



Enfield Island Youth Community Trust (EIYCT)

Presented locally as 'enact community'

Annual Report 2022-2023



Introduction from our Chairman

On behalf of the Trustees and the team, it is my pleasure to present the enact annual report for financial year ending in March 2023. The formal name of enact is the Enfield Island Youth & Community Trust (EIYCT). Working together with partners, a group of us set up enact twenty years ago. Since that time, we have supported hundreds of children, young people, and families from Enfield Lock and further afield of which we are very proud.

The universal nature of our provision remains a core feature as it enables us to work with the broadest cohort of the community. It gives space for positive relationships to form between workers and participants and trust is built enabling targeted work to be identified and addressed. Our model is hard to fund but as a Board, we are determined that the whole community has an opportunity to engage in positive activities.

I am pleased to report that the team of Manju Jnagal as Team Leader, Nathan as a trainee youth worker working alongside Manju to run youth provisions and Natasha Greenway leading on Children and Families continues to provide a wide range of focused activities in a fun environment where youngsters can develop personally be part of a wider community of friends. Our sessional workers are an integral part of the team and are a crucial to our ability to deliver for the community. Also, we have volunteers without whom we would not be able to operate, their help and commitment is much appreciated. We are however continuing to find it more difficult to recruit volunteers.

The finances in the 2022/23 year were satisfactory although the current year started with the Trustees setting "deficit" budget, a first for enact and clearly a risk but we had sufficient reserves to cover it if more funding was not secured. The RSA Trust continues to provide core funding which is greatly appreciated and needed. However the team was successful in securing a further round of National Lottery funding for three years plus funding from Metaswitch EBT also for three years.

This year we are very fortunate in finding an additional Trustee, Rebecca Sycamore who brings a wealth of experience in the charity sector and is proving to be a brilliant find. Mark Hayes has reluctantly stood down as a Trustee and we thank him for his contribution. We are looking to expand the Trustee team including increasing the diversity of the Trustees so that we have a set of Trustees in place for the future especially as some of the long standing trustees inevitably stand down. I would like to thank my fellow trustees Doreen Willis and Graham Jimpson who continue to give great support. We are fortunate to have Sam Ellis from the Oasis Community Partnership who attends our meetings and give us good help and advice. Our partnership with OASIS continues to flourish. We continue to get vital support from our other sponsors including Metaswitch, Oasis, The Jack Petchey Foundation, LBE, and many others.

Thanks also to the great support from Michelle Kyprianou who administers our accounts and writes the minutes of Trust meetings and Josie Atkinson who has taken over managing our database as well as her other work. Patrick Gray from the RSA Trust office continues to help and support the youth team and is instrumental in working with enact to bring to life the history of the local area.

My final words are to not only thank once more the team, advisors to the board and Trustees for their hard work, but also to thank the RSA Trust, who have supported us since 2003 and in that time have given well over £1million to support the work of enact.



Gary Walker, EIYCT Chairman





Our Board of Trustees as at November 2023 is as follows:

Gary Walker: Chairman – since 2003

Doreen Willis: Trustee – since 2014

Graham Jimpson: Trustee – since 2017

Rebecca Sycamore - since 2023

Plus board members

Sam Ellis: Advisor representing Oasis Hub Hadley and Oasis Hub Enfield Lock

Rafique Ullah: Advisor representing London Borough Enfield Youth Service

Michelle Kyprianou: EIYCT Finance Administrator – since 2003

Trustees can be reached c/o Unit 12, Island Centre Way, RSA Island Centre, Enfield, EN3 6GS.

enact is the community brand name of 'Enfield Island Youth & Community Trust' EIYCT. EIYCT is a Registered Charity, Number 1109131.

EIYCT is a Company Limited by Guarantee, number 04754171

Charitable Objects: EIYCT is a charitable trust with the object of providing facilities for recreation or informal learning in the interests of individual development, social welfare and community cohesion.

We seek to '**encourage**', improving aspiration, self-esteem and confidence in individual potential. Participants '**engage**' in discovering and exploring new opportunities to decrease inequality and increase future life opportunity. We seek to increase a sense of community, to '**enjoy**' being included and treated equally. We '**enhance**' by improving active participation and volunteering, thereby strengthening support networks and improving interdependent community relationships. We therefore seek to '**become the very best versions of ourselves**'.





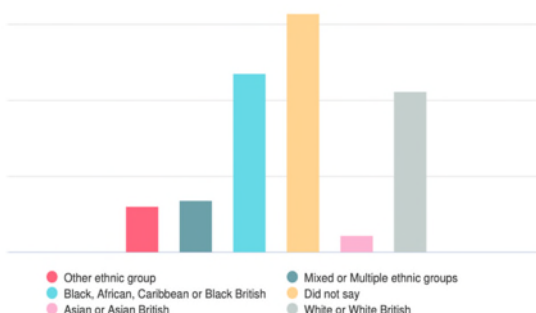
The community of Enfield Island Village and Enfield lock is made up of a wonderfully diverse group of individuals with different ethnicities, cultures, faiths and experiences. We recognise the importance and the value of diversity and people coming together so we can share and learn about each other and build friendships and networks, thus breaking down barriers and building a shared vision and a strong community. At enact we have provided age-appropriate groups, tailoring inclusive and non-judgmental sessions and activities which is led by the community. The aim has been to create a sense of belonging and collectively grow.

The Enfield Island Village and Enfield Lock community thrives on its rich diversity, embracing individuals from varied ethnicities, cultures, faiths, and backgrounds. We also understand that it is crucial to facilitate community cohesion. We appreciate the significance of this diversity, as it fosters opportunities for mutual learning, understanding, and the forging of meaningful connections. By uniting in a spirit of inclusivity through enact provisions we aim to cultivate friendships and networks that bring about a shared vision for a vibrant and cohesive community. Our commitment to providing a safe, welcoming, and non-judgmental environment focusing on personal and social development.

2022-2023 Demographics

From the 2021 Census we are made aware of the reality that is faced by those who live in Enfield. We know that our of the 21 wards of the borough that there are statistics that show that those who live in Enfield are worse compared to all London Boroughs. These include living standards, work, shared opportunity and housing.

- 31% child poverty rate
- 1.49 Income Deprivation (worse compared to all London Boroughs)
- 15.9% out of work benefits (worse compared to all London Boroughs)
- 20.6% Low Pay resident (worse compared to all London Boroughs)
- 67.5% GCSE attainment (worse compared to all London Boroughs)
- 3.53 Evictions – repossessions per 1000 households (worse compared to all London Boroughs)
- 24.86 Temporary Accommodation (worse compared to all London Boroughs)



Item	Count	Percentage
Did not say	157	34.43%
Black, African, Caribbean or Black British	118	25.88%
White or White British	106	23.25%
Mixed or Multiple ethnic groups	34	7.46%
Other ethnic group	30	6.58%
Asian or Asian British	11	2.41%

enact

Vision & Purpose

Engaging with the local community, actively listening to their concerns, and involving them in consultations, we've discerned pressing issues: Many families in this area find extracurricular activities financially prohibitive. Our interactions have illuminated the broader challenges stemming from the cost-of-living crisis, safety, mental health concerns relating directly to health and wellbeing. As experienced practitioners, we recognise the importance of providing activities to respond to these needs whilst fostering familial bonds, facilitating growth, instilling confidence and nurturing aspirations.

Snapshot of Instagram and projects:



It is with thanks to those who have supported enact. We must thank our funders and Partners including The National Lottery (last 6 months of the reaching communities grant), Jack Petchey, Edmonton Eagles, 4-22 Foundation, the RSA Trust and Enfield Voluntary Action, Enfield Council, NHS, Lee Valley, River Canal Trust to name a few, who have enabled us to reach more of the community and provide activities. Comment from a parent: 'It's great to see the teenagers picking up litter around the Village, really encouraging to know that we have a youth and community presence on the Island'.

What projects have we been able to deliver:

- Youth
- Children and families – Kids club, Allotment projects
- Half term projects including Family events and Community events
- Developing Volunteers and Training



enact Youth - For youth aged 10-19 years. Project Summary throughout 2022-2023

Enact youth is a safe place where young people can build positive relationships, learn something new without the fear of judgement, feel safe and be around with peers. Young people are supported by trained JNC and level 2 youth workers and adult volunteers.

As a charity we aim to maintain our Open Access youth provision, where we can create safe spaces and explore what issues young people truly faced with all our youth work being youth led and when applying for funding we ensure it meets the needs of the community. We are in the heart of Enfield Island Village and understand the difficulties faced by young people and their families as we build relationships with them all.

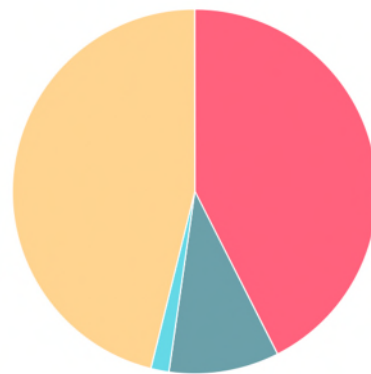
We are able to identify the needs of young people via outreach, engagement from Instagram, learning from other charities and organisations, collaborating with others and developing our projects by having community consultation and evaluating our projects.

The focus:

- Developing senior young leaders who would help support in junior youth projects.
- Developing our partnerships with other agencies such as collaborating with other youth clubs – Prospex (a multi award winning youth charity).
- Life skills such as preparing food.
- Building resilience with sports and fitness
- Focusing on projects to directly promote a positive mental health
- Respect and having a safe place to grow and learn new skills.



Aggregate attendance by project:



● Children & Families
 ● Youth
 ● School Holidays/Breaks
 ● Volunteer Projects/Training

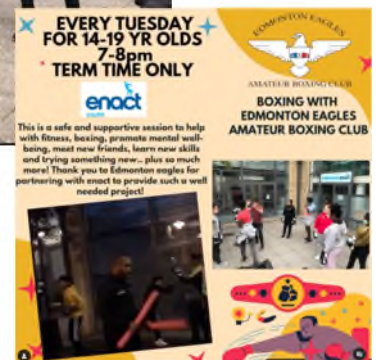


Item	Count
Youth	1811
Children & Families	1670
School Holidays/Breaks	383
Volunteer Projects/Training	63

Partnership Work

Edmonton Eagles – Boxing Coaching

This partnership has been key to health and fitness activities at enact. We have Dom from Edmonton Eagles who runs group work sessions at enact every Tuesday term time. Dom has been integral to active project delivery and we continue to see young people thrive in these sessions contributing to better physical and mental health. We now have a leaderboard which incentivizes young people to participant, where each week they can see their progression. We have awarded a young person who left to go to university a laptop which was funded by Metaswitch and another running trainers from the Nike store.



Other youth Partners:



Department
for Education

ENFIELD
Council



LV Lee
Valley
For nature, sport and discovery



Made possible with
**Heritage
Fund**



The Enfield Society
conserving our heritage and environment



LOTTERY FUNDED

Supported using public funding by
**ARTS COUNCIL
ENGLAND**



enact Kids Club Project Summary 2022-2023

Kids Club is the name of our work with children aged 0-11



0-5 year olds

The Reaching Communities Fund enabled the team to develop our stay and play group to bring more play and learning activities that had a focus on 0-5s development, school readiness and information and support for parents. Being able to rent a larger venue and bring in equipment that promotes the five main areas of child development has meant that locally we have stood out as a provision that provides excellent support and opportunities for local families. We know this through the number

of families which have been signposted to us via professionals and children and family practitioners for example, Social Work Teams, Health visitors and Enfield Children's Disabled Service.

Enact has been a place where local foster carers can bring their parent and child placements, thus acting as a safe and supportive place where professional/statutory assessments can be carried out. We have facilitated families who are going through the adoptive process by providing an opportunity to see their perspective children in a social play and learning environment.



7 – 11 year olds

Kids Club meet Thursday after school. Kids Club is about fun, a relaxed social space, an opportunity to learn new skills and try new crafts and games. Each session teaches our six club values, Honesty, Respect, Positive to learning, Positive to Others, Self-confidence, Celebrates Success.

Children improve social confidence and resilience, they have increased opportunity to try new experiences and build positive social support networks. In addition, we expect parents and families to gain 'non-statutory' support, advocacy and advice, to build social support networks and develop greater resilience.

At kids club we were able to provide opportunities for children to join football and multisport clubs which meant we were able to reach even more children that were not yet accessing any of the children and family provisions. Within these clubs, children were not only taught new skills and games, but there was a focus on building friendships, confidence and self-esteem and once children had finished their term at the club they were then invited to join the kids club and continue their journey of being part of a community group. Due to funding and the funding coming to a close, we had to shut one project night and run two fortnightly sessions on Thursdays. We want to continue to run these sessions but understand funding restrictions.

Partners and Funders

Long Term Funding Partners

Our thanks to all our partners who help us deliver projects and activities, to our long term and project grant funders, and to the businesses and groups who have donated grants.

Partners helping us deliver activities and provision

Our long-term core funder the RSA Trust is the charitable arm of the RSA Island Centre. All profit from the business park is transferred to the RSA Trust for distribution to good causes across Enfield and the wider area.

They fund projects ranging from enact's community work, to supporting a local hospice, to supporting local people to start their own business and a local boxing charity who provide activities at enact youth provisions.



Metaswitch is the world's leading cloud native communications software company. Metaswitch provides enact with a crucial 'discretionary fund' to offer support to local people in times of crisis. This during covid 19 has proved to be a huge help to the community providing items such as printers & laptops supporting home-schooling and wellbeing items to look after the communities mental health.

Established in 1999, the Jack Petchey Foundation makes grants to programmes and projects that benefit young people aged 11-25.

Enact has run their flagship Achievement Award Scheme for several years. This scheme recognises outstanding young people throughout London and Essex.



Funding and Project Partners

The National Lottery Community Fund has funded children and families work since 2019 and will continue to fund this work until December 2023.



'The Reaching Communities' Project has enabled a varied number of activities to run consistently for age groups 0-11 years, plus family groups. These projects are rich and diverse and offer local children and families the opportunity to get involved in fun, safe and supportive activities, that bring informal learning and create wonderful lasting memories. This project seeks to be led by the community through building on from what the community say they would like and what they feel is needed plays a key role in the development of programmes and activities for children and families.

Integrated Pest Management Ltd tackle all types of pest problems and have established an excellent reputation for providing a professional and comprehensive service.



INTEGRATED PEST MANAGEMENT LTD

IPM has previously donated towards our Enact Community Awards Sponsors and supports our staff training.

Enfield Voluntary Action is known as EVA. They help people & groups access knowledge, skills & resources to make a difference in our Borough. We have membership with EVA, tap into training, tap into new funding opportunities and also get to speak with other agencies and charities in the borough of Enfield.

We received a grant programmes in February 2020 relating Tackling Poverty & Inequality in Enfield. This grant has helped us provide families and youth with laptops and training to help bridge the digital divide which we know many families and youth are facing.



Registered number
04754171

Charity Number
1109131

The Enfield Island Youth and Community Trust

Report and Unaudited Accounts

31 March 2023

The Enfield Island Youth and Community Trust
Registered number: 04754171
Directors' Report

The directors present their report and accounts for the year ended 31 March 2023.

Principal activities

The company's principal activity during the year continued to be the provision of youth facilities for young people living on the Enfield Island Village site.

Directors

The following persons served as directors during the year:

G. Jimpson
G. Stubberfield
G. Walker
D. Willis

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 8 November 2023 and signed on its behalf.

A handwritten signature in black ink, appearing to read 'G. Walker', with a long horizontal flourish extending to the right.

G. Walker
Director

The Enfield Island Youth and Community Trust

Independent examiner's report

Independent examiner's report to the Trustees on the unaudited accounts of The Enfield Island Youth and Community Trust

I report on the accounts of the company for the year ended 31 March 2023, which are set out on pages 1 to 8.

Respective responsibilities of the trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income was above £250,000 in 2022 and below £250,000 in 2023 but total gross assets were below £3.26m. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement


In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the Charities Statement of Recommended Practice (FRS102):

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'Alan C Ray', with a long horizontal stroke extending to the right.

Alan C Ray FCA
FSP (UK) Limited
Chartered Accountants

87 Firs Park Avenue
Winchmore Hill
London
N21 2PU

8 November 2023

The Enfield Island Youth and Community Trust
Profit and Loss Account
for the year ended 31 March 2023

	Notes	2023 £	2022 £
Income		245,158	295,681
Administrative expenses		(249,939)	(273,655)
Other operating income		-	266
Operating (deficit)/surplus		<u>(4,781)</u>	<u>22,292</u>
(Deficit)/surplus for the financial year		<u>(4,781)</u>	<u>22,292</u>

The Enfield Island Youth and Community Trust
Balance Sheet
as at 31 March 2023

	Notes	2023 £	2022 £
Current assets			
Debtors	2	8,873	9,272
Cash at bank and in hand		145,027	183,055
		<u>153,900</u>	<u>192,327</u>
Creditors: amounts falling due within one year	3	(49,315)	(82,961)
Net current assets		<u>104,585</u>	<u>109,366</u>
Net assets		<u>104,585</u>	<u>109,366</u>
Unrestricted funds			
Designated funds	5	94,245	99,026
General funds	5	10,340	10,340
Total Funds		<u>104,585</u>	<u>109,366</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The income and expenditure account has not been delivered to the Registrar of Companies.



G. Walker
Director

Approved by the board on 8 November 2023

The Enfield Island Youth and Community Trust
Notes to the Accounts
for the year ended 31 March 2023

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Charities SORP (FRS 102).

Turnover

Turnover represents grants and donations receivable.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery 25% reducing balance basis

2 Debtors	2023 £	2022 £
Trade debtors	<u>8,873</u>	<u>9,272</u>

3 Creditors: amounts falling due within one year	2023 £	2022 £
Trade creditors	9,565	14,567
Deferred Income	29,500	58,000
Other creditors & accruals	<u>10,250</u>	<u>10,394</u>
	<u>49,315</u>	<u>82,961</u>

4 Share Capital

The company is limited by guarantee and does not have a share capital.

5 Movement in Funds	At 1 April 2022 £	Incoming Resources £	Outgoing Resources £	At 31 March 2023 £
Restricted funds				
National Lottery Community Fund	-	18,500	18,500	-
Total restricted funds	<u>-</u>	<u>18,500</u>	<u>18,500</u>	<u>-</u>
Unrestricted funds				
Designated funds	99,026	226,658	231,439	94,245
General funds	<u>10,340</u>	<u>-</u>	<u>-</u>	<u>10,340</u>
Total unrestricted funds	<u>109,366</u>	<u>226,658</u>	<u>231,439</u>	<u>104,585</u>
Total funds	<u>109,366</u>	<u>245,158</u>	<u>249,939</u>	<u>104,585</u>

The Enfield Island Youth and Community Trust
Notes to the Accounts
for the year ended 31 March 2023

Notes:

1. During the year the Trust released £18,500 restricted income from the National Lottery Community Fund (NLCF) deferred in the prior year due to Covid 19 disrupting the delivery of projects. These funds were expended in the year to 31 March 2023 as restricted expenditure.
2. During the year the Trust received £Nil (2022:£266) in government grants relating to the Coronavirus Job Retention Scheme.

The Enfield Island Youth and Community Trust
Profit and Loss Account
for the year ended 31 March 2023

	2023 £	2022 £
Income	245,158	295,681
Administrative expenses	(249,939)	(273,655)
Other operating income	-	266
Operating (deficit)/surplus	<u>(4,781)</u>	<u>22,292</u>
(Deficit for the year)/surplus for the year before tax	<u>(4,781)</u>	<u>22,292</u>

The Enfield Island Youth and Community Trust
Schedule to the Profit and Loss Account
for the year ended 31 March 2023

	2023 £	2022 £
Income		
Grants & Donations	<u>245,158</u>	<u>295,681</u>
Administrative expenses		
General administrative expenses:		
Accountancy fees	1,680	1,680
Sundry expenses	<u>468</u>	<u>33</u>
	2,148	1,713
Operational expenses:		
Youth programs	182,054	117,494
Youth club expenses	61,612	150,848
Management fees	<u>4,125</u>	<u>3,600</u>
	247,791	271,942
	<u>249,939</u>	<u>273,655</u>
Other operating income		
Other operating income	<u>-</u>	<u>266</u>