

**Registered Charity Number 1108851**  
**Registered Company Number 5380237**

**THE ARTHRITIS & MUSCULOSKELETAL ALLIANCE**

**Report and Accounts**

**31 December 2020**

The Trustees (who are also Directors for the purposes of company law) present their report and the financial statements of the Arthritis and Musculoskeletal Alliance for the year ended 31 December 2020.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered charity number:** 1108851

**Registered company number:** 5380237

#### **Principal address and registered office**

International House  
24 Holborn Viaduct  
London  
EC1A 2BN

#### **Senior staff member**

Sue Brown, Chief Executive

#### **Independent Examiner**

Philip Lane  
David Howard Chartered Accountants  
1 Park Road  
Hampton Wick  
Kingston-upon-Thames  
KT1 4AS

#### **Principal bankers**

National Westminster Bank plc  
P O Box 2021  
10 Marylebone High Street  
London WC1A 1FH

#### **Board of trustees**

The trustees, who are also Directors of the company, have held office since 1 January 2019, as follows:

Matthew Bennett  
Emma Cowley (until July 2020)  
Lily Elizabeth Davies  
Shantel Irwin  
Chris Martey (from July 2020)  
Sarah North (from July 2019)  
Sally Pembery (from July 2020)  
Ruth Sephton  
John Skinner  
Jane Taylor (from July 2020)  
Dirk Vennix  
Zak Vora (from January 2020)  
Anthony Woolf (Chair)  
Rob Yeldham (Vice Chair)



## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Status and History**

The Arthritis and Musculoskeletal Alliance (ARMA) is a registered charity, and a company limited by guarantee, not having share capital.

ARMA was established in 1972 under the name of the British League Against Rheumatism. It first registered as a charity on 22 April 1986. ARMA incorporated on 2 March 2005 and the Annual General Meeting of ARMA on 25 May 2005 resolved to wind-up the unincorporated charity. ARMA reregistered with the Charity Commission on 5 April 2005.

ARMA is governed by the rules and regulations set down in its company Memorandum and Articles of Association dated 1 August 2005.

### **Organisational Structure**

ARMA's principal decision-making body is the Board of Trustees, who are elected from its membership. The Board meets three-monthly. There is also a Representatives' Forum to which all of its membership organisations are able to nominate a representative. The Board is also able to establish ad-hoc working groups that are accountable to the Board.

### **Method of Recruitment, Appointment, Election, Induction and Training of Trustees**

The charity recruits its trustees from its member organisations through a process of election. Trustees will be appointed for a term of three years and may serve a second term of three years if re-elected by the membership. An elected trustee will retire at the close of the AGM at the end of the last year of the trustee's term of office.

The Board from time to time will co-opt trustees to fill gaps in expertise or experience that it has identified within its membership.

### **Appointment and Election**

Trustees are elected for a period of three years and may stand for a second term of three years. If selected by the Board to be its Chair, a trustee's term of office can be extended by a further three years. Co-opted members are selected for an initial period of one year. The appointment of a Trustee may be extended by a unanimous decision of the Board to ensure adequate Board continuity and trustee rotation. The extension of the term of office for a Trustee would normally be limited to a single extension of up to one year.

To stand for a post, candidates must be nominated by a designated representative from an ARMA member organisation. If candidates are nominated in excess of the number of vacancies then there is a postal ballot of the organisations who are members of ARMA. The elected candidates are confirmed at the Annual General Meeting of the charity.

### **Induction and Training of Trustees**

There is a written induction pack for trustees setting out how the organisation is run, key duties of trustees and links to documents for trustees on the Charity Commission website. All members of the Board have received copies of the new Charity Governance Code and the ACEVO guide to charity finance for non-financial trustees. New trustees are offered a buddy from amongst existing trustees.

### **Risk and Corporate Governance Matters**

The Board has conducted its review of the major risks to which the charity is exposed and has established systems to mitigate those risks. The major risk currently facing the charity is the future financial sustainability of the charity unless it develops a larger more diverse funding base. Other risks identified, which would severely impact upon the charity, include the loss of key personnel, loss of reputation, financial mismanagement/fraud, and conflicts of interest. Systems have been put in place to monitor and address these risks, and procedures are periodically reviewed to ensure that they still meet the needs of the charity.

The Board will attend to risk on a six monthly basis and has resolved to review its risk register at alternate meetings. In 2020 the Board also held a half day discussion of risk management and subsequently set up a finance and risk committee.

There were no serious incidents which required reporting to the Charity Commission during 2020.



The Board has a Conflict of Interest Policy to manage conflicts of interest.

### **Trustees' Responsibilities in the Preparation of Financial Statements**

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and regulations.

The provisions of charity law require the trustees to prepare financial statements for each financial year. Under that law, the trustees have elected to prepare the financial statements in accordance with FRS102 and the charity SORP (FRS102). The financial statements are required by law to give a true and fair view of the state of affairs of the charity as at the balance sheet date, and of the incoming resources and application of resources for that period, and must not be approved by the trustees unless they are satisfied that this is the case. In preparing those financial statements, the trustees are required to:

- a. select suitable accounting policies and then apply them consistently;
- b. make judgements and estimates that are reasonable and prudent; and
- c. prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue on that basis.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity, and to enable them to ensure that the financial statements comply with the requirements of the Charities Act 2011. They are also responsible for safeguarding the assets of the charity, and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

### **Independent Examiner**

The charity's trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011) and that an independent examination is needed. Accordingly, Philip Lane, David Howard Chartered Accountants, has been appointed as Independent Examiner.

## **OBJECTIVES AND ACTIVITIES**

### **Charitable Objectives**

The principal objective of the charity is to advance education in the causes, prevention and treatment of rheumatic complaints by bringing together organisations representing professional and patient groups, which promotes the development of awareness, knowledge and the means of prevention, treatment, rehabilitation and relief of rheumatic complaints.

### **Public Benefit**

In setting our objectives and planning our activities the Trustees have given careful consideration to the Charity Commission's general guidance on public benefit. The Trustees consider that the charity complies with the duty to have due regard to the public benefit guidance published by the Commission.

### **Charitable activities**

The Board agreed a strategy for 2019 – 21, developed in collaboration with the membership. The strategy aims to focus activities on those issues where collaboration is essential to impact in order to make best use of resources. It also strengthened governance by clarifying the relationship between staff, Board and membership. Key headlines of this strategy:

ARMA is an umbrella body representing the breadth of musculoskeletal conditions and professions.

Our vision for musculoskeletal (MSK) health:

- The MSK health of the population is promoted throughout life;
- Everyone with MSK conditions receives appropriate, high quality interventions to promote their health and well-being in a timely manner.



We engage with:

Public Policy

Desired impact:

- Integrated approaches to MSK are included in all policy.

Services (or commissioning):

Desired impact:

- Evidence-informed MSK pathways are in place
- MSK health is recognised and prioritised.

Service delivery and practice

Desired impact:

- Evidence based Interventions are being delivered
- Person-centred, integrated MSK care is being delivered.
- There is an improvement focus, with innovation, spread of good practice and quality improvement at the heart of provision.

**ARMA Members**

Arthritis Action

Back Care

British Association of Sport and Exercise Medicine (BASEM)

British Association of Sport Rehabilitators and Therapists (BASRAT)

British Dietetic Association

British Chiropractic Association

British Orthopaedic Association

British Society of Rehabilitation Medicine

Chartered Society of Physiotherapy

College of Podiatry

Ehlers-Danlos Support UK

Faculty of Sports and Exercise Medicine

Fibromyalgia Action UK

Hypermobility Syndrome Association

The Institute of Osteopathy

McTimoney Chiropractic Association

Musculoskeletal Association Chartered Physiotherapists

National Axial Spondyloarthritis Society

National Rheumatoid Arthritis Society

PolyMyalgia Rheumatica and Giant Cell Arteritis (PMRGCA) UK

Podiatry Rheumatic Care Association

Primary Care Rheumatology Society

Psoriasis Association

RCN - Rheumatology Forum

Rheumatology Pharmacy Network

Royal College of Chiropractors

Scleroderma & Raynaud's UK

Society of Musculoskeletal Medicine

Society of Sports Therapists

UK Gout Society

Versus Arthritis



**THE ARTHRITIS AND MUSCULOSKELETAL ALLIANCE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**For the year ended 31 December 2020**

**ACHIEVEMENTS AND PERFORMANCE**

In common with most charities, 2020 has been a very different year from the one originally planned. The organisation had to adapt our plans and respond to the pandemic in ways which made the best use of ARMA's strengths in collaboration and focus on cross cutting issues which require multi-disciplinary working. People with MSK conditions were impacted by the fact that many NHS services were paused during the year and by the fact that many were taking treatments which put them at higher risk of COVID-19 and affected their likely response to the vaccine. ARMA members had to support people with MSK conditions to navigate these difficulties and professionals whose work was impacted by the pandemic.

ARMA supported our members to respond effectively to the pandemic and delivered on some work which was not related to COVID-19. We delivered our first ever tweet chat in partnership with NHS England and our first ever national conference. Both of these were successful and likely to be repeated in 2021.

Key highlights from 2020 include the following activities and achievements. ARMA:

- Weekly support meetings for our members from March – December
- Involvement in NHS England's response to the pandemic
- Enabling the voice of people with MSK conditions to influence NHS England's response to the pandemic
- Successfully transferred our planned conference to on line delivery
- Held a successful Bone and Joint Week with high levels of engagement and messaging relevant to the restoration of services after COVID.
- Delivered 6 webinars including our two most popular webinars ever

**Activities and Events**

COVID-19 response

Member support

- Weekly meetings to share intelligence and identify common issues have continued since late March.
- Fortnightly meetings of those members representing healthcare professionals in private practice to discuss issues of common concern such as PPE guidance and supporting the NHS response.
- Enabling joint activities such as letter to government.
- Supporting members to give consistent messaging around the vaccine.
- Supported lobbying on government funding for charities, including emphasising the importance of national support and helplines.

Engagement with NHS England

- Involvement in NHSE COVID MSK group enabling two-way flow of information between NHSE and members.
- Support for the NHS Change Challenge project.
- Supporting the development of patient self-management resources to support those who could not access services.

Patient voice

- Involvement in the NHSE MSK Lived Experience Group.
- Collaborating on the production of the *MSK Lived Experience Themes of What Matters* report on experiences of the first lockdown which included intelligence from ARMA member helplines.
- Hosting a tweet chat on MSK Coproduction.
- Ensured patient member organisations could respond to NICE rapid guidance on rheumatology and COVID-19.



**THE ARTHRITIS AND MUSCULOSKELETAL ALLIANCE**  
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**For the year ended 31 December 2020**

Shielding

- Engaging with DHSC on shielding guidance, pressing for better support to people shielding especially around employment.
- Supporting members to give consistent messaging about shielding including risks for people with MSK conditions, decisions about the pause in shielding and the second lockdown.

Non COVID work

Events

- Organised a day long on line conference – 2/3 of attendees described the conference as excellent, the rest as good.
- Held a successful Bone and Joint Week with high levels of engagement and messaging relevant to the restoration of services after COVID.

Policy

- Drafted a pain policy position statement and a document setting out what the different MSK professions do for publication at an appropriate time.
- Responded to the NICE Chronic Pain guidance draft.

Webinars

- Delivered 6 webinars, two aimed at the fitness industry, two paediatric webinars related to COVID and our two most popular webinars ever:
  - Cauda Equina (2,800 views)
  - Women and Axial Spondyloarthritis (1,000 views).

Membership

- We are delighted to welcome 4 new/returning members: British Association of Sport and Exercise Medicine, College of Podiatry, McTimoney Chiropractic Association and Psoriasis Association.

**FINANCIAL REVIEW**

**Financial Results of Activities and Events**

The detailed financial results of the charity's activities and events are set out in the Statement of Financial Activities on page 10. Total incoming resources for the year were £92,510 (2019: £91,739 2018: £69,585, 2017: £120,534 2016: £171,019, 2015: £110,618, 2014: £190,887, 2013: £177,210, 2012: £125,876), and total resources expended were £88,325 (2019: £91,738 2018: £126,171, 2017: £182,783, 2016: £133,896, 2015: £124,444, 2014: £181,708, 2013: £138,030, 2012: £128,417), resulting in positive net movement of funds of £9,730 (positive £1 in 2019).

**Reserves Policy**

The trustees have identified a risk relating to the charities financial sustainability and seek to mitigate that risk through the application of a reserves policy.

The Board of Trustees has established a policy with the aim of maintaining unrestricted funds (which are the free reserves of the charity) at a level which equates to approximately 12 months' worth of future core staffing costs (estimated at £72,000). This level of reserves would enable the charity to continue its current activities and achieve its planned work programme in the event of a significant drop in funding. At the year end the free reserves were at £35,428 (2019: £25,698), which is below the level set out in the reserves policy. In 2019 the trustees implemented a strategy to diversify income sources. This



**THE ARTHRITIS AND MUSCULOSKELETAL ALLIANCE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**For the year ended 31 December 2020**

strategy took longer than anticipated to improve the charities income, but by the end of 2020 the financial situation had improved with no need to use reserves for general expenditure.

**Investments Policy**

The trustees are empowered to invest the monies of ARMA in accordance with its memorandum of association (clause 4.1 j).

In practice, the Board has considered that the most appropriate policy for investing funds is the COIF Charities Deposit Fund, which has been designed for the charity sector. This fund ensures the safekeeping of reserves, whilst meeting the requirements for short notice access with minimal risk of capital loss.

**PLANS FOR FUTURE PERIODS**

The Board developed an operational plan for 2019 identifying priority activities to deliver the strategy. All aspects of this plan were developed in collaboration with the membership and are in line with the charitable objectives of ARMA.

**Long term objectives**

- No health without MSK health – driving MSK up the agenda
- Access to pain services for everyone with significant chronic pain

**Core strands of ARMA activity to deliver the overall aims**

- Restart of MSK services post Covid-19
- MSK Health Inequalities
- Social prescribing services to understand MSK and chronic pain and include an appropriate offer
- Access to mental health support for people with MSK conditions
- Availability of community MDT services for pain
- Pediatrics
- Access to services

During 2021 we will also review our strategy and develop a new strategy for 2022 – 2024.

**Impact of Future Activities and Events**

The trustees will continue to measure the charity's success by assessing the outcomes of our activities in line with our desired outcomes in the strategy.

**FUNDS HELD AS CUSTODIAN**

Although the charity maintains restricted funds to deal with incoming resources that are earmarked for a particular purpose by donors, sponsors and other funders, the charity does not hold, and the trustees do not anticipate that it will in future hold, any funds as custodian for any third party.

**Small company provisions**

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.



**THE ARTHRITIS AND MUSCULOSKELETAL ALLIANCE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**For the year ended 31 December 2020**

This report was approved by the trustees on 26 April 2021 and was signed for and on behalf of the board by

A handwritten signature in blue ink, appearing to read 'A Woolf', written over a dotted line.

Chair

Anthony Woolf

A handwritten signature in blue ink, appearing to read '20 May', written over a dotted line.

2021



**THE ARTHRITIS & MUSCULOSKELETAL ALLIANCE**  
**Independent Examiner's Report to the trustees of the charity**

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The report on the accounts of the charity for the year ended 31 December 2020 set out on pages 9 to 17.

**Responsibilities and basis of report**

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 (the '2006 Act'). Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination. I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

It is my responsibility to:

- (i) examine the accounts under section 145 of the Charities Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission, under section 145(5)(b) of the Charities Act; and
- (iii) to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

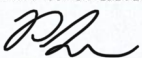
My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect:

- (i) accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- (ii) the accounts do not accord with such records; or
- (iii) the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination: or
- (iv) the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have come across no matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

  
Philip Lane FCCA  
David Howard Chartered Accountants  
1 Park Road  
Hampton Wick  
Kingston upon Thames  
Surrey  
KT1 4AS

20 May ..... 2021



**THE ARTHRITIS & MUSCULOSKELETAL ALLIANCE**  
**STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME & EXPENDITURE ACCOUNT)**  
For the year ended 31 December 2020

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2020 £	Total 2019 £
<b>INCOME</b>					
<b>Income from generated funds</b>					
Income from investment	2	55	-	55	118
<b>Income from charitable activities</b>					
Bringing the community together to improve quality of life for people with musculoskeletal conditions	3	92,455	7,500	99,955	91,621
<b>TOTAL INCOME</b>		<b>92,510</b>	<b>7,500</b>	<b>100,010</b>	<b>91,739</b>
<b>EXPENDITURE</b>					
<b>Expenditure on charitable activities</b>					
Bringing the community together to improve quality of life for people with musculoskeletal conditions	4	88,325	1,955	90,280	91,738
<b>TOTAL RESOURCES EXPENDED</b>		<b>88,325</b>	<b>1,955</b>	<b>90,280</b>	<b>91,738</b>
Transfers between funds	9	5,545	(5,545)	-	-
<b>NET INCOME/(EXPENDITURE) AND NET MOVEMENT IN FUNDS FOR THE YEAR</b>		<b>9,730</b>	<b>-</b>	<b>9,730</b>	<b>1</b>
<b>RECONCILIATION OF FUNDS</b>					
Fund balances at 1 January 2020	9	25,034	664	25,698	25,697
<b>Fund balances at 31 December 2020</b>	<b>9</b>	<b>34,764</b>	<b>664</b>	<b>35,428</b>	<b>25,698</b>

The net movement in funds for the above periods arises from the charity's continuing operations.

No separate Statement of Total Recognised Gains and Losses has been presented as all such gains and losses are dealt with in the Statement of Financial Activities.



**THE ARTHRITIS & MUSCULOSKELETAL ALLIANCE**  
**BALANCE SHEET**  
**31 December 2020**

	Notes	2020 £	2019 £
<b>FIXED ASSETS</b>			
Furniture & fittings	7	-	-
Computer equipment	7	456	214
		<u>456</u>	<u>214</u>
<b>CURRENT ASSETS</b>			
Trade debtors		3,500	500
Other debtors		825	860
Cash at bank and in hand		57,495	74,322
		<u>61,820</u>	<u>75,682</u>
<b>LIABILITIES</b>			
Creditors: Amounts falling due within one year	8	26,848	50,198
		<u></u>	<u></u>
<b>NET CURRENT ASSETS</b>			
		34,972	25,484
<b>TOTAL ASSETS LESS CURRENT LIABILITIES &amp; NET ASSETS</b>			
		<u><b>35,428</b></u>	<u><b>25,698</b></u>
<b>THE FUNDS OF THE CHARITY</b>			
<b>Restricted income funds</b>			
Local Networks Fund	9	664	664
Projects Sponsorship Fund	9	-	-
<b>Unrestricted income funds</b>			
General Fund	9	34,764	377
Designated Funds	9	-	24,657
		<u></u>	<u></u>
<b>TOTAL CHARITY FUNDS</b>			
	9	<u><b>35,428</b></u>	<u><b>25,698</b></u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477(2) of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts:

- (i) to keep accounting records in accordance with section 386;
- (ii) to prepare accounts which give a true and fair view of the state of affairs of the company in accordance with section 393, and which otherwise comply with the requirements of the Act relating to accounts, so far as applicable to the company.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

The financial statements are prepared in accordance with the special provisions of the Companies Act 2006 and section 138 of the Charities Act 2011. These accounts are prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)).



**THE ARTHRITIS & MUSCULOSKELETAL ALLIANCE**  
**BALANCE SHEET**  
**31 December 2020**

The financial statements on pages 9 to 17 were approved by the Board of Directors and authorised for issue on .....20 May..... 2021 and signed on their behalf by

.....Chair  
Anthony Woolf

.....Treasurer  
Zakyuddin Vera



**THE ARTHRITIS & MUSCULOSKELETAL ALLIANCE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
For the year ended 31 December 2020

**1. ACCOUNTING POLICIES**

**a) Basis of accounting**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities. Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The principal accounting policies adopted in the preparation of the financial statements are set out below.

**b) Income**

Grants, donations and other similar types of voluntary income are brought into account when received, except that donated income is included gross of any attributable tax recoverable, where relevant. Donations given for specific purposes are treated as restricted income. Investment income is accounted on a receivable basis once the dividend has been declared, or the interest earned. Credit is taken in the accounts for the proportion of subscriptions, which are receivable in the financial period. All other types of income are also accounted for on an accruals basis.

**c) Expenditure**

Expenditure is allocated to the charity's principal activity where the costs can be identified as being directly related to that activity. All costs that cannot be identified as relating directly to the charity's principal activity are categorised as either support costs or governance costs. Any costs that cannot be specifically categorised are allocated in proportions based upon a suitable ratio applicable to the nature of the cost involved.

**d) Tangible fixed assets and depreciation**

Tangible fixed assets are stated at historical cost.

Depreciation is provided on all tangible fixed assets at rates calculated to write each asset down to its estimated residual value evenly over its useful life, as follows:

Furniture & fittings - 15% per annum

Computer equipment - over 3 years

**e) Fund accounting**

The general fund comprises the accumulated surpluses of unrestricted incoming resources over resources expended. They are available for use in furtherance of the general objectives of the charity.

Designated funds are a particular form of unrestricted funds consisting of amounts, which have been allocated or designated for specific purposes by the trustees. The use of designated funds remains at the discretion of the trustees.

Restricted funds are funds subject to specific conditions imposed by donors. The purpose and use of the restricted funds are set out in the notes to the accounts. Amounts unspent at the year end are carried forward in the balance sheet.

**f) Legal status of the charity**

The charity is a company limited by guarantee and has no share capital. The charity was incorporated in England and Wales on 2 March 2005, with Company no. 5380237, and UK Charity no. 1108851, registered on 5 April 2005. The registered office is 24 Holborn Viaduct, London, EC1A 2BN.

**h) Debtors**

Trade and other debtors are recognised at the settlement amount due.

**i) Going concern**

The Charity's activities, together with the factors likely to affect its future development, its financial position, financial risk management objectives and derivative activities, and its exposures to liquidity and cash flow risk are described in this Trustee Directors' Report.

The Charity has significant reserves and sufficient cash resources, with no debt, which will make it possible to fund the Charity activities. Expenses are also managed, where possible, in line with contributions received. As a consequence, the Trustee Directors believe that the Charity is well placed to manage its business risks successfully given the current economic outlook.

After making enquiries, the directors have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the annual report and accounts.



**THE ARTHRITIS & MUSCULOSKELETAL ALLIANCE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
For the year ended 31 December 2020

**2 INVESTMENT INCOME**

	Unrestricted Funds	Restricted Funds	Total 2020	Total 2019
	£	£	£	£
Bank interest receivable on short term cash deposits	55	-	55	118

**3. INCOME FROM OF BRINGING THE COMMUNITY TOGETHER TO IMPROVE QUALITY OF LIFE FOR PEOPLE WITH MUSCULOSKELETAL CONDITIONS**

	Unrestricted Funds	Restricted Funds	Total 2020	Total 2019
	£	£	£	£
Subscriptions	49,436	-	49,436	44,020
Consultancy work	2,300	-	2,300	-
Grants - Government	5,321	-	5,321	-
Grants - other	10,400	7,500	17,900	46,500
Donations	3,637	-	3,637	649
Other	132	-	132	452
Seminars and conferences	21,229	-	21,229	-
	<u>92,455</u>	<u>7,500</u>	<u>99,955</u>	<u>91,621</u>

**4 COSTS OF BRINGING THE COMMUNITY TOGETHER TO IMPROVE QUALITY OF LIFE FOR PEOPLE WITH MUSCULOSKELETAL CONDITIONS**

	Unrestricted Funds	Restricted Funds	Total 2020	Total 2019
	£	£	£	£
Advocacy	18,950	-	18,950	18,130
Members workshop	-	1,955	1,955	3,916
	<u>18,950</u>	<u>1,955</u>	<u>20,905</u>	<u>22,046</u>
Support costs (see note 5)	60,817	-	60,817	60,257
Governance costs (see note 5)	8,558	-	8,558	9,435
	<u>88,325</u>	<u>1,955</u>	<u>90,280</u>	<u>91,738</u>



**THE ARTHRITIS & MUSCULOSKELETAL ALLIANCE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
For the year ended 31 December 2020

**5 SUPPORT AND GOVERNANCE COSTS**

	<b>Support Costs</b>	<b>Governance costs</b>	<b>Total 2020</b>	<b>Total 2019</b>
	£	£	£	£
Staff costs	51,155	5,684	56,839	54,414
Staff development	255	29	284	-
Meeting costs	18	2	20	2,477
Stationery, telephone and postage	812	90	902	1,167
Computer and software	930	104	1,034	919
Sundries	12	1	13	13
Subscriptions	220	25	245	188
Website management	3,287	365	3,652	3,812
Conferences	270	30	300	660
Insurance	713	79	792	837
Accountancy	2,664	296	2,960	2,960
Independent Examiners Fees	-	1,800	1,800	1,800
Seminars and conferences	-	-	-	120
Bank charges	83	9	92	111
Depreciation	398	44	442	214
	<b>60,817</b>	<b>8,558</b>	<b>69,375</b>	<b>69,692</b>



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**6. TRUSTEE AND STAFF COSTS**

**a) Trustee information**

The trustees and company directors received no remuneration for their services during the current or previous year, except as noted below

During the year no trustees (2019: five trustees) were reimbursed for meeting expenses incurred on behalf of the charity totalling £nil (2019: £779).

**b) Staff information**

	<b>Total 2020</b>	<b>Total 2019</b>
The average number of staff employed by the charity during the year was as follows:		
Bringing the community together to improve quality	<u>2</u>	<u>2</u>
Staff costs for the above persons:	£	£
Salaries and wages	51,928	49,012
Social security costs	3,298	3,829
Pension costs	1,613	1,573
	<u><b>56,839</b></u>	<u><b>54,414</b></u>

During the year no employees (2019: none) received emoluments over £60,000.

The charity director Susan Brown, who is not a Trustee, was paid £54,390 for the year ended 31st December 2020.

**7 TANGIBLE FIXED ASSETS**

	<b>Furniture &amp; fittings</b>	<b>Computer equipment</b>	<b>Total</b>
<b>COST</b>	£	£	£
1 January 2020	1,119	2,172	3,291
Additions	-	684	684
Disposals	-	(1,530)	(1,530)
31 December 2020	<u>1,119</u>	<u>1,326</u>	<u>2,445</u>
<b>DEPRECIATION</b>			
1 January 2020	1,119	1,958	3,077
Disposals	-	(1,530)	(1,530)
Charges for the period	-	442	442
31 December 2020	<u>1,119</u>	<u>870</u>	<u>1,989</u>
<b>NET BOOK VALUE</b>			
31 December 2020	<u>-</u>	<u>456</u>	<u>456</u>
1 January 2020	<u>-</u>	<u>214</u>	<u>214</u>



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**8 CREDITORS**

Amounts falling due within one year:	<b>2020</b>	<b>2019</b>
	£	£
Trade creditors	2,420	724
Taxation & social security costs	1,911	1,764
Other creditors	378	811
Accruals and deferred income	22,139	46,899
<b>Total</b>	<b>26,848</b>	<b>50,198</b>

**9 THE FUNDS OF THE CHARITY**

	<b>At 1 January 2020</b>	<b>Incoming Resources</b>	<b>Resources expended</b>	<b>Transfers between funds</b>	<b>At 31 December 2020</b>
	£	£	£	£	£
<b>Restricted income funds:</b>					
Local Networks Fund	664	-	-	-	664
Projects Sponsorship Fund	-	7,500	(1,955)	(5,545)	-
<b>Unrestricted income funds:</b>					
General Fund	377	92,510	(88,325)	30,202	34,764
Designated Future Development Fund	24,657	-	-	(24,657)	-
	<b>25,698</b>	<b>100,010</b>	<b>(90,280)</b>	<b>-</b>	<b>35,428</b>

**Local Networks Fund**

The Local Networks Fund was set up to develop Local Networks with the support of the Department of Health's Section 64 grant scheme and to receive other grants for use by individual ARMA local groups. The balance on the fund at the year end includes £664 (2019: £664) for use by ARMA Dorset.

**Projects Sponsorship Fund**

A fund for specific projects undertaken by ARMA in partnership with its members.

**Designated Future Development Fund**

The Board agreed at their meeting on 29 October 2020 that there was no longer a need to hold a Designated Future Development Fund and these should be transferred into General Funds.



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**10 ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	<b>Tangible fixed assets</b>	<b>Current assets</b>	<b>Current liabilities</b>	<b>Total</b>	
<b>Restricted income funds:</b>	£		£	£	£
Local Networks Fund	-		664	-	664
Projects Sponsorship Fund	-		-	-	-
<b>Unrestricted income funds:</b>					
General Fund	456	61,156	(26,848)		34,764
Designated Future Development Fund	-	-	-	-	-
	<b>456</b>	<b>61,820</b>	<b>(26,848)</b>		<b>35,428</b>

**11. CONTROL**

The company is limited by guarantee and as such has no share capital. The company is controlled by its members who are the 32 member organisations which subscribe to the Arthritis and Musculoskeletal Alliance. Every member organisation of the company undertakes to contribute such amounts as may be required not exceeding £1 to the assets of the company if it should be wound up whilst the organisation is a member or within one year after the organisation ceases to be a member.