

TOUCHDOWN DANCE
ANNUAL REPORT
AND
UNAUDITED FINANCIAL STATEMENTS
FOR
THE YEAR ENDED MARCH 31 2024

**TOUCHDOWN DANCE
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED MARCH 31 2024**

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**TOUCHDOWN DANCE
ADMINISTRATIVE INFORMATION
FOR THE YEAR ENDED MARCH 31 2024**

DIRECTORS & TRUSTEES

Shelley Owen
Vicci Riley
Natasha Chadwick
Dr Mary Coaten

Chair
Treasurer

COMPANY SECRETARY

Katy Dymoke

**REGISTERED OFFICE AND
PRINCIPAL PLACE OF BUSINESS**

Waterside Arts Centre
Sale
M33 7ZF

**INDEPENDENT EXAMINER
ACCOUNTANTS**

Stacy Mason FCCA
HGA Accountants & Financial Consultants
Ltd
Chittenden Horley Chartered Accountants
Hyde Park House
Cartwright Street
Sk14 4EH

BANKERS

Co-operative Bank
Delph House
Southway
Skelmersdale
WN89WT

TOUCHDOWN DANCE TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED MARCH 31 2024

The trustees present their annual report together with the financial statements of the charity for the year ended March 31 2022 which are also prepared to meet the requirements for a directors' report and accounts for Companies act purposes.

REPORTING FRAMEWORK

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019), referred to as the Charities SORP (FRS 102) (second edition – October 2019).

OBJECTIVES AND ACTIVITIES

Charitable objects

The objects of the Charity are to apply the charity income and capital for the promotion of all forms of access to our services for people with blindness, deficiency of sight or visual impairment, psychological, developmental, learning and physical disabilities, (together known as the beneficiaries) and the provision of the under-mentioned services with power to establish a centre or centres for such purposes in the UK and in particular but without prejudice to the foregoing powers:-

- a) To assist and extend the mobility and aesthetic experience of the beneficiaries through a dance programme consisting of practical workshops and public performances, and/or
- b) To assist in the documentation of and dissemination of information in connection with the objects stated in paragraph (a) and on the assistance available from health authorities and other statutory or voluntary organisations, and/or
- c) To when and where appropriate develop programmes for the training of people involved in the objects of the charitable company and to promote study and research into the access needs of the beneficiaries and the inclusion of those marginalised by the effects of sensory, psychological, developmental, learning and physical disability, on the individual and family life and to publish the useful results of such research and/or
- d) To encourage and assist in the provision of schemes for the inclusion, autonomy and voluntariness of the beneficiaries,

Aims

Touchdown Dance aims to provide inclusive services to benefit participants who experience exclusion from dance and movement projects and training. This may be due to illness, social exclusion or disability. The work aims to support all to participate on an equal footing in our dance and movement workshops, training opportunities and artistic productions.

Dance is known to be the largest participatory art form with multiple benefits. Touchdown Dance specialises in the inclusion of visually impaired people, who are the most excluded population group. We run participatory workshops, projects and professional trainings in both openly integrated and discrete settings. Our wide-ranging provision may be recreational, of benefit to health and wellbeing, or vocational in nature, and a combination of these. Each is an opportunity that aims to impact on the greater inclusion of our beneficiaries in the arts and in society more generally. The professional training provides greater understanding of inclusive practices that offer equality of access and opportunity.

Touchdown Dance works strategically in settings where our beneficiaries gather purposefully to access such opportunities as well as in health, educational and arts settings, in order to maximise on the impact of the work on both participants and the setting in which it takes place.

Currently three of five Touchdown Dance company members are visually impaired, one is neurodivergent; together we endeavour to provide a model of successful integration within the professional dance arena. Our specialised approach produces dance works made for and by an integrated company of dance artists. Touchdown Dance activities are run by dance company members in the furtherance of our objectives in order to have the widest impact, variety of projects and geographical coverage. The dancers continue to meet and review the core methods and approaches to make the case for the greater inclusion and autonomy of the participants.

Touchdown Dance delivers workshops locally to its base in Sale, Greater Manchester, in the North West, in the UK and internationally such as Europe, China and Sri Lanka. In the UK Touchdown Dance targets partners who also work to further the greater inclusion of our beneficiaries, particularly visually impaired people of all ages and ability. We have delivered projects with partners such as Henshaws Society for the Blind, LOOK UK, The Royal National Institute for the Blind, SENSE, St Vincent's School in Huyton, to mention a few. Funding for these activities has been sourced from local, regional and national statutory or charitable sources (including BBC Children in Need, the National Lottery Reaching Communities Fund) and from Erasmus and the British Council.

As a dance company and training provider, we prioritise the professional and artistic development of our dance artists and teaching team. Contact improvisation, somatic movement education and therapy provide specialist embodied practices and support professional development. Embody-Move is our educational wing providing this training to benefit all ages and abilities.

We devise, undertake and evaluate our projects based on the needs of the participants, on their responses, ideas, contribution and feedback. We assess the impact upon monitoring and evaluation methods on a sessional as well as project basis. In this way we monitor and evaluate the public benefit provided by our work and measure the outcomes in view of our project and charitable aims and objectives. In November 2023 a book on the history, methods and principles of Touchdown Dance with points of view chapters from company members and input from Steve Paxton was published by Intellect Books and is selling well.

Activities

TOUCHDOWN DANCE TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED MARCH 31 2024

We continue to provide participatory workshops in partnership with agencies and organisations local to Trafford, the North West, and nationally and in Europe. We have worked to further our objectives through these collaborative projects which also involve the participation of professionals who monitor and evaluate with us and gain greater understanding and insight into how to meet the needs of visually impaired people and people with complex physical and mental health needs of all ages and ability. We do this with a long-standing reputation for our methods and processes which ensure effective learning and participation using specialist methods and approaches which mediate risk and maximise potential. We carefully balance the need to ensure as much autonomy as possible with ensuring enough sighted support to prevent collision on the one hand but as full participation of each person in the process on the other. Social Isolation caused by the Pandemic continues to impact many communities we continue to adapt creatively to enable access to our project delivery – some continue on line with people unable to travel due to access and financial reasons. The impact of the cost of living crisis has made funding more significant for our participatory workshops as numbers are increasing both in person and online in Trafford. Regarding the training programs we provide subsidised places and payment plans.

Public benefit

The first benefit to the public is to experience the creative output of visually impaired and learning-disabled dancers. Touchdown Dance demonstrates a risk averse approach in which the lack of sight is not disabling the dancer – for example using physical contact to guide the dancer through space, audio description, creative strategies that mediate the possibility of collision or injury, health and safety risk assessments. When hosted onsite (such as in schools) we work in collaboration with other professionals to manage more complex individual needs. We encourage performance events to challenge public perception and appreciation for greater inclusion.

The second benefit is for parents, families, friends and communities to experience the integration of visually impaired and learning disabled people of all ages and abilities into dance and movement educational, or health and wellbeing focused activity.

The third is to provide training opportunities in Contact Improvisation, touch and movement-based methods, observation and assessment skills based in developmental movement and rehabilitation skills. This is accessible to professionals to enable them to work more efficiently to integrate visually impaired and learning-disabled participants into their service provision. This also provides an income stream for the charity to use for charitable purposes.

The fourth is the publication and dissemination of educational materials, reports and evaluations where appropriate, to deliver webinars and presentations, to proffer a greater understanding of our inclusive methods and our practice-led research approach into safe touch and movement methods.

The fifth is the implementation of a certified training program in Body Mind Centering® (BMC®)¹ which provides a vocational training in experiential anatomy and human development. Visually impaired participants from Touchdown Dance and other disadvantaged participants, receive a bursary place to enable them to attain employment opportunities and belong to a community of other professionals in education and therapy contexts. Touchdown Dance's project Embody-Move has the exclusive license to deliver this training in the UK with a recent temporary extension to work in Ireland – which has been postponed due to COVID 19.

The trustees have consulted the Charity Commissions Guidance on Public Benefit; GDPR and charity compliance.

(1. Body-Mind Centering® and BMC® are the registered service marks of Bonnie Bainbridge Cohen).

Contribution of volunteers

Touchdown Dance has volunteer support on a weekly basis at the local workshop provision in Sale and Old Trafford. These workshops are for sensory impaired and learning-disabled adults alongside other members of the community who may have physical or mild mental illness. The volunteers are either retired, seeking work experience, or unemployed people seeking to contribute to our charitable activity.

Touchdown Dance workshops in schools occasionally involve volunteers and assistants from the setting or location who seek to learn from our approach. Touchdown Dance occasionally has student placements from local and regional university undergraduate and post graduate courses, the placement agreement will include specific terms, tasks and outcomes such as monitoring, evaluation, administration experience, under supervision and all have police checks.

ACHIEVEMENTS AND PERFORMANCE

Touchdown Dance has maintained and developed new projects in the UK and has been invited abroad to Rumania, France and Germany, in response to the need for our expertise in providing activities that support individuals, families, carers and services. Our success is reflected in attendance numbers increasing, along with new project activity gaining funding and the on-going support from Waterside Arts Centre, providing office and studio space since 2006 and promotion of our workshops that have run for 18 years.

In the year 2023-24 Touchdown Dance continued as company in residence at Waterside Arts Centre in Sale, delivering our acclaimed VISIBLE dance and Sing and Sign groups operating weekly using British sign language. A third online session called "Life Story" – continues for people with memory loss and for participants at risk. This project continues thanks to the second year of a 5 year funding bid from the National Lottery Reaching Communities Fund. We delivered these projects and supported the social and cultural integration of the members; these include three weekly sessions at Waterside Arts and up to 20 sessions a year at Manor Academy in Sale, Newbridge Learning Centre and College in Oldham.

Touchdown dancers met to rehearse and remake 343m²: Stuart Jackson, Angus Balbernie Holly Thomas, Jamus Wood, Robert Andersen and Katy Dymoke met at Caddaford Barn and performed to an invited audience. Jamus Wood graduated as a BMC practitioner and seeks to participate in the teacher training; he runs his own workshops and community-based work in Bristol and Devon. Holly has created an ongoing research project into integrated arts practice in Bristol and London. Robert continues to teach CI

TOUCHDOWN DANCE TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED MARCH 31 2024

and organise events in London. Angus Balbernie hopes to continue to build a performance project and promotes our work abroad. Katy is now a Dr of philosophy in touch. She is invited to teach around the UK and abroad as director of Touchdown Dance and the BMC program.

FINANCIAL REVIEW

Overview

Touchdown Dance continues to benefit from the incorporation of Embody-Move as an income stream, with the level of professional training and resources it provides in the risk averse climate and on-going public expenditure cuts. Our fund-raising activity continues to secure our community projects as free for users. Another source of risk is the continued health risk of the variants of COVID 19 and the rising cost of living, alongside cuts in benefits and PIP assessments, which may restrict participant numbers.

Our fundraising strategy includes, where possible, a proportional amount towards general overheads to ensure we cover project management, supervision, disclosure and baring checks, staff training requirement, book keeping and insurance.

Our financial performance continues to be successful alongside other in-house initiatives. We work with fundraising platforms such as local providers such as Trafford Housing Trust. We raise smaller amounts by selling snacks, holding raffles and from ticket sales at community performances. Through Embody-Move we sell books and DVDs, and use secure accessible payment methods such as Paypal, a Wise account for Euro transactions and secure card payment methods on the Embody-Move website.

The combined project income provides financial security and an opportunity for the charity to achieve combined goals. The ongoing strategy is to sustain income for the charity from our activities, training programs and to further the artistic and professional development of the visually impaired and sighted professionals in the company. Further project fund raising will be a focus going forward with innovate ideas such as an Equine assisted therapy project with new partners, the Trafford Carer's Centre.

We work with web designers and seek another freelance project manager to manage the PR, fund raising and policies.

Risk management

The trustees have identified the major risks facing the charity and have taken steps to mitigate those risks. In particular we take legal advice from specialists in charity law to ensure the minimising of risk to the charity such as updating policies and advice from our insurers to insure adequate insurance cover for the critical mass of our activity. All staff are expected to undertake training modules in safeguarding, GDPR, and others in Fire and first aid to minimise risk and maintain safety for all. This year we worked with a solicitor E-Law to review and submit an updated Memoranda and Articles of Association to the Charities Commission.

The risk of closure faced by education and community services due to COVID remains at risk of repeat. We continue to rethink our ways of working to manage the risks of not delivering our funded projects. Budget cuts and high cost of living continue to present a risk to charities such as Touchdown Dance as our beneficiaries depend on access to our services and require transport and support.

Principal funding sources

The principle funding sources were: Trafford Housing Trust (taken over by LQ); The National Lottery - by the 5 year award from the National Lottery Reaching Communities fund. These funds support our project activity in Trafford, Greater Manchester and Merseyside. Embody-Move covers the costs of delivery from the participant contributions and from creating collaborative partnerships.

We have returned to offices in Waterside and continue to deliver weekly sessions there. Trafford Council refunds a portion of the ticket price taken to cover the studio hire, which will enable the project to continue when the funding gap occurs. Waterside Arts Centre provides much service in kind, providing space, technical support and advice.

Going concern

We are currently in a strong position considering the on-going national economic challenges and global unrest. We monitor project expenditure and operate book keeping systems for all projects to eliminate/minimise risk. There are therefore no matters to report of going concern. Touchdown Dance continues to adapt to challenges caused by climate and economic hardship, to accommodate the needs of the most in need.

Reserves

The analysis of reserves is set out in notes 12 and 13 to the financial statements.

The trustees have decided to sustain financial reserves adequate to cover 3 months of project fees and commitments in case of cash flow issues, to guarantee project activity and if necessary to provide due notice to staff and partners, for the impact of the work to be protected. We will hold in reserve the estimated overheads for one financial year to provide contingency and time to wind down the charity in the event of a decision to close. This gives a reserves target of c£20k. The free reserves (unrestricted funds not invested in fixed assets) at the year-end were £62,473. It is expected that the excess above the target will be utilised over the next two years to invest in our activities.

FUTURE PLANS

Touchdown will continue to deliver sessions in education and health settings in compliance with safeguarding regulations and guidance. With continued vigilance, risk assessments, Personal Protective Equipment and social distancing when required, we will deliver sessions or move sessions back online for those most at risk and unable to return to in-person sessions. The educational and

TOUCHDOWN DANCE TRUSTEES' AND DIRECTORS' ANNUAL REPORT FOR THE YEAR ENDED MARCH 31 2024

the health and wellbeing aspects of the work responds directly to the challenges brought about by the pandemic, such as touch deprivation and isolation, inactivity and loss of liberty. It is therefore incumbent on us to continue as far as possible to fulfil the aspirations of the groups and communities for whom our services are part of their weekly routine. We endeavour still -.

- To provide sessions for children and young people in bespoke settings, for health educational and recreational purposes.
- To provide training and other opportunities for visually impaired, learning disabled and other adults excluded from dance, in seasonal workshops in different locations in the UK.
- To work collaboratively with partners such as LOOK UK, Schools, Henshaw's Society for the Blind, venues, agencies and other integrated/disability led companies.
- To open the Somatic Movement Education and Practitioner training offered by Embody-Move to visually impaired people and sighted people who work in health and wellbeing, dance, and other sectors. To further integrate the Embody-Move more visibly under the charity – such as shared newsletters and integrated social media.
- To provide scholarship places to Touchdown Dance members in the Embody-Move training program, and to deliver opportunities and events.
- Create opportunities for the Dance Company artistic development, production and touring of dance work – and workshop activity, nationally and internationally. To continue to work creatively as a dance company on educational projects.
- To further develop the board of trustees and have away days and access to training.

STRUCTURE GOVERNANCE AND MANAGEMENT

Governing document

The charity is a company limited by guarantee governed by its memorandum and articles of association dated February 21 2005, as amended by special resolution dated November 12 2014. It is a registered charity with the Charity Commission.

Appointment of trustees

The Directors are appointed by the members in general meeting. Each year one third of the directors retire by rotation and are eligible for re-election. In addition to those retiring by rotation, the only other people eligible for election as Directors are those recommended by the Directors for re-election or who have been nominated by a member giving not more than 35 days and not less than 14 days' notice.

Trustee induction and training

New directors are provided with an information pack and briefing on the work of the organisation. They will be required to have DBS checks, GDPR and safeguarding training, or experience.

Organisation

Touchdown Dance is updating its articles of association, and requires a quorate of 3 to attend meetings which are held quarterly. The company secretary reports to the trustees at the meetings and trustees are consulted about activities and invited to attend. The company secretary delegates administrative tasks to project workers and day to day management of legal affairs, policy updates to legal representatives and trustees.

Trustees are required to have child protection training and safeguarding training. The induction process involves a presentation from the prospective trustee to the existing trustees of what skills they bring and what interest they have in the work. They receive an induction pack and overview of the charity activity. If a trustee misses more than 3 consecutive meetings without notice they are retired.

NDR accounting is assigned with book keeping and Chittenden Ltd with the Charity accounts, guidance and financial advice. Trafford House Trust provide funding and capacity building advice as well as business development advice. Charity Legal Advice is provided by EL Law Ltd.

Co-operation with other organisations/charities

Touchdown Dance is continuing to work with Manor Academy in Sale, Newbridge Academy Oldham to develop confidence, mobility, inclusion, visibility and community participation. We have volunteers who bring interest and donations for our activities based at Waterside Arts Centre in Sale, Trafford.

**TOUCHDOWN DANCE
TRUSTEES' AND DIRECTORS' ANNUAL REPORT
FOR THE YEAR ENDED MARCH 31 2024**

Our work as Embody-Move provides connections with organisations delivering somatic movement education and therapy activities and health and wellbeing organisations. The community of practitioners and teachers is growing so that more people can benefit from the approach.

TRUSTEES' RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

The trustees (who are also directors of Touchdown Dance for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (FRS 102) (second edition – October 2019);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

SMALL COMPANY PROVISIONS AND APPROVAL

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Approved by the Board of Trustees and signed on its behalf by:

Shelley Owen - Director



Date: 26/10/2024

**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF THE TOUCHDOWN DANCE
FOR THE YEAR ENDED MARCH 31 2024**

I report to the charity trustees on my examination of the accounts of the company for the year ended March 31 2022 which are set out on pages 8 to 17.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stacy Mason

Stacy Mason FCCA

HGA Accountants & Financial Consultants
t/a Chittenden Horley - Chartered Accountants

Hyde Park House, Cartwright Street, Hyde, SK14 4EH
Date: 26/10/2024



TOUCHDOWN DANCE
STATEMENT OF FINANCIAL ACTIVITIES (including the income and expenditure account)
FOR THE YEAR ENDED MARCH 31 2024

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Incoming resources from generated funds:					
Donations	2	12,000	-	12,000	<i>12,000</i>
Charitable activities	3	92,572	29,526	122,097	<i>86,735</i>
Other trading income	4	45	-	45	-
TOTAL INCOME		<u>104,617</u>	<u>29,526</u>	<u>134,142</u>	<u><i>98,735</i></u>
EXPENDITURE					
Costs of raising funds	4	-	-	-	-
Expenditure on charitable activities	5	84,761	29,080	113,841	<i>99,566</i>
TOTAL EXPENDITURE		<u>84,761</u>	<u>29,080</u>	<u>113,841</u>	<u><i>99,566</i></u>
NET INCOME/(EXPENDITURE) BEFORE TRANSFERS		19,856	446	20,301	<i>(831)</i>
Transfers between funds			-	-	-
NET MOVEMENT IN FUNDS		19,856	446	20,301	<i>(831)</i>
TOTAL FUNDS BROUGHT FORWARD	10	<u>43,043</u>	<u>2,775</u>	<u>45,818</u>	<u><i>46,649</i></u>
TOTAL FUNDS CARRIED FORWARD	10	<u>62,899</u>	<u>3,221</u>	<u>66,119</u>	<u><i>45,818</i></u>

The notes on pages 11 to 17 form part of these financial statements.

**TOUCHDOWN DANCE
BALANCE SHEET
AS AT MARCH 31 2024**

	Notes	2024 £	2024 £	2023 £	2023 £
FIXED ASSETS					
Tangible Assets	8		426		426
CURRENT ASSETS					
Debtors	10	3,042		-	
Cash at Bank and in Hand		<u>67,319</u>		<u>54,940</u>	
		70,361		54,940	
CREDITORS					
Amounts falling due in one year	9	<u>4,668</u>		<u>9,548</u>	
NET CURRENT ASSETS			65,693		45,392
NET ASSETS			66,119		45,818
FUNDS					
Unrestricted					
General fund	10		62,899		43,043
Restricted	10		<u>3,221</u>		<u>2,775</u>
TOTAL FUNDS			66,119		45,818

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

For the year ending March 31 2022, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies and no notice has been deposited under section 476 requiring the company to obtain an audit of its accounts for the year in question.

Directors' responsibilities

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The notes on pages 11 to 17 form part of these financial statements.

Approved by the Board and authorised for issue on:

And signed on their behalf by:



Shelley Owen- Director

Company registration number 05371268

**TOUCHDOWN DANCE
STATEMENT OF CASH FLOWS
AS AT MARCH 31 2024**

		2024	2023
	notes	£	£
Cash used in operating activities	12	<u>12,378</u>	<u>7,558</u>
Cashflows from investing activities			
Cash provided by/(used in) investing activities		<u>-</u>	<u>-</u>
Cashflows from financing activities			
Cash used in financing activities		<u>-</u>	<u>-</u>
Increase/(decrease) in cash & cash equivalents in the year		12,378	7,558
Cash and cash equivalents brought forward		54,940	47,382
Cash and cash equivalents carried forward		<u><u>67,318</u></u>	<u><u>54,940</u></u>
Cash and cash equivalents consist of:			
Cash at bank and in hand		67,318	54,940
		<u><u>67,318</u></u>	<u><u>54,940</u></u>

The notes on pages 11 to 17 form part of these financial statements.

TOUCHDOWN DANCE
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED MARCH 31 2024

1 ACCOUNTING POLICIES

Basis of preparation

The financial statements have been prepared: under the historic cost convention; in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) effective January 1 2019 (second edition – October 2019); FRS102; and the Companies Act 2006. The charity constitutes a public benefit entity as defined by FRS102.

The accounts are prepared in £ sterling, which is the functional currency.

Going concern

There are no material uncertainties about the charity's ability to continue as a going concern.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances

Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably. The following applies to particular types of income:

Grants, whether of a capital or revenue nature, are recognised when the charity has entitlement to the funds, any performance conditions have been met and it is probable that the income will be received.

Donations from individuals and other bodies (not being of the nature of a grant) are recognised when receivable.

Earned income is measured at the fair value of the consideration received or receivable for services and goods supplied, net of discounts and VAT.

Deferred income

Income is only deferred and included in creditors when:

- The income relates to a future accounting period
- A sales invoice has been raised ahead of the work being carried out and there is no contractual entitlement to the income until the work has been done
- Not all the terms and conditions of the grant have been met, including the incurring of expenditure and the grant conditions are such that unspent grant must be refunded

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

Costs of raising funds	including those associated with fundraising activities, managing investments and commercial trading by the subsidiary company.
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Charitable activities	costs of undertaking the work of the charity.
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The charity is not registered for VAT and cannot recover any input tax charged. Costs are stated inclusive of VAT were charged.

Allocation of support costs

Support costs are those functions which assist the work of the charity either by supporting the delivery of charitable activities or by supporting the generation of funds. They include property costs, back office functions, staff costs and professional fees.

1 ACCOUNTING POLICIES

Tangible fixed assets and depreciation

Individual fixed assets costing more than £250 are capitalised at cost and are depreciated over their estimated useful lives on a straight line basis as set out below.

Depreciation rates are as follows:

Equipment	25%
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Debtors

Trade and other debtors are recognised at the settlement amount due and prepayments are valued at the amount prepaid.

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount.

Financial instruments

The charity has only basic financial instruments which are initially recorded at cost, subsequently measured at their settlement value.

TOUCHDOWN DANCE
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED MARCH 31 2024

2024			2023		
Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
£	£	£	£	£	£

2 DONATIONS

Donations

Donations	-	-	-	-	-
In kind support Trafford MBC re use of Waterside Arts Centre	12,000	-	12,000	12,000	-
Total	12,000	-	12,000	12,000	-

3 INCOME FROM CHARITABLE ACTIVITIES

Performance & related activities

Trafford Housing Trust	-	-	-	-	9,498
Sports england	-	6,390	6,390	-	-
National Lottery Community Fund	-	23,136	23,136	-	15,240
Fees & other income	16,957	-	16,957	23,352	-
	16,957	29,526	46,483	23,352	24,738

Embody Move

Training & workshop fees	75,615	-	75,615	38,645	-
	92,572	29,526	122,097	61,997	24,738

4 COSTS OF RAISING FUNDS

Support costs	-	-	-	-	-
	-	-	-	-	-

TOUCHDOWN DANCE
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED MARCH 31 2024

5 CHARITABLE EXPENDITURE

Performance & related activities
 Embody training and workshops

2024			2023		
Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
£	£	£	£	£	£
22,694	29,080	51,774	17,985	27,555	45,540
62,066	-	62,066	54,026	-	54,026
84,761	29,080	113,841	72,011	27,555	99,566

Expenditure is analysed as follows:

	Performance & related activities	Embody Training & workshops	Total	Performance & related activities	Embody Training & workshops	Total
	£	£	£	£	£	£
Direct costs						
Artists/Dancers fees	31,153	39,266	70,419	28,513	35,807	64,320
Travel and accommodation	629	5,546	6,175	688	2,772	3,460
Waterside Arts Centre	12,000	-	12,000	12,000	-	12,000
Studio hire	-	12,021	12,021	-	10,058	10,058
Other direct costs	3,105	4,913	8,018	389	4,978	5,367
Marketing & publicity	-	-	-	247	-	247
Support & Governance costs						
Insurance	957	106	1,063	900	100	1,000
Office costs	513	57	570	94	10	104
Bookkeeping	-	-	-	-	-	-
Accountancy fees	1,386	154	1,540	1,234	137	1,371
Depreciation	-	-	-	1,197	133	1,330
Miscellaneous	26	3	29	278	31	309
Legal & professional fees	2,006	-	2,006	-	-	-
	51,774	62,066	113,841	45,540	54,026	99,566

6 STAFF INFORMATION

The Charity did not have any employees either in this or the previous year.

7 NET INCOME/(EXPENDITURE) BEFORE TRANSFERS (for the Group)

This is stated after charging/(crediting):

Independent examiners & accountants fees:

	2024	2023
	£	£
Examination	1,140	971
Accountancy fees	400	400
Trustees remuneration	-	-
Trustees expenses	-	-

TOUCHDOWN DANCE
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED MARCH 31 2024

8 TANGIBLE FIXED ASSETS

	Project & Braille Equipment £	Furniture & Fittings £	Office Equipment £	Total £
Cost or valuation				
As at April 1 2023	1,420	152	10,058	11,630
As at March 31 2024	1,420	152	10,058	11,630
Depreciation				
As at April 1 2023	1,350	137	9,717	11,204
Charge for the year	-	-	-	-
As at March 31 2024	1,350	137	9,717	11,204
Net Book Value				
As at March 31 2024	<u>70</u>	<u>15</u>	<u>341</u>	<u>426</u>
As at 31 March 2023	<u>70</u>	<u>15</u>	<u>341</u>	<u>426</u>

	2024 £	2023 £
9 CREDITORS falling due within one year		
Accruals	1,410	1,410
Income in advance	<u>3,258</u>	<u>8,138</u>
	<u>4,668</u>	<u>9,548</u>

**TOUCHDOWN DANCE
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED MARCH 31 2024**

10 STATEMENT OF FUNDS

