

**Charity Registration No: 1109083**  
**Company Registration No: 5320369 (England & Wales)**



**LEWISHAM SPEAKING UP**

**TRUSTEES' REPORT AND UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2023**

# **LEWISHAM SPEAKING UP**

## **Legal and Administrative Information**

### **Status**

The organisation is a charitable company limited by guarantee, incorporated on 23 December 2004 and registered as a charity on 18 April 2005.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles members of the committee are elected at the Annual General Meeting and are subject to ratification at each Annual General Meeting.

### **Directors/Trustees**

The Directors/Trustees in office during the period and at the date of this report:

Michelle Stanistreet (Chair)  
Hannah Raven (Co-chair)  
Sean Phillippo (Treasurer)  
Mark Anderson (Trustee)  
Robert Garlinge (Trustee)  
Zelda McCollum (Trustee)  
Meriel Hodgson-Teall (Trustee)  
Imthiaz Rehman (Trustee)

### **Secretary**

Ashley Thomas

### **Director**

Martin Stitchman

### **Organisational Structure**

Lewisham Speaking Up is governed by a Board of Trustees who are voted in at the AGM. Three of our Trustees are people with a learning disability. The Board is led by a Chair and a Co-chair, who is somebody with a learning disability. We pride ourselves on having a diverse Board with varying skills including finance, media and communications, legal, advocacy, and experiences including learning disability, volunteering, and being a parent of a person with a learning disability. We currently have two sub-committees which make recommendations to the Board. These are Finance & Funding and Policies.

### **Registered Office and Principal Address**

Room F1  
The Leemore Centre  
29-39 Clarendon Rise  
Lewisham  
London SE13 5ES

## **LEWISHAM SPEAKING UP**

### **Legal and Administrative Information**

#### **Independent Examiner**

Andrew Thurburn  
Andrew Thurburn & Co.  
Chartered Accountants  
38 Tamworth Road  
Croydon  
Surrey CR0 1XU

#### **Bankers**

The Cooperative Bank, PO Box 250, Delf House, Southway, Skelmersdale WN8 6WT

# LEWISHAM SPEAKING UP

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## **LEWISHAM SPEAKING UP DIRECTORS'/TRUSTEES' REPORT YEAR ENDED 31 MARCH 2023**

The Directors/Trustees present their report with the financial statements of the company for the year ended 31 March 2023, having had regard to relevant SORP requirements. When preparing this report, the Trustees have also referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing and reporting on the charity's delivery of aims and objectives. In particular, the Trustees have considered how planned activities will contribute to meeting stated aims and objectives.

### **WHAT LEWISHAM SPEAKING UP DOES**

#### **Objectives and activities that are for public benefit**

The company is a charity that works to support and provide advocacy services to people with learning disabilities, particularly in the south east London Borough of Lewisham. Our charitable objectives are:

- (a) to relieve and support people disadvantaged by learning disability, difficulty or special need through advocacy services which promote their rights and entitlements as equal citizens;
- (b) to advance and promote education of all people with learning disabilities through group work, training and other relevant advocacy practice;
- (c) to advance the education of the public about the educational, physical, emotional and psychological needs of people with learning disabilities.

### **REVIEW OF THE YEAR'S ACTIVITY AND RESULTS**

This report is about our activities and outcomes for the people we support and who participated in our activities during the twelve months from April 2022 to March 2023.

Although we have continued to champion the voice of people with learning disabilities in Lewisham, this was a difficult year for the charity, particularly in the final quarter. We lost out on some important funding bids, including a large bid with the Big Lottery Fund, which meant we had to cease some of our projects. Our long standing Chief Executive left the organisation and we planned an office move to save money. A new Interim Director was appointed internally to ensure continuity. We were grateful to Lewisham Council for not only continuing to fund us, but also for providing us with new office space. The beginning of the year saw lingering effects from the pandemic and the effects of the cost of living crisis also affected us as a charity and more so, our beneficiaries.

Despite this, we continued to provide a much valued service and develop robust plans for the future. Over the course of the year we ran a range of 174 different groups and activities, recording 1951 attendances by people with learning disabilities. Our 1-2-1 advocacy services worked with 159 individual referrals and our financial advocate secured £24,827 in annual benefits for individuals plus £17,000 in back payments.

#### **Self-Advocacy**

As the worst effects of the Covid pandemic receded, we returned to running the majority of our activities face to face. Two People's Parliaments were held, including an Employment Parliament and an Impact Parliament in June, as we neared the end of our 3 year Big Lottery funding period. After finding out that we had not secured funding for the future of the People's Parliament, we launched a crowd funding appeal to save the project. This raised over £4000 from public donations and led us into discussions which helped us gain more funding from our local NHS partners. Our work with the Lewisham Disabled People's Commission came to fruition with the presentation of the Commission's report to Lewisham Council in March 2023.



## **LEWISHAM SPEAKING UP DIRECTORS'/TRUSTEES' REPORT YEAR ENDED 31 MARCH 2023**

Our successful weekly Zoom meetings continued. Started during the pandemic, we plan to continue these groups indefinitely as they suit some people who aren't keen on face-to-face meetings.

Our Bigger Voices project, funded by Awards for All, continued. 12 women and 11 men attended regular gender-specific speaking up sessions. Members reported feeling better able to speak up in a smaller group with people of their own gender group. Funding for this group ended in March 2023, with good prospects for new funding in 2023/24.

In January, we also piloted a new weekly face-to-face drop-in group, which has been a success with our beneficiaries.

### **1-2-1 Advocacy**

Providing one to one case based advocacy support is a key part of our service and in this period we provided three types of 1-2-1 advocacy for 159 referrals:

- Community (non-statutory) Advocacy
- Financial Advocacy
- Parent's Advocacy

Unfortunately, we had to stop our parent's advocacy service in January 2023 as funding ended. This had been a successful one-year pilot and we will seek to fund this kind of advocacy in the future.

### **Health Ambassadors Programme**

The South East London Health Ambassadors programme, funded by SELICS, ran until January 2023 and was a success overall, despite some initial start-up problems. This was a joint programme between Lewisham Speaking Up, Advocacy in Greenwich and Advocacy for All and covered all six South East London boroughs. The project ran several awareness-raising events, not least the Big Health Week in November 2022, with various sessions drawing in several hundred attendances by people with learning disabilities.

### **Hate Crime Training**

Funding for our Hate Crime Training Project came to an end in June 2022. In the last period of work, training was delivered to 22 people with learning disabilities and 79 frontline staff, most of whom were new police recruits. We would like to re-start this work when possible and continue to look for opportunities to apply for further funding. Our thanks to all of the staff who worked on this project and trained hundreds of people over the six years that it ran.

### **Partnerships**

We pride ourselves on working well with others who share similar missions to ours, and who want to improve the lives of people with learning disabilities and autism.

We continued our partnership with Lewisham Local, supporting the 'Building People Changing Lives' project. This is a work experience placement initiative for people with learning disabilities, funded by the Lewisham Neighbourhood Community Infrastructure Levy (NCIL) fund. As well as referring people to the project, we also provided advice and guidance to the project lead and they were based at our office for one day a week.



## **LEWISHAM SPEAKING UP DIRECTORS'/TRUSTEES' REPORT YEAR ENDED 31 MARCH 2023**

We successfully worked in partnership with Advocacy in Greenwich and Advocacy for All in delivering the six borough South East London Health Ambassadors programme. Whilst that project has ended, we hope the joint working relationship we have developed will lead to new opportunities in the future.

### **RESULTS**

The total incoming resources for the year amounted to £183,798 with an expenditure of £269,685. The Trustees approved the Chief Executive to continue services, while seeking broader sources of funding. The Trustees agreed to spend some of the charity's reserves to wind up existing projects that had lost funding, to ensure continuity of service and to enable the charity to move to a new office base.

The charity operates for the public benefit by:

- providing self-advocacy groups and larger events for people with learning disabilities based at the Deptford Albany and other venues; supporting self-advocates to participate in meetings and events, local, regional and national; providing specialised training and support for people with learning disabilities that supports their full participation in society and their ability to raise awareness of issues that affect them amongst the wider community;
- 1-2-1 advocacy support which includes a specialist financial inclusion 1-2-1 advocacy service. Advocacy is both short and long term and is in response to issues, problems or changes with services, in particular where independence from service provider conflict is critical.

### **FUTURE STRATEGY**

The Board of Trustees remains committed to taking Lewisham Speaking Up forward in line with its objectives, as a grassroots advocacy charity, rooted in direct engagement with people with learning disabilities. People with learning disabilities in Lewisham are the core focus of our work and we continue to strive to tackle discrimination, enable access to services and promote their voice to decision makers – both collectively and as individuals.

Our local knowledge and reputation with Lewisham-based stakeholders is a significant strength, as is our cooperation with the London Borough of Lewisham. This collaborative approach contributes to our sustainability and enables us to better meet our objectives. We have recognised challenges in the funding environment – now exacerbated by the cost of living crisis. We recognise that competition for grant funding is fiercer than ever and we know we must find ways to diversify our funding. We continue to build on our Local Authority grant with additional funding and by being alert to new opportunities, to ensure that we are able to carry on building our work on a sustainable foundation. We therefore remain optimistic despite the challenging environment.

It continues to be clear our beneficiaries value Lewisham Speaking Up and have benefited from better self-esteem, a greater ability to articulate their needs to service providers and improved choices through our support. The national policy environment has further increased the need for independent advocacy for people with learning disabilities and the support we offer is thus even more critical for their wellbeing.

When considering future strategy, Trustees will take careful account of how to meet ongoing challenges with continued emphasis upon delivering high quality advocacy provision for our beneficiaries. It is important that the charity continues to apply for grant funding whilst seeking opportunities to diversify its income, such as charging for services where possible and seeking both public and corporate donations.

**LEWISHAM SPEAKING UP  
DIRECTORS'/TRUSTEES' REPORT  
YEAR ENDED 31 MARCH 2023**

**RESERVES POLICY**

**Free Reserves**

The Directors/Trustees want to make sure the money that Lewisham Speaking Up receives is used to help us to do what we set out to do. They want to make sure our money does not just sit in the bank and that it helps us achieve our aims. However, they think Lewisham Speaking Up needs to have some money in reserve in case something unexpected happens. The increasingly difficult financial climate makes a sudden reduction in our funding more likely.

For these reasons, Lewisham Speaking Up needs money in reserve that will give us time to plan, find more money, or change things. The Directors/Trustees think Lewisham Speaking Up also needs enough money in reserve to make sure they can carry out their responsibilities as a good employer. They think that the amount of money needed in reserve should be enough to cover six months' core running costs, which are the essential costs required to fulfil Lewisham Speaking Up's core charitable activity. This does not include the costs of additional projects that attract their own funding.

As at 31 March 2023, our free reserves level is £58,707 (excluding designated funds). Our target for next year's reserves is £48,000 (3 months running costs).

**RISK REVIEW**

The Directors/Trustees continue to be of the view discontinuation or reduction in grant funding is the main risk to our activity and are pleased with the steps we have taken to diversify our funding base over the past twelve months.

Notwithstanding the above, we continue to believe that a local grant is vital to core stability and we remain of the view that grants better sustain local beneficiary-led groups such as ours.

We believe that the benefits and added value that beneficiary-led and locally-rooted groups bring should be attractive to funders. We believe this is recognised by Lewisham who acknowledge this by sustaining a grant programme despite having to make cuts. During the year, the Directors/Trustees are led by a robust fundraising strategy and priorities to sustain and develop the work of Lewisham Speaking Up. The Board continues its finance and funding sub-committee to give better scrutiny and management of the charity's finances.

Internal policies (including financial) are in place to minimise risk and ensure service and operational quality for the charitable company.



**LEWISHAM SPEAKING UP  
DIRECTORS'/TRUSTEES' REPORT  
YEAR ENDED 31 MARCH 2023**

**MEMBERS OF THE BOARD OF TRUSTEES**

Members of the Board of Trustees, who are Directors for the purposes of company law and Trustees for the purpose of charity law, who served during the year up to the date of this report, are set out at the front of this report.

Members of the charitable company guarantee to contribute an amount not exceeding £10 to the assets of the charitable company in the event of winding up. The total number of such guarantees at 31 March 2023 was 9.

**STATEMENT OF DIRECTORS'/TRUSTEES' RESPONSIBILITIES**

Company law requires the Directors/Trustees to prepare annual accounts which give a true and fair view of the state of the company's affairs and of the surplus or deficit of the company for that period.

In preparing the company's accounts, Directors/Trustees are required to:

- consistently apply suitable accounting policies and make judgements and estimates that are reasonable and prudent;
- prepare the accounts on a going concern basis unless it is appropriate to presume that the company will not continue to carry on its business.

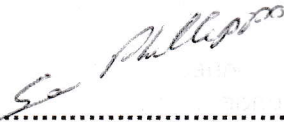
The Directors/Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any particular time the financial position of the company. They are also responsible for safeguarding the assets of the company and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to Small Companies.

The accounts were approved by the Board on 26<sup>th</sup> September 2023



.....  
**Michelle Stanistreet**  
**Co-Chair**



.....  
**Sean Phillippo**  
**Treasurer**

## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF LEWISHAM SPEAKING UP**

### **Independent examiner's report to the trustees of Lewisham Speaking Up**

I report to the charity trustees on my examination of the accounts of Lewisham Speaking Up (the Charitable Company) for the year ended 31 March 2023.

### **Responsibilities and basis of report**

As the trustees of the Charitable Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's accounts carried out under section 145 of the Charities Act 2011 and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

Since the Company's gross income exceeded £250,000 (in the previous year) your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Charity as required by section 386 of the Companies Act 2006; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the applicable requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or the accounts have not been prepared in accordance with the Charities SORP (FRS 102).
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland – FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

Andrew Thurnburn FCA  
Andrew Thurnburn & Co.  
Chartered Accountants  
38 Tamworth Road  
Croydon  
Surrey CR0 1XU

26<sup>th</sup> September 2023

**LEWISHAM SPEAKING UP  
STATEMENT OF FINANCIAL ACTIVITIES  
INCLUDING INCOME AND EXPENDITURE ACCOUNT  
FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
<b>INCOMING RESOURCES</b>					
Income in furtherance of the charity's activities					
Voluntary income	2	61,038	117,370	178,408	323,913
Investment income		-	-	-	-
Incoming resources from charitable activities:					
Fees from charitable activities	3	5,270	120	5,390	3,042
<b>Total incoming resources</b>		<u>66,308</u>	<u>117,490</u>	<u>183,798</u>	<u>326,955</u>
<b>RESOURCES EXPENDED</b>					
Charitable expenditure:					
Activity costs		109,146	153,760	262,906	308,147
Fundraising costs		4,640	-	4,640	3,200
Governance costs		2,139	-	2,139	3,234
<b>Total resources expended</b>	4	<u>115,925</u>	<u>153,760</u>	<u>269,685</u>	<u>314,581</u>
<b>NET (EXPENDITURE)/INCOME FOR THE YEAR</b>		(49,617)	(36,270)	(85,887)	12,374
Transfers between funds		-	-	-	-
<b>NET MOVEMENT IN FUNDS</b>		(49,617)	(36,270)	(85,887)	12,374
Fund balances at 1 April 2022		<u>108,324</u>	<u>48,115</u>	<u>156,439</u>	<u>144,065</u>
<b>FUND BALANCES AT 31 MARCH 2023</b>	10	<u><u>58,707</u></u>	<u><u>11,845</u></u>	<u><u>70,552</u></u>	<u><u>156,439</u></u>

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.



**LEWISHAM SPEAKING UP  
BALANCE SHEET  
AS AT 31 MARCH 2023**

	Notes	2023 £	2022 £
<b>FIXED ASSETS</b>			
Tangible assets	7	-	-
<b>CURRENT ASSETS</b>			
Cash at bank and in hand		81,215	197,863
Debtors (due within one year)		1,225	23,802
		<u>82,440</u>	<u>221,665</u>
<b>CREDITORS: Amounts falling due within one year</b>	8	<u>(5,888)</u>	<u>(20,524)</u>
<b>NET CURRENT ASSETS</b>		76,552	201,141
Deferred Income		<u>(6,000)</u>	<u>(44,702)</u>
<b>NET ASSETS</b>		<u>70,552</u>	<u>156,439</u>
<b>FUNDS</b>			
Restricted funds	10	11,845	48,115
Unrestricted general funds	10	58,707	95,806
Unrestricted designated funds	11	-	12,518
		<u>58,707</u>	<u>108,324</u>
		<u>70,552</u>	<u>156,439</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

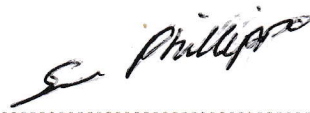
The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for:

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to Small Companies.

The accounts were approved by the Board on 26<sup>th</sup> September 2023

  
.....  
**Sean Phillippo**  
Treasurer



**LEWISHAM SPEAKING UP  
NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2023**

## **1. ACCOUNTING POLICIES**

### **1.1 Basis of preparation**

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

### **1.2 Tangible fixed assets and depreciation**

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Plant and machinery	33% on cost
Fixtures, fittings and equipment	33% on cost

### **1.3 Fund accounting**

Funds held by the charity are either:

- Unrestricted general funds, which can be used in accordance with charitable objects at the discretion of the trustees, and unrestricted designated funds which are unrestricted funds set aside by the trustees for particular purposes; or
- Restricted funds, which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

## **2. VOLUNTARY INCOME**

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
LB Lewisham Grants	45,000	-	45,000	66,100
LB Lewisham LD Commissioning	-	20,000	20,000	22,000
Awards for All (Women & Men Group)	-	-	-	10,000
City Bridge Trust (Hate Crime Project)	-	-	-	8,738
National Lottery (Hate Crime Project)	-	8,313	8,313	33,252
Henry Smith Charity (Finance Advocacy)	-	34,800	34,800	32,200
SEL CCG (Health Ambassador)	-	20,522	20,522	14,569
National Lottery (One to One Advocacy)	-	8,612	8,612	34,448
National Lottery (Core Costs)	-	11,264	11,264	45,054
Learning Disability England	10,500	-	10,500	3,300
National Lottery (Self Advocacy)	-	9,652	9,652	-
National Lottery (People's Parliament)	-	-	-	37,252
NHS Lewisham (Health Ambassador)	-	-	-	17,000
Donations	5,538	4,207	9,745	-
	<u>61,038</u>	<u>117,370</u>	<u>178,408</u>	<u>323,913</u>

**LEWISHAM SPEAKING UP  
NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2023 (Contd)**

<b>3. FEES FROM CHARITABLE ACTIVITIES</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2023 £</b>	<b>Total 2022 £</b>
Workshops	-	-	-	765
Commissioning	-	-	-	1,303
Advisory Work	5,270	120	5,390	974
	<u>5,270</u>	<u>120</u>	<u>5,390</u>	<u>3,042</u>

<b>4. TOTAL RESOURCES EXPENDED</b>	<b>Fund- raising £</b>	<b>Charitable Activity £</b>	<b>Support Costs £</b>	<b>Govern- ance £</b>	<b>Total 2023 £</b>	<b>Total 2022 £</b>
Expenditure:						
Salaries, NI & Pensions	-	195,462	29,343	-	224,805	250,587
Freelance Workers	-	-	-	-	-	150
Other Staff Support Costs	-	-	2,943	-	2,943	6,499
Governance	-	-	-	2,139	2,139	3,234
Direct Advocacy Support & Group Costs	-	9,801	-	-	9,801	15,705
Marketing	-	228	-	-	228	8,489
Administration & Overheads	-	-	9,922	-	9,922	9,961
Fundraising	4,640	-	-	-	4,640	3,200
Rent	-	-	15,207	-	15,207	16,756
Sub-Total	<u>4,640</u>	<u>205,491</u>	<u>57,415</u>	<u>2,139</u>	<u>269,685</u>	<u>314,581</u>
Re-allocation of Support Costs	-	57,415	(57,415)	-	-	-
<b>TOTAL</b>	<u>£ 4,640</u>	<u>£262,906</u>	<u>£ -</u>	<u>£2,139</u>	<u>£269,685</u>	<u>£314,581</u>

**5. TRUSTEES**

None of the Trustees (or any persons connected with them) received any remuneration or expenses for their services as Trustees during the year or the previous year.

**6. EMPLOYEES**

**Number of employees** **2023** **2022**

The average monthly number of employees (full-time equivalents) during the year was:

Administration and Charitable Activities 6 7

<b>Employment costs</b>	<b>2023 £</b>	<b>2022 £</b>
Wages and salaries	206,288	227,879
Social security costs	10,918	14,577
Pension costs	7,599	8,131
	<u>224,805</u>	<u>250,587</u>

No employee earned more than £60,000 per annum.

**LEWISHAM SPEAKING UP  
NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2023  
(Contd)**

**7. TANGIBLE FIXED ASSETS**

	Plant and Machinery £	Fixtures, Fittings & Equipment £	Total £
<b>Cost</b>			
At 1 April 2022	-	1,852	1,852
Additions	-	-	-
Disposals	-	-	-
<b>At 31 March 2023</b>	<b>-</b>	<b>1,852</b>	<b>1,852</b>
<b>Depreciation</b>			
At 1 April 2022	-	1,852	1,852
Charge for the year	-	-	-
On Disposals	-	-	-
<b>At 31 March 2023</b>	<b>-</b>	<b>1,852</b>	<b>1,852</b>
<b>Net book value</b>			
At 31 March 2022 and 31 March 2023	-	-	-

**8. CREDITORS: Amounts falling due within one year**

	2023 £	2022 £
Accruals	5,888	20,524

**9. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Fund balances at 31 March 2022:				
Current assets	64,595	17,845	82,440	221,665
Creditors: amounts falling due within one year	(5,888)	(-)	(5,888)	(20,524)
Deferred Income	(-)	(6,000)	(6,000)	(44,702)
	<b>58,707</b>	<b>11,845</b>	<b>70,552</b>	<b>156,439</b>

**10. RESTRICTED AND UNRESTRICTED FUNDS**

	Total 2023 £	Unrestricted Funds £	Restricted Funds £	Advocacy Manage- ment £	Core Costs £	People's Parliament £	Hate Crime Training £	One to One Advocacy £	Health Ambassa- dor £	Women & Men Group £	Finance Advocacy £
Opening Balance	156,439	108,324	48,115	-	-	5,758	3,828	9,618	13,308	7,115	8,488
Income – Grants	178,408	61,038	117,370	20,000	11,264	13,859	8,313	8,612	20,522	-	34,800
– Other	5,390	5,270	120	-	-	-	-	-	120	-	-
	<b>183,798</b>	<b>66,308</b>	<b>117,490</b>	<b>20,000</b>	<b>11,264</b>	<b>13,859</b>	<b>8,313</b>	<b>8,612</b>	<b>20,642</b>	<b>-</b>	<b>34,800</b>
Expenditure	269,685	115,925	153,760	20,000	11,264	18,601	12,141	18,230	29,256	7,115	37,153
Deficit for Year	(85,887)	(49,617)	(36,270)	-	-	(4,742)	(3,828)	(9,618)	(8,614)	(7,115)	(2,353)
Transfers Between Funds	-	-	-	-	-	-	-	-	-	-	-
Balances 31.03.23	<b>70,552</b>	<b>58,707</b>	<b>11,845</b>	<b>-</b>	<b>-</b>	<b>1,016</b>	<b>-</b>	<b>-</b>	<b>4,694</b>	<b>-</b>	<b>6,135</b>



**LEWISHAM SPEAKING UP  
NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2023  
(Contd)**

**11. UNRESTRICTED FUNDS**

	<b>Total</b>	<b>General Funds</b>	<b>Designated Funds</b>
Balance at 1.04.22	108,324	95,806	12,518
Net Movement in Funds	(49,617)	(40,200)	(9,417)
Transfer Between Funds	-	3,101	(3,101)
	<u>          </u>	<u>          </u>	<u>          </u>
Balances at 31.03.23	58,707	58,707	-
	<u>          </u>	<u>          </u>	<u>          </u>

**12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total £</b>
<b>INCOMING RESOURCES</b>			
Income in furtherance of the charity's activities:			
Voluntary income	69,400	254,513	323,913
Investment income	-	-	-
Incoming resources from charitable activities:			
Fees from charitable activities	1,647	1,395	3,042
	<u>71,047</u>	<u>255,908</u>	<u>326,955</u>
<b>RESOURCES EXPENDED</b>			
Charitable expenditure:			
Activity costs	76,586	231,561	308,147
Fundraising costs	3,200	-	3,200
Governance costs	3,234	-	3,234
<b>Total Resources Expended</b>	<u>83,020</u>	<u>231,561</u>	<u>314,581</u>
<b>NET INCOME FOR THE YEAR</b>	(11,973)	24,347	12,374
Transfers between funds	-	-	-
<b>NET MOVEMENT IN FUNDS</b>	(11,973)	24,347	12,374
Fund balances at 1 April 2021	120,297	23,768	144,065
<b>FUND BALANCES AT 31 MARCH 2022</b>	<u>108,324</u>	<u>48,115</u>	<u>156,439</u>