

**Muslim Youth Helpline**

**Charity No. 1108354**

**Company No. 05239414**

**Trustees' Report and Unaudited Accounts**

**31 March 2022**

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**Muslim Youth Helpline**  
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**Muslim Youth Helpline  
Trustees Annual Report**

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2022.

**Company No. 05239414**

**Charity No. 1108354**

**Registered Office**

International House  
Constance Street  
London  
E16 2DQ

**Directors and Trustees**

The Directors of the charitable company are its Trustees for the purposes of charity law.

The following Directors and Trustees served during the year:

Z. Choudhry  
J. Hekmoun  
R. Hussain  
Z. Jabeen  
S. Wazifdar

**Company Secretary**

J. Hekmoun

**Accountants**

Saymur Accountants  
4th Floor, Metroline House  
118-122 College Road  
Harrow  
Middlesex  
HA1 1BQ

**OBJECTIVES AND ACTIVITIES**

## **Muslim Youth Helpline**

### **Trustees Annual Report**

The charity's objects as set out in its governing document are:

- 1.To provide relief to young Muslims who are in conditions of emotional need, hardship and mental distress through culturally aware and faith sensitive counselling and practical assistance, and to further the provision of training in culturally aware and faith sensitive counselling;
2. To provide advice to young Muslims who because of their inadequate means are unable to obtain such advice and assistance from their own resources;
3. To educate young Muslims in the United Kingdom so as to develop their spiritual, mental emotional, physical and social capacities

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The main activities undertaken during the year in the furtherance of these objects were as follows:

#### **Helpline Service**

##### **Access**

Sustained the number of helpline officers working on the helpline team to ensure consistency in the service. This ensured we were able to respond to calls and queries, and support as many people as possible during helpline hours.

##### **Expansion**

We recruited a helpline volunteer coordinator to focus on the expansion and development of our helpline volunteers. Helpline volunteers were able to assist in call handling, minimise call waiting times and support us in responding to as many people as possible during helpline hours.

## **Muslim Youth Helpline Trustees Annual Report**

### **Supervision**

We continued to offer 1-1 supervision for our helpline team to assist them in their emotional processing of cases. This year we also re-introduced 'group supervision', which has been essential in ensuring that the team were able to understand the emotional challenges that they experience as a group, and better support one another.

### **Data Recording**

We modified the way we record data on our case management system to ensure that data recording gives a clearer picture of our primary concerns and demand for the service, both inside and outside of our core operating hours.

### **User Experience**

Continued to collect data on the user experience, and started the process of embedding service user surveys towards the end of each query.

We also introduced peer-peer debriefs to ensure we are effectively supporting, managing and de-escalating service user concerns that come into the helpline towards the end of our core operating hours.

### **Education, Training and Campaigns**

During the year 2021-2022, MYH continued to educate the community on concerns and challenges affecting young Muslims through the following projects and discussions:

Muslim Mental Health Conference with MCB

Faith and child safeguarding summit

Muslim Vibe on suicide awareness

Barnardo's consortium, tackling health inequalities

Student Space

Your best friends project, SafeLives

MYH also continued to work with local schools, helping to raise awareness on MYH and avenues of support for young muslims struggling with their mental health.

## **ACHIEVEMENTS AND PERFORMANCE**

We supported over 5,000 young people across the UK this year. For many of our callers, the first time they contact the Helpline is the first time they have ever spoken about their problems to anyone. We treat every enquiry as if it could be our one and only opportunity to help that person and ensure that they receive the support that they need.

For the year 2021-2022, the majority of the calls we received (51.5%) were via webchat, followed by phone (33.9%), email (12.3%) and then Whatsapp (2.3%) which was launched in the last reporting year and is still a platform in it's early stages of growth.

The main two key concerns that service users explored with the helpline were in regards to religion (20.2%), followed by family concerns (10.5%). Other concerns were also explored, but not as common, including: depression, anxiety, other mental health concerns, relationships, abuse and suicidal thoughts.

## **FINANCIAL REVIEW**

The results for the year are set out on the Statement of Financial Activities and notes to the accounts. Fund balances at the year end were £150,745 (2021: £(7,782)). The charity's work is entirely reliant on grants, donations and income from fundraising events. The majority of our income is from grants and community-based fundraising. Total income for the year was £301,988 (2021: £189,827) The cash flow of the organisation is closely monitored on a monthly basis.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to cover three month's expenditure not covered by any specific secured grants or donations. The current reserves at the time of writing this report are above this level.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

The Board of Trustees are not aware of any issues that will affect the ongoing activities of the charity

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Muslim Youth Helpline**  
**Trustees Annual Report**

The company's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU). The company's current policy concerning the payment of trade creditors is to:

settle the terms of payment with suppliers when agreeing the terms of each transaction;  
ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and  
pay in accordance with the company's contractual and other legal obligations.

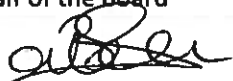
No preference dividends were paid. The directors do not recommend payment of a final dividend.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

Z. Jabeen  
Trustee  
31 March 2022



## **Muslim Youth Helpline Trustees Annual Report**

### **Governance**

#### **Governing Document**

Muslim Youth Helpline is a company limited by guarantee, registered under Companies Acts. Its governing document is a Memorandum and Articles of Association under company legislation, dated 23rd September 2004. The charity is also known by its operating name MYH.

#### **Board of Trustees**

The Trustees are the Directors for the purpose of company law. None of the Trustees have any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £1 in the event of a winding up. The Trustees do not receive any remuneration.

It is the responsibility of the Board to ensure that the charity's assets are safeguarded, and as such, Trustees have ensured that as individuals and as a collective, they have acted in the best interests of the organisation and preserved its sustainability and good reputation.

#### **Recruitment of the Board**

It is essential that the Board understand the charities mission, good values and recognise the concerns of our beneficiaries. Trustees are recruited in accordance with the governing document, and based on a need for a specific skill or area of expertise to support the Board in fulfilling its charitable purposes. Trustees are appointed by a vote of the membership in accordance with the governing document.

Once appointed, Trustees are inducted on the charity's operations and governance, and undergo a further induction process to support them with Trusteeship. This consists of:

- NCVO training modules
- Previous 3 months of Board meeting minutes
- A copy of the Memorandum and Articles of Association
- Trustee Bios
- The Essential Trustee Guide
- Access to MYH Policies

#### **Structure & Management**

The Board oversees the charity and sets its direction, ensuring that its work and future plans align with its vision and the objectives set in its governing document. The Board is responsible for decision making on long-term strategic direction and governance.

The Director (Chief Executive) is accountable to the Board of Trustees and convenes with the Board on a monthly basis at Trustee Board Meetings. The Director, along with the Helpline Manager, are responsible for the daily running and decision making of the charity. They are also responsible for ensuring that their operational activities are focused on strategic objectives and in supporting their staff.

#### **ASSET COVER FOR FUNDS**

The Board of Trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund

#### **PAYMENT OF TRADE CREDITORS**



**Independent Examiner's Report to the trustees of Muslim Youth Helpline**

I report to the charity trustees on my examination of the financial statements of Muslim Youth Helpline for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

**Responsibilities and basis of report**

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Murtaza Gulamhusein ACA

ICAEW

Saymur Accountants

4th Floor, Metroline House

118-122 College Road

Harrow

Middlesex

HA1 1BQ

31 March 2022

**Muslim Youth Helpline**  
**Statement of Financial Activities**  
**for the year ended 31 March 2022**

		Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
	Notes			
<b>Income and endowments from:</b>				
Donations and legacies	4	163,677	163,677	103,183
Charitable activities	5	37,928	37,928	10,955
Investments	6	7	7	2
Other	7	100,376	100,376	75,687
<b>Total</b>		<b>301,988</b>	<b>301,988</b>	<b>189,827</b>
<b>Expenditure on:</b>				
Raising funds	8	14,831	14,831	15,407
Charitable activities	9	1,680	1,680	1,832
Other	10	126,950	126,950	151,171
<b>Total</b>		<b>143,461</b>	<b>143,461</b>	<b>168,410</b>
Net gains on investments		-	-	-
<b>Net income</b>		<b>158,527</b>	<b>158,527</b>	<b>21,417</b>
Transfers between funds		-	-	-
<b>Net income before other gains/(losses)</b>		<b>158,527</b>	<b>158,527</b>	<b>21,417</b>
<b>Other gains and losses</b>				
<b>Net movement in funds</b>		<b>158,527</b>	<b>158,527</b>	<b>21,417</b>
<b>Reconciliation of funds:</b>				
Total funds brought forward		(7,782)	(7,782)	(29,199)
<b>Total funds carried forward</b>		<b>150,745</b>	<b>150,745</b>	<b>(7,782)</b>

**Muslim Youth Helpline**  
**Summary Income and Expenditure Account**  
**for the year ended 31 March 2022**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Income	301,981	189,825
Interest and investment income	7	2
<b>Gross income for the year</b>	<b>301,988</b>	<b>189,827</b>
Expenditure	143,461	168,410
<b>Total expenditure for the year</b>	<b>143,461</b>	<b>168,410</b>
Net income before tax for the year	158,527	21,417
<b>Net income for the year</b>	<b>158,527</b>	<b>21,417</b>

**Muslim Youth Helpline****Balance Sheet****at 31 March 2022**

<b>Company No. 05239414</b>	<b>Notes</b>	<b>2022 £</b>	<b>2021 £</b>
<b>Fixed assets</b>			
Tangible assets	12	-	-
<b>Current assets</b>			
Debtors	13	6,280	11,380
Cash at bank and in hand		168,817	11,798
		<u>175,097</u>	<u>23,178</u>
<b>Creditors: Amount falling due within one year</b>	14	(24,352)	(30,960)
<b>Net current assets/(liabilities)</b>		<u>150,745</u>	<u>(7,782)</u>
<b>Total assets less current liabilities</b>		<u>150,745</u>	<u>(7,782)</u>
<b>Net assets/(liabilities) excluding pension asset or liability</b>		<u>150,745</u>	<u>(7,782)</u>
<b>Total net assets/(liabilities)</b>		<u>150,745</u>	<u>(7,782)</u>
<b>The funds of the charity</b>			
<b>Restricted funds</b>	15		
<b>Unrestricted funds</b>	15		
General funds		150,745	(7,782)
		<u>150,745</u>	<u>(7,782)</u>
<b>Reserves</b>	15		
<b>Total funds</b>		<u>150,745</u>	<u>(7,782)</u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 March 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 31 March 2022

And signed on its behalf by:

Z. Jabeen

Trustee

31 March 2022

**Muslim Youth Helpline**  
**Statement of Cash flows**  
**for the year ended 31 March 2022**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Cash flows from operating activities</b>		
<b>Net income per Statement of Financial Activities</b>	158,527	21,417
<b>Adjustments for:</b>		
Dividends, interest and rents from investments	(100,383)	(6,307)
Decrease/(Increase) in trade and other receivables	5,100	(11,380)
(Decrease)/Increase in trade and other payables	(1,695)	15,314
<b>Net cash provided by operating activities</b>	<u>61,549</u>	<u>19,044</u>
<b>Cash flows from investing activities</b>		
Dividends, interest and rents from investments	100,383	6,307
<b>Net cash from investing activities</b>	<u>100,383</u>	<u>6,307</u>
<b>Net cash from financing activities</b>	<u>-</u>	<u>7,300</u>
<b>Net increase in cash and cash equivalents</b>	161,932	32,651
<b>Cash and cash equivalents at the beginning of the year</b>	11,798	-
<b>Cash and cash equivalents at the end of the year</b>	<u>173,730</u>	<u>32,651</u>
<b>Components of cash and cash equivalents</b>		
Cash and bank balances	168,817	11,798
	<u>168,817</u>	<u>11,798</u>

**1 Accounting policies**

**Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

**Change in basis of accounting or to previous accounts**

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

**Fund accounting**

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

**Income**

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

**Muslim Youth Helpline**  
**Notes to the Accounts**

**Expenditure**

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Freehold investment property**

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

**Stocks**

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

**Trade and other debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Cash and cash equivalents**

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

**Trade and other creditors**

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**Research and development**

Expenditure on research and development is written off in the year in which it is incurred.

**Foreign currencies**

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

**Leased assets**

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

**Pension costs**

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

**Receipt of donated goods, facilities and services**

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

**2 Company status**

The company is a private company limited by guarantee and consequently does not have share capital.



**3 Statement of Financial Activities - prior year**

	<b>Unrestricted funds 2021 £</b>	<b>Total funds 2021 £</b>
<b>Income and endowments from:</b>		
Donations and legacies	103,183	103,183
Charitable activities	10,955	10,955
Other trading activities	69,382	69,382
Investments	2	2
Other	6,305	6,305
<b>Total</b>	<b>189,827</b>	<b>189,827</b>
<b>Expenditure on:</b>		
Raising funds	15,407	15,407
Charitable activities	1,832	1,832
Other	151,171	151,171
<b>Total</b>	<b>168,410</b>	<b>168,410</b>
<b>Net income</b>	<b>21,417</b>	<b>21,417</b>
<b>Net income before other gains/(losses)</b>	<b>21,417</b>	<b>21,417</b>
<b>Other gains and losses:</b>		
<b>Net movement in funds</b>	<b>21,417</b>	<b>21,417</b>
<b>Reconciliation of funds:</b>		
Total funds brought forward	(29,199)	(29,199)
<b>Total funds carried forward</b>	<b>(7,782)</b>	<b>(7,782)</b>

**4 Income from donations and legacies**

	<b>Unrestricted £</b>	<b>Total 2022 £</b>	<b>Total 2021 £</b>
Donations and gifts	163,677	163,677	103,183
	<b>163,677</b>	<b>163,677</b>	<b>103,183</b>
<b>Donated goods, facilities and services received</b>			
		<b>Total 2022 £</b>	<b>Total 2021 £</b>
Donations and gifts		163,679	103,182
Private sector revenue grants		9,742	69,382
Government grants		2,965	6,305
		<b>176,386</b>	<b>178,870</b>

**Muslim Youth Helpline**  
**Notes to the Accounts**

**5 Income from charitable activities**

	<b>Unrestricted</b>	<b>Total 2022</b>	<b>Total 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Training and consultancy	37,928	37,928	10,955
	<u>37,928</u>	<u>37,928</u>	<u>10,955</u>

**6 Income from investments**

	<b>Unrestricted</b>	<b>Total 2022</b>	<b>Total 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>
	7	7	2
	<u>7</u>	<u>7</u>	<u>2</u>

**7 Other income**

	<b>Unrestricted</b>	<b>Total 2022</b>	<b>Total 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Private sector revenue grants	97,411	97,411	69,382
Government grants	2,965	2,965	6,305
	<u>100,376</u>	<u>100,376</u>	<u>75,687</u>

**8 Expenditure on raising funds**

	<b>Unrestricted</b>	<b>Total 2022</b>	<b>Total 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<i>Fundraising trading costs</i>			
	14,831	14,831	15,407
	<u>14,831</u>	<u>14,831</u>	<u>15,407</u>

**9 Expenditure on charitable activities**

	<b>Unrestricted</b>	<b>Total 2022</b>	<b>Total 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<i>Governance costs</i>			
	1,680	1,680	1,832
	<u>1,680</u>	<u>1,680</u>	<u>1,832</u>

**Muslim Youth Helpline**  
**Notes to the Accounts**

**10 Other expenditure**

	<b>Unrestricted</b>	<b>Total</b>	<b>Total</b>
		<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Employee costs	109,558	109,558	126,904
Premises costs	4,976	4,976	4,988
General administrative costs	4,844	4,844	8,353
Legal and professional costs	7,572	7,572	10,926
	<u>126,950</u>	<u>126,950</u>	<u>151,171</u>

**11 Staff costs**

	<b>2022</b>	<b>2021</b>
Salaries and wages	104,534	117,313
Social security costs	3,752	8,595
Pension costs	357	878
	<u>108,643</u>	<u>126,786</u>

No employee received emoluments in excess of £60,000.

**12 Tangible fixed assets**

	<b>£</b>	<b>£</b>
<b>Cost or revaluation</b>		
At 1 April 2021	6,258	6,258
At 31 March 2022	<u>6,258</u>	<u>6,258</u>
<b>Depreciation and impairment</b>		
At 1 April 2021	6,258	6,258
At 31 March 2022	<u>6,258</u>	<u>6,258</u>
<b>Net book values</b>		
At 31 March 2022	<u>-</u>	<u>-</u>
At 31 March 2021	<u>-</u>	<u>-</u>

**13 Debtors**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Trade debtors	3,307	8,407
Prepayments and accrued income	2,973	2,973
	<u>6,280</u>	<u>11,380</u>

**14 Creditors:**

amounts falling due within one year

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Other loans	7,300	7,300
Other taxes and social security	8,576	6,572
Other creditors	5,043	8,742
Accruals	3,433	8,346
	<u>24,352</u>	<u>30,960</u>

15 Movement in funds

	At 1 April 2021	Incoming resources (including other gains/losses ) £	Resources expended £	At 31 March 2022 £
Restricted funds:				
Unrestricted funds:				
General funds	(7,782)	301,988	(143,461)	150,745
<b>Total funds</b>	<b>(7,782)</b>	<b>301,988</b>	<b>(143,461)</b>	<b>150,745</b>

16 Analysis of net assets between funds

	Unrestricted funds £	Total £
Net current assets	150,745	150,745
	<u>150,745</u>	<u>150,745</u>

17 Reconciliation of net debt

	At 1 April 2021 £	Cash flows £	At 31 March 2022 £
Cash and cash equivalents	11,798	157,019	168,817
	<u>11,798</u>	<u>157,019</u>	<u>168,817</u>
Borrowings	(7,300)	-	(7,300)
	<u>(7,300)</u>	<u>-</u>	<u>(7,300)</u>
Net debt	<u>4,498</u>	<u>157,019</u>	<u>161,517</u>

18 Commitments

**Operating lease commitments**

Annual commitments under non-cancellable operating leases are as follows:

	2022 Land and buildings £	2022 Other £	2021 Land and buildings £	2021 Other £
Operating leases with expiry date:				

**Pension commitments**

	2022 £	2021 £
The pension cost charge to the company amounted to:	<u>357</u>	<u>878</u>

**19 Related party disclosures**

***Controlling party***

The company is limited by guarantee and has no share capital; thus no single party controls the company.

**Muslim Youth Helpline**  
**Detailed Statement of Financial Activities**  
**for the year ended 31 March 2022**

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
<b>Income and endowments from:</b>			
Donations and legacies			
Donations and gifts	163,677	163,677	103,183
	<u>163,677</u>	<u>163,677</u>	<u>103,183</u>
Charitable activities			
Training and consultancy	37,928	37,928	10,955
	<u>37,928</u>	<u>37,928</u>	<u>10,955</u>
Investments			
	7	7	2
	<u>7</u>	<u>7</u>	<u>2</u>
Other			
Private sector revenue grants	97,411	97,411	69,382
Government grants	2,965	2,965	6,305
	<u>100,376</u>	<u>100,376</u>	<u>75,687</u>
<b>Total income and endowments</b>	<b>301,988</b>	<b>301,988</b>	<b>189,827</b>
<b>Expenditure on:</b>			
Costs of other trading activities			
	14,831	14,831	15,407
	<u>14,831</u>	<u>14,831</u>	<u>15,407</u>
<b>Total of expenditure on raising funds</b>	<b>14,831</b>	<b>14,831</b>	<b>15,407</b>
Governance costs			
	1,680	1,680	1,832
	<u>1,680</u>	<u>1,680</u>	<u>1,832</u>
<b>Total of expenditure on charitable activities</b>	<b>1,680</b>	<b>1,680</b>	<b>1,832</b>
Employee costs			
Salaries/wages	104,534	104,534	117,313
Employer's NIC	3,752	3,752	8,595
Pension costs	357	357	878
Staff welfare	915	915	118
	<u>109,558</u>	<u>109,558</u>	<u>126,904</u>
Premises costs			
Rent	4,962	4,962	4,800
Premises repairs and maintenance	14	14	188
	<u>4,976</u>	<u>4,976</u>	<u>4,988</u>

**Muslim Youth Helpline****Detailed Statement of Financial Activities**

General administrative costs,  
including depreciation and  
amortisation

Bank charges	20	20	3
Software, IT support and related costs	129	129	304
Stationery and printing	-	-	128
Subscriptions	572	572	746
Sundry expenses	1,595	1,595	1,506
Telephone, fax and broadband	2,528	2,528	5,666
	<u>4,844</u>	<u>4,844</u>	<u>8,353</u>
Legal and professional costs			
Other legal and professional costs	7,572	7,572	10,926
	<u>7,572</u>	<u>7,572</u>	<u>10,926</u>
<b>Total of expenditure of other costs</b>	<u>126,950</u>	<u>126,950</u>	<u>151,171</u>
<b>Total expenditure</b>	<u>143,461</u>	<u>143,461</u>	<u>168,410</u>
Net gains on investments	-	-	-
	<u>158,527</u>	<u>158,527</u>	<u>21,417</u>
<b>Net income</b>			
<b>Net income before other gains/(losses)</b>	<u>158,527</u>	<u>158,527</u>	<u>21,417</u>
Other Gains	-	-	-
	<u>158,527</u>	<u>158,527</u>	<u>21,417</u>
<b>Net movement in funds</b>			
	<u>158,527</u>	<u>158,527</u>	<u>21,417</u>
<b>Reconciliation of funds:</b>			
Total funds brought forward	(7,782)	(7,782)	(29,199)
<b>Total funds carried forward</b>	<u>150,745</u>	<u>150,745</u>	<u>(7,782)</u>

