

Registered number: 05325167  
Charity number: 1108177

**TENDRING COMMUNITY VOLUNTARY SERVICES**  
**(A Company Limited by Guarantee)**

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND ADVISERS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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<b>Trustees</b>	Brenda Ellis, Chairman Bob Newman, Vice Chair Dr Jonathan Geldard, Treasurer Mark Norman, Trustee Michael Page, Trustee Indira Allen, Trustee Anne Brown, Trustee Thea Roper, Trustee
<b>Company registered number</b>	05325167
<b>Charity registered number</b>	1108177
<b>Registered office</b>	Imperial House 20-22 Rosemary Road Clacton On Sea Essex CO15 1NZ
<b>Company secretary</b>	Sharon Alexander
<b>Chief executive officer</b>	Sharon Alexander
<b>Independent auditors</b>	Sumer Auditco Limited Statutory Auditor 820 The Crescent Colchester Business Park Colchester Essex CO4 9YQ
<b>Bankers</b>	CAF Bank Limited Kings Hill West Malling Kent ME19 4JQ  CCLA Investment Management 80 Cheapside London EC2V 6DZ

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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND  
ADVISERS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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<b>Solicitors</b>	Fisher Jones Greenwood 16 Baddow Road Chelmsford Essex CM2 0DG
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**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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The Trustees, who are also directors for the purposes of company law, are pleased to present this report and the financial statements of Tendring Community Voluntary Services for the year ended 31 March 2024.

**1. GOVERNANCE, OBJECTS, STRUCTURE AND PUBLIC BENEFIT**

The Trustees are satisfied with the performance of the charity over the last 12 months up to year end 31 March 2024. The trustees confirm that the charity is in a strong and healthy position and there are sufficient assets to continue delivering activities and to fulfil its obligations. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and comply with the Memorandum and Articles of Association of the Charitable Company and the Charities Act 2011.

The trustees have referred to the Charity Commission's general guidance on public benefit entitled 'Charities and Public Benefit' and are satisfied that the organisation's objects, activities, structure and strategic framework conforms with these requirements. Some of CVST's services and activities are either free of charge or at minimum rates due to grants and fundraising income for this purpose.

**a. Governing Document**

The trustees present their annual report and financial statements of the charity for the year ended 31 March 2024 which are also prepared to meet the requirements for the director's report and accounts for Companies House. The charity is also known as Community Voluntary Services Tendring, CVS Tendring and CVST. The charity was established in 1973 and was incorporated and registered as a charitable company limited by guarantee on 5 January 2005. In the event of the company being wound up, members are required to contribute £10.

**Principal objects as defined in the organisation's Memorandum of Association are:**

(A) To promote any charitable purposes for the benefit of the community in the local government district of Tendring and its environs, and in particular the advancement of education, the protection of health and the relief of poverty, distress and sickness.

(B) To promote and organise co-operation in the achievement of the above purposes and to that end to bring together in council representatives of the voluntary organisations and statutory authorities within the area of benefit. Provided that in carrying out these charitable purposes, the Council will seek to challenge all forms of oppression and inequality and to give priority to working with people whose full participation in society is limited by economic, political and social disadvantage.

The organisation has four core functions: represent the broad issues of the voluntary sector and act as strategic partner, encourage liaison between agencies, develop initiatives to meet identified gaps in the community and provide promotional and marketing support for the sector and to also provide direct services to meet the needs of the community.

Our mission is "leading and supporting voluntary action and empowering local people."

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**TRUSTEES' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**b. Organisational structure and decision making**

The Board meets five times a year. The board is responsible for the strategy, risk management, setting and reviewing policy and monitoring performance of the charity's activities and core services. Day to day management of the charity is delegated to the Chief Officer who reports regularly to the Chairman. The Audit sub-committee takes delegated responsibility on behalf of the Board of Trustees for ensuring that there is a framework for accountability and scrutiny; for examining and reviewing all systems and methods of financial control; for maintaining the charity's quality standards and for ensuring the charity is complying with all aspects of the law, relevant regulations and good practice. The annual workplan is updated, priorities identified and agreed by the board. Our aim is to provide comprehensive support to achieve a vibrant and thriving voluntary sector which has the community at the heart of everything we do, to have the systems in place to meet funders' requirements and inspire confidence in stakeholders through quality assurance and to clearly and articulately represent the voluntary sector to public policy makers.

**c. Risk management**

The trustees have examined major strategic, governance, business, financial and operational risks which the charity has and may face and have implemented the appropriate systems and monitoring to mitigate these. The potential reduction in grants secured from statutory organisations has been identified as a future risk to the charity and steps have been taken to alleviate this. The financial controls in place include the producing and reporting of budget performance, reporting mechanism for recording information and an accountability framework. Staff and trustees are involved in reviewing and managing risk. The purchase order system is now established. Many aspects of risk management such as authorisation, monitoring and reporting, staff checks and appraisal, safety procedures - in particular, health and safety and adequate insurance cover - are embedded within the organisation. Internal financial controls conform to guidelines issued by the Charity Commission.

**d. Recruitment and support of Trustees**

The management of the charitable company is the responsibility of the Trustees who are elected from the membership and the wider community according to the governing document. There shall be not less than six and not more than fifteen trustees serving on the Board.

Trustees are volunteers and give their time freely. Trustees are required to declare conflicts of interest and withdraw from discussions and decisions where a potential conflict may arise.

Trustees receive induction, an information pack, access to regular training, and attend regular meetings with other trustees. The charity holds an annual visioning day where personnel and trustees review activities and agree priorities and strategic direction.

**e. Membership**

CVST is a membership charity and continues to promote the benefits of affiliation to the sector. Applications for membership are approved by the Board and the Board has the right to refuse membership to any individual or organisation. Members are required to be committed to the furtherance of the objects of the charity. CVST continues to develop its membership offer to local groups and organisations to provide a comprehensive body of support and representation. There are 169 member organisations, reflecting steady increases each year and this is due to promotion of the benefits of membership.

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**TRUSTEES' REPORT (CONTINUED)**  
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**f. Information services**

We provide information from local and national sources for our members and wider audience through:

- Weekly e-bulletins
- Websites: [www.cvstendring.org.uk](http://www.cvstendring.org.uk)
- Twitter: [@cvstendring](https://twitter.com/cvstendring)
- Facebook: [www.facebook.com/cvstendring](https://www.facebook.com/cvstendring)
- Instagram: [@cvstendring](https://www.instagram.com/cvstendring)
- LinkedIn: Community Voluntary Services Tendring
- Youtube: [@communityvoluntaryservices622](https://www.youtube.com/channel/UC622communityvoluntaryservices)
- Imperial House Community Information Centre
- Dovercourt & Harwich Hub
- The Community Café and Lunch Club

The website continues to grow and develop. During the year, a chatbot facility was piloted but after a trial period we found this to be inappropriate for the type and level of queries received. The software was subsequently removed. In the past year the website has seen a significant increase in website interaction with 12,396 users, 34,000 sessions and 94,000 views.

The external weekly ebulletin newsletter is distributed to over 1,150 subscribers and has a potential reach of 11,000 due to it being shared with subscribers' networks. The newsletter includes CVST information, events, training, funding news, as well as news and information from local, regional and national organisations.

The 'jobs and volunteers' weekly newsletter is established and distribution and has increased to more than 1,157 subscribers featuring job and volunteer opportunities for partners and affiliated members. A Funding Bulletin is also published and distributed to members and promoted on our website.

The communications team join other staff in uploading items to Facebook, Twitter and Instagram. Between April 2023 and March 2024 Facebook reach is over 150,000 and followers have increased from 3,094 to 4,700. Twitter followers have increased from 1,315 to 1,346. The Instagram account has increased from 174 to 257 followers.

53 press releases were published in the local gazette, including photographic spreads and features.

Films continue to be created which evidences our impact to funders and to our community and is an effective means of attracting volunteers. Films are featured on social media and showcased to the NEE Alliance, funders and member organisations. These films have been promoted in meetings, on social media, in CVST and other newsletters, and at the Suffolk and NEE Integrated Care System (SNEE ICS) Exhibition and events.



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**TRUSTEES' REPORT (CONTINUED)**  
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**2. ACTIVITIES**

**Policies and core functions**

The organisation undertakes work on behalf of its members and continues to develop its activities. The charity has in place the necessary plans, policies and procedures in order to further the objects of the charity. The charity is a member of NAVCA and operates to the four functions of infrastructure:

1. **Leadership and advocacy** – mobilising and encouraging community action, strengthening the sector's voice and influence on key decision makers and funders.
2. **Partnerships and collaborations** – creating opportunities and driving effective joint working, by building networks of local organisations and strategic partners.
3. **Capacity building** – providing practical support and development for local people and organisations, to nurture skills and build community resilience.
4. **Volunteering** – Build an environment in which volunteers and their communities thrive, by encouraging and nurturing volunteering opportunities.

The trustees have obligations as employers of staff and as owners of Imperial House – a community resource centre, the Lunch Club premises and the Dovercourt and Harwich Hub. There is an agreement in place with Essex County Council for the provision of CVST's core functions and with Provide to deliver a community connector service. Both agreements ended 31 March 2024. Agreements with Primary Care Networks (PCNs) to supply social prescribing services in surgeries are on target to expand in the forthcoming year. The organisation also has agreements in place with SNEE ICB to deliver Seasonal Resilience, Cultural Awareness, Social Prescribing including the Urgent Community Response Service and HILL. SNEE ICB also commissioned CVST, as part of the Live Well Domains, to continue the mapping of community assets which has influenced and informed the comprehensive grants programme administered by CVST on behalf of the ICB.

**Green Carbon Charter**

As part of its commitment to reducing CVSTs carbon footprint CVST trustees were delighted to be awarded the Bronze Carbon Charter Award. Work is ongoing to secure the silver award.

**3. ACHIEVEMENTS AND PERFORMANCE - Review of activities**

CVST continues to respond to the gaps and needs of our community by ensuring people and organisations have access to information, advice and resources. CVST has increased activities and services and staff are working in the community, the hubs and hospitals with a small percentage working from home. Risk assessments, policies and procedures continued to be reviewed and procedures implemented to keep people safe.

**Sector Sustainability**

CVST continues to provide guidance and give practical support in order to strengthen the infrastructure of the voluntary sector. 114 organisations have been supported with a wide range of services including funding advice and support with grant applications, development of model policies and procedures, general guidance and information. 43 organisations had one to one support with organisational development to aid sustainability including health checks and funding. The support provided has enabled organisations to increase resilience and develop services to meet current needs. Funding, advice, compliance, and governance support continues to be in demand.



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## **TRUSTEES' REPORT (CONTINUED)**

### **FOR THE YEAR ENDED 31 MARCH 2024**

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#### **Grants Awards programmes**

A total of £1,255,419 has been allocated to 40 organisations from the Live Well Domain Funding a grants programme CVST has managed on behalf of Suffolk and North East Essex Integrated Care System in collaboration with system partners. Monthly monitoring reports of the projects is ongoing which are required for the duration of the two year term. Themes for funding included Stay Well, Age Well, Be Well and Start Well. Events have been held to showcase the work of voluntary organisations and this has been favourably commented as an excellent way to bring the VCS and the outcomes achieved, 'alive'. Also distributed was £43,843 from the first round of the Hyperlocal fund of £129,892. The Cancer Community Screening Fund is being managed on behalf of SNEE ICB.

#### **Events**

CVST continued to host Funding Surgeries with guest funders such as The National Lottery Community Fund, Heritage Lottery, Colchester Catalyst Charity, Active Essex, Fowler Smith Jones, Grassroots Charity. 31 member organisations attended who, as a result of funding advice given, secured funding and are able to continue and/or develop their services. The surgeries have proved extremely popular to organisations looking to initiate new services and/or expand including increasing the opportunity for future collaboration and partnership work. Funding secured for local organisations employing local staff will contribute to the health of the local economy, keeping people in employment who will spend money locally, which in turn helps to strengthen the local economy. 2 Network Breakfasts were held during the year with 35 attendees who appreciated the opportunity to share knowledge and information and connect with their peers, some of whom have forged strong collaborations.

In addition to the support provided CVST held a number of events as an opportunity for networking, showcasing projects and organisations, raising funds and developing partnerships. The Town Centre Community Fair enabled the 20 organisations participating to showcase their services to the local population visiting the Clacton Air Show. The Victorian Christmas Market had 22 stalls booked for this annual event which attracts nearly 2,000 people. Local organisations use this event to raise much needed funds and to promote their charity, services and activities.

22 representatives from local charities attended the Tendring Trustee Network Dinner with guest speakers from Essex County Council.

#### **Community Centres and Village Halls Forum**

CVST responded to the need for committee members of community centres to be able to meet and by facilitating meetings at various community halls. Members appreciate the opportunity to come together and support each other with resources, training opportunities, information and expertise. Topics discussed covered Maintenance and Repairs, Trusteeship, Volunteering, Social Media and general training. Concerns, ideas and successes have been shared amongst the attendees.

#### **Older People's Forum**

The Tendring Older People's Forum meets bi-monthly at various locations across Tendring and is very well attended. It brings together people and organisations who represent and serve older people in the Tendring District. Its purpose is to get attendees to discuss issues of concern to older people, such as loneliness, health, mobility, dementia, digital access, housing, end-of-life, transport and much more. There are speakers, discussions and feedback is regularly reported to the CVST board of trustees.

#### **Volunteers**

There are three strands to the work CVST delivers in terms of promoting, recruiting and supporting volunteers.

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### **TRUSTEES' REPORT (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2024**

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**In-house** – CVST values the contribution made by volunteers. They bring a wealth of talent, gifts and skills and contribute to the vibrant and caring culture inherent in the organisation which is why volunteer recruitment is a vital cog and continues to be a rolling programme as volunteers go on to new opportunities, skills and employment. There are currently 198 volunteers who are involved in a variety of roles including physical activities, administration, reception, catering, gardening, litter picking, befriending, shopping, meals on wheels, caring, mentoring, Men's Shed, meeting and greeting, IT support, research, governance and group leadership to name just some. Volunteers continue to support surgeries with winter resilience during the winter months. The volunteers are recruited and supported by the Volunteer Co-ordinator who runs a comprehensive induction and ongoing training. In addition, there are regular volunteer 'get togethers' and annual 'Beach Hut Thank You' events during National Volunteers Week. Approximately 18,000 hours were donated by our volunteers which equates to a monetary value of approximately £207,000 based on a minimum wage. Volunteers are re-imbursed for any costs incurred and have induction and training in Lone Working, GDPR, Making Every Contact Count and Safeguarding. When our volunteers take further qualifications, gaining skills and confidence and secure employment, it is a testament to the volunteering project's efficacy. Many more are empowered to lead activities and groups, thus creating a connected, vibrant and thriving community.

#### **Youth Volunteering**

The CVST Youth Inspired Tendring group for ages 16-18yrs and up to 21yrs for those young people with additional needs is now established and a regular weekly safe place where young people can meet and plan one-off micro volunteering in areas of interest to them and actively get involved to volunteer in a supportive environment.

In the past year, 17 new volunteers joined and a total of 1,000 volunteer hours were donated to support the Christmas appeal, recycling, litter picking, supporting homeless projects and gardening for older people.

#### **Volunteer Essex Tendring Centre**

A vital part of the voluntary sector is volunteering. CVST supports the local voluntary sector to find volunteers by matching organisations with volunteers who have registered on the Volunteer Essex/Tendring platform. CVST supports organisations to promote their volunteer opportunities across the Tendring district via social media and the CVST ebulletin.

Volunteering continues to increase with volunteer registrations up to 354 and 250 placed with external organisations. 37 organisations were given support and guidance in volunteer management. New organisations continue to register with new volunteering opportunities created.

#### **Partnerships**

Partnership meetings attended include: Suffolk and NEE Integrated Care System (SNEE ICS), the annual SNEE ICB Expo, SNEE VCSE Strategy meetings and Steering Group meetings, NEE Alliance, the Alliance Executive, the Alliance Committee, NEE Alliance Operational Group, Neighbourhoods and Live Well Domains, NEE Alliance Funding Panels, Community Asset Mapping, NEE Mental Health Committee, End of Life Board, Essex County Council Strengthening Communities, ECC Community Initiatives Fund Panel, Dementia Action Alliance, Essex CVS and Volunteer Essex, Essex VCS Emergencies Partnership, Tendring Independent Advisory Group (IAG) Tendring District Council Health and Wellbeing Board, Tendring Workforce Group.

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## **TRUSTEES' REPORT (CONTINUED)**

### **FOR THE YEAR ENDED 31 MARCH 2024**

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#### **Tendring Together**

Tendring Together, hosted by CVST, is a partnership of local charities brought together to showcase community services and act as a commissioning marketplace. In addition, Tendring Together helps to ensure local charities have easy access to much needed support in order to achieve sustainability. The Partnership acts as a two way link between the Alliance and the ICB ensuring communication channels are open and transparent. The Chair of the VCFSE Assembly gave a presentation about the ICB framework and how the VCFSE has a voice. At the June meeting, a crisis in affordable, safe, accessible housing provision was highlighted and Tendring District Council were invited to present a report. As a result, it was decided to host a Housing Workshop in 2024. This has coincided with the spotlight on housing from the lens of statutory partners.

The importance of our voluntary sector in being able to contribute to meeting local needs has been recognised by our partners by an increase in funding available to the sector through the NEE Alliance Live Well Domains. This has enabled voluntary organisations to support and increase their services which are vital for communities. On behalf of Tendring Together, CVST has been the delivery partner of choice for this work locally given its local links and trusted reputation.

#### **Cost of Living Crisis Action Group**

CVST continue to lead the Cost of Living Action Group. Organisations were invited to join the group in order to support their communities. Information about support available continues to be shared widely. CVST work with funders of small grants that we administer to agree that the available funding could also be used to support local Tendring based organisations to meet the increase in their utility bills. Meetings have been held throughout the year and attendees continue to be informed about resources available to share with their clients and members.

#### **Community Asset Mapping**

Our Community Asset Mapping work has continued during the year with deep dives into local assets. Comprehensive reports around the Be Well and Age Well domains have been produced which are being used to drive the agenda for local services and system working and the local grant making through the Alliance. This is now being supplemented at CVST through our Volunteer Researchers who are out and about in the community finding those smaller community groups and micro-organisation.

#### **Dementia Friendly Communities**

Working across Tendring as part of a network of local community action groups the aim is to collaborate with partners to improve the lives of people with dementia and their families. The project brings together local organisations to raise awareness of services available and encourage people who need them to access them. CVST is leading on Clacton's Dementia Friendly Community and has promoted activities district wide as part of Dementia Awareness Week as well as publish a list of dementia friendly activities being delivered across the district.

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## **TRUSTEES' REPORT (CONTINUED)**

### **FOR THE YEAR ENDED 31 MARCH 2024**

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#### **Cultural Awareness Project**

The Covid-19 pandemic highlighted the disparity for people from minority ethnic communities accessing and having trust in health and care services. In addition, CVST and health and care colleagues had identified many other health inequalities facing people from culturally diverse communities including a significantly increased risk of Black and Asian women dying during pregnancy, an increased risk of diabetes for people from South Asian, Black and Caribbean communities and higher than average numbers of people from ethnic communities living with poor health. As a result, funding from SNEE ICB was provided to tackle these inequalities and to increase cultural diversity and awareness and bring diverse communities together to ensure improved access to health and care services and better health and wellbeing outcomes. Weekly activity groups including the Sister Circle who welcomed a visit from the CQC who gathered feedback from the attendees regarding their experiences in healthcare in particular for long term health conditions such as diabetes, asthma or sickle health. The project also delivers language classes, yoga, gardening sessions, multicultural domino café and the Eastern European group which takes place on a regular basis. Annual events celebrating diverse cultures including Black History month, Eid and Windrush are all helping to raise cultural awareness and encourage, promote and improve access to local services across the district.

#### **Support for Ukrainian People**

Due to the war many people had to leave their homes in Ukraine and Britain was one of the countries who opened their doors. CVST worked with partners to ensure that information, advice and support was available to anyone moving to the district from Ukraine who might need additional help.

CVST continue to support Ukrainian guests and their UK hosts. We offer friendship coffee morning on a weekly basis so they can access support and network with others in the same situation. The group has changed its name to reflect the attendees, to the Eastern European group with support provided including form filling, signposting and IT support. CVST also work with Refugee, Asylum and Migrant Action (RAMA), another local organisation with specialist experience in providing advice and advocacy and working with displaced people.

#### **Social Prescribing**

The CVST Social Prescribing project is commissioned by the NEE CCG/SNEE ICB and the Primary Care Networks and Provide the Essex Wellbeing Service and is now firmly established within the community within all 19 GP Surgeries across the district. The social prescribing team also support the Urgent Care Response Service and Community Rehabilitation Team. These services prevent unnecessary hospital admissions. As part of the Discharge team at Colchester hospital, social prescribers provide essential discharge packages for people leaving hospital and this is funded by a personalised care grant thus preventing unnecessary readmission. Addressing the social issues which affect people's wellbeing, the team works with individuals to connect them to community resources and services to help build resilience and improve health outcomes. Throughout 2023/24, the team has experienced a 103% increase in referrals to a total of 9,249 with 6,098 from GP surgeries and 3,151 from the hospital discharge team and this is continuing to rise. 5,430 patients were supported to access community activities to alleviate health issues such as chronic loneliness and given emotional and practical support in terms of financial issues, winter packs and support with food and fuel. The team supported all to help achieve their wellbeing goals. A recent outcome survey was completed by a sample of these individuals where most agreed that social prescribing was there when they needed it and that they did not know anywhere else to go for assistance if there was not a social prescribing service. Almost all found the support very helpful, easy to understand and follow. People are given the opportunity to volunteer as this seen as an essential pathway to getting well and is promoted and encouraged when appropriate. Popular activities include the Kennedy Way Community Garden, the Men's Shed, Essex Pedal Power, walking groups and art and craft friendship groups.



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### **TRUSTEES' REPORT (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2024**

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#### **Hospital Discharge and Urgent Community Response Service (UCRS)**

Funding was awarded to support UCRS and Hospital Discharge service, to assist with timely discharges and avoid admissions through the provision of furniture moving and removal, decluttering and deep clean services. A team of social prescriber link workers engaged with and supported beneficiaries with their general wellbeing and assisted people to feel more secure and happy to stay in their own homes and this included the fitting of key safes and undertaking deep cleans.

To prevent admissions into hospital and GP visits caused by a decline in beneficiaries' health and wellbeing, funding was secured to target these factors before they decline (such as fleeing domestic violence, affected by the cost of living or low-income families). Discretionary items were purchased, including beds, equipment such as slippers, white goods including fridges and microwave, and food parcels.

Our social prescriber continues to support the St Helena Hospice End-of-Life programme and attending regular meetings with St Helena Hospice and local groups involved in End-of-Life Care and the Compassionate Communities group. This initiative was set up by St Helena Hospice to link together local charities and organisations to ensure that individuals at their final stage of their life are aware of what is available to them in their community. We are also working with local care homes to promote the My Care Choices Register (MCCR) with residents.

#### **SHELLS and the SOS Bus**

CVST plays an active role on the award-winning SHELLS project which supports people who are homeless or at risk of homelessness. Through this partnership, weekly support is provided by the social prescribing team on the SOS bus in Clacton and Harwich.

#### **Healthier Independent Longer Lives (HILL)**

The Healthier Independent Longer Lives (HILL) Project was successful in securing a grant from the National Lottery Community Fund halfway through the year. The funds will be used to extend activities to include cultural awareness, skills, training, volunteering and creating new activities through asset-based community projects putting people in the lead. These activities, supported by an army of volunteers, will help to reduce loneliness, increase levels of physical activity, improve confidence, increase skills and employability, improve wellbeing and enable independence.

#### **Dementia Café**

The Dementia Café at Imperial House Clacton continues to grow from strength to strength and over the past year, 140 people were signposted to engage in a dementia activity and 115 of these people participated in a dementia activity for the first time.

#### **Kennedy Way Community Garden**

The Kennedy Way Community Garden is the result of a collaboration between CVST with NHSPS and SNEE ICB. CVST volunteers supported by the Volunteer and Community Connector engage with people who have mental ill health, or learning disabilities, local schools and those who are isolated and lonely. The garden offers something for everyone with a Men's Shed, polytunnels, orchard, vegetable patch, an Upcycling Hub, an outdoor gym, a wildflower garden and bug hotel. It has a pergola meeting space and plans are in place to establish a sensory garden. Hundreds of patients referred from the Kennedy Way Medical Centre and local residents have improved their lifestyles by getting involved in this unique space.

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**TRUSTEES' REPORT (CONTINUED)**  
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**Training**

Although the worst of the effects of the pandemic have receded there has been a residual effect on face-to-face training. Organisations and individuals have accelerated the move towards an increased reliance on internet-based learning. However, CVST have continued to provide a significant number of face-to-face learning opportunities which have been taken up by voluntary and community organisations, CVST staff and volunteers and the general public. Attendees continue to increase. 53 training courses were delivered online and in person including: Dementia awareness, Making Every Contact Count, First Aid, Data for Outcomes, Suicide Prevention/Postvention, Managing Conflict, Listening Skills, Mental Health Awareness, Equality Diversity and Inclusion, Safeguarding Adults and Children.

**Apprenticeships**

CVST is currently supporting three apprentices who are taking qualifications in IT, Administration and Leadership.

**Premises**

CVST owns premises: Imperial House a Community Hub in Clacton, the Harwich and Dovercourt Hub, and 274 High Street, Dovercourt. The charity also owns the Clacton Lunch Club, accommodation situated above the lunch club, two Beach Huts in Clacton and one in Dovercourt. 1,000's of people access and benefit from these resources every day. For example, winter warm packs, IT/digital, meals, befriending, dementia, transport, volunteering, information and guidance covering many topics. New services and groups are now running from the Hubs. Maintenance and repairs continue and plans to reduce our carbon footprint and make cost savings have been realised with the installation of smart meters, solar panels at the Imperial House site and at the Kennedy Way Community Hub. Further plans to install LED lighting are underway.

**Beach Huts**

The Beach Huts were maintained and prepared for the 2023 season and have grown in popularity primarily for the benefit of affiliated members and voluntary organisations to use for their clients and service users.

**Community Cafe**

The Community Cafe space includes a range of activities including a daily Lunch Club providing a healthy, balanced, nutritious meal for people who are lonely and isolated and those with long-term health conditions, mental ill-health or frail. The number of people attending for lunch continue to increase with over 400 meals supplied each month improving feelings of wellbeing.

The following weekly groups also take place:

- an Eastern European drop-in - to increase confidence and improve English language skills.
- a multi-cultural dominoes club - to reduce loneliness and isolation.
- a knitting and crochet circle - to build friendships and gain new skills.
- a Rummikub group - to socialise and connect with others.

All of these groups and activities are supported by a team of 15 volunteers.

**Resilience Project**

This project is funded by SNEE ICB and ECC. The aim is to help people to become more resilient by improving their health, staying well, warm and better connected with projects such as social prescribing during winter, as well as reducing dependence on statutory sector services. This year, the project has been vital in helping to keep people safe and warm, reduce hospital admissions and to prevent readmission to hospital.

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**TRUSTEES' REPORT (CONTINUED)**  
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**Objectives**

- Reducing GP visits and hospital admissions and isolation.
- Supporting people to build up their own skills/resilience to self-care and promote better health.
- Building community cohesion by directing people to services and support.
- Ensuring there is a resilience plan to deal with crisis situations.
- Providing direct emergency support.

Winter packs were delivered this year via flu clinics, the SOS Bus, the Trinity Church and door drops in Jaywick Sands, Walton, Parkeston, Harwich, Brightlingsea, Holland on Sea, Alresford, Thorpe Le Soken, Point Clear, St Osyth, Tendring, Manningtree, Frinton on Sea, Elmstead Mkt & surrounding Areas targeting those most in need and those with long term health conditions, poor housing and/or vulnerable. Packs were also distributed from referrals managed by the social prescribing team and via community collection points, warm hubs and referrals from trusted partners. Assistance has increased significantly with over 2,784 people being supported, of which 2,400 being new beneficiaries to the project, 469 of which were children. 29 referrals were made to Social Prescribing and 165 households were referred to Essex Fire service for smoke alarms and fire safety inspections. 23 households were referred to external organisations for additional support with housing issues.

**Household support**

As part of the response to the cost-of-living crisis CVST have been working with 'Trusted Partner' organisations on the delivery of 'Food and Fuel' vouchers for people within our local community who find themselves in need. During this financial year, working with 35 organisations, 122 families were supported with food and fuel vouchers.

**Active Essex LDP Activities**

The Local Delivery Pilot (LDP) is funded by Sport England and led by Active Essex, to build healthier, more active communities in Essex. CVST is an active partner in the LDP and works closely with Active Essex to deliver several projects.

Beat the Street ran in Harwich and Dovercourt between 13 March and 24 April 2024 and was played by 4,794 players, included around 40 different events and helped to connect local people to places in their community. Schools, care homes, sheltered housing units, sports clubs and individuals competed in the MOST successful Beat the Street in the country.

Active Essex funding also enables CVST to continue to support Essex Pedal Power and for the provision of two Active Communities connectors supporting local residents to be more active.

**Tendring & Colchester Borders Garden Community**

During the year, CVST was commissioned by Latimer by Clarion Housing Group to carry out community engagement activities with Tendring residents in the areas surrounding the Tendring & Colchester Borders Garden Community (TCBGC). Latimer is the master developer for the TCBGC, a planned new Garden Community Development of up to 9,000 new homes on land between the A133 and the A120 on the borders of Tendring and Colchester. Local residents were consulted through a series of events in Alresford, Ardleigh, Brightlingsea, Crockleford Heath, Elmstead Market and Great Bromley. CVST also facilitated a £10,000 small grants programme on behalf of Latimer with six different organisations being awarded grants of £1,000 or £2,000 each.



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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
**(A Company Limited by Guarantee)**

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**TRUSTEES' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**4. QUALITY ASSURANCE**

The charity retains the internationally recognised quality standard ISO 9001 maintaining high standards across all internal systems and management, customer services and satisfaction. ISO 9001 scrutinises internal systems and governance and ensures the organisation adheres to legal and financial frameworks. This work is undertaken by the CVST audit sub-committee and is externally audited. It is an objective to once again, attain the NAVCA Local Infrastructure Quality Assurance award.

**5. FINANCIAL OVERVIEW**

The charity has been successful in securing funding from a variety of sources including Essex County Council, SNEE ICB, Primary Care Networks, Tendring District Council, National Lottery Community Fund, Latimer by Clarion Housing Group, Places for People, Active Essex, Provide, Essex Community Foundation, NAVCA and Harwich Town Council. This funding enables the charity to deliver much needed support and services and to respond to the needs of our local community. In addition, we are very grateful to have received a generous donation from Pickering, a local business. We are utilising the donation for families needing emergency funds.

**6. RESERVES POLICY**

The Board of Trustees are pleased to report that the charity's free reserves are sufficient to cover 12 months' running costs, property maintenance, management, redundancy, administration and support costs and any potential liabilities in line with its established reserves policy. The deficit position reflects grant payments made to local voluntary sector organisations using restricted grant reserves secured during the pandemic to deliver several projects. The trustee board aim to maintain sufficient reserves to ensure the charity remains sustainable in the event of a significant drop in funding or any unforeseen events which would impact on its viability and sustainability.

**7. FUTURE PLANS**

It is the intention of the charity to pursue the following objectives during the year 2024/2025:

1. To continue to support people who are affected by the cost of living crisis, unable to pay for food and fuel by ensuring people in need have access to appropriate information, advice and practical support and by leading, supporting and mobilising the Cost of Living Action Group.
2. Continue to strengthen and build resilience in the voluntary sector by providing support, expertise, information, volunteers and funding through the many networks, forums and groups hosted and via our social media channels and various ebulletins.
3. To further develop and expand the HILL programme following the successful application to the Lottery to alleviate chronic loneliness, cultural awareness and inclusivity and physical inactivity including through the Beat the Street in Harwich and deliver a Street Tag project in Walton and Harwich and deliver Find your Active Place Navigator in Clacton and Jaywick.
4. To continue to develop the activities being delivered in partnership with local people, raising cultural awareness and promoting equality, diversity, and inclusive communities through the development of additional facilities at our Community Café.
5. Maintain the charity's presence in local hospitals to support hospital discharge.
6. To further expand the social prescribing service by cementing relationships with the Primary Care Networks to support the wellbeing of local people.
7. To continue to engage with the local population and voluntary and community sector as part of the Community Asset Mapping and Neighbourhood work with partners to target specific cohorts.
8. Continue to develop digital expertise within charities and communities.
9. Support people and the voluntary sector with training and expertise for effective volunteer recruitment and retention.
10. To continue to work in collaboration with system partners to tackle health inequalities and the wider determinants of health at a place level and resilience project.

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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
**(A Company Limited by Guarantee)**

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**TRUSTEES' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**8. ACKNOWLEDGEMENT**

The trustees thank the staff and volunteers for their commitment over this last year which has again, been challenging. Thanks are also given to our many funders and supporters including but not exclusively: Essex County Council Public Health and the Local Delivery Pilot, the North East Essex Alliance, the Suffolk and NEE ICB, Tendring District Council and Essex Community Foundation for their vital support for which the charity is extremely grateful.

**9. TRUSTEES' RESPONSIBILITIES**

The Trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Disclosure of information to auditor**

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that: In accordance with company law, as the company's directors, we certify that:

- so far as that Trustee is aware, there is no relevant audit information of which the charitable company's auditor is unaware; and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charitable company's auditor is aware of that information.

**Small Companies note**

In preparing this report, the Trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

**Auditor**

Our auditor SB Audit LLP merged with Sumer Auditco Limited on 28 March 2024. Accordingly, SB Audit LLP formally resigned as the charitable company's auditor with the trustees duly appointing Sumer Auditco Limited to fill the vacancy arising.

The auditor, Sumer Auditco Limited, has indicated their willingness to continue in office. The designated trustees will propose a motion reappointing the auditor at a meeting of the trustees.

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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
(A Company Limited by Guarantee)

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**TRUSTEES' REPORT (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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Approved by order of the members of the board of Trustee on  
and signed on their behalf by:

21/8/24  
Brenda Ellis

**Brenda Ellis**  
(Chair of Trustees)

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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
**(A Company Limited by Guarantee)**

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**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES**

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**Opinion**

We have audited the financial statements of Tendring Community Voluntary Services (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities (incorporating Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
**(A Company Limited by Guarantee)**

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**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)**

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**Other information**

The other information comprises the information included in the Annual Report other than the financial statements and our Auditors' Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**Opinion on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

**Matters on which we are required to report by exception**

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.



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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
**(A Company Limited by Guarantee)**

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**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)**

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**Responsibilities of trustees**

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Auditors' responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, through discussion with the Trustees (as required by auditing standards), inspection of the Charitable Company's regulatory and legal correspondence and discussed with the Trustees the policies and procedures regarding compliance with laws and regulations. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

The potential effect of these laws and regulations on the financial statements varies considerably.

Firstly, the Charitable Company is subject to laws and regulations that directly affect the financial statements including financial reporting legislation, distributable profits legislation and taxation legislation and we assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statements items.

Secondly, the Charitable Company is subject to many other laws and regulations where the consequences of non-compliance could have a material effect on amounts or disclosures in the financial statements, for instance through the imposition of fines or litigation. We identified the following areas as those most likely to have such an effect: health and safety, safeguarding, employment law, The Equality Act 2010 and GDPR. Auditing standards limit the required audit procedures to identify non-compliance with these laws and regulations to enquiry of the Trustees and other management and inspection of regulatory and legal correspondence, if any.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: enquires of management and those charged with governance as to whether the Charitable Company complies with such regulations; enquires of management and those charged with governance concerning any actual or potential litigation or claims, inspection of relevant legal documentation, review of board minutes, testing the appropriateness of journal entries and the performance of analytical review to identify any unexpected movements in account balances which may be indicative of fraud.

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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
**(A Company Limited by Guarantee)**

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**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)**

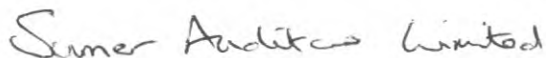
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There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Auditors' Report.

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.



**Timothy O'Connor (Senior Statutory Auditor)**

for and on behalf of

**Sumer Auditco Limited**

Statutory Auditor

820 The Crescent

Colchester Business Park

Colchester

Essex

CO4 9YQ

Date: 2/9/24



**TENDRING COMMUNITY VOLUNTARY SERVICES**  
(A Company Limited by Guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2024**

	Note	Unrestricted funds 2024 £	Restricted funds 2024 £	Endowment funds 2024 £	Total funds 2024 £	Total funds 2023 £
<b>Income and endowments from:</b>						
Donations and legacies	4	322,795	495,583	-	818,378	1,880,503
Charitable activities	5	276,918	24,154	-	301,072	253,089
Other trading activities	6	4,951	610	-	5,561	5,389
Investments	7	40,132	-	-	40,132	25,061
<b>Total income and endowments</b>		<b>644,796</b>	<b>520,347</b>	<b>-</b>	<b>1,165,143</b>	<b>2,164,042</b>
<b>Expenditure on:</b>						
Charitable activities	9	1,114,225	1,337,090	3,575	2,454,890	2,026,433
<b>Total expenditure</b>		<b>1,114,225</b>	<b>1,337,090</b>	<b>3,575</b>	<b>2,454,890</b>	<b>2,026,433</b>
<b>Net (expenditure) /income before net (losses)/gains on investments</b>		<b>(469,429)</b>	<b>(816,743)</b>	<b>(3,575)</b>	<b>(1,289,747)</b>	<b>137,609</b>
Net (losses)/gains on investments		(20,000)	-	-	(20,000)	24,215
<b>Net movement in funds</b>		<b>(489,429)</b>	<b>(816,743)</b>	<b>(3,575)</b>	<b>(1,309,747)</b>	<b>161,824</b>
<b>Reconciliation of funds:</b>						
Total funds brought forward		1,454,587	1,644,758	346,740	3,446,085	3,284,261
Net movement in funds		(489,429)	(816,743)	(3,575)	(1,309,747)	161,824
<b>Total funds carried forward</b>		<b>965,158</b>	<b>828,015</b>	<b>343,165</b>	<b>2,136,338</b>	<b>3,446,085</b>

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 25 to 42 form part of these financial statements.

**TENDRING COMMUNITY VOLUNTARY SERVICES**  
**(A Company Limited by Guarantee)**  
**REGISTERED NUMBER: 05325167**

**BALANCE SHEET**  
**AS AT 31 MARCH 2024**

	Note	2024 £	2023 £
<b>Fixed assets</b>			
Tangible assets	13	1,049,394	1,068,927
Investment property	14	117,655	137,655
		<u>1,167,049</u>	<u>1,206,582</u>
<b>Current assets</b>			
Debtors	15	44,092	503,255
Cash at bank and in hand		1,352,429	2,216,682
		<u>1,396,521</u>	<u>2,719,937</u>
Creditors: amounts falling due within one year	16	(337,232)	(262,934)
<b>Net current assets</b>		<u>1,059,289</u>	<u>2,457,003</u>
<b>Total assets less current liabilities</b>		<u>2,226,338</u>	<u>3,663,585</u>
Creditors: amounts falling due after more than one year	17	(90,000)	(217,500)
<b>Total net assets</b>		<u><u>2,136,338</u></u>	<u><u>3,446,085</u></u>
<b>Charity funds</b>			
Endowment funds	19	343,165	346,740
Restricted funds	19	828,015	1,644,758
Unrestricted funds	19	965,158	1,454,587
<b>Total funds</b>		<u><u>2,136,338</u></u>	<u><u>3,446,085</u></u>

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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
**(A Company Limited by Guarantee)**

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**BALANCE SHEET (CONTINUED)**  
**AS AT 31 MARCH 2024**

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The financial statements have been prepared in accordance with the special provisions applicable to charitable companies subject to the small companies' regime. In the Trustees' opinion the Charitable Company is entitled to these exemptions as a small company.

The financial statements were approved and authorised for issue by the Trustees on  
and signed on their behalf by:

21/6/24

Brenda Ellis

**Brenda Ellis**  
(Chair of Trustees)

The notes on pages 25 to 42 form part of these financial statements.

**TENDRING COMMUNITY VOLUNTARY SERVICES**  
**(A Company Limited by Guarantee)**

**STATEMENT OF CASH FLOWS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

	<b>Note</b>	<b>2024 £</b>	<b>2023 £</b>
<b>Cash flows from operating activities</b>			
Net cash used in operating activities	22	(885,583)	(602,263)
<b>Cash flows from investing activities</b>			
Interest received		31,092	14,544
Purchase of tangible fixed assets		(9,762)	(92,404)
Purchase of investment properties		-	(27,655)
<b>Net cash provided by/(used in) investing activities</b>		<b>21,330</b>	<b>(105,515)</b>
<b>Cash flows from financing activities</b>			
<b>Net cash provided by financing activities</b>		<b>-</b>	<b>-</b>
<b>Change in cash and cash equivalents in the year</b>		<b>(864,253)</b>	<b>(707,778)</b>
Cash and cash equivalents at the beginning of the year		2,216,682	2,924,460
<b>Cash and cash equivalents at the end of the year</b>	23	<b>1,352,429</b>	<b>2,216,682</b>

The notes on pages 25 to 42 form part of these financial statements

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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
**(A Company Limited by Guarantee)**

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**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**1. General information**

Tendring Community Voluntary Services is a charitable company limited by guarantee, incorporated in England and Wales, registered company number 05325167 and registered Charity number 1108177. The address of the registered office is Imperial House, 20-22 Rosemary Road, Clacton On Sea, Essex, CO15 1NZ.

**2. Accounting policies**

**2.1 Basis of preparation of financial statements**

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Tendring Community Voluntary Services meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

**2.2 Going concern**

After reviewing the charitable company's forecasts and projections, together with all known factors, the Trustees have a reasonable expectation that it has adequate resources to continue in operational existence for the foreseeable future. The entity therefore continues to adopt the going concern basis in preparing its financial statements.

**2.3 Income**

All income is recognised once the Charitable Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income is deferred only when the charitable company has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Other income is recognised in the period in which it is receivable.

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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
**(A Company Limited by Guarantee)**

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**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**2. Accounting policies (continued)**

**2.4 Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charitable Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

**2.5 Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charitable Company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

**2.6 Taxation**

The Charitable Company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charitable Company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

**2.7 Tangible fixed assets and depreciation**

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Freehold property	-	1% straight line
Beach Hut	-	10% straight line
Motor vehicles	-	20% straight line
Fixtures and fittings	-	6% - 25% straight line
Computer equipment	-	33% straight line

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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
**(A Company Limited by Guarantee)**

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**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**2. Accounting policies (continued)**

**2.8 Investment properties**

Investment properties are included at valuation with revaluation gain/losses passing through the Statement of Financial Activities.

**2.9 Debtors**

Trade and other debtors are recognised at the settlement amount after any trade discount offered.

**2.10 Cash at bank and in hand**

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**2.11 Liabilities and provisions**

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charitable Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

**2.12 Financial instruments**

The Charitable Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

**2.13 Pensions**

The Charitable Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charitable Company to the fund in respect of the year.

**2.14 Fund accounting**

Unrestricted funds are funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charitable Company. The Trustees seek to designate these funds wherever possible.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charitable Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Endowment funds are funds that cannot be used as if they are income i.e. they cannot be used to make payments or grants to others.

Investment income, gains and losses are allocated to the appropriate fund.



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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
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**NOTES TO THE FINANCIAL STATEMENTS**  
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**3. Critical accounting estimates and areas of judgement**

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The more significant judgements and estimates involved in the preparation of the financial statements include assessing the depreciation rates applicable to tangible fixed assets, the valuation of investment properties and the way in which certain costs should be apportioned. Further details regarding these points are included within the accounting policies.

**4. Income from donations and legacies**

	<b>Unrestricted funds 2024 £</b>	<b>Restricted funds 2024 £</b>	<b>Total funds 2024 £</b>
Donations	20,032	1,065	<b>21,097</b>
Grants	302,763	494,518	<b>797,281</b>
	<u>322,795</u>	<u>495,583</u>	<u><b>818,378</b></u>
	<b>Unrestricted funds 2023 £</b>	<b>Restricted funds 2023 £</b>	<b>Total funds 2023 £</b>
Donations	81,220	4,247	85,467
Grants	855,212	939,824	1,795,036
	<u>936,432</u>	<u>944,071</u>	<u>1,880,503</u>

All income above relates to community support service activities for both years.

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**5. Income from charitable activities**

	<b>Unrestricted funds 2024 £</b>	<b>Restricted funds 2024 £</b>	<b>Total funds 2024 £</b>
Core community support activities	273,691	24,154	<b>297,845</b>
Management and other fees	3,225	-	<b>3,225</b>
Other Charitable Activities	2	-	<b>2</b>
	<u>276,918</u>	<u>24,154</u>	<u><b>301,072</b></u>
	<b>Unrestricted funds 2023 £</b>	<b>Restricted funds 2023 £</b>	<b>Total funds 2023 £</b>
Core community support activities	78,250	169,363	247,613
Management and other fees	2,925	-	2,925
Other Charitable Activities	2,551	-	2,551
	<u>83,726</u>	<u>169,363</u>	<u>253,089</u>

All income above relates to community support activities in both years.

**6. Income from other trading activities**

**Income from fundraising events**

	<b>Unrestricted funds 2024 £</b>	<b>Restricted funds 2024 £</b>	<b>Total funds 2024 £</b>
Beach Hut etc	4,951	-	<b>4,951</b>
Community Fair	-	610	<b>610</b>
	<u>4,951</u>	<u>610</u>	<u><b>5,561</b></u>

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**6. Income from other trading activities (continued)**

**Income from fundraising events (continued)**

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Beach Hut etc	4,699	-	4,699
Community Fair	-	690	690
	<u>4,699</u>	<u>690</u>	<u>5,389</u>

**7. Investment income**

	Unrestricted funds 2024 £	Total funds 2024 £
Investment property income	9,040	<b>9,040</b>
Bank interest	31,092	<b>31,092</b>
	<u>40,132</u>	<u><b>40,132</b></u>

	Unrestricted funds 2023 £	Total funds 2023 £
Investment property income	10,517	10,517
Bank interest	14,544	14,544
	<u>25,061</u>	<u>25,061</u>

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**8. Governance costs**

	<b>Unrestricted funds 2024 £</b>	<b>Total funds 2024 £</b>
Audit fees	9,500	<b>9,500</b>
Staff costs	11,575	<b>11,575</b>
	<u>21,075</u>	<u><b>21,075</b></u>
	<b>Unrestricted funds 2023 £</b>	<b>Total funds 2023 £</b>
Audit fees	8,500	8,500
Staff costs	12,156	12,156
	<u>20,656</u>	<u>20,656</u>

**9. Analysis of resources expended by expenditure type**

	<b>Unrestricted funds 2024 £</b>	<b>Restricted funds 2024 £</b>	<b>Endowment funds 2024 £</b>	<b>Total funds 2024 £</b>
Depreciation on fixed assets used for charitable purposes	23,578	2,142	3,575	<b>29,295</b>
Cost of activities in furtherance of the charity's objectives	1,069,572	1,334,948	-	<b>2,404,520</b>
Governance (note 8)	21,075	-	-	<b>21,075</b>
	<u>1,114,225</u>	<u>1,337,090</u>	<u>3,575</u>	<u><b>2,454,890</b></u>

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	Unrestricted funds 2023 £	Restricted funds 2023 £	Endowment funds 2023 £	Total funds 2023 £
Depreciation on fixed assets used for charitable purposes	23,673	2,142	3,575	29,390
Cost of activities in furtherance of the charity's objectives	945,188	1,031,199	-	1,976,387
Governance (note 8)	20,656	-	-	20,656
	<u>989,517</u>	<u>1,033,341</u>	<u>3,575</u>	<u>2,026,433</u>

**10. Net (expenditure)/income**

	2024 £	2023 £
<b>Net (expenditure)/income is stated after charging:</b>		
Audit fees	9,500	8,500
Depreciation	29,295	29,390
Staff pension contributions	23,445	16,818
	<u>          </u>	<u>          </u>

**11. Staff costs**

	2024 £	2023 £
Wages and salaries	1,018,162	864,568
Social security costs	73,556	66,585
Contribution to defined contribution pension schemes	23,445	16,818
	<u>1,115,163</u>	<u>947,971</u>

The average number of persons employed by the Charitable Company during the year was as follows:

	2024 No.	2023 No.
Employees	<u>53</u>	<u>44</u>

No employee received remuneration amounting to more than £60,000 in either year.

The aggregate remuneration of key management personnel was £85,042 (2023 - £83,424).

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**12. Related parties, including Trustees' remuneration and expenses**

All transactions with related parties are undertaken on normal commercial terms, on an arm's length basis.

During the prior year, one Trustee received £5,100 in respect of consultancy services. These services were provided separately from their role as a Trustee. This Trustee resigned during the prior year and no corresponding costs were incurred with any Trustee during the year ended 31 March 2024.

During the year ended 31 March 2024, Trustees (including close family members) incurred costs of £153 (2023 - £Nil) on behalf of the Charitable Company that were subsequently reimbursed. At the balance sheet date the amount owed to them was £Nil (2023 - £Nil).

**13. Tangible fixed assets**

	Freehold property £	Motor vehicles £	Fixtures and fittings £	Total £
<b>Cost or valuation</b>				
At 1 April 2023	1,217,240	7,500	260,044	1,484,784
Additions	-	-	9,762	9,762
At 31 March 2024	1,217,240	7,500	269,806	1,494,546
<b>Depreciation</b>				
At 1 April 2023	225,849	1,500	188,508	415,857
Charge for the year	17,212	1,500	10,583	29,295
At 31 March 2024	243,061	3,000	199,091	445,152
<b>Net book value</b>				
At 31 March 2024	974,179	4,500	70,715	1,049,394
At 31 March 2023	991,391	6,000	71,536	1,068,927

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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
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**NOTES TO THE FINANCIAL STATEMENTS**  
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**13. Tangible fixed assets (continued)**

The Charity's freehold property at 20/22 Rosemary Road, Clacton-on-Sea was valued as at 31 March 2013, at £700,000 (the net book value at that time was £567,763). The valuation was carried out by an External Valuer, P H H Whaeton FRICS of Fenn Wright, Chartered Surveyors. The valuation was undertaken in accordance with the requirements of the RICS Valuation - Professional Standards and the relevant financial reporting standards.

Land and buildings also include: 99 Carnarvon Road (Lunch club property) donated from Age Concern and 276 High Street, Dovercourt (fully operational from Autumn 2019).

**14. Investment property**

	<b>Freehold investment property £</b>
<b>Valuation</b>	
At 1 April 2023	<b>137,655</b>
Revaluation	<b>(20,000)</b>
	<hr/>
At 31 March 2024	<b>117,655</b>
	<hr/> <hr/>

The most recent full valuation of the investment property at 101 Carnarvon Road, Clacton On Sea, was carried out during 2024 by Bairstow Eves. This is based on an open market valuation subject to current tenancy agreements.

The investment property at 274 High Street, Dovercourt was purchased during the prior year. This is less material and the Trustees consider its valuation to remain reasonable.

**15. Debtors**

	<b>2024 £</b>	<b>2023 £</b>
<b>Due within one year</b>		
Trade debtors	<b>43,101</b>	502,975
Other debtors	<b>991</b>	280
	<hr/>	<hr/>
	<b>44,092</b>	<b>503,255</b>
	<hr/> <hr/>	<hr/> <hr/>



**TENDRING COMMUNITY VOLUNTARY SERVICES**  
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**16. Creditors: Amounts falling due within one year**

	2024 £	2023 £
Trade creditors	17,493	27,502
Other creditors	5,599	5,057
Accruals and deferred income	314,140	230,375
	<u>337,232</u>	<u>262,934</u>

	2024 £	2023 £
<b>Deferred income</b>		
Deferred income at 1 April 2023	439,375	948,392
Resources deferred during the year	170,265	6,875
Amounts released from previous periods	(215,000)	(515,892)
	<u>394,640</u>	<u>439,375</u>

**17. Creditors: Amounts falling due after more than one year**

	2024 £	2023 £
Accruals and deferred income	<u>90,000</u>	<u>217,500</u>

**18. Financial instruments**

	2024 £	2023 £
<b>Financial assets</b>		
Financial assets measured at transaction price	<u>44,092</u>	<u>503,255</u>

	2024 £	2023 £
<b>Financial liabilities</b>		
Financial liabilities measured at transaction price	<u>427,232</u>	<u>480,434</u>

Financial assets comprise trade and other debtors.

Financial liabilities comprise trade creditors, other creditors, accruals and deferred income.

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**NOTES TO THE FINANCIAL STATEMENTS**  
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**19. Statement of funds**

**Statement of funds - current year**

	Balance at 1 April 2023 £	Income £	Expenditure £	Gains/ (Losses) £	Balance at 31 March 2024 £
<b>Unrestricted funds</b>					
CIC/Imperial House	78,545	57,008	(87,341)	-	48,212
Harwich Centre (HC)	482	1,729	(1,518)	-	693
Fundraising and sundry charitable accounts	42,154	9,742	(9,955)	-	41,941
Lunch Club (LC)	258,526	26,073	(37,579)	-	247,020
Resilience	115,316	19,585	(116,266)	-	18,635
Social Prescribing	400,109	341,069	(564,835)	-	176,343
Property maintenance reserve	83,230	-	(4,356)	-	78,874
Core TCVS	384,300	137,550	(229,545)	(20,000)	272,305
Health projects	91,925	52,040	(62,830)	-	81,135
	<u>1,454,587</u>	<u>644,796</u>	<u>(1,114,225)</u>	<u>(20,000)</u>	<u>965,158</u>
<b>Endowment funds</b>					
Building Development Fund	<u>346,740</u>	<u>-</u>	<u>(3,575)</u>	<u>-</u>	<u>343,165</u>

Included within unrestricted funds is an accumulated credit of £4,215 in respect of the revaluation of investment properties (2023 - £24,215 credit).

**TENDRING COMMUNITY VOLUNTARY SERVICES**  
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**NOTES TO THE FINANCIAL STATEMENTS**  
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**19. Statement of funds (continued)**

**Restricted funds**

Healthier Independent Longer Lives (HILL)	65,513	214,581	(192,571)	-	87,523
LDP	45,852	70,206	(71,244)	-	44,814
Colchester Catalyst: HC	90,307	4,931	(5,862)	-	89,376
Capital Fund	141,850	-	(1,462)	-	140,388
Live Well	827,557	(45,500)	(742,087)	-	39,970
Sector Sustainability	210,179	243,885	(298,159)	-	155,905
Winter warmth campaign	-	32,244	(17,947)	-	14,297
Tendring Place	263,500	-	(7,758)	-	255,742
	<u>1,644,758</u>	<u>520,347</u>	<u>(1,337,090)</u>	<u>-</u>	<u>828,015</u>
<b>Total of funds</b>	<u><u>3,446,085</u></u>	<u><u>1,165,143</u></u>	<u><u>(2,454,890)</u></u>	<u><u>(20,000)</u></u>	<u><u>2,136,338</u></u>

**TENDRING COMMUNITY VOLUNTARY SERVICES**  
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**NOTES TO THE FINANCIAL STATEMENTS**  
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**19. Statement of funds (continued)**

**Statement of funds - prior year**

	Balance at 1 April 2022 £	Income £	Expenditure £	Gains/ (Losses) £	Balance at 31 March 2023 £
<b>Unrestricted funds</b>					
CIC/Imperial House	53,431	50,789	(25,675)	-	78,545
Harwich Centre (HC)	1,043	3,289	(3,850)	-	482
Fundraising and sundry charitable accounts	25,790	94,543	(78,179)	-	42,154
Lunch Club (LC)	321,174	18,448	(81,096)	-	258,526
Resilience	597	209,456	(94,737)	-	115,316
Social Prescribing	455,453	402,214	(457,558)	-	400,109
Property maintenance reserve	100,408	-	(17,178)	-	83,230
Core TCVS	347,577	218,436	(205,928)	24,215	384,300
Health projects	64,498	52,743	(25,316)	-	91,925
	<u>1,369,971</u>	<u>1,049,918</u>	<u>(989,517)</u>	<u>24,215</u>	<u>1,454,587</u>
<b>Endowment funds</b>					
Building Development Fund	<u>350,315</u>	<u>-</u>	<u>(3,575)</u>	<u>-</u>	<u>346,740</u>

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**19. Statement of funds (continued)**

**Restricted funds**

Healthier Independent Longer Lives (HILL)	104,064	85,884	(124,435)	-	65,513
LDP	55,142	126,847	(136,137)	-	45,852
Colchester Catalyst: HC	91,238	-	(931)	-	90,307
Capital Fund	143,312	-	(1,462)	-	141,850
Live Well	1,065,000	245,738	(483,181)	-	827,557
Sector Sustainability	44,048	350,262	(184,131)	-	210,179
Winter warmth campaign	-	4,296	(4,296)	-	-
Tendring Place	-	263,500	-	-	263,500
Grassroots	44	-	(44)	-	-
Men's Mental Health Community Fund	6,672	-	(6,672)	-	-
Essex Carers	40,000	-	(40,000)	-	-
Seeds 4 Growth	13,263	37,597	(50,860)	-	-
Active Essex	1,192	-	(1,192)	-	-
	<u>1,563,975</u>	<u>1,114,124</u>	<u>(1,033,341)</u>	<u>-</u>	<u>1,644,758</u>
<b>Total of funds</b>	<u>3,284,261</u>	<u>2,164,042</u>	<u>(2,026,433)</u>	<u>24,215</u>	<u>3,446,085</u>

Descriptions of the various funds have been provided within within the financial statements and the Trustees' Report.

**TENDRING COMMUNITY VOLUNTARY SERVICES**  
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**NOTES TO THE FINANCIAL STATEMENTS  
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**20. Summary of funds**

**Summary of funds - current year**

	Balance at 1 April 2023 £	Income £	Expenditure £	Gains/ (Losses) £	Balance at 31 March 2024 £
General funds	1,454,587	644,796	(1,114,225)	(20,000)	965,158
Endowment funds	346,740	-	(3,575)	-	343,165
Restricted funds	1,644,758	520,347	(1,337,090)	-	828,015
	<u>3,446,085</u>	<u>1,165,143</u>	<u>(2,454,890)</u>	<u>(20,000)</u>	<u>2,136,338</u>

**Summary of funds - prior year**

	Balance at 1 April 2022 £	Income £	Expenditure £	Gains/ (Losses) £	Balance at 31 March 2023 £
General funds	1,369,971	1,049,918	(989,517)	24,215	1,454,587
Endowment funds	350,315	-	(3,575)	-	346,740
Restricted funds	1,563,975	1,114,124	(1,033,341)	-	1,644,758
	<u>3,284,261</u>	<u>2,164,042</u>	<u>(2,026,433)</u>	<u>24,215</u>	<u>3,446,085</u>

**21. Analysis of net assets between funds**

**Analysis of net assets between funds - current year**

	Unrestricted funds 2024 £	Restricted funds 2024 £	Endowment funds 2024 £	Total funds 2024 £
Tangible fixed assets	299,310	406,919	343,165	1,049,394
Investment property	117,655	-	-	117,655
Current assets	937,926	458,595	-	1,396,521
Creditors due within one year	(299,733)	(37,499)	-	(337,232)
Creditors due in more than one year	(90,000)	-	-	(90,000)
<b>Total 2024</b>	<u>965,158</u>	<u>828,015</u>	<u>343,165</u>	<u>2,136,338</u>



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Analysis of net assets between funds - prior period

	Unrestricted funds 2023 £	Restricted funds 2023 £	Endowment funds 2023 £	Total funds 2023 £
Tangible fixed assets				
Tangible fixed assets	311,158	411,029	346,740	1,068,927
Investment property	137,655	-	-	137,655
Current Assets	1,373,708	1,346,229	-	2,719,937
Creditors due within one year	(187,934)	(75,000)	-	(262,934)
Creditors due in more than one year	(180,000)	(37,500)	-	(217,500)
<b>Total 2023</b>	<b>1,454,587</b>	<b>1,644,758</b>	<b>346,740</b>	<b>3,446,085</b>

**22. Reconciliation of net movement in funds to net cash flow from operating activities**

	<b>2024 £</b>	<b>2023 £</b>
Net (expenditure)/income for the period (as per Statement of Financial Activities)	<b>(1,309,747)</b>	161,824
<b>Adjustments for:</b>		
Depreciation charges	<b>29,295</b>	29,390
Interest received	<b>(31,092)</b>	(14,544)
Losses/(gains) on investments	<b>20,000</b>	(24,215)
Decrease/(increase) in debtors	<b>459,163</b>	(248,224)
Decrease in creditors	<b>(53,202)</b>	(506,494)
<b>Net cash used in operating activities</b>	<b>(885,583)</b>	<b>(602,263)</b>

**23. Analysis of cash and cash equivalents**

	<b>2024 £</b>	<b>2023 £</b>
Cash in hand	<b>1,352,429</b>	2,216,682
<b>Total cash and cash equivalents</b>	<b>1,352,429</b>	<b>2,216,682</b>

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**TENDRING COMMUNITY VOLUNTARY SERVICES**  
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**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**24. Analysis of changes in net debt**

	At 1 April 2023 £	Cash flows £	At 31 March 2024 £
Cash at bank and in hand	2,216,682	(864,253)	1,352,429
	<u>2,216,682</u>	<u>(864,253)</u>	<u>1,352,429</u>

**25. Legal status**

The charity is a company limited by guarantee and has no share capital.

**26. Pension commitments**

The Charitable Company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in an independently administered fund. The pension cost charge represents contributions payable by the charitable company to the fund and amounted to £23,445 for the year (2023 - £16,818) . At the balance sheet date £4,935 (2023 - £4,529) was payable to the fund and is included in creditors.