

Charity Registration No. 1108354

Company Registration No. 05239414 (England and Wales)

MUSLIM YOUTH HELPLINE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

MUSLIM YOUTH HELPLINE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Miss S Wazifdar Ms J Hekmoun Miss Z Choudhry (Appointed 29th April 2021) Miss Z Jabeen (Appointed 19th Oct 2021) Miss R Hussain (Appointed 2nd Nov 2021)
Secretary	Ms J Hekmoun
Charity number	1108354
Company number	05239414
Principal address	International House Constance Street London E16 2DQ
Registered office	International House Constance Street London E16 2DQ

MUSLIM YOUTH HELPLINE

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MUSLIM YOUTH HELPLINE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report and financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2020)".

Objectives and activities

The charity's objects as set out in its governing document are:

1. To provide relief to young Muslims who are in conditions of emotional need, hardship and mental distress through culturally aware and faith sensitive counselling and practical assistance, and to further the provision of training in culturally aware and faith sensitive counselling;
2. To provide advice to young Muslims who, because of their inadequate means, are unable to obtain such advice and assistance from their own resources;
3. To educate young Muslims in the United Kingdom so as to develop their spiritual, mental emotional, physical and social capacities;

N.B. The Muslim Youth Helpline ("MYH") does not offer professional counselling. Through basic counselling techniques such as listening, reflection, paraphrasing, questioning, empathy and empowerment we are able to support the people who access our services.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The main activities undertaken during the year in the furtherance of these objects were as follows:

Helpline Service

Additional platform - This year we expanded our Helpline to include the launch of WhatsApp as a fourth platform that service users could access our services from. We also re-launched our website, making it more tailored toward our beneficiaries, which made it easier for them to access self-help and contact us for support.

Investing in our people - We recruited a full-time Helpline Manager to support the day-to-day running of MYH, development, and the expansion of our helpline. The Helpline Manager also is responsible for and to line-managing the volunteers and staff that take each call on the Helpline.

Driving service excellence - We continued to strive to improve the service we deliver on the Helpline, and launched a User Experience Survey on our website, as part of our Helpline quality framework

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TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

Access and increasing capacity - we began the process of recruiting volunteers back on the Helpline to reduce call waiting times, answer more calls, and support as many people as possible during our helpline hours (4pm-10pm).

Training- We focussed on creating a complete and thorough training program for our incoming volunteers and continued to provide training for any new helpline team members.

Supervision - We ensured that group supervision and 1-1 supervision sessions remained available to our Helpline Officers monthly. This year supervision was imperative in ensuring that our Helpline Officers felt mentally and emotionally well enough to answer calls and support others.

Community Impact

Training Services - MYH continued to deliver basic training within the community, including delivering mental health first aid training to several absocs across universities

Educating - We delivered several talks and appeared on different media platforms to continue educating the community on mental health in young Muslims. This includes:

- British Muslim TV
- Islam Channel
- Beacon Counselling
- Surrey Muslim Association
- BBC Radio
- Muslim Doctor's Association

Partners - We built and maintained several new partnerships that help us in achieving our mission for young Muslims across the UK. These partnerships include:

- Islamic relief
- Barnardos
- Boloh helpline
- Association of mental health providers
- PWC
- SafeLives
- Student Space
- Anna Freud Centre
- HWB Alliance
- Muslim Council Forum
- MEND
- Good Thinking NHS
- ICEC

MUSLIM YOUTH HELPLINE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

- Voices for change

MUSLIM YOUTH HELPLINE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Achievements and performance

During this period, our helpline received 7355 enquiries. Approximately 263 of our clients were repeat clients, and contributed to the a large amount of enquiries we received during this time. Our goal is to reach as many young people as possible, and to support anyone who reached out to our helpline. Some of the common concerns our service users spoke to us about during this time were:

N.B. Answered but no response, missed, other, and misuse of service were removed.

Info about MYH: 300 - 15%

Family Issues: 288 - 14%

Religious Advice: 266 - 13%

Faith/Spirituality: 221 - 11%

Anxiety: 189 - 9%

Relationships: 178 - 9%

Depression: 162 - 8%

Marriage: 156 = 8%

Abuse: 125 - 6%

Financial Support: 115 - 6%

Financial review

The results for the year are set out on the Statement of Financial Activities and notes to the accounts. Fund balances at the year end were £(7,781) (2020: £(29,199)). The charity's work is entirely reliant on grants, donations and income from fundraising, and these are the main income streams. Total income for the year was £189,827 (2020: £122,367).

Cashflow is closely monitored at the charity. It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to cover three month's expenditure not covered by any specific secured grants or donations. The current reserves at the time of writing this report are below this level and trustees are continuing to work to improve this.

The trustees have assessed the risks to which the charity is exposed to, and are satisfied that sound systems are in place to mitigate exposure to these risks.

The Board of Trustees are not aware of any issues that will affect the ongoing activities of the charity

MUSLIM YOUTH HELPLINE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management

The charity is a company limited by guarantee, registered under Companies Acts and its governing document is a Memorandum and Articles of Association under company legislation. The Governing document is dated 23rd September 2004. The legal name of the charity is Muslim Youth Helpline. The charity is also known by its operating name, MYH.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Miss S Wazifdar

Ms J Hekmoun

Miss Z Choudhry (Appointed 29th April 2021)

Miss Z Jabeen (Appointed 19th Oct 2021)

Miss R Hussain (Appointed 2nd Nov 2021)

Miss Shaimaa Al-Mukhtar (Resigned 30th March 2020)

Ms Romana Khan (Resigned 25th June 2020)

Miss Maaria Mahmood (Resigned 14th July 2021)

Mr Danyial Gilani (Resigned 14th July 2020)

Mr Yusuf Kalam (Appointed 4th September 2020 and resigned 23rd February 2021)

Ms Gemma Cooke (Appointed 2nd November 2020 and resigned 22nd March 2021)

Mr Ali Mahdi (Appointed on 2nd November 2020 and resigned 13th December 2020)

Recruitment of the Board

It is essential that the Board understand the charity's mission, good values, and recognise the concerns and interests of our beneficiaries. Trustees are recruited in accordance with the governing document, and based on a need for a specific skill or area of expertise to support the Board in fulfilling its charitable purposes. Trustees go through a 6 month induction process and training are appointed by a vote of the membership in accordance with the governing document.

Once appointed, Trustees are inducted on the charity's operations and governance, and undergo a further induction process to support them with Trusteeship.

This consists of:

1. NCVO training modules
2. Access to previous 3 months of board meeting minutes
3. A copy of the Memorandum and Articles of Association
4. Familiarisation with the board
5. The Essential Trustee Guide

Structure & management

The Board oversees the charity and sets its direction, ensuring that its work and future plans align with its vision and the objectives, as defined in the governing document. The Board is responsible for decision making on long-term strategic direction and governance.

The Director (Chief Executive) is accountable to the Board of Trustees and convenes with the Board on a monthly basis at Trustee Board Meetings. The Director, along with the Helpline Manager, are responsible for the daily running and decision making of the charity. They are also

MUSLIM YOUTH HELPLINE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

responsible for ensuring that their day-day activities are focused on strategic objectives, and in supporting their staff.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

None of the trustees receives any remuneration.

Payment of trade creditors

The company's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU).

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

MUSLIM YOUTH HELPLINE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

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MUSLIM YOUTH HELPLINE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Asset cover for funds

The Board of Trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund

The Trustees' report was approved by the Board of Trustees.



Miss S Wazifdar
Trustee, Chair

MUSLIM YOUTH HELPLINE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Dated: 23/12/2021

MUSLIM YOUTH HELPLINE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF MUSLIM YOUTH HELPLINE

I report to the trustees on my examination of the financial statements of Muslim Youth Helpline (the charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Dated:

MUSLIM YOUTH HELPLINE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

		Unrestricted funds 2021	Unrestricted funds 2020	Restricted funds 2020	Total 2020
	Notes	£	£	£	£
Income from:					
Donations and legacies	3	178,870	94,036	-	94,036
Charitable activities	4	10,955	2,850	-	2,850
Other trading activities	5	-	25,466	-	25,466
Investments	6	2	15	-	15
Total income		189,827	122,367	-	122,367
Expenditure on:					
Raising funds	7	15,407	17,618	-	17,618
Charitable activities	8	153,002	134,585	-	134,585
Total resources expended		168,409	152,203	-	152,203
Net expenditure for the year/					
Net movement in funds		21,418	(29,836)	-	(29,836)
Fund balances at 1 April 2020		(29,199)	637	-	637
Fund balances at 31 March 2021		(7,781)	(29,199)	-	(29,199)

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

MUSLIM YOUTH HELPLINE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

MUSLIM YOUTH HELPLINE

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Current assets					
Debtors	13	11,379		-	
Cash at bank and in hand		11,798		3,849	
		<u> </u>		<u> </u>	
		23,177		3,849	
Creditors: amounts falling due within one year	15	(30,958)		(33,048)	
		<u> </u>		<u> </u>	
Net current (liabilities)/assets			(7,781)		(29,199)
			<u> </u>		<u> </u>
Income funds					
Restricted funds			-		-
Unrestricted funds			(7,781)		(29,199)
			<u> </u>		<u> </u>
			(7,781)		(29,199)
			<u> </u>		<u> </u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

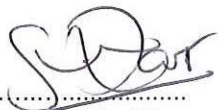
These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 23/12/2021

MUSLIM YOUTH HELPLINE

BALANCE SHEET

AS AT 31 MARCH 2021



Miss S Wazifdar
Trustee, Chair

Company Registration No. 05239414

MUSLIM YOUTH HELPLINE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

Muslim Youth Helpline is a private company limited by guarantee incorporated in England and Wales. The registered office is International House, Constance Street, London, E16 2DQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

MUSLIM YOUTH HELPLINE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

MUSLIM YOUTH HELPLINE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

1.5 Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	20% straight line
Computers	33% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

MUSLIM YOUTH HELPLINE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.11 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight-line basis over the term of the relevant lease.

1.12 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

2 Critical accounting estimates and judgements

MUSLIM YOUTH HELPLINE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

MUSLIM YOUTH HELPLINE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

3 Donations and legacies

	Unrestricted funds	Unrestricted funds	Restricted funds	Total
	2021	2020	2020	2020
	£	£	£	£
Donations and gifts	103,183	85,036	-	85,036
Private sector revenue grants	69,382	9,000	-	9,000
Government grants	6,305			
	<hr/>	<hr/>	<hr/>	<hr/>
	178,870	94,036	-	94,036
	<hr/>	<hr/>	<hr/>	<hr/>

4 Charitable activities

	Charitable Income	
	2021	2020
	2020	
	£	£
Sales within charitable activities	10,955	2,850
	<hr/>	<hr/>

5 Other trading activities

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Fundraising events	-	25,466
	<hr/>	<hr/>

6 Investments

Unrestricted funds	Unrestricted funds
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MUSLIM YOUTH HELPLINE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

	2021	2020
	£	£
Interest receivable	2	15
	<hr/>	<hr/>

MUSLIM YOUTH HELPLINE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

7 Raising funds

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
<u>Fundraising and publicity</u>		
Advertising	14,482	17,096
Other fundraising costs	925	522
	<hr/>	<hr/>
Fundraising and publicity	15,407	17,618
	<hr/>	<hr/>
	15,407	17,618
	<hr/>	<hr/>

8

Charitable activities

	Helpline Service	Training Services	Total 2021	Total 2020
	2021	2021		
	£	£	£	£
Staff costs	126,786	-	112,466	112,466
Recruitment costs	-	-	(1)	(1)
Website maintenance	303	-	113	113
Staff training	-	-	1,594	1,594
Volunteer costs	118	-	1,919	1,919
Telecommunications	5,667	-	801	801
	<hr/>	<hr/>	<hr/>	<hr/>
	132,874	-	116,892	116,892
Share of support costs (see note 10)	18,296	-	16,133	16,133
Share of governance costs (see note 10)	1,832	-	1,560	1,560

MUSLIM YOUTH HELPLINE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

153,002	-	134,585	134,585

9 Description of charitable activities

Helpline Service

MYH offers a national free and confidential helpline service via, telephone, email and chat, which supports young people on a wide range of issues. Helpline enquiries are dealt with by volunteers that are trained by MYH in counselling skills.

Training Services

MYH delivers training to scholars, teachers and parents on important issues affecting young Muslims.

MUSLIM YOUTH HELPLINE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

10 Support costs

	Support costs £	Governance costs £	2021 £	2020 £
Expensed equipment	188	-	188	799
Travel and subsistence	-	-	-	(266)
Legal and professional	10,926	-	10,926	3,937
Premises expenses	4,800	-	4,800	7,964
Bank charges	2	-	2	20
Subscriptions and memberships	746	-	746	3,222
Postage and stationery	128	-	128	408
Sundry expenses	1,506	-	1,506	49
Independent examiner	-	1,832	1,832	1,560
	<u>18,296</u>	<u>1,832</u>	<u>20,128</u>	<u>17,693</u>
Analysed between Charitable activities	<u>18,296</u>	<u>1,832</u>	<u>20,128</u>	<u>17,693</u>

Support costs were all directly attributable to the Helpline Service during the current and preceding year, Governance costs are split equally between activities undertaken during the period.

11 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

12 Employees

The average monthly number of employees during the year was:

2021 Number	2020 Number
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MUSLIM YOUTH HELPLINE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

	8	10
	<hr/>	<hr/>
Employment costs	2021	2020
	£	£
Wages and salaries	117,314	103,812
Social security costs	8,595	7,709
Other pension costs	877	945
	<hr/>	<hr/>
	126,785	112,466
	<hr/>	<hr/>

MUSLIM YOUTH HELPLINE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

13 Debtors	2021	2020
	£	£
Amounts falling due within one year:		
Receivables	8,406	-
Prepayments and accrued income	2,973	-
	<hr/>	<hr/>
	11,379	-
	<hr/>	<hr/>

14 Loans and overdrafts	2021	2020
	£	£
Directors' loans	7,300	15,300
	<hr/>	<hr/>
Payable within one year	7,300	15,300
	<hr/>	<hr/>

The long-term loans are secured by fixed charges over [XXX]

[An entity shall disclose information that enables users of its financial statements to evaluate the significance of financial instruments for its financial position and performance. For example, for long term debt such information would normally include the terms and conditions of the debt instrument (such as interest rate, maturity, repayment schedule, and restrictions that the debt instrument imposes on the entity.)]

15 Creditors: amounts falling due within one year	2021	2020
	£	£
Borrowings	7,300	15,300
Other taxation and social security	6,572	393
Other creditors	8,742	14,233
Accruals and deferred income	8,344	3,122
	<hr/>	<hr/>
	30,958	33,048
	<hr/>	<hr/>

16 Analysis of net assets between funds
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MUSLIM YOUTH HELPLINE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

	Unrestricted funds 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Fund balances at 31 March 2021 are represented by:				
Current assets/(liabilities)	(7,782)	(29,199)	-	(29,199)
	<hr/>	<hr/>	<hr/>	<hr/>
	(7,782)	(29,199)	-	(29,199)
	<hr/>	<hr/>	<hr/>	<hr/>

MUSLIM YOUTH HELPLINE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

17 Related party transactions

There were no disclosable related party transactions during the year (2020 - none).