

Registered number: 05325167
Charity number: 1108177

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2022

Trustees	Brenda Ellis, Chairman Bob Newman, Vice Chair Dr Jonathan Geldard, Treasurer Charlotte Fitzgerald, Trustee (resigned 1 June 2022) Mark Norman, Trustee Michael Page, Trustee Tonia Parsons, Trustee (resigned 1 January 2022) Lucy Robinson, Trustee (resigned 1 January 2022) Indira Allen, Trustee (appointed 3 December 2021) Anne Brown, Trustee (appointed 3 December 2021)
Company registered number	05325167
Charity registered number	1108177
Registered office	Imperial House 20-22 Rosemary Road Clacton on Sea Essex CO15 1NZ
Company secretary	Sharon Alexander
Chief executive officer	Sharon Alexander
Independent auditor	Scrutton Bland LLP Chartered Accountants and Statutory Auditor 820 The Crescent Colchester Business Park Colchester Essex CO4 9YQ
Bankers	CAF Bank Limited Kings Hill West Malling Kent ME19 4JQ CCLA Investment Management COIF Charity Funds 80 Cheapside London EC2V 6DZ

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND ADVISERS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Solicitors	Ellisons 63-65 Station Road Clacton on Sea Essex CO15 1SA
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TENDRING COMMUNITY VOLUNTARY SERVICES
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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022

The Trustees, who are also directors for the purposes of company law, are pleased to present this report and the financial statements of Tendring Community Voluntary Services for the year ended 31 March 2022 which are also prepared to meet the requirements for the director's report and accounts for Companies House.

1. GOVERNANCE, OBJECTS, STRUCTURE AND PUBLIC BENEFIT

The Trustees are satisfied with the performance of the charity over the last 12 months up to year end 31 March 2022 and in particular, the unprecedented challenges of a worldwide pandemic and its impact on the community. The Trustees confirm that the charity is in a strong and healthy position and there are sufficient assets to continue delivering activities and to fulfil its obligations. The accounts comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and the Statement of Recommended Practice.

The Trustees have referred to the Charity Commission's general guidance on public benefit entitled 'Charities and Public Benefit' and are satisfied that the organisation's objects, activities, structure and strategic framework conforms with these requirements. Some of CVST's services which are accessed by members of the public, for example: Covid-19 activities including prescription collecting, shopping, IT support and physical activities or member organisations utilising our services are either free of charge or at minimum rates due to grants and fundraising income for this purpose.

a. Governing Document

The Trustees present their annual report and financial statements of the charity for the year ended 31 March 2022 which are also prepared to meet the requirements for the director's report and accounts for Companies House. The charity is also known as Community Voluntary Services Tendring, CVS Tendring and CVST. The charity was established in 1973 and was incorporated and registered as a charitable company limited by guarantee on 5 January 2005. In the event of the company being wound up, members are required to contribute £10.

Principal objects:

(A) To promote any charitable purposes for the benefit of the community in the local government district of Tendring and its environs, and in particular the advancement of education, the protection of health and the relief of poverty, distress and sickness.

(B) To promote and organise co-operation in the achievement of the above purposes and to that end to bring together in council representatives of the voluntary organisations and statutory authorities within the area of benefit. Provided that in carrying out these charitable purposes, the Council will seek to challenge all forms of oppression and inequality and to give priority to working with people whose full participation in society is limited by economic, political and social disadvantage.

The organisation has four core functions: Represent the broad issues of the voluntary sector and act as strategic partner, Encourage Liaison between agencies, Develop initiatives to meet identified gaps in the community and provide promotional and Support services for members.

Our mission is "leading and supporting voluntary action in Tendring and empowering local people".

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FOR THE YEAR ENDED 31 MARCH 2022

b. Organisational structure and decision making

The Board meets six times a year. The board is responsible for the strategy, risk management, setting and reviewing policy and monitoring performance of the charity's activities and core services. Day to day management of the charity is delegated to the Chief Executive Officer who reports regularly to the Chairman. The Audit sub-committee takes delegated responsibility on behalf of the Board of Trustees for ensuring that there is a framework for accountability and scrutiny; for examining and reviewing all systems and methods of financial control; for maintaining the charity's quality standards and for ensuring the charity is complying with all aspects of the law, relevant regulations and good practice. The annual workplan is updated, priorities identified and agreed by the board. Our aim is to provide comprehensive support to achieve a vibrant and thriving voluntary sector which has the community at the heart of everything we do, to have the systems in place to meet funders' requirements and inspire confidence in stakeholders through quality assurance and to clearly and articulately represent the voluntary sector to public policy makers.

c. Risk management

The Trustees have examined major strategic, governance, business, financial and operational risks which the charity has and may face and have implemented the appropriate systems and monitoring to mitigate these. The potential reduction in grants secured from statutory organisations has been identified as a future risk to the charity and steps have been taken to alleviate this. The charity did not predict a worldwide pandemic and the impact it would have. However, overall, the charity's infrastructure proved to be robust and was able to respond appropriately to the emergency and needs of the community by supporting the redeployment and retraining of staff and volunteers not without challenges. The financial controls in place include the producing and reporting of budget performance, reporting mechanism for recording information and an accountability framework. Staff and Trustees are involved in reviewing and managing risk. Many aspects of risk management such as authorisation, monitoring and reporting, staff checks and appraisal, safety procedures - in particular health and safety and adequate insurance cover are embedded within the organisation. Internal financial controls conform to guidelines issued by the Charity Commission.

d. Recruitment and support of Trustees

The management of the charitable company is the responsibility of the Trustees who are elected from the membership and the wider community according to the Memorandum and Articles of Association. There shall be not less than six and not more than fifteen Trustees serving on the Board.

Trustees are volunteers and give their time freely. Trustees are required to declare conflicts of interest and withdraw from discussions and decisions where a potential conflict may arise.

Trustees receive induction, an information pack, access to regular training, and attend regular meetings with other Trustees. The charity usually holds an annual visioning day where personnel and Trustees review activities and agree priorities and strategic direction, however, during this challenging year, the charity had to prioritise and respond accordingly to the demands of the pandemic.

During the year, one trustee was paid for a specific piece of work carried out on behalf of the Charity which was undertaken according to the rules set out in its governing document.

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FOR THE YEAR ENDED 31 MARCH 2022

e. Membership

CVST is a membership charity and continues to promote the benefits of affiliation to the sector. Applications for membership are approved by the Board and the Board has the right to refuse membership to any individual or organisation. Members are required to be committed to the furtherance of the objects of the charity. There were 135 member organisations during this year, a reduction on the previous year due mainly to the pandemic and associated restrictions, some of smaller groups and clubs were unable to continue operating. As restrictions gradually ease, groups are renewing membership and accessing further support and guidance to restart their activities.

f. Information services

We provide information from local and national sources for our members and wider audience through:

- Weekly e-bulletins
- Websites: www.cvstendring.org.uk and www.tendringtogether.org.uk
- Twitter: @cvstendring
- Facebook: www.facebook.com/cvstendring
- Imperial House Community Information Centre
- Dovercourt & Harwich Hub

The website and the organisation's branding has been refreshed and extended reflecting the rapid growth of the organisation. As a result there were 2,470 new users. Facebook followers have increased to 2,647 and Twitter followers have risen by a steady 12% to 1,290. An Instagram and Linked In account have also been created as we identify new methods of engagement. We maintain a webpage for older people. CVST is also responsible for managing and maintaining the Tendring Youthnet website and Facebook account which is a comprehensive resource for young people and the Tendring Together website which gives up to date information on the resources available for the local sector.

The weekly e-bulletin continues to gain momentum with 912 contacts, which is a 27% increase. The actual reach is estimated to be 9,000 contacts via members beneficiaries. There are 900+ organisations registered on the database which is maintained according to the GDPR. The database is a performance management tool and helps to identify trends and gaps in service.

2. ACTIVITIES

Policies and core functions

The organisation undertakes work on behalf of its members and continues to develop its activities. The charity has in place the necessary plans, policies and procedures in order to further the objects of the charity. The charity operates to five core functions which are to:

1. Promote and support the local voluntary sector
2. Identify unmet need and develop initiatives to meet that need
3. Encourage liaison between agencies
4. Represent an overview of the broad issues facing the local voluntary sector and act as a strategic partner

The Trustees have obligations as employers of staff and as owners of Imperial House – a community resource centre, the Lunch Club premises and the Dovercourt and Harwich Hub. There is an agreement in place with Essex County Council for the provision of CVST's core functions and key direct services such as depression screening, weight management, falls prevention and winter warm support. We also have an agreement with the National Lottery Community Fund for the successful project Healthier Independent Longer Lives (HILL) and with the North East Essex Clinical Commissioning Group to deliver Winter Resilience, Social Prescribing, Urgent Community Response Service and to produce a refreshed Community Asset Map of the district.

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3. ACHIEVEMENTS AND PERFORMANCE - Review of activities

Our 2020/21 report focused significantly on our work during the Covid-19 pandemic and one year on, it is obviously still having a massive impact on our work. As the lockdowns began to ease, CVST's premises cautiously reopened for limited activities with strict social distancing measures in place. Limited numbers of staff returned to the office to work and hybrid working became the new norm. Risk assessments, policies and procedures continued to be reviewed and procedures implemented to minimise infection spread and to keep people safe remained in place.

Once again, it was clear that the voluntary sector was 'never more needed'. Essential practical support to local residents continued to be provided. Peer support through the voluntary sector partnership meetings including the Tendring Together Coalition (set up and supported by CVST) the organisation ensured that an effective community response to the pandemic was maintained.

Sector Sustainability

This year 120 organisations have been supported with general guidance and information, funding advice, support with development and provision of model policies and procedures. 'Health Checks' were undertaken with organisations to identify areas for development to work towards achieving sustainability. Funding advice, compliance and governance support continues to be the areas where this is most needed. There have been 71 attendances at the 16 Funding Surgeries held online. The surgeries were extremely popular for those looking to deliver and develop services and a total income of £391,367 was reported by 42 charities and voluntary/community organisations. The funding was used to provide services locally and helped to strengthen the local economy. Funds awarded ranged from £500 to £30,000.

Events

Face to face events were restarted ensuring health and safety was observed in order to bring organisations together safely. The Town Centre Community Fair was held in August with 16 organisations exhibiting, including the Vaccination bus which was well attended. The Victorian Christmas Market was a great success given the pandemic restrictions, attracting over 1000 visitors to the 19 stalls and stands manned by organisations to fundraise and promote their services. A full programme of activities and performances were enjoyed by all.

Community Centres and Village Halls Forum

Community facilities throughout the district closed during the pandemic and struggled to reopen safely after Covid lockdowns. CVST responded by facilitating regular meetings held online and in person at various community halls. Members appreciated the opportunity to come together and support each other with resources, training opportunities, information and expertise. Topics discussed covered Community Asset Reporting, Volunteering, Training, Social Media top tips, Vaccinations in the Community and practical support such as heating and plumbing. Concerns, ideas and successes have been shared amongst the attendees. There have been 4 meetings so far with 38 attendances.

Older People's Forum

The Older People's Forum has restarted face to face meetings which have been well attended and much appreciated by those voluntary and statutory organisations which support the local population.

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Volunteers

CVST values the contribution made by volunteers. They bring a wealth of talent, gifts and skills and contribute to the vibrant and caring culture inherent in the organisation. Volunteer recruitment continues to increase and after many of our volunteers went on to find new opportunities as lockdown restrictions eased, many more were recruited to a wide variety of roles. There are currently 260 volunteers involved in physical activities, administration, reception, catering, gardening, litter picking, befriending, shopping, meals on wheels, caring, mentoring via the Men's Shed, meeting and greeting, IT support, research, governance and group leadership to name just some. The volunteers are recruited and supported by the Volunteer Co-ordinator who also organises the annual 'Beach Hut Thank You' events during National Volunteers Week, regular volunteer 'get togethers' and training. It is estimated that approximately 6,000 hours were donated by our volunteers which equates to a monetary value of approximately £70,000. Volunteers are re-imbursed for any costs incurred and have induction training. For example, Lone Working, GDPR, Making Every Contact Count and Safeguarding. When our volunteers find employment and take further qualifications, gaining skills and confidence, it is testament to the volunteering project's efficacy. Many more are empowered to lead activities and groups, thus creating a connected, vibrant and thriving community.

Volunteer Essex Tendring Centre

A vital part of the voluntary sector is volunteering. CVST co-ordinates the Volunteer Essex / Tendring platform and supports organisations to promote their volunteer opportunities across the Tendring district via social media and the CVST ebulletin. Volunteering continues to increase. We currently have 107 registered organisations, 129 active volunteer opportunities and 1,789 active volunteers on the Volunteer Tendring platform.

To encourage more young people to become volunteers, work began this year on creating a youth forum for young people aged 16+ called Youth Inspired Tendring. This forum will enable young people to gain support and encouragement to become active volunteers in their community.

Vaccination Hub

Our work supporting vaccination hubs in Clacton and Harwich continued throughout the year and was extended to provide outreach support across the district with pop-up vaccination centres in Walton, at GP surgeries, community events and on the vaccination bus. The significant contribution made by these volunteers was recognised with a Pride of Tendring award. Around 300 volunteers gave over 10,000 hours of their time to support the delivery of hundreds of thousands of vaccinations to people living and working in Tendring.

Partnerships

As lockdowns began to ease and the focus on the pandemic started to become business as usual, partnership working to support the local population continued to be a priority. Work continued to minimise infection spread and the charity supported its public sector partners to mobilise and respond to the ongoing needs of getting people vaccinated, supporting those who were clinically vulnerable and co-ordinating the voluntary sector response. Work and projects that had started during the pandemic continued including welfare checks, walk buddies, IT support, online exercise classes and assistance to those in need of prescriptions and shopping.

Partnership meetings attended include: Suffolk and North East Essex Integrated Care System (SNEE ICS), SNEE VCSE Strategy meetings, SNEE ICS Design Panel, SNEE ICS Interview panels, SNEE Suicide Prevention, ICS Strategic Investment Group and Population Health Management meetings. North East Essex Health and Wellbeing Alliance, NEE Alliance Strategy Group, NEE Alliance Committee, NEE Alliance Health Inequalities Group, NEE Tactical Cell, NEE Health Forum, NEE Mental Health Board, NEE End of Life Board, Essex County Council public health Strengthening Communities, ECC Community Initiatives Fund Panel, Dementia Action Alliance, Essex CVS, VCS Emergencies Partnership, Tendring Independent Advisory Group (IAG) Tendring District Council Health and Wellbeing Board, Tendring Workforce Group.

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FOR THE YEAR ENDED 31 MARCH 2022

North Essex Integrated Community Services (NICS)

The North East Essex Integrated Community Services partners meet regularly to discuss the establishment of community health services. The priority is to embed governance arrangements and then embark on the development of innovation and transformation of community health and care services.

Tendring Together

Tendring Together, hosted by CVST, is a coalition of local charities brought together to showcase community services and act as a commissioning marketplace. In addition, Tendring Together helps to ensure local charities have easy access to much needed support in order to achieve sustainability.

This year more than ever before the importance of our voluntary sector has been recognised by our partners by an increase in funding available to the sector. This has enabled voluntary organisations to support and increase their services which are vital for communities. The flexibility, speed and professional way that the sector responds in critical times such as the pandemic is remarkable and valued.

CVST continues to provide advice and give practical support in order to strengthen the infrastructure of the voluntary sector. Around 200 organisations have been provided with a wide range of support including funding surgeries with funders, one to one funding and bespoke support. Through our health checks, organisations are guided on governance, policies and procedures in order to achieve resilience and sustainability.

Small grants programmes

CVST has managed 10 grants programmes on behalf of the NEE Alliance, NEE CCG and Essex County Council. The funds included Food and Fuel, Contain Outbreak Management Fund (COMF), Men's Mental Health, Cervical Cancer Screening, Winter Resilience, Hyperlocal funding, TDC Community Champions, Dementia Confident Communities, Active Essex Small Grants and Realising Ambitions. CVST was also a panel member on the ECC Community Initiatives Panel and the ECC Local Delivery Pilot. In total £448,215 was awarded to 58 organisations which has significantly impacted on local communities including: mental health, learning disabilities, LGBTQ+, carers, long term health conditions, child poverty, older people's isolation, refugees, minority ethnic communities and also helped to strengthen the sustainability of the local voluntary sector.

Community Asset Mapping

Our Community Asset Mapping work has continued during the year with deep dives into local assets around Children and Families and Mental Health. Comprehensive reports have been produced which are being used to drive the agenda for local services and system working.

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Cultural Awareness Project

The Covid-19 pandemic highlighted the disparity for people from minority ethnic communities in relation to harm from the virus, accessing the vaccination and trust in health and care services. In addition, CVST and health and care colleagues had identified many other health inequalities facing people from culturally diverse communities including a significantly increased risk of Black and Asian women dying during pregnancy, an increased risk of diabetes for people from South Asian, Black and Caribbean communities and higher than average numbers of people living with poor health from ethnic minority communities. As a result, funding from North-east Essex Clinical Commissioning Group was provided to CVST to tackle these inequalities and to increase the voice of ethnically diverse people in Tendring to ensure improved access to health and care services and better outcomes for their health and wellbeing.

During the year, this work has included a range of work designed to build trust, improve community connectedness and encourage and support participation. Activities have included classes in English as a Second Language in Clacton and Harwich, Horticultural Course for Minority Ethnic Women, Sister Circle for Muslim women to make new friends, gain new skills and increase their levels of physical activity, connecting minority ethnic communities to the St Helena Compassionate Communities programme, increasing the take up of screening for cervical cancer, Fun & Fitness classes and attendance at the Bangladeshi Women's Association Mental Health event. Over 150 sessions have taken place during the year and a short film promoting the project has been promoted widely.

Contain Outbreak Management Fund

In order to tackle some of the challenges that arose following the Covid-19 pandemic, funding was awarded from Essex County Council (both directly and through North-east Essex Clinical Commissioning Group) for a variety of projects to support the health and wellbeing of our population. This enabled the charity to recruit a Volunteer Youth Co-ordinator, continue to deliver a wide range of physical activities, respond to the demands on our Social Prescribing service, promote the vaccination programme and activities to keep people safe and well and provide small grants to voluntary sector partners.

Community Renewal Fund

A partnership proposal with CVST, Abberton Rural Training, Colbea, Colne Radio and Paragon was successfully funded through Essex County Council from the government's Community Renewal Fund. This programme was designed to provide funding to help places across the UK prepare for the introduction of the UK Shared Prosperity Fund, contributing to the levelling up agenda by investing in people, places, businesses and communities improving everyday life across the UK, the Community Renewal Fund. In Tendring, the funding is being used to support the Seeds for Growth project which has been designed to provide opportunities for people to gain skills in horticulture, media, care and self-employment. CVST is working with partners to monitor and evaluate the project and to promote it through raising awareness, social media campaigns and social prescribing.

Dementia Confident Communities

Funded through the NEE CCG, the aim is to work with partners to improve the lives of people with dementia and their families through a Dementia Confident Communities programme.

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TRUSTEES' REPORT (CONTINUED)

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Social Prescribing

Social Prescribing is commissioned by the North East Essex Clinical Commissioning Group, the Primary Care Networks and ECC's Public Health and established within the community and GP Surgeries in Tendring. The social prescribing team also support the Urgent Care Response and Community Rehabilitation Teams. These services prevent unnecessary hospital admissions and as part of the Discharge team at Colchester hospital, social prescribers provide essential discharge packages for people leaving hospital funded by a personalised care grant thus preventing unnecessary readmission. Addressing the social issues which affect people's wellbeing, the team works with individuals to connect them to community resources and services to help build resilience and improve health outcomes. Throughout 2021/2022, the team have continued to support the needs of the local community with services and links to social and physical activity groups in order to help people to achieve their wellbeing goals. Examples include Essex Pedal Power, Tendring Back to Health Scheme and My Weight Matters. They also provide food parcels, food vouchers, befriending and help with financial support. Volunteering is an essential pathway to getting well and is promoted and encouraged when appropriate.

We have linked in with Essex Pedal Power to help increase the health and social inclusion for those in need, as well as refer into the new Kennedy Way Community Garden, outdoor gym, Men's Shed and our partnerships at the SOS Bus.

We are now commissioned by St Helena Hospice for End-of-Life Support. Our lead social prescriber is attending regular meetings with St Helena Hospice and local groups involved in End of Life Care and is an active member of the newly created Compassionate Communities group. This is an initiative through St Helena Hospice that links together local charities and organisations to ensure that individuals at the final stage of their life are aware of what is available to them in their community.

SHELLS and the SOS Bus

CVST plays an active role on the award winning SHELLS project which supports people who are homeless or at risk of homelessness. Through this partnership, weekly support is provided by our Social Prescribing Team on the SOS bus in Clacton and Harwich.

Healthier Independent Longer Lives (HILL)

The Healthier Independent Longer Lives (HILL) Project offers empowerment and community development through asset-based activities. These activities, supported by dozens of volunteers, help to reduce loneliness, increase levels of physical activity, improve confidence, increase skills and employability, improve wellbeing and enable independence. As the country came out of some of the restrictions of the Covid-19 Pandemic, HILL activities and community groups cautiously restarted, working hard to ensure that vulnerable members remained safe by having smaller groups and limiting numbers but running more sessions to make sure that nobody missed out. The HILL staff and volunteer team worked tirelessly to make sure the project was able to deliver appropriate support and new activities emerged capitalising on an increased appetite from people to be outdoors. Although fewer than the previous year, over 800 welfare telephone calls were made to maintain contact with vulnerable people and those who were not ready to return to community activities. In total, 1,576 activity sessions were restarted/held, attended by over 600 people. These activities included Bereavement and Friendship Cafés, arts and crafts clubs, online exercise classes such as seated yoga, Tai Chi, Fitness is Fun, and Mindful Movement, gardening activities at our allotments in Clacton, Dovercourt and at the Kennedy Way Community Garden, Dementia Café, walking groups, swimming, weight management and a new cycling group.

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TRUSTEES' REPORT (CONTINUED)

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Kennedy Way Community Garden

The Kennedy Way Community Garden led by CVST, is the result of consultations with NHSPS, Suffolk and North East Essex Integrated Care System Local Estates. It was designed by CVST volunteers supported by the CVST Volunteer Co-ordinator whose vision ensured a vibrant space was created. The garden is now a place where people can meet, volunteer, make friends, join the Men's Shed, be physically active in the garden, the cycling scheme and the outdoor gym. It has been a monumental success and has been nationally cited as a blue print for other schemes across the country. Funds have now been secured to develop phase 2 of the project which will increase the facilities with a wildlife area, additional planting and paths, facilities for visitors and an additional unit installed to expand the project even further.

Training

69 training sessions were held during the year with 771 attendances. As more people had become accustomed to completing training online, a combination of online, face to face and e-learning took place. Some courses, such as Mental Health First Aid Awareness that had been delivered exclusively face to face prior to the pandemic were now delivered exclusively online. Others such as the interactive and extremely popular Virtual Dementia Tour acted as a reintroduction to participating in person. A wide and varied programme of courses took place including Dementia Friends, LGBTQ+, Making Every Contact Count, Manual Handling, Fuel Poverty, First Aid and Safeguarding to name just a few. A new programme of training around Equality, Diversity, Inclusion and Cultural Awareness remains a priority for the forthcoming year.

Premises

CVST owns premises: Imperial House in Clacton, the Harwich and Dovercourt Hub, The Lunch Club and two Beach Huts in Clacton. Although our premises were closed to the public during lockdown, they have cautiously re-opened delivering activities in a safe environment and have experienced 1000's of visits and calls from members of the public requesting a wide range of queries, services and/or support. For example, winter warm packs, IT/digital, meals, befriending, dementia, transport, volunteering and information and guidance covering many topics. A new activity based at Imperial House was the Colchester Institute's Learning Shop which supports people with employability.

Maintenance and repairs continue with rooms and offices refurbished, new external electronic doors installed at Imperial House and an extensive electrical upgrade completed.

Beach Huts

The Beach Huts were maintained and prepared for the 2021 season and proved to continue in popularity reflecting the need for people to stay local during the pandemic and are now being redecorated in time to reopen for the 2021 season.

Capacity building

Funding was awarded by Lloyds Bank Foundation to build capacity. This has enabled access to expertise in order to develop the organisation further in terms of equality, diversity and inclusion. Leadership training and guidance and support in becoming an anti-racist organisation was provided in addition to support given to the wider sector.

Lunch Club

During the restrictions, the lunch club diversified and responded to the needs of clients by recruiting a team of volunteers to help deliver meals to those needing to stay at home either from having to shield or discharged home from hospital. As restrictions eased, people were encouraged once again to come for a meal, make friends and socialise. The club is slowly building up with both deliveries and face to face options in place.

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Resilience Project

The project is funded by the NEE CCG and by ECC Public Health. The aim is to help people to become more resilient by improving their health, staying well, warm and better connected with projects such as social prescribing during winter, as well as reducing dependence on statutory sector services. This year, the project has been vital in helping to keep people safe and warm and reduce hospital admissions.

Objectives

- Reducing GP visits and hospital admissions and isolation
- Supporting people to build up their own skills/resilience to self-care and promote better health
- Building community cohesion by directing people to services and support
- Ensuring there is a resilience plan to deal with crisis situations
- Providing direct emergency support during Covid-19 while promoting Covid-19 secure guidelines

Winter packs were delivered this year via flu clinics, the SOS Bus, the Trinity Church and door drops in Jaywick Sands, Walton and Harwich targeting those most in need and those with long term health conditions, poor housing and/or vulnerable. Packs were also distributed from referrals managed by the social prescribing team. 3,724 adults, 3,306 children and 623 families were supported with 16,625 winter items this year. CVST also administered, awarded and monitored over £20,000 small grants to 9 local charities which supported 1,645 individuals to stay warm and well with the provision of essential items.

Household support fund and food and fuel vouchers

Grants of £43,000 and £15,000 were secured from Essex County Council to introduce a new initiative to support those in a 'heat or eat' dilemma. 467 supermarket vouchers for food and 338 energy vouchers for prepayment energy cards were distributed to 325 local families and 165 individuals meeting the criteria.

Essex Local Delivery Pilot

The Essex Local Delivery Pilot (LDP) funded by Sport England is led by Active Essex to build healthier more active communities across Essex. The Essex LDP is the only one in the East region and is focused on over 400,000 people who live in the county's most disadvantaged areas in Tendring, Colchester and Basildon where individuals and families are facing the greatest inequalities. CVST is an active partner in the LDP and support the delivery of the programme Essex wide at a strategic and operational level as well as supporting local delivery activity for Tendring. In addition to research to understand the links between affluence and exercise the Local Delivery Pilot has allocated grants to local initiatives, projects and organisations to increase physical activity within our local population who are least likely to engage.

As part of work to help prevent illness and pressure on the NHS, CVST actively promotes physical activity throughout the Tendring district. This year more than 250 organisations have been contacted with the intention to build their capacity for physical activity and to enable their members to become more active. More than £25,000 of funding for these projects has been successfully sourced, enabling a range of organisations to increase their levels of physical activity. These activities include, guided walks, cycling trips, family beach explorations and opportunities for socialising.

Walk and cycle leader training was also set up this year, enabling members of the community to participate in the training to ensure safe walking and cycling groups in the Tendring area.

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Beat the Street ran for 5 weeks in the autumn of 2021 in Harwich and Dovercourt. There were 2,817 participants (14% of population) in the game covering 35,166 miles, an average of 12 miles per person. 57% of adults and 49% of inactive children became active, 4% of those playing had a disability, 66% were living in Index of Multiple Deprivation groups 1-4 (Mid-high) and 5% were from black and minority ethnic groups. Ages of players ranged from 15 months to late 70s. There were 30 additional events linked with Beat the Street. These events were intended to promote and bring to the attention of local residents, activities, services, and attractions available in the Harwich area.

CVST began to play a vital supportive role in the Essex Pedal Power free bike scheme, based in Clacton and Jaywick. Since June 2021, more than 200 bikes have been presented to residents of this area who have expressed a need for a bicycle. More than 1,100 eligible applications were received from residents throughout the area. This scheme has broadened to include those referred by social prescribers and from the Job Centre and continues to run with bikes still being presented.

CVST Cultural Awareness Project were successful in securing a small grant from the LDP Inequalities Fund to run seated yoga and the Hill team secured a small grant to host a series of barn dancing classes.

Quality Assurance

The charity retains the internationally recognised quality standard ISO 9001 maintaining high standards across all internal systems and management, customer services and satisfaction. ISO 9001 scrutinises internal systems and governance and ensures the organisation adheres to legal and financial frameworks. This work is undertaken by the CVST audit sub-committee and is externally audited.

Financial Overview

The charity has been successful in securing funding from a variety of sources including Essex County Council, EPUT, GPPC, ESNEFT, NHSE, North East Essex CCG, Tendring District Council, Lloyds Bank Foundation and the Essex Community Foundation. This funding enables the charity to deliver much needed support and services and to respond to the needs of our local community.

Reserves policy

The Board of Trustees are pleased to report that the charity's free reserves are sufficient to cover 12 months running costs, property maintenance, management, redundancy, administration and support costs and any potential liabilities in line with its established reserves policy. The Trustees aim is to maintain sufficient reserves to ensure the charity remains sustainable in the event of a significant drop in funding or any unforeseen events which would impact on its viability and sustainability.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

FUTURE PLANS

It is the intention of the charity to pursue the following objectives during the year 2022/2023:

1. First and foremost to respond to the fuel crisis in order to alleviate poverty; supplying information, guidance and practical help to build resilience in our communities.
2. To expand on the success of Kennedy Way Community Garden Phase One and secure funds to commence work on Phase Two. This will help achieve our vision of building a multi resource outdoor hub for local residents to access physical activities, volunteering, new friendships and training opportunities in a green space.
3. To develop the activities being delivered in partnership with local people, raising cultural awareness and promoting equality, diversity and inclusive communities.
4. Increase the charity's presence at Harwich and Clacton hospitals and in particular to work in partnership at the new Clacton Diagnostics Hub and further enhance the social prescribing offer via the personalisation budgets.
5. To undertake a deep dive community asset mapping into the Stay Well domain with partners.
6. To continue building and cementing relationships with Primary Care Networks to complement and support well-being for local people.
7. To continue to expand the CVST offer and run additional services according to need.
8. To continue to review and assess CVST services and support, improve and develop facilities to keep people healthy and safe.
9. Continue to develop digital expertise within charities and communities.
10. To support the development of the Tendring South Neighbourhood Team.
11. Continue to strengthen the coalition of voluntary sector partners through Tendring Together, awarding grants, sharing expertise building vibrant sustainable and stronger communities.
12. To continue to work in collaboration with partners through the Suffolk and North East Essex Integrated Partnership Board, Tendring Together, Tendring Health and Wellbeing Board, Tendring Workforce Group and the North East Essex Health and Wellbeing Leadership Alliance in order to deliver seamless support and services.

Acknowledgement

The Trustees wish to thank the staff and volunteers for their strength and conscientious commitment during the past two years which have been challenging. Thanks are also given to our many funders and supporters including but not exclusively: Colchester Catalyst Charity, Essex County Council Public Health and ECC Local Delivery Pilot, The National Lottery Communities Fund, the North East Essex (NEE) Clinical Commissioning Group, the NEE Health and Wellbeing Leadership Alliance, the Suffolk and NEE Integrated Care System, Tendring District Council and Essex Community Foundation for their vital support for which the charity is extremely grateful.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Charitable Company for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charitable Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charitable Company's transactions and disclose with reasonable accuracy at any time the financial position of the Charitable Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each of the persons who are Trustees at the time when this Trustees' Report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's auditor is unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

Small Companies note

In preparing this report, the Trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

Auditor

The auditor, Scrutton Bland LLP, has indicated their willingness to continue in office. The designated Trustees will propose a motion reappointing the auditor at a meeting of the Trustees.

Approved by order of the members of the board of Trustees on
and signed on their behalf by:

Brenda Ellis *15th November 2022*

Brenda Ellis
Chairman

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES

Opinion

We have audited the financial statements of Tendring Community Voluntary Services (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities (incorporating Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

Other information

The other information comprises the information included in the Annual Report other than the financial statements and our Auditor's Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

Responsibilities of trustees

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, through discussion with the Trustees (as required by auditing standards), inspection of the Charitable Company's regulatory and legal correspondence and discussed with the Trustees the policies and procedures regarding compliance with laws and regulations. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

The potential effect of these laws and regulations on the financial statements varies considerably.

Firstly, the Charitable Company is subject to laws and regulations that directly affect the financial statements including financial reporting legislation, distributable profits legislation and taxation legislation and we assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statement items.

Secondly, the Charitable Company is subject to many other laws and regulations where the consequences of non-compliance could have a material effect on amounts or disclosures in the financial statements, for instance through the imposition of fines or litigation. We identified the following areas as those most likely to have such an effect: health and safety, safeguarding, employment law, The Equality Act 2010 and GDPR. Auditing standards limit the required audit procedures to identify non-compliance with these laws and regulations to enquiry of the Trustees and other management and inspection of regulatory and legal correspondence, if any.

TENDRING COMMUNITY VOLUNTARY SERVICES

(A Company Limited by Guarantee)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: enquiries of management and those charged with governance as to whether the Charitable Company complies with such regulations; enquiries of management and those charged with governance concerning any actual or potential litigation or claims, inspection of relevant legal documentation, review of board minutes, testing the appropriateness of journal entries and the performance of analytical review to identify any unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified.

There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditor's Report.

Unaudited comparatives

The Charitable Company did not require an audit during the prior year. As such, all comparative balances included within the financial statements for the year ended 31 March 2022 are unaudited.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.



Timothy O'Connor (Senior Statutory Auditor)

for and on behalf of

Scrutton Bland LLP

Chartered Accountants and Statutory Auditor

820 The Crescent

Colchester Business Park

Colchester

Essex

CO4 9YQ

Date: 6/12/22

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022**

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Endowment funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:						
Grants and donations	4	1,462,241	1,529,668	-	2,991,909	751,006
Charitable activities	5	82,784	-	-	82,784	54,957
Other trading activities	6	3,978	4,164	-	8,142	825
Investments	7	1,835	-	-	1,835	1,918
Total income and endowments		1,550,838	1,533,832	-	3,084,670	808,706
Expenditure on:						
Charitable activities	9	1,156,111	246,389	3,575	1,406,075	852,120
Total expenditure		1,156,111	246,389	3,575	1,406,075	852,120
Net movement in funds	10	394,727	1,287,443	(3,575)	1,678,595	(43,414)
Reconciliation of funds:						
Total funds brought forward		897,244	354,532	353,890	1,605,666	1,649,080
Net movement in funds		394,727	1,287,443	(3,575)	1,678,595	(43,414)
Total funds carried forward		1,291,971	1,641,975	350,315	3,284,261	1,605,666

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 24 to 40 form part of these financial statements.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)
REGISTERED NUMBER: 05325167

BALANCE SHEET
AS AT 31 MARCH 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	13	1,091,698	1,095,805
		<u>1,091,698</u>	<u>1,095,805</u>
Current assets			
Debtors	14	255,031	266,788
Cash at bank and in hand		2,924,460	983,307
		<u>3,179,491</u>	<u>1,250,095</u>
Creditors: amounts falling due within one year	15	(604,428)	(740,234)
Net current assets		<u>2,575,063</u>	<u>509,861</u>
Total assets less current liabilities		<u>3,666,761</u>	<u>1,605,666</u>
Creditors: amounts falling due after more than one year	16	(382,500)	-
Net assets excluding pension asset		<u>3,284,261</u>	<u>1,605,666</u>
Total net assets		<u><u>3,284,261</u></u>	<u><u>1,605,666</u></u>
Charity funds			
Endowment funds	18	350,315	353,890
Restricted funds	18	1,641,975	354,532
Unrestricted funds	18	1,291,971	897,244
Total funds		<u><u>3,284,261</u></u>	<u><u>1,605,666</u></u>

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

BALANCE SHEET (CONTINUED)
AS AT 31 MARCH 2022

The members have not required the entity to obtain an audit for the year in question in accordance with section 476 of the Companies Act 2006.

However, an audit is required in accordance with section 144 of the Charities Act 2011.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on
and signed on their behalf by:

Brenda Ellis
(Chair of Trustees)

Brenda Ellis
15th November 2022

The notes on pages 24 to 40 form part of these financial statements.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022

	Note	2022 £	2021 £
Cash flows from operating activities			
Net cash used in operating activities	21	1,959,267	462,457
Cash flows from investing activities			
Interest received		1,835	1,918
Purchase of tangible fixed assets		(19,949)	-
Net cash (used in)/provided by investing activities		(18,114)	1,918
Cash flows from financing activities			
Net cash provided by financing activities		-	-
Change in cash and cash equivalents in the year		1,941,153	464,375
Cash and cash equivalents at the beginning of the year		983,307	518,932
Cash and cash equivalents at the end of the year	22	2,924,460	983,307

The notes on pages 24 to 40 form part of these financial statements

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. General information

Tendring Community Voluntary Services is a charitable company limited by guarantee, incorporated in England and Wales, registered company number 05325167 and registered Charity number 1108177. The address of the registered office is Imperial House, 20-22 Rosemary Road, Clacton On Sea, Essex, C015 1NZ.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Tendring Community Voluntary Services meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Going concern

After reviewing the charitable company's forecasts and projections, together with all known factors, the Trustees have a reasonable expectation that it has adequate resources to continue in operational existence for the foreseeable future. The entity therefore continues to adopt the going concern basis in preparing its financial statements.

2.3 Income

All income is recognised once the Charitable Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income is deferred only when the charitable company has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Other income is recognised in the period in which it is receivable.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. Accounting policies (continued)

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charitable Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.5 Government grants

Government grants are credited to the statement of financial activities as the related expenditure is incurred.

2.6 Taxation

The Charitable Company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charitable Company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.7 Tangible fixed assets and depreciation

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Freehold property	-	1% straight line
Beach Hut	-	10% straight line
Fixtures and fittings	-	25% straight line
Computer equipment	-	33% straight line

2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. Accounting policies (continued)

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charitable Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

2.11 Financial instruments

The Charitable Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

2.12 Pensions

The Charitable Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charitable Company to the fund in respect of the year.

2.13 Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charitable Company. The Trustees seek to designate these funds wherever possible.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charitable Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Endowment funds are funds that cannot be used as if they are income i.e. they cannot be used to make payment or grants to others.

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The more significant judgements and estimates involved in the preparation of the financial statements include assessing the depreciation rates applicable to tangible fixed assets and the way in which certain costs should be apportioned. Further details regarding these points are included within the accounting policies.

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

4. Income from grants and donations

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Donations	13,836	-	13,836
Grants	1,448,405	1,529,668	2,978,073
	<u>1,462,241</u>	<u>1,529,668</u>	<u>2,991,909</u>
	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Donations	9,257	2,750	12,007
Grants	430,536	308,463	738,999
	<u>439,793</u>	<u>311,213</u>	<u>751,006</u>

All income above relates to community support service activities for both years.

5. Income from charitable activities

	Unrestricted funds 2022 £	Total funds 2022 £
Contributions from Imperial House	75,394	75,394
Management and other fees	2,530	2,530
Other Charitable Activities	4,860	4,860
	<u>82,784</u>	<u>82,784</u>

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

5. Income from charitable activities (continued)

	Unrestricted funds 2021 £	Total funds 2021 £
Contributions from Imperial House	44,097	44,097
Management and other fees	2,658	2,658
Other Charitable Activities	8,202	8,202
	<u>54,957</u>	<u>54,957</u>

All income above relates to community support service activities for both years.

6. Income from other trading activities

Income from fundraising events

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Beach Hut etc.	3,978	-	3,978
Community Fair	-	335	335
Friendship cafe	-	3,829	3,829
	<u>3,978</u>	<u>4,164</u>	<u>8,142</u>

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Beach Hut etc.	612	-	612
Community Fair	-	45	45
Friendship cafe	-	168	168
	<u>612</u>	<u>213</u>	<u>825</u>

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

7. Investment income

	Unrestricted funds 2022 £	Total funds 2022 £
Bank interest	1,835	1,835

	Unrestricted funds 2021 £	Total funds 2021 £
Bank interest	1,918	1,918

8. Governance costs

	Unrestricted funds 2022 £	Total funds 2022 £
Audit fees	7,800	7,800
Staff costs	12,000	12,000
	<u>19,800</u>	<u>19,800</u>

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Accountancy fees	1,425	1,425	2,850
Staff costs	5,004	-	5,004
	<u>6,429</u>	<u>1,425</u>	<u>7,854</u>

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9. Analysis of resources expended by expenditure type

	Unrestricted funds 2022 £	Restricted funds 2022 £	Endowment funds 2022 £	Total funds 2022 £
Depreciation on fixed assets used for charitable purposes	19,019	1,462	3,575	24,056
Cost of activities in furtherance of the charity's objectives	1,117,292	244,927	-	1,362,219
Governance (note 8)	19,800	-	-	19,800
	<u>1,156,111</u>	<u>246,389</u>	<u>3,575</u>	<u>1,406,075</u>

	Unrestricted funds 2021 £	Restricted funds 2021 £	Endowment funds 2021 £	Total funds 2021 £
Depreciation on fixed assets used for charitable purposes	13,637	1,462	3,575	18,674
Cost of activities in furtherance of the charity's objectives	539,096	286,496	-	825,592
Governance (note 8)	6,429	1,425	-	7,854
	<u>559,162</u>	<u>289,383</u>	<u>3,575</u>	<u>852,120</u>

10. Net income/(expenditure)

	2022 £	2021 £
Net income/(expenditure) is stated after charging:		
Audit fees	7,800	-
Independent examination fees	-	2,850
Depreciation	24,056	18,674
Staff pension contributions	12,386	8,508

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11. Staff costs

	2022	2021
	£	£
Wages and salaries	645,729	423,948
Social security costs	39,029	21,913
Contribution to defined contribution pension schemes	12,386	8,508
	697,144	454,369

The average number of persons employed by the Charitable Company during the year was as follows:

	2022	2021
	No.	No.
Employees	37	27

No employee received remuneration amounting to more than £60,000 in either year.

The aggregate remuneration of key management personnel was £76,061 (2021: £38,303).

12. Trustees' remuneration and expenses

During the year, one Trustee received £13,863 in respect of consultancy services (2021 - £9,500). These services were provided separately from their role as a Trustee.

During the year ended 31 March 2022, Trustee expenses have been reimbursed of £99 (2021 - £Nil).

13. Tangible fixed assets

	Freehold property	Fixtures and fittings	Total
	£	£	£
Cost or valuation			
At 1 April 2021	1,290,018	173,191	1,463,209
Additions	-	19,949	19,949
At 31 March 2022	1,290,018	193,140	1,483,158

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13. Tangible fixed assets (continued)

	Freehold property £	Fixtures and fittings £	Total £
Depreciation			
At 1 April 2021	199,822	167,582	367,404
Charge for the year	12,900	11,156	24,056
At 31 March 2022	<u>212,722</u>	<u>178,738</u>	<u>391,460</u>
Net book value			
At 31 March 2022	<u>1,077,296</u>	<u>14,402</u>	<u>1,091,698</u>
At 31 March 2021	<u>1,090,196</u>	<u>5,609</u>	<u>1,095,805</u>

The Charity's freehold property at 20/22 Rosemary Road, Clacton-on-Sea was valued as at 31 March 2013, at £700,000 (the net book value at that time was £567,763). The valuation was carried out by an External Valuer, P H H Wheaton FRICS of Fenn Wright, Chartered Surveyors. The valuation was undertaken in accordance with the requirements of the RICS Valuation - Professional Standards and the relevant financial reporting standards.

Land and buildings also include: 99-101 Carnarvon Road (Lunch club property) donated from Age Concern (valued in 2019 at £181,555), and 276 High Street, Dovercourt (fully operational from autumn 2019).

14. Debtors

	2022 £	2021 £
Trade debtors	255,031	264,989
Other debtors	-	1,799
	<u>255,031</u>	<u>266,788</u>

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15. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	15,084	34,304
Other taxation and social security	12,444	7,957
Other creditors	3,208	303
Accruals and deferred income	573,692	697,670
	<u>604,428</u>	<u>740,234</u>
	2022 £	2021 £
Deferred income		
Deferred income at 1 April 2021	694,820	1,559
Resources deferred during the year	788,392	694,820
Amounts released from previous periods	(534,820)	(1,559)
	<u>948,392</u>	<u>694,820</u>

16. Creditors: Amounts falling due after more than one year

	2022 £	2021 £
Accruals and deferred income	382,500	-

17. Financial instruments

	2022 £	2021 £
Financial assets		
Financial assets measured at transaction price	255,031	266,788
	2022 £	2021 £
Financial liabilities		
Financial liabilities measured at transaction price	974,484	732,277

Financial assets comprise trade and other debtors.

Financial liabilities comprise trade creditors, other creditors, accruals and deferred income.

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18. Statement of funds

Statement of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Unrestricted funds					
CIC/Imperial House	49,295	62,196	(58,060)	-	53,431
Harwich Centre (HC)	-	2,601	(36,558)	35,000	1,043
Fundraising and sundry charitable accounts	24,288	3,978	(2,476)	-	25,790
Lunch Club (LC)	314,330	17,906	(26,062)	15,000	321,174
Resilience	39,733	167,117	(206,253)	-	597
Social Prescribing	54,710	563,631	(225,888)	(15,000)	377,453
Property maintenance reserve	100,408	-	-	-	100,408
Core TCVS	314,480	304,969	(271,872)	-	347,577
Health projects	-	428,440	(328,942)	(35,000)	64,498
	<u>897,244</u>	<u>1,550,838</u>	<u>(1,156,111)</u>	<u>-</u>	<u>1,291,971</u>
Endowment funds					
Building Development Fund	<u>353,890</u>	<u>-</u>	<u>(3,575)</u>	<u>-</u>	<u>350,315</u>

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18. Statement of funds (continued)

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Restricted funds					
Big Lottery: Healthier Independent Longer Lives (HILL)	99,641	102,500	(98,077)	-	104,064
LDP	16,241	69,834	(30,933)	-	55,142
Grassroots	1,707	600	(2,263)	-	44
Colchester Catalyst: HC	92,169	-	(931)	-	91,238
Capital Fund	144,774	-	(1,462)	-	143,312
Men's Mental Health Community Fund	-	55,642	(48,970)	-	6,672
Essex Carers	-	40,000	-	-	40,000
Active Essex	-	1,492	(300)	-	1,192
Live Well	-	1,143,000	-	-	1,143,000
Sector Sustainability	-	100,660	(56,612)	-	44,048
Seeds 4 Growth	-	15,808	(2,545)	-	13,263
Winter warmth campaign	-	4,296	(4,296)	-	-
	<u>354,532</u>	<u>1,533,832</u>	<u>(246,389)</u>	<u>-</u>	<u>1,641,975</u>
Total of funds	<u>1,605,666</u>	<u>3,084,670</u>	<u>(1,406,075)</u>	<u>-</u>	<u>3,284,261</u>

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18. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
Unrestricted funds				
CIC/Imperial House	73,897	35,336	(59,938)	49,295
Harwich Centre (HC)	-	13,588	(13,588)	-
Fundraising and sundry charitable accounts	23,676	612	-	24,288
Lunch Club (LC)	314,330	24,596	(24,596)	314,330
Resilience	52,193	112,087	(124,547)	39,733
Social Prescribing	42,039	150,620	(137,949)	54,710
Property maintenance reserve	100,408	-	-	100,408
Core TCVS	352,583	108,597	(146,700)	314,480
Health projects	-	35,500	(35,500)	-
IVP	-	16,344	(16,344)	-
	<u>959,126</u>	<u>497,280</u>	<u>(559,162)</u>	<u>897,244</u>
Endowment funds				
Building Development Fund	<u>357,465</u>	<u>-</u>	<u>(3,575)</u>	<u>353,890</u>

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18. Statement of funds (continued)

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
Restricted funds				
Big Lottery: Healthier Independent Longer Lives (HILL)	6,962	205,349	(112,670)	99,641
Big Lottery: Awards for All	6,289	-	(6,289)	-
Essex County Council (ECC): HC	15,000	-	(15,000)	-
Men's Mental Health Community Fund	-	42,287	(42,287)	-
TDC: Sport England	3,090	-	(3,090)	-
ECC: Active Tendring and Jaywick	1,269	-	(1,269)	-
LDP	-	22,073	(5,832)	16,241
Grassroots	1,000	750	(43)	1,707
Colchester Catalyst: HC	93,100	-	(931)	92,169
Tendring District Council (TDC): HC	19,600	-	(19,600)	-
Harwich Town Council: HC	3,920	193	(4,113)	-
Covid-19 response	-	8,500	(8,500)	-
Winter warmth campaign	-	4,296	(4,296)	-
Lions	533	-	(533)	-
Shop Mobility	851	-	(851)	-
Capacity Builders	23,916	-	(23,916)	-
Colchester Catalyst Charity Befriending Training	4,650	-	(4,650)	-
HIT Project	-	27,978	(27,978)	-
Capital Fund	146,236	-	(1,462)	144,774
Awards for All	6,073	-	(6,073)	-
	<u>332,489</u>	<u>311,426</u>	<u>(289,383)</u>	<u>354,532</u>
 Total of funds	 <u>1,649,080</u>	 <u>808,706</u>	 <u>(852,120)</u>	 <u>1,605,666</u>

Descriptions of the various funds have been provided within the financial statements and the Trustees' Report.

TENDRING COMMUNITY VOLUNTARY SERVICES
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NOTES TO THE FINANCIAL STATEMENTS
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19. Summary of funds

Summary of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
General funds	897,244	1,550,838	(1,156,111)	-	1,291,971
Endowment funds	353,890	-	(3,575)	-	350,315
Restricted funds	354,532	1,533,832	(246,389)	-	1,641,975
	<u>1,605,666</u>	<u>3,084,670</u>	<u>(1,406,075)</u>	<u>-</u>	<u>3,284,261</u>

Summary of funds - prior year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
General funds	959,126	497,280	(559,162)	897,244
Endowment funds	357,465	-	(3,575)	353,890
Restricted funds	332,489	311,426	(289,383)	354,532
	<u>1,649,080</u>	<u>808,706</u>	<u>(852,120)</u>	<u>1,605,666</u>

20. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Endowment funds 2022 £	Total funds 2022 £
Tangible fixed assets	388,313	353,070	350,315	1,091,698
Current assets	1,890,586	1,288,905	-	3,179,491
Creditors due within one year	(604,428)	-	-	(604,428)
Creditors due in more than one year	(382,500)	-	-	(382,500)
Total	<u>1,291,971</u>	<u>1,641,975</u>	<u>350,315</u>	<u>3,284,261</u>

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20. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Endowment funds 2021 £	Total funds 2021 £
Tangible fixed assets	387,383	354,532	353,890	1,095,805
Current assets	1,250,095	-	-	1,250,095
Creditors due within one year	(740,234)	-	-	(740,234)
Total	897,244	354,532	353,890	1,605,666

21. Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	2021 £
Net income/(expenditure) for the year (as per Statement of Financial Activities)	1,678,595	(43,414)
Adjustments for:		
Depreciation charges	24,056	18,674
Interest received	(1,835)	(1,918)
Decrease/(increase) in debtors	11,757	(238,298)
Increase in creditors	246,694	727,413
Net cash provided by operating activities	1,959,267	462,457

22. Analysis of cash and cash equivalents

	2022 £	2021 £
Cash in hand	2,924,460	983,307
Total cash and cash equivalents	2,924,460	983,307

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

23. Analysis of changes in net debt

	At 1 April 2021 £	Cash flows £	At 31 March 2022 £
Cash at bank and in hand	983,307	1,941,153	2,924,460
	<u>983,307</u>	<u>1,941,153</u>	<u>2,924,460</u>

24. Legal status

The charity is a company limited by guarantee and has no share capital.

25. Pension commitments

The Charitable Company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in an independently administered fund. The pension cost charge represents contributions payable by the charitable company to the fund and amounted to £12,386 (2021 - £8,508). At the balance sheet date £3,040 (2021 - £Nil) was payable to the fund and is included in creditors.

26. Related party transactions

The charitable company has not entered into any related party transactions other than those already disclosed within these financial statements, including disclosure made within the Trustees' Report.