

REGISTERED COMPANY NUMBER: 04996963 (England and Wales)
REGISTERED CHARITY NUMBER: 1108843

**REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
CROYDON BME FORUM**

Hartley Fowler LLP
Statutory Auditors
Chartered Accountants
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CROYDON BME FORUM

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The purpose of the charity as set out in its governing document is to promote the benefit of the inhabitants of the London borough of Croydon, in particular but not by way of limitation persons from minority ethnic communities, by associating community groups, voluntary and national organisations and local authorities in a common effort to: 1. Relieve poverty hardship and distress 2. Advance education 3. Preserve and protect good health by such exclusively charitable means as the trustees shall from time to time determine.

We work with our communities

1. Ensure that they are involved in local policy and decision-making, regeneration, and neighborhood renewal.
2. Facilitate joint working among BME communities to develop best practices and provide a unified BME voice within local strategic partnerships.
3. Promote networking, collaboration, and partnership between the BME voluntary sector and mainstream agencies building their organisational capacities.
4. Engage with BME communities in all aspects of Croydon life. 5. Encourage good race relations, community cohesion and equality of opportunity for all throughout Croydon.

Significant Activities

1) Equality and Cohesion

Building Bridges within and between communities and providing a strategic equality function in Croydon within the framework of the Equality Act 2010 and the Croydon Strategic Partnership.

2) Building Capacity

Empowering BME voluntary and community sector organisations in developing their people, systems, and structures so that they are better able to deliver quality services to their users.

3) Empowering Communities

Working to empower Croydon's BME communities to contribute towards policy development & decision making in order to ensure equal access to services as well as development of cultural sensitive services.

Croydon BME Forum works to tackle health inequalities and improve the physical and mental health of ethnic minority communities in Croydon.

Croydon BME Forum is the umbrella organisation for Croydon's Black and minority ethnic (BME) voluntary and community sector. It works to ensure local health and other public services meet the needs of this diverse community. It set up mental health and wellbeing 'hubs' in a shopping center in response to local people saying they had 'nowhere to go' when they had mental health and wellbeing needs. Two further Croydon hub spaces are planned to open in 2024 and 2025.

Public benefit

We review our aims, objectives and activities each year and, in doing so, the Trustees have taken into account the general guidance on public benefit published by the Charity Commission. In reviewing our aims, and planning objectives and activities to meet them in the future, we consider and evaluate the outcomes of each activity and the impact of our work on our beneficiaries and stakeholders.

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OBJECTIVES AND ACTIVITIES

Grantmaking

The following grants were awarded to organisations during the year:

- A Windrush Grant funded by the Home Office was awarded to BME Forum to help local organisations celebrate the anniversary of the arrival of the Empire Windrush and to facilitate the applications for the Windrush scandal
- Covid 19 Vaccine Grants was awarded to eight organisations during the epidemic for delivery of COVID vaccine conversations with our communities.

Volunteers

Volunteers play an integral part of the Croydon BME Forum, embodying the spirit of community and selflessness. Their dedication and commitment are integral to the success of our mission, whether it's through providing crucial support at events, lending expertise in specialised projects, or offering a comforting presence to those in need.

We deeply appreciate their invaluable contributions, recognising that without their passion and generosity, our ability to effect positive change would be greatly diminished.

Over last 12 months, we have welcomed over 20 volunteers who have contributed to various projects within the BME Forum, such as Core20, Croydon IAG, and the Long Terms Conditions Project.

The following organisations have worked with us over the past 12 months.

Asian Resource Centre Croydon (ARCC)
Aids Health Foundation (AHF)
Age UK Croydon
Black Thrive Global
Cancer Don't Let IT Win
CAHN - Caribbean African Health Network
Croydon Council - Healthy Homes Team
Croydon Drop in
Croydon Neighbourhood Care Association (CNCA)
Croydon Voluntary Action (CVA)
Clear Community Web
Diabetes UK
Healthwatch Croydon
Integrated care support services
John Ruskin College
King's College London University
Macmillan Cancer Support
Manju Shahul-Hameed Foundation
Metropolitan Police
Mind In Croydon
Norbury High School
Off The Record
Race Equality Foundation
Socco Cheta
PJs Community Services
Voice4Change England
RM Partners
Wandsworth Community Empowerment Network (WCEN)
South-East Cancer Help
St Christopher's Hospice

Croydon BME Forum would like to offer their gratitude to a number of people who have assisted in different ways throughout the year. To our board of trustees who continue to support our endeavours, offer valuable advice and guidance when needed and to our staff and volunteers, without whom our many projects would not be possible. From organising to delivering, they always make it an extraordinary experience. The team go above and beyond to ensure the clients get the best possible and deliver our services.

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OBJECTIVES AND ACTIVITIES The 2023 GSK IMPACT Award

Croydon BME Forum wins top UK Award South London charity Croydon BME Forum (CBMEF) has won a major award for its work to tackle health inequalities and improve the physical and mental health of ethnic minority communities in Croydon.

Lisa Weaks, Senior Associate at The King's Fund, said: "Croydon BME Forum demonstrates a strong commitment to improving the mental and physical health of ethnic minority communities in Croydon, working to improve access to services, challenge stigma and reduce stark health inequalities.

The judges were particularly impressed with CBMEF's determination to find innovative ways to target services in the heart of the community, for example by opening a mental health and wellbeing hub in a local shopping center.

The 2023 GSK IMPACT Award recognises Croydon BME's significant impact on improving the health and wellbeing of the local BME community, its commitment to tackling inequalities in the prevalence of mental and physical ill health in that community.

Croydon BME Forum works to tackle health inequalities and improve the physical and mental health of ethnic minority communities in Croydon.

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ACHIEVEMENT AND PERFORMANCE

Charitable activities

Cancer Awareness

Helping to raise awareness for Black & South Asian communities living in Croydon In Partnership within order to lower cancer-related deaths among the Black and South Asian community, it is fundamental we work towards early detection.

The Project aims to:

1. To inform and educate residents about cancer and the importance of cancer screening
2. Increase uptake of cancer screening and reduce health inequalities within the Black & South Asian community
3. Create a trusted and safe environment for residents to engage with health professionals.

Cancer Champions Are local people who use their experience, knowledge, and passion to support friends, family, and colleagues to seek help early if they suspect they have symptoms of developing cancer. A cancer champion raises people's awareness about cancer, by engaging people in conversation.

- They host online and face-to-face information events, focus groups and workshops.
- Work in partnership with; local businesses, faith groups, cancer-related organisations and services. oDeploy multilingual teams to visit places of worship and speak with local leaders/decision-makers, to support the campaign in different ways e.g. speaking/hosting, displaying literature etc.
- Utilise community groups and spaces to increase the visibility of the project.
- Aiming to attract a male audience by targeting betting shops, sports clubs, barbershops, gyms etc.

We host Coffee Social Mornings every third Thursday of the month

This is a popular well attended event, where we discuss signs & symptoms, and screenings for Breast, Prostate, Bowel and Cervical cancer. In addition to this, we also include information to support the needs of the community (e.g. Energy Coordinator talk, Core20+5, Dementia/Alzheimer's, and Nutrition). Coffee mornings are supported by our Cancer Champions.

Since starting the project, we have: 70,000+ Interactions via social media

1473 people spoken to on a one-to-one basis.

13 online awareness talks covering cervical, breast, prostate, and bowel screening.

40 awareness talks.

25 events organised in partnership.

10 events co-hosted.

63 partnerships formed to support the project (including The Man Van, local businesses, faith groups, Primary Care and many more who display the cancer awareness literature and/or video).

Ethnicity Mental Health Improvement Programme (EMHIP)

Black and Minority Ethnic (BME) communities have poorer access, more negative experiences, and worse outcomes in mental health care in comparison to their white counterparts.

Black people are 4.6 times more likely to be detained under the MHA.

Black people are 4 times more likely to be the subject of 'restrictive interventions in inpatient settings.

Black people are 10 times more likely to be detained with a CTO.

45% increase in detentions under the MHA in the year to March 2021.

Bangladeshi people are 7% less likely to show improvement following treatment for anxiety & depression.

The Croydon BME Forum and the Asian Resource Centre of Croydon (ARCC), in partnership with, South-West London Integrated Care Service (SWL ICS, formally CCG), South London and Maudsley Trust (SLaM) and a network of community and faith organisations, are working in partnership with service users and families to address these disparities through the Ethnicity and Mental Improvement Programme.

This programme was first developed in Wandsworth and led by the Wandsworth Community Empowerment Network (WCEN) in partnership with NHS South-West London St Georges.

EMHIP Project Launch 2021

Phase One Complete 2022

Launch of EMHIP Report and Feedback 2022

Phase Two Begins 2022

Recruitment of ICB/BME Programme Managers 2022

Intervention One Begins 2023

Evaluation and Review 2024

Intervention Two Begins 2024

Evaluation and Review 2025

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Key Intervention 1 (KI1) EMHIP Mobile Wellbeing Hubs The first intervention is to establish a Mental Health & Wellbeing Mobiles Hub. This will be an early-help, mobile, whole-family hub service delivered in places familiar to local communities. The Mobile Hub team will rotate between different locations across the borough, improving access and providing culturally sensitive care to local people within local centers, places of worship, and other community-based locations.

5 KEY INTERVENTIONS

1. MENTAL HEALTH & WELLBEING MOBILE HUBS
2. IMPROVING CRISIS CARE AND CHOICE
3. REDUCE RESTRICTIVE COERCIVE PRACTICES
4. ENHANCING CARE FOR PEOPLE WITH SMI
5. CULTURALLY CAPABLE WORKFORCE

The Mobile Hub Service will soft launch in August 2023. The team will work in partnership with the following organisations to provide support in their locations: Centre of Change New Addington, New Testament Church of God Croydon, Lohana Hindu Community Centre (for intermittent awareness-raising events), The Wellness Centre Croydon and Holy Innocents Church West Croydon. A key focus for the team will be building relationships with residents, schools, and support services in the borough as well as working with GPs to support residents.

The Mobile Hub Team The mobile hub consists of a team of a non-clinical team manager, support workers (youth and general), a psychologist, an assistant psychologist, and a community psychiatric nurse. EMHIP Mobile Hub Aims - Provide safe spaces in the community for people with mental health and wellbeing concerns. - Serve as an access point (including walk-in, self-referral) for people with any difficulty related to mental health or general wellbeing. - Provide assessment, treatment, and support for people with mental health problems, including joint work with mental health/primary care services. - Work with community partners to support and monitor young people 'at risk' of mental health problems. - Offer self-help, peer support groups, workshops, and activities. - Host and support local GPs and others to improve physical health, such as health

Mental Health Community Development Worker for Age 60+

This year highlights the impactful initiatives and activities undertaken by the Mental Health Community Development Worker for individuals aged 60 years and over. Holistic engagement has been achieved through a framework of four pillars;

- Mental and Physical Health
- Financial Wellbeing
- Education & Cultural appreciation
- Future Planning

Using a combination of one-on-one support, online group conversations, and engaging events, the Mental Health Community Development Worker has made significant strides in promoting mental health and well-being among the elderly community.

Projects and initiatives conducted throughout the year include: Young at Heart Group "YAHG": YAHG established during the COVID-19 pandemic, played a pivotal role in providing social connection and support to individuals.

This online group offers a safe space for meaningful conversations, enabling participants to feel valued and connected. Weekly sessions continue to provide opportunities for interactive discussions, professional advice from Croydon NHS services, doctor-led health talks and Mental Health professionals, Counsellors, Dementia Support and advice and facilitator's, insights. This group is committed to promoting holistic well-being and positive mental health among individuals aged 60+

The Reader: The Poetry Group, provides an enriching experience for participants by engaging in creative expression and invigorating discussions, the 60+ members are encouraged to share their thoughts and emotions, promoting self-expression, and fostering a sense of belonging within a supportive community.

Compassionate Chats - for Bereavement Grief and Loss: The monthly chats have proven to be a vital resource for individuals navigating bereavement, grief, and loss. These sessions offer a safe space for people with a shared lived experience to support each other during challenging times. The supportive network created through these sessions enhances mental, emotional well-being and resilience.

Drumming for Dementia: A dementia awareness fun day was held during black history month with Croydon NHS and Dementia Lead Sharlung Bovell at the Wellness Centre. Our focus here was to bring cultural awareness through arts and music educational context. We had an African drummer on the day which, was very popular and interactive with those who attended. It led to further exploratory sessions at the Wellness with Sharlung Bovell the NHS dementia lead for Croydon.

Money on My Mind: This was a 4-part series of sessions done in conjunction with Off the Record, addressed financial advice and support for those who were finding it difficult to maneuver during this cost-of-living crisis. The aim was to reduce mental health related issues, triggered or brought on by financial strains.

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Queens Jubilee Tea Party: Held at the Wellness Centre for the 60+ age group was a joyous and memorable event that honored a significant moment in history while nurturing the mental well-being of the participants. The celebration was o Mental and Physical Health o Financial Wellbeing o Education & Cultural appreciation o Future Planning Annual Report 2022/2023 9 organised to commemorate a special jubilee in the reign of the monarch and brought together the 60+ community in a spirit of unity and festivity. The attendees, all of whom had lived through various historical periods, shared a collective appreciation for the milestone and its historical significance.

Spa Day - John Ruskin College: The annual intergenerational spa day held at the College was a heartwarming event that bridged the generation gap and promoted meaningful interactions between 2nd and 3rd year students and 60+ individuals. Held annually, it brings together two distinct age groups to share a day of pampering, relaxation, and connection.

Young at Heart Group "YAHG"

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Weekly sessions continue to provide opportunities for interactive discussions, professional advice from Croydon NHS services, doctor-led health talks and Mental Health professionals, Counsellors, Dementia Support and advice and facilitators' insights. This group is committed to promoting holistic well-being and positive mental health among individuals aged 60+

Most Used Social Media Channels by Croydon Bme Forum

49 Videos - YouTube 49 Videos, ranging from workshops, talks, focus groups and events.

600 Members - Facebook Event sharing and community announcements.

3728 Followers - Twitter Interactive polls and surveys

2000 Followers - Instagram Ran various campaigns including Black History Month and Cancer Awareness

1148 Members - Eventbrite has allowed BME Forum to be able to manage up to 20+ events each month which is equal to five a week.

700 WhatsApp - Over 700 members on our 3 WhatsApp groups

CATHIP Is A National Partnership Of Six Black Organisations Led By Cahn

CATHIP Health Hour is a weekly online health education session to promote self-care led by Consultants, Dr, and other health professionals ensuring Caribbean and African people can make better informed decisions about their health. Topics include.....

- High blood pressure o Diabetes o Stroke o Obesity etc

Attendance: We have had a total of 3,823 attendees from January to June join us on Saturdays for the CATHIP Health Hour sessions.

January 477

February 971

March 585

April 812

May 527

June 451

Health Hour Promotion Collectively each week we aim to have a minimum of 200 people benefit from this free online programme. All partners utilise media channels open to them such as Instagram, What's App and Twitter as well as newsletters, websites and word of mouth.

Benefits of attending Health Hour o Information on specific conditions which affect Caribbean and African people in the UK - Builds knowledge and confidence along with providing the ability to better manage your own health conditions - Opportunity to have your questions about health answered - offers support beyond the session to speak with a doctor or another health professional o led by Black Consultants, GP's and other clinicians from across the UK - By the community for the community Our aim is for better health outcomes for our communities and more awareness of preventing the health challenges we face along with renewed confidence to advocate for ourselves or others

Patient Carer Race Equality Framework (PCREF)

PCREF was a recommendation from the national Mental Health Act Review to eliminate the unacceptable racial disparity South London and Maudsley (SLaM) NHS Trust see in Access, Experience, and Outcomes (AEO) and to significantly improve the trust and confidence of black communities in our services.

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The PCREF Programme is a partnership between the Trust and host organisations, Croydon BME Forum and Lambeth Black Thrive.

Our partnership brings together (NHS) Trust Staff, black service users, their carers, and communities to jointly develop the PCREF.

COVID-19 has highlighted the stark inequalities in mental healthcare. SLaM delivers services to the largest populations of black people in the UK and has a moral and legal duty to work with racialised communities to dismantle the impact of structural barriers.

Documented inequality in SLaM outcomes illustrates that the transformation of mental health care for black people and action to regain the trust of Black communities is long overdue. PCREF is building on and developing the current infrastructure within SLaM that works in partnership with groups of black community members committed to local change, known as Independent Advisory Groups (IAG), who are active in each borough to improve access, experience, and outcomes for Black people.

Croydon BME Forum hosts two boroughs: Croydon IAG and Lewisham IAG, to help develop and strengthen the groups by equipping them with tools and resources while they work on the PCREF programme. The PCREF programme is currently at phase 3, which is the implementation phase of the change ideas where the IAGs have further input into developing projects on the programme.

Change ideas The PCREF Partnership Teams have developed 'Change Ideas' based on the National Organisational Competencies (NOCs) from NHS England. These are projects that will have a measurable impact on the access, experience, and outcomes of Black patients in the Trust's care.

The areas of focus cover adults of working age, older adults, children and young people, and specialist services.

Croydon - Co-production: Use of DIALOG+ to facilitate better co-produced care plans and improve care planning.

- Partnership working: Recruiting community support experts to work with care coordinators to bridge the gap between Trust services and the community for high intensity users (using data from admissions and A & E)

Lewisham - Cultural awareness: Decision-making around detention and cultural awareness training. - Staff knowledge and awareness: Awareness of service offer and culturally appropriate communications - focus on Older Adults and CAMHS services.

Equality, Diversity and Inclusivity (Edi) Research Project

So, what is Equality, Diversity and Inclusivity? Equality means treating everyone the same, Equity means fairness of access to opportunity and resources and not being treated less favorably. Diversity, recognising and celebrating each other's differences, including a wide range of backgrounds and mindsets.

Inclusion means creating an environment where everyone feels welcome and valued. This can only be created once we are more aware of unconscious biases and have learned to manage them.

What are the protected Characteristics and why should we care the following are the legal protected characteristics under the Equality Act 2010

- Age o Disability - Gender reassignment - Marriage and civil partnership o Pregnancy and maternity - Race Religion or belief - Sex - Sexual orientation Discrimination under any of these characteristics is illegal, Discrimination can take many forms indirect and direct, bullying, harassment and victimisation.

Equality, Diversity, and Inclusivity (EDI) Research Project

Who are the EDI funders? The National Institute for Health and Care Research (NIHR) Clinical Research Network (CRN) is committed to improving the representation and equitable participation of communities that are traditionally under-represented in health-related research in underrepresented groups from the Croydon based communities. Croydon BME Forum is working in partnership with Croydon Health Service & ARCC

Work to date

- Five Focus Groups held - Carers, Confirmed disability, Homeless, Refugees, Interfaith and Mental Health - Two, discovery planning meetings with Clinicians - 50, One to One Interviews - New Partnerships: Race Equality Foundation, Croydon Healthwatch, Willow Disability, Our Future Health, Groundswell - One Survey completed by 1000 BAME Community Respondents (see results)

Summary Survey of Responses out of 1000 questionnaires
Responses out of 1000 Issues

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619 English not their first language
525 Difficulty to access GP
515 Do not trust their GP
328 Do not trust their hospital
836 Go to the pharmacy for medical assistance
590 Do not feel any care and respect when accessing health care
589 Do not feel they have a say in their care
622 Do not feel listened too
960 Never approached for clinical trials

Black History Month

"The theme for Black History Month 2022 was Time for Change, Action not words. Croydon BME Forum are pleased to be working with Croydon Council, Croydon NHS Trust, and the rest of our partners, to celebrate Black Culture in Croydon and the massive contribution to our wonderful multi-cultural society.

The theme this year is a powerful one, because we've seen in recent years that all over the world change is needed, and in Croydon, it starts right here with us. Leading by example to change Croydon for the better for all our communities.

Mental Health Personal Independence Coordinator Service

MHPICS

Support under MHPIC Service has included accompanying clients to appointments, encouraging and supporting clients to leave home by doing joint walks, supporting clients to access food banks, IT support, and form-filling. Clients have also been signposted and referred to other services for additional support i.e., crisis support, safeguarding referrals, citizens advice, befriending services, counselling etc.

There are currently 9 MHPICs who cover the different localities under the Integrated Care Network. MHPICs continue to attend GP Huddles and ICN+MDT Meetings where they accept referrals, make referrals to other health services, and advocate clients' needs to other health professionals. We also maintain an active weekly presence at the Community Hubs.

Over the past year MHPICs have attended various training sessions including sessions on advice first aid, confidence and posture, welfare benefits, suicide prevention, and domestic abuse, multiple disadvantages & trauma informed practice

Statistics A total of 457 home and community visits were done over this year. Additionally, the team has set 754 goals and achieved 698 goals with clients over this year

Can You C Me? - Croydon Cancer Conference 2022

The Croydon BME Forum organised a conference entitled 'Croydon Cancer Conference 2022 - Can You C Me?' The conference aimed to address racial disparities within cancer support, raise the voices of marginalised communities and emphasise the importance of healthcare equality. Attendees joined talks with panels of guest speakers and workshops on living with cancer.

Topics included: o The impact of cancer on finances o Ethnic disparities within cancer o Cancer and loss o Afro hair and cancer o Breast cancer o Speakers and workshop hosts were a mixture of healthcare professionals and those with lived experience of cancer. Information on where to access advice and support for individuals who have received a cancer diagnosis, and their families & loved ones was also provided. This was fulfilled through signposting during the workshops and stalls from various organisations being present during the event.

Long-Term Conditions Outreach Programme

The Long-term conditions project, funded by the Integrated Care Board in 2020, continues to spread awareness on high blood pressure, diabetes, and Chronic obstructive pulmonary disease COPD within Croydon. The total number of those health checks reached 1231 between 1st April 2022 and 31st March 2023

BP at/above 140mmhg 329

High diabetes risk 707

African/Caribbean minority 494

Men 420

Women 811

The project has further broadened connections with existing hard-to-reach communities which include the homeless, refugees, and various faith groups. NHS emails, introduced earlier in the year, help the client re-engage with their surgery through barriers experienced by the client - struggle to get an appointment, waiting times etc.

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Wellbeing Advisor April 2022-March 2023

The Wellbeing Advisor two- year project started in June 2021 providing 1:1 mental health support and hosting and delivering workshops to predominately BAME people in the community. Within the last year of the project, the Wellbeing Advisor project slowly developed into a service in the Wellness Centre as the needs of the community increased due to the impact of COVID-19 due to reduced or non-existent services.

Since the Croydon Health and Wellbeing space was launched, the Wellbeing Advisor project have been working with them to ensure that the community receives the help they need.

Wellbeing workshops

The Wellbeing workshops predominately take place online in the evenings on a weekday, and within the last year of the project, we facilitated some workshops in-person at the Wellness Centre. The workshops have covered various topics in mental health and wellbeing either led by the Wellbeing Advisor or a guest speaker. We have engaged with 338 people and worked with 11 partners who have covered topics such as employment, building relationships, meditation, bereavement, suicide, therapy, anxiety and loneliness, positive mindset, and social care needs. 24 wellbeing workshops have been delivered in the second year of the project

1:1 Mental health support

The 1:1 session provide a safe space at the Wellness Centre where the individual feels supported and listened to, to find solutions to their problem. There are 6 sessions for the individual to explore what will help them and the services available to them with the support of the wellbeing advisor. We can signpost the individual to integrate into the Croydon BME Forum projects, Croydon Health and Wellbeing Space, Mind in Croydon and other external organisations and community groups, which essentially provides a support network for the individual and how we can make the life of the individual more manageable.

Individuals can either self-refer, be referred from external organisations and groups or drop-in to the Wellness Centre and get support. The main client need has been mental health support where they sought further help with counselling services in Croydon. Some of them use the space to understand what they need and look into other areas of their lives such as employment, education, housing and social activities. Since the impact of COVID-19 and the cost of living, we have observed an increase of complex clients entering the Wellness Centre and receiving referrals from either external organisations or via word of mouth in the community, to assist in housing support and completing benefit forms. With this observation, it highlighted the need to develop the wellbeing advisor project into the Wellness Team, that comprise of a team of three wellbeing advisors that provide 1:1 mental health support, assistance with housing, homelessness, employment, education, and social activities. Alongside, facilitating wellbeing activities and events

Wellbeing Advisor project data April 2022 - March 2023 We have worked with 11 partners 11 for the wellbeing workshops

24 wellbeing workshops online and face to face

634 people have signed up for wellbeing workshops

13 clients have registered for one-to-one wellbeing sessions

We have conducted 34 one to one wellbeing sessions

16 unique workshop topic

Aids Health Foundation UK

AHF UK provides anonymous, Rapid HIV tests in Croydon, and surrounding areas. through its own testing sites and at outreach sites and special events across the area. It also provides HIV self-test kits for home testing across the country. AHF UK also works in partnership with Community organisations, like the BME forum, Croydon Sexual Health, Faith Groups & local businesses to deliver HIV prevention & advocacy by providing - education, testing, sexual health information & free condoms. AHF UK is active at events all year long, including International Condom Day, Croydon Pride, National HIV Testing Week (UK), Black History Month and World AIDS Day.

Aligned with the global goal to end AIDS by 2030, AHF UK is committed to promoting HIV prevention and testing especially amongst BME communities who are disproportionately affected by HIV according to UK statistics.

Main Goal: Promote HIV testing and education especially amongst BME communities, hence our main reason for working closely with the Croydon BME Forum. End HIV transmission by promoting early testing Increase awareness on the new Prevention technologies End HIV stigma and discrimination [the biggest barrier to HIV testing]

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We work in close partnership with the BME Forum to complement the health programs by providing awareness and testing for HIV and Sexual Health. The HIV testing service runs on a weekly basis at the Wellness Centre, BME Forum in Whitgift Centre every Thursday from 2.00-5.00pm www.freeHIVtest.uk. In addition to this AHF UK, works together with the BME Forum, health Checks team at outreach events, community festivals, churches, Black History month events, World AIDS Day. Black and Minority ethnic group are disproportionately affected by HIV, with Black Africans having the highest numbers of undiagnosed infections, very high levels of stigma and low knowledge of HIV basic facts.

Community Connector

What is Core20 Plus5

It is the national NHS England improvement approach to reducing health inequalities at both national and system levels. Core20 is the most deprived 20% of the national population as identified by the index of multiple deprivation and plus is what has been chosen by the integrated care system. The 5 key clinical areas are high blood pressure/diabetes, early cancer, chronic respiratory diseases, maternity, and severe mental illness. Croydon BME Focus is in the African Caribbean communities and in the north of the borough where high health inequalities were found or has large deprivation areas.

Community Engagement:

Croydon BME Forum has held four in-person events, on raising health awareness in the community. These were held at Shiloh Worship Centre Thornton Heath, Socco Cheta South Norwood, and Wellness Centre Croydon. We have held two focus workshops around disability and health inequalities.

We have also worked in partnership with our long-term conditions worker on doing screening for high blood pressure and diabetes, completing over 160 health checks on this project.

We have taken a collaborative approach and worked in partnership with various organisations already working and functioning in the borough, to enhance the community's knowledge around what is available and what is accessible to them, resulting in signposting to services in and around Croydon.

We have been able to address the health issues that impact our community by providing a safe space and platform for people to come to and talk about their health issues. We have also been able to work with our NHS partners in Southwest London to be able to provide feedback on what is working and what is not working for the community.

We have been able to keep the community up to date with important updates from the NHS around changes within the healthcare system and on vaccination apps and immunisations or risks to health. We did all of this by offering Awareness Days to the community to provide community engagement

Activities 2022- 2023

160 health checks completed

2 workshops delivered

4 events hosted

900 members of the community engaged with

200 individuals referred to other agencies

Talks: presentations

- Long-term conditions - Cancer Awareness - prostate/breast/ovarian - Core20plus5- What Is It - Diabetes - Nutrition - Eating Healthy and exercise - Men's Health- Maintaining a healthy bladder with prostate cancer - Mental Health and wellbeing 25- 65 and over 65+

Black Mental Health Conference - Racial Disparities | Neurodiversity | Mental Health

The Black Mental Health Conference took place on Wednesday 26th April 2023 at London Southbank, Croydon, that held a space to explore how mental health affects black people and showcased Croydon's mental health initiatives such as Patients and Carers Racial Equality Framework (PCREF), EMHIP (Ethnicity Mental Health Improvement Project), Holistic Mastery, and Push 'N' Play.

The conference was requested by the community to promote the PCREF programme and, in a previous Croydon Independent Advisory Group community meeting about Neurodiversity, there was a popular response to learn and advocate for people with neurodiverse needs.

It was suggested that the core focus of the conference would be neurodiversity.

However, as mental health is broad, and we envisioned highlighting projects the IAG are working with, we decided to cover three specific topics: Racial disparities | Neurodiversity | Mental health / Trauma to address issues in the community and break the stigma of mental health in a safe space.

CROYDON BME FORUM

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The Wellness Centre

ABOUT THE SERVICE

The Wellness Centre is a holistic drop-in hub located in the center of Croydon. Our goal is wellness and prevention - to improve lives and avoid hospitalisation. We work in partnership with a diverse group of mental health professionals and providers supporting Black Minority and Ethnic communities in Croydon.

OUR FOCUS

Health & Wellbeing
Awareness Workshops
Physical Activities
Community Events

WE OFFER

The Wellness Centre has an exciting range of group events and activities to help improve mental wellbeing, physical health, social skills, and awareness.

This includes: o Coffee Mornings o Support Groups o Games Club o Energy Awareness Advice o Health Checks

You can also access our drop-in sessions with a member of our Wellness Team for one-to-one referrals to discover support services in the borough

Socco Cheta Community Hub

The community business responsible for the hub is made up of local organisations including Croydon United Domino Club, South Norwood Community Kitchen, Croydon BME Forum, Screen25 and The Association of Jamaicans UK. Together they will ensure the hub meets the needs and priorities of all the local community.

Paul Mitchell, one of the directors, reflects: "We know a space like this is desperately needed in South Norwood having listened and talked to our neighbours and community from all walks of life. We see the difficulties and social isolation that people face, both young and old, and the lack of cohesion and inequality that is beginning to physically splinter this community.

"We want to achieve an inclusive space, where whoever walks into it will feel welcomed and have several opportunities to participate. In an area where many feel they are losing control over where they live, and newcomers often feel like outsiders, we need a space that will bring people together and ensure that our incredibly diverse and vibrant community is energised, empowered and stronger than ever."

The Socco Cheta building, tucked off one of South Norwood's main streets will be a dynamic community hub providing space for a few new and existing community projects, enabling them to develop and expand. A community café will operate seven days a week on a pay-what-you can model with a menu born from surplus food.

A programme of activities decided by a community-based steering group, in response to local need, will take place each week. This could include skill-sharing cafes, inter-generational play sessions, exercise classes, community art and crafts sessions, tool/equipment sharing, music recording for young people, repair workshops and general social events for all the community to enjoy.

The hub will also host a regular community cinema with a programme decided by local people. The Croydon Domino Club that has used the space since the 70s, will continue to play their matches there and expand the services that they provide to their members to other people in the local community such as debt advice services and mental health support.

All the staff and volunteers will be recruited from within the area and will be mainly local people who are experiencing social exclusion and having difficulties getting employment. The hub will develop a mentoring and employment support programme providing training and access to different opportunities across the hub such as working in the café, cinema or maintaining the large outdoor space.

CROYDON BME FORUM

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

Croydon Health and Wellbeing Space

The Croydon Health and Wellbeing Space (CHWS Or the space) opened on 4th January 2022. It is a partnership between the NHS, Croydon BME forum and Mind in Croydon, designed to focus and emphasise on providing better access to mental health services and support for people who have not previously engaged with support, including BME communities. The space combines clinical mental health and social care expertise under one roof to improve access, experience, and outcomes.

It is part of the Mental Health Transformation programme, which aims to utilise community-based interventions to prevent worsening of an individual's mental health to crisis point.

Clients can walk in, be referred by a healthcare professional or signposted by statutory or voluntary organisations. Support workers provide advice and assistance with housing, welfare benefits, debt, mental health, physical health, and employment related issues.

Clients can also access the CHWS website (<https://croydonhws.co.uk/>), which acts as a virtual hub to anyone who may not be able to access the physical space.

My Ends

The core model of My Ends recognises the critical role and collective impact community stakeholders have in local violence reduction initiatives. The current programme has won an MJ award in the 'Better Outcomes' category for its partnership approach to solutions to tackle violence.

This approach has seen young people and community members supported through nearly activities and interventions, including detached youth work, intensive mentoring, diversionary activities, community outreach, sport and holistic support.

CROYDON BME FORUM

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

FINANCIAL REVIEW

Financial position

	31/3/2023 £	31/3/2022 £
Income	1,126,067	964,395
Surplus for the year	119,257	120,549
Fixed Assets	1,091	5,478
Bank	1,037,546	478,845
Debtors	93,469	271,596
Current Liabilities	(362,224)	(327,654)
Creditors due after more than one year	(222,000)	-
Net Assets (all unrestricted funds)	547,882	428,625

Principal funding sources

The following organisations have provided us with funding over the past 12 months:

Croydon Council
Croydon University Hospital
GSK Impact Awards
London South Bank University
Macmillan Cancer Trust
My Ends (Mayors Office)
RM Partners
South London & Maudsley (SlaM)
South-West London CCG (Croydon)

Reserves policy

BME Forum is committed to using its resources in pursuit of its charitable objectives. It is also committed to maintaining a level of reserves that is prudent to meeting its ongoing liabilities, sufficient to ensuring that all delivery commitment can be met and to protect the long term future of the BME Forum operations. BME Forum's policy seeks to balance these priorities by holding a level of reserves which equates to between three and six months expenditure of the charity.

Financial and risk management objectives and policies

We operate a comprehensive risk management strategy covering all our operations, which is developed at Board level and cascades down to individual projects. This entails carrying out a detailed Risk Analysis of the whole organisation once a year and compiling a detailed Risk Register identifying the fundamental risks facing us, assessing their impact and likelihood, and establishing measures to mitigate them. The Trustees review the Risk Register at each Board Meeting in the light of changing circumstances, to ensure that planned mitigation measures have been implemented, and to identify if the level of risk has changed.

The same approach is taken to risks affecting individual projects. Every project has its own Risk Register, generated through detailed risk analysis at the planning stage, and subject to regular review by the CEO and/or the Board, which covers the particular risks to the project, their impact and likelihood, and specific mitigating actions where available.

Principal risks and uncertainties

The Board of Trustees recognize the key risks that Croydon BME Forum faces which includes the financial risks of not getting funders to continue projects that are successfully piloted and the risk of maintaining a pool of staff that can deliver our projects. The Trustees maintain a risk register.

CROYDON BME FORUM

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

FUTURE PLANS

Croydon BME Forum is shaping a future where health disparities are mere memories, where every voice is valued, and where the community is at the heart of progress. The Forum is embarking on projects which will have a significant impact on BME communities.

The Cancer Support Project in partnership with Macmillan. This is a three-year programme with the key aim of intervention to improve the experience, outcomes and understanding of cancer treatment within BME communities in the Croydon area. The project will also provide healthcare providers and decision-makers with an awareness and a deeper understanding of the disparities in patient experience and health outcomes about minority communities and enable planning that takes into account the cultural needs of the Black and Ethnic Minorities Communities.

Croydon BME is dedicated to understanding the unique experiences of women from ethnic minority communities in fertility services. Our Women's Health Service project will explore issues and barriers experienced by black women in accessing gynaecology and fertility services and how these could be addressed.

Our focus on Black, Asian and other ethnic minority communities reflects our commitment to equity and justice in health care.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are elected at the AGM, after being nominated by a member in good standing of the Forum. During the year the Trustees can co-opt onto the Board in an advisory capacity additional Trustees with required specialist knowledge. Co-opted members serve until the following AGM and are then able to stand for election full members of the board.

Organisational structure

Croydon BME Forum is governed by a Board of six Trustees with expertise in various aspects of organisational management.

Decision making

The Trustees have overall responsibility for the organisation and provide overview, strategic direction and scrutiny for the organization's activities. They appoint and work with the CEO, who has day-to-day operational responsibility for the organisation, ensuring that the organisation delivers on the strategy they have set.

Induction and training of new trustees

New Trustees receive induction training on: their legal responsibilities as a charity trustee; the management and operational structure of the charity; and the key management issues, e.g. policy, personnel, finance, projects and funding matters.

Key management remuneration

The pay of the Chief Executive Officer is set by the Board of Trustees. The pay of the remaining Senior Management team, and staff is reviewed annually by the Chief Executive Officer, in line with market conditions and affordability of the charity, and a proposal is submitted to the Board of Trustees for their approval.

Wider network

Croydon BME Forum is the umbrella organisation for Croydon's Black and minority ethnic (BME) voluntary and community sector. It works to ensure local health and other public services meet the needs of this diverse community. It set up mental health and wellbeing 'hubs' in a shopping center in response to local people saying they had 'nowhere to go' when they had mental health and wellbeing needs. Two further Croydon hub spaces are planned to open in 2024 and 2025.

CROYDON BME FORUM

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04996963 (England and Wales)

Registered Charity number

1108843

Registered office

56a Mitcham Road
Croydon
CR0 3RG

Trustees

P Lewis
V Chandrababu
A Kumar
G Mirza
M Patel
V E Witter
P P Reid (resigned 31/7/23)
Y Walsh (appointed 21/11/22) (resigned 18/7/23)

Chief Executive Officer

Andrew Brown

Auditors

Hartley Fowler LLP
Statutory Auditors
Chartered Accountants
4th Floor Tuition House
27-37 St George's Road
Wimbledon
London
SW19 4EU

Bankers

National Westminster Bank plc
1 High Street
Croydon
CR9 1PD

CROYDON BME FORUM

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Croydon BME Forum for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Hartley Fowler LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 16 May 2024 and signed on its behalf by:



V Chandrababu - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF CROYDON BME FORUM

Opinion

We have audited the financial statements of Croydon BME Forum (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF CROYDON BME FORUM

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We identify and assess risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, we considered the following:

- the nature of the industry and sector, control environment and the charities activities;
- results of our enquiries of management about their own identification and assessment of the risks of irregularities;
- any matters we identified having obtained and reviewed the charitable company's documentation of their policies and procedures relating to:
 - identifying, evaluating and complying with laws and regulations and whether they were aware of any instances of non-compliance;
 - detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected or alleged fraud;
 - the internal controls established to mitigate risks of fraud or non-compliance with laws and regulations;
 - the matters discussed among the audit engagement team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF CROYDON BME FORUM

As a result of these procedures, we considered the opportunities and incentives that may exist within the organisation for fraud. In common with all audits we are also required to perform specific procedures to respond to the risk of management override.

We also obtained an understanding of the legal and regulatory framework that the charitable company operates in. The key laws and regulations we considered in this context included the Charities Act 2011, Charities and Trustee Investment (Scotland) Act 2005, Charities Accounts (Scotland) Regulations 2006, UK Companies Act and tax legislation.

In addition we considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which may be fundamental to the charitable company's ability to operate or to avoid a material penalty.

As a result of performing the above, we did not identify any key matters related to the potential risk of fraud or non-compliance with laws and regulations.

Our procedures to respond to risks identified included the following:

- reviewing the financial statement disclosures and testing to supporting documentation to assess compliance with provision of relevant laws and regulations described as having a direct effect on the financial statements;
- enquiring of management concerning actual and potential litigation and claims;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- reviewing minutes of meetings of those charged with governance, reviewing internal reports, and
- in addressing the risk of fraud through management override of controls, testing the appropriateness of journal entries and other adjustments, assessing whether the judgements made in making accounting estimates are indicative of a potential bias and evaluating the business rationale for any significant transactions that are unusual or outside the normal course of business.

We also communicated relevant identified laws and regulations and potential fraud risks to all engagement team members and remained alert to any indication of fraud or non-compliance with laws and regulations throughout the audit.


A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

First year audit

The prior year's financial statements were not audited.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Jonathan Askew FCA (Senior Statutory Auditor)
for and on behalf of Hartley Fowler LLP
Statutory Auditors
Chartered Accountants
4th Floor Tuition House
27-37 St George's Road
Wimbledon
London
SW19 4EU

17 May 2024

CROYDON BME FORUM

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted fund	Restricted funds	2023 Total funds	2022 Total funds as restated
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM					
Charitable activities	5				
Equality and Cohesion		180,576	-	180,576	177,315
Building Capacity		4,999	189,079	194,078	108,371
Empowering Communities		618,074	82,152	700,226	641,222
Other trading activities	3	7,982	-	7,982	13,379
Investment income	4	43,205	-	43,205	24,108
Total		<u>854,836</u>	<u>271,231</u>	<u>1,126,067</u>	<u>964,395</u>
EXPENDITURE ON					
Charitable activities	6				
Equality and Cohesion		243,875	-	243,875	199,975
Building Capacity		110,554	189,079	299,633	152,826
Empowering Communities		381,150	82,152	463,302	491,045
Total		<u>735,579</u>	<u>271,231</u>	<u>1,006,810</u>	<u>843,846</u>
NET INCOME		119,257	-	119,257	120,549
RECONCILIATION OF FUNDS					
Total funds brought forward		428,625	-	428,625	308,076
TOTAL FUNDS CARRIED FORWARD		<u>547,882</u>	<u>-</u>	<u>547,882</u>	<u>428,625</u>

The notes form part of these financial statements

CROYDON BME FORUM**STATEMENT OF FINANCIAL POSITION
31 MARCH 2023**

		2023	2022 as restated
	Notes	£	£
FIXED ASSETS			
Tangible assets	14	1,091	5,478
CURRENT ASSETS			
Debtors	15	93,469	271,956
Cash at bank		1,037,546	478,845
		1,131,015	750,801
CREDITORS			
Amounts falling due within one year	16	(362,224)	(327,654)
NET CURRENT ASSETS		768,791	423,147
TOTAL ASSETS LESS CURRENT LIABILITIES		769,882	428,625
CREDITORS			
Amounts falling due after more than one year	17	(222,000)	-
NET ASSETS		547,882	428,625
FUNDS	20		
Unrestricted funds		547,882	428,625
TOTAL FUNDS		547,882	428,625

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 16 May 2024 and were signed on its behalf by:



V Chandrababu - Trustee

The notes form part of these financial statements

CROYDON BME FORUM**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023**

		2023	2022
	Notes	£	as restated £
Cash flows from operating activities			
Cash generated from operations	1	558,289	254,054
Net cash provided by operating activities		558,289	254,054
Cash flows from investing activities			
Purchase of tangible fixed assets		-	(1,930)
Interest received		412	-
Net cash provided by/(used in) investing activities		412	(1,930)
Change in cash and cash equivalents in the reporting period		558,701	252,124
Cash and cash equivalents at the beginning of the reporting period		478,845	226,721
Cash and cash equivalents at the end of the reporting period		1,037,546	478,845

The notes form part of these financial statements

CROYDON BME FORUM**NOTES TO THE STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023****1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	2023	2022 as restated
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	119,257	120,549
Adjustments for:		
Depreciation charges	4,387	806
Interest received	(412)	-
Decrease/(increase) in debtors	178,487	(191,477)
Increase in creditors	256,570	324,176
Net cash provided by operations	<u>558,289</u>	<u>254,054</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/22 £	Cash flow £	At 31/3/23 £
Net cash			
Cash at bank	478,845	558,701	1,037,546
	<u>478,845</u>	<u>558,701</u>	<u>1,037,546</u>
Total	<u>478,845</u>	<u>558,701</u>	<u>1,037,546</u>

The notes form part of these financial statements

CROYDON BME FORUM

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1. GENERAL INFORMATION

The charitable company is incorporated and domiciled in England and Wales. The address of its registered office is 56a Mitcham Road, Croydon CRO 3RG. The registered number of the company is 04996963. The registered number of the charity is 11008843.

The financial information presented is for the year ended 31 March 2023 and 31 March 2022. The financial information is presented in sterling.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

a) Preparation of the accounts on a going concern basis

The financial statements have been prepared on the assumption that the charity is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves, the financial position, future plans and the expected level of income and expenditure for 12 months from authorising these financial statements. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

b) Significant judgements and estimates

Preparation of the financial statements requires management to make significant judgements and estimates. The items in the financial statements where these judgements and estimates have been made include:

(i) Deferred income. This represents grant income that relates to future accounting periods.

Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Income in respect of services provided is recognised when, and to the extent that, performance occurs and is measured at the fair value of the consideration receivable. The main source of contract income for the charity is contracts with the NHS Clinical Care Commissioners and the London Borough of Croydon.

Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant. Income from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to the consideration by its performance. Grant income relating to a later period is therefore deferred to that period and treated as deferred income in the balance sheet.

Rental income from hall and room hire is recognised when receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

2. ACCOUNTING POLICIES - continued

Governance costs

Governance costs include those costs incurred in the governance of the charity and include the production of the statutory accounts and the audit of the charity.

Allocation and apportionment of costs

Support costs include all those overhead costs of office, utility services and other services and costs, which are in support of the activity. They have been allocated to activity cost categories on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 20% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Leasing commitments

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

Cash at bank

Cash at bank includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are recognised at the invoiced cost prepaid. In relation to trade debtors, a provision for impairment is made when there is objective evidence that the charity will not be able to collect all the amounts due under the original terms of the invoice.

Creditors

Creditors are recognised when the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at the settlement amount.

Financial instruments

The charity only has financial instruments of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Volunteers

A certain amount of time is expended on the charitable company's activities which is donated free of charge. In accordance with Charities SORP (FRS 102), volunteer time is not recognised. Details of volunteer support and services are provided in the trustees' annual report.

CROYDON BME FORUM

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

3. OTHER TRADING ACTIVITIES

	2023	2022 as restated
	£	£
Other income	<u>7,982</u>	<u>13,379</u>

4. INVESTMENT INCOME

	2023	2022 as restated
	£	£
Rents received	42,793	24,108
Deposit account interest	412	-
	<u>43,205</u>	<u>24,108</u>

5. INCOME FROM CHARITABLE ACTIVITIES

Included in charitable activity income is the following income:

	2023 £	2022 £
Contract income:		
London Borough of Croydon - Core Infrastructure	50,400	56,000
London Borough of Croydon - Partnership Co-ordinator	29,792	28,678
London Borough of Croydon - Community Vaccine	92,634	92,637
London Borough of Croydon - other contracts	7,750	-
NHS South West London - Wellness Centre	30,750	30,000
NHS South West London - MHPICs	160,313	156,403
NHS South West London - MPPICs - Project Manager and set up	84,921	-
NHS South West London - CDW Service	83,025	81,000
NHS South West London - MHW Hub	249,075	243,000
NHS England and NHS Improvement - Facilitating Black African uptake National plan for BABAC organisations	9,990	-
Total contract income	<u>798,650</u>	<u>687,718</u>
Grant income:		
SLAM (South London and Maudsley) - restricted	67,250	26,750
NHS Long Term ConEthnicity and Mental Health - restricted	35,755	46,088
Croydon University - Equality, Diversity and Inclusion Project - restricted	11,333	-
NHS Cancer Awareness Project - restricted	35,620	-
NHS Core 20 Plus - restricted	32,397	-
Macmillan Cancer Support - restricted	14,900	-
Kickstart - restricted	12,057	8,838
The Maudsley Charity Trust - restricted	6,000	-
Windrush Community - restricted	21,940	-
Energy Redress - restricted	8,978	29,404
The Caribbean African Targeted Health Improvement Programme - unrestricted	5,000	6,364
Mayor of London - Young Londoners - restricted	-	30,000
Mayor of London - My Ends Project - restricted	25,000	25,000
NHS - Covid Vaccine	-	23,200
Independent Grant	-	9,500
L&Q Grant	-	4,900
Other Grants	-	29,146
Total grant income	<u>276,230</u>	<u>239,190</u>
Total contract and grant income	<u>1,074,880</u>	<u>926,908</u>

CROYDON BME FORUM

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Grant funding of activities (see note 7) £	Support costs (see note 8) £	Totals £
Equality and Cohesion	127,036	-	116,839	243,875
Building Capacity	260,028	-	39,605	299,633
Empowering Communities	340,449	83,243	39,610	463,302
	<u>727,513</u>	<u>83,243</u>	<u>196,054</u>	<u>1,006,810</u>

Charitable Activities costs for 31 March 2022

	Direct Costs £	Support Costs £	Total Costs £
Core Services	64,380	135,595	199,975
Building Capacity	101,272	45,190	146,462
Empowering Communities	430,203	45,195	475,398
	<u>595,855</u>	<u>225,980</u>	<u>821,835</u>

7. GRANTS PAYABLE

	2023 £	2022 as restated £
Empowering Communities	<u>83,243</u>	<u>-</u>
The total grants paid to institutions during the year was as follows:		
	2023 £	2022 as restated £
Champions Vaccine Grant	72,193	-
Windrush Community Grant	11,050	-
	<u>83,243</u>	<u>-</u>

8. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Equality and Cohesion	103,387	636	12,816	116,839
Building Capacity	35,122	212	4,271	39,605
Empowering Communities	35,127	212	4,271	39,610
	<u>173,636</u>	<u>1,060</u>	<u>21,358</u>	<u>196,054</u>

CROYDON BME FORUM**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****8. SUPPORT COSTS - continued**

Support costs for 31 March 2022

	Management £	Finance £	Governance £	Total £
Core Services	126,109	348	9,138	135,595
Building Capacity	42,030	115	3,045	45,190
Empowering Communities	42,073	116	3,046	45,195
	<u>210,172</u>	<u>579</u>	<u>15,229</u>	<u>225,980</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 as restated £
Auditors' remuneration	6,000	-
Other non-audit services	3,240	-
Depreciation - owned assets	4,387	806
Independent Examiner's fees	-	1,212
	<u>-</u>	<u>1,212</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

11. STAFF COSTS

	2023 £	2022 as restated £
Wages and salaries	528,084	490,056
Social security costs	47,420	37,814
Other pension costs	5,692	4,326
	<u>581,196</u>	<u>532,196</u>

The key management personnel comprise the chief executive officer and the finance manager. The total cost of the key management personnel in the year was £86,019 (2022 £86,656).

The average monthly number of employees during the year was as follows:

	2023	2022 as restated
Management and administration	4	4
Charitable activities	20	18
	<u>24</u>	<u>22</u>

No employees received emoluments in excess of £60,000.

CROYDON BME FORUM

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted funds	Total funds as restated
	£	£	£
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Equality and Cohesion	177,315	-	177,315
Building Capacity	6,364	102,007	108,371
Empowering Communities	516,977	124,245	641,222
Other trading activities	13,379	-	13,379
Investment income	24,108	-	24,108
Total	<u>738,143</u>	<u>226,252</u>	<u>964,395</u>
EXPENDITURE ON			
Charitable activities			
Equality and Cohesion	199,975	-	199,975
Building Capacity	115,926	36,900	152,826
Empowering Communities	301,693	189,352	491,045
Total	<u>617,594</u>	<u>226,252</u>	<u>843,846</u>
NET INCOME	120,549	-	120,549
RECONCILIATION OF FUNDS			
Total funds brought forward	308,076	-	308,076
TOTAL FUNDS CARRIED FORWARD	<u>428,625</u>	<u>-</u>	<u>428,625</u>

13. PRIOR YEAR ADJUSTMENT

- 1) Prior year income and expenditure has been reclassified which has no impact on the net assets of the charity.
- 2) Prior year unrestricted and unrestricted fund balances have been restated due to missclassifications in prior years. There was no impact on the net assets of the charity.

	2022 restated £	2022 £
Unrestricted Funds	<u>428,625</u>	<u>75,865</u>
Restricted Funds	<u>-</u>	<u>352,760</u>
Net Assets	<u>428,625</u>	<u>428,625</u>

CROYDON BME FORUM**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****14. TANGIBLE FIXED ASSETS**

	Plant and machinery £
COST	
At 1 April 2022 and 31 March 2023	39,132
DEPRECIATION	
At 1 April 2022	33,654
Charge for year	4,387
At 31 March 2023	38,041
NET BOOK VALUE	
At 31 March 2023	1,091
At 31 March 2022	5,478

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022 as restated
	£	£
Trade debtors	45,108	271,956
Accrued income	30,028	-
Prepayments	18,333	-
	<u>93,469</u>	<u>271,956</u>

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022 as restated
	£	£
Trade creditors	36,608	24,359
Social security and other taxes	-	60,331
Deferred income	291,064	242,964
Accruals	34,552	-
	<u>362,224</u>	<u>327,654</u>

	2023	2022
	£	£
<u>Deferred Income</u>		
Balance at 1 April 2022	242,964	-
Amounts deferred in the year	291,064	242,964
Amounts released to income	(242,964)	-
Balance at 31 March 2023	<u>291,064</u>	<u>242,964</u>

Deferred income comprises income received during the year which relates to the next financial year.

CROYDON BME FORUM

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2023	2022 as restated
	£	£
Deferred income	<u>222,000</u>	<u>-</u>

During the year the charity received a restricted grant of £444,000 for the Mobile Mental Health and Wellbeing project from the NHS for the next phase of the Ethnicity and Mental Health Improvement Programme (EMHIP).

EMHIP is a community-led intervention programme to reduce disparities and bring about change for b Asian, and minority ethnic people in mental health in Croydon. It is a collaborative partnership between Southwest London ICB, SLaM, and BME voluntary, faith, and community groups, organised by Croydon BME Forum in collaboration with Asian Resource Centre Croydon and Wandsworth Community Empowerment Network. The aim is to deliver a mobile mental health team to the people in Croydon.

This restricted funding is for a two year period so £222,000 has been classified within creditors greater than one year and £222,000 has been classified within creditors less than one year.

18. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2023	2022 as restated
	£	£
Within one year	24,580	25,000
Between one and five years	90,000	92,080
In more than five years	<u>225,000</u>	<u>247,500</u>
	<u>339,580</u>	<u>364,580</u>

Operating lease rentals expensed in the statement of financial activities during the year were £20,812 (2022 £20,812).

19. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund	Restricted funds	2023 Total funds	2022 as restated Total funds
	£	£	£	£
Fixed assets	1,091	-	1,091	5,478
Current assets	641,951	489,064	1,131,015	750,801
Current liabilities	(95,160)	(267,064)	(362,224)	(327,654)
Long term liabilities	-	(222,000)	(222,000)	-
	<u>547,882</u>	<u>-</u>	<u>547,882</u>	<u>428,625</u>

Comparatives for net assets between funds

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Fixed assets	5,478	-	5,478
Current assets	703,292	47,509	750,801
Current liabilities	(280,145)	(47,509)	(327,654)
	<u>428,625</u>	<u>-</u>	<u>428,625</u>

CROYDON BME FORUM

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

20. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	428,625	119,257	547,882
TOTAL FUNDS	<u>428,625</u>	<u>119,257</u>	<u>547,882</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	854,836	(735,579)	119,257
Restricted funds			
Kickstart	12,057	(12,057)	-
The Maudsley Charity Trust	6,000	(6,000)	-
NHS Core 20 plus	32,399	(32,399)	-
Cancer Awareness Project	35,618	(35,618)	-
SLAM (South London and Maudsley)	67,249	(67,249)	-
Macmillan Charity Support	14,900	(14,900)	-
Windrush Community	21,940	(21,940)	-
NHS Long Term ConEthnicity and Mental Health	35,756	(35,756)	-
Mayor of London - My Ends Project	25,000	(25,000)	-
Energy Redress	8,978	(8,978)	-
Equality, Diversity and Inclusion Project	11,334	(11,334)	-
	<u>271,231</u>	<u>(271,231)</u>	<u>-</u>
TOTAL FUNDS	<u>1,126,067</u>	<u>(1,006,810)</u>	<u>119,257</u>

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	At 31/3/22 £
Unrestricted funds			
General fund	308,076	120,549	428,625
TOTAL FUNDS	<u>308,076</u>	<u>120,549</u>	<u>428,625</u>

CROYDON BME FORUM

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

20. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	738,143	(617,594)	120,549
Restricted funds			
Kickstart	8,838	(8,838)	-
SLAM (South London and Maudsley)	26,750	(26,750)	-
NHS Long Term ConEthnicity and Mental Health	71,088	(71,088)	-
Energy Redress	29,404	(29,404)	-
Mayor of London - Young Londoners	30,000	(30,000)	-
Other restricted funds	60,172	(60,172)	-
	226,252	(226,252)	-
TOTAL FUNDS	964,395	(843,846)	120,549

Restricted Funds

Kickstart

The Kickstart Scheme is a government-funded initiative that provides funding to organisations to create new jobs for 16- to 24-year-olds on Universal Credit who are at risk of long-term unemployment.

The Maudsley Charity Trust/SLAM

This project enabled community partners to develop and maintain active community participation as part of the SLAM PCREF approach and transformational change programme to ensure equity of access, experience, and outcomes for black citizens when they use the Trust's services.

NHS Core 20 Plus

Core20Plus5 is a national NHS England and NHS Improvement approach to support the reduction of health inequalities at both national and system level. The approach defines a target population cohort, and identifies '5' focus clinical areas requiring accelerated improvement.

NHS Cancer Awareness Project

As part of the wider Croydon LTC programme the Royal Marsden has commissioned BME Forum and Asian Resource Centre to deliver a Cancer Awareness Project that is aimed at the BME community in Croydon. Some outcomes are below:

- Support raising grass roots awareness of LTC risk factors, the importance of screening, early identification, and self-management in key Croydon communities
- Empower patients to feel more confident in managing their own condition
- Tackle health inequalities and increase uptake from hard-to-reach groups

As part of this initiative community events will be organised by the provider and provide members of the public with an opportunity to receive indicative screening as a prompt or call to action to identify and address potential health concerns

Macmillan Cancer Support

Our 'Can You C Me?' partnership with Macmillan Cancer Support is focusing on and taking action to improve healthcare outcomes for black and ethnic minorities affected by cancer, after our Croydon Cancer Conference identified a critical need to address racial disparities within patient experience and health outcomes when receiving a cancer diagnosis.

CROYDON BME FORUM

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

20. MOVEMENT IN FUNDS - continued

Windrush Community Fund

Restricted funding from the Secretary of State for the Home Department. The purpose of this fund is to:

- a) increase awareness and visibility of the Windrush Scheme (documentation), Windrush Compensation Scheme, or both and the support available;
- b) reach more communities and individuals who may have been affected by their inability to prove their lawful status in the UK.

NHS Long Term ConEthnicity and Mental Health

We are working in partnership with Asian Resource Centre Croydon (ARCC) within the community on behalf of the Southwest London Clinical Commissioning Group (CCG) and Croydon NHS to provide the local community with education and support in managing three long-term conditions on the increase in Croydon. They are: Type 2 Diabetes, High Blood Pressure, and Respiratory Illness.

Mayor of London

The My Ends project was birthed out of the Violence Reduction Unit (VRU) in response to the violent crime rates within inner city areas. The funding aims to holistically desist young people from crime through initiatives such as mentoring, parental support, trauma, and mental health training, establishing community partnerships and giving voice to local residents.

Energy Redress

Healthy Homes For All is a project to increase awareness of domestic energy issues and reduce the risk of fuel poverty amongst harder to reach and BME communities, likely to be disproportionately affected by the impacts of covid-19, and more at risk of self-disconnection.

The project will be led by the Croydon BME Forum which has a long track record of community engagement, with specialist and advisory support from Croydon Council. The project will fund a full-time qualified energy advisor for a year. The advisor will utilise the BME Forum's existing extensive networks to deliver talks and training sessions in venues across the borough and online, as well as targeted outreach work in areas of high fuel poverty.

Equality, Diversity and Inclusion (EDI)

We are working with The National Institute for Health and Care Research (NIHR) Clinical Research Network, in South London, to improve representation and equitable participation of under-represented communities in gaining access to healthcare.

21. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

22. COMPANY LIMITED BY GUARANTEE

The charity is limited by guarantee and has no share capital. The liability of each member is determined by the Articles of the charity and shall not exceed £10.