ENFIELD ASIAN WELFARE ASSOCIATION

England & Wales · Charity number 1109149

Details

Other names	EAWA
Status	Registered
Legal form	Charitable company
Company number	05397785
Registered	2005-04-20
Register	View on the Charity Commission register

Contact

Address	Enfield Asian Welfare Association 52 Alexandra Road Enfield Middlesex EN3 7EH
Phone	02084431197
Email	Info@eawa.org.uk
Website	www.eawa.org.uk

Activities

Objects: TO PROMOTE THE BENEFIT OF THE INHABITANTS OF THE LONDON BOROUGH OF ENFIELD AND SURROUNDING BOROUGHS WHO FORM THE LOCAL COMMUNITY, WITH A SPECIFIC EMPHASIS ON THE SOUTH ASIAN COMMUNITY, WITHOUT DISTINCTION OF SEX, OR POLITICAL, RELIGIOUS OR OTHER OPINIONS BY ASSOCIATING WITH THE LOCAL AUTHORITIES, VOLUNTARY ORGANISATIONS AND INHABITANTS IN A COMMON EFFORT TO ADVANCE EDUCATION, RELIEVE POVERTY AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR THE RECREATION OR OTHER LEISURE-TIME OCCUPATION WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF PERSONS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF AGE, INFIRMITY, DISABLEMENT, POVERTY OR SOCIAL AND ECONOMIC.

Activities: We provide a day care centre for Elderly people to prevent decline in physical/mental health. We run other projects for the Elderly and 50 plus Local Population in Enfield and Surrounding Boroughs. We provide transport, health promotion programs and activities including yoga, health talks and recreational pursuits/educational awareness. We assist carers/families to access Health and Social Care.

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Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Amateur Sport, Recreation
- **Who:** Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- **Area of benefit:** LONDON BOROUGH OF ENFIELD AND SURROUNDING BOROUGHS
- Barnet
- Enfield
- Haringey

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£267,839	£260,527	-	-
2024-03-31	£247,075	£273,749	-	-
2023-03-31	£188,462	£256,365	-	-
2022-03-31	£195,305	£213,586	-	-
2021-03-31	£203,235	£152,827	-	-

Trustees

Name	Role	Appointed
Sudipta Ghosh	Chair	2017-03-21
John Martin		2023-11-01
Richard Fernandes		2014-06-30
Samit Biswas		2019-10-23

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ENFIELD ASIAN WELFARE ASSOCIATION

England & Wales - Charity number 1109149

Accounts

REGISTERED COMPANY NUMBER: 05397785 (England and Wales)
REGISTERED CHARITY NUMBER: 1109149

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

FOR

ENFIELD ASIAN WELFARE ASSOCIATION LTD
(A COMPANY LIMITED BY GUARANTEE)

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ENFIELD ASIAN WELFARE ASSOCIATION LTD

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FOR THE YEAR ENDED 31 MARCH 2025

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Report of the Board of Trustees for the year ended 31March 2025
(Incorporating the Directors Report)

The Trustees are pleased to present their report and financial statements for the year ended 31March 2025.
These financial statements have been prepared in accordance with the "Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) ("the Charities SORP"), with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland ("FRS 102") and with the Charities Act 2011. The charity meets the definition of a public benefit entity as set out in FRS 102.

Structure, governance, and management
Status
Enfield Asian Welfare Association ('EAWA') is a Company Limited by Guarantee not having a Share Capital. It is also registered as a Charity and is governed by its Memorandum and Articles of Association.

EAWA has an Executive Committee, known as the Board, of not less than 3 and is not subject to any maximum.
One-third of the Board retires by rotation at each Annual General Meetings and is eligible for re-election.
Directors who served during the year are stated in this report.

An advisory committee of five service users is elected each year, prior to the Annual General Meeting.
They can put forward, for consideration by the Board, any matters that cannot be dealt with at usual management levels.

The decision-making process
The Board meets monthly and approves major policy decisions. The Chief Executive is responsible to the Board and ensures that all the policies and procedures are in place. The Chief Executive makes the day-to-day decisions on an operational level and regularly liaises with the Chairman of the Board on Organizational and wider matters.

The Board members are recruited by advertising widely through Trustee Recruitment sites on the internet and via community connections. EAWA:
- Ensures that the recruited people meet the legal requirements to qualify as trustees.
- Arranges interviews and ensures that the skills meet with future needs.
- Provides inductions and induction packs. Visits are arranged to all EAWA's operational bases.
- Arranges training for the new Board members in line with their needs and gives information on ' the Roles and Responsibilities of the Trustees.' and refers them to the Charity commission for further information.
- Ensures that the Trustees agree to a Code of Conduct.

Risk Management:
Premises
EAWA has continued operations at the Wheatsheaf Hall. The risk of the Wheatsheaf Hall, being withdrawn immediately has been averted: EAWA have been informed that they can continue with the hire on a 6 monthly basis.
The temporary nature of our hire agreements for the day care centre and office, means that premises are still a risk factor. Thus, EAWA is continuing its search for a long-term permanent premise to house the day centre and office. EAWA must fundraise, as the property lease and purchase prices are high and the EAWA reserves do not cover the cost.

EAWA has given a proposal to lease the Wheatsheaf Hall in part or all of it.

Four day a week operation to negate losses
EAWA day care opening was reduced to 4 days a week from October 2023.
This was to reduce the overheads incurred against the reduction in income as discussed in earlier reports. The overall loss to 31st March 2025 was thus managed and reduced.

Contingencies

EAWA budget is based on realistic figures and no contingencies are built in. In year ended 31st March 2025, EAWA had an approved budget which would incur losses however, EAWA reduced this figure significantly by being prudent.

Continuity
There were no continuity problems for EAWA. The demise of clients at the day care centre, meant that EAWA has had to increase marketing efforts.

Transport
EAWA located a second-hand Mercedes Sprinter in February 2025. The bus was viewed; local preparations made to maintain it and meet with Section 19 permit requirements plus make sure that warranties were purchased to avert mechanical risks for three years. Insurance compliance was checked as well as RAC cover as the bus was 5 tonnes in weight and many companies would not cover it. The bus had many of the required features to meet with the disability needs of our clients and ensure their comfort plus it was ULEZ compliant. Further work was undertaken to raise funds before the final purchase and delivery at the end of June 2025.

Investment
The situation remains unchanged in that since the sale of the premises, in 2015, EAWA has a sound reserves position. Funds in the reserves have been invested in blocks of £85,000, into a few accounts, to safeguard them from any risks. The interest rates have improved..

Financial Review
The results for the financial period are set out in the attached accounts. There was a deficit on Unrestricted funds of £4,918 and a surplus on Restricted funds of £12,230 giving an overall surplus of £7312 (2024 Deficit:£26,674)

EAWA was impacted by the demise of clients due to its provision for high needs. EAWA received generous donations from Bartletts Solicitors firm.

We also opened to all communities: this is growing organically.

Funds
EAWA has £423,925 Unrestricted reserves of which £390,000 are held as Designated Funds for specific purposes. Restricted reserves are £12,230.

Public Benefit Statement
The Trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Objectives and Activities
Objects
To alleviate isolation, we
1. Deliver appropriate facilities with qualified staff.
2. Deliver leisure activities and recreational pursuits.
3. Deliver educational activities that improve access to information and learning.
4. Deliver activities which promote health, well-being and improve quality of life.

Through the provision of our services, we seek to enhance the lives of elderly people/the local community and their carers/families within the London Borough of Enfield and surrounding Boroughs who have need for such facilities by reason of age, infirmity, disablement or social isolation.

A resolution was passed at the last AGM on 6th November 2024 that.
1. The Charity's objects ("Objects") will be changed as follows:
To promote the welfare and relief of people in need by reason of age, infirmity, disability, or poverty in any manner which now or hereafter may be deemed by law to be charitable with a particular focus on providing assistance, support and resources to enhance their quality of life.
22. A name change for EAWA will be as follows: EngAge Welfare Association (EAWA)

The timeline for a formal change will also depend on workload to prevent negative impact on cashflow and to offer a seamless transition.

Achievements and Performance
The Day care service has been designed to meet the EAWA charitable objectives.
The main activities undertaken, towards achieving EAWA's objectives, were:
- Seated Yoga/ Tai Chi/ Dance with different tutors and styles of teaching
- Flower arranging
- Extra sociable group activities, e.g., Cornhole, Picture and Number Bingo, Bag Toss, Hoop toss
- Reflexology
- Indian Head Massage
- Social Interaction
- A hot Asian and Non-Asian meal with a varied menu
- Pedicure: toenail clipping
- Transport managed for clients as needed

At EAWA we celebrated many Landmark Birthdays and held parties with clients and their families.

Seasonal activities:

EAWA provided::
Special Diwali/Eid Party for EAWA day care plus their Carers/family and Social Hub clients. We hired a Live Indian music band from Pankaj Sodha; had delicious food, raffle prizes etc. Over 160 people attended.

A Christmas party with many games and delicious food was enjoyed by all.

EAWA arranged outings to:
" Middleton House and Gardens
" Picnic
" Seaside Visit - Southend on Sea
" Two Restaurant Outings

Collaborations:
EAWA worked with the group Immediate Theatre who undertook Creative art sessions with our day care clients. An article was published in Enfield Dispatch about this work with photographs depicting the work on 5th April 2025

EAWA also collaborated with the Tottenham Hotspurs Foundation from January to March 2025. They delivered Sporting memories and Boccia on two Tuesdays a month plus Heritage walks.

These projects were very much appreciated and enjoyed by the day care clients.

Other EAWA work
1. EAWA Social Hub was funded by the Community Fund National Lottery Fund for 5 years in the sum of £218,640 over 5 years from 1st April 2024. This award is a huge achievement for EAWA to enable the continuity of this project and the expansion of it. We wish to thank the National Lottery for their grant and support of EAWA's work.
Social Hub. This provided a range of services:
a) Outreach project in Edmonton Green Library:
Wednesday, Thursday, Friday mornings- 11am to 12.30pm.
Activities: Seated Yoga, outings, restaurant lunches and coffee shop visits to 1.45pm.
We opened an extra day, as the library withdrew the use of one of the community rooms from hire, making the delivery space much smaller. EAWA thus spread the clients over 3 days, limiting attendance to once a week for clients, so all could participate and to enable extra room for more new clients. EAWA funded the Wednesday part of this project.
Social Hub had an attendee list of 88 people with a 31.4% increase from last year of 67.

b) A group day trip, a theatre performance plus a picnic
c) Health workshops like diabetes, dementia, healthy eating and mental health were delivered in a relaxed and friendly environment.
d) BP measurement clinics
e) Christmas Lunch in December 2024.
f) The Palmers Green Library outreach session ended to allow for expansion work with Sheltered Housing activity and negation of loneliness work. The clients were offered sessions at the Edmonton Green Library.
The success of the project was marked in our evaluation and photovoice reports, which proved a reduction in the feelings of loneliness and isolation and creation of good friendship circles.

2,EAWA provided a Zoom Yoga session
Thursday afternoons - 2pm to 3pm. These sessions were very popular with clients.

3. Marketing: EAWA updated all its marketing materials, including the day care centre leaflet, website, and created Social Hub ba nners and leaflets
EAWA recruited a Social Media Expert to manage all Social Media posts with new Facebook and Instagram sites created for EAWA.
This expert all undertook graphic design work to make all materials appealing.
EAWA advertised both the Day care and Social Hub in the Enfield Dispatch Newspaper which has an extensive reach with 20,000 copies per issue, and it is free to read.

4.Quality Marks: EAWA passed ISO9001:2015 inspection in August 2024. The Inspector was very pleased with the level of care deli vered at all levels of this organisation.

5. Property: EAWA arranged a mini-Away Day with senior staff and Board members in September 2024 to update our business plan. The main action taken was that a proposal was sent to the council officer that EAWA has been working with, for EA WA to lease part of or all the Wheatsheaf Hall, EN1 1DS.

6. Fundraising for Minibus: In February 2025, EAWA found a good replacement Minibus. The fundraising action and result on this will be repo rted in the next annual report to 31/03/2026

7.The EAWA Team:
The staff/freelancers and volunteers work proactively deliver the excellent services that EAWA provides. The staff team changed with the recruitment of a Business Support Administrator and National Lottery Administrator in September and December 2024.

The EAWA Board meet monthly on zoom to guide and steer the work of EAWA. They are all volunteers and professionals wanting to achieve a positive impact for the Community and ensure that EAWA is continuously improving.

We thank everyone in the EAWA team.

EAWA also wants to thank everyone who has contributed to our work: we have an extensive but not exhaustive list of acknowledgements attached to our report.

To conclude:
EAWA has a longstanding reputation as a quality organisation which strives to make a difference to the lives of elderly people with Adult Health and Social Care needs.
Plus, EAWA strove this year, to expand the Social Hub service with the inclusion of activities for Sheltered Home residents to form a community and negate loneliness at these homes.
In the next years report we will advise you of the impact of this work.

EAWA day care centre also achieved extra services with partnerships that have brought new inclusive activities to brighten the lives of our elders.

EAWA has seen the demise of many daycare clients. We remember them with fond memories. We continue our work with the hope that the excellent work that we do will bring many more new families to EAWA: we want our legacy of care, fulfilment, health prevention and respite for Carers to continue for many more years.

Future plans:
To lease a property for EAWA.

Independent Examiners
A resolution to reappoint Chapman's Associates Limited, Chartered Accountants as Independent Examiners will be proposed at the Annual General Meeting.

The Board wishes to express its thanks to Miss Chetna Shah and all the staff for their dedicated and loyal service. They also wish to thank the elected Users Advisory Committee for their guidance throughout the period.

STRUCTURE, GOVERNANCE AND MANAGEMENT
Governing document
The charity is governed by it Memorandum and Articles and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

ENFIELD ASIAN WELFARE ASSOCIATION LTD

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

REFERENCE AND ADMINISTRATIVE DETAILS

Incorporation as a Company: Company Limited by Guarantee No.5397785 - Incorporated on 18.3.2005

Registered as Charity:	Registered Charity No. 1109149 - Registered on 20.04.2005
Governing Document:	Memorandum and Articles of Association
Mission Statement:	To support, empower, and enrich the lives of Older Members in the Community.
Our Vision is:	To be a trusted and valued First Choice Provider of Inclusive services that creates an inspiring, positive, impact in the community.
Directors and Trustees:	The directors of the charitable company ("the Charity") are its Trustees for the purposes of the charity law, and throughout this report are referred to as Trustees. Those who served during the year were:

Mr Sudipta Ghosh (Joined 21st March 2017, Appointed Chairman 6 November 2024))
Mr Naveed Ahmed (Joined 20/10/2010, Resigned Chairman 6 November 2024)
Mr Richard Fernandes (Joined 30th June 2014)
Mr Samit Kumar Biswas (Joined 23rd October 2019)
Mr John Martin (Joined 1 November 2023)
Mr Nasim Ferdous (Joined 1 November 2023)

Company Secretary
and Chief Executive Officer: Miss Chetna Shah

Users Advisory Committee:
Elected 6 November 2024
Mrs Kumud Shah (deceased)
Mrs Radha Patel
Mr Kasim Hossain
Mrs Sultana Rahman
Mrs Ladhiben Shah

Registered Office:	Office No. 1, Alexandra Business Suites, 52 Alexandra Road, Ponders End, Enfield, Middlesex, EN3 7EH Tel: 020 8443 1197 Email: info@eawa.org.uk Website: www.eawa.org.uk
Day Centre Sites:	Wheatsheaf Hall, Main Avenue, Bush Hill Park, Enfield, EN1 1DS from 20th July 2010
Bankers:	Barclays Bank Plc, 20 The Town, Enfield, Middlesex, EN2 6LY
Independent Examiner:	Chapmans Associates Limited, Chartered Accountants and Registered Auditors, 9 Churchill Court, 58 Station Road, North Harrow HA2 7SA.

Approved by order of the board of trustees on 29.10.2025 and signed on its behalf by:

.....
Sudipta Ghosh - Trustee

Independent examiner's report to the trustees of Enfield Asian Welfare Association Ltd ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Praful Patel

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 3/11/2025

ENFIELD ASIAN WELFARE ASSOCIATION LTD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Services and donations	2	210,626	-	210,626	238,920
Charitable activities	4				
Charitable					
		-	44,472	44,472	-
Investment income	3	12,741	-	12,741	8,155
Total		223,367	44,472	267,839	247,075
EXPENDITURE ON					
Charitable activities	5				
Charitable					
		228,285	32,242	260,527	273,749
NET INCOME/(EXPENDITURE)		(4,918)	12,230	7,312	(26,674)
RECONCILIATION OF FUNDS					
Total funds brought forward		428,843	-	428,843	455,517
TOTAL FUNDS CARRIED FORWARD		423,925	12,230	436,155	428,843

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2025

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	11	802	-	802	1,108
CURRENT ASSETS					
Debtors	12	41,136	-	41,136	40,323
Cash at bank and in hand		393,886	12,230	406,116	393,365
		435,022	12,230	447,252	433,688
CREDITORS					
Amounts falling due within one year	13	(11,899)	-	(11,899)	(5,953)
NET CURRENT ASSETS		423,123	12,230	435,353	427,735
TOTAL ASSETS LESS CURRENT LIABILITIES		423,925	12,230	436,155	428,843
NET ASSETS		423,925	12,230	436,155	428,843
FUNDS	14				
Unrestricted funds				423,925	428,843
Restricted funds				12,230	-
TOTAL FUNDS				436,155	428,843

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

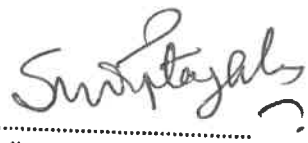
The notes form part of these financial statements

continued...

BALANCE SHEET - continued
31 MARCH 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 29.10.2025 and were signed on its behalf by:



Sudipta Ghosh - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

2. SERVICES AND DONATIONS

	2025	2024
	£	£
Spot contracts and service users contributions	201,791	229,141
Donation & Miscellaneous income	8,835	9,779
	210,626	238,920

3. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	12,741	8,155

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2025	2024
		£	£
National Lottery	Charitable	44,472	-

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
Charitable	160,543	99,984	260,527

6. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Charitable	98,750	1,234	99,984

continued...

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation - owned assets	927	845

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

9. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2025	2024
Charitable activities	18	14

No employees received emoluments in excess of £60,000.

	2025	**2024**
Key employee remuneration - CEO	51,455	50,608

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Services and donations	238,920	-	238,920
Investment income	8,155	-	8,155
Total	247,075	-	247,075
EXPENDITURE ON			
Charitable activities			
Charitable	273,749	-	273,749
NET INCOME/(EXPENDITURE)	(26,674)	-	(26,674)
Transfers between funds	12,875	(12,875)	-
Net movement in funds	(13,799)	(12,875)	(26,674)

continued...

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted fund £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	442,642	12,875	455,517
TOTAL FUNDS CARRIED FORWARD	428,843	-	428,843

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2024	19,622	23,741	43,363
Additions	621	-	621
At 31 March 2025	20,243	23,741	43,984
DEPRECIATION			
At 1 April 2024	18,514	23,741	42,255
Charge for year	927	-	927
At 31 March 2025	19,441	23,741	43,182
NET BOOK VALUE			
At 31 March 2025	802	-	802
At 31 March 2024	1,108	-	1,108

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Fees receivable	38,337	37,317
Prepayments	2,799	3,006
	41,136	40,323

continued...

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	4,988	1,736
Social security and other taxes	3,231	2,350
Pension payable	779	666
Accrued expenses	2,901	1,201
	11,899	5,953

14. MOVEMENT IN FUNDS

	At 1/4/24	Net movement in funds	At 31/3/25
	£	£	£
Unrestricted funds			
Operational	428,843	(4,918)	423,925
Restricted funds			
Restricted	-	12,230	12,230
TOTAL FUNDS	428,843	7,312	436,155

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
Operational	223,367	(228,285)	(4,918)
Restricted funds			
Restricted	44,472	(32,242)	12,230
TOTAL FUNDS	267,839	(260,527)	7,312

continued...

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/23 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
Unrestricted funds				
Operational	7,642	(26,674)	57,875	38,843
Designated	435,000	-	(45,000)	390,000
	442,642	(26,674)	12,875	428,843
Restricted funds				
Restricted	12,875	-	(12,875)	-
TOTAL FUNDS	455,517	(26,674)	-	428,843

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Operational	247,075	(273,749)	(26,674)
TOTAL FUNDS	247,075	(273,749)	(26,674)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/23 £	Net movement in funds £	Transfers between funds £	At 31/3/25 £
Unrestricted funds				
Operational	7,642	(31,592)	57,875	33,925
Designated	435,000	-	(45,000)	390,000
	442,642	(31,592)	12,875	423,925
Restricted funds				
Restricted	12,875	12,230	(12,875)	12,230
TOTAL FUNDS	455,517	(19,362)	-	436,155

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Operational	470,442	(502,034)	(31,592)
Restricted funds			
Restricted	44,472	(32,242)	12,230
TOTAL FUNDS	514,914	(534,276)	(19,362)

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Services and donations		
Spot contracts and service users contributions	201,791	229,141
Donation & Miscellaneous income	8,835	9,779
	210,626	238,920
Investment income		
Deposit account interest	12,741	8,155
Charitable activities		
National Lottery	44,472	-
Total incoming resources	267,839	247,075
EXPENDITURE		
Charitable activities		
Wages	92,575	94,266
Insurance	1,831	1,834
Sundries	2,725	2,947
Luncheon costs	11,125	12,340
Rent	22,466	25,137
Flower arranging	2,371	3,089
Indian head massage	3,524	3,438
Minibus expenses	7,853	5,337
Pedicure	346	300
QI Gong	281	450
Reflexology	3,946	5,069
Tai Chi	460	863
Training cost	255	204
Transportation cost	329	788
Volunteer expenses	194	-
Yoga	6,044	5,388
Chair based exercise	350	975
Bad debts written off	516	438
Telephone	10	-
Entertainment	326	522
Sundry refreshment	2,089	903
Fixtures and fittings	927	844
	160,543	165,132
Support costs		
Management		
Wages	75,444	86,638
Carried forward	75,444	86,638

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
Management		
Brought forward	75,444	86,638
Pensions	-	(359)
Rent & rates	6,989	6,878
Light and heat	932	1,124
Telephone	1,334	1,690
Postage and stationery	874	232
Advertising	2,253	897
Motor Expenses	132	-
Consultancy fees	4,473	3,742
Bank charges	127	114
Hire of function room	-	755
Cleaning	84	-
Repairs & renewals	-	165
Payroll fees	593	490
Staff travelling	106	140
Venuue hire	1,124	485
Training	-	(41)
AGM Expense	4,285	3,441
Sponsorship	-	1,000
	98,750	107,391
Governance costs		
Accountancy fees	1,234	1,226
Total resources expended	260,527	273,749
Net income/(expenditure)	7,312	(26,674)

This page does not form part of the statutory financial statements

ENFIELD ASIAN WELFARE ASSOCIATION

England & Wales - Charity number 1109149

Accounts

REGISTERED COMPANY NUMBER: 05397785 (England and Wales)
REGISTERED CHARITY NUMBER: 1109149

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

FOR

ENFIELD ASIAN WELFARE ASSOCIATION LTD
(A COMPANY LIMITED BY GUARANTEE)

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ENFIELD ASIAN WELFARE ASSOCIATION LTD

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

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Report of the Board of Trustees for the year ended 31March 2024
(Incorporating the Directors Report)

The Trustees are pleased to present their report and financial statements for the year ended 31March 2024.
These financial statements have been prepared in accordance with the "Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) ("the Charities SORP"), with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland ("FRS 102") and with the Charities Act 2011. The charity meets the definition of a public benefit entity as set out in FRS 102.

Structure, governance, and management
Status
Enfield Asian Welfare Association ('EAWA') is a Company Limited by Guarantee not having a Share Capital. It is also registered as a Charity and is governed by its Memorandum and Articles of Association.

EAWA has an Executive Committee, known as the Board, of not less than 3 and is not subject to any maximum.
One-third of the Board retires by rotation at each Annual General Meetings and is eligible for re-election.
Directors who served during the year are stated in this report.

An advisory committee of five service users is elected each year, prior to the Annual General Meeting.
They can put forward, for consideration by the Board, any matters that cannot be dealt with at usual management levels.

The decision-making process
The Board meets monthly and approves major policy decisions. The Chief Executive is responsible to the Board and ensures that all the policies and procedures are in place. The Chief Executive makes the day-to-day decisions on an operational level and regularly liaises with the Chairman of the Board on Organizational and wider matters.

The Board members are recruited by advertising widely through Trustee Recruitment sites on the internet and via community connections. EAWA:
- Ensures that the recruited people meet the legal requirements to qualify as trustees.
- Arranges interviews and ensures that the skills meet with future needs.
- Provides inductions and induction packs. Visits are arranged to all EAWA's operational bases.
- Arranges training for the new Board members in line with their needs and gives information on ' the Roles and Responsibilities of the Trustees.' Plus refers them to the Charity commission for further information.
- Ensures that the Trustees agree to a Code of Conduct.

Risk Management:
Premises
EAWA has continued operations at the Wheatsheaf Hall. The risk of the Wheatsheaf Hall, being withdrawn immediately has been averted: EAWA have been informed that they can continue with the hire on a 6 monthly basis.
The temporary nature of our hire agreements for the day care centre and office, means that premises are still a risk factor. Thus, EAWA is continuing its search for a long-term permanent premise to house the day centre and office. EAWA must fundraise, as the property lease and purchase prices are high and the EAWA reserves do not cover the cost.

4 Day a week operation to negate losses
EAWA day care opening was reduced to 4 days a week from October 2023.
This was to reduce the overheads incurred against the reduction in income as discussed in earlier reports. The overall loss to 31st March 2024 was thus managed and reduced.

Contingencies
EAWA budget is based on realistic figures and no contingencies are built in. In year ended 31st March 2024, EAWA had an approved budget which would incur losses however, EAWA reduced this figure significantly by being prudent and reducing the days of operation

Continuity
There were no continuity problems for EAWA. A local day care centre for the Elderly was closed and EAWA therefore adjusted its day care model to be open to, and assist, all communities (not just Asians).

Transport
The situation is unchanged from the last report. EAWA will need to sell its current minibus and buy a ULEZ compliant vehicle before 25th October 2025. We have set aside reserves for a minibus purchase as all our clients need transport.

Investment
The situation remains unchanged in that since the sale of the premises, in 2015, EAWA has a sound reserves position. Funds in the reserves have been invested in blocks of £85,000, into a few accounts, to safeguard them from any risks. The interest rates have improved..

Financial Review
The results for the financial period are set out in the attached accounts. The EAWA day care Deficit was £26,674 (2023:£67,903)

This loss was greatly reduced by restricting day care opening to 4 days a week.

We also opened to all communities: this is growing organically. EAWA was impacted by the demise of clients due to its provision for high needs, and this prevented EAWA reaching breakeven level.

Funds
EAWA has £428,843 Unrestricted reserves of which £390,000 are held as Designated Funds for specific purposes.

Public Benefit Statement
The Trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Objectives and Activities
Objects
To alleviate isolation, we
1. Deliver appropriate facilities with qualified staff.
2. Deliver leisure activities and recreational pursuits.
3. Deliver educational activities that improve access to information and learning.
4. Deliver activities which promote health, well-being and improve quality of life.

Through the provision of our services, we seek to enhance the lives of elderly people/the local community and their carers/families within the London Borough of Enfield and surrounding Boroughs who have need for such facilities by reason of age, infirmity, disablement or social isolation.

Achievements and Performance
The Day care service has been designed to meet the EAWA charitable objectives.
The main activities undertaken, towards achieving EAWA's objectives, were:
- Seated Yoga/ Tai Chi/ Dance
- Flower arranging
- Extra sociable group activities
- Reflexology
- Indian Head Massage
- Social Interaction
- A hot Asian and Non-Asian meal with a varied menu
- Pedicure: toenail clipping
- Transport managed for clients as needed

Seasonal Activities
Celebration of festivals

Special Diwali/Eid Party for EAWA day care and Social Hub clients plus their Carers/family. We hired a Live Indian music band from Pankaj Sodha; had delicious food, raffle prizes etc. Over 150 people attended.

Christmas lunch at Chennai Spice Restaurant which was enjoyed by all.

EAWA arranged talks in March 2024 with the Enfield Memory Service about understanding people living with Dementia and in August 2023 by St John Ambulance about Heart safe communities - Emergency First Aid.

EAWA arranged outings to:
- Forty Hall and park
- South end on sea
- Pizza Hut for Lunch
- Rani Restaurant in Finchley

EAWA day care centre collaborated with Advatech to pilot Health Checks ups for the clients and health monitoring watches with some Carers. This was an innovative addition.

Why EAWA Day care is a valuable and cost-effective service for Clients/Carers/families:
- By clients attending the day care centre Carers get a break for more than 5 hours a day if you consider the time to and from the centre on transport;
- The Carer break is regular each week, thus, the Carer(s), can plan to spend time proactively to go out where-ever they choose or to work, to exercise, etc
- The Carer may not be one person alone, they may have a family and this family also benefits.
- The clients get a wide variety of services which are designed for age and disability and have positive impacts on well-being
- They have care from staff who value them greatly whilst being empowered to be independent.
- EAWA's outcomes have been well documented for clients and Carers
- Day care versus Domiciliary care: If a person does not attend the day care centre with all the benefits highlighted above then they have access to domiciliary care. This domiciliary care costs an average of £22 to £25 per hour.This would provide for physical needs and the Carer would not be able to go out to have a break; nor would the break be as substantive and achieve that achieved by the EAWA day care placement. A sitting service would give the Carer a break, however the client benefits are not as substantial, nor can the Carer have long, and regular breaks as illustrated above.

Other EAWA work
1. Social Hub. This provided a range of services:

a) Outreach project in Edmonton Green Library:
Thursday, Friday mornings-11am to 12.30pm.
Activities: Seated Yoga, Seated Tai Chi, talks, knitting, outings, restaurant lunches and coffee shop visits to 1.45pm

b) An Online Zoom Social Hub
Tuesday afternoons - 1.30pm to 2.30pm
Activities: Quizzes, cookery demonstrations, dance, mindfulness, and other activities

c) A Zoom Yoga and social interaction session
Thursday afternoons - 2pm to 3.30pm.

d) Telephone Befriending
Tuesday mornings

e) Group day trips of places of interest to clients e.g., Sky garden in London, Cotswolds, Festival of Inspiration at Neasden Temple, Seaside and Oxford Christmas Market.

f) Attendance to a Health and Welfare event in March 2024 arranged by the NHS North Middlesex University Hospital Diabetes Department.

g) Sessions about Wellbeing and Mental Health awareness and with Coop for estate planning.

h) Volunteers and the Coordinator took training for BP measurement for a clinic with Healthwatch Enfield and a clinic was then held at the Social Hub.

i) Christmas Lunch in December 2024.

j) A pop-up service in Palmers Green Library to find hard to reach isolated 50 plus people and provide a place to meet plus try an activity from January to March 2024.

Open to all backgrounds, this project continued to be unique to Enfield in proactively seeking to identify and reach out to older people who are alone and not known to mainstream services. EAWA funded this project. We supported many people for example, 67 people on average over three months from October to December 2023 and 20 in the Online Zoom Yoga.

EAWA succeeded to attain Community Fund National Lottery Fund for 5 years in the sum of £218, 640 over 5 years from 1st April 2024. This fund will enable EAWA to continue the work of the Social Hub and branch out into working with Sheltered Homes as well.

2. EAWA updated its website to enable a greater reach for marketing its services.

3. EAWA collaborated with Brunel University: University students undertook research to identify successful projects that improve the life of elderly people (and therefore their carers) across England. The projects had to be impactful and not already provided for in Enfield and surrounding Boroughs. The aim of the research was to allow EAWA to replicate and create innovative projects in their area and apply for funding for them based on proven need and resource requirements that the Brunel Team would also identify.

4. Collaborated with the Enfield Island Village Trust to provide taster sessions of chair yoga and dance for the 50 plus community in the Enfield Island Village estate.

5. Twalking Pilot Project: Two teams of 3 staff and their families participated in the project encouraging daily walking for health improvement, using an App called My Virtual Mission.
The aim was to walk 255 miles. Our teams were 5th and 6th in completing the walk.
This project was in conjunction with a Local GP Practice.

5. EAWA Chairperson and CEO attended the Bengal Pride Awards at the Houses of Parliament in July 2023.

7.Quality Marks: EAWA passed ISO9001:2015 inspection in December 2023. The report was positive about EAWA management compliance and operations.

8. EAWA is working with a Council officer, to find suitable premises for the day care centre and to house the office as well.

9.The EAWA Team:
EAWA greatly values the contribution of all staff/freelancers and volunteers who work proactively deliver the excellent services that EAWA provides. The staff team remained unchanged apart from a Business Support Manager who left at the end of March 2024.

The EAWA Board are all volunteers and meet monthly on zoom to guide and steer the work of EAWA. They are all professional and want to achieve a positive impact for the Community and ensure that EAWA is continuously improving. We thank everyone in the EAWA team.

We are sadly witnessing the retirement of Naveed Ahmed as Chairman from 6th November 2024 after 14 years of dedicated service to EAWA. This is a huge loss to EAWA. Naveed will be spending more time on other interests and pursuits. We wish to thank Naveed for his wholehearted support of the work of EAWA over so many years.

EAWA also wants to thank everyone who has contributed to our work.

To conclude:
EAWA has enriched the lives of older people and their carers and also worked with the 50 plus generation to reduce loneliness and isolation. EAWA has sought to bring fresh ideas and innovation by working collaboratively with other providers and institutions.

Financially, we have incurred a loss but was controlled by reducing the day centre opening to 4 days a week. We have reduced the overheads and still increased our range of services within the day centre thus enabling a full and more active day for our clients.

Future plans:
EAWA aims to serve the Community progressively.
EAWA will improve continuously and will work on its business plan aimed at growth.
EAWA will purchase a new ULEZ compliant minibus and sell the current one.

Independent Examiners
A resolution to reappoint Chapman's Associates Limited, Chartered Accountants as Independent Examiners will be proposed at the Annual General Meeting.

The Board wishes to express its thanks to Miss Chetna Shah and all the staff for their dedicated and loyal service. They also wish to thank the elected Users Advisory Committee for their guidance throughout the period.

STRUCTURE, GOVERNANCE AND MANAGEMENT
Governing document
The charity is governed by it Memorandum and Articles and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Incorporation as a Company: Company Limited by Guarantee No.5397785 - Incorporated on 18.3.2005

Registered as Charity: Registered Charity No. 1109149 - Registered on 20.04.2005

Governing Document: Memorandum and Articles of Association

Mission Statement: To support, empower, and enrich the lives of Older Members in the Community.

Our Vision is: To be a trusted and valued First Choice Provider of Inclusive services that creates an inspiring, positive, impact in the community.

Directors and Trustees: The directors of the charitable company ("the Charity") are its Trustees for the purposes of the charity law, and throughout this report are referred to as Trustees. Those who served during the year were:

Mr. Naveed Ahmed (Chairman) (Joined 20/10/2010)
Mr. Richard Fernandes (Joined 30th June 2014)
Mr. Sudipta Ghosh (Joined 21st March 2017)
Mr. Samit Kumar Biswas (Joined 23rd October 2019)
Mr. John Martin (Joined 1 November 2023)
Ms Nasim Ferdous (Joined 1 November 2023)

Company Secretary
and Chief Executive Officer: Miss Chetna Shah

Users Advisory Committee:
Elected 1 November 2023 Kumud Shah
Radha Patel
Sunil Lakhani
Kasim Hosein

Registered Office: Office No. 1, Alexandra Business Suites, 52 Alexandra Road, Ponders End, Enfield, Middlesex,
EN3 7EH
Tel: 020 8443 1197
Email: eawa.library@eawa.org.uk and info@eawa.org.uk
Website: www.eawa.org.uk

Day Centre Sites: Wheatsheaf Hall, Main Avenue, Bush Hill Park, Enfield, EN1 1DS from 20th July 2010

Bankers: Barclays Bank Plc, 20 The Town, Enfield, Middlesex, EN2 6LY

Independent Examiner: Chapmans Associates Limited, Chartered Accountants and Registered Auditors, 9 Churchill Court, 58 Station Road, North Harrow HA2 7SA.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
05397785 (England and Wales)

Registered Charity number
1109149

Independent examiner's report to the trustees of Enfield Asian Welfare Association Ltd ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Praful Patel

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 14/10/2024

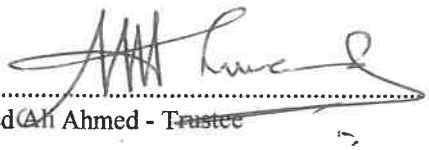
Registered office
Alexandra Business Suites
Office Number1
52 Alexandra Road
Enfield
EN3 7EH

Trustees
Naveed Ali Ahmed
Samit Kumar Biswas
Richard Alexander Fernandes
Sudipta Ghosh
John Martin (appointed 1/11/2023)
Nasim Ferdous (appointed 1/11/2023)

Company Secretary
Miss Chetna Shah

Independent Examiner
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Approved by order of the board of trustees on 26th September 2024 and signed on its behalf by:



Naveed Ali Ahmed - Trustee

ENFIELD ASIAN WELFARE ASSOCIATION LTD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Services and donations	2	238,920	-	238,920	185,853
Investment income	3	8,155	-	8,155	2,609
Total		247,075	-	247,075	188,462
EXPENDITURE ON					
Charitable activities	4				
Charitable					
		273,749	-	273,749	256,365
NET INCOME/(EXPENDITURE)		(26,674)	-	(26,674)	(67,903)
Transfers between funds	14	12,875	(12,875)	-	-
Net movement in funds		(13,799)	(12,875)	(26,674)	(67,903)
RECONCILIATION OF FUNDS					
Total funds brought forward		442,642	12,875	455,517	523,420
TOTAL FUNDS CARRIED FORWARD		428,843	-	428,843	455,517

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2024

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	10	1,108	-	1,108	1,367
CURRENT ASSETS					
Debtors	11	40,323	-	40,323	24,923
Cash at bank and in hand		393,365	-	393,365	448,093
		433,688	-	433,688	473,016
CREDITORS					
Amounts falling due within one year	12	(5,953)	-	(5,953)	(18,866)
NET CURRENT ASSETS		427,735	-	427,735	454,150
TOTAL ASSETS LESS CURRENT LIABILITIES		428,843	-	428,843	455,517
NET ASSETS		428,843	-	428,843	455,517
FUNDS	14				
Unrestricted funds				428,843	442,642
Restricted funds				-	12,875
TOTAL FUNDS				428,843	455,517

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

BALANCE SHEET - continued
31 MARCH 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20th September 2024 and were signed on its behalf by:

.....
Naveed Ali Ahmed - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

2. SERVICES AND DONATIONS

	2024	2023
	£	£
Gifts	-	1
Project related income	-	799
Spot contracts and service users contributions	229,141	184,634
Donation & Miscellaneous income	9,779	419
	238,920	185,853

3. INVESTMENT INCOME

	2024	2023
	£	£
Deposit account interest	8,155	2,609

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 5)	Totals
	£	£	£
Charitable	165,132	108,617	273,749

5. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Charitable	107,391	1,226	108,617

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	845	697

continued...

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

8. STAFF COSTS

	2024	2023
Key employee remuneration - CEO	50,608	48,776

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Services and donations	185,853	-	185,853
Investment income	2,609	-	2,609
Total	188,462	-	188,462
EXPENDITURE ON			
Charitable activities			
Charitable			
	251,431	4,934	256,365
NET INCOME/(EXPENDITURE)	(62,969)	(4,934)	(67,903)
RECONCILIATION OF FUNDS			
Total funds brought forward	505,611	17,809	523,420
TOTAL FUNDS CARRIED FORWARD	442,642	12,875	455,517

continued...

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2023	19,036	23,741	42,777
Additions	586	-	586
At 31 March 2024	19,622	23,741	43,363
DEPRECIATION			
At 1 April 2023	17,669	23,741	41,410
Charge for year	845	-	845
At 31 March 2024	18,514	23,741	42,255
NET BOOK VALUE			
At 31 March 2024	1,108	-	1,108
At 31 March 2023	1,367	-	1,367

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Fees receivable	37,317	21,247
Other debtors	-	1,000
Prepayments	3,006	2,676
	40,323	24,923

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Bank loans and overdrafts (see note 13)	-	9,442
Trade creditors	1,736	2,721
Social security and other taxes	2,350	2,917
Pension payable	666	1,085
Accrued expenses	1,201	2,701
	5,953	18,866

continued...

13. LOANS

An analysis of the maturity of loans is given below:

	2024	2023
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	-	9,442

14. MOVEMENT IN FUNDS

	At 1/4/23	Net movement in funds	Transfers between funds	At 31/3/24
	£	£	£	£
Unrestricted funds				
Operational	7,642	(26,674)	57,875	38,843
Designated	435,000	-	(45,000)	390,000
	442,642	(26,674)	12,875	428,843
Restricted funds				
Restricted	12,875	-	(12,875)	-
TOTAL FUNDS	455,517	(26,674)	-	428,843

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
Operational	247,075	(273,749)	(26,674)
TOTAL FUNDS	247,075	(273,749)	(26,674)

continued...

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
Operational	20,611	(62,969)	50,000	7,642
Designated	485,000	-	(50,000)	435,000
	505,611	(62,969)	-	442,642
Restricted funds				
Restricted	17,809	(4,934)	-	12,875
TOTAL FUNDS	523,420	(67,903)	-	455,517

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Operational	188,462	(251,431)	(62,969)
Restricted funds			
Restricted	-	(4,934)	(4,934)
TOTAL FUNDS	188,462	(256,365)	(67,903)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
Unrestricted funds				
Operational	20,611	(89,643)	107,875	38,843
Designated	485,000	-	(95,000)	390,000
	505,611	(89,643)	12,875	428,843
Restricted funds				
Restricted	17,809	(4,934)	(12,875)	-
TOTAL FUNDS	523,420	(94,577)	-	428,843

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Operational	435,537	(525,180)	(89,643)
Restricted funds			
Restricted	-	(4,934)	(4,934)
TOTAL FUNDS	435,537	(530,114)	(94,577)

Designated funds

Designated funds are set aside for:

	2024 £	2023 £
Redundancy Fund	55,000	40,000
Minibus Fund	20,000	20,000
Property Fund	200,000	250,000
Contingency Reserve	115,000	125,000

The Contingency Reserve represents funds set aside to enable the charity to continue operations in the event of the charity's income ceasing,. This has been reduced by £10,000 in the current year.

The Redundancy fund has been created in the event of present & future redundancies.

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Services and donations		
Gifts	-	1
Project related income	-	799
Spot contracts and service users contributions	229,141	184,634
Donation & Miscellaneous income	9,779	419
	238,920	185,853
Investment income		
Deposit account interest	8,155	2,609
Total incoming resources	247,075	188,462
EXPENDITURE		
Charitable activities		
Wages	94,266	94,648
Insurance	1,834	1,673
Telephone	-	13
Sundries	2,947	4,550
Luncheon costs	12,340	11,195
Rent	25,137	23,628
Flower arranging	3,089	3,374
Indian head massage	3,438	2,081
Minibus expenses	5,337	7,564
Pedicure	300	363
QI Gong	450	1,458
Reflexology	5,069	4,713
Tai Chi	863	1,071
Training cost	204	285
Transportation cost	788	695
Yoga	5,388	5,784
Chair based exercise	975	425
Bad debts written off	438	-
Telephone	-	139
Entertainment	522	513
Sundry refreshment	903	497
Workshop / Project cost	-	275
Fixtures and fittings	844	697
	165,132	165,641
Support costs		
Management		
Wages	86,638	71,590
Carried forward	86,638	71,590

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	2023 £
Management		
Brought forward	86,638	71,590
Pensions	(359)	(1,443)
Rent & rates	6,878	6,364
Light and heat	1,124	1,118
Telephone	1,690	1,720
Postage and stationery	232	677
Advertising	897	958
Consultancy fees	3,742	2,892
Bank charges	114	123
Hire of function room	755	-
Cleaning	-	56
Internet charges	-	127
IT expenses	-	92
Repairs & renewals	165	56
Payroll fees	490	420
Staff travelling	140	111
Venuue hire	485	1,720
Training	(41)	80
Motor expense	-	65
AGM Expense	3,441	2,448
Fund raising expense	-	350
Sponsorship	1,000	-
	107,391	89,524
Governance costs		
Accountancy fees	1,226	1,200
Total resources expended	273,749	256,365
Net expenditure	(26,674)	(67,903)

This page does not form part of the statutory financial statements

Your Care, Our Priority

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED

Acknowledgements for Year Ended 31st March 2024

London Borough of Enfield/Haringey/Barnet/NHS:
Adult Social Care Teams, Brokerage, plus Commissioning Managers

London Borough of Enfield: Community Spaces Manager/Hall Hire Teams/Library Service

EAWA staff and freelancers

Chetna Shah: CEO /Company Secretary
Pavithra Arachchige: Bank Administrator
Ooma Jukhoop: Finance/Payroll
Shobhana Patel: Senior Care Support Worker
Naina Chokshi: Care Support Worker
Harish Chauhan: Care Support Worker/Driver
Kali Khan: Bank Care Support Worker
Ann Wilkinson: Indian Head Massage
Lisa Hemmings & M. Ramchandani: Chair Yoga
Joanna Barnes: Tai Chi/Qi Gong
Frank Wijesinghe: Tai Chi/Qi Gong
Candy Fernandes: Chair Dance
Nigar Sultana: Flower arranging and Pedicure
Jackie Sims: Chair Yoga
Nayana Abeywickrema: Day Care Manager
Irusha Dharmathilaka: Business Support Manager
Emmanuel Benedetti: Accounts/Finance
Rashida Miah: Care Support Worker
Dhiraj Patel: Care Support Worker
Asma Ali: Care Support Worker
Chetana Vara: Bank Care Support Worker
Priyanjith Gunasekara: Bank Care Support Worker
Gillian Diamond: Indian Head Massage and Reflexology
Anthony Stadlen: Tai Chi/Qi Gong
Dao Lu CIC: Tai Chi
Alpesh Kavya's Kitchen: Vegetarian Hot Meals
Chandrika Bheda: Chair Yoga/Zoom Chair Yoga/ Workshops
Coordinator EAWA Social Hub: Chhaya Tailor

Management Board

Naveed Ahmed: Chairman
Sudipta Ghosh: Vice Chairman
Richard Fernandes: Finance Director
Samit Kumar Biswas: Director
John Martin: Director
Nasim Ferdous: Director

Volunteers:

Nayan Patel: Sociable Activities coordinator
Mukundrai Shah: Daycare Centre helper
Akshai Shah: Computer Expert

Other:

Enfield Voluntary Action

Other:

National Lottery Community Fund
Accountant Chapmans: Praful Patel
Pankaj Sodha: Galaxy Superstars Ltd
MP Feryal Clark
MP Bambos Charalambous
Bartletts Solicitors firm for donations
Joanne Stapleton, Good Practice Mentor, Outreach Specialist
Isoqar for ISO9001:2015 Inspections
NHS North Central London Cancer Alliance
MP Kate Osamor
Twalking Challenge: Dr Cristina Lopez-Peig
Enfieldian Coach Tours
Affiliated to Enfield Over 50's Forum
Brunel University: Dr Mandekh Hussein Programme Director and Lecturer BASc Global Challenges
BASc Global Challenges Year 3 Students: Laura Shearsmith and Karolina Szymanska

EAWA Registered Office
Alexandra Business Suites
Office Number 1
52 Alexandra Road, Ponders End
Enfield, Middlesex, EN3 7EH

EAWA Day Centre
Wheatsheaf Hall
Corner of Main Avenue and Roman Way
Bush Hill Park
Enfield, Middlesex, EN1 1DS

Office Tel. No.: 020 8443 1197
Day Centre No.: 020 8363 4622
Email: info@eawa.org.uk
Website: www.eawa.org.uk

Registered Charity No.: 1109149
Company Limited by Guarantee No.: 5397785

ISO 9001 ISOQAR Certificate number 7957

EMPLOYER OF EXCELLENCE PENINSULA ACCREDITED STANDARD

ENFIELD ASIAN WELFARE ASSOCIATION

England & Wales - Charity number 1109149

Accounts

REGISTERED COMPANY NUMBER: 05397785 (England and Wales)
REGISTERED CHARITY NUMBER: 1109149

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

FOR

ENFIELD ASIAN WELFARE ASSOCIATION LTD
(A COMPANY LIMITED BY GUARANTEE)

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ENFIELD ASIAN WELFARE ASSOCIATION LTD

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FOR THE YEAR ENDED 31 MARCH 2023

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Report of the Board of Trustees for the year ended 31March 2023
(Incorporating the Directors Report)

The Trustees are pleased to present their report and financial statements for the year ended 31March 2023.
These financial statements have been prepared in accordance with the "Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) ("the Charities SORP"), with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland ("FRS 102") and with the Charities Act 2011. The charity meets the definition of a public benefit entity as set out in FRS 102.

Structure, governance, and management
Status
Enfield Asian Welfare Association ('EAWA') is a Company Limited by Guarantee not having a Share Capital. It is also registered as a Charity and is governed by its Memorandum and Articles of Association.

EAWA has an Executive Committee, known as the Board, of not less than 3 and is not subject to any maximum.
One-third of the Board retires by rotation at each Annual General Meetings and is eligible for re-election.
Directors who served during the year are stated in this report.

An advisory committee of five service users is elected each year, prior to the Annual General Meeting.
They can put forward, for consideration by the Board, any matters that cannot be dealt with at usual management levels.

The decision-making process
The Board meets monthly and approves major policy decisions. The Chief Executive is responsible to the Board and ensures that all the policies and procedures are in place. The Chief Executive makes the day-to-day decisions on an operational level and regularly liaises with the Chairman of the Board on Organizational and wider matters.

The Board members are recruited by advertising widely through Trustee Recruitment sites on the internet and via community connections. EAWA:
- Ensures that the recruited people meet the legal requirements to qualify as trustees.
- Arranges interviews and ensures that the skills meet with future needs.
- Provides inductions and induction packs. Visits are arranged to all EAWA's operational bases.
- Arranges training for the new Board members in line with their needs and gives information on ' the Roles and Responsibilities of Trustees.' Plus refers them to the Charity commission for further information.
- Ensures that the Trustees agree to a Code of Conduct.

Risk Management:
Premises
EAWA has continued operations at the Wheatsheaf Hall. The risk of the Wheatsheaf Hall, being withdrawn immediately has been averted: EAWA have been informed that they can continue with the hire on a 6 monthly basis.
The temporary nature of our hire agreements for the day care centre and office, means that premises are still a risk factor. Thus, EAWA is continuing its search for a long-term permanent premise to house the day centre and office. EAWA must fundraise, as the property lease and purchase prices are high and the EAWA reserves do not cover the cost.

Impact of Five-day operations on cost and continuity
EAWA day care was opened on 5 days a week due to the changes imposed by the Covid restrictions. We could only accommodate bubbles of 15 people and under strict guidelines. Statistically though numbers of clients had fallen from pre pandemic high of 108 places, to around 66% of pre pandemic levels by March 2022. The pandemic nearly halved our client numbers (down 47%) but these recovered to around 58% of pre pandemic levels by March 2022.Thus, on 1st April 2022, EAWA aimed to increase the uptake of day care clients with a 5-day offer combined with greater marketing. Clients/carers had greater flexibility and thus the risk mitigation was based on expansion supplemented by marketing to counter the higher overheads.

In the post Covid environment, EAWA did gain a new client base, but this increase in take up of day care places was negated by some existing older clients passing away. Thus, the numbers of Day care clients did not increase sufficiently for EAWA to break-even and EAWA made a substantial loss in the year ended 31st March 2023. EAWA will examine its operations in the next fiscal year, to decide on the best approach.

Contingencies
EAWA budget is based on realistic figures and no contingencies are built in. In year ended 31st March 2023, EAWA had an approved budget which would incur losses, as already explained, and which could not be prevented due to the natural demise of existing clients. The expansion which EAWA wanted to achieve could not therefore happen. Covid 19 rules and restrictions also affected operations.

Continuity
There were no continuity problems for EAWA. EAWA day care centre was open on 5 days a week and operated by following Covid 19 requirements. EAWA undertook increased marketing and engaged with Social Services to attract more day care clients. In Enfield Borough, we have retrospectively learned that other local day care centres have had low take up of day care places after the Covid-19 pandemic. EAWA's drive to find more clients has been affected by this trend. At the time of producing this report, and post 1st April 2023, a local day care centre has closed. EAWA has therefore adjusted its day care model to open to, and assist, all communities (not just Asians).

Transport
The situation is unchanged: the Minibus owned by EAWA, has a Disabled passenger exemption up to 25th October 2025, under the Mayor of London's rules for Emissions charges. EAWA will review its transport needs in line with new Emissions Legislation plus any new requirement, for example, to have an Electric bus. EAWA will wait for more concrete legislation to minimise the risk to EAWA because any bus purchase needs to have longevity to be cost effective. We have set aside reserves for a minibus purchase as all our clients need transport..

Investment
The situation remains unchanged in that since the sale of the premises, in 2015, EAWA has a sound reserves position. Funds in the reserves have been invested in blocks of £85,000, into a few accounts, to safeguard them from any risks. The interest rates have improved..

Financial Review
The results for the financial period are set out in the attached accounts. The EAWA day care Deficit was £67,903 (2022:£18,281)

The reason for this was the increased overheads by being open 5 days a week; the demise of old clients, and the reduced take up of EAWA day care places by new clients in proportion to the numbers needed for a 5-day operation and increase in the costs like hall rent, food etc.

Funds
EAWA has £442,642 Unrestricted reserves of which £435,000 are held as Designated Funds for specific purposes. Restricted funds are £12,875.

Public Benefit Statement
The Trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Objectives and Activities
Objects
To alleviate isolation, we
1. Deliver appropriate facilities with qualified staff.
2. Deliver leisure activities and recreational pursuits.
3. Deliver educational activities that improve access to information and learning.
4. Deliver activities which promote health, well-being and improve quality of life.

Through the provision of our services, we seek to enhance the lives of elderly people/the local community and their carers/families within the London Borough of Enfield and surrounding Boroughs who have need for such facilities by reason of age, infirmity, disablement or social isolation.

Achievements and Performance
The Day care service has been designed to meet the EAWA charitable objectives.
The main activities undertaken, towards achieving EAWA's objectives, were:
- Seated Yoga/ Tai Chi/ Dance
- Flower arranging
- Reflexology
- Indian Head Massage
- Social Interaction
- A hot Asian meal with a varied menu
- Pedicure: toenail clipping
- Transport managed for clients as needed

Seasonal Activities
Celebration of festivals, EAWA provided a:
Special Diwali/Eid Party for EAWA day care and Social Hub clients plus their Carers/family. We hired a Live Indian music band from Pankaj Sodha; had delicious food, raffle prizes etc. Over 150 people attended.

Christmas lunch at Chennai Spice Restaurant which was enjoyed by all.

EAWA arranged a talk from the London Fire Brigade on Fire Safety advice with pre-booked visits arranged to clients' homes who had need of intervention, in June 2022.

As a result of the day care centre Carers get a break.
Our website: www.eawa.org.uk has testimonials from Carers, plus, Independent Research from Brunel University in March 2023 highlighted benefits to carers and clients as follows:
"I can rest my mind and focus on my work knowing my mother is in safe hands"
Eawa has allowed people to focus on their work without having to worry about those they care for; Eawa has given carers reassurance and a chance to work.

"I was pleasantly surprised with the number of unique activities they do"
Physical activities have been helping our clients, many carers stated that their loved one would not usually get out of bed or do anything physically.

"They have been excellent in organising and interacting with us professionally, this is a much-needed organisation". Eawa has proven to carers and their clients they really do care for the clients and that it also proves we have gone above and beyond the expectations in comparison to other organisations.

"They work tirelessly to ensure that every member feels valued and included."
Eawa's staff has shown their dedication and affection towards every client. People have seen that they work hard to provide the best of their services. Many elderly People don't feel valued within the society/community they are in; they are often scared to go out and meet new people as they don't feel that they fit into the community. At Eawa, every member is valued and allowed to feel included in all the activities available.

"During the Covid pandemic, Eawa did not lose contact with my mum, in fact a staff member would call every day and speak to my mum whether it is over the phone or via zoom. They really do care about their clients; I am ever so grateful to Eawa."

"One thing that exceeded my expectation of Eawa was their communication, any signs of concerns Eawa would alert immediately, they pay very close attention to all their clients and pick up on any behaviour that doesn't look right, it's amazing how much care they show"

" If you want the best retirement for your loved ones choose EAWA"

It can be seen from these testimonials that Eawa has impacted not only clients' lives but carers' lives as well.

Other EAWA work
1. Social Hub. This provided a range of services:

a) Outreach project in Edmonton Green Library:
Thursday, Friday mornings-11am to 12.30pm.
Activities: Seated Yoga, Seated Tai Chi, talks, knitting, outings, restaurant lunches and coffee shop visits to 1.45pm
.
b) An Online Zoom Social Hub
Tuesday afternoons - 1.30pm to 2.30pm
Activities: Quizzes, cookery demonstrations, dance, mindfulness, and other activities

c) A Zoom Yoga and social interaction session
Thursday afternoons - 2pm to 3.30pm.

d) Telephone Befriending
Tuesday mornings

e) Group day trips of places of interest to clients e.g., Sky garden in London, Cotswolds, Festival of Inspiration at Neasden Temple, Seaside and Oxford Christmas Market.
Independent evidence from a Brunel University student's Photovoice research project highlighted key strong positive outcomes of the Social Hub activities March 2023.

The report stated: "The social hub is an effective way of:
- "connecting people to their community,"
- "reduce issues of social isolation and loneliness"
- " It promotes health and wellbeing, helps people to be healthy and engaged."

For example, clients stated:

- "The social hub is a lifeline"
- "Without the Social Hub I would be alone."
- " It is a great place to make and maintain friendships and it helps improve my mood"
- "We love the day trips. We would not have gone to explore those places alone."
- "I suffer quite badly from arthritis, and I feel the classes has helped me a lot"
- "Getting out meeting people I feel much better now than I did a year ago"
- "I feel more relaxed and can laugh again."

Open to all backgrounds, this project is unique to Enfield in proactively seeking to identify and reach out to older people who have fallen off the radar of mainstream services and are most in need of support. EAWA is funding this project and currently supporting 61 people and 20 in the Online Zoom Yoga.

2. Better Health for the 50 Plus: EAWA were awarded £5,000 from the National Lottery Community Fund for this project. It started On Saturdays in April 2022 and ended in December 2022.150 people were assisted from all communities. EAWA arranged:
A) Vegetarian cookery workshops in 4 parts, including demonstrations highlighting the impact of different ingredients for better health, with techniques/methods. This was to educate to achieve a positive lifestyle change
B) Acupressure workshops on how to address aches and pains holistically: 3 sessions of 2-hours each

C) Yoga Breathing workshops techniques and how regular practice at home improves health: 3 sessions of 2 hours each, repeated twice in the year. This helped with respiration, circulation, and positive health outcomes.

D) 25 sessions of Chair yoga at two venues for stronger bones, flexibility, better circulation, and longevity.

E) Cancer Awareness workshops:
Bowel Cancer Awareness on 30th April 2022 and Breast Cancer Awareness on 3/11/2022

F) Workshops on Health and wellbeing: 2 sessions of 1.5 hours each

This project was marketed widely through community papers, websites, and door to door leafleting. The participants learned self-help techniques and found that this was incredibly positive.

3. EAWA created fresh marketing materials for all the projects (Day care centre, Social Hub, and Better Health for the 50 plus), **a new website, and social media presence by setting up a Face book and Instagram Page.**
EAWA also marketed to:
- The Jain Oshwal group who put an advert in their two Newsletters with 5,000 plus readership for Enfield Borough Area and Barnet Area, plus a recording for the visually impaired, and invited EAWA to give talks at their Elder's club and a Jain festival. EAWA was chosen as their charity of the year for two years to 31st March 2024.
- Asian Community Leaders who had an Asian Database of members in Enfield Borough like Darji Mitra Mandal; Mauritius Hindu Association; a group that arranges Navratri (9 days of dance in Enfield),
- North London Asian Care: to give our leaflet to all their clients.
- Various temples: in Wembley, Leytonstone, and Watford who have residents in Enfield and have mailing lists. EAWA asked specifically for information to be sent to Enfield residents.
- Local mosque(s)
-The Communications Team at North Middlesex Hospital to send information to all their teams in relation to older people,
- Royal Free Hospital Communications Team, which manages two other Enfield Hospitals
- Alpesh Patel our Caterer to notify people he delivers home meals to, with our day care leaflet
- Enfield Dispatch, a local community newspaper
- Enfield Council from whom EAWA purchased the open Electoral Register for certain areas, plus we wrote to the Council team that writes their newsletters to get EAWA leaflets included therein. EAWA has marketed directly to Asian people in many wards on the Register.

4. EAWA collaborated with Brunel University to undertake research based on a scope presented as described below. EAWA was selected by the University.
The Challenge was: To undertake research and assess the impact of EAWA services, to help attract new clients, greater funding and extend EAWA's reach.
The Ask was:
a. Research into local needs to find the convergence in certain wards of the isolated/lonely 50 plus, population from all communities, in addition to unearthing the Asian specific
demographic needing care, so that EAWA reach the maximum amount of people.
b. Find effective methods of getting Isolated/Lonely people to re-engage in the community and implement the methods
c. Create anonymous case histories/videos etc. of the effectiveness of our day care and other services and how we help clients/carers/family directly and indirectly Expected Outcome: Aim was to identify the difference EAWA services make and learn from the research on how to extend EAWA's reach.
Three students chose to work with EAWA, providing 100 hours each: they had regular meetings with the CEO. They each produced a report by 31st March 2023 as follows:
1) A survey using 'Photovoice method' to collect the views of our Social Hub clients;
2) A day care client testimonials report
3) Research of how to engage with isolated elderly people and a student is still working on the ward data for identifying those that are isolated in Enfield Borough.

5. **Twalking Pilot Project:** Three teams of 3 staff and their families participated in the project encouraging daily walking for health improvement, using an App called My Virtual Mission. The aim was to walk 360 miles to Scafell Pike in the Lake District National Park, Cumbria. One of EAWA's teams was third completing the walk in 26 days. This project was in conjunction with a Local GP Practice.

6. **EAWA partnered with NCS** a youth charity: Youth engagement took place in week of 11th July 2022 at Southgate College, with a presentation to 60, fifteen- to seventeen-year-olds and three projects for them to choose from. Three teams of 30 children decided to fundraise and raise awareness for and about EAWA. They conducted a Pitch the next day about their ideas and then over 2 days they raised about £180 from cake and lemonade sales in Broomfield Park and Groveland's Park. EAWA wrote thank you notes to the team leaders, and we gave a card to acknowledge their efforts.

7. EAWA held meetings with the MPs of Southgate, Edmonton, and Enfield North to raise awareness about the work of EAWA. Each has assisted in progressing this work.

8. EAWA Chairperson and CEO attended the Bengal Pride Awards at Houses of Parliament on 20th July 2022, and the CEO also attended an International Womens Day Event there, with a view to network for EAWA.

9. EAWA had a stall at:
A)The Healthy Hearts Event on 22nd July 2022: this generated much interest in our 50 plus Yoga sessions and the online session on Thursdays.
B)The EVA (Enfield Voluntary Action) Volunteer Fair to recruit more volunteers on
17th November 2022

10.Quality Marks: EAWA passed ISO9001:2015 inspection on 24th October 2022. The report was positive about EAWA management compliance and operations.

11. EAWA attended the online Older Peoples partnership board meetings.

12. EAWA is working with a Council officer, to find suitable premises for the day care centre.

13.The EAWA Team:
We value the contribution of all our staff/freelancers and volunteers. They help to deliver the excellent services that EAWA provides.
The staff team remained unchanged apart from:
a) A new administrator recruited this year who reverted to a Bank administrator, to help with specific tasks in December 2022. She is an excellent addition to the team.
b) A Business Support Manager as of March 2023 who undertakes day care administration and will learn to deputise for the Day care Manager.

The EAWA Board, meet monthly on zoom and are all volunteers. They provide their skills and guidance to steer EAWA so that it is continuously improving.
We thank everyone in the EAWA team.
EAWA also wants to thank everyone who has contributed to our work.

To conclude
This has been an active and positive year. EAWA has engaged widely in the community with the range of work undertaken and raised awareness to encourage participation at all levels.

Financially, we have incurred a high loss. It was EAWA's aim to open the day care centre for 5 days, and assist more older people Sadly, the take up of places did not meet expectations. Covid Pandemic has reduced the engagement of older people within day care centres.

EAWA also funded the Social Hub activities and the coordinator's post, at its own cost which added to the overall loss position

Future plans:
EAWA has already made a change in the new fiscal year, to open the day care centre to all communities. The closure of a local day care centre means that there will be a need as Enfield Borough day care provision is not extensive.
EAWA is also seeking referrals from surrounding Boroughs.

EAWA is working to:
1)Secure funding for the Social Hub services.

2)Attain premises, as a community hall is not suitable for high need day care for the long term. We also need to centralise.

3)Fundraise, effectively market its services plus look at how we can improve and expand.

Reporting Accountants
A resolution to reappoint Chapman's Associates Limited, Chartered Accountants as Independent Examiners will be proposed at the Annual General Meeting.

The Board wishes to express its thanks to Miss Chetna Shah and all the staff for their dedicated and loyal service. They also wish to thank the elected Users Advisory Committee for their guidance throughout the period.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Incorporation as a Company: Company Limited by Guarantee No.5397785 - Incorporated on 18.3.2005

Registered as Charity: Registered Charity No. 1109149 - Registered on 20.04.2005

Governing Document: Memorandum and Articles of Association

Mission Statement: To support, empower, and enrich the lives of Older Members in the Community.

Our Vision is: To be a trusted and valued First Choice Provider of Inclusive services that creates an inspiring, positive, impact in the community.

Directors and Trustees: The directors of the charitable company ("the Charity") are its Trustees for the purposes of the charity law, and throughout this report are referred to as Trustees. Those who served during the year were:

Mr. Naveed Ahmed (Chairman) (Joined 20/10/2010)
Mr. Richard Fernandes (Joined 30th June 2014)
Mr. Sudipta Ghosh (Joined 21st March 2017)
Mr. Samit Kumar Biswas (Joined 23rd October 2019)

Company Secretary
and Chief Executive Officer: Miss Chetna Shah

Users Advisory Committee: Sunil Lakhani
Elected 19 October 2022 Virbala Patel
Usha Sheth
Kumudben Shah

Registered Office: Office No. 1, Alexandra Business Suites, 52 Alexandra Road, Ponders End, Enfield, Middlesex,
EN3 7EH
Tel: 020 8443 1197 Tel/Fax: 020 8443 1188
Email: eawa.library@eawa.org.uk and info@eawa.org.uk
Website: www.eawa.org.uk

Day Centre Sites: Wheatsheaf Hall, Main Avenue, Bush Hill Park, Enfield, EN1 1DS from 20th July 2010

Bankers: Barclays Bank Plc, 20 The Town, Enfield, Middlesex, EN2 6LY
CAF Bank Limited,25, Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ

Independent Examiner: Chapmans Associates Limited, Chartered Accountants and Registered Auditors,
9 Churchill Court, 58 Station Road, North Harrow HA2 7SA.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
05397785 (England and Wales)

Registered Charity number
1109149

Registered office
Alexandra Business Suites
Office Number1
52 Alexandra Road
Enfield
EN3 7EH

Trustees
Naveed Ali Ahmed
Samit Kumar Biswas
Richard Alexander Fernandes
Sudipta Ghosh

Company Secretary
Miss Chetna Shah

Independent Examiner
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Approved by order of the board of trustees on 23RD OCT 2023 and signed on its behalf by:

Naveed Ali Ahmed - Trustee

Independent examiner's report to the trustees of Enfield Asian Welfare Association Ltd ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Praful Patel

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 25 October 2023

ENFIELD ASIAN WELFARE ASSOCIATION LTD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted fund £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	185,852	-	185,852	193,145
Investment income	3	2,610	-	2,610	2,160
Total		188,462	-	188,462	195,305
EXPENDITURE ON					
Charitable activities	4				
Charitable					
		251,431	4,934	256,365	213,586
NET INCOME/(EXPENDITURE)		(62,969)	(4,934)	(67,903)	(18,281)
RECONCILIATION OF FUNDS					
Total funds brought forward		505,611	17,809	523,420	541,701
TOTAL FUNDS CARRIED FORWARD		442,642	12,875	455,517	523,420

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2023

	Notes	Unrestricted funds £	Restricted fund £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	10	1,367	-	1,367	1,922
CURRENT ASSETS					
Debtors	11	24,923	-	24,923	25,091
Cash at bank and in hand		435,218	12,875	448,093	507,515
		460,141	12,875	473,016	532,606
CREDITORS					
Amounts falling due within one year	12	(18,866)	-	(18,866)	(11,108)
NET CURRENT ASSETS		441,275	12,875	454,150	521,498
TOTAL ASSETS LESS CURRENT LIABILITIES		442,642	12,875	455,517	523,420
NET ASSETS		442,642	12,875	455,517	523,420
FUNDS	14				
Unrestricted funds				442,642	505,611
Restricted funds				12,875	17,809
TOTAL FUNDS				455,517	523,420

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

BALANCE SHEET - continued
31 MARCH 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 23rd Oct 2023 and were signed on its behalf by:

.....
Naveed Ali Ahmed - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Project related income	799	24,055
Spot contracts and service users contributions	184,634	168,980
Donation & Miscellaneous income	419	110
	185,852	193,145

3. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	2,610	2,160

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 5)	Totals
	£	£	£
Charitable	165,641	90,724	256,365

5. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Charitable	89,524	1,200	90,724

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	697	5,442

continued...

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

8. STAFF COSTS

	2022	2021
Key employee remuneration - CEO	48,776	46,493

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	174,346	18,799	193,145
Investment income	2,160	-	2,160
Total	176,506	18,799	195,305
EXPENDITURE ON			
Charitable activities			
Charitable	212,596	990	213,586
NET INCOME/(EXPENDITURE)	(36,090)	17,809	(18,281)
RECONCILIATION OF FUNDS			
Total funds brought forward	541,701	-	541,701
TOTAL FUNDS CARRIED FORWARD	505,611	17,809	523,420

continued...

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2022	18,894	23,741	42,635
Additions	142	-	142
At 31 March 2023	19,036	23,741	42,777
DEPRECIATION			
At 1 April 2022	16,972	23,741	40,713
Charge for year	697	-	697
At 31 March 2023	17,669	23,741	41,410
NET BOOK VALUE			
At 31 March 2023	1,367	-	1,367
At 31 March 2022	1,922	-	1,922

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Fees receivable	21,247	23,031
Other debtors	1,000	-
Prepayments	2,676	2,060
	24,923	25,091

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Bank loans and overdrafts (see note 13)	9,442	-
Trade creditors	2,721	3,760
Social security and other taxes	2,917	4,265
Pension payable	1,085	1,802
Accrued expenses	2,701	1,281
	18,866	11,108

continued...

13. LOANS

An analysis of the maturity of loans is given below:

	2023	2022
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	9,442	-

14. MOVEMENT IN FUNDS

	At 1/4/22	Net movement in funds	Transfers between funds	At 31/3/23
	£	£	£	£
Unrestricted funds				
Operational	20,611	(62,969)	50,000	7,642
Designated	485,000	-	(50,000)	435,000
	505,611	(62,969)	-	442,642
Restricted funds				
Restricted	17,809	(4,934)	-	12,875
TOTAL FUNDS	523,420	(67,903)	-	455,517

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
Operational	188,462	(251,431)	(62,969)
Restricted funds			
Restricted	-	(4,934)	(4,934)
TOTAL FUNDS	188,462	(256,365)	(67,903)

continued...

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
Operational	31,701	(36,090)	25,000	20,611
Designated	510,000	-	(25,000)	485,000
	541,701	(36,090)	-	505,611
Restricted funds				
Restricted	-	17,809	-	17,809
TOTAL FUNDS	541,701	(18,281)	-	523,420

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Operational	176,506	(212,596)	(36,090)
Restricted funds			
Restricted	18,799	(990)	17,809
TOTAL FUNDS	195,305	(213,586)	(18,281)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
Operational	31,701	(99,059)	75,000	7,642
Designated	510,000	-	(75,000)	435,000
	541,701	(99,059)	-	442,642
Restricted funds				
Restricted	-	12,875	-	12,875
TOTAL FUNDS	541,701	(86,184)	-	455,517

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Operational	364,968	(464,027)	(99,059)
Restricted funds			
Restricted	18,799	(5,924)	12,875
TOTAL FUNDS	383,767	(469,951)	(86,184)

Designated funds

Designated funds are set aside for:

	2023 £	2022 £
Redundancy Fund	40,000	40,000
Minibus Fund	20,000	20,000
Property Fund	250,000	250,000
Contingency Reserve	125,000	175,000

The Contingency Reserve represents funds set aside to enable the charity to continue operations in the event of the charity's income ceasing,. This has been reduced by £50,000 in the current year.

The Redundancy fund has been created in the event of present & future redundancies.

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Project related income	799	24,055
Spot contracts and service users contributions	184,634	168,980
Donation & Miscellaneous income	419	110
	185,852	193,145
Investment income		
Deposit account interest	2,610	2,160
Total incoming resources	188,462	195,305
EXPENDITURE		
Charitable activities		
Wages	94,648	78,604
Insurance	1,673	1,432
Telephone	13	194
Sundries	4,550	2,874
Luncheon costs	11,195	9,482
Rent	23,628	15,654
Flower arranging	3,374	2,538
Indian head massage	2,081	1,913
Minibus expenses	7,564	5,047
Pedicure	363	113
QI Gong	1,458	925
Reflexology	4,713	2,275
Tai Chi	1,071	147
Training cost	285	-
Transportation cost	695	403
Yoga	5,784	5,693
Chair based exercise	425	475
Bad debts written off	-	903
Telephone	139	-
Entertainment	513	-
Sundry refreshment	497	-
Workshop / Project cost	275	-
Fixtures and fittings	697	697
Motor vehicles	-	4,746
	165,641	134,115
Support costs		
Management		
Wages	71,590	68,016
Carried forward	71,590	68,016

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
Management		
Brought forward	71,590	68,016
Pensions	(1,443)	(2,026)
Rent & rates	6,364	6,010
Light and heat	1,118	(2,730)
Telephone	1,720	1,342
Postage and stationery	677	39
Advertising	958	273
Consultancy fees	2,892	4,344
Bank charges	123	105
Cleaning	56	681
Internet charges	127	33
IT expenses	92	332
Repairs & renewals	56	240
Payroll fees	420	543
Staff travelling	111	50
Venuue hire	1,720	571
Training	80	-
Motor expense	65	-
AGM Expense	2,448	-
Fund raising expense	350	-
	89,524	77,823
Governance costs		
Accountancy fees	1,200	1,226
Hire of function room	-	422
	1,200	1,648
Total resources expended	256,365	213,586
Net expenditure	(67,903)	(18,281)

Your Care, Our Priority

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED

Acknowledgements for Year Ended 31st March 2023

London Borough of Enfield: Adult Social Care Teams, Brokerage, plus Commissioning Managers
Bindi Nagra: Director of Adult Social Care
Community Spaces Manager/Hall Hire Teams

EAWA staff and freelancers

Chetna Shah: CEO /Company Secretary
Pavithra Arachchige: Administrator
Ooma Jukhoop: Finance/Payroll
Shobhana Patel: Senior Care Support Worker
Naina Chokshi: Care Support Worker
Harish Chauhan: Care Support Worker/Driver
Chetana Vara: Bank Care Support Worker
Murali Ramchandani: Chair Yoga
Ann Wilkinson: Indian Head Massage
Joanna Barnes: Tai Chi/Qi Gong
Frank Wijesinghe: Tai Chi/Qi Gong
Candy Fernandes: Chair Dance
Nayana Abeywickrema: Day Care Manager
Irusha Dharmathilaka: Business Support Manager
Emmanuel Benedetti: Accounts/Finance
Rashida Miah: Care Support Worker
Dhiraj Patel: Care Support Worker and Bank Driver
Asma Ali: Care Support Worker
Kali Khan: Bank Care Support Worker
Gillian Diamond: Indian Head Massage and Reflexology
Nigar Sultana: Flower arranging and Pedicure
Anthony Stadlen: Tai Chi/Qi Gong
Dao Lu CIC: Tai Chi
Alpesh Kavya's Kitchen: Vegetarian Hot Meals
Chandrika Bheda: Chair Yoga / Zoom Chair Yoga / Workshops and Better Health for 50 plus program

Chhaya Tailor: Coordinator EAWA Social Hub

Management Board

Naveed Ahmed: Chairman
Sudipta Ghosh: Vice Chairman
Richard Fernandes: Finance Director
Samit Kumar Biswas: Director

Volunteers:

Ripon Debnath: Website development
Mukundrai Shah: Daycare Centre helper
Akshai Shah: Computer Expert

Other:

Jain Oshwal Group Northeast Area: Poonam A Shah Chairperson and Prasit Shah Vice Chair
Enfield Voluntary Action
NHS North Central London Cancer Alliance
Darji Mitra Mandal Chairperson: Pravin Jivan
MP Bambos Charalambous
Enfield Dispatch
Isoqar for ISO9001:2015 Inspections
NCS Youth Charity
Affiliated to Enfield Over 50's Forum
National Lottery Community Fund
Twalking Challenge: Dr Cristina Lopez-Peig
MP Feryal Clark
MP Kate Osamor
Accountant Chapmans: Praful Patel
Pankaj Sodha: Galaxy Superstars Ltd
Enfieldian Coach Tours
Age UK Enfield
Brunel University: Dr Mandekh Hussein Programme Director and Lecturer BASc Global Challenges
BASc Global Challenges Year 3 Students: Mary Roberts, Lina Petrasciuk and Nithya Rasamani

EAWA Registered Office
Alexandra Business Suites
Office Number 1
52 Alexandra Road, Ponders End
Enfield, Middlesex. EN3 7EH

EAWA Day Centre
Wheatsheaf Hall
Corner of Main Avenue and Roman Way
Bush Hill Park
Enfield, Middlesex. EN1 1DS

Office Tel. No.: 020 8443 1197
Office Fax No.: 020 8443 1188
Day Centre No.: 020 8363 4622
Email: info@eawa.org.uk
Website: www.eawa.org.uk

Registered Charity No.: 1109149
Company Limited by Guarantee No.: 5397785

ISO 9001 ISOQAR REGISTERED Certificate number 7957 ISO 9001

EMPLOYER OF EXCELLENCE PENINSULA ACCREDITED STANDARD

ENFIELD ASIAN WELFARE ASSOCIATION

England & Wales - Charity number 1109149

Accounts

REGISTERED COMPANY NUMBER: 05397785 (England and Wales)
REGISTERED CHARITY NUMBER: 1109149

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

FOR

ENFIELD ASIAN WELFARE ASSOCIATION LTD
(A COMPANY LIMITED BY GUARANTEE)

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ENFIELD ASIAN WELFARE ASSOCIATION LTD

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FOR THE YEAR ENDED 31 MARCH 2022

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Report of the Board of Trustees for the year ended 31March 2022
(Incorporating the Directors Report)

The Trustees are pleased to present their report and financial statements for the year ended 31March 2022.
These financial statements have been prepared in accordance with the "Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) ("the Charities SORP"), with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland ("FRS 102") and with the Charities Act 2011. The charity meets the definition of a public benefit entity as set out in FRS 102.

Structure, governance, and management
Status
Enfield Asian Welfare Association ('EAWA') is a Company Limited by Guarantee not having a Share Capital. It is also registered as a Charity and is governed by its Memorandum and Articles of Association.

EAWA has an Executive Committee, known as the Board, of not less than 3 and is not subject to any maximum.
One-third of the Board retires by rotation at each Annual General Meetings and is eligible for re-election.
Directors who served during the year are stated in this report.

An advisory committee of five service users is elected each year, prior to the Annual General Meeting.
They can put forward, for consideration by the Board, any matters that cannot be dealt with at usual management levels.

The decision-making process
The Board meets monthly and approves major policy decisions. The Chief Executive is responsible to the Board and ensures that all the policies and procedures are in place. The Chief Executive makes the day-to-day decisions on an operational level and regularly liaises with the Chairman of the Board on Organizational and wider matters.

The Board members are recruited by advertising widely through Trustee Recruitment sites on the internet and via community connections. EAWA:
- Ensures that the recruited people meet the legal requirements to qualify as trustees.
- Arranges interviews and ensures that the skills meet with future needs.
- Provides inductions and induction packs. Visits are arranged to all EAWA's operational bases.
- Arranges training for the new Board members in line with their needs and gives information on ' the Roles and Responsibilities of Trustees.' Plus refers them to the Charity commission for further information.
- Ensures that the Trustees agree to a Code of Conduct.

Risk Management:
Premises
EAWA moved back to the Wheatsheaf Hall in May 2021. The Wheatsheaf Hall is part of a regeneration programme and may be withdrawn at some stage in the future. Thus, EAWA is continuing its search for a long-term permanent premise to house the day centre and office. EAWA must raise funds, as the property lease and purchase prices are high and the EAWA reserves do not cover the cost.

Personalisation during Lockdown
EAWA provided remote services for the clients: we delivered meals at clients' homes, provided zoom activities and telephone befriending etc. until 23rd May 2021. We are grateful to the Enfield Council for their continued support for the payment of the unit cost per client during this Covid-19 lockdown time. The risk of nil income in the Covid-19 Lock down, was averted and clients' needs were maintained due to this support from the Enfield Council.

When EAWA day care centre reopened, we moved quickly from one day a week to five days. We could only accommodate bubbles of 15 people and under strict guidelines. There was a risk of high losses, as EAWA usually supported 30 clients a day. The EAWA budget was carefully managed to avoid this risk but still incurred a loss this year. Many of the former clients had passed away and newer higher need clients joined EAWA. The risk of fewer clients was managed by actively marketing EAWA services. EAWA did have fewer clients for day care but managed the scale of the operation.

Contingencies
In year ended 31 March 2022 we finalised a budget despite the many uncertainties, based on being at the Wheatsheaf Hall from 24th May 2021 onwards and offering a five-day operation.
We remained in the same office and increased the day care days to 5 days to support fewer clients over more days, due to the Covid's impact on how EAWA could operate. This increased our overheads, with greater staff needs but offered long-term expansion opportunities rather than a threat, as EAWA was able to be more flexible to client/carer needs. By managing costs, EAWA did have a loss position, but it was reasonable in view of the external environment.

Continuity
a) There were no continuity problems for most of the year in terms of finance during the Covid-19 lockdown and even after reopening on 24 May 2021. For the future EAWA needs to find new premises as the Wheatsheaf Hall is not a long-term option. This is critical for EAWA services to continue and grow.

b) During the Covid-19 Lock Down, there were no new clients referred to the day centre. As described under Personalisation, we now have very reduced numbers of clients compared to prior the Covid-19 lockdown.
EAWA will be liaising with Social Services for new day care referrals.
Marketing will also be key in making sure that people who need our services are able to find EAWA.
EAWA is confident that it will meet these challenges.
As EAWA has dedicated and loyal staff, we retained all our staff at full pay to ensure continuity and that we would be able to offer our full service once we were allowed to reopen our day centre.

c) As the EAWA day care centre was closed in this accounting period from 1st April 2021 to 23rd May 2021 no new people could join the EAWA day care service. EAWA successfully set up a new model for existing clients to receive our services remotely. Once we reopened, we have been able to accept new clients.

d) Impact of Covid-19 on day care places and clients
EAWA had a pre pandemic high of 108 places, these were down to 44% but recovered slightly to around 66% of pre pandemic levels by March 2022.
The pandemic nearly halved our client numbers (down 47%) but these recovered to around 58% of pre pandemic levels by March 2022.
Thus, the Pandemic had a devastating impact on our clients, due to isolation and lack stimulation that our day centre provides, as none of these clients succumbed to Covid. Action will be taken to remedy these downturns to ensure service continuity.

Transport
We resumed transport provision as soon as the day care centre re-opened.
The Minibus that EAWA owns, has a Disabled passenger exemption under the Mayor of London's rules for Emissions charges. EAWA will review its transport needs in line with new Emissions Legislation plus there may a requirement to have Electric buses. EAWA will wait for more concrete legislation to minimise the risk to EAWA because any bus purchase needs to have longevity to be cost effective. We have set aside reserves for a minibus purchase, if needed, as all our clients need transport.

Investment
The situation remains unchanged in that since the sale of the premises, in 2015, EAWA has a sound reserves position. Funds in the reserves have been invested in blocks of £85,000, into a few accounts, to safeguard them from any risks. The interest rates have been poor, due to the prevailing economic climate.

Financial Review
The results for the Financial period are set out in the attached accounts. The EAWA day care deficit was £18,281 (2021: £50407 surplus)
This was due to opening five days a week with bubbles of only 15 clients in a day. EAWA had extra overheads e.g., the Hall rent was doubled by the Council and as we opened the day care centre for 2 extra days the staff had their employment contracts extended plus the minibus needed a complete overhaul etc. The closure of EAWA day centre and other services to 23rd May 2021, meant that EAWA had to provide remote services like home meals, telephone befriending etc.

Funds
EAWA has £505,611 Unrestricted reserves of which £485,000 are held as Designated Funds for specific purposes. Restricted funds are £17,809.

Public Benefit Statement
The Trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Objectives and Activities
Objects
To alleviate isolation, we
1. Deliver appropriate facilities with qualified staff.
2. Deliver leisure activities and recreational pursuits.
3. Deliver educational activities that improve access to information and learning.
4. Deliver activities which promote health, well-being and improve quality of life.

Through the provision of our services, we seek to enhance the lives of elderly people/the local community and their carers/families within the London Borough of Enfield and surrounding Boroughs who have need for such facilities by reason of age, infirmity, disablement or social isolation.

Achievements and Performance
The Day care service has been designed to meet the EAWA charitable objectives.
EAWA day care centre was closed from 1st April 2021 to 23rd May 2021 due to the Covid-19 worldwide pandemic. However, EAWA still provided remote services, as described in the last report.
Once EAWA re-opened we were able to provide a full range of services.
The main activities undertaken, towards achieving EAWA's objectives, were:
- Seated Yoga/ Tai Chi/ Dance
- Flower arranging
- Reflexology
- Indian Head Massage
- Social Interaction
- A hot Asian meal with a varied menu
- Pedicure: toenail clipping- Transport managed for clients as needed

Seasonal Activities
Outings: were cancelled due to the Covid-19 pandemic.
Celebration of festivals: The Christmas Party was successful and well enjoyed by all.
EAWA provided special Diwali/Eid meals for clients at the day centre.
Enfield Council provided several grants to support the Day-care Centre with Covid costs and provided PPE (Personal Protective Equipment) plus the NHS supported EAWA with Covid test kits so that the day care centre could operate safely.

Other EAWA work
a. **Quality Marks:** EAWA passed ISO9001:2015 inspection on 9th August 2021. The report was positive about EAWA management compli ance and operations.

b. The Automation of EAWA became a necessity so that all relevant staff could work from home. With Office 365 cloud-based system we could access all our records.

c. **Social Hub:** The Town Social Hub model was started in Enfield Town and Edmonton Green Libraries. The project in Edmonton Green Library attracted new 50 plus people who were active but isolated. Chhaya Tailor, the Coordinator, set up activities from 11am to 12.30pm at no cost to the new clients and then arranged for coffee/lunch at their own cost. This project has 35 registered clients as of 31 March 2022. We have arranged to close the Enfield Town library project and open an extra day at Edmonton Green Library on Fridays from 8th April 2022. Clients are incredibly positive about this project with around 65% stating that this service was very good or excellent in helping them with loneliness, their mental and physical health, and their well-being.

d. **EAWA Membership Club/ 50 plus Activity Club:** EAWA had a brainstorm meeting with its members, but despite agreeing to a new format, the engagement was poor as was the Membership take up to 31 March 2022: thus, this club was closed. Background: EAWA had 94 members before, and this was lost during the Covid Lock down. Members lives had changed, many had moved or developed Health conditions, so could not renew. Physical meetings were restarted in September 2021 to November 2021, however due to poor take up, we discontinued them. We restarted in January 2022 at a different location, but after two weeks of poor turnout, we discontinued these too. EAWA applied for funding to the National Lottery Community Fund and were awarded £5000 to set up a new project called Better Health for the 50 Plus. This project started in April 2022 and is having a successful response with it being on a Saturday and with EAWA having undertaken Door-to-door leafletting to ma rket the service.

e. **Zoom Yoga and Social Interaction on Thursdays:** This is successful and has about 20 service users. Thursday Zoom Yoga session from 2pm to 3pm and then Social Interaction for half an hour to 3.30pm is what EAWA provides.

f. EAWA attended the online Older Peoples partnership board meetings.

g. **"Our Impact Report 2021":** This report highlights the impact EAWA is having on alleviating isolation, improving health and well-being for its clients. It provides statistics and comments from our clients and their carers on the benefits EAWA has on their lives. This report is available on our website: www.eawa.org.uk.

h. The EAWA Team: The change to a 5 day a week day-care centre, meant that many of the staff agreed to work longer hours, and thus their contracts were changed to reflect this. The driver post was shared with a care assistant post to create a full-time role. New Bank staff were recruited. A Deputy Day care Manager and Assistant to the CEO that was recruited did not take up the position

i. We value the contribution of all our staff/freelancers and volunteers. They help to deliver excellent services whether it is for the day-care centre or other services that EAWA provides. The EAWA Board, meet monthly on zoom and are all volunteers. They provide their skills and guidance to steer EAWA so that it was continuously improving. We thank everyone in the EAWA team.

To conclude

This has been an uncertain year for EAWA because we have had to deal with the Covid-19 requirements and the limitations that it has brought. There was also a concern about the potential loss of our premises. Financially, this year could have been exceedingly difficult, however we have managed the situations that arose well and have averted a huge loss. EAWA day care has been fully supported by Enfield Council. We are very thankful to them for this.

Plans for the Future

EAWA must secure appropriate premises allowing us to centralise as well. We will work on expanding our projects, with more 50 plus services. The day care quality will need to be maintained, and we will endeavour to reach more people who need our services.

Reporting Accountants

A resolution to reappoint Chapman's Associates Limited, Chartered Accountants as Independent Examiners will be proposed at the Annual General Meeting.

The Board wishes to express its thanks to Miss Chetna Shah and all the staff for their dedicated and loyal service. They also wish to thank the elected Users Advisory Committee for their guidance throughout the period.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Incorporation as a Company: Company Limited by Guarantee No.5397785 - Incorporated on 18.3.2005

Registered as Charity: Registered Charity No. 1109149 - Registered on 20.04.2005

Governing Document: Memorandum and Articles of Association

Mission Statement: To support, empower, and enrich the lives of Older Members in the Community.

Our Vision is: To be a trusted and valued First Choice Provider of Inclusive services that creates an inspiring, positive, impact in the community.

Directors and Trustees: The directors of the charitable company ("the Charity") are its Trustees for the purposes of the charity law, and throughout this report are referred to as Trustees. Those who served during the year were:

Mr. Naveed Ahmed (Chairman) (Joined 20/10/2010)
Mr. Richard Fernandes (Joined 30th June 2014)
Mr. Sudipta Ghosh (Joined 21st March 2017)
Mr. Samit Kumar Biswas (Joined 23rd October 2019)

Company Secretary
and Chief Executive Officer: Miss Chetna Shah

Users Advisory Committee: Sunil Lakhani
Elected 27/10/21 Virbala Patel
Kumud Shah
Chandrakala Shah
Laxmi Deb

Registered Office: Office No. 1, Alexandra Business Suites, 52 Alexandra Road, Ponders End, Enfield, Middlesex,
EN3 7EH
Tel: 020 8443 1197 Tel/Fax: 020 8443 1188
Email: eawa.library@eawa.org.uk and info@eawa.org.uk
Website: www.eawa.org.uk

Day Centre Sites: Wheatsheaf Hall, Main Avenue, Bush Hill Park, Enfield, EN1 1DS from 20th July 2010

Bankers: Barclays Bank Plc, 20 The Town, Enfield, Middlesex, EN2 6LY
CAF Bank Limited,25, Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ

Independent Examiner: Chapmans Associates Limited, Chartered Accountants and Registered Auditors, 9 Churchill Court, 58 Station Road, North Harrow HA2 7SA.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
05397785 (England and Wales)

Registered Charity number
1109149

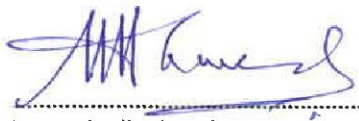
Registered office
Alexandra Business Suites
Office Number1
52 Alexandra Road
Enfield
EN3 7EH

Trustees
Naveed Ali Ahmed
Samit Kumar Biswas
Richard Alexander Fernandes
Sudipta Ghosh

Company Secretary
Miss Chetna Shah

Independent Examiner
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Approved by order of the board of trustees on 15th September 2022 and signed on its behalf by:



Naveed Ali Ahmed - Trustee

Independent examiner's report to the trustees of Enfield Asian Welfare Association Ltd ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Praful Patel
Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 22/9/22

ENFIELD ASIAN WELFARE ASSOCIATION LTD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	174,346	18,799	193,145	200,707
Investment income	3	2,160	-	2,160	2,528
Total		176,506	18,799	195,305	203,235
EXPENDITURE ON					
Charitable activities	4				
Charitable		212,596	990	213,586	152,828
NET INCOME/(EXPENDITURE)		(36,090)	17,809	(18,281)	50,407
RECONCILIATION OF FUNDS					
Total funds brought forward		541,701	-	541,701	491,294
TOTAL FUNDS CARRIED FORWARD		505,611	17,809	523,420	541,701

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	10	1,922	-	1,922	5,012
CURRENT ASSETS					
Debtors	11	25,091	-	25,091	22,908
Cash at bank and in hand		489,706	17,809	507,515	532,547
		514,797	17,809	532,606	555,455
CREDITORS					
Amounts falling due within one year	12	(11,108)	-	(11,108)	(18,766)
NET CURRENT ASSETS		503,689	17,809	521,498	536,689
TOTAL ASSETS LESS CURRENT LIABILITIES		505,611	17,809	523,420	541,701
NET ASSETS		505,611	17,809	523,420	541,701
FUNDS	13				
Unrestricted funds				505,611	541,701
Restricted funds				17,809	-
TOTAL FUNDS				523,420	541,701

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

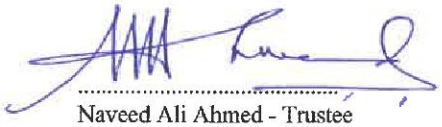
The notes form part of these financial statements

continued

BALANCE SHEET - continued
31 MARCH 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 15th September 2022 and were signed on its behalf by:



Naveed Ali Ahmed - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Project related income	24,055	5,000
Spot contracts and service users contributions	168,980	194,041
Donation & Miscellaneous income	110	1,666
	193,145	200,707

3. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	2,160	2,528

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 5)	Totals
	£	£	£
Charitable	134,115	79,471	213,586

5. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Charitable	77,823	1,648	79,471

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	5,442	4,870

continued...

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

8. STAFF COSTS

	2022	2021
Key employee remuneration - CEO	48,776	46,493

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	200,707	-	200,707
Investment income	2,528	-	2,528
Total	203,235	-	203,235
EXPENDITURE ON			
Charitable activities			
Charitable	152,828	-	152,828
NET INCOME	50,407	-	50,407
RECONCILIATION OF FUNDS			
Total funds brought forward	491,294	-	491,294
TOTAL FUNDS CARRIED FORWARD	541,701	-	541,701

continued...

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2021	16,542	23,741	40,283
Additions	2,352	-	2,352
At 31 March 2022	18,894	23,741	42,635
DEPRECIATION			
At 1 April 2021	16,276	18,995	35,271
Charge for year	696	4,746	5,442
At 31 March 2022	16,972	23,741	40,713
NET BOOK VALUE			
At 31 March 2022	1,922	-	1,922
At 31 March 2021	266	4,746	5,012

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Fees receivable	23,031	20,506
Prepayments	2,060	2,402
	25,091	22,908

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	3,760	13,321
Social security and other taxes	4,265	1,617
Pension payable	1,802	3,828
Accrued expenses	1,281	-
	11,108	18,766

continued...

13. MOVEMENT IN FUNDS

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
Operational	31,701	(36,090)	25,000	20,611
Designated	510,000	-	(25,000)	485,000
	541,701	(36,090)	-	505,611
Restricted funds				
Restricted	-	17,809	-	17,809
TOTAL FUNDS	541,701	(18,281)	-	523,420

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Operational	176,506	(212,596)	(36,090)
Restricted funds			
Restricted	18,799	(990)	17,809
TOTAL FUNDS	195,305	(213,586)	(18,281)

Comparatives for movement in funds

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
Unrestricted funds				
Operational	31,294	50,407	(50,000)	31,701
Designated	460,000	-	50,000	510,000
	491,294	50,407	-	541,701
TOTAL FUNDS	491,294	50,407	-	541,701

continued...

13. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Operational	203,235	(152,828)	50,407
TOTAL FUNDS	203,235	(152,828)	50,407

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
Operational	31,294	14,317	(25,000)	20,611
Designated	460,000	-	25,000	485,000
	491,294	14,317	-	505,611
Restricted funds				
Restricted	-	17,809	-	17,809
TOTAL FUNDS	491,294	32,126	-	523,420

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Operational	379,741	(365,424)	14,317
Restricted funds			
Restricted	18,799	(990)	17,809
TOTAL FUNDS	398,540	(366,414)	32,126

Designated funds

Designated funds are set aside for:

	2022 £	2021 £
Redundancy Fund	40,000	40,000

continued...

13. MOVEMENT IN FUNDS - continued

Designated funds - continued

Minibus Fund	20,000	20,000
Property Fund	250,000	250,000
Contingency Reserve	175,000	200,000

The Contingency Reserve represents funds set aside to enable the charity to continue operations in the event of the charity's income ceasing,. This has been reduced by £25,000 in the current year.

The Redundancy fund has been created in the event of present & future redundancies.

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Project related income	24,055	5,000
Spot contracts and service users contributions	168,980	194,041
Donation & Miscellaneous income	110	1,666
	193,145	200,707
Investment income		
Deposit account interest	2,160	2,528
Total incoming resources	195,305	203,235
EXPENDITURE		
Charitable activities		
Wages	78,604	55,747
Insurance	1,432	1,346
Telephone	194	-
Sundries	2,874	2,514
Transport service users	-	1,650
Luncheon costs	9,482	9,766
Cost of activities	-	4,022
Rent	15,654	-
Flower arranging	2,538	-
Indian head massage	1,913	-
Minibus expenses	5,047	-
Pedicure	113	-
QI Gong	925	-
Reflexology	2,275	-
Tai Chi	147	-
Transportation cost	403	-
Yoga	5,693	-
Chair based exercise	475	-
Bad debts written off	903	-
Fixtures and fittings	697	121
Motor vehicles	4,746	4,749
	134,115	79,915
Support costs		
Management		
Wages	68,016	61,669
Pensions	(2,026)	-
Rent & rates	6,010	5,340
Carried forward	72,000	67,009

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
Management		
Brought forward	72,000	67,009
Light and heat	(2,730)	-
Telephone	1,342	-
Postage and stationery	39	3,049
Advertising	273	-
Sundries	-	(1,185)
Consultancy fees	4,344	3,190
Bank charges	105	-
Cleaning	681	-
Internet charges	33	-
IT expenses	332	-
Repairs & renewals	240	-
Payroll fees	543	-
Staff travelling	50	-
Venuue hire	571	-
	77,823	72,063
Governance costs		
Accountancy fees	1,226	1,200
Awayday/AGM expenses	-	(350)
Hire of function room	422	-
	1,648	850
Total resources expended	213,586	152,828
Net (expenditure)/income	(18,281)	50,407

This page does not form part of the statutory financial statements

eawa
Your Care, Our Priority

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED
Acknowledgements for Year Ended 31st March 2022

London Borough of Enfield: Adult Social Care Teams, Brokerage, plus Commissioning Managers
Bindi Nagra: Director of Adult Social Care
Property/Hall Hire Teams

EAWA staff and freelancers
Chetna Shah: CEO /Company Secretary
Nayana Abeywickrema: Day Care Manager
Pavithra Arachchige: Administrator
Ooma Jukhoop: Finance/Payroll
Emmanuel Benedetti: Accounts/Finance
Shobhana Patel: Senior Care Support Worker
Rashida Miah: Care Support Worker
Naina Chokshi: Care Support Worker
Dhiraj Patel: Care Support Worker and Bank Driver
Harish Chauhan: Care Support Worker/Driver
Asma Ali: Care Support Worker
Chetana Vara: Bank Care Support Worker
Kali Khan: Bank Care Support Worker
Chandrika Bheda: Chair Yoga / Zoom Chair Yoga / Workshops
Murali Ramchandani: Chair Yoga
Gillian Diamond: Indian Head Massage and Reflexology
Ann Wilkinson: Indian Head Massage
Nigar Sultana: Flower arranging and Pedicure
Joanna Barnes: Tai Chi/Qi Gong
Frank Wijesinghe: Tai Chi/Qi Gong
Candy Fernandes: Chair Dance

Anthony Stadlen: Tai Chi/Qi Gong
Dao Lu CIC: Tai Chi
Alpesh Kavya Kitchens: Vegetarian Hot Meals

Chhaya Tailor: Coordinator EAWA Social Hub

Management Board
Naveed Ahmed: Chairman
Sudipta Ghosh: Vice Chairman
Richard Fernandes: Finance Director
Samit Kumar Biswas: Director

Volunteers:
Colin Baines: Website Maintenance
Avinash Shah: Daily Helper
Akshai Shah: Computer Expert

Other:
Accountant Chapmans: Praful Patel
Affiliated to Enfield Over 50's Forum
Isoqar for ISO9001:2015 Inspections

MPs Bambos Charalambous & Kate Osamor
Enfield Voluntary Action
Age UK Enfield

EAWA Registered Office
Alexandra Business Suites
Office Number 1
52 Alexandra Road, Ponders End
Enfield, Middlesex, EN3 7EH

EAWA Day Centre
Wheatsheaf Hall
Corner of Main Avenue and Roman Way
Bush Hill Park
Enfield, Middlesex, EN1 1DS

Office Tel. No.: 020 8443 1197
Office Fax No.: 020 8443 1188
Day Centre No.: 020 8363 4622
Email: info@eawa.org.uk
Website: www.eawa.org.uk

Registered Charity No.: 1109149
Company Limited by Guarantee No.: 5397785

ISO 9001 ISOQAR REGISTERED Certificate number 7557 ISO 9001

EMPLOYER OF EXCELLENCE PENINSULA ACCREDITED STANDARD

ENFIELD ASIAN WELFARE ASSOCIATION

England & Wales - Charity number 1109149

Accounts

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED

(Company Limited by Guarantee No:5397785)
(Registered Charity No:1109149)

ANNUAL REPORT

AND

ACCOUNTS

FOR THE YEAR ENDED

31ST MARCH 2021

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED

(Company Limited by Guarantee No:5397785)
(Registered Charity No:1109149)

ACCOUNTS 31ST MARCH 2021

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ENFIELD ASIAN WELFARE ASSOCIATION LIMITED (EAWA)

(Company limited by Guarantee No: 5397785. Registered Charity No:1109149)

ANNUAL REPORT AND ACCOUNTS FOR YEAR ENDED 31ST MARCH 2021

Incorporation as a Company: Company Limited by Guarantee No.5397785 - Incorporated on 18.3.2005

Registered as Charity: Registered Charity No. 1109149 – Registered on 20.04.2005

Governing Document: Memorandum and Articles of Association

Mission Statement: To support, empower, and enrich the lives of Older Members in the Community.

Our Vision is: To be a trusted and valued First Choice Provider of Inclusive services that creates an inspiring, positive, impact in the community.

Directors and Trustees: The directors of the charitable company ("the Charity") are its Trustees for the purposes of the charity law, and throughout this report are referred to as Trustees. Those who served during the year were:

Mr. Naveed Ahmed (Chairman) (Joined 20/10/2010)
Mr. Richard Fernandes (Joined 30th June 2014)
Mr. Sudipta Ghosh (Joined 21st March 2017)
Miss. Katie Kierans (Resigned 15/07/2020)
Mr. Samit Kumar Biswas (Joined 23rdOctober 2019)

Company Secretary and Chief Executive Officer: Miss Chetna Shah

Users Advisory Committee: Mrs. Kantaben Patel
Due to Covid-19 lockdown Mrs. Kumudben Shah
EAWA could not hold elections Mrs. Puspha Shah
Thus, continued from last year. Mrs. Taraben Darji (Sadly Deceased 13/04/2021)

Registered Office: Office No. 1, Alexandra Business Suites, 52 Alexandra Road, Ponders End, Enfield, Middlesex, EN3 7EH
Tel: 020 8443 1197 Tel/Fax: 020 8443 1188
Email: eawa.library@eawa.org.uk and info@eawa.org.uk
Website: www.eawa.org.uk

Day Centre Sites: Wheatsheaf Hall, Main Avenue, Bush Hill Park, Enfield, EN1 1DSfrom 20th July 2010

Bankers: Barclays Bank Plc, 20 The Town, Enfield, Middlesex, EN2 6LY

CAF Bank Limited,25, Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ

Independent Examiner: Chapmans Associates Limited, Chartered Accountants and Registered Auditors, 3 Coombe Road, London, NW10 0EB

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED

(Company limited by Guarantee No: 5397785. Registered Charity No:1109149)

Report of the Board of Trustees for the year ended 31st March 2021
(Incorporating the Directors Report)

The Trustees are pleased to present their report and financial statements for the year ended 31st March 2021. These financial statements have been prepared in accordance with the "Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) ("the Charities SORP"), with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland ("FRS 102") and with the Charities Act 2011. The charity meets the definition of a public benefit entity as set out in FRS 102.

Structure, governance and management
Status

Enfield Asian Welfare Association ('**EAWA**') is a Company Limited by Guarantee not having a Share Capital. It is also registered as a Charity and is governed by its Memorandum and Articles of Association.

EAWA has an Executive Committee, known as the Board, of not less than 3 and is not subject to any maximum. One-third of the Board retires by rotation at each Annual General Meetings and is eligible for re-election. Directors who served during the year are stated in this report.

An advisory committee of five service users is elected each year, prior to the Annual General Meeting. They are able to put forward, for consideration by the Board, any matters that cannot be dealt with at usual management levels. Due to the Covid-19 lockdown, EAWA could not hold elections, thus the committee from last year remained in office.

The decision-making process

The Board meets monthly and approves major policy decisions. The Chief Executive is responsible to the Board and ensures that all the policies and procedures are in place. The Chief Executive makes the day-to-day decisions on an operational level and regularly liaises with the Chairman of the Board on Organizational and wider matters.

The Board members are recruited by advertising widely through Trustee Recruitment sites on the internet and via community connections. EAWA:

- Ensures that the recruited people meet the legal requirements to qualify as trustees.
- Arranges interviews and ensures that the skills meet with future needs.
- Provides inductions and induction packs. Visits are arranged to all EAWA's operational bases.
- Arranges training for the new Board members in line with their needs and gives information on ' the Roles and Responsibilities of Trustees.' Plus refers them to the Charity commission for further information.
- Ensures that the Trustees agree to a Code of Conduct.

Risk Management:
Premises

In April 2020, the rented day centre premise, Wheatsheaf Hall, was withdrawn from EAWA by the Enfield Council. The CEO conducted an extensive search to find an alternative premise in which to re-open the day care centre after the Covid-19 lock down, and once permitted by the Government, but could not find anything suitable. The Chairman approached Local MP's and eventually the Wheatsheaf Hall was reinstated. The Wheatsheaf Hall rent has increased by more than double under new management by the Enfield Council. The Wheatsheaf Hall is part of a regeneration programme: in 2023 it will be demolished. EAWA premises are at a risk as the Wheatsheaf Hall will be withdrawn in 2022. Thus, EAWA is continuing its search for a long-term permanent premise to house the day centre and office.

Personalisation during Lockdown We are grateful to the Enfield Council for their continued support for the payment of the unit cost per client during Covid-19 lockdown.
EAWA set up remote services for the clients: we delivered meals at clients' homes, provided zoom activities and telephone befriending etc. We reported directly to Enfield Council on these activities plus on the clients' health statuses and progress to safeguard their welfare. The risk of nil income in the Covid-19 Lock down, was averted and clients' needs were maintained due to this support of the Enfield Council.
However, during this time of Covid-19 lockdown, sadly many of EAWA's clients have passed away or went to a residential home. This means that our client base has reduced drastically, because no new clients could be taken on, as the Day care centre was required to be closed from 18th March 2020. The EAWA day centre was still closed at 31st March 2021.
EAWA will be actively marketing its services to ensure new clients are found so that they can join the day care centre, and that our service reaches our vulnerable community in need. We re-opened on 24th May 2021 under strict guidelines.

Contingencies
In year ended 31st March 2021, a budget could not be confirmed as we faced many uncertainties and variable overheads. For example, a lack of premises for the day care meant that EAWA could not predict the future hire cost of a new premise. In addition to this, the Covid-19 lock down affected our usual timelines and operations and it was unclear when we would be able to resume our services.
We will have to find new premises for the day care centre as reported under Premises and centralise the office at the same time. EAWA will need use its reserves to secure this. The move of the office reported last year was stalled because all staff were working from home under Covid-19 lockdown. This was still the case at year ended 31st March 2021. EAWA will be paying more for both the premise and the office overall when it moves.

Continuity
a) There were no continuity problems for most of the year in terms of finance during the Covid-19 lockdown. However, at the year ended 31st March 2021, EAWA did not have its usual hired premise to use as it was withdrawn. This meant that if EAWA day care centre was required to reopen, it had no place to provide services from. (See Premises). For the future EAWA needs to find new premises by 2022 as the Wheatsheaf Hall is due for demolition in 2023. This is critical for the EAWA services to continue.
b) During the Covid-19 Lock Down, there were no new clients referred to the day centre. As described under Personalisation, we now have very reduced numbers of clients compared to prior the Covid-19 lockdown.
EAWA will be liaising with Social Services for new day care referrals.
Marketing will also be key in making sure that people who need our services are able to find EAWA.
EAWA is confident that it will meet these challenges.
c) The EAWA day care centre was closed from 18th March 2020 to 23rd May 2021 and no new people could join the EAWA day care service. EAWA successfully set up a new model for existing clients to receive our services remotely. The initial 12-week closure lasted 14 months.

Transport
This year the transport was not used for 14 months due to the Covid-19 lockdown.
We reviewed the potential of purchasing a new Minibus with a Euro 6 engine. It was decided not to progress this due to the uncertainty about day care provision; the Minibus that EAWA owns, has a Disabled passenger exemption under the Mayor of London's rules for Emissions charges and finally there may be legislation favouring a move to Electric buses. It was decided to review for a purchase in line with new Emissions Legislation. One of our directors, has minibuses available in Enfield Borough, so EAWA will have access to additional transport if needed.
EAWA will wait for more concrete legislation to minimise the risk to EAWA, as any bus purchase needs to have longevity to be cost effective. We have set aside reserves for a minibus purchase, if needed, as all our clients need transport.

Investment:

The situation remains unchanged in that since the sale of the premises, in 2015, EAWA has a sound reserves position. Funds in the reserves have been invested in blocks of £85,000, into a few accounts, to safeguard them from any risks. The interest rates have been poor, due to the prevailing economic climate. EAWA had substantial funds in the Barclays Bank Account but could not transfer funds to be within the £85,000 limit due to Covid lock down issues.

Financial Review

Operational Fund

The results for the Financial period are set out in the attached accounts. The EAWA day care profit was £50,407 (2020: £51,209). This profit was due to the closure of EAWA Day care and other services for from 18th March 2020 to 31st March 2021. EAWA provided remote services, like home meals, telephone befriending etc. EAWA did not have to pay for the usual overheads for example no Hall rent, no minibus costs etc.

Other Designated Funds

The Board has resolved to transfer £50,000 from this year's unrestricted surplus to the designated Property fund.

Public Benefit Statement

The Trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Objectives and Activities

Objects

To alleviate isolation, we

1. Deliver appropriate facilities with qualified staff.
2. Deliver leisure activities and recreational pursuits.
3. Deliver educational activities that improve access to information and learning.
4. Deliver activities which promote health, well-being and improve quality of life.

Through the provision of our services, we seek to enhance the lives of elderly people/the local community and their carers/families within the London Borough of Enfield and surrounding Boroughs who have need for such facilities by reason of age, infirmity, disablement or social isolation.

Achievements and Performance

The Day care service has been designed to meet the EAWA charitable objectives.

EAWA day care centre was closed from 18th March 2020 to 31st March 2021 due to the Covid-19 worldwide pandemic. However, EAWA still was able to concentrate on the prevention of deterioration in physical and mental health of its clients.

The main activities undertaken, towards achieving EAWA's objectives, were:

- Seated Yoga, Tai Chi, Chair Dance and Clapping therapy. Mini Videos of these were prepared by the Freelance Tutors. EAWA staff sent these video clips, over the phone to clients to follow and join in.
- A Health based online workshops on Zoom
- Yoga on Zoom
- Social Interaction on Zoom
- A hot Asian meal with a varied menu was delivered to those that requested it.
- Wordsearch books were provided to those who needed them
- Pedicure was provided, when it was safe, to clients who requested this.
- Regular supportive phone calls were made to all clients who could accept them, by our care staff. This helped EAWA have an awareness of the progress of clients and to know if they needed any help. It also befriended the clients and enabled them to have regular conversations.

Seasonal activities:
Outings: were cancelled due to the Covid-19 pandemic.
Celebration of festivals: The Christmas Party, and Diwali/Eid parties were cancelled due to the Covid-19 pandemic. EAWA provided special Diwali/Eid Home delivered meals for clients and their carers instead.
For Christmas EAWA delivered One4all multi- store Gift Card vouchers with a value of £30 to all clients. Staff/Freelancers and Volunteers were also given vouchers.
Other: An online Social Impact survey was conducted for the day care clients and carers. The responses will be used to produce a report. The positive need for a physical day centre was echoed widely.

Other EAWA work:

a. Quality Marks: EAWA passed ISO9001: 2015 inspection on 10th August 2020. The report was very positive about EAWA management compliance and operations.

b. The Automation of EAWA has been delayed due to the Covid-19 lockdown. Further meetings could not be held, and an Away Day had to be postponed in October 2020, wherein strategic actions would have been agreed. Our Vice Chairman, Sudipta Ghosh, is taking the lead on this task and will resume once the office and day centre are reopened.

c. **Social Hub:** The Coordinator resumed in July 2020 and started an online Social Hub Model with Zoom sessions and telephone befriending. New marketing material was developed, and much marketing undertaken. This grew and by 31st March 2021, as good client base was established. The feedback from the clients has been positive in respect of services offered.

d. **50's Plus Activity Club:** Physical meetings were discontinued from 18th March 2020 due to the Covid-19 pandemic. However, EAWA set up Zoom Yoga on Mondays from 11am to 12.30pm where Chandrika Bheda volunteered her time. Later in the year a Thursday Zoom Yoga session form 2pm to 3pm and Social Interaction for half an hour to 2.30pm, was set up.

e. Seated ball games managed by the Tottenham Hotspur Foundation (THF) were discontinued due to the Pandemic. Volunteers were trained so we hope to provide this in the future.

f. **EAWA Membership Club:** EAWA had to postpone our programme for year ended 31st March 2021, due to Covid-19. EAWA extended, for free, the Membership for all members for a whole year to 31st March 2021. EAWA had 94 members this year with some Day care client members included as well.

g. EAWA attended the online Older Peoples partnership board meetings.

h. The CEO made many funding applications during the Covid-19 lockdown for new projects using technology to work with older people, or to bring new innovative ideas, to the Enfield Borough Community of over 50 aged people. However, since EAWA was not in dire financial need of assistance, and although the project ideas passed to the second stage of review, EAWA did not get funded: other groups' priority rankings were higher. While EAWA was financially sound, and at time of National crisis, many groups were in crisis, so they urgently needed the funding instead.
We applied to:
1) The Coop Community Fund for £13,034 for a Health and Wellbeing project.
2) The Barclays Bank for £50k Bounce Back Loan - We were not eligible as we were not in financial difficulty in December 2019.
3) Power to Change Community Organizations Recovery Scheme for grant of £47k. £30k for computers for elderly with monthly internet, 10k for staff and 7K for Wheatsheaf Refurbishments on 28th July 2020.
4) National Lottery for £41k for computers for our day care clients: 49 units at £30k including monthly internet and £11k for 2 outreach staff on 14TH August 2020.

5) Post Code Community Trust for under £20k for Health and Wellbeing for all age groups above 35 plus to 85 plus On 18th August 2020
However, EAWA was awarded £5000 for the Enfield Council for a Discretionary Grant for Small Businesses including Charities. This was maximum discretionary amount.

i. The EAWA Board held some zoom meetings in June and July 2020, to review the Acronym of EAWA and how it could be more inclusive. Instead of Enfield Asian Welfare Association, we decided on Empowering Adults with Well-being Activities. However, the Charity Commission would not allow this name change, so it was decided to be known as:
"EAWA"
"Your Care, Our Priority"

The EAWA Team:

j. The change from Physical services to Online ones, took time to implement and get engagement. The EAWA team had to get used to new ways of working, but the team became more proficient. Only the Social Hub Coordinator was furloughed until end of June 2020, otherwise all staff worked throughout the year. All day care staff undertook online training with Social Care TV, so that their skills were maintained and augmented. EAWA reported to the Enfield Council throughout the closure of the day care centre and in preparation for its reopening. Reports were produced as required and procedures for Infection control, Covid Risk Assessments, Transport Risk Assessments, Contingency planning etc were written and clients surveys undertaken as requested.

k. A Deputy Day care Manager and Assistant to the CEO was also recruited to start in the year ending 31/03/2022

l. We recognise that all staff/freelancers and volunteers are our assets who help deliver excellent services whether it is for the day-care centre or other services that we provide. The EAWA Board, who have met monthly on zoom, are all volunteers providing their skills and guidance to steer EAWA so that it was continuously improving. We thank everyone in the EAWA team.

m. Everyone in EAWA was deeply shocked and saddened at the loss of our Senior Care Worker Guljar Hussain who succumbed to Covid after a long fight. Guljar was one of our earliest staff members and his professionalism, enthusiasm and work ethic was exemplary. He was sensitive, thoughtful and knew instinctively how to care. He improved the quality of life of many EAWA day care clients over the years. We offer our deepest condolences to his family and reassure them that he will not be forgotten

To conclude:

EAWA has continued provision of its services in the best way it can, during the Covid-19 Pandemic. In this time EAWA has lost many day care clients who have sadly passed away naturally from old age. We convey our condolences to their families. The strict protocols of Covid-19 meant we could not reach out to them in the usual manner.

There are many new people who need day care, and again, we were not allowed to open to assist them.
We will rectify this the next year in 2022 when the Covid-19 pandemic is under more control.

EAWA day care has been fully supported by Enfield Council. We are very thankful to them for this.

Plans for the Future

Primarily EAWA will need to secure centralised premises to ensure longevity, to rebuild its client base, so that the day care service is fully utilised. EAWA is also creating new services for the isolated 50plus: we will actively progress this development.

Reporting Accountants

A resolution to reappoint Chapman's Associates Limited, Chartered Accountants and Registered Auditors, as Independent Examiners will be proposed at the Annual General Meeting.

The Board wishes to express its thanks to Miss Chetna Shah and all the staff for their dedicated and loyal service. They also wish to thank the elected Users Advisory Committee for their guidance throughout the period.

Approved by the Board of Directors on 15th Oct 2021

And signed on their behalf by ..... Naveed Ahmed, Chair

Company No:5397785

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED (EAWA)
ACCOUNTS 31ST MARCH 2021

Independent Examiner's Report to the Trustees of Enfield Asian Welfare Association Limited

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2021, which are set out on pages 10 to 17.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 (the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

(1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or

(2) the accounts do not accord with those accounting records; or

(3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or

(4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Praful Patel FCA
CHAPMANS ASSOCIATES LIMITED
T/a Chapmans
3 Coombe Road
London
NW10 OEB

Date 19/10/21

Company No:5397785

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED (EAWA)
STATEMENT OF FINANCIAL ACTIVITES
FOR THE YEAR ENDED 31ST MARCH 2021

		Unrestricted funds		Restricted		
		Operational	Designated	fund	Total	2020
INCOMING RESOURCES	**Note**	**£**		**£**	**£**	**£**
Project related income	**3**	5000		0	5000	12,867
Spot Contracts and service users contributions		194041			194041	259,153
Donations and miscellaneous income		1666			1666	6,811
Investment income - Bank interest		2528			2528	3,864
Profit on sale of fixed assets		0			0	0
Total incoming resources		203235	0	0	203235	282,695
RESOURCES EXPENDED						
Direct cost of service provision	**4**	79914		0	79914	153,092
Cost of administration	**4**	72063		0	72063	74,637
Governance costs	**4**	850			850	3,760
Finance Costs	**4**	0			0	0
Total resources expended		152827	0	0	152827	231,489
NET INCOME FOR THE PERIOD		50407	0	0	50407	51,206
Fund balance at 1st April 2020		31294	460000	0	491294	440,088
Transfer between funds	**11**	-50000	50000	0	0	0
Fund balances at 31st March 2021	**9**	31701	510000	0	541701	491,294

The accompanying accounting policies and notes form an integral part of these financial statements.

The statement of Financial Activities incorporates an income and expenditure account.

Company No:5397785

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED (EAWA)

BALANCE SHEET AS AT 31ST MARCH 2021

	Note	Unrestricted funds		Restricted		2020
FIXED ASSETS		Operational	Designated	fund	Total	Total
		£	£	£	£	£
Tangible fixed assets	6	5012		0	5012	9,882
CURRENT ASSETS						
Debtors and payments in advance	7	22908			22908	31,989
Cash at bank and in hand	7	72547	460000	0	532547	467,238
Total current assets		95455	460000	0	555455	499,227
Creditors: amounts falling due within one year	8	18767	0	0	18767	17,815
Net Current Assets		76689	460000	0	536689	481,412
Creditors: amounts falling due after one year	8a	0			0	0
TOTAL NET ASSETS	£	81701	460000	0	541701	491,294
Represented by:						
Funds	9	81701	460000	0	541701	542,500

The accompanying accounting policies and notes form an integral part of these financial statements.

The trustees' statements required by the Companies Act 2006 are shown on the following page which form part of this balance sheet.

Company No:5397785

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED (EAWA)
BALANCE SHEET AS AT 31ST MARCH 2021 (continued)

Trustees' statement required by Section 249B(4) for the year ended 31st March 2021

In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2021 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

(b) that no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2021 and

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board on 15th Oct 2021 ,
and signed on its behalf by

Naveed Ahmed
Director

pages 13-16 form an integral part of these financial statements.

Company No:5397785

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED (EAWA)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2021

Note 1 Company status

The company is limited by guarantee. All members of the Association undert
Association in the event of being wound up, while they are members, or within one year of ceasing to be a member. Such amounts not to exceed £10.

Note 2 General notes

Accounting policies

A Basis of accounting

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities:Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)) and the and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006

The charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

B Depreciation

Furniture & Equipment: Depreciation has been provided on Furniture and Equipment at 20% per annum on a straight line basis.

C Incoming resources

Grants, donations and members contributions have been accounted for on basis of actual receipts

Income from spot contracts has been accounted for on a receivable basis.

Income from bank deposits is accounted for on basis of actual receipts.

D Resources expended

Direct cost of service provision consists of all expenditure for the running of the day centre including rent, transport, telephone, staff costs, cost of activities, meals, etc. It also includes part of the cost of administration relating to service provision.

Administration costs include cost of running the office, staff, telephone, etc after reallocation to direct cost of service.

Governance costs represents the cost of company secretary, Board expenses and accountancy fees and cost of Away Day for Trustees and Staff.

E VAT

The Association is not registered for VAT. Accordingly all expenditure includes the relevant VAT.

Company No:5397785

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED (EAWA)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2021

F Fund accounting

The Association has various types of funds for which it is responsible, and which requires separate disclosures. These are as follows:

Restricted Funds These are earmarked by the donors for specific purposes within the overall objects of the Association and will be used in accordance therewith.

Unrestricted Funds Funds which are expendable at the discretion of the Board in furtherance of the objects of the Asssociation.

Designated Funds The Board may at its discretion set aside unrestriced funds for specific purposes.

		Unrestricted fund	Restricted fund	Total	2020 Total
Note 3	**Incoming Resources**	£	£	£	£
	Project related income	5000	0	5000	12,867
	Total incoming resources for the year	5000	0	5000	12,867
Note 4	**Charitable Expenditure**	**Unrestricted fund**	**Restricted fund**	**Total**	**Total**
	Cost of Service provision at day centre	£	£	£	£
	Rent and property cost	0	0	0	13,477
	Staff costs	55747	0	55747	81,896
	Transport of service users	1650	0	1650	7,732
	Luncheon costs	9766	0	9766	17,923
	Insurance(*Including Trustee insurance)	1346	0	1346	1,319
	Cost of activities	4022	0	4022	22,779
	Miscelleneous expenses	2514	0	2514	1,229
	Depreciation of Fixed Assets	4870	0	4870	6,737
		79914	0	79914	153,092
Note 4	**Cost of administration**				
	Rent of office	5340	0	5340	5,340
	Staff costs	61669	0	61669	58,956
	Printing stationery and telephone	3049	0	3049	4,139
	Consultancy fees	3190		3190	2,585
	Miscellaneous expenses	-1185		-1185	3,617
		72063	0	72063	74,637
	Governance costs				
	Fees for Reporting Accountants	1200		1200	1,213
	Awayday/AGM Expenses	-350		-350	2,547
		850	0	850	3,760
	Total outgoing resources for the year	**152827**	**0**	**152827**	231,489

Company No:5397785

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED (EAWA)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2021

Note 5 Employee remuneration	**Unrestricted fund £**	**Restricted fund £**	**Total £**	**2020 Total £**
Salaries and wages	108446	0	108446	137,248
Staff travel, training, recruitment	567	0	567	210
Staff pension contributions	2877		2877	2,980
	111890	0	111890	140,438

The average number of persons employed, excluding Directors, during the year was 12
No Director/Trustee of the Association received any remuneration in respect of their services.

Key Employee remuneration (Basic,NICer,Pension): CEO Chetna Shah	**46493**	46,493

Note 6 Tangible fixed assets

	Unrestricted fund £ Mini Bus	**Unrestricted fund £** Furniture& Equipment	**Restricted fund £** Furniture & Equipment	**2020 Total £**	**2020 Total £**
Cost					
At 1st April 20120	23741	21551	0	45292	45,095
Additions during the year	0	0	0	0	197
Assets written off	0	-5009	0	-5009	0
At 31st March 2021	23741	16542	0	40283	45,292
Depreciation					
At 1st April 2020	14246	21164	0	35410	28,673
Charge for the period	4749	121	0	4870	6,737
Assets written off		-5009	0	30262	0
At 31st March 2021	18995	16276	0	35271	35,410
Net book amount 31st March 202	4746	266	0	5012	9,882

Restricted Assets have been transferred to unrestricted assets as the trustees are of the opinion that the grant given was to be solely used for charitable purposes

Note 7 Debtors				
Fees receivable	20506		20506	29,558
Prepayments	2402		2402	2,431
	22908	0	22908	31,989
Note 7 Cash at Bank and in hand				
Barclays Bank - Current Account	100,295.91		100296	54,076
CAF - Gold account	78,049.00		78049	77,645
Julian Hodge	85,111.49		85111	78,525
Barclays Deposit	22,404.21		22404	22,390
Cambridge & Counties Bank	85,614.48		85614	80,231
Northern Rock	74,999.97		75000	75,000
Hampshire Trust bank	85,706.18		85706	78,958
Petty Cash	202.25		202	202
PayPal	164		164	211
	532547	0	532547	467,238
Note 8 Creditors: Amounts falling due within one year				
Trade	13321	0	13322	9,740
Pension Fund (Provision for old scheme)	3828		3828	5,502
HMRC	1617		1617	2,573
	18766	0	18767	17,815

Company No:5397785

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED (EAWA)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2021

Note 9 FUNDS	Unrestricted Operational £	Designated £	Restricted £	TOTAL £	2,020 Total £
Balance 1st April 2020	31294	460000	0	491294	440,088
Income for the year	203235		0	203235	282,695
Transfer to/from designated funds	-50000	50000			
Expenditure for the year	-152827		0	-152827	-231,489
Transfers between reserves	0	0	0	0	0
Balance 31st March 2020	31701	510000	0	541701	491,294
Designated funds are set aside for:					
				£	£
Redundancy Fund		40000		40,000	40,000
MiniBus Fund		20000		20,000	20,000
Property fund		250,000		250,000	200,000
Contingency Reserve (note 11 iv)		200,000		200,000	200,000
		510,000	0	510,000	460,000

Note 10 Analysis of net assets between funds

Fund balances at 31st March 2021 are represented by:	FUNDS Unrestricted £	Designated £	Restricted £	TOTAL £	2020 TOTAL £
Tangible fixed assets	5,012		0	5,012	9,882
Current assets	45,455	510,000	0	555,455	499,227
Current liabilities	-18,767		0	-18,767	-17,815
	31,701	510,000	0	541,701	491,294

Note 11 Other information

(I) The Association has no material commitments not provided for in the accounts.

(ii) The Association has not given any guarantees to third parties that could be called on at the year end.

(iii) Transfers from restricted to unrestricted reserves are agreed with the funder once all undertakings have been fulfilled and used for other charitable activiites

(iv) The contingency reserve represents funds set aside to enable the charity to continue operations in the event of the charity's income ceasing

(v) Designated redundancy fund has been created in the event of present & future redundancies

Enfield Asian Welfare Association

ENFIELD ASIAN WELFARE ASSOCIATION LIMITED

Acknowledgements for Year Ended 31st March 2021

London Borough of Enfield: Adult Social Care Teams, Brokerage, plus Commissioning Managers
Bindi Nagra: Director of Adult Social Care
Property/Hall Hire Teams

EAWA staff and freelancers

Chetna Shah: CEO
Nayana Abeywickrema: Day Care Manager
Emmanuel Benedetti: Accounts
Ooma Jukhoop: Administrator/Accounts
Chhaya Taylor: The EAWA Social Hub
Guljar Hussain: Senior Care Support Worker (now sadly deceased)
Shobhana Patel: Senior Care Support Worker
Rashida Miah: Care Support Worker
Naina Chokshi: Care Support Worker
Dhiraj Patel: Care Support Worker and Bank Driver
Harish Chauhan: Care Support Worker/Bank Driver
Asma Ali: Bank Care Support Worker
Chandrika Bheda: Remote Zoom Yoga and other online activities
Gillian Diamond: Indian Head Massage and Reflexology
Ann Wilkinson: Indian Head Massage
Nigar Sultana: Flower arranging and Pedicure
Murali Ramchandani: Yoga /Event raffles
Joanna Barnes: Tai Chi/Qi Gong
Anthony Stadlen: Tai Chi/Qi Gong
Candy Fernandes: Chair Dance
Alpesh Kavya Kitchens for Home meals and delivery Plus Madhuben Shah: Caterers

Volunteers: Management Board

Naveed Ahmed: Chairman
Sudipta Ghosh: Vice Chairman
Richard Fernandes: Finance Director
Samit Kumar Biswas: Director
Katie Kierans: (Resigned 15/07/2020)

Other Volunteers:

Colin Baines: Website Development
Avinash Shah: Daily Helper
Raksha Patel: Over 50's Activity Club/Membership Club
Akshai Shah: Computer Expert
Rahul Mulherkar: Risk Management

Other:

Chapman's Associates Limited: Praful Patel
Co-op & Charity Walk for Peace
for funding the EAWA Social Hub Project
Isoqar for ISO9001:2015 Inspections
MPs Bambos Charalambous and Kate Osamor
Affiliated to Enfield Over 50's Forum
Enfield Voluntary Action
Age UK Enfield

ENFIELD ASIAN WELFARE ASSOCIATION

(EAWA) Registered Office
Alexandra Business Suites
Office Number 1
52 Alexandra Road, Ponders End
Enfield, Middlesex, EN3 7EH

EAWA Day Centre

Wheatsheaf Hall
Corner of Main Avenue and Roman Way
Bush Hill Park
Enfield, Middlesex, EN1 1DS

Office Tel. No.: 020 8443 1197
Office Fax No.: 020 8443 1188
Day Centre No.: 020 8363 4622
Email: info@eawa.org.uk
Website: www.eawa.org.uk

Registered Charity No.: 1109149
Company Limited by Guarantee No.: 5397785

Certificate Number 7957
ISO 9001