

THE GLOBAL NATURAL HEALTHCARE TRUST

A CHARITABLE UN-INCORPORATED ASSOCIATION

TRUSTEES' REPORT

AND

FINANCIAL STATEMENTS

FOR THE YEAR ENDED

28 FEBRUARY 2025

THE GLOBAL NATURAL HEALTHCARE TRUST
LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 28 FEBRUARY 2025

Trustees	Annette Montague-Thomas Anthony Philip Proctor Daniella Rubio Helen Mously Pauline Burton-Page Niall Clift Tara Fielding
Charity Number	1107629
Registered Office	Lower Penhale Farmhouse Office Penhale Lane Fraddon TR9 6ND
Bankers	Barclays Bank PLC 20 Lemon Street Truro TR1 2NB Cornwall
Independent Examiner	PSM Reid Masters Ltd t/a Tolvern Unit 3, Building B Green Court Truro TR4 9LF

THE GLOBAL NATURAL HEALTHCARE TRUST
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THE GLOBAL NATURAL HEALTHCARE TRUST

TRUSTEES' REPORT

FOR THE YEAR ENDED 28 FEBRUARY 2025

The trustees present their annual report and financial statements for the year ended 28 February 2025.

Structure, Governance and Management

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity. It has seven trustees who are re-appointed annually at the Annual General Meeting. New trustees are appointed by existing trustees using the provisions of the governing document.

Objectives and Activities

The objectives of the charity are as follows:

- Promotion of health and relief of sick, ill and disabled people particularly but not exclusively by the use of natural healing methods and the provision of herbal medicines;
- Education of public on all health matters and in particular in the growing and harvesting and storage of wholesome foodstuffs in nutrition in food preparation; and
- Conservation of the environment in general and in particular the taking of remedial action where neglect pollution or any other cause is having an adverse effect on the health of the local population.

The activity of the charity is as follows:

- Operation of free advisory clinics.

The trustees have reviewed their objectives, policies and activities to ensure they continue to reflect the charity's aims. In carrying out this review they have considered the Charity's Commission's revised general guidance on public benefit.

Achievements and performance

The charity has achieved a great deal over the years by:

- Caring for those afflicted and affected by Lyme Disease in all stages;
- Creating Lyme Disease Awareness Campaigns;
- Opening a Helpline for those with Lyme Disease offering Integrated Medicine advice;
- Creating facilities in clinic for those with Neurological Conditions;
- Facilities now available for on line FREE consultations;
- Setting up organic herb growing facilities;
- Setting up endangered wild plant species facilities;
- Mental Health support and counselling; and
- Working with those in the community who need support.

Financial review

During the year, the charity had net receipts of £474 in the year (2024: net receipts £3,056). Total receipts increased by £31,690 to £68,292, which included a restricted donation of £44,000 that was given towards the building costs of the new clinic and dispensary. This work was still ongoing at the year end. The total cash funds held at the year end were £3,756.26 (2024: £3,283), of which £3,402 represented restricted funds. The remaining funds are unrestricted funds. The charity's policy on reserves is that where operationally possible, to hold sufficient funds either in liquid investments, cash or realisable assets to meet the immediate contractual obligations of the charity.

Risk and investments

The trustees have assessed the major risks to which this charity is exposed relating to its operations and finances and are satisfied that under the present system there is no significant exposure. Investment policy need not be considered as the charity has no significant investments.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

This report was approved by the trustees and signed on its behalf by:

A Proctor

Annette Montague-Thomas, Anthony Philip Proctor
Trustee

Date : **18 March 2026**

THE GLOBAL NATURAL HEALTHCARE TRUST

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 28 FEBRUARY 2025

Independent Examiner's Report to the Trustees of The Global Natural Healthcare Trust

I report to the Charity Trustees on my examination of the accounts of the charity for the year ended 28 February 2025 which consists of the statement of financial activities, balance sheet and the related notes

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act')

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

The charity's gross income did not exceed £250,000 and I am qualified to undertake the examination by being a qualified member of AAT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

the accounting records were not kept in accordance with section 130 of the Charities Act; or

the accounts did not accord with the accounting records; or

the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Peter Masters

Name: **Peter Masters**

for and on behalf of **PSM Reid Masters Ltd t/a Tolvern**

Date: **18 March 2026**

THE GLOBAL NATURAL HEALTHCARE TRUST

RECEIPTS AND PAYMENTS

FOR THE YEAR ENDED 28 FEBRUARY 2025

Categories	Unrestricted funds	Restricted funds	Total funds	Last year
Receipts				
Donation and gifts	29,907.14	29,000.00	58,907.14	27,111.00
General grants provided by Government/other charities	-	-	-	5,000.00
Gift Aid	5,690.55	-	5,690.55	2,425.00
Events	2,244.46	-	2,244.46	2,066.00
Sub total	37,842.15	29,000.00	66,842.15	36,602.00
Asset and investment sales				
Loans received from external funder	1,450.00	-	1,450.00	227.00
Sub total	1,450.00	-	1,450.00	227.00
Total receipts	39,292.15	29,000.00	68,292.15	36,829.00
Payments				
Patient treatment expenses	6,804.27	-	6,804.27	4,815.00
Growing tunnels - rent, plants, tools and workers	9,189.21	-	9,189.21	9,474.00
New clinic redevelopment	-	26,728.22	26,728.22	3,870.00
Motor expenses	6,681.05	-	6,681.05	5,744.00
Travel expenses	81.38	-	81.38	24.00
Office administration	3,526.89	-	3,526.89	135.00
Equipment Hire	3,456.00	-	3,456.00	1,528.00
Rent, rates and utilities	3,452.89	-	3,452.89	555.00
Bank charges and interest	252.00	-	252.00	-
Professional expenses	-	-	-	178.00
Miscellaneous expenses	799.17	-	799.17	878.00
Website design	103.55	-	103.55	968.00
Staging fundraising events	1,168.81	-	1,168.81	2,228.00
Accountants fees	5,165.00	-	5,165.00	1,650.00
Sub total	40,680.22	26,728.22	67,408.44	32,047.00
Asset and investment purchases				
Plant & Machinery - Additions - Cost	410.10	-	410.10	1,499.00

Sub total	410.10	-	410.10	1,499.00
Total Payments	41,090.32	26,728.22	67,818.54	33,546.00
Net of receipts/(payments)	(1,798.17)	2,271.78	473.61	3,283.00
Cash funds last year end	2,153.00	1,130.00	3,283.00	-
Cash funds this year end	354.83	3,401.78	3,756.61	3,283.00

THE GLOBAL NATURAL HEALTHCARE TRUST
STATEMENT OF ASSETS AND LIABILITIES
FOR THE YEAR ENDED 28 FEBRUARY 2025

Categories	Details	Unrestricted funds	Restricted funds
Cash funds			
	Cash at bank and in hand	354.83	3,401.78
	Total Cash Funds	354.83	3,401.78
	Details	Fund to which asset belongs	Cost (optional)
Assets retained for the charity's own use			
	Plant & Machinery	Restricted Funds	5,000.00
	Plant & Machinery	Unrestricted Funds	21,866.10
	Motor Vehicles	Unrestricted Funds	21,000.00
	Fixtures & Fittings	Unrestricted Funds	984.00
	Computer Equipment	Unrestricted Funds	1,105.00
	Total		49,955.10
	Details	Fund to which asset belongs	Cost (optional)
Liabilities			
	Loan from founder member and chairman	Unrestricted Funds	6,314.00
	Total		6,314.00

For the year ended 28 February 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board on 18 March 2026 and signed on its behalf by:

Annette Montague-Thomas

Annette Montague-Thomas, Anthony Philip Proctor
Trustee

Date : **18 March 2026**

THE GLOBAL NATURAL HEALTHCARE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 28 FEBRUARY 2025

1. Accounting Policies

1.1 Basis of preparation

The accounts have been prepared on a receipts and payments basis and therefore consist of a receipts and payments account and a statement of assets and liabilities.

Receipts and payments accounts record income when it is received and expenditure when it is paid. No adjustments are made for accruals or prepayments.

The accounts have been prepared in accordance with the Charities Act 2011 and the Charity Commission guidance applicable to charities preparing receipts and payments accounts.

The accounts are presented in pounds sterling and rounded to the nearest pound.

2. Tangible Fixed Assets

	Plant & Machinery	Motor Vehicles	Fixtures & Fittings	Computer Equipment
	£	£	£	£
2.1 Cost or valuation				
At 01 March 2024	26,456.00	21,000.00	984.00	1,105.00
Additions	410.10	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers	-	-	-	-
At 28 February 2025	26,866.10	21,000.00	984.00	1,105.00

2.2 Depreciation and impairments

At 01 March 2024	-	-	-	-
Charge for the year	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers	-	-	-	-
At 28 February 2025	-	-	-	-

2.3 Net book value

At 01 March 2024	26,456.00	21,000.00	984.00	1,105.00
At 28 February 2025	26,866.10	21,000.00	984.00	1,105.00

Fixed assets are recorded at original cost.

3. TRANSACTIONS WITH TRUSTEES'

Within the above payments the following were paid in respect of A Montague-Thomas who was a trustee throughout the year:

	2025	2024
Trustees' expenses	-	-
Motor expenses	2,198	3,787

The loan balance carried forward at the year end is £6,314 (2024: £4,864), which is repayable to Ms A Montague-Thomas on demand. The loan had increased by £1,450 during the year.

The charity uses Ms A Montague-Thomas's personal vehicles for charity business and has agreed to pay the motoring costs for these.

Ms A Montague-Thomas has privately paid for expenses for the charity amounting to £2,506 during the year. These are to be treated as a donation in kind. The charity also uses premises owned by Ms A Montague-Thomas for office space and dispensary at no charge.

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