

REGISTERED COMPANY NUMBER: 05389416 (England and Wales)
REGISTERED CHARITY NUMBER: 1109021

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2024
for
Walsall Rehabilitation And Healthy
Living Trust**

Haines Watts
Sterling House
97 Lichfield Street
Tamworth
Staffordshire
B79 7QF

**Walsall Rehabilitation And Healthy
Living Trust**

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for the Year Ended 31 March 2024**

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**Walsall Rehabilitation And Healthy
Living Trust**

**Report of the Trustees
for the Year Ended 31 March 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Trustees' Responsibilities

The responsibilities of the Trustees are detailed on page 8.

Trustees will attend Charity Law updates to ensure that the Charity is compliant and have included a routine item on the agenda for Risk Management. A Risk Management policy and action plan has been drawn up.

The Charity Trustees therefore give on-going consideration to the major risks to which the charity is exposed and satisfy themselves that strategies, systems and procedures have been established in order to manage those risks.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the Charity are to relieve sickness and protect the health of persons suffering or at risk from diseases, complaints or hereditary conditions of the cardiovascular system, circulatory system and respiratory system or other long term conditions.

Significant activities

Development, Activities and Achievements

The Trust continues to be funded by the NHS Black Country ICB for new cardiac and pulmonary patient referrals.

All the initial interviews are undertaken by phone, following which patients are offered our Unit based programme (the most popular again) or if they are unable to attend they can be offered a home exercise and/or web based programme, coordinated by the Exercise Physiologist, or a nurse support programme, for those who are unable to exercise but want advice and support over 8 weeks where goals are set and agreed. Those on the home/web, or nurse support programmes are also offered the chance to move to the Unit based programme after a month if they change their mind or their circumstances change. Our tailor-made rehabilitation programmes therefore continue for all appropriate patients referred, with 100% of patients having a personalised care plan supported by professionally trained and experienced personnel. Staff ascertain and agree with the patient the best pathway, including relevant advice and/or Tai Chi.

STRATEGIC REPORT

Achievement and performance

Charitable activities

Cardiac Rehabilitation

The Trust has achieved the National Certification Programme for Cardiac Rehabilitation status for the sixth year in a row.

This year we have received 973 referrals (steady throughout the year) and a continued increase from last year and moving us towards pre-COVID numbers. We are recording when interviews should take place, a target of within 3 weeks, against when the interviews actually take place. At present we are hitting this target. Patients are then commencing on the exercise programme within a further 2 weeks.

The majority of referrals were received from New Cross Hospital (66%) with Walsall Manor Hospital 23% and GP 6%.

The majority of patients were white British with 15% ethnic minority patients. 69% of patients were male and 31% female, a similar split to previous years.

All patients who start the exercise programme are given a baseline assessment, 100%.

Statistics:

- 62% of those referred received clinical input
- 83% who received clinical input started an exercise programme
- 93% of those who received clinical input completed a programme (Nurse Support Programme, Unit exercise programme, home based/web programme). Where patients cannot get into the Unit patients are reassessed over the telephone using the baseline at interview/first assessment
- 88% of patients who commenced an exercise programme completed- Of those completing: 70% were on the Unit exercise programme, 15% hybrid programmes, 10% home/web programme and 5% nurse support programme

We continue to provide some short exercise sessions via our own website if patients can't access the Unit, including Tai Chi. 70% of patients have improved fitness and in addition, patients have improved their anxiety and depression (10%), blood pressure (10%), grip strength (40%), eating habits (14%) and lost weight (17%). These are recorded and reported to the ICB accordingly on a quarterly basis.

All patients completing are reassessed and are given a long-term maintenance plan and a letter sent to their GP communicating their outcomes.

Goal setting continues within all programmes with 96% of patients achieving all or part of the goals.

Of those patients who defaulted, 46% could not be contacted and 29% did not want any further input or were not interested. 15% of patients were either too poorly or waiting for further intervention. Patients who default at any stage of the rehabilitation programme will be contacted by phone or letter to ascertain the reasons and where possible accommodated at a later stage and a letter is sent to their GP advising them of the current situation.

Actions agreed to increase the service to all patients

- Patients who do not want to attend any of the exercise programmes, are encouraged to join the nurse support programme where they look at reducing their risk factors, increasing their physical activities and agree goals over the next few months. These patients will then receive a telephone reassessment based on initial baselines. They are also encouraged to change to the Unit programme if their circumstances change and they feel they are able to do so.
- Any patient who DNA's whilst on the course will receive a telephone reassessment
- All patients who return to work should be offered evening sessions (if suitable) or a home/web programme. At the least they should have agreed goals and a telephone reassessment- All patients unable to access the Unit due to transport should have a home programme or at least have agreed goals and a telephone reassessment

We are continually marketing our service to the Local GPs and are reviewing our patient support group to ensure we are offering a wide range of activities that patients need for their on-going progress.

**Walsall Rehabilitation And Healthy
Living Trust**

**Report of the Trustees
for the Year Ended 31 March 2024**

Pulmonary Rehabilitation

509 patients have been referred, this is a significant increase on last year. Of these 27% have been referred from GPs, 32% from Practice Nurses and 32% from the automatic referral pathway.

76% of referred patients had clinical input, the same as last year and of those 50% started an exercise rehabilitation programme and 27% received education only.

70% completed either the exercise programme or education only, the same as last year.

Clinical improvements include: improved fitness, weight loss, anxiety and depression scores, SATs, COPD Assessment Test scores, blood pressure and perception of their condition.

There are still a higher proportion of patients being referred within the older age range, however, we are continuing to receive referrals for patients in the age range 40-59 which is encouraging and will continue to promote this to GPs and Practice Nurses.

The staff continue to provide one-to-one education for patients.

27% of patients could not be contacted, were uninterested or were inappropriate
8% of patients were too ill to attend.

A new system is now being trialled to identify patients who are keen to attend or those who are not interested much quicker. Patients receive a text to see if they are interested. If they respond with 'yes' they will be interviewed as soon as possible but if they respond 'no' we can complete. For those who do not respond they will be put into the bring-forward system to be contacted at a later date.

The tai chi sessions are continuing to be well attended by all groups of patients. As previously stated there are still some short sessions on a website for patients to follow.

After care sessions continue for patients who have completed any of the above free courses and wish to continue exercising at Heart Care. These patients continue to be monitored by the Clinical Team to maintain their lifestyle and fitness.

Research and Audits

Heart Care has been involved in a number of research and audits this year and this is continuing into 2024/25.

Students

Heart Care is being used as a work based placement for Year 2 and 3 Physiotherapy students and we have also been approached by Birmingham, Loughborough and Wolverhampton Universities for student placements for Master degree students on one of the Exercise Physiology courses.

Health and Safety

All respiratory illnesses are now being treated in the same way.

**Walsall Rehabilitation And Healthy
Living Trust**

**Report of the Trustees
for the Year Ended 31 March 2024**

STRATEGIC REPORT

Financial review

Principal funding sources

The Trustees continue to be committed to raising additional funds and the Community Fund-raiser is now able to organise some fund-raising activities, however, she continues to apply for Trust funding as a main source of funding at the moment.

The cardiac and pulmonary rehabilitation contracts continue with the NHS Black Country ICB and targets reviewed on a quarterly basis. The contract has now been reviewed and it has been agreed that this will continue with a few positive adjustments from our point of view giving more stability to the Charity, with continual negotiations regarding increased finance to cover the NHS annual pay increases.

We are continuing to promote our service to GPs for all patients who may have long term conditions and would benefit from our service and are working with other professionals within the NHS such as cancer to promote our services to their patients as well.

Investment policy and objectives

Any investments or land belonging to the Trust, other than monies required for ordinary expenditure of the Trust, shall be vested with such concense as may be necessary in the official Custodian for Charities. The Trust Deed authorises the Trustees to make and hold investments using the general funds of the Charity.

Future plans

Heart Care continues to work closely with the Commissioners as well as the local public to promote all services.

The website continues to gain followers and by including more information through Facebook we feel that we are reaching more patients and the general public informing them of the work that we are doing and giving them support in regard to education and exercise. In addition the website helps with our fund-raising activities and also in regard to bid writing where potential Trusts can easily view our services.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Charity constitution

The Trust is incorporated as a Limited Company by Guarantee from March 2005.

Organisational structure

The activities of the Trust are governed by the Trustees, all of whom are Directors, and are administered by a committee consisting of the Trustees and a senior member of staff.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05389416 (England and Wales)

Registered Charity number

1109021

Registered office

12 Portland Street
Walsall
West Midlands
WS2 8AB

**Walsall Rehabilitation And Healthy
Living Trust**

**Report of the Trustees
for the Year Ended 31 March 2024**

Trustees

P Griffin Director NHS (retired)
M Walsh Director NHS (retired)
P B Burns Trustee
Dr C Kerbotson Flenley General Medical Practitioner
N Madhar Medical (appointed 21.1.24)

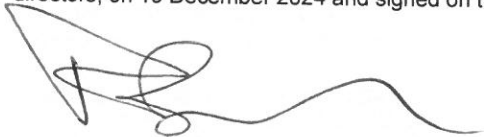
Company Secretary

Ms S M Ursell

Independent Examiner

Haines Watts
Sterling House
97 Lichfield Street
Tamworth
Staffordshire
B79 7QF

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 19 December 2024 and signed on the board's behalf by:

A handwritten signature in black ink, appearing to be 'P B Burns', with a long, wavy horizontal line extending to the right.

P B Burns - Trustee

**Independent Examiner's Report to the Trustees of
Walsall Rehabilitation And Healthy
Living Trust**

Independent examiner's report to the trustees of Walsall Rehabilitation And Healthy Living Trust ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Darren Barlow FCCA

Haines Watts
Sterling House
97 Lichfield Street
Tamworth
Staffordshire
B79 7QF

19 December 2024

**Walsall Rehabilitation And Healthy
Living Trust**

**Statement of Financial Activities
for the Year Ended 31 March 2024**

		2024 Unrestricted fund £	2023 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies	2	132,761	133,485
Charitable activities	5		
Rehabilitation Programmes		357,489	319,404
Aftercare Programmes		71,443	52,239
Other trading activities	3	1,142	900
Investment income	4	7,020	7,294
Total		<u>569,855</u>	<u>513,322</u>
EXPENDITURE ON			
Raising funds	6	24,849	23,456
Charitable activities	7		
Rehabilitation Programmes		335,874	318,077
Management and governance costs		225,083	172,421
Total		<u>585,806</u>	<u>513,954</u>
NET INCOME/(EXPENDITURE)		(15,951)	(632)
RECONCILIATION OF FUNDS			
Total funds brought forward		799,778	800,410
TOTAL FUNDS CARRIED FORWARD		<u><u>783,827</u></u>	<u><u>799,778</u></u>

The notes form part of these financial statements

**Walsall Rehabilitation And Healthy
Living Trust**

**Balance Sheet
31 March 2024**

		2024 Unrestricted fund £	2023 Total funds £
FIXED ASSETS	Notes		
Tangible assets	13	475,883	324,784
CURRENT ASSETS			
Prepayments and accrued income		2,525	7,299
Cash at bank and in hand		323,785	487,479
		<u>326,310</u>	<u>494,778</u>
CREDITORS			
Amounts falling due within one year	14	(18,366)	(19,784)
NET CURRENT ASSETS		<u>307,944</u>	<u>474,994</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>783,827</u>	<u>799,778</u>
NET ASSETS		<u>783,827</u>	<u>799,778</u>
FUNDS	15		
Unrestricted funds		<u>783,827</u>	<u>799,778</u>
TOTAL FUNDS		<u>783,827</u>	<u>799,778</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 19 December 2024 and were signed on its behalf by:



P B Burns - Trustee

The notes form part of these financial statements

**Walsall Rehabilitation And Healthy
Living Trust**

**Cash Flow Statement
for the Year Ended 31 March 2024**

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash generated from operations	1	10,915	11,255
Net cash provided by operating activities		<u>10,915</u>	<u>11,255</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(180,112)	(160)
Interest received		5,503	2,269
Net cash (used in)/provided by investing activities		<u>(174,609)</u>	<u>2,109</u>
Change in cash and cash equivalents in the reporting period		<u>(163,694)</u>	<u>13,364</u>
Cash and cash equivalents at the beginning of the reporting period		<u>487,479</u>	<u>474,115</u>
Cash and cash equivalents at the end of the reporting period		<u><u>323,785</u></u>	<u><u>487,479</u></u>

The notes form part of these financial statements

**Walsall Rehabilitation And Healthy
Living Trust**

**Notes to the Cash Flow Statement
for the Year Ended 31 March 2024**

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(15,951)	(632)
Adjustments for:		
Depreciation charges	29,014	21,948
Interest received	(5,503)	(2,269)
Decrease/(increase) in debtors	4,774	(1,980)
Decrease in creditors	(1,419)	(5,812)
Net cash provided by operations	<u>10,915</u>	<u>11,255</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.23 £	Cash flow £	At 31.3.24 £
Net cash			
Cash at bank and in hand	487,479	(163,694)	323,785
	<u>487,479</u>	<u>(163,694)</u>	<u>323,785</u>
Total	<u>487,479</u>	<u>(163,694)</u>	<u>323,785</u>

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charitable company's financial statements are prepared on a going concern basis on the grounds that current and future sources of funding or support will be more than adequate for the charitable company's needs. We have considered a period of twelve months from the date of approval of the financial statements.

Additionally not all events or conditions can be predicted with the event of COVID-19 pandemic, which has brought with it additional unprecedented levels of uncertainty and the inability to assess fully, therefore, the impact of that on not only the charity and its ability to meet its primary objectives but also on the support afforded by donors and overall fundraising capabilities.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	2% or 10% on cost
Plant and machinery	25% on reducing balance
Fixtures and fittings	15% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

**Walsall Rehabilitation And Healthy
Living Trust**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	73,978	59,003
Legacies	58,783	74,482
	<u>132,761</u>	<u>133,485</u>

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Fundraising events	1,142	900
	<u>1,142</u>	<u>900</u>

4. INVESTMENT INCOME

	2024	2023
	£	£
Rents received	1,517	5,025
Deposit account interest	5,503	2,269
	<u>7,020</u>	<u>7,294</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2024	2023
		£	£
Walsall Clinical	Rehabilitation Programmes	357,489	319,404
Commissioning	Aftercare Programmes	71,443	52,239
Aftercare		<u>428,932</u>	<u>371,643</u>

6. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Staff costs	24,849	23,456
	<u>24,849</u>	<u>23,456</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 8) £	Totals £
Rehabilitation Programmes	335,874	-	335,874
Management and governance costs	27,812	197,271	225,083
	<u>363,686</u>	<u>197,271</u>	<u>560,957</u>

8. SUPPORT COSTS

	Management £	Finance £	Totals £
Management and governance costs	186,352	10,919	197,271
	<u>186,352</u>	<u>10,919</u>	<u>197,271</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation - owned assets	29,013	21,948
Hire of plant and machinery	2,288	3,462
	<u>29,013</u>	<u>21,948</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

11. STAFF COSTS

	2024 £	2023 £
Wages and salaries	413,218	392,243
	<u>413,218</u>	<u>392,243</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Medical staff	12	12
Admin staff	3	3
Fundraising staff	1	1
	<u>16</u>	<u>16</u>

No employees received emoluments in excess of £60,000.

**Walsall Rehabilitation And Healthy
Living Trust**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	133,485
Charitable activities	
Rehabilitation Programmes	319,404
Aftercare Programmes	52,239
Other trading activities	900
Investment income	7,294
Total	513,322
EXPENDITURE ON	
Raising funds	23,456
Charitable activities	
Rehabilitation Programmes	318,077
Management and governance costs	172,421
Total	513,954
NET INCOME/(EXPENDITURE)	(632)
RECONCILIATION OF FUNDS	
Total funds brought forward	800,410
TOTAL FUNDS CARRIED FORWARD	799,778

**Walsall Rehabilitation And Healthy
Living Trust**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

13. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and machinery £	Fixtures and fittings £	Totals £
COST				
At 1 April 2023	524,554	141,401	19,137	685,092
Additions	180,112	-	-	180,112
At 31 March 2024	704,666	141,401	19,137	865,204
DEPRECIATION				
At 1 April 2023	229,259	120,789	10,260	360,308
Charge for year	22,569	5,112	1,332	29,013
At 31 March 2024	251,828	125,901	11,592	389,321
NET BOOK VALUE				
At 31 March 2024	452,838	15,500	7,545	475,883
At 31 March 2023	295,295	20,612	8,877	324,784

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Social security and other taxes	8,876	8,425
Accrued expenses	9,490	11,359
	18,366	19,784

15. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	799,778	(15,951)	783,827
TOTAL FUNDS	799,778	(15,951)	783,827

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	569,855	(585,806)	(15,951)
TOTAL FUNDS	<u>569,855</u>	<u>(585,806)</u>	<u>(15,951)</u>

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	800,410	(632)	799,778
TOTAL FUNDS	<u>800,410</u>	<u>(632)</u>	<u>799,778</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	513,322	(513,954)	(632)
TOTAL FUNDS	<u>513,322</u>	<u>(513,954)</u>	<u>(632)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	800,410	(16,583)	783,827
TOTAL FUNDS	<u>800,410</u>	<u>(16,583)</u>	<u>783,827</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,083,177	(1,099,760)	(16,583)
TOTAL FUNDS	<u>1,083,177</u>	<u>(1,099,760)</u>	<u>(16,583)</u>

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

**Walsall Rehabilitation And Healthy
Living Trust**

**Detailed Statement of Financial Activities
for the Year Ended 31 March 2024**

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	73,978	59,003
Legacies	58,783	74,482
	<u>132,761</u>	<u>133,485</u>
Other trading activities		
Fundraising events	1,142	900
Investment income		
Rents received	1,517	5,025
Deposit account interest	5,503	2,269
	<u>7,020</u>	<u>7,294</u>
Charitable activities		
Walsall Clinical Commissioning	357,489	319,404
Aftercare	71,443	52,239
	<u>428,932</u>	<u>371,643</u>
Total incoming resources	<u>569,855</u>	<u>513,322</u>
EXPENDITURE		
Raising donations and legacies		
Wages	24,849	23,456
Charitable activities		
Wages	328,524	310,237
Insurance	594	366
Sundries	941	177
Medical supplies	7,350	7,840
Training costs	(2,737)	(1,040)
Depreciation of tangible fixed assets	29,014	21,948
	<u>363,686</u>	<u>339,528</u>
Support costs		
Management		
Wages	59,845	58,550
Hire of plant and machinery	2,288	3,462
Rates and water	15,585	12,772
Light and heat	4,111	10,397
Telephone	4,371	4,014
Carried forward	86,200	89,195

This page does not form part of the statutory financial statements

**Walsall Rehabilitation And Healthy
Living Trust**

**Detailed Statement of Financial Activities
for the Year Ended 31 March 2024**

	2024 £	2023 £
Management		
Brought forward	86,200	89,195
Postage and stationery	3,672	4,264
Travelling Expenses	1,418	739
Repairs	59,343	15,906
Cleaning materials	17,752	15,504
Sundry office expenses	8,356	9,121
IT expenses	9,611	9,163
	<u>186,352</u>	<u>143,892</u>
Finance		
Bank charges	75	25
Accountancy fees	3,680	2,000
Wage service fees	1,611	1,728
Professional and legal	5,553	3,325
	<u>10,919</u>	<u>7,078</u>
Total resources expended	<u>585,806</u>	<u>513,954</u>
Net expenditure	<u>(15,951)</u>	<u>(632)</u>

