



## Trustees' Annual Report for the period

Period start date  
From 01 April 2023 To 31 March 2024  
Period end date

### Section A Reference and administration details

Charity name Music4Children

Other names charity is known by M4C; Music 4 Children;  
Previously called Nepal Balbalika Trust (until June 2011)

Registered charity number (if any) 1108364

Charity's principal address 8A Mansel Road

Wimbledon

London

Postcode

SW19 4AA

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jennifer Dean	Chair		N/A
2	Gavin Watts	Treasurer		N/A
3		Secretary		N/A
4	Lindsey Taylor			N/A
5	Elizabeth Leondaritis		Until 12 July 2023	N/A
6				
7				
8				
9				
10				
11				
12				
13				

#### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	N/A

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

N/A



## Section B

## Structure, governance and management

### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

Trust Deed (as amended 24<sup>th</sup> February 2005 and 6<sup>th</sup> June 2011)

How the charity is constituted  
(eg. trust, association, company)

Trust

Trustee selection methods  
(eg. appointed by, elected by)

Appointed by existing trustees on the board

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

New trustees are appointed by a resolution of the existing trustees. Prospective trustees are:

- made aware of the roles and responsibilities of a trustee using Charity Commission published guidance;
- given copies of governing documents, along with the latest Annual Accounts and Annual Report.

Before appointment, new Trustees are subject to DBS and other background checks, as well as receiving child safeguarding training.

We mainly deliver our services through existing groups and organisations, collaborating with them to create suitable activities and projects for their children and young people. We encourage some element of matched funding, although we do sometimes cover the whole cost of delivery ourselves.

We work with groups that support children and young people who experience disadvantage in their lives. We try to develop relationships with these groups, working alongside some of them for a number of years. We often have specific outcomes in mind, but it can also just be about doing fun, creative activities.

We budget on a project-by-project basis, using available funds as a basis for planning future activities.

Overseas projects are managed through locally-based associates, currently:

- *Help Nepal Network* in Nepal;
- *DEMO AC* in Mexico;
- *NuZwé* in Mauritius.



## Section C

## Objectives and activities

Summary of the objects of the charity set out in its governing document

1. The relief of poverty, hardship and distress among children in Nepal and elsewhere throughout the world, particularly those who have been abandoned, orphaned or are at risk of abandonment (the beneficiaries), by such exclusively charitable means as the trustees shall from time to time determine.
2. The advancement of education of the beneficiaries by the provision or assistance with the provisions of educational facilities, teachers and materials.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The main activities undertaken for the public benefit during this year include:

- the financial support of *Our Home*, a shelter for girls that has been established in Dhulikhel, Nepal, and project-managed by the *Help Nepal Network*;
- the financial support of *Lyrix Organix*, for the work they do with young people in London;
- the provision of in-person creative workshops for children and young people, delivered via a number of partner organisations: *Somers Town Youth Centre* in Camden, *Streatham Drop In Centre*, *Quarterdeck Youth Centre* in Margate, *The Prince's Trust* in Orpington; and
- the provision of online creative workshops for children and young people, delivered via partner organisations including *The Princes Trust* in Orpington.

Music4Children declares that all trustees are aware of and carry out our aims for the public benefit and have had regard to guidance issued by the Charity Commission on public benefits.

### Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

This year we had 6 volunteers who helped with workshops, fundraising activities, and updating our digital resources.



Summary of the main achievements of the charity during the year

## UK

**Camden (London)**

- The delivery of 20 free music making sessions for young people with learning disabilities and autism (13+ years) at *Somers Town Youth Centre*. Additional sessions were match funded by Camden Council and these were experienced by around 25 young people, 13 of whom were regular attendees.

**Lambeth (London)**

- The delivery of 16 free creative sessions for children of refugee families (under 16 years, primarily 5-11) who attended *Streatham Drop In Centre*:
  - 10 monthly sessions working with the homework club; plus
  - 6 creative activity days which took place during the Easter holidays, the summer holidays, and just before Christmas. We engaged around 60 unique individuals, including family members, across the various sessions.
- Travel support in order for *Nathaniel Sobhee* to deliver a wellbeing music programme for children at Guy's and St Thomas' Hospital, a project being run by *Breathe AHR*.

**Kent**

- The delivery of 40 free music making sessions for young people (14+ years) at *Quarterdeck Youth Centre* in Margate:
  - 32 sessions were for members of the centre's Cool Crew, who are all on the neurodiversity spectrum; while
  - 8 sessions were for a new group that included members of the Roma traveller community.

19 of the sessions were part of "Know Your Neighbourhood" an initiative of DCMS and Arts Council England, and also included an art element. In total there were around 40 unique individuals engaged, half of whom were regular attendees.
- Delivering a mix of in-person and online sessions for the *Prince's Trust Achieve Programme* in Orpington, centred around Empowerment and Goal Setting. We engaged 10 young people aged 16-18 years for 11 sessions in total, dealing with the theme of "Community".

**General**

- Financial support for *Lyrix Organix* to deliver youth arts education projects.
- Support of *Pop Up Runway*, a fashion project for young people co-ordinated by *Catch Project*.

## MAURITIUS

- The completion of phase 3 of the "Tenoli" Arts Exchange programme, delivered locally with *NuZwé*. Over a 3 day period, 16 young people aged 9-19 years worked together to write and perform a number of songs using the theme of "Life As We Know It".



**MEXICO**

- Financial support for the delivery of Beatbox workshops for young people living in Mexico City. 3 sessions were delivered over the course of one day, with a total of 62 unique individuals attending.

**NEPAL**

- Financial support for the *Help Nepal Network Children's Home*, a shelter in Dhulikhel looking after 23 girls aged 6 to 18 years old. Significant moments from this year include:
  - On Children's Day, Amsu took part in a debating competition that had been organised by the Dhulikhel municipality, and she won the first prize.
  - The shelter had solar panels installed.
  - New computers were installed and all the girls were trained to use the Open Learning Exchange website, while the older girls were also taught how to use social media safely.
  - The girls engaged in many extracurricular activities, such as:
    - dance classes
    - art classes
    - taekwondo classes
    - learning to make incense
    - learning to make soap



## Section E

## Financial review

### Brief statement of the charity's policy on reserves

All of the charity's free reserves are employed in furtherance of the charity's objectives on an ongoing basis.

Of the existing reserves:

- £3,215 is designated for our work with *Streatham Drop In Centre*
- £3,206 is designated for our work with *Quarterdeck* in Margate
- £1,400 is designated for our work with *Somers Town Youth Centre* in Camden
- £948 is designated for projects taking place in Mexico
- £553 is designated for supporting the children's shelter in Nepal

### Details of any funds materially in deficit

N/A

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

#### The principal sources of income were:

##### 56.3% Grants (£15,735)

- £10,000 from The K&L Trust (general support)
- £4,815 from Creative Lives to support our work with *Quarterdeck Youth Centre*
- £920 from Tesco Stronger Starts to support our work with *Streatham Drop In Centre*

##### 39.0% Public donations & fundraising activities (£10,898)

- £6,749 from donations via JustGiving for various projects
- £2,000 in direct donations to support the work of *Lyrrix Organix*
- £1,284 raised by Battersea Choral Society to support our London-based projects
- £508 raised by Thick Boy Records to support our match funded projects
- £248 from donations via Benevity to support the work of *Help Nepal Network*
- £109 in other donations for various projects

##### 4.7 % Other income (£1,310)

- £827 net income received via Gift Aid
- £250 received from *Lyrrix Organix* to support workshops in Mexico
- £233 received in bank interest

#### Expenditure supported the key objectives of the charity in the following ways:

##### 80.6% UK Projects (£29,007)

- £10,693 spent on delivering workshops for *Streatham Drop-in Centre*
- £9,308 spent on delivering workshops for *Quarterdeck Youth Centre*
- £3,460 spent on delivering workshops for *Somers Town Youth Centre*
- £2,000 in grants to support the work of *Lyrrix Organix*
- £1,405 spent on delivering online and in person workshops for *Prince's Trust Orpington*
- £732 spent on insurance
- £560 spent on supporting the Breathe project at *Guys & St Thomas' Hospital*
- £474 spent on general project management



- £225 spent on delivering other online/in-person workshops to various groups
- £150 spent on equipment

#### **16.0% International Projects (£5,750)**

- £2,000 grant for *Help Nepal Network (Our Home in Nepal)*
- £2,000 spent on delivering the Tenoli arts exchange project in Mauritius
- £1,750 in grants and direct costs of delivering Beatbox workshops and preparing for the Beatbox Championships in Mexico

#### **Fundraising Activity**

(a) Fundraising activities in the last 12 months included: private donations, paid directly or through an online platform; a retirement collection at a carol concert. The retirement collection was carried out by volunteers.

(e) In the last 12 months, no complaints have been received with regards to fundraising.

(f) If a supporter of the charity actively requests to be kept informed about the charity, then they will receive the charity newsletter by email. Aside from what is included in the newsletter, we do not contact anyone directly about making a donation.

## Section F Other optional information

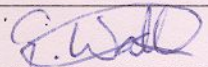
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## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

GAVIN RHYS WATTS	
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Position (eg Secretary, Chair,  
etc)

TREASURER	
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Date

14/03/2025
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Charity Name	No (if any)
Music4Children	1108364

## Receipts and payments accounts

CC16a

For the period from	01/04/2023	To	31/03/2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Public donations	202	8,904	-	9,106	5,969
Fundraising activities	-	1,792	-	1,792	-
Grants received	250	15,485	-	15,735	16,200
Gift Aid	827	-	-	827	190
Interest and investment income	233	-	-	233	46
Charitable activities	-	250	-	250	2,000
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>1,512</b>	<b>26,431</b>	<b>-</b>	<b>27,943</b>	<b>24,405</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>1,512</b>	<b>26,431</b>	<b>-</b>	<b>27,943</b>	<b>24,405</b>
<b>A3 Payments</b>					
Fundraising and publicity	372	75	-	447	6,716
Governance and administration	774	-	-	774	1,071
Project Costs (UK)	732	26,125	-	26,857	20,022
Equipment (UK)	-	150	-	150	582
Grants given (UK)	-	2,000	-	2,000	7,700
Grants given (Nepal)	500	1,500	-	2,000	3,000
Grants given (Mexico)	-	1,500	-	1,500	1,000
Project Costs (Mexico)	-	250	-	250	850
Project Costs (Mauritius)	-	2,000	-	2,000	2,300
	-	-	-	-	-
<b>Sub total</b>	<b>2,378</b>	<b>33,600</b>	<b>-</b>	<b>35,978</b>	<b>43,241</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>2,378</b>	<b>33,600</b>	<b>-</b>	<b>35,978</b>	<b>43,241</b>
<b>Net of receipts/(payments)</b>	<b>-866</b>	<b>-7,169</b>	<b>-</b>	<b>-8,035</b>	<b>-18,836</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	6,717	19,198	-	25,915	44,751
Cash funds this year end	5,851	12,029	-	17,880	25,915



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Business Banking Instant	5,791	10,946	-
	Lloyds Treasurers Account	60	1,083	-
				-
				-
	<b>Total cash funds</b>	<b>5,851</b>	<b>12,029</b>	<b>-</b>

(agree balances with receipts and payments account(s))

OK

OK

OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

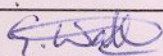
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval



GAVIN WATTS

14/03/25





# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

Report to the trustees/  
members of

Music4Children

On accounts for the year  
ended

31<sup>st</sup> March 2024

Charity no  
(if any)

1108364

Set out on pages

1, 2

**Respective responsibilities of trustees and examiner** The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's statement** My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the

accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement** In connection with my examination, no matter has come to my attention (~~other than that disclosed below\*~~)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Date:

27/3/2025

Name:

COLIN BROWN

Relevant professional  
qualification(s) or body  
(if any):

IER

1

February 2025

Address:

92 KINGFISHER HOUSE

JUNIPER DRIVE

LONDON SW18 1TY

## Section B

## Disclosure

Only complete if the examiner needs to highlight material problems.