

REPORT OF THE TRUSTEES AND
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 28 FEBRUARY 2024
FOR
THE GLOBAL NATURAL HEALTH CARE TRUST

THE GLOBAL NATURAL HEALTH CARE TRUST

CONTENTS

FOR THE YEAR ENDED 28 FEBRUARY 2024

	Page
Report of the Trustees	1 – 2
Independent Examiners' Report	3
Receipts and Payments Accounts	4
Statement of Assets and Liabilities	5
Notes to the Financial Statements	6

THE GLOBAL NATURAL HEALTH CARE TRUST

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 28 FEBRUARY 2024

Reference and Administrative Details of the Charity, its Trustees and Advisers

Trustees: Annette Montague-Thomas (chairman)
Philip Proctor
Daniella Rubio
Helen Mousley
Pauline Burton-Page
Niall Clift (appointed 26/04/2024)
Tara Fielding (appointed 24/02/2024)

Charity Correspondent: Annette Montague-Thomas
Lower Penhale Farmhouse Offices
Penhale Lane
Fraddon
Cornwall
TR9 6ND

Independent Examiners': J Pearce FCA
TC Group
The Old Carriage Works
Moresk Road
Truro
Cornwall
TR1 1DG

Bankers: Barclays Bank plc
20 Lemon Street
Truro
Cornwall
TR1 2NB

Charity No: 1107629

THE GLOBAL NATURAL HEALTH CARE TRUST

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 28 FEBRUARY 2024**

Structure, Governance and Management

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity. It has seven trustees who are re-appointed annually at the Annual General Meeting. New trustees are appointed by existing trustees using the provisions of the governing document.

Objectives and Activities

The objectives of the charity are as follows:

- Promotion of health and relief of sick, ill and disabled people particularly but not exclusively by the use of natural healing methods and the provision of herbal medicines;
- Education of public on all health matters and in particular in the growing and harvesting and storage of wholesome foodstuffs in nutrition in food preparation; and
- Conservation of the environment in general and in particular the taking of remedial action where neglect pollution or any other cause is having an adverse effect on the health of the local population.

The activity of the charity is as follows:

- Operation of free advisory clinics.

The trustees have reviewed their objectives, policies and activities to ensure they continue to reflect the charity's aims. In carrying out this review they have considered the Charity's Commission's revised general guidance on public benefit.

Achievements and performance

The charity has achieved a great deal over the years by:

- Caring for those afflicted and affected by Lyme Disease in all stages;
- Creating Lyme Disease Awareness Campaigns;
- Opening a Helpline for those with Lyme Disease offering Integrated Medicine advice;
- Creating facilities in clinic for those with Neurological Conditions;
- Facilities now available for on line FREE consultations;
- Setting up organic herb growing facilities;
- Setting up endangered wild plant species facilities;
- Mental Health support and counselling; and
- Working with those in the community who need support.

The charity relies on the volunteers to meet the objectives of the charity.

Financial review

During the year, the charity had net receipts of £3,056 in the year (2023: net receipts £192). Total receipts increased by £5,880 to £36,602, which included a restricted grant of £5,000 that was given by Screwfix towards the building costs of the new clinic and dispensary. This work was still ongoing at the year end. The total cash funds held at the year end were £3,283 (2023: £227), of which £1,130 represented restricted funds. The remaining funds are unrestricted funds. The charity's policy on reserves is that where operationally possible, to hold sufficient funds either in liquid investments, cash or realisable assets to meet the immediate contractual obligations of the charity.

Risk and investments

The trustees have assessed the major risks to which this charity is exposed relating to its operations and finances and are satisfied that under the present system there is no significant exposure.

Investment policy need not be considered as the charity has no significant investments.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees



Mr Philip Proctor
Trustee

Dated: 15.08.2024

THE GLOBAL NATURAL HEALTH CARE TRUST

REPORT OF THE INDEPENDENT EXAMINERS TO THE MEMBERS OF
THE GLOBAL NATURAL HEALTH CARE TRUST
FOR THE YEAR ENDED 28 FEBRUARY 2024

I report to the trustees on my examination on the accounts of The Global Natural Health Care Trust ('the charity') for the year ended 28 February 2024, which are set out on pages 4 – 6.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

Respective responsibilities and basis of report

As the charity trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

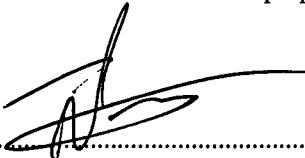
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached



.....
James Pearce (FCA)
TC Group
The Old Carriage Works
Moresk Road
TRURO
Cornwall
TR1 1DG

Date: 2/9/24

THE GLOBAL NATURAL HEALTH CARE TRUST

RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2024

	Unrestricted Funds £	Restricted Funds £	2024 Total £	2023 Total £
<u>Receipts</u>				
Grants	-	5,000	5,000	4,000
Donations and collections	27,111	-	27,111	19,094
Fundraising	2,066	-	2,066	983
Gift aid repayment	2,425	-	2,425	6,645
	<u>31,602</u>	<u>5,000</u>	<u>36,602</u>	<u>30,722</u>
<u>Total receipts</u>	<u>31,602</u>	<u>5,000</u>	<u>36,602</u>	<u>30,722</u>
<u>Payments</u>				
Patient treatment expenses	4,815	-	4,815	2,470
Growing tunnels – rent, plants, tools and workers	9,474	-	9,474	15,199
		-		
Fund raising expenses	2,228	-	2,228	807
New clinic redevelopment	-	3,870	3,870	-
Motor expenses	5,744	-	5,744	3,758
Travel expenses	24	-	24	886
Office administration	135	-	135	180
Equipment Hire	1,528	-	1,528	1,050
Rent, rates and utilities	555	-	555	1,920
Bank charges and interest	-	-	-	-
Accountancy	1,650	-	1,650	1,596
Professional expenses	178	-	178	-
Miscellaneous expenses	878	-	878	1,073
Website design	968	-	968	-
	<u>28,177</u>	<u>3,870</u>	<u>32,047</u>	<u>28,939</u>
<u>Assets and investment purchase</u>				
Plant and machinery	1,499	-	1,499	1,591
	<u>1,499</u>	<u>-</u>	<u>1,499</u>	<u>1,591</u>
<u>Total payments</u>	<u>29,676</u>	<u>3,870</u>	<u>33,546</u>	<u>30,530</u>
Net receipts for the year	1,926	1,130	3,056	192
Cash funds last year	227	-	227	35
Transfers to/ (from) funds	-	-	-	-
Cash funds this year	<u>2,153</u>	<u>1,130</u>	<u>3,283</u>	<u>227</u>

THE GLOBAL NATURAL HEALTH CARE TRUST

STATEMENT OF ASSETS AND LIABILITIES

AT 28 FEBRUARY 2024

	Unrestricted Funds	Restricted Funds	2024 Total	2023 Total
	£	£	£	£
Cash funds				
Cash at bank	2,153	1,130	3,283	227
Total cash funds	<u>2,153</u>	<u>1,130</u>	<u>3,283</u>	<u>227</u>
Investment assets				
Loan to Lyme Disease GNHCT Scotland	-	-	-	3,919
	<u>-</u>	<u>-</u>	<u>-</u>	<u>3,919</u>
This loan has been written off during the year as it is no longer recoverable.				
Assets retained for the charity's own use - cost				
Computer equipment	1,105	-	1,105	1,105
Fixtures and fittings	984	-	984	984
Motor vehicles	21,000	-	21,000	21,000
Plant and machinery	21,456	5,000	26,456	24,957
	<u>44,545</u>	<u>5,000</u>	<u>49,545</u>	<u>48,046</u>
Liabilities				
Loan from founder member and chairman (note 1)	(4,864)	-	(4,864)	(4,864)
	<u>(4,864)</u>	<u>-</u>	<u>(4,864)</u>	<u>(4,864)</u>

These accounts were approved by the Trustees and signed on their behalf by:

.....
Name Ms A Montague-Thomas

Date of approval

21/8/24

THE GLOBAL NATURAL HEALTH CARE TRUST

NOTES TO THE FINANCIAL STATEMENTS
AT 28 FEBRUARY 2024

1. TRANSACTIONS WITH TRUSTEES'

Within the above payments the following were paid in respect of A Montague-Thomas who was a trustee throughout the year:

	2024	2023
Trustees' expenses	-	-
Motor expenses	3,787	2,181

The loan balance carried forward at the year end is £4,864 (2023: £4,864), which is repayable to Ms A Montague-Thomas on demand. The loan had not changed during the year.

The charity uses Ms A Montague-Thomas's personal vehicles for charity business and has agreed to pay the motoring costs for these.

Ms A Montague-Thomas has privately paid for expenses for the charity amounting to £2,506 during the year. These are to be treated as a donation in kind. The charity also uses premises owned by Ms A Montague-Thomas for office space and dispensary at no charge.

2. FIXED ASSETS

Fixed assets are recorded at original cost.

3. RELATED PARTY TRANSACTIONS

In previous years the charity has made multiple payments on behalf of the sister charity Lyme Disease GNHCT Scotland. The amount due to the charity from the Scottish sister charity at the year end was £3,719 (2023: (£3,719)).

The charity received donations from Trustees amounting to £7,972 during the year (2023: £6,220).

See also note 1 for details of Trustees expenses.