

Music For Good

England & Wales · Charity number 1108212

Details

Other names	CYMAZ, Music For Good
Status	Registered
Legal form	Charitable company
Company number	05321825
Registered	2005-02-21
Register	View on the Charity Commission register

Contact

Address	Krowji West Park Redruth TR15 3AJ
Phone	07968901002
Email	emily@musicforgood.uk
Website	www.musicforgood.uk

Activities

Objects: FOR THE BENEFIT OF THE GENERAL PUBLIC, IN PARTICULAR BUT NOT EXCLUSIVELY YOUNG PEOPLE AGED 0-19 RESIDING IN CORNWALL AND SURROUNDING AREAS (THE "AREA OF BENEFIT"), WITH AN EMPHASIS ON THOSE SUFFERING SOCIAL AND/OR ECONOMIC EXCLUSION, TO ADVANCE EDUCATION AND APPRECIATION OF MUSIC BY:(A) THE PROVISION OF MUSIC MAKING OPPORTUNITIES;(B) THE PROVISION OF TRAINING, SUPPORT AND GUIDANCE TO MUSICIANS;(C) THE PROVISION OF ADVOCACY AND CAPACITY BUILDING ACTIVITIES AND SERVICES DESIGNED TO PROMOTE, IMPROVE AND DEVELOP THE WHOLE MUSIC SECTOR IN THE AREA OF BENEFIT.

Activities: Promoting well-being and learning through music and singing. We work across age ranges, in communities, Education and Health settings across Cornwall, providing high quality, inclusive and creative music making opportunities. Underpinned by research and evidence, we are a learning and outcomes driven organisation which puts people and their well-being at the very centre. Keen to share our learning

Classification

- **How:** Makes Grants To Organisations, Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Economic/community Development/employment
- **Who:** People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** CORNWALL AND THE SURROUNDING AREAS.
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£52,431	£135,520	-	-
2024-03-31	£139,008	£112,752	-	-
2023-03-31	£78,436	£87,071	-	-
2022-03-31	£115,267	£69,233	-	-
2021-03-31	£68,030	£65,957	-	-

Trustees

Name	Role	Appointed
Trevor Smith	Chair	2018-12-18
Claire Beckett		2013-12-09
Josephine Erwin		2018-04-03
NIGEL CLIFFORD WALKER		
Naveen Arles		2024-04-11

Music For Good

England & Wales - Charity number 1108212

Accounts

Charity Registration No. 1108212

Company Registration No. 5321825 (England and Wales)

MUSIC FOR GOOD

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

MUSIC FOR GOOD

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Trevor Smith - Chair
Nigel Walker
Josephine Erwin
Claire Beckett
Naveen Arles

Senior management team

Emily Foulkes – Director

Charity number 1108212

Company number 5321825

Registered office

Krowji, West Park, Redruth, TR15 3AJ

Independent examiner

Koreen James FMAAT Synergy Accounting 6 Deer Park Close Teignmouth Devon TQ14 9HQ

Bankers

CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

MUSIC FOR GOOD

CONTENTS

	Page
Trustees' report	1 - 6
Statement of trustees' responsibilities	7 -8
Independent examiner's report	9
Statement of financial activities	10
Balance sheet	11
Notes to the financial statements	12 - 17



Music for Good

Report to the Trustees for the year ended 31st March 2025

The Trustees, who are also directors of the charity for the purposes of the Companies Act, submit their annual report and the independently examined financial statements for the year ended 31st March 2024.

The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

Our Aims and Objectives

Music for Good is a charitable company limited by guarantee and was set up in 2001, incorporated in 2004. It is governed by a memorandum and articles of association.

The objects of the Company are for the benefit of people residing in Cornwall and other areas (the "area of benefit"), with an emphasis on those experiencing barriers (e.g as a result of social and/or economic exclusion), to advance education and appreciation of music by:

- (a) The provision of music making opportunities;
- (b) The provision of training, support and guidance to music practitioners;
- (c) The provision of advocacy and capacity building activities and services designed to promote, improve and develop the whole music sector in the area of benefit.

Ensuring our work delivers our Aims

Music for Good reviews its aims, objectives and activity throughout the year to ensure that our activities are developed in accordance with our stated charitable purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims & objectives and in planning our future activities.

Safeguarding

- Music for Good has a Safeguarding Policy and Procedures in place
- A Safeguarding Committee
- A Designated Professional
- All freelance Music Practitioners have DBS clearance that is valid within 3 years
- All freelance Music Practitioners delivering activity have attended Promoting and Safeguarding the Welfare of Children and Young People Tier 2 and some have completed Diplomas in Trauma and Mental Health Informed Practice.

We have in place quality assurance systems that include

- Ensuring that all practitioners have current DBS certificates and Public Liability Insurance
- Regular reporting procedures that provide quantitative and qualitative data
- Quality Assurance process including peer to peer and manager observation as well as clinical supervision
- Partnership Agreements with partners
- Regular one to one meetings with staff and self-employed Music Practitioners
- Termly group supervision with a psychologist
- Monitoring visits and steering group meetings with partners
- End of Project reports and meeting
- Feedback from participants to track their journeys and achievements
- Quarterly meetings with Trustees

This provides Music for Good with key information about:

- who is benefiting from the services we provide
- the impact of our work
- the experiences of our partners
- other provision in the localities we are working in

The focus of our work

Our main purpose continues to be delivering and facilitating high quality inclusive music making opportunities which support education and learning and promote health and well-being. The strategies we use to meet these objectives include:

- Aligning our provision with local, regional and national priorities and policies

- Building partnerships with education and health settings and professionals to ensure we provide services which are complementary and needs led
- Maintain up to date knowledge and understanding about the education and health sectors

Vision

Following some organisational development we reviewed and refreshed our vision, mission and guiding values.

Our vision is to create a world where creative, person-centred music opportunities are accessible to all. We believe that creativity and music are birth rights and that all people can be inspired to develop their skills and interests in a way which feels authentic and relevant to them.

Mission

Music for Good is committed to harnessing the transformative power of music to drive positive change in communities, promoting social inclusion, health and well-being and empowering individuals.

Values

At the heart of Music for Good is a commitment to quality, equality and inclusion. Our values underpin all aspects of our work:

Person-centred – delivering programmes which are relevant to the needs and interests of the individuals and groups we seek to empower

Authentic and relevant – staying in our lane and delivering within the scope of our expertise and the objectives set out in our business plan

High quality – ensuring the highest level of support and training for practitioners delivering programmes and signposting on where relevant

Collaborative – working and aligning with partners who share our aspirations and values in order to enhance the services and have a wider reach

Evidence and research informed – to continue to provide the most robust approaches to our work which align with up to date research and evidence in order to keep learning and improving

Responsive and strategic – having the courage to respond and flex with trends, respond to need and constantly innovate and take risks where necessary

Music for Good Objectives and Primary Functions:

The main activities of the charity fall under **3 categories:**

Delivery, Professional Development and Advocacy.

We seek to:

provide:

- high quality, inclusive music making opportunities designed to promote well-being and support learning
- training, CPD, support and networking opportunities to the professional sector (arts and health, healthcare, music education, social care, community development, researchers)
- strategic consultancy and guidance to organisations

promote:

- the life changing powers of music for well-being and learning
- the impacts of our music for well-being approach
- the benefits of research and evidence-informed practice

support:

- individuals and groups who face barriers
- partners and other organisations
- practitioners
- the wider sector of arts and health

inspire:

- Change!
- Innovation
- Empowerment
-

Our model – research and evidence-based

- CONNECT – relational, trauma-informed principles to foster an environment of safety
- CREATE – creative practice which is relevant, co-created and high quality
- CONSOLIDATE – reflective and learning ethos for all
- **How our activities deliver public benefit**

Our charitable activities focus on providing people with access to engage in high quality musical activities which aim to promote education and learning and support health and well-being. We do this through targeting work in identified areas and with identified participants.

Since its inception, Music for Good has worked in partnership with agencies and organisations. Many agencies including the Cornwall Music Education Hub, the NHS and the Local Authority recognise and value the benefits our services provide, across the age ranges.

Our work is recognised as having far reaching benefits beyond increasing music making skills. Participants experience increased confidence, greater abilities to work with others, improved focus and concentration and readiness to learn. Others report improvements in feelings of well-being and tangible health benefits, reducing reliance on medications.

Priority Areas

Music for Good has identified the following priority areas in its Business Plan to focus and refine our offer; they are:

Supporting Education and Learning Promoting Health and Wellbeing

At the heart of all our work is the underpinning value of **inclusion for all**, regardless of background, circumstance or ability.

Current climate

During this financial year, the most notable challenge to the charity has been the increasing difficulty in securing grant funding. There was some success with local pots of funding and with commissioned services in schools and for the NHS. This has enabled provision to continue. The Singing for Health Network was involved in a funded programme which enabled the delivery of a number of webinars and sustained the activity of the network. Membership alone is not sufficient to sustain the network at its current level of activity.

The Music Education Hub underwent significant change and this impacted on funds available to support the work that had previously been funded by the Hub. A new contract for the EDI work is due to be awarded which will ensure Music for Good continues to drive forward this agenda in Cornwall.

Discussions with the Board of Trustees has led the charity to make the decision to put future efforts primarily into the Singing for Health Network. This is where there is most potential for leverage of funds through a range of methods. With such limited resources, it seems untenable to continue to focus on a national (international) network programme as well as the delivery programme in Cornwall. Whilst any commissions will not be turned down, it is less likely that the charity will dedicate time or resources to fundraising for activity in Cornwall, and will redirect efforts to the Singing for Health Network and associated work.

It is worth noting that core staffing costs are also associated with delivery of activity. This is because the Director is also a practitioner. This means that administration costs are not as high as they may appear.

Financial Review

Music for Good secured a total of £52,431 (2024: £139,008) in the financial year 2024/25. Of this, £15,890 was unrestricted (2024: £65,714) and £36,541 [2024:£73,294] was restricted. Main sources of funding were Cornwall Music Education Hub, Cornwall Community Foundation and contributions from Schools, including AP Academies. Membership to the Singing for Health Network provides some unrestricted income along with other traded services, such as training and services to the Sing Up Foundation. A crowdfunder appeal was successful in reaching its target and attracted matched funding from Cornwall Council.

Reserves Policy

The Board of Trustees has worked with the staff team to develop a Business Plan which ultimately is about ensuring the sustainability of the organisation. Part of that process involved looking at the risks the organisation faced. The Board has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be 3 months of the expenditure.

Suggested Reserves

Staff salaries (3 months)	£ 3,000
Other overheads (3 months)	£ 0
Redundancy lay-away	£ 2,000
Other contingency	£ 500
Total Suggested Reserves	£5,500

Financial Statement

Company law requires that Senior Management and the Board of Trustees (the Management Committee) prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.

Trustees' Responsibilities Statement - Charitable Company

The trustees (who are also directors of Music for Good for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant information of which the charitable company's independent examiner is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the independent examiner is aware of that information.

By Order of the Trustees

This report has been prepared in accordance with the Charities SORP 2015 (FRS 102); and in accordance with the special provision of the Companies Act 2006 relating to small entities.

This report was approved by the Trustees on

On behalf of the Trustees (signatory 1)

(print name)

..... (signatory 2)

(print name)

**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF MUSIC FOR GOOD**

Charity number 1108212

Company number 5321825

I report to the trustees on my examination of the financial statements of Music for Good (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act;

or

2 the financial statements do not accord with those records;

or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination;

or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed



Date 12th December 2025

Koreen James – Fellow of the Association of Accounting Technicians (FMAAT)
Synergy Accounting 6 Deer Park Close Teignmouth Devon TQ14 9HQ

Music For Good

Statement of Financial Activities for the year ended 31st March 2025

	Notes	Restricted Funds 2025 £	Unrestricted Funds 2025 £	Total Funds 2025 £	Restricted Funds 2024 £	Unrestricted Funds 2024 £	Total Funds 2024 £
Income							
Income from:							
Interest receivable		-	763	763	-	676	676
Donations and legacies		-	-	-	-	-	-
Charitable activities							
Grants and contracts		36,541	-	36,541	73,294	-	73,294
Income from activities		-	15,127	15,127	-	65,038	65,038
Total Income		<u>36,541</u>	<u>15,890</u>	<u>52,431</u>	<u>73,294</u>	<u>65,714</u>	<u>139,008</u>
Expenditure on:							
Charitable activities	9	<u>65,603</u>	<u>69,367</u>	<u>134,970</u>	<u>91,885</u>	<u>20,867</u>	<u>112,752</u>
Total expenditure		<u>65,603</u>	<u>69,917</u>	<u>135,520</u>	<u>91,885</u>	<u>20,867</u>	<u>112,752</u>
Net income/(expenditure) for the year		(29,062)	(54,027)	(83,089)	(18,591)	44,847	26,256
Transfers between Funds		-	-	-	-	-	-
Reconciliation of funds							
Total funds brought forward		<u>31,733</u>	<u>58,805</u>	<u>90,538</u>	<u>50,324</u>	<u>13,958</u>	<u>64,282</u>
Total funds carried forward		<u>2,671</u>	<u>4,778</u>	<u>7,449</u>	<u>31,733</u>	<u>58,805</u>	<u>90,538</u>

Music For Good

Balance sheet as at 31st March 2025

	Notes	2025 £	2024 £
Fixed assets			
Tangible assets	2	-	-
Current assets			
Debtors	4	-	-
Cash at bank and in hand		8,049	91,138
		<u>8,049</u>	<u>91,138</u>
Current liabilities			
Creditors: amounts falling due within 12 months	3	(600)	(600)
Net Current assets		<u>7,449</u>	<u>90,538</u>
Net assets		<u>7,449</u>	<u>90,538</u>
Income funds			
Restricted funds	7	2,671	31,733
Unrestricted funds		4,778	58,805
		<u>-</u>	<u>-</u>
Total funds		<u>7,449</u>	<u>90,538</u>

For the year ended 31st March 2025

The company was entitled to the exemption from audit under section 477[2] of the Companies Act 2006

The members have not requested the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the act with respect to accounting records and for the preparation of the accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small company regime.

These financial statements were approved by the Trustees on.....

On behalf of the Trustees

Name:

Company Registration No. 05321825

MUSIC FOR GOOD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Principal Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year.

1.1 Basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with the charity's Memorandum & Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. The following specific policies are applied to particular categories of income.

MUSIC FOR GOOD

1 Accounting policies (Continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

- I. Income received by way of grants, donations and gifts is included in full in the Statement of Financial Activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.
- II. Donated services and facilities are included at the value to the charity where this can be quantified.
- III. The value of services provided by volunteers has not been included in these accounts.
- IV. Investment income is included when receivable.
- V. Income from charitable trading activity is accounted for when earned.
- VI. Income from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

1.5 Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered

- I. Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.
- II. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- III. All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

1.6 Fixed assets

Tangible fixed assets are written off over the expected useful life of the asset, at 25% per annum on the straight line basis for all items costing over £500.

Music For Good

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

2 Tangible Fixed Assets

	Musical Instruments £	Fittings & Equipment £	Total £
Cost			
balance brought forward	26,394	14,926	41,320
additions in the year	-	-	-
	<u>26,394</u>	<u>14,926</u>	<u>41,320</u>
Depreciation			
balance brought forward	26,394	14,926	41,320
charge for the year	-	-	-
	<u>26,394</u>	<u>14,926</u>	<u>41,320</u>
Net book value at 31st March 2025	<u>-</u>	<u>-</u>	<u>-</u>
Net book value at 31st March 2024	<u>-</u>	<u>-</u>	<u>-</u>

3 Creditors

	2025 £	2024 £
Amounts falling due within one year:		
Sundry creditors	<u>600</u>	<u>600</u>
	<u>600</u>	<u>600</u>

4 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
sundry debtors	<u>-</u>	<u>-</u>

5 Capital commitments and contingent liabilities

There are none this year

6 Employees

	2025	2024
Number of employees		
Calculated on the average monthly head count basis	1	1
No employee received emoluments of more than £60,000.		
	£	£
Salaries and wages	20,644	14,964
Pension	1,727	1,237
Social security costs	-	-
	<u>22,371</u>	<u>16,201</u>

Key management personnel

The total employee benefits of key management personnel were £22,371 (2024 £16,201)

Music For Good

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

7 Movement in funds

	Balance at 1.4.2024 £	Income £	Expenditure £	Transfers £	Balance at 31.3. 2025 £
Restricted funds					
Asoné	7,435	-	7,242	-	193
Youth Music	4,693	-	4,624	-	69
CC Foundation	10,002	7,350	14,255	-	3,097
Schools	426	25,591	26,718	-	(701)
Sing Up Foundation	2,777	-	2,776	-	1
NHS	6,400	3,600	9,988	-	12
	<u>31,733</u>	<u>36,541</u>	<u>65,603</u>	<u>-</u>	<u>2,671</u>
Unrestricted funds					
General funds	58,805	15,890	69,917	-	4,778
	<u>58,805</u>	<u>15,890</u>	<u>69,917</u>	<u>-</u>	<u>4,778</u>

7 Movement in funds - prior year

	Balance at 1.4.2023 £	Income £	Expenditure £	Transfers £	Balance at 31.3. 2024 £
Restricted funds					
Asoné	-	15,230	7,795	-	7,435
Youth Music	40,320	30,113	65,740	-	4,693
CC Foundation	10,004	10,000	10,002	-	10,002
Schools	-	2,951	2,525	-	426
Sing Up Foundation	-	6,000	3,223	-	2,777
NHS	-	9,000	2,600	-	6,400
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
	<u>50,324</u>	<u>73,294</u>	<u>91,885</u>	<u>-</u>	<u>31,733</u>
Unrestricted funds					
General funds	13,958	65,714	20,867	-	58,805
	<u>13,958</u>	<u>65,714</u>	<u>20,867</u>	<u>-</u>	<u>58,805</u>

8 Trustees

	£	£
Trustees remuneration and expenses	<u>-</u>	<u>-</u>

The trustees received no remunerations and were not involved in any related party transaction.

Music For Good

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

9 Expenditure

	Charitable activities £	Total 2024 £
Premises		
Rent and rates	5,120	4,719
Insurance	-	319
Post, photocopier and stationery	829	1,796
Telephone	-	-
Repairs and maintenance	-	-
Total premises	<u>5,949</u>	<u>6,834</u>
Wages	22,505	16,201
Independent examiners' fees	550	600
Depreciation	-	-
Training	-	1,523
Advertising and recruitment	158	739
Bank charges	60	60
Trustees expenses	-	-
IT and computer	42	456
Miscellaneous	-	-
Workshops and music leaders fees	52,360	49,934
Other project costs	-	-
Legal professional and consultancy	468	33,949
Non capitalised equipment	-	-
Travel and staff expenses	3,428	2,456
Shared Harmonies	50,000	-
Subscriptions	-	-
	<u>135,520</u>	<u>112,752</u>

10 Analysis of net assets between funds

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	-	-	-
Current assets	5,378	-	2,671	8,049
Current liabilities	<u>(600)</u>	<u>-</u>	<u>-</u>	<u>(600)</u>
Net assets as at 31st March 2025	<u>4,778</u>	<u>-</u>	<u>2,671</u>	<u>7,449</u>

Music For Good

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

11 Analysis of prior year funds

Statement of Financial Activities for the year ended 31st March 2024

	Notes	Restricted Funds 2024 £	Unrestricted Funds 2024 £	Total Funds 2024 £	Restricted Funds 2023 £	Unrestricted Funds 2023 £	Total Funds 2023 £
Income							
Income from:							
Interest receivable		-	676	676	-	440	440
Donations and legacies		-	-	-	-	-	-
Charitable activities							
Grants and contracts		73,294	-	73,294	67,090	3,341	70,431
Income from activities		-	65,038	65,038	-	7,565	7,565
Total Income		<u>73,294</u>	<u>65,714</u>	<u>139,008</u>	<u>67,090</u>	<u>11,346</u>	<u>78,436</u>
Expenditure on:							
Charitable activities		<u>91,885</u>	<u>20,867</u>	<u>112,752</u>	<u>69,275</u>	<u>17,796</u>	<u>87,071</u>
Total expenditure		<u>91,885</u>	<u>20,867</u>	<u>112,752</u>	<u>69,275</u>	<u>17,796</u>	<u>87,071</u>
Net income/(expenditure) for the year		(18,591)	44,847	26,256	(2,185)	(6,450)	(8,635)
Transfers between Funds		-	-	-	-	-	-
Reconciliation of funds							
Total funds brought forward		<u>50,324</u>	<u>13,958</u>	<u>64,282</u>	<u>52,509</u>	<u>20,408</u>	<u>72,917</u>
Total funds carried forward		<u>31,733</u>	<u>58,805</u>	<u>90,538</u>	<u>50,324</u>	<u>13,958</u>	<u>64,282</u>

Music For Good

England & Wales - Charity number 1108212

Accounts

MUSIC FOR GOOD AGM

16TH DECEMBER 2024 6:00 pm

Minutes

Chair Trevor Smith

- **Welcome and introductions**

The AGM was attended by Nigel Walker, Trevor Smith (Chair), Jo Erwin, Naveen Arles and Emily Foulkes The meeting was conducted over zoom

- **Apologies**

Claire Beckett sent her apologies in advance of the meeting

- **Minutes from previous AGM**

Agreed as an accurate account of the event.

- **Accounts and financial review**

The Board had reviewed the accounts in advance of the meeting. The accounts were agreed and signed, Trevor will submit the accounts on behalf of the charity, ensuring all obligations are fulfilled.

- **Strategic and delivery update from staff and partners**

Emily gave an update on the progress of the programme of delivery.

Music for Good

Current picture with music delivery

- Commissioned delivery from East Cornwall PCN – until July 2025 a day a week
- Commissioned delivery in two primary schools working with two children until July 2025
- Wheal Northey one to one CYP work in GP surgery funded until Easter 2025
- Delivery in Pain Café in St Austell

- One to one with a homeless young man (through Health for Homeless) – with potential for further commissioned work
- 3 hours per week at Caradon APA (to end of this term) – unsure whether it will continue

Planned delivery (funding secured)

- 2 x 10 days of provision in two new health hubs (likely Bodmin and Launceston) due to start in January
- Singing for Health programmes starting from January (Lung Health and Pain Management)

Completed programmes

- A two day summer school delivered for the Recovery Hub in Penzance – very successful!

Summary

- Limited delivery and currently no new funding or commissions on the horizon (other than positive noises from Health for Homeless)
- Suggestion is to keep the current programme ticking and try to sustain existing settings/partnerships rather than approaching anyone new, unless further funding becomes available
- Small pots of funding are available, but need larger amounts of funding.
- Currently no work for Willow, no funding available from Restormel AP after 10m years of working together!
- Some potential from the Music Hub, although the old Board has been replaced and we will be starting from scratch. We need to be cautious with the Hub and not reliant on them.
- Practitioners supervision session to be run
- There is a good possibility of approx. £25k of unrestricted funding from a philanthropists will.
- No progress on hiving off MFG, although discussions have been held with a CIC (Music Ability) in Penzance
- MFG is moving away from schools and children, now more involved in Health. However work with schools remains important.
- Possibility to approach Cornwall Foundation Trust with research ideas.

Singing for Health Network (SHN)

- Steadily growing membership base

- Launched the Singing for Health Research project! Please register and share widely with your networks!

[Singing for Health Research Project \(singingforhealthnetwork.co.uk\)](https://singingforhealthnetwork.co.uk)

See some videos about the project on our YouTube channel

[Singing for Health Network - YouTube](#)

- Big efforts are going into promoting these events – it starts on 7th November!
- It was agreed that Emily is our Unique Selling point (USP). She is now recognised as a leader in the Singing for Health community and has been asked to be a speaker in a number of events, such as the upcoming seminar in Canada.
- A discussion took place as to whether SFH had a long term future. Nav reminded us that there are 42,000 choirs in the UK with approx. 2.4 million participants

Please see additional document regarding a proposed course for choir leaders

Much discussion took place on the viability of the above, and it was decided that it would be the right direction for the charity to take. Especially as more and more people are joining choirs for health reasons, and most leaders are ill equipped for this. There is currently no regulation of choir leaders, although a number of organisations are trying to introduce some conformity. We need to approach all know choir leader associations and try to involve them. Bas is already involved with Singing for Pleasure and Nav is involved with the Association of British Choral Directors. We should try to have the choir leader package included as a part of the certification.

There is also an international opportunity for the courses, especially as Emily is becoming known for her work outside the UK.

Emily plus Nav and Bas will all work on this with the support of everyone else.

Strategic and business development updates

- The International Congress on the future of music and medicine in Berlin was a fantastic opportunity for Emily to connect with colleagues from across the globe. Although minimal immediate impacts on income

generation, it has resulted in new contacts and profiled our work on an international platform

- Emily is presented at the Music Care Conference in Canada on 23rd November – this was another international platform to promote our work (mainly SHN)
- DONATION – We received £5,000 from an anonymous donor – this is going to cover another term of work in the GP surgery and some singing for health provision
- Bernard Neville estate donation – This will arrive in our account at the end of December (expected between £20-30k – no anticipated issues, just bureaucracy)
- We will apply to the Music Hub for the Lead EDI role – which is worth £18,000
- We will apply to the Music Hub to support some provision in APAs/Sowenna
- **Re: future of MfG / SHN –**
 - Annie is not able to return for a role with us (due to other employment commitments)
 - Conversation with a potential CiC to take over MfG was not fruitful
 - There aren't sufficient funds to offer to another organisation to take over (salary and core costs after December will need to come from the Bernard Neville fund)
 - Emily will take on some of the delivery in order to prop up her salary rather than paying another practitioner

Proposal – MfG continues to tick along with minimal input from Emily and without spending too much time on building new work unless it comes!

We use the Bernard Neville money to focus more on the SHN activities (see attached proposal) and review again in a few months.

Decisions

It was decided to keep the MfG side of the charity continuing with current levels of input and then review next summer

It was decided to use the expected legacy funding to push the SFH and Wellbeing course for choir leaders and try to get recognition with choir associations.

- **Nominations/retiring officers and members**

No changes to the members of the Board, however, Claire has decided to step back once a suitable replacement can be found.

It was discussed that it may be opportune to recruit new trustees in order to bring more experience and diversity. Particularly in relation to Social Media and Digital skills

- **Dates**

Next Board meeting Trevor will contact the group to arrange a meeting in late January.

- **AOB**

- The Board expressed a unanimous thanks to Kate Cortez, who continues to provide an excellent service to MfG in producing all of the financial figures throughout the year, ready for the annual accounts
These are produced by Koreen James, who continues to do an excellent job
- Close of AGM

Charity Registration No. 1108212

Company Registration No. 5321825 (England and Wales)

MUSIC FOR GOOD

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

MUSIC FOR GOOD

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Trevor Smith - Chair
Nigel Walker
Josephine Erwin
Claire Beckett
Naveen Arles

Senior management team

Emily Foulkes – Director

Charity number 1108212

Company number 5321825

Registered office

Krowji, West Park, Redruth, TR15 3AJ

Independent examiner

Koreen James FMAAT Synergy Accounting 6 Deer Park Close Teignmouth Devon TQ14 9HQ

Bankers

CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

MUSIC FOR GOOD

CONTENTS

	Page
Trustees' report	1 - 6
Statement of trustees' responsibilities	7
Independent examiner's report	8
Statement of financial activities	9
Balance sheet	10
Notes to the financial statements	11 - 16



Music for Good

Report to the Trustees for the year ended 31st March 2024

The Trustees, who are also directors of the charity for the purposes of the Companies Act, submit their annual report and the independently examined financial statements for the year ended 31st March 2024.

The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

Our Aims and Objectives

Music for Good is a charitable company limited by guarantee and was set up in 2001, incorporated in 2004. It is governed by a memorandum and articles of association.

The objects of the Company are for the benefit of people residing in Cornwall and other areas (the "area of benefit"), with an emphasis on those experiencing barriers (e.g as a result of social and/or economic exclusion), to advance education and appreciation of music by:

- (a) The provision of music making opportunities;
- (b) The provision of training, support and guidance to music practitioners;
- (c) The provision of advocacy and capacity building activities and services designed to promote, improve and develop the whole music sector in the area of benefit.

Ensuring our work delivers our Aims

Music for Good reviews its aims, objectives and activity throughout the year to ensure that our activities are developed in accordance with our stated charitable purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims & objectives and in planning our future activities.

Safeguarding

- Music for Good has a Safeguarding Policy and Procedures in place
- A Safeguarding Committee
- A Designated Professional
- All freelance Music Practitioners have DBS clearance that is valid within 3 years

- All freelance Music Practitioners delivering activity have attended Promoting and Safeguarding the Welfare of Children and Young People Tier 2 and some have completed Diplomas in Trauma and Mental Health Informed Practice.

We have in place quality assurance systems that include

- Ensuring that all practitioners have current DBS certificates and Public Liability Insurance
- Regular reporting procedures that provide quantitative and qualitative data
- Quality Assurance process including peer to peer and manager observation as well as clinical supervision
- Partnership Agreements with partners
- Regular one to one meetings with staff and self-employed Music Practitioners
- Termly group supervision with a psychologist
- Monitoring visits and steering group meetings with partners
- End of Project reports and meeting
- Feedback from participants to track their journeys and achievements
- Quarterly meetings with Trustees

This provides Music for Good with key information about:

- who is benefiting from the services we provide
- the impact of our work
- the experiences of our partners
- other provision in the localities we are working in

The focus of our work

Our main purpose continues to be delivering and facilitating high quality inclusive music making opportunities which support education and learning and promote health and well-being. The strategies we use to meet these objectives include:

- Aligning our provision with local, regional and national priorities and policies
- Building partnerships with education and health settings and professionals to ensure we provide services which are complementary and needs led
- Maintain up to date knowledge and understanding about the education and health sectors

Vision

Following some organisational development we reviewed and refreshed our vision, mission and guiding values.

Our vision is to create a world where creative, person-centred music opportunities are accessible to all. We believe that creativity and music are birth rights and that all people can be inspired to develop their skills and interests in a way which feels authentic and relevant to them.

Mission

Music for Good is committed to harnessing the transformative power of music to drive positive change in communities, promoting social inclusion, health and well-being and empowering individuals.

Values

At the heart of Music for Good is a commitment to quality, equality and inclusion. Our values underpin all aspects of our work:

Person-centred – delivering programmes which are relevant to the needs and interests of the individuals and groups we seek to empower

Authentic and relevant – staying in our lane and delivering within the scope of our expertise and the objectives set out in our business plan

High quality – ensuring the highest level of support and training for practitioners delivering programmes and signposting on where relevant

Collaborative – working and aligning with partners who share our aspirations and values in order to enhance the services and have a wider reach

Evidence and research informed – to continue to provide the most robust approaches to our work which align with up to date research and evidence in order to keep learning and improving

Responsive and strategic – having the courage to respond and flex with trends, respond to need and constantly innovate and take risks where necessary

Music for Good Objectives and Primary Functions:

The main activities of the charity fall under **3 categories**:

Delivery, Professional Development and Advocacy.

We seek to:

provide:

- high quality, inclusive music making opportunities designed to promote well-being and support learning
- training, CPD, support and networking opportunities to the professional sector (arts and health, healthcare, music education, social care, community development, researchers)
- strategic consultancy and guidance to organisations

promote:

- the life changing powers of music for well-being and learning
- the impacts of our music for well-being approach
- the benefits of research and evidence-informed practice

support:

- individuals and groups who face barriers
- partners and other organisations
- practitioners
- the wider sector of arts and health

inspire:

- Change!
- Innovation
- Empowerment

Our model – research and evidence-based

- CONNECT – relational, trauma-informed principles to foster an environment of safety
- CREATE – creative practice which is relevant, co-created and high quality
- CONSOLIDATE – reflective and learning ethos for all

How our activities deliver public benefit

Our charitable activities focus on providing people with access to engage in high quality musical activities which aim to promote education and learning and support health and well-being. We do this through targeting work in identified areas and with identified participants.

Since its inception, Music for Good has worked in partnership with agencies and organisations. Many agencies including the Cornwall Music Education Hub, the NHS and the Local Authority recognise and value the benefits our services provide, across the age ranges.

Our work is recognised as having far reaching benefits beyond increasing music making skills. Participants experience increased confidence, greater abilities to work with others, improved focus and concentration and readiness to learn. Others report improvements in feelings of well-being and tangible health benefits, reducing reliance on medications.

Priority Areas

Music for Good has identified the following priority areas in its Business Plan to focus and refine our offer; they are:

Supporting Education and Learning Promoting Health and Wellbeing

At the heart of all our work is the underpinning value of **inclusion for all**, regardless of background, circumstance or ability.

Current climate

During this financial year, the most notable challenge to the charity has been the increasing difficulty in securing grant funding. Although unsuccessful with an application to Youth Music, we were granted a stability grant, to provide some ongoing support for core costs and business development. During the period of this grant, the aspiration is to work on a number of income generation strategies. The demand for resources has significantly increased and success rates are very poor. This makes it very challenging for small organisations to shoulder the costs associated with preparing and submitting funding applications.

Another significant challenge has been the decrease in investment and commissioned delivery from the Music Education Hub, which itself has been in a state of change and flux. However, we were awarded the strategic grant to lead on embedding EDI into the Music Hub as well as to lead a Youth

Voice programme. These pieces of strategic work enabled us to continue to contract a Programme Manager.

Where there has been either sustained provision or some growth is in our work with the health sector. Our services have been commissioned by East Cornwall Primary Care Network and provision continues with children and young people in the GP surgery. A number of referrals from schools has sustained one to one provision with children. Securing some small grants from Cornwall Community Foundation and Cornwall Council (as matched funding from a Crowdfunder) has boosted our provision in music for health and well-being.

The Singing for Health Network continues to see a gradual increase in memberships, globally, and to attract interest. A partnership with York St John University will see the development of a Singing for Health Research programme running a series of webinar across 2024-2025. It is anticipated that this will support the continued growth of unrestricted funding through memberships and attendance at online events. The singing for health movement as a whole continues to grow, with increased programmes, initiatives, training and research. The pilot delivery of a singing and pain management training programme was successful and attended by practitioners from across the globe. The Singing for Health Network will continue to be a significant strand of work, with potential for increased income.

As we continue to navigate uncertain times, it is a high priority to continue to build our commissioned services, including training and the Singing for Health Network. We recognise that competition for grant funding is high and therefore we need to continue to diversify our income. This is challenging, with limited capacity within the small team and we are often stretched beyond this capacity, relying on the commitment and goodwill of staff. We have added a new Trustees to our Board and will continue to seek ways to further build the team. We plan to continue to expand partnerships, locally, regionally and nationally, in order to forge mutually beneficial relationships which could help to maximise resources.

Financial Review

Music for Good secured a total income of £139,008 (2023: £78,436) in the financial year 2023/24. Of this, £65,714 was unrestricted (2023: £11,346) and £73,294 [2023:£67,090] was restricted. Main sources of funding were Youth Music, Cornwall Music Education Hub, The Lottery, Cornwall Community Foundation and contributions from Schools, including AP Academies. Membership to the Singing for Health Network provides some unrestricted income along with other traded services, such as training and services to the Sing Up Foundation. A crowdfunder appeal was successful in reaching its target and attracted matched funding from Cornwall Council.

Reserves Policy

The Board of Trustees has worked with the staff team to develop a Business Plan which ultimately is about ensuring the sustainability of the organisation. Part of that process involved looking at the risks the organisation faced. The Board has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be 3 months of the expenditure.

Suggested Reserves

Staff salaries (3 months)	£ 3,000
Other overheads (3 months)	£ 0

Redundancy lay-away	£ 2,000
Other contingency	£ 500
Total Suggested Reserves	£5,500

Financial Statement

Company law requires that Senior Management and the Board of Trustees (the Management Committee) prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.

Trustees' Responsibilities Statement - Charitable Company

The trustees (who are also directors of Music for Good for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant information of which the charitable company's independent examiner is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the independent examiner is aware of that information.

This report has been prepared in accordance with the Charities SORP 2019 (FRS 102); and in accordance with the special provision of the Companies Act 2006 relating to small entities.

This report was approved by the Trustees on

On behalf of the Trustees (signatory 1)
(print name)

..... (signatory 2)
(print name)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MUSIC FOR GOOD

Charity number 1108212
Company number 5321825

I report to the trustees on my examination of the financial statements of Music for Good (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act;

or

2 the financial statements do not accord with those records;

or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination;

or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed



Date 27th November 2024

Koreen James – Fellow of the Association of Accounting Technicians (FMAAT)
Synergy Accounting 6 Deer Park Close Teignmouth Devon TQ14 9HQ

Music For Good

Statement of Financial Activities for the year ended 31st March 2024

	Notes	Restricted Funds 2024 £	Unrestricted Funds 2024 £	Total Funds 2024 £	Restricted Funds 2023 £	Unrestricted Funds 2023 £	Total Funds 2023 £
Income							
Income from:							
Interest receivable		-	676	676	-	440	440
Donations and legacies		-	-	-	-	-	-
Charitable activities							
Grants and contracts		73,294	-	73,294	67,090	3,341	70,431
Income from activities		-	65,038	65,038	-	7,565	7,565
Total Income		<u>73,294</u>	<u>65,714</u>	<u>139,008</u>	<u>67,090</u>	<u>11,346</u>	<u>78,436</u>
Expenditure on:							
Charitable activities	9	<u>91,885</u>	<u>20,867</u>	<u>112,752</u>	<u>69,275</u>	<u>17,796</u>	<u>87,071</u>
Total expenditure		<u>91,885</u>	<u>20,867</u>	<u>112,752</u>	<u>69,275</u>	<u>17,796</u>	<u>87,071</u>
Net income/(expenditure) for the year		(18,591)	44,847	26,256	(2,185)	(6,450)	(8,635)
Transfers between Funds		-	-	-	-	-	-
Reconciliation of funds							
Total funds brought forward		<u>50,324</u>	<u>13,958</u>	<u>64,282</u>	<u>52,509</u>	<u>20,408</u>	<u>72,917</u>
Total funds carried forward		<u>31,733</u>	<u>58,805</u>	<u>90,538</u>	<u>50,324</u>	<u>13,958</u>	<u>64,282</u>

Music For Good

Balance sheet as at 31st March 2024

	Notes	2024 £	2023 £
Fixed assets			
Tangible assets	2	-	-
Current assets			
Debtors	4	-	-
Cash at bank and in hand		<u>91,138</u>	<u>64,882</u>
		91,138	64,882
Current liabilities			
Creditors: amounts falling due within 12 months	3	<u>(600)</u>	<u>(600)</u>
Net Current assets		<u>90,538</u>	<u>64,282</u>
Net assets		<u>90,538</u>	<u>64,282</u>
Income funds			
Restricted funds	7	31,733	50,324
Unrestricted funds		58,805	13,958
		-	-
Total funds		<u>90,538</u>	<u>64,282</u>

For the year ended 31st March 2024

The company was entitled to the exemption from audit under section 477[2] of the Companies Act 2006

The members have not requested the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the act with respect to accounting records and for the preparation of the accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small company regime.

These financial statements were approved by the Trustees on.....

On behalf of the Trustees

Name:

Company Registration No. 05321825

MUSIC FOR GOOD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Principal Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year.

1.1 Basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with the charity's Memorandum & Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. The following specific policies are applied to particular categories of income.

MUSIC FOR GOOD

1 Accounting policies (Continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

- I. Income received by way of grants, donations and gifts is included in full in the Statement of Financial Activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.
- II. Donated services and facilities are included at the value to the charity where this can be quantified.
- III. The value of services provided by volunteers has not been included in these accounts.
- IV. Investment income is included when receivable.
- V. Income from charitable trading activity is accounted for when earned.
- VI. Income from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

1.5 Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered

- I. Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.
- II. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- III. All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

1.6 Fixed assets

Tangible fixed assets are written off over the expected useful life of the asset, at 25% per annum on the straight line basis for all items costing over £500.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

2 Tangible Fixed Assets

	Musical Instruments £	Fittings & Equipment £	Total £
Cost			
balance brought forward	26,394	14,926	41,320
additions in the year	-	-	-
	<u>26,394</u>	<u>14,926</u>	<u>41,320</u>
Depreciation			
balance brought forward	26,394	14,926	41,320
charge for the year	-	-	-
	<u>26,394</u>	<u>14,926</u>	<u>41,320</u>
Net book value at 31st March 2024	<u>-</u>	<u>-</u>	<u>-</u>
Net book value at 31st March 2023	<u>-</u>	<u>-</u>	<u>-</u>

3 Creditors

	2024 £	2023 £
Amounts falling due within one year:		
Sundry creditors	600	600
	<u>600</u>	<u>600</u>

4 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
sundry debtors	-	-
	<u>-</u>	<u>-</u>

5 Capital commitments and contingent liabilities

There are none this year

6 Employees

	2024	2023
Number of employees		
Calculated on the average monthly head count basis	1	1
No employee received emoluments of more than £60,000.		
	£	£
Salaries and wages	14,964	15,843
Pension	1,237	1,330
Social security costs	-	-
	<u>16,201</u>	<u>17,173</u>

Key management personnel

The total employee benefits of key management personnel were £16,201 (2023 £17,173)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

7 Movement in funds

	Balance at 1.4.2023 £	Income £	Expenditure £	Transfers £	Balance at 31.3. 2024 £
Restricted funds					
Astone	-	15,230	7,795	-	7,435
Youth Music	40,320	30,113	65,740	-	4,693
CC Foundation	10,004	10,000	10,002	-	10,002
Schools	-	2,951	2,525	-	426
Sing Up Foundation	-	6,000	3,223	-	2,777
NHS	-	9,000	2,600	-	6,400
	<u>50,324</u>	<u>73,294</u>	<u>91,885</u>	<u>-</u>	<u>31,733</u>
Unrestricted funds					
General funds	<u>13,958</u>	<u>65,714</u>	<u>20,867</u>	<u>-</u>	<u>58,805</u>
	<u>13,958</u>	<u>65,714</u>	<u>20,867</u>	<u>-</u>	<u>58,805</u>

7 Movement in funds - prior year

	Balance at 1.4.2022 £	Income £	Expenditure £	Transfers £	Balance at 31.3. 2023 £
Restricted funds					
Hub	3,631	9,390	13,021	-	-
Hub Fund A Match	-	-	-	-	-
Youth Music	25,415	39,980	25,075	-	40,320
CCF	5,019	10,000	5,016	1	10,004
Schools	5,110	7,720	12,830	-	-
Singing 4 Health	1,710	-	1,710	-	-
Reaching Communities					
Singing For Health	<u>11,624</u>	<u>-</u>	<u>11,624</u>	<u>-</u>	<u>-</u>
	<u>52,509</u>	<u>67,090</u>	<u>69,276</u>	<u>1</u>	<u>50,324</u>
Unrestricted funds					
General funds	<u>20,408</u>	<u>11,346</u>	<u>17,796</u>	<u>-</u>	<u>13,958</u>
	<u>20,408</u>	<u>11,346</u>	<u>17,796</u>	<u>-</u>	<u>13,958</u>

8 Trustees

	£	£
Trustees remuneration and expenses	<u>-</u>	<u>-</u>

The trustees received no remunerations and were not involved in any related party transaction.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

9 Expenditure

	Charitable activities £	Total 2023 £
Premises		
Rent and rates	4,719	4,739
Insurance	319	334
Post, photocopier and stationery	1,796	1,463
Telephone	-	63
Repairs and maintenance	-	-
Total premises	6,834	6,599
Wages	16,201	17,173
Independent examiners' fees	600	600
Depreciation	-	-
Training	1,523	750
Advertising and recruitment	739	1,354
Bank charges	60	72
Trustees expenses	-	-
IT and computer	456	101
Miscellaneous	-	-
Workshops and music leaders fees	49,934	35,196
Other project costs	-	-
Legal professional and consultancy	33,949	23,565
Non capitalised equipment	-	-
Travel and staff expenses	2,456	1,661
Research and development	-	-
Subscriptions	-	-
	112,752	87,071

10 Analysis of net assets between funds

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	-	-	-
Current assets	59,405	-	31,733	91,138
Current liabilities	(600)	-	-	(600)
Net assets as at 31st March 2024	58,805	-	31,733	90,538

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

11 Analysis of prior year funds

Statement of Financial Activities for the year ended 31st March 2023

	Notes	Restricted Funds 2023 £	Unrestricted Funds 2023 £	Total Funds 2023 £	Restricted Funds 2022 £	Unrestricted Funds 2022 £	Total Funds 2022 £
Income							
Income from:							
Interest receivable		-	440	440	-	6	6
Donations and legacies		-	-	-	-	-	-
Charitable activities							
Grants and contracts		67,090	3,341	70,431	97,207	18,054	115,261
Income from activities		-	7,565	7,565	-	-	-
Total Income		<u>67,090</u>	<u>11,346</u>	<u>78,436</u>	<u>97,207</u>	<u>18,060</u>	<u>115,267</u>
Expenditure on:							
Charitable activities		<u>69,275</u>	<u>17,796</u>	<u>87,071</u>	<u>69,048</u>	<u>185</u>	<u>69,233</u>
Total expenditure		<u>69,275</u>	<u>17,796</u>	<u>87,071</u>	<u>69,048</u>	<u>185</u>	<u>69,233</u>
Net income/(expenditure) for the year		(2,185)	(6,450)	(8,635)	28,159	17,875	46,034
Transfers between Funds		-	-	-	-	-	-
Reconciliation of funds							
Total funds brought forward		<u>52,509</u>	<u>20,408</u>	<u>72,917</u>	<u>24,350</u>	<u>2,533</u>	<u>26,883</u>
Total funds carried forward		<u>50,324</u>	<u>13,958</u>	<u>64,282</u>	<u>52,509</u>	<u>20,408</u>	<u>72,917</u>

Charity Registration No. 1108212

Company Registration No. 5321825 (England and Wales)

MUSIC FOR GOOD

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

MUSIC FOR GOOD

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Trevor Smith - Chair
Nigel Walker
Josephine Erwin
Claire Beckett
Naveen Arles

Senior management team

Emily Foulkes – Director

Charity number 1108212

Company number 5321825

Registered office

Krowji, West Park, Redruth, TR15 3AJ

Independent examiner

Koreen James FMAAT Synergy Accounting 6 Deer Park Close Teignmouth Devon TQ14 9HQ

Bankers

CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

MUSIC FOR GOOD

CONTENTS

	Page
Trustees' report	1 - 6
Statement of trustees' responsibilities	7
Independent examiner's report	8
Statement of financial activities	9
Balance sheet	10
Notes to the financial statements	11 - 16



Music for Good

Report to the Trustees for the year ended 31st March 2024

The Trustees, who are also directors of the charity for the purposes of the Companies Act, submit their annual report and the independently examined financial statements for the year ended 31st March 2024.

The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

Our Aims and Objectives

Music for Good is a charitable company limited by guarantee and was set up in 2001, incorporated in 2004. It is governed by a memorandum and articles of association.

The objects of the Company are for the benefit of people residing in Cornwall and other areas (the "area of benefit"), with an emphasis on those experiencing barriers (e.g as a result of social and/or economic exclusion), to advance education and appreciation of music by:

- (a) The provision of music making opportunities;
- (b) The provision of training, support and guidance to music practitioners;
- (c) The provision of advocacy and capacity building activities and services designed to promote, improve and develop the whole music sector in the area of benefit.

Ensuring our work delivers our Aims

Music for Good reviews its aims, objectives and activity throughout the year to ensure that our activities are developed in accordance with our stated charitable purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims & objectives and in planning our future activities.

Safeguarding

- Music for Good has a Safeguarding Policy and Procedures in place
- A Safeguarding Committee
- A Designated Professional
- All freelance Music Practitioners have DBS clearance that is valid within 3 years

- All freelance Music Practitioners delivering activity have attended Promoting and Safeguarding the Welfare of Children and Young People Tier 2 and some have completed Diplomas in Trauma and Mental Health Informed Practice.

We have in place quality assurance systems that include

- Ensuring that all practitioners have current DBS certificates and Public Liability Insurance
- Regular reporting procedures that provide quantitative and qualitative data
- Quality Assurance process including peer to peer and manager observation as well as clinical supervision
- Partnership Agreements with partners
- Regular one to one meetings with staff and self-employed Music Practitioners
- Termly group supervision with a psychologist
- Monitoring visits and steering group meetings with partners
- End of Project reports and meeting
- Feedback from participants to track their journeys and achievements
- Quarterly meetings with Trustees

This provides Music for Good with key information about:

- who is benefiting from the services we provide
- the impact of our work
- the experiences of our partners
- other provision in the localities we are working in

The focus of our work

Our main purpose continues to be delivering and facilitating high quality inclusive music making opportunities which support education and learning and promote health and well-being. The strategies we use to meet these objectives include:

- Aligning our provision with local, regional and national priorities and policies
- Building partnerships with education and health settings and professionals to ensure we provide services which are complementary and needs led
- Maintain up to date knowledge and understanding about the education and health sectors

Vision

Following some organisational development we reviewed and refreshed our vision, mission and guiding values.

Our vision is to create a world where creative, person-centred music opportunities are accessible to all. We believe that creativity and music are birth rights and that all people can be inspired to develop their skills and interests in a way which feels authentic and relevant to them.

Mission

Music for Good is committed to harnessing the transformative power of music to drive positive change in communities, promoting social inclusion, health and well-being and empowering individuals.

Values

At the heart of Music for Good is a commitment to quality, equality and inclusion. Our values underpin all aspects of our work:

Person-centred – delivering programmes which are relevant to the needs and interests of the individuals and groups we seek to empower

Authentic and relevant – staying in our lane and delivering within the scope of our expertise and the objectives set out in our business plan

High quality – ensuring the highest level of support and training for practitioners delivering programmes and signposting on where relevant

Collaborative – working and aligning with partners who share our aspirations and values in order to enhance the services and have a wider reach

Evidence and research informed – to continue to provide the most robust approaches to our work which align with up to date research and evidence in order to keep learning and improving

Responsive and strategic – having the courage to respond and flex with trends, respond to need and constantly innovate and take risks where necessary

Music for Good Objectives and Primary Functions:

The main activities of the charity fall under **3 categories**:

Delivery, Professional Development and Advocacy.

We seek to:

provide:

- high quality, inclusive music making opportunities designed to promote well-being and support learning
- training, CPD, support and networking opportunities to the professional sector (arts and health, healthcare, music education, social care, community development, researchers)
- strategic consultancy and guidance to organisations

promote:

- the life changing powers of music for well-being and learning
- the impacts of our music for well-being approach
- the benefits of research and evidence-informed practice

support:

- individuals and groups who face barriers
- partners and other organisations
- practitioners
- the wider sector of arts and health

inspire:

- Change!
- Innovation
- Empowerment

Our model – research and evidence-based

- CONNECT – relational, trauma-informed principles to foster an environment of safety
- CREATE – creative practice which is relevant, co-created and high quality
- CONSOLIDATE – reflective and learning ethos for all

How our activities deliver public benefit

Our charitable activities focus on providing people with access to engage in high quality musical activities which aim to promote education and learning and support health and well-being. We do this through targeting work in identified areas and with identified participants.

Since its inception, Music for Good has worked in partnership with agencies and organisations. Many agencies including the Cornwall Music Education Hub, the NHS and the Local Authority recognise and value the benefits our services provide, across the age ranges.

Our work is recognised as having far reaching benefits beyond increasing music making skills. Participants experience increased confidence, greater abilities to work with others, improved focus and concentration and readiness to learn. Others report improvements in feelings of well-being and tangible health benefits, reducing reliance on medications.

Priority Areas

Music for Good has identified the following priority areas in its Business Plan to focus and refine our offer; they are:

Supporting Education and Learning Promoting Health and Wellbeing

At the heart of all our work is the underpinning value of **inclusion for all**, regardless of background, circumstance or ability.

Current climate

During this financial year, the most notable challenge to the charity has been the increasing difficulty in securing grant funding. Although unsuccessful with an application to Youth Music, we were granted a stability grant, to provide some ongoing support for core costs and business development. During the period of this grant, the aspiration is to work on a number of income generation strategies. The demand for resources has significantly increased and success rates are very poor. This makes it very challenging for small organisations to shoulder the costs associated with preparing and submitting funding applications.

Another significant challenge has been the decrease in investment and commissioned delivery from the Music Education Hub, which itself has been in a state of change and flux. However, we were awarded the strategic grant to lead on embedding EDI into the Music Hub as well as to lead a Youth

Voice programme. These pieces of strategic work enabled us to continue to contract a Programme Manager.

Where there has been either sustained provision or some growth is in our work with the health sector. Our services have been commissioned by East Cornwall Primary Care Network and provision continues with children and young people in the GP surgery. A number of referrals from schools has sustained one to one provision with children. Securing some small grants from Cornwall Community Foundation and Cornwall Council (as matched funding from a Crowdfunder) has boosted our provision in music for health and well-being.

The Singing for Health Network continues to see a gradual increase in memberships, globally, and to attract interest. A partnership with York St John University will see the development of a Singing for Health Research programme running a series of webinar across 2024-2025. It is anticipated that this will support the continued growth of unrestricted funding through memberships and attendance at online events. The singing for health movement as a whole continues to grow, with increased programmes, initiatives, training and research. The pilot delivery of a singing and pain management training programme was successful and attended by practitioners from across the globe. The Singing for Health Network will continue to be a significant strand of work, with potential for increased income.

As we continue to navigate uncertain times, it is a high priority to continue to build our commissioned services, including training and the Singing for Health Network. We recognise that competition for grant funding is high and therefore we need to continue to diversify our income. This is challenging, with limited capacity within the small team and we are often stretched beyond this capacity, relying on the commitment and goodwill of staff. We have added a new Trustees to our Board and will continue to seek ways to further build the team. We plan to continue to expand partnerships, locally, regionally and nationally, in order to forge mutually beneficial relationships which could help to maximise resources.

Financial Review

Music for Good secured a total income of £139,008 (2023: £78,436) in the financial year 2023/24. Of this, £65,714 was unrestricted (2023: £11,346) and £73,294 [2023:£67,090] was restricted. Main sources of funding were Youth Music, Cornwall Music Education Hub, The Lottery, Cornwall Community Foundation and contributions from Schools, including AP Academies. Membership to the Singing for Health Network provides some unrestricted income along with other traded services, such as training and services to the Sing Up Foundation. A crowdfunder appeal was successful in reaching its target and attracted matched funding from Cornwall Council.

Reserves Policy

The Board of Trustees has worked with the staff team to develop a Business Plan which ultimately is about ensuring the sustainability of the organisation. Part of that process involved looking at the risks the organisation faced. The Board has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be 3 months of the expenditure.

Suggested Reserves

Staff salaries (3 months)	£ 3,000
Other overheads (3 months)	£ 0

Redundancy lay-away	£ 2,000
Other contingency	£ 500
Total Suggested Reserves	£5,500

Financial Statement

Company law requires that Senior Management and the Board of Trustees (the Management Committee) prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.

Trustees' Responsibilities Statement - Charitable Company

The trustees (who are also directors of Music for Good for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant information of which the charitable company's independent examiner is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the independent examiner is aware of that information.

This report has been prepared in accordance with the Charities SORP 2019 (FRS 102); and in accordance with the special provision of the Companies Act 2006 relating to small entities.

This report was approved by the Trustees on

On behalf of the Trustees (signatory 1)
(print name)

..... (signatory 2)
(print name)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MUSIC FOR GOOD

Charity number 1108212

Company number 5321825

I report to the trustees on my examination of the financial statements of Music for Good (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act;

or

2 the financial statements do not accord with those records;

or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination;

or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed



Date 27th November 2024

Koreen James – Fellow of the Association of Accounting Technicians (FMAAT)
Synergy Accounting 6 Deer Park Close Teignmouth Devon TQ14 9HQ

Music For Good

Statement of Financial Activities for the year ended 31st March 2024

	Notes	Restricted Funds 2024 £	Unrestricted Funds 2024 £	Total Funds 2024 £	Restricted Funds 2023 £	Unrestricted Funds 2023 £	Total Funds 2023 £
Income							
Income from:							
Interest receivable		-	676	676	-	440	440
Donations and legacies		-	-	-	-	-	-
Charitable activities							
Grants and contracts		73,294	-	73,294	67,090	3,341	70,431
Income from activities		-	65,038	65,038	-	7,565	7,565
Total Income		<u>73,294</u>	<u>65,714</u>	<u>139,008</u>	<u>67,090</u>	<u>11,346</u>	<u>78,436</u>
Expenditure on:							
Charitable activities	9	<u>91,885</u>	<u>20,867</u>	<u>112,752</u>	<u>69,275</u>	<u>17,796</u>	<u>87,071</u>
Total expenditure		<u>91,885</u>	<u>20,867</u>	<u>112,752</u>	<u>69,275</u>	<u>17,796</u>	<u>87,071</u>
Net income/(expenditure) for the year		(18,591)	44,847	26,256	(2,185)	(6,450)	(8,635)
Transfers between Funds		-	-	-	-	-	-
Reconciliation of funds							
Total funds brought forward		<u>50,324</u>	<u>13,958</u>	<u>64,282</u>	<u>52,509</u>	<u>20,408</u>	<u>72,917</u>
Total funds carried forward		<u>31,733</u>	<u>58,805</u>	<u>90,538</u>	<u>50,324</u>	<u>13,958</u>	<u>64,282</u>

Music For Good

Balance sheet as at 31st March 2024

	Notes	2024 £	2023 £
Fixed assets			
Tangible assets	2	-	-
Current assets			
Debtors	4	-	-
Cash at bank and in hand		<u>91,138</u>	<u>64,882</u>
		91,138	64,882
Current liabilities			
Creditors: amounts falling due within 12 months	3	<u>(600)</u>	<u>(600)</u>
Net Current assets		<u>90,538</u>	<u>64,282</u>
Net assets		<u>90,538</u>	<u>64,282</u>
Income funds			
Restricted funds	7	31,733	50,324
Unrestricted funds		58,805	13,958
		-	-
Total funds		<u>90,538</u>	<u>64,282</u>

For the year ended 31st March 2024

The company was entitled to the exemption from audit under section 477[2] of the Companies Act 2006

The members have not requested the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the act with respect to accounting records and for the preparation of the accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small company regime.

These financial statements were approved by the Trustees on.....

On behalf of the Trustees

Name:

Company Registration No. 05321825

MUSIC FOR GOOD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Principal Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year.

1.1 Basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with the charity's Memorandum & Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. The following specific policies are applied to particular categories of income.

MUSIC FOR GOOD

1 Accounting policies (Continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

- I. Income received by way of grants, donations and gifts is included in full in the Statement of Financial Activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.
- II. Donated services and facilities are included at the value to the charity where this can be quantified.
- III. The value of services provided by volunteers has not been included in these accounts.
- IV. Investment income is included when receivable.
- V. Income from charitable trading activity is accounted for when earned.
- VI. Income from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

1.5 Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered

- I. Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.
- II. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- III. All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

1.6 Fixed assets

Tangible fixed assets are written off over the expected useful life of the asset, at 25% per annum on the straight line basis for all items costing over £500.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

2 Tangible Fixed Assets

	Musical Instruments £	Fittings & Equipment £	Total £
Cost			
balance brought forward	26,394	14,926	41,320
additions in the year	-	-	-
	<u>26,394</u>	<u>14,926</u>	<u>41,320</u>
Depreciation			
balance brought forward	26,394	14,926	41,320
charge for the year	-	-	-
	<u>26,394</u>	<u>14,926</u>	<u>41,320</u>
Net book value at 31st March 2024	<u>-</u>	<u>-</u>	<u>-</u>
Net book value at 31st March 2023	<u>-</u>	<u>-</u>	<u>-</u>

3 Creditors

	2024 £	2023 £
Amounts falling due within one year:		
Sundry creditors	600	600
	<u>600</u>	<u>600</u>

4 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
sundry debtors	-	-
	<u>-</u>	<u>-</u>

5 Capital commitments and contingent liabilities

There are none this year

6 Employees

	2024	2023
Number of employees		
Calculated on the average monthly head count basis	1	1
No employee received emoluments of more than £60,000.		
	£	£
Salaries and wages	14,964	15,843
Pension	1,237	1,330
Social security costs	-	-
	<u>16,201</u>	<u>17,173</u>

Key management personnel

The total employee benefits of key management personnel were £16,201 (2023 £17,173)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

7 Movement in funds

	Balance at 1.4.2023 £	Income £	Expenditure £	Transfers £	Balance at 31.3. 2024 £
Restricted funds					
Astone	-	15,230	7,795	-	7,435
Youth Music	40,320	30,113	65,740	-	4,693
CC Foundation	10,004	10,000	10,002	-	10,002
Schools	-	2,951	2,525	-	426
Sing Up Foundation	-	6,000	3,223	-	2,777
NHS	-	9,000	2,600	-	6,400
	<u>50,324</u>	<u>73,294</u>	<u>91,885</u>	<u>-</u>	<u>31,733</u>
Unrestricted funds					
General funds	<u>13,958</u>	<u>65,714</u>	<u>20,867</u>	<u>-</u>	<u>58,805</u>
	<u>13,958</u>	<u>65,714</u>	<u>20,867</u>	<u>-</u>	<u>58,805</u>

7 Movement in funds - prior year

	Balance at 1.4.2022 £	Income £	Expenditure £	Transfers £	Balance at 31.3. 2023 £
Restricted funds					
Hub	3,631	9,390	13,021	-	-
Hub Fund A Match	-	-	-	-	-
Youth Music	25,415	39,980	25,075	-	40,320
CCF	5,019	10,000	5,016	1	10,004
Schools	5,110	7,720	12,830	-	-
Singing 4 Health	1,710	-	1,710	-	-
Reaching Communities					
Singing For Health	<u>11,624</u>	<u>-</u>	<u>11,624</u>	<u>-</u>	<u>-</u>
	<u>52,509</u>	<u>67,090</u>	<u>69,276</u>	<u>1</u>	<u>50,324</u>
Unrestricted funds					
General funds	<u>20,408</u>	<u>11,346</u>	<u>17,796</u>	<u>-</u>	<u>13,958</u>
	<u>20,408</u>	<u>11,346</u>	<u>17,796</u>	<u>-</u>	<u>13,958</u>

8 Trustees

	£	£
Trustees remuneration and expenses	<u>-</u>	<u>-</u>

The trustees received no remunerations and were not involved in any related party transaction.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

9 Expenditure

	Charitable activities £	Total 2023 £
Premises		
Rent and rates	4,719	4,739
Insurance	319	334
Post, photocopier and stationery	1,796	1,463
Telephone	-	63
Repairs and maintenance	-	-
Total premises	6,834	6,599
Wages	16,201	17,173
Independent examiners' fees	600	600
Depreciation	-	-
Training	1,523	750
Advertising and recruitment	739	1,354
Bank charges	60	72
Trustees expenses	-	-
IT and computer	456	101
Miscellaneous	-	-
Workshops and music leaders fees	49,934	35,196
Other project costs	-	-
Legal professional and consultancy	33,949	23,565
Non capitalised equipment	-	-
Travel and staff expenses	2,456	1,661
Research and development	-	-
Subscriptions	-	-
	112,752	87,071

10 Analysis of net assets between funds

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	-	-	-
Current assets	59,405	-	31,733	91,138
Current liabilities	(600)	-	-	(600)
Net assets as at 31st March 2024	58,805	-	31,733	90,538

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

11 Analysis of prior year funds

Statement of Financial Activities for the year ended 31st March 2023

	Notes	Restricted Funds 2023 £	Unrestricted Funds 2023 £	Total Funds 2023 £	Restricted Funds 2022 £	Unrestricted Funds 2022 £	Total Funds 2022 £
Income							
Income from:							
Interest receivable		-	440	440	-	6	6
Donations and legacies		-	-	-	-	-	-
Charitable activities							
Grants and contracts		67,090	3,341	70,431	97,207	18,054	115,261
Income from activities		-	7,565	7,565	-	-	-
Total Income		<u>67,090</u>	<u>11,346</u>	<u>78,436</u>	<u>97,207</u>	<u>18,060</u>	<u>115,267</u>
Expenditure on:							
Charitable activities		<u>69,275</u>	<u>17,796</u>	<u>87,071</u>	<u>69,048</u>	<u>185</u>	<u>69,233</u>
Total expenditure		<u>69,275</u>	<u>17,796</u>	<u>87,071</u>	<u>69,048</u>	<u>185</u>	<u>69,233</u>
Net income/(expenditure) for the year		(2,185)	(6,450)	(8,635)	28,159	17,875	46,034
Transfers between Funds		-	-	-	-	-	-
Reconciliation of funds							
Total funds brought forward		<u>52,509</u>	<u>20,408</u>	<u>72,917</u>	<u>24,350</u>	<u>2,533</u>	<u>26,883</u>
Total funds carried forward		<u>50,324</u>	<u>13,958</u>	<u>64,282</u>	<u>52,509</u>	<u>20,408</u>	<u>72,917</u>

Music For Good

England & Wales - Charity number 1108212

Accounts

MUSIC FOR GOOD AGM

12th December 2023 6:00 to 7:30pm

Minutes

Chair Trevor Smith

- Welcome and introductions

The AGM was attended by Claire Beckett, Trevor Smith, Jo Erwin, Margaret Barlow, Nigel Walker and Emily Foulkes. A Potential Trustee Navine Arles also attended. The meeting was conducted over zoom

Emily introduced Nav, who has an extensive background in music. He is an accomplished pianist, choir leader, involved in theatre, music education and other aspects of music, with a keen interest in the use of music for physical and mental health. Nav also said a few words about his background and the potential for Music as a medium for better health.

- Apologies

None

- Minutes from previous AGM

Agreed as an accurate account of the event.

- Accounts and financial review

The Board had reviewed the accounts in advance of the meeting. A new accountant, Koreen James, had been used this year as Dick, our normal accountant was unavailable. Emily was very impressed with the work done and suggested that we use Koreen going forward.

The accounts were agreed, approved, and signed and Trevor will submit the accounts on behalf of the charity, ensuring all obligations are fulfilled.

Music for Good secured a total of £78,436 (2022: £115,267) in the financial year 2022/23. Of this, £11,346 was unrestricted and £78,436 was restricted. Main sources of funding were Youth Music, Cornwall Music Education Hub, The Lottery and contributions from Schools, including AP Academies. Small pots of funding have been received for Singing for Health provision directly from participants

Income from consultancy was £26,000 more than the previous year, confirming our move from mainly relying on grants, to generating our own income. This comes mainly from Practitioners doing Project Management work. Emily explained that we are now using a day a week model, whereby our Practitioners try to work in units of a

day, rather than an hour or two. This is much more efficient for both MFG and the customer.

Income was down from then previous year, some of this is due to the timing of grants being included in the Financial Year. £6k of unrestricted income was from Singing for health, the aim is to at least double that. Bas is the main cost and resource for this.

Grant funding was, and continues to be challenging, due to financial climate and increased numbers of charities applying. We are continuing to diversify to generate more of our own income.

Embedding a practitioner in Lowena continues to be successful, further funding for this and the GP surgery has been confirmed. The impact of these projects can be seen via podcasts on our website.

MFG won a national award in February, the Rocksteady award for inclusive, innovative and progressive work.

We are running training sessions for Trauma informed singing, 5 or 6 sessions of 2.5 hours duration., attended online by 20 people from UK, Canada, Africa and other geographies.

Emily ran a Trauma informed training session in Sunderland for 20 people via the Music Hub.

Teresa is being groomed to deliver this training and probably 2 others. Giles will also be delivering more training, and is now working within schools on general wellbeing, not just through music. These are all examples of MFG diversifying our income to be less grant dependant. However, there is competition in this market from other organisations such as Music Service. We need to keep our methods confidential to maintain our market lead.

We have recruited new practitioners, and as we market our services more widely, will continue to do so.

An away day will be held in January to finalise a Business Plan and action plan. We need to find some marketing resource and a Trustee with this experience would be ideal.

Annie will be on maternity leave from February and the plan is to use Michelle Nineham to cover the maternity leave period. Loveday continues to be involved in the Youth Music strategy and we need to find a way to keep her involved.

Nas suggested that all vocal leaders should be certified in mental health training and believes that there would be huge demand for this. He stated that there are 42k choirs in the UK with 1.2 million singers.

Nigel suggested that we set up a donations page on the website, it was agreed that we should discuss this at the proposed away day. Also, the idea of a 'Singing for Health' day could be used to raise awareness and funds.

- Nominations/retiring officers and members.

Navine was proposed as a Trustee by Nigel, seconded by Jo and voted in unanimously. Nigel and Claire resigned their roles as Trustees, but were then nominated by Jo, and seconded by Trevor to serve another term. This was passed unanimously.

It was agreed that we need to expand the numbers and expertise of our Trustees and begin advertising for them. A Health care professional would be a priority.

- Dates

Next Board meeting will be in January as an away day, with as many people as possible attending in person.

- AOB

We were nominated for a Youth Music award, in October 2023, we were not successful, but Emily made a number of exciting contacts including the NHS England children and Young people Mental Health lead person, who is due in St Austell with her team. Emily will meet with them.

- Close of AGM

Signed as a true record

Trevor Smith, Chair and Trustee 13/12/2023

A handwritten signature in black ink, appearing to read 'Trevor Smith', is written on a white background. The signature is fluid and cursive, with the first name 'Trevor' being more prominent than the last name 'Smith'.

Charity Registration No. 1108212

Company Registration No. 5321825 (England and Wales)

MUSIC FOR GOOD

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

MUSIC FOR GOOD

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Trevor Smith - Chair
Nigel Walker
Josephine Erwin
Claire Beckett
Margaret Barlow

Senior management team

Emily Foulkes – Director

Charity number 1108212

Company number 5321825

Registered office

Krowji, West Park, Redruth, TR15 3AJ

Independent examiner

Koreen James FMAAT Synergy Accounting 6 Deer Park Close Teignmouth Devon TQ14 9HQ

Bankers

CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

MUSIC FOR GOOD

CONTENTS

	Page
Trustees' report	1 - 5
Statement of trustees' responsibilities	6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	
Notes to the financial statements	10 - 15

MUSIC FOR GOOD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The Trustees, who are also directors of the charity, present their report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)".

Our Aims and Objectives

Music for Good is a charitable company limited by guarantee and was set up in 2001, incorporated in 2004. It is governed by a memorandum and articles of association.

The objects of the Company are for the benefit of people residing in Cornwall and other areas (the "area of benefit"), with an emphasis on those experiencing barriers (e.g as a result of social and/or economic exclusion), to advance education and appreciation of music by:

- (a) The provision of music making opportunities;
- (b) The provision of training, support and guidance to music practitioners;
- (c) The provision of advocacy and capacity building activities and services designed to promote, improve and develop the whole music sector in the area of benefit.

Ensuring our work delivers out Aims

Music for Good reviews its aims, objectives and activity throughout the year to ensure that our activities are developed in accordance with our stated charitable purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

Safeguarding

- Music for Good has a Safeguarding Policy and Procedure in place
- A Safeguarding Committee
- A Designated Professional
- All freelance Music Practitioners have DBS clearance that is valid within 3 years
- All freelance Music Practitioners delivering activity have attended Promoting and Safeguarding the Welfare of Children and Young People Tier 2 and some have completed Diplomas in Trauma and Mental health and Informed Practice.

We have in place quality and assurance systems that include

- Ensuring that all practitioners have current DBS certificates and Public Liability Insurance
- Regular reporting procedures that provide quantitative and qualitative data

- Quality Assurance process including peer to peer and manager observation as well as clinical supervision
- Partnership Agreements with partners
- Regular one to one meetings with staff and self-employed Music Practitioners
- Termly group supervision with a psychologist
- Monitoring visits and steering group meetings with partners
- End of Project reports and meeting
- Feedback from participants to track their journeys and achievements
- Quarterly meetings with Trustees

This provides Music for Good with key information about:

- who is benefiting from the services we provide
- the impact of our work
- the experiences of our partners
- other provision in the localities we are working in

The focus of our work

Our main purpose continues to be delivering and facilitating high quality inclusive music making opportunities which support education and learning and promote health and well-being. The strategies we use to meet these objectives include:

- Aligning our provision with local, regional and national priorities and policies
- Building partnerships with education and health settings and professionals to ensure we provide services which are complementary and needs led
- Maintain up to date knowledge and understanding about the education and health sectors

Vision

Following some organisational development we reviewed and refreshed our vision, mission and guiding values.

Our vision is to create a world where we understand and value each other with a landscape of learning that is person centred.

We aim to develop the sector promoting inclusion and social cohesion as we go and work to break down the barriers of exclusion, poor health and lack of opportunity that prevent people from accessing the transformative world of music making.

Mission

To build inclusive, sustainable, high quality music making provision led by skilled and supported practitioners That work in collaboration with communities, partners and music practitioners.

To increase the musical, personal and social outcomes for individuals and communities experiencing barriers.

Values

- **Learning** – quality provision and a desire for excellence by being a learning organisation informed by research and evidence
- **Collaboration** – effective strategic partnerships where we share experience and knowledge
- **Wellbeing** – needs-led provision and sustainable ways of working together holistically

Music for Good Guiding Principles

- Quality and Excellence
- Effective Partnerships
- Sustainability and Legacy
- Needs led and Strategic

Our model – research and evidence-based

- CONNECT -relational, trauma-informed principles to foster an environment of safety
- CREATE – creative practice which is relevant, co-created and high quality
- CONSOLIDATE – reflective and learning ethos for all

How our activities deliver public benefit

Our charitable activities focus on providing people with access to engage in high quality musical activities which aim to promote education and learning and support health and well-being. We do this through targeting work in identified areas and with identified participants.

Since its inception, Music for Good has worked in partnership with agencies and organisations. Many agencies including the Cornwall Music Education Hub, the NHS and the Local Authority recognise and value the benefits our services provide, across the age ranges.

Our work is recognised as having far reaching benefits beyond increasing music making skills. Participants experience increased confidence, greater abilities to work with others, improved focus and concentration and readiness to learn. Others report improvements in feelings of well-being and tangible health benefits, reducing reliance on medications.

Priority Areas

Music for Good has identified the following priority areas in its Business Plan to focus and refine our offer: they are:

Supporting Education and Learning
Promoting Health and Wellbeing

At the heart of all our work is the underpinning value of **inclusion for all**, regardless of background, circumstance or ability.

Current climate

We continue to witness the rippling effects of the Covid-19 pandemic and this coupled with mounting financial hardships and the rise in the cost of living, we are presented with challenges as well as a greater need for our type of services. We continue to see over subscription for our services and have a back-log of referrals (in our social prescribing project). During this period, we were able to return fully to in person delivery in settings. A combination of grant funding and commissions provided a variety of opportunities for practitioners to deliver in a range of settings – spanning mostly health and education. We have worked hard to advocate for the model of ‘a day a week’ to embed practitioners into the ethos and micro-climate of the settings. This provides a deeper and more holistic, plus a more cost effective model. We continue to work hard to promote this model. During this reporting period we experienced a very unsettling time with the relocation of the Music Education Hub. The foundations that had been developed over more than 10 years became threatened when Cornwall Council made the decision to discontinue its role as host of the Music Hub. This led to a series of events which caused significant unrest within the music education sector in Cornwall. Relationships were risked and the future of the Music Hub was uncertain. Following a period of open tendering, the contract for the Music Hub was passed to As One Perform under a new CiC. The existing Hub Management team were moved across to the new host, helping to maintain some consistency. However, there was an impact on delivery and access to funds to deliver activities for the Hub. We maintain positive relationships with the Hub management team and many other partners in the Hub. We continue to sit on the Strategic Advisory Group as specialists in inclusion and well-being.

Unfortunately, we were faced with having to wind down our Singing for Health groups (which had been delivered online and with some in person/hybrid sessions). This area of work remains a priority for our organisation and we continue to develop our strategic work via the Singing for Health Network (SHN). Activities within the SHN included online networking events to connect practitioners with each other, a pilot online group supervision pilot with a Psychologist and a number of webinars. Membership has been steady and this needs to build in order for the network to be self-sustaining. It has enabled us to develop partnerships on a national and international level and we are working with partners to develop avenues for income generation. This includes working with an academic institution to secure funds for researchers and practitioners to connect and network with each other. In the surge of the creative health/arts and health movement, it has been vital for us to keep close to the pulse and ensure we are abreast of policy and initiatives. This includes connecting with the National Centre for Creative Health and the National Academy for Social Prescribing, among others. We remain flexible and responsive to the emerging context around arts and health, as we see this as an area that we can make a significant contribution to.

As we continue to navigate uncertain times, it is a high priority to continue to build our commissioned services, including training and the Singing for Health Network. We recognise that competition for grant funding is high and therefore we need to continue to diversify our income. This is challenging, with limited capacity within the small team and we are often stretched beyond this capacity, relying on the commitment and goodwill of staff. Our aim is to build the capacity of the Board, looking to recruit new Trustees who can support the team more proactively in the future. We also plan to expand partnerships, locally, regionally and nationally, in order to forge mutually beneficial relationships which could help to maximise resources.

Building our reputation and sharing our learning has been a priority. We are proud to be recipients of the Rocksteady Award for Inclusive and Progressive Music Education and the National Music and Drama Education Awards in February 2023. We launched a podcast series and published a number of case studies and blogs, all of which has raised our profile and driven up the demand for and recognition of our services.

FINANCIAL REVIEW

Music for Good secured a total of £78,436 (2022: £115,267) in the financial year 2022/23. Of this, £11,346 was unrestricted (2022: £18,060) and £67,090 (2022: £97,207) was restricted. Main sources of funding were Youth Music, Cornwall Music Education Hub, The Lottery and contributions from Schools, including AP Academies. There has been a steady flow of income received for Singing for Health provision directly from participants. Despite a down-turn in income overall, we continue to work towards greater diversification of income.

Reserves Policy

The Board of Trustees has worked with the staff team to develop a Business Plan which ultimately is about ensuring the sustainability of the organisation. Part of that process involved looking at the risks the organisation faced. The Board has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be 3 months of the expenditure.

Suggested Reserves	
Staff salaries (3 months)	£3,000
Other overheads (3 months)	£0
Redundancy lay-away	£2,000
Other contingency	£500
Total Suggested Reserves	£5,500

Financial Statement

Company law requires that Senior Management and the Board of Trustees (the Management Committee) prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Music for Good, for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant information of which the charitable company's independent examiner is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the independent examiner is aware of that information.

This report has been prepared in accordance with the Charities SORP 2015 (FRS102); and in accordance with the special provision of the Companies Act 2006 relating to small entities

This report was approved by the Trustees on.....13/12/2023.....

On behalf of the Trustees.....(signatory 1)

(print name)

On behalf of the Trustees.....(signatory 2)

Jo Erwin

(print name)

DocuSigned by:
Jo Erwin

AAB9D03B8AF64A0

**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF MUSIC FOR GOOD**

Charity number 1108212

Company number 5321825

I report to the trustees on my examination of the financial statements of Music for Good (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act;

or

2 the financial statements do not accord with those records;

or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination;

or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed

Date

Koreen James – Fellow of the Association of Accounting Technicians (FMAAT)
Synergy Accounting 6 Deer Park Close Teignmouth Devon TQ14 9HQ

Music For Good**Statement of Financial Activities
for the year ended 31st March 2023**

	Notes	Restricted Funds 2023 £	Unrestricted Funds 2023 £	Total Funds 2023 £	Restricted Funds 2022 £	Unrestricted Funds 2022 £	Total Funds 2022 £
Income							
Income from:							
Interest receivable		-	440	440	-	6	6
Donations and legacies		-	-	-	-	-	-
Charitable activities							
Grants and contracts		67,090	3,341	70,431	97,207	18,054	115,261
Income from activities	10	-	7,565	7,565	-	-	-
Total Income		<u>67,090</u>	<u>11,346</u>	<u>78,436</u>	<u>97,207</u>	<u>18,060</u>	<u>115,267</u>
Expenditure on:							
Charitable activities	9	<u>69,275</u>	<u>17,796</u>	<u>87,071</u>	<u>69,048</u>	<u>185</u>	<u>69,233</u>
Total expenditure		<u>69,275</u>	<u>17,796</u>	<u>87,071</u>	<u>69,048</u>	<u>185</u>	<u>69,233</u>
Net income/(expenditure) for the year		(2,185)	(6,450)	(8,635)	28,159	17,875	46,034
Transfers between Funds		-	-	-	-	-	-
Reconciliation of funds							
Total funds brought forward		<u>52,509</u>	<u>20,408</u>	<u>72,917</u>	<u>24,350</u>	<u>2,533</u>	<u>26,883</u>
Total funds carried forward		<u>50,324</u>	<u>13,958</u>	<u>64,282</u>	<u>52,509</u>	<u>20,408</u>	<u>72,917</u>

Music For Good**Balance sheet as at 31st March 2023**

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	2	-	-
Current assets			
Debtors	4	-	-
Cash at bank and in hand		<u>64,882</u>	<u>73,452</u>
		64,882	73,452
Current liabilities			
Creditors: amounts falling due within 12 months	3	<u>(600)</u>	<u>(535)</u>
Net Current assets		<u>64,282</u>	<u>72,917</u>
Net assets		<u>64,282</u>	<u>72,917</u>
Income funds			
Restricted funds	7	50,324	52,509
Unrestricted funds		13,958	20,408
		<u>-</u>	<u>-</u>
Total funds		<u>64,282</u>	<u>72,917</u>

For the year ended 31st March 2023

The company was entitled to the exemption from audit under section 477[2] of the Companies Act 2006

The members have not requested the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the act with respect to accounting records and for the preparation of the accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small company regime.

These financial statements were approved by the Trustees on.....13/12/2023

On behalf of the Trustees

Name:

Company Registration No. 05321825

MUSIC FOR GOOD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Principal Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year.

1.1 Basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with the charity's Memorandum & Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. The following specific policies are applied to particular categories of income.

MUSIC FOR GOOD

1 Accounting policies (Continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

- I. Income received by way of grants, donations and gifts is included in full in the Statement of Financial Activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.
- II. Donated services and facilities are included at the value to the charity where this can be quantified.
- III. The value of services provided by volunteers has not been included in these accounts.
- IV. Investment income is included when receivable.
- V. Income from charitable trading activity is accounted for when earned.
- VI. Income from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

1.5 Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered

- I. Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.
- II. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- III. All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

1.6 Fixed assets

Tangible fixed assets are written off over the expected useful life of the asset, at 25% per annum on the straight line basis for all items costing over £500.

Music For Good**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023****2 Tangible Fixed Assets**

	Musical Instruments £	Fittings & Equipment £	Total £
Cost			
balance brought forward	26,394	14,926	41,320
additions in the year	-	-	-
	<u>26,394</u>	<u>14,926</u>	<u>41,320</u>
Depreciation			
balance brought forward	26,394	14,926	41,320
charge for the year	-	-	-
	<u>26,394</u>	<u>14,926</u>	<u>41,320</u>
Net book value at 31st March 2023	<u>-</u>	<u>-</u>	<u>-</u>
Net book value at 31st March 2022	<u>-</u>	<u>-</u>	<u>-</u>

3 Creditors

	2023 £	2022 £
Amounts falling due within one year:		
Sundry creditors	600	535
	<u>600</u>	<u>535</u>

4 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
sundry debtors	-	-

5 Capital commitments and contingent liabilities

There are none this year

6 Employees

	2023	2022
Number of employees		
Calculated on the average monthly head count basis	1	1
No employee received emoluments of more than £60,000.		
	£	£
Salaries and wages	15,843	12,171
Pension	1,330	2,026
Social security costs	-	752
	<u>17,173</u>	<u>14,949</u>

Key management personnel

The total employee benefits of key management personnel were £17,173 (2022 £14,949)

Music For Good**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023****7 Movement in funds**

	Balance at 1.4.2022 £	Income £	Expenditure £	Transfers £	Balance at 31.3. 2023 £
Restricted funds					
Hub	3,631	9,390	13,021	-	-
Hub Fund A Match	-	-	-	-	-
Youth Music	25,415	39,980	25,075	-	40,320
CCF	5,019	10,000	5,016	1	10,004
Schools	5,110	7,720	12,830	-	-
Singing 4 Health	1,710	-	1,710	-	-
Reaching Communities					
Singing For Health	11,624	-	11,624	-	-
	<u>52,509</u>	<u>67,090</u>	<u>69,276</u>	<u>1</u>	<u>50,324</u>
Unrestricted funds					
General funds	<u>20,408</u>	<u>11,346</u>	<u>17,796</u>	<u>-</u>	<u>13,958</u>
	<u>20,408</u>	<u>11,346</u>	<u>17,796</u>	<u>-</u>	<u>13,958</u>

7 Movement in funds - prior year

	Balance at 1.4.2021 £	Income £	Expenditure £	Transfers £	Balance at 31.3. 2022 £
Restricted funds					
Hub	845	11,184	8,398	-	3,631
Hub Fund A Match	-	2,000	2,000	-	-
Youth Music	95	49,975	24,655	-	25,415
CCF	-	8,051	3,032	-	5,019
Schools	332	12,305	7,527	-	5,110
Singing 4 Health	-	2,340	630	-	1,710
Reaching Communities					
Singing For Health	23,078	11,352	22,806	-	11,624
	<u>24,350</u>	<u>97,207</u>	<u>69,048</u>	<u>-</u>	<u>52,509</u>
Unrestricted funds					
General funds	<u>2,533</u>	<u>18,060</u>	<u>185</u>	<u>-</u>	<u>20,408</u>
	<u>2,533</u>	<u>18,060</u>	<u>185</u>	<u>-</u>	<u>20,408</u>

8 Trustees

	£	£
Trustees remuneration and expenses	<u>-</u>	<u>-</u>

The trustees received no remunerations and were not involved in any related party transaction.

Music For Good**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023****9 Expenditure**

	Charitable activities £	Total 2022 £
Premises		
Rent and rates	4,739	3,739
Insurance	334	-
Post, photocopier and stationery	1,463	2,624
Telephone	63	65
Repairs and maintenance	-	-
Total premises	6,599	6,427
Wages	17,173	14,949
Independent examiners' fees	600	535
Depreciation	-	-
Training	750	85
Advertising and recruitment	1,354	585
Bank charges	72	96
Trustees expenses	-	-
IT and computer	101	350
Miscellaneous	-	-
Workshops and music leaders fees	35,196	44,275
Other project costs	-	-
Legal professional and consultancy	23,565	440
Non capitalised equipment	-	-
Travel and staff expenses	1,661	1,490
Research and development	-	-
Subscriptions	-	-
	87,071	69,233

10 Analysis of net assets between funds

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	-	-	-
Current assets	14,558	-	50,324	64,882
Current liabilities	(600)	-	-	(600)
Net assets as at 31st March 2023	13,958	-	50,324	64,282

Music For Good**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023****11 Analysis of prior year funds****Statement of Financial Activities for the year ended 31st March 2022**

	Notes	Restricted Funds 2022 £	Unrestricted Funds 2022 £	Total Funds 2022 £	Restricted Funds 2021 £	Unrestricted Funds 2021 £	Total Funds 2021 £
Income							
Income from:							
Interest receivable		-	6	6	-	8	8
Donations and legacies		-	-	-	-	-	-
Charitable activities							
Grants and contracts		97,207	18,054	115,261	53,724	14,298	68,022
Income from activities		-	-	-	-	-	-
Total Income		<u>97,207</u>	<u>18,060</u>	<u>115,267</u>	<u>53,724</u>	<u>14,306</u>	<u>68,030</u>
Expenditure on:							
Charitable activities		<u>69,048</u>	<u>185</u>	<u>69,233</u>	<u>55,197</u>	<u>10,760</u>	<u>65,957</u>
Total expenditure		<u>69,048</u>	<u>185</u>	<u>69,233</u>	<u>55,197</u>	<u>10,760</u>	<u>65,957</u>
Net income/(expenditure) for the year		28,159	17,875	46,034	(1,473)	3,546	2,073
Transfers between Funds		-	-	-	-	-	-
Reconciliation of funds							
Total funds brought forward		<u>24,350</u>	<u>2,533</u>	<u>26,883</u>	<u>25,823</u>	<u>(1,013)</u>	<u>24,810</u>
Total funds carried forward		<u>52,509</u>	<u>20,408</u>	<u>72,917</u>	<u>24,350</u>	<u>2,533</u>	<u>26,883</u>

**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF MUSIC FOR GOOD**

Charity number 1108212

Company number 5321825

I report to the trustees on my examination of the financial statements of Music for Good (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act;

or

2 the financial statements do not accord with those records;

or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination;

or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed



Date 19th December 2023

Koreen James – Fellow of the Association of Accounting Technicians (FMAAT)
Synergy Accounting 6 Deer Park Close Teignmouth Devon TQ14 9HQ

Music For Good

England & Wales - Charity number 1108212

Accounts

MUSIC FOR GOOD AGM

17TH JANUARY 2023 6:00 to 7:30pm

Minutes

Chair Trevor Smith

- Welcome and introductions

The AGM was attended by Claire Beckett, Trevor Smith, Jo Erwin, Margaret Barlow and Emily Foulkes The meeting was conducted over zoom

- Apologies

Nigel Walker

- Minutes from previous AGM

Agreed as an accurate account of the event.

- Accounts and financial review

The Board had reviewed the accounts in advance of the meeting. The accounts were signed and Trevor will submit the accounts on behalf of the charity, ensuring all obligations are fulfilled.

Music for Good secured a total of £115,267 (2021: £68,022) in the financial year 2021/22. Of this, £18,060 was unrestricted (2021: £14,306) and £97,207 [2021:£53,724] was restricted. Main sources of funding were Youth Music, Cornwall Music Education Hub, The Lottery and contributions from Schools, including AP Academies. Small pots of funding have been received for Singing for Health provision directly from participants. Cash flow continues to improve despite the challenges. Our income has risen more significantly in this year, given the increase in funds for our Singing for Health programme and increase in income from schools.

- Strategic and delivery update from staff and partners

Emily gave an update on the progress of the programme of delivery, paying attention to the financial year 2021-2022.

The impact of Covid-19 has continued to have rippling effects in our work during this period. Either through challenges with returning to face-to-face provision or in the significant increase in demand for resources (our Social Prescribing project is over subscribed). However, as we moved out of lockdown, we have been able to build up work back in settings, but often

these environments continue to be fraught with mounting challenges and pressures.

We were largely able to implement a new Youth Music funded programme, with only a few instances when settings were affected by Covid. We saw the start of regular delivery in a range of settings, including a GP surgery, offering

one to one sessions with children and young people referred via Social Prescribing. This innovative programme was resource heavy to set up but once underway captured the interest of healthcare professionals in the setting and attracted more referrals than we were able to accommodate.

Other settings benefiting from a practitioner for a day a week are a Special School, an APA academy (PRU) and an adolescent residential mental health unit. Building on previous work, this model aims to embed a practitioner in a more meaningful way into a setting.

Much of our Singing for Health work, with vulnerable adults remained online with some hybrid sessions offered. It became apparent that accessing sessions online from home had its benefits and participants were happy to continue with this.

The need for people to connect, face to face or online, was felt acutely, as we moved towards recovery from a traumatic period. The Singing for Health Network steadily grew during the year as more members were recruited and we created a menu of CPD and networking offerings to support the sector.

As the Arts and Health agenda is growing and gaining momentum fast, we placed ourselves at the forefront of the Singing for Health movement, to meet needs and fill gaps. In order to fulfil the Youth Music funded activities we were able to expand our team and recruited a freelance part time project manager and evaluator to lead on the programme. This additional capacity is expected to bear fruition

as we move into the next financial year. The role also encompasses fundraising, so this will help to support the Director and the Board with a more active fundraising strategy.

Other delivery has included commissioned work from Cornwall Music Education Hub. This includes continued work in APA settings, one to one Music Mentoring with vulnerable children and young people and other one off inclusion projects. During this period, Cornwall Council retracted its position as host for the Cornwall Music Education Hub and there was a very challenging time when music education was at risk of becoming fractured in Cornwall. We worked closely with a number of Hub partners to build a suitable plan for the future of the Music Education Hub in Cornwall and expect to hear the outcome in April.

Our work continues to gain momentum outside of our primary area of Cornwall as we gain recognition for our expertise in trauma-informed practice. This is particularly pertinent given the mental health challenges being felt as a result of Covid. Our Director is being commissioned to deliver training to organisations, institutions and individuals in the UK and beyond. Some of this activity is in partnership with Sing Up and the Sing Up Foundation (national bodies) who acknowledge and value our expertise in mental health and trauma. Our charity remit enables us to look beyond

Cornwall and this is something that we would like to continue to cultivate in the future. Despite the continuation of challenging times, partly due to the impacts of covid-19, we have made significant strides towards our goals and aspirations.

The most significant achievement is a large increase in unrestricted funds during this period, through our commissioned services and the launch of the singing for health network along with training. We are firmly established as Music for Good, and feel proud of our brand and achievements, given the often turbulent terrain. We look to the future with hope and ambition as we set our sights not only on what can be achieved in Cornwall but also looking beyond, sharing practice and seeking new opportunities.

- Nominations/retiring officers and members

No changes to the members of the Board, however, it was discussed that it may be opportune to recruit new trustees in order to bring more experience and diversity. Particularly in relation to Social Media and Digital skills

- Dates

Next Board meeting 3rd week of March 2023, day to be confirmed to be held on zoom.

- AOB
 - A Trustee pack is to be produced by Claire, outlining the role of a Trustee and including the range of skill sets that we are looking for. To be circulated to all Trustees for input
 - MFG are being represented by Emily and others at a conference on Occupational Therapy, where Emily will be presenting.
 - Also MFG are finalists for an award in Inclusive Music practice. An event held in London, which includes an expo and workshops at which we will be participants. It will be covered in the national press and be a good opportunity for MFG press coverage.
 - A number of funding applications are under way, including; Youth Music (May deadline), Levelling up Fund (April deadline), Arts Council (rolling programme), details of which will be discussed at the next Board meeting.
- Close of AGM



Music for Good

Report to the Trustees for the year ended 31st March 2022

The Trustees, who are also directors of the charity for the purposes of the Companies Act, submit their annual report and the independently examined financial statements for the year ended 31st March 2022.

The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

Reference & Administrative Information

Charity name: Music for Good

Charity number: 1108212

Company registration number: 5321825

Registered office: Krowji, West Park, Redruth TR15 3AJ

Board of Trustees: Trevor Smith - Chair
Nigel Walker
Josephine Erwin
Claire Beckett
Margaret Barlow

Senior management team: Emily Foulkes Director

Independent Examiner: Dick Maule FCA
The Cross House
South Woodchester
GL5 5EL

)

Bankers:

CAF Bank
25 Kings Hill Avenue
Kings Hill
West Malling Kent ME19 4JQ

Our Aims and Objectives

Music for Good is a charitable company limited by guarantee and was set up in 2001, incorporated in 2004. It is governed by a memorandum and articles of association.

The objects of the Company are for the benefit of people residing in Cornwall and other areas (the "area of benefit"), with an emphasis on those suffering social and/or economic exclusion, to advance education and appreciation of music by:

- (a) The provision of music making opportunities;
- (b) The provision of training, support and guidance to music practitioners;
- (c) The provision of advocacy and capacity building activities and services designed to promote, improve and develop the whole music sector in the area of benefit.

Ensuring our work delivers our Aims

Music for Good reviews its aims, objectives and activity throughout the year to ensure that our activities are developed in accordance with our stated charitable purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims & objectives and in planning our future activities.

Safeguarding

- Music for Good has a Safeguarding Policy and Procedures in place
- A Safeguarding Committee
- A Designated Professional
- All freelance Music Practitioners have DBS clearance that is valid within 3 years
- All freelance Music Practitioners delivering activity have attended Promoting and Safeguarding the Welfare of Children and Young People Tier 2 and some have completed Diplomas in Trauma and Mental Health Informed Practice.

We have in place quality assurance systems that include



- Ensuring that all practitioners have current DBS certificates and Public Liability Insurance
- Regular reporting procedures that provide quantitative and qualitative data
- Quality Assurance process including peer to peer and manager observation as well as clinical supervision
- Partnership Agreements with partners
- Regular one to one meetings with staff and self-employed Music Practitioners
- Monitoring visits and steering group meetings with partners
- End of Project reports and meeting
- Feedback from participants to track their journeys and achievements
- Quarterly meetings with Trustees

This provides Music for Good with key information about:

- who is benefiting from the services we provide
- the impact of our work
- the experiences of our partners
- other provision in the localities we are working in

The focus of our work

Our main purpose continues to be delivering and facilitating high quality inclusive music making opportunities which support education and learning and promote health and well-being. The strategies we use to meet these objectives include:

- Aligning our provision with local, regional and national priorities and policies
- Building partnerships with education and health settings and professionals to ensure we provide services which are complementary and needs led
- Maintain up to date knowledge and understanding about the education and health sectors

Vision

Following some organisational development we reviewed and refreshed our vision, mission and guiding values.

Our vision is to create a world where we understand and value each other with a landscape of learning that is person centred.



We aim to develop the sector promoting inclusion and social cohesion as we go and work to break down the barriers of exclusion, poor health and lack of opportunity that prevent people from accessing the transformative world of music making.

Mission

To build inclusive, sustainable, high quality music making provision led by skilled and supported practitioners that work in collaboration with communities, partners and music practitioners.

To increase the musical, personal and social outcomes for individuals and communities experiencing barriers.

Values

- **Education** – quality provision and a desire for excellence by being a learning organisation informed by research and evidence
- **Collaboration** – effective strategic partnerships where we share experience and knowledge
- **Wellbeing** – needs-led provision and sustainable ways of working together holistically

Music for Good Guiding Principles:

- Quality and Excellence
- Effective Partnerships
- Sustainability and Legacy
- Needs led and Strategic

How our activities deliver public benefit

Our charitable activities focus on providing people with access to engage in high quality musical activities which aim to promote education and learning and support health and well-being. We do this through targeting work in identified areas and with identified participants.

Since its inception, Music for Good has worked in partnership with agencies and organisations. Many agencies including the Cornwall Music Education Hub, the NHS and the Local Authority recognise and value the benefits our services provide, across the age ranges.

Our work is recognised as having far reaching benefits beyond increasing music making skills. Participants experience increased confidence, greater abilities to work with others, improved focus and concentration and readiness



to learn. Others report improvements in feelings of well-being and tangible health benefits, reducing reliance on medications.

Priority Areas

Music for Good has identified the following priority areas in its Business Plan to focus and refine our offer; they are:

Supporting Education and Learning Promoting Health and Wellbeing

At the heart of all our work is the underpinning value of **inclusion for all**, regardless of background, circumstance or ability.

Current climate

The impact of Covid-19 has continued to have rippling effects in our work during this period. Either through challenges with returning to face-to-face provision or in the significant increase in demand for resources (our Social Prescribing project is over subscribed). However, as we moved out of lock-down, we have been able to build up work back in settings, but often these environments continue to be fraught with mounting challenges and pressures.

We were largely able to implement a new Youth Music funded programme, with only a few instances when settings were affected by Covid. We saw the start of regular delivery in a range of settings, including a GP surgery, offering one to one sessions with children and young people referred via Social Prescribing. This innovative programme was resource heavy to set up but once underway captured the interest of healthcare professionals in the setting and attracted more referrals than we were able to accommodate. Other settings benefiting from a practitioner for a day a week are a Special School, an APA academy (PRU) and an adolescent residential mental health unit. Building on previous work, this model aims to embed a practitioner in a more meaningful way into a setting.

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Despite the continuation of challenging times, partly due to the impacts of covid-19, we have made significant strides towards our goals and aspirations. The most significant achievement is a large increase in unrestricted funds during this period, through our commissioned services and the launch of the singing for health network along with training.

We are firmly established as Music for Good, and feel proud of our brand and achievements, given the often turbulent terrain. We look to the future with hope and ambition as we set our sights not only on what can be achieved in Cornwall but also looking beyond, sharing practice and seeking new opportunities.



Financial Review

Music for Good secured a total of £115,267 (2021: £68,022) in the financial year 2021/22. Of this, £18,060 was unrestricted (2021: £14,306) and £97,207 [2021:£53,724] was restricted. Main sources of funding were Youth Music, Cornwall Music Education Hub, The Lottery and contributions from Schools, including AP Academies. Small pots of funding have been received for Singing for Health provision directly from participants. Cash flow continues to improve despite the challenges. Our income has risen more significantly in this year, given the increase in funds for our Singing for Health programme and increase in income from schools.

Reserves Policy

The Board of Trustees has worked with the staff team to develop a Business Plan which ultimately is about ensuring the sustainability of the organisation. Part of that process involved looking at the risks the organisation faced. The Board has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be 3 months of the expenditure.

Suggested Reserves

Staff salaries (3 months)	£ 2,000
Other overheads (3 months)	£ 0
Redundancy lay-away	£ 2,000
Other contingency	£ 500
Total Suggested Reserves	£4,500

Financial Statement

Company law requires that Senior Management and the Board of Trustees (the Management Committee) prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.



Trustees' Responsibilities Statement - Charitable Company

The trustees (who are also directors of Music for Good for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant information of which the charitable company's independent examiner is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the independent examiner is aware of that information.



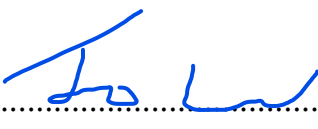
By Order of the Trustees

This report has been prepared in accordance with the Charities SORP 2015 (FRS 102); and in accordance with the special provision of the Companies Act 2006 relating to small entities.

This report was approved by the Trustees on 17/01/2023.....

On behalf of the Trustees

.......... (signatory 1)
Trevor Smith Chair (print name)

.......... (signatory 2)
Jo IRWIN (print name)

Independent Examiner's Report to the Trustees of Music For Good [formerly known as CYMAZ]

I report on the accounts of the company for the year ended 31st March 2022 which are set out on pages 11 to 18

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Dick Maule FCA The Cross House, South Woodchester GL5 5EL

Date



Music For Good [formerly known as CYMAZ]

Statement of Financial Activities [including Income and Expenditure Account] for the year ended 31st. March 2022

	Notes	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	2021 £
Income from					
Interest receivable		6	-	6	8
Donations		-		-	-
Charitable activities					
Grants and contracts		18,054	97,207	115,261	68,022
Income from activities	10	-	-	-	-
Total income		<u>18,060</u>	<u>97,207</u>	<u>115,267</u>	<u>68,030</u>
Expenditure on:					
Charitable activities	9	<u>185</u>	<u>69,048</u>	<u>69,233</u>	<u>65,957</u>
Total		<u>185</u>	<u>69,048</u>	<u>69,233</u>	<u>65,957</u>
Net income / [expenditure] before transfers		17,875	28,159	46,034	2,073
Total funds at 1st. April 2021		2,533	24,350	26,883	24,810
Tranfers between funds		-	-	-	-
Total funds at 31st. March 2022		<u>20,408</u>	<u>52,509</u>	<u>72,917</u>	<u>26,883</u>

Music For Good [formerly known as CYMAZ]

Balance sheet as at 31st. March 2022

	Notes	2022 £	2021 £
Fixed assets			
Tangible assets	2	-	-
Current assets			
Debtors and prepayments	4		
Cash at bank and on hand		<u>73,452</u>	<u>27,382</u>
		73,452	27,382
Current liabilities			
Creditors: amounts falling due within 12 months	3	<u>(535)</u>	<u>(500)</u>
Net Current assets		<u>72,917</u>	<u>26,883</u>
Net assets		<u>72,917</u>	<u>26,883</u>
Unrestricted funds			
General funds		20,408	2,533
Restricted funds	7	<u>52,509</u>	<u>24,350</u>
Total funds		<u>72,917</u>	<u>26,883</u>

For the year ended 31st March 2022:

The company was entitled to the exemption from audit under section 477[2] of the Companies Act 2006

The members have not requested the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the act with respect to accounting records and for the preparation of the accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small company regime.

On behalf of the Trustees 

dated: 17/01/2023

Music For Good [formerly known as CYMAZ]

Notes to the accounts for the year ended 31st. March 2022

(1) Principal Accounting Policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year.

(a) Basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102 as updated by Update Bulletin 2 the Charities Act 2011 and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention.

(b) Fund accounting

- [i] Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- [ii] Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.
- [iii] Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

(c) Income

Income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

- [i] Income received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- [ii] Donated services and facilities are included at the value to the charity where this can be quantified.
- [iii] The value of services provided by volunteers has not been included in these accounts.
- [iv] Investment income is included when receivable.
- [v] Income from charitable trading activity are accounted for when earned.
- [vi] Income from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

(d) Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered

- [i] Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.
- [ii] Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them

Music For Good [formerly known as CYMAZ]

Notes to the accounts for the year ended 31st. March 2022

(1) Principal Accounting Policies

[iii] All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

(e) Fixed assets

Tangible fixed assets are written off over the expected useful life of the asset, at 25% per annum on the straight line basis for all items costing over £500.

(2) Tangible Fixed Assets

	Musical Instruments £	Fittings & equipment £	Total £
Cost			
balance brought forward	26,394	14,926	41,320
additions in the year	-	-	-
	<u>26,394</u>	<u>14,926</u>	<u>41,320</u>
Depreciation			
balance brought forward	26,394	14,926	41,320
charge for the year	-	-	-
	<u>26,394</u>	<u>14,926</u>	<u>41,320</u>
Net book value at 31st. March 2022	<u>-</u>	<u>-</u>	<u>-</u>
Net book value at 31st. March 2021	<u>-</u>	<u>-</u>	<u>-</u>

(3) Creditors

	2022 £	2021 £
Falling due within 12 months		
Sundry creditors	<u>535</u>	<u>500</u>

(4) Debtors and prepayments

Sundry debtors and prepayments	<u>-</u>	<u>-</u>
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(5) Capital commitments and contingent liabilities

There are none this year.

Music For Good [formerly known as CYMAZ]

Notes to the accounts for the year ended 31st. March 2022

(6) Employee information

	2022	2021
Number of employees	1	1
Calculated on the average monthly head count basis.		
No employee received emoluments of more than £60,000.		
	£	£
Salaries and wages	12,171	17,257
Pension	2,026	1,454
Social security costs	752	237
	<u>14,949</u>	<u>18,948</u>

Key management personnel

The total employee benefits of key management personnel were £14,949 [2021:£18,948].

(7) Movements in funds

	brought forward £	received in year £	utilised in year £	transfers £	carried forward £
Restricted funds					
Hub	845	11,184	(8,398)	-	3,631
Hub Fund A Match	-	2,000	(2,000)	-	-
Youth Music	95	49,975	(24,655)	-	25,415
CCF	-	8,051	(3,032)	-	5,019
Schools	332	12,305	(7,527)	-	5,110
Singing 4 Health	-	2,340	(630)	-	1,710
Reaching Communities					
Singing For Health	<u>23,078</u>	<u>11,352</u>	<u>(22,806)</u>	<u>-</u>	<u>11,624</u>
	<u>24,350</u>	<u>97,207</u>	<u>(69,048)</u>	<u>-</u>	<u>52,509</u>
Unrestricted funds					
General funds	<u>2,533</u>	<u>18,060</u>	<u>(185)</u>	<u>-</u>	<u>20,408</u>

Music For Good [formerly known as CYMAZ]

Notes to the accounts for the year ended 31st. March 2022

(7) Movements in funds - prior year

	brought forward £	received in year £	utilised in year £	transfers £	carried forward £
Restricted funds					
Hub	-	9,872	(9,028)	-	845
Youth Music	11,592	2,915	(14,413)	-	95
Postcode Lottery	4,431	-	(4,431)	-	-
Schools	-	15,710	(15,378)	-	332
Singing 4 Health Covid	-	2,523	(2,523)	-	-
Singing For Health	<u>9,800</u>	<u>22,704</u>	<u>(9,425)</u>	<u>-</u>	<u>23,078</u>
	<u>25,823</u>	<u>53,724</u>	<u>(55,197)</u>	<u>-</u>	<u>24,350</u>
Unrestricted funds					
General funds	<u>(1,013)</u>	<u>14,306</u>	<u>(10,760)</u>	<u>-</u>	<u>2,533</u>

(8) Trustees information

Trustees remuneration and expenses	<u>-</u>	<u>103</u>
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The trustees received no remuneration in the year. £103 was paid in expenses in 2021.

Music For Good [formerly known as CYMAZ]

Notes to the accounts for the year ended 31st. March 2022

[9] Expenditure

	Charitable activities £	Total 2021 £
Premises		
Rent and rates	3,739	3,339
Insurance	-	319
Post, photocopier and stationery	2,624	3,587
Telephone	65	65
Repairs and maintenance	-	-
Total premises	<u>6,427</u>	<u>7,310</u>
Wages	14,949	18,948
Independent examiner's fees	535	500
Depreciation	-	-
Training	85	1,898
Advertising and recruitment	585	392
Bank charges	96	69
Trustees expenses	-	-
IT and computer	350	640
Miscellaneous	-	-
Workshops and music leader fees	44,275	32,288
Other project costs	-	2,748
Legal, professional and consultancy	440	303
Non capitalised equipment	-	-
Travel and staff expenses	1,490	-
Research and development	-	863
Subscriptions and affiliations	-	-
	<u><u>69,233</u></u>	<u><u>65,957</u></u>

[10] Analysis of net assets between funds

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	-	-	-
Current assets	20,943	-	52,509	73,452
Current liabilities	<u>(535)</u>	<u>-</u>	<u>-</u>	<u>(535)</u>
Net assets at 31st March 2022	<u><u>20,408</u></u>	<u><u>-</u></u>	<u><u>52,509</u></u>	<u><u>72,917</u></u>

Music For Good [formerly known as CYMAZ]**Notes to the accounts for the year ended 31st. March 2022****(11) Analysis of prior year funds****Statement of Financial Activities [including Income and Expenditure Account]
for the year ended 31st. March 2021**

	Unrestricted Funds	Restricted Funds	Total Funds	
	2021	2021	2021	2020
	£	£	£	£
Income from				
Interest receivable	8	-	8	20
Donations	-	-	-	-
Charitable activities				
Grants and contracts	14,298	53,724	68,022	85,846
Income from activities	-	-	-	3,266
	<u>14,306</u>	<u>53,724</u>	<u>68,030</u>	<u>89,132</u>
Total income				
	<u>14,306</u>	<u>53,724</u>	<u>68,030</u>	<u>89,132</u>
Expenditure on:				
Charitable activities	<u>10,760</u>	<u>55,197</u>	<u>65,957</u>	<u>73,799</u>
	<u>7,900</u>	<u>65,899</u>	<u>73,799</u>	<u>73,799</u>
Total				
	<u>7,900</u>	<u>65,899</u>	<u>73,799</u>	<u>73,799</u>
Net income / [expenditure] before transfers	3,546	(1,473)	2,073	15,333
Total funds at 1st. April 2020	(1,013)	25,823	24,810	9,477
Tranfers between funds	-	-	-	-
Total funds at 31st. March 2021	<u>2,533</u>	<u>24,350</u>	<u>26,883</u>	<u>24,810</u>





Music for Good

Report to the Trustees for the year ended 31st March 2022

The Trustees, who are also directors of the charity for the purposes of the Companies Act, submit their annual report and the independently examined financial statements for the year ended 31st March 2022.

The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

Reference & Administrative Information

Charity name: Music for Good

Charity number: 1108212

Company registration number: 5321825

Registered office: Krowji, West Park, Redruth TR15 3AJ

Board of Trustees: Trevor Smith - Chair
Nigel Walker
Josephine Erwin
Claire Beckett
Margaret Barlow

Senior management team: Emily Foulkes Director

Independent Examiner: Dick Maule FCA
The Cross House
South Woodchester
GL5 5EL

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Bankers:

CAF Bank
25 Kings Hill Avenue
Kings Hill
West Malling Kent ME19 4JQ

Our Aims and Objectives

Music for Good is a charitable company limited by guarantee and was set up in 2001, incorporated in 2004. It is governed by a memorandum and articles of association.

The objects of the Company are for the benefit of people residing in Cornwall and other areas (the "area of benefit"), with an emphasis on those suffering social and/or economic exclusion, to advance education and appreciation of music by:

- (a) The provision of music making opportunities;
- (b) The provision of training, support and guidance to music practitioners;
- (c) The provision of advocacy and capacity building activities and services designed to promote, improve and develop the whole music sector in the area of benefit.

Ensuring our work delivers our Aims

Music for Good reviews its aims, objectives and activity throughout the year to ensure that our activities are developed in accordance with our stated charitable purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims & objectives and in planning our future activities.

Safeguarding

- Music for Good has a Safeguarding Policy and Procedures in place
- A Safeguarding Committee
- A Designated Professional
- All freelance Music Practitioners have DBS clearance that is valid within 3 years
- All freelance Music Practitioners delivering activity have attended Promoting and Safeguarding the Welfare of Children and Young People Tier 2 and some have completed Diplomas in Trauma and Mental Health Informed Practice.

We have in place quality assurance systems that include



- Ensuring that all practitioners have current DBS certificates and Public Liability Insurance
- Regular reporting procedures that provide quantitative and qualitative data
- Quality Assurance process including peer to peer and manager observation as well as clinical supervision
- Partnership Agreements with partners
- Regular one to one meetings with staff and self-employed Music Practitioners
- Monitoring visits and steering group meetings with partners
- End of Project reports and meeting
- Feedback from participants to track their journeys and achievements
- Quarterly meetings with Trustees

This provides Music for Good with key information about:

- who is benefiting from the services we provide
- the impact of our work
- the experiences of our partners
- other provision in the localities we are working in

The focus of our work

Our main purpose continues to be delivering and facilitating high quality inclusive music making opportunities which support education and learning and promote health and well-being. The strategies we use to meet these objectives include:

- Aligning our provision with local, regional and national priorities and policies
- Building partnerships with education and health settings and professionals to ensure we provide services which are complementary and needs led
- Maintain up to date knowledge and understanding about the education and health sectors

Vision

Following some organisational development we reviewed and refreshed our vision, mission and guiding values.

Our vision is to create a world where we understand and value each other with a landscape of learning that is person centred.



We aim to develop the sector promoting inclusion and social cohesion as we go and work to break down the barriers of exclusion, poor health and lack of opportunity that prevent people from accessing the transformative world of music making.

Mission

To build inclusive, sustainable, high quality music making provision led by skilled and supported practitioners that work in collaboration with communities, partners and music practitioners.

To increase the musical, personal and social outcomes for individuals and communities experiencing barriers.

Values

- **Education** – quality provision and a desire for excellence by being a learning organisation informed by research and evidence
- **Collaboration** – effective strategic partnerships where we share experience and knowledge
- **Wellbeing** – needs-led provision and sustainable ways of working together holistically

Music for Good Guiding Principles:

- Quality and Excellence
- Effective Partnerships
- Sustainability and Legacy
- Needs led and Strategic

How our activities deliver public benefit

Our charitable activities focus on providing people with access to engage in high quality musical activities which aim to promote education and learning and support health and well-being. We do this through targeting work in identified areas and with identified participants.

Since its inception, Music for Good has worked in partnership with agencies and organisations. Many agencies including the Cornwall Music Education Hub, the NHS and the Local Authority recognise and value the benefits our services provide, across the age ranges.

Our work is recognised as having far reaching benefits beyond increasing music making skills. Participants experience increased confidence, greater abilities to work with others, improved focus and concentration and readiness



to learn. Others report improvements in feelings of well-being and tangible health benefits, reducing reliance on medications.

Priority Areas

Music for Good has identified the following priority areas in its Business Plan to focus and refine our offer; they are:

Supporting Education and Learning Promoting Health and Wellbeing

At the heart of all our work is the underpinning value of **inclusion for all**, regardless of background, circumstance or ability.

Current climate

The impact of Covid-19 has continued to have rippling effects in our work during this period. Either through challenges with returning to face-to-face provision or in the significant increase in demand for resources (our Social Prescribing project is over subscribed). However, as we moved out of lock-down, we have been able to build up work back in settings, but often these environments continue to be fraught with mounting challenges and pressures.

We were largely able to implement a new Youth Music funded programme, with only a few instances when settings were affected by Covid. We saw the start of regular delivery in a range of settings, including a GP surgery, offering one to one sessions with children and young people referred via Social Prescribing. This innovative programme was resource heavy to set up but once underway captured the interest of healthcare professionals in the setting and attracted more referrals than we were able to accommodate. Other settings benefiting from a practitioner for a day a week are a Special School, an APA academy (PRU) and an adolescent residential mental health unit. Building on previous work, this model aims to embed a practitioner in a more meaningful way into a setting.

Much of our Singing for Health work, with vulnerable adults remained online with some hybrid sessions offered. It became apparent that accessing sessions online from home had its benefits and participants were happy to continue with this.

The need for people to connect, face to face or online, was felt acutely, as we moved towards recovery from a traumatic period. The Singing for Health Network steadily grew during the year as more members were recruited and we created a menu of CPD and networking offerings to support the sector. As the Arts and Health agenda is growing and gaining momentum fast, we



placed ourselves at the forefront of the Singing for Health movement, to meet needs and fill gaps.

In order to fulfil the Youth Music funded activities we were able to expand our team and recruited a freelance part time project manager and evaluator to lead on the programme. This additional capacity is expected to bear fruition as we move into the next financial year. The role also encompasses fundraising, so this will help to support the Director and the Board with a more active fundraising strategy.

Other delivery has included commissioned work from Cornwall Music Education Hub. This includes continued work in APA settings, one to one Music Mentoring with vulnerable children and young people and other one off inclusion projects. During this period, Cornwall Council retracted its position as host for the Cornwall Music Education Hub and there was a very challenging time when music education was at risk of becoming fractured in Cornwall. We worked closely with a number of Hub partners to build a suitable plan for the future of the Music Education Hub in Cornwall and expect to hear the outcome in April.

Our work continues to gain momentum outside of our primary area of Cornwall as we gain recognition for our expertise in trauma-informed practice. This is particularly pertinent given the mental health challenges being felt as a result of Covid. Our Director is being commissioned to deliver training to organisations, institutions and individuals in the UK and beyond. Some of this activity is in partnership with Sing Up and the Sing Up Foundation (national bodies) who acknowledge and value our expertise in mental health and trauma. Our charity remit enables us to look beyond Cornwall and this is something that we would like to continue to cultivate in the future.

Despite the continuation of challenging times, partly due to the impacts of covid-19, we have made significant strides towards our goals and aspirations. The most significant achievement is a large increase in unrestricted funds during this period, through our commissioned services and the launch of the singing for health network along with training.

We are firmly established as Music for Good, and feel proud of our brand and achievements, given the often turbulent terrain. We look to the future with hope and ambition as we set our sights not only on what can be achieved in Cornwall but also looking beyond, sharing practice and seeking new opportunities.



Financial Review

Music for Good secured a total of £115,267 (2021: £68,022) in the financial year 2021/22. Of this, £18,060 was unrestricted (2021: £14,306) and £97,207 [2021:£53,724] was restricted. Main sources of funding were Youth Music, Cornwall Music Education Hub, The Lottery and contributions from Schools, including AP Academies. Small pots of funding have been received for Singing for Health provision directly from participants. Cash flow continues to improve despite the challenges. Our income has risen more significantly in this year, given the increase in funds for our Singing for Health programme and increase in income from schools.

Reserves Policy

The Board of Trustees has worked with the staff team to develop a Business Plan which ultimately is about ensuring the sustainability of the organisation. Part of that process involved looking at the risks the organisation faced. The Board has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be 3 months of the expenditure.

Suggested Reserves

Staff salaries (3 months)	£ 2,000
Other overheads (3 months)	£ 0
Redundancy lay-away	£ 2,000
Other contingency	£ 500
Total Suggested Reserves	£4,500

Financial Statement

Company law requires that Senior Management and the Board of Trustees (the Management Committee) prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.



Trustees' Responsibilities Statement - Charitable Company

The trustees (who are also directors of Music for Good for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant information of which the charitable company's independent examiner is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the independent examiner is aware of that information.



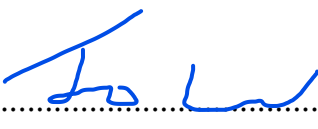
By Order of the Trustees

This report has been prepared in accordance with the Charities SORP 2015 (FRS 102); and in accordance with the special provision of the Companies Act 2006 relating to small entities.

This report was approved by the Trustees on 17/01/2023.....

On behalf of the Trustees

.......... (signatory 1)
Trevor Smith Chair (print name)

.......... (signatory 2)
Jo IRWIN (print name)

Independent Examiner's Report to the Trustees of Music For Good [formerly known as CYMAZ]

I report on the accounts of the company for the year ended 31st March 2022 which are set out on pages 11 to 18

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Dick Maule FCA The Cross House, South Woodchester GL5 5EL

Date



Music For Good [formerly known as CYMAZ]

Statement of Financial Activities [including Income and Expenditure Account] for the year ended 31st. March 2022

	Notes	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	2021 £
Income from					
Interest receivable		6	-	6	8
Donations		-		-	-
Charitable activities					
Grants and contracts		18,054	97,207	115,261	68,022
Income from activities	10	-	-	-	-
Total income		<u>18,060</u>	<u>97,207</u>	<u>115,267</u>	<u>68,030</u>
Expenditure on:					
Charitable activities	9	<u>185</u>	<u>69,048</u>	<u>69,233</u>	<u>65,957</u>
Total		<u>185</u>	<u>69,048</u>	<u>69,233</u>	<u>65,957</u>
Net income / [expenditure] before transfers		17,875	28,159	46,034	2,073
Total funds at 1st. April 2021		2,533	24,350	26,883	24,810
Tranfers between funds		-	-	-	-
Total funds at 31st. March 2022		<u>20,408</u>	<u>52,509</u>	<u>72,917</u>	<u>26,883</u>

Music For Good [formerly known as CYMAZ]

Balance sheet as at 31st. March 2022

	Notes	2022	2021
		£	£
Fixed assets			
Tangible assets	2	-	-
Current assets			
Debtors and prepayments	4		
Cash at bank and on hand		<u>73,452</u>	<u>27,382</u>
		73,452	27,382
Current liabilities			
Creditors: amounts falling due within 12 months	3	<u>(535)</u>	<u>(500)</u>
Net Current assets		<u>72,917</u>	<u>26,883</u>
Net assets		<u>72,917</u>	<u>26,883</u>
Unrestricted funds			
General funds		20,408	2,533
Restricted funds	7	<u>52,509</u>	<u>24,350</u>
Total funds		<u>72,917</u>	<u>26,883</u>

For the year ended 31st March 2022:

The company was entitled to the exemption from audit under section 477[2] of the Companies Act 2006

The members have not requested the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the act with respect to accounting records and for the preparation of the accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small company regime.

On behalf of the Trustees 

dated: 17/01/2023

Music For Good [formerly known as CYMAZ]

Notes to the accounts for the year ended 31st. March 2022

(1) Principal Accounting Policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year.

(a) Basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102 as updated by Update Bulletin 2 the Charities Act 2011 and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention.

(b) Fund accounting

- [i] Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- [ii] Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.
- [iii] Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

(c) Income

Income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

- [i] Income received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- [ii] Donated services and facilities are included at the value to the charity where this can be quantified.
- [iii] The value of services provided by volunteers has not been included in these accounts.
- [iv] Investment income is included when receivable.
- [v] Income from charitable trading activity are accounted for when earned.
- [vi] Income from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

(d) Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered

- [i] Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.
- [ii] Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them

Music For Good [formerly known as CYMAZ]

Notes to the accounts for the year ended 31st. March 2022

(1) Principal Accounting Policies

[iii] All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

(e) Fixed assets

Tangible fixed assets are written off over the expected useful life of the asset, at 25% per annum on the straight line basis for all items costing over £500.

(2) Tangible Fixed Assets

	Musical Instruments £	Fittings & equipment £	Total £
Cost			
balance brought forward	26,394	14,926	41,320
additions in the year	-	-	-
	<u>26,394</u>	<u>14,926</u>	<u>41,320</u>
Depreciation			
balance brought forward	26,394	14,926	41,320
charge for the year	-	-	-
	<u>26,394</u>	<u>14,926</u>	<u>41,320</u>
Net book value at 31st. March 2022	<u>-</u>	<u>-</u>	<u>-</u>
Net book value at 31st. March 2021	<u>-</u>	<u>-</u>	<u>-</u>

(3) Creditors

	2022 £	2021 £
Falling due within 12 months		
Sundry creditors	<u>535</u>	<u>500</u>

(4) Debtors and prepayments

Sundry debtors and prepayments	<u>-</u>	<u>-</u>
--------------------------------	----------	----------

(5) Capital commitments and contingent liabilities

There are none this year.

Music For Good [formerly known as CYMAZ]

Notes to the accounts for the year ended 31st. March 2022

(6) Employee information

	2022	2021
Number of employees	1	1
Calculated on the average monthly head count basis.		
No employee received emoluments of more than £60,000.		
	£	£
Salaries and wages	12,171	17,257
Pension	2,026	1,454
Social security costs	752	237
	<u>14,949</u>	<u>18,948</u>

Key management personnel

The total employee benefits of key management personnel were £14,949 [2021:£18,948].

(7) Movements in funds

	brought forward £	received in year £	utilised in year £	transfers £	carried forward £
Restricted funds					
Hub	845	11,184	(8,398)	-	3,631
Hub Fund A Match	-	2,000	(2,000)	-	-
Youth Music	95	49,975	(24,655)	-	25,415
CCF	-	8,051	(3,032)	-	5,019
Schools	332	12,305	(7,527)	-	5,110
Singing 4 Health	-	2,340	(630)	-	1,710
Reaching Communities					
Singing For Health	<u>23,078</u>	<u>11,352</u>	<u>(22,806)</u>	<u>-</u>	<u>11,624</u>
	<u>24,350</u>	<u>97,207</u>	<u>(69,048)</u>	<u>-</u>	<u>52,509</u>
Unrestricted funds					
General funds	<u>2,533</u>	<u>18,060</u>	<u>(185)</u>	<u>-</u>	<u>20,408</u>

Music For Good [formerly known as CYMAZ]

Notes to the accounts for the year ended 31st. March 2022

(7) Movements in funds - prior year

	brought forward £	received in year £	utilised in year £	transfers £	carried forward £
Restricted funds					
Hub	-	9,872	(9,028)	-	845
Youth Music	11,592	2,915	(14,413)	-	95
Postcode Lottery	4,431	-	(4,431)	-	-
Schools	-	15,710	(15,378)	-	332
Singing 4 Health Covid	-	2,523	(2,523)	-	-
Singing For Health	9,800	22,704	(9,425)	-	23,078
	<u>25,823</u>	<u>53,724</u>	<u>(55,197)</u>	<u>-</u>	<u>24,350</u>
Unrestricted funds					
General funds	<u>(1,013)</u>	<u>14,306</u>	<u>(10,760)</u>	<u>-</u>	<u>2,533</u>

(8) Trustees information

Trustees remuneration and expenses	<u>-</u>	<u>103</u>
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The trustees received no remuneration in the year. £103 was paid in expenses in 2021.

Music For Good [formerly known as CYMAZ]

Notes to the accounts for the year ended 31st. March 2022

[9] Expenditure

	Charitable activities £	Total 2021 £
Premises		
Rent and rates	3,739	3,339
Insurance	-	319
Post, photocopier and stationery	2,624	3,587
Telephone	65	65
Repairs and maintenance	-	-
Total premises	<u>6,427</u>	<u>7,310</u>
Wages	14,949	18,948
Independent examiner's fees	535	500
Depreciation	-	-
Training	85	1,898
Advertising and recruitment	585	392
Bank charges	96	69
Trustees expenses	-	-
IT and computer	350	640
Miscellaneous	-	-
Workshops and music leader fees	44,275	32,288
Other project costs	-	2,748
Legal, professional and consultancy	440	303
Non capitalised equipment	-	-
Travel and staff expenses	1,490	-
Research and development	-	863
Subscriptions and affiliations	-	-
	<u>69,233</u>	<u>65,957</u>

[10] Analysis of net assets between funds

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	-	-	-
Current assets	20,943	-	52,509	73,452
Current liabilities	<u>(535)</u>	<u>-</u>	<u>-</u>	<u>(535)</u>
Net assets at 31st March 2022	<u>20,408</u>	<u>-</u>	<u>52,509</u>	<u>72,917</u>

Music For Good [formerly known as CYMAZ]

Notes to the accounts for the year ended 31st. March 2022

(11) Analysis of prior year funds

Statement of Financial Activities [including Income and Expenditure Account] for the year ended 31st. March 2021

	Unrestricted Funds	Restricted Funds	Total Funds	
	2021	2021	2021	2020
	£	£	£	£
Income from				
Interest receivable	8	-	8	20
Donations	-	-	-	-
Charitable activities				
Grants and contracts	14,298	53,724	68,022	85,846
Income from activities	-	-	-	3,266
	<u>14,306</u>	<u>53,724</u>	<u>68,030</u>	<u>89,132</u>
Total income	<u>14,306</u>	<u>53,724</u>	<u>68,030</u>	<u>89,132</u>
Expenditure on:				
Charitable activities	<u>10,760</u>	<u>55,197</u>	<u>65,957</u>	<u>73,799</u>
Total	<u>7,900</u>	<u>65,899</u>	<u>73,799</u>	<u>73,799</u>
Net income / [expenditure] before transfers	3,546	(1,473)	2,073	15,333
Total funds at 1st. April 2020	(1,013)	25,823	24,810	9,477
Tranfers between funds	-	-	-	-
Total funds at 31st. March 2021	<u><u>2,533</u></u>	<u><u>24,350</u></u>	<u><u>26,883</u></u>	<u><u>24,810</u></u>

Music For Good

England & Wales - Charity number 1108212

Accounts

Cymaz

Report to the Trustees for the year ended 31st March 2021

The Trustees, who are also directors of the charity for the purposes of the Companies Act, submit their annual report and the independently examined financial statements for the year ended 31st March 2021.

The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

Reference & Administrative Information

Charity name: Cymaz (now Music for Good)

Charity number: 1108212

Company registration number: 5321825

Registered office: Krowji, West Park, Redruth TR15 3AJ

Board of Trustees: Trevor Smith - Chair
Nigel Walker
Josephine Erwin
Claire Beckett
Margaret Barlow

Senior management team: Emily Foulkes Director

Independent Examiner: Dick Maule FCA
3 Penlee View Terrace
Penzance
TR18 4HZ

Bankers: CAF Bank
25 Kings Hill Avenue
Kings Hill
West Malling Kent ME19 4JQ

Our Aims and Objectives

Cymaz (Cymaz Music) now named Music for Good, is a charitable company limited by guarantee and was set up in 2001, incorporated in 2004. It is governed by a memorandum and articles of association.

The objects of the Company are for the benefit of people residing in Cornwall and other areas (the "area of benefit"), with an emphasis on those suffering social and/or economic exclusion, to advance education and appreciation of music by:

- (a) The provision of music making opportunities;
- (b) The provision of training, support and guidance to music practitioners;
- (c) The provision of advocacy and capacity building activities and services designed to promote, improve and develop the whole music sector in the area of benefit.

Ensuring our work delivers our Aims

Now known as '**Music for Good**', the charity reviews its aims, objectives and activity throughout the year to ensure that our activities are developed in accordance with our stated charitable purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims & objectives and in planning our future activities.

Safeguarding

- Cymaz Music (Music for Good) has a Safeguarding Policy and Procedures in place
- A Safeguarding Committee
- A Designated Professional
- All freelance Music Practitioners have DBS clearance that is valid within 3 years
- All freelance Music Practitioners delivering Cymaz Music activity have attended Promoting and Safeguarding the Welfare of Children and Young People Tier 2 and some have completed Diplomas in Trauma and Mental Health Informed Practice.

We have in place quality assurance systems that include

- Ensuring that all practitioners have current DBS certificates and Public Liability Insurance.
- Regular reporting procedures that provide quantitative and qualitative data

- Quality Assurance process including peer to peer and manager observation as well as clinical supervision
- Partnership Agreements with partners
- Regular one to one meetings with staff and self-employed Music Practitioners
- Monitoring visits and steering group meetings with partners
- End of Project reports and meeting
- Feedback from participants to track their journeys and achievements
- Quarterly meetings with Trustees

This provides Cymaz Music (Music for Good) with key information about:

- who is benefiting from the services we provide
- the impact of our work
- the experiences of our partners
- other provision in the localities we are working in

The focus of our work

Our main purpose continues to be delivering and facilitating high quality inclusive music making opportunities which support education and learning and promote health and well-being. The strategies we use to meet these objectives include:

- Aligning our provision with local, regional and national priorities and policies
- Building partnerships with education and health settings and professionals to ensure we provide services which are complementary and needs led
- Maintain up to date knowledge and understanding about the education and health sectors

Cymaz Music Guiding Principles:

- Quality and Excellence
- Effective Partnerships
- Sustainability and Legacy
- Needs led and Strategic

How our activities deliver public benefit

Our charitable activities focus on providing people with access to engage in high quality musical activities which aim to promote education and learning and support health and well-being. We do this through targeting work in identified areas and with identified participants.

Since its inception, Cymaz Music (Music for Good) has worked in partnership with agencies and organisations. Many agencies including the Cornwall Music Education Hub, the NHS and the Local Authority recognise and value the benefits our services provide, across the age ranges.

Our work is recognised as having far reaching benefits beyond increasing music making skills. Participants experience increased confidence, greater abilities to work with others, improved focus and concentration and readiness to learn. Others report improvements in feelings of well-being and tangible health benefits, reducing reliance on medications.

Priority Areas

Cymaz Music (Music for Good) has identified the following priority areas in its Business Plan to focus and refine our offer; they are:

Supporting Education and Learning Promoting Health and Wellbeing

At the heart of all our work is the underpinning value of **inclusion for all**, regardless of background, circumstance or ability.

Current climate

During the entire current reporting period we have been living in a global pandemic. Covid-19 has had significant impacts on our ability to maintain and develop new work, given that we were unable to carry out face to face provision. The nature of our work means that we are often working with the most vulnerable people and so moving to online provision was just not suitable or viable for all our strands of work. Unable to continue working in schools, we were left with a very thin delivery programme during this financial year.

During this time, however, we were successful with an application to Cornwall Community Foundation in order to build our Singing for Health programme – the Singing Clinic. This was in addition to the funding already secured from the Lottery to build this programme. Other funders including Youth Music and the Postcode Lottery were flexible and sanctioned us to use funding as we needed during the extremely challenging time. This enabled us to maintain a secure foundation as an organisation, while we carried out as much online delivery as we could during this time.

Some online Music Mentoring was delivered to children and young people, including via CHES the hospital education service, which provided a vital support for individuals, during such an unsettling time.

Our Singing Clinic programme successfully delivered online targeted programmes for people with respiratory conditions, those with mental health challenges and for people with Fibromyalgia. These programmes offered an important life line and a positive experience within a community. The programme to support mental health was carried out as a research project and the findings are due to be published in the International Journal for Community Music in 2021. We continue to work with RCHT to develop services for patients, including those living with Chronic Pain. We worked with NHS colleagues to pitch for £10k to work in the hospital. Unfortunately, despite being successful with this pitch, the situation with covid-19 made it impossible to be able to utilise this funding.

Within our commitment to supporting and developing the sector, in February 2021 we launched the Singing for Health Network. This is an online membership network which seeks to bridge research and practice and support the singing for health movement. More than 200 people attended the online launch event and a website was created to host a number of practice sharing articles and research summaries. Attracting membership from across the world, the network is likely to become an important part of our sustainability and development plans. In a time when people were feeling isolated, a network was much needed. Singing for Health has increased in popularity, even during Covid-19, and has attracted main stream media attention (for example, the ENO Breathe programme). Now, more than ever, music, singing and the arts are being recognised as a vital part of our recovery from this pandemic.

During the year we submitted an application to Youth Music, which was successful. This is enabling us to further develop and test the model of embedding a Music for Well-being practitioner in a range of settings. The funding will support practitioners working a day a week in the following settings; Restormel APA, Pencalenick Special School, Sowenna (adolescent mental health unit) and in a GP surgery in St Austell (working with Social Prescribing). This will start from September 2021 and will aim to provide bespoke music for well-being for individuals and small groups. This will run alongside our other music for well-being strands of work in schools and APAs. This funding also supports a partnership with national organisation Sing Up and the Sing Up Foundation to develop and roll out training for Singing leaders in trauma and mental health informed practice. This will be developed and then rolled out in 2022. Understanding mental health and being able to embed trauma informed practice into singing work is more important now than ever and we aim to build on this research informed work to build the knowledge and skills of the wider sector.

Despite a significantly challenging time, due to covid-19, we have made significant strides towards our goals and aspirations. Although our overall income has decreased from the year before, the funds secured for 2022/23

will set us on a course to increase income again. The most significant achievement is a large increase in unrestricted funds during this period, through our commissioned services and the launch of the singing for health network along with training.

We are delighted that we have been able to commit to changing the charity name to Music for Good as we enter our third decade of providing and supporting music for well-being provision in Cornwall and beyond.

Financial Review

Cymaz Music (now Music for Good) secured a total of £68,030 [2020: £89,132] in the financial year 2020/21. Of this, £14,306 was unrestricted (2020: £3,286) and £53,724 [2020:£85,846] was restricted. Main sources of funding were Youth Music, Cornwall Music Education Hub, The Lottery and contributions from Schools, including AP Academies. Small pots of funding have been received for Singing for Health provision directly from participants. Cash flow continues to improve despite the challenges. Our income has risen more significantly in this year, given the increase in funds for our Singing for Health programme and increase in income from schools. At the end of this reporting period, we successfully secured £100,000 from Youth Music for 2022-2024.

Reserves Policy

The Board of Trustees has worked with the staff team to develop a Business Plan which ultimately is about ensuring the sustainability of the organisation. Part of that process involved looking at the risks the organisation faced. The Board has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be 3 months of the expenditure.

Suggested Reserves

Staff salaries (3 months)	£ 2,000
Other overheads (3 months)	£ 0
Redundancy lay-away	£ 3,000
Other contingency	£ 500
Total Suggested Reserves	£5,500

Financial Statement

Company law requires that Senior Management and the Board of Trustees (the Management Committee) prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.

Trustees' Responsibilities Statement - Charitable Company

The trustees (who are also directors of Cymaz Music for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant information of which the charitable company's independent examiner is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the independent examiner is aware of that information.

By Order of the Trustees

This report has been prepared in accordance with the Charities SORP 2015 (FRS 102); and in accordance with the special provision of the Companies Act 2006 relating to small entities.

This report was approved by the Trustees on

On behalf of the Trustees (signatory 1)
(print name)

..... (signatory 2)
(print name)

Independent Examiner's Report to the Trustees of CYMAZ

I report on the accounts of the company for the year ended 31st March 2021 which are set out on pages 10 to 16

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Dick Maule FCA 3 Penlee View Terrace, Penzance, TR18 4HZ

Date

CYMAZ

Statement of Financial Activities [including Income and Expenditure Account] for the year ended 31st. March 2021

	Notes	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	2020 £
Income from					
Interest receivable		8	-	8	20
Donations		-		-	-
Charitable activities					
Grants and contracts		14,298	53,724	68,022	85,846
Income from activities	10	<u>-</u>	<u>-</u>	<u>-</u>	<u>3,266</u>
Total income		<u>14,306</u>	<u>53,724</u>	<u>68,030</u>	<u>89,132</u>
Expenditure on:					
Charitable activities	9	<u>10,760</u>	<u>55,197</u>	<u>65,957</u>	<u>73,799</u>
Total		<u>7,900</u>	<u>65,899</u>	<u>73,799</u>	<u>73,799</u>
Net income / [expenditure] before transfers		3,546	(1,473)	2,073	15,333
Total funds at 1st. April 2020		(1,013)	25,823	24,810	9,477
Transfers between funds		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total funds at 31st. March 2021		<u>2,533</u>	<u>24,350</u>	<u>26,883</u>	<u>24,810</u>

CYMAZ

Balance sheet as at 31st. March 2021

	Notes	2021	2020
		£	£
Fixed assets			
Tangible assets	2	-	-
Current assets			
Debtors and prepayments	4	-	-
Cash at bank and on hand		<u>27,382</u>	<u>25,310</u>
		27,382	25,310
Current liabilities			
Creditors: amounts falling due within 12 months	3	<u>(500)</u>	<u>(500)</u>
Net Current assets		<u>26,883</u>	<u>24,810</u>
Net assets		<u>26,883</u>	<u>24,810</u>
Unrestricted funds			
General funds		2,533	(1,013)
Restricted funds	7	<u>24,350</u>	<u>25,823</u>
Total funds		<u>26,883</u>	<u>24,810</u>

For the year ended 31st March 2021:

The company was entitled to the exemption from audit under section 477[2] of the Companies Act 2006

The members have not requested the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the act with respect to accounting records and for the preparation of the accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small company regime.

On behalf of the Trustees

dated:

CYMAZ

Notes to the accounts for the year ended 31st. March 2021

(1) Principal Accounting Policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year.

(a) Basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102 as updated by Update Bulletin 2 the Charities Act 2011 and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention.

(b) Fund accounting

[i] Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

[ii] Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

[iii] Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

(c) Income

Income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

[i] Income received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

[ii] Donated services and facilities are included at the value to the charity where this can be quantified.

[iii] The value of services provided by volunteers has not been included in these accounts.

[iv] Investment income is included when receivable.

[v] Income from charitable trading activity are accounted for when earned.

[vi] Income from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

(d) Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered

[i] Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

[ii] Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them

CYMAZ

Notes to the accounts for the year ended 31st. March 2021

(1) Principal Accounting Policies

[iii] All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

(e) Fixed assets

Tangible fixed assets are written off over the expected useful life of the asset, at 25% per annum on the straight line basis for all items costing over £500.

(2) Tangible Fixed Assets

	Musical Instruments £	Fittings & equipment £	Total £
Cost			
balance brought forward	26,394	14,926	41,320
additions in the year	-	-	-
	<u>26,394</u>	<u>14,926</u>	<u>41,320</u>
Depreciation			
balance brought forward	26,394	14,926	41,320
charge for the year	-	-	-
	<u>26,394</u>	<u>14,926</u>	<u>41,320</u>
Net book value at 31st. March 2021	<u>-</u>	<u>-</u>	<u>-</u>
Net book value at 31st. March 2020	<u>-</u>	<u>-</u>	<u>-</u>

(3) Creditors

	2021 £	2020 £
Falling due within 12 months		
Sundry creditors	<u>500</u>	<u>500</u>

(4) Debtors and prepayments

Sundry debtors and prepayments	<u>-</u>	<u>-</u>
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(5) Capital commitments and contingent liabilities

There are none this year.

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Notes to the accounts for the year ended 31st. March 2021

(6) Employee information

	2021	2020
Number of employees	1	1
Calculated on the average monthly head count basis.		
No employee received emoluments of more than £60,000.		
	£	£
Salaries and wages	17,257	18,547
Pension	1,454	1,526
Social security costs	237	742
	<u>18,948</u>	<u>20,815</u>

Key management personnel

The total employee benefits of key management personnel were £18,948 [2020:£22,815].

(7) Movements in funds

	brought forward £	received in year £	utilised in year £	transfers £	carried forward £
Restricted funds					
Hub	-	9,872	(9,028)	-	845
Youth Music	11,592	2,915	(14,413)	-	95
Postcode Lottery	4,431	-	(4,431)	-	-
Schools	-	15,710	(15,378)	-	332
Singing 4 Health Covid	-	2,523	(2,523)	-	-
Singing For Health	<u>9,800</u>	<u>22,704</u>	<u>(9,425)</u>	<u>-</u>	<u>23,078</u>
	<u>25,823</u>	<u>53,724</u>	<u>(55,197)</u>	<u>-</u>	<u>24,350</u>
Unrestricted funds					
General funds	<u>(1,013)</u>	<u>14,306</u>	<u>(10,760)</u>	<u>-</u>	<u>2,533</u>

CYMAZ

Notes to the accounts for the year ended 31st. March 2021

(7) Movements in funds - prior year

	brought forward £	received in year £	utilised in year £	transfers £	carried forward £
Restricted funds					
Kana	180	-	(180)	-	-
Hub	-	20,944	(20,944)	-	-
Youth Music	5,694	28,870	(22,972)	-	11,592
Tesco	-	2,000	(2,000)	-	-
Postcode Lottery	-	8,280	(3,849)	-	4,431
Schools	3	14,400	(14,403)	-	-
Singing For Health	-	11,352	(1,552)	-	9,800
	<u>5,877</u>	<u>85,846</u>	<u>(65,899)</u>	<u>-</u>	<u>25,823</u>
Unrestricted funds					
General funds	<u>3,600</u>	<u>3,286</u>	<u>(7,900)</u>	<u>-</u>	<u>(1,013)</u>

(8) Trustees information

Trustees remuneration and expenses	-	<u>103</u>
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The trustees received no remuneration in the year. £103 was paid in expenses in 2020.

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Notes to the accounts for the year ended 31st. March 2021

[9] Expenditure

	Charitable activities £	Total 2020 £
Premises		
Rent and rates	3,339	2,605
Insurance	319	310
Post, photocopier and stationery	3,587	54
Telephone	65	65
Repairs and maintenance	-	-
Total premises	<u>7,310</u>	<u>3,034</u>
Wages	18,948	20,815
Independent examiner's fees	500	500
Depreciation	-	-
Training	1,898	1,320
Advertising and recruitment	392	-
Bank charges	69	60
Trustees expenses	-	103
IT and computer	640	574
Miscellaneous	-	47
Workshops and music leader fees	32,288	43,610
Other project costs	2,748	-
Legal, professional and consultancy	303	512
Non capitalised equipment	-	-
Travel and staff expenses	-	2,738
Research and development	863	450
Subscriptions and affiliations	-	35
	<u>65,957</u>	<u>73,799</u>

[10] Analysis of net assets between funds

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	-	-	-
Current assets	3,033	-	24,350	27,383
Current liabilities	<u>(500)</u>	<u>-</u>	<u>-</u>	<u>(500)</u>
Net assets at 31st March 2021	<u>2,533</u>	<u>-</u>	<u>24,350</u>	<u>26,883</u>

CYMAZ

Notes to the accounts for the year ended 31st. March 2021

(11) Analysis of prior year funds

Statement of Financial Activities [including Income and Expenditure Account] for the year ended 31st. March 2020

	Unrestricted Funds	Restricted Funds	Total Funds	
	2020	2020	2020	2019
	£	£	£	£
Income from				
Interest receivable	20	-	20	11
Donations	-	-	-	-
Charitable activities				
Grants and contracts		85,846	85,846	68,257
Income from activities	3,266	-	3,266	780
Total income	<u>3,286</u>	<u>85,846</u>	<u>89,132</u>	<u>69,048</u>
Expenditure on:				
Charitable activities	<u>7,900</u>	<u>65,899</u>	<u>73,799</u>	<u>69,030</u>
Total	<u>7,900</u>	<u>65,899</u>	<u>73,799</u>	<u>69,030</u>
Net income / [expenditure] before transfers	(4,613)	19,946	15,333	18
Total funds at 1st. April 2019	3,600	5,877	9,477	9,459
Tranfers between funds	-	-	-	-
Total funds at 31st. March 2020	<u>(1,013)</u>	<u>25,823</u>	<u>24,810</u>	<u>9,477</u>