

Charity registration number 1108405 (England and Wales)

**SEED EATING DISORDERS SUPPORT SERVICES  
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2024**

SEED EATING DISORDERS SUPPORT SERVICES

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mrs M F Oaten MBE Mr D J Oaten Mr M J Dawson Mrs R Pay Mr D R Scott J Powell Mr D Robinson	(Appointed 4 March 2024) (Appointed 4 March 2024) (Appointed 13 September 2024)
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Charity number (England and Wales)	1108405
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Independent examiner	Fawley Judge & Easton 1 Parliament Street Hull East Yorkshire HU1 2AS
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# SEED EATING DISORDERS SUPPORT SERVICES

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# SEED EATING DISORDERS SUPPORT SERVICES

## CHAIRPERSON'S REPORT

FOR THE YEAR ENDED 31 DECEMBER 2024

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*"from a seed a flower grows as do people who blossom in life"*

2024 was one of the most challenging in the charity's long existence.

In the early months of the year, demand for our services increased significantly, with a notable rise from outside the area. This put added pressure on our staff and resources and, to a degree, has an impact on the quality of support we could provide.

At the same time, it became apparent that there were several problematic issues with the resource room we occupied. One was privacy - due to the structure of the unit, sound carried, and despite our best efforts and remedies to negate this, we could not solve the problem, and this greatly limited our ability to deal with service users accordingly.

By the middle of the year, several members of staff had left due to the extra pressure and other reasons beyond our control. It was decided to conduct an in-depth review of the charity to determine the best way forward. As a result of the review, it was agreed that we would strip back our services and concentrate on our local area of Hull and East Riding and surrounding areas and also vacate the resource room. We entered discussions with charity HEY (Hull and East Yorkshire) MIND, which was a long-standing mental health charity in the area. The outcome of this was to collaborate and form a partnership with MIND whereby they would provide support and assist in the running of the charity, which in turn would help alleviate the pressure off our CEO who had taken on all roles at SEED. We would stress that the two charities would be independent of each other and be there as a collaboration to help and see SEED through to the next chapter and be a hand to hold along the way. This way of working will also reduce our costs and enable us to provide an improved service to those who desperately need us. We would like to take this opportunity to thank all the individuals, companies, and funders who have supported us throughout the year and have ensured that we are able to continue to provide our life-saving and life-changing work, despite the challenges we have faced.

I would extend a special thank you to our local ICBs and the national lottery community fund for their financial support and guidance, which enables us to provide, develop, and deliver our services to all those affected by eating disorders.

We have, during the year, had some very positive outcomes which re-enforces our resolve to help both sufferers and carers to fight this cruel and devastating illness. As such, I am pleased to report that we have recently completed an update of our SEED eating disorder educational toolkit resource, which we will be focusing on in 2025 to increase the uptake of the online learning platform into as many schools as possible.

Finally, I would like to thank our staff and trustees for their unwavering support during a challenging year. The future is bright as we sow our seeds and blossom once more.

A handwritten signature in black ink, appearing to read "D. J. Oaten", is written over a horizontal line.

Dennis James Oaten  
Chairperson

Date: 31.5.2025

# SEED EATING DISORDERS SUPPORT SERVICES

## TRUSTEES' REPORT

**FOR THE YEAR ENDED 31 DECEMBER 2024**

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The Trustees present their annual report and financial statements for the year ended 31 December 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

### **Objectives and activities**

#### *Public benefit*

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

### **Achievements and performance**

#### *Significant activities and achievements against objectives*

### **Financial review**

#### *Reserves policy*

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

### **Structure, governance and management**

The organisation is registered as a charity and governed by its constitution adopted 10 November 2004, as amended 5 January 2005

The Trustees who served during the year and up to the date of signature of the financial statements were:

Mrs M F Oaten MBE

Mr D J Oaten

Mr M J Dawson

Ms R Locke

(Resigned 14 May 2024)

Mrs R Pay

Mr D R Scott

(Appointed 4 March 2024)

J Powell

(Appointed 4 March 2024)

Mr D Robinson

(Appointed 13 September 2024)



# SEED EATING DISORDERS SUPPORT SERVICES

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 DECEMBER 2024**

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### *Recruitment and appointment of trustees*

The charity trustees for the purpose of charity law are known as members of the Committee. Under the requirements of the charities constitution one third of the members of the Management Committee must retire by rotation after which they can be re-elected at the next Annual General Meeting.

The Committee seeks to ensure that the needs of this group are appropriately reflected through the diversity of the trustee body. Therefore as part of the recruitment of trustees the group promotes the need of knowledge and experience to assist the charity.

In order to promote a broad mix, members of the Committee are requested to provide a list of their skills (and update it each year if re-elected) and in the event of particular skills being lost due to retirements, individuals are approached to offer themselves for election to the committee.

### Trustee Induction and Training

Most trustees are already familiar with the practical work of the charity. Additionally, new trustees are invited and encouraged to attend a series of short training sessions (no more than one hour) to familiarise themselves with the charity and the context within which it operates. These are jointly led by the Chair of the Committee and the Secretary of the charity and cover:

- The obligations of Committee members.
- The main documents which set out the operational framework for the charity including its Constitution.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

### *Other matters*

SEED Eating Disorders Support Group has a Committee of no less than three members who meet quarterly and are responsible for the strategic direction of the charity. At present the committee has members from a variety of backgrounds relevant to the work of the charity.

A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Secretary. The Secretary is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

### **Related Parties**

In so far as it is complimentary to the charity's objects, no trustee has any related party transactions associated with the organisation.

# SEED EATING DISORDERS SUPPORT SERVICES

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 DECEMBER 2024**

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### Objectives and Activities

The charity's objectives and principle activities are to:

- Education/Training
- Medical/Health/Sickness
- Provides human resource (e.g. staff/volunteers)
- Provides services (e.g. care/counselling)
- Provides advocacy/advice/information

The main objectives and activities for the year were to focus upon the promotion of the said objects. The strategies employed to assist the charity to meet these objectives included the following:

- To advance public benefit, for the relief of those suffering from Anorexia Nervosa, Bulimia Nervosa, Binge Eating, Compulsive Eating and any other eating disorder related problems as a result of this illness, by providing information, advice and support.
- To provide information advice and support for the preservation and protection of the physical and mental health of families and carers of those suffering from eating disorders.
- To advance education by providing training for professional and the general public and to raise awareness of eating disorders through approved literature produced by the Charity.

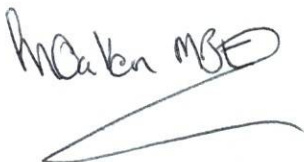
### Mission Statement

SEED's mission is to create a facility that provides sufferers and carers alike with confidential independent and non-judgmental advice and support to ensure they are aided by the best possible network of care and support to facilitate recovery.

The Trustees' report was approved by the Board of Trustees.

Mrs M F Oaten MBE  
Trustee

31 May 2025



Mr D J Oaten  
Trustee



# SEED EATING DISORDERS SUPPORT SERVICES

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF SEED EATING DISORDERS SUPPORT SERVICES

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I report to the Trustees on my examination of the financial statements of SEED Eating Disorders Support Services (the charity) for the year ended 31 December 2024.

#### **Responsibilities and basis of report**

As the Trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

#### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**A J Wilkie ACCA**  
**Fawley Judge & Easton**  
1 Parliament Street  
Hull  
East Yorkshire  
HU1 2AS

Dated: 31 May 2025



# SEED EATING DISORDERS SUPPORT SERVICES

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
<b>Income from:</b>							
Donations and legacies	3	36,917	-	36,917	54,362	-	54,362
Charitable activities	4	20,650	75,000	95,650	8,000	115,000	123,000
Other trading activities	5	9,192	-	9,192	66,295	-	66,295
<b>Total income</b>		<u>66,759</u>	<u>75,000</u>	<u>141,759</u>	<u>128,657</u>	<u>115,000</u>	<u>243,657</u>
<b>Expenditure on:</b>							
Raising funds	6	-	-	-	18,825	2,730	21,555
Charitable activities	7	51,293	94,620	145,913	111,690	111,080	222,770
<b>Total expenditure</b>		<u>51,293</u>	<u>94,620</u>	<u>145,913</u>	<u>130,515</u>	<u>113,810</u>	<u>244,325</u>
<b>Net income/(expenditure) and movement in funds</b>		15,466	(19,620)	(4,154)	(1,858)	1,190	(668)
<b>Reconciliation of funds:</b>							
Fund balances at 1 January 2024		55,405	22,310	77,715	57,263	21,120	78,383
<b>Fund balances at 31 December 2024</b>		<u>70,871</u>	<u>2,690</u>	<u>73,561</u>	<u>55,405</u>	<u>22,310</u>	<u>77,715</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

# SEED EATING DISORDERS SUPPORT SERVICES

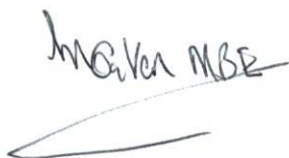
## STATEMENT OF FINANCIAL POSITION

AS AT 31 DECEMBER 2024

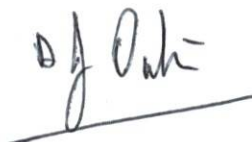
	Notes	2024 £	£	2023 £	£
<b>Current assets</b>					
Trade and other receivables	13	2,400		2,600	
Cash at bank and in hand		87,541		92,895	
		89,941		95,495	
<b>Current liabilities</b>	14	(16,380)		(17,780)	
<b>Net current assets</b>			73,561		77,715
<b>The funds of the charity</b>					
Restricted income funds	16		2,690		22,310
Unrestricted funds	17		70,871		55,405
			73,561		77,715

The financial statements were approved by the Trustees on 31 May 2025

Mrs M F Oaten MBE  
Trustee



Mr D J Oaten  
Trustee



# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS

**FOR THE YEAR ENDED 31 DECEMBER 2024**

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### **1 Accounting policies**

#### **Charity information**

SEED Eating Disorders Support Services is a charity registered with the Charity Commissioners of England and Wales nr: 1108405 and governed by its constitution adopted 10 November 2004, as amended 5 January 2005..

#### **1.1 Accounting convention**

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

#### **1.2 Going concern**

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### **1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### **1.4 Income**

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.



# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

### 1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.6 Property, plant and equipment

Property, plant and equipment are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Tangible fixed assets are capitalised if they can be used for more than one year and cost over £1,000 if purchased through free reserves. Tangible fixed assets that are purchased through restricted funding are written off in full in the year of acquisition. A full asset register is maintained by the charity.

Leasehold improvements

Enter depreciation rate via StatDB - cd75

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include trade and other receivables and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.



SEED EATING DISORDERS SUPPORT SERVICES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 DECEMBER 2024

1 Accounting policies (Continued)

Basic financial liabilities

Basic financial liabilities, including trade and other payables and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade payables are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' report.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	36,917	54,362

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

### 3 Income from donations and legacies

(Continued)

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
<b>Donations and gifts</b>		
Highway Heroes Awards Ltd	-	3,000
Hull & East Riding Trust	-	3,000
Assured Guaranty	-	2,000
Saint James Palace Foundation	-	2,500
Ineos Community Fund	-	25,000
Joan Ainsley Charity trust	5,000	-
Matthew Good Foundation	500	-
Anonymous Gift	6,131	-
Other	25,286	18,862
	<u>36,917</u>	<u>54,362</u>

### 4 Income from charitable activities

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
<b>Services Provided</b>						
Performance related grants	17,500	90,000	107,500	8,000	130,000	138,000
Less: deferred income	-	(15,000)	(15,000)	-	(15,000)	(15,000)
<b>Toolkit Sales</b>						
Sale of goods	3,150	-	3,150	-	-	-
	<u>20,650</u>	<u>75,000</u>	<u>95,650</u>	<u>8,000</u>	<u>115,000</u>	<u>123,000</u>

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

### 4 Income from charitable activities

(Continued)

#### Performance related grants analysis

	Services Provided 2024 £	Services Provided 2023 £
Humber Teaching Foundation	-	5,000
Grocers Charity	-	5,000
Humber & North Yorkshire ICB	3,000	30,000
Humber & North Yorkshire ICB	30,000	45,000
National Lottery Community Fund	60,000	45,000
The Charles & Elsie Sykes Trust	-	2,000
The Wiguder Family Foundation	1,500	1,000
Jame Reckitt Charity	5,000	5,000
Joseph and Annie Castle Trust	5,000	-
CHK Foundation	3,000	-
Other	-	-
	<u>(107,500)</u>	<u>(138,000)</u>

Charitable activities

#### Charitable trading income

Services Provided

Toolkit sales

#### Deferred income

Humber & North Yorkshire ICB includes £15,000 received relative to the year ended 31st December 2025

### 5 Income from other trading activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising events	<u>9,192</u>	<u>66,295</u>

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

### 8 Support costs

	Support costs £	Governance costs £	2024 £	2023 £
Independent exam fees	-	1,692	1,692	1,260
	-	1,692	1,692	1,260
Analysed between Charitable activities	-	1,692	1,692	1,260

Governance costs includes payments to the independent examiners' of £1,692 (2023- £1,692) for audit fees.

### 9 Net movement in funds

	2024 £	2023 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	1,692	1,260

### 10 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 11 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Service delivery	3	6

### Employment costs

	2024 £	2023 £
Wages and salaries	92,109	142,347

There were no employees whose annual remuneration was more than £60,000.

### 12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.



# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2024

#### 16 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 January 2024	Incoming resources	Resources expended	At 31 December 2024
	£	£	£	£
Hull CCG	22,310	-	(22,310)	-
National Lottery Community Fund	-	60,000	(60,000)	-
Humber & North Yorkshire I.C.B.	-	15,000	(12,310)	2,690
	<u>22,310</u>	<u>75,000</u>	<u>(94,620)</u>	<u>2,690</u>

#### Previous year:

	At 1 January 2023	Incoming resources	Resources expended	At 31 December 2023
	£	£	£	£
Hull CCG	5,000	30,000	(12,690)	22,310
Joseph and Annie Cattle Trust	4,000	-	(4,000)	-
East Riding CCG	10,000	-	(10,000)	-
Diabold Nixdorf	1,500	-	(1,500)	-
Joseph Boaz Charitable Trust	620	-	(620)	-
Hey Smile Foundation	-	5,000	(5,000)	-
Grocers Charity	-	5,000	(5,000)	-
Humber CCG	-	30,000	(30,000)	-
Notional Lottery Community Fund	-	45,000	(45,000)	-
	<u>21,120</u>	<u>115,000</u>	<u>(113,810)</u>	<u>22,310</u>

#### 17 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 January 2024	Incoming resources	Resources expended	Transfers	At 31 December 2024
	£	£	£	£	£
Designated fund	75,250	-	-	(15,000)	60,250
General funds	(19,845)	66,759	(51,293)	15,000	10,621
	<u>55,405</u>	<u>66,759</u>	<u>(51,293)</u>	<u>-</u>	<u>70,871</u>

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

### 17 Unrestricted funds

(Continued)

Previous year:	At 1 January 2023	Incoming resources	Resources expended	Transfers	At 31 December 2023
	£	£	£	£	£
Designated fund	75,250	-	-	-	75,250
General funds	(17,987)	128,657	(130,515)	-	(19,845)
	<u>57,263</u>	<u>128,657</u>	<u>(130,515)</u>	<u>-</u>	<u>55,405</u>

### 18 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
<b>At 31 December 2024:</b>			
Current assets/(liabilities)	70,871	2,690	73,561
	<u>70,871</u>	<u>2,690</u>	<u>73,561</u>
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
<b>At 31 December 2023:</b>			
Current assets/(liabilities)	55,405	22,310	77,715
	<u>55,405</u>	<u>22,310</u>	<u>77,715</u>

### 19 Related party transactions

The charity has established a CIC called Seedlings which is being used to further develop the commercial aspect of its educational toolkit into eating disorders.

Ms Gemma Oaten is the sole director. Ms Oaten is also the daughter of Mr and Mrs D Oaten.

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

### 6 Expenditure on raising funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
<b>Fundraising and publicity</b>						
Staging fundraising events	-	-	-	18,825	2,730	21,555

### 7 Expenditure on charitable activities

	Services Provided 2024 £	Toolkit Sales 2024 £	Total 2024 £	Services Provided 2023 £
<b>Direct costs</b>				
Staff costs	92,109	-	92,109	142,347
Rent & Rates	4,182	-	4,182	6,739
Telecoms	3,331	-	3,331	3,191
Printing, Post & Stationary	410	-	410	2,444
Publicity costs	11,536	-	11,536	15,313
Resource costs	11,291	1,456	12,747	14,561
Consultancy costs	1,030	-	1,030	13,313
Admin costs	790	-	790	2,270
Travelling costs	1,818	-	1,818	2,193
Insurance	3,806	-	3,806	3,248
Subscriptions	1,634	-	1,634	1,214
Light & Heat	3,481	-	3,481	4,196
Property costs	1,023	-	1,023	1,728
IT costs	5,564	-	5,564	7,664
Sundry	760	-	760	1,089
	142,765	1,456	144,221	221,510
<b>Share of support and governance costs (see note 8)</b>				
Governance	1,692	-	1,692	1,260
	144,457	1,456	145,913	222,770
<b>Analysis by fund</b>				
Unrestricted funds	49,837	1,456	51,293	111,690
Restricted funds	94,620	-	94,620	111,080
	144,457	1,456	145,913	222,770

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

### 13 Trade and other receivables

	2024	2023
	£	£
Amounts falling due within one year:		
Prepayments and accrued income	2,400	2,600

### 14 Current liabilities

	Notes	2024	2023
		£	£
Deferred income	15	15,000	15,000
Accruals		1,380	2,780
		16,380	17,780

### 15 Deferred income

	2024	2023
	£	£
Other deferred income	15,000	15,000

Deferred income is included in the financial statements as follows:

	2024	2023
	£	£
Deferred income is included within:		
Current liabilities	15,000	15,000
Movements in the year:		
Deferred income at 1 January 2024	15,000	-
Released from previous periods	(15,000)	-
Resources deferred in the year	15,000	15,000
Deferred income at 31 December 2024	15,000	15,000