

Charity registration number 1108405

**SEED EATING DISORDERS SUPPORT SERVICES  
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2022**

# SEED EATING DISORDERS SUPPORT SERVICES

## LEGAL AND ADMINISTRATIVE INFORMATION

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**Trustees**

Mrs M F Oaten MBE  
Mr D J Oaten  
Mr M J Dawson  
Ms R Locke  
Ms H MacEwen

(Appointed 2 February  
2022)

**Charity number**

1108405

**Independent examiner**

Fawley Judge & Easton  
Chartered Certified Accountants  
1 Parliament Street  
Hull  
East Yorkshire  
HU1 2AS

# SEED EATING DISORDERS SUPPORT SERVICES

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# SEED EATING DISORDERS SUPPORT SERVICES

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 DECEMBER 2022

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The Trustees present their annual report and financial statements for the year ended 31 December 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

#### Objectives and activities

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### Achievements and performance

2022 was a challenging year for the Charity, especially in the early part of the year when we went through a significant transition period due to us severing ties with our Marketing Company. It was also, in part, due to 'growing pains' and employing extra staff.

It was clear our current governance was insufficient to meet our needs. We, therefore, had to update and review our governance to meet the needs required of the Charity including data protection and the reviewing of all policies. The funding company we had engaged to raise funds ceased trading and sadly our Accountant of many years died suddenly of cardiac arrest. I am pleased to report that not only have we met these challenges, but the charity has prospered. Our new programme Recovery After The Recovery funded by the Hull and East Riding CCG has been rolled out to service users aged 11 to 25 over a 6 month programme and received excellent feedback. We have introduced several new initiatives to meet the ever-increasing demands for our services. Financial pressures have been difficult in the current climate.

In this report, I have to say a big thank you to our CEO who through her endeavours has secured the funding to see us through a very difficult period. In addition, she also secured the funding to enable the Charity to move into our new Resource Centre in the Princes Quay Shopping Centre. We believe this is pioneering and we are very excited to bring eating disorder awareness and support to the general public, dispelling isolation by having a unit publicly available to the community.

I would like to thank all the people, companies and funders who have supported us throughout the year making it possible to continue to support those that depend on our services. Finally, a big thank you to our staff and trustees who have enabled us to meet the challenges and support our service users.

#### Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

#### Structure, governance and management

The organisation is registered as a charity and governed by its constitution adopted 10 November 2004, as amended 5 January 2005

The Trustees who served during the year and up to the date of signature of the financial statements were:

Mrs M F Oaten MBE

Mr D J Oaten

Mr M J Dawson

Ms R Locke

Ms C Rogers

Ms H MacEwen

(Resigned 7 May 2022)

(Appointed 2 February 2022)



# SEED EATING DISORDERS SUPPORT SERVICES

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2022

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The charity trustees for the purpose of charity law are known as members of the Committee. Under the requirements of the charities constitution one third of the members of the Management Committee must retire by rotation after which they can be re-elected at the next Annual General Meeting.

The Committee seeks to ensure that the needs of this group are appropriately reflected through the diversity of the trustee body. Therefore as part of the recruitment of trustees the group promotes the need of knowledge and experience to assist the charity.

In order to promote a broad mix, members of the Committee are requested to provide a list of their skills (and update it each year if re-elected) and in the event of particular skills being lost due to retirements, individuals are approached to offer themselves for election to the committee.

#### Trustee Induction and Training

Most trustees are already familiar with the practical work of the charity. Additionally, new trustees are invited and encouraged to attend a series of short training sessions (no more than one hour) to familiarise themselves with the charity and the context within which it operates. These are jointly led by the Chair of the Committee and the Secretary of the charity and cover:

- The obligations of Committee members.
- The main documents which set out the operational framework for the charity including its Constitution.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

SEED Eating Disorders Support Group has a Committee of no less than three members who meet quarterly and are responsible for the strategic direction of the charity. At present the committee has members from a variety of backgrounds relevant to the work of the charity,

A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Secretary. The Secretary is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

#### **Related Parties**

In so far as it is complimentary to the charity's objects, no trustee has any related party transactions associated with the organisation.

#### **Objectives and Activities**

The charity's objectives and principle activities are to:

- Education/Training
- Medical/Health/Sickness
- Provides human resource (e.g. staff/volunteers)
- Provides services (e.g. care/counselling)
- Provides advocacy/advice/information

The main objectives and activities for the year were to focus upon the promotion of the said objects. The strategies employed to assist the charity to meet these objectives included the following:

- To advance public benefit, for the relief of those suffering from Anorexia Nervosa, Bulimia Nervosa, Binge Eating, Compulsive Eating and any other eating disorder related problems as a result of this illness, by providing information, advice and support.
- To provide information advice and support for the preservation and protection of the physical and mental health of families and carers of those suffering from eating disorders.
- To advance education by providing training for professional and the general public and to raise awareness of eating disorders through approved literature produced by the Charity.

#### **Mission Statement**

SEED's mission is to create a facility that provides sufferers and carers alike with confidential independent and non-judgmental advice and support to ensure they are aided by the best possible network of care and support to facilitate recovery.

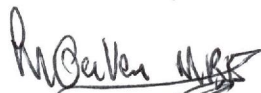
# SEED EATING DISORDERS SUPPORT SERVICES

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 DECEMBER 2022**

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The Trustees' report was approved by the Board of Trustees.



Mrs M E Oaten MBE  
**Trustee**



Mr D J Oaten  
**Trustee**

20 June 2023

# SEED EATING DISORDERS SUPPORT SERVICES

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF SEED EATING DISORDERS SUPPORT SERVICES

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I report to the Trustees on my examination of the financial statements of SEED Eating Disorders Support Services (the charity) for the year ended 31 December 2022.

#### **Responsibilities and basis of report**

As the Trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**A J Wilkie ACCA**  
**Fawley Judge & Easton**  
**Chartered Certified Accountants**  
1 Parliament Street  
Hull  
East Yorkshire  
HU1 2AS

Dated: 20 June 2023



# SEED EATING DISORDERS SUPPORT SERVICES

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Notes							
<b>Income and endowments from:</b>							
Donations and legacies	3	75,691	-	75,691	21,274	-	21,274
Charitable activities	4	10,000	67,370	77,370	11,000	69,900	80,900
Other trading activities	5	29,960	-	29,960	94,928	-	94,928
Other income	6	600	-	600	11,573	-	11,573
<b>Total income</b>		<b>116,251</b>	<b>67,370</b>	<b>183,621</b>	<b>138,775</b>	<b>69,900</b>	<b>208,675</b>
<b>Expenditure on:</b>							
Raising funds	7	-	-	-	21,126	-	21,126
Charitable activities	8	152,275	76,250	228,525	69,693	59,681	129,374
<b>Total expenditure</b>		<b>152,275</b>	<b>76,250</b>	<b>228,525</b>	<b>90,819</b>	<b>59,681</b>	<b>150,500</b>
<b>Net (outgoing)/incoming resources before transfers</b>		<b>(36,024)</b>	<b>(8,880)</b>	<b>(44,904)</b>	<b>47,956</b>	<b>10,219</b>	<b>58,175</b>
Gross transfers between funds		5,000	(5,000)	-	-	-	-
<b>Net (expenditure)/income for the year/</b>							
<b>Net movement in funds</b>		<b>(31,024)</b>	<b>(13,880)</b>	<b>(44,904)</b>	<b>47,956</b>	<b>10,219</b>	<b>58,175</b>
Fund balances at 1 January 2022		88,287	35,000	123,287	40,331	24,781	65,112
<b>Fund balances at 31 December 2022</b>		<b>57,263</b>	<b>21,120</b>	<b>78,383</b>	<b>88,287</b>	<b>35,000</b>	<b>123,287</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.



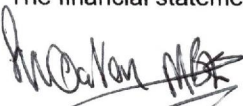
# SEED EATING DISORDERS SUPPORT SERVICES

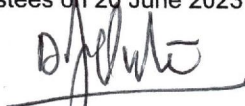
## STATEMENT OF FINANCIAL POSITION

AS AT 31 DECEMBER 2022

	Notes	2022 £	£	2021 £	£
<b>Current assets</b>					
Trade and other receivables	13	14,734		23,874	
Cash at bank and in hand		65,893		99,413	
		<u>80,627</u>		<u>123,287</u>	
<b>Current liabilities</b>	14	(2,244)		-	
Net current assets			78,383		123,287
			<u>78,383</u>		<u>123,287</u>
<b>Income funds</b>					
Restricted funds	16		21,120		35,000
<u>Unrestricted funds</u>					
Designated funds	17	75,250		75,250	
General unrestricted funds		(17,987)		13,037	
		<u>57,263</u>		<u>88,287</u>	
			78,383		123,287
			<u>78,383</u>		<u>123,287</u>

The financial statements were approved by the Trustees on 20 June 2023

  
Mrs M F Oaten MBE  
Trustee

  
Mr D J Oaten  
Trustee

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS

**FOR THE YEAR ENDED 31 DECEMBER 2022**

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### **1 Accounting policies**

#### **Charity information**

SEED Eating Disorders Support Services is a charity registered with the Charity Commissioners of England and Wales nr: 1108405 and governed by its constitution adopted 10 November 2004, as amended 5 January 2005..

#### **1.1 Accounting convention**

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

These financial statements for the year ended 31 December 2022 are the first financial statements of SEED Eating Disorders Support Services prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 January 2021. The reported financial position and financial performance for the previous period are not affected by the transition to FRS 102.

#### **1.2 Going concern**

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### **1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### **1.4 Income**

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2022

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### 1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.6 Property, plant and equipment

Property, plant and equipment are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Tangible fixed assets are capitalised if they can be used for more than one year and cost over £1,000 if purchased through free reserves. Tangible fixed assets that are purchased through restricted funding are written off in full in the year of acquisition. A full asset register is maintained by the charity.

Leasehold improvements	straight line over the length of the lease
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include trade and other receivables and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.



# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2022

### 1 Accounting policies

(Continued)

#### **Basic financial liabilities**

Basic financial liabilities, including trade and other payables and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade payables are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

### 1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

### 1.10 Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' report.

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Donations and gifts	75,691	21,274

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2022

### 4 Charitable activities

	Charitable Income Heading 1 2022 £	Charitable Income Heading 1 2021 £
Performance related grants	77,370	80,900
<b>Analysis by fund</b>		
Unrestricted funds	10,000	11,000
Restricted funds	67,370	69,900
	77,370	80,900

### 5 Other trading activities

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Fundraising events	29,960	94,928

### 6 Other income

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Other income	600	11,573

### 7 Raising funds

	Total Unrestricted funds 2022 £	Total Unrestricted funds 2021 £
<u>Fundraising and publicity</u>		
Staging fundraising events	-	21,126
	-	21,126



# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2022

### 7 Raising funds

(Continued)

### 8 Charitable activities

	Charitable Expenditure 2022 £	Charitable Expenditure 2021 £
Staff costs	106,726	67,847
Depreciation and impairment	17,251	-
Rent and rates	7,286	-
Telecommunication costs	4,013	3,601
Printing postage and stationery	9,068	5,213
Publicity costs	22,366	3,313
Resource costs	13,523	15,760
Consultancy costs	23,789	15,000
Administration costs	16,292	11,640
Travelling costs	1,959	2,080
Insurance	1,421	2,891
Subscriptions	720	-
Sundry expenses	1,334	1,408
	<u>225,748</u>	<u>128,753</u>
Share of governance costs (see note 9)	2,777	621
	<u>228,525</u>	<u>129,374</u>
<b>Analysis by fund</b>		
Unrestricted funds	152,275	69,693
Restricted funds	76,250	59,681
	<u>228,525</u>	<u>129,374</u>

### 9 Support costs

	Support costs £	Governance costs £	2022 £	2021 £
Independent exam fees	-	2,777	2,777	621
	<u>-</u>	<u>2,777</u>	<u>2,777</u>	<u>621</u>
Analysed between Charitable activities	-	2,777	2,777	621
	<u>-</u>	<u>2,777</u>	<u>2,777</u>	<u>621</u>

Governance costs includes payments to the independent examiners' of £2,777 (2021- £621) for audit fees.

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2022

### 10 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 11 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Service delivery	4	4
Employment costs	2022 £	2021 £
Wages and salaries	106,726	67,847

There were no employees whose annual remuneration was more than £60,000.

### 12 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

### 13 Trade and other receivables

	2022 £	2021 £
Amounts falling due within one year:		
Other receivables	14,734	23,874

### 14 Current liabilities

	2022 £	2021 £
Accruals and deferred income	2,244	-

### 15 Retirement benefit schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2022

#### 16 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds		Movement in funds			
	Incoming resources	Balance at 1 January 2022	Incoming resources	Resources expended	Transfers	Balance at 31 December 2022
	£	£	£	£	£	£
Hull CCG	-	30,000	-	(25,000)	-	5,000
Joseph and Annie Cattle Trust	-	5,000	5,000	(6,000)	-	4,000
East Riding CCG	-	-	30,000	(20,000)	-	10,000
Hull & East Riding Charitable Trust	-	-	3,000	(3,000)	-	-
CHCP	-	-	6,250	(6,250)	-	-
Hesslewood Childrens Trust	-	-	1,000	(1,000)	-	-
The Charles and Elsie Sykes Trust	-	-	5,000	(5,000)	-	-
Diabold Nixdorf	-	-	6,500	(5,000)	-	1,500
James Rekitt charity	-	-	5,000	(5,000)	-	-
Meeting Needs	-	-	5,000	-	(5,000)	-
Joseph Boaz Charitable Trust	-	-	620	-	-	620
	-	35,000	67,370	(76,250)	(5,000)	21,120

Within the year SEED Eating Disorders Support Services received funding of £5,000 from Meeting Needs with the intention of funding the refit of the Prince's Quay drop in centre. This refit was completed in year at a total cost of £17,251. The £5,000 funding towards this asset were transferred in full to unrestricted assets on completion of the drop in centre refit.

#### 17 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds		Movement in funds	
	Balance at 1 January 2021	Incoming resources	Balance at 1 January 2022	Incoming resources
	£	£	£	£
Administration costs	75,250	-	75,250	-
	75,250	-	75,250	-

# SEED EATING DISORDERS SUPPORT SERVICES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2022

### 18 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 December 2022 are represented by:						
Current assets/(liabilities)	57,263	21,120	78,383	88,287	35,000	123,287
	<u>57,263</u>	<u>21,120</u>	<u>78,383</u>	<u>88,287</u>	<u>35,000</u>	<u>123,287</u>

### 19 Related party transactions

The charity has established a CIC called Seedlings which is being used to further develop the commercial aspect of its educational toolkit into eating disorders. At 31 December 2022 the amount due from Seedlings CIC was £14,734 (2021 - £23,874).

Ms Gemma Oaten is the sole director. Ms Oaten is also the daughter of Mr and Mrs D Oaten.