	8				
Unrestricted funds				177,382	188,120
Restricted funds				10,000	10,000
				<u>187,382</u>	<u>198,120</u>
TOTAL FUNDS					
				<u>187,382</u>	<u>198,120</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 18 March 2026 and were signed on its behalf by:

Signed by:



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Mr Krishan Lee Joshi - Trustee

The notes form part of these financial statements

Mouth Cancer Foundation Limited

Notes to the Financial Statements
for the Year Ended 30 June 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	30.6.25	30.6.24
	£	£
Awareness Walk Income	31,531	24,832
Cookbook Income	359	357
Awareness Walk Sponsorship	3,000	7,000
Support Awards Sponsorship	-	1,000
Donations & Fundraising	72,158	56,695
Bereavement Donations	6,791	67,199
	<u>113,839</u>	<u>157,083</u>

Mouth Cancer Foundation Limited

Notes to the Financial Statements - continued
for the Year Ended 30 June 2025

3. RAISING FUNDS

Raising donations and legacies

	30.6.25	30.6.24
	£	£
Support costs	<u>124,577</u>	<u>108,631</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2025 nor for the year ended 30 June 2024.

Trustees' expenses

The trustees have been reimbursed for expenses.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Other trading activities	<u>157,083</u>	<u>-</u>	<u>157,083</u>
EXPENDITURE ON			
Raising funds	<u>108,631</u>	<u>-</u>	<u>108,631</u>
NET INCOME	48,452	-	48,452
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>139,668</u>	<u>10,000</u>	<u>149,668</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>188,120</u></u>	<u><u>10,000</u></u>	<u><u>198,120</u></u>

Mouth Cancer Foundation LimitedNotes to the Financial Statements - continued
for the Year Ended 30 June 2025**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	30.6.25	30.6.24
	£	£
Trade creditors	8	7,848
	<u> </u>	<u> </u>

7. ACCRUALS AND DEFERRED INCOME

	30.6.25	30.6.24
	£	£
Accruals and deferred income	4,958	4,458
	<u> </u>	<u> </u>

8. MOVEMENT IN FUNDS

	At 1.7.24	Net movement in funds	At 30.6.25
	£	£	£
Unrestricted funds			
General fund	188,120	(10,738)	177,382
Restricted funds			
Restricted fund	10,000	-	10,000
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>198,120</u>	<u>(10,738)</u>	<u>187,382</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	113,839	(124,577)	(10,738)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>113,839</u>	<u>(124,577)</u>	<u>(10,738)</u>

Comparatives for movement in funds

	At 1.7.23	Net movement in funds	At 30.6.24
	£	£	£
Unrestricted funds			
General fund	139,668	48,452	188,120
Restricted funds			
Restricted fund	10,000	-	10,000
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>149,668</u>	<u>48,452</u>	<u>198,120</u>

Mouth Cancer Foundation LimitedNotes to the Financial Statements - continued
for the Year Ended 30 June 2025**8. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	157,083	(108,631)	48,452
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>157,083</u>	<u>(108,631)</u>	<u>48,452</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.23 £	Net movement in funds £	At 30.6.25 £
Unrestricted funds			
General fund	139,668	37,714	177,382
Restricted funds			
Restricted fund	10,000	-	10,000
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>149,668</u>	<u>37,714</u>	<u>187,382</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	270,922	(233,208)	37,714
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>270,922</u>	<u>(233,208)</u>	<u>37,714</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2025.

Mouth Cancer Foundation LimitedDetailed Statement of Financial Activities
for the Year Ended 30 June 2025

	30.6.25	30.6.24
	£	£
INCOME AND ENDOWMENTS		
Other trading activities		
Awareness Walk Income	31,531	24,832
Cookbook Income	359	357
Awareness Walk Sponsorship	3,000	7,000
Support Awards Sponsorship	-	1,000
Donations & Fundraising	72,158	56,695
Bereavement Donations	6,791	67,199
	<hr/>	<hr/>
	113,839	157,083
	<hr/>	<hr/>
Total incoming resources	113,839	157,083
 EXPENDITURE		
Support costs		
Management		
Rent & Rates	4,800	4,800
Insurance	935	873
PR & Event Management	8,359	8,455
Postage and Delivery	1,431	1,545
Sundries	82	209
Awareness Walk Expenses	29,523	23,363
Charity Management	27,849	27,350
Support Group Awards	-	2,000
Bite Back & Screening	2,785	2,735
Cookbook Expense	173	115
Conferences & Events	6,358	9,222
Mouth Cancer Action Month	2,000	2,000
Marketing costs	2,019	175
Freelance Consultancy	18,695	8,688
Saving Voices	8,669	9,035
Printing & stationary	2,847	1,438
Fundraising	1,409	-
	<hr/>	<hr/>
	117,934	102,003
 Finance		
Professional Fees	70	70
Accountancy	1,008	1,008
Bank Charges	261	198
Bookkeeping	1,080	1,080
	<hr/>	<hr/>
	2,419	2,356
 Information technology		
IT	3,651	3,698
 Other		
Storage	12	12
Carried forward	12	12

This page does not form part of the statutory financial statements

Mouth Cancer Foundation Limited

Detailed Statement of Financial Activities
for the Year Ended 30 June 2025

	30.6.25	30.6.24
	£	£
Other		
Brought forward	12	12
Just Giving Membership	561	562
	<u>573</u>	<u>574</u>
Total resources expended	<u>124,577</u>	<u>108,631</u>
Net (expenditure)/income	<u><u>(10,738)</u></u>	<u><u>48,452</u></u>

Mouth Cancer Foundation Limited

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for the Year Ended 30 June 2025

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TRUSTEES' REPORT AND PRESENTATION OF AUDITED ACCOUNTS

For the year ended 30th June 2025

Responsibilities of Trustees/Directors Trustees/directors are required to prepare financial statements for each financial year. These must give a true and fair view of the state of affairs of the group and charity and the incoming resources and application of resources, including the net income or expenditure of the group for the year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the group and charity and which enable them to ensure that the financial statements comply with the Companies Act 1985.

The trustees are also responsible for safeguarding the assets of the group and charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Risk Management

The trustees have assessed the major risks to which the company/charity is exposed and are satisfied that systems are in place to minimise risk exposure.

Independent Examination

The Trustees require the charity's accounts to be inspected by an Independent Examiner. The trustees confirm that to the best of their knowledge there is no information relevant to the audit of which the Independent Examiners are unaware. The trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant audit information and that this information has been communicated to the Independent Examiners.

Our accounts have been independently examined and verified by accountants Wetherby Accountants Limited, Chartered Accountants on 31st January 2026. Accounts for the year end 30th June 2025 were prepared and submitted on 26th March 2026.

Remuneration

One of our trustees are directors of Sucofocus Limited, which through Dental Focus Web Design, continues to provide a *pro bono* service to the charity. No trustees/directors have been paid any remuneration unless it was authorised by clause 5 of the Memorandum.

Krishan Joshi

Treasurer - Mouth Cancer Foundation

30th March 2026

MOUTH CANCER FOUNDATION LIMITED

England & Wales - Charity number 1109298

Accounts



**Mouth Cancer
Foundation**

**MOUTH CANCER FOUNDATION
ANNUAL REPORT
2023-2024**

The Trustees/Directors present their report and the audited financial statements
for the year ended 30th June 2024.

FOUNDER'S FORWARD

The Mouth Cancer Foundation continues its work to save and improve the lives and support for head and neck cancer patients through the online support group, its website and telephone support service.

The charity remained active to increase awareness of mouth cancer with press activity, comments and patient stories for the media. The Mouth Cancer Foundation continues to operate a comprehensive social media plan, newsletter and regular news updates on its website. The charity provides articles about mouth cancer for the various dental magazines and case stories for the media. The charity also actively supports activities to raise awareness organised by supporters and the public throughout the year. The charity thanks those who have taken part in various initiatives to raise awareness and funds.

The charity held its 18th Mouth Cancer 10KM Awareness Walk and Walk from Home. The walk gives mouth cancer survivors and carers an event that recognizes their disease, and also acts as a remembrance occasion for those who have lost a loved one. It also continues to be an important source of income and awareness raising for the charity. Our sponsors include: Bristol Meyer Squibb, Dental Focus, Irwin Mitchell and AS Saliva Orthana.

During 2023/24 the charity focused its attention on creating a new and improved website to better serve the community. It continued to have success with its Self check initiative which encourages everyone over the age of 16 years to screen and check themselves once a month for the signs and symptoms of mouth cancer. The charity provides the tools and information to do this.

GOVERNANCE, STRUCTURE AND MANAGEMENT

Governance - Charitable Status

The Mouth Cancer Foundation is a registered charitable company limited by guarantee.

It became a registered company on 15th June 2004 (registered company No. 5154295), and a registered charitable company on 3rd May 2005 (registered charity No. 1109298). It abides by a Memorandum of Association and Articles of Association. There are eight company directors who are also known as the trustees in the Charity Commission documents.

Organisational Structure & Management Trustees/Directors (2023-2024)

Mouth Cancer Foundation is a registered charity No. 1109298
Registered as a company limited by guarantee in England & Wales No. 5154295
Registered address: 2 Larchfield Close, Weybridge, Surrey, KT13 9DD
Head Office Number: +44 (0) 208 940 5680 Helpline Number: 01924 950 950
info@mouthcancerfoundation.org www.mouthcancerfoundation.org

The charity hosts 2 websites - www.mouthcancerfoundation.org and www.mouthcancerwalk.org. The main charity website and online support group are vital to the service provided. By June 2024, the site received over 59,561 users to the website. Of those 129,983 pages were viewed. The main website still receives a Google grant and ranks at the top of Google for mouth cancer and head/neck cancer related searches.

The charity continues to run a successful an online support group run by Charity Ambassadors, Jocelyn Harding and Karen Holt. There is a private Facebook group for patients and their families run by Patient Ambassador Karen Holt. Online support group members have been very supportive through participation in media interviews, surveys and represented us at meetings. Countless have contributed through time spent helping others online. Volunteer members have graciously given their time to responding to requests received through the telephone helpline. The telephone helpline is manned by charity Ambassador Alison Lowe.

The charity also produced a patient handbook, which has proved valuable to patients and taken part in a Back to Work Guide initiative.

The charity's 'Easy-to-Swallow' cookbook, for patients with swallowing difficulties is very popular and sells copies every month via Amazon.

Mouth Cancer Foundation Mahesh Kumar - President

The trustees are as follows:

Dr Vinod K Joshi (Honorary President)
Mr Krishan Lee Joshi (President and Treasurer)
Dr Mahendra Gulabbhai Patel (Committee Advisor)
Dr Geeta Perks (Committee Advisor)
Dr Philip Lewis
Mahesh Kumar
Natalie Kolf

All trustees are given information on their responsibilities shortly after each AGM. The trustees/directors are not paid any remuneration unless it is authorised by clause 5 of the Memorandum.

Appointment of Trustees/Directors

The method of appointing and recruiting new trustees/directors is laid down in the Articles of Association. This states that all Officers (Trustees/Directors) of the Committee shall each hold office for a period of three years commencing from the appropriate Annual General Meeting and shall retire from office at the end of their stated term of office and shall be eligible for re-election to further periods of office of three years. Once the Officers have been elected to the Committee, they will elect the President, Honorary Secretary and Honorary Treasurer. The President also acts as the Chief Executive.

OBJECTIVES AND ACTIVITIES

Objectives

The objective of the Mouth Cancer Foundation is the relief of sickness and the promotion and protection of good health among those suffering or at risk of Mouth, Throat and other Head & Neck Cancers by (a) the collation and dissemination of relevant information among the public generally and (b) by the provision of support to patients, carers and health professionals.

It will work towards bringing together the prevention, early detection of head and neck cancers, advocacy and support for mouth cancer patients and their carers under one identifiable charitable organisation that can serve as a rallying point for all those in the 'mouth cancer' community - people affected by mouth cancer, mouth cancer support groups, health care professionals, policy makers and other charities. Developing good relationships with independent head and neck cancer support groups and charities is a priority for the Charity.

Achievements and Performance

The Mouth Cancer Foundation continues to fulfill its main objective.

Website

The website and online support group has become a meeting point as well as a source of information. It has had the distinction of being selected as a valuable medical resource by the UK Web Archiving Consortium. By June 2024, the site received 59,561 visits. It is highly ranked by the Google search engine for the words: 'mouth cancer' and 'HPV oral cancer'.

The online support group is a caring community of patients and carers who are willing to share their experiences with others.

Membership

There are 14 honorary founder members with voting rights. The honorary members volunteer their time and expertise on behalf of the charity. The support group members have helped in various ways: by contributing their 'stories' to the website, participation in the online support group, helping with the telephone support line and promoting local mouth cancer awareness activities and fundraising for the charity. We are very grateful to them for their support and encouragement.

Advocacy

Influencing mouth cancer policy is a priority for the Charity. We are members of the Cancer Campaigning Group (CCG), an influential coalition of national cancer-related charities and Cancer 52, a group of cancer charities representing the less common cancers, to co-ordinate and share our experiences in putting the lesser-known cancers on the political agenda.

Mouth Cancer Awareness

Members of the Mouth Cancer Foundation have participated in numerous social media opportunities, radio and television interviews and contributed articles for newspapers and dental and medical magazines throughout the year to increase awareness of mouth cancer. Members have also organized activities throughout the year to raise awareness while raising funds for the charity. Posters and leaflets were distributed to dental and medical practices and other health bodies in the UK. These posters and mouth cancer leaflets continue to be in great demand. The Mouth Cancer Foundation held the 17th Mouth Cancer 10KM Awareness Walk from Home. Over 500 participants took part. The charity continues to promote and work on Bite Back at Mouth Cancer, a brand-new initiative to encourage members of the public to check themselves regularly for signs of mouth cancer.

FINANCIAL REVIEW

Banking

The funds of the Mouth Cancer Foundation are kept in a bank account. It is kept for the running expenses of the organisation.

Fund Raising

Voluntary Income

In 2023/24, Mouth Cancer Foundation received voluntary income as follows:

- Donations & Fundraising - £60,548
- Bereavement Donations - £67,199

Activities for Generating Funds

In 2023/24 the Mouth Cancer Foundation generated funds as follows:

- Mouth Cancer 10 KM Awareness Walk Income - £24,832
- Mouth Cancer 10 KM Awareness Walk Sponsorship - £7,000
- Cookbook Income - £357
- Support Group Awards Sponsorship - £1000

PLANS FOR THE FUTURE

Annual General Meeting

On 6 March 2010, at the AGM, the trustees and voting membership amended the charity's Articles of Association to reflect the Companies Act 2006, which had become fully implemented in October 2009. Companies Act 2006 simplified the setting up and running of a company and abolished the obligation for private companies to hold an annual general meeting by allowing decisions to be made by written resolution. This has helped the charity overcome the difficulty of members not being able to attend an AGM while allowing decisions to be made by written resolution using 'authorised documents' instead.

Telephone Helpline

The Mouth Cancer Foundation provides the telephone support service that provides access to both professional advice and MCF volunteers comprising carers and survivors. The telephone-based support service launched in May 2008 for mouth cancer patients and carers and is now advertised on all our information materials.

Raising Awareness

We are playing a major role in the Mouth Cancer Awareness programme in the United Kingdom. The Mouth Cancer 10KM Awareness Walk is now established as an annual event. The 18th walk in 2023 had over 500 participants. Work continued on a new self-screening initiative for members of the public, the website was updated, a patient handbook and back to work guide for patients created, plus the charities existing leaflets and posters were redesigned, many being translated into different languages.

The charity's HPV, Know the Signs and general charity leaflets, wristbands and pin badges are used to support awareness events. Over 25,000 leaflets were given away in 2023 and 2024. The aim is to continue raising public awareness of all mouth cancers in innovative ways and work has begun on a new website. The charity aims to continue raising awareness of the need for early detection amongst dentists, and primary care physicians.

Mouth Cancer Support Group Network

The Mouth Cancer Foundation continues to work with support groups and linking them together for sharing of best practice and creating a stronger patient voice. The revamped website contains a national network of Head & Neck cancer patient support groups.

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Head Office Number: +44 (0) 208 940 5680 Helpline Number: 01924 950 950
info@mouthcancerfoundation.org. www.mouthcancerfoundation.org

Survivors Manual and Survivors Recipe Book

The charity continues to dispatch copies of Brenda Brady's 'Easy to Swallow' cookbook for patients who have swallowing difficulties as a consequence of their treatments, which is still very popular.

Research

The charity supports research into the support needs of head and neck cancer survivors and the potential that internet-based support services can have on their lives.

Centre of Excellence

The Mouth Cancer Foundation will continue to advocate a Centre of Excellence that is focused on optimal rehabilitation treatment for head and neck cancer patients.

REGISTERED COMPANY NUMBER: 05154295 (England and Wales)
REGISTERED CHARITY NUMBER: 1109298

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 30 June 2024
for
Mouth Cancer Foundation Limited

Report of the Trustees
for the Year Ended 30 June 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05154295 (England and Wales)

Registered Charity number

1109298

Registered office

Larchfield Loft
2 Larchfield Close
Weybridge
Surrey
KT139DD

Trustees

Mr Krishan Lee Joshi
Dr Vinod Joshi
Dr Mahendra Gulabbhai Patel
Dr Geeta Perks
Mahesh Kumar
Natalie Kolf
Phillip Lewis

Company Secretary

Mr Krishan Lee Joshi

Approved by order of the board of trustees on 21 March 2025 and signed on its behalf by:

Mr Krishan Lee Joshi - Trustee

Independent examiner's report to the trustees of Mouth Cancer Foundation Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Wetherby Accountants Ltd

21 March 2025

Mouth Cancer Foundation Limited

Statement of Financial Activities
for the Year Ended 30 June 2024

	Notes	Unrestricted fund £	Restricted fund £	30.6.24 Total funds £	30.6.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Other trading activities	2	157,083	-	157,083	95,050
EXPENDITURE ON					
Raising funds	3	108,631	-	108,631	92,714
NET INCOME					
		48,452	-	48,452	2,336
RECONCILIATION OF FUNDS					
Total funds brought forward		139,668	10,000	149,668	147,332
TOTAL FUNDS CARRIED FORWARD					
		188,120	10,000	198,120	149,668

The notes form part of these financial statements

Mouth Cancer Foundation Limited

Balance Sheet

30 June 2024

	Notes	Unrestricted fund £	Restricted fund £	30.6.24 Total funds £	30.6.23 Total funds £
CURRENT ASSETS					
Prepayments and accrued income		1,062	-	1,062	1,801
Cash at bank		199,364	10,000	209,364	162,579
		<u>200,426</u>	<u>10,000</u>	<u>210,426</u>	<u>164,380</u>
CREDITORS					
Amounts falling due within one year	6	(7,848)	-	(7,848)	(6,254)
		<u>192,578</u>	<u>10,000</u>	<u>202,578</u>	<u>158,126</u>
NET CURRENT ASSETS					
		<u>192,578</u>	<u>10,000</u>	<u>202,578</u>	<u>158,126</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		192,578	10,000	202,578	158,126
ACCRUALS AND DEFERRED INCOME	7	(4,458)	-	(4,458)	(8,458)
		<u>188,120</u>	<u>10,000</u>	<u>198,120</u>	<u>149,668</u>
NET ASSETS					
		<u>188,120</u>	<u>10,000</u>	<u>198,120</u>	<u>149,668</u>
FUNDS					
Unrestricted funds	8			188,120	139,668
Restricted funds				<u>10,000</u>	<u>10,000</u>
TOTAL FUNDS					
				<u>198,120</u>	<u>149,668</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21 March 2025 and were signed on its behalf by:

Mr Krishan Lee Joshi - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	30.6.24	30.6.23
	£	£
Awareness Walk Income	24,832	26,710
Cookbook Income	357	337
Awareness Walk Sponsorship	7,000	7,000
Support Awards Sponsorship	1,000	500
Donations & Fundraising	56,695	52,618
Bereavement Donations	67,199	7,885
	<u>157,083</u>	<u>95,050</u>

3. RAISING FUNDS

Raising donations and legacies

	30.6.24	30.6.23
	£	£
Support costs	108,631	92,714

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2024 nor for the year ended 30 June 2023.

Trustees' expenses

The trustees have been reimbursed for expenses.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Other trading activities	95,050	-	95,050
EXPENDITURE ON			
Raising funds	92,714	-	92,714
NET INCOME	2,336	-	2,336
RECONCILIATION OF FUNDS			
Total funds brought forward	137,332	10,000	147,332
TOTAL FUNDS CARRIED FORWARD	139,668	10,000	149,668

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	30.6.24	30.6.23
	£	£
Trade creditors	7,848	6,254
	<u>7,848</u>	<u>6,254</u>

7. ACCRUALS AND DEFERRED INCOME	30.6.24	30.6.23
	£	£
Accruals and deferred income	4,458	8,458
	<u>4,458</u>	<u>8,458</u>

8. MOVEMENT IN FUNDS		Net movement	At
	At 1.7.23	in funds	30.6.24
	£	£	£
Unrestricted funds			
General fund	139,668	48,452	188,120
Restricted funds			
Restricted fund	10,000	-	10,000
	<u>149,668</u>	<u>48,452</u>	<u>198,120</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	157,083	(108,631)	48,452
	<u>157,083</u>	<u>(108,631)</u>	<u>48,452</u>

Comparatives for movement in funds

	At 1.7.22	Net movement	At
	£	in funds	30.6.23
		£	£
Unrestricted funds			
General fund	137,332	2,336	139,668
Restricted funds			
Restricted fund	10,000	-	10,000
	<u>147,332</u>	<u>2,336</u>	<u>149,668</u>

8. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	95,050	(92,714)	2,336
	_____	_____	_____
TOTAL FUNDS	<u>95,050</u>	<u>(92,714)</u>	<u>2,336</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.22 £	Net movement in funds £	At 30.6.24 £
Unrestricted funds			
General fund	137,332	50,788	188,120
Restricted funds			
Restricted fund	10,000	-	10,000
	_____	_____	_____
TOTAL FUNDS	<u>147,332</u>	<u>50,788</u>	<u>198,120</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	252,133	(201,345)	50,788
	_____	_____	_____
TOTAL FUNDS	<u>252,133</u>	<u>(201,345)</u>	<u>50,788</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2024.

Detailed Statement of Financial Activities
for the Year Ended 30 June 2024

	30.6.24 £	30.6.23 £
INCOME AND ENDOWMENTS		
Other trading activities		
Awareness Walk Income	24,832	26,710
Cookbook Income	357	337
Awareness Walk Sponsorship	7,000	7,000
Support Awards Sponsorship	1,000	500
Donations & Fundraising	56,695	52,618
Bereavement Donations	67,199	7,885
	<hr/>	<hr/>
	157,083	95,050
Total incoming resources	<hr/>	<hr/>
	157,083	95,050
EXPENDITURE		
Support costs		
Management		
Rent & Rates	4,800	4,800
Insurance	873	843
PR & Event Management	8,455	10,740
Postage and Delivery	1,545	2,074
Sundries	209	492
Awareness Walk Expenses	23,363	13,626
Charity Management	27,350	21,480
Support Group Awards	2,000	4,685
Bite Back & Screening	2,735	2,685
Cookbook Expense	115	91
Conferences & Events	9,222	5,514
Mouth Cancer Action Month	2,000	2,000
Marketing costs	175	-
Freelance Consultancy	8,688	10,414
Saving Voices	9,035	4,460
Merchandise	-	756
Printing & stationary	1,438	1,805
	<hr/>	<hr/>
	102,003	86,465
Finance		
Professional Fees	70	70
Accountancy	1,008	1,008
Bank Charges	198	-
Bookkeeping	1,080	1,080
	<hr/>	<hr/>
	2,356	2,158
Information technology		
IT	3,698	3,557
Other		
Storage	12	12
Carried forward	12	12

This page does not form part of the statutory financial statements

Mouth Cancer Foundation Limited

Detailed Statement of Financial Activities
for the Year Ended 30 June 2024

	30.6.24 £	30.6.23 £
Other		
Brought forward	12	12
Just Giving Membership	562	522
	<u>574</u>	<u>534</u>
Total resources expended	<u>108,631</u>	<u>92,714</u>
Net income	<u><u>48,452</u></u>	<u><u>2,336</u></u>

This page does not form part of the statutory financial statements

Contents of the Financial Statements
for the Year Ended 30 June 2024

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TRUSTEES' REPORT AND PRESENTATION OF AUDITED ACCOUNTS

For the year ended 30th June 2024

Responsibilities of Trustees/Directors Trustees/directors are required to prepare financial statements for each financial year. These must give a true and fair view of the state of affairs of the group and charity and the incoming resources and application of resources, including the net income or expenditure of the group for the year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the group and charity and which enable them to ensure that the financial statements comply with the Companies Act 1985.

The trustees are also responsible for safeguarding the assets of the group and charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Risk Management

The trustees have assessed the major risks to which the company/charity is exposed and are satisfied that systems are in place to minimise risk exposure.

Independent Examination

The Trustees require the charity's accounts to be inspected by an Independent Examiner. The trustees confirm that to the best of their knowledge there is no information relevant to the audit of which the Independent Examiners are unaware. The trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant audit information and that this information has been communicated to the Independent Examiners.

Our accounts have been independently examined and verified by accountants Wetherby Accountants Limited (formerly Gillbeck Associates Ltd), Chartered Accountants on 31st January 2024. Accounts for the year end 30th June 2023 were prepared and submitted on 28th February 2024.

Remuneration

One of our trustees are directors of Sucofocus Limited, which through Dental Focus Web Design, continues to provide a *pro bono* service to the charity. No trustees/directors have been paid any remuneration unless it was authorised by clause 5 of the Memorandum.

Krishan Joshi

Treasurer - Mouth Cancer Foundation

22nd April 2025

MOUTH CANCER FOUNDATION LIMITED

England & Wales - Charity number 1109298

Accounts



MOUTH CANCER FOUNDATION ANNUAL REPORT 2022-2023

The Trustees/Directors present their report and the audited financial statements
for the year ended 30th June 2023.

Mouth Cancer Foundation is a registered charity No. 1109298
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Registered address: 2 Larchfield Close, Weybridge, Surrey, KT13 9DD
Head Office Number: +44 (0) 208 940 5680 Helpline Number: 01924 950 950
info@mouthcancerfoundation.org www.mouthcancerfoundation.org



FOUNDER'S FORWARD

The Mouth Cancer Foundation continues its work to save and improve the lives and support for head and neck cancer patients through the online support group, its website and telephone support service.

The charity remained active to increase awareness of mouth cancer with press activity, comments and patient stories for the media. The Mouth Cancer Foundation continues to operate a comprehensive social media plan, newsletter and regular news updates on its website. The charity provides articles about mouth cancer for the various dental magazines and case stories for the media. The charity also actively supports activities to raise awareness organised by supporters and the public throughout the year. The charity thanks those who have taken part in various initiatives to raise awareness and funds.

As a result of the pandemic the charity held its 16th Mouth Cancer 10KM Awareness Walk from Home so participants could stay within the government guidelines for Covid. The walk gives mouth cancer survivors and carers an event that recognizes their disease, and also acts as a remembrance occasion for those who have lost a loved one. It also continues to be an important source of income and awareness raising for the charity. Our sponsors include: Bristol Meyer Squibb, Straumann, Dental Focus, Irwin Mitchell and AS Saliva Orthana.

During 2022/23 the charity focused its attention on creating a new and improved website to better serve the community. It continued to have success with its new Bite Back at Mouth Cancer self check initiative. Bite Back at Mouth Cancer encourages everyone over the age of 16 years to screen and check themselves once a month for the signs and symptoms of mouth cancer. The charity provides the tools and information

to do this.

The charity hosts 2 websites - www.mouthcancerfoundation.org and www.mouthcancerwalk.org. The main charity website and online support group are vital to the service provided. By June 2023, the site received over 59,561 users to the website. Of those 129,983 pages were viewed. The main website still receives a Google grant and ranks at the top of Google for mouth cancer and head/neck cancer related searches.

The charity continues to run a successful an online support group run by Charity Ambassador, Jocelyn Harding. There is a private Facebook group for patients and their families run by Patient Ambassador Karen Holt. Online support group members have been very supportive through participation in media interviews, surveys and represented us at meetings. Countless have contributed through time spent helping others online. Volunteer members have graciously given their time to responding to requests received through the telephone helpline. The telephone helpline is manned by charity Ambassador Alison Lowe.

The charity also produced a patient handbook, which has proved valuable to patients and taken part in a Back to Work Guide initiative.

The charity's 'Easy-to-Swallow' cookbook, for patients with swallowing difficulties is very popular and sells copies every month via Amazon.

Mouth Cancer Foundation
Mahesh Kumar - President



GOVERNANCE, STRUCTURE AND MANAGEMENT

Governance - Charitable Status

The Mouth Cancer Foundation is a registered charitable company limited by guarantee.

It became a registered company on 15th June 2004 (registered company No. 5154295), and a registered charitable company on 3rd May 2005 (registered charity No. 1109298). It abides by a Memorandum of Association and Articles of Association. There are eight company directors who are also known as the trustees in the Charity Commission documents.

Organisational Structure & Management Trustees/Directors (2022-2023)

The trustees are as follows:

Dr Vinod K Joshi (Honorary President)
Mr Krishan Lee Joshi (President and Treasurer)
Dr Mahendra Gulabbhai Patel (Committee Advisor)
Dr Geeta Perks (Committee Advisor)
Dr Philip Lewis
Mahesh Kumar
Natalie Kolf

All trustees are given information on their responsibilities shortly after each AGM. The trustees/directors are not paid any remuneration unless it is authorised by clause 5 of the

Memorandum.

Appointment of Trustees/Directors

The method of appointing and recruiting new trustees/directors is laid down in the Articles of Association. This states that all Officers (Trustees/Directors) of the Committee shall each hold office for a period of three years commencing from the appropriate Annual General Meeting and shall retire from office at the end of their stated term of office and shall be eligible for re-election to further periods of office of three years. Once the Officers have been elected to the Committee, they will elect the President, Honorary Secretary and Honorary Treasurer. The President also acts as the Chief Executive.

Membership

There are 14 honorary founder members with voting rights. The honorary members volunteer their time and expertise on behalf of the charity. The support group members have helped in various ways: by contributing their 'stories' to the website, participation in the online support group, helping with the telephone support line and promoting local mouth cancer awareness activities and fundraising for the charity. We are very grateful to them for their support and encouragement.



OBJECTIVES AND ACTIVITIES

Objectives

The objective of the Mouth Cancer Foundation is the relief of sickness and the promotion and protection of good health among those suffering or at risk of Mouth, Throat and other Head & Neck Cancers by (a) the collation and dissemination of relevant information among the public generally and (b) by the provision of support to patients, carers and health professionals.

It will work towards bringing together the prevention, early detection of head and neck cancers, advocacy and support for mouth cancer patients and their carers under one identifiable charitable organisation that can serve as a rallying point for all those in the 'mouth cancer' community - people affected by mouth cancer, mouth cancer support groups, health care professionals, policy makers and other charities. Developing good relationships with independent head and neck cancer support groups and charities is a priority for the Charity.

Achievements and Performance

The Mouth Cancer Foundation continues to fulfill its main objective.

Website

The website and online support group has become a meeting point as well as a source of information. It has had the distinction of being selected as a valuable medical resource by the UK Web Archiving Consortium. By June 2023, the site received 59,561 visits. It is highly ranked by the Google search engine for the words: 'mouth cancer' and 'HPV oral cancer'.

The online support group is a caring community of patients and carers who are willing to share their experiences with others.

Advocacy

Influencing mouth cancer policy is a priority for the Charity. We are members of the Cancer Campaigning Group (CCG), an influential coalition of national cancer-related charities and Cancer 52, a group of cancer charities representing the less common cancers, to co-ordinate and share our experiences in putting the lesser-known cancers on the political agenda.

Mouth Cancer Awareness

Members of the Mouth Cancer Foundation have participated in numerous social media opportunities, radio and television interviews and contributed articles for newspapers and dental and medical magazines throughout the year to increase awareness of mouth cancer. Members have also organized activities throughout the year to raise awareness while raising funds for the charity. Posters and leaflets were distributed to dental and medical practices and other health bodies in the UK. These posters and mouth cancer leaflets continue to be in great demand. The Mouth Cancer Foundation held the 17th Mouth Cancer 10KM Awareness Walk from Home. Over 500 participants took part. The charity continues to promote and work on Bite Back at Mouth Cancer, a brand-new initiative to encourage members of the public to check themselves regularly for signs of mouth cancer.



FINANCIAL REVIEW

Banking

The funds of the Mouth Cancer Foundation are kept in a bank account. It is kept for the running expenses of the organisation.

Fund Raising

Voluntary Income

In 2022/23, Mouth Cancer Foundation received voluntary income as follows:

- Donations & Fundraising - £58,998
- Bereavement Donations - £7,885

Activities for Generating Funds

In 2022/23 the Mouth Cancer Foundation generated funds as follows:

- Mouth Cancer 10 KM Awareness Walk Income - £26,710
- Mouth Cancer 10 KM Awareness Walk Sponsorship - £7,000
- Cookbook Income - £337
- Support Group Awards Sponsorship - £500



PLANS FOR THE FUTURE

Annual General Meeting

On 6 March 2010, at the AGM, the trustees and voting membership amended the charity's Articles of Association to reflect the Companies Act 2006, which had become fully implemented in October 2009. Companies Act 2006 simplified the setting up and running of a company and abolished the obligation for private companies to hold an annual general meeting by allowing decisions to be made by written resolution. This has helped the charity overcome the difficulty of members not being able to attend an AGM while allowing decisions to be made by written resolution using 'authorised documents' instead.

Telephone Helpline

The Mouth Cancer Foundation provides the telephone support service that provides access to both professional advice and MCF volunteers comprising carers and survivors. The telephone-based support service launched in May 2008 for mouth cancer patients and carers and is now advertised on all our information materials.

Raising Awareness

We are playing a major role in the Mouth Cancer Awareness programme in the United Kingdom. The Mouth Cancer 10KM Awareness Walk is now established as an annual event. The 17th walk in 2022 had over 500 participants. Work continued on a new self-screening initiative for members of the public, the website was updated, a patient handbook and back to work guide for patients created, plus the charities existing leaflets and posters were redesigned, many being translated into different languages.

The charity's HPV, Know the Signs and general charity leaflets, wristbands and pin badges are used to support awareness events. Over 25,000 leaflets were given away in 2022 and 2023. The aim is to continue raising public awareness of all mouth cancers in innovative ways and work has begun on a new website. The charity aims to continue raising awareness of the need for early detection amongst dentists, and primary care physicians.

Mouth Cancer Support Group Network

The Mouth Cancer Foundation continues to work with support groups and linking them together for sharing of best practice and creating a stronger patient voice. The revamped website contains a national network of Head & Neck cancer patient support groups.

Survivors Manual and Survivors Recipe Book

The charity continues to dispatch copies of Brenda Brady's 'Easy to Swallow' cookbook for patients who have swallowing difficulties as a consequence of their treatments, which is still very popular.

Research

The charity supports research into the support needs of head and neck cancer survivors and the potential that internet-based support services can have on their lives.

Centre of Excellence

The Mouth Cancer Foundation will continue to advocate a Centre of Excellence that is focused on optimal rehabilitation treatment for head and neck cancer patients.

Mouth Cancer Foundation is a registered charity No. 1109298
Registered as a company limited by guarantee in England & Wales No. 5154295
Registered address: 2 Larchfield Close, Weybridge, Surrey, KT13 9DD
Head Office Number: +44 (0) 208 940 5680 Helpline Number: 01924 950 950
info@mouthcancerfoundation.org www.mouthcancerfoundation.org

REGISTERED COMPANY NUMBER: 05154295 (England and Wales)
REGISTERED CHARITY NUMBER: 1109298

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 30 June 2023
for
Mouth Cancer Foundation Limited

Mouth Cancer Foundation Limited

Report of the Trustees
for the Year Ended 30 June 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05154295 (England and Wales)

Registered Charity number

1109298

Registered office

Larchfield Loft
2 Larchfield Close
Weybridge
Surrey
KT139DD

Trustees

Mr Krishan Lee Joshi
Dr Vinod Joshi
Dr Mahendra Gulabbhai Patel
Dr Geeta Perks
Mahesh Kumar
Natalie Kolf
Phillip Lewis

Company Secretary

Mr Krishan Lee Joshi

Approved by order of the board of trustees on 19 March 2024 and signed on its behalf by:

DocuSigned by:

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Mr Krishan Lee Joshi - Trustee

Independent Examiner's Report to the Trustees of
Mouth Cancer Foundation Limited

Independent examiner's report to the trustees of Mouth Cancer Foundation Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gillbeck Associates Limited

19 March 2024

Mouth Cancer Foundation LimitedStatement of Financial Activities
for the Year Ended 30 June 2023

	Notes	Unrestricted fund £	Restricted fund £	30.6.23 Total funds £	30.6.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Other trading activities	2	101,430	-	101,430	59,961
EXPENDITURE ON					
Raising funds	3	99,094	-	99,094	90,074
NET INCOME/(EXPENDITURE)		<u>2,336</u>	<u>-</u>	<u>2,336</u>	<u>(30,113)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>137,332</u>	<u>10,000</u>	<u>147,332</u>	<u>177,445</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>139,668</u></u>	<u><u>10,000</u></u>	<u><u>149,668</u></u>	<u><u>147,332</u></u>

The notes form part of these financial statements

Mouth Cancer Foundation LimitedBalance Sheet30 June 2023

	Notes	Unrestricted fund £	Restricted fund £	30.6.23 Total funds £	30.6.22 Total funds £
CURRENT ASSETS					
Debtors	6	-	-	-	15
Prepayments and accrued income		1,801	-	1,801	751
Cash at bank		152,579	10,000	162,579	164,233
		<u>154,380</u>	<u>10,000</u>	<u>164,380</u>	<u>164,999</u>
CREDITORS					
Amounts falling due within one year	7	(6,254)	-	(6,254)	(10,257)
		<u>148,126</u>	<u>10,000</u>	<u>158,126</u>	<u>154,742</u>
NET CURRENT ASSETS					
		<u>148,126</u>	<u>10,000</u>	<u>158,126</u>	<u>154,742</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>148,126</u>	<u>10,000</u>	<u>158,126</u>	<u>154,742</u>
ACCRUALS AND DEFERRED INCOME	8	(8,458)	-	(8,458)	(7,410)
		<u>139,668</u>	<u>10,000</u>	<u>149,668</u>	<u>147,332</u>
NET ASSETS					
		<u>139,668</u>	<u>10,000</u>	<u>149,668</u>	<u>147,332</u>
FUNDS					
	9				
Unrestricted funds				139,668	137,332
Restricted funds				10,000	10,000
				<u>149,668</u>	<u>147,332</u>
TOTAL FUNDS					
				<u>149,668</u>	<u>147,332</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 19 March 2024 and were signed on its behalf by:

DocuSigned by:



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Mr Krishan Lee Joshi - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 30 June 2023**1. ACCOUNTING POLICIES****Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	30.6.23	30.6.22
	£	£
Awareness Walk Income	26,710	25,033
Cookbook Income	337	118
Awareness Walk Sponsorship	7,000	8,130
Support Awards Sponsorship	500	500
Donations & Fundraising	58,998	24,617
Bereavement Donations	7,885	1,563
	<hr/>	<hr/>
	101,430	59,961
	<hr/> <hr/>	<hr/> <hr/>

Notes to the Financial Statements - continued
for the Year Ended 30 June 2023**3. RAISING FUNDS****Raising donations and legacies**

	30.6.23	30.6.22
	£	£
Support costs	99,094	90,074
	<u> </u>	<u> </u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2023 nor for the year ended 30 June 2022.

Trustees' expenses

The trustees have been reimbursed for expenses.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Other trading activities	59,961	-	59,961
EXPENDITURE ON			
Raising funds	90,074	-	90,074
	<u> </u>	<u> </u>	<u> </u>
NET INCOME/(EXPENDITURE)	(30,113)	-	(30,113)
RECONCILIATION OF FUNDS			
Total funds brought forward	167,445	10,000	177,445
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD	<u>137,332</u>	<u>10,000</u>	<u>147,332</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.6.23	30.6.22
	£	£
Trade debtors	-	15
	<u> </u>	<u> </u>

Mouth Cancer Foundation LimitedNotes to the Financial Statements - continued
for the Year Ended 30 June 2023**7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	30.6.23	30.6.22
	£	£
Trade creditors	6,254	10,142
Other creditors	-	115
	<u>6,254</u>	<u>10,257</u>

8. ACCRUALS AND DEFERRED INCOME

	30.6.23	30.6.22
	£	£
Accruals and deferred income	<u>8,458</u>	<u>7,410</u>

9. MOVEMENT IN FUNDS

	At 1.7.22	Net movement in funds	At 30.6.23
	£	£	£
Unrestricted funds			
General fund	137,332	2,336	139,668
Restricted funds			
Restricted fund	10,000	-	10,000
	<u>147,332</u>	<u>2,336</u>	<u>149,668</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	101,430	(99,094)	2,336
	<u>101,430</u>	<u>(99,094)</u>	<u>2,336</u>

Comparatives for movement in funds

	At 1.7.21	Net movement in funds	At 30.6.22
	£	£	£
Unrestricted funds			
General fund	167,445	(30,113)	137,332
Restricted funds			
Restricted fund	10,000	-	10,000
	<u>177,445</u>	<u>(30,113)</u>	<u>147,332</u>

Mouth Cancer Foundation LimitedNotes to the Financial Statements - continued
for the Year Ended 30 June 2023**9. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	59,961	(90,074)	(30,113)
	_____	_____	_____
TOTAL FUNDS	<u>59,961</u>	<u>(90,074)</u>	<u>(30,113)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.21 £	Net movement in funds £	At 30.6.23 £
Unrestricted funds			
General fund	167,445	(27,777)	139,668
Restricted funds			
Restricted fund	10,000	-	10,000
	_____	_____	_____
TOTAL FUNDS	<u>177,445</u>	<u>(27,777)</u>	<u>149,668</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	161,391	(189,168)	(27,777)
	_____	_____	_____
TOTAL FUNDS	<u>161,391</u>	<u>(189,168)</u>	<u>(27,777)</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2023.

Mouth Cancer Foundation LimitedDetailed Statement of Financial Activities
for the Year Ended 30 June 2023

	30.6.23	30.6.22
	£	£
INCOME AND ENDOWMENTS		
Other trading activities		
Awareness Walk Income	26,710	25,033
Cookbook Income	337	118
Awareness Walk Sponsorship	7,000	8,130
Support Awards Sponsorship	500	500
Donations & Fundraising	58,998	24,617
Bereavement Donations	7,885	1,563
	<hr/>	<hr/>
	101,430	59,961
	<hr/>	<hr/>
Total incoming resources	101,430	59,961
 EXPENDITURE		
Support costs		
Management		
Rent & Rates	4,800	4,800
Insurance	843	810
PR & Event Management	10,740	10,540
Postage and Delivery	2,074	1,324
Office Stationery	330	380
Sundries	492	401
Awareness Walk Expenses	13,626	15,853
Charity Management	21,480	18,445
Support Group Awards	4,685	5,635
Bite Back & Screening	2,685	2,635
Cookbook Expense	91	2,698
Conferences & Events	5,514	3,855
Mouth Cancer Action Month	2,000	2,000
Marketing costs	8,611	3,509
Freelance Consultancy	10,414	10,735
Saving Voices	4,460	1,148
	<hr/>	<hr/>
	92,845	84,768
 Finance		
Professional Fees	70	70
Accountancy	1,008	960
Bank charges	-	93
Bookkeeping	1,080	1,080
	<hr/>	<hr/>
	2,158	2,203
 Information technology		
IT	3,557	2,878
 Other		
Storage	12	9
Carried forward	12	9

This page does not form part of the statutory financial statements

Mouth Cancer Foundation LimitedDetailed Statement of Financial Activities
for the Year Ended 30 June 2023

	30.6.23	30.6.22
	£	£
Other		
Brought forward	12	9
Just Giving Membership	522	216
	<u>534</u>	<u>225</u>
Total resources expended	<u>99,094</u>	<u>90,074</u>
Net income/(expenditure)	<u><u>2,336</u></u>	<u><u>(30,113)</u></u>

This page does not form part of the statutory financial statements

Contents of the Financial Statements
for the Year Ended 30 June 2023

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Detailed Statement of Financial Activities	9 to 10



TRUSTEES' REPORT AND PRESENTATION OF AUDITED ACCOUNTS

For the year ended 30th June 2023

Responsibilities of Trustees/Directors Trustees/directors are required to prepare financial statements for each financial year. These must give a true and fair view of the state of affairs of the group and charity and the incoming resources and application of resources, including the net income or expenditure of the group for the year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the group and charity and which enable them to ensure that the financial statements comply with the Companies Act 1985.

The trustees are also responsible for safeguarding the assets of the group and charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Risk Management

The trustees have assessed the major risks to which the company/charity is exposed and are satisfied that systems are in place to minimise risk exposure.

Independent Examination

The Trustees require the charity's accounts to be inspected by an Independent Examiner. The trustees confirm that to the best of their knowledge there is no information relevant to the audit of which the Independent Examiners are unaware. The trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant audit information and that this information has been communicated to the Independent Examiners.

Our accounts have been independently examined and verified by accountants Gillbeck Associates Ltd, Chartered Accountants on 31st January 2023. Accounts for the year end 30th June 2021 were prepared and submitted on 28th February 2023.

Remuneration

One of our trustees are directors of Sucofocus Limited, which through Dental Focus Web Design, continues to provide a *pro bono* service to the charity. No trustees/directors have been paid any remuneration unless it was authorised by clause 5 of the Memorandum.

Krishan Joshi

Treasurer - Mouth Cancer Foundation

22nd April 2024

Mouth Cancer Foundation is a registered charity No. 1109298
Registered as a company limited by guarantee in England & Wales No. 5154295
Registered address: 2 Larchfield Close, Weybridge, Surrey, KT13 9DD
Head Office Number: +44 (0) 208 940 5680 Helpline Number: 01924 950 950
info@mouthcancerfoundation.org www.mouthcancerfoundation.org

MOUTH CANCER FOUNDATION LIMITED

England & Wales - Charity number 1109298

Accounts



MOUTH CANCER FOUNDATION ANNUAL REPORT 2021-2022

The Trustees/Directors present their report and the audited financial statements
for the year ended 30th June 2022.

Mouth Cancer Foundation is a registered charity No. 1109298
Registered as a company limited by guarantee in England & Wales No. 5154295
Registered address: 2 Larchfield Close, Weybridge, Surrey, KT13 9DD
Head Office Number: +44 (0) 208 940 5680 Helpline Number: 01924 950 950
info@mouthcancerfoundation.org www.mouthcancerfoundation.org



FOUNDER'S FORWARD

The Mouth Cancer Foundation continues its work to save and improve the lives and support for head and neck cancer patients through the online support group, its website and telephone support service.

The charity remained active to increase awareness of mouth cancer with press activity, comments and patient stories for the media. The Mouth Cancer Foundation continues to operate a comprehensive social media plan, newsletter and regular news updates on its website. The charity provides articles about mouth cancer for the various dental magazines and case stories for the media. The charity also actively supports activities to raise awareness organised by supporters and the public throughout the year. The charity thanks those who have taken part in various initiatives to raise awareness and funds.

As a result of the pandemic the charity held its 16th Mouth Cancer 10KM Awareness Walk from Home so participants could stay within the government guidelines for Covid. The walk gives mouth cancer survivors and carers an event that recognizes their disease, and also acts as a remembrance occasion for those who have lost a loved one. It also continues to be an important source of income and awareness raising for the charity. Our sponsors include: Bristol Meyer Squibb, Straumann, Dental Focus, Irwin Mitchell and AS Saliva Orthana.

During 2021/22 the charity focused its attention on creating a new and improved website to better serve the community. It continued to have success with its new Bite Back at Mouth Cancer self check initiative. Bite Back at Mouth Cancer encourages everyone over the age of 16 years to screen and check themselves once a month for the signs and symptoms of mouth cancer. The charity provides the tools and information

to do this.

The charity hosts 2 websites - www.mouthcancerfoundation.org and www.mouthcancerwalk.org. The main charity website and online support group are vital to the service provided. By June 2022, the site received over 59,561 users to the website. Of those 129,983 pages were viewed. The main website still receives a Google grant and ranks at the top of Google for mouth cancer and head/neck cancer related searches.

The charity continues to run a successful an online support group run by Charity Ambassador, Jocelyn Harding. This proved invaluable during the pandemic giving a lifeline to patients and now continues. Online support group members have been very supportive through participation in media interviews, surveys and represented us at meetings. Countless have contributed through time spent helping others online. Volunteer members have graciously given their time to responding to requests received through the telephone helpline. The telephone helpline is manned by charity Ambassador Rachel Parsons, a patient herself with a background in helping others.

The charity also produced a patient handbook, which has proved valuable to patients and taken part in a Back to Work Guide initiative.

The charity's 'Easy-to-Swallow' cookbook, for patients with swallowing difficulties is very popular and sells copies every month via Amazon.

Mouth Cancer Foundation
Philp Lewis President



GOVERNANCE, STRUCTURE AND MANAGEMENT

Governance - Charitable Status

The Mouth Cancer Foundation is a registered charitable company limited by guarantee.

It became a registered company on 15th June 2004 (registered company No. 5154295), and a registered charitable company on 3rd May 2005 (registered charity No. 1109298). It abides by a Memorandum of Association and Articles of Association. There are eight company directors who are also known as the trustees in the Charity Commission documents.

Organisational Structure & Management Trustees/Directors (2020-2021)

The trustees are as follows:

Dr Vinod K Joshi (Honorary President)
Mr Krishan Lee Joshi (President and Treasurer)
Dr Mahendra Gulabbhai Patel (Committee Advisor)
Dr Geeta Perks (Committee Advisor)
Dr Philip Lewis
Mahesh Kumar
Natalie Kolf
Mrs Manisha Patel

All trustees are given information on their responsibilities shortly after each AGM. The trustees/directors are not paid any remuneration unless it is authorised by clause 5 of the

Memorandum.

Appointment of Trustees/Directors

The method of appointing and recruiting new trustees/directors is laid down in the Articles of Association. This states that all Officers (Trustees/Directors) of the Committee shall each hold office for a period of three years commencing from the appropriate Annual General Meeting and shall retire from office at the end of their stated term of office and shall be eligible for re-election to further periods of office of three years. Once the Officers have been elected to the Committee, they will elect the President, Honorary Secretary and Honorary Treasurer. The President also acts as the Chief Executive.

Membership

There are 14 honorary founder members with voting rights. The honorary members volunteer their time and expertise on behalf of the charity. The support group members have helped in various ways: by contributing their 'stories' to the website, participation in the online support group, helping with the telephone support line and promoting local mouth cancer awareness activities and fundraising for the charity. We are very grateful to them for their support and encouragement.



OBJECTIVES AND ACTIVITIES

Objectives

The objective of the Mouth Cancer Foundation is the relief of sickness and the promotion and protection of good health among those suffering or at risk of Mouth, Throat and other Head & Neck Cancers by (a) the collation and dissemination of relevant information among the public generally and (b) by the provision of support to patients, carers and health professionals.

It will work towards bringing together the prevention, early detection of head and neck cancers, advocacy and support for mouth cancer patients and their carers under one identifiable charitable organisation that can serve as a rallying point for all those in the 'mouth cancer' community - people affected by mouth cancer, mouth cancer support groups, health care professionals, policy makers and other charities. Developing good relationships with independent head and neck cancer support groups and charities is a priority for the Charity.

Achievements and Performance

The Mouth Cancer Foundation continues to fulfill its main objective.

Website

The website and online support group has become a meeting point as well as a source of information. It has had the distinction of being selected as a valuable medical resource by the UK Web Archiving Consortium. By June 2022, the site received 59,561 visits. It is highly ranked by the Google search engine for the words: 'mouth cancer' and 'HPV oral cancer'.

The online support group is a caring community of patients and carers who are willing to share their experiences with others.

Advocacy

Influencing mouth cancer policy is a priority for the Charity. We are members of the Cancer Campaigning Group (CCG), an influential coalition of national cancer-related charities and Cancer 52, a group of cancer charities representing the less common cancers, to co-ordinate and share our experiences in putting the lesser-known cancers on the political agenda.

Mouth Cancer Awareness

Members of the Mouth Cancer Foundation have participated in numerous social media opportunities, radio and television interviews and contributed articles for newspapers and dental and medical magazines throughout the year to increase awareness of mouth cancer. Members have also organized activities throughout the year to raise awareness while raising funds for the charity. Posters and leaflets were distributed to dental and medical practices and other health bodies in the UK. These posters and mouth cancer leaflets continue to be in great demand. The Mouth Cancer Foundation held the 16th Mouth Cancer 10KM Awareness Walk from Home. Over 500 participants took part. The charity continues to promote and work on Bite Back at Mouth Cancer, a brand-new initiative to encourage members of the public to check themselves regularly for signs of mouth cancer.



FINANCIAL REVIEW

Banking

The funds of the Mouth Cancer Foundation are kept in a bank account. It is kept for the running expenses of the organisation.

Fund Raising

Voluntary Income

In 2021/22, Mouth Cancer Foundation received voluntary income as follows:

- Donations - £24,614
- Bereavement Donations - £1563

Activities for Generating Funds

In 2019/20 the Mouth Cancer Foundation generated funds as follows:

- Mouth Cancer 10 KM Awareness Walk Income - £25,033
- Mouth Cancer 10 KM Awareness Walk Sponsorship - £8130
- Cookbook Income - £118
- Support Group Awards Sponsorship - £500



PLANS FOR THE FUTURE

Annual General Meeting

On 6 March 2010, at the AGM, the trustees and voting membership amended the charity's Articles of Association to reflect the Companies Act 2006, which had become fully implemented in October 2009. Companies Act 2006 simplified the setting up and running of a company and abolished the obligation for private companies to hold an annual general meeting by allowing decisions to be made by written resolution. This has helped the charity overcome the difficulty of members not being able to attend an AGM while allowing decisions to be made by written resolution using 'authorised documents' instead.

Telephone Helpline

The Mouth Cancer Foundation provides the telephone support service that provides access to both professional advice and MCF volunteers comprising carers and survivors. The telephone-based support service launched in May 2008 for mouth cancer patients and carers and is now advertised on all our information materials.

Raising Awareness

We are playing a major role in the Mouth Cancer Awareness programme in the United Kingdom. The Mouth Cancer 10KM Awareness Walk is now established as an annual event. The 16th walk in 2021 had over 500 participants. Work continued on a new self-screening initiative for members of the public, the website was updated, a patient handbook and back to work guide for patients created, plus the charities existing leaflets and posters were redesigned, many being translated into different languages.

The charity's HPV, Know the Signs and general charity leaflets, wristbands and pin badges are used to support awareness events. Over 25,000 leaflets were given away in 2021 and 2022. The aim is to continue raising public awareness of all mouth cancers in innovative ways and work has begun on a new website. The charity aims to continue raising awareness of the need for early detection amongst dentists, and primary care physicians.

Mouth Cancer Support Group Network

The Mouth Cancer Foundation continues to work with support groups and linking them together for sharing of best practice and creating a stronger patient voice. The revamped website contains a national network of Head & Neck cancer patient support groups.

Survivors Manual and Survivors Recipe Book

The charity continues to dispatch copies of Brenda Brady's 'Easy to Swallow' cookbook for patients who have swallowing difficulties as a consequence of their treatments, which is still very popular.

Research

The charity supports research into the support needs of head and neck cancer survivors and the potential that internet-based support services can have on their lives.

Centre of Excellence

The Mouth Cancer Foundation will continue to advocate a Centre of Excellence that is focused on optimal rehabilitation treatment for head and neck cancer patients.

Mouth Cancer Foundation is a registered charity No. 1109298
Registered as a company limited by guarantee in England & Wales No. 5154295
Registered address: 2 Larchfield Close, Weybridge, Surrey, KT13 9DD
Head Office Number: +44 (0) 208 940 5680 Helpline Number: 01924 950 950
info@mouthcancerfoundation.org. www.mouthcancerfoundation.org

REGISTERED COMPANY NUMBER: 05154295 (England and Wales)
REGISTERED CHARITY NUMBER: 1109298

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 30 June 2022
for
Mouth Cancer Foundation Limited

Mouth Cancer Foundation Limited

Report of the Trustees
for the Year Ended 30 June 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05154295 (England and Wales)

Registered Charity number

1109298

Registered office

Larchfield Loft
2 Larchfield Close
Weybridge
Surrey
KT139DD

Trustees

Mr Krishan Lee Joshi
Dr Vinod Joshi
Dr Mahendra Gulabbhai Patel
Dr Geeta Perks
Mahesh Kumar
Natalie Kolf
Phillip Lewis

Company Secretary

Mr Krishan Lee Joshi

Approved by order of the board of trustees on 9 February 2023 and signed on its behalf by:

DocuSigned by:

Krishan Lee Joshi

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Mr Krishan Lee Joshi - Trustee

Independent Examiner's Report to the Trustees of
Mouth Cancer Foundation Limited

Independent examiner's report to the trustees of Mouth Cancer Foundation Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gillbeck Associates Limited

9 February 2023

Mouth Cancer Foundation LimitedStatement of Financial Activities
for the Year Ended 30 June 2022

	Notes	Unrestricted fund £	Restricted fund £	30.6.22 Total funds £	30.6.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		26,180	-	26,180	46,122
Other trading activities	2	33,781	-	33,781	63,370
Total		59,961	-	59,961	109,492
EXPENDITURE ON					
Raising funds	3	90,074	-	90,074	93,586
NET INCOME/(EXPENDITURE)		(30,113)	-	(30,113)	15,906
RECONCILIATION OF FUNDS					
Total funds brought forward		167,445	10,000	177,445	161,539
TOTAL FUNDS CARRIED FORWARD		137,332	10,000	147,332	177,445

The notes form part of these financial statements

Mouth Cancer Foundation LimitedBalance Sheet30 June 2022

	Notes	Unrestricted fund £	Restricted fund £	30.6.22 Total funds £	30.6.21 Total funds £
CURRENT ASSETS					
Debtors	6	15	-	15	-
Prepayments and accrued income		751	-	751	720
Cash at bank		154,233	10,000	164,233	190,710
		<u>154,999</u>	<u>10,000</u>	<u>164,999</u>	<u>191,430</u>
CREDITORS					
Amounts falling due within one year	7	(10,257)	-	(10,257)	(6,165)
		<u>144,742</u>	<u>10,000</u>	<u>154,742</u>	<u>185,265</u>
NET CURRENT ASSETS					
		<u>144,742</u>	<u>10,000</u>	<u>154,742</u>	<u>185,265</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		144,742	10,000	154,742	185,265
ACCRUALS AND DEFERRED INCOME	8	(7,410)	-	(7,410)	(7,820)
		<u>137,332</u>	<u>10,000</u>	<u>147,332</u>	<u>177,445</u>
NET ASSETS					
		<u>137,332</u>	<u>10,000</u>	<u>147,332</u>	<u>177,445</u>
FUNDS					
	9				
Unrestricted funds				137,332	167,445
Restricted funds				10,000	10,000
				<u>147,332</u>	<u>177,445</u>
TOTAL FUNDS					
				<u>147,332</u>	<u>177,445</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 9 February 2023 and were signed on its behalf by:

DocuSigned by:



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Mr Krishan Lee Joshi - Trustee

The notes form part of these financial statements

Mouth Cancer Foundation LimitedNotes to the Financial Statements
for the Year Ended 30 June 2022**1. ACCOUNTING POLICIES****Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	30.6.22	30.6.21
	£	£
Awareness Walk Income	25,033	55,224
Cookbook Income	118	146
Awareness Walk Sponsorship	8,130	7,000
Support Awards Sponsorship	500	1,000
	<u>33,781</u>	<u>63,370</u>

Mouth Cancer Foundation LimitedNotes to the Financial Statements - continued
for the Year Ended 30 June 2022**3. RAISING FUNDS****Raising donations and legacies**

	30.6.22	30.6.21
	£	£
Support costs	90,074	93,586
	<u> </u>	<u> </u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2022 nor for the year ended 30 June 2021.

Trustees' expenses

The trustees have been reimbursed for expenses.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	46,122	-	46,122
Other trading activities	63,370	-	63,370
Total	<u>109,492</u>	<u>-</u>	<u>109,492</u>
EXPENDITURE ON			
Raising funds	93,586	-	93,586
NET INCOME	<u>15,906</u>	<u>-</u>	<u>15,906</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	151,539	10,000	161,539
TOTAL FUNDS CARRIED FORWARD	<u>167,445</u>	<u>10,000</u>	<u>177,445</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.6.22	30.6.21
	£	£
Trade debtors	15	-
	<u> </u>	<u> </u>

Mouth Cancer Foundation LimitedNotes to the Financial Statements - continued
for the Year Ended 30 June 2022**7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	30.6.22	30.6.21
	£	£
Trade creditors	10,142	6,056
Other creditors	115	109
	<u>10,257</u>	<u>6,165</u>

8. ACCRUALS AND DEFERRED INCOME

	30.6.22	30.6.21
	£	£
Accruals and deferred income	7,410	7,820
	<u>7,410</u>	<u>7,820</u>

9. MOVEMENT IN FUNDS

	At 1.7.21	Net movement in funds	At 30.6.22
	£	£	£
Unrestricted funds			
General fund	167,445	(30,113)	137,332
Restricted funds			
Restricted fund	10,000	-	10,000
	<u>177,445</u>	<u>(30,113)</u>	<u>147,332</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	59,961	(90,074)	(30,113)
	<u>59,961</u>	<u>(90,074)</u>	<u>(30,113)</u>
TOTAL FUNDS	<u>59,961</u>	<u>(90,074)</u>	<u>(30,113)</u>

Comparatives for movement in funds

	At 1.7.20	Net movement in funds	At 30.6.21
	£	£	£
Unrestricted funds			
General fund	151,539	15,906	167,445
Restricted funds			
Restricted fund	10,000	-	10,000
	<u>161,539</u>	<u>15,906</u>	<u>177,445</u>

Mouth Cancer Foundation LimitedNotes to the Financial Statements - continued
for the Year Ended 30 June 2022**9. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	109,492	(93,586)	15,906
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>109,492</u>	<u>(93,586)</u>	<u>15,906</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.20 £	Net movement in funds £	At 30.6.22 £
Unrestricted funds			
General fund	151,539	(14,207)	137,332
Restricted funds			
Restricted fund	10,000	-	10,000
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>161,539</u>	<u>(14,207)</u>	<u>147,332</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	169,453	(183,660)	(14,207)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>169,453</u>	<u>(183,660)</u>	<u>(14,207)</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2022.

Mouth Cancer Foundation LimitedDetailed Statement of Financial Activities
for the Year Ended 30 June 2022

	30.6.22 £	30.6.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	24,617	38,972
Bereavement Donations	1,563	7,150
	<hr/>	<hr/>
	26,180	46,122
Other trading activities		
Awareness Walk Income	25,033	55,224
Cookbook Income	118	146
Awareness Walk Sponsorship	8,130	7,000
Support Awards Sponsorship	500	1,000
	<hr/>	<hr/>
	33,781	63,370
Total incoming resources	<hr/>	<hr/>
	59,961	109,492
EXPENDITURE		
Support costs		
Management		
Rent & Rates	4,800	4,800
Insurance	810	606
PR & Event Management	10,540	10,340
Postage and Delivery	1,324	414
Office Stationery	380	108
Sundries	401	238
Awareness Walk Expenses	15,853	16,157
Charity Management	18,445	18,095
Support Group Awards	5,635	7,385
Bite Back & Screening	2,635	2,585
Cookbook Expense	2,698	2,608
Conferences & Events	3,855	2,795
Mouth Cancer Action Month	2,000	2,000
Marketing costs	3,509	5,815
	<hr/>	<hr/>
	72,885	73,946
Finance		
Professional Fees	70	314
Accountancy	960	960
Bank charges	93	27
Bookkeeping	1,080	1,080
	<hr/>	<hr/>
	2,203	2,381
Information technology		
Website Hosting	4,026	3,900

This page does not form part of the statutory financial statements

Mouth Cancer Foundation LimitedDetailed Statement of Financial Activities
for the Year Ended 30 June 2022

	30.6.22	30.6.21
	£	£
Information technology		
Human resources		
Wages	10,735	11,677
Other		
Donations / Sponsorships	-	1,399
Storage	9	9
Just Giving Membership	216	274
	<u>225</u>	<u>1,682</u>
Total resources expended	<u>90,074</u>	<u>93,586</u>
Net (expenditure)/income	<u>(30,113)</u>	<u>15,906</u>

Mouth Cancer Foundation Limited

Contents of the Financial Statements
for the Year Ended 30 June 2022

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Detailed Statement of Financial Activities	9 to 10



TRUSTEES' REPORT AND PRESENTATION OF AUDITED ACCOUNTS

For the year ended 30th June 2021

Responsibilities of Trustees/Directors Trustees/directors are required to prepare financial statements for each financial year. These must give a true and fair view of the state of affairs of the group and charity and the incoming resources and application of resources, including the net income or expenditure of the group for the year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the group and charity and which enable them to ensure that the financial statements comply with the Companies Act 1985.

The trustees are also responsible for safeguarding the assets of the group and charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Risk Management

The trustees have assessed the major risks to which the company/charity is exposed and are satisfied that systems are in place to minimise risk exposure.

Independent Examination

The Trustees require the charity's accounts to be inspected by an Independent Examiner. The trustees confirm that to the best of their knowledge there is no information relevant to the audit of which the Independent Examiners are unaware. The trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant audit information and that this information has been communicated to the Independent Examiners.

Our accounts have been independently examined and verified by accountants Gillbeck Associates Ltd, Chartered Accountants on 31st January 2022. Accounts for the year end 30th June 2021 were prepared and submitted on 28th February 2022.

Remuneration

One of our trustees are directors of Sucofocus Limited, which through Dental Focus Web Design, continues to provide a *pro bono* service to the charity. No trustees/directors have been paid any remuneration unless it was authorised by clause 5 of the Memorandum.

Krishan Joshi

Mouth Cancer Foundation is a registered charity No. 1109298
Registered as a company limited by guarantee in England & Wales No. 5154295
Registered address: 2 Larchfield Close, Weybridge, Surrey, KT13 9DD
Head Office Number: +44 (0) 208 940 5680 Helpline Number: 01924 950 950
info@mouthcancerfoundation.org www.mouthcancerfoundation.org



Treasurer
Mouth Cancer Foundation
8th March 2023

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MOUTH CANCER FOUNDATION LIMITED

England & Wales - Charity number 1109298

Accounts



MOUTH CANCER FOUNDATION ANNUAL REPORT 2020-2021

The Trustees/Directors present their report and the audited financial statements
for the year ended 30th June 2021.

Mouth Cancer Foundation is a registered charity No. 1109298
Registered as a company limited by guarantee in England & Wales No. 5154295
Registered address: 2 Larchfield Close, Weybridge, Surrey, KT13 9DD
Head Office Number: +44 (0) 208 940 5680 Helpline Number: 01924 950 950
info@mouthcancerfoundation.org www.mouthcancerfoundation.org



FOUNDER'S FORWARD

The Mouth Cancer Foundation continues its work to save and improve the lives and support for head and neck cancer patients through the online support group, its website and telephone support service.

The charity remained active to increase awareness of mouth cancer with press activity, comments and patient stories for the media. The Mouth Cancer Foundation continues to operate a comprehensive social media plan, newsletter and regular news updates on its website. The charity provides articles about mouth cancer for the various dental magazines and case stories for the media. The charity also actively supports activities to raise awareness organised by supporters and the public throughout the year. The charity thanks those who have taken part in various initiatives to raise awareness and funds.

As a result of the pandemic between October and November 2020 the charity held its 15th Mouth Cancer 10KM Awareness Walk from Home so participants could stay within the government guidelines for Covid. The walk gives mouth cancer survivors and carers an event that recognizes their disease, and also acts as a remembrance occasion for those who have lost a loved one. It also continues to be an important source of income and awareness raising for the charity. Our sponsors include: Bristol Meyer Squibb, Straumann, Dental Focus, Irwin Mitchell and AS Saliva Orthana.

During 2020/21 the charity focused its attention on creating a new and improved website to better serve the community. It continued to have success with its new Bite Back at Mouth Cancer self check initiative. Bite Back at Mouth Cancer encourages everyone over the age of 16 years to screen and check themselves once a month for the signs and symptoms of

mouth cancer. The charity provides the tools and information to do this.

The charity hosts 2 websites - www.mouthcancerfoundation.org and www.mouthcancerwalk.org. The main charity website and online support group are vital to the service provided. By June 2021, the site received over 66,307 users to the website. Of those 155,813 pages were viewed. The main website still receives a Google grant and ranks at the top of Google for mouth cancer and head/neck cancer related searches.

During this period the charity set up an online support group run by Charity Ambassador, Jocelyn Harding. This proved invaluable during the pandemic giving a lifeline to patients. Online support group members have been very supportive through participation in media interviews, surveys and represented us at meetings. Countless have contributed through time spent helping others online. Volunteer members have graciously given their time to responding to requests received through the telephone helpline. The telephone helpline is manned by charity Ambassador Rachel Parsons, a patient herself with a background in helping others.

The charity also produced a patient handbook, which has proved valuable to patients and taken part in a Back to Work Guide initiative.

The charity's 'Easy-to-Swallow' cookbook, for patients with swallowing difficulties is very popular and sells copies every month via Amazon.

Mouth Cancer Foundation
Philp Lewis President



GOVERNANCE, STRUCTURE AND MANAGEMENT

Governance - Charitable Status

The Mouth Cancer Foundation is a registered charitable company limited by guarantee.

It became a registered company on 15th June 2004 (registered company No. 5154295), and a registered charitable company on 3rd May 2005 (registered charity No. 1109298). It abides by a Memorandum of Association and Articles of Association. There are eight company directors who are also known as the trustees in the Charity Commission documents.

Organisational Structure & Management Trustees/Directors (2020-2021)

The trustees are as follows:

Dr Vinod K Joshi (Honorary President)
Mr Krishan Lee Joshi (President and Treasurer)
Dr Mahendra Gulabbhai Patel (Committee Advisor)
Dr Geeta Perks (Committee Advisor)
Dr Philip Lewis
Mahesh Kumar
Natalie Kolf
Mrs Manisha Patel

All trustees are given information on their responsibilities shortly after each AGM. The trustees/directors are not paid any remuneration unless it is authorised by clause 5 of the

Memorandum.

Appointment of Trustees/Directors

The method of appointing and recruiting new trustees/directors is laid down in the Articles of Association. This states that all Officers (Trustees/Directors) of the Committee shall each hold office for a period of three years commencing from the appropriate Annual General Meeting and shall retire from office at the end of their stated term of office and shall be eligible for re-election to further periods of office of three years. Once the Officers have been elected to the Committee, they will elect the President, Honorary Secretary and Honorary Treasurer. The President also acts as the Chief Executive.

Membership

There are 14 honorary founder members with voting rights. The honorary members volunteer their time and expertise on behalf of the charity. The support group members have helped in various ways: by contributing their 'stories' to the website, participation in the online support group, helping with the telephone support line and promoting local mouth cancer awareness activities and fundraising for the charity. We are very grateful to them for their support and encouragement.



OBJECTIVES AND ACTIVITIES

Objectives

The objective of the Mouth Cancer Foundation is the relief of sickness and the promotion and protection of good health among those suffering or at risk of Mouth, Throat and other Head & Neck Cancers by (a) the collation and dissemination of relevant information among the public generally and (b) by the provision of support to patients, carers and health professionals.

It will work towards bringing together the prevention, early detection of head and neck cancers, advocacy and support for mouth cancer patients and their carers under one identifiable charitable organisation that can serve as a rallying point for all those in the 'mouth cancer' community - people affected by mouth cancer, mouth cancer support groups, health care professionals, policy makers and other charities. Developing good relationships with independent head and neck cancer support groups and charities is a priority for the Charity.

Achievements and Performance

The Mouth Cancer Foundation continues to fulfill its main objective.

Website

The website and online support group has become a meeting point as well as a source of information. It has had the distinction of being selected as a valuable medical resource by the UK Web Archiving Consortium. By June 2021, the site received 67,000 visits. It is highly ranked by the Google search engine for the words: 'mouth cancer' and 'HPV oral cancer'.

The online support group is a caring community of patients and carers who are willing to share their experiences with others.

Advocacy

Influencing mouth cancer policy is a priority for the Charity. We are members of the Cancer Campaigning Group (CCG), an influential coalition of national cancer-related charities and Cancer 52, a group of cancer charities representing the less common cancers, to co-ordinate and share our experiences in putting the lesser-known cancers on the political agenda.

Mouth Cancer Awareness

Members of the Mouth Cancer Foundation have participated in numerous social media opportunities, radio and television interviews and contributed articles for newspapers and dental and medical magazines throughout the year to increase awareness of mouth cancer. Members have also organized activities throughout the year to raise awareness while raising funds for the charity. Posters and leaflets were distributed to dental and medical practices and other health bodies in the UK. These posters and mouth cancer leaflets continue to be in great demand. The Mouth Cancer Foundation held the 15th Mouth Cancer 10KM Awareness Walk from Home. Over 500 participants took part. The charity continues to promote and work on Bite Back at Mouth Cancer, a brand-new initiative to encourage members of the public to check themselves regularly for signs of mouth cancer.



FINANCIAL REVIEW

Banking

The funds of the Mouth Cancer Foundation are kept in a bank account. It is kept for the running expenses of the organisation.

Fund Raising

Voluntary Income

In 2019/20, Mouth Cancer Foundation received voluntary income as follows:

- Donations - £73,699
- Bereavement Donations - £114

Activities for Generating Funds

In 2019/20 the Mouth Cancer Foundation generated funds as follows:

- Mouth Cancer 10 KM Awareness Walk Income - £19,923
- Mouth Cancer 10 KM Awareness Walk Sponsorship - £7500
- Cookbook Income - £710
- Support Group Awards Sponsorship - £500



PLANS FOR THE FUTURE

Annual General Meeting

On 6 March 2010, at the AGM, the trustees and voting membership amended the charity's Articles of Association to reflect the Companies Act 2006, which had become fully implemented in October 2009. Companies Act 2006 simplified the setting up and running of a company and abolished the obligation for private companies to hold an annual general meeting by allowing decisions to be made by written resolution. This has helped the charity overcome the difficulty of members not being able to attend an AGM while allowing decisions to be made by written resolution using 'authorised documents' instead.

Telephone Helpline

The Mouth Cancer Foundation provides the telephone support service that provides access to both professional advice and MCF volunteers comprising carers and survivors. The telephone-based support service launched in May 2008 for mouth cancer patients and carers and is now advertised on all our information materials.

Raising Awareness

We are playing a major role in the Mouth Cancer Awareness programme in the United Kingdom. The Mouth Cancer 10KM Awareness Walk is now established as an annual event. The 15th walk in 2020 had over 500 participants. Work continued on a new self-screening initiative for members of the public, the website was updated, a patient handbook and back to work guide for patients created, plus the charities existing leaflets and posters were redesigned, many being translated into different languages.

The charity's HPV, Know the Signs and general charity leaflets, wristbands and pin badges are used to support awareness events. Over 25,000 leaflets were given away in 2020 and 2021. The aim is to continue raising public awareness of all mouth cancers in innovative ways and work has begun on a new website. The charity aims to continue raising awareness of the need for early detection amongst dentists, and primary care physicians.

Mouth Cancer Support Group Network

The Mouth Cancer Foundation continues to work with support groups and linking them together for sharing of best practice and creating a stronger patient voice. The revamped website contains a national network of Head & Neck cancer patient support groups.

Survivors Manual and Survivors Recipe Book

The charity continues to dispatch copies of Brenda Brady's 'Easy to Swallow' cookbook for patients who have swallowing difficulties as a consequence of their treatments, which is still very popular.

Research

The charity supports research into the support needs of head and neck cancer survivors and the potential that internet-based support services can have on their lives.

Centre of Excellence

The Mouth Cancer Foundation will continue to advocate a Centre of Excellence that is focused on optimal rehabilitation treatment for head and neck cancer patients.

Mouth Cancer Foundation is a registered charity No. 1109298
Registered as a company limited by guarantee in England & Wales No. 5154295
Registered address: 2 Larchfield Close, Weybridge, Surrey, KT13 9DD
Head Office Number: +44 (0) 208 940 5680 Helpline Number: 01924 950 950
info@mouthcancerfoundation.org. www.mouthcancerfoundation.org



TRUSTEES' REPORT AND PRESENTATION OF AUDITED ACCOUNTS

For the year ended 30th June 2020

Responsibilities of Trustees/Directors

Mouth Cancer Foundation is a registered charity No. 1109298
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Trustees/directors are required to prepare financial statements for each financial year. These must give a true and fair view of the state of affairs of the group and charity and the incoming resources and application of resources, including the net income or expenditure of the group for the year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the group and charity and which enable them to ensure that the financial statements comply with the Companies Act 1985.

The trustees are also responsible for safeguarding the assets of the group and charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Risk Management

The trustees have assessed the major risks to which the company/charity is exposed and are satisfied that systems are in place to minimise risk exposure.

Independent Examination

The Trustees require the charity's accounts to be inspected by an Independent Examiner. The trustees confirm that to the best of their knowledge there is no information relevant to the audit of which the Independent Examiners are unaware. The trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant audit information and that this information has been communicated to the Independent Examiners.

Our accounts have been independently examined and verified by accountants Gillbeck Associates Ltd, Chartered Accountants on 31st January 2021. Accounts for the year end 30th June 2020 were prepared and submitted on 31st March 2021.

Remuneration

One of our trustees are directors of Sucofocus Limited, which through Dental Focus Web Design, continues to provide a *pro bono* service to the charity. No trustees/directors have been paid any remuneration unless it was authorised by clause 5 of the Memorandum.

Krishan Joshi
Treasurer
Mouth Cancer Foundation
31st March 2021

Mouth Cancer Foundation is a registered charity No. 1109298
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info@mouthcancerfoundation.org www.mouthcancerfoundation.org

REGISTERED COMPANY NUMBER: 05154295 (England and Wales)
REGISTERED CHARITY NUMBER: 1109298

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 30 June 2020
for
Mouth Cancer Foundation Limited

Mouth Cancer Foundation Limited

Contents of the Financial Statements
for the Year Ended 30 June 2020

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Mouth Cancer Foundation Limited

Report of the Trustees
for the Year Ended 30 June 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05154295 (England and Wales)

Registered Charity number

1109298

Registered office

Larchfield Loft
2 Larchfield Close
Weybridge
Surrey
KT139DD

Trustees

Mr Krishan Lee Joshi
Dr Vinod Joshi
Dr Mahendra Gulabbhai Patel
Dr Geeta Perks
Mahesh Kumar
Natalie Kolf
Phillip Lewis

Company Secretary

Mr Krishan Lee Joshi

Approved by order of the board of trustees on 31 March 2021 and signed on its behalf by:



Mr Krishan Lee Joshi - Trustee

Independent examiner's report to the trustees of Mouth Cancer Foundation Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gillbeck Associates Limited

19 April 2021

Mouth Cancer Foundation Limited

Statement of Financial Activities
for the Year Ended 30 June 2020

	Notes	Unrestricted fund £	Restricted fund £	30.6.20 Total funds £	30.6.19 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		73,813	-	73,813	42,054
Other trading activities	2	28,133	-	28,133	98,308
Total		101,946	-	101,946	140,362
EXPENDITURE ON					
Raising funds	3	105,978	-	105,978	107,331
NET INCOME/(EXPENDITURE)		(4,032)	-	(4,032)	33,031
RECONCILIATION OF FUNDS					
Total funds brought forward		155,571	10,000	165,571	132,539
TOTAL FUNDS CARRIED FORWARD		151,539	10,000	161,539	165,570

Surplus and Deficit Account 968

Posting discrepancies were found in the reserve accounts listed below. This is because the brought forward postings in the current year are not equal to the figures carried forward by IRIS at the end of last year. Please check your postings in the brought forward account for the surplus and deficit account 968.

	Unrestricted funds £	Total funds £
Brought forward - 968/1	155,571	155,571
Carried forward	155,570	155,570
Difference	(1)	(1)

Post to relevant accounts (see ICHA chart of accounts for further details)

Mouth Cancer Foundation Limited

Balance Sheet
30 June 2020

	Notes	Unrestricted fund £	Restricted fund £	30.6.20 Total funds £	30.6.19 Total funds £
CURRENT ASSETS					
Debtors	6	-	-	-	15
Prepayments and accrued income		519	-	519	989
Cash at bank		159,145	10,000	169,145	179,326
		<u>159,664</u>	<u>10,000</u>	<u>169,664</u>	<u>180,330</u>
CREDITORS					
Amounts falling due within one year	7	(625)	-	(625)	(7,900)
		<u>159,039</u>	<u>10,000</u>	<u>169,039</u>	<u>172,430</u>
NET CURRENT ASSETS					
		<u>159,039</u>	<u>10,000</u>	<u>169,039</u>	<u>172,430</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		159,039	10,000	169,039	172,430
ACCRUALS AND DEFERRED INCOME	8	(7,500)	-	(7,500)	(6,860)
		<u>151,539</u>	<u>10,000</u>	<u>161,539</u>	<u>165,570</u>
NET ASSETS					
		<u>151,539</u>	<u>10,000</u>	<u>161,539</u>	<u>165,570</u>
FUNDS					
Unrestricted funds	9			151,539	155,570
Restricted funds				10,000	10,000
				<u>161,539</u>	<u>165,570</u>
TOTAL FUNDS					
				<u>161,539</u>	<u>165,570</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 31 March 2021 and were signed on its behalf by:



Mr Krishan Lee Joshi - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	30.6.20	30.6.19
	£	£
Awareness Walk Income	19,923	20,702
Cookbook Income	710	1,361
Awareness Walk Sponsorship	7,500	6,000
Support Awards Sponsorship	-	500
MCF Bike Ride	-	69,745
	<u>28,133</u>	<u>98,308</u>

3. RAISING FUNDS

Raising donations and legacies

	30.6.20	30.6.19
	£	£
Support costs	<u>105,978</u>	<u>107,331</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2020 nor for the year ended 30 June 2019.

Trustees' expenses

The trustees have been reimbursed for expenses.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	42,054	-	42,054
Other trading activities	<u>98,308</u>	<u>-</u>	<u>98,308</u>
Total	140,362	-	140,362
 EXPENDITURE ON			
Raising funds	<u>107,331</u>	<u>-</u>	<u>107,331</u>
 NET INCOME	33,031	-	33,031
 RECONCILIATION OF FUNDS			
Total funds brought forward	122,539	10,000	132,539
 TOTAL FUNDS CARRIED FORWARD	<u>155,570</u>	<u>10,000</u>	<u>165,570</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.6.20	30.6.19
	£	£
Trade debtors	<u>-</u>	<u>15</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.6.20	30.6.19
	£	£
Trade creditors	396	7,900
Other creditors	229	-
	<u>625</u>	<u>7,900</u>

8. ACCRUALS AND DEFERRED INCOME

	30.6.20	30.6.19
	£	£
Accruals and deferred income	7,500	6,860
	<u>7,500</u>	<u>6,860</u>

9. MOVEMENT IN FUNDS

	At 1.7.19	Net movement in funds	At 30.6.20
	£	£	£
Unrestricted funds			
General fund	155,571	(4,032)	151,539
Restricted funds			
Restricted fund	10,000	-	10,000
	<u>165,571</u>	<u>(4,032)</u>	<u>161,539</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	101,946	(105,978)	(4,032)
	<u>101,946</u>	<u>(105,978)</u>	<u>(4,032)</u>

Comparatives for movement in funds

	At 1.7.18	Net movement in funds	At 30.6.19
	£	£	£
Unrestricted funds			
General fund	122,539	33,031	155,570
Restricted funds			
Restricted fund	10,000	-	10,000
	<u>132,539</u>	<u>33,031</u>	<u>165,570</u>

9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	140,362	(107,331)	33,031
TOTAL FUNDS	<u>140,362</u>	<u>(107,331)</u>	<u>33,031</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.18 £	Net movement in funds £	At 30.6.20 £
Unrestricted funds			
General fund	122,539	28,999	151,538
Restricted funds			
Restricted fund	10,000	-	10,000
TOTAL FUNDS	<u>132,539</u>	<u>28,999</u>	<u>161,538</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	242,308	(213,309)	28,999
TOTAL FUNDS	<u>242,308</u>	<u>(213,309)</u>	<u>28,999</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2020.

Mouth Cancer Foundation Limited

Detailed Statement of Financial Activities
for the Year Ended 30 June 2020

	30.6.20	30.6.19
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	73,699	41,729
Bereavement Donations	114	325
	<hr/>	<hr/>
	73,813	42,054
Other trading activities		
Awareness Walk Income	19,923	20,702
Cookbook Income	710	1,361
Awareness Walk Sponsorship	7,500	6,000
Support Awards Sponsorship	-	500
MCF Bike Ride	-	69,745
	<hr/>	<hr/>
	28,133	98,308
Total incoming resources	<hr/>	<hr/>
	101,946	140,362
EXPENDITURE		
Support costs		
Management		
Rent & Rates	4,500	4,200
Insurance	826	712
PR & Event Management	9,740	12,771
Postage and Delivery	1,175	1,194
Office Stationery	1,547	1,421
Sundries	286	373
Travel & Subsistence	1,387	2,710
Telephone & Internet	-	482
Awareness Walk Expenses	23,327	22,737
Charity Management	22,045	17,179
Support Group Awards	4,164	5,815
Bite Back & Screening	3,443	352
HPV Action	1,300	500
Cookbook Expense	2,634	3,215
MCF Bike Ride	-	22,689
Conferences & Events	3,637	4,601
Mouth Cancer Action Month	5,000	-
Charity Project Awards	2,500	-
Marketing costs	908	-
	<hr/>	<hr/>
	88,419	100,951
Finance		
Professional Fees	112	-
Accountancy	960	960
Bookkeeping	1,080	1,080
	<hr/>	<hr/>
	2,152	2,040

This page does not form part of the statutory financial statements

Mouth Cancer Foundation Limited

Detailed Statement of Financial Activities
for the Year Ended 30 June 2020

	30.6.20	30.6.19
	£	£
Finance		
Information technology		
Website Hosting	2,665	3,314
Human resources		
Wages	11,739	-
Other		
Donations / Sponsorships	293	-
Storage	253	810
Just Giving Membership	457	216
	<hr/>	<hr/>
	1,003	1,026
	<hr/>	<hr/>
Total resources expended	105,978	107,331
	<hr/>	<hr/>
Net (expenditure)/income	(4,032)	33,031
	<hr/> <hr/>	<hr/> <hr/>



TRUSTEES' REPORT AND PRESENTATION OF AUDITED ACCOUNTS

For the year ended 30th June 2020

Responsibilities of Trustees/Directors Trustees/directors are required to prepare financial statements for each financial year. These must give a true and fair view of the state of affairs of the group and charity and the incoming resources and application of resources, including the net income or expenditure of the group for the year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the group and charity and which enable them to ensure that the financial statements comply with the Companies Act 1985.

The trustees are also responsible for safeguarding the assets of the group and charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Risk Management

The trustees have assessed the major risks to which the company/charity is exposed and are satisfied that systems are in place to minimise risk exposure.

Independent Examination

The Trustees require the charity's accounts to be inspected by an Independent Examiner. The trustees confirm that to the best of their knowledge there is no information relevant to the audit of which the Independent Examiners are unaware. The trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant audit information and that this information has been communicated to the Independent Examiners.

Our accounts have been independently examined and verified by accountants Gillbeck Associates Ltd, Chartered Accountants on 31st January 2021. Accounts for the year end 30th June 2020 were prepared and submitted on 31st March 2021.

Remuneration

One of our trustees are directors of Sucofocus Limited, which through Dental Focus Web Design, continues to provide a *pro bono* service to the charity. No trustees/directors have been paid any remuneration unless it was authorised by clause 5 of the Memorandum.



Krishan Joshi
Treasurer
Mouth Cancer Foundation
31st March 2021

Mouth Cancer Foundation is a registered charity No. 1109298
Registered as a company limited by guarantee in England & Wales No. 5154295
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