



Trustees' Annual Report for the period

Period start date
From 01 April 2024 To 31 March 2025
Period end date

Section A Reference and administration details

Charity name

Music4Children

Other names charity is known by

M4C; Music 4 Children;
Previously called Nepal Balbalika Trust (until June 2011)

Registered charity number (if any)

1108364

Charity's principal address

8A Mansel Road

Wimbledon

London

Postcode

SW19 4AA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Gavin Watts	Treasurer		N/A
2	Anna Weston		From 16 September 2025	N/A
3	Jennifer Dean	Chair	Until 1 June 2024	N/A
4	Lindsey Taylor		Until 27 March 2025	N/A
5				
6				
7				
8				
9				
10				
11				
12				
13				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	N/A

Names and addresses of advisers (Optional information)

Type of adviser

Name

Address

Name of chief executive or names of senior staff members (Optional information)

N/A

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

How the charity is constituted
(eg. trust, association, company)

Trustee selection methods
(eg. appointed by, elected by)

Trust Deed (as amended 24th February 2005 and 6th June 2011)

Trust

Appointed by existing trustees on the board

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

New trustees are appointed by a resolution of the existing trustees. Prospective trustees are:

- made aware of the roles and responsibilities of a trustee using Charity Commission published guidance; and
- given copies of governing documents, along with the latest Annual Accounts and Annual Report.

Before appointment, new Trustees are subject to DBS and other background checks, as well as receiving child safeguarding training.

We usually deliver our services via existing youth groups and organisations, collaborating with them to create suitable activities and projects for their children and young people. We encourage some element of matched funding, although we do sometimes cover the whole cost of delivery ourselves.

We work with groups that support children and young people who experience disadvantage in their lives. We try to develop long-term relationships with these groups, working alongside some of them for many years. We often have specific outcomes in mind, but it can also just be about doing fun, creative activities.

We budget on a project-by-project basis, using available funds as a basis for planning future activities.

Overseas projects are managed through locally-based associates, currently:

- *Help Nepal Network* in Nepal.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

1. The relief of poverty, hardship and distress among children in Nepal and elsewhere throughout the world, particularly those who have been abandoned, orphaned or are at risk of abandonment (the beneficiaries), by such exclusively charitable means as the trustees shall from time to time determine.
2. The advancement of education of the beneficiaries by the provision or assistance with the provisions of educational facilities, teachers and materials.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The main activities undertaken for the public benefit during this year include:

- the financial support of the *Help Nepal Children's Home*, a shelter for girls that has been established in Dhulikhel, Nepal, and project-managed by the *Help Nepal Network*;
- the provision of in-person creative workshops for children and young people, delivered via a number of partner organisations: *Somers Town Youth Centre* in Camden, *Streatham Drop In Centre*, *Quarterdeck Youth Centre* in Margate (renamed *Northdown Road Family Hub*), *The Prince's Trust* in Orpington; and
- the provision of online creative workshops for children and young people, delivered via partner organisations including *The Prince's Trust* in Orpington.

Music4Children declares that all trustees are aware of and carry out our aims for the public benefit and have had regard to guidance issued by the Charity Commission on public benefits.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

This year we had 4 volunteers who helped with workshops and fundraising activities.

Summary of the main achievements of the charity during the year

UK

Camden (London)

- The delivery of 17 free music making sessions for young people with learning disabilities and autism at *Somers Town Youth Centre*. This activity was match funded by *Camden Council* and experienced by around 25 young people, 13 of whom were regular attendees. [13-25 years]

Lambeth (London)

- The delivery of 6 free creative sessions for children of refugee families who attended *Streatham Drop In Centre*: 2 working with the homework club; and 4 creative activity days which took place during the Easter break, the summer holidays, and just before Christmas. We engaged a total of 68 individuals, including family members, across the sessions. [Under 18, primarily 5-11 years]
- Travel support so *Nathaniel Sobhee* could deliver a wellbeing music session for children at *Guy's and St Thomas' Hospital*, a project being run by *Breathe AHR*.

Kent

- The delivery of 29 free music making sessions for young people at *Quarterdeck Youth Centre* in Margate. Most of the sessions were with the centre's 'Cool Crew', who are all on the neurodiversity spectrum, while 6 sessions were for a new group that included members of the Roma traveller community. This included the final few sessions of the Know Your Neighbourhood initiative, which also included an art element. In total there were around 40 unique individuals engaged, half of whom were regular attendees. [14-25 years]
- The delivery of two music making taster sessions, one at *The Corner Family Hub* in Ramsgate and the other at *Drapers Family Hub* in Margate.
- Delivering a mix of in-person and online sessions for the *Prince's Trust Achieve Programme* in Orpington, centred around Empowerment and Goal Setting. We delivered 5 sessions that dealt with the theme of 'Community', engaging around 10 students each time. [16-18 years]
- Support of *Pop Up Runway* at The Glades Shopping Centre in Bromley, a fashion project for young people co-ordinated by *Catch Project*.

Somerset

- We partnered with *Lyrix Organix* and *The Common* to deliver *Levelling the Field*, an accessibility programme mentoring disabled young practitioners at *Rum Shack* during the *Glastonbury Festival*.

NEPAL

- Financial support for the *Help Nepal Network Children's Home*, a shelter in Dhulikhel looking after 24 girls aged 6 to 18 years old. Significant moments from this year include:
 - The girls engaged in many extracurricular activities, such as:
 - taekwondo and meditation classes
 - music and dance lessons
 - baking classes
 - a 'Positive Thinking' programme organised by Dhulikhel Municipality
 - various health awareness sessions
 - various cultural visits
 - 8 of the girls were invited to compete in the Taekwondo South Asian Games.
 - 10 of the girls also competed in the Bagmati Province Inter-School CHITF Taekwondo Championship, and 5 of them won a medal in their category.
 - Some of the girls performed a dance routine during a special gathering held at Dhulikhel Sunrise Resort.

Section E

Financial review

Brief statement of the charity's policy on reserves

All of the charity's free reserves are employed in furtherance of the charity's objectives on an ongoing basis.

Of the existing reserves:

- £5,000 is held as a contingency (we aim to hold 10% of our annual income, with this as the minimum amount)
- £16,115 is designated for our work with *Streatham Drop In Centre*
- £2,000 is designated for setting up the *Tom Basista Award*
- £1,573 is designated for projects taking place in Mexico

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

Income for the year was £36,979, and the principal sources were:

90.8% Grants (£33,575)

- £16,760 from National Lottery Community Fund to support our work with *Streatham Drop In Centre*
- £12,000 from The KEL Trust (general support)
- £4,815 from Creative Lives to support our work with *Quarterdeck Youth Centre*

7.0% Public donations & fundraising activities (£2,580)

- £1,653 of donations via JustGiving for various projects
- £571 donated by Battersea Choral Society to support our London-based projects
- £156 of donations via PayPal Giving to support various projects
- £100 of donations via the Charities for various projects
- £100 of donations via Benevity to support various projects

2.2 % Other income (£824)

- £269 net income received via Gift Aid
- £400 fee received from Kent County Council
- £155 received in bank interest

Expenditure was £26,486, and this supported the key objectives of the charity in the following ways (2.1% covered governance, admin, and fundraising costs):

86.6% UK Projects (£22,925)

- £11,390 spent on delivering workshops for *Quarterdeck Youth Centre*
- £4,815 spent on delivering workshops for *Streatham Drop-in Centre*
- £4,475 spent on delivering workshops for *Somers Town Youth Centre*
- £788 spent on insurance
- £575 spent on delivering online and in person workshops for *Prince's Trust Orpington*
- £450 spent on general project management
- £264 spent on equipment
- £100 spent on supporting the 'Breathe' project at *Guys & St Thomas' Hospital*
- £68 spent on supporting the 'PopUp Runway' event in Bromley

11.3% International Projects (£3,000)

- £3,000 grant for the *Help Nepal Children's Home* in Nepal

Section F Other optional information

N/A

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Gavin Rhys Watts

Full name(s)

Gavin Rhys Watts

Position (eg Secretary, Chair, etc)

Treasurer

Date

20/01/2026



Charity Name	No (if any)
Music4Children	1108364

Receipts and payments accounts

CC16a

For the period from	01/04/2024	To	31/03/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Public donations	325	1,684	-	2,009	9,106
Fundraising activities	171	400	-	571	1,792
Grants received	500	33,075	-	33,575	15,735
Gift Aid	269	-	-	269	827
Interest and investment income	155	-	-	155	233
Charitable activities	-	400	-	400	250
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,420	35,559	-	36,979	27,943
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,420	35,559	-	36,979	27,943
A3 Payments					
Fundraising and publicity	216	200	-	416	447
Governance and administration	145	-	-	145	774
Project Costs (UK)	788	21,873	-	22,661	26,857
Equipment (UK)	-	264	-	264	150
Grants given (UK)	-	-	-	-	2,000
Grants given (Nepal)	-	3,000	-	3,000	2,000
Grants given (Mexico)	-	-	-	-	1,500
Project Costs (Mexico)	-	-	-	-	250
Project Costs (Mauritius)	-	-	-	-	2,000
	-	-	-	-	-
Sub total	1,149	25,337	-	26,486	35,978
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,149	25,337	-	26,486	35,978
Net of receipts/(payments)	271	10,222	-	10,493	-8,035
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,851	12,029	-	17,880	25,915
Cash funds this year end	6,122	22,251	-	28,373	17,880

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Business Banking Instant	6,011	17,953	-
	Lloyds Treasurers Account	111	4,298	-
				-
				-
	Total cash funds	6,122	22,251	-

(agree balances with receipts and payments account(s))


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets				

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets				

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use				

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Gavin Rhys Watts	20/1/26



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Music4Children

On accounts for the year
ended

31st March 2025

Charity no
(if any)

1108364

Set out on pages

1 AND 2 ,

Respective responsibilities of trustees and examiner The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement In connection with my examination, no matter has come to my attention (~~other than that disclosed below~~)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

26.01.2026

Name:

COLIN BROWN

Relevant professional
qualification(s) or body
(if any):

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Address:

92 KINGFISHER HOUSE, JUNIPER DRIVE
LONDON SW18 1TY

Section B

Disclosure

Only complete if the examiner needs to highlight material problems.