

Registered number: 05325167
Charity number: 1108177

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

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TENDRING COMMUNITY VOLUNTARY SERVICES
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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2023

Trustees	Brenda Ellis, Chairman Bob Newman, Vice Chair Dr Jonathan Geldard, Treasurer Charlotte Fitzgerald, Trustee (resigned 3 September 2022) Mark Norman, Trustee Michael Page, Trustee Indira Allen, Trustee Anne Brown, Trustee Thea Roper, Trustee (appointed 7 September 2022)
Company registered number	05325167
Charity registered number	1108177
Registered office	Imperial House 20-22 Rosemary Road Clacton on Sea Essex CO15 1NZ
Company secretary	Sharon Alexander
Chief executive officer	Sharon Alexander
Independent auditor	SB Audit LLP Chartered Accountants and Statutory Auditor 820 The Crescent Colchester Business Park Colchester Essex CO4 9YQ
Bankers	CAF Bank Limited Kings Hill West Malling Kent ME19 4JQ CCLA Investment Management COIF Charity Funds 80 Cheapside London EC2V 6DZ

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(A Company Limited by Guarantee)

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND ADVISERS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Solicitors	Fisher Jones Greenwood 16 Baddow Road Chelmsford Essex CM2 0DG
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TENDRING COMMUNITY VOLUNTARY SERVICES

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TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

The Trustees, who are also directors for the purposes of company law, are pleased to present this report and the financial statements of Tendring Community Voluntary Services for the year ended 31 March 2023 which are also prepared to meet the requirements for the director's report and accounts for Companies House.

1. GOVERNANCE, OBJECTS, STRUCTURE AND PUBLIC BENEFIT

The Trustees are satisfied with the performance of the charity over the last 12 months up to year end 31 March 2023. The Trustees confirm that the charity is in a strong and healthy position and there are sufficient assets to continue delivering activities and to fulfil its obligations. The accounts comply with the Charities Act, the Companies Act 2006, the Memorandum and Articles of Association and the Statement of Recommended Practice.

The Trustees have referred to the Charity Commission's general guidance on public benefit entitled 'Charities and Public Benefit' and are satisfied that the organisation's objects, activities, structure and strategic framework conforms with these requirements. Some of CVST's services and activities are either free of charge or at minimum rates due to grants and fundraising income for this purpose.

a. Governing Document

The trustees present their annual report and financial statements of the charity for the year ended 31 March 2023 which are also prepared to meet the requirements for the director's report and accounts for Companies House. The charity is also known as Community Voluntary Services Tendring, CVS Tendring and CVST. The charity was established in 1973 and was incorporated and registered as a charitable company limited by guarantee on 5 January 2005. In the event of the company being wound up, members are required to contribute £10.

Principal objects:

(A) To promote any charitable purposes for the benefit of the community in the local government district of Tendring and its environs, and in particular the advancement of education, the protection of health and the relief of poverty, distress and sickness.

(B) To promote and organise co-operation in the achievement of the above purposes and to that end to bring together in council representatives of the voluntary organisations and statutory authorities within the area of benefit. Provided that in carrying out these charitable purposes, the Council will seek to challenge all forms of oppression and inequality and to give priority to working with people whose full participation in society is limited by economic, political and social disadvantage.

The organisation has four core functions: Represent the broad issues of the voluntary sector and act as strategic partner, Encourage Liaison between agencies, Develop initiatives to meet identified gaps in the community and provide Promotional and marketing support for the sector and to also provide direct services to meet the needs of the community.

Our mission is "leading and supporting voluntary action in Tendring and empowering local people".

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

b. Organisational structure and decision making

The Board meets six times a year. The board is responsible for the strategy, risk management, setting and reviewing policy and monitoring performance of the charity's activities and core services. Day to day management of the charity is delegated to the Chief Officer who reports regularly to the Chairman. The Audit sub-committee takes delegated responsibility on behalf of the Board of Trustees for ensuring that there is a framework for accountability and scrutiny; for examining and reviewing all systems and methods of financial control; for maintaining the charity's quality standards and for ensuring the charity is complying with all aspects of the law, relevant regulations and good practice. The annual workplan is updated, priorities identified and agreed by the board. Our aim is to provide comprehensive support to achieve a vibrant and thriving voluntary sector which has the community at the heart of everything we do, to have the systems in place to meet funders' requirements and inspire confidence in stakeholders through quality assurance and to clearly and articulately represent the voluntary sector to public policy makers.

c. Risk management

The Trustees have examined major strategic, governance, business, financial and operational risks which the Charity has and may face and have implemented the appropriate systems and monitoring to mitigate these. The potential reduction in grants secured from statutory organisations has been identified as a future risk to the Charity and steps have been taken to alleviate this. The Charity's infrastructure proved to be robust during and recovering from the worldwide pandemic. The financial controls in place include the producing and reporting of budget performance, reporting mechanism for recording information and an accountability framework. Staff and Trustees are involved in reviewing and managing risk. A new purchase order system has been successfully implemented. Many aspects of risk management such as authorisation, monitoring and reporting, staff checks and appraisal, safety procedures - in particular, health and safety and adequate insurance cover - are embedded within the organisation. Internal financial controls conform to guidelines issued by the Charity Commission.

d. Recruitment and support of Trustees

The management of the charitable company is the responsibility of the Trustees who are elected from the membership and the wider community according to the Memorandum and Articles of Association. There shall be not less than six and not more than fifteen trustees serving on the Board.

Trustees are volunteers and give their time freely. Trustees are required to declare conflicts of interest and withdraw from discussions and decisions where a potential conflict may arise.

Trustees receive induction, an information pack, access to regular training, and attend regular meetings with other Trustees. The Charity holds an annual visioning day where personnel and Trustees review activities and agree priorities and strategic direction.

During the year, one Trustee was paid for a specific piece of work carried out on behalf of the Charity which was undertaken according to the rules set out in its governing document.

e. Membership

CVST is a membership charity and continues to promote the benefits of affiliation to the sector. Applications for membership are approved by the Board and the Board has the right to refuse membership to any individual or organisation. Members are required to be committed to the furtherance of the objects of the charity. CVST continues to develop its membership offer to local groups and organisations to provide a comprehensive body of support and representation. There were 149 member organisations during this year, an increase on the previous year due to promotion of the benefits of membership and increasing confidence post Covid.

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

f. Information services

We provide information from local and national sources for our members and wider audience through:

- Weekly e-bulletins
- Websites: www.cvstendring.org.uk and www.tendringtogether.org.uk
- Twitter: @cvstendring
- Facebook: www.facebook.com/cvstendring
- Instagram: @cvstendring
- LinkedIn: Community Voluntary Services Tendring
- Youtube: @communityvoluntaryservices622
- Imperial House Community Information Centre
- Dovercourt & Harwich Hub

The website and the organisation's branding have been refreshed and extended reflecting the rapid growth of the organisation. In the past year the website has seen a significant increase in website interaction with 16,314 users, 25,760 sessions and the website pages have been viewed 62,653 times.

The external weekly ebulletin newsletter is distributed to 980 subscribers and has a potential reach of 10 times this number due to it being shared with subscribers' networks. This newsletter includes CVST information, events, training, funding news, as well as news and information from national, regional and local organisations.

A new 'jobs and volunteers' weekly newsletter has been created, which is also distributed to 980 subscribers featuring job and volunteer opportunities for partners and affiliated members.

The communications team join other staff in uploading items to Facebook, Twitter and Instagram. Between April 2022 and March 2023 Facebook followers have increased from 2,605 to 3,094. Twitter followers have increased from 1,262 to 1,315. The Instagram account has 174 followers.

In 2022/2023 there were 54 press releases published, including photographic spreads and features.

There were 22 films created which includes both promotional films for social media, case studies, collaboration with the North East Essex (NEE) Health and Wellbeing Alliance and films to showcase the successful work of our projects and member organisations. These films have been used in partner meetings, on social media, in CVST and other newsletters, and at the Suffolk and NEE Integrated Care System (SNEE ICS) Exhibition and Integrated Care Board 'Community Connect' events.

A Vaccination Volunteers film submitted to the ICS film awards in 2022 to showcase the incredible story of volunteering at vaccination hubs during the pandemic won the Compassionate category and our Social Prescribing Film was included on the National Academy of Social Prescribing website.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

2. ACTIVITIES

Policies and core functions

The organisation undertakes work on behalf of its members and continues to develop its activities. The charity has in place the necessary plans, policies and procedures in order to further the objects of the charity. The charity operates to five core functions which are to:

1. Promote and support the local voluntary sector
2. Identify unmet need and develop initiatives to meet that need
3. Encourage liaison between agencies
4. Represent an overview of the broad issues facing the local voluntary sector
5. Act as a strategic partner

The Trustees have obligations as employers of staff and as owners of Imperial House – a community resource centre, the Lunch Club premises and the Dovercourt and Harwich Hub. There is an agreement in place with Essex County Council for the provision of CVST's core functions and key direct services such as depression screening, weight management, falls prevention and winter warm support. We also have an agreement with Provide as part of the Essex Wellbeing Service, to deliver a community connector service and with Primary Care Networks (PCNs) to supply social prescribing services in the district's surgeries. In July 2022, the NEE Clinical Commissioning Group merged with the newly formed entity, the Suffolk and NEE Integrated Care Board (SNEE ICB) which has commissioned CVST to deliver Seasonal Resilience, Cultural Awareness, the project Healthier Independent Longer Lives (HILL), Social Prescribing and the Urgent Community Response Service (UCRS). SNEE ICB also commissioned CVST, as part of the Live Well Domains, to continue the mapping of community assets which has influenced and informed the comprehensive grants programme administered by CVST on behalf of the ICB. The Lunch Club received a small grant from Essex Community Foundation to continue to respond to local need.

Green Carbon Charter

As part of its commitment to reducing CVSTs carbon footprint CVST trustees were delighted to be awarded the Bronze Carbon Charter Award. Work is already underway to secure the silver award with a view to achieving the gold award by the end of next year.

3. ACHIEVEMENTS AND PERFORMANCE - Review of activities

The last two reports focussed mainly on the worldwide pandemic, our vaccination work and the rebuilding of community activities and connections. The Covid-19 pandemic was not only responsible for lives lost but left many with a little-known health issue 'long covid'. People have lost confidence and numbers of those reporting mental ill health have risen and this has been compounded with a cost-of-living crisis. Local community activities either stopped and did not restart or are experiencing a drop in numbers. CVST has responded to the gaps and needs of our community by ensuring people and organisations have access to information, advice and resources. CVST has increased activities and services and most staff are now back in the workplace with only a small number continuing to work from home. Risk assessments, policies and procedures continued to be reviewed and procedures implemented to keep people safe.

Sector Sustainability

CVST continues to provide advice and give practical support in order to strengthen the infrastructure of the voluntary sector. Over 200 organisations have been supported with a wide range of services including funding advice and support, development of model policies and procedures, general guidance and information. 57 organisations had one to one support with organisational development to aid sustainability including health checks and funding. The support provided has enabled organisations to increase resilience and develop services to meet current needs. Funding, advice, compliance, and governance support continues to be in demand.

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FOR THE YEAR ENDED 31 MARCH 2023

Grant Awards Programmes

During this financial year CVST has managed 15 grants programmes on behalf of the NEE CCG, NEE Alliance, Essex County Council, NAVCA, Active Essex and Tendring District Council. The funds included Food and Fuel, Contain Outbreak Management Fund (COMF), Cervical Cancer Screening, Winter Resilience, Hyperlocal funding, TDC Community Champions, Dementia Confident Communities, Active Essex Small Grants and Realising Ambitions, as well as the funding made available through the Live Well Domains. 78 Organisations were awarded a total of £1,278,997 to deliver activities in the Tendring district. CVST is also represented on the Community Initiatives Fund Panel and the ECC Local Delivery Pilot.

Contain Outbreak Management Fund

In order to tackle some of the challenges that arose following the Covid-19 pandemic, funding was awarded from Essex County Council (both directly and through North-East Essex Clinical Commissioning Group) for a variety of projects to support the health and wellbeing of our population. This enabled the Charity to recruit a Volunteer Youth Co-ordinator in order to embed a culture of volunteering for the future. To also continue to deliver a wide range of physical activities, respond to the demands on our Social Prescribing service, promote the vaccination programme and activities to keep people safe and well and provide small grants to voluntary sector partners.

Community Renewal Fund

2022/2023 saw the completion of a successful partnership project with CVST, Abberton Rural Training, Colbea, Colne Radio and Paragon. Funded through Essex County Council from the Government's Community Renewal Fund this programme was designed to provide funding to help places across the UK prepare for the introduction of the UK Shared Prosperity Fund by contributing to the levelling up agenda by investing in people, places, businesses and communities improving everyday life across the UK. In Tendring, the Community Renewal Fund was being used to support the Seeds for Growth project which was designed to provide opportunities for people to gain skills in horticulture, media, care and self-employment. CVST worked with project partners to monitor and evaluate the project and to promote it through raising awareness, social media campaigns and social prescribing. 196 learners participated in courses through the project and 228 people were supported in total.

Events

CVST hosted 7 Surgeries hosting funders such as The National Lottery Community Fund, Active Essex, Grassroots Charity, Tudwick Foundation and the Colchester Catalyst Charity. 44 member organisations attended who, as a result of funding advice given, secured funding and are able to continue and/or develop their services. The surgeries have proved extremely popular to organisations looking to initiate new services and/or expand including increasing the opportunity for future collaboration and partnership work. Funding secured for local organisations employing local staff will contribute to the health of the local economy, keeping people in employment who will spend money locally, which in turn helps to strengthen the local economy. 2 Network Breakfasts were held during the year with 38 attendees who appreciated the opportunity to share knowledge and information, connect with peers, partners and members, some of whom have forged strong collaborations.

In addition to the support provided CVST held a number of events as an opportunity for networking, showcasing projects and organisations, raising funds and developing partnerships. The Town Centre Community Fair enabled the 21 organisations participating to showcase their services to the local population visiting the Clacton Air Show. The Victorian Christmas Market had 22 stalls booked for this annual event which attracts nearly 2,000 people. Local organisations use this event to raise much needed funds and to promote their charity, services and activities.

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Community Centres and Villiage Halls Forum

Community facilities throughout the district closed during the pandemic and struggled to reopen safely after Covid lockdowns. CVST responded by facilitating regular meetings held online and in person at various community halls. Members appreciated the opportunity to come together and support each other with resources, training opportunities, information and expertise. Topics discussed covered Community Asset Reporting, Volunteering, Training, Social Media top tips, Vaccinations in the Community and practical support such as heating and plumbing. Concerns, ideas and successes have been shared amongst the attendees. There were 2 meetings during 2022/23 with 40 attendances.

Older People's Forum

The Tendring Older People's Forum meets bi-monthly at the Community Association centre in Frinton on Sea and is very well attended. It brings together people and organisations who represent older people in the Tendring District. Its purpose is to get people to discuss issues of concern to older people, such as loneliness, health, mobility, dementia, digital access, housing, end-of-life, transport and much more. There are speakers and feedback is regularly reported to the CVST board of Trustees.

Volunteers

CVST values the contribution made by volunteers. They bring a wealth of talent, gifts and skills and contribute to the vibrant and caring culture inherent in the organisation which is why volunteer recruitment is a vital cog and continues to be a rolling programme. As volunteers have left to go on to new opportunities so new volunteers have joined reflecting no change to the total number of volunteers currently active. There are 260 volunteers who are involved in a variety of roles including physical activities, administration, reception, catering, gardening, litter picking, befriending, shopping, meals on wheels, caring, mentoring, Men's Shed, meeting and greeting, IT support, research, governance and group leadership to name just some. Volunteers continued to support the covid vaccinations during the winter months across the district at surgeries and at pop up events. The volunteers are recruited and supported by the Volunteer Co-ordinator who runs the comprehensive induction and ongoing training. In addition, there are regular volunteer 'get togethers' and annual 'Beach Hut Thank You' events during National Volunteers Week. Nearly 31,000 hours were donated by our volunteers which equates to a monetary value of approximately £310,000 based on a minimum wage. Volunteers are re-imbursed for any costs incurred and have induction and training in Lone Working, GDPR, Making Every Contact Count and Safeguarding. When our volunteers take further qualifications, gaining skills and confidence and secure employment, it is a testament to the volunteering project's efficacy. Many more are empowered to lead activities and groups, thus creating a connected, vibrant and thriving community.

Youth Volunteering

The CVST Youth Inspired Tendring group for ages 16-18 years and up to 21 years with additional needs is now established and a regular weekly safe place where young people can meet and plan one-off micro volunteering in areas of interest to them and actively get involved to volunteer in a supportive environment.

From April 2022 – April 2023 the project has had 27 Young people take part with 507 hours of volunteering completed including a Christmas appeal, recycling, litter picking, supporting homeless projects and gardening for older people.

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Volunteer Essex Tendring Centre

A vital part of the voluntary sector is volunteering. CVST co-ordinates the Volunteer Essex / Tendring platform and supports organisations to promote their volunteer opportunities across the Tendring district via social media and the CVST ebulletin.

Volunteering continues to increase. We have seen an increase in volunteer registrations by a further 106 on last year's numbers. 18 new organisations have registered with 65 new volunteering opportunities created by them and existing organisations.

Partnerships

Partnership meetings attended include: Suffolk and NEE Integrated Care System (SNEE ICS), the launch of the SNEE ICB and Expo, SNEE VCSE Strategy meetings and Steering Group meetings, NEE Health and Wellbeing Alliance, the Alliance Strategy Group, the Alliance Committee, NEE Alliance Health Inequalities, Alliance Operational Group, Neighbourhood work and Live Well Domains, NEE Alliance Funding Panels, Community Asset Mapping, NEE Mental Health Committee, End of Life Board, Essex County Council Strengthening Communities, ECC Community Initiatives Fund Panel, Dementia Action Alliance, Essex CVS and Volunteer Essex, Essex VCS Emergencies Partnership, Tendring Independent Advisory Group (IAG) Tendring District Council Health and Wellbeing Board, Tendring Workforce Group.

North Essex Integrated Community Services (NICS)

The NEE Integrated Community Services partners meet regularly to discuss the establishment of community health services. The priority is to embed governance arrangements and then embark on the development of innovation and transformation of community health and care services.

Tendring Together

Tendring Together, hosted by CVST, is a partnership of local charities brought together to showcase community services and act as a commissioning marketplace. In addition, Tendring Together helps to ensure local charities have easy access to much needed support in order to achieve sustainability.

The importance of our voluntary sector in being able to contribute to meeting local needs has been recognised by our partners by an increase in funding available to the sector through the NEE Alliance Live Well Domains. This has enabled voluntary organisations to support and increase their services which are vital for communities. On behalf of Tendring Together, CVST has been the delivery partner of choice for this work locally given its local links and trusted reputation.

Cost of Living Crisis Action Group

In response to the Fuel Poverty Crises and the associated cost of living pressures CVST pulled together local activity to support both communities and the community and voluntary organisations that they depend on. Information about support available was made available in a number of different media and promoted widely. CVST worked with funders of small grants that we administer to agree that the available funding could be used to support local Tendring based organisations to meet the increase in their utility bills. Meetings have been held throughout the year and attendees are better informed about resources available to share with their clients and members.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Community Asset Mapping

Our Community Asset Mapping work has continued during the year with deep dives into local assets. Comprehensive reports around the Feel Well, Die Well and Stay Well domains have been produced which are being used to drive the agenda for local services and system working and the local grant making through the Alliance. This is now being supplemented at CVST through our Volunteer Researchers who are out and about in the community finding those smaller community groups and micro-organisation.

Neighbourhood Working

As part of the Alliance, CVST agreed to support Neighbourhood Working within Tendring through the employment of a Neighbourhood Connector. It is anticipated that Neighbourhood working will tackle some of the social and economic problems that can affect health. It will help to reduce inequalities and create more patient-focussed health and social care services for each community through Health and social care providers and voluntary organisations working closely together in Local Neighbourhood Teams (LNTs) to help communities bring their vision to life.

Dementia Confident Communities

Funded through the NEE CCG, the aim is to collaborate with partners to improve the lives of people with dementia and their families through a Dementia Confident Communities programme. The project brought together local organisations including Dementia Adventure and Age Well East to raise awareness of services available and encourage people who need them to access them.

Cultural Awareness Project

The Covid-19 pandemic highlighted the disparity for people from minority ethnic communities in relation to harm from the virus, accessing the vaccination and trust in health and care services. In addition, CVST and health and care colleagues had identified many other health inequalities facing people from culturally diverse communities including a significantly increased risk of Black and Asian women dying during pregnancy, an increased risk of diabetes for people from South Asian, Black and Caribbean communities and higher than average numbers of people from ethnic communities living with poor health. As a result, funding from NEE CCG/SNEE ICB was provided to tackle these inequalities and to increase cultural diversity and awareness and bring communities together to ensure improved access to health and care services and better health and wellbeing outcomes. Weekly activity groups including the Sister Circle, language classes, yoga, gardening sessions took place throughout the year. Annual events celebrating diverse cultures including Black History month, Eid and Windrush are all helping to raise cultural awareness and encourage, promote and improve access to local services across the district.

Support for Ukrainian People

Due to the war many people had to leave their homes in Ukraine and Britain was one of the countries who opened their doors. CVST worked with partners to ensure that information, advice and support was available to anyone moving to the district from Ukraine who might need additional help.

CVST continue to support Ukrainian guests and their UK hosts. We offer a friendship coffee morning on a weekly basis so they can access support and network with others in the same situation. The work was recognised at a national level by NAVCA who provided funding for CVST to work with Refugee, Asylum and Migrant Action (RAMA), another local organisation with specialist experience in providing advice and advocacy and working with displaced people.

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Social Prescribing

The CVST Social Prescribing project is commissioned by the NEE CCG/SNEE ICB, the Primary Care Networks and Provide's Essex Wellbeing Service and is now firmly established within the community within all 22 GP Surgeries across the district. The social prescribing team also support the Urgent Care Response Service and Community Rehabilitation Team. These services prevent unnecessary hospital admissions. As part of the Discharge team at Colchester Hospital, social prescribers provide essential discharge packages for people leaving hospital and this is funded by a personalised care grant thus preventing unnecessary readmission. Addressing the social issues which affect people's wellbeing, the team works with individuals to connect them to community resources and services to help build resilience and improve health outcomes. Throughout 2022/2023, the team has experienced a significant increase in referrals to a total of 5,170 with 1,783 from GP surgeries and 1,705 from the hospital discharge team and this is continuing to rise. 2,290 patients were supported to access community activities to alleviate health issues such as chronic loneliness and given emotional and practical support in terms of financial, winter packs and support with food and fuel. The team supported all to help achieve their wellbeing goals. A recent outcome survey was completed by a sample of these individuals where 81% strongly agreed that social prescribing was there when they needed it, with 71% agreeing that they did not know anywhere else to go for assistance if there was not a social prescribing service. 95% found the support very helpful, easy to understand and follow. People are given the opportunity to volunteer as this is seen as an essential pathway to getting well and is promoted and encouraged when appropriate. Popular activities include the Kennedy Way Community Garden, the Men's Shed, Essex Pedal Power, walking groups and friendship groups.

Hospital Discharge and Urgent Community Response Services (UCRS)

Funding was awarded to support UCRS and Hospital Discharge service, to assist with timely discharges and avoid admissions through the provision of furniture moving and removal, decluttering and deep clean services. A team of social prescriber link workers engaged with and supported 870 beneficiaries with their general wellbeing and assisted people to feel more secure and happy to stay in their own homes and this included the fitting of 26 key safes and undertaking 66 deep cleans.

To prevent admissions into hospital and GP visits caused by a decline in beneficiaries' health and wellbeing, funding was secured to target these factors before they decline (such as fleeing domestic violence, affected by the cost of living or low-income families). Discretionary items were purchased, including 21 beds, equipment such as slippers, white goods including fridges and microwave, and food parcels.

Our social prescriber continues to support the St Helena Hospice End-of-Life programme and attending regular meetings with St Helena Hospice and local groups involved in End-of-Life Care and the Compassionate Communities group. This initiative was set up by St Helena Hospice to link together local charities and organisations to ensure that individuals at their final stage of their life are aware of what is available to them in their community. We are also working with local care homes to promote the My Care Choices Register (MCCR) with residents.

SHELLS and the SOS Bus

CVST plays an active role on the award-winning SHELLS project which supports people who are homeless or at risk of homelessness. Through this partnership, weekly support is provided by the social prescribing team on the SOS bus in Clacton and Harwich.

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Healthier Independent Longer Lives (HILL)

The Healthier Independent Longer Lives (HILL) Project, recently awarded short term funding by the SNEE ICB, offers empowerment and community development through asset-based activities putting people in the lead. These activities, supported by an army of volunteers, help to reduce loneliness, increase levels of physical activity, improve confidence, increase skills and employability, improve wellbeing and enable independence.

The project runs over 30 activities each week, attended by over 1,000 people. These activities include activities both green and blue social prescribing and many others designed to improve people's quality of life.

The aftermath of a global pandemic has increased the number of isolated individuals and brought further pressures to families which created additional strains for everyone, especially young people. As a result of this, HILL activities have become even more essential in supporting positive mental health. HILL has welcomed an additional 600 individuals into HILL activities.

The aim of HILL is to support people gain healthier happier more independent longer lives. This is achieved by encouraging people to volunteer, take up community action and to spread care, compassion, and kindness within our communities. To date, members and volunteers of the project have donated over 335 acts of kindness to people in their communities and neighbourhoods.

The HILL Team have spent the year placing added emphasis on inclusion and promoting activities suitable for everyone which has led to a need for a community group focusing on those with additional needs. 126 people with a learning disability have joined and attended one or more of our groups. Having inclusive community groups has played a vital role especially since the closure of two of Clacton's groups; Plough Corner and Cadows and has welcomed members from the Clacton Community Connexions (CCC) to various groups and activities. As a result, there has been a shift in the age groups of people requiring support to join a social group and so far, we have welcomed 60 new members who are under the age of 65 years.

As well as increasing numbers within existing groups, volunteers were supported to create "new" activities including a community walk in Walton and Manningtree, a swimming group and individual swimming lessons in Clacton. A total of 3,131 individual fitness sessions were delivered, supporting the community with opportunities to improve their health, fitness, and mobility.

Dementia Café

The Dementia Café at Imperial House Clacton continues to grow from strength to strength and over the past year, 140 people were signposted to engage in a dementia activity and 115 of these people participated in a dementia activity for the first time.

The Dementia Café has taken part in research projects with both Anglia Ruskin University and Essex University to identify the effects of the Covid pandemic and inpatient care at Colchester General Hospital for those living with Dementia. CVST were proud to be accredited once again with Dementia Friendly Communities Status and we continue to support carers and those living with dementia. We also offer social prescribing support and referrals to other carer support organisations such as Essex Carers Support, Carers First, Essex Cares and the promotion of our in-house Dementia Friends Awareness Sessions.

In February 2023, the Dementia Café volunteers were nominated by Councillor Mark Stephenson for a Pride of Tendring award and volunteers from the Café attended the ceremony at Clacton Town Hall to accept the award on behalf of the Café. Volunteers and staff agreed it was a wonderful evening and the award is now in pride of place at Imperial House alongside the previous year's award that was presented to our fabulous vaccination volunteers for their help with the vaccine rollout.

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FOR THE YEAR ENDED 31 MARCH 2023

Kennedy Way Community Garden - Phase Two

The Kennedy Way Community Garden led by CVST, is the result of consultations with NHSPS and the SNEE ICB Local Estates Forum. It was designed by CVST volunteers supported by the CVST Volunteer Co-ordinator whose vision ensured a vibrant space was created. The garden is now a place where people can meet, volunteer, make friends, join the Men's Shed, be physically active in the garden, access the cycling scheme and access the outdoor gym. It has been a monumental success and has been nationally cited as a blueprint for other schemes across the country. NHSPS has funded phase 2 of the project which includes the installation of a Community Hub with solar panels, an Upcycling Hub, a wildlife area, a pergola, additional planting and paths and facilities for visitors. To date, 30 volunteers have been involved and over 200 people including staff from the Kennedy Way Medical Centre, patients and members from various voluntary groups have all benefitted from visiting this green unique space.

Training

Although the worst of the effects of the pandemic have receded there has been a residual effect on face-to-face training. Organisations and individuals have accelerated the move towards an increased reliance on internet-based learning. However, CVST have continued to provide a significant number of face-to-face learning opportunities which have been taken up by voluntary and community organisations, CVST staff and volunteers and the general public. There were 371 enrolments on 32 training courses including: Making Every Contact Count, Fuel Poverty Managing Conflict, LGBTQ+ Awareness, Listening Skills, Virtual Dementia Tour, Mental Health Awareness.

eLearning has significantly increased this year using platforms such as IHASCO and others. 80 individuals took part in 899 modules.

Apprenticeships

CVST is currently supporting apprentices taking IT qualification and another in Leadership with plans to recruit an admin apprentice.

Premises

CVST owns premises: Imperial House in Clacton, the Harwich and Dovercourt Hub and has purchased the building at 274 High Street, Dovercourt. The charity also owns the Clacton Lunch Club, two Beach Huts in Clacton and one in Dovercourt with 1,000's of people accessing these resources. For example, winter warm packs, IT/digital, meals, befriending, dementia, transport, volunteering, information and guidance covering many topics. New services and groups are now running from the Hubs. Maintenance and repairs continue with the ambition to significantly reduce our carbon footprint by installing more efficient LED lighting, solar panels and smart meters.

Beach Huts

The Beach Huts were maintained and prepared for the 2022 season and have grown in popularity primarily for the benefit of affiliated members and voluntary organisations to use for their clients and service users.

Lunch Club

The lunch club has continued to offer meals on wheels as a partnership with the social prescribing team's support for people coming out of hospital. The number of clients accessing the Lunch club face to face are increasing day by day with an average of 300 meals supplied each month reducing loneliness and enabling independence.

TENDRING COMMUNITY VOLUNTARY SERVICES

(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Resilience Project

The project is funded by SNEE ICB and ECC. The aim is to help people to become more resilient by improving their health, staying well, warm and better connected with projects such as social prescribing during winter, as well as reducing dependence on statutory sector services. This year, the project has been vital in helping to keep people safe and warm and reduce hospital admissions and to prevent readmission to hospital.

Objectives

- Reducing GP visits and hospital admissions and isolation
- Supporting people to build up their own skills/resilience to self-care and promote better health
- Building community cohesion by directing people to services and support
- Ensuring there is a resilience plan to deal with crisis situations
- Providing direct emergency support

Winter packs were delivered this year via flu clinics, the SOS Bus, the Trinity Church and door drops in Jaywick Sands, Walton, Parkeston and Harwich targeting those most in need and those with long term health conditions, poor housing and/or vulnerable. Packs were also distributed from referrals managed by the social prescribing team and via community collection points, warm hubs and referrals from trusted partners. Assistance has increased significantly with over 1,100 households and families supported with winter resources, 875 of these being new beneficiaries to the project. 74 referrals were made to Social Prescribing and 225 households were referred to Essex Fire service. 12 households were referred to external organisations for additional support with housing issues.

Household support fund and food and fuel vouchers

As part of the response to the cost-of-living crisis CVST have been working with 'Trusted Partner' organisations on the delivery of 'Food and Fuel' vouchers for people within our local community who find themselves in need. During this financial year, working with 35 organisations £20,276 has been distributed thanks to funding from Essex County Council' Food Support Grant, the DWP Household Support Fund and TDC's Community Fund. 245 families were supported with food and fuel vouchers.

LDP Street Tag and Beat The Street

The Local Delivery Pilot (LDP) is funded by Sport England and led by Active Essex, to build healthier more active communities in Essex. CVST actively promotes physical activity and is an active partner in the LDP. CVST has embraced the "gamification" of Harwich, Dovercourt and Walton with Street Tag while Clacton and Jaywick Sands participated in Beat the Street. These games encouraged residents to become more active by motivating them to compete either as individuals or as part of community or school team. The Street Tag game covered 3 seasons and encouraged individuals to collect tags at various locations and overall, a total of 165,567,603 steps were covered over a range of 197,160 miles. A total of 363,793 tags were collected. The most recent game showed an increase in the number of people taking part and the number of miles covered. This shows that the interest in app-based games is increasing in these areas.

The Beat the Street game was held over a 6-week period and involved 3,614 residents who covered a total of 38,019 miles. Among the players taking part, almost half were children and over 90% came from areas of deprivation. At the start of the game, 32% considered themselves inactive, 26% considered themselves to have a long-term health condition while 8% described themselves as having a disability. As a result, 38% of the inactive adults and 46% of inactive children became active by playing the game.

In March 2023, 328 Harwich residents played an app only Beat the Street game for 2 weeks which covered 3,286 miles and this game was also played in Clacton and Jaywick. Positive impact is shown by an increase of activity which has continued long after the game had finished.

TENDRING COMMUNITY VOLUNTARY SERVICES

(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

The Essex Pedal Power project continues to enjoy support from the CVST HILL team to help build capacity and has enabled 1,300 bicycles to be given to the residents of Clacton and Jaywick Sands. In the past year, a total of over 131,000 kilometres (over 80,000 miles) were covered by bikes supplied through the scheme and almost 47,000 trips have been taken by their riders over 364 days. The result of using these bikes is a saving of almost 16,000 kilograms of CO2 emissions and this is providing a positive impact on our environment.

4. QUALITY ASSURANCE

The Charity retains the internationally recognised quality standard ISO 9001 maintaining high standards across all internal systems and management, customer services and satisfaction. ISO 9001 scrutinises internal systems and governance and ensures the organisation adheres to legal and financial frameworks. This work is undertaken by the CVST audit sub-committee and is externally audited. It is an objective to once again, attain the NAVCA quality assurance award.

5. FINANCIAL OVERVIEW

The Charity has been successful in securing funding from a variety of sources including Essex County Council, ESNEFT, the NHS (NEE CCG/SNEE ICB), Primary Care Networks, Tendring District Council, Lloyds Bank Foundation, Provide, Essex Community Foundation, NAVCA, EALC and the Tudwick Foundation. This funding enables the charity to deliver much needed support and services and to respond to the needs of our local community.

6. RESERVES POLICY

The Board of Trustees are pleased to report that the Charity's free reserves are sufficient to cover 12 months running costs, property maintenance, management, redundancy, administration and support costs and any potential liabilities in line with its established reserves policy. The Trustee Board aim to maintain sufficient reserves to ensure the charity remains sustainable in the event of a significant drop in funding or any unforeseen events which would impact on its viability and sustainability.

7. FUTURE PLANS

It is the intention of the Charity to pursue the following objectives during the year 2023/2024:

1. To respond to the cost-of-living crisis by ensuring people in need have access to appropriate information, advice and practical support by leading, supporting and mobilising the Cost of Living Forum.
2. Continue to strengthen and build resilience in the voluntary sector through the Tendring Together Strategic Partnership, by awarding grants, sharing expertise, building vibrant sustainable and stronger communities.
3. To secure lottery funding to ensure the achievements of the HILL programme continues and expands to alleviate chronic loneliness, unemployment, and physical inactivity.
4. To develop the activities being delivered in partnership with local people, raising cultural awareness and promoting equality, diversity, and inclusive communities.
5. Increase the charity's presence in local hospitals to support hospital discharge and to work in partnership at the new Clacton Diagnostics Hub and further enhance the social prescribing offer via the personalisation budgets.
6. To continue engaging with the local population and member groups, undertake a deep dive community asset mapping into the Age Well and Be Well domains as part of the Neighbourhoods work with partners.
7. To continue building and cementing relationships with Primary Care Networks to complement support and well-being for local people.
8. To continue to review and assess CVST services and support, improve and develop facilities to keep people healthy and safe.
9. Continue to develop digital expertise within charities and communities
10. To continue to work in collaboration with system partners to tackle health inequalities and the wider determinants of health at a place level.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

8. ACKNOWLEDGEMENT

The Trustees thank the staff and volunteers for their conscientious commitment during the past three years which have been challenging. Thanks are also given to our many funders and supporters including but not exclusively: Essex County Council Public Health and Local Delivery Pilot, NEE Clinical Commissioning Group, the NEE Health and Wellbeing Leadership Alliance, the Suffolk and NEE ICB, Tendring District Council and Essex Community Foundation for their vital support for which the Charity is extremely grateful.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charitable Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each of the persons who are Trustees at the time when this Trustees' Report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's auditor is unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

Small Companies note

In preparing this report, the Trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

Auditor

Our auditors Scrutton Bland LLP transferred their audit registration and therefore that part of their business to a newly incorporated limited liability partnership, SB Audit LLP, on 1 April 2023. Accordingly, Scrutton Bland LLP formally resigned as the Charitable Company's auditor with the Trustees duly appointing SB Audit LLP to fill the vacancy arising.

The auditor, SB Audit LLP, has indicated their willingness to continue in office. The designated Trustees will propose a motion reappointing the auditor at a meeting of the Trustees.

Approved by order of the members of the board of Trustees on
and signed on their behalf by:

51/8/23
Brenda Ellis

Brenda Ellis
(Chair of Trustees)

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES

Opinion

We have audited the financial statements of Tendring Community Voluntary Services (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities (incorporating Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

Other information

The other information comprises the information included in the Annual Report other than the financial statements and our Auditors' Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

Responsibilities of trustees

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditors' responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, through discussion with the Trustees (as required by auditing standards), inspection of the Charitable Company's regulatory and legal correspondence and discussed with the Trustees the policies and procedures regarding compliance with laws and regulations. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

The potential effect of these laws and regulations on the financial statements varies considerably.

Firstly, the Charitable Company is subject to laws and regulations that directly affect the financial statements including financial reporting legislation, distributable profits legislation and taxation legislation and we assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statement items.

Secondly, the Charitable Company is subject to many other laws and regulations where the consequences of non-compliance could have a material effect on amounts or disclosures in the financial statements, for instance through the imposition of fines or litigation. We identified the following areas as those most likely to have such an effect: health and safety, safeguarding, employment law, The Equality Act 2010 and GDPR. Auditing standards limit the required audit procedures to identify non-compliance with these laws and regulations to enquiry of the Trustees and other management and inspection of regulatory and legal correspondence, if any.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: enquiries of management and those charged with governance as to whether the Charitable Company complies with such regulations; enquiries of management and those charged with governance concerning any actual or potential litigation or claims, inspection of relevant legal documentation, review of board minutes, testing the appropriateness of journal entries and the performance of analytical review to identify any unexpected movements in account balances which may be indicative of fraud.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

No instances of material non-compliance were identified.

There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' Report.

Use of our report

This report is made solely to the Charitable Company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the Charitable Company's trustees those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charitable Company and its trustees, as a body, for our audit work, for this report, or for the opinions we have formed.



Timothy O'Connor (Senior Statutory Auditor)

for and on behalf of

SB Audit LLP

Chartered Accountants and Statutory Auditor

820 The Crescent

Colchester Business Park

Colchester

Essex

CO4 9YQ

Date: 6/9/23

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2023**

	Note	Unrestricted funds 2023 £	Restricted funds 2023 £	Endowment funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:						
Grants and donations	4	936,432	944,071	-	1,880,503	2,991,909
Charitable activities	5	83,726	169,363	-	253,089	82,784
Other trading activities	6	4,699	690	-	5,389	8,142
Investments	7	25,061	-	-	25,061	1,835
Total income and endowments		1,049,918	1,114,124	-	2,164,042	3,084,670
Expenditure on:						
Charitable activities	9	989,517	1,033,341	3,575	2,026,433	1,406,075
Total expenditure		989,517	1,033,341	3,575	2,026,433	1,406,075
Net income/ (expenditure) before net gains on investments						
		60,401	80,783	(3,575)	137,609	1,678,595
Net gain on investment property		24,215	-	-	24,215	-
Net movement in funds		84,616	80,783	(3,575)	161,824	1,678,595
Reconciliation of funds:						
Total funds brought forward		1,369,971	1,563,975	350,315	3,284,261	1,605,666
Net movement in funds		84,616	80,783	(3,575)	161,824	1,678,595
Total funds carried forward		1,454,587	1,644,758	346,740	3,446,085	3,284,261

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 26 to 43 form part of these financial statements.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)
REGISTERED NUMBER: 05325167

BALANCE SHEET
AS AT 31 MARCH 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	13	1,068,927	1,091,698
Investment property	14	137,655	-
		<u>1,206,582</u>	<u>1,091,698</u>
Current assets			
Debtors	15	503,255	255,031
Cash at bank and in hand		2,216,682	2,924,460
		<u>2,719,937</u>	<u>3,179,491</u>
Creditors: amounts falling due within one year	16	(262,934)	(604,428)
Net current assets		<u>2,457,003</u>	<u>2,575,063</u>
Total assets less current liabilities		<u>3,663,585</u>	<u>3,666,761</u>
Creditors: amounts falling due after more than one year	17	(217,500)	(382,500)
Net assets excluding pension asset		<u>3,446,085</u>	<u>3,284,261</u>
Total net assets		<u><u>3,446,085</u></u>	<u><u>3,284,261</u></u>
Charity funds			
Endowment funds	19	346,740	350,315
Restricted funds	19	1,644,758	1,563,975
Unrestricted funds	19	1,454,587	1,369,971
Total funds		<u><u>3,446,085</u></u>	<u><u>3,284,261</u></u>

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

BALANCE SHEET (CONTINUED)
AS AT 31 MARCH 2023

The financial statements have been prepared in accordance with the special provisions applicable to charitable companies subject to the small companies' regime. In the Trustees' opinion the Charitable Company is entitled to these exemptions as a small company.

The financial statements were approved and authorised for issue by the Trustees on
and signed on their behalf by:

31/8/23
Brenda Ellis

Brenda Ellis
(Trustee)

The notes on pages 26 to 43 form part of these financial statements.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023

	Note	2023 £	2022 £
Cash flows from operating activities			
Net cash (used in)/provided by operating activities	22	(602,263)	1,959,267
Cash flows from investing activities			
Interest received		14,544	1,835
Purchase of tangible fixed assets		(92,404)	(19,949)
Purchase of investment properties		(27,655)	-
Net cash used in investing activities		(105,515)	(18,114)
Cash flows from financing activities			
Net cash provided by financing activities		-	-
Change in cash and cash equivalents in the year		(707,778)	1,941,153
Cash and cash equivalents at the beginning of the year		2,924,460	983,307
Cash and cash equivalents at the end of the year	23	2,216,682	2,924,460

The notes on pages 26 to 43 form part of these financial statements

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. General information

Tendring Community Voluntary Services is a charitable company limited by guarantee, incorporated in England and Wales, registered company number 05325167 and registered Charity number 1108177. The address of the registered office is Imperial House, 20-22 Rosemary Road, Clacton On Sea, Essex, C015 1NZ.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Tendring Community Voluntary Services meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Going concern

After reviewing the charitable company's forecasts and projections, together with all known factors, the Trustees have a reasonable expectation that it has adequate resources to continue in operational existence for the foreseeable future. The entity therefore continues to adopt the going concern basis in preparing its financial statements.

2.3 Income

All income is recognised once the Charitable Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income is deferred only when the charitable company has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Other income is recognised in the period in which it is receivable.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

2. Accounting policies (continued)

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charitable Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charitable Company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 Taxation

The Charitable Company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charitable Company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.7 Tangible fixed assets and depreciation

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following bases:

Freehold property	- 1% straight line
Beach Hut	- 10% straight line
Motor vehicles	- 20% straight line
Fixtures and fittings	- 6% - 25% straight line
Computer equipment	- 33% straight line

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

2. Accounting policies (continued)

2.8 Investment properties

Investment properties are included at valuation with revaluation gains/losses passing through the Statement of Financial Activities.

2.9 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered.

2.10 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.11 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charitable Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

2.12 Financial instruments

The Charitable Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

2.13 Pensions

The Charitable Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charitable Company to the fund in respect of the year.

2.14 Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charitable Company. The Trustees seek to designate these funds wherever possible.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charitable Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Endowment funds are funds that cannot be used as if they are income i.e. they cannot be used to make payment or grants to others.

Investment income, gains and losses are allocated to the appropriate fund.

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3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The more significant judgements and estimates involved in the preparation of the financial statements include assessing the depreciation rates applicable to tangible fixed assets, the valuation of investment properties and the way in which certain costs should be apportioned. Further details regarding these points are included within the accounting policies.

4. Income from grants and donations

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Donations	81,220	4,247	85,467
Grants	855,212	939,824	1,795,036
	<u>936,432</u>	<u>944,071</u>	<u>1,880,503</u>
	As restated Unrestricted funds 2022 £	As restated Restricted funds 2022 £	Total funds 2022 £
Donations	13,836	-	13,836
Grants	1,526,405	1,451,668	2,978,073
	<u>1,540,241</u>	<u>1,451,668</u>	<u>2,991,909</u>

All income above relates to community support service activities for both years.

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5. Income from charitable activities

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Contributions from Imperial House	78,250	169,363	247,613
Management and other fees	2,925	-	2,925
Other Charitable Activities	2,551	-	2,551
	<u>83,726</u>	<u>169,363</u>	<u>253,089</u>
		Unrestricted funds 2022 £	Total funds 2022 £
Contributions from Imperial House		75,394	75,394
Management and other fees		2,530	2,530
Other Charitable Activities		4,860	4,860
		<u>82,784</u>	<u>82,784</u>

All income above relates to community support service activities for both years.

6. Income from other trading activities

Income from fundraising events

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Beach Hut etc	4,699	-	4,699
Community Fair	-	690	690
	<u>4,699</u>	<u>690</u>	<u>5,389</u>

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6. Income from other trading activities (continued)

Income from fundraising events (continued)

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Beach Hut etc	3,978	-	3,978
Community Fair	-	335	335
Friendship cafe	-	3,829	3,829
	<u>3,978</u>	<u>4,164</u>	<u>8,142</u>

7. Investment income

	Unrestricted funds 2023 £	Total funds 2023 £
Investment property income	10,517	10,517
Bank interest	14,544	14,544
	<u>25,061</u>	<u>25,061</u>

	Unrestricted funds 2022 £	Total funds 2022 £
Bank interest	1,835	1,835
	<u>1,835</u>	<u>1,835</u>

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

8. Governance costs

	Unrestricted funds 2023 £	Total funds 2023 £
Audit fees	8,500	8,500
Staff costs	12,156	12,156
	<u>20,656</u>	<u>20,656</u>
	Unrestricted funds 2022 £	Total funds 2022 £
Audit fees	7,800	7,800
Staff costs	12,000	12,000
	<u>19,800</u>	<u>19,800</u>

9. Analysis of resources expended by expenditure type

	Unrestricted funds 2023 £	Restricted funds 2023 £	Endowment funds 2023 £	Total funds 2023 £
Depreciation on fixed assets used for charitable purposes	23,673	2,142	3,575	29,390
Cost of activities in furtherance of the charity's objectives	889,044	1,087,343	-	1,976,387
Governance (note 8)	20,656	-	-	20,656
	<u>933,373</u>	<u>1,089,485</u>	<u>3,575</u>	<u>2,026,433</u>

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	Unrestricted funds 2022 £	Restricted funds 2022 £	Endowment funds 2022 £	Total funds 2022 £
Depreciation on fixed assets used for charitable purposes	19,019	1,462	3,575	24,056
Cost of activities in furtherance of the charity's objectives	1,117,292	244,927	-	1,362,219
Governance (note 8)	19,800	-	-	19,800
	<u>1,156,111</u>	<u>246,389</u>	<u>3,575</u>	<u>1,406,075</u>

10. Net income/(expenditure)

	2023 £	2022 £
Net income/(expenditure) is stated after charging:		
Audit fees	8,500	7,800
Depreciation	29,390	24,056
Staff pension contributions	16,818	12,386
	<u>54,708</u>	<u>44,242</u>

11. Staff costs

	2023 £	2022 £
Wages and salaries	864,568	645,729
Social security costs	66,585	39,029
Contribution to defined contribution pension schemes	16,818	12,386
	<u>947,971</u>	<u>697,144</u>

The average number of persons employed by the Charitable Company during the year was as follows:

	2023 No.	2022 No.
Employees	44	37

No employee received remuneration amounting to more than £60,000 in either year.

The aggregate remuneration of key management personnel was £83,424 (2022: £76,061).

TENDRING COMMUNITY VOLUNTARY SERVICES
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12. Trustees' remuneration and expenses

During the year, one Trustee received £5,100 in respect of consultancy services (2022 - £13,863). These services were provided separately from their role as a Trustee.

During the year ended 31 March 2023, Trustee expenses have been reimbursed of £Nil (2022 - £99).

13. Tangible fixed assets

	Freehold property £	Fixtures and fittings £	Motor vehicles £	Total £
Cost				
At 1 April 2022	1,290,018	193,140	-	1,483,158
Additions	18,000	66,904	7,500	92,404
Transfer to investment properties	(90,778)	-	-	(90,778)
At 31 March 2023	1,217,240	260,044	7,500	1,484,784
Depreciation				
At 1 April 2022	212,722	178,738	-	391,460
Charge for the year	18,120	9,770	1,500	29,390
Transfer to investment properties	(4,993)	-	-	(4,993)
At 31 March 2023	225,849	188,508	1,500	415,857
Net book value				
At 31 March 2023	991,391	71,536	6,000	1,068,927
At 31 March 2022	1,077,296	14,402	-	1,091,698

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13. Tangible fixed assets (continued)

The Charity's freehold property at 20/22 Rosemary Road, Clacton-on-Sea was valued as at 31 March 2013, at £700,000 (the net book value at that time was £567,763). The valuation was carried out by an External Valuer, P H H Wheaton FRICS of Fenn Wright, Chartered Surveyors. The valuation was undertaken in accordance with the requirements of the RICS Valuation - Professional Standards and the relevant financial reporting standards.

Land and buildings also include: 99 Carnarvon Road (Lunch club property) donated from Age Concern and 276 High Street, Dovercourt (fully operational from Autumn 2019).

The properties have been reviewed and it has been determined that part of the freehold property meets the definition of an investment property. This has therefore been transferred accordingly within notes 13 and 14.

14. Investment property

	Freehold investment property £
Valuation	
Additions	27,655
Surplus on revaluation	24,215
Transfer from fixed assets (see note 13)	85,785
At 31 March 2023	<u>137,655</u>

A full valuation of the investment property at 101 Carnarvon Road was carried out on 22 December 2022 which the Trustees deem sufficiently close to the year end. This valuation is based on open market valuations subject to current tenancy agreements. This was performed by Bairstow Eves.

The investment property at 274 High Street, Dovercourt was purchased in the year and the Trustees deem this valuation to be sufficiently close to the year end to be a suitable market valuation.

15. Debtors

	2023 £	2022 £
Trade debtors	502,975	255,031
Other debtors	280	-
	<u>503,255</u>	<u>255,031</u>

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16. Creditors: Amounts falling due within one year

	2023 £	2022 £
Trade creditors	27,502	15,084
Other taxation and social security	-	12,444
Other creditors	5,057	3,208
Accruals and deferred income	230,375	573,692
	<u>262,934</u>	<u>604,428</u>

	2023 £	2022 £
Deferred income		
Deferred income at 1 April 2022	948,392	694,820
Resources deferred during the year	6,875	788,392
Amounts released from previous periods	(515,892)	(534,820)
	<u>439,375</u>	<u>948,392</u>

17. Creditors: Amounts falling due after more than one year

	2023 £	2022 £
Accruals and deferred income	<u>217,500</u>	<u>382,500</u>

18. Financial instruments

	2023 £	2022 £
Financial assets		
Financial assets measured at transaction price	<u>503,255</u>	<u>255,031</u>
	2023 £	2022 £
Financial liabilities		
Financial liabilities measured at transaction price	<u>480,434</u>	<u>974,484</u>

Financial assets comprise trade and other debtors.

Financial liabilities comprise trade creditors, other creditors, accruals and deferred income.

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19. Statement of funds

Statement of funds - current year

	As restated Balance at 1 April 2022 £	Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	Balance at 31 March 2023 £
Unrestricted funds						
CIC/Imperial House	53,431	50,789	(25,675)	-	-	78,545
Harwich Centre (HC)	1,043	3,289	(3,850)	-	-	482
Fundraising and sundry charitable accounts	25,790	94,543	(78,179)	-	-	42,154
Lunch Club (LC)	321,174	18,448	(81,096)	-	-	258,526
Resilience	597	209,456	(94,737)	-	-	115,316
Social Prescribing	455,453	402,214	(457,558)	-	-	400,109
Property maintenance reserve	100,408	-	(17,178)	-	-	83,230
Core TCVS	347,577	218,436	(205,928)	-	24,215	384,300
Health projects	64,498	52,743	(25,316)	-	-	91,925
	<u>1,369,971</u>	<u>1,049,918</u>	<u>(989,517)</u>	<u>-</u>	<u>24,215</u>	<u>1,454,587</u>
Endowment funds						
Building Development Fund	350,315	-	(3,575)	-	-	346,740

Included within unrestricted funds is an accumulated surplus of £24,215 (2022 - £Nil) in respect of the revaluation of investment properties.

TENDRING COMMUNITY VOLUNTARY SERVICES
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19. Statement of funds (continued)

	As restated Balance at 1 April 2022 £	Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	Balance at 31 March 2023 £
Restricted funds						
Healthier Independent Longer Lives (HILL)	104,064	85,884	(124,435)	-	-	65,513
LDP	55,142	126,847	(136,137)	-	-	45,852
Grassroots	44	-	(44)	-	-	-
Colchester Catalyst: HC	91,238	-	(931)	-	-	90,307
Capital Fund	143,312	-	(1,462)	-	-	141,850
Men's Mental Health Community Fund	6,672	-	(6,672)	-	-	-
Essex Carers	40,000	-	(40,000)	-	-	-
Active Essex	1,192	-	(1,192)	-	-	-
Live Well	1,065,000	245,738	(483,181)	-	-	827,557
Sector Sustainability	44,048	350,262	(184,131)	-	-	210,179
Seeds 4 Growth	13,263	37,597	(50,860)	-	-	-
Winter warmth campaign	-	4,296	(4,296)	-	-	-
Tendring Place	-	263,500	-	-	-	263,500
	<u>1,563,975</u>	<u>1,114,124</u>	<u>(1,033,341)</u>	<u>-</u>	<u>-</u>	<u>1,644,758</u>
Total of funds	<u>3,284,261</u>	<u>2,164,042</u>	<u>(2,026,433)</u>	<u>-</u>	<u>24,215</u>	<u>3,446,085</u>

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NOTES TO THE FINANCIAL STATEMENTS
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19. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2021 £	As restated Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	As restated Balance at 31 March 2022 £
Unrestricted funds						
CIC/Imperial House	49,295	62,196	(58,060)	-	-	53,431
Harwich Centre (HC)	-	2,601	(36,558)	35,000	-	1,043
Fundraising and sundry charitable accounts	24,288	3,978	(2,476)	-	-	25,790
Lunch Club (LC)	314,330	17,906	(26,062)	15,000	-	321,174
Resilience	39,733	167,117	(206,253)	-	-	597
Social Prescribing	54,710	641,631	(225,888)	(15,000)	-	455,453
Property maintenance reserve	100,408	-	-	-	-	100,408
Core TCVS	314,480	304,969	(271,872)	-	-	347,577
Health projects	-	428,440	(328,942)	(35,000)	-	64,498
	<u>897,244</u>	<u>1,628,838</u>	<u>(1,156,111)</u>	<u>-</u>	<u>-</u>	<u>1,369,971</u>
Endowment funds						
Building Development Fund	<u>353,890</u>	<u>-</u>	<u>(3,575)</u>	<u>-</u>	<u>-</u>	<u>350,315</u>

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19. Statement of funds (continued)

	Balance at 1 April 2021 £	As restated Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	As restated Balance at 31 March 2022 £
Restricted funds						
Healthier Independent Longer Lives (HILL)	99,641	102,500	(98,077)	-	-	104,064
LDP	16,241	69,834	(30,933)	-	-	55,142
Grassroots	1,707	600	(2,263)	-	-	44
Colchester Catalyst: HC	92,169	-	(931)	-	-	91,238
Capital Fund	144,774	-	(1,462)	-	-	143,312
Men's Mental Health Community Fund	-	55,642	(48,970)	-	-	6,672
Essex Carers	-	40,000	-	-	-	40,000
Active Essex	-	1,492	(300)	-	-	1,192
Live Well	-	1,065,000	-	-	-	1,065,000
Sector Sustainability	-	100,660	(56,612)	-	-	44,048
Seeds 4 Growth	-	15,808	(2,545)	-	-	13,263
Winter warmth campaign	-	4,296	(4,296)	-	-	-
Tendring Place	-	-	-	-	-	-
	<u>354,532</u>	<u>1,455,832</u>	<u>(246,389)</u>	<u>-</u>	<u>-</u>	<u>1,563,975</u>
Total of funds	<u>1,605,666</u>	<u>3,084,670</u>	<u>(1,406,075)</u>	<u>-</u>	<u>-</u>	<u>3,284,261</u>

Descriptions of the various funds have been provided within the financial statements and the Trustees' Report.

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20. Summary of funds

Summary of funds - current year

	As restated Balance at 1 April 2022 £	Income £	Expenditure £	Gains/ (Losses) £	Balance at 31 March 2023 £
General funds	1,369,971	1,049,918	(989,517)	24,215	1,454,587
Endowment funds	350,315	-	(3,575)	-	346,740
Restricted funds	1,563,975	1,114,124	(1,033,341)	-	1,644,758
	<u>3,284,261</u>	<u>2,164,042</u>	<u>(2,026,433)</u>	<u>24,215</u>	<u>3,446,085</u>

Summary of funds - prior year

	Balance at 1 April 2021 £	As restated Income £	Expenditure £	Transfers in/out £	As restated Balance at 31 March 2022 £
General funds	897,244	1,628,838	(1,156,111)	-	1,369,971
Endowment funds	353,890	-	(3,575)	-	350,315
Restricted funds	354,532	1,455,832	(246,389)	-	1,563,975
	<u>1,605,666</u>	<u>3,084,670</u>	<u>(1,406,075)</u>	<u>-</u>	<u>3,284,261</u>

21. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2023 £	Restricted funds 2023 £	Endowment funds 2023 £	Total funds 2023 £
Tangible fixed assets	311,158	411,029	346,740	1,068,927
Investment property	137,655	-	-	137,655
Current assets	1,373,708	1,346,229	-	2,719,937
Creditors due within one year	(187,934)	(75,000)	-	(262,934)
Creditors due in more than one year	(180,000)	(37,500)	-	(217,500)
Total	<u>1,454,587</u>	<u>1,644,758</u>	<u>346,740</u>	<u>3,446,085</u>

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21. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior year

	As restated Unrestricted funds 2022 £	As restated Restricted funds 2022 £	Endowment funds 2022 £	Total funds 2022 £
Tangible fixed assets	388,313	353,070	350,315	1,091,698
Current assets	1,968,586	1,210,905	-	3,179,491
Creditors due within one year	(604,428)	-	-	(604,428)
Creditors due in more than one year	(382,500)	-	-	(382,500)
Total	1,369,971	1,563,975	350,315	3,284,261

22. Reconciliation of net movement in funds to net cash flow from operating activities

	2023 £	2022 £
Net income for the year (as per Statement of Financial Activities)	161,824	1,678,595
Adjustments for:		
Depreciation charges	29,390	24,056
Interest received	(14,544)	(1,835)
Gains on investments	(24,215)	-
(Increase)/decrease in debtors	(248,224)	11,757
(Decrease)/increase in creditors	(506,494)	246,694
Net cash (used in)/provided by operating activities	(602,263)	1,959,267

23. Analysis of cash and cash equivalents

	2023 £	2022 £
Cash in hand	2,216,682	2,924,460
Total cash and cash equivalents	2,216,682	2,924,460

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24. Analysis of changes in net debt

	At 1 April 2022	Cash flows	At 31 March 2023
	£	£	£
Cash at bank and in hand	2,924,460	(707,778)	2,216,682
	<u>2,924,460</u>	<u>(707,778)</u>	<u>2,216,682</u>

25. Legal status

The charity is a company limited by guarantee and has no share capital.

26. Pension commitments

The Charitable Company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in an independently administered fund. The pension cost charge represents contributions payable by the charitable company to the fund and amounted to £16,818 (2022 - £12,386). At the balance sheet date £4,529 (2022 - £3,040) was payable to the fund and is included in creditors.

27. Related party transactions

During the year, a close family member of one of the Trustees purchased goods of £306 (2022 - £Nil) on behalf of the Charitable Company and was subsequently reimbursed. At the balance sheet date the amount owed to them was £Nil (2022 - £Nil).

Further disclosures are also included within note 12.

28. Prior year adjustments

The Trustees have identified a misallocation within the posting of grant income during the prior year. As a result, a prior year adjustment has been recognised within this year's financial statements to reallocate £78,000 of grant income received in the prior year from the Live Well fund to the Social Prescribing fund. This had no impact on the reported result of the prior year nor on total funds carried forward at 31 March 2022.