

Company registration number: 05371268
Charity registration number: 1108741

**TOUCHDOWN DANCE
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

Touchdown Dance Contents

	Page
Trustees' Report	1—8
Independent Examiner's Report	9
Statement of Financial Activities (including Income and Expenditure Account)	10
Comparative Statement of Financial Activities (including Income and Expenditure Account)	11
Statement of Financial Position	12—13
Notes to the Financial Statements	14—18
The following pages do not form part of the statutory accounts:	
Detailed Statement of Financial Activities (including Income and Expenditure Account)	19—20

The trustees present their report and the financial statements for the year ended 31 March 2025.

Objectives and Activities

Aims and Objectives

Charitable objects

The objects of the Charity are to apply the charity income and capital for the promotion of all forms of access to our services for blind people, people with deficiency of sight or visual impairment, psychological, developmental, learning and/or physical disability, (together known as the beneficiaries) as well as the provision of the under-mentioned services. The charity also has powers to establish a centre or centres for such purposes in the UK and in particular, but without prejudice, with the foregoing powers -

To assist and enhance the mobility and aesthetic experience of the beneficiaries through a movement-based programme consisting of practical workshops and creative dance-movement based projects for public performance, and/or:

To when and where appropriate develop programmes for the training of people involved in the objects of the charitable company and to promote study and research into the core methods, that enable inclusion of those marginalised by the effects of sensory, psychological, developmental, learning and physical disability, and to publish the results of such research and/or:

To assist in the documentation and dissemination of information in connection with the objects stated in paragraph (a) and on the assistance available from education, health and social care authorities and other statutory or voluntary organisations.

Aims

To encourage and assist in the provision of schemes for the inclusion, autonomy and voluntariness of the beneficiaries; Touchdown Dance aims to provide inclusive services to benefit participants who experience exclusion from dance and movement projects and training. The work aims to support all to participate on an equal footing in our dance and movement workshops, training opportunities and artistic productions.

Dance is known to be the largest participatory art form with multiple benefits. Touchdown Dance specialises in the inclusion of visually impaired people, who are the most excluded population group. We run participatory workshops, projects and professional trainings in both openly integrated and discrete settings. Our wide-ranging provision may be recreational, of benefit to health and wellbeing, or vocational in nature, and a combination of these. Each is an opportunity that aims to impact on the greater inclusion of our beneficiaries in the arts and in society more generally.

The professional training provides greater understanding of inclusive practices that offer equality of access and opportunity.

Touchdown Dance aims to work strategically in community settings where our beneficiaries access such opportunities as well as in health, educational and arts settings, in order to maximise on the impact of the work on both participants and the setting in which it takes place.

Touchdown Dance is an inclusive company.

Three of five Touchdown Dance company members are visually impaired, one is neurodivergent; together we endeavour to provide a model of successful integration within the professional dance arena. Our specialised approach produces dance works.. Touchdown Dance activities are run by dance company members in the furtherance of our objectives in order to have the widest impact, offering a variety of projects and geographical coverage. The dancers continue to meet and review the core methods and approaches to make the case for the greater inclusion and autonomy of the participants.

**Touchdown Dance
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Significant Activities

As a dance company and training provider, we prioritise the professional and artistic development of our dance artists and teaching team. Contact improvisation, somatic movement education and therapy methods, provide specialist embodied practices and support professional development. Embody-Move is our educational wing providing training to benefit all ages and abilities.

We devise, undertake and evaluate our projects based on the needs of the participants, on their responses, ideas, contribution and feedback. We assess the impact upon monitoring and evaluation methods on a sessional as well as project basis. In this way we monitor and evaluate the public benefit provided by our work and measure the outcomes in view of our project and charitable aims and objectives. In November 2023 a book on the history, methods and principles of Touchdown Dance with points of view chapters from company members and input from Steve Paxton was published by Intellect Books and is selling well. It is now a course book for students at the University of Los Angeles (from 2024).

Location and area of operation:

Touchdown Dance delivers workshops locally to its base in Sale, Greater Manchester, in the North West, in the UK and internationally such as Europe, and Sri Lanka. In the UK Touchdown Dance targets partners who also work to further the greater inclusion of our beneficiaries, particularly visually impaired people of all ages and ability. We have delivered projects with partners such as Henshaws Society for the Blind, LOOK UK, The Royal National Institute for the Blind, SENSE, St Vincent's School in Huyton, to mention a few. Funding for these activities has been sourced from local, regional and national statutory or charitable sources (including BBC Children in Need, the National Lottery Reaching Communities Fund) and from Erasmus and the British Council.

Touchdown Dance artists deliver workshops, training activities and performance projects nationally and occasionally in Europe. We work to further our objectives through collaborative projects for all ages and abilities which involve the participation of professionals in education, health and wider fields. Project monitoring and evaluation are shared with funders and give us greater understanding and insight into how we meet the needs of the beneficiaries. With a long-standing reputation for our inclusive methods and processes, using specialist methods and approaches, we impart new skills, insights and practices for participants to use to mediate risk and maximise potential. We carefully balance the need to ensure as much autonomy as possible for visually impaired people, whilst ensuring enough sighted support is available to prevent collision, as well as full participation of each person in the process.

Social Isolation caused by the Pandemic continues to impact many communities we continue to adapt creatively to enable access to our project delivery – some continue on line with people unable to travel due to access and financial reasons.

The impact of the cost-of-living crisis has made funding more significant for our participatory workshops as numbers are increasing both in person and online in Trafford. Regarding the training programs we provide subsidised places and payment plans for those on low incomes or hardship.

Public Benefit

The first benefit to the public is to experience the creative output of visually impaired and learning-disabled dancers. Touchdown Dance demonstrates a risk averse approach in which the lack of sight is not disabling the dancer – for example using physical contact to guide the dancer through space, audio description, creative strategies that mediate the possibility of collision or injury, health and safety risk assessments. When hosted onsite (such as in schools) we work in collaboration with other professionals to share how to manage more complex individual needs. We encourage performance events to challenge public perception and appreciation for greater inclusion.

The second benefit is for parents, families, friends and communities to attend public and discrete performance events and to experience people of all ages and abilities participate in dance and movement educational, or health and wellbeing focused activity.

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**Touchdown Dance
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Public Benefit - continued

The third is to provide training opportunities in Contact Improvisation, Body-Mind Centering touch and movement-based methods, observation and assessment skills that are based in developmental movement and rehabilitation skills to professionals to enable them to work more inclusively and effectively. This also provides an income stream for the charity to use for charitable purposes.

The fourth is the publication and dissemination of educational materials, reports and evaluations where appropriate, to deliver webinars and presentations, to proffer a greater understanding of our inclusive methods and our practice-led research approach into safe touch and movement methods.

The fifth is the implementation of a certified training program in Body Mind Centering® (BMC®)¹ which provides a vocational training in experiential anatomy and human development. Visually impaired participants from Touchdown Dance and other disadvantaged participants, receive a bursary place to enable them to attain employment opportunities and belong to a community of other professionals in education and therapy contexts. Touchdown Dance's project Embody-Move has the exclusive license to deliver this training in the UK with a recent temporary extension to work in Ireland and Poland..

The trustees have consulted the Charity Commissions Guidance on Public Benefit; GDPR and charity compliance.

(1 Body-Mind Centering® and BMC® are the registered service marks of Bonnie Bainbridge Cohen used with permission).

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

Contribution of volunteers

Touchdown Dance has volunteer support on a weekly basis at the local workshop provision in Sale. These workshops are for sensory impaired and learning-disabled adults alongside other members of the community who may have physical or mild mental illness. The volunteers are either retired, seeking work experience, or unemployed people seeking to contribute to our charitable activity. These groups are integrated and inclusive.

Touchdown Dance workshops in schools occasionally involve volunteers and assistants from the setting or location who seek to learn from our approach. Touchdown Dance occasionally has student placements from local and regional university undergraduate and post graduate courses, the placement agreement will include specific terms, tasks and outcomes such as monitoring, evaluation, administration experience, under supervision and all have police checks.

Achievements and Performance

Main Achievements

Touchdown Dance has maintained and developed new projects in the UK and has been invited abroad to Rumania, and Germany this past year. This is in response to the need for our expertise in providing activities that support individuals, families, carers and services. Our success is reflected in attendance numbers increasing, along with new project activity gaining funding and the on-going support from Waterside Arts Centre, providing office and studio space since 2006 and promotion of our workshops that have run for 25 years.

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**Touchdown Dance
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Main Achievements - continued

In the year 2024-25 Touchdown Dance continued as company in residence at Waterside Arts Centre in Sale, delivering our acclaimed VISIBLE dance and Sing and Sign groups operating weekly using British sign language. A third online session called "Life Story" – continues for people with memory loss and for participants at risk. This project continues thanks to the fourth year of a 5 year funding bid from the National Lottery Reaching Communities Fund. We delivered these projects and supported the social and cultural integration of the members; these include two weekly sessions at Waterside Arts and up to 20 sessions a year at Manor Academy in Sale, Newbridge Learning Centre and College in Oldham, and centres for children with complex needs in Liverpool (All Saints School and Millies).

Touchdown dancers have met quarterly to rehearse and remake 343m/sec; Stuart Jackson, Angus Balbernie and Katy Dymoke took this performance to Berlin in the Autumn of 2024 to Ehrenfeld studios. We gave community workshops to visually impaired and sighted people and performed twice. We also met with Holly Thomas, Jamus Wood, Robert Anderson in London to consider future workshops and projects for 2025-6. Jamus Wood, now a BMC practitioner, has begun to work as a junior teacher as part of his progression on the teacher training; he runs his own workshops and community-based work in Bristol and Devon. Holly has created an ongoing research project into integrated arts practice with a performance scheduled to tour to Bristol and London in 2025-6, called Half Light. Robert continues to teach CI and organise events in London. Angus Balbernie hopes to continue to build a performance project and promotes our work abroad. Katy is invited to teach around the UK and abroad as director of Touchdown Dance and the BMC program.

Financial Review

Financial Position

Overview

Touchdown Dance continues to benefit from the incorporation of Embody-Move as an income stream, with the level of professional training and resources it provides in the risk averse climate and on-going public expenditure cuts. Our fund-raising activity continues to secure our community projects as free for users. Another source of risk is the continued health risk of the variants of COVID 19 and the rising cost of living, alongside cuts in benefits and PIP assessments, which may restrict participant numbers.

Our fundraising strategy includes, where possible, a proportional amount towards general overheads to ensure we cover project management, supervision, disclosure and baring checks, staff training requirement, book keeping and insurance.

Our financial performance continues to be successful alongside other in-house initiatives. We work with fundraising platforms and see corporate sponsorship from within Trafford. We raise smaller amounts by selling snacks, holding raffles and from ticket sales at community performances. Through Embody-Move we sell books and DVDs, and use secure accessible payment methods such as Paypal, a Wise account for Euro transactions and secure card payment methods on the Embody-Move website.

The combined project income provides financial security and an opportunity for the charity to achieve combined goals. The ongoing strategy is to sustain income for the charity from our activities, training programs and to further the artistic and professional development of the visually impaired and sighted professionals in the company. Further project fund raising will have a focus going forward to develop our provision and explore innovate ideas.

We work with web designers and seek another freelance project manager to manage the PR, fund raising and policies.

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**Touchdown Dance
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Financial Position - continued

Risk management

The trustees have identified the major risks facing the charity and have taken steps to mitigate those risks. In particular we take legal advice from specialists in charity law to ensure the minimising of risk to the charity such as updating policies and advice from our insurers to insure adequate insurance cover for the critical mass of our activity. All staff are expected to undertake training modules in safeguarding, GDPR, and others in Fire and first aid to minimise risk and maintain safety for all.

The risk of closure faced by education and community services due to austerity, the economic forecast and COVID 19, remains at risk of repeat. We continue to rethink our ways of working to manage the risks of not delivering our funded projects. The National Lottery Reaching Communities fund have recommended us to continue to explore corporate sponsorship and partnerships. Budget cuts and high cost of living continue to present a risk to charities such as Touchdown Dance as our beneficiaries depend on access to our services and require transport and support.

Principal funding sources

The principle funding sources this past year were; The National Lottery Reaching Communities grant – now the 3rd year of 5 years' funding. These funds support our project activity in Trafford, Greater Manchester and Merseyside. Embody-Move covers the costs of delivery of the training from participant contributions and from creating collaborative partnerships – such as the trip to Bucharest in 2024.

We continue to have an office space in Waterside and continue to deliver weekly sessions there although most of our administrative work is from home or remote. Trafford Council refunds a portion of the ticket price taken to cover the studio hire, which will enable the project to continue when the funding gap occurs. Waterside Arts Centre provides much service in kind, providing space, technical support and advice.

Reserves Policy

The analysis of reserves is set out in notes 14 to the financial statements.

The trustees have decided to sustain financial reserves adequate to cover 3 months of project fees and commitments in case of cash flow issues, to guarantee project activity and if necessary to provide due notice to staff and partners, for the impact of the work to be protected. We will hold in reserve the estimated overheads for one financial year to provide contingency and time to wind down the charity in the event of a decision to close. This gives a reserves target of c£20k. The free reserves (unrestricted funds not invested in fixed assets) at the year-end were £63,195. It is expected that the excess above the target will be utilised over the next two years to invest in our activities.

Going Concern

We are currently in a strong position considering the on-going national economic challenges and global unrest. We monitor project expenditure and operate book keeping systems for all projects to eliminate/minimise risk. There are therefore no matters to report of going concern. Touchdown Dance continues to adapt to challenges caused by climate and economic hardship, to accommodate the needs of the most in need.

**Touchdown Dance
Trustees' Report (continued)
For The Year Ended 31 March 2025**

FUTURE PLANS

Touchdown will continue to deliver sessions in education and health settings in compliance with safeguarding regulations and guidance. With continued vigilance, risk assessments and training, we deliver in person sessions and have some online sessions for distant learning and for those unable to return to in-person sessions. The educational and the health and wellbeing aspects of the work respond directly to the challenges brought about by the increased reliance on social media, visual media and social isolation caused by the pandemic - we still witness touch deprivation, isolation, inactivity and loss of liberty. It is therefore incumbent on us to continue as far as possible to fulfil the aspirations of the groups and communities for whom our services are part of their weekly routine.

We endeavour:

To provide sessions for children and young people in bespoke settings, for health educational and recreational purposes.

To provide training and other opportunities for visually impaired, learning disabled and other adults excluded from dance, in seasonal workshops in different locations in the UK.

To work collaboratively with partners such as LOOK UK, Schools, venues, agencies and other integrated/disability led companies.

To open the Somatic Movement Education and Practitioner training offered by Embody-Move to visually impaired people and sighted people who work in health and wellbeing, dance, and other sectors.

To further integrate the Embody-Move more visibly under the charity – such as shared newsletters and integrated social media.

To provide scholarship places to Touchdown Dance members in the Embody-Move training program, and to deliver opportunities and events.

Create opportunities for the Dance Company artistic development, production and touring of dance work – and workshop activity, nationally and internationally.

To continue to work creatively as a dance company on educational projects.

To further develop the board of trustees and have away days and access to training.

Structure, Governance and Management

Governing Document

The charity is a company limited by guarantee governed by its memorandum and articles of association dated February 21 2005, amended by special resolution dated November 12 2014. It is a registered charity with the Charity Commission.

Trustee Selection Methods

The Directors are appointed by the members in general meeting. Each year one third of the directors retire by rotation and are eligible for re-election. In addition to those retiring by rotation, the only other people eligible for election as Directors are those recommended by the Directors for re-election or who have been nominated by a member giving not more than 35 days and not less than 14 days' notice.

**Touchdown Dance
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Organisation

Touchdown Dance is updating its articles of association, and requires a quorate of 3 to attend meetings which are held quarterly. The company secretary reports to the trustees at the meetings and trustees are consulted about activities and invited to attend. The company secretary delegates administrative tasks to project workers and day to day management of legal affairs, policy updates to legal representatives and trustees.

Trustees are required to have child protection training and safeguarding training. The induction process involves a presentation from the prospective trustee to the existing trustees of what skills they bring and what interest they have in the work. They receive an induction pack and overview of the charity activity. If a trustee misses more than 3 consecutive meetings without notice they are retired.

NDR accounting is assigned with book keeping and Chittendens Ltd with the Charity accounts, guidance and financial advice. Trafford House Trust provide funding and capacity building advice as well as business development advice. Charity Legal Advice is provided by EL Law Ltd.

Reference and Administrative Details

Trustees

Miss Natasha Chadwick - Chair
Ms Shelley Owen
Miss Vicci Riley - Treasurer
Dr Mary Coaten

Company Secretary

Dr Catherine Dymoke

Charity Number

1108741

Company Number

05371268

Independent Examiner

Geoffrey Horley
Chittendens Limited
Chartered Accountants
435 Chester Road
Old Trafford
Manchester
M16 9HA

**Touchdown Dance
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The trustees' report was approved by the board of trustees and signed on its behalf by:

Miss Natasha Chadwick

Trustee

11/12/2025

Touchdown Dance
Independent Examiner's Report to the Trustees of Touchdown Dance
For The Year Ended 31 March 2025

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and Basis of Report

As the charity trustees of the Company (and also its directors for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Geoffrey Horley
11/12/2025
Chittendens Limited
Chartered Accountants
435 Chester Road
Old Trafford
Manchester
M16 9HA

Touchdown Dance
Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 March 2025

				2025	2024
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	3	12,000	-	12,000	12,000
Charitable activities	4	100,266	21,467	121,733	122,097
Other	5	18	-	18	45
		<u>112,284</u>	<u>21,467</u>	<u>133,751</u>	<u>134,142</u>
EXPENDITURE ON:					
Raising funds	7	1	-	1	-
Charitable activities	7	(111,988)	(20,814)	(132,802)	(113,841)
		<u>(111,987)</u>	<u>(20,814)</u>	<u>(132,801)</u>	<u>(113,841)</u>
NET INCOME		297	653	950	20,301
NET MOVEMENT IN FUNDS		<u>297</u>	<u>653</u>	<u>950</u>	<u>20,301</u>
RECONCILIATION OF FUNDS:					
Total funds brought forward		62,898	3,221	66,119	45,818
TOTAL FUNDS CARRIED FORWARD	14	<u>63,195</u>	<u>3,874</u>	<u>67,069</u>	<u>66,119</u>

The notes on pages 14 to 18 form part of these financial statements.

Touchdown Dance
Comparative Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 March 2025

				2024
		Unrestricted funds	Restricted funds	Total funds
	Notes	£	£	£
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	3	12,000	-	12,000
Charitable activities	4	92,571	29,526	122,097
Other	5	45	-	45
		<u>104,616</u>	<u>29,526</u>	<u>134,142</u>
EXPENDITURE ON:				
Charitable activities	7	(84,761)	(29,080)	(113,841)
NET INCOME		<u>19,855</u>	<u>446</u>	<u>20,301</u>
NET MOVEMENT IN FUNDS		<u>19,855</u>	<u>446</u>	<u>20,301</u>
RECONCILIATION OF FUNDS:				
Total funds brought forward		43,043	2,775	45,818
TOTAL FUNDS CARRIED FORWARD	14	<u><u>62,898</u></u>	<u><u>3,221</u></u>	<u><u>66,119</u></u>

The notes on pages 14 to 18 form part of these financial statements.

Touchdown Dance
Statement of Financial Position
As At 31 March 2025

				2025	2024
		Unrestricted	Restricted	Total	Total
	Notes	funds	funds	funds	funds
		£	£	£	£
FIXED ASSETS					
Tangible Assets	11	-	-	-	426
		-	-	-	426
CURRENT ASSETS					
Debtors	12	4,392	-	4,392	3,042
Cash at bank and in hand		69,769	3,874	73,643	67,318
		74,161	3,874	78,035	70,360
Creditors: Amounts Falling Due Within One Year	13	(10,966)	-	(10,966)	(4,667)
NET CURRENT ASSETS (LIABILITIES)		63,195	3,874	67,069	65,693
TOTAL ASSETS LESS CURRENT LIABILITIES		63,195	3,874	67,069	66,119
NET ASSETS		63,195	3,874	67,069	66,119
FUNDS OF THE CHARITY					
Restricted Funds				3,874	3,221
Unrestricted Funds				63,195	62,898
TOTAL FUNDS	14			67,069	66,119

Touchdown Dance
Statement of Financial Position (continued)
As At 31 March 2025

For the year ending 31 March 2025 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board

Miss Natasha Chadwick

Trustee

11/12/2025

The notes on pages 14 to 18 form part of these financial statements.

Touchdown Dance
Notes to the Financial Statements
For The Year Ended 31 March 2025

1. General Information

Touchdown Dance is a company limited by guarantee, incorporated in , registered number 05371268 and registered charity number 1108741. The registered office is .

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The charitable company is a Public Benefit Entity as defined by FRS 102.

2.2. Going Concern Disclosure

The trustees have not identified any material uncertainties related to events or conditions that may cast significant doubt about the charitable company's ability to continue as a going concern.

2.3. Significant judgements and estimations

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances

2.4. Incoming Resources

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably. The following applies to particular types of income:

Grants, whether of a capital or revenue nature, are recognised when the charity has entitlement to the funds, any performance conditions have been met and it is probable that the income will be received.

Donations from individuals and other bodies (not being of the nature of a grant) are recognised when receivable.

Donated Facilities are recognised in the accounts where they can be measured with reasonable accuracy. They are included at the cost the charity would have incurred if it purchased the service or facilities on the open market. As there is no monetary transaction between the parties, both the income and the expense of the donated facilities are shown, the income is shown within Donations and legacies and the expense is shown within direct costs of performance and related activities.

Earned income is measured at the fair value of the consideration received or receivable for services and goods supplied, net of discounts and VAT.

2.5. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Computer Equipment	25%
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Touchdown Dance
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

2.6. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

2025	2024
Unrestricted funds	Total funds
£	£
12,000	12,000

4. Income from Charitable Activities

	2025	2024
Unrestricted funds	Total funds	Total funds
£	£	£
Embody training and workshop	96,939	75,614
National Lottery Community Fund	-	23,136
Performance and related activities	3,327	16,957
Sports England	-	6,390
	100,266	122,097

5. Other Income

2025	2024
Unrestricted funds	Total funds
£	£
18	45

6. Net Income/(Expenditure)

The net income is stated after charging/(crediting):

2025	2024
£	£
426	-

Touchdown Dance
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

7. Analysis of Expenditure

	2025		
	Activities undertaken directly	Support costs (see note 8)	Total
	£	£	£
Raising funds	-	(1)	(1)
Embody training and workshop	65,523	9,822	75,345
National Lottery Community Fund	19,780	1,034	20,814
Performance and related activities	36,643	-	36,643
	<u>121,946</u>	<u>10,855</u>	<u>132,801</u>

	2024		
	Activities undertaken directly	Support costs (see note 8)	Total
	£	£	£
Embody training and workshop	32,772	214	32,986
National Lottery Community Fund	29,080	-	29,080
Performance and related activities	47,844	3,931	51,775
	<u>109,696</u>	<u>4,145</u>	<u>113,841</u>

8. Support Costs

	2025		
	Raising funds	Embody training and workshop	National Lottery Community Fund
	£	£	£
General administration	(1)	9,396	1,034
Depreciation	-	426	-
	<u>(1)</u>	<u>9,822</u>	<u>1,034</u>

	2024		
	Embody training and workshop	Performance and related activities	Total
	£	£	£
General administration	214	3,931	4,145

Touchdown Dance
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

9. Independent Examiner's Remuneration

	2025	2024
	£	£
Independent examination of the financial statements	1,010	1,010

10. Average Number of Employees

Average number of employees during the year was: NIL (2024:)

11. Tangible Assets

	Plant & Machinery	Fixtures & Fittings	Computer Equipment	Total
	£	£	£	£
Cost				
As at 1 April 2024	1,420	152	10,058	11,630
As at 31 March 2025	1,420	152	10,058	11,630
Depreciation				
As at 1 April 2024	1,350	137	9,717	11,204
Provided during the period	70	15	341	426
As at 31 March 2025	1,420	152	10,058	11,630
Net Book Value				
As at 31 March 2025	-	-	-	-
As at 1 April 2024	70	15	341	426

12. Debtors

	2025	2024
	£	£
Due within one year		
Trade debtors	4,392	3,042

13. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Accruals	2,608	1,409
Income in Advance	8,358	3,258
	10,966	4,667

Touchdown Dance
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

14. Movement in Funds

	As at 1 April 2024	Income	Expenditure	As at 31 March 2025
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	62,898	112,284	(111,987)	63,195
Restricted funds				
Restricted Funds	3,221	21,467	(20,814)	3,874
Total funds	<u>66,119</u>	<u>133,751</u>	<u>(132,801)</u>	<u>67,069</u>
	As at 1 April 2023	Income	Expenditure	As at 31 March 2024
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	43,043	104,616	(84,761)	62,898
Restricted funds				
Restricted Funds	2,775	29,526	(29,080)	3,221
Total funds	<u>45,818</u>	<u>134,142</u>	<u>(113,841)</u>	<u>66,119</u>

15. Transactions with Trustees

No trustee expenses have been incurred.

16. Related Party Disclosures

There have been no related party transactions in the reporting period that require disclosure, except for those disclosed in the Transactions with Trustees note.

17. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

Touchdown Dance
Detailed Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 March 2025

	2025	2024
	Total funds	Total funds
	£	£
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Donation-In kind Support-Trafford MBC (Use of Water Arts center)	12,000	12,000
	<u>12,000</u>	<u>12,000</u>
Charitable Activities:		
Embody training and workshop		
Income from charitable activities	96,939	75,614
	<u>96,939</u>	<u>75,614</u>
National Lottery Community Fund		
Income from charitable activities	21,467	23,136
	<u>21,467</u>	<u>23,136</u>
Performance and related activities		
Income from charitable activities	3,327	16,957
	<u>3,327</u>	<u>16,957</u>
Sports England		
Income from charitable activities	-	6,390
	<u>-</u>	<u>6,390</u>
Other		
Other Income	18	45
	<u>18</u>	<u>45</u>
	<u>133,751</u>	<u>134,142</u>
EXPENDITURE ON:		
Raising funds		
Sundry expenses	1	-
	<u>1</u>	<u>-</u>
Charitable Activities:		
Embody training and workshop		
Studio hire	(18,014)	(12,021)
Travel and subsistence expenses	(5,321)	(5,546)
Artists/Dancers fees	(41,074)	(10,186)
Insurance	(1,114)	(106)
Other direct costs	-	(4,913)
Computer software, consumables and maintenance	(158)	-
Printing, postage and stationery	(551)	-
Telecommunications	(455)	-

...CONTINUED

Touchdown Dance
Detailed Statement of Financial Activities (including Income and Expenditure Account) (continued)
For The Year Ended 31 March 2025

Website costs	(380)	-
Independent examiner's fees	(1,010)	(1,010)
Legal fees	(502)	-
Subscriptions	(276)	-
Bookkeeping fees	(220)	(530)
Bank charges	(17)	-
Other office costs	(2,926)	1,329
Sundry expenses	(2,901)	(3)
Depreciation	(426)	-
	<u>(75,345)</u>	<u>(32,986)</u>
National Lottery Community Fund		
Travel and subsistence expenses	(2,231)	-
Artists/Dancers fees	(17,549)	(29,080)
Bookkeeping fees	(556)	-
Other office costs	(478)	-
	<u>(20,814)</u>	<u>(29,080)</u>
Performance and related activities		
Studio hire	(166)	-
Travel and subsistence expenses	(1,216)	(629)
Artists/Dancers fees	(23,261)	(31,153)
Insurance	-	(957)
Waterside Arts Centre	(12,000)	(12,000)
Other direct costs	-	(3,105)
Legal fees	-	(2,006)
Other office costs	-	(1,899)
Sundry expenses	-	(26)
	<u>(36,643)</u>	<u>(51,775)</u>
	<u>(132,801)</u>	<u>(113,841)</u>
NET INCOME	<u>950</u>	<u>20,301</u>