TENDRING COMMUNITY VOLUNTARY SERVICES

England & Wales · Charity number 1108177

Details

Status	Registered
Legal form	Charitable company
Company number	05325167
Registered	2005-02-18
Register	View on the Charity Commission register

Contact

Address	Tendring Community Voluntary Servic Imperial House 20-22 Rosemary Road Clacton-On-Sea CO15 1NZ
Phone	01255425692
Email	admin@cvstendring.org.uk
Website	www.cvstendring.org.uk

Activities

Objects: A) TO PROMOTE ANY CHARITABLE PURPOSES FOR THE BENEFIT OF THE COMMUNITY IN THE LOCAL GOVERNMENT DISTRICT OF TENDRING AND ITS ENVIRONS, (HEREINAFTER CALLED 'THE AREA OF BENEFIT) AND IN PARTICULAR, THE ADVANCEMENT OF EDUCATION, THE PROTECTION OF HEALTH AND THE RELIEF OF POVERTY, DISTRESS AND SICKNESS.B) TO PROMOTE AND ORGANISE CO-OPERATION IN THE ACHIEVEMENT OF THE ABOVE PURPOSES AND TO THAT END TO BRING TOGETHER IN COUNCIL REPRESENTATIVES OF THE VOLUNTARY ORGANISATIONS AND STATUTORY AUTHORITIES WITHIN THE AREA OF BENEFIT.PROVIDED THAT IN CARRYING OUT THESE CHARITABLE PURPOSES, THE COUNCIL WILL SEEK TO CHALLENGE ALL FORMS OF OPPRESSION AND INEQUALITY AND TO GIVE PRIORITY TO WORKING WITH PEOPLE WHOSE FULL PARTICIPATION IN SOCIETY IS LIMITED BY ECONOMIC, POLITICAL AND SOCIAL DISADVANTAGE.

Activities: CVST provides support for the community and organisations through a wide range of services such as community development activities, information, advice, training, grant giving, accommodation, events and a newsletter. CVST acts as a strategic partner and facilitates representation of the sector, encourages

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liaison between groups and develops new services to meet identified gaps.

Classification

- **How:** Makes Grants To Organisations, Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** TENDRING, ESSEX
- Essex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,203,990	£1,663,502	£1,676,826	49
2024-03-31	£1,145,143	£2,454,890	£2,136,338	53
2023-03-31	£2,188,257	£2,026,433	£3,446,085	44
2022-03-31	£3,084,670	£1,406,075	£3,284,261	37
2021-03-31	£808,706	£852,120	£1,605,666	27

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Trustees

Name	Role	Appointed
Brenda Ellis	Chair	
Anne Brown		2021-09-15
Bob Newman		2013-12-23
Dr JONATHAN ANDREW FREDERICK GELDARD		
Indira Allen		2021-09-15
Lynne Howe		2025-09-17
Mark Norman		2019-07-17
Thea Roper		2022-09-07

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TENDRING COMMUNITY VOLUNTARY SERVICES

England & Wales - Charity number 1108177

Accounts

Charity registration number 1108177 (England and Wales)

Company registration number 05325167

TENDRING COMMUNITY VOLUNTARY SERVICES

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

TENDRING COMMUNITY VOLUNTARY SERVICES

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Brenda Ellis Bob Newman Dr Jonathan Geldard Mark Norman Michael Page Indira Allen Anne Brown Thea Roper	
Secretary	Sharon Alexander	
Senior management	Sharon Alexander	Chief Officer - Departed 17 July 2025
	Lisa Andrews	Chief Executive - Appointed 18 July 2025
Charity number (England and Wales)	1108177	
Company number	05325167	
Registered office	Imperial House 20-22 Rosemary Road Clacton on Sea CO15 1NZ	
Auditor	Streets Audit LLP c/o The Old Exchange 64 West Stockwell Street Colchester Essex CO1 1HE	
Bankers	CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4QJ CCLA Investment Management 80 Cheapside London EC2V 6DZ	

TENDRING COMMUNITY VOLUNTARY SERVICES

LEGAL AND ADMINISTRATIVE INFORMATION

Solicitors	TSP Legal Thompson Smith & Puxon Stable 6 Stable Road Colchester Essex CO2 7GL

TENDRING COMMUNITY VOLUNTARY SERVICES

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TENDRING COMMUNITY VOLUNTARY SERVICES

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charitable company's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

1.GOVERNANCE , OBJECTS, STRUCTURE AND PUBLIC BENEFIT

The Trustees are satisfied with the performance of the charity over the last 12 months up to year end 31 March 2025. The trustees confirm that the charity is in a good position and there are sufficient assets to continue delivering activities and to fulfil its obligations. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and comply with the Memorandum and Articles of Association of the Charitable Company and the Charities Act 2011.

The trustees have referred to the Charity Commission's general guidance on public benefit entitled 'Charities and Public Benefit' and are satisfied that the organisation's objects, activities, structure and strategic framework conforms with these requirements. Some of CVST's services and activities are either free of charge or at minimum rates due to grants and fundraising income for this purpose.

a. Governing Document

The trustees present their annual report and financial statements of the charity for the year ended 31 March 2025 which are also prepared to meet the requirements for the director's report and accounts for Companies House. The charity is also known as Community Voluntary Services Tendring, CVS Tendring and CVST. The charity was established in 1973 and was incorporated and registered as a charitable company limited by guarantee on 5 January 2005. In the event of the company being wound up, members are required to contribute £10.

Principal objects as defined in the organisation's Memorandum of Association are:

(A) To promote any charitable purposes for the benefit of the community in the local government district of Tendring and its environs, and in particular the advancement of education, the protection of health and the relief of poverty, distress and sickness.

(B) To promote and organise co-operation in the achievement of the above purposes and to that end to bring together in council representatives of the voluntary organisations and statutory authorities within the area of benefit. Provided that in carrying out these charitable purposes, the Council will seek to challenge all forms of oppression and inequality and to give priority to working with people whose full participation in society is limited by economic, political and social disadvantage.

The organisation has the following core functions:

1. **Leadership and advocacy** – mobilising and encouraging community action, strengthening the sector's voice and influence key decision makers and funders
2. **Partnerships and collaborations –** creating opportunities and driving effective joint working, by building networks of local organisations and strategic partners
3. **Capacity building** – providing practical support and development for local people and organisations, to nurture skills and build community resilience
4. **Volunteering –** Build an environment in which volunteers and their communities thrive, by encouraging and nurturing volunteering opportunities

Our mission is "leading and supporting voluntary action and empowering local people".

b. Organisational structure and decision making

The Board meets five times a year. The board is responsible for the strategy, risk management, setting and reviewing policy and monitoring performance of the charity's activities and core services. Day to day management of the charity is delegated to the Chief Officer who reports regularly to the Chair. The Audit sub-committee takes delegated responsibility on behalf of the Board of Trustees for ensuring that there is a framework for accountability and scrutiny; for examining and reviewing all systems and methods of financial control; for maintaining the charity's quality standards and for ensuring the charity is complying with all aspects of the law, relevant regulations and good practice. The annual workplans are updated, priorities identified and agreed by the board.

Our aim is to provide comprehensive support to achieve a vibrant and thriving voluntary sector which has the community at the heart of everything we do, to have the systems in place to meet funders' requirements and inspire confidence in stakeholders through quality assurance and to clearly and articulately represent the voluntary sector to public policy makers.

c. Risk management

The trustees have examined major strategic, governance, business, financial and operational risks which the charity has and may face and have implemented the appropriate systems and monitoring to mitigate these. The cut in grant income secured from statutory organisations was identified in the previous year's report as a risk and as a result careful monitoring of finances was undertaken. Due to a reduction in grants, changes to funding arrangements, spiralling costs and increases in minimum wage, the decision was taken to not continue with the Social Prescribing Project and redundancy notices were issued at the beginning of 2025. The decision was also taken to sell the premises at Carnarvon Road. Finances continue to be a risk, and steps have been taken to alleviate this. Finances continue to be carefully monitored. The financial controls in place include the producing and reporting of budget performance, reporting mechanism for recording information and an accountability framework. Staff and trustees are involved in reviewing and managing risk. The purchase order system is now established. Many aspects of risk management such as authorisation, monitoring and reporting, staff checks and appraisal, safety procedures - in particular, health and safety and adequate insurance cover - are embedded within the organisation. Internal financial controls conform to guidelines issued by the Charity Commission.

d. Recruitment and support of Trustees

The management of the charitable company is the responsibility of the Trustees who are elected from the membership and the wider community according to the governing document. There shall be not less than six and not more than fifteen trustees serving on the Board.

Trustees are volunteers and give their time freely. Trustees are required to declare conflicts of interest and withdraw from discussions and decisions where a potential conflict may arise.

Trustees receive induction, an information pack, access to regular training, and attend regular meetings with other trustees. The charity holds an annual visioning day where personnel and trustees review activities and agree priorities and strategic direction.

e. Membership

CVST is a membership charity and continues to promote the benefits of affiliation to the sector. Applications for membership are approved by the Board and the Board has the right to refuse membership to any individual or organisation. Members are required to be committed to the furtherance of the objects of the charity. CVST continues to develop its membership offer to local groups and organisations to provide a comprehensive body of support and representation. There are 169 member organisations, reflecting steady increases each year and this is due to promotion of the benefits of membership.

CVST is a membership charity and continues to develop its membership offer and the benefits to affiliating to local groups and organisations to provide a comprehensive body of support and representation. In addition to being able to vote at the AGM, affiliated CVST members are able to access:

- Discounted rates for events, training and room hire
- Free advertising in our e-bulletin
- Priority access to our events
- Enhanced advertising of your volunteering opportunities

Members are required to be committed to the furtherance of the objects of the charity. Applications for membership are approved by the Board and the Board has the right to refuse membership to any individual or organisation.

There are 163 member organisations, a reduction of six which reflects a more direct approach to the administration of our membership where memberships are no longer 'rolled forward' but are cancelled after all efforts to reengage and renew have failed.

f. Information services
We provide information from local and national sources for our members and wider audience through:

- Weekly e-bulletins
- Websites: www.cvstendring.org.uk
- Facebook: www.facebook.com/cvstendring
- Instagram: @cvstendring
- LinkedIn: Community Voluntary Services Tendring
- Youtube: @communityvoluntaryservices622
- Imperial House Community Information Centre
- The Dovercourt & Harwich Hub

The external weekly ebulletin newsletter is distributed to over 1150 subscribers and has a potential reach of 11,000 due to it being shared with subscribers' networks. The bulletin includes CVST information, events, training, funding news, as well as news and information from local, regional and national organisations.

The 'jobs and volunteers' weekly bulletin is established and distribution has increased to more than 1157 subscribers featuring job and volunteer opportunities for partners and affiliated members.

The website continues to grow and develop. In the past year, the website has seen a significant increase in website interaction with 20,000 users, an increase from 12,396 and 84,000 views.

We continue to grow our Facebook presence. Between April 2024 and March 2025 our Facebook reach is 385K, up from 150,000 in the previous year and followers have increased from 4,700 to 5.3K. Similarly, our Instagram account has increased from 257 to 311 followers.

We have increased our use of LinkedIn over the past year as a growing channel to engage with organisations and partners. Our current number of followers is 366 with 814 impressions which is up 104% on the previous year.

Films continue to be created which evidences our impact to funders and to our community and is an effective means of attracting volunteers. In the last year we have made seven films featuring three for Beat the Street Harwich and Dovercourt and Street Tag, A Thank you to volunteers and a film with our Youth Inspired Volunteers about what inspired them to volunteers. A film showcasing our Chinese New Year Celebrations and a film to support our Resilience work 'Losing Mum.'

The films are featured on social media and promoted to the NEE Alliance, funders and member organisations. These films have been promoted in meetings, on social media, in CVST and other newsletters, and at the Suffolk and NEE Integrated Care System (SNEE ICS) Exhibition and events. We currently have 20 subscribers on YouTube.

Local Press - 61 press releases were published in the local gazette, including photographic spreads and features.

Photographs – Our photographs have been used to showcase our local community as a vibrant and welcoming place to stakeholders and by NAVCA when launching their new website in April 2024. We also supported Essex Community Foundation in the preparation of their Annual Report.

2.ACTIVITIES

Policies and core functions

The organisation undertakes work on behalf of its members and continues to develop its activities. The charity has in place the necessary plans, policies and procedures in order to further the objects of the charity. The charity is a member of National Association for Voluntary and Community Action (NAVCA) and operates to the four functions of infrastructure:

1. **Leadership and advocacy** – mobilising and encouraging community action, strengthening the sector's voice and influence on key decision makers and funders
2. **Partnerships and collaborations –** creating opportunities and driving effective joint working, by building networks of local organisations and strategic partners
3. **Capacity building** – providing practical support and development for local people and organisations, to nurture skills and build community resilience
4. **Volunteering –** Build an environment in which volunteers and their communities thrive, by encouraging and nurturing volunteering opportunities

The trustees have obligations as employers of staff and as owners of Imperial House – a community resource centre and the Dovercourt and Harwich Hub. There is an agreement in place with the National Lottery Community Fund to deliver the HILL project and to deliver infrastructure support for the voluntary sector. The Suffolk and North East Essex Integrated Care Board (SNEE ICB) to deliver the Seasonal Resilience Project and agreements in place with Primary Care Networks (PCNs) to supply social prescribing services in surgeries in North East Essex. The organisation also has agreements in place with SNEE ICB to deliver the Urgent Community Response Service. SNEE ICB also commissioned CVST, to continue the mapping of community assets in partnership with Healthwatch and C360. There is also an agreement with EPUT to deliver the Peer Support Project which is sub-contracted to SUMMIT mental health services.

Green Carbon Charter

As part of its commitment to reducing CVSTs carbon footprint CVST has achieved the Bronze Carbon Charter Award.

3.ACHIEVEMENTS AND PERFORMANCE - Review of activities

CVST continues to respond to the gaps and needs of our community by ensuring people and organisations have access to information, advice and resources. CVST has increased activities and services, and staff are working in the community, the hubs and hospitals with a small percentage working from home. Risk assessments, policies and procedures continued to be reviewed, and procedures implemented to keep people safe.

Premises

CVST owns premises: Imperial House a Community Hub in Clacton, the Harwich and Dovercourt Hub, and 274 High Street, Dovercourt. The charity also owns two Beach Huts in Clacton and one in Dovercourt. 1000's of people access, and benefit from, these resources every day. For example, winter warm packs, IT/digital, meals, befriending, dementia, transport, volunteering, information and guidance covering many topics. New services and groups are now running from the Hubs. The Clacton Lunch Club with accommodation above was sold at the end of April 2025. Maintenance and repairs continue where finances permit.

Beach Huts

The Beach Huts were maintained and prepared for the 2025 season and where the Clacton Beach Huts have proved popular at certain times of the year primarily for the benefit of affiliated members and voluntary organisations to use for their clients and service users, the costs of maintaining all of them mean that they are no longer cost effective to retain. It is the intention of the charity to sell two of the three Beach Huts.

Sector Sustainability
CVST continues to provide guidance and give practical support in order to strengthen the infrastructure of the voluntary sector.
In January 2025 CVST were delighted to be able to announce that we had been awarded funding from the National Lottery Community Fund to continue to provide support to local voluntary and community organisations and groups through 1:1 support and facilitated networks for the next four years in the following areas:

- Volunteering
- Governance
- EDI
- Skills and Training
- Funding

In the period April 2024 – March 2025, 485 organisations were supported with a wide range of services including funding advice and support with grant applications, general information, development of model policies and procedures, guidance and information on governance and digital skills.

Through our 1:1 support and our training programme and networks:

- 206 organisations were supported to find funding to support their activities. Of these, 20 organisations reported that they had secured a total of £637,611 for their activities. The true figure is likely to be much higher as often organisations and groups omit to feedback the outcome of their applications and successes.
- 23 organisations were supported with compliance and governance.
- 175 organisations were supported through training and skills sessions.
- 81 organisations were supported to make better use of digital resources.

Events
CVST continued to host Funding Surgeries with guest funders such as The National Lottery Community Fund, Heritage Lottery, Colchester Catalyst Charity, Grassroots, EasyFundraising and the Essex Community Foundation. In total, more than 70 member organisations attended who, as a result of funding advice given, secured funding to continue and/or develop their services. The surgeries have proved extremely popular to organisations looking to initiate new services and/or expand including increasing the opportunity for future collaboration and partnership work.

Funding secured for local organisations employing local staff contribute to the health of the local economy, keeping people in employment who will spend money locally, which in turn helps to strengthen the local economy.

2 Network Breakfasts were held during the year with over 30 attendees who appreciated the opportunity to share knowledge and information and connect with their peers, some of whom have forged strong collaborations.

In addition to the support provided CVST held a number of events as an opportunity for networking, showcasing projects and organisations, raising funds and developing partnerships. 17 organisations were booked to participate in the Town Centre Community Fair to promote their services to the local population visiting the Clacton Air Show. The Victorian Christmas Market had 19 stalls booked for this annual event which attracts nearly 2000 people. Local organisations use this event to raise much needed funds and to promote their charity, services and activities.

The Chair and Senior Officers Annual Dinner was once again held with guest speakers, the Chairs of Essex Community Foundation and the Clacton Town Board. 21 trustees attended the re-launch of the Trustee Network in February 2025 with Ellisons Solicitors presenting on Charity Law.

Communities of Interest

Tendring Together

Tendring Together is a strategic partnership of voluntary organisations, hosted by CVST, brought together to hold the spotlight on serious issues and gaps in the local community, promote voluntary sector services and to act as a commissioning marketplace. In addition, Tendring Together helps to ensure local charities have easy access to much needed support to achieve sustainability. The Partnership acts as a two-way link between the Alliance and the ICB ensuring communication channels are open and transparent. During 2024, Tendring Together identified that poor housing in the district was having an impact on people's health and wellbeing.

A Housing Workshop was held and illustrated the poor conditions that tenants of private landlords were being forced to live in. SNEE ICB and Tendring District Council worked in partnership to tackle these issues. Frontline – an information app and website was launched at Tendring Together and regular presentations from the ICB and the Suffolk and North East Essex VCSFE Assembly continue. The importance of our voluntary sector in being able to contribute to meeting local needs is recognised with many representatives from the statutory sector attending and positive engagements made.

Cost of Living Crisis Action Group

CVST continue to lead the Cost of Living Action Group (COLAG). Organisations are invited to join the group to support their communities through the sharing of resources. Information about support available continues to be shared widely. Meetings have been held throughout the year and attendees continue to be informed about resources available to share with their clients and members.

Community Centres and Village Halls Forum

CVST responded to the need for committee members of community centres to be able to meet and by facilitating meetings at various community halls. Members appreciate the opportunity to come together and support each other with resources, training opportunities, information and expertise. Topics discussed covered Maintenance and Repairs, Trusteeship, Volunteering, Social Media and general training. Concerns, ideas and successes have been shared amongst the attendees.

Tendring Older People's Forum

The Tendring Older People's Forum meets bi-monthly at various locations across Tendring and is very well attended. It brings together people and organisations who represent and serve older people in the Tendring District. Its purpose is to get attendees to discuss issues of concern to older people, such as loneliness, health, mobility, dementia, digital access, housing, end-of-life, transport and much more. There are speakers, discussions and feedback. The Older People's Forum is the place where all Dementia Friendly Communities activities are reported locally.

Dementia Confident Communities

The aim is to collaborate with partners to improve the lives of people with dementia and their families through a Dementia Confident Communities programme. CVST is leading on Clacton's Dementia Friendly Community and promoted activities district wide as part of Dementia Awareness Week as well as publish a list of dementia friendly activities being delivered across the district. The project brought together local organisations to raise awareness of services available and encourage people who need them to access them.

Community Asset Mapping

The second phase of this work commenced during this year with work to understand community assets related to COPD in Colchester and Tendring. This report was well received by system partners and is being used to shape services. Further reports on Mental Health, Childhood Asthma, Frailty and Hypertension are to follow.

Seasonal Resilience Project
This project is funded by SNEE ICB. The aim is to reduce GP visits, hospital admissions and isolation by supporting people to build up their own skills and resilience to self-care. To promote better health, building community cohesion by directing people to services and support and providing direct emergency support and ensuring there is a resilience plan to deal with crisis situations.

Winter packs, support and guidance were delivered this year via flu clinics, the SOS Bus, also Door Drops in Jaywick Sands, Walton on the Naze, Harwich, Brightlingsea, Holland on Sea, Alresford, Thorpe-le-Soken, Point Clear, St Osyth, Tendring, Manningtree, Frinton-on-Sea, Elmstead Market and surrounding areas. Those most in need and those with long term health conditions were a priority. For example, Childhood Asthma, people living in poor housing, and people who have COPD, Hypertension, Mental Health, Frailty and those at risk of falls.

Packs were also distributed from referrals managed by the social prescribing team and via community collection points, warm hubs and referrals from trusted partners. Assistance and support were provided to over 2,300 people. 18 referrals were made to Social Prescribers, and 228 households were referred to the Essex Fire Service for smoke alarms and fire safety inspections. 136 households were referred to external organisations for additional support with housing issues. When we asked people for feedback, they told us that:

- "Mum and daughter suffer with asthma so really felt the benefit of the winter items"
- "I live in a very cold, old property and suffer with poor circulation so very grateful for the items"
- "Mentally and physically and helped massively to know that there is support when needed"

Resilience Grants Awards programmes
Using the guidance provided, this year we were able to allocate £15,000 to four local organisations to support with winter resilience:

- Age Well East £5,000
- DAWN £4,200
- Pier Avenue Baptist Church £800
- Mid and North East Essex Mind £5,000

The Community Café and Lunch Club
Despite best efforts to encourage greater use of the building on Carnarvon Road it became apparent that the building wasn't suitable to be used as a community resource due to access, specifically access to toilets and the overall general decline of the building which was in need of significant repairs. The decision was made to sell the building and to reinvest in the charity to better serve our communities.

Household support
In the past year CVST have been able to access funding to support those people in our communities who are most in need. Using £15,000 Shared Prosperity Fund accessed through Tendring District Council we supported 262 Adults with 189 children in their families within 213 households. In addition, we were able to administer £50,000 over two years Health Inequalities Funding funded by SNEE ICB. This funding was ringfenced for people with specific health needs where they needed additional support to reduce their admission to hospital through the provision of white goods and food and fuel vouchers. Using this funding we were able to support 77 adults with 41 children in their families within 54 households during the year.

Volunteers
There are three strands to the work CVST delivers in terms of promoting, recruiting and supporting volunteers.

In-house – CVST values the contribution made by volunteers. They bring a wealth of talent, gifts and skills and contribute to the vibrant and caring culture inherent in the organisation which is why volunteer recruitment is a vital cog and continues to be a rolling programme as volunteers go on to new opportunities, skills and employment. There are currently 200 volunteers who are involved in a variety of roles including physical activities, administration, reception, catering, gardening, litter picking, befriending, shopping, hospitality, caring, mentoring, Men's Shed, meeting and greeting, IT support, research, governance and group leadership to name just some. Volunteers continue to support surgeries with winter resilience during the winter months. The volunteers are recruited and supported by the Volunteer Co-ordinator who runs a comprehensive induction and ongoing training. In addition, there are regular volunteer 'get togethers' and annual 'Beach Hut Thank You' events during National Volunteers Week. Approximately 48,000 hours were donated by our volunteers which equates to a monetary value of approximately £600,000 based on a minimum wage. Volunteers are re-imbursed for any costs incurred and have induction and training in Lone Working, GDPR, Making Every Contact Count and Safeguarding. When our volunteers take further qualifications, gaining skills and confidence and secure employment, it is a testament to the volunteering programme's efficacy. Many more are empowered to lead activities and groups, thus creating a connected, vibrant and thriving community.

Youth Volunteering
The CVST Youth Inspired Tendring group for ages 16-18yrs and up to 21yrs for those young people with additional needs is now established and a regular weekly safe place where young people can meet and plan one-off micro volunteering in areas of interest to them and actively get involved to volunteer in a supportive environment.

Volunteer Essex - Tendring Centre
A vital part of our support to the local voluntary sector is supporting the recruitment of volunteers. CVST supports groups and organisations to find volunteers by matching their volunteering opportunities with volunteers who have registered on the Volunteer Essex - Tendring platform. In addition to advertising on the platform, CVST supports organisations to promote their volunteer opportunities across the Tendring district via social media, the CVST ebulletin and whilst we are at events out in the community.

New organisations continue to register with new volunteering opportunities created. In this year we had 44 new volunteering opportunities registered on Volunteer Essex during this past year. Volunteer registrations continued to increase from 354 to 414. 156 of these went on to apply for a volunteering opportunity.

This year CVST were successful in securing two-year funding from the National Lottery Awards for All to pilot work in developing our reach where there is an underrepresentation of people getting involved in their communities through volunteering. This project works with both local organisations so that they can become great volunteer hosts and with people who have not volunteered before or are not confident about getting back into it.

Social Prescribing
The CVST Social Prescribing project is commissioned by the Primary Care Networks and runs from GP surgeries across North East Essex. There is also an agreement with SNEE ICB to deliver a social prescribing team to support the Urgent Care Response Service and Community Rehabilitation Team. These services prevent unnecessary hospital admissions. As part of the Discharge team at Colchester hospital, social prescribers provide essential discharge packages for people leaving hospital and this is funded by a personalised care grant thus preventing unnecessary readmission.

Addressing the social issues which affect people's wellbeing, the team works with individuals to connect them to community resources and services to help build resilience and improve health outcomes. Throughout 2024/25, the team has experienced a 76% increase in referrals to a total of 16,252 with 11,873 from GP surgeries and 4379 from the hospital discharge team. 5,576 patients were supported to access community activities to alleviate health issues such as chronic loneliness and given emotional and practical support in terms of financial, winter packs and support with food and fuel. The team supported all to help achieve their wellbeing goals.

A recent outcome survey was completed by a sample of these individuals where most agreed that social prescribing was there when they needed it and that they did not know anywhere else to go for assistance if there was not a social prescribing service. All found the support extremely helpful, easy to understand and follow. People are given the opportunity to volunteer as this seen as an essential pathway to getting well and is promoted and encouraged when appropriate. Popular activities include the Kennedy Way Community Garden, the Men's Shed, Essex Pedal Power, walking groups and art and craft friendship groups. The Social Prescribing Project delivered by CVST ended March 2025.

Healthier Independent Longer Lives (HILL)
Now in its second year of a three-year funding from the National Lottery Community Fund, the HILL Project continues to deliver a wide range of training initiatives, including a youth programme and volunteering opportunities for young people, as well as culture awareness within its events, groups and activities. HILL provides volunteer-led community groups aimed at reducing loneliness, increasing physical activity, building confidence, developing skills, and supporting pathways into employment and independence. This year, new asset-based community groups were established in Harwich, Clacton, and Walton. The HILL project supports 205 volunteers who deliver over 45 activities each week across Tendring's most deprived areas.

Kennedy Way Community Garden
The Community Garden remains a collaborative project between CVST, NHS Property Services (NHSPS), and Suffolk and North East Essex Integrated Care Board (SNEE ICB). Over 20 volunteers have been trained to support individuals who are isolated, lonely, or living with physical, mental health conditions, or other disabilities. The site welcomed over 3,000 attendances this year, with many participants involved in regular weekly activities. The Kennedy Way Hub is also used by independent groups such as Tendring Specialist Stroke Services (TSSS) and the Digital Access Team enabling wider community engagement and cross-organisational collaboration and partnership.

Over the year, the Garden hosted more than 500 community activities and held two well-attended open days, raising funds for future development. These events included participation from Holland Park Primary School students and various local organisations, businesses, and residents. Market Fields School and the CVST Youth Inspired Project attend the garden weekly. Under the guidance of volunteers, young people contributed to an intergenerational initiative entitled 'Upcycle Through the Generations' and built a living wall. The sensory garden has flourished, now featuring a vibrant rose bed, fennel, textured foliage, and ornamental grasses. A wheelchair-accessible path, nature pond, and tranquil "silence space" with ferns offer a calming environment. Due to increased interest, the Men's Shed programme developed a waiting list. CVST has trained new volunteers to meet demand, and additional sessions are now available. In support, NHSPS has agreed to supply a new container to expand session capacity which is hoped to be installed in the forthcoming year.

Cultural Awareness Project
The Cultural Awareness Project has continued to address health inequalities for local people, particularly those experienced by people from minority ethnic communities in accessing and trusting health and care services. Funding from SNEE ICB enabled participation in several important initiatives this year, including the Parity Diabetes and Snacktivity research programmes, Research Ready Training, and the REN Network. These opportunities have helped raise awareness among under-represented communities and given them a platform to engage in clinical trials and health research that ultimately aim to improve services for all. Our regular weekly groups—including the Eastern European Friendship Group & Coffee Morning, Muslim and Multicultural Sister Circle, Multicultural Ladies Seated Yoga, and Support with English Language have welcomed visits from a wide range of external organisations. These included Parkinson's UK, Healthwatch Essex, Cervical Screening, Essex County Council Fostering Team, Open the Box from Essex Record Office, Pamoja Project (RAMA and AFiUK), and St Helena Hospice. These connections have helped participants learn about available services and resources in a trusted and supportive setting. Participants have reported improved wellbeing, reduced loneliness, increased confidence and connection to the community, enhanced language and life skills (English, IT, Maths), and better awareness of local services. During 2024, there was a noted rise in hate crime, particularly within the Tendring area. In response, we worked closely with Essex Police to provide reassurance, address concerns, and help our diverse community members feel safe and supported while fostering trust in local policing services.

Sustainability of the project is key and with this in mind, there is more focus on empowering participants to become more self-sufficient, and community led. As a result, we have recruited four new volunteers who now help run the Muslim and Multicultural Sister Circle. Members completed a five-week 'Cooking with Numbers' Multiply course delivered by ACL, and each received a free air fryer upon completion. In March, they participated in British Science Week, focusing on fermentation and gut health.

Cultural events remain a key part of our calendar, with community-led celebrations for Black History Month, Chinese/Lunar New Year, Eid, Ukrainian Independence Day, and Windrush. These events continue to promote cultural understanding and improve access to services across Tendring.

Dementia Support and Café
The Dementia Café at Imperial House, Clacton, continues to offer weekly sessions for individuals living with dementia and their carers. This year, the café recorded 1,010 attendances across 45 sessions. CVST participated in a research project led by Dr Rachel Marrow at the University of Essex, focusing on improving hospital stays for people with dementia in Tendring. In addition, a dementia-friendly singing group, Mind the Music, was launched at Kennedy Way Community Garden. This monthly session has attracted 69 attendances across 10 events, fostering connection through music and social interaction.

Support for Ukrainian People
Since the beginning of the war in Ukraine, CVST has worked in partnership with local services to provide essential support to those affected or seeking refuge. Our Ukraine Support Group—now rebranded as the Eastern European Group—has expanded its outreach to welcome and support others that may be in similar circumstances. In 2024, we received continued funding from the Essex Community Foundation, to support Ukrainian guests and their hosts in the Tendring district. The project continues to assist with benefits, form filling, employment advice, school and college enrolment, NHS access, social services, skills development, and community integration. Partnership working remains vital, with ongoing collaboration with organisations such as RAMA, IPS Employment Services, Peabody, Homes for Ukraine, and Citizens Advice. The Ukrainian Independence Day celebrations highlighted the value of CVST's support, raised awareness of our services, the effects of the war, and created opportunities for Ukrainians and their sponsors to connect and network. Our Ukrainian Community Connector has also delivered cultural presentations to local groups, increasing understanding of Ukraine's traditions and the war's impact, while building bridges that support successful integration into the local community.

Training
While the convenience and cost-effectiveness of online learning have impacted attendance at in-person sessions, CVST's Learning Project still achieved notable success. This year included 39 face-to-face events with 327 enrolments, involving 22 community organisations. Courses covered a broad range of topics, including: Social Media Use, Mental Health First Aid, Accessible Information, Emergency First Aid at Work, Managing Conflict, Speaking with Confidence, Bereavement Listening Skills, Crafting with Numbers, Gardening with Numbers, Assertiveness, , Volunteer/Staff Relationships, Asset-Based Community Development, Manual Handling, Cooking with Numbers, Cyber Security, Parkinson's Awareness, Making Every Contact Count, Safeguarding, Dementia Friends. CVST also utilised the Blue Stream eLearning platform. As of 28 May 2025, 14 staff members completed 86 eLearning modules. In total, 36 staff participated in training sessions including external online courses.

During the year, CVST supported three apprentices who attained qualifications in IT, Administration and Leadership.

Active Essex LDP Activities
The Local Delivery Pilot (LDP) is funded by Sport England and led by Active Essex, to build healthier, more active communities in Essex. CVST is an active partner in the LDP and works closely with Active Essex to deliver several projects.

Beat the Street ran in Harwich and Dovercourt between 13 March and 24 April 2024 and was played by 4,794 players, included around 40 different events and helped to connect local people to places in their community. Schools, care homes, sheltered housing units, sports clubs and individuals competed in the MOST successful Beat the Street in the country.

This was followed up by the 'sustain' element of the project with follow up events to keep people physically active.

CVST also ran the successful StreetTag events in Harwich, Dovercourt and Walton. Over the course of the project 1,242 players took 45,987,933 steps over 52176 miles. 74% of the players lived in areas where there is deprivation and 17% of players identified themselves as coming from diverse communities.

Active Essex funding also enables CVST to continue to support Essex Pedal Power and other local physical activities projects through the provision of a team supporting, promoting and delivering physical activities in the community working with and encouraging local residents to be more active.

Partnerships
Partnership meetings attended include: Suffolk and NEE Integrated Care System (SNEE ICS), the annual SNEE ICB Expo, SNEE VCSE Strategy meetings and Steering Group meetings, NEE Alliance, the Alliance Executive, the Alliance Committee, NEE Alliance Operational Group, Neighbourhoods and Live Well Domains, NEE Alliance Funding Panels, NEE Mental Health Committee, End of Life Board, Essex County Council Strengthening Communities, NEE Frontline Steering Group, Cancer Alliance Operational Delivery Group, APPG Coastal Communities, Jaywick Energy Hub, EALC Community Initiatives Fund Panel, Compassionate Communities, Tendring and Colchester Border Garden Community Dementia Action Alliance, Essex CVS and Volunteer Essex, Essex Emergency Voluntary Network (EEVN), Tendring Independent Advisory Group (IAG) Tendring District Council Health and Wellbeing Board.

Tendring & Colchester Borders Garden Community
Over the course of the year, CVST was commissioned by Latimer, part of the Clarion Housing Group, to deliver community engagement activities with residents living near the proposed Tendring & Colchester Borders Garden Community (TCBGC). Latimer, acting as the master developer, is leading plans for the TCBGC, an upcoming Garden Community that will provide up to 9,000 new homes on land located between the A133 and A120 at the border of Tendring and Colchester. To gather local input, a series of consultation events were held in Alresford, Ardleigh, Brightlingsea, Crockleford Heath, Elmstead Market, and Great Bromley.

4. QUALITY ASSURANCE
The charity retains the internationally recognised quality standard ISO 9001 maintaining high standards across all internal systems and management, customer services and satisfaction. ISO 9001 scrutinises internal systems and governance and ensures the organisation adheres to legal and financial frameworks and providing excelling quality services. This work is supported and overseen by the CVST audit sub-committee and is externally audited. It is an objective to once again, attain the NAVCA Local Infrastructure Quality Assurance award.

5.FINANCIAL OVERVIEW
The charity has been successful in securing funding from a variety of sources including the National Lottery Community Fund and Awards for All, Suffolk and North-East Essex Integrated Care Board, Primary Care Networks in Tendring and Colchester, Tendring District Council, Latimer by Clarion Housing Group, Pickering Electronics Ltd, Active Essex, Veolia Environmental, Provide, Essex Community Foundation, NAVCA, Grassroots, the Lions Club of Clacton-on-Sea, Harwich Town Council. Frinton & Walton Town Council, Essex County Council, Persimmon Homes, Maldon & District CVS, Anglia Community Trust, Councillor Gary Scott – Chairman's Charity Fund, University of Essex, Essex Partnership NHS Foundation Trust East Suffolk and North Essex NHS Foundation Trust. This funding enables the charity to deliver much needed support and services and to respond to the needs of our local community. We are also very grateful to the Fox family, who raised funds in memory of a family member, Gary Fox by holding a darts memorial competition during the year and Louise Tovey who raised funds for CVST by running the London marathon.

6.RESERVE POLICY
The Board of Trustees report that the charity's free reserves are sufficient to cover 3 months running costs, property maintenance, management, redundancy, administration and support costs and any potential liabilities in line with its established reserves policy.

The Trustees continue to review the appropriate level of reserves, alongside the use of designated funds to support the operations of the charity. The Board agreed to make some contributions to designated funds to support future year budgets and to support various sector operations of the charity. In total, designated funds have reduced to just under £439,949.

Our designated funds plan to be used in the shorter term to deal with temporary budget pressures and to support service delivery in a planned way.

Our unrestricted reserves excluding those designated have decreased slightly to just under £249,466. We are pleased that the current level of reserves exceeds the level determined by the board, based on the expenditure for financial period covered by the report.

Restricted funds at the year-end total £647,821 for services agreed.

Endowment funds totalling £339,590 represent assets which must be held permanently by the charity – Building Development Fund.

7.FUTURE PLANS

In line with our Business Plan 2024-2027 it is the intention of the charity to pursue the following objectives during the year 2025/2026:

1. Continue to support, develop and grow the Community and Voluntary Sector in Tendring; ensure that our members are proud of what we achieve together.
2. Work in partnership with other voluntary groups, statutory agencies and local businesses to support the regeneration of Tendring to be a place where people want to live, work and visit.
3. Promote Health and Wellbeing through independent living projects and community connection among Tendring residents.
4. Support young people of Tendring to have a voice, a sense of purpose and inclusion.
5. Value diversity and promote inclusion, strive to enable equal access to services.
6. Value the people who work for and with us – staff and volunteers – through acknowledgement of effort, excellent communication, training and support
7. Ensure we maximise the use of digital technologies to reach our members, our stakeholders and Tendring residents and help residents and groups to be alert to potential dangers.
8. Secure an efficient, well-run organisation, taking care not to leave behind those who find it harder to be involved in local life.

8. ACKNOWLEDGEMENT

The trustees thank the staff and volunteers for their commitment and good management over this last year which has been particularly challenging. Thanks are also given to our many funders and supporters including but not exclusively: The National Lottery Community Fund, Essex Local Delivery Pilot, the North East Essex Alliance, the Suffolk and NEE ICB, EPUT, Intelligent Health, Tendring District Council, Provide CIC, Grassroots, Essex County Council, Maldon & District CVS, Persimmon Homes, and the Essex Community Foundation for their vital support for which the charity is extremely grateful.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Brenda Ellis
Bob Newman
Dr Jonathan Geldard
Mark Norman
Michael Page
Indira Allen
Anne Brown
Thea Roper

Auditor
In accordance with the company's articles, a resolution proposing that Streets Audit LLP be reappointed as auditor of the charitable company will be put at a General Meeting.

Disclosure of information to auditor
Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees and signed on its behalf, by:

Brenda Ellis
Trustee

17 September 2025

TENDRING COMMUNITY VOLUNTARY SERVICES

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2025

The trustees, who are also the directors of Tendring Community Voluntary Services for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

TENDRING COMMUNITY VOLUNTARY SERVICES

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES

Opinion

We have audited the financial statements of Tendring Community Voluntary Services (the 'charitable company') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note 29 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charitable company for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;

We identified the laws and regulations applicable to the charity through discussions with trustees and other management, and from our commercial knowledge and experience of the sector;

We focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the charity, including the Companies Act 2006, Charities Act 2011, Employment Law and Data Protection.

We assessed the compliance with laws and regulations identified above through making enquires of management and inspecting correspondence.

These were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We considered the internal controls in place that would mitigate the risk of fraud and non-compliance with laws and regulations.

We identified the greatest potential for fraud or non-compliance with laws and regulations in the following areas, and the specific procedures performed to address them are described below:

- We obtained an understanding of the income process and the flow of financial information to the general ledger and how this is classified as restricted and unrestricted.

- We reviewed funding agreements to determine the correct allocation between restricted and unrestricted income and expenditure had been applied.

- Cut-off testing was performed at the year-end date by reviewing income which had been accrued for and expenditure which had been recorded after date to identify if any transactions had been recorded in the incorrect period.

- In line with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override. In addressing the risk of fraud through management override of controls, we reviewed accounting records for any unusual adjustments and performed testing on journal entries.

In addition to the above, our procedures to respond to the risk identified included the following:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;

- performed analytical procedures to identify any unusual or unexpected relationships that may indicate risk of material misstatement due to fraud;

- made enquires to management concerning actual and potential litigation and claims, and instances of non-compliance for the year.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Daniel Insley BA FCA (Senior Statutory Auditor)
For and on behalf of Streets Audit LLP, Statutory Auditor
Chartered
c/o The Old Exchange
64 West Stockwell Street
Colchester
Essex
CO1 1HE

17 September 2025

TENDRING COMMUNITY VOLUNTARY SERVICES

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

Current financial year	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Endowment funds 2025 £	Total 2025 £	Total 2024 £
Income from:						
Donations and legacies	**3**	49,410	674,444	-	723,854	818,378
Charitable activities	**4**	393,180	57,358	-	450,538	301,072
Other trading activities	**5**	4,280	-	-	4,280	5,561
Investments	**6**	25,318	-	-	25,318	40,132
Total income		472,188	731,802	-	1,203,990	1,165,143
Expenditure on:						
Charitable activities	**7**	725,988	933,939	3,575	1,663,502	2,454,890
Total expenditure		725,988	933,939	3,575	1,663,502	2,454,890
Net gains/(losses) on investments	**12**	-	-	-	-	(20,000)
Net expenditure		(253,800)	(202,137)	(3,575)	(459,512)	(1,309,747)
Transfers between funds		(21,943)	21,943	-	-	-
Net movement in funds	**9**	(275,743)	(180,194)	(3,575)	(459,512)	(1,309,747)
Reconciliation of funds:						
Fund balances at 1 April 2024		965,158	828,015	343,165	2,136,338	3,446,085
Fund balances at 31 March 2025		689,415	647,821	339,590	1,676,826	2,136,338

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

TENDRING COMMUNITY VOLUNTARY SERVICES

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

Prior financial year	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Endowment funds 2024 £	Total 2024 £
Income from:					
Donations and legacies	**3**	322,795	495,583	-	818,378
Charitable activities	**4**	276,918	24,154	-	301,072
Other trading activities	**5**	4,951	610	-	5,561
Investments	**6**	40,132	-	-	40,132
Total income		644,796	520,347	-	1,165,143
Expenditure on:					
Charitable activities	**7**	1,114,225	1,337,090	-	2,451,315
Other expenditure		-	-	3,575	3,575
Total expenditure		1,114,225	1,337,090	3,575	2,454,890
Net gains/(losses) on investments	**12**	(20,000)	-	-	(20,000)
Net income and movement in funds		(489,429)	(816,743)	(3,575)	(1,309,747)
Reconciliation of funds:					
Fund balances at 1 April 2023		1,454,587	1,644,758	346,740	3,446,085
Fund balances at 31 March 2024		965,158	828,015	343,165	2,136,338

TENDRING COMMUNITY VOLUNTARY SERVICES

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	2025 £	2024 £	2024 £
Fixed assets					
Tangible assets	**14**		1,022,407		1,049,394
Investment property	**15**		117,655		117,655
			1,140,062		1,167,049
Current assets					
Debtors	**16**	135,945		44,092	
Cash at bank and in hand		766,795		1,352,429	
		902,740		1,396,521	
Creditors: amounts falling due within one year	**17**	(365,976)		(337,232)	
Net current assets			536,764		1,059,289
Total assets less current liabilities			1,676,826		2,226,338
Creditors: amounts falling due after more than one year	**18**		-		(90,000)
Net assets			1,676,826		2,136,338
The funds of the charitable company					
Endowment funds	**21**		339,590		343,165
Restricted income funds	**22**		647,821		828,015
Unrestricted funds	**23**		689,415		965,158
			1,676,826		2,136,338

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 17 September 2025

Brenda Ellis
Trustee

Company registration number 05325167 (England and Wales)

TENDRING COMMUNITY VOLUNTARY SERVICES

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	2025 £	2024 £	2024 £
Cash flows from operating activities					
Cash absorbed by operations	**27**		(610,952)		(894,623)
Investing activities					
Purchase of tangible fixed assets		-		(9,762)	
Investment income received		25,318		40,132	
Net cash generated from investing activities			25,318		30,370
Net cash generated from financing activities			-		-
Net decrease in cash and cash equivalents			(585,634)		(864,253)
Cash and cash equivalents at beginning of year			1,352,429		2,216,682
Cash and cash equivalents at end of year			766,795		1,352,429

1 Accounting policies

Charity information

Tendring Community Voluntary Services is a private company limited by guarantee incorporated in England and Wales. The registered office is Imperial House, 20-22 Rosemary Road, Clacton on Sea, CO15 1NZ.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the charitable company's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charitable company is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of investment properties at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charitable company.

1.4 Income

Income is recognised when the charitable company is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charitable company has been notified of the donation, unless performance conditions require deferral of the amount.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the balance sheet.

1 Accounting policies **(Continued)**

Income is deferred only when the charitable company has not fulfilled performance obligations as at the reporting date or where the donor has specified that the income is to be expended in a future period.

Other income is recognised in the period in which it becomes receivable.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity.

All expenditure is stated inclusive of irrecoverable input VAT.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	1 - 10% Straight Line
Fixtures and fittings	6 - 25% Straight line
Motor vehicles	20% Straight Line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Investment property

Investment property, which is property held to earn rentals and/or for capital appreciation, is initially recognised at cost, which includes the purchase cost and any directly attributable expenditure. Subsequently it is measured at fair value at the reporting end date. The surplus or deficit on revaluation is recognised in profit or loss.

1.8 Impairment of fixed assets

At each reporting end date, the charitable company reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Financial instruments

The charitable company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charitable company's balance sheet when the charitable company becomes party to the contractual provisions of the instrument.

1 Accounting policies **(Continued)**

Basic financial assets

Basic financial instruments are initially recognised at transaction value and subsequently measured at amortised cost.

Financial assets comprise cash at bank and in hand, together with trade and other debtors. A specific provision is made for debts for which recoverability is in doubt.

Investments are held at fair value at the balance sheet date, with gains and losses being recognised within profit and loss.

Financial liabilities held at amortised cost comprise all creditors except social security and other taxes, deferred income and provisions.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charitable company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charitable company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

The Trustees have not made any material estimates in relation to these financial statements.

3 Income from donations and legacies

	Unrestricted funds 2025	Restricted funds 2025	Total 2025	Unrestricted funds 2024	Restricted funds 2024	Total 2024
	£	£	£	£	£	£
Donations and gifts	5,266	2,072	7,338	20,032	1,065	21,097
Grants	44,144	672,372	716,516	302,763	494,518	797,281
	49,410	674,444	723,854	322,795	495,583	818,378

4 Income from charitable activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from charitable activities						
Core community support activities	377,251	56,908	434,159	273,691	24,154	297,845
Management and other fees	3,394	-	3,394	3,225	-	3,225
Other income	12,535	450	12,985	2	-	2
	393,180	57,358	450,538	276,918	24,154	301,072

5 Income from other trading activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fundraising events	4,280	-	4,280	4,951	610	5,561

6 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Rental income	-	9,040
Interest receivable	25,318	31,092
	25,318	40,132

7 Expenditure on charitable activities

	Expenditure on charitable activities 2025	Expenditure on charitable activities 2024
	£	£
Direct costs		
Staff costs	1,024,062	1,103,588
Depreciation and impairment	26,987	25,720
Cost of activities in furtherance of charity objectives	589,426	1,300,932
	1,640,475	2,430,240
Share of support and governance costs (see note 8)		
Governance	23,027	21,075
	1,663,502	2,451,315
Analysis by fund		
Unrestricted funds	725,988	1,114,225
Restricted funds	933,939	1,337,090
Endowment funds	3,575	-
	1,663,502	2,451,315

8 Support costs allocated to activities

	2025	2024
	£	£
Governance costs	23,027	21,075
Analysed between:		
Expenditure on charitable activities	23,027	21,075

	2025	2024
Governance costs comprise:	£	£
Staff costs	12,335	11,575
Audit fees	10,692	9,500
	23,027	21,075

9 Net movement in funds

	2025	2024
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the audit of the charity's financial statements	10,692	9,500
Depreciation of owned tangible fixed assets	26,987	29,295

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charitable company during the year.

11 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	Number
	49	53

Employment costs	2025	2024
	£	£
Wages and salaries	964,035	1,018,162
Social security costs	53,313	73,556
Other pension costs	19,049	23,445
	1,036,397	1,115,163

Included within wages and salaries is redundancy and termination payments totalling £28,839. This was due to an organisational restructuring effective April 2025. The charity communicated the redundancy process to affected staff in February 2025 and followed a formal redundancy consultation process lasting 30 days. All impacted staff were paid in March 2025. No amounts were outstanding on the balance sheet at the reporting date in respect of termination payments.

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

	2025	2024
	£	£
Aggregate compensation	206,922	85,042

12 Gains and losses on investments

	Unrestricted funds 2025	Unrestricted funds 2024
Gains/(losses) arising on:	£	£
Revaluation of investment properties	-	(20,000)

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

14 Tangible fixed assets

	Freehold land and buildings	Fixtures and fittings	Motor vehicles	Total
	£	£	£	£
Cost				
At 1 April 2024	1,217,240	269,806	7,500	1,494,546
At 31 March 2025	1,217,240	269,806	7,500	1,494,546
Depreciation and impairment				
At 1 April 2024	243,061	199,091	3,000	445,152
Depreciation charged in the year	17,212	8,275	1,500	26,987
At 31 March 2025	260,273	207,366	4,500	472,139
Carrying amount				
At 31 March 2025	956,967	62,440	3,000	1,022,407
At 31 March 2024	974,179	70,715	4,500	1,049,394

15 Investment property

	2025
	£
Fair value	
At 1 April 2024 and 31 March 2025	117,655

15 Investment property **(Continued)**

Investment property comprises:

- 101 Carnarvon Road, Clacton On Sea
- 274 High Street, Dovercourt

The most recent valuation for 101 Carnarvon Road was performed by Bairstow Eves in the prior year and has a fair value of £90,000 at the balance sheet date. The property was also sold in April 2025, the sales price was not materially different to the fair value per the accounts.

The value of 274 High Street is £27,655 and is stated at purchase cost. The Trustees have determined that the fair value of this property is not materially different to the purchase cost.

16 Debtors

	2025	2024
Amounts falling due within one year:	**£**	**£**
Trade debtors	135,934	43,101
Other debtors	11	991
	135,945	44,092

17 Creditors: amounts falling due within one year

	Notes	2025	2024
		£	**£**
Deferred income	**19**	319,466	304,640
Trade creditors		15,669	17,493
Other creditors		18,330	5,599
Accruals		12,511	9,500
		365,976	337,232

18 Creditors: amounts falling due after more than one year

	Notes	2025	2024
		£	**£**
Deferred income	**19**	-	90,000

19 Deferred income

	2025	2024
	£	**£**
Other deferred income	319,466	394,640

19 Deferred income **(Continued)**

Deferred income is included in the financial statements as follows:

	2025	2024
	£	£
Deferred income is included within:		
Current liabilities	319,466	304,640
Non-current liabilities	-	90,000
	319,466	394,640
Movements in the year:		
Deferred income at 1 April 2024	394,640	439,375
Released from previous periods	(304,640)	(215,000)
Resources deferred in the year	229,466	170,265
Deferred income at 31 March 2025	319,466	394,640

20 Retirement benefit schemes

	2025	2024
Defined contribution schemes	£	£
Charge to profit or loss in respect of defined contribution schemes	19,049	23,445

The charitable company operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charitable company in an independently administered fund.

21 Endowment funds

Endowment funds represent assets which must be held permanently by the charitable company. Income arising on the endowment funds can be used in accordance with the objects of the charitable company and is included as unrestricted income. Any capital gains or losses arising on the assets form part of the fund.

	At 1 April 2024	Resources expended	At 31 March 2025
	£	£	£
Permanent endowments			
Building Development Fund	343,165	(3,575)	339,590

21 Endowment funds **(Continued)**

Previous year:	**At 1 April 2023**	**Resources expended**	**At 31 March 2024**
	£	**£**	**£**
Permanent endowments			
Building Development Fund	346,740	(3,575)	343,165

Endowment Funds comprise:

Awards for All - A grant was received during 2010/11 from the Big Lottery's Awards for All programme which enabled CVST to extend its Resource Unit in order to further improve the facilities available at the Community Information Centre.

Capacitybuilders – A grant was received for the development of the accommodation at the Community Information Centre in order to create a new resource unit to provide additional multi-use meeting, training and counselling space.

22 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024	**Incoming resources**	**Resources expended**	**Transfers**	**At 31 March 2025**
	£	**£**	**£**	**£**	**£**
Healthier Independent Longer Lives (HILL)	87,523	147,640	(191,946)	19,240	62,457
LDP	44,814	48,457	(87,399)	3,203	9,075
Colchester Catalyst: HC	89,376	-	(931)	-	88,445
Capital Fund	140,388	-	(1,462)	-	138,926
Live Well	39,970	-	(39,970)	-	-
Sector Sustainability	155,905	180,571	(212,646)	(500)	123,330
Winter Warmth Campaign	14,297	13,770	(18,067)	-	10,000
Tendring Place	255,742	-	(66,893)	-	188,849
Clubs and groups	-	36,116	(30,157)	-	5,959
Awards for All	-	6,462	(3,317)	-	3,145
ECF Ukraine	-	23,445	(5,810)	-	17,635
Tendring Peer Support Worker Service for 2024/25	-	84,201	(84,201)	-	-
Better Care Fund - Social Prescribing	-	90,000	(90,000)	-	-
Lottery - Winter Capacity Fund	-	101,140	(101,140)	-	-
	828,015	731,802	(933,939)	21,943	647,821

22 Restricted funds **(Continued)**

Previous year:	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
Healthier Independent Longer Lives (HILL)	65,513	214,581	(192,571)	-	87,523
LDP	45,852	70,206	(71,244)	-	44,814
Colchester Catalyst: HC	90,307	4,931	(5,862)	-	89,376
Capital Fund	141,850	-	(1,462)	-	140,388
Live Well	827,557	(45,500)	(742,087)	-	39,970
Sector Sustainability	210,179	243,885	(298,159)	-	155,905
Winter Warmth Campaign	-	32,244	(17,947)	-	14,297
Tendring Place	263,500	-	(7,758)	-	255,742
	1,644,758	520,347	(1,337,090)	-	828,015

Restricted Funds comprise:
Healthier Independent Longer Lives (HILL) – National Lottery Community Fund: The HILL project is a community development project that is funded by the National Lottery. A three-year grant has been awarded to deliver this programme to reduce loneliness and isolation, increase levels of physical activity, increase skills and connect people to their local community through volunteering. The project is funded until 31 July 2026.

LDP – Local Delivery Pilot funded by Sport England via Active Essex (part of Essex County Council) – the Local Delivery Pilot is an initiative designed to increase the levels of physical activity across Tendring. As part of this funding, CVST has been awarded grants to employ a Physical Activity Co-ordinator, a Community Connector and a Communications and Marketing Assistant.

Colchester Catalyst Charity: A grant was received in 2017/18 towards the cost of building and development works of CVST's Dovercourt and Harwich Hub.

Live Well: This is a voluntary sector grants programme funded through the Suffolk and North-East Essex Integrated Care Board to support initiatives that enable people to live healthier lives and to improve their wellbeing

Sector Sustainability: For the provision of support to the voluntary and community sector across Tendring around four core functions – leadership and advocacy, partnerships and collaborations, capacity building and volunteering.

Tendring Place: This funding was awarded by the Suffolk and North-East Essex Integrated Care Board to support initiatives in Tendring that encourage people to gain new skills and gain employment.

Awards for All: A grant was received from the National Lottery Awards for All programme to support voluntary and community organisation in Tendring to with the recruitment, training, support, and retention of volunteers and to support 100 new volunteers to feel more confident and connected with their communities as a result of their volunteering experiences.

22 Restricted funds **(Continued)**

ECF Ukraine: A grant was received from Essex Community Foundation to employ a community development worker over two years to support displaced Ukrainian people who are living and working in the Tendring district.

Tendring Peer Support Worker Service for 2024/25 - Funding received from Essex Partnership University Foundation Trust (the NHS Mental Health Provider for Essex). CVST facilitates this programme of work, which is sub-contracted to local mental health charity Summit. The service employs Peer Support Workers (PSW) who take referrals from Mental Health Practitioners within GP surgeries. The PSWs provide practical and emotional support to those referred.

Better Care Fund - Social Prescribing - Funding to provide Social Prescribing Link Workers to Colchester, Clacton and Harwich Hospitals to support admission avoidance, hospital flow and hospital discharge as part of the government's Discharge Fund for Health & Social Care (administered through Suffolk and North-East Essex ICB).

Winter Capacity Fund - This is the third year of a three-year funding programme by way of a grant from the former North-East Essex Clinical Commissioning Group (but now managed by the Suffolk and North-East Essex ICB. The funding was awarded to support vulnerable residents with practical resources and information to help them to stay warm and keep well during the winter to avoid hospital admissions and improve their health and wellbeing.

Transfer between funds:
The transfer between funds reflects the reclassification of HILL and LDP activities that were previously reported within unrestricted projects.

23 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024	Incoming resources	Resources expended	Transfers	Gains and losses	At 31 March 2025
	£	£	£	£	£	£
CIC / Imperial House	48,212	55,971	(40,709)	(4,532)	-	58,942
Harwich Centre (HC)	693	10,998	(19,830)	8,831	-	692
Fundraising and sundry charitable accounts	41,941	7,324	(5,594)	-	-	43,671
Lunch Club (LC)	247,020	13,479	(22,601)	-	-	237,898
Resilience	18,635	1,284	(17,516)	-	-	2,403
Social Prescribing	176,343	317,640	(472,716)	-	-	21,267
Property maintenance reserve	78,874	-	-	(3,798)	-	75,076
Health Projects	81,135	1,517	(82,652)	-	-	-
General funds	272,305	63,975	(64,370)	(22,444)	-	249,466
	965,158	472,188	(725,988)	(21,943)	-	689,415

23 Unrestricted funds (Continued)

Previous year:	At 1 April 2023	Incoming resources	Resources expended	Transfers	Gains and losses	At 31 March 2024
	£	£	£	£	£	£
CIC / Imperial House	78,545	57,008	(87,341)	-	-	48,212
Harwich Centre (HC)	482	1,729	(1,518)	-	-	693
Fundraising and sundry charitable accounts	42,154	9,742	(9,955)	-	-	41,941
Lunch Club (LC)	258,526	26,073	(37,579)	-	-	247,020
Resilience	115,316	19,585	(116,266)	-	-	18,635
Social Prescribing	400,109	341,069	(564,835)	-	-	176,343
Property maintenance reserve	83,230	-	(4,356)	-	-	78,874
Health projects	91,925	52,040	(62,830)	-	-	81,135
General funds	384,300	137,550	(229,545)	-	(20,000)	272,305
	1,454,587	644,796	(1,114,225)	-	(20,000)	965,158

23 Unrestricted funds **(Continued)**

CIC/Imperial House: The charity raises funds through the hire of meeting rooms and space to charities, community groups and local organisations at its Community Information Centre (CIC) and main headquarters in Clacton, Imperial House. These funds are held for unexpected or day to day expenses that may occur within the centre over time.

Harwich Centre: The charity raises funds through the hire of the main hall and meeting room at the Dovercourt & Harwich Hub in Dovercourt High Street. These funds are held for unexpected or day to day expenses that may occur at the hub over time.

Fundraising and sundry charitable accounts: This fund relates to money raised through the hire of beach huts, running events and membership fees and the costs associated with these activities.

Lunch Club: The provision of a Lunch Club facility.

Resilience: A programme of activities that support people to stay warm and well during the winter and safe and well during the summer.

Social Prescribing: CVST's Social Prescribing service employed staff within GP surgeries and local hospitals to support people with non-medical interventions to improve their health and wellbeing.

Property maintenance reserve: Reserves held by the charity to meet any costs of planned or urgent maintenance at any of its premises.

Health Projects: Funds that were held for the provision of a variety of health related interventions which are now all complete.

Transfer between funds:
The transfer between funds reflects the reclassification of HILL and LDP activities that were previously reported within unrestricted projects.

24 Analysis of net assets between funds

	Unrestricted funds 2025	Restricted funds 2025	Endowment funds 2025	Total 2025
	£	£	£	£
At 31 March 2025:				
Tangible assets	282,091	400,726	339,590	1,022,407
Investment properties	117,655	-	-	117,655
Current assets/(liabilities)	289,669	247,095	-	536,764
	689,415	647,821	339,590	1,676,826

	Unrestricted funds 2024	Restricted funds 2024	Endowment funds 2024	Total 2024
	£	£	£	£
At 31 March 2024:				
Tangible assets	299,310	406,919	343,165	1,049,394
Investment properties	117,655	-	-	117,655
Current assets/(liabilities)	638,193	421,096	-	1,059,289
Long term liabilities	(90,000)	-	-	(90,000)
	965,158	828,015	343,165	2,136,338

25 Operating lease commitments

Lessee

At the reporting end date the charitable company had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025	2024
	£	£
Within one year	20,000	-

26 Related party transactions

Transactions with related parties

During the year the charitable company entered into the following transactions with related parties:

All transactions with related parties are undertaken on normal commercial terms, on an arm's length basis.

During the year, Trustees incurred costs of £70 (2024: £153) for expenses on behalf of the charitable company which were subsequently reimbursed. At the balance sheet date, the amount outstanding was £Nil (2024: £Nil).

During the year, the charitable company received income in the form of Room Hire and / or Grants amounting to £10,905 (2024: £Nil) from the following entities which are connected via mutual Trusteeship or control:

- Essex Carers Support - £4,102
- Tendring Stroke Services - £2,942
- Grassroots Charity - £2,759
- Mad About Theatre Company - £982
- Clacton Concert Orchestra - £80
- Walton Community Centre - £20
- Walton Community Forum - £20

The amount outstanding at the balance sheet date in respect of the above is £319 (2024: £Nil) and this is included within trade debtors.

During the year, the charitable company incurred expenditure from Essex Carers Support amounting to £200 (2024: £Nil). The amount outstanding at the balance sheet date is £Nil (2024: £Nil).

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

27	Cash absorbed by operations	2025	2024
		£	£
	Deficit for the year	(459,512)	(1,309,747)
	Adjustments for:		
	Investment income recognised in statement of financial activities	(25,318)	(40,132)
	Fair value gains and losses on investment properties	-	20,000
	Depreciation and impairment of tangible fixed assets	26,987	29,295
	Movements in working capital:		
	(Increase)/decrease in debtors	(91,853)	459,163
	Increase/(decrease) in creditors	13,918	(8,467)
	(Decrease) in deferred income	(75,174)	(44,735)
	Cash absorbed by operations	(610,952)	(894,623)

28 Analysis of changes in net funds

The charitable company had no material debt during the year.

29 Non-audit services provided by auditor

In common with many businesses of our size and nature we use our auditor to assist with the preparation of the financial statements.

TENDRING COMMUNITY VOLUNTARY SERVICES

England & Wales - Charity number 1108177

Accounts

Registered number: 05325167
Charity number: 1108177

TENDRING COMMUNITY VOLUNTARY SERVICES

(A Company Limited by Guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

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TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2024

Trustees	Brenda Ellis, Chairman Bob Newman, Vice Chair Dr Jonathan Geldard, Treasurer Mark Norman, Trustee Michael Page, Trustee Indira Allen, Trustee Anne Brown, Trustee Thea Roper, Trustee
Company registered number	05325167
Charity registered number	1108177
Registered office	Imperial House 20-22 Rosemary Road Clacton On Sea Essex CO15 1NZ
Company secretary	Sharon Alexander
Chief executive officer	Sharon Alexander
Independent auditors	Sumer Auditco Limited Statutory Auditor 820 The Crescent Colchester Business Park Colchester Essex CO4 9YQ
Bankers	CAF Bank Limited Kings Hill West Malling Kent ME19 4JQ CCLA Investment Management 80 Cheapside London EC2V 6DZ

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND ADVISERS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Solicitors	Fisher Jones Greenwood 16 Baddow Road Chelmsford Essex CM2 0DG

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2024

The Trustees, who are also directors for the purposes of company law, are pleased to present this report and the financial statements of Tendring Community Voluntary Services for the year ended 31 March 2024.

1. GOVERNANCE, OBJECTS, STRUCTURE AND PUBLIC BENEFIT

The Trustees are satisfied with the performance of the charity over the last 12 months up to year end 31 March 2024. The trustees confirm that the charity is in a strong and healthy position and there are sufficient assets to continue delivering activities and to fulfil its obligations. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and comply with the Memorandum and Articles of Association of the Charitable Company and the Charities Act 2011.

The trustees have referred to the Charity Commission's general guidance on public benefit entitled 'Charities and Public Benefit' and are satisfied that the organisation's objects, activities, structure and strategic framework conforms with these requirements. Some of CVST's services and activities are either free of charge or at minimum rates due to grants and fundraising income for this purpose.

a. Governing Document

The trustees present their annual report and financial statements of the charity for the year ended 31 March 2024 which are also prepared to meet the requirements for the director's report and accounts for Companies House. The charity is also known as Community Voluntary Services Tendring, CVS Tendring and CVST. The charity was established in 1973 and was incorporated and registered as a charitable company limited by guarantee on 5 January 2005. In the event of the company being wound up, members are required to contribute £10.

Principal objects as defined in the organisation's Memorandum of Association are:

(A) To promote any charitable purposes for the benefit of the community in the local government district of Tendring and its environs, and in particular the advancement of education, the protection of health and the relief of poverty, distress and sickness.

(B) To promote and organise co-operation in the achievement of the above purposes and to that end to bring together in council representatives of the voluntary organisations and statutory authorities within the area of benefit. Provided that in carrying out these charitable purposes, the Council will seek to challenge all forms of oppression and inequality and to give priority to working with people whose full participation in society is limited by economic, political and social disadvantage.

The organisation has four core functions: represent the broad issues of the voluntary sector and act as strategic partner, encourage liaison between agencies, develop initiatives to meet identified gaps in the community and provide promotional and marketing support for the sector and to also provide direct services to meet the needs of the community.

Our mission is "leading and supporting voluntary action and empowering local people."

b. Organisational structure and decision making

The Board meets five times a year. The board is responsible for the strategy, risk management, setting and reviewing policy and monitoring performance of the charity's activities and core services. Day to day management of the charity is delegated to the Chief Officer who reports regularly to the Chairman. The Audit sub-committee takes delegated responsibility on behalf of the Board of Trustees for ensuring that there is a framework for accountability and scrutiny; for examining and reviewing all systems and methods of financial control; for maintaining the charity's quality standards and for ensuring the charity is complying with all aspects of the law, relevant regulations and good practice. The annual workplan is updated, priorities identified and agreed by the board. Our aim is to provide comprehensive support to achieve a vibrant and thriving voluntary sector which has the community at the heart of everything we do, to have the systems in place to meet funders' requirements and inspire confidence in stakeholders through quality assurance and to clearly and articulately represent the voluntary sector to public policy makers.

c. Risk management

The trustees have examined major strategic, governance, business, financial and operational risks which the charity has and may face and have implemented the appropriate systems and monitoring to mitigate these. The potential reduction in grants secured from statutory organisations has been identified as a future risk to the charity and steps have been taken to alleviate this. The financial controls in place include the producing and reporting of budget performance, reporting mechanism for recording information and an accountability framework. Staff and trustees are involved in reviewing and managing risk. The purchase order system is now established. Many aspects of risk management such as authorisation, monitoring and reporting, staff checks and appraisal, safety procedures - in particular, health and safety and adequate insurance cover - are embedded within the organisation. Internal financial controls conform to guidelines issued by the Charity Commission.

d. Recruitment and support of Trustees

The management of the charitable company is the responsibility of the Trustees who are elected from the membership and the wider community according to the governing document. There shall be not less than six and not more than fifteen trustees serving on the Board.

Trustees are volunteers and give their time freely. Trustees are required to declare conflicts of interest and withdraw from discussions and decisions where a potential conflict may arise.

Trustees receive induction, an information pack, access to regular training, and attend regular meetings with other trustees. The charity holds an annual visioning day where personnel and trustees review activities and agree priorities and strategic direction.

e. Membership

CVST is a membership charity and continues to promote the benefits of affiliation to the sector. Applications for membership are approved by the Board and the Board has the right to refuse membership to any individual or organisation. Members are required to be committed to the furtherance of the objects of the charity. CVST continues to develop its membership offer to local groups and organisations to provide a comprehensive body of support and representation. There are 169 member organisations, reflecting steady increases each year and this is due to promotion of the benefits of membership.

f. Information services

We provide information from local and national sources for our members and wider audience through:

- Weekly e-bulletins
- Websites: www.cvstendring.org.uk
- Twitter: @cvstendring
- Facebook: www.facebook.com/cvstendring
- Instagram: @cvstendring
- LinkedIn: Community Voluntary Services Tendring
- Youtube: @communityvoluntaryservices622
- Imperial House Community Information Centre
- Dovercourt & Harwich Hub
- The Community Café and Lunch Club

The website continues to grow and develop. During the year, a chatbot facility was piloted but after a trial period we found this to be inappropriate for the type and level of queries received. The software was subsequently removed. In the past year the website has seen a significant increase in website interaction with 12,396 users, 34,000 sessions and 94,000 views.

The external weekly ebulletin newsletter is distributed to over 1,150 subscribers and has a potential reach of 11,000 due to it being shared with subscribers' networks. The newsletter includes CVST information, events, training, funding news, as well as news and information from local, regional and national organisations.

The 'jobs and volunteers' weekly newsletter is established and distribution and has increased to more than 1,157 subscribers featuring job and volunteer opportunities for partners and affiliated members. A Funding Bulletin is also published and distributed to members and promoted on our website.

The communications team join other staff in uploading items to Facebook, Twitter and Instagram. Between April 2023 and March 2024 Facebook reach is over 150,000 and followers have increased from 3,094 to 4,700. Twitter followers have increased from 1,315 to 1,346. The Instagram account has increased from 174 to 257 followers.

53 press releases were published in the local gazette, including photographic spreads and features.

Films continue to be created which evidences our impact to funders and to our community and is an effective means of attracting volunteers. Films are featured on social media and showcased to the NEE Alliance, funders and member organisations. These films have been promoted in meetings, on social media, in CVST and other newsletters, and at the Suffolk and NEE Integrated Care System (SNEE ICS) Exhibition and events.

2. ACTIVITIES

Policies and core functions

The organisation undertakes work on behalf of its members and continues to develop its activities. The charity has in place the necessary plans, policies and procedures in order to further the objects of the charity. The charity is a member of NAVCA and operates to the four functions of infrastructure:

1. **Leadership and advocacy** – mobilising and encouraging community action, strengthening the sector's voice and influence on key decision makers and funders.
2. **Partnerships and collaborations** – creating opportunities and driving effective joint working, by building networks of local organisations and strategic partners.
3. **Capacity building** – providing practical support and development for local people and organisations, to nurture skills and build community resilience.
4. **Volunteering** – Build an environment in which volunteers and their communities thrive, by encouraging and nurturing volunteering opportunities.

The trustees have obligations as employers of staff and as owners of Imperial House – a community resource centre, the Lunch Club premises and the Dovercourt and Harwich Hub. There is an agreement in place with Essex County Council for the provision of CVST's core functions and with Provide to deliver a community connector service. Both agreements ended 31 March 2024. Agreements with Primary Care Networks (PCNs) to supply social prescribing services in surgeries are on target to expand in the forthcoming year. The organisation also has agreements in place with SNEE ICB to deliver Seasonal Resilience, Cultural Awareness, Social Prescribing including the Urgent Community Response Service and HILL. SNEE ICB also commissioned CVST, as part of the Live Well Domains, to continue the mapping of community assets which has influenced and informed the comprehensive grants programme administered by CVST on behalf of the ICB.

Green Carbon Charter

As part of its commitment to reducing CVSTs carbon footprint CVST trustees were delighted to be awarded the Bronze Carbon Charter Award. Work is ongoing to secure the silver award.

3. ACHIEVEMENTS AND PERFORMANCE - Review of activities

CVST continues to respond to the gaps and needs of our community by ensuring people and organisations have access to information, advice and resources. CVST has increased activities and services and staff are working in the community, the hubs and hospitals with a small percentage working from home. Risk assessments, policies and procedures continued to be reviewed and procedures implemented to keep people safe.

Sector Sustainability

CVST continues to provide guidance and give practical support in order to strengthen the infrastructure of the voluntary sector. 114 organisations have been supported with a wide range of services including funding advice and support with grant applications, development of model policies and procedures, general guidance and information. 43 organisations had one to one support with organisational development to aid sustainability including health checks and funding. The support provided has enabled organisations to increase resilience and develop services to meet current needs. Funding, advice, compliance, and governance support continues to be in demand.

Grants Awards programmes

A total of £1,255,419 has been allocated to 40 organisations from the Live Well Domain Funding a grants programme CVST has managed on behalf of Suffolk and North East Essex Integrated Care System in collaboration with system partners. Monthly monitoring reports of the projects is ongoing which are required for the duration of the two year term. Themes for funding included Stay Well, Age Well, Be Well and Start Well. Events have been held to showcase the work of voluntary organisations and this has been favourably commented as an excellent way to bring the VCS and the outcomes achieved, 'alive'. Also distributed was £43,843 from the first round of the Hyperlocal fund of £129,892. The Cancer Community Screening Fund is being managed on behalf of SNEE ICB.

Events

CVST continued to host Funding Surgeries with guest funders such as The National Lottery Community Fund, Heritage Lottery, Colchester Catalyst Charity, Active Essex, Fowler Smith Jones, Grassroots Charity. 31 member organisations attended who, as a result of funding advice given, secured funding and are able to continue and/or develop their services. The surgeries have proved extremely popular to organisations looking to initiate new services and/or expand including increasing the opportunity for future collaboration and partnership work. Funding secured for local organisations employing local staff will contribute to the health of the local economy, keeping people in employment who will spend money locally, which in turn helps to strengthen the local economy. 2 Network Breakfasts were held during the year with 35 attendees who appreciated the opportunity to share knowledge and information and connect with their peers, some of whom have forged strong collaborations.

In addition to the support provided CVST held a number of events as an opportunity for networking, showcasing projects and organisations, raising funds and developing partnerships. The Town Centre Community Fair enabled the 20 organisations participating to showcase their services to the local population visiting the Clacton Air Show. The Victorian Christmas Market had 22 stalls booked for this annual event which attracts nearly 2,000 people. Local organisations use this event to raise much needed funds and to promote their charity, services and activities.

22 representatives from local charities attended the Tendring Trustee Network Dinner with guest speakers from Essex County Council.

Community Centres and Village Halls Forum

CVST responded to the need for committee members of community centres to be able to meet and by facilitating meetings at various community halls. Members appreciate the opportunity to come together and support each other with resources, training opportunities, information and expertise. Topics discussed covered Maintenance and Repairs, Trusteeship, Volunteering, Social Media and general training. Concerns, ideas and successes have been shared amongst the attendees.

Older People's Forum

The Tendring Older People's Forum meets bi-monthly at various locations across Tendring and is very well attended. It brings together people and organisations who represent and serve older people in the Tendring District. Its purpose is to get attendees to discuss issues of concern to older people, such as loneliness, health, mobility, dementia, digital access, housing, end-of-life, transport and much more. There are speakers, discussions and feedback is regularly reported to the CVST board of trustees.

Volunteers

There are three strands to the work CVST delivers in terms of promoting, recruiting and supporting volunteers.

In-house – CVST values the contribution made by volunteers. They bring a wealth of talent, gifts and skills and contribute to the vibrant and caring culture inherent in the organisation which is why volunteer recruitment is a vital cog and continues to be a rolling programme as volunteers go on to new opportunities, skills and employment. There are currently 198 volunteers who are involved in a variety of roles including physical activities, administration, reception, catering, gardening, litter picking, befriending, shopping, meals on wheels, caring, mentoring, Men's Shed, meeting and greeting, IT support, research, governance and group leadership to name just some. Volunteers continue to support surgeries with winter resilience during the winter months. The volunteers are recruited and supported by the Volunteer Co-ordinator who runs a comprehensive induction and ongoing training. In addition, there are regular volunteer 'get togethers' and annual 'Beach Hut Thank You' events during National Volunteers Week. Approximately 18,000 hours were donated by our volunteers which equates to a monetary value of approximately £207,000 based on a minimum wage. Volunteers are re-imbursed for any costs incurred and have induction and training in Lone Working, GDPR, Making Every Contact Count and Safeguarding. When our volunteers take further qualifications, gaining skills and confidence and secure employment, it is a testament to the volunteering project's efficacy. Many more are empowered to lead activities and groups, thus creating a connected, vibrant and thriving community.

Youth Volunteering

The CVST Youth Inspired Tendring group for ages 16-18yrs and up to 21yrs for those young people with additional needs is now established and a regular weekly safe place where young people can meet and plan one-off micro volunteering in areas of interest to them and actively get involved to volunteer in a supportive environment.

In the past year, 17 new volunteers joined and a total of 1,000 volunteer hours were donated to support the Christmas appeal, recycling, litter picking, supporting homeless projects and gardening for older people.

Volunteer Essex Tendring Centre

A vital part of the voluntary sector is volunteering. CVST supports the local voluntary sector to find volunteers by matching organisations with volunteers who have registered on the Volunteer Essex/Tendring platform. CVST supports organisations to promote their volunteer opportunities across the Tendring district via social media and the CVST ebulletin.

Volunteering continues to increase with volunteer registrations up to 354 and 250 placed with external organisations. 37 organisations were given support and guidance in volunteer management. New organisations continue to register with new volunteering opportunities created.

Partnerships

Partnership meetings attended include: Suffolk and NEE Integrated Care System (SNEE ICS), the annual SNEE ICB Expo, SNEE VCSE Strategy meetings and Steering Group meetings, NEE Alliance, the Alliance Executive, the Alliance Committee, NEE Alliance Operational Group, Neighbourhoods and Live Well Domains, NEE Alliance Funding Panels, Community Asset Mapping, NEE Mental Health Committee, End of Life Board, Essex County Council Strengthening Communities, ECC Community Initiatives Fund Panel, Dementia Action Alliance, Essex CVS and Volunteer Essex, Essex VCS Emergencies Partnership, Tendring Independent Advisory Group (IAG) Tendring District Council Health and Wellbeing Board, Tendring Workforce Group.

Tendring Together

Tendring Together, hosted by CVST, is a partnership of local charities brought together to showcase community services and act as a commissioning marketplace. In addition, Tendring Together helps to ensure local charities have easy access to much needed support in order to achieve sustainability. The Partnership acts as a two way link between the Alliance and the ICB ensuring communication channels are open and transparent. The Chair of the VCFSE Assembly gave a presentation about the ICB framework and how the VCFSE has a voice. At the June meeting, a crisis in affordable, safe, accessible housing provision was highlighted and Tendring District Council were invited to present a report. As a result, it was decided to host a Housing Workshop in 2024. This has coincided with the spotlight on housing from the lens of statutory partners.

The importance of our voluntary sector in being able to contribute to meeting local needs has been recognised by our partners by an increase in funding available to the sector through the NEE Alliance Live Well Domains. This has enabled voluntary organisations to support and increase their services which are vital for communities. On behalf of Tendring Together, CVST has been the delivery partner of choice for this work locally given its local links and trusted reputation.

Cost of Living Crisis Action Group

CVST continue to lead the Cost of Living Action Group. Organisations were invited to join the group in order to support their communities. Information about support available continues to be shared widely. CVST work with funders of small grants that we administer to agree that the available funding could also be used to support local Tendring based organisations to meet the increase in their utility bills. Meetings have been held throughout the year and attendees continue to be informed about resources available to share with their clients and members.

Community Asset Mapping

Our Community Asset Mapping work has continued during the year with deep dives into local assets. Comprehensive reports around the Be Well and Age Well domains have been produced which are being used to drive the agenda for local services and system working and the local grant making through the Alliance. This is now being supplemented at CVST through our Volunteer Researchers who are out and about in the community finding those smaller community groups and micro-organisation.

Dementia Friendly Communities

Working across Tendring as part of a network of local community action groups the aim is to collaborate with partners to improve the lives of people with dementia and their families. The project brings together local organisations to raise awareness of services available and encourage people who need them to access them. CVST is leading on Clacton's Dementia Friendly Community and has promoted activities district wide as part of Dementia Awareness Week as well as publish a list of dementia friendly activities being delivered across the district.

Cultural Awareness Project

The Covid-19 pandemic highlighted the disparity for people from minority ethnic communities accessing and having trust in health and care services. In addition, CVST and health and care colleagues had identified many other health inequalities facing people from culturally diverse communities including a significantly increased risk of Black and Asian women dying during pregnancy, an increased risk of diabetes for people from South Asian, Black and Caribbean communities and higher than average numbers of people from ethnic communities living with poor health. As a result, funding from SNEE ICB was provided to tackle these inequalities and to increase cultural diversity and awareness and bring diverse communities together to ensure improved access to health and care services and better health and wellbeing outcomes. Weekly activity groups including the Sister Circle who welcomed a visit from the CQC who gathered feedback from the attendees regarding their experiences in healthcare in particular for long term health conditions such as diabetes, asthma or sickle health. The project also delivers language classes, yoga, gardening sessions, multicultural domino café and the Eastern European group which takes place on a regular basis. Annual events celebrating diverse cultures including Black History month, Eid and Windrush are all helping to raise cultural awareness and encourage, promote and improve access to local services across the district.

Support for Ukrainian People

Due to the war many people had to leave their homes in Ukraine and Britain was one of the countries who opened their doors. CVST worked with partners to ensure that information, advice and support was available to anyone moving to the district from Ukraine who might need additional help.

CVST continue to support Ukrainian guests and their UK hosts. We offer friendship coffee morning on a weekly basis so they can access support and network with others in the same situation. The group has changed its name to reflect the attendees, to the Eastern European group with support provided including form filling, signposting and IT support. CVST also work with Refugee, Asylum and Migrant Action (RAMA), another local organisation with specialist experience in providing advice and advocacy and working with displaced people.

Social Prescribing

The CVST Social Prescribing project is commissioned by the NEE CCG/SNEE ICB and the Primary Care Networks and Provide the Essex Wellbeing Service and is now firmly established within the community within all 19 GP Surgeries across the district. The social prescribing team also support the Urgent Care Response Service and Community Rehabilitation Team. These services prevent unnecessary hospital admissions. As part of the Discharge team at Colchester hospital, social prescribers provide essential discharge packages for people leaving hospital and this is funded by a personalised care grant thus preventing unnecessary readmission. Addressing the social issues which affect people's wellbeing, the team works with individuals to connect them to community resources and services to help build resilience and improve health outcomes. Throughout 2023/24, the team has experienced a 103% increase in referrals to a total of 9,249 with 6,098 from GP surgeries and 3,151 from the hospital discharge team and this is continuing to rise. 5,430 patients were supported to access community activities to alleviate health issues such as chronic loneliness and given emotional and practical support in terms of financial issues, winter packs and support with food and fuel. The team supported all to help achieve their wellbeing goals. A recent outcome survey was completed by a sample of these individuals where most agreed that social prescribing was there when they needed it and that they did not know anywhere else to go for assistance if there was not a social prescribing service. Almost all found the support very helpful, easy to understand and follow. People are given the opportunity to volunteer as this seen as an essential pathway to getting well and is promoted and encouraged when appropriate. Popular activities include the Kennedy Way Community Garden, the Men's Shed, Essex Pedal Power, walking groups and art and craft friendship groups.

Hospital Discharge and Urgent Community Response Service (UCRS)

Funding was awarded to support UCRS and Hospital Discharge service, to assist with timely discharges and avoid admissions through the provision of furniture moving and removal, decluttering and deep clean services. A team of social prescriber link workers engaged with and supported beneficiaries with their general wellbeing and assisted people to feel more secure and happy to stay in their own homes and this included the fitting of key safes and undertaking deep cleans.

To prevent admissions into hospital and GP visits caused by a decline in beneficiaries' health and wellbeing, funding was secured to target these factors before they decline (such as fleeing domestic violence, affected by the cost of living or low-income families). Discretionary items were purchased, including beds, equipment such as slippers, white goods including fridges and microwave, and food parcels.

Our social prescriber continues to support the St Helena Hospice End-of-Life programme and attending regular meetings with St Helena Hospice and local groups involved in End-of-Life Care and the Compassionate Communities group. This initiative was set up by St Helena Hospice to link together local charities and organisations to ensure that individuals at their final stage of their life are aware of what is available to them in their community. We are also working with local care homes to promote the My Care Choices Register (MCCR) with residents.

SHELLS and the SOS Bus

CVST plays an active role on the award-winning SHELLS project which supports people who are homeless or at risk of homelessness. Through this partnership, weekly support is provided by the social prescribing team on the SOS bus in Clacton and Harwich.

Healthier Independent Longer Lives (HILL)

The Healthier Independent Longer Lives (HILL) Project was successful in securing a grant from the National Lottery Community Fund halfway through the year. The funds will be used to extend activities to include cultural awareness, skills, training, volunteering and creating new activities through asset-based community projects putting people in the lead. These activities, supported by an army of volunteers, will help to reduce loneliness, increase levels of physical activity, improve confidence, increase skills and employability, improve wellbeing and enable independence.

Dementia Café

The Dementia Café at Imperial House Clacton continues to grow from strength to strength and over the past year, 140 people were signposted to engage in a dementia activity and 115 of these people participated in a dementia activity for the first time.

Kennedy Way Community Garden

The Kennedy Way Community Garden is the result of a collaboration between CVST with NHSPS and SNEE ICB. CVST volunteers supported by the Volunteer and Community Connector engage with people who have mental ill health, or learning disabilities, local schools and those who are isolated and lonely. The garden offers something for everyone with a Men's Shed, polytunnels, orchard, vegetable patch, an Upcycling Hub, an outdoor gym, a wildflower garden and bug hotel. It has a pergola meeting space and plans are in place to establish a sensory garden. Hundreds of patients referred from the Kennedy Way Medical Centre and local residents have improved their lifestyles by getting involved in this unique space.

Training

Although the worst of the effects of the pandemic have receded there has been a residual effect on face-to-face training. Organisations and individuals have accelerated the move towards an increased reliance on internet-based learning. However, CVST have continued to provide a significant number of face-to-face learning opportunities which have been taken up by voluntary and community organisations, CVST staff and volunteers and the general public. Attendees continue to increase. 53 training courses were delivered online and in person including: Dementia awareness, Making Every Contact Count, First Aid, Data for Outcomes, Suicide Prevention/Postvention, Managing Conflict, Listening Skills, Mental Health Awareness, Equality Diversity and Inclusion, Safeguarding Adults and Children.

Apprenticeships

CVST is currently supporting three apprentices who are taking qualifications in IT, Administration and Leadership.

Premises

CVST owns premises: Imperial House a Community Hub in Clacton, the Harwich and Dovercourt Hub, and 274 High Street, Dovercourt. The charity also owns the Clacton Lunch Club, accommodation situated above the lunch club, two Beach Huts in Clacton and one in Dovercourt. 1,000's of people access and benefit from these resources every day. For example, winter warm packs, IT/digital, meals, befriending, dementia, transport, volunteering, information and guidance covering many topics. New services and groups are now running from the Hubs. Maintenance and repairs continue and plans to reduce our carbon footprint and make cost savings have been realised with the installation of smart meters, solar panels at the Imperial House site and at the Kennedy Way Community Hub. Further plans to install LED lighting are underway.

Beach Huts

The Beach Huts were maintained and prepared for the 2023 season and have grown in popularity primarily for the benefit of affiliated members and voluntary organisations to use for their clients and service users.

Community Cafe

The Community Cafe space includes a range of activities including a daily Lunch Club providing a healthy, balanced, nutritious meal for people who are lonely and isolated and those with long-term health conditions, mental ill-health or frail. The number of people attending for lunch continue to increase with over 400 meals supplied each month improving feelings of wellbeing.

The following weekly groups also take place:

- an Eastern European drop-in - to increase confidence and improve English language skills.
- a multi-cultural dominoes club - to reduce loneliness and isolation.
- a knitting and crochet circle - to build friendships and gain new skills.
- a Rummikub group - to socialise and connect with others.

All of these groups and activities are supported by a team of 15 volunteers.

Resilience Project

This project is funded by SNEE ICB and ECC. The aim is to help people to become more resilient by improving their health, staying well, warm and better connected with projects such as social prescribing during winter, as well as reducing dependence on statutory sector services. This year, the project has been vital in helping to keep people safe and warm, reduce hospital admissions and to prevent readmission to hospital.

Objectives

- Reducing GP visits and hospital admissions and isolation.
- Supporting people to build up their own skills/resilience to self-care and promote better health.
- Building community cohesion by directing people to services and support.
- Ensuring there is a resilience plan to deal with crisis situations.
- Providing direct emergency support.

Winter packs were delivered this year via flu clinics, the SOS Bus, the Trinity Church and door drops in Jaywick Sands, Walton, Parkeston, Harwich, Brightlingsea, Holland on Sea, Alresford, Thorpe Le Soken, Point Clear, St Osyth, Tendring, Manningtree, Frinton on Sea, Elmstead Mkt & surrounding Areas targeting those most in need and those with long term health conditions, poor housing and/or vulnerable. Packs were also distributed from referrals managed by the social prescribing team and via community collection points, warm hubs and referrals from trusted partners. Assistance has increased significantly with over 2,784 people being supported, of which 2,400 being new beneficiaries to the project, 469 of which were children. 29 referrals were made to Social Prescribing and 165 households were referred to Essex Fire service for smoke alarms and fire safety inspections. 23 households were referred to external organisations for additional support with housing issues.

Household support

As part of the response to the cost-of-living crisis CVST have been working with 'Trusted Partner' organisations on the delivery of 'Food and Fuel' vouchers for people within our local community who find themselves in need. During this financial year, working with 35 organisations, 122 families were supported with food and fuel vouchers.

Active Essex LDP Activities

The Local Delivery Pilot (LDP) is funded by Sport England and led by Active Essex, to build healthier, more active communities in Essex. CVST is an active partner in the LDP and works closely with Active Essex to deliver several projects.

Beat the Street ran in Harwich and Dovercourt between 13 March and 24 April 2024 and was played by 4,794 players, included around 40 different events and helped to connect local people to places in their community. Schools, care homes, sheltered housing units, sports clubs and individuals competed in the MOST successful Beat the Street in the country.

Active Essex funding also enables CVST to continue to support Essex Pedal Power and for the provision of two Active Communities connectors supporting local residents to be more active.

Tendring & Colchester Borders Garden Community

During the year, CVST was commissioned by Latimer by Clarion Housing Group to carry out community engagement activities with Tendring residents in the areas surrounding the Tendring & Colchester Borders Garden Community (TCBGC). Latimer is the master developer for the TCBGC, a planned new Garden Community Development of up to 9,000 new homes on land between the A133 and the A120 on the borders of Tendring and Colchester. Local residents were consulted through a series of events in Alresford, Ardleigh, Brightlingsea, Crockleford Heath, Elmstead Market and Great Bromley. CVST also facilitated a £10,000 small grants programme on behalf of Latimer with six different organisations being awarded grants of £1,000 or £2,000 each.

4. QUALITY ASSURANCE

The charity retains the internationally recognised quality standard ISO 9001 maintaining high standards across all internal systems and management, customer services and satisfaction. ISO 9001 scrutinises internal systems and governance and ensures the organisation adheres to legal and financial frameworks. This work is undertaken by the CVST audit sub-committee and is externally audited. It is an objective to once again, attain the NAVCA Local Infrastructure Quality Assurance award.

5. FINANCIAL OVERVIEW

The charity has been successful in securing funding from a variety of sources including Essex County Council, SNEE ICB, Primary Care Networks, Tendring District Council, National Lottery Community Fund, Latimer by Clarion Housing Group, Places for People, Active Essex, Provide, Essex Community Foundation, NAVCA and Harwich Town Council. This funding enables the charity to deliver much needed support and services and to respond to the needs of our local community. In addition, we are very grateful to have received a generous donation from Pickering, a local business. We are utilising the donation for families needing emergency funds.

6. RESERVES POLICY

The Board of Trustees are pleased to report that the charity's free reserves are sufficient to cover 12 months' running costs, property maintenance, management, redundancy, administration and support costs and any potential liabilities in line with its established reserves policy. The deficit position reflects grant payments made to local voluntary sector organisations using restricted grant reserves secured during the pandemic to deliver several projects. The trustee board aim to maintain sufficient reserves to ensure the charity remains sustainable in the event of a significant drop in funding or any unforeseen events which would impact on its viability and sustainability.

7. FUTURE PLANS

It is the intention of the charity to pursue the following objectives during the year 2024/2025:

1. To continue to support people who are affected by the cost of living crisis, unable to pay for food and fuel by ensuring people in need have access to appropriate information, advice and practical support and by leading, supporting and mobilising the Cost of Living Action Group.
2. Continue to strengthen and build resilience in the voluntary sector by providing support, expertise, information, volunteers and funding through the many networks, forums and groups hosted and via our social media channels and various ebulletins.
3. To further develop and expand the HILL programme following the successful application to the Lottery to alleviate chronic loneliness, cultural awareness and inclusivity and physical inactivity including through the Beat the Street in Harwich and deliver a Street Tag project in Walton and Harwich and deliver Find your Active Place Navigator in Clacton and Jaywick.
4. To continue to develop the activities being delivered in partnership with local people, raising cultural awareness and promoting equality, diversity, and inclusive communities through the development of additional facilities at our Community Café.
5. Maintain the charity's presence in local hospitals to support hospital discharge.
6. To further expand the social prescribing service by cementing relationships with the Primary Care Networks to support the wellbeing of local people.
7. To continue to engage with the local population and voluntary and community sector as part of the Community Asset Mapping and Neighbourhood work with partners to target specific cohorts.
8. Continue to develop digital expertise within charities and communities.
9. Support people and the voluntary sector with training and expertise for effective volunteer recruitment and retention.
10. To continue to work in collaboration with system partners to tackle health inequalities and the wider determinants of health at a place level and resilience project.

8. ACKNOWLEDGEMENT

The trustees thank the staff and volunteers for their commitment over this last year which has again, been challenging. Thanks are also given to our many funders and supporters including but not exclusively: Essex County Council Public Health and the Local Delivery Pilot, the North East Essex Alliance, the Suffolk and NEE ICB, Tendring District Council and Essex Community Foundation for their vital support for which the charity is extremely grateful.

9. TRUSTEES' RESPONSIBILITIES

The Trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that: In accordance with company law, as the company's directors, we certify that:

- so far as that Trustee is aware, there is no relevant audit information of which the charitable company's auditor is unaware; and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charitable company's auditor is aware of that information.

Small Companies note

In preparing this report, the Trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

Auditor

Our auditor SB Audit LLP merged with Sumer Auditco Limited on 28 March 2024. Accordingly, SB Audit LLP formally resigned as the charitable company's auditor with the trustees duly appointing Sumer Auditco Limited to fill the vacancy arising.

The auditor, Sumer Auditco Limited, has indicated their willingness to continue in office. The designated trustees will propose a motion reappointing the auditor at a meeting of the trustees.

Approved by order of the members of the board of Trustee on 21/8/24 and signed on their behalf by:

Brenda Ellis

Brenda Ellis
(Chair of Trustees)

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES

Opinion

We have audited the financial statements of Tendring Community Voluntary Services (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities (incorporating Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

Other information

The other information comprises the information included in the Annual Report other than the financial statements and our Auditors' Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

Responsibilities of trustees

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditors' responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, through discussion with the Trustees (as required by auditing standards), inspection of the Charitable Company's regulatory and legal correspondence and discussed with the Trustees the policies and procedures regarding compliance with laws and regulations. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

The potential effect of these laws and regulations on the financial statements varies considerably.

Firstly, the Charitable Company is subject to laws and regulations that directly affect the financial statements including financial reporting legislation, distributable profits legislation and taxation legislation and we assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statements items.

Secondly, the Charitable Company is subject to many other laws and regulations where the consequences of non-compliance could have a material effect on amounts or disclosures in the financial statements, for instance through the imposition of fines or litigation. We identified the following areas as those most likely to have such an effect: health and safety, safeguarding, employment law, The Equality Act 2010 and GDPR. Auditing standards limit the required audit procedures to identify non-compliance with these laws and regulations to enquiry of the Trustees and other management and inspection of regulatory and legal correspondence, if any.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: enquires of management and those charged with governance as to whether the Charitable Company complies with such regulations; enquires of management and those charged with governance concerning any actual or potential litigation or claims, inspection of relevant legal documentation, review of board minutes, testing the appropriateness of journal entries and the performance of analytical review to identify any unexpected movements in account balances which may be indicative of fraud.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

There are inherent limitations in the audit procedures descried above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' Report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.

Sumer Auditco Limited

Timothy O'Connor (Senior Statutory Auditor)

for and on behalf of
Sumer Auditco Limited

Statutory Auditor

820 The Crescent

Colchester Business Park

Colchester

Essex

CO4 9YQ

Date: 2/9/24

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted funds 2024 £	Restricted funds 2024 £	Endowment funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income and endowments from:						
Donations and legacies	4	**322,795**	**495,583**	**-**	**818,378**	1,880,503
Charitable activities	5	**276,918**	**24,154**	**-**	**301,072**	253,089
Other trading activities	6	**4,951**	**610**	**-**	**5,561**	5,389
Investments	7	**40,132**	**-**	**-**	**40,132**	25,061
Total income and endowments		**644,796**	**520,347**	**-**	**1,165,143**	2,164,042
Expenditure on:						
Charitable activities	9	**1,114,225**	**1,337,090**	**3,575**	**2,454,890**	2,026,433
Total expenditure		**1,114,225**	**1,337,090**	**3,575**	**2,454,890**	2,026,433
Net (expenditure) /income before net (losses)/gains on investments		**(469,429)**	**(816,743)**	**(3,575)**	**(1,289,747)**	137,609
Net (losses)/gains on investments		**(20,000)**	**-**	**-**	**(20,000)**	24,215
Net movement in funds		**(489,429)**	**(816,743)**	**(3,575)**	**(1,309,747)**	161,824
Reconciliation of funds:						
Total funds brought forward		**1,454,587**	**1,644,758**	**346,740**	**3,446,085**	3,284,261
Net movement in funds		**(489,429)**	**(816,743)**	**(3,575)**	**(1,309,747)**	161,824
Total funds carried forward		**965,158**	**828,015**	**343,165**	**2,136,338**	3,446,085

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 25 to 42 form part of these financial statements.

BALANCE SHEET
AS AT 31 MARCH 2024

	Note		2024 £		2023 £
Fixed assets					
Tangible assets	13		**1,049,394**		1,068,927
Investment property	14		**117,655**		137,655
			1,167,049		1,206,582
Current assets					
Debtors	15	**44,092**		503,255	
Cash at bank and in hand		**1,352,429**		2,216,682	
		1,396,521		2,719,937	
Creditors: amounts falling due within one year	16	**(337,232)**		(262,934)	
Net current assets			**1,059,289**		2,457,003
Total assets less current liabilities			**2,226,338**		3,663,585
Creditors: amounts falling due after more than one year	17		**(90,000)**		(217,500)
Total net assets			**2,136,338**		3,446,085
Charity funds					
Endowment funds	19		**343,165**		346,740
Restricted funds	19		**828,015**		1,644,758
Unrestricted funds	19		**965,158**		1,454,587
Total funds			**2,136,338**		3,446,085

BALANCE SHEET (CONTINUED)
AS AT 31 MARCH 2024

The financial statements have been prepared in accordance with the special provisions applicable to charitable companies subject to the small companies' regime. In the Trustees' opinion the Charitable Company is entilted to these exemptions as a small company.

The financial statements were approved and authorised for issue by the Trustees on and signed on their behalf by:

21/5/24

Brenda Ellis

Brenda Ellis
(Chair of Trustees)

The notes on pages 25 to 42 form part of these financial statements.

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2024

	Note	2024 £	2023 £
Cash flows from operating activities			
Net cash used in operating activities	22	**(885,583)**	(602,263)
Cash flows from investing activities			
Interest received		**31,092**	14,544
Purchase of tangible fixed assets		**(9,762)**	(92,404)
Purchase of investment properties		**-**	(27,655)
Net cash provided by/(used in) investing activities		**21,330**	**(105,515)**
Cash flows from financing activities			
Net cash provided by financing activities		**-**	**-**
Change in cash and cash equivalents in the year		**(864,253)**	**(707,778)**
Cash and cash equivalents at the beginning of the year		**2,216,682**	2,924,460
Cash and cash equivalents at the end of the year	23	**1,352,429**	2,216,682

The notes on pages 25 to 42 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. General information

Tendring Community Voluntary Services is a charitable company limited by guarantee, incorporated in England and Wales, registered company number 05325167 and registered Charity number 1108177. The address of the registered office is Imperial House, 20-22 Rosemary Road, Clacton On Sea, Essex, CO15 1NZ.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Tendring Community Voluntary Services meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Going concern

After reviewing the charitable company's forecasts and projections, together with all known factors, the Trustees have a reasonable expectation that it has adequate resources to continue in operational existence for the foreseeable future. The entity therefore continues to adopt the going concern basis in preparing its financial statements.

2.3 Income

All income is recognised once the Charitable Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income is deferred only when the charitable company has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Other income is recognised in the period in which it is receivable.

2. Accounting policies (continued)

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charitable Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charitable Company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 Taxation

The Charitable Company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charitable Company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.7 Tangible fixed assets and depreciation

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Freehold property	-	1% straight line
Beach Hut	-	10% straight line
Motor vehicles	-	20% straight line
Fixtures and fittings	-	6% - 25% straight line
Computer equipment	-	33% straight line

2. Accounting policies (continued)

2.8 Investment properties

Investment properties are included at valuation with revaluation gian/losses passing through the Statement of Financial Activities.

2.9 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered.

2.10 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.11 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charitable Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

2.12 Financial instruments

The Charitable Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

2.13 Pensions

The Charitable Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charitable Company to the fund in respect of the year.

2.14 Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charitable Company. The Trustees seek to designate these funds wherever possible.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charitable Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Endowment funds are funds that cannot be used as if they are income i.e. they cannot be used to make payments or grants to others.

Investment income, gains and losses are allocated to the appropriate fund.

3. Critical accounting estimates and areas of judgement

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The more significant judgements and estimates involved in the preparation of the financial statements include assessing the depreciation rates applicable to tangible fixed assets, the valuation of investment properties and the way in which certain costs should be apportioned. Further details regarding these points are included within the accounting policies.

4. Income from donations and legacies

	Unrestricted funds 2024 £	**Restricted funds 2024 £**	**Total funds 2024 £**
Donations	20,032	1,065	**21,097**
Grants	302,763	494,518	**797,281**
	322,795	495,583	**818,378**

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Donations	81,220	4,247	85,467
Grants	855,212	939,824	1,795,036
	936,432	944,071	1,880,503

All income above relates to community support service activities for both years.

5. Income from charitable activities

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Core community support activities	273,691	24,154	**297,845**
Management and other fees	3,225	-	**3,225**
Other Charitable Activities	2	-	**2**
	276,918	24,154	**301,072**

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Core community support activities	78,250	169,363	247,613
Management and other fees	2,925	-	2,925
Other Charitable Activities	2,551	-	2,551
	83,726	169,363	253,089

All income above relates to community support activities in both years.

6. Income from other trading activities

Income from fundraising events

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Beach Hut etc	4,951	-	**4,951**
Community Fair	-	610	**610**
	4,951	610	**5,561**

6. Income from other trading activities (continued)

Income from fundraising events (continued)

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Beach Hut etc	4,699	-	4,699
Community Fair	-	690	690
	4,699	690	5,389

7. Investment income

	Unrestricted funds 2024 £	**Total funds 2024 £**
Investment property income	9,040	**9,040**
Bank interest	31,092	**31,092**
	40,132	**40,132**

	Unrestricted funds 2023 £	Total funds 2023 £
Investment property income	10,517	10,517
Bank interest	14,544	14,544
	25,061	25,061

8. Governance costs

	Unrestricted funds 2024 £	Total funds 2024 £
Audit fees	9,500	**9,500**
Staff costs	11,575	**11,575**
	21,075	**21,075**

	Unrestricted funds 2023 £	Total funds 2023 £
Audit fees	8,500	8,500
Staff costs	12,156	12,156
	20,656	20,656

9. Analysis of resources expended by expenditure type

	Unrestricted funds 2024 £	Restricted funds 2024 £	Endowment funds 2024 £	Total funds 2024 £
Depreciation on fixed assets used for charitable purposes	23,578	2,142	3,575	**29,295**
Cost of activities in furtherance of the charity's objectives	1,069,572	1,334,948	-	**2,404,520**
Governance (note 8)	21,075	-	-	**21,075**
	1,114,225	1,337,090	3,575	**2,454,890**

	Unrestricted funds 2023 £	Restricted funds 2023 £	Endowment funds 2023 £	Total funds 2023 £
Depreciation on fixed assets used for charitable purposes	23,673	2,142	3,575	29,390
Cost of activities in furtherance of the charity's objectives	945,188	1,031,199	-	1,976,387
Governance (note 8)	20,656	-	-	20,656
	989,517	1,033,341	3,575	2,026,433

10. Net (expenditure)/income

	2024 £	2023 £
Net (expenditure)/income is stated after charging:		
Audit fees	**9,500**	8,500
Depreciation	**29,295**	29,390
Staff pension contributions	**23,445**	16,818

11. Staff costs

	2024 £	2023 £
Wages and salaries	**1,018,162**	864,568
Social security costs	**73,556**	66,585
Contribution to defined contribution pension schemes	**23,445**	16,818
	1,115,163	947,971

The average number of persons employed by the Charitable Company during the year was as follows:

	2024 No.	2023 No.
Employees	**53**	44

No employee received remuneration amounting to more than £60,000 in either year.

The aggregate remuneration of key management personnel was £85,042 (2023 - £83,424).

12. Related parties, including Trustees' remuneration and expenses

All transactions with related parties are undertaken on normal commercial terms, on an arm's length basis.

During the prior year, one Trustee received £5,100 in respect of consultancy services. These services were provided separately from their role as a Trustee. This Trustee resigned during the prior year and no corresponding costs were incurred with any Trustee during the year ended 31 March 2024.

During the year ended 31 March 2024, Trustees (including close family members) incurred costs of £153 (2023 - £Nil) on behalf of the Charitable Company that were subsequently reimbursed. At the balance sheet date the amount owed to them was £Nil (2023 - £Nil).

13. Tangible fixed assets

	Freehold property £	Motor vehicles £	Fixtures and fittings £	Total £
Cost or valuation				
At 1 April 2023	**1,217,240**	**7,500**	**260,044**	**1,484,784**
Additions	**-**	**-**	**9,762**	**9,762**
At 31 March 2024	**1,217,240**	**7,500**	**269,806**	**1,494,546**
Depreciation				
At 1 April 2023	**225,849**	**1,500**	**188,508**	**415,857**
Charge for the year	**17,212**	**1,500**	**10,583**	**29,295**
At 31 March 2024	**243,061**	**3,000**	**199,091**	**445,152**
Net book value				
At 31 March 2024	**974,179**	**4,500**	**70,715**	**1,049,394**
At 31 March 2023	991,391	6,000	71,536	1,068,927

13. Tangible fixed assets (continued)

The Charity's freehold property at 20/22 Rosemary Road, Clacton-on-Sea was valued as at 31 March 2013, at £700,000 (the net book value at that time was £567,763). The valuation was carried out by an External Valuer, P H H Whaeton FRICS of Fenn Wright, Chartered Surveyors. The valuation was undertaken in accordance with the requirements of the RICS Valuation - Professional Standards and the relevant financial reporting standards.

Land and buildings also include: 99 Carnarvon Road (Lunch club property) donated from Age Concern and 276 High Street, Dovercourt (fully operational from Autumn 2019).

14. Investment property

	Freehold investment property £
Valuation	
At 1 April 2023	**137,655**
Revaluation	**(20,000)**
At 31 March 2024	**117,655**

The most recent full valuation of the investment property at 101 Carnarvon Road, Clacton On Sea, was carried out during 2024 by Bairstow Eves. This is based on an open market valuation subject to current tenancy agreements.

The investment property at 274 High Street, Dovercourt was purchased during the prior year. This is less material and the Trustees consider its valuation to remain reasonable.

15. Debtors

	2024 £	2023 £
Due within one year		
Trade debtors	**43,101**	502,975
Other debtors	**991**	280
	44,092	503,255

16. Creditors: Amounts falling due within one year

	2024 £	2023 £
Trade creditors	**17,493**	27,502
Other creditors	**5,599**	5,057
Accruals and deferred income	**314,140**	230,375
	337,232	262,934

	2024 £	2023 £
Deferred income		
Deferred income at 1 April 2023	**439,375**	948,392
Resources deferred during the year	**170,265**	6,875
Amounts released from previous periods	**(215,000)**	(515,892)
	394,640	439,375

17. Creditors: Amounts falling due after more than one year

	2024 £	2023 £
Accruals and deferred income	**90,000**	217,500

18. Financial instruments

	2024 £	2023 £
Financial assets		
Financial assets measured at transaction price	**44,092**	503,255

	2024 £	2023 £
Financial liabilities		
Financial liabilities measured at transaction price	**427,232**	480,434

Financial assets comprise trade and other debtors.

Financial liabilities comprise trade creditors, other creditors, accruals and deferred income.

19. Statement of funds

Statement of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Gains/ (Losses) £	Balance at 31 March 2024 £
Unrestricted funds					
CIC/Imperial House	78,545	57,008	(87,341)	-	48,212
Harwich Centre (HC)	482	1,729	(1,518)	-	693
Fundraising and sundry charitable accounts	42,154	9,742	(9,955)	-	41,941
Lunch Club (LC)	258,526	26,073	(37,579)	-	247,020
Resilience	115,316	19,585	(116,266)	-	18,635
Social Prescribing	400,109	341,069	(564,835)	-	176,343
Property maintenance reserve	83,230	-	(4,356)	-	78,874
Core TCVS	384,300	137,550	(229,545)	(20,000)	272,305
Health projects	91,925	52,040	(62,830)	-	81,135
	1,454,587	644,796	(1,114,225)	(20,000)	965,158
Endowment funds					
Building Development Fund	346,740	-	(3,575)	-	343,165

Included within unrestricted funds is an accumulated credit of £4,215 in respect of the revaluation of investment properties (2023 - £24,215 credit).

19. **Statement of funds (continued)**

Restricted funds

Healthier Independent Longer Lives (HILL)	65,513	214,581	(192,571)	-	87,523
LDP	45,852	70,206	(71,244)	-	44,814
Colchester Catalyst: HC	90,307	4,931	(5,862)	-	89,376
Capital Fund	141,850	-	(1,462)	-	140,388
Live Well	827,557	(45,500)	(742,087)	-	39,970
Sector Sustainability	210,179	243,885	(298,159)	-	155,905
Winter warmth campaign	-	32,244	(17,947)	-	14,297
Tendring Place	263,500	-	(7,758)	-	255,742
	1,644,758	520,347	(1,337,090)	-	828,015
Total of funds	3,446,085	1,165,143	(2,454,890)	(20,000)	2,136,338

19. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2022 £	Income £	Expenditure £	Gains/ (Losses) £	Balance at 31 March 2023 £
Unrestricted funds					
CIC/Imperial House	53,431	50,789	(25,675)	-	78,545
Harwich Centre (HC)	1,043	3,289	(3,850)	-	482
Fundraising and sundry charitable accounts	25,790	94,543	(78,179)	-	42,154
Lunch Club (LC)	321,174	18,448	(81,096)	-	258,526
Resilience	597	209,456	(94,737)	-	115,316
Social Prescribing	455,453	402,214	(457,558)	-	400,109
Property maintenance reserve	100,408	-	(17,178)	-	83,230
Core TCVS	347,577	218,436	(205,928)	24,215	384,300
Health projects	64,498	52,743	(25,316)	-	91,925
	1,369,971	1,049,918	(989,517)	24,215	1,454,587
Endowment funds					
Building Development Fund	350,315	-	(3,575)	-	346,740

19. Statement of funds (continued)

Restricted funds

Healthier Independent Longer Lives (HILL)	104,064	85,884	(124,435)	-	65,513
LDP	55,142	126,847	(136,137)	-	45,852
Colchester Catalyst: HC	91,238	-	(931)	-	90,307
Capital Fund	143,312	-	(1,462)	-	141,850
Live Well	1,065,000	245,738	(483,181)	-	827,557
Sector Sustainability	44,048	350,262	(184,131)	-	210,179
Winter warmth campaign	-	4,296	(4,296)	-	-
Tendring Place	-	263,500	-	-	263,500
Grassroots	44	-	(44)	-	-
Men's Mental Health Community Fund	6,672	-	(6,672)	-	-
Essex Carers	40,000	-	(40,000)	-	-
Seeds 4 Growth	13,263	37,597	(50,860)	-	-
Active Essex	1,192	-	(1,192)	-	-
	1,563,975	1,114,124	(1,033,341)	-	1,644,758
Total of funds	3,284,261	2,164,042	(2,026,433)	24,215	3,446,085

Descriptions of the various funds have been provided within within the financial statements and the Trustees' Report.

20. Summary of funds

Summary of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Gains/ (Losses) £	Balance at 31 March 2024 £
General funds	**1,454,587**	**644,796**	**(1,114,225)**	**(20,000)**	**965,158**
Endowment funds	**346,740**	**-**	**(3,575)**	**-**	**343,165**
Restricted funds	**1,644,758**	**520,347**	**(1,337,090)**	**-**	**828,015**
	3,446,085	**1,165,143**	**(2,454,890)**	**(20,000)**	**2,136,338**

Summary of funds - prior year

	Balance at 1 April 2022 £	Income £	Expenditure £	Gains/ (Losses) £	Balance at 31 March 2023 £
General funds	1,369,971	1,049,918	(989,517)	24,215	1,454,587
Endowment funds	350,315	-	(3,575)	-	346,740
Restricted funds	1,563,975	1,114,124	(1,033,341)	-	1,644,758
	3,284,261	2,164,042	(2,026,433)	24,215	3,446,085

21. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2024 £	Restricted funds 2024 £	Endowment funds 2024 £	Total funds 2024 £
Tangible fixed assets	299,310	406,919	343,165	**1,049,394**
Investment property	117,655	-	-	**117,655**
Current assets	937,926	458,595	-	**1,396,521**
Creditors due within one year	(299,733)	(37,499)	-	**(337,232)**
Creditors due in more than one year	(90,000)	-	-	**(90,000)**
Total 2024	965,158	828,015	343,165	**2,136,338**

Analysis of net assets between funds - prior period

	Unrestricted funds 2023 £	Restricted funds 2023 £	Endowment funds 2023 £	Total funds 2023 £
Tangible fixed assets				
Tangible fixed assets	311,158	411,029	346,740	1,068,927
Investment property	137,655	-	-	137,655
Current Assets	1,373,708	1,346,229	-	2,719,937
Creditors due within one year	(187,934)	(75,000)	-	(262,934)
Creditors due in more than one year	(180,000)	(37,500)	-	(217,500)
Total 2023	1,454,587	1,644,758	346,740	3,446,085

22. Reconciliation of net movement in funds to net cash flow from operating activities

	2024 £	2023 £
Net (expenditure)/income for the period (as per Statement of Financial Activities)	**(1,309,747)**	161,824
Adjustments for:		
Depreciation charges	**29,295**	29,390
Interest received	**(31,092)**	(14,544)
Losses/(gains) on investments	**20,000**	(24,215)
Decrease/(increase) in debtors	**459,163**	(248,224)
Decrease in creditors	**(53,202)**	(506,494)
Net cash used in operating activities	**(885,583)**	(602,263)

23. Analysis of cash and cash equivalents

	2024 £	2023 £
Cash in hand	**1,352,429**	2,216,682
Total cash and cash equivalents	**1,352,429**	2,216,682

24. Analysis of changes in net debt

	At 1 April 2023	Cash flows	At 31 March 2024
	£	£	£
Cash at bank and in hand	2,216,682	(864,253)	1,352,429
	2,216,682	(864,253)	1,352,429

25. Legal status

The charity is a company limited by guarantee and has no share capital.

26. Pension commitments

The Charitable Company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in an independently administered fund. The pension cost charge represents contributions payable by the charitable company to the fund and amounted to £23,445 for the year (2023 - £16,818) . At the balance sheet date £4,935 (2023 - £4,529) was payable to the fund and is included in creditors.

TENDRING COMMUNITY VOLUNTARY SERVICES

England & Wales - Charity number 1108177

Accounts

Registered number: 05325167
Charity number: 1108177

TENDRING COMMUNITY VOLUNTARY SERVICES

(A Company Limited by Guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2023

Trustees	Brenda Ellis, Chairman Bob Newman, Vice Chair Dr Jonathan Geldard, Treasurer Charlotte Fitzgerald, Trustee (resigned 3 September 2022) Mark Norman, Trustee Michael Page, Trustee Indira Allen, Trustee Anne Brown, Trustee Thea Roper, Trustee (appointed 7 September 2022)
Company registered number	05325167
Charity registered number	1108177
Registered office	Imperial House 20-22 Rosemary Road Clacton on Sea Essex CO15 1NZ
Company secretary	Sharon Alexander
Chief executive officer	Sharon Alexander
Independent auditor	SB Audit LLP Chartered Accountants and Statutory Auditor 820 The Crescent Colchester Business Park Colchester Essex CO4 9YQ
Bankers	CAF Bank Limited Kings Hill West Malling Kent ME19 4JQ CCLA Investment Management COIF Charity Funds 80 Cheapside London EC2V 6DZ

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND ADVISERS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Solicitors	Fisher Jones Greenwood 16 Baddow Road Chelmsford Essex CM2 0DG

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The Trustees, who are also directors for the purposes of company law, are pleased to present this report and the financial statements of Tendring Community Voluntary Services for the year ended 31 March 2023 which are also prepared to meet the requirements for the director's report and accounts for Companies House.

1. GOVERNANCE, OBJECTS, STRUCTURE AND PUBLIC BENEFIT

The Trustees are satisfied with the performance of the charity over the last 12 months up to year end 31 March 2023. The Trustees confirm that the charity is in a strong and healthy position and there are sufficient assets to continue delivering activities and to fulfil its obligations. The accounts comply with the Charities Act, the Companies Act 2006, the Memorandum and Articles of Association and the Statement of Recommended Practice.

The Trustees have referred to the Charity Commission's general guidance on public benefit entitled 'Charities and Public Benefit' and are satisfied that the organisation's objects, activities, structure and strategic framework conforms with these requirements. Some of CVST's services and activities are either free of charge or at minimum rates due to grants and fundraising income for this purpose.

a. Governing Document

The trustees present their annual report and financial statements of the charity for the year ended 31 March 2023 which are also prepared to meet the requirements for the director's report and accounts for Companies House. The charity is also known as Community Voluntary Services Tendring, CVS Tendring and CVST. The charity was established in 1973 and was incorporated and registered as a charitable company limited by guarantee on 5 January 2005. In the event of the company being wound up, members are required to contribute £10.

Principal objects:

(A) To promote any charitable purposes for the benefit of the community in the local government district of Tendring and its environs, and in particular the advancement of education, the protection of health and the relief of poverty, distress and sickness.

(B) To promote and organise co-operation in the achievement of the above purposes and to that end to bring together in council representatives of the voluntary organisations and statutory authorities within the area of benefit. Provided that in carrying out these charitable purposes, the Council will seek to challenge all forms of oppression and inequality and to give priority to working with people whose full participation in society is limited by economic, political and social disadvantage.

The organisation has four core functions: Represent the broad issues of the voluntary sector and act as strategic partner, Encourage Liaison between agencies, Develop initiatives to meet identified gaps in the community and provide Promotional and marketing support for the sector and to also provide direct services to meet the needs of the community.

Our mission is "leading and supporting voluntary action in Tendring and empowering local people".

b. Organisational structure and decision making

The Board meets six times a year. The board is responsible for the strategy, risk management, setting and reviewing policy and monitoring performance of the charity's activities and core services. Day to day management of the charity is delegated to the Chief Officer who reports regularly to the Chairman. The Audit sub-committee takes delegated responsibility on behalf of the Board of Trustees for ensuring that there is a framework for accountability and scrutiny; for examining and reviewing all systems and methods of financial control; for maintaining the charity's quality standards and for ensuring the charity is complying with all aspects of the law, relevant regulations and good practice. The annual workplan is updated, priorities identified and agreed by the board. Our aim is to provide comprehensive support to achieve a vibrant and thriving voluntary sector which has the community at the heart of everything we do, to have the systems in place to meet funders' requirements and inspire confidence in stakeholders through quality assurance and to clearly and articulately represent the voluntary sector to public policy makers.

c. Risk management

The Trustees have examined major strategic, governance, business, financial and operational risks which the Charity has and may face and have implemented the appropriate systems and monitoring to mitigate these. The potential reduction in grants secured from statutory organisations has been identified as a future risk to the Charity and steps have been taken to alleviate this. The Charity's infrastructure proved to be robust during and recovering from the worldwide pandemic. The financial controls in place include the producing and reporting of budget performance, reporting mechanism for recording information and an accountability framework. Staff and Trustees are involved in reviewing and managing risk. A new purchase order system has been successfully implemented. Many aspects of risk management such as authorisation, monitoring and reporting, staff checks and appraisal, safety procedures - in particular, health and safety and adequate insurance cover - are embedded within the organisation. Internal financial controls conform to guidelines issued by the Charity Commission.

d. Recruitment and support of Trustees

The management of the charitable company is the responsibility of the Trustees who are elected from the membership and the wider community according to the Memorandum and Articles of Association. There shall be not less than six and not more than fifteen trustees serving on the Board.

Trustees are volunteers and give their time freely. Trustees are required to declare conflicts of interest and withdraw from discussions and decisions where a potential conflict may arise.

Trustees receive induction, an information pack, access to regular training, and attend regular meetings with other Trustees. The Charity holds an annual visioning day where personnel and Trustees review activities and agree priorities and strategic direction.

During the year, one Trustee was paid for a specific piece of work carried out on behalf of the Charity which was undertaken according to the rules set out in its governing document.

e. Membership

CVST is a membership charity and continues to promote the benefits of affiliation to the sector. Applications for membership are approved by the Board and the Board has the right to refuse membership to any individual or organisation. Members are required to be committed to the furtherance of the objects of the charity. CVST continues to develop its membership offer to local groups and organisations to provide a comprehensive body of support and representation. There were 149 member organisations during this year, an increase on the previous year due to promotion of the benefits of membership and increasing confidence post Covid.

f. **Information services**

We provide information from local and national sources for our members and wider audience through:

- Weekly e-bulletins
- Websites: www.cvstendring.org.uk and www.tendringtogether.org.uk
- Twitter: @cvstendring
- Facebook: www.facebook.com/cvstendring
- Instagram: @cvstendring
- LinkedIn: Community Voluntary Services Tendring
- Youtube: @communityvoluntaryservices622
- Imperial House Community Information Centre
- Dovercourt & Harwich Hub

The website and the organisation's branding have been refreshed and extended reflecting the rapid growth of the organisation. In the past year the website has seen a significant increase in website interaction with 16,314 users, 25,760 sessions and the website pages have been viewed 62,653 times.

The external weekly ebulletin newsletter is distributed to 980 subscribers and has a potential reach of 10 times this number due to it being shared with subscribers' networks. This newsletter includes CVST information, events, training, funding news, as well as news and information from national, regional and local organisations.

A new 'jobs and volunteers' weekly newsletter has been created, which is also distributed to 980 subscribers featuring job and volunteer opportunities for partners and affiliated members.

The communications team join other staff in uploading items to Facebook, Twitter and Instagram. Between April 2022 and March 2023 Facebook followers have increased from 2,605 to 3,094. Twitter followers have increased from 1,262 to 1,315. The Instagram account has 174 followers.

In 2022/2023 there were 54 press releases published, including photographic spreads and features.

There were 22 films created which includes both promotional films for social media, case studies, collaboration with the North East Essex (NEE) Health and Wellbeing Alliance and films to showcase the successful work of our projects and member organisations. These films have been used in partner meetings, on social media, in CVST and other newsletters, and at the Suffolk and NEE Integrated Care System (SNEE ICS) Exhibition and Integrated Care Board 'Community Connect' events.

A Vaccination Volunteers film submitted to the ICS film awards in 2022 to showcase the incredible story of volunteering at vaccination hubs during the pandemic won the Compassionate category and our Social Prescribing Film was included on the National Academy of Social Prescribing website.

2. ACTIVITIES

Policies and core functions

The organisation undertakes work on behalf of its members and continues to develop its activities. The charity has in place the necessary plans, policies and procedures in order to further the objects of the charity. The charity operates to five core functions which are to:

1. Promote and support the local voluntary sector
2. Identify unmet need and develop initiatives to meet that need
3. Encourage liaison between agencies
4. Represent an overview of the broad issues facing the local voluntary sector
5. Act as a strategic partner

The Trustees have obligations as employers of staff and as owners of Imperial House – a community resource centre, the Lunch Club premises and the Dovercourt and Harwich Hub. There is an agreement in place with Essex County Council for the provision of CVST's core functions and key direct services such as depression screening, weight management, falls prevention and winter warm support. We also have an agreement with Provide as part of the Essex Wellbeing Service, to deliver a community connector service and with Primary Care Networks (PCNs) to supply social prescribing services in the district's surgeries. In July 2022, the NEE Clinical Commissioning Group merged with the newly formed entity, the Suffolk and NEE Integrated Care Board (SNEE ICB) which has commissioned CVST to deliver Seasonal Resilience, Cultural Awareness, the project Healthier Independent Longer Lives (HILL), Social Prescribing and the Urgent Community Response Service (UCRS). SNEE ICB also commissioned CVST, as part of the Live Well Domains, to continue the mapping of community assets which has influenced and informed the comprehensive grants programme administered by CVST on behalf of the ICB. The Lunch Club received a small grant from Essex Community Foundation to continue to respond to local need.

Green Carbon Charter

As part of its commitment to reducing CVSTs carbon footprint CVST trustees were delighted to be awarded the Bronze Carbon Charter Award. Work is already underway to secure the silver award with a view to achieving the gold award by the end of next year.

3. ACHIEVEMENTS AND PERFORMANCE - Review of activities

The last two reports focussed mainly on the worldwide pandemic, our vaccination work and the rebuilding of community activities and connections. The Covid-19 pandemic was not only responsible for lives lost but left many with a little-known health issue 'long covid'. People have lost confidence and numbers of those reporting mental ill health have risen and this has been compounded with a cost-of-living crisis. Local community activities either stopped and did not restart or are experiencing a drop in numbers. CVST has responded to the gaps and needs of our community by ensuring people and organisations have access to information, advice and resources. CVST has increased activities and services and most staff are now back in the workplace with only a small number continuing to work from home. Risk assessments, policies and procedures continued to be reviewed and procedures implemented to keep people safe.

Sector Sustainability

CVST continues to provide advice and give practical support in order to strengthen the infrastructure of the voluntary sector. Over 200 organisations have been supported with a wide range of services including funding advice and support, development of model policies and procedures, general guidance and information. 57 organisations had one to one support with organisational development to aid sustainability including health checks and funding. The support provided has enabled organisations to increase resilience and develop services to meet current needs. Funding, advice, compliance, and governance support continues to be in demand.

Grant Awards Programmes

During this financial year CVST has managed 15 grants programmes on behalf of the NEE CCG, NEE Alliance, Essex County Council, NAVCA, Active Essex and Tendring District Council. The funds included Food and Fuel, Contain Outbreak Management Fund (COMF), Cervical Cancer Screening, Winter Resilience, Hyperlocal funding, TDC Community Champions, Dementia Confident Communities, Active Essex Small Grants and Realising Ambitions, as well as the funding made available through the Live Well Domains. 78 Organisations were awarded a total of £1,278,997 to deliver activities in the Tendring district. CVST is also represented on the Community Initiatives Fund Panel and the ECC Local Delivery Pilot.

Contain Outbreak Management Fund

In order to tackle some of the challenges that arose following the Covid-19 pandemic, funding was awarded from Essex County Council (both directly and through North-East Essex Clinical Commissioning Group) for a variety of projects to support the health and wellbeing of our population. This enabled the Charity to recruit a Volunteer Youth Co-ordinator in order to embed a culture of volunteering for the future. To also continue to deliver a wide range of physical activities, respond to the demands on our Social Prescribing service, promote the vaccination programme and activities to keep people safe and well and provide small grants to voluntary sector partners.

Community Renewal Fund

2022/2023 saw the completion of a successful partnership project with CVST, Abberton Rural Training, Colbea, Colne Radio and Paragon. Funded through Essex County Council from the Government's Community Renewal Fund this programme was designed to provide funding to help places across the UK prepare for the introduction of the UK Shared Prosperity Fund by contributing to the levelling up agenda by investing in people, places, businesses and communities improving everyday life across the UK, In Tendring, the Community Renewal Fund was being used to support the Seeds for Growth project which was designed to provide opportunities for people to gain skills in horticulture, media, care and self-employment. CVST worked with project partners to monitor and evaluate the project and to promote it through raising awareness, social media campaigns and social prescribing. 196 learners participated in courses through the project and 228 people were supported in total.

Events

CVST hosted 7 Surgeries hosting funders such as The National Lottery Community Fund, Active Essex, Grassroots Charity, Tudwick Foundation and the Colchester Catalyst Charity. 44 member organisations attended who, as a result of funding advice given, secured funding and are able to continue and/or develop their services. The surgeries have proved extremely popular to organisations looking to initiate new services and/or expand including increasing the opportunity for future collaboration and partnership work. Funding secured for local organisations employing local staff will contribute to the health of the local economy, keeping people in employment who will spend money locally, which in turn helps to strengthen the local economy. 2 Network Breakfasts were held during the year with 38 attendees who appreciated the opportunity to share knowledge and information, connect with peers, partners and members, some of whom have forged strong collaborations.

In addition to the support provided CVST held a number of events as an opportunity for networking, showcasing projects and organisations, raising funds and developing partnerships. The Town Centre Community Fair enabled the 21 organisations participating to showcase their services to the local population visiting the Clacton Air Show. The Victorian Christmas Market had 22 stalls booked for this annual event which attracts nearly 2,000 people. Local organisations use this event to raise much needed funds and to promote their charity, services and activities.

Community Centres and Villiage Halls Forum

Community facilities throughout the district closed during the pandemic and struggled to reopen safely after Covid lockdowns. CVST responded by facilitating regular meetings held online and in person at various community halls. Members appreciated the opportunity to come together and support each other with resources, training opportunities, information and expertise. Topics discussed covered Community Asset Reporting, Volunteering, Training, Social Media top tips, Vaccinations in the Community and practical support such as heating and plumbing. Concerns, ideas and successes have been shared amongst the attendees. There were 2 meetings during 2022/23 with 40 attendances.

Older People's Forum

The Tendring Older People's Forum meets bi-monthly at the Community Association centre in Frinton on Sea and is very well attended. It brings together people and organisations who represent older people in the Tendring District. Its purpose is to get people to discuss issues of concern to older people, such as loneliness, health, mobility, dementia, digital access, housing, end-of-life, transport and much more. There are speakers and feedback is regularly reported to the CVST board of Trustees.

Volunteers

CVST values the contribution made by volunteers. They bring a wealth of talent, gifts and skills and contribute to the vibrant and caring culture inherent in the organisation which is why volunteer recruitment is a vital cog and continues to be a rolling programme. As volunteers have left to go on to new opportunities so new volunteers have joined reflecting no change to the total number of volunteers currently active. There are 260 volunteers who are involved in a variety of roles including physical activities, administration, reception, catering, gardening, litter picking, befriending, shopping, meals on wheels, caring, mentoring, Men's Shed, meeting and greeting, IT support, research, governance and group leadership to name just some. Volunteers continued to support the covid vaccinations during the winter months across the district at surgeries and at pop up events. The volunteers are recruited and supported by the Volunteer Co-ordinator who runs the comprehensive induction and ongoing training. In addition, there are regular volunteer 'get togethers' and annual 'Beach Hut Thank You' events during National Volunteers Week. Nearly 31,000 hours were donated by our volunteers which equates to a monetary value of approximately £310,000 based on a minimum wage. Volunteers are re-imbursed for any costs incurred and have induction and training in Lone Working, GDPR, Making Every Contact Count and Safeguarding. When our volunteers take further qualifications, gaining skills and confidence and secure employment, it is a testament to the volunteering project's efficacy. Many more are empowered to lead activities and groups, thus creating a connected, vibrant and thriving community.

Youth Volunteering

The CVST Youth Inspired Tendring group for ages 16-18 years and up to 21 years with additional needs is now established and a regular weekly safe place where young people can meet and plan one-off micro volunteering in areas of interest to them and actively get involved to volunteer in a supportive environment.

From April 2022 – April 2023 the project has had 27 Young people take part with 507 hours of volunteering completed including a Christmas appeal, recycling, litter picking, supporting homeless projects and gardening for older people.

Volunteer Essex Tendring Centre

A vital part of the voluntary sector is volunteering. CVST co-ordinates the Volunteer Essex / Tendring platform and supports organisations to promote their volunteer opportunities across the Tendring district via social media and the CVST ebulletin.

Volunteering continues to increase. We have seen an increase in volunteer registrations by a further 106 on last year's numbers. 18 new organisations have registered with 65 new volunteering opportunities created by them and existing organisations.

Partnerships

Partnership meetings attended include: Suffolk and NEE Integrated Care System (SNEE ICS), the launch of the SNEE ICB and Expo, SNEE VCSE Strategy meetings and Steering Group meetings, NEE Health and Wellbeing Alliance, the Alliance Strategy Group, the Alliance Committee, NEE Alliance Health Inequalities, Alliance Operational Group, Neighbourhood work and Live Well Domains, NEE Alliance Funding Panels, Community Asset Mapping, NEE Mental Health Committee, End of Life Board, Essex County Council Strengthening Communities, ECC Community Initiatives Fund Panel, Dementia Action Alliance, Essex CVS and Volunteer Essex, Essex VCS Emergencies Partnership, Tendring Independent Advisory Group (IAG) Tendring District Council Health and Wellbeing Board, Tendring Workforce Group.

North Essex Integrated Community Services (NICS)

The NEE Integrated Community Services partners meet regularly to discuss the establishment of community health services. The priority is to embed governance arrangements and then embark on the development of innovation and transformation of community health and care services.

Tendring Together

Tendring Together, hosted by CVST, is a partnership of local charities brought together to showcase community services and act as a commissioning marketplace. In addition, Tendring Together helps to ensure local charities have easy access to much needed support in order to achieve sustainability.

The importance of our voluntary sector in being able to contribute to meeting local needs has been recognised by our partners by an increase in funding available to the sector through the NEE Alliance Live Well Domains. This has enabled voluntary organisations to support and increase their services which are vital for communities. On behalf of Tendring Together, CVST has been the delivery partner of choice for this work locally given its local links and trusted reputation.

Cost of Living Crisis Action Group

In response to the Fuel Poverty Crises and the associated cost of living pressures CVST pulled together local activity to support both communities and the community and voluntary organisations that they depend on. Information about support available was made available in a number of different media and promoted widely. CVST worked with funders of small grants that we administer to agree that the available funding could be used to support local Tendring based organisations to meet the increase in their utility bills. Meetings have been held throughout the year and attendees are better informed about resources available to share with their clients and members.

Community Asset Mapping

Our Community Asset Mapping work has continued during the year with deep dives into local assets. Comprehensive reports around the Feel Well, Die Well and Stay Well domains have been produced which are being used to drive the agenda for local services and system working and the local grant making through the Alliance. This is now being supplemented at CVST through our Volunteer Researchers who are out and about in the community finding those smaller community groups and micro-organisation.

Neighbourhood Working

As part of the Alliance, CVST agreed to support Neighbourhood Working within Tendring through the employment of a Neighbourhood Connector. It is anticipated that Neighbourhood working will tackle some of the social and economic problems that can affect health. It will help to reduce inequalities and create more patient-focussed health and social care services for each community through Health and social care providers and voluntary organisations working closely together in Local Neighbourhood Teams (LNTs) to help communities bring their vision to life.

Dementia Confident Communities

Funded through the NEE CCG, the aim is to collaborate with partners to improve the lives of people with dementia and their families through a Dementia Confident Communities programme. The project brought together local organisations including Dementia Adventure and Age Well East to raise awareness of services available and encourage people who need them to access them.

Cultural Awareness Project

The Covid-19 pandemic highlighted the disparity for people from minority ethnic communities in relation to harm from the virus, accessing the vaccination and trust in health and care services. In addition, CVST and health and care colleagues had identified many other health inequalities facing people from culturally diverse communities including a significantly increased risk of Black and Asian women dying during pregnancy, an increased risk of diabetes for people from South Asian, Black and Caribbean communities and higher than average numbers of people from ethnic communities living with poor health. As a result, funding from NEE CCG/SNEE ICB was provided to tackle these inequalities and to increase cultural diversity and awareness and bring communities together to ensure improved access to health and care services and better health and wellbeing outcomes. Weekly activity groups including the Sister Circle, language classes, yoga, gardening sessions took place throughout the year. Annual events celebrating diverse cultures including Black History month, Eid and Windrush are all helping to raise cultural awareness and encourage, promote and improve access to local services across the district.

Support for Ukrainian People

Due to the war many people had to leave their homes in Ukraine and Britain was one of the countries who opened their doors. CVST worked with partners to ensure that information, advice and support was available to anyone moving to the district from Ukraine who might need additional help.

CVST continue to support Ukrainian guests and their UK hosts. We offer a friendship coffee morning on a weekly basis so they can access support and network with others in the same situation. The work was recognised at a national level by NAVCA who provided funding for CVST to work with Refugee, Asylum and Migrant Action (RAMA), another local organisation with specialist experience in providing advice and advocacy and working with displaced people.

Social Prescribing

The CVST Social Prescribing project is commissioned by the NEE CCG/SNEE ICB, the Primary Care Networks and Provide's Essex Wellbeing Service and is now firmly established within the community within all 22 GP Surgeries across the district. The social prescribing team also support the Urgent Care Response Service and Community Rehabilitation Team. These services prevent unnecessary hospital admissions. As part of the Discharge team at Colchester Hospital, social prescribers provide essential discharge packages for people leaving hospital and this is funded by a personalised care grant thus preventing unnecessary readmission. Addressing the social issues which affect people's wellbeing, the team works with individuals to connect them to community resources and services to help build resilience and improve health outcomes. Throughout 2022/2023, the team has experienced a significant increase in referrals to a total of 5,170 with 1,783 from GP surgeries and 1,705 from the hospital discharge team and this is continuing to rise. 2,290 patients were supported to access community activities to alleviate health issues such as chronic loneliness and given emotional and practical support in terms of financial, winter packs and support with food and fuel. The team supported all to help achieve their wellbeing goals. A recent outcome survey was completed by a sample of these individuals where 81% strongly agreed that social prescribing was there when they needed it, with 71% agreeing that they did not know anywhere else to go for assistance if there was not a social prescribing service. 95% found the support very helpful, easy to understand and follow. People are given the opportunity to volunteer as this is seen as an essential pathway to getting well and is promoted and encouraged when appropriate. Popular activities include the Kennedy Way Community Garden, the Men's Shed, Essex Pedal Power, walking groups and friendship groups.

Hospital Discharge and Urgent Community Response Services (UCRS)

Funding was awarded to support UCRS and Hospital Discharge service, to assist with timely discharges and avoid admissions through the provision of furniture moving and removal, decluttering and deep clean services. A team of social prescriber link workers engaged with and supported 870 beneficiaries with their general wellbeing and assisted people to feel more secure and happy to stay in their own homes and this included the fitting of 26 key safes and undertaking 66 deep cleans.

To prevent admissions into hospital and GP visits caused by a decline in beneficiaries' health and wellbeing, funding was secured to target these factors before they decline (such as fleeing domestic violence, affected by the cost of living or low-income families). Discretionary items were purchased, including 21 beds, equipment such as slippers, white goods including fridges and microwave, and food parcels.

Our social prescriber continues to support the St Helena Hospice End-of-Life programme and attending regular meetings with St Helena Hospice and local groups involved in End-of-Life Care and the Compassionate Communities group. This initiative was set up by St Helena Hospice to link together local charities and organisations to ensure that individuals at their final stage of their life are aware of what is available to them in their community. We are also working with local care homes to promote the My Care Choices Register (MCCR) with residents.

SHELLS and the SOS Bus

CVST plays an active role on the award-winning SHELLS project which supports people who are homeless or at risk of homelessness. Through this partnership, weekly support is provided by the social prescribing team on the SOS bus in Clacton and Harwich.

Healthier Independent Longer Lives (HILL)

The Healthier Independent Longer Lives (HILL) Project, recently awarded short term funding by the SNEE ICB, offers empowerment and community development through asset-based activities putting people in the lead. These activities, supported by an army of volunteers, help to reduce loneliness, increase levels of physical activity, improve confidence, increase skills and employability, improve wellbeing and enable independence.

The project runs over 30 activities each week, attended by over 1,000 people. These activities include activities both green and blue social prescribing and many others designed to improve people's quality of life.

The aftermath of a global pandemic has increased the number of isolated individuals and bought further pressures to families which created additional strains for everyone, especially young people. As a result of this, HILL activities have become even more essential in supporting positive mental health. HILL has welcomed an additional 600 individuals into HILL activities.

The aim of HILL is to support people gain healthier happier more independent longer lives. This is achieved by encouraging people to volunteer, take up community action and to spread care, compassion, and kindness within our communities. To date, members and volunteers of the project have donated over 335 acts of kindness to people in their communities and neighbourhoods.

The HILL Team have spent the year placing added emphasis on inclusion and promoting activities suitable for everyone which has led to a need for a community group focusing on those with additional needs. 126 people with a learning disability have joined and attended one or more of our groups. Having inclusive community groups has played a vital role especially since the closure of two of Clacton's groups; Plough Corner and Cadows and has welcomed members from the Clacton Community Connexions (CCC) to various groups and activities. As a result, there has been a shift in the age groups of people requiring support to join a social group and so far, we have welcomed 60 new members who are under the age of 65 years.

As well as increasing numbers within existing groups, volunteers were supported to create "new" activities including a community walk in Walton and Manningtree, a swimming group and individual swimming lessons in Clacton. A total of 3,131 individual fitness sessions were delivered, supporting the community with opportunities to improve their health, fitness, and mobility.

Dementia Café

The Dementia Café at Imperial House Clacton continues to grow from strength to strength and over the past year, 140 people were signposted to engage in a dementia activity and 115 of these people participated in a dementia activity for the first time.

The Dementia Café has taken part in research projects with both Anglia Ruskin University and Essex University to identify the effects of the Covid pandemic and inpatient care at Colchester General Hospital for those living with Dementia. CVST were proud to be accredited once again with Dementia Friendly Communities Status and we continue to support carers and those living with dementia. We also offer social prescribing support and referrals to other carer support organisations such as Essex Carers Support, Carers First, Essex Cares and the promotion of our in-house Dementia Friends Awareness Sessions.

In February 2023, the Dementia Café volunteers were nominated by Councillor Mark Stephenson for a Pride of Tendring award and volunteers from the Café attended the ceremony at Clacton Town Hall to accept the award on behalf of the Café. Volunteers and staff agreed it was a wonderful evening and the award is now in pride of place at Imperial House alongside the previous year's award that was presented to our fabulous vaccination volunteers for their help with the vaccine rollout.

Kennedy Way Community Garden - Phase Two

The Kennedy Way Community Garden led by CVST, is the result of consultations with NHSPS and the SNEE ICB Local Estates Forum. It was designed by CVST volunteers supported by the CVST Volunteer Co-ordinator whose vision ensured a vibrant space was created. The garden is now a place where people can meet, volunteer, make friends, join the Men's Shed, be physically active in the garden, access the cycling scheme and access the outdoor gym. It has been a monumental success and has been nationally cited as a blueprint for other schemes across the country. NHSPS has funded phase 2 of the project which includes the installation of a Community Hub with solar panels, an Upcycling Hub, a wildlife area, a pergola, additional planting and paths and facilities for visitors. To date, 30 volunteers have been involved and over 200 people including staff from the Kennedy Way Medical Centre, patients and members from various voluntary groups have all benefitted from visiting this green unique space.

Training

Although the worst of the effects of the pandemic have receded there has been a residual effect on face-to-face training. Organisations and individuals have accelerated the move towards an increased reliance on internet-based learning. However, CVST have continued to provide a significant number of face-to-face learning opportunities which have been taken up by voluntary and community organisations, CVST staff and volunteers and the general public. There were 371 enrolments on 32 training courses including: Making Every Contact Count, Fuel Poverty Managing Conflict, LGBTQ+ Awareness, Listening Skills, Virtual Dementia Tour, Mental Health Awareness.

eLearning has significantly increased this year using platforms such as IHASCO and others. 80 individuals took part in 899 modules.

Apprenticeships

CVST is currently supporting apprentices taking IT qualification and another in Leadership with plans to recruit an admin apprentice.

Premises

CVST owns premises: Imperial House in Clacton, the Harwich and Dovercourt Hub and has purchased the building at 274 High Street, Dovercourt. The charity also owns the Clacton Lunch Club, two Beach Huts in Clacton and one in Dovercourt with 1,000's of people accessing these resources. For example, winter warm packs, IT/digital, meals, befriending, dementia, transport, volunteering, information and guidance covering many topics. New services and groups are now running from the Hubs. Maintenance and repairs continue with the ambition to significantly reduce our carbon footprint by installing more efficient LED lighting, solar panels and smart meters.

Beach Huts

The Beach Huts were maintained and prepared for the 2022 season and have grown in popularity primarily for the benefit of affiliated members and voluntary organisations to use for their clients and service users.

Lunch Club

The lunch club has continued to offer meals on wheels as a partnership with the social prescribing team's support for people coming out of hospital. The number of clients accessing the Lunch club face to face are increasing day by day with an average of 300 meals supplied each month reducing loneliness and enabling independence.

Resilience Project

The project is funded by SNEE ICB and ECC. The aim is to help people to become more resilient by improving their health, staying well, warm and better connected with projects such as social prescribing during winter, as well as reducing dependence on statutory sector services. This year, the project has been vital in helping to keep people safe and warm and reduce hospital admissions and to prevent readmission to hospital.

Objectives
- Reducing GP visits and hospital admissions and isolation
- Supporting people to build up their own skills/resilience to self-care and promote better health
- Building community cohesion by directing people to services and support
- Ensuring there is a resilience plan to deal with crisis situations
- Providing direct emergency support

Winter packs were delivered this year via flu clinics, the SOS Bus, the Trinity Church and door drops in Jaywick Sands, Walton, Parkeston and Harwich targeting those most in need and those with long term health conditions, poor housing and/or vulnerable. Packs were also distributed from referrals managed by the social prescribing team and via community collection points, warm hubs and referrals from trusted partners. Assistance has increased significantly with over 1,100 households and families supported with winter resources, 875 of these being new beneficiaries to the project. 74 referrals were made to Social Prescribing and 225 households were referred to Essex Fire service. 12 households were referred to external organisations for additional support with housing issues.

Household support fund and food and fuel vouchers

As part of the response to the cost-of-living crisis CVST have been working with 'Trusted Partner' organisations on the delivery of 'Food and Fuel' vouchers for people within our local community who find themselves in need. During this financial year, working with 35 organisations £20,276 has been distributed thanks to funding from Essex County Council' Food Support Grant, the DWP Household Support Fund and TDC's Community Fund. 245 families were supported with food and fuel vouchers.

LDP Street Tag and Beat The Street

The Local Delivery Pilot (LDP) is funded by Sport England and led by Active Essex, to build healthier more active communities in Essex. CVST actively promotes physical activity and is an active partner in the LDP. CVST has embraced the "gamification" of Harwich, Dovercourt and Walton with Street Tag while Clacton and Jaywick Sands participated in Beat the Street. These games encouraged residents to become more active by motivating them to compete either as individuals or as part of community or school team. The Street Tag game covered 3 seasons and encouraged individuals to collect tags at various locations and overall, a total of 165,567,603 steps were covered over a range of 197,160 miles. A total of 363,793 tags were collected. The most recent game showed an increase in the number of people taking part and the number of miles covered. This shows that the interest in app-based games is increasing in these areas.

The Beat the Street game was held over a 6-week period and involved 3,614 residents who covered a total of 38,019 miles. Among the players taking part, almost half were children and over 90% came from areas of deprivation. At the start of the game, 32% considered themselves inactive, 26% considered themselves to have a long-term health condition while 8% described themselves as having a disability. As a result, 38% of the inactive adults and 46% of inactive children became active by playing the game.

In March 2023, 328 Harwich residents played an app only Beat the Street game for 2 weeks which covered 3,286 miles and this game was also played in Clacton and Jaywick. Positive impact is shown by an increase of activity which has continued long after the game had finished.

The Essex Pedal Power project continues to enjoy support from the CVST HILL team to help build capacity and has enabled 1,300 bicycles to be given to the residents of Clacton and Jaywick Sands. In the past year, a total of over 131,000 kilometres (over 80,000 miles) were covered by bikes supplied through the scheme and almost 47,000 trips have been taken by their riders over 364 days. The result of using these bikes is a saving of almost 16,000 kilograms of CO2 emissions and this is providing a positive impact on our environment.

4. QUALITY ASSURANCE

The Charity retains the internationally recognised quality standard ISO 9001 maintaining high standards across all internal systems and management, customer services and satisfaction. ISO 9001 scrutinises internal systems and governance and ensures the organisation adheres to legal and financial frameworks. This work is undertaken by the CVST audit sub-committee and is externally audited. It is an objective to once again, attain the NAVCA quality assurance award.

5. FINANCIAL OVERVIEW

The Charity has been successful in securing funding from a variety of sources including Essex County Council, ESNEFT, the NHS (NEE CCG/SNEE ICB), Primary Care Networks, Tendring District Council, Lloyds Bank Foundation, Provide, Essex Community Foundation, NAVCA, EALC and the Tudwick Foundation. This funding enables the charity to deliver much needed support and services and to respond to the needs of our local community.

6. RESERVES POLICY

The Board of Trustees are pleased to report that the Charity's free reserves are sufficient to cover 12 months running costs, property maintenance, management, redundancy, administration and support costs and any potential liabilities in line with its established reserves policy. The Trustee Board aim to maintain sufficient reserves to ensure the charity remains sustainable in the event of a significant drop in funding or any unforeseen events which would impact on its viability and sustainability.

7. FUTURE PLANS

It is the intention of the Charity to pursue the following objectives during the year 2023/2024:

1. To respond to the cost-of-living crisis by ensuring people in need have access to appropriate information, advice and practical support by leading, supporting and mobilising the Cost of Living Forum.
2. Continue to strengthen and build resilience in the voluntary sector through the Tendring Together Strategic Partnership, by awarding grants, sharing expertise, building vibrant sustainable and stronger communities.
3. To secure lottery funding to ensure the achievements of the HILL programme continues and expands to alleviate chronic loneliness, unemployment, and physical inactivity.
4. To develop the activities being delivered in partnership with local people, raising cultural awareness and promoting equality, diversity, and inclusive communities.
5. Increase the charity's presence in local hospitals to support hospital discharge and to work in partnership at the new Clacton Diagnostics Hub and further enhance the social prescribing offer via the personalisation budgets.
6. To continue engaging with the local population and member groups, undertake a deep dive community asset mapping into the Age Well and Be Well domains as part of the Neighbourhoods work with partners.
7. To continue building and cementing relationships with Primary Care Networks to complement support and well-being for local people.
8.To continue to review and assess CVST services and support, improve and develop facilities to keep people healthy and safe.
9. Continue to develop digital expertise within charities and communities
10.To continue to work in collaboration with system partners to tackle health inequalities and the wider determinants of health at a place level.

8. ACKNOWLEDGEMENT

The Trustees thank the staff and volunteers for their conscientious commitment during the past three years which have been challenging. Thanks are also given to our many funders and supporters including but not exclusively: Essex County Council Public Health and Local Delivery Pilot, NEE Clinical Commissioning Group, the NEE Health and Wellbeing Leadership Alliance, the Suffolk and NEE ICB, Tendring District Council and Essex Community Foundation for their vital support for which the Charity is extremely grateful.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charitable Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each of the persons who are Trustees at the time when this Trustees' Report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's auditor is unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

Small Companies note

In preparing this report, the Trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

Auditor

Our auditors Scrutton Bland LLP transferred their audit registration and therefore that part of their business to a newly incorporated limited liability partnership, SB Audit LLP, on 1 April 2023. Accordingly, Scrutton Bland LLP formally resigned as the Charitable Company's auditor with the Trustees duly appointing SB Audit LLP to fill the vacancy arising.

The auditor, SB Audit LLP, has indicated their willingness to continue in office. The designated Trustees will propose a motion reappointing the auditor at a meeting of the Trustees.

Approved by order of the members of the board of Trustees on 31/8/23 and signed on their behalf by:

Brenda Ellis

Brenda Ellis
(Chair of Trustees)

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES

Opinion

We have audited the financial statements of Tendring Community Voluntary Services (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities (incorporating Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

Other information

The other information comprises the information included in the Annual Report other than the financial statements and our Auditors' Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

Responsibilities of trustees

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditors' responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, through discussion with the Trustees (as required by auditing standards), inspection of the Charitable Company's regulatory and legal correspondence and discussed with the Trustees the policies and procedures regarding compliance with laws and regulations. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

The potential effect of these laws and regulations on the financial statements varies considerably.

Firstly, the Charitable Company is subject to laws and regulations that directly affect the financial statements including financial reporting legislation, distributable profits legislation and taxation legislation and we assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statement items.

Secondly, the Charitable Company is subject to many other laws and regulations where the consequences of non-compliance could have a material effect on amounts or disclosures in the financial statements, for instance through the imposition of fines or litigation. We identified the following areas as those most likely to have such an effect: health and safety, safeguarding, employment law, The Equality Act 2010 and GDPR. Auditing standards limit the required audit procedures to identify non-compliance with these laws and regulations to enquiry of the Trustees and other management and inspection of regulatory and legal correspondence, if any.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: enquiries of management and those charged with governance as to whether the Charitable Company complies with such regulations; enquiries of management and those charged with governance concerning any actual or potential litigation or claims, inspection of relevant legal documentation, review of board minutes, testing the appropriateness of journal entries and the performance of analytical review to identify any unexpected movements in account balances which may be indicative of fraud.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

No instances of material non-compliance were identified.

There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' Report.

Use of our report

This report is made solely to the Charitable Company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the Charitable Company's trustees those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charitable Company and its trustees, as a body, for our audit work, for this report, or for the opinions we have formed.

Timothy O'Connor (Senior Statutory Auditor)
for and on behalf of
SB Audit LLP
Chartered Accountants and Statutory Auditor
820 The Crescent
Colchester Business Park
Colchester
Essex
CO4 9YQ

Date: 6/9/23

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2023

	Note	Unrestricted funds 2023 £	Restricted funds 2023 £	Endowment funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:						
Grants and donations	4	**936,432**	**944,071**	**-**	**1,880,503**	2,991,909
Charitable activities	5	**83,726**	**169,363**	**-**	**253,089**	82,784
Other trading activities	6	**4,699**	**690**	**-**	**5,389**	8,142
Investments	7	**25,061**	**-**	**-**	**25,061**	1,835
Total income and endowments		**1,049,918**	**1,114,124**	**-**	**2,164,042**	3,084,670
Expenditure on:						
Charitable activities	9	**989,517**	**1,033,341**	**3,575**	**2,026,433**	1,406,075
Total expenditure		**989,517**	**1,033,341**	**3,575**	**2,026,433**	1,406,075
Net income/ (expenditure) before net gains on investments		**60,401**	**80,783**	**(3,575)**	**137,609**	1,678,595
Net gain on investment property		**24,215**	**-**	**-**	**24,215**	-
Net movement in funds		**84,616**	**80,783**	**(3,575)**	**161,824**	1,678,595
Reconciliation of funds:						
Total funds brought forward		**1,369,971**	**1,563,975**	**350,315**	**3,284,261**	1,605,666
Net movement in funds		**84,616**	**80,783**	**(3,575)**	**161,824**	1,678,595
Total funds carried forward		**1,454,587**	**1,644,758**	**346,740**	**3,446,085**	3,284,261

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 26 to 43 form part of these financial statements.

BALANCE SHEET
AS AT 31 MARCH 2023

	Note		2023 £		2022 £
Fixed assets					
Tangible assets	13		**1,068,927**		1,091,698
Investment property	14		**137,655**		-
			1,206,582		1,091,698
Current assets					
Debtors	15	**503,255**		255,031	
Cash at bank and in hand		**2,216,682**		2,924,460	
		2,719,937		3,179,491	
Creditors: amounts falling due within one year	16	**(262,934)**		(604,428)	
Net current assets			**2,457,003**		2,575,063
Total assets less current liabilities			**3,663,585**		3,666,761
Creditors: amounts falling due after more than one year	17		**(217,500)**		(382,500)
Net assets excluding pension asset			**3,446,085**		3,284,261
Total net assets			**3,446,085**		3,284,261
Charity funds					
Endowment funds	19		**346,740**		350,315
Restricted funds	19		**1,644,758**		1,563,975
Unrestricted funds	19		**1,454,587**		1,369,971
Total funds			**3,446,085**		3,284,261

BALANCE SHEET (CONTINUED)
AS AT 31 MARCH 2023

The financial statements have been prepared in accordance with the special provisions applicable to charitable companies subject to the small companies' regime. In the Trustees' opinion the Charitable Company is entitiled to these exemptions as a small company.

The financial statements were approved and authorised for issue by the Trustees on 31/8/23 and signed on their behalf by:

Brenda Ellis

Brenda Ellis
(Trustee)

The notes on pages 26 to 43 form part of these financial statements.

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023

	Note	2023 £	2022 £
Cash flows from operating activities			
Net cash (used in)/provided by operating activities	22	**(602,263)**	1,959,267
Cash flows from investing activities			
Interest received		**14,544**	1,835
Purchase of tangible fixed assets		**(92,404)**	(19,949)
Purchase of investment properties		**(27,655)**	-
Net cash used in investing activities		**(105,515)**	**(18,114)**
Cash flows from financing activities			
Net cash provided by financing activities		**-**	**-**
Change in cash and cash equivalents in the year		**(707,778)**	**1,941,153**
Cash and cash equivalents at the beginning of the year		**2,924,460**	983,307
Cash and cash equivalents at the end of the year	23	**2,216,682**	2,924,460

The notes on pages 26 to 43 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1. General information

Tendring Community Voluntary Services is a charitable company limited by guarantee, incorporated in England and Wales, registered company number 05325167 and registered Charity number 1108177. The address of the registered office is Imperial House, 20-22 Rosemary Road, Clacton On Sea, Essex, C015 1NZ.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Tendring Community Voluntary Services meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Going concern

After reviewing the charitable company's forecasts and projections, together with all known factors, the Trustees have a reasonable expectation that it has adequate resources to continue in operational existence for the foreseeable future. The entity therefore continues to adopt the going concern basis in preparing its financial statements.

2.3 Income

All income is recognised once the Charitable Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income is deferred only when the charitable company has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Other income is recognised in the period in which it is receivable.

2. Accounting policies (continued)

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charitable Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charitable Company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 Taxation

The Charitable Company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charitable Company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.7 Tangible fixed assets and depreciation

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following bases:

Freehold property	- 1% straight line
Beach Hut	- 10% straight line
Motor vehicles	- 20% straight line
Fixtures and fittings	- 6% - 25% straight line
Computer equipment	- 33% straight line

2. Accounting policies (continued)

2.8 Investment properties

Investment properties are included at valuation with revaluation gains/losses passing through the Statement of Financial Activities.

2.9 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered.

2.10 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.11 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charitable Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

2.12 Financial instruments

The Charitable Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

2.13 Pensions

The Charitable Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charitable Company to the fund in respect of the year.

2.14 Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charitable Company. The Trustees seek to designate these funds wherever possible.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charitable Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Endowment funds are funds that cannot be used as if they are income i.e. they cannot be used to make payment or grants to others.

Investment income, gains and losses are allocated to the appropriate fund.

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The more significant judgements and estimates involved in the preparation of the financial statements include assessing the depreciation rates applicable to tangible fixed assets, the valuation of investment properties and the way in which certain costs should be apportioned. Further details regarding these points are included within the accounting policies.

4. Income from grants and donations

	Unrestricted funds 2023 £	**Restricted funds 2023 £**	**Total funds 2023 £**
Donations	81,220	4,247	**85,467**
Grants	855,212	939,824	**1,795,036**
	936,432	944,071	**1,880,503**

	As restated Unrestricted funds 2022 £	As restated Restricted funds 2022 £	Total funds 2022 £
Donations	13,836	-	13,836
Grants	1,526,405	1,451,668	2,978,073
	1,540,241	1,451,668	2,991,909

All income above relates to community support service activities for both years.

5. Income from charitable activities

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Contributions from Imperial House	78,250	169,363	**247,613**
Management and other fees	2,925	-	**2,925**
Other Charitable Activities	2,551	-	**2,551**
	83,726	169,363	**253,089**

	Unrestricted funds 2022 £	Total funds 2022 £
Contributions from Imperial House	75,394	75,394
Management and other fees	2,530	2,530
Other Charitable Activities	4,860	4,860
	82,784	82,784

All income above relates to community support service activities for both years.

6. Income from other trading activities

Income from fundraising events

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Beach Hut etc	4,699	-	**4,699**
Community Fair	-	690	**690**
	4,699	690	**5,389**

6. Income from other trading activities (continued)

Income from fundraising events (continued)

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Beach Hut etc	3,978	-	3,978
Community Fair	-	335	335
Friendship cafe	-	3,829	3,829
	3,978	4,164	8,142

7. Investment income

	Unrestricted funds 2023 £	**Total funds 2023 £**
Investment property income	10,517	**10,517**
Bank interest	14,544	**14,544**
	25,061	**25,061**

	Unrestricted funds 2022 £	Total funds 2022 £
Bank interest	1,835	1,835

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

8. Governance costs

	Unrestricted funds 2023 £	Total funds 2023 £
Audit fees	8,500	**8,500**
Staff costs	12,156	**12,156**
	20,656	**20,656**

	Unrestricted funds 2022 £	Total funds 2022 £
Audit fees	7,800	7,800
Staff costs	12,000	12,000
	19,800	19,800

9. Analysis of resources expended by expenditure type

	Unrestricted funds 2023 £	Restricted funds 2023 £	Endowment funds 2023 £	Total funds 2023 £
Depreciation on fixed assets used for charitable purposes	23,673	2,142	3,575	**29,390**
Cost of activities in furtherance of the charity's objectives	889,044	1,087,343	-	**1,976,387**
Governance (note 8)	20,656	-	-	**20,656**
	933,373	1,089,485	3,575	**2,026,433**

	Unrestricted funds 2022 £	Restricted funds 2022 £	Endowment funds 2022 £	Total funds 2022 £
Depreciation on fixed assets used for charitable purposes	19,019	1,462	3,575	24,056
Cost of activities in furtherance of the charity's objectives	1,117,292	244,927	-	1,362,219
Governance (note 8)	19,800	-	-	19,800
	1,156,111	246,389	3,575	1,406,075

10. Net income/(expenditure)

	2023 £	2022 £
Net income/(expenditure) is stated after charging:		
Audit fees	**8,500**	7,800
Depreciation	**29,390**	24,056
Staff pension contributions	**16,818**	12,386

11. Staff costs

	2023 £	2022 £
Wages and salaries	**864,568**	645,729
Social security costs	**66,585**	39,029
Contribution to defined contribution pension schemes	**16,818**	12,386
	947,971	697,144

The average number of persons employed by the Charitable Company during the year was as follows:

	2023 No.	2022 No.
Employees	**44**	37

No employee received remuneration amounting to more than £60,000 in either year.

The aggregate remuneration of key management personnel was £83,424 (2022: £76,061).

12. Trustees' remuneration and expenses

During the year, one Trustee received £5,100 in respect of consultancy services (2022 - £13,863). These services were provided separately from their role as a Trustee.

During the year ended 31 March 2023, Trustee expenses have been reimbursed of £Nil (2022 - £99).

13. Tangible fixed assets

	Freehold property £	Fixtures and fittings £	Motor vehicles £	Total £
Cost				
At 1 April 2022	**1,290,018**	**193,140**	**-**	**1,483,158**
Additions	**18,000**	**66,904**	**7,500**	**92,404**
Transfer to investment properties	**(90,778)**	**-**	**-**	**(90,778)**
At 31 March 2023	**1,217,240**	**260,044**	**7,500**	**1,484,784**
Depreciation				
At 1 April 2022	**212,722**	**178,738**	**-**	**391,460**
Charge for the year	**18,120**	**9,770**	**1,500**	**29,390**
Transfer to investment properties	**(4,993)**	**-**	**-**	**(4,993)**
At 31 March 2023	**225,849**	**188,508**	**1,500**	**415,857**
Net book value				
At 31 March 2023	**991,391**	**71,536**	**6,000**	**1,068,927**
At 31 March 2022	1,077,296	14,402	-	1,091,698

13. Tangible fixed assets (continued)

The Charity's freehold property at 20/22 Rosemary Road, Clacton-on-Sea was valued as at 31 March 2013, at £700,000 (the net book value at that time was £567,763). The valuation was carried out by an External Valuer, P H H Wheaton FRICS of Fenn Wright, Chartered Surveyors. The valuation was undertaken in accordance with the requirements of the RICS Valuation - Professional Standards and the relevant financial reporting standards.

Land and buildings also include: 99 Carnarvon Road (Lunch club property) donated from Age Concern and 276 High Street, Dovercourt (fully operational from Autumn 2019).

The properties have been reviewed and it has been determined that part of the freehold property meets the definition of an investment property. This has therefore been transferred accordingly within notes 13 and 14.

14. Investment property

	Freehold investment property £
Valuation	
Additions	**27,655**
Surplus on revaluation	**24,215**
Transfer from fixed assets (see note 13)	**85,785**
At 31 March 2023	**137,655**

A full valuation of the investment property at 101 Carnarvon Road was carried out on 22 December 2022 which the Trustees deem sufficiently close to the year end. This valuation is based on open market valuations subject to current tenancy agreements. This was performed by Bairstow Eves.

The investment property at 274 High Street, Dovercourt was purchased in the year and the Trustees deem this valuation to be sufficiently close to the year end to be a suitable market valuation.

15. Debtors

	2023 £	2022 £
Trade debtors	**502,975**	255,031
Other debtors	**280**	-
	503,255	255,031

16. Creditors: Amounts falling due within one year

	2023	2022
	£	£
Trade creditors	**27,502**	15,084
Other taxation and social security	**-**	12,444
Other creditors	**5,057**	3,208
Accruals and deferred income	**230,375**	573,692
	262,934	604,428

	2023	2022
	£	£
Deferred income		
Deferred income at 1 April 2022	**948,392**	694,820
Resources deferred during the year	**6,875**	788,392
Amounts released from previous periods	**(515,892)**	(534,820)
	439,375	948,392

17. Creditors: Amounts falling due after more than one year

	2023	2022
	£	£
Accruals and deferred income	**217,500**	382,500

18. Financial instruments

	2023	2022
	£	£
Financial assets		
Financial assets measured at transaction price	**503,255**	255,031

	2023	2022
	£	£
Financial liabilities		
Financial liabilities measured at transaction price	**480,434**	974,484

Financial assets comprise trade and other debtors.

Financial liabilities comprise trade creditors, other creditors, accruals and deferred income.

19. Statement of funds

Statement of funds - current year

	As restated Balance at 1 April 2022 £	Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	Balance at 31 March 2023 £
Unrestricted funds						
CIC/Imperial House	**53,431**	**50,789**	**(25,675)**	**-**	**-**	**78,545**
Harwich Centre (HC)	**1,043**	**3,289**	**(3,850)**	**-**	**-**	**482**
Fundraising and sundry charitable accounts	**25,790**	**94,543**	**(78,179)**	**-**	**-**	**42,154**
Lunch Club (LC)	**321,174**	**18,448**	**(81,096)**	**-**	**-**	**258,526**
Resilience	**597**	**209,456**	**(94,737)**	**-**	**-**	**115,316**
Social Prescribing	**455,453**	**402,214**	**(457,558)**	**-**	**-**	**400,109**
Property maintenance reserve	**100,408**	**-**	**(17,178)**	**-**	**-**	**83,230**
Core TCVS	**347,577**	**218,436**	**(205,928)**	**-**	**24,215**	**384,300**
Health projects	**64,498**	**52,743**	**(25,316)**	**-**	**-**	**91,925**
	1,369,971	**1,049,918**	**(989,517)**	**-**	**24,215**	**1,454,587**
Endowment funds						
Building Development Fund	**350,315**	**-**	**(3,575)**	**-**	**-**	**346,740**

Included within unresticted funds is an accumulated surplus of £24,215 (2022 - £Nil) in respect of the revaluation of investment properties.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

19. Statement of funds (continued)

	As restated Balance at 1 April 2022 £	Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	Balance at 31 March 2023 £
Restricted funds						
Healthier Independent Longer Lives (HILL)	104,064	85,884	(124,435)	-	-	65,513
LDP	55,142	126,847	(136,137)	-	-	45,852
Grassroots	44	-	(44)	-	-	-
Colchester Catalyst: HC	91,238	-	(931)	-	-	90,307
Capital Fund	143,312	-	(1,462)	-	-	141,850
Men's Mental Health Community Fund	6,672	-	(6,672)	-	-	-
Essex Carers	40,000	-	(40,000)	-	-	-
Active Essex	1,192	-	(1,192)	-	-	-
Live Well	1,065,000	245,738	(483,181)	-	-	827,557
Sector Sustainability	44,048	350,262	(184,131)	-	-	210,179
Seeds 4 Growth	13,263	37,597	(50,860)	-	-	-
Winter warmth campaign	-	4,296	(4,296)	-	-	-
Tendring Place	-	263,500	-	-	-	263,500
	1,563,975	1,114,124	(1,033,341)	-	-	1,644,758
Total of funds	3,284,261	2,164,042	(2,026,433)	-	24,215	3,446,085

19. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2021 £	As restated Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	As restated Balance at 31 March 2022 £
Unrestricted funds						
CIC/Imperial House	49,295	62,196	(58,060)	-	-	53,431
Harwich Centre (HC)	-	2,601	(36,558)	35,000	-	1,043
Fundraising and sundry charitable accounts	24,288	3,978	(2,476)	-	-	25,790
Lunch Club (LC)	314,330	17,906	(26,062)	15,000	-	321,174
Resilience	39,733	167,117	(206,253)	-	-	597
Social Prescribing	54,710	641,631	(225,888)	(15,000)	-	455,453
Property maintenance reserve	100,408	-	-	-	-	100,408
Core TCVS	314,480	304,969	(271,872)	-	-	347,577
Health projects	-	428,440	(328,942)	(35,000)	-	64,498
	897,244	1,628,838	(1,156,111)	-	-	1,369,971
Endowment funds						
Building Development Fund	353,890	-	(3,575)	-	-	350,315

19. Statement of funds (continued)

	Balance at 1 April 2021 £	As restated Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	As restated Balance at 31 March 2022 £
Restricted funds						
Healthier Independent Longer Lives (HILL)	99,641	102,500	(98,077)	-	-	104,064
LDP	16,241	69,834	(30,933)	-	-	55,142
Grassroots	1,707	600	(2,263)	-	-	44
Colchester Catalyst: HC	92,169	-	(931)	-	-	91,238
Capital Fund	144,774	-	(1,462)	-	-	143,312
Men's Mental Health Community Fund	-	55,642	(48,970)	-	-	6,672
Essex Carers	-	40,000	-	-	-	40,000
Active Essex	-	1,492	(300)	-	-	1,192
Live Well	-	1,065,000	-	-	-	1,065,000
Sector Sustainability	-	100,660	(56,612)	-	-	44,048
Seeds 4 Growth	-	15,808	(2,545)	-	-	13,263
Winter warmth campaign	-	4,296	(4,296)	-	-	-
Tendring Place	-	-	-	-	-	-
	354,532	1,455,832	(246,389)	-	-	1,563,975
Total of funds	1,605,666	3,084,670	(1,406,075)	-	-	3,284,261

Descriptions of the various funds have been provided within the financial statements and the Trustees' Report.

20. Summary of funds

Summary of funds - current year

	As restated Balance at 1 April 2022 £	Income £	Expenditure £	Gains/ (Losses) £	Balance at 31 March 2023 £
General funds	**1,369,971**	**1,049,918**	**(989,517)**	**24,215**	**1,454,587**
Endowment funds	**350,315**	**-**	**(3,575)**	**-**	**346,740**
Restricted funds	**1,563,975**	**1,114,124**	**(1,033,341)**	**-**	**1,644,758**
	3,284,261	**2,164,042**	**(2,026,433)**	**24,215**	**3,446,085**

Summary of funds - prior year

	Balance at 1 April 2021 £	As restated Income £	Expenditure £	Transfers in/out £	As restated Balance at 31 March 2022 £
General funds	897,244	1,628,838	(1,156,111)	-	1,369,971
Endowment funds	353,890	-	(3,575)	-	350,315
Restricted funds	354,532	1,455,832	(246,389)	-	1,563,975
	1,605,666	3,084,670	(1,406,075)	-	3,284,261

21. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2023 £	Restricted funds 2023 £	Endowment funds 2023 £	Total funds 2023 £
Tangible fixed assets	311,158	411,029	346,740	**1,068,927**
Investment property	137,655	-	-	**137,655**
Current assets	1,373,708	1,346,229	-	**2,719,937**
Creditors due within one year	(187,934)	(75,000)	-	**(262,934)**
Creditors due in more than one year	(180,000)	(37,500)	-	**(217,500)**
Total	1,454,587	1,644,758	346,740	**3,446,085**

21. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior year

	As restated Unrestricted funds 2022 £	As restated Restricted funds 2022 £	Endowment funds 2022 £	Total funds 2022 £
Tangible fixed assets	388,313	353,070	350,315	1,091,698
Current assets	1,968,586	1,210,905	-	3,179,491
Creditors due within one year	(604,428)	-	-	(604,428)
Creditors due in more than one year	(382,500)	-	-	(382,500)
Total	1,369,971	1,563,975	350,315	3,284,261

22. Reconciliation of net movement in funds to net cash flow from operating activities

	2023 £	2022 £
Net income for the year (as per Statement of Financial Activities)	**161,824**	1,678,595
Adjustments for:		
Depreciation charges	**29,390**	24,056
Interest received	**(14,544)**	(1,835)
Gains on investments	**(24,215)**	-
(Increase)/decrease in debtors	**(248,224)**	11,757
(Decrease)/increase in creditors	**(506,494)**	246,694
Net cash (used in)/provided by operating activities	**(602,263)**	1,959,267

23. Analysis of cash and cash equivalents

	2023 £	2022 £
Cash in hand	**2,216,682**	2,924,460
Total cash and cash equivalents	**2,216,682**	2,924,460

24. Analysis of changes in net debt

	At 1 April 2022	Cash flows	At 31 March 2023
	£	£	£
Cash at bank and in hand	2,924,460	(707,778)	2,216,682
	2,924,460	(707,778)	2,216,682

25. Legal status

The charity is a company limited by guarantee and has no share capital.

26. Pension commitments

The Charitable Company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in an independently administered fund. The pension cost charge represents contributions payable by the charitable company to the fund and amounted to £16,818 (2022 - £12,386). At the balance sheet date £4,529 (2022 - £3,040) was payable to the fund and is included in creditors.

27. Related party transactions

During the year, a close family member of one of the Trustees purchased goods of £306 (2022 - £Nil) on behalf of the Charitable Company and was subsequently reimbursed. At the balance sheet date the amount owed to them was £Nil (2022 - £Nil).

Further disclosures are also included within note 12.

28. Prior year adjustments

The Trustees have identified a misallocation within the posting of grant income during the prior year. As a result, a prior year adjustment has been recognised within this year's financial statements to reallocate £78,000 of grant income received in the prior year from the Live Well fund to the Social Prescribing fund. This had no impact on the reported result of the prior year nor on total funds carried forward at 31 March 2022.

TENDRING COMMUNITY VOLUNTARY SERVICES

England & Wales - Charity number 1108177

Accounts

Registered number: 05325167
Charity number: 1108177

TENDRING COMMUNITY VOLUNTARY SERVICES

(A Company Limited by Guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

TENDRING COMMUNITY VOLUNTARY SERVICES
(A Company Limited by Guarantee)

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2022

Trustees	Brenda Ellis, Chairman Bob Newman, Vice Chair Dr Jonathan Geldard, Treasurer Charlotte Fitzgerald, Trustee (resigned 1 June 2022) Mark Norman, Trustee Michael Page, Trustee Tonia Parsons, Trustee (resigned 1 January 2022) Lucy Robinson, Trustee (resigned 1 January 2022) Indira Allen, Trustee (appointed 3 December 2021) Anne Brown, Trustee (appointed 3 December 2021)
Company registered number	05325167
Charity registered number	1108177
Registered office	Imperial House 20-22 Rosemary Road Clacton on Sea Essex CO15 1NZ
Company secretary	Sharon Alexander
Chief executive officer	Sharon Alexander
Independent auditor	Scrutton Bland LLP Chartered Accountants and Statutory Auditor 820 The Crescent Colchester Business Park Colchester Essex CO4 9YQ
Bankers	CAF Bank Limited Kings Hill West Malling Kent ME19 4JQ CCLA Investment Management COIF Charity Funds 80 Cheapside London EC2V 6DZ

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND ADVISERS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Solicitors	Ellisons 63-65 Station Road Clacton on Sea Essex CO15 1SA

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022

The Trustees, who are also directors for the purposes of company law, are pleased to present this report and the financial statements of Tendring Community Voluntary Services for the year ended 31 March 2022 which are also prepared to meet the requirements for the director's report and accounts for Companies House.

1. GOVERNANCE, OBJECTS, STRUCTURE AND PUBLIC BENEFIT

The Trustees are satisfied with the performance of the charity over the last 12 months up to year end 31 March 2022 and in particular, the unprecedented challenges of a worldwide pandemic and its impact on the community. The Trustees confirm that the charity is in a strong and healthy position and there are sufficient assets to continue delivering activities and to fulfil its obligations. The accounts comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and the Statement of Recommended Practice.

The Trustees have referred to the Charity Commission's general guidance on public benefit entitled 'Charities and Public Benefit' and are satisfied that the organisation's objects, activities, structure and strategic framework conforms with these requirements. Some of CVST's services which are accessed by members of the public, for example: Covid-19 activities including prescription collecting, shopping, IT support and physical activities or member organisations utilising our services are either free of charge or at minimum rates due to grants and fundraising income for this purpose.

a. Governing Document

The Trustees present their annual report and financial statements of the charity for the year ended 31 March 2022 which are also prepared to meet the requirements for the director's report and accounts for Companies House. The charity is also known as Community Voluntary Services Tendring, CVS Tendring and CVST. The charity was established in 1973 and was incorporated and registered as a charitable company limited by guarantee on 5 January 2005. In the event of the company being wound up, members are required to contribute £10.

Principal objects:

(A) To promote any charitable purposes for the benefit of the community in the local government district of Tendring and its environs, and in particular the advancement of education, the protection of health and the relief of poverty, distress and sickness.

(B) To promote and organise co-operation in the achievement of the above purposes and to that end to bring together in council representatives of the voluntary organisations and statutory authorities within the area of benefit. Provided that in carrying out these charitable purposes, the Council will seek to challenge all forms of oppression and inequality and to give priority to working with people whose full participation in society is limited by economic, political and social disadvantage.

The organisation has four core functions: Represent the broad issues of the voluntary sector and act as strategic partner, Encourage Liaison between agencies, Develop initiatives to meet identified gaps in the community and provide promotional and Support services for members.

Our mission is "leading and supporting voluntary action in Tendring and empowering local people".

b. Organisational structure and decision making

The Board meets six times a year. The board is responsible for the strategy, risk management, setting and reviewing policy and monitoring performance of the charity's activities and core services. Day to day management of the charity is delegated to the Chief Executive Officer who reports regularly to the Chairman. The Audit sub-committee takes delegated responsibility on behalf of the Board of Trustees for ensuring that there is a framework for accountability and scrutiny; for examining and reviewing all systems and methods of financial control; for maintaining the charity's quality standards and for ensuring the charity is complying with all aspects of the law, relevant regulations and good practice. The annual workplan is updated, priorities identified and agreed by the board. Our aim is to provide comprehensive support to achieve a vibrant and thriving voluntary sector which has the community at the heart of everything we do, to have the systems in place to meet funders' requirements and inspire confidence in stakeholders through quality assurance and to clearly and articulately represent the voluntary sector to public policy makers.

c. Risk management

The Trustees have examined major strategic, governance, business, financial and operational risks which the charity has and may face and have implemented the appropriate systems and monitoring to mitigate these. The potential reduction in grants secured from statutory organisations has been identified as a future risk to the charity and steps have been taken to alleviate this. The charity did not predict a worldwide pandemic and the impact it would have. However, overall, the charity's infrastructure proved to be robust and was able to respond appropriately to the emergency and needs of the community by supporting the redeployment and retraining of staff and volunteers not without challenges. The financial controls in place include the producing and reporting of budget performance, reporting mechanism for recording information and an accountability framework. Staff and Trustees are involved in reviewing and managing risk. Many aspects of risk management such as authorisation, monitoring and reporting, staff checks and appraisal, safety procedures - in particular health and safety and adequate insurance cover are embedded within the organisation. Internal financial controls conform to guidelines issued by the Charity Commission.

d. Recruitment and support of Trustees

The management of the charitable company is the responsibility of the Trustees who are elected from the membership and the wider community according to the Memorandum and Articles of Association. There shall be not less than six and not more than fifteen Trustees serving on the Board.

Trustees are volunteers and give their time freely. Trustees are required to declare conflicts of interest and withdraw from discussions and decisions where a potential conflict may arise.

Trustees receive induction, an information pack, access to regular training, and attend regular meetings with other Trustees. The charity usually holds an annual visioning day where personnel and Trustees review activities and agree priorities and strategic direction, however, during this challenging year, the charity had to prioritise and respond accordingly to the demands of the pandemic.

During the year, one trustee was paid for a specific piece of work carried out on behalf of the Charity which was undertaken according to the rules set out in its governing document.

e. Membership

CVST is a membership charity and continues to promote the benefits of affiliation to the sector. Applications for membership are approved by the Board and the Board has the right to refuse membership to any individual or organisation. Members are required to be committed to the furtherance of the objects of the charity. There were 135 member organisations during this year, a reduction on the previous year due mainly to the pandemic and associated restrictions, some of smaller groups and clubs were unable to continue operating. As restrictions gradually ease, groups are renewing membership and accessing further support and guidance to restart their activities.

f. Information services

We provide information from local and national sources for our members and wider audience through:

· Weekly e-bulletins
· Websites: www.cvstendring.org.uk and www.tendringtogether.org.uk
· Twitter: @cvstendring
· Facebook: www.facebook.com/cvstendring
· Imperial House Community Information Centre
· Dovercourt & Harwich Hub

The website and the organisation's branding has been refreshed and extended reflecting the rapid growth of the organisation. As a result there were 2,470 new users. Facebook followers have increased to 2,647 and Twitter followers have risen by a steady 12% to 1,290. An instagram and Linked In account have also been created as we identify new methods of engagement. We maintain a webpage for older people. CVST is also responsible for managing and maintaining the Tendring Youthnet website and facebook account which is a comprehensive resource for young people and the Tendring Together website which gives up to date information on the resources available for the local sector.

The weekly e-bulletin continues to gain momentum with 912 contacts, which is a 27% increase. The actual reach is estimated to be 9,000 contacts via members beneficiaries. There are 900+ organisations registered on the database which is maintained according to the GDPR. The database is a performance management tool and helps to identify trends and gaps in service.

2. ACTIVITIES

Policies and core functions

The organisation undertakes work on behalf of its members and continues to develop its activities. The charity has in place the necessary plans, policies and procedures in order to further the objects of the charity. The charity operates to five core functions which are to:

1. Promote and support the local voluntary sector
2. Identify unmet need and develop initiatives to meet that need
3. Encourage liaison between agencies
4. Represent an overview of the broad issues facing the local voluntary sector and act as a strategic partner

The Trustees have obligations as employers of staff and as owners of Imperial House – a community resource centre, the Lunch Club premises and the Dovercourt and Harwich Hub. There is an agreement in place with Essex County Council for the provision of CVST's core functions and key direct services such as depression screening, weight management, falls prevention and winter warm support. We also have an agreement with the National Lottery Community Fund for the successful project Healthier Independent Longer Lives (HILL) and with the North East Essex Clinical Commissioning Group to deliver Winter Resilience, Social Prescribing, Urgent Community Response Service and to produce a refreshed Community Asset Map of the district.

3. ACHIEVEMENTS AND PERFORMANCE - Review of activities

Our 2020/21 report focused significantly on our work during the Covid-19 pandemic and one year on, it is obviously still having a massive impact on our work. As the lockdowns began to ease, CVST's premises cautiously reopened for limited activities with strict social distancing measures in place. Limited numbers of staff returned to the office to work and hybrid working became the new norm. Risk assessments, policies and procedures continued to be reviewed and procedures implemented to minimise infection spread and to keep people safe remained in place.

Once again, it was clear that the voluntary sector was 'never more needed'. Essential practical support to local residents continued to be provided. Peer support through the voluntary sector partnership meetings including the Tendring Together Coalition (set up and supported by CVST) the organisation ensured that an effective community response to the pandemic was maintained.

Sector Sustainability

This year 120 organisations have been supported with general guidance and information, funding advice, support with development and provision of model policies and procedures. 'Health Checks' were undertaken with organisations to identify areas for development to work towards achieving sustainability. Funding advice, compliance and governance support continues to be the areas where this is most needed. There have been 71 attendances at the 16 Funding Surgeries held online. The surgeries were extremely popular for those looking to deliver and develop services and a total income of £391,367 was reported by 42 charities and voluntary/community organisations. The funding was used to provide services locally and helped to strengthen the local economy. Funds awarded ranged from £500 to £30,000.

Events

Face to face events were restarted ensuring health and safety was observed in order to bring organisations together safely. The Town Centre Community Fair was held in August with 16 organisations exhibiting, including the Vaccination bus which was well attended. The Victorian Christmas Market was a great success given the pandemic restrictions, attracting over 1000 visitors to the 19 stalls and stands manned by organisations to fundraise and promote their services. A full programme of activities and performances were enjoyed by all.

Community Centres and Village Halls Forum

Community facilities throughout the district closed during the pandemic and struggled to reopen safely after Covid lockdowns. CVST responded by facilitating regular meetings held online and in person at various community halls. Members appreciated the opportunity to come together and support each other with resources, training opportunities, information and expertise. Topics discussed covered Community Asset Reporting, Volunteering, Training, Social Media top tips, Vaccinations in the Community and practical support such as heating and plumbing. Concerns, ideas and successes have been shared amongst the attendees. There have been 4 meetings so far with 38 attendances.

Older People's Forum

The Older People's Forum has restarted face to face meetings which have been well attended and much appreciated by those voluntary and statutory organisations which support the local population.

Volunteers

CVST values the contribution made by volunteers. They bring a wealth of talent, gifts and skills and contribute to the vibrant and caring culture inherent in the organisation. Volunteer recruitment continues to increase and after many of our volunteers went on to find new opportunities as lockdown restrictions eased, many more were recruited to a wide variety of roles. There are currently 260 volunteers involved in physical activities, administration, reception, catering, gardening, litter picking, befriending, shopping, meals on wheels, caring, mentoring via the Men's Shed, meeting and greeting, IT support, research, governance and group leadership to name just some. The volunteers are recruited and supported by the Volunteer Co-ordinator who also organises the annual 'Beach Hut Thank You' events during National Volunteers Week, regular volunteer 'get togethers' and training. It is estimated that approximately 6,000 hours were donated by our volunteers which equates to a monetary value of approximately £70,000. Volunteers are re-imbursed for any costs incurred and have induction training. For example, Lone Working, GDPR, Making Every Contact Count and Safeguarding. When our volunteers find employment and take further qualifications, gaining skills and confidence, it is testament to the volunteering project's efficacy. Many more are empowered to lead activities and groups, thus creating a connected, vibrant and thriving community.

Volunteer Essex Tendring Centre

A vital part of the voluntary sector is volunteering. CVST co-ordinates the Volunteer Essex / Tendring platform and supports organisations to promote their volunteer opportunities across the Tendring district via social media and the CVST ebulletin. Volunteering continues to increase. We currently have 107 registered organisations, 129 active volunteer opportunities and 1,789 active volunteers on the Volunteer Tendring platform.

To encourage more young people to become volunteers, work began this year on creating a youth forum for young people aged 16+ called Youth Inspired Tendring. This forum will enable young people to gain support and encouragement to become active volunteers in their community.

Vaccination Hub

Our work supporting vaccination hubs in Clacton and Harwich continued throughout the year and was extended to provide outreach support across the district with pop-up vaccination centres in Walton, at GP surgeries, community events and on the vaccination bus. The significant contribution made by these volunteers was recognised with a Pride of Tendring award. Around 300 volunteers gave over 10,000 hours of their time to support the delivery of hundreds of thousands of vaccinations to people living and working in Tendring.

Partnerships

As lockdowns began to ease and the focus on the pandemic started to become business as usual, partnership working to support the local population continued to be a priority. Work continued to minimise infection spread and the charity supported its public sector partners to mobilise and respond to the ongoing needs of getting people vaccinated, supporting those who were clinically vulnerable and co-ordinating the voluntary sector response. Work and projects that had started during the pandemic continued including welfare checks, walk buddies, IT support, online exercise classes and assistance to those in need of prescriptions and shopping.

Partnership meetings attended include: Suffolk and North East Essex Integrated Care System (SNEE ICS), SNEE VCSE Strategy meetings, SNEE ICS Design Panel, SNEE ICS Interview panels, SNEE Suicide Prevention, ICS Strategic Investment Group and Population Health Management meetings. North East Essex Health and Wellbeing Alliance, NEE Alliance Strategy Group, NEE Alliance Committee, NEE Alliance Health Inequalities Group, NEE Tactical Cell, NEE Health Forum, NEE Mental Health Board, NEE End of Life Board, Essex County Council public health Strengthening Communities, ECC Community Initiatives Fund Panel, Dementia Action Alliance, Essex CVS, VCS Emergencies Partnership, Tendring Independent Advisory Group (IAG) Tendring District Council Health and Wellbeing Board, Tendring Workforce Group.

North Essex Integrated Community Services (NICS)

The North East Essex Integrated Community Services partners meet regularly to discuss the establishment of community health services. The priority is to embed governance arrangements and then embark on the development of innovation and transformation of community health and care services.

Tendring Together

Tendring Together, hosted by CVST, is a coalition of local charities brought together to showcase community services and act as a commissioning marketplace. In addition, Tendring Together helps to ensure local charities have easy access to much needed support in order to achieve sustainability.

This year more than ever before the importance of our voluntary sector has been recognised by our partners by an increase in funding available to the sector. This has enabled voluntary organisations to support and increase their services which are vital for communities. The flexibility, speed and professional way that the sector responds in critical times such as the pandemic is remarkable and valued.

CVST continues to provide advice and give practical support in order to strengthen the infrastructure of the voluntary sector. Around 200 organisations have been provided with a wide range of support including funding surgeries with funders, one to one funding and bespoke support. Through our health checks, organisations are guided on governance, policies and procedures in order to achieve resilience and sustainability.

Small grants programmes

CVST has managed 10 grants programmes on behalf of the NEE Alliance, NEE CCG and Essex County Council. The funds included Food and Fuel, Contain Outbreak Management Fund (COMF), Men's Mental Health, Cervical Cancer Screening, Winter Resilience, Hyperlocal funding, TDC Community Champions, Dementia Confident Communities, Active Essex Small Grants and Realising Ambitions. CVST was also a panel member on the ECC Community Initiatives Panel and the ECC Local Delivery Pilot. In total £448,215 was awarded to 58 organisations which has significantly impacted on local communities including: mental health, learning disabilities, LGBTQ+, carers, long term health conditions, child poverty, older people's isolation, refugees, minority ethnic communities and also helped to strengthen the sustainability of the local voluntary sector.

Community Asset Mapping

Our Community Asset Mapping work has continued during the year with deep dives into local assets around Children and Families and Mental Health. Comprehensive reports have been produced which are being used to drive the agenda for local services and system working.

Cultural Awareness Project

The Covid-19 pandemic highlighted the disparity for people from minority ethnic communities in relation to harm from the virus, accessing the vaccination and trust in health and care services. In addition, CVST and health and care colleagues had identified many other health inequalities facing people from culturally diverse communities including a significantly increased risk of Black and Asian women dying during pregnancy, an increased risk of diabetes for people from South Asian, Black and Caribbean communities and higher than average numbers of people living with poor health from ethnic minority communities. As a result, funding from North-east Essex Clinical Commissioning Group was provided to CVST to tackle these inequalities and to increase the voice of ethnically diverse people in Tendring to ensure improved access to health and care services and better outcomes for their health and wellbeing.

During the year, this work has included a range of work designed to build trust, improve community connectedness and encourage and support participation. Activities have included classes in English as a Second Language in Clacton and Harwich, Horticultural Course for Minority Ethnic Women, Sister Circle for Muslim women to make new friends, gain new skills and increase their levels of physical activity, connecting minority ethnic communities to the St Helena Compassionate Communities programme, increasing the take up of screening for cervical cancer, Fun & Fitness classes and attendance at the Bangladeshi Women's Association Mental Health event. Over 150 sessions have taken place during the year and a short film promoting the project has been promoted widely.

Contain Outbreak Management Fund

In order to tackle some of the challenges that arose following the Covid-19 pandemic, funding was awarded from Essex County Council (both directly and through North-east Essex Clinical Commissioning Group) for a variety of projects to support the health and wellbeing of our population. This enabled the charity to recruit a Volunteer Youth Co-ordinator, continue to deliver a wide range of physical activities, respond to the demands on our Social Prescribing service, promote the vaccination programme and activities to keep people safe and well and provide small grants to voluntary sector partners.

Community Renewal Fund

A partnership proposal with CVST, Abberton Rural Training, Colbea, Colne Radio and Paragon was successfully funded through Essex County Council from the government's Community Renewal Fund. This programme was designed to provide funding to help places across the UK prepare for the introduction of the UK Shared Prosperity Fund, contributing to the levelling up agenda by investing in people, places, businesses and communities improving everyday life across the UK, the Community Renewal Fund. In Tendring, the funding is being used to support the Seeds for Growth project which has been designed to provide opportunities for people to gain skills in horticulture, media, care and self-employment. CVST is working with partners to monitor and evaluate the project and to promote it through raising awareness, social media campaigns and social prescribing.

Dementia Confident Communities

Funded through the NEE CCG, the aim is to work with partners to improve the lives of people with dementia and their families through a Dementia Confident Communities programme.

Social Prescribing

Social Prescribing is commissioned by the North East Essex Clinical Commissioning Group, the Primary Care Networks and ECC's Public Health and established within the community and GP Surgeries in Tendring. The social prescribing team also support the Urgent Care Response and Community Rehabilitation Teams. These services prevent unnecessary hospital admissions and as part of the Discharge team at Colchester hospital, social prescribers provide essential discharge packages for people leaving hospital funded by a personalised care grant thus preventing unnecessary readmission. Addressing the social issues which affect people's wellbeing, the team works with individuals to connect them to community resources and services to help build resilience and improve health outcomes. Throughout 2021/2022, the team have continued to support the needs of the local community with services and links to social and physical activity groups in order to help people to achieve their wellbeing goals. Examples include Essex Pedal Power, Tendring Back to Health Scheme and My Weight Matters. They also provide food parcels, food vouchers, befriending and help with financial support. Volunteering is an essential pathway to getting well and is promoted and encouraged when appropriate.

We have linked in with Essex Pedal Power to help increase the health and social inclusion for those in need, as well as refer into the new Kennedy Way Community Garden, outdoor gym, Men's Shed and our partnerships at the SOS Bus.

We are now commissioned by St Helena Hospice for End-of-Life Support. Our lead social prescriber is attending regular meetings with St Helena Hospice and local groups involved in End of Life Care and is an active member of the newly created Compassionate Communities group. This is an initiative through St Helena Hospice that links together local charities and organisations to ensure that individuals at the final stage of their life are aware of what is available to them in their community.

SHELLS and the SOS Bus

CVST plays an active role on the award winning SHELLS project which supports people who are homeless or at risk of homelessness. Through this partnership, weekly support is provided by our Social Prescribing Team on the SOS bus in Clacton and Harwich.

Healthier Independent Longer Lives (HILL)

The Healthier Independent Longer Lives (HILL) Project offers empowerment and community development through asset-based activities. These activities, supported by dozens of volunteers, help to reduce loneliness, increase levels of physical activity, improve confidence, increase skills and employability, improve wellbeing and enable independence. As the country came out of some of the restrictions of the Covid-19 Pandemic, HILL activities and community groups cautiously restarted, working hard to ensure that vulnerable members remained safe by having smaller groups and limiting numbers but running more sessions to make sure that nobody missed out. The HILL staff and volunteer team worked tirelessly to make sure the project was able to deliver appropriate support and new activities emerged capitalising on an increased appetite from people to be outdoors. Although fewer than the previous year, over 800 welfare telephone calls were made to maintain contact with vulnerable people and those who were not ready to return to community activities. In total, 1,576 activity sessions were restarted/held, attended by over 600 people. These activities included Bereavement and Friendship Cafés, arts and crafts clubs, online exercise classes such as seated yoga, Tai Chi, Fitness is Fun, and Mindful Movement, gardening activities at our allotments in Clacton, Dovercourt and at the Kennedy Way Community Garden, Dementia Café, walking groups, swimming, weight management and a new cycling group.

Kennedy Way Community Garden

The Kennedy Way Community Garden led by CVST, is the result of consultations with NHSPS, Suffolk and North East Essex Integrated Care System Local Estates. It was designed by CVST volunteers supported by the CVST Volunteer Co-ordinator whose vision ensured a vibrant space was created. The garden is now a place where people can meet, volunteer, make friends, join the Men's Shed, be physically active in the garden, the cycling scheme and the outdoor gym. It has been a monumental success and has been nationally cited as a blue print for other schemes across the country. Funds have now been secured to develop phase 2 of the project which will increase the facilities with a wildlife area, additional planting and paths, facilities for visitors and an additional unit installed to expand the project even further.

Training

69 training sessions were held during the year with 771 attendances. As more people had become accustomed to completing training online, a combination of online, face to face and e-learning took place. Some courses, such as Mental Health First Aid Awareness that had been delivered exclusively face to face prior to the pandemic were now delivered exclusively online. Others such as the interactive and extremely popular Virtual Dementia Tour acted as a reintroduction to participating in person. A wide and varied programme of courses took place including Dementia Friends, LGBTQ+, Making Every Contact Count, Manual Handling, Fuel Poverty, First Aid and Safeguarding to name just a few. A new programme of training around Equality, Diversity, Inclusion and Cultural Awareness remains a priority for the forthcoming year.

Premises

CVST owns premises: Imperial House in Clacton, the Harwich and Dovercourt Hub, The Lunch Club and two Beach Huts in Clacton. Although our premises were closed to the public during lockdown, they have cautiously re-opened delivering activities in a safe environment and have experienced 1000's of visits and calls from members of the public requesting a wide range of queries, services and/or support. For example, winter warm packs, IT/digital, meals, befriending, dementia, transport, volunteering and information and guidance covering many topics. A new activity based at Imperial House was the Colchester Institute's Learning Shop which supports people with employability.

Maintenance and repairs continue with rooms and offices refurbished, new external electronic doors installed at Imperial House and an extensive electrical upgrade completed.

Beach Huts

The Beach Huts were maintained and prepared for the 2021 season and proved to continue in popularity reflecting the need for people to stay local during the pandemic and are now being redecorated in time to reopen for the 2021 season.

Capacity building

Funding was awarded by Lloyds Bank Foundation to build capacity. This has enabled access to expertise in order to develop the organisation further in terms of equality, diversity and inclusion. Leadership training and guidance and support in becoming an anti-racist organisation was provided in addition to support given to the wider sector.

Lunch Club

During the restrictions, the lunch club diversified and responded to the needs of clients by recruiting a team of volunteers to help deliver meals to those needing to stay at home either from having to shield or discharged home from hospital. As restrictions eased, people were encouraged once again to come for a meal, make friends and socialise. The club is slowly building up with both deliveries and face to face options in place.

Resilience Project

The project is funded by the NEE CCG and by ECC Public Health. The aim is to help people to become more resilient by improving their health, staying well, warm and better connected with projects such as social prescribing during winter, as well as reducing dependence on statutory sector services. This year, the project has been vital in helping to keep people safe and warm and reduce hospital admissions.

Objectives
- Reducing GP visits and hospital admissions and isolation
- Supporting people to build up their own skills/resilience to self-care and promote better health
- Building community cohesion by directing people to services and support
- Ensuring there is a resilience plan to deal with crisis situations
- Providing direct emergency support during Covid-19 while promoting Covid-19 secure guidelines

Winter packs were delivered this year via flu clinics, the SOS Bus, the Trinity Church and door drops in Jaywick Sands, Walton and Harwich targetting those most in need and those with long term health conditions, poor housing and/or vulnerable. Packs were also distributed from referrals managed by the social prescribing team. 3,724 adults, 3,306 children and 623 familes were supported with 16,625 winter items this year. CVST also administered, awarded and monitored over £20,000 small grants to 9 local charities which supported 1,645 individuals to stay warm and well with the provision of essential items.

Household support fund and food and fuel vouchers

Grants of £43,000 and £15,000 were secured from Essex County Council to introduce a new initiative to support those in a 'heat or eat' dilemma. 467 supermarket vouchers for food and 338 energy vouchers for prepayment energy cards were distributed to 325 local families and 165 individuals meeting the criteria.

Essex Local Delivery Pilot

The Essex Local Delivery Pilot (LDP) funded by Sport England is led by Active Essex to build healthier more active communities across Essex. The Essex LDP is the only one in the East region and is focused on over 400,000 people who live in the county's most disadvantaged areas in Tendring, Colchester and Basildon where individuals and families are facing the greatest inequalities. CVST is an active partner in the LDP and support the delivery of the programme Essex wide at a strategic and operational level as well as supporting local delivery activity for Tendring. In addition to research to understand the links between affluence and exercise the Local Delivery Pilot has allocated grants to local initiatives, projects and organisations to increase physical activity within our local population who are least likely to engage.

As part of work to help prevent illness and pressure on the NHS, CVST actively promotes physical activity throughout the Tendring district. This year more than 250 organisations have been contacted with the intention to build their capacity for physical activity and to enable their members to become more active. More than £25,000 of funding for these projects has been successfully sourced, enabling a range of organisations to increase their levels of physical activity. These activities include, guided walks, cycling trips, family beach explorations and opportunities for socialising.

Walk and cycle leader training was also set up this year, enabling members of the community to participate in the training to ensure safe walking and cycling groups in the Tendring area.

Beat the Street ran for 5 weeks in the autumn of 2021 in Harwich and Dovercourt. There were 2,817 participants (14% of population) in the game covering 35,166 miles, an average of 12 miles per person. 57% of adults and 49% of inactive children became active, 4% of those playing had a disability, 66% were living in Index of Multiple Deprivation groups 1-4 (Mid-high) and 5% were from black and minority ethnic groups. Ages of players ranged from 15 months to late 70s. There were 30 additional events linked with Beat the Street. These events were intended to promote and bring to the attention of local residents, activities, services, and attractions available in the Harwich area.

CVST began to play a vital supportive role in the Essex Pedal Power free bike scheme, based in Clacton and Jaywick. Since June 2021, more than 200 bikes have been presented to residents of this area who have expressed a need for a bicycle. More than 1,100 eligible applications were received from residents throughout the area. This scheme has broadened to include those referred by social prescribers and from the Job Centre and continues to run with bikes still being presented.

CVST Cultural Awareness Project were successful in securing a small grant from the LDP Inequalities Fund to run seated yoga and the Hill team secured a small grant to host a series of barn dancing classes.

Quality Assurance

The charity retains the internationally recognised quality standard ISO 9001 maintaining high standards across all internal systems and management, customer services and satisfaction. ISO 9001 scrutinises internal systems and governance and ensures the organisation adheres to legal and financial frameworks. This work is undertaken by the CVST audit sub-committee and is externally audited.

Financial Overview

The charity has been successful in securing funding from a variety of sources including Essex County Council, EPUT, GPPC, ESNEFT, NHSE, North East Essex CCG, Tendring District Council, Lloyds Bank Foundation and the Essex Community Foundation. This funding enables the charity to deliver much needed support and services and to respond to the needs of our local community.

Reserves policy

The Board of Trustees are pleased to report that the charity's free reserves are sufficient to cover 12 months running costs, property maintenance, management, redundancy, administration and support costs and any potential liabilities in line with its established reserves policy. The Trustees aim is to maintain sufficient reserves to ensure the charity remains sustainable in the event of a significant drop in funding or any unforeseen events which would impact on its viability and sustainability.

FUTURE PLANS

It is the intention of the charity to pursue the following objectives during the year 2022/2023:

1. First and foremost to respond to the fuel crisis in order to alleviate poverty; supplying information, guidance and practical help to build resilience in our communities.
2. To expand on the success of Kennedy Way Community Garden Phase One and secure funds to commence work on Phase Two. This will help achieve our vision of building a multi resource outdoor hub for local residents to access physical activities, volunteering, new friendships and training opportunities in a green space.
3. To develop the activities being delivered in partnership with local people, raising cultural awareness and promoting equality, diversity and inclusive communities.
4. Increase the charity's presence at Harwich and Clacton hospitals and in particular to work in partnership at the new Clacton Diagnostics Hub and further enhance the social prescribing offer via the personalisation budgets.
5. To undertake a deep dive community asset mapping into the Stay Well domain with partners.
6. To continue building and cementing relationships with Primary Care Networks to complement and support well-being for local people.
7. To continue to expand the CVST offer and run additional services according to need.
8.To continue to review and assess CVST services and support, improve and develop facilities to keep people healthy and safe.
9. Continue to develop digital expertise within charities and communities.
10. To support the development of the Tendring South Neighbourhood Team.
11. Continue to strengthen the coalition of voluntary sector partners through Tendring Together, awarding grants, sharing expertise building vibrant sustainable and stronger communities.
12. To continue to work in collaboration with partners through the Suffolk and North East Essex Integrated Partnership Board, Tendring Together, Tendring Health and Wellbeing Board, Tendring Workforce Group and the North East Essex Health and Wellbeing Leadership Alliance in order to deliver seamless support and services.

Acknowledgement

The Trustees wish to thank the staff and volunteers for their strength and conscientious commitment during the past two years which have been challenging. Thanks are also given to our many funders and supporters including but not exclusively: Colchester Catalyst Charity, Essex County Council Public Health and ECC Local Delivery Pilot, The National Lottery Communities Fund, the North East Essex (NEE) Clinical Commissioning Group, the NEE Health and Wellbeing Leadership Alliance, the Suffolk and NEE Integrated Care System, Tendring District Council and Essex Community Foundation for their vital support for which the charity is extremely grateful.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Charitable Company for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charitable Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charitable Company's transactions and disclose with reasonable accuracy at any time the financial position of the Charitable Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each of the persons who are Trustees at the time when this Trustees' Report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's auditor is unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

Small Companies note

In preparing this report, the Trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

Auditor

The auditor, Scrutton Bland LLP, has indicated their willingness to continue in office. The designated Trustees will propose a motion reappointing the auditor at a meeting of the Trustees.

Approved by order of the members of the board of Trustees on and signed on their behalf by:

Brenda Ellis 15th November 2022

Brenda Ellis
Chairman

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES

Opinion

We have audited the financial statements of Tendring Community Voluntary Services (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities (incorporating Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

Other information

The other information comprises the information included in the Annual Report other than the financial statements and our Auditor's Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

Responsibilities of trustees

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, through discussion with the Trustees (as required by auditing standards), inspection of the Charitable Company's regulatory and legal correspondence and discussed with the Trustees the policies and procedures regarding compliance with laws and regulations. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

The potential effect of these laws and regulations on the financial statements varies considerably.

Firstly, the Charitable Company is subject to laws and regulations that directly affect the financial statements including financial reporting legislation, distributable profits legislation and taxation legislation and we assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statement items.

Secondly, the Charitable Company is subject to many other laws and regulations where the consequences of non-compliance could have a material effect on amounts or disclosures in the financial statements, for instance through the imposition of fines or litigation. We identified the following areas as those most likely to have such an effect: health and safety, safeguarding, employment law, The Equality Act 2010 and GDPR. Auditing standards limit the required audit procedures to identify non-compliance with these laws and regulations to enquiry of the Trustees and other management and inspection of regulatory and legal correspondence, if any.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF TENDRING COMMUNITY VOLUNTARY SERVICES (CONTINUED)

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: enquiries of management and those charged with governance as to whether the Charitable Company complies with such regulations; enquiries of management and those charged with governance concerning any actual or potential litigation or claims, inspection of relevant legal documentation, review of board minutes, testing the appropriateness of journal entries and the performance of analytical review to identify any unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified.

There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditor's Report.

Unaudited comparatives

The Charitable Company did not require an audit during the prior year. As such, all comparative balances included within the financial statements for the year ended 31 March 2022 are unaudited.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.

Scrutton Bland LLP

Timothy O'Connor (Senior Statutory Auditor)
for and on behalf of
Scrutton Bland LLP
Chartered Accountants and Statutory Auditor
820 The Crescent
Colchester Business Park
Colchester
Essex
CO4 9YQ

Date: 6/12/22

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Endowment funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:						
Grants and donations	4	**1,462,241**	**1,529,668**	**-**	**2,991,909**	751,006
Charitable activities	5	**82,784**	**-**	**-**	**82,784**	54,957
Other trading activities	6	**3,978**	**4,164**	**-**	**8,142**	825
Investments	7	**1,835**	**-**	**-**	**1,835**	1,918
Total income and endowments		**1,550,838**	**1,533,832**	**-**	**3,084,670**	808,706
Expenditure on:						
Charitable activities	9	**1,156,111**	**246,389**	**3,575**	**1,406,075**	852,120
Total expenditure		**1,156,111**	**246,389**	**3,575**	**1,406,075**	852,120
Net movement in funds	10	**394,727**	**1,287,443**	**(3,575)**	**1,678,595**	(43,414)
Reconciliation of funds:						
Total funds brought forward		**897,244**	**354,532**	**353,890**	**1,605,666**	1,649,080
Net movement in funds		**394,727**	**1,287,443**	**(3,575)**	**1,678,595**	(43,414)
Total funds carried forward		**1,291,971**	**1,641,975**	**350,315**	**3,284,261**	1,605,666

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 24 to 40 form part of these financial statements.

BALANCE SHEET
AS AT 31 MARCH 2022

	Note		2022 £		2021 £
Fixed assets					
Tangible assets	13		**1,091,698**		1,095,805
			1,091,698		1,095,805
Current assets					
Debtors	14	**255,031**		266,788	
Cash at bank and in hand		**2,924,460**		983,307	
		3,179,491		1,250,095	
Creditors: amounts falling due within one year	15	**(604,428)**		(740,234)	
Net current assets			**2,575,063**		509,861
Total assets less current liabilities			**3,666,761**		1,605,666
Creditors: amounts falling due after more than one year	16		**(382,500)**		-
Net assets excluding pension asset			**3,284,261**		1,605,666
Total net assets			**3,284,261**		1,605,666
Charity funds					
Endowment funds	18		**350,315**		353,890
Restricted funds	18		**1,641,975**		354,532
Unrestricted funds	18		**1,291,971**		897,244
Total funds			**3,284,261**		1,605,666

BALANCE SHEET (CONTINUED)
AS AT 31 MARCH 2022

The members have not required the entity to obtain an audit for the year in question in accordance with section 476 of the Companies Act 2006.

However, an audit is required in accordance with section 144 of the Charities Act 2011.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on and signed on their behalf by:

Brenda Ellis
15th November 2022

Brenda Ellis
(Chair of Trustees)

The notes on pages 24 to 40 form part of these financial statements.

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022

	Note	2022 £	2021 £
Cash flows from operating activities			
Net cash used in operating activities	21	**1,959,267**	462,457
Cash flows from investing activities			
Interest received		**1,835**	1,918
Purchase of tangible fixed assets		**(19,949)**	-
Net cash (used in)/provided by investing activities		**(18,114)**	**1,918**
Cash flows from financing activities			
Net cash provided by financing activities		**-**	**-**
Change in cash and cash equivalents in the year		**1,941,153**	**464,375**
Cash and cash equivalents at the beginning of the year		**983,307**	518,932
Cash and cash equivalents at the end of the year	22	**2,924,460**	983,307

The notes on pages 24 to 40 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1. General information

Tendring Community Voluntary Services is a charitable company limited by guarantee, incorporated in England and Wales, registered company number 05325167 and registered Charity number 1108177. The address of the registered office is Imperial House, 20-22 Rosemary Road, Clacton On Sea, Essex, C015 1NZ.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Tendring Community Voluntary Services meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Going concern

After reviewing the charitable company's forecasts and projections, together with all known factors, the Trustees have a reasonable expectation that it has adequate resources to continue in operational existence for the foreseeable future. The entity therefore continues to adopt the going concern basis in preparing its financial statements.

2.3 Income

All income is recognised once the Charitable Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income is deferred only when the charitable company has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Other income is recognised in the period in which it is receivable.

2. Accounting policies (continued)

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charitable Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.5 Government grants

Government grants are credited to the statement of financial activities as the related expenditure is incurred.

2.6 Taxation

The Charitable Company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charitable Company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.7 Tangible fixed assets and depreciation

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Freehold property	-	1%	straight line
Beach Hut	-	10%	straight line
Fixtures and fittings	-	25%	straight line
Computer equipment	-	33%	straight line

2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered.

2. Accounting policies (continued)

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charitable Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

2.11 Financial instruments

The Charitable Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value.

2.12 Pensions

The Charitable Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charitable Company to the fund in respect of the year.

2.13 Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charitable Company. The Trustees seek to designate these funds wherever possible.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charitable Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Endowment funds are funds that cannot be used as if they are income i.e. they cannot be used to make payment or grants to others.

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The more significant judgements and estimates involved in the preparation of the financial statements include assessing the depreciation rates applicable to tangible fixed assets and the way in which certain costs should be apportioned. Further details regarding these points are included within the accounting policies.

4. Income from grants and donations

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Donations	13,836	-	**13,836**
Grants	1,448,405	1,529,668	**2,978,073**
	1,462,241	1,529,668	**2,991,909**

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Donations	9,257	2,750	12,007
Grants	430,536	308,463	738,999
	439,793	311,213	751,006

All income above relates to community support service activities for both years.

5. Income from charitable activities

	Unrestricted funds 2022 £	Total funds 2022 £
Contributions from Imperial House	75,394	**75,394**
Management and other fees	2,530	**2,530**
Other Charitable Activities	4,860	**4,860**
	82,784	**82,784**

5. Income from charitable activities (continued)

	Unrestricted funds 2021 £	Total funds 2021 £
Contributions from Imperial House	44,097	44,097
Management and other fees	2,658	2,658
Other Charitable Activities	8,202	8,202
	54,957	54,957

All income above relates to community support service activities for both years.

6. Income from other trading activities

Income from fundraising events

	Unrestricted funds 2022 £	**Restricted funds 2022 £**	**Total funds 2022 £**
Beach Hut etc.	3,978	-	**3,978**
Community Fair	-	335	**335**
Friendship cafe	-	3,829	**3,829**
	3,978	4,164	**8,142**

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Beach Hut etc.	612	-	612
Community Fair	-	45	45
Friendship cafe	-	168	168
	612	213	825

7. Investment income

	Unrestricted funds 2022 £	Total funds 2022 £
Bank interest	1,835	**1,835**

	Unrestricted funds 2021 £	Total funds 2021 £
Bank interest	1,918	1,918

8. Governance costs

	Unrestricted funds 2022 £	Total funds 2022 £
Audit fees	7,800	**7,800**
Staff costs	12,000	**12,000**
	19,800	**19,800**

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Accountancy fees	1,425	1,425	2,850
Staff costs	5,004	-	5,004
	6,429	1,425	7,854

9. Analysis of resources expended by expenditure type

	Unrestricted funds 2022 £	Restricted funds 2022 £	Endowment funds 2022 £	Total funds 2022 £
Depreciation on fixed assets used for charitable purposes	19,019	1,462	3,575	**24,056**
Cost of activities in furtherance of the charity's objectives	1,117,292	244,927	-	**1,362,219**
Governance (note 8)	19,800	-	-	**19,800**
	1,156,111	246,389	3,575	**1,406,075**

	Unrestricted funds 2021 £	Restricted funds 2021 £	Endowment funds 2021 £	Total funds 2021 £
Depreciation on fixed assets used for charitable purposes	13,637	1,462	3,575	18,674
Cost of activities in furtherance of the charity's objectives	539,096	286,496	-	825,592
Governance (note 8)	6,429	1,425	-	7,854
	559,162	289,383	3,575	852,120

10. Net income/(expenditure)

	2022 £	2021 £
Net income/(expenditure) is stated after charging:		
Audit fees	**7,800**	-
Independent examination fees	**-**	2,850
Depreciation	**24,056**	18,674
Staff pension contributions	**12,386**	8,508

11. Staff costs

	2022 £	2021 £
Wages and salaries	**645,729**	423,948
Social security costs	**39,029**	21,913
Contribution to defined contribution pension schemes	**12,386**	8,508
	697,144	454,369

The average number of persons employed by the Charitable Company during the year was as follows:

	2022 No.	2021 No.
Employees	**37**	27

No employee received remuneration amounting to more than £60,000 in either year.

The aggregate remuneration of key management personnel was £76,061 (2021: £38,303).

12. Trustees' remuneration and expenses

During the year, one Trustee received £13,863 in respect of consultancy services (2021 - £9,500). These services were provided seperately from their role as a Trustee.

During the year ended 31 March 2022, Trustee expenses have been reimbursed of £99 (2021 - £Nil).

13. Tangible fixed assets

	Freehold property £	Fixtures and fittings £	Total £
Cost or valuation			
At 1 April 2021	**1,290,018**	**173,191**	**1,463,209**
Additions	**-**	**19,949**	**19,949**
At 31 March 2022	**1,290,018**	**193,140**	**1,483,158**

13. Tangible fixed assets (continued)

	Freehold property £	Fixtures and fittings £	Total £
Depreciation			
At 1 April 2021	**199,822**	**167,582**	**367,404**
Charge for the year	**12,900**	**11,156**	**24,056**
At 31 March 2022	**212,722**	**178,738**	**391,460**
Net book value			
At 31 March 2022	**1,077,296**	**14,402**	**1,091,698**
At 31 March 2021	1,090,196	5,609	1,095,805

The Charity's freehold property at 20/22 Rosemary Road, Clacton-on-Sea was valued as at 31 March 2013, at £700,000 (the net book value at that time was £567,763). The valuation was carried out by an External Valuer, P H H Wheaton FRICS of Fenn Wright, Chartered Surveyors. The valuation was undertaken in accordance with the requirements of the RICS Valuation - Professional Standards and the relevant financial reporting standards.

Land and buildings also include: 99-101 Carnarvon Road (Lunch club property) donated from Age Concern (valued in 2019 at £181,555), and 276 High Street, Dovercourt (fully operational from autumn 2019).

14. Debtors

	2022 £	2021 £
Trade debtors	**255,031**	264,989
Other debtors	**-**	1,799
	255,031	266,788

15. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	**15,084**	34,304
Other taxation and social security	**12,444**	7,957
Other creditors	**3,208**	303
Accruals and deferred income	**573,692**	697,670
	604,428	740,234

	2022 £	2021 £
Deferred income		
Deferred income at 1 April 2021	**694,820**	1,559
Resources deferred during the year	**788,392**	694,820
Amounts released from previous periods	**(534,820)**	(1,559)
	948,392	694,820

16. Creditors: Amounts falling due after more than one year

	2022 £	2021 £
Accruals and deferred income	**382,500**	-

17. Financial instruments

	2022 £	2021 £
Financial assets		
Financial assets measured at transaction price	**255,031**	266,788

	2022 £	2021 £
Financial liabilities		
Financial liabilities measured at transaction price	**974,484**	732,277

Financial assets comprise trade and other debtors.

Financial liabilities comprise trade creditors, other creditors, accruals and deferred income.

18. Statement of funds

Statement of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Unrestricted funds					
CIC/Imperial House	49,295	62,196	(58,060)	-	53,431
Harwich Centre (HC)	-	2,601	(36,558)	35,000	1,043
Fundraising and sundry charitable accounts	24,288	3,978	(2,476)	-	25,790
Lunch Club (LC)	314,330	17,906	(26,062)	15,000	321,174
Resilience	39,733	167,117	(206,253)	-	597
Social Prescribing	54,710	563,631	(225,888)	(15,000)	377,453
Property maintenance reserve	100,408	-	-	-	100,408
Core TCVS	314,480	304,969	(271,872)	-	347,577
Health projects	-	428,440	(328,942)	(35,000)	64,498
	897,244	1,550,838	(1,156,111)	-	1,291,971
Endowment funds					
Building Development Fund	353,890	-	(3,575)	-	350,315

18. Statement of funds (continued)

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Restricted funds					
Big Lottery: Healthier Independent Longer Lives (HILL)	99,641	102,500	(98,077)	-	104,064
LDP	16,241	69,834	(30,933)	-	55,142
Grassroots	1,707	600	(2,263)	-	44
Colchester Catalyst: HC	92,169	-	(931)	-	91,238
Capital Fund	144,774	-	(1,462)	-	143,312
Men's Mental Health Community Fund	-	55,642	(48,970)	-	6,672
Essex Carers	-	40,000	-	-	40,000
Active Essex	-	1,492	(300)	-	1,192
Live Well	-	1,143,000	-	-	1,143,000
Sector Sustainability	-	100,660	(56,612)	-	44,048
Seeds 4 Growth	-	15,808	(2,545)	-	13,263
Winter warmth campaign	-	4,296	(4,296)	-	-
	354,532	1,533,832	(246,389)	-	1,641,975
Total of funds	1,605,666	3,084,670	(1,406,075)	-	3,284,261

18. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
Unrestricted funds				
CIC/Imperial House	73,897	35,336	(59,938)	49,295
Harwich Centre (HC)	-	13,588	(13,588)	-
Fundraising and sundry charitable accounts	23,676	612	-	24,288
Lunch Club (LC)	314,330	24,596	(24,596)	314,330
Resilience	52,193	112,087	(124,547)	39,733
Social Prescribing	42,039	150,620	(137,949)	54,710
Property maintenance reserve	100,408	-	-	100,408
Core TCVS	352,583	108,597	(146,700)	314,480
Health projects	-	35,500	(35,500)	-
IVP	-	16,344	(16,344)	-
	959,126	497,280	(559,162)	897,244
Endowment funds				
Building Development Fund	357,465	-	(3,575)	353,890

18. Statement of funds (continued)

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
Restricted funds				
Big Lottery: Healthier Independent Longer Lives (HILL)	6,962	205,349	(112,670)	99,641
Big Lottery: Awards for All	6,289	-	(6,289)	-
Essex County Council (ECC): HC	15,000	-	(15,000)	-
Men's Mental Health Community Fund	-	42,287	(42,287)	-
TDC: Sport England	3,090	-	(3,090)	-
ECC: Active Tendring and Jaywick	1,269	-	(1,269)	-
LDP	-	22,073	(5,832)	16,241
Grassroots	1,000	750	(43)	1,707
Colchester Catalyst: HC	93,100	-	(931)	92,169
Tendring District Council (TDC): HC	19,600	-	(19,600)	-
Harwich Town Council: HC	3,920	193	(4,113)	-
Covid-19 response	-	8,500	(8,500)	-
Winter warmth campaign	-	4,296	(4,296)	-
Lions	533	-	(533)	-
Shop Mobility	851	-	(851)	-
Capacity Builders	23,916	-	(23,916)	-
Colchester Catalyst Charity Befriending Training	4,650	-	(4,650)	-
HIT Project	-	27,978	(27,978)	-
Capital Fund	146,236	-	(1,462)	144,774
Awards for All	6,073	-	(6,073)	-
	332,489	311,426	(289,383)	354,532
Total of funds	1,649,080	808,706	(852,120)	1,605,666

Descriptions of the various funds have been provided within the financial statements and the Trustees' Report.

19. Summary of funds

Summary of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
General funds	**897,244**	**1,550,838**	**(1,156,111)**	**-**	**1,291,971**
Endowment funds	**353,890**	**-**	**(3,575)**	**-**	**350,315**
Restricted funds	**354,532**	**1,533,832**	**(246,389)**	**-**	**1,641,975**
	1,605,666	**3,084,670**	**(1,406,075)**	**-**	**3,284,261**

Summary of funds - prior year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
General funds	959,126	497,280	(559,162)	897,244
Endowment funds	357,465	-	(3,575)	353,890
Restricted funds	332,489	311,426	(289,383)	354,532
	1,649,080	808,706	(852,120)	1,605,666

20. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Endowment funds 2022 £	Total funds 2022 £
Tangible fixed assets	388,313	353,070	350,315	**1,091,698**
Current assets	1,890,586	1,288,905	-	**3,179,491**
Creditors due within one year	(604,428)	-	-	**(604,428)**
Creditors due in more than one year	(382,500)	-	-	**(382,500)**
Total	1,291,971	1,641,975	350,315	**3,284,261**

20. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Endowment funds 2021 £	Total funds 2021 £
Tangible fixed assets	387,383	354,532	353,890	1,095,805
Current assets	1,250,095	-	-	1,250,095
Creditors due within one year	(740,234)	-	-	(740,234)
Total	897,244	354,532	353,890	1,605,666

21. Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	2021 £
Net income/(expenditure) for the year (as per Statement of Financial Activities)	**1,678,595**	(43,414)
Adjustments for:		
Depreciation charges	**24,056**	18,674
Interest received	**(1,835)**	(1,918)
Decrease/(increase) in debtors	**11,757**	(238,298)
Increase in creditors	**246,694**	727,413
Net cash provided by operating activities	**1,959,267**	462,457

22. Analysis of cash and cash equivalents

	2022 £	2021 £
Cash in hand	**2,924,460**	983,307
Total cash and cash equivalents	**2,924,460**	983,307

23. Analysis of changes in net debt

	At 1 April 2021	Cash flows	At 31 March 2022
	£	£	£
Cash at bank and in hand	983,307	1,941,153	2,924,460
	983,307	1,941,153	2,924,460

24. Legal status

The charity is a company limited by guarantee and has no share capital.

25. Pension commitments

The Charitable Company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in an independently administered fund. The pension cost charge represents contributions payable by the charitable company to the fund and amounted to £12,386 (2021 - £8,508). At the balance sheet date £3,040 (2021 - £Nil) was payable to the fund and is included in creditors.

26. Related party transactions

The charitable company has not entered into any related party transactions other than those already disclosed within these financial statements, including disclosure made within the Trustees' Report.

TENDRING COMMUNITY VOLUNTARY SERVICES

England & Wales - Charity number 1108177

Accounts

Registered number: 05325167
Charity number: 1108177

TENDRING COMMUNITY VOLUNTARY SERVICES

(A company limited by guarantee)

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

TENDRING COMMUNITY VOLUNTARY SERVICES
(A company limited by guarantee)

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TENDRING COMMUNITY VOLUNTARY SERVICES

(A company limited by guarantee)

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2021

Trustees	Brenda Ellis, Chairman Bob Newman, Vice-Chair Dr Jonathan Geldard, Treasurer Charlotte Fitzgerald, Trustee Mark Norman, Trustee Michael Page, Trustee Tonia Parsons, Trustee Lucy Robinson, Trustee
Company registered number	05325167
Charity registered number	1108177
Registered office	Imperial House 20-22 Rosemary Road Clacton on Sea Essex CO15 1NZ
Company secretary	Sharon Alexander
Chief executive officer	Sharon Alexander
Independent examiner	Tim O'Connor ACA FCCA DChA Scrutton Bland LLP Chartered Accountants 820 The Crescent Colchester Business Park Colchester Essex CO4 9YQ
Bankers	CAF Bank Limited Kings Hill West Malling Kent ME19 4JQ CCLA Investment Management COIF Charity Funds 80 Cheapside London EC2V 6DZ

Solicitors	Ellisons 63-65 Station Road Clacton on Sea Essex CO15 1SA

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2021

The Trustees, who are also directors for the purposes of company law, are pleased to present this report and the financial statements of Tendring Community Voluntary Services for the year ended 31 March 2021 which are also prepared to meet the requirements for the director's report and accounts for Companies House.

1. GOVERNANCE, OBJECTS, STRUCTURE AND PUBLIC BENEFIT

The Trustees are satisfied with the performance of the charity over the last 12 months up to year end 31 March 2021 and in particular, taking into account, the unprecedented challenges of a worldwide pandemic and its impact on the community. The trustees confirm that the charity is in a strong and healthy position and there are sufficient assets to continue delivering activities and to fulfil its obligations. The accounts comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and the Statement of Recommended Practice.

The trustees have referred to the Charity Commission's general guidance on public benefit entitled 'Charities and Public Benefit' and are satisfied that the organisation's objects, activities, structure and strategic framework conforms with these requirements. Some of CVST's services which are accessed by members of the public, for example: Covid-19 activities including prescription collecting, shopping, IT support and physical activities or member organisations utilising our services are either free of charge or at minimum rates due to grants and fundraising income for this purpose.

a. Governing Document

The trustees present their annual report and financial statements of the charity for the year ended 31 March 2021 which are also prepared to meet the requirements for the director's report and accounts for Companies House and current statutory requirements; the Charities Act 2011, the Companies Act 2006, the governing document - the Memorandum and Articles of Association, and the Accounting and Reporting by Charities: Statement of Recommended Practice. The charity is also known as Community Voluntary Services Tendring, CVS Tendring and CVST. The charity was established in 1973 and was incorporated and registered as a charitable company limited by guarantee on 5 January 2005. In the event of the company being wound up, members are required to contribute £10.

Principal objects:

(A) To promote any charitable purposes for the benefit of the community in the local government district of Tendring and its environs, and in particular the advancement of education, the protection of health and the relief of poverty, distress and sickness.

(B) To promote and organise co-operation in the achievement of the above purposes and to that end to bring together in council representatives of the voluntary organisations and statutory authorities within the area of benefit. Provided that in carrying out these charitable purposes, the Council will seek to challenge all forms of oppression and inequality and to give priority to working with people whose full participation in society is limited by economic, political and social disadvantage.

The organisation has five core functions: **Represent** the broad issues of the voluntary sector and act as **Strategic** partner, Encourage **Liaison** between agencies, **Develop** initiatives to meet identified gaps in the community and provide promotion and **Support** services for members.

Our mission is "leading and supporting voluntary action in Tendring and empowering local people".

b. Recruitment and support of Trustees

The management of the charitable company is the responsibility of the Trustees who are elected from the membership and the wider community according to the Memorandum and Articles of Association. There shall be not less than six and not more than fifteen trustees serving on the Board.

Under the requirements of the Memorandum and Articles of Association, one third of the members of the Board must resign at each Annual General Meeting, the longest in office retiring first. A retiring trustee may be re-elected at the same AGM.

Trustees are volunteers and give their time freely. Trustees are required to declare conflicts of interest and withdraw from discussions and decisions where a potential conflict may arise.

Trustees receive induction, an information pack, access to regular training, and attend regular meetings with other trustees. The charity usually holds an annual visioning day where personnel and trustees review the business plan and agree priorities and strategic direction, however, during this challenging year, the charity was more concerned with responding to the demands of the pandemic and the visioning day and strategic planning was put on hold.

During the year, one trustee was paid for a specific piece of work carried out on behalf of the Charity which was undertaken according to the rules set out in its governing document.

c. Membership

CVST is a membership charity and continues to promote the benefits of affiliation to the sector. Applications for membership are approved by the Board and the Board has the right to refuse membership to any individual or organisation. Members are required to be committed to the furtherance of the objects of the charity. There were 135 member organisations during this year, a reduction on the previous year as due to lockdown restrictions, some of smaller groups and clubs were unable to continue operating. As restrictions gradually ease, groups are renewing membership and accessing further support and guidance to restart their activities.

d. Information services

We provide information from local and national sources for our members and wider audience through:

· Weekly e-bulletins
· Website: www.cvstendring.org.uk
· Twitter: @cvstendring
· Facebook: www.facebook.com/cvstendring
· Imperial House Community Information Centre
· Dovercourt & Harwich Hub
· Lunch Club
· Neighbourhood Network News

There have been 14,652 visits to the CVST website. Facebook ‘likes’ have increased by 30% to 1,817 and Twitter followers have risen by 11% to 1,146. We maintain a webpage for carers and for older people. CVST is also responsible for managing and maintaining the Tendring Youthnet website and facebook account; a comprehensive resource for young people.

The organisation undertakes its work on behalf of its members and continues to develop its activities.

The weekly e-bulletin continues to gain momentum with 715 contacts now signed up with a reach much higher than this as members share the contents with their beneficiaries. There are 854 organisations registered on the database which is maintained according to the GDPR. This is an increase of over 100 since last year. The database is also a performance management tool and helps to identify trends and gaps in service. Although website visits have decreased during the year, social media interaction and followers continue to grow.

e. Organisational structure and decision making

The Board meets six times a year however, at the start of this financial year, it met monthly in order to respond quickly to the demands placed upon the charity due to lockdown and the worldwide pandemic. The board is responsible for the strategic planning, risk management, setting and reviewing policy and monitoring performance of the charity's activities and core services. Day to day management of the charity is delegated to the Chief Executive Officer who reports regularly to the Chairman. The Audit sub-committee takes delegated responsibility on behalf of the Board of Trustees for ensuring that there is a framework for accountability and scrutiny; for examining and reviewing all systems and methods of financial control; for maintaining the charity's quality standards and for ensuring the charity is complying with all aspects of the law, relevant regulations and good practice.

The annual workplan is updated, priorities identified and agreed by the board. Our aim is to provide comprehensive support to achieve a vibrant and thriving voluntary sector which has the community at the heart of everything we do, to have the systems in place to meet funders' requirements and inspire confidence in stakeholders through quality assurance and to clearly and articulately represent the voluntary sector to public policy makers.

f. Risk management

The trustees have examined major strategic, governance, business, financial and operational risks which the charity has and may face and have implemented the appropriate systems and monitoring to mitigate these. The potential reduction in grants secured from statutory organisations has been identified as a future risk to the charity and steps have been taken to alleviate this. The charity did not predict a worldwide pandemic and the impact it would have. However, overall, the charity's infrastructure proved to be robust and was able to respond appropriately to the emergency and needs of the community by supporting the redeployment and retraining of staff and volunteers not without challenges. The financial controls in place include the producing and reporting of budget performance, reporting mechanism for recording information and an accountability framework. Staff and trustees are involved in reviewing and managing risk. Many aspects of risk management such as authorisation, monitoring and reporting, staff checks and appraisal, safety procedures - in particular health and safety and adequate insurance cover are embedded within the organisation. Internal financial controls conform to guidelines issued by the Charity Commission.

2. ACTIVITIES

Policies and core functions

The charity has in place the necessary plans, policies and procedures in order to further the objects of the charity. The charity operates to five core functions which are to:

1. Promote and support the local voluntary sector
2. Identify unmet need and develop initiatives to meet that need
3. Encourage liaison between agencies
4. Represent an overview of the broad issues facing the local voluntary sector
5. To act as a strategic partner

The trustees have obligations as employers of staff and as owners of Imperial House – a community resource centre, the Lunch Club premises and the Dovercourt and Harwich Hub. There is an agreement in place with Essex County Council for the provision of CVST's core functions and key direct services such as depression screening, weight management, falls prevention and winter warm support. We also have an agreement with the National Lottery Community Fund for the successful project Healthier Independent Longer Lives (HILL) and with the North East Essex Clinical Commissioning Group to deliver Winter Resilience, Social Prescribing services, Urgent Community Response Service and to produce a refreshed Community Asset Map of the district.

3. ACHIEVEMENTS AND PERFORMANCE - Review of activities

Core services – the pandemic

Due to a worldwide pandemic, this last year was unprecedented and challenging for the community, the voluntary sector and for the organisation. Immediately following the Prime Minister's announcement, all CVST premises closed and were manned by a skeleton staff team as most staff relocated from an office base to working from home. Staff were redeployed to ensure CVST volunteers, service users and local residents who were shielding were supported. Risk assessments, policies and procedures were reviewed and new procedures implemented regularly in order to minimise infection spread and keep people safe especially staff and volunteers providing emergency support.

Not only was the charity able to provide a central source of intelligence and data for our voluntary, community and public sector partners during the emergency, it provided essential practical support to local residents and citizens in order to live safely and avoid medical assistance. In March 2020, CVST was the first to quickly mobilise voluntary sector partners and had the first of daily, then weekly and then as community leaders settled into the pandemic, monthly meetings online to co-ordinate an effective community response to the COVID-19 restrictions

The meetings were deemed essential for information sharing and in bringing together organisations who were still operating so that people who were shielding continued to receive vital support such as shopping, prescriptions and access to care. The Community Forum was a necessary two-way communication channel between voluntary and public sector partners who struggled to meet demand. The support was particularly vital for those who were vulnerable and/or frail and had no access to the internet. In hospitals, families were not able to support their loved ones due to the need to minimise infection spread and carers were cut off from their loved ones. Care homes highlighted the need for PPE. All village halls and community centres closed. A large proportion of CVST volunteers were not able to volunteer as they needed to shield and they too were in need of support. A core group of volunteers wishing to contribute to the pandemic got to work and produced various PPE items for staff at the Fryatt hospital and for the wider community in return for a small donation; the proceeds were donated to charities based in Harwich such as the Ark Family Resource Centre and the Park Pavilion. CVST also connected a local business in Clacton with four local care homes to facilitate the donation of much needed PPE – the plight of care homes had been raised at the Community Forum. As lockdown continued, a very successful partnership with Abberton Rural Training enabled isolated people to 'Grow their Own' by mobilising our volunteers to deliver planters, compost and soil direct to local residents homes. With support from the Hindu Temple, 'thank you' boxes were delivered to staff working in Tendring GP surgeries.

Volunteers

As the virus restrictions continued CVST were able to recruit a new wave of volunteers who expressed the wish to contribute to their community and this enabled the charity to expand home delivery services. In addition, working in collaboration with ECC's public health team, the Tribe 'app' was successfully utilised. This provided another resource for much needed services particularly shopping and prescription delivery which was provided quickly and free of charge due to the generous donations from local district councillors, Cllr Land, Cllr Porter and Cllr Stephenson which supported the cost of the food boxes and volunteers expenses. Working in collaboration with Tendring District Council, CVST supported the local pandemic Community Hub and provided a fast response to resident's needs and provided a link with the district wide voluntary sector including the many mutual aid groups created in response to the pandemic. The NHS Volunteer Responder scheme's GoodSam app was also used and with funding from NHSE, an evaluation was undertaken to assess local NHS volunteer responders involvement. Although many volunteers had to step down due to shielding, over 200 new volunteers were recruited and supported this year.

CVST recognise and thank volunteers by celebrating National Volunteers Week at the CVST Beach Hut and also hold regular volunteer 'get togethers', this year most of the sessions were conducted online including support sessions for the vaccination hub volunteers. In addition, a comprehensive training programme including Making Every Contact Count, Mental Health First Aid, Health & Safety, Safeguarding, Confidentiality and Lone Working is provided.

Volunteer Centre Tendring (Essex)

CVST manage the Tendring Volunteer Centre as part of the ECC funded Volunteer Essex platform. Volunteering roles continue to be promoted at every opportunity and on the CVST social media and ebulletin. Out of 425 active volunteers, 196 have secured opportunities with 15 voluntary organisations such as Essex Libraries, Citizens Advice Tendring, Victim Support, Essex Police and Lads Need Dads. Between 1 April 2020 and 31 March 2021 volunteering increased with over 605 enquiries, 556 new registrations, 196 placements, with a significant increase of 72.5% of volunteers that have secured placements in a volunteering opportunity; a 35% conversion rate.

Volunteers are re-imbursed for any costs incurred. A total of 38,266 hours was donated during this year which equates to a social value of £466,845 which is an incredible contribution and this enables CVST to achieve its many objectives.

Vaccination Hub

Later in the year, it was reported nationally that Tendring was recorded as having the highest mortality rates due to Covid-19. CVST, in response to the call from the NEE Clinical Commissioning Group and partners in the NEE Health and Wellbeing Alliance, successfully mobilised and supported a large team of volunteers to help create the first community Vaccination Hub at the St Helena centre in Clacton.

As a result, just a few weeks later, in early January 2021, Tendring was recorded top of the league for delivering the most vaccinations in the country. This would not have been possible without our amazing vaccination volunteers to whom we are grateful. In total over 300 volunteers were recruited in response to the pandemic including another large team to support an additional vaccination hub set up at the Fryatt Hospital in Dovercourt.

NHS Volunteer Responder project

The aim of the project is to provide additional capacity to support local urgent care response services including the mass vaccination programme. NHS volunteer responders within the Tendring district were identified in order to be utilised to respond to community needs and improve outcomes for local people. NHS Volunteer responders supported the CVST's social prescribing project and the community vaccination hubs and provided greater capacity. An evaluation of the project was commissioned and surveys undertaken with volunteers and the voluntary sector, the results of which will inform future plans.

Partnerships

As most of social and health services closed in order to minimise infection spread, the charity supported its public sector partners to quickly mobilise and respond to the emergency, firstly to consolidate, then to manage a situation not experienced in this generation. Emergency planning meetings were set up to ensure all partners combined expertise and ensured a co-ordinated response. Many gaps were identified such as lack of digital skills, isolation, mental health. Mental health and suicide are of significant concern as a result of isolation particularly for young people. An unforeseen issue were the number of admissions to hospital from falls due to lack of exercise during lockdown. CVST were able to quickly set up activities such as walking groups, buddy volunteers, and placed social prescribers in the hospital discharge hub to enable a smooth discharge and help avoid readmissions by ensuring people had sufficient support at home.

A CVST Social Prescribing Link Worker was seconded to the Urgent Community Response service which has supported people from being admitted to hospital. An IT project was established with lottery funds to help people get online. Partnership meetings included North East Essex Health and Wellbeing Alliance, Essex County Council public health, NEE Tactical Cell, Tendring District Council Health and Wellbeing Board and associated panels, ECC Community Initiatives Fund Panel, Tendring Dementia Action Alliance, Independent Advisory Group (IAG) Suffolk and North East Essex Integrated Care System (SNEE ICS), SNEE VCSE Strategy meetings, NEE Health Forum, NEE Mental Health Board, SNEE Suicide Prevention, Essex CVS. CVST supported NAVCA to promote the 'Never More Needed' campaign as it became clear that people depended on local charities more than any other service during lockdown.

Tendring Together, hosted by CVST, is a coalition of local charities brought together to showcase community services and act as a commissioning marketplace. In addition, Tendring Together will help ensure local charities have easy access to much needed support in order to build up and build back a robust voluntary sector as it emerges from the pandemic.

This year more than ever before the value and importance of our voluntary sector has been recognised by our partners, there has been an increase in funding available to enable voluntary organisations to support and increase the services which are vital to the health of the sector and communities. The flexibility, speed and professional way that the sector responded to the pandemic is remarkable.

CVST continues to provide advice and give practical support in order to strengthen the infrastructure of the voluntary sector. Around 200 organisations have been provided with a wide range of support including funding guidance, development of model policies and procedures and general guidance and information. In order to assist with organisation development and sustainability one to one support has been given and organisational health checks undertaken. The support provided has enabled organisations to deliver services in a COVID secure way, resilience has increased and services have been developed to meet current needs. Funding advice, compliance and governance support continues to be most needed.

Over 100 local charities have attended 16 Funding surgeries held online. Speakers included The National Lottery Communities Fund, Essex Community Foundation, ECC Local Delivery Pilot, The Grassroots Charity, The Tudwick Foundation and Colchester Catalyst Charity. As a result of the popular surgeries, many organisations successfully secured funding to implement new services or to expand existing provision, crucial during the pandemic. The funding also helped boost the local economy. Organisations said they appreciated having the opportunity to meet with funders informally albeit online and with other organisations as this provided an opportunity to explore potential partnerships. This important work, which has a huge impact on the community, will continue.

Small grants programmes

CVST has managed 4 grants programmes on behalf of the NEE CCG and Essex County Council. The funds included Transformation, Men's Mental Health, Cervical Cancer and Winter Resilience and were awarded to organisations which met the criteria. CVST staff also acted as a panel member on the Essex Community Foundation's Earl's Hall Farm community benefit fund and the ECC Local Delivery Pilot. In excess of £300,000 was awarded between 20 local organisations which have significantly contributed to a wide range of issues including reducing inequalities, mental health, learning disabilities, LGBTQ+, carers, stroke, learning disabilities, child poverty, older people's isolation, refugees, minority ethnic communities, long term health conditions and also helped strengthen the sustainability of the local voluntary sector.

Community Asset Map

This is the second year of our community asset mapping work commissioned by the NEE Health and Wellbeing Alliance. During the year, the report was refreshed and has been well received by partners.

Healthier Independent Technology (HIT)

At the start of the lockdown, it was identified that many people shielding were referred to CVST from partner organisations because they were not able to access online shopping and other services. They were not independent due to a lack of digital skills. The HIT project's aim was to enable people with multiple health conditions and/or deemed at greater risk of Covid-19, to access the internet and become more independent. 286 people participated in a survey and 112 were identified as having no access to the internet. Volunteers with IT skills were recruited to support people to increase confidence and develop basic IT skills. IT support was tailored to the individual's needs and the majority were supplied with a tablet or smartphone. Those with no internet were provided with data. An unexpected outcome of the project was that people were so desperately in need of socialisation, that they became dependent on their volunteer for friendship in addition to IT support. Volunteers were subsequently renamed IT Buddies. All those who participated were given a handy information folder which contained help-sheets, useful links, stylus pen, note pad, and CVST contact details.

Due to lockdown, face to face support was not possible however, the IT buddies gave regular telephone support to their matched beneficiary. Volunteers were supported by attendance at fortnightly Zoom meetings hosted by CVST staff. The buddies set up and delivered the devices, produced help sheets and also produced a broad set of short 'how to' films which were uploaded to YouTube in addition to increasing their own skills.

The impact on beneficiaries lives has been dramatic. They can now link with families and friends by using Skype, WhatsApp, Zoom and other video call methods. During lockdown this has been particularly vital to people's mental health. The use of video calls also proved a great way of undertaking support sessions. Beneficiaries have learnt new skills, ordered shopping, remained in contact with friends and increased their confidence in using the internet. It is hoped that as they continue to move forward into what is being referred to as the 'new normal' they will remain in contact with the wider community therefore reducing isolation and improving feelings of wellbeing. The project has been a success. The HIT buddies will continue volunteering with CVST and will participate in IT and other support once activities restart.

The pandemic has placed significant pressure on the local voluntary sector in addition to the increased competition for funds. More demand is placed on charities to respond to the emerging issues such as 'Long Covid', a mental health crisis especially true in young people, and worsening deprivation due to businesses closing and loss of jobs. The need for infrastructure support is never more needed.

Healthier Independent Longer Lives (HILL)

The Healthier Independent Longer Lives (HILL) Project funded by the National Lottery Communities Fund offers empowerment and community development through asset-based activities to reduce loneliness, increases physical activity, improves confidence, increases skills and employability, improves wellbeing and enables independence. The past year has been a challenge to do this whilst the community experienced the Covid-19 Pandemic with the majority of the HILL activity and community groups forced to close. However, the HILL team have worked tirelessly to make sure the project was able to deliver appropriate support throughout this difficult time. When lockdown was announced and activities closed, the HILL team helped members connect with one another through encouraging the use of social media, regular telephone calls and in other ways during lockdown. An amazing 8,230 welfare calls have been made by volunteers and Hill team staff throughout this year and this was a lifeline especially for those at home alone. Each individual was equipped with basic needs such as medication, food and friendship during the lockdowns. Volunteers were supported to help deliver food boxes and then this progressed to shopping and prescription deliveries and meals on wheels. 425 hot meals were delivered to those living alone and vulnerable. Staff delivered Christmas dinners and provided a friendly face and a chat on the doorstep and this proved to be an essential part of the HILL project which members have reported brightened their day at a very lonely time.

HILL moved quickly to adapt to the restrictions and for the first time began running online fitness sessions via Zoom. Offering seated yoga, Tai Chi, Fitness is Fun, and Mindful Movement. These were suitable for all abilities which made it possible for people to join a fitness class who would otherwise be unable to leave their homes. Some of these classes will remain online to offer continued flexibility to people who are housebound or restricted by lack of transport, mobility and had previously been unable to join classes. This was a positive outcome of lockdown. In total, 524 people improved their health, fitness and mobility through the range of classes and activities on offer. Continuously responding to change, the project started Buddy walks to support people who had lost their confidence and mobility to get outside and connect with people in a safe environment. In most cases, this was the first time some of our members had ventured out and spoken to a person face to face since the pandemic began. A collaboration with Abberton Rural Training's Grow Your Own and HILL staff also proved to be very successful. Staff and volunteers helped deliver a planter pack for residents to grow vegetables at home. Hill staff also encouraged the community to participate in the Jaywick Martello Tower art initiative to create and design masks expressing thoughts and feelings during the pandemic which would later be exhibited at an art exhibition. It was enjoyed by all and proved to be a very therapeutic exercise which also encouraged exploration of emotions. Another collaboration with Sailship, a local enterprise which supports people with learning and physical disabilities was also a success. HILL volunteers helped to pack and deliver craft, cooking and gardening packs to members. Throughout the past year 287 people reported an improvement in their mental health and wellbeing from having made new friends during the pandemic. The Dovercourt Community Allotment group have made great progress this year on site. The site remained open during the lockdown with limited numbers of group members attending most days. Members said "coming to the allotment gave me a reason to go out, otherwise I would spend my day at home alone, feeing down". "The Allotment group got me through lockdown". Whilst members spent a lot of time at home HILL encouraged Craft groups and volunteers to join forces and make face coverings. Local residents offered donations for the face coverings and in total over 3,000 were distributed and raised over £2,000. HILL offered these donations to other local community groups such as Harwich Home Start, The Ark Family Resource Centre and the Park Pavilion. Christmas 2020 - another lockdown and a difficult time for many people spending Christmas on their own. HILL continued to work with isolated members creating Operation Christmas. This project encouraged local residents to donate a gift to share Christmas cheer amongst our communities. Over 70 gifts were generously donated to this project. Presents were delivered during Christmas week by HILL volunteers who arrived for a chat on the doorstep of members who would otherwise be spending the Christmas period on their own.

Training

The start of the financial year coincided with the Covid-19 lockdown and identified the need to switch training to online and this enabled personnel and volunteers to access a varied programme of training which was also extended to the wider voluntary sector. Courses included Dementia Friends, LGBTQ+, Making Every Contact Count, Manual Handling, Mental Health First Aid to name just a few. Participants totalled 246 which were lower than the previous year due to the pandemic. Organisations participating included Alzheimer's Society, Age Concern, Coastal Community Centre, NEECCG, Rethink Essex, Citizens Advice, ESNEFT etc. Diversity, Inclusion and Cultural Awareness remain our priority for the forthcoming year.

Social Prescribing

Commissioned by the NEE CCG and ECC's Public Health, the Social Prescribing team is now established within the community and in GP surgeries in Tendring. Mid year, CVST was commissioned to deliver the Urgent Community Response Service to preventing unnecessary hospital admissions and to provide social prescribers in the Discharge Hub at Colchester Hospital to arrange discharge packages for people leaving hospital. Addressing the social issues which affect people's wellbeing, the Social Prescribing team works with individuals to connect them to community resources and services to help build resilience and improve health outcomes.

Throughout 2020/2021, the team have supported the community practically and emotionally throughout the Coronavirus pandemic by linking their needs with volunteers and community support. Activities included urgent prescription and shopping deliveries, food parcels, befriending and welfare calls, help with financial support, attendance at flu clinics and distributing winter resilience packs helping people to keep warm. Social prescribers also attend the SOS Bus and the community vaccination hubs. 'The help that the Social Prescriber has given me is immense, from increasing my income, to helping me with my mobility, plus information on shopping, supermarkets and community lunches. I am so much more positive and look forward to every day, and it all started with that first phone call. I thank CVST so much for all their help and support, I would have been lost without all of this help." The team will be continuing to support the needs of the local community with services and links to social and physical activity groups, to help people to achieve their wellbeing goals.

Premises

CVST owns premises Imperial House in Clacton, the Harwich and Dovercourt Hub, The Lunch Club and two Beach Huts. Although both centres have been closed to the public since lockdown at the start of the financial year 2020, they have experienced over 2,000 visits by members of the public, volunteers and beneficiaries collecting food parcels, recycling boxes, PPE and winter warm packs. Staff continued taking calls from many organisations responding to people who were needing to shield, those with limited mobility, lack of IT skills or who were vulnerable. The staff team's expertise and knowledge has been key to helping people during this time.

Maintenance and repairs were undertaken including redecoration, a new Aircon unit was fitted at the Dovercourt Hub, safety screens, signage and antibacterial stations were installed in all venues and a newly refurbished reception at Imperial House was fitted to minimise infection spread and observe high standards of health and hygiene. Covid-19 government guidelines are followed, risk assessments produced and checked to provide a safe working environment and preparation is underway to re-open when restrictions lift. The Track & Trace app is advertised for each site for staff and clients to download.

Plans are underway to get premises ready for restarting activities from summer 2021.

Beach Hut

The Beach Huts had record bookings during the summer of 2020 reflecting the need for people to stay local during the pandemic and are now being redecorated in time to reopen for the 2021 season.

Tendring Older People's Forum

Due to the pandemic, the forum was not able to meet and members were encouraged to attend the online emergency response voluntary sector support services and the VCS Community Forum Tendring Together.

Capacity building

Funding was awarded by Lloyds Bank Foundation to build capacity. This has enabled access to expertise in order to develop the organisation further.

Clacton Lunch Club

At the start of the pandemic, the lunch club had to temporarily close due to staff needing to shield. Beneficiaries were provided with support to help keep them safe and connected. The Lunch Club opened in summer 2020 providing meals on wheels, welfare calls and shopping for members. Christmas dinners and gifts were delivered by CVST staff and volunteers. After Christmas, the lunch club once again had to close due to lockdown restrictions and staff shielding. Beneficiaries received welfare calls. Repairs and maintenance were carried out during the closed periods. It is planned to re-open in the Summer of 2021.

Winter Resilience Project

The project is funded by the NEE CCG and by ECC Public Health. The aim is to help people to become more resilient by improving their health, staying well, warm and better connected with projects such as social prescribing during winter, as well as reducing dependence on statutory sector services. This year, the project has been vital in helping to keep people safe and warm and reduce hospital admissions.

Objectives

- Reducing fuel, GP visits and hospital admissions and isolation
- Supporting people to build up their own skills/resilience to self-care and promote better health
- Building community cohesion by directing people to services and support
- Ensuring there is a resilience plan to deal with crisis situations
- Providing direct emergency support during Covid-19 while promoting Covid-19 secure guidelines

Over 3,000 packs were delivered this year via flu clinics, the SOS Bus, the Trinity Church and door drops in Jaywick Sands, Walton and Harwich. Packs were also distributed from referrals managed by the social prescribing team. 4,500 people including children have been supported with 19,600 winter items this year and over £20,000 small grants have been awarded to local charities to support the aims of the project.

Essex Local Delivery Pilot

The Essex Local Delivery Pilot (LDP) funded by Sport England is led by Active Essex to build healthier more active communities across Essex. The Essex LDP is the only one in the East region and is focused on over 400,000 people who live in the county's most disadvantaged areas in Tendring, Colchester and Basildon where individuals and families are facing the greatest inequalities. CVST is an active partner in the LDP and supports the delivery of the programme Essex wide at a strategic and operational level as well as supporting local delivery activity for Tendring. In addition to research to understand the links between affluence and exercise the Local Delivery Pilot has allocated grants to local initiatives, projects and organisations to increase physical activity within our local population who are least likely to engage.

LDP Capacity Building Project

This is a new project funded by Sport England through the Local Delivery Pilot (LDP). CVS Tendring was the first CVS to partner with an LDP out of the 14 LDPs across the country and the only one in Essex. The project aims to work with voluntary and community sector organisations serving disadvantaged communities across the Tendring District, to build capacity for the specific purpose of increasing levels of physical activity for their beneficiaries, focusing on three target audiences. These being, older people, people with mental ill health and low-income families with dependent children.

The Physical Activity Capacity Building Officer commenced work on January 2021. Since starting the role, 38 organisations and groups had been contacted by the end of March 2021.

Clacton Family Trust's service users have been dramatically affected by the recent Covid outbreak. Due to the high levels of supervision required for these service users, government restrictions have meant that they have been unable to access their normal physical exercise venues. Clacton Family Trust and Active Essex were put into contact with each other with the aim of gaining funding for a permanent outdoor trampoline. The trampoline will be located on Trust's premises, enabling free and unlimited access for the service users. It is the objective of the project to further build contacts within the Tendring District, with the intention of supporting capacity building of physical activity for these contacts.

Compassionate Communities - End of Life Portal

As part of the Suffolk and North East Essex Integrated Care System's Digital programme. St Helena are looking at a different model to deliver their group work (rehab, family support, bereavement) using a collaborative, community based approach which will deliver good outcomes and harness the great work already going on in the community. CVST has been recognised alongside other partners to help make this happen at neighbourhood level and to use our connections including social prescribing and CVST's HILL project.

SHELLS Health Advocacy Service

SHELLS is a collection of organisations working together in Tendring to help support those at risk of losing their home. CVST has been a key partner in SHELLS and has worked with SUMMIT and North East Essex Clinical Commissioning Group to secure the funding to create a Health Advocate Service for people who are, or who are at risk of, homelessness. The service has proved invaluable during lockdown where, in the seven months it had been running up until March 21 the service had 160 referrals for people who needed to be supported to access services to maintain their health and wellbeing. Along with the other SHELLS partners CVST has been using the experiences of the people supported through the Health Advocates to inform future local service delivery.

Quality Assurance

The charity gained the esteemed NAVCA Quality Assurance System awarded to reflect 'excellent service given to local groups', and retains the internationally recognised quality standard ISO 9001 maintaining high standards across all internal systems and management, customer services and satisfaction. ISO 9001 scrutinises internal systems and governance and ensures the organisation adheres to legal and financial frameworks. This work is undertaken by the CVST audit sub-committee and is externally audited.

Financial Overview

The charity has been successful in securing funding from a variety of sources including Essex County Council, The National Lottery Community Fund, North East Essex CCG, Tendring District Council, Lloyds Bank Foundation and the Essex Community Foundation. This enabled us to respond quickly to the community's needs of the pandemic and help keep people safe. Any surplus will be utilised to continue, restart and build up essential activities in the coming years.

Reserves policy

The Board of Trustees are pleased to report that the charity's free reserves are sufficient to cover 12 months running costs, property maintenance, management, redundancy, administration and support costs and any potential liabilities in line with its established reserves policy. The trustees aim is to maintain sufficient reserves to ensure the charity remains sustainable in the event of a significant drop in funding or any unforeseen events which would impact on the viability and sustainability of the charity.

FUTURE PLANS

It is the intention of the charity to pursue the following objectives during the year 2021/2022:

1. Build on the heart-warming community spirit experienced during the pandemic and encourage more people to volunteer
2. Continue to run the vaccination hubs to minimise infection spread and help keep people safe
3. Continue to develop the social prescribing service to help prevent admissions to NHS services, support hospital discharge, encourage community interventions and enable independence
4. Expand on the successful winter resilience project with partners
5. Continue to improve facilities to help keep people safe and restart activities, in order to reduce loneliness, encourage physical activity and boost well-being through the HILL project
6. Develop and strengthen service priorities in collaboration with Essex County Council's public health team and the North East Essex Health and Wellbeing Alliance
7. Continue to develop digital expertise within the charity and the community
8. To raise Cultural Awareness and inclusion through the NEE Alliance commissioned Cultural Awareness project
9. Work collaboratively with Alliance partners on developing new services focussed on the Live Well Domains across the three neighbourhoods in Tendring
10. Continue to collaborate with the local coalition of voluntary organisations within the recently rebranded 'Tendring Together' in order to respond to the demands of the community following the after-effects of the pandemic

Acknowledgement

The trustees wish to thank the staff and volunteers for their strength and conscientious commitment during the most difficult and challenging year. Thanks are also given to our many funders and supporters including but not exclusively: Colchester Catalyst Charity, Essex County Council Public Health and ECC Local Delivery Pilot, The National Lottery Communities Fund, the North East Essex (NEE) Clinical Commissioning Group, the NEE Health and Wellbeing Leadership Alliance, the Suffolk and NEE Integrated Care System, Tendring District Council and Essex Community Foundation for their vital support for which the charity is extremely grateful. Thanks are also extended to Cllr Dan Land, Cllr Mark Stephenson and Cllr Alex Porter at Tendring District Council for their unstinting support during this unprecedented year.

TRUSTEES' RESPONSIBILITIES

The Trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In accordance with company law, as the company's directors, we certify that:

In preparing this report, the Trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

This report was approved by the Board of Trustees on
and signed on its behalf, by:

Brenda Ellis, Chairman

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

Independent examiner's report to the Trustees of Tendring Community Voluntary Services ('the Charitable Company')

I report to the trustees (who are also Directors' for the purpose of company law) on my examination of the financial statements of Tendring Community Voluntary Services ('the charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and related notes.

This report is made solely to the charity's trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the Trustees of the Charitable Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Charitable Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charitable Company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the maters than an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

INDEPENDENT EXAMINER'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Independent examiner's statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Tim O'Connor ACA FCCA DChA

Scrutton Bland LLP
Chartered Accountants
820 The Crescent
Colchester Business Park
Colchester
Essex
CO4 9YQ

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2021

	Note	Unrestricted funds 2021 £	Restricted funds 2021 £	Endowment funds 2021 £	Total funds 2021 £	As restated Total funds 2020 £
Income from:						
Donations	4	**439,793**	**311,213**	**-**	**751,006**	479,323
Charitable activities	5	**54,957**	**-**	**-**	**54,957**	123,253
Other trading activities	6	**612**	**213**	**-**	**825**	3,957
Investments	7	**1,918**	**-**	**-**	**1,918**	2,413
Total income		**497,280**	**311,426**	**-**	**808,706**	608,946
Expenditure on:						
Charitable activities	9	**559,162**	**289,383**	**3,575**	**852,120**	538,928
Total expenditure		**559,162**	**289,383**	**3,575**	**852,120**	538,928
Net (expenditure) /income	10	**(61,882)**	**22,043**	**(3,575)**	**(43,414)**	70,018
Reconciliation of funds:						
Total funds brought forward		**959,126**	**332,489**	**357,465**	**1,649,080**	1,579,062
Net movement in funds		**(61,882)**	**22,043**	**(3,575)**	**(43,414)**	70,018
Total funds carried forward		**897,244**	**354,532**	**353,890**	**1,605,666**	1,649,080

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 22 to 38 form part of these financial statements.

TENDRING COMMUNITY VOLUNTARY SERVICES

(A company limited by guarantee)
REGISTERED NUMBER: 05325167

BALANCE SHEET
AS AT 31 MARCH 2021

	Note		2021 £		As restated 2020 £
Fixed assets					
Tangible assets	13		**1,095,805**		1,114,479
			1,095,805		1,114,479
Current assets					
Debtors	14	**266,788**		28,854	
Cash at bank and in hand		**983,307**		518,932	
		1,250,095		547,786	
Creditors: amounts falling due within one year	15	**(740,234)**		(13,185)	
Net current assets			**509,861**		534,601
Total assets less current liabilities			**1,605,666**		1,649,080
Total net assets			**1,605,666**		1,649,080
Charity funds					
Endowment funds	17		**353,890**		357,465
Restricted funds	17		**354,532**		332,489
Unrestricted funds	17		**897,244**		959,126
Total funds			**1,605,666**		1,649,080

BALANCE SHEET (CONTINUED)
AS AT 31 MARCH 2021

The Charitable Company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on and signed on their behalf by:

.....
Brenda Ellis
(Chair of Trustees)

The notes on pages 22 to 38 form part of these financial statements.

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2021

	Note	2021 £	2020 £
Cash flows from operating activities			
Net cash generated from/(used in) operating activities	20	**462,457**	(48,027)
Cash flows from investing activities			
Interest received		**1,918**	2,413
Purchase of tangible fixed assets		**-**	(29,325)
Net cash generated from/(used in) investing activities		**1,918**	**(26,912)**
Cash flows from financing activities			
Net cash provided by financing activities		**-**	**-**
Change in cash and cash equivalents in the year		**464,375**	**(74,939)**
Cash and cash equivalents at the beginning of the year		**518,932**	593,871
Cash and cash equivalents at the end of the year	21	**983,307**	518,932

The notes on pages 22 to 38 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. General information

Tendring Community Voluntary Services is a charitable company limited by guarantee, incorporated in England and Wales, registered company number 05325167 and registered Charity number 1108177. The address of the registered office is Imperial House, 20-22 Rosemary Road, Clacton On Sea, Essex, CO15 1NZ.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Tendring Community Voluntary Services meets the definition of a public benefit entity under FRS 102.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The financial statements are rounded to the nearest £1 and are prepared in sterling.

2.2 Going concern

The charitable company continues to be affected by certain restrictions imposed on its activities relating to the spread of coronavirus. The impact of the coronavirus will continue to have a significant effect on the economy during 2021. The Trustees continue to monitor the effect of coronavirus, and its related uncertainties, and forecasting indicates that liabilities will continue to be met as they fall due. For this reason the Members have adopted the going concern basis in preparing the financial statements.

2.3 Income

All income is recognised once the Charitable Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income is deferred only when the charitable company has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Other income is recognised in the period in which it is receivable.

2. Accounting policies (continued)

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charitable Company's objectives, as well as any associated governance costs.

All expenditure is inclusive of irrecoverable VAT.

2.5 Government grants

Government grants are credited to the statement of financial activities as the related expenditure is incurred.

2.6 Taxation

The Charitable Company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charitable Company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.7 Tangible fixed assets and depreciation

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Freehold property	-	1%	straight line
Beach Hut	-	10%	straight line
Fixtures and fittings	-	25%	straight line
Computer equipment	-	33%	straight line

2. Accounting policies (continued)

2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered.

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charitable Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the services it must provide.

2.11 Financial instruments

The Charitable Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are recognised at transaction value.

2.12 Pensions

The Charitable Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charitable Company to the fund in respect of the year.

2.13 Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charitable Company. The Trustees seek to designate these funds wherever possible.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charitable Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements. Endowment funds are funds that cannot be used as if they are income i.e. they cannot be used to make payment or grants to others.

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The more significant judgements and estimates involved in the preparation of the financial statements include assessing the depreciation rates applicable to tangible fixed assets and the way in which certain costs should be apportioned. Further details regarding these points are included within the accounting policies.

4. Income from donations

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Donations	9,257	2,750	**12,007**
Grants	430,536	308,463	**738,999**
	439,793	311,213	**751,006**

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Donations	3,140	-	3,140
Grants	339,860	136,323	476,183
	343,000	136,323	479,323

All income above relates to community support service activities for both years.

5. Income from charitable activities

	Unrestricted funds 2021 £	Total funds 2021 £
Contributions from Imperial House	44,097	**44,097**
Management and other fees	2,658	**2,658**
Other Charitable Activities	8,202	**8,202**
	54,957	**54,957**

5. Income from charitable activities (continued)

	Unrestricted funds 2020 £	Total funds 2020 £
Contributions from Imperial House	34,605	34,605
Management and other fees	9,821	9,821
Other Charitable Activities	78,827	78,827
	123,253	123,253

All income above relates to community support service activities for both years.

6. Income from other trading activities

Income from fundraising events

	Unrestricted funds 2021 £	**Restricted funds 2021 £**	**Total funds 2021 £**
Beach Hut etc.	612	-	**612**
Community Fair	-	45	**45**
Friendship cafe	-	168	**168**
	612	213	**825**

	Unrestricted funds 2020 £	Total funds 2020 £
Beach Hut etc.	3,957	3,957

7. Investment income

	Unrestricted funds 2021 £	Total funds 2021 £
Bank interest	1,918	**1,918**

	Unrestricted funds 2020 £	Total funds 2020 £
Bank interest	2,413	2,413

8. Governance costs

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Accountancy fees	1,425	1,425	**2,850**
Staff costs	5,004	-	**5,004**
	6,429	1,425	**7,854**

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Accountancy fees	1,200	1,200	2,400
Staff costs	5,404	-	5,404
	6,604	1,200	7,804

9. Analysis of resources expended by expenditure type

	Unrestricted funds 2021 £	Restricted funds 2021 £	Endowment funds 2021 £	Total funds 2021 £
Depreciation on fixed assets used for charitable purposes	13,637	1,462	3,575	**18,674**
Cost of activities in furtherance of the charity's objectives	539,096	286,496	-	**825,592**
Governance	6,429	1,425	-	**7,854**
	559,162	289,383	3,575	**852,120**

	Unrestricted funds 2020 £	(Restated) Restricted funds 2020 £	(Restated) Endowment funds 2020 £	Total funds 2020 £
Depreciation on fixed assets used for charitable purposes	6,010	7,472	3,785	17,267
Cost of activities in furtherance of the charity's objectives	358,553	155,304	-	513,857
Governance	6,604	1,200	-	7,804
	371,167	163,976	3,785	538,928

10. Net income

Net income is stated after charging:

	2021 £	2020 £
Depreciation	**18,674**	17,267
Staff pension contributions	**8,508**	6,125
Independent Examiner's fees	**2,850**	2,400

11. Staff costs

	2021	As restated 2020
	£	£
Wages and salaries	**423,948**	336,595
Social security costs	**21,913**	17,203
Contribution to defined contribution pension schemes	**8,508**	6,125
	454,369	359,923

The average number of persons employed by the Charitable Company during the year was as follows:

	2021	2020
	No.	No.
Employees	**27**	22

No employee received remuneration amounting to more than £60,000 in either year.

The aggregate remuneration of key management personnel was £38,303 (2020: £38,303).

12. Trustees' remuneration and expenses

During the year, one Trustee received £9,500 in respect of consultancy services (2020 - £16,021 for two Trustees). These services were provided seperately from their role as a Trustee.

During the year ended 31 March 2021, Trustee expenses have been reimbursed of £Nil (2020 - £62).

13. Tangible fixed assets

	Freehold property £	Fixtures and fittings £	Total £
Cost or valuation			
At 1 April 2020	**1,290,018**	**173,191**	**1,463,209**
At 31 March 2021	**1,290,018**	**173,191**	**1,463,209**
Depreciation			
At 1 April 2020	**186,922**	**161,808**	**348,730**
Charge for the year	**12,900**	**5,774**	**18,674**
At 31 March 2021	**199,822**	**167,582**	**367,404**
Net book value			
At 31 March 2021	**1,090,196**	**5,609**	**1,095,805**
At 31 March 2020	1,103,096	11,383	1,114,479

The Charity's freehold property at 20/22 Rosemary Road, Clacton-on-Sea was valued as at 31 March 2013, at £700,000 (the net book value at that time was £567,763). The valuation was carried out by an External Valuer, P H H Wheaton FRICS of Fenn Wright, Chartered Surveyors. The valuation was undertaken in accordance with the requirements of the RICS Valuation - Professional Standards and the relevant financial reporting standards.

Land and buildings also include: 99-101 Carnarvon Road (Lunch club property) donated from Age Concern (valued in 2019 at £181,555), and 276 High Street, Dovercourt (fully operational from autumn 2019).

14. Debtors

	2021 £	2020 £
Trade debtors	**264,989**	-
Other debtors	**1,799**	28,490
Prepayments and accrued income	**-**	364
	266,788	28,854

15. Creditors: Amounts falling due within one year

	2021 £	2020 £
Trade creditors	**34,304**	-
Other taxation and social security	**7,957**	-
Other creditors	**303**	9,226
Accruals and deferred income	**697,670**	3,959
	740,234	13,185

	2021 £	2020 £
Deferred income		
Deferred income at 1 April 2020	**1,559**	121,556
Resources deferred during the year	**694,820**	1,559
Amounts released from previous periods	**(1,559)**	(121,556)
	694,820	1,559

16. Financial instruments

	2021 £	2020 £
Financial assets		
Financial assets measured at transaction price	**266,788**	28,490

	2021 £	2020 £
Financial liabilities		
Financial liabilities measured at transaction price	**732,277**	13,185

Financial assets comprise trade and other debtors.

Financial liabilities comprise trade creditors, other creditors, accruals and deferred income.

17. Statement of funds

Statement of funds - current year

	(Restated) Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
Unrestricted funds				
CIC/Imperial House	**73,897**	**35,336**	**(59,938)**	**49,295**
Harwich Centre (HC)	**-**	**13,588**	**(13,588)**	**-**
Fundraising and sundry charitable accounts	**23,676**	**612**	**-**	**24,288**
Lunch Club (LC)	**314,330**	**24,596**	**(24,596)**	**314,330**
Resilience	**52,193**	**112,087**	**(124,547)**	**39,733**
Social Prescribing	**42,039**	**150,620**	**(137,949)**	**54,710**
Property maintenance reserve	**100,408**	**-**	**-**	**100,408**
Core TCVS	**352,583**	**108,597**	**(146,700)**	**314,480**
Health projects	**-**	**35,500**	**(35,500)**	**-**
IVP	**-**	**16,344**	**(16,344)**	**-**
	959,126	**497,280**	**(559,162)**	**897,244**
Endowment funds				
Building Development Fund	**357,465**	**-**	**(3,575)**	**353,890**
Restricted funds				
Big Lottery: Healthier Independent Longer Lives (HILL)	**6,962**	**205,349**	**(112,670)**	**99,641**
Big Lottery: Awards for All	**6,289**	**-**	**(6,289)**	**-**
Essex County Council (ECC): HC	**15,000**	**-**	**(15,000)**	**-**
Men's Mental Health Community Fund	**-**	**42,287**	**(42,287)**	**-**
TDC: Sport England	**3,090**	**-**	**(3,090)**	**-**
ECC: Active Tending and Jaywick	**1,269**	**-**	**(1,269)**	**-**
LDP	**-**	**22,073**	**(5,832)**	**16,241**
Grassroots	**1,000**	**750**	**(43)**	**1,707**
Colchester Catalyst: HC	**93,100**	**-**	**(931)**	**92,169**
Tendring District Council (TDC): HC	**19,600**	**-**	**(19,600)**	**-**
Harwich Town Council: HC	**3,920**	**193**	**(4,113)**	**-**
Covid-19 response	**-**	**8,500**	**(8,500)**	**-**
Winter warmth campaign	**-**	**4,296**	**(4,296)**	**-**
Lions	**533**	**-**	**(533)**	**-**

17. Statement of funds (continued)

Statement of funds - current year (continued)

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
Shop Mobility	**851**	**-**	**(851)**	**-**
Capacity Builders	**23,916**	**-**	**(23,916)**	**-**
Colchester Catalyst Charity Befriending Training	**4,650**	**-**	**(4,650)**	**-**
HIT Project	**-**	**27,978**	**(27,978)**	**-**
Capital Fund	**146,236**	**-**	**(1,462)**	**144,774**
Awards for All	**6,073**	**-**	**(6,073)**	**-**
	332,489	**311,426**	**(289,383)**	**354,532**
Total of funds	**1,649,080**	**808,706**	**(852,120)**	**1,605,666**

17. Statement of funds (continued)

Statement of funds - prior year

	(Restated) Balance at 1 April 2019 £	Income £	(Restated) Expenditure £	(Restated) Transfers in/out £	(Restated) Balance at 31 March 2020 £
Unrestricted funds					
CIC/Imperial House	65,287	67,582	(58,972)	-	73,897
Harwich Centre (HC)	-	19,063	(20,843)	1,780	-
Fundraising and sundry charitable accounts	24,233	8,044	(8,601)	-	23,676
Lunch Club (LC)	312,716	23,627	(22,013)	-	314,330
Resilience	45,683	86,099	(79,589)	-	52,193
Managing My Health	-	-	(40)	40	-
Social Prescribing	-	105,310	(63,271)	-	42,039
Property maintenance reserve	100,408	-	-	-	100,408
Core TCVS	310,320	162,898	(117,838)	(2,797)	352,583
	858,647	472,623	(371,167)	(977)	959,126
Endowment funds					
Building Development Fund	361,250	-	(3,785)	-	357,465
Restricted funds					
Big Lottery: Healthier Independent Longer Lives (HILL)	15,132	118,397	(126,567)	-	6,962
Big Lottery: Awards for All	8,191	-	(2,704)	802	6,289
Essex County Council (ECC): HC	15,000	-	-	-	15,000
Men's Mental Health Community Fund	4,531	-	(6,001)	1,470	-
TDC: Sport England	11,315	-	(8,225)	-	3,090
ECC: Active Tending and Jaywick	-	2,630	(1,361)	-	1,269
Grassroots	-	1,000	-	-	1,000
Colchester Catalyst: HC	94,050	-	(950)	-	93,100
Tendring District Council (TDC): HC	19,800	-	(200)	-	19,600

17. Statement of funds (continued)

Statement of funds - prior year (continued)

	(Restated) Balance at 1 April 2019 £	Income £	(Restated) Expenditure £	(Restated) Transfers in/out £	Balance at 31 March 2020 £
Harwich Town Council: HC	3,960	-	(40)	-	3,920
Covid-19 response	-	10,000	(10,000)	-	-
Winter warmth campaign	-	4,296	(4,296)	-	-
Lions	833	-	(475)	175	533
Shop Mobility	851	-	-	-	851
Capacity Builders	1,470	-	-	(1,470)	-
Colchester Catalyst Charity Befriending Training	5,913	-	(1,263)	-	4,650
Capital Fund	147,808	-	(1,572)	-	146,236
Awards for All	6,138	-	(65)	-	6,073
Capacity builders	24,173	-	(257)	-	23,916
	359,165	136,323	(163,976)	977	332,489
Total of funds	1,579,062	608,946	(538,928)	-	1,649,080

Descriptions of the various funds have been provided within the financial statements and the Trustees' Report.

18. Summary of funds

Summary of funds - current year

	Balance at 1 April 2020 £	**Income £**	**Expenditure £**	**Balance at 31 March 2021 £**
General funds	**959,126**	**497,280**	**(559,162)**	**897,244**
Endowment funds	**357,465**	**-**	**(3,575)**	**353,890**
Restricted funds	**332,489**	**311,426**	**(289,383)**	**354,532**
	1,649,080	**808,706**	**(852,120)**	**1,605,666**

18. Summary of funds (continued)

Summary of funds - prior year

	(Restated) Balance at 1 April 2019 £	Income £	(Restated) Expenditure £	Transfers in/out £	(Restated) Balance at 31 March 2020 £
General funds	858,647	472,623	(371,167)	(977)	959,126
Endowment funds	361,250	-	(3,785)	-	357,465
Restricted funds	359,165	136,323	(163,976)	977	332,489
	1,579,062	608,946	(538,928)	-	1,649,080

19. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2021 £	**Restricted funds 2021 £**	**Endowment funds 2021 £**	**Total funds 2021 £**
Tangible fixed assets	387,383	354,532	353,890	**1,095,805**
Current assets	1,250,095	-	-	**1,250,095**
Creditors due within one year	(740,234)	-	-	**(740,234)**
Total	897,244	354,532	353,890	**1,605,666**

Analysis of net assets between funds - prior year

	Unrestricted funds 2020 £	Restricted funds 2020 £	Endowment funds 2020 £	Total funds 2020 £
Tangible fixed assets	424,525	332,489	357,465	1,114,479
Current assets	547,786	-	-	547,786
Creditors due within one year	(13,185)	-	-	(13,185)
Total	959,126	332,489	357,465	1,649,080

20. Reconciliation of net movement in funds to net cash flow from operating activities

	2021 £	2020 £
Net (expenditure)/income for the year (as per Statement of Financial Activities)	**(43,414)**	70,018
Adjustments for:		
Depreciation	**18,674**	17,267
Interest received	**(1,918)**	(2,413)
Increase in debtors	**(238,298)**	(11,607)
Increase/(decrease) in creditors	**727,413**	(121,292)
Net cash provided by/(used in) operating activities	**462,457**	(48,027)

21. Analysis of cash and cash equivalents

	2021 £	2020 £
Cash in hand	**983,307**	518,932
Total cash and cash equivalents	**983,307**	518,932

22. Analysis of changes in net debt

	At 1 April 2020 £	Cash flows £	At 31 March 2021 £
Cash at bank and in hand	**518,932**	**464,375**	**983,307**
	518,932	**464,375**	**983,307**

23. Legal status

The charity is a company limited by guarantee and has no share capital.

24. Related party transactions

The charitable company has not entered into any related party transactions other than those already disclosed within these financial statements.

25. Prior year adjustment

Certain endowment funds totalling £176,225 have been restated as restricted funds. This has had no impact on the reported result for either of the previous two years and the total fund position at both 31 March 2020 and 31 March 2021 is similarly unaffected by this.