

**Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2023  
for  
Walsall Rehabilitation And Healthy  
Living Trust**

Haines Watts Tamworth Limited  
Sterling House  
97 Lichfield Street  
Tamworth  
Staffordshire  
B79 7QF

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **Trustees' Responsibilities**

The responsibilities of the Trustees are detailed on page 5.

Trustees will attend Charity Law updates to ensure that the Charity is compliant and have included a routine item on the agenda for Risk Management. A Risk Management policy and action plan has been drawn up.

The Charity Trustees therefore give on-going consideration to the major risks to which the charity is exposed and satisfy themselves that strategies, systems and procedures have been established in order to manage those risks.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The objects of the Charity are to relieve sickness and protect the health of persons suffering or at risk from diseases, complaints or hereditary conditions of the cardiovascular system, circulatory system and respiratory system or other long term conditions.

##### **Significant activities**

##### **Development, Activities and Achievements**

The Trust continues to be part funded by the NHS Black Country ICB (previously NHS Black Country & West Birmingham CCG) based on new cardiac and pulmonary patient referrals.

All the initial interviews are undertaken by phone, following which patients are offered our Unit based programme or if they are unable to attend they can be offered a home exercise and/or web based programme co-ordinated by the Exercise Physiologist, or a nurse support programme for those who are unable to exercise but want advice and support over 8 weeks where goals are set and agreed. Those on the home/web, or nurse support programmes are also offered to move to the Unit based programme after a month if they change their mind or their circumstances change. Our tailor-made rehabilitation programmes therefore continue for all appropriate patients referred, with 100% of patients having a personalised care plan supported by professionally trained and experienced personnel. Staff ascertain and agree with the patient the best pathway, including relevant advice and/or Tai Chi.

## **ACHIEVEMENT AND PERFORMANCE**

### **Charitable activities**

#### **Cardiac Rehabilitation**

The Trust has achieved the National Certification Programme for Cardiac Rehabilitation status for the fifth year in a row.

This year we have received 850 referrals up from last year which is encouraging following the dip during COVID. In addition 95% of patients were given an appointment.

The majority of referrals were received from New Cross Hospital (68%) with Walsall Manor Hospital 16% and GP 9%.

The majority of patients were white British with 10% ethnic minority patients. 67% of patients were male and 33% female, a similar split to previous years.

All patients who start the exercise programme are given a baseline assessment, 100%.

#### **Statistics:**

- 58% who had been given an appointment received clinical input
- 84% who received clinical input started an exercise programme
- 92% of those who received clinical input completed a programme (Nurse Support Programme, Unit exercise programme, home based/web programme). Where patients cannot get into the Unit patients are reassessed over the telephone using the baseline at interview/first assessment, although there are , although there are 11 patients still on one of the programmes
- 94% of patients who commenced an exercise programme completed

We continue to provide some short exercise sessions via our own website if patients can't access the Unit, including Tai Chi. Patients have moved between programmes and therefore it has been difficult to access exact improvements, however, the majority of patients have improved fitness and risk factor outcomes such as quit smoking, reduced anxiety and depression, and reduced blood pressure. These are recorded and reported to the CCG accordingly on a quarterly basis.

Many patients improved their eating habits, increasing fruit and vegetables and reducing salt, fast and alcohol.

All patients completing are reassessed and are given a long-term maintenance plan and a letter sent to their GP communicating their outcomes.

Goal setting continues within all programmes with 94% of patients achieving all or part of the goals.

Of those patients who defaulted, 48% could not be contacted and 27% did not want any further input or were not interested. 16% of patients were either too poorly or waiting for further intervention. Patients who default at any stage of the rehabilitation programme will be contacted by phone or letter to ascertain the reasons and where possible accommodated at a later stage and a letter is sent to their GP advising them of the current situation.

#### **Actions agreed to increase the service to all patients**

- Patients who do not want to attend any of the exercise programmes, are encouraged to join the nurse support programme where they look at reducing their risk factors, increasing their physical activities and agree goals over the next few months. These patients will then receive a telephone reassessment based on initial baselines. They are also encouraged to change to the Unit programme if their circumstances change and they feel they are able to do so
- Any patient who DNA's whilst on the course will receive a telephone reassessment
- All patients who return to work should be offered evening sessions (if suitable) or a home/web programme. At the least they should have agreed goals and a telephone reassessment
- All patients unable to access the Unit due to transport should have a home programme or at least have agreed goals and a telephone reassessment

We are continually marketing our service to the Local GPs and are reviewing our patient support group to ensure we are offering a wide range of activities that patients need for their on-going progress.

#### **Pulmonary Rehabilitation**

380 patients have been referred, this is an increase on last year and therefore encouraging. The majority of these have been referred from GPs (39%) and Practice Nurses (34%).

76% of referred patients had clinical input higher than last year and of those 51% started an exercise rehabilitation programme.

70% completed either the exercise programme, although 24 are still on the course.

Clinical improvements include: improved fitness, weight loss, anxiety and depression scores, SATs, COPD Assessment Test scores, blood pressure and perception of their condition.

There are still a higher proportion of patients being referred within the older age range, however, we are continuing to receive referrals for patients in the age range 40-59 which is encouraging and will continue to promote this to GPs and Practice Nurses.

The tai chi sessions are continuing to be well attended by all groups of patients. As previously stated there are still some short sessions on a website for patients to follow.

Unfortunately our singing classes have not continued due to the low numbers but we will keep this on review.

The staff continue to provide one-to-one education for patients.

27% of patients could not be contacted, were uninterested or were inappropriate

8% of patients were too ill to attend

#### **After Care**

After care sessions continue for patients who have completed any of the above free courses and wish to continue exercising at Heart Care. These patients continue to be monitored by the Clinical Team to maintain their lifestyle and fitness.

#### **Health and Safety**

We are following the NHS guidelines for COVID with both patients and staff wearing face masks only if they wish. Patients can ask staff to wear face masks if they feel more comfortable.

#### **FINANCIAL REVIEW**

##### **Principal funding sources**

The Trustees continue to be committed to raising additional funds with the Community Fund-raiser now able to organise some fund-raising activities, however, she continues to apply for Trust funding as a main source of funding at the moment.

The cardiac and pulmonary rehabilitation contracts continue with the NHS Black Country ICB and targets reviewed on a quarterly basis. The contract has now been reviewed and it has been agreed that this will continue with a few positive adjustments from our point of view giving more stability to the Charity.

We are continuing to promote our service to GPs for all patients who may have long term conditions and would benefit from our service.

##### **Investment policy and objectives**

Any investments or land belonging to the Trust, other than monies required for ordinary expenditure of the Trust, shall be vested with such concense as may be necessary in the official Custodian for Charities. The Trust Deed authorises the Trustees to make and hold investments using the general funds of the Charity.

#### **FUTURE PLANS**

Heart Care continues to work closely with the Commissioners as well as the local public to promote all services.

The website continues to gain followers and by including more information through facebook we feel that we are reaching more patients and the general public informing them of them work that we are doing and giving them support in regard to education and exercise. In addition the website helps with our fund-raising activities and also in regard to bid writing where potential Trusts can easily view our services.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Charity constitution**

The Trust is incorporated as a Limited Company by Guarantee from March 2005.

### **Organisational structure**

The activities of the Trust are governed by the Trustees, all of whom are Directors, and are administered by a committee consisting of the Trustees and a senior member of staff.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

### **Registered Company number**

05389416 (England and Wales)

### **Registered Charity number**

1109021

### **Registered office**

12 Portland Street  
Walsall  
West Midlands  
WS2 8AB

### **Trustees**

P Griffin Director NHS (retired)  
M Walsh Director NHS (retired)  
P B Burns Trustee  
Dr C Kerbotson Flenley General Medical Practitioner

### **Company Secretary**

Ms S M Ursell

### **Independent Examiner**

Haines Watts Tamworth Limited  
Sterling House  
97 Lichfield Street  
Tamworth  
Staffordshire  
B79 7QF

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 23 October 2023 and signed on its behalf by:

P B Burns - Trustee

**Independent Examiner's Report to the Trustees of  
Walsall Rehabilitation And Healthy  
Living Trust**

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**Independent examiner's report to the trustees of Walsall Rehabilitation And Healthy Living Trust ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Darren Barlow FCCA

Haines Watts Tamworth Limited  
Sterling House  
97 Lichfield Street  
Tamworth  
Staffordshire  
B79 7QF

23 October 2023

**Walsall Rehabilitation And Healthy  
Living Trust**

**Statement of Financial Activities  
for the Year Ended 31 March 2023**

		2023 Unrestricted fund £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>	Notes		
Donations and legacies		133,485	245,863
<b>Charitable activities</b>			
Rehabilitation Programmes		319,404	298,248
Aftercare Programmes		52,239	53,651
Other trading activities	2	900	2,006
Investment income	3	7,294	2,793
Other income		-	659
<b>Total</b>		<u>513,322</u>	<u>603,220</u>
<b>EXPENDITURE ON</b>			
Raising funds		23,456	18,413
<b>Charitable activities</b>	4		
Rehabilitation Programmes		318,077	279,919
Other		165,368	156,576
Other		7,053	4,397
<b>Total</b>		<u>513,954</u>	<u>459,305</u>
<b>NET INCOME/(EXPENDITURE)</b>		(632)	143,915
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		800,410	656,495
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>799,778</u></u>	<u><u>800,410</u></u>



**Walsall Rehabilitation And Healthy  
Living Trust**

**Balance Sheet  
31 March 2023**

		2023 Unrestricted fund £	2022 Total funds £
	Notes		
<b>FIXED ASSETS</b>			
Tangible assets	9	324,784	346,572
<b>CURRENT ASSETS</b>			
Debtors	10	-	2,300
Prepayments and accrued income		7,299	3,019
Cash at bank and in hand		487,479	474,115
		<u>494,778</u>	<u>479,434</u>
<b>CREDITORS</b>			
Amounts falling due within one year	11	(19,784)	(25,596)
<b>NET CURRENT ASSETS</b>		<u>474,994</u>	<u>453,838</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		799,778	800,410
<b>NET ASSETS</b>		<u>799,778</u>	<u>800,410</u>
<b>FUNDS</b>	12		
Unrestricted funds		<u>799,778</u>	<u>800,410</u>
<b>TOTAL FUNDS</b>		<u>799,778</u>	<u>800,410</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 23 October 2023 and were signed on its behalf by:

P B Burns - Trustee

**Walsall Rehabilitation And Healthy  
Living Trust**

**Cash Flow Statement  
for the Year Ended 31 March 2023**

	Notes	2023 £	2022 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	11,255	179,601
Net cash provided by operating activities		11,255	179,601
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(160)	(16,679)
Interest received		2,269	110
Net cash provided by/(used in) investing activities		2,109	(16,569)
<b>Change in cash and cash equivalents in the reporting period</b>		13,364	163,032
<b>Cash and cash equivalents at the beginning of the reporting period</b>		474,115	311,083
<b>Cash and cash equivalents at the end of the reporting period</b>		487,479	474,115

The notes form part of these financial statements

Notes to the Cash Flow Statement  
for the Year Ended 31 March 2023

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
<b>Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)</b>	(632)	143,915
<b>Adjustments for:</b>		
Depreciation charges	21,948	24,497
Interest received	(2,269)	(110)
(Increase)/decrease in debtors	(1,980)	4,187
(Decrease)/increase in creditors	(5,812)	7,112
<b>Net cash provided by operations</b>	<u>11,255</u>	<u>179,601</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
<b>Net cash</b>			
Cash at bank and in hand	474,115	13,364	487,479
	<u>474,115</u>	<u>13,364</u>	<u>487,479</u>
<b>Total</b>	<u>474,115</u>	<u>13,364</u>	<u>487,479</u>

## **1. ACCOUNTING POLICIES**

### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charitable company's financial statements are prepared on a going concern basis on the grounds that current and future sources of funding or support will be more than adequate for the charitable company's needs. We have considered a period of twelve months from the date of approval of the financial statements.

Additionally not all events or conditions can be predicted with the event of COVID-19 pandemic, which has brought with it additional unprecedented levels of uncertainty and the inability to assess fully, therefore, the impact of that on not only the charity and its ability to meet its primary objectives but also on the support afforded by donors and overall fundraising capabilities.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	2% or 10% on cost
Plant and machinery	25% on reducing balance
Fixtures and fittings	15% on reducing balance

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

**2. OTHER TRADING ACTIVITIES**

	2023	2022
	£	£
Fundraising events	900	2,006
	<u>          </u>	<u>          </u>

**3. INVESTMENT INCOME**

	2023	2022
	£	£
Rents received	5,025	2,683
Deposit account interest	2,269	110
	<u>          </u>	<u>          </u>
	7,294	2,793
	<u>          </u>	<u>          </u>

**4. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs £	Totals £
Rehabilitation Programmes	318,077	-	318,077
Other	21,451	143,917	165,368
	<u>          </u>	<u>          </u>	<u>          </u>
	339,528	143,917	483,445
	<u>          </u>	<u>          </u>	<u>          </u>

**5. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	21,948	24,497
Hire of plant and machinery	3,462	2,987
Independent examiner's fee	-	2,640
	<u>          </u>	<u>          </u>

**6. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**7. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	2023	2022
Medical staff	12	12
Admin staff	3	3
Fundraising staff	1	1
	<u>          </u>	<u>          </u>
	16	16
	<u>          </u>	<u>          </u>

No employees received emoluments in excess of £60,000.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	245,863
<b>Charitable activities</b>	
Rehabilitation Programmes	298,248
Aftercare Programmes	53,651
Other trading activities	2,006
Investment income	2,793
Other income	659
<b>Total</b>	<u>603,220</u>
<b>EXPENDITURE ON</b>	
Raising funds	18,413
<b>Charitable activities</b>	
Rehabilitation Programmes	279,919
Other	156,576
Other	4,397
<b>Total</b>	<u>459,305</u>
<b>NET INCOME</b>	143,915
<b>RECONCILIATION OF FUNDS</b>	
Total funds brought forward	656,495
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>800,410</u></u>

9. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and machinery £	Fixtures and fittings £	Totals £
<b>COST</b>				
At 1 April 2022	524,554	141,241	19,137	684,932
Additions	-	160	-	160
At 31 March 2023	<u>524,554</u>	<u>141,401</u>	<u>19,137</u>	<u>685,092</u>
<b>DEPRECIATION</b>				
At 1 April 2022	215,694	113,972	8,694	338,360
Charge for year	13,565	6,817	1,566	21,948
At 31 March 2023	<u>229,259</u>	<u>120,789</u>	<u>10,260</u>	<u>360,308</u>
<b>NET BOOK VALUE</b>				
At 31 March 2023	<u>295,295</u>	<u>20,612</u>	<u>8,877</u>	<u>324,784</u>
At 31 March 2022	<u>308,860</u>	<u>27,269</u>	<u>10,443</u>	<u>346,572</u>

9. TANGIBLE FIXED ASSETS - continued

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	-	2,300

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	-	674
Social security and other taxes	8,425	8,605
Accrued expenses	11,359	16,317
	<u>19,784</u>	<u>25,596</u>

12. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	800,410	(632)	799,778
<b>TOTAL FUNDS</b>	<u>800,410</u>	<u>(632)</u>	<u>799,778</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	513,322	(513,954)	(632)
<b>TOTAL FUNDS</b>	<u>513,322</u>	<u>(513,954)</u>	<u>(632)</u>

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	656,495	143,915	800,410
<b>TOTAL FUNDS</b>	<u>656,495</u>	<u>143,915</u>	<u>800,410</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	603,220	(459,305)	143,915
<b>TOTAL FUNDS</b>	<u>603,220</u>	<u>(459,305)</u>	<u>143,915</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	656,495	143,283	799,778
<b>TOTAL FUNDS</b>	<u>656,495</u>	<u>143,283</u>	<u>799,778</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	1,116,542	(973,259)	143,283
<b>TOTAL FUNDS</b>	<u>1,116,542</u>	<u>(973,259)</u>	<u>143,283</u>

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.



**Walsall Rehabilitation And Healthy  
Living Trust**

**Detailed Statement of Financial Activities  
for the Year Ended 31 March 2023**

	2023 £	2022 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	59,003	119,548
Legacies	74,482	126,315
	<u>133,485</u>	<u>245,863</u>
<b>Other trading activities</b>		
Fundraising events	900	2,006
<b>Investment income</b>		
Rents received	5,025	2,683
Deposit account interest	2,269	110
	<u>7,294</u>	<u>2,793</u>
<b>Charitable activities</b>		
Walsall Clinical Commissioning	319,404	298,248
Aftercare	52,239	53,651
	<u>371,643</u>	<u>351,899</u>
<b>Other income</b>		
Government grants	-	659
<b>Total incoming resources</b>	<u>513,322</u>	<u>603,220</u>
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Wages	23,456	18,413
<b>Charitable activities</b>		
Wages	310,237	271,418
Insurance	366	304
Sundries	177	1,211
Medical supplies	7,840	8,501
Training costs	(1,040)	-
Depreciation of tangible fixed assets	21,948	22,680
	<u>339,528</u>	<u>304,114</u>
<b>Other</b>		
Wages Service	1,728	1,757
Accountancy Fees	2,000	2,640
Professional and legal	3,325	-
	<u>7,053</u>	<u>4,397</u>
<b>Support costs</b>		
<b>Management</b>		
Wages	58,550	61,691
Carried forward	58,550	61,691

This page does not form part of the statutory financial statements

**Walsall Rehabilitation And Healthy  
Living Trust**

**Detailed Statement of Financial Activities  
for the Year Ended 31 March 2023**

	2023 £	2022 £
<b>Management</b>		
Brought forward	58,550	61,691
Hire of plant and machinery	3,462	2,987
Rates and water	12,772	10,736
Light and heat	10,397	9,104
Telephone	4,014	3,663
Postage and stationery	4,264	3,336
Travelling Expenses	739	252
Repairs	15,906	9,604
Cleaning materials	15,504	17,107
Sundry office expenses	9,121	6,913
IT expenses	9,163	6,985
	<u>143,892</u>	<u>132,378</u>
<b>Finance</b>		
Bank charges	25	3
	<u>25</u>	<u>3</u>
Total resources expended	513,954	459,305
	<u>513,954</u>	<u>459,305</u>
<b>Net (expenditure)/income</b>	<u>(632)</u>	<u>143,915</u>