

**SEED EATING DISORDERS SUPPORT SERVICES**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2023**

# SEED EATING DISORDERS SUPPORT SERVICES

## LEGAL AND ADMINISTRATIVE INFORMATION

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**Trustees**

Mrs M F Oaten MBE

Mr D J Oaten

Mr M J Dawson

Ms R Locke

Mrs R Pay

(Appointed 13 March 2023)

**Charity number**

1108405

**Independent examiner**

Fawley Judge & Easton

Chartered Certified Accountants

1 Parliament Street

Hull

East Yorkshire

HU1 2AS

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# SEED EATING DISORDERS SUPPORT SERVICES

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# SEED EATING DISORDERS SUPPORT SERVICES

## CHAIRPERSON'S REPORT

**FOR THE YEAR ENDED 31 DECEMBER 2023**

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***“from a seed a flower grows as do people who blossom in life”***

January of 2023 saw the official opening of the new Resource Centre in the Princes Quay Shopping Centre.

I would like to thank all the Companies who made this possible and the wonderful support from the community to make this such a memorable event.

2023 saw a further increase in the number of people suffering from eating disorders and disordered eating problems and suffice to say there has been an increased demand for our services.

Maintaining the funding needed to ensure the sustainability of the charity is as ever challenging and I would take this opportunity to thank our CEO, Gemma Oaten who has been fundamental in achieving this, including securing a grant from the National Lottery.

One of the highlights of the year was our Seed Gala at the Goldsmiths Hall in London which raised much-needed income for the charity. I would like to thank all the people, companies, and funders who have supported us throughout the year enabling us to provide support to the people who depend on our services.

Thank you to our Staff and Trustees for making it possible to deal with the challenges and provide support for our Service Users.

Finally, to sustain the Charity and do our very best for our Service Users we will continue to work as a team to achieve this.

A handwritten signature in black ink, appearing to read "D. Oaten", with a horizontal line underneath.

Dennis James Oaten  
**Chairperson**

Date: 19 March 2024

# SEED EATING DISORDERS SUPPORT SERVICES

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 DECEMBER 2023

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The Trustees present their annual report and financial statements for the year ended 31 December 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

#### **Objectives and activities**

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

##### **Financial review**

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

#### **Structure, governance and management**

The organisation is registered as a charity and governed by its constitution adopted 10 November 2004, as amended 5 January 2005

The Trustees who served during the year and up to the date of signature of the financial statements were:

Mrs M F Oaten MBE

Mr D J Oaten

Mr M J Dawson

Ms R Locke

Ms H MacEwen

(Resigned 13 March 2023)

Mrs R Pay

(Appointed 13 March 2023)

The charity trustees for the purpose of charity law are known as members of the Committee. Under the requirements of the charities constitution one third of the members of the Management Committee must retire by rotation after which they can be re-elected at the next Annual General Meeting.

The Committee seeks to ensure that the needs of this group are appropriately reflected through the diversity of the trustee body. Therefore as part of the recruitment of trustees the group promotes the need of knowledge and experience to assist the charity.

In order to promote a broad mix, members of the Committee are requested to provide a list of their skills (and update it each year if re-elected) and in the event of particular skills being lost due to retirements, individuals are approached to offer themselves for election to the committee.

#### Trustee Induction and Training

Most trustees are already familiar with the practical work of the charity. Additionally, new trustees are invited and encouraged to attend a series of short training sessions (no more than one hour) to familiarise themselves with the charity and the context within which it operates. These are jointly led by the Chair of the Committee and the Secretary of the charity and cover:

- The obligations of Committee members.
- The main documents which set out the operational framework for the charity including its Constitution.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

# SEED EATING DISORDERS SUPPORT SERVICES

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 DECEMBER 2023**

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SEED Eating Disorders Support Group has a Committee of no less than three members who meet quarterly and are responsible for the strategic direction of the charity. At present the committee has members from a variety of backgrounds relevant to the work of the charity,

A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Secretary. The Secretary is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

### **Related Parties**

In so far as it is complimentary to the charity's objects, no trustee has any related party transactions associated with the organisation.

### **Objectives and Activities**

The charity's objectives and principle activities are to:

- Education/Training
- Medical/Health/Sickness
- Provides human resource (e.g. staff/volunteers)
- Provides services (e.g. care/counselling)
- Provides advocacy/advice/information

The main objectives and activities for the year were to focus upon the promotion of the said objects. The strategies employed to assist the charity to meet these objectives included the following:

- To advance public benefit, for the relief of those suffering from Anorexia Nervosa, Bulimia Nervosa, Binge Eating, Compulsive Eating and any other eating disorder related problems as a result of this illness, by providing information, advice and support.
- To provide information advice and support for the preservation and protection of the physical and mental health of families and carers of those suffering from eating disorders.
- To advance education by providing training for professional and the general public and to raise awareness of eating disorders through approved literature produced by the Charity.

### **Mission Statement**

SEED's mission is to create a facility that provides sufferers and carers alike with confidential independent and non-judgmental advice and support to ensure they are aided by the best possible network of care and support to facilitate recovery.

The Trustees' report was approved by the Board of Trustees.

Mrs M F Oaten MBE  
**Trustee**

Mr D J Oaten  
**Trustee**

14 May 2024

# SEED EATING DISORDERS SUPPORT SERVICES

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF SEED EATING DISORDERS SUPPORT SERVICES

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I report to the Trustees on my examination of the financial statements of SEED Eating Disorders Support Services (the charity) for the year ended 31 December 2023.

#### **Responsibilities and basis of report**

As the Trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

**A J Wilkie ACCA**

**Fawley Judge & Easton**

**Chartered Certified Accountants**

1 Parliament Street

Hull

East Yorkshire

HU1 2AS

Dated: 19 March 2024

# SEED EATING DISORDERS SUPPORT SERVICES

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 DECEMBER 2023**

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
<b><u>Income and endowments from:</u></b>							
Donations and legacies	3	54,362	-	54,362	75,691	-	75,691
Charitable activities	4	8,000	115,000	123,000	10,000	67,370	77,370
Other trading activities	5	66,295	-	66,295	29,960	-	29,960
Other income	6	-	-	-	600	-	600
<b>Total income</b>		<u>128,657</u>	<u>115,000</u>	<u>243,657</u>	<u>116,251</u>	<u>67,370</u>	<u>183,621</u>
<b><u>Expenditure on:</u></b>							
Raising funds	7	<u>18,825</u>	<u>2,730</u>	<u>21,555</u>	<u>-</u>	<u>-</u>	<u>-</u>
Charitable activities	8	<u>111,690</u>	<u>111,080</u>	<u>222,770</u>	<u>152,275</u>	<u>76,250</u>	<u>228,525</u>
<b>Total expenditure</b>		<u>130,515</u>	<u>113,810</u>	<u>244,325</u>	<u>152,275</u>	<u>76,250</u>	<u>228,525</u>
Gross transfers between funds		-	-	-	5,000	(5,000)	-
<b>Net (expenditure)/income for the year/</b>							
<b>Net movement in funds</b>		(1,858)	1,190	(668)	(31,024)	(13,880)	(44,904)
Fund balances at 1 January 2023		<u>57,263</u>	<u>21,120</u>	<u>78,383</u>	<u>88,287</u>	<u>35,000</u>	<u>123,287</u>
<b>Fund balances at 31 December 2023</b>		<u>55,405</u>	<u>22,310</u>	<u>77,715</u>	<u>57,263</u>	<u>21,120</u>	<u>78,383</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.



# SEED EATING DISORDERS SUPPORT SERVICES

## STATEMENT OF FINANCIAL POSITION

AS AT 31 DECEMBER 2023

	Notes	2023 £	£	2022 £	£
<b>Current assets</b>					
Trade and other receivables	13	2,600		14,734	
Cash at bank and in hand		92,895		65,893	
		<u>95,495</u>		<u>80,627</u>	
<b>Current liabilities</b>	14	(17,780)		(2,244)	
Net current assets			77,715		78,383
<b>Income funds</b>					
Restricted funds	17		22,310		21,120
<u>Unrestricted funds</u>					
Designated funds	18	75,250		75,250	
General unrestricted funds		<u>(19,845)</u>		<u>(17,987)</u>	
			55,405		57,263
			<u>77,715</u>		<u>78,383</u>

The financial statements were approved by the Trustees on 14 May 2024

Mrs M F Oaten MBE  
Trustee

Mr D J Oaten  
Trustee

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 DECEMBER 2023

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#### 1 Accounting policies

##### Charity information

SEED Eating Disorders Support Services is a charity registered with the Charity Commissioners of England and Wales nr: 1108405 and governed by its constitution adopted 10 November 2004, as amended 5 January 2005..

##### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

##### 1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

##### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

##### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
***FOR THE YEAR ENDED 31 DECEMBER 2023***

(Continued)

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Property, plant and equipment are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Tangible fixed assets are capitalised if they can be used for more than one year and cost over £1,000 if purchased through free reserves. Tangible fixed assets that are purchased through restricted funding are written off in full in the year of acquisition. A full asset register is maintained by the charity.

[illegible]

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets, which include trade and other receivables and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2023

### 1 Accounting policies

(Continued)

#### **Basic financial liabilities**

Basic financial liabilities, including trade and other payables and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade payables are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

### 1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

### 1.10 Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' report.

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Donations and gifts	54,362	75,691

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

### 3 Donations and legacies

(Continued)

#### Donations and gifts

Highway Heroes Awards Ltd	3,000	-
Hull & East Riding Trust	3,000	-
Assured Guaranty	2,000	-
Saint James Palace Foundation	2,500	-
Ineos Community Fund	25,000	-
Other	18,862	75,691
	<u>54,362</u>	<u>75,691</u>

### 4 Charitable activities

	Charitable Income 2023 £	Charitable Income 2022 £
Performance related grants	138,000	77,370
Less: deferred income	(15,000)	-
	<u>123,000</u>	<u>77,370</u>
<b>Analysis by fund</b>		
Unrestricted funds	8,000	10,000
Restricted funds	115,000	67,370
	<u>123,000</u>	<u>77,370</u>
<b>Performance related grants</b>		
Humber Teaching Foundation	5,000	-
Grocers Charity	5,000	-
Humber & North Yorkshire ICB	30,000	-
Humber & North Yorkshire ICB	45,000	-
National Lottery Community Fund	45,000	-
The Charles & Elsie Sykes Trust	2,000	-
The Wiguder Family Foundation	1,000	-
Jame Reckitt Charity	5,000	-
Other	-	77,370
	<u>138,000</u>	<u>77,370</u>

Charitable activities

#### Deferred income

Humber & North Yorkshire ICB includes £15,000 received relative to the year ended 31st December 2024

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

### 5 Other trading activities

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Fundraising events	66,295	29,960

### 6 Other income

	Total Unrestricted funds	
	2023	2022
	£	£
Other income	-	600

### 7 Raising funds

	Unrestricted funds	Restricted funds	Total	Total
	2023	2023	2023	2022
	£	£	£	£
<u>Fundraising and publicity</u>				
Staging fundraising events	18,825	2,730	21,555	-
	18,825	2,730	21,555	-

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

### 8 Charitable activities

	Charitable Expenditure 2023 £	Charitable Expenditure 2022 £
Staff costs	142,347	106,726
Depreciation and impairment	-	17,251
Rent and rates	6,738	7,286
Telecommunication costs	3,191	4,013
Printing postage and stationery	10,109	9,068
Publicity costs	15,313	22,366
Resource costs	14,561	13,523
Consultancy costs	13,313	23,789
Administration costs	2,270	16,292
Travelling costs	2,193	1,959
Insurance	3,248	1,421
Subscriptions	1,214	720
Light & Heat	4,196	-
Property Costs	1,728	-
Sundry expenses	1,089	1,334
	<u>221,510</u>	<u>225,748</u>
Share of governance costs (see note 9)	1,260	2,777
	<u>222,770</u>	<u>228,525</u>
<b>Analysis by fund</b>		
Unrestricted funds	111,690	152,275
Restricted funds	111,080	76,250
	<u>222,770</u>	<u>228,525</u>

### 9 Support costs

	Support costs £	Governance costs £	2023 £	2022 £
Independent exam fees	-	1,260	1,260	2,777
	<u>-</u>	<u>1,260</u>	<u>1,260</u>	<u>2,777</u>
Analysed between Charitable activities	-	1,260	1,260	2,777
	<u>-</u>	<u>1,260</u>	<u>1,260</u>	<u>2,777</u>

Governance costs includes payments to the independent examiners' of £2,777 (2022- £621) for audit fees.

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

### 10 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 11 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Service delivery	6	4

#### Employment costs

	2023 £	2022 £
Wages and salaries	142,347	106,726

There were no employees whose annual remuneration was more than £60,000.

### 12 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

### 13 Trade and other receivables

	2023 £	2022 £
<b>Amounts falling due within one year:</b>		
Other receivables	-	14,734
Prepayments and accrued income	2,600	-
	2,600	14,734

### 14 Current liabilities

	Notes	2023 £	2022 £
Deferred income	15	15,000	-
Accruals and deferred income		2,780	2,244
		17,780	2,244



# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

### 15 Deferred income

	2023 £	2022 £
Other deferred income	15,000	-

Deferred income is included in the financial statements as follows:

	2023 £	2022 £
Deferred income is included within:		
Current liabilities	15,000	-
Movements in the year:		
Deferred income at 1 January 2023	-	-
Resources deferred in the year	15,000	-
Deferred income at 31 December 2023	15,000	-

### 16 Retirement benefit schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2023

#### 17 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				Movement in funds			
	Balance at 1 January 2022	Incoming resources	Resources expended	Transfers	Balance at 1 January 2023	Incoming resources	Resources expended	Balance at 31 December 2023
	£	£	£	£	£	£	£	£
Hull CCG	30,000	-	(25,000)	-	5,000	30,000	(12,690)	22,310
Joseph and Annie Cattle Trust	5,000	5,000	(6,000)	-	4,000	-	(4,000)	-
East Riding CCG	-	30,000	(20,000)	-	10,000	-	(10,000)	-
Hull & East Riding Charitable Trust	-	3,000	(3,000)	-	-	-	-	-
CHCP	-	6,250	(6,250)	-	-	-	-	-
Hesslewood Childrens Trust	-	1,000	(1,000)	-	-	-	-	-
The Charles and Elsie Sykes Trust	-	5,000	(5,000)	-	-	-	-	-
Diabold Nixdorf	-	6,500	(5,000)	-	1,500	-	(1,500)	-
James Rekitt charity	-	5,000	(5,000)	-	-	-	-	-
Meeting Needs	-	5,000	-	(5,000)	-	-	-	-
Joseph Boaz Charitable Trust	-	620	-	-	620	-	(620)	-
Hey Smile Foundation	-	-	-	-	-	5,000	(5,000)	-
Grocers Charity	-	-	-	-	-	5,000	(5,000)	-
Humber CCG	-	-	-	-	-	30,000	(30,000)	-
Notional Lottery Community Fund	-	-	-	-	-	45,000	(45,000)	-
	<u>35,000</u>	<u>67,370</u>	<u>(76,250)</u>	<u>(5,000)</u>	<u>21,120</u>	<u>115,000</u>	<u>(113,810)</u>	<u>22,310</u>

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

### 18 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 January 2022	Movement in funds Incoming resources	Balance at 1 January 2023	Movement in funds Incoming resources	Balance at 31 December 2023
	£	£	£	£	£
Administration costs	75,250	-	75,250	-	75,250
	<u>75,250</u>	<u>-</u>	<u>75,250</u>	<u>-</u>	<u>75,250</u>

### 19 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total Unrestricted funds 2023 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 December 2023 are represented by:					
Current assets/(liabilities)	55,405	22,310	77,715	57,263	21,120
	<u>55,405</u>	<u>22,310</u>	<u>77,715</u>	<u>57,263</u>	<u>21,120</u>

### 20 Related party transactions

The charity has established a CIC called Seedlings which is being used to further develop the commercial aspect of its educational toolkit into eating disorders. At 31 December 2023 the amount due from Seedlings CIC was £0 (2022 - £14,734).

Ms Gemma Oaten is the sole director. Ms Oaten is also the daughter of Mr and Mrs D Oaten.