

# Trustees' Annual Report for the period

From April 2022  
Period end date

Period start date To March 2023

Charity name: Middlesbrough First

Charity registration number: 1108140

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide a forum for people with learning difficulties and their carers in the town of Middlesbrough, can meet together to plan and execute improvements to their lifestyle through training, awareness and advocacy. Both self advocacy and advocacy services provided by the association.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Training and personal development of members  Middlesbrough 1st promotes self-advocacy and personal development through education and training for adults with learning disabilities and their carers. The Charity also offers an advocacy service for carers and people who access services. The Charity holds regular meetings and training and also social events
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	I confirm that the Trustees of Middlesbrough First have had regard to the guidance issued by the Charity Commission on public benefit.

## Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	

Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The charity has worked with 50 members who have learning disabilities and learning difficulties.</p> <p>The charity has offered weekly support and advocacy opportunities</p> <p>The charity offers monthly training and development sessions which cover a wide range of social issues to support members.</p> <p>Members and trustees and evaluate the activities of Middlesbrough First.</p> <p>Members are more confident in social situations and in self – advocacy.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

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Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity receives funding from Lottery and is now in a positive financial position
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	There are no reserves as the charity has received grants relating to specific project outcomes from funders
Amount of reserves held	Para 1.22	None
Reasons for holding zero reserves	Para 1.22	Funding is allocated against objectives identified with funders
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None Trustees continue to seek funding

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	

Other		
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## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Unincorporated association
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are elected members at the Annual General Meeting  Officers are elected by members at the Annual General Meeting

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	

Other		

## Reference and Administrative details

Charity name	Middlesbrough First
Other name the charity uses	Middlesbrough 1st
Registered charity number	1108140
Charity's principal address	Breckon Hill Community Centre Breckon Hill Road Middlesbrough TS4 2DS

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Julie McGee	Chair of Trustees		
2	Mike English	Secretary of Trustees		
3	Stephen Hepples	Treasurer		
4	Margaret Walters			
5	Claire Higgins			
6	Angela Stephenson			
7	Julie Wilson			
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## Corporate trustees – names of the directors at the date the report was approved

Director name		

## Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	




## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

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Position (eg Secretary,  
Chair, etc)

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Date

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**Middlesbrough First; Unity Bank Reconciliation; YE 31st March 2023**

O/balance		15,458.27
Payments	26,719.25	
Receipts		42,589.65
C/balance	31,328.67	
	<b><u>58,047.92</u></b>	<b><u>58,047.92</u></b>

INCOME			EXPENDITURE
Donation & Legacies	Arnold Clark Auto	1,000.00	Salaries
Donation & Legacies	Main Grant	25,401.00	DBS
Gov Grant	Core20+5 Grant	14,000.00	Rent
Donation & Legacies	Cloverleaf Advocacy	1,354.00	Telephone
Donation & Legacies	MiddlesbroughLotto	102.50	Bank Charges
Donation & Legacies	Middlesbrough Council	225.00	Misc; Unknown
Donation & Legacies	PURVES SMSSM&J	500.00	Live Well Ki
Donation & Legacies	Amazon	7.15	Diso Hire &
		<b>42,589.65</b>	

21,776.27  
28.00  
3,900.00  
330.00  
72.00  
133.78  
259.20  
220.00

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**26,719.25**

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# Middlesbrough First

In accordance with your instructions, we have compiled these unaudited accounting records and information and explanations supplied to us for the period ended 31/3/23

Sabre Accountants Ltd  
1 Kings Road  
North Ormesby  
Middlesbrough  
TS3 6NG

Mohammed Shabir FFA  
Institute of Financial Accountants

5th July 2023



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**Middlesbrough First  
Charity Accounts  
Profit & Loss Account Year Ending 31st March 2023**

	£	£
<b>Turnover</b>		
Grants		41,582.50
Donations		0.00
Other		1,007.15
		<u>###</u>
<b>Expenses</b>		
Service Charge	72.00	
Salaries	23,943.39	
Rent	3,600.00	
Telephone	630.00	
Live Well Kitchen Hire	259.20	
DBS	84.00	
Disco Hire & Catering	220.00	
Insurance	373.53	
Photocopying	29.05	
Travel	1,472.84	
<b>Total Expenses</b>	30,684.01	<b>###</b>
<b>Net Profit</b>		<b>###</b>